## Nepal



Demographic and Health Survey

2016

# NEPAL DEMOGRAPHIC AND HEALTH SURVEY 

## 2016

Ministry of Health<br>Ramshah Path, Kathmandu<br>Nepal<br>New ERA<br>Kathmandu, Nepal<br>The DHS Program<br>ICF<br>Rockville, Maryland, USA

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## FOREWORD

TThe 2016 Nepal Demographic and Health Survey (NDHS) is the fifth survey of its kind to be implemented in the country as part of the worldwide Demographic and Health Surveys (DHS) Program. It was implemented by New ERA under the aegis of the Ministry of Health ( MOH ) of the Government of Nepal with the objective of providing reliable, accurate, and up-to-date data for the country. We hope that the information in this report will assist policymakers and program managers in policy formulation and monitoring and designing programs and strategies for improving maternal, child health, and family planning services in Nepal. The 2016 NDHS also provides indicators relevant to the Nepal Health Sector Strategy (NHSS) - 2016-2021 and the Sustainable Development Goals (SDGs). This report presents the findings of the survey.

The 2016 NDHS is a national sample survey that provides up-to-date information on fertility levels; marriage; fertility preferences; awareness and use of family planning methods; child feeding practices; nutrition; adult and childhood mortality; awareness and attitudes regarding HIV/AIDS; women's empowerment; and domestic violence. The target groups were women and men age 15-49 residing in randomly selected households across the country. In addition to national estimates, the report provides estimates of key indicators for both urban and rural areas in Nepal and also for the seven provinces.

The successful completion of the 2016 NDHS was made possible through contributions from a number of organizations and professionals. The MOH wishes to express its gratitude to the Government of Nepal for granting the opportunity to implement the fifth DHS in the country. We would like to acknowledge the financial assistance and support provided by the United States Agency for International Development in Nepal (USAID). The technical advice provided by the Technical Committee and the Steering Committee during different phases of the survey was critical for the success of the survey. Furthermore, the support and collaboration rendered by the national, provincial, and local administration; nongovernmental and international development organizations; and other major stakeholders is greatly acknowledged. We would like to thank ICF for the technical backstopping throughout the survey.

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Dr. Kiran Regmi
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## ACRONYMS AND ABBREVIATIONS

| ACT | artemisinin-based combination therapy |
| :---: | :---: |
| AIDS | acquired immunodeficiency syndrome |
| ANM | auxiliary nurse midwife |
| ANC | antenatal care |
| ARI | acute respiratory infection |
| ART | antiretroviral therapy |
| ASFR | age-specific fertility rate |
| BCG | Bacille-Calmette-Guerin vaccine against tuberculosis |
| BMI | body mass index |
| BPP | birth preparedness package |
| CAPI | computer-assisted personal interview |
| CB-IMNCI | community-based integrated management of neonatal and childhood illness |
| CBR | crude birth rate |
| CBS | Central Bureau of Statistics |
| CHREPA | Center for Research on Environment, Health and Population Activities |
| CI | confidence interval |
| CPR | contraceptive prevalence rate |
| CRS | contraceptive retail sales |
| DBP | diastolic blood pressure |
| DHS | Demographic and Health Survey |
| DoHS | Department of Health Services |
| DPT | diphtheria, pertussis, and tetanus vaccine |
| EA | enumeration area |
| EPI | Expanded Program on Immunization |
| FANTA | food and nutrition technical project |
| FCHV | female community health volunteer |
| FHD | family health division |
| FP | family planning |
| GAR | gross attendance ratio |
| GBV | gender-based violence |
| GESI | gender equity and social inclusion |
| GFR | general fertility rate |
| GPI | gender parity index |
| HFIAS | household food insecurity access scale |
| HIV | human immunodeficiency virus |
| HTC | HIV testing and counseling |
| ICD | international classification of diseases |
| ICD-PM | international classification of diseases-perinatal mortality |
| IFSS | internet file streaming system |
| INSEC | informal sector service center |


| IPV-IM | inactivated polio vaccine-intramuscular |
| :---: | :---: |
| ITN | insecticide-treated net |
| IU | international unit |
| IUD | intrauterine device |
| IYCF | infant and young child feeding |
| LAM | lactational amenorrhea method |
| LLIN | long-lasting insecticide-treated net |
| LPG | liquid petroleum gas |
| MAD | minimum acceptable diet |
| MIYCN | maternal, infant, and young child nutrition |
| MICS | multiple indicator cluster survey |
| MOHP | Ministry of Health and Population |
| MOH | Ministry of Health |
| MMDS | mortality medical data system |
| MMR | maternal mortality ratio |
| MR | measles and rubella |
| MTCT | mother-to-child transmission |
| NAR | net attendance ratio |
| NCD | noncommunicable diseases |
| NDHS | Nepal Demographic and Health Survey |
| NENAP | Nepal every newborn action plan |
| NFHS | Nepal Family Health Survey |
| NGO | nongovernmental organization |
| NHRC | Nepal Health Research Council |
| NHSS | Nepal health sector strategy |
| NIH | National Institutes of Health |
| NN | neonatal mortality |
| NPHC | Nepal population and housing census |
| OCMC | one-stop crisis management centers |
| OPV | oral polio vaccine |
| ORS | oral rehydration salts |
| ORT | oral rehydration therapy |
| PCV | pneumococcal conjugate vaccine |
| PHC | primary health care |
| PNN | postneonatal mortality |
| PPH | postpartum hemorrhage |
| PPS | probability proportional to size |
| PRMR | pregnancy-related mortality ratio |
| PSU | primary sampling unit |
| RHF | recommended homemade fluids |
| SBA | skilled birth attendant |
| SBP | systolic blood pressure |
| SD | standard deviation |
| SDGs | sustainable development goals |
| SDIP | safe delivery incentive scheme |
| SLC | school-leaving certificate |


| STI | sexually transmitted infection |
| :--- | :--- |
| TB | tuberculosis |
| TFR | total fertility rate |
|  |  |
| UNAIDS | Joint United Nations Programme on HIV/AIDS |
| UNICEF | United Nations Children's Fund |
| USAID | United States Agency for International Development |
| VA | verbal autopsy |
| VAD | vitamin A deficiency |
| VIP | ventilated improved pit |
| WHO | World Health Organization |
| YSD | years since death |

## READING AND UNDERSTANDING TABLES FROM THE 2016 NEPAL DEMOGRAPHIC AND HEALTH SURVEY (NDHS)

TThe new format of the 2016 NDHS final report is based on approximately 200 tables of data. They are located for quick reference through links in the text (electronic version) and at the end of each chapter. Additionally, this more reader-friendly version features about 90 figures that clearly highlight trends, subnational patterns, and background characteristics. Large, colorful maps display breakdowns for provinces in Nepal. The text has been simplified to highlight key points in bullets and to clearly identify indicator definitions in boxes.

While the text and figures featured in each chapter highlight some of the most important findings from the tables, not every finding can be discussed or displayed graphically. For this reason, NDHS data users should be comfortable reading and interpreting tables.

The following pages provide an introduction to the organization of NDHS tables, the presentation of background characteristics, and a brief summary of sampling and understanding denominators. In addition, this section provides some exercises for users as they practice their new skills in interpreting NDHS tables.


## Example 1: Exposure to Mass Media: Women

A Question Asked of All Survey Respondents

| Percentage of women age $15-49$ who are exposed to specific media on a weekly basis, by background characteristics, Nepal DHS 2016 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | Accesses all three media at least once a week | Accesses none of the three media at least once a week | Number of women |
| Age |  |  |  |  |  |  |
| 15-19 | 9.7 | 52.7 | 34.0 | 3.6 | 30.7 | 2,598 |
| 20-24 | 8.5 | 52.2 | 31.4 | 2.4 | 33.4 | 2,251 |
| 25-29 | 11.1 | 51.3 | 26.3 | 4.2 | 36.7 | 2,135 |
| 30-34 | 9.3 | 52.5 | 25.1 | 2.6 | 36.8 | 1,806 |
| 35-39 | 7.4 | 46.9 | 22.9 | 3.0 | 43.1 | 1,572 |
| 40-44 | 6.8 | 45.8 | 23.3 | 2.7 | 44.6 | 1,388 |
| 45-49 | 5.6 | 45.8 | 24.9 | 3.3 | 43.9 | 1,113 |
| Residence |  |  |  |  |  |  |
| Urban | 12.4 | 59.5 | 27.4 | 4.4 | 30.5 | 8,072 |
| Rural | 2.5 | 34.7 | 28.2 | 1.0 | 48.4 | 4,790 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 3.1 | 27.8 | 41.7 | 1.6 | 44.5 | 775 |
| Hill | 12.0 | 52.0 | 32.4 | 3.9 | 32.1 | 5,556 |
| Terai | 6.5 | 51.5 | 22.1 | 2.7 | 40.7 | 6,531 |
| Development region |  |  |  |  |  |  |
| Eastern | 8.2 | 53.9 | 29.7 | 3.2 | 34.5 | 2,900 |
| Central | 13.2 | 57.7 | 24.4 | 4.2 | 33.7 | 4,569 |
| Western | 7.9 | 58.8 | 27.7 | 3.6 | 30.4 | 2,597 |
| Mid-western | 2.6 | 27.1 | 29.8 | 1.0 | 52.9 | 1,650 |
| Far-western | 2.7 | 25.9 | 32.9 | 0.9 | 50.6 | 1,145 |
| Province |  |  |  |  |  |  |
| Province 1 | 9.8 | 53.2 | 32.1 | 3.5 | 32.6 | 2,173 |
| Province 2 | 2.6 | 47.1 | 18.6 | 1.2 | 46.8 | 2,563 |
| Province 3 | 20.5 | 67.1 | 29.4 | 6.5 | 23.2 | 2,732 |
| Province 4 | 7.8 | 63.2 | 30.5 | 3.3 | 25.3 | 1,249 |
| Province 5 | 5.8 | 47.3 | 26.0 | 2.7 | 40.6 | 2,274 |
| Province 6 | 2.5 | 15.2 | 33.1 | 0.9 | 58.5 | 724 |
| Province 7 | 2.7 | 25.9 | 32.9 | 0.9 | 50.6 | 1,145 |
| Education |  |  |  |  |  |  |
| No education | 0.2 | 30.5 | 15.6 | 0.0 | 59.9 | 4,281 |
| Primary | 2.7 | 44.7 | 24.3 | 0.6 | 41.7 | 2,150 |
| Some secondary | 6.9 | 57.2 | 33.5 | 2.6 | 28.0 | 3,291 |
| SLC and above | 26.3 | 73.8 | 40.5 | 9.8 | 12.8 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 0.6 | 9.5 | 30.4 | 0.0 | 63.9 | 2,176 |
| Second | 1.8 | 32.3 | 32.8 | 0.6 | 48.0 | 2,525 |
| Middle | 2.8 | 48.0 | 24.3 | 1.4 | 42.8 | 2,595 |
| Fourth | 7.4 | 64.9 | 24.5 | 2.7 | 28.1 | 2,765 |
| Highest | 28.1 | 85.9 | 27.4 | 10.0 | 10.5 | 2,801 |
| Total | 8.7 | 50.3 | 27.7 | 3.2 | 37.2 | 12,862 |

Step 1: Read the title and subtitle. They tell you the topic and the specific population group being described. In this case, the table is about women age 15-49 and their exposure to different types of media. All eligible female respondents age 15-49 were asked these questions.

Step 2: Scan the column headings-highlighted in green in Example 1. They describe how the information is categorized. In this table, the first three columns of data show different types of media that women access at least once a week. The fourth column shows women who access all three media, while the fifth column shows women who do not access any of the three types of media at least once a week. The last column lists the number of women interviewed in the survey.

Step 3: Scan the row headings-the first vertical column highlighted in blue in Example 1. These show the different ways the data are divided into categories based on population characteristics. In this case, the table presents women's exposure to media by age, urban-rural residence, ecological zone, development region, province, educational level, and wealth quintile. Most of the tables in the NDHS report will be divided into these same categories.

Step 4: Look at the row at the bottom of the table highlighted in pink. These percentages represent the totals of all women age 15-49 and their access to different types of media. In this case, $8.7 \% *$ of women age $15-49$ read a newspaper at least once a week, $50.3 \%$ watch television weekly, and $27.7 \%$ listen to the radio weekly.

Step 5: To find out what percentage of women with SLC and above education access all three media weekly, draw two imaginary lines, as shown on the table. This shows that $9.8 \%$ of women age $15-49$ with SLC and above education access all three types of media weekly.

Step 6: By looking at patterns by background characteristics, we can see how exposure to mass media varies across Nepal. Mass media are often used to communicate health messages. Knowing how mass media exposure varies among different groups can help program planners and policy makers determine how to most effectively reach their target populations.
*For the purpose of this document data are presented exactly as they appear in the table including decimal places. However, the text in the remainder of this report rounds data to the nearest whole percentage point.

Practice: Use the table in Example 1 to answer the following questions:
a) What percentage of women in Nepal do not access any of the three media at least once a week?
b) What age group of women are most likely to listen to the radio weekly?
c) Compare women in urban areas to women in rural areas - which group is more likely to read the newspaper weekly?
d) What are the lowest and highest percentages (range) of women who do not access any of the three media at least once a week by province?
e) Is there a clear pattern in exposure to television on a weekly basis by education level?
f) Is there a clear pattern in exposure to newspapers on a weekly basis by wealth quintile?







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Example 2: Prevalence and Treatment of Diarrhea
A Question Asked of a Subgroup of Survey Respondents

| Table 10.8 Prevalence and treatment of diarrhea |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of children under age 5 who had diarrhea in the 2 weeks preceding the survey; among children with diarrhea in the 2 weeks preceding the survey, percentage for whom advice or treatment was sought, according to background characteristics, Nepal DHS 2016 |  |  |  |  |
| Background characteristic | Percentage with diarrhea | Number of children | Among children under age 5 with diarrhea: |  |
|  |  |  | Percentage for whom advice or treatment was sought ${ }^{1}$ | Number of children with diarrhea |
| Age in months |  |  |  |  |
| <6 | 6.0 | 445 | (67.6) | 27 |
| 6-11 | 15.2 | 499 | 52.0 | 76 |
| 12-23 | 9.9 | 1,034 | 77.2 | 102 |
| 24-35 | 6.5 | 919 | 81.8 | 60 |
| 36-47 | 6.2 | 968 | 48.9 | 60 |
| 48-59 | 4.5 | 1,021 | (52.2) | 46 |
| Sex |  |  |  |  |
| Male | 7.7 | 2,563 | 71.9 | 197 |
| Female | 7.5 | 2,324 | 56.1 | 175 |
| Source of drinking water ${ }^{2}$ Improved Not improved | 7.6 7.3 | 4,648 239 | 64.2 | 354 17 |
| Toilet facility ${ }^{3}$ |  |  |  |  |
| Improved | 6.5 | 2,810 | 64.5 | 182 |
| Unimproved sanitation | 9.1 | 2,077 | 64.4 | 189 |
| Shared facility ${ }^{4}$ | 8.0 | 923 | 73.6 | 74 |
| Unimproved facility | 10.1 | 81 | * | 8 |
| Open defecation | 10.0 | 1,072 | 62.5 | 107 |
| Residence |  |  |  |  |
| Urban | 7.8 | 2,649 | 59.8 | 207 |
| Rural | 7.4 | 2,238 | 70.2 | 165 |
| Ecological zone |  |  |  |  |
| Mountain | 5.2 | 342 | * | 18 |
| Hill | 6.4 | 1,857 | 44.9 | 120 |
| Terai | 8.7 | 2,688 | 74.0 | 234 |
| Development region |  |  |  |  |
| Eastern | 6.3 | 1,105 | 70.1 | 69 |
| Central | 9.6 | 1,791 | 51.6 | 171 |
| Western | 5.3 | 897 | (84.6) | 48 |
| Mid-western | 8.4 | 673 | 78.6 | 57 |
| Far-western | 6.2 | 421 | (65.9) | 26 |
| Province |  |  |  |  |
| Province 1 | 7.2 | 794 | 65.7 | 57 |
| Province 2 | 8.6 | 1,310 | 68.2 | 112 |
| Province 3 | 9.0 | 792 | (32.1) | 71 |
| Province 4 | 3.7 | 380 | * | 14 |
| Province 5 | 8.2 | 869 | 82.4 , | 71 |
| Province 6 | 6.0 | 322 | (83.3) | 19 |
| Province 7 | 6.2 | 421 | (65.9) | 26 |
| Mother's education |  |  |  |  |
| No education | 8.5 | 1,663 | 58.4 | 142 |
| Primary | 8.4 | 981 | 75.0 | 82 |
| Some secondary | 6.5 | 1,183 | 67.6 | 77 |
| SLC and above | 6.7 | 1,060 | 60.9 | 71 |
| Wealth quintile |  |  |  |  |
| Lowest | 5.9 | 1,041 | 54.7 | 61 |
| Second | 8.0 | 1,028 | 61.0 | 82 |
| Middle | 8.4 | 1,087 | 75.2 | 91 |
| Fourth | 8.3 | 999 | 66.8 | 83 |
| Highest | 7.3 | 732 | (59.0) | 54 |
| Total | $37.6$ | 4,887 | 64.4 | 371 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes advice or treatment from the following sources: government sector, non-government sector, private sector, pharmacy, and shop. Excludes advice or treatment from a traditional practitioner.
${ }^{2}$ See Table 2.1 for definition of categories
${ }^{3}$ See Table 2.3 for definition of categories
${ }^{4}$ Facilities that would be considered improved if they were not shared by two or more households

Step 1: Read the title and subtitle. In this case, the table is about two separate groups of children: all children under five (a) and children under five with diarrhea in the two weeks before the survey (b).

Step 2: Identify the two panels. First, identify the columns that refer to all children under five (a), and then isolate the columns that refer only to those children under five with diarrhea in the two weeks before the survey (b).

Step 3: Look at the first panel. What percentage of children under five had diarrhea in the two weeks before the survey? It's $7.6 \%$. Now look at the second panel. How many children under five are there who had diarrhea in the two weeks before the survey? It's 371 children or $7.6 \%$ of the 4,887 children under five. The second panel is a subset of the first panel.

Step 4: Only 7.6\% of children under five had diarrhea in the two weeks before the survey. Once these children are further divided into the background characteristic categories, there may be too few cases for the percentages to be reliable.

- What percentage of children under five who had diarrhea in the two weeks before the survey from Province 7 had advice or treatment sought? It's $65.9 \%$. This percentage is in parentheses because there are between 25 and 49 unweighted cases in this category. Readers should use this number with caution - it may not be reliable. (For more information on weighted and unweighted numbers, see Example 3.)
- What percentage of children under five who had diarrhea in the two weeks before the survey from Province 4 had advice or treatment sought? There is no number in this cell-only an asterisk. This is because fewer than 25 children under five who had diarrhea in the two weeks before the survey from Province 4 had advice or treatment sought. Results for this group are not reported. The subgroup is too small, and therefore the data are not reliable.

Note: When parentheses or asterisks are used in a table, the explanation will be noted under the table. If there are no parentheses or asterisks in a table, you can proceed with confidence that enough cases were included in all categories that the data are reliable.

## Example 3: Understanding Sampling Weights in NDHS Tables

A sample is a group of people who have been selected for a survey. In the NDHS, the sample is designed to represent the national population age 15-49. In addition to national data, most countries want to collect and report data on smaller geographical or administrative areas. However, doing so requires a minimum sample size per area. For the 2016 NDHS, the survey sample is representative at the national and provincial levels, for ecological zones and development regions, and for urban and rural areas.

To generate statistics that are representative of the country as a whole and the seven provinces, the number of women surveyed in each province should contribute to the size of the total (national) sample in proportion to size of the province. However, if some provinces have small populations, then a sample allocated in proportion to each province's population may not include sufficient women from each province for analysis. To solve this problem, provinces with small populations are oversampled. For example, let's say that you have enough money to interview 12,862 women and want to produce results that are representative of Nepal as a whole and its provinces (as

| Percent distribution of women age $15-49$ by selected background characteristics, Nepal DHS 2016 |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Women |  |  |
| Background characteristic | Weighted percent | Weighted number | Unweighted number |
| Province |  |  |  |
| Province 1 | 16.9 | 2,173 | 1,837 |
| Province 2 | 19.9 | 2,563 | 2,097 |
| Province 3 | 21.2 | 2,732 | 1,660 |
| Province 4 | 9.1 | 1,249 | 1,589 |
| Province 5 | 17.7 | 2.274 | 2.072 |
| Province 6 | 5.6 | 724 | 1,761 |
| Province 7 | 8.9 | 1,145 | 1,846 |
| Total | 3100.0 | 212,862 | 112,862 | in Table 3.1). However, the total population of Nepal is not evenly distributed among the provinces: some provinces, such as Province 3, are heavily populated while others, such as Province 6 are not. Thus, Province 6 must be oversampled.

A sampling statistician determines how many women should be interviewed in each province in order to get reliable statistics. The blue column (1) in the table at the right shows the actual number of women interviewed in each province. Within the provinces, the number of women interviewed ranges from 1,589 in Province 4 to 2,097 in Province 2. The number of interviews is sufficient to get reliable results in each province.

With this distribution of interviews, some provinces are overrepresented and some provinces are underrepresented. For example, the population in Province 3 is about $21 \%$ of the population in Nepal, while Province 6's population contributes only 6\% of the population in Nepal. But as the blue column shows, the number of women interviewed in Province 3 accounts for only about $13 \%$ of the total sample of women interviewed $(1,660 / 12,862)$ and the number of women interviewed in Province 6 accounts for almost the same percentage of the total sample of women interviewed $(14 \%$, or $1,761 / 12,862)$. This unweighted distribution of women does not accurately represent the population.

In order to get statistics that are representative of Nepal, the distribution of the women in the sample needs to be weighted (or mathematically adjusted) such that it resembles the true distribution in the country. Women from a small province, like Province 6, should only contribute a small amount to the national total. Women from a large province, like Province 3, should contribute much more. Therefore, DHS statisticians mathematically calculate a "weight" which is used to adjust the number of women from each province so that each province's contribution to the total is proportional to the actual population of the province. The numbers in the purple column (2) represent the "weighted" values. The weighted values can be smaller or larger than the unweighted values at the provincial level. The total national sample size of 12,862 women has not changed after weighting, but the distribution of the women in the provinces has been changed to represent their contribution to the total population size.

How do statisticians weight each category? They take into account the probability that a woman was selected in the sample. If you were to compare the green column (3) to the actual population distribution of Nepal, you would see that women in each province are contributing to the total sample with the same weight that they contribute to the population of the country. The weighted number of women in the survey
now accurately represents the proportion of women who live in Province 3 and the proportion of women who live in Province 6.

With sampling and weighting, it is possible to interview enough women to provide reliable statistics at national and provincial levels. In general, only the weighted numbers are shown in each of the NDHS tables, so don't be surprised if these numbers seem low: they may actually represent a larger number of women interviewed.

## SUSTAINABLE DEVELOPMENT GOAL INDICATORS

## Sustainable Development Goals Indicators

Nepal DHS 2016

| Indicator | Sex |  | Total | DHS table number |
| :---: | :---: | :---: | :---: | :---: |
|  | Male | Female |  |  |
| 2. Zero hunger |  |  |  |  |
| 2.2.1 Prevalence of stunting among children under 5 years of age | 36.0 | 35.7 | 35.8 | 11.1 |
| 2.2.2 Prevalence of malnutrition among children under 5 years of age | 10.9 | 10.8 | 10.9 | - |
| a) Prevalence of wasting among children under 5 years of age | 9.5 | 9.8 | 9.7 | 11.1 |
| b) Prevalence of overweight among children under 5 years of age | 1.4 | 1.0 | 1.2 | 11.1 |
| 3. Good health and well-being |  |  |  |  |
| 3.1.1 Maternal mortality ratio ${ }^{1}$ | na | na | 239 | 12.4 |
| 3.1.2 Proportion of births attended by skilled health personnel | na | na | 58.0 | 9.9 |
| 3.2.1 Under-five mortality rate ${ }^{2}$ | 36 | 41 | 39 | 8.2 |
| 3.2.2 Neonatal mortality rate ${ }^{2}$ | 24 | 17 | 21 | 8.2 |
| 3.7.1 Proportion of women of reproductive age (aged 15-49 years) who have their need for family planning satisfied with modern methods | na | 56.3 | na | 7.12.2 |
| 3.7.2 Adolescent birth rates per 1,000 women |  |  |  |  |
| a) Girls aged $10-14$ years $^{3}$ | na | 1 | na | 5.1 |
| b) Women aged 15-19 years ${ }^{4}$ | na | 88 | na | 5.1 |
|  |  |  |  | 3.11.1 and |
| 3.a. 1 Age-standardized prevalence of current tobacco use among persons aged 15 years and older ${ }^{5}$ | 27.2 | 5.8 | $16.5^{\text {a }}$ | 3.11.2 |
| 3.b. 1 Proportion of the target population covered by all vaccines included in their national programme ${ }^{6}$ | 43.2 | 41.8 | 42.6 | 10.3 |
| 5. Gender equality |  |  |  |  |
| 5.2.1 Proportion of ever-partnered women and girls aged 15 years and older subjected to physical, sexual or psychological violence by a current or former intimate partner in the previous 12 months ${ }^{7,8}$ | na | 13.5 | na | 16.12 |
| a) Physical violence | na | 10.0 | na | 16.12 |
| b) Sexual violence | na | 4.0 | na | 16.12 |
| c) Psychological violence | na | 7.7 | na | 16.12 |
| 5.3.1 Proportion of women aged 20-24 years who were married or in a union before age 15 and before age 18 |  |  |  |  |
| a) before age 15 | na | 7.0 | na | 4.3 |
| b) before age 18 | na | 39.5 | na | 4.3 |
| 5.6.1 Proportion of women aged 15-49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care ${ }^{9}$ | na | 19.1 | na | 15.0 |
|  |  |  |  | $\begin{array}{r} 15.8 .1 \\ \text { and } \end{array}$ |
| 5.b. 1 Proportion of individuals who own a mobile telephone ${ }^{10}$ | 89.3 | 72.6 | $81.0{ }^{\text {a }}$ | 15.8.2 |
|  | Res | nce |  |  |
|  | Urban | Rural | Total |  |
| 6. Clean water and sanitation |  |  |  |  |
| 6.1.1 Proportion of the population using safely managed drinking water services ${ }^{11}$ | 93.9 | 96.3 | 94.9 | 2.1 |
| 6.2.1 Proportion of population using safely managed sanitation services, including a handwashing facility with soap and water ${ }^{12}$ | 64.8 | 64.3 | 64.6 | 2.3 |
| 7. Affordable clean energy |  |  |  |  |
| 7.1.1 Proportion of population with access to electricity | 94.5 | 85.2 | 90.7 | 2.4 |
| 7.1.2 Proportion of population with primary reliance on clean fuels and technology ${ }^{13}$ | 43.8 | 10.0 | 30.2 | 2.4 |
|  |  | ex |  |  |
| 8. Decent work and economic growth | Male | Female | Total |  |
| 8.7.2 Proportion of adults ( 15 years and older) with an account at a bank or other financial institution or with a mobile-money-service provider ${ }^{10}$ | 40.1 | 40.5 | $40.3{ }^{\text {a }}$ | 15.8.1 and 15.8.2 |
| 16. Peace, justice, and strong institutions 16.9.1 Proportion of children under 5 years of age whose births have been registered with a civil authority | 57.1 | 55.2 | 56.2 | 2.11 |
| 17. Partnerships for the goals |  |  |  |  |
|  |  |  |  | $\begin{array}{r} 3.7 .1 \\ \text { and } \end{array}$ |
| 17.8.1 Proportion of individuals using the Internet ${ }^{10,14}$ | 47.1 | 23.1 | $35.1{ }^{\text {a }}$ | 3.7.2 |

## na = Not applicable

${ }^{1}$ Expressed in terms of maternal deaths per 100,000 live births in the 7-year period preceding the survey
${ }^{2}$ Expressed in terms of deaths per 1,000 live births for the 5 -year period preceding the survey
${ }^{3}$ Equivalent to the age-specific fertility rate for girls age 10-14 for the 3-year period preceding the survey, expressed in terms of births per 1,000 girls age $10-14$
${ }^{4}$ Equivalent to the age-specific fertility rate for women age $15-19$ for the 3 -year period preceding the survey, expressed in terms of births per 1,000 women age
15-19
${ }^{5}$ Data are not age-standardized and are available for women and men age 15-49 only.
${ }^{6}$ Data are presented for children age 12-23 months receiving all vaccines included in their national program appropriate for their age: BCG, three doses of DPTHep B-Hib (Pentavalent), three doses of oral polio vaccine, three doses of pneumococcal vaccine, and one dose of Measles Rubella.
${ }^{7}$ Data are available for women age 15-49 who have ever been in union only.
${ }^{8}$ In the DHS, psychological violence is termed emotional violence
${ }^{9}$ Data are available for currently married women who are not pregnant only.
${ }^{10}$ Data are available for women and men age 15-49 only
${ }^{11}$ Measured as the percentage of population using an improved water source: the percentage of de jure population whose main source of drinking water is a household connection (piped), public tap or standpipe, tube well or borehole, protected dug well, protected spring, or rainwater collection. Households using bottled water for drinking are classified as using an improved or unimproved source according to their water source for cooking and handwashing.
${ }^{12}$ Measured as the percentage of population using an improved sanitation facility: the percentage of de jure population whose household has a flush or pour flush toilet to a piped water system, septic tank or pit latrine; ventilated improved pit latrine; pit latrine with a slab; or composting toilet and does not share this facility with other households.
${ }^{13}$ Measured as the percentage of the population using clean fuel for cooking
${ }^{14}$ Refers to internet use is in the 12 months preceding the survey
${ }^{\text {a }}$ The total is calculated as the simple arithmetic mean of the percentages in the columns for males and females.

NEPAL


## INTRODUCTION AND SURVEY METHODOLOGY

TThe 2016 Nepal Demographic and Health Survey (NDHS) was implemented by New ERA under the aegis of the Ministry of Health (MOH). Data collection took place from June 19, 2016, to January 31, 2017. ICF provided technical assistance through The DHS Program, which is funded by the United States Agency for International Development (USAID) and offers financial support and technical assistance for population and health surveys in countries worldwide.

### 1.1 Survey Objectives

The primary objective of the 2016 NDHS is to provide up-to-date estimates of basic demographic and health indicators. The NDHS provides a comprehensive overview of population, maternal, and child health issues in Nepal. Specifically, the 2016 NDHS:

- Collected data that allowed calculation of key demographic indicators, particularly fertility and under5 mortality rates, at the national level, for urban and rural areas, and for the country's seven provinces
- Collected data that allowed for calculation of adult and maternal mortality rates at the national level
- Explored the direct and indirect factors that determine levels and trends of fertility and child mortality
- Measured levels of contraceptive knowledge and practice
- Collected data on key aspects of family health, including immunization coverage among children, prevalence and treatment of diarrhea and other diseases among children under age 5, maternity care indicators such as antenatal visits and assistance at delivery, and newborn care
- Obtained data on child feeding practices, including breastfeeding
- Collected anthropometric measures to assess the nutritional status of children under age 5 and women and men age 15-49
- Conducted hemoglobin testing on eligible children age 6-59 months and women age 15-49 to provide information on the prevalence of anemia in these groups
- Collected data on knowledge and attitudes of women and men about sexually transmitted diseases and HIV/AIDS and evaluated potential exposure to the risk of HIV infection by exploring high-risk behaviors and condom use
- Measured blood pressure among women and men age 15 and above
- Obtained data on women's experience of emotional, physical, and sexual violence

The information collected through the 2016 NDHS is intended to assist policymakers and program managers in the Ministry of Health and other organizations in designing and evaluating programs and strategies for improving the health of the country's population. The 2016 NDHS also provides data on indicators relevant to the Nepal Health Sector Strategy (NHSS) 2016-2021 and the Sustainable Development Goals (SDGs).

### 1.2 Sample Design

The sampling frame used for the 2016 NDHS is an updated version of the frame from the 2011 National Population and Housing Census (NPHC), conducted by the Central Bureau of Statistics (CBS). The census frame is a complete list of all census wards created for the 2011 NPHC. Although the NPHC was conducted only 4 years ago, the frame had to be updated due to consecutive changes in urban/rural classifications at the ward level; new municipalities were declared and old municipalities were upgraded
by adding more wards. Originally, the 2011 NPHC included 58 municipalities; this number increased to 191 municipalities during 2014, and 26 more were declared in 2015, yielding a total of 217 municipalities. In addition, in March 2017, structural changes were made in the classifications of urban and rural locations officially known as "Nagarpalika" and "Gaonpalika." The country now has 263 municipalities, and 59\% of the total population lives in urban areas. The 2016 NDHS results are based on the updated urban-rural classification.

Nepal consists of 75 districts distributed across the different ecological zones and development regions. After recent changes approved by Nepal's Constituent Assembly in September 2015, administratively Nepal is divided into seven provinces (Province 1, Province 2, Province 3, Province 4, Province 5, Province 6, and Province 7). Each province is sub-divided into urban and rural areas. The demarcation of the provinces involves inclusion of selected districts within their boundaries. Although entire districts were selected for inclusion in most cases, two districts, Rukum and Nawalparasi, were split into two separate provinces.

The districts are divided into urban and rural locations, which are in turn divided into wards. The sampling frame contains information about ward location, type of residence (urban or rural), estimated number of residential households, and estimated population. In rural areas, the wards are small in size (average of 104 households) and serve as the primary sampling units (PSUs). In urban areas, the wards are large, with average of 800 households per ward. The CBS has a frame of enumeration areas (EAs) for each ward in the original 58 municipalities. However, for the 159 municipalities declared in 2014 and 2015, each municipality is composed of old wards, which are small in size and can serve as EAs.

The 2016 NDHS sample was stratified and selected in two stages in rural areas and three stages in urban areas. In rural areas, wards were selected as primary sampling units, and households were selected from the sample PSUs. In urban areas, wards were selected as PSUs, one EA was selected from each PSU, and then households were selected from the sample EAs.

Each province was stratified into urban and rural areas, yielding 14 sampling strata. Samples of wards were selected independently in each stratum. Implicit stratification and proportional allocation were achieved at each of the lower administrative levels by sorting the sampling frame within each sampling stratum before sample selection, according to administrative units at different levels, and by using a probability proportional to size selection during the first stage of sampling.

In the first stage, 383 wards were selected with probability proportional to ward size and with independent selection in each sampling stratum. The ward size is the number of residential households in the ward census used in the 2011 NPHC. Due to the large size of the urban wards, in a second stage of sample selection, one EA was randomly selected from each of the sample urban wards. A household listing operation was carried out in all of the selected sampling clusters (rural wards or urban EAs), and the resulting lists of households served as the sampling frame for the selection of households in the next stage. Some of the selected clusters were large. In order to minimize the task of household listing for the selected clusters with more than 200 households, each large cluster was segmented. Only one segment was selected for the survey with probability proportional to segment size. Household listing was conducted only in the selected segment. Thus, a 2016 NDHS cluster is a ward, an EA, or a segment of a ward or an EA.

In the last stage of selection, a fixed number of 30 households per cluster were selected with an equal probability systematic selection from the newly created household listing. The survey interviewers were to conduct interviews only in the pre-selected households. In order to prevent bias, no replacements of or changes in the pre-selected households were allowed in the implementing stages. Because of the nonproportional sample allocation, the sample was not self-weighting. Weighting factors have been calculated, added to the data file, and applied so that results are representative at the national level as well as the regional and provincial levels.

All women age 15-49 who were either permanent residents of the selected households or visitors who stayed in the households the night before the survey were eligible to be interviewed. In half of the households (every second household) selected, all men age 15-49 who were either residents of the selected households or visitors who stayed in the households the night before the survey were eligible to be interviewed. The survey involved collection of biomarker information from respondents in a subsample of the households.

### 1.3 Questionnaires

Six questionnaires were administered in the 2016 NDHS: the Household Questionnaire, the Woman's Questionnaire, the Man's Questionnaire, the Biomarker Questionnaire, the Fieldworker Questionnaire, and the Verbal Autopsy Questionnaire (for neonatal deaths). The first five questionnaires, based on The DHS Program's standard Demographic and Health Survey (DHS-7) questionnaires, were adapted to reflect the population and health issues relevant to Nepal. The Verbal Autopsy Questionnaire was based on the recent 2014 World Health Organization (WHO) verbal autopsy instruments (WHO 2015a). Input on the questionnaires was solicited from various stakeholders representing government ministries and agencies, nongovernmental organizations, and international donors. The survey protocol was reviewed and approved by the Nepal Health Research Council (NHRC) and the ICF Institutional Review Board. The 2016 NDHS required written consent from the household head to carry out the interviews and anemia testing.

After all questionnaires were finalized in English, they were translated into Nepali, Maithili, and Bhojpuri. The Household, Woman's, and Man's Questionnaires were programmed into tablet computers to facilitate computer-assisted personal interviewing (CAPI) for data collection purposes, with the capability to choose any of the three languages for each questionnaire. The Biomarker Questionnaire was completed on paper during data collection and then entered into the CAPI system. The Fieldworker Questionnaire and the Verbal Autopsy Questionnaire were completed on paper.

The Household Questionnaire was used to list all of the household members and visitors in selected households. Basic demographic information was collected on the characteristics of each person listed, including his or her age, sex, marital status, education, and relationship to the head of the household. For children under age 18, parents' survival status was determined. The data on age and sex of household members obtained in the Household Questionnaire were used to identify women and men who were eligible for individual interviews. The Household Questionnaire also collected information on characteristics of the household's dwelling unit, such as source of water, type of toilet facilities, and materials used for the floor of the dwelling unit, as well as ownership of various durable goods, migration, and food security.

The Woman's Questionnaire was used to collect information from all women age 15-49. These women were asked questions on the following topics:

- Background characteristics (including age, education, and media exposure)
- Pregnancy history and child mortality
- Knowledge, use, and source of family planning methods
- Fertility preferences (including desire for more children and ideal number of children)
- Antenatal, delivery, and postnatal care
- Breastfeeding and infant feeding practices
- Vaccinations and childhood illnesses
- Women's work and husbands' background characteristics
- Domestic violence
- Knowledge, awareness, and behavior regarding HIV/AIDS and other sexually transmitted infections (STIs)
- Adult mortality, including maternal mortality
- Knowledge, attitudes, and behavior related to other health issues (e.g., tuberculosis)

The Man's Questionnaire was administered to all men age 15-49 in the subsample of households selected for the male survey. The Man's Questionnaire collected much of the same information elicited from the Woman's Questionnaire but was shorter because it did not contain a detailed reproductive history or questions on maternal and child health

The Biomarker Questionnaire was used to record anthropometry measurements, hemoglobin testing, and blood pressure measurements. These questionnaires were administered only in the subsample selected for the men's survey. All children age 0-59 months and women and men age 15 and above in these households were eligible for height and weight measurements. Similarly, children age 6-59 months and women age 15-49 were eligible for hemoglobin testing. Blood pressure was measured for all women and men age 15 and above in this subsample. The Fieldworker Questionnaire was used as a tool in conducting analyses of data quality.

The Verbal Autopsy Questionnaire was administered in households where a neonatal death took place within the 5 years prior to the survey. Interviewers were instructed to interview mothers to the extent possible and also, in relevant cases, to interview other members of the household who were present when the baby died and could report on the event. The instrument included questions on the respondent's account of the cause of death, vital registration and certification, general signs and symptoms associated with the illness, history of injury, and service utilization to assist in proper diagnosis of cause of death. The questionnaire was adapted from Verbal Autopsy Standards: The 2014 WHO Verbal Autopsy Instrument, which allows for determinations of cause of death based on International Classification of Diseases (10th revision; ICD-10) codes (WHO 2015a).

The enumerators used tablet computers for data collection. The tablet computers were equipped with Bluetooth technology to enable remote electronic transfer of files, such as assignments from the team supervisor to the interviewers, individual questionnaires among survey team members, and completed questionnaires from interviewers to team supervisors. The CAPI data collection system employed in the 2016 NDHS was developed by The DHS Program with the mobile version of CSPro. The CSPro software was developed jointly by the U.S. Census Bureau, Serpro S.A., and The DHS Program.

### 1.4 Anthropometry, Hemoglobin Testing, and Blood Pressure Measurement

In a subsample of the households selected for the male survey, the 2016 NDHS incorporated the following biomarkers: anthropometry, anemia testing, and blood pressure measurement. In contrast to the data collection procedure for the household and individual interviews, data related to biomarkers were initially recorded on the Biomarker Questionnaire and subsequently entered into interviewers' tablet computers.

Blood pressure: During the individual interview, three blood pressure measurements were taken from consenting women and men age 15 and above using UA-767F/FAC (A\&D Medical) blood pressure monitors. Measurements were taken at intervals of 5 minutes or more. The average of the second and third measurements was used to classify the respondent with respect to hypertension, according to internationally recommended categories (WHO 1999; NIH 1997). The results, as well as information about the symptoms of high blood pressure and ways in which it can be prevented, were provided to the respondent via a blood pressure brochure.

Anthropometry: Height and weight measurements were recorded for children age 0-59 months and women and men age 15-49. Height and weight were also measured for women and men age 50 and above to provide background information for blood pressure assessments.

Hemoglobin testing: Blood specimens for hemoglobin testing were collected from women age 15-49 who voluntarily consented to be tested and from all children age 6-59 months for whom consent was obtained from their parents or the adults responsible for them. Blood samples were drawn from a drop of blood taken from a finger prick (or a heel prick in the case of children age 6-11 months) and collected in a microcuvette. Hemoglobin analysis was carried out on-site using a battery-operated portable HemoCue analyzer. Results were provided verbally and in writing. Parents or guardians of children with a hemoglobin level under $7 \mathrm{~g} / \mathrm{dl}$ were instructed to take the child to a health facility for follow-up care. Likewise, nonpregnant women and pregnant women were referred for follow-up care if their hemoglobin levels were below $7 \mathrm{~g} / \mathrm{dl}$ and $9 \mathrm{~g} / \mathrm{dl}$, respectively. All households in which anthropometry and/or hemoglobin testing was conducted were given a brochure explaining the causes and prevention of anemia.

### 1.5 Pretest

Twelve enumerators, five members of the core project team, and four data processing personnel from New ERA participated in the training to pretest the NDHS survey protocol over a 3-week period in February 2016. Most of the participants had previous experience carrying out NDHS surveys. The idea behind having the data processing staff participate in the pretest was to familiarize them with the CAPI system. The training was carried out by ICF staff focusing on the technical components of the survey, biomarkers, and CAPI system.

Along with discussions on the technical aspects of the survey, the pretest training was designed to prepare the trainers for the main training. The training focused on key components such as age probing; interview techniques and procedures for completing the NDHS questionnaires; birth histories, family planning, and contraceptive calendars; completion of the vaccination section; standardization procedures for anthropometry; blood pressure measurement; and hemoglobin testing. The participants worked in groups using various training techniques, including interactive question-and-answer sessions, case studies, and role plays. Along with the enumerators, the trainers administered the questionnaires in the field, provided feedback on the content and language of the questionnaires, tested the CAPI software program, and learned the various training techniques. Adult learning principles were emphasized through hands-on training, and various in-class exercises were carried out.

The fieldwork for the pretest was carried out in three locations focusing on Nepal's three language groups (Nepali, Maithili, and Bhojpuri). These locations were Sarlahi district for Maithili, Kalaiya district for Bhojpuri, and Dhading district for Nepali. The reason for selecting Dhading was to gain an understanding of the issues in earthquake-affected areas. Each team carried out the pretest in an urban and a rural location, completing six clusters in total. Following the fieldwork, a debriefing session was held with the pretest field staff, and modifications to the questionnaires were made based on lessons drawn from the exercise.

### 1.6 Training of Field Staff

The main training for the 2016 NDHS started on May 15, 2016, in Kathmandu. The training included 2 weeks of orientation on use of paper questionnaires followed by 1 week of CAPI training. Selected participants were trained in the collection of biomarker information during the fourth week. Specialized training on conducting a verbal autopsy was carried out for the supervisors and selected enumerators.

The participants for the main training included 101 trainees, selected through a strict vetting process. They took a written test and a computerized test and also completed a personal interview to qualify for participation in the main training. Attendees came from different parts of Nepal and represented major language groups within the country. Most of the candidates had previous fieldwork experience, and some had experience gained through previous rounds of the NDHS.

Five members of the core project staff and three data processing personnel from New ERA also participated in the training as facilitators. The New ERA staff members were trained during the pretest
training in preparation for the main training. They took the initiative in managing the training. ICF staff provided technical support during the training sessions.

The participants were divided into two classrooms of about 50 participants each. The training sessions included discussions of concepts, procedures, and methodology related to conducting the DHS survey. Participants were guided through the questionnaires. In-class exercises were carried out, keeping in mind that involving participants in the training process would give them a better understanding of the training content. Various techniques were used to facilitate the training, including role playing on completing a household schedule, age probing in pairs, consistency checking for age and date of birth, correcting errors in the pregnancy history table, completing a contraceptive calendar with given cases, creating a vaccination card for an imaginary child, and filling in the questionnaires using cards prepared by colleagues. Resource personnel from the Ministry of Health and the Nepal Health Research Council attended the sessions to provide technical guidance. The training also included discussions on the CAPI system, demonstrations of the CAPI DHS menus, and practice in conducting interviews through the CAPI system.

As noted, the 2016 NDHS collected data on three major types of biomarkers: anthropometry, hemoglobin/anemia, and blood pressure. Two female members and one male member of each team were trained to take height and weight measurements. The two female members were also trained in carrying out anemia testing and blood pressure measurements, and the single male member was trained in taking blood pressure measurements. Unlike the 2011 NDHS, the survey involved measuring the heights and weights of men. The supervisors of the teams were also trained in taking blood pressure measurements. The biomarker training included lecture sessions, hands-on demonstrations, and practical exercises. Children were brought to the training venue for the participants to practice taking their measurements and testing blood samples for hemoglobin (finger and heel pricks). A complete day was assigned to practice blood pressure measurement and hemoglobin testing. After intense training and practice sessions, an anthropometry standardization exercise was carried out in which the instructor and all measurers weighed and measured the same group of children twice to assess the accuracy and precision of the measurements. The results of the standardization exercise were entered into an Excel spreadsheet and presented to the participants. Accuracy and precision results were compared against the true values as well as the mean values of the measurers. Those who were out of range three or more times were invited to a separate session and trained further.

Participants were evaluated through in-class exercises, quizzes, and observations made during field practice. Ultimately, 16 supervisors were identified based on their performance. Similarly, 64 participants were selected to serve as enumerators, while the rest were kept as reserves. Specialized training on conducting verbal autopsies on causes of neonatal deaths was carried out for one female interviewer and the supervisor of each team. The supervisors received additional training in performing supervisory activities with the CAPI system, data quality control procedures, fieldwork coordination, and management. The supervisors were trained on assigning households and receiving completed interviews from the interviewers, recognizing and dealing with error messages, receiving system updates and distributing updates to the interviewers, completing the Biomarker Questionnaires, resolving duplicated cases, closing clusters, and transferring interviews to the central office via the secure Internet File Streaming System (IFSS) developed by the DHS Program. Six quality controllers were identified from among the individuals who underwent training with the supervisors and received additional training on supporting the teams and monitoring fieldwork.

### 1.7 FIELDWORK

The fieldwork for the 2016 NDHS was launched under close supervision on June 19, 2016, in the clusters in Kathmandu. Sixteen teams consisting of one supervisor, one male interviewer, and three female interviewers were spread across the different Kathmandu clusters. The teams were closely monitored by the trainers and quality controllers. After completion of the fieldwork in Kathmandu in the first week,
teams were brought back to the central office for a review session in which they had an opportunity to clarify any questions they had. The teams were then dispatched to their respective districts. Data collection lasted until January 31, 2017. The fieldwork in some districts took longer than expected due to the monsoon season, during which flooding and landslides impacted the mobility of the field teams.

Fieldwork monitoring was an integral part of the 2016 NDHS, and several rounds of monitoring were carried out by the NDHS core team, the quality controllers, and ICF staff. The technical team from the Ministry of Health and the Nepal Health Research Council also monitored the fieldwork. The monitors were provided with guidelines for overseeing the fieldwork. Weekly field check tables were generated from the completed interviews that were sent to the central office to monitor progress in the fieldwork, and regular feedback was sent out to the teams.

It should be noted that a massive 7.8 magnitude earthquake hit the country in April 2015, leaving a huge impact on the life of Nepal's general population. The earthquake mostly affected the 14 districts of the Central development region. At least 9,000 people lost their lives, about 22,000 were injured, and some 3.5 million were displaced and homeless. Although the 2016 NDHS took place a year after this massive destruction (June 19, 2016, to January 31, 2017), some of the survey indicators should be interpreted with caution.

### 1.8 Data Processing

The processing of the 2016 NDHS data began simultaneously with the fieldwork. As soon as data collection was completed in each cluster, all electronic data files were transferred via the IFSS to the New ERA central office in Kathmandu. These data files were registered and checked for inconsistencies, incompleteness, and outliers. The field teams were alerted to any inconsistencies or errors. Secondary editing, carried out in the central office, involved resolving inconsistencies and coding the open-ended questions. The New ERA senior data processor coordinated the exercise at the central office. The NDHS core team members assisted with the secondary editing. The biomarker paper questionnaires were compared with the electronic data files to check for any inconsistencies in data entry. Data entry and editing were carried out using the CSPro software package. The concurrent processing of the data offered a distinct advantage in that it maximized the likelihood of the data being error-free and accurate. Timely generation of field check tables allowed for effective monitoring. The secondary editing of the data was completed in the second week of February 2017. The final cleaning of the data set was carried out by The DHS Program data processing specialist and was completed by the end of February 2017.

### 1.9 Response Rates

Table 1.1 shows response rates for the 2016 NDHS. A total of 11,473 households were selected for the sample, of which 11,203 were occupied. Of the occupied households, 11,040 were successfully interviewed, yielding a response rate of $99 \%$.

In the interviewed households, 13,089 women age 15-49 were identified for individual interviews; interviews were completed with 12,862 women, yielding a response rate of $98 \%$. In the subsample of households selected for the male survey, 4,235 men age 15-49 were identified and 4,063 were successfully interviewed, yielding a response rate of $96 \%$.

Response rates were lower in urban areas than in rural areas. The difference was slightly more prominent for men than for women, as men in urban areas were often away from their households for work.

Table 1.1 Results of the household and individual interviews
Number of households, number of interviews, and response rates, according to residence (unweighted), Nepal DHS 2016

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Result | Urban | Rural | Total |
| Household interviews |  |  |  |
| $\quad$ Households selected | 7,294 | 4,179 | 11,473 |
| Households occupied | 7,106 | 4,097 | 11,203 |
| Households interviewed | 6,978 | 4,062 | 11,040 |
| $\quad$ Household response rate ${ }^{1}$ | 98.2 | 99.1 | 98.5 |
| $\quad$ Interviews with women age 15-49 |  |  |  |
| $\quad$ Number of eligible women | 8,460 | 4,629 | 13,089 |
| $\quad$ Number of eligible women interviewed | 8,279 | 4,583 | 12,862 |
| $\quad$ Eligible women response rate ${ }^{2}$ | 97.9 | 99.0 | 98.3 |
| Interviews with men age 15-49 |  |  |  |
| $\quad$ Number of eligible men | 2,812 | 1,423 | 4,235 |
| $\quad$ Number of eligible men interviewed | 2,667 | 1,396 | 4,063 |
| $\quad$ Eligible men response rate ${ }^{2}$ | 94.8 | 98.1 | 95.9 |
| Households interviewed/households occupied |  |  |  |
| ${ }^{2}$ Respondents interviewed/eligible respondents |  |  |  |

## Key Findings

- Drinking water: Almost all households (95\%) have access to an improved source of drinking water.
- Sanitation: Sixty-two percent of households have an improved toilet facility that is not shared with other households.
- Indoor smoke: Sixty-six percent of all households use solid fuel for cooking. Thirty-one percent of households are exposed daily to secondhand smoke.
- Access to a health facility: Almost half (49\%) of households are within 30 minutes of a government health facility.
- Household population and composition: One-third ( $34 \%$ ) of the population is under age 15.Thirty-one percent of households are headed by women.
- Birth registration: Fifty-six percent of children have had their births registered with the civil authorities.
- Food security: Forty-eight percent of households in Nepal are food secure and have access to food year round.

Information on the socioeconomic characteristics of the household population in the 2016 NDHS provides a context to interpret demographic and health indicators and can furnish an approximate indication of the representativeness of the survey. In addition, this information sheds light on the living conditions of the population.

This chapter presents information on sources of drinking water, sanitation, exposure to smoke inside the home, wealth, hand washing, household population and composition, access to government health facilities, migration, birth registration, family living arrangements, educational attainment, school attendance, possession of mosquito nets, and food security.

### 2.1 Drinking Water Sources and Treatment

## Improved sources of drinking water

Include piped water, public taps, standpipes, tube wells, boreholes, protected dug wells and springs, and rainwater. Households that use bottled water for drinking are classified as using an improved source only if the water they use for cooking and hand washing comes from an improved source.
Sample: Households

Improved sources of water protect against outside contamination so that water is more likely to be safe to drink. In Nepal, almost all households (95\%) have access to an improved source of drinking water (Table 2.1 and Figure 2.1). The most common source of drinking water in Nepal is a tube well or borehole (36\%),
followed by piped water (33\%). Tube wells or boreholes are the most common source in rural areas (41\%), while piped water is the most common source in urban areas (35\%) (Table 2.1).

Sixty-nine percent of households have drinking water on their premises, and only $5 \%$ of households spend more than 30 minutes to obtain water. Eightyseven percent of households using piped water or water from a tube well or borehole reported that water was available without interruption in the past 2 weeks. Availability of water without interruption was slightly higher in rural ( $90 \%$ ) than in urban ( $85 \%$ ) areas (Table 2.2).

Only $23 \%$ of households follow appropriate water treatment

Figure 2.1 Household drinking water by residence
Percent distribution of households by source of drinking water practices prior to drinking. Appropriate treatment practices are followed more often in urban areas (30\%) than in rural areas (12\%) (Table 2.1).

Trends: Access to improved water sources has improved in the past 5 years. In 2016, $95 \%$ of households used an improved source of drinking water, as compared with $89 \%$ in 2011 . There was also an overall improvement in use of appropriate water treatment practices, from $18 \%$ to $23 \%$.

### 2.2 Sanitation

## Improved toilet facilities

Include any non-shared toilet of the following types: flush/pour flush toilets to piped sewer systems, septic tanks, and pit latrines; ventilated improved pit (VIP) latrines; pit latrines with slabs; and composting toilets.

## Sample: Households

Use of improved toilet facilities, which are nonshared facilities that prevent people from coming into contact with human waste, helps reduce the transmission of communicable diseases such as cholera and typhoid. Overall, $62 \%$ of households ( $63 \%$ in rural areas and $61 \%$ in urban areas) use improved toilet facilities (Figure 2.2).

Fifteen percent of households have no toilet facility ( $21 \%$ in rural areas and $11 \%$ in urban areas) (Table 2.3).

Trends: There have been substantial improvements in the use of improved sanitation facilities in the past 5 years. Households using improved facilities almost doubled from $38 \%$ in 2011 to $62 \%$ in 2016. Similarly, the percentage of households with no toilet facility decreased from $36 \%$ to $15 \%$.

Figure 2.2 Household toilet facilities by residence


### 2.3 Exposure to Smoke inside the Home and Other Household Characteristics

### 2.3.1 Exposure to Smoke Inside the Home

Exposure to smoke inside the home, either from cooking with solid fuels or smoking tobacco, has potentially harmful health effects. Cooking takes place inside the home in slightly more than two-thirds ( $68 \%$ ) of households, while $26 \%$ of households have a separate building for cooking (Table 2.4).

About two-thirds of households ( $66 \%$ ) use solid fuel for cooking, and this practice is more common in rural households ( $88 \%$ ) than urban households ( $52 \%$ ). Wood is the most common type of solid fuel used for cooking, and it is used more often in rural ( $77 \%$ ) than urban ( $48 \%$ ) areas. Use of clean fuel (electricity and liquefied petroleum gas/natural gas/biogas) is more common in urban areas than in rural areas ( $48 \%$ and $12 \%$, respectively). Thirty-one percent of households are exposed to tobacco smoke daily ( $34 \%$ in rural areas and $30 \%$ in urban areas) (Table 2.4).

### 2.3.2 Other Housing Characteristics

The survey collected data on access to electricity, flooring materials, and the number of rooms used for sleeping. A vast majority ( $91 \%$ ) of the households in Nepal ( $94 \%$ in urban areas and $85 \%$ in rural areas) have access to electricity.

A variety of flooring materials (e.g., earth, sand, cement, dung, wood/planks, ceramic tiles) are used in Nepalese households. Earth and sand (53\%) and cement (30\%) are the most commonly used materials. Earth and sand are most commonly used in rural households (73\%) (Table 2.4).

### 2.3.3 Household Durable Goods

The survey also collected information on household effects, means of transportation, and ownership of agricultural land and farm animals (Table 2.5). Mobile phones, televisions, and radios are the most common information and communication devices in Nepal. Almost all households (93\%) have at least one mobile phone. In addition to mobile phones, $7 \%$ of households also have non-mobile telephones ( $10 \%$ in urban area and $2 \%$ in rural areas). Although urban households are more likely than rural households to own a television ( $62 \%$ versus $35 \%$ ), there is no urban-rural difference in possession of a radio ( 3 in 10 households in both urban and rural areas own a radio). Rural households are more likely to own agricultural land than urban households ( $87 \%$ versus $72 \%$ ). Ownership of farm animals is much more common in rural households ( $87 \%$ ) than in urban households (59\%).

### 2.3.4 Access to Government Health Facilities

Almost half of the households in Nepal (49\%) are within 30 minutes of a government health facility, while $11 \%$ have to travel more than 1 hour. Nineteen percent of rural households, $25 \%$ of households in the mountain zone, $29 \%$ of households in Province 6, and $34 \%$ of households in the lowest wealth quintile have to travel more than an hour to reach the nearest government health facility (Table 2.6).

### 2.4 Household Wealth

## Wealth index

Households are given scores based on the number and kinds of consumer goods they own, ranging from a television to a bicycle or car, and housing characteristics such as source of drinking water, toilet facilities, and flooring materials. These scores are derived using principal component analysis. National wealth quintiles are compiled by assigning the household score to each usual (de jure) household member, ranking each person in the household population by her or his score, and then dividing the distribution into
five equal categories, each comprising $20 \%$ of the population.
Sample: Households

Table 2.7 presents data on wealth quintiles and the Gini coefficient according to residence, region, and province. The Gini coefficient indicates the level of concentration of wealth, with 0 representing an equal wealth distribution and 1 representing a totally unequal distribution. Nepal's Gini coefficient is 0.31 , indicating a fairly uneven distribution of wealth in the population.

The wealthiest households are concentrated in urban areas $(30 \%)$. More than half ( $51 \%$ ) of the urban population belongs to the two highest wealth quintiles, whereas $53 \%$ of the rural population falls in the two lowest quintiles (Figure 2.3).

A majority of the households in Province 6 fall in the lowest wealth quintile ( $69 \%$ ), while the majority of households in Province 3 are concentrated in the highest quintile (42\%) (Table 2.7).

### 2.5 Hand Washing

Hand washing is one of the most effective ways to

Figure 2.3 Household wealth by residence

## Percent distribution of de jure population by wealth quintiles

 prevent germs from spreading. A place for hand washing was observed in all of the surveyed households in the 2016 NDHS. Eighty-one percent of the households had a fixed place for hand washing, and $19 \%$ had a mobile hand washing place. Forty-seven percent of households used soap and water, while $20 \%$ did not have water, soap, or any other cleaning agents in place for hand washing (Table 2.8).

## Patterns by background characteristics

- Fifty-seven percent of urban households had soap and water available for washing hands, as compared with $31 \%$ of rural households.
- Thirty-nine percent of households in the mountain zone and $34 \%$ of households in Province 2 did not have water or any cleansing agents for hand washing.
- Thirty-nine percent of households in the lowest wealth quintile did not have water or any cleansing agents for hand washing.


### 2.6 Household Population and Composition

## Household

A person or group of related or unrelated persons who live together in the same dwelling unit(s), who acknowledge one adult male or female as the head of the household, who share the same housekeeping arrangements, and who are considered a single unit.

## De facto population

All persons who stayed in the selected households the night before the interview (whether usual residents or visitors).

## De jure population

All persons who are usual residents of the selected households, whether or not they stayed in the household the night before the interview.

## How data are calculated

All tables are based on the de facto population unless otherwise specified.

The de facto survey population (those who stayed overnight in the surveyed households) is 46,814 ; $54 \%$ of these individuals are male and $46 \%$ are female, yielding a sex ratio (number of males per 100 females) of 85 . One-third (34\%) of the population is under age 15 . Children under age 5 and adolescents age 10-19 account for $11 \%$ and $23 \%$ of the population, respectively. About $7 \%$ of the population is age 65 and above, a group considered as a dependent population (Table 2.9 and Figure 2.4).

Trends: The proportion of the population under age 15 has

Figure 2.4 Population pyramid
Percent distribution of the household population
 declined slightly, from $37 \%$ in 2011 to $34 \%$ in 2016 . However, there has been no change in the proportion of children under age $5(11 \%)$ in the past 5 years, although the fertility rate declined from 2.6 in 2011 to 2.3 in 2016. Overall, the population distribution remained constant between 2011 and 2016 (MOHP, New ERA, and ICF International 2012).

The proportion of female-headed households has almost doubled in the past 15 years, from $16 \%$ in 2001 to $31 \%$ in 2016 (Table 2.10). This seems to be the result of recent migration (see section 2.7). The average household size is 4.2 persons, which is slightly less than in 2011 (4.4). Average household size is slightly larger in rural (4.4) than urban (4.1) areas.

Twelve percent of households have foster and/or orphan children, with no differences between rural and urban areas (Table 2.10).

### 2.7 Migration

The 2016 NDHS collected information on household members who had migrated elsewhere in the 10 years prior to the survey. Information was collected by sex, age at migration, date of migration, reasons for migration, and destination. These data offer insights into period migration (mobility patterns of internal migrants 5 years before the survey in terms of where they were living then) and lifetime migration (permanent shifts in place of residence since more than 5 years prior to the survey).

Forty-seven percent of households reported that at least one person had migrated from the household at some time in the 10 years preceding the survey (data not shown). A total of 8,836 persons migrated in the past 10 years, of whom $57 \%$ were men and $43 \%$ were women (Table 2.11). Seventy-one percent of women and $84 \%$ of men migrated in the last 5 years (Table 2.12.1 and Table 2.12.2). One in three men migrated in the past year.

External migration is not common among women; $84 \%$ of women migrated within Nepal, while the majority of men $(68 \%)$ migrated outside the country. The most common destinations for male migration were the Middle East ( $32 \%$ ) and India ( $17 \%$ ). About $7 \%$ of women migrated to the Middle East and to other countries.

## Patterns by background characteristics

- More than two-thirds of the household members migrated at age 24 or younger. Women are likely to migrate at a younger age than men: $44 \%$ of women migrated at age $15-19$, while male migration mostly took place at age 20-24 (26\%) (Table 2.11).
- Both male and female migrants are mainly from Province 1, Province 2, and Province 3, which together account for $61 \%$ of female migrants and $56 \%$ of male migrants (Table 2.11).
- More than three-fourths ( $78 \%$ ) of men migrated mostly for work, and nearly two-thirds (64\%) of women migrated due to marriage (Figure 2.5).
- Among those who migrated for work, $40 \%$ of men and $22 \%$ of women went to the Middle East (Table 2.12.1 and Table 2.12.2).


### 2.8 Birth Registration

Figure 2.5 Out-migration by reasons


## Registered birth

Child has a birth certificate or child does not have a birth certificate, but his/her birth has been registered with the civil authorities.
Sample: De jure children under age 5
Nepal has a legal and administrative structure stipulating official registration of births according to standard procedures. The practice of formally registering births is not widely adhered to in the country, even though the registration system was implemented about 36 years ago and is enforced through the Births, Deaths and Other Personal Events (Registration) Act of 1976 (Nepal Law Commission 2006).
Table 2.13 presents data on de jure children under age 5 whose births are registered with the civil authorities by their background characteristics.

Fifty-six percent of children under age 5 are registered with the civil authorities, and $52 \%$ have a birth certificate. Children age 2-4 are more likely to have had their births registered than children under age 2 (67\% versus 40\%).

## Patterns by background characteristics

- Children in the mountain zone are more likely to have their births registered ( $71 \%$ ) than children in the hill ( $61 \%$ ) and terai ( $51 \%$ ) zones.
- Birth registration is less common among children in Province 2 (45\%) than among children in Province 6 (65\%) and Province 3 (64\%) (Figure 2.6).

Trends: There has been an improvement in birth registration over the past 5 years. Forty-two percent of births were registered in 2011, as compared with $56 \%$ in 2016.

Figure 2.6 Birth registration by province
Percentage of de jure children under age 5 whose births are registered with the civil authorities


### 2.9 Children's Living Arrangements and Parental Survival

## Orphan

A child with one or both parents who are dead.
Sample: Children under age 18

About $58 \%$ of de jure children under age 18 live with both of their parents; $7 \%$ are not living with their biological parents. Four percent of children under age 18 are orphans, with one or both parents dead (Table 2.14).

## Patterns by background characteristics

- Orphanhood is more prevalent among children age 15-17 (8\%) than among those under age 2 (less than $1 \%$ ).
- Orphaned children are mostly concentrated in the mountain zone (6\%), Province 7 (6\%), and households in the lowest wealth quintile (5\%).

Trends: There has been a slight decline in orphanhood in the past 5 years, from $5 \%$ in 2011 to $4 \%$ in 2016 (MOHP, New ERA, and ICF International 2012).

### 2.10 Education

### 2.10.1 Educational Attainment

## Median educational attainment

Half of the population has completed less than the median number of years of schooling and half of the population has completed more than the median number of years of schooling.
Sample: De facto household population age 6 and older

Table 2.15.1 and Table 2.15.2 present educational attainment among women and men, respectively. Two in five women and one in five men in Nepal have no education. Thirty-five percent of women and $47 \%$ of men have a secondary education or higher. The median number of years of schooling is more than double among men than women (4.6 versus 2.1).

## Patterns by background characteristics

- Rural women ( $47 \%$ ) and men ( $26 \%$ ) are more likely than urban women ( $35 \%$ ) and men ( $17 \%$ ) to have no education.
- By province, the percentages of women and men with more than a secondary education are lowest in Province 2 ( $3 \%$ and $8 \%$, respectively) and highest in Province 3 ( $18 \%$ and $22 \%$, respectively).
- Only $2 \%$ of women and $3 \%$ of men from the lowest wealth quintile have more than a secondary education, as compared with $25 \%$ of women and $34 \%$ of men from the highest wealth quintile (Table 2.15.1 and Table 2.15.2).

Trends: The percentages of residents who have some secondary education or higher have increased over the past 5 years, from $29 \%$ to $35 \%$ among women and from $41 \%$ to $47 \%$ among men. Median number of years of schooling completed by women increased from 1.0 in 2011 to 2.1 in 2016. Among men, the median increased from 3.9 years to 4.6 years (MOHP, New ERA, and ICF International 2012).

### 2.10.2 School Attendance

## Net attendance ratio (NAR)

Percentage of the school-age population that attends primary or secondary school.
Sample: Children age 6-10 for primary school NAR and children age 11-15 for secondary school NAR

Table 2.16 shows that the net attendance ratio (NAR) for primary school children (age 6-12) is $80 \%$. However, the figure is much lower, at 67\%, for secondary school children (age 11-15). The NAR for primary school is slightly higher among girls ( $81 \%$ ) than among boys ( $79 \%$ ), while the secondary school NAR is slightly higher among boys ( $68 \%$ ) than girls ( $66 \%$ ).

## Patterns by background

 characteristics- Both the primary school NAR and the secondary school NAR are lower in rural areas. Seventy-seven percent of rural children and $83 \%$ of urban children have attended primary school. Similarly, $61 \%$ of rural children and $71 \%$ of urban children have attended secondary school.
- The primary school NAR is above $80 \%$ in each of the provinces other than Province $2(68 \%)$. The secondary school NAR is also lowest in Province 2, at $45 \%$ ( $42 \%$ for girls and $49 \%$ for boys) (Figure 2.7).


### 2.10.3 Other Measures of School Attendance

## Gross attendance ratio (GAR)

The total number of children attending primary school divided by the official primary school-age population and the total number of children attending secondary school divided by the official secondary school-age population.
Sample: Children age 6-10 for primary school GAR and children age 11-15 for secondary school GAR

Gender parity index (GPI)
The ratio of female to male students attending primary school and the ratio of female to male children attending secondary school. The index reflects the magnitude of the gender gap.
Sample: Primary and secondary school students

Data on the gross attendance ratio (GAR) and the gender parity index (GPI) are presented in Table 2.16. A primary school GAR of more than $100 \%$ means that a significant number of primary school students are not of the official primary school age. In Nepal, the primary school GAR is $113 \%$ and the secondary school GAR is $88 \%$.

A gender parity index (GPI) of 1 indicates parity or equality between school participation ratios. A GPI lower than 1 indicates a gender disparity in favor of males, with a higher proportion of males than females attending that level of schooling. A GPI higher than 1 indicates a gender disparity in favor of females.

The GPI for NAR is 1.02 at the primary school, indicating that more girls are attending school than boys; however, the GPI for NAR is 0.96 at the secondary school level, indicating that girls are dropping out (Table 2.16).

### 2.11 Possession of Mosquito Nets

An important strategy in the control of malaria and kala-azar is prevention through indoor residual spraying and use of long-lasting insecticidal bednets (LLINs). In addition, other different methods, such as repellent cream and coils, have been used by households to protect themselves from mosquito bites.

The 2016 NDHS collected information on household possession of mosquito nets. Three in four households ( $75 \%$ ) have mosquito nets, and $56 \%$ of households possess two to three nets (Table 2.17).

## Patterns by background characteristics

- Urban households are much more likely than rural households to possess mosquito nets ( $80 \%$ versus 68\%).
- More than $90 \%$ of households in the terai zone ( $95 \%$ ), Province 2 ( $96 \%$ ), and the middle wealth quintile ( $91 \%$ ) possess mosquito nets.
- Among the various methods used to protect against mosquito bites, $91 \%$ of households use nets, $32 \%$ use coils, and $24 \%$ use mosquito repellent mats. One in five households indicate that proper sanitation is an important action to prevent mosquito bites (Table 2.18).


### 2.12 Knowledge of Lymphatic Filariasis

Data on knowledge regarding transmission of lymphatic filariasis were collected in the survey (Table 2.19). Only $28 \%$ of households have appropriate knowledge on transmission of lymphatic filariasis (i.e., that it is transmitted through mosquito bites). A majority of households ( $62 \%$ ) do not know about the mode
of transmission of lymphatic filariasis. Levels of knowledge are slightly higher among households in the hill zone (30\%) and households in the highest wealth quintile (44\%).

### 2.13 Food Security

As a follow-up to the 2011 NDHS, a series of questions on household food security were included in the 2016 NDHS Household Questionnaire. In the current survey, all nine questions from the Household Food Insecurity Access Scale developed by USAID's Food and Nutrition Technical (FANTA) project were included, as opposed to the seven questions used in 2011. Questionnaires focusing on household food insecurity (i.e., food insecurity for the household as a unit) were administered to the household heads. The questions, arranged in order of severity and frequency of occurrence, captured household perceptions of food vulnerability or stress and behavioral responses to food insecurity. Based on the responses, four food insecurity categories were created: food secure households, mildly food insecure households, moderately food insecure households, and severely food insecure households.

Almost half of the households in Nepal are food secure (48\%) and have access to food year round. Among food insecure households, $20 \%$ are mildly food insecure, $22 \%$ are moderately food insecure, and $10 \%$ are severely food insecure (Table 2.20).

## Patterns by background characteristics

- Urban households are more likely (54\%) to be food secure than rural households (39\%).
- A large proportion of households in Province 6 (42\%) and the lowest wealth quintile (39\%) fall in the moderately food insecure category.
- Similarly, the highest proportions of severely food insecure households are in the lowest wealth quintile ( $22 \%$ ) and Province 6 ( $18 \%$ ).

Trends: Overall, food secure households have more or less remained constant ( $49 \%$ in 2011 versus $48 \%$ in 2016) over the past 5 years. The proportion of mildly food insecure households increased from $12 \%$ in 2011 to $20 \%$ in 2016, while the proportion of severely food insecure households decreased slightly from $16 \%$ to $10 \%$.

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## Table 2.1 Household drinking water

Percent distribution of households and de jure population by source of drinking water and by time to obtain drinking water, percentage of households and de jure population using various methods to treat drinking water, and percentage using an appropriate treatment method, according to residence, Nepal DHS 2016

| Characteristic | Households |  |  | Population |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Source of drinking water |  |  |  |  |  |  |
| Improved source | 93.7 | 96.1 | 94.6 | 93.9 | 96.3 | 94.9 |
| Piped into dwelling/yard/plot | 33.4 | 28.6 | 31.5 | 30.9 | 25.8 | 28.8 |
| Piped to neighbor | 1.7 | 2.1 | 1.8 | 1.5 | 1.7 | 1.6 |
| Public tap/standpipe | 18.3 | 22.3 | 19.9 | 18.0 | 21.0 | 19.2 |
| Tube well or borehole | 32.4 | 41.4 | 35.9 | 37.0 | 46.2 | 40.7 |
| Protected dug well | 1.7 | 0.5 | 1.3 | 1.7 | 0.4 | 1.2 |
| Protected spring | 1.7 | 1.2 | 1.5 | 1.5 | 1.1 | 1.3 |
| Bottled water, improved source for cooking/hand washing ${ }^{1}$ | 4.4 | 0.1 | 2.8 | 3.4 | 0.1 | 2.1 |
| Unimproved source | 6.3 | 3.9 | 5.4 | 6.1 | 3.7 | 5.1 |
| Unprotected dug well | 1.4 | 0.5 | 1.0 | 1.5 | 0.4 | 1.0 |
| Unprotected spring | 0.6 | 1.5 | 1.0 | 0.6 | 1.5 | 1.0 |
| Tanker truck/cart with small tank | 0.8 | 0.0 | 0.5 | 0.6 | 0.0 | 0.4 |
| Surface water | 2.1 | 1.9 | 2.0 | 2.0 | 1.9 | 2.0 |
| Bottled water, unimproved source for cooking/hand washing ${ }^{1}$ | 1.4 | 0.0 | 0.9 | 1.3 | 0.0 | 0.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Time to obtain drinking water (round trip) |  |  |  |  |  |  |
| Water on premises ${ }^{2}$ | 70.6 | 66.3 | 68.9 | 71.3 | 67.2 | 69.7 |
| Less than 30 minutes | 24.4 | 28.5 | 26.0 | 23.7 | 27.9 | 25.4 |
| 30 minutes or longer | 5.0 | 5.2 | 5.1 | 5.0 | 4.9 | 5.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Water treatment prior to drinking ${ }^{3}$ |  |  |  |  |  |  |
| Boiled | 14.8 | 9.3 | 12.7 | 13.1 | 8.1 | 11.1 |
| Bleach/chlorine added | 2.5 | 0.3 | 1.7 | 2.3 | 0.3 | 1.5 |
| Strained through cloth | 2.7 | 2.4 | 2.6 | 2.6 | 2.1 | 2.4 |
| Ceramic, sand, or other filter | 19.5 | 3.3 | 13.2 | 17.6 | 2.9 | 11.6 |
| Solar disinfection | 0.6 | 0.4 | 0.5 | 0.5 | 0.3 | 0.4 |
| Let stand and settle | 0.2 | 0.1 | 0.2 | 0.2 | 0.1 | 0.2 |
| No treatment | 68.2 | 86.1 | 75.1 | 71.4 | 87.9 | 78.0 |
| Percentage using an appropriate treatment method ${ }^{4}$ | 29.9 | 12.1 | 23.1 | 26.8 | 10.5 | 20.2 |
| Number | 6,781 | 4,259 | 11,040 | 27,920 | 18,877 | 46,797 |

${ }^{1}$ Because the quality of bottled water is not known, households using bottled water for drinking are classified as using an improved or unimproved source according to their water source for cooking and hand washing.
${ }^{2}$ Includes water piped to a neighbor
${ }^{3}$ Respondents may report multiple treatment methods, so the sum of treatment may exceed $100 \%$
${ }^{4}$ Appropriate water treatment methods include boiling, bleaching, filtering, and solar disinfecting.

Table 2.2 Availability of water
Among households and de jure population using piped water or water from a tube well or borehole, percentage lacking available water in the last 2 weeks, according to residence, Nepal DHS 2016

| Availability of water in last 2 weeks | Households |  |  | Population |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Not available for at least 1 day | 14.9 | 10.2 | 13.0 | 13.7 | 10.0 | 12.2 |
| Available with no interruption of at least |  |  |  |  |  |  |
| 1 day | 84.9 | 89.8 | 86.9 | 86.1 | 89.9 | 87.7 |
| Don't know/missing | 0.2 | 0.1 | 0.2 | 0.1 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number using piped water or water from a tube well ${ }^{1}$ | 6,067 | 4,021 | 10,087 | 25,182 | 17,881 | 43,063 |

${ }^{1}$ Includes households reporting piped water or water from a tube well or borehole as their main source of drinking water and households reporting bottled water as their main source of drinking water if their main source of water for cooking and hand washing is piped water or water from a tube well or borehole

Table 2.3 Household sanitation facilities
Percent distribution of households and de jure population by type of toilet/latrine facilities and percent distribution of households and de jure population with a toilet/latrine facility by location of the facility, according to residence, Nepal DHS 2016

| Type and location of toilet/latrine facility | Households |  |  | Population |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Improved sanitation | 61.1 | 62.9 | 61.7 | 64.8 | 64.3 | 64.6 |
| Flush/pour flush to piped sewer system | 7.0 | 0.2 | 4.4 | 6.9 | 0.2 | 4.2 |
| Flush/pour flush to septic tank | 39.7 | 40.3 | 39.9 | 42.5 | 40.5 | 41.7 |
| Flush/pour flush to pit latrine | 8.8 | 13.3 | 10.5 | 9.2 | 13.7 | 11.1 |
| Ventilated improved pit (VIP) latrine | 2.0 | 4.3 | 2.9 | 2.4 | 5.1 | 3.5 |
| Pit latrine with slab | 2.4 | 3.9 | 3.0 | 2.5 | 4.0 | 3.1 |
| Composting toilet | 1.1 | 0.8 | 1.0 | 1.2 | 0.8 | 1.0 |
| Unimproved sanitation | 38.9 | 37.1 | 38.3 | 35.2 | 35.7 | 35.4 |
| Shared facility ${ }^{1}$ | 26.5 | 14.9 | 22.0 | 21.4 | 12.6 | 17.8 |
| Flush/pour flush to piped sewer system | 5.6 | 0.1 | 3.5 | 4.1 | 0.1 | 2.5 |
| Flush/pour flush to septic tank | 17.1 | 8.9 | 13.9 | 13.8 | 7.0 | 11.1 |
| Flush/pour flush to pit latrine | 2.5 | 3.7 | 3.0 | 2.2 | 3.3 | 2.7 |
| Ventilated improved pit (VIP) latrine | 0.4 | 1.2 | 0.7 | 0.4 | 1.1 | 0.7 |
| Pit latrine with slab | 0.4 | 0.5 | 0.4 | 0.4 | 0.5 | 0.4 |
| Composting toilet | 0.5 | 0.5 | 0.5 | 0.4 | 0.6 | 0.5 |
| Unimproved facility | 1.7 | 1.4 | 1.6 | 1.8 | 1.2 | 1.6 |
| Flush/pour flush not to sewer/septic tank/pit latrine | 0.7 | 0.3 | 0.5 | 0.7 | 0.2 | 0.5 |
| Pit latrine without slab/open pit | 0.9 | 1.1 | 1.0 | 1.0 | 1.0 | 1.0 |
| Other | 0.1 | 0.0 | 0.1 | 0.1 | 0.0 | 0.1 |
| Open defecation (no facility/bush/field) | 10.8 | 20.9 | 14.7 | 12.1 | 21.9 | 16.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of households/population | 6,781 | 4,259 | 11,040 | 27,920 | 18,877 | 46,797 |
| Location of toilet facility |  |  |  |  |  |  |
| In own dwelling | 33.0 | 5.8 | 23.3 | 30.9 | 5.6 | 21.4 |
| In own yard/plot | 61.8 | 83.5 | 69.6 | 64.3 | 83.9 | 71.7 |
| Elsewhere | 5.2 | 10.7 | 7.1 | 4.8 | 10.5 | 7.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of households/population with a toilet/latrine facility | 6,049 | 3,370 | 9,419 | 24,546 | 14,744 | 39,290 |

${ }^{1}$ Facilities that would be considered improved if they were not shared by two or more households

Table 2.4 Household characteristics
Percent distribution of households and de jure population by housing characteristics, percentage using solid fuel for cooking, percentage using clean fuel for cooking, and percent distribution by frequency of smoking in the home, according to residence, Nepal DHS 2016

| Housing characteristic | Households |  |  | Population |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Electricity |  |  |  |  |  |  |
| Yes | 94.2 | 84.5 | 90.5 | 94.5 | 85.2 | 90.7 |
| No | 5.8 | 15.5 | 9.5 | 5.5 | 14.8 | 9.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Flooring material |  |  |  |  |  |  |
| Earth, sand | 40.7 | 72.9 | 53.1 | 43.5 | 73.7 | 55.7 |
| Dung | 5.7 | 8.7 | 6.8 | 6.0 | 9.1 | 7.3 |
| Wood/planks | 0.7 | 0.7 | 0.7 | 0.6 | 0.5 | 0.5 |
| Parquet or polished wood | 0.5 | 0.2 | 0.4 | 0.4 | 0.1 | 0.3 |
| Vinyl or asphalt strips | 1.1 | 0.0 | 0.7 | 0.8 | 0.0 | 0.5 |
| Ceramic tiles | 1.3 | 0.1 | 0.8 | 1.2 | 0.1 | 0.7 |
| Cement | 39.3 | 16.3 | 30.4 | 38.3 | 15.7 | 29.1 |
| Carpet | 10.6 | 1.0 | 6.9 | 9.1 | 0.7 | 5.7 |
| Other | 0.1 | 0.3 | 0.2 | 0.1 | 0.2 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Rooms used for sleeping |  |  |  |  |  |  |
| One | 31.8 | 31.2 | 31.6 | 23.1 | 23.3 | 23.2 |
| Two | 34.8 | 37.3 | 35.7 | 33.7 | 36.9 | 35.0 |
| Three or more | 33.4 | 31.5 | 32.7 | 43.3 | 39.8 | 41.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Place for cooking ${ }^{1}$ |  |  |  |  |  |  |
| In the house | 69.8 | 64.6 | 67.8 | 67.1 | 62.8 | 65.4 |
| In a separate building | 24.6 | 29.4 | 26.4 | 27.1 | 31.3 | 28.8 |
| Outdoors | 5.1 | 5.9 | 5.4 | 5.5 | 5.9 | 5.7 |
| No food cooked in household | 0.4 | 0.1 | 0.3 | 0.1 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Cooking fuel |  |  |  |  |  |  |
| Electricity | 1.2 | 0.6 | 1.0 | 1.1 | 0.6 | 0.9 |
| LPG/natural gas/biogas | 46.4 | 11.5 | 33.0 | 42.7 | 9.5 | 29.3 |
| Wood | 48.4 | 77.3 | 59.5 | 51.8 | 76.9 | 62.0 |
| Straw/shrubs/grass | 0.8 | 3.6 | 1.9 | 1.0 | 4.1 | 2.2 |
| Animal dung | 2.6 | 6.9 | 4.3 | 3.2 | 8.9 | 5.5 |
| Other | 0.1 | 0.0 | 0.1 | 0.1 | 0.0 | 0.1 |
| No food cooked in household | 0.4 | 0.1 | 0.3 | 0.1 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Percentage using solid fuel for cooking ${ }^{2}$ | 51.8 | 87.8 | 65.7 | 56.0 | 89.9 | 69.7 |
| Percentage using clean fuel for cooking ${ }^{3}$ | 47.7 | 12.1 | 33.9 | 43.8 | 10.0 | 30.2 |
| Frequency of smoking in the home |  |  |  |  |  |  |
| Daily | 29.8 | 33.8 | 31.3 | 32.9 | 36.2 | 34.3 |
| Weekly | 4.2 | 5.8 | 4.8 | 4.3 | 5.5 | 4.8 |
| Monthly | 2.5 | 2.6 | 2.5 | 2.6 | 2.3 | 2.5 |
| Less than once a month | 4.0 | 5.1 | 4.4 | 4.1 | 5.2 | 4.6 |
| Never | 59.5 | 52.7 | 56.9 | 56.1 | 50.8 | 53.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 6,781 | 4,259 | 11,040 | 27,920 | 18,877 | 46,797 |

LPG = Liquefied petroleum gas
${ }^{1}$ As only 3 households used another place for cooking, these data are not shown separately.
${ }^{2}$ Includes charcoal, wood, straw/shrubs/grass, agricultural crops, and animal dung
${ }^{3}$ Includes electricity and LPG/natural gas/biogas

Table 2.5 Household possessions
Percentage of households possessing various household effects, means of transportation, agricultural land, and livestock/farm animals by residence, Nepal DHS 2016

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Possession | Urban | Rural | Total |
| Household effects |  |  |  |
| Radio | 28.8 | 30.0 | 29.3 |
| Television | 62.1 | 34.9 | 51.6 |
| Mobile phone | 94.3 | 90.5 | 92.8 |
| Non-mobile telephone | 10.4 | 1.9 | 7.1 |
| Computer | 18.0 | 4.3 | 12.7 |
| Refrigerator | 26.1 | 4.9 | 15.5 |
| Table | 65.0 | 44.5 | 57.1 |
| Chair | 61.9 | 47.4 | 56.3 |
| Bed | 95.8 | 92.3 | 94.5 |
| Sofa | 22.2 | 6.8 | 16.2 |
| Cupboard | 58.4 | 35.1 | 49.4 |
| Clock | 45.8 | 28.8 | 39.2 |
| Fan | 54.6 | 35.9 | 47.4 |
| Invertor | 15.7 | 3.6 | 11.0 |
| Dhiki/janto | 25.6 | 47.8 | 34.1 |
| Means of transport |  |  |  |
| Bicycle/rickshaw | 38.7 | 35.0 | 37.3 |
| Animal-drawn cart | 2.5 | 3.7 | 3.0 |
| Motorcycle/scooter | 23.5 | 10.9 | 18.6 |
| Car/truck | 4.3 | 1.9 | 3.3 |
| Three-wheel tempo | 0.5 | 0.3 | 0.4 |
| Ownership of agricultural land | 71.5 | 87.0 | 77.5 |
| Ownership of farm animals ${ }^{1}$ | 58.8 | 86.5 | 69.5 |
| Number | 6.781 | 4,259 | 11,040 |

${ }^{1}$ Cows, bulls, buffalo, horses, donkeys, mules, goats, sheep, pigs, yaks, ducks, chickens, or other poultry

Table 2.6 Distance to nearest government health facility
Percent distribution of households with distance to the nearest government health facility, according to background characteristics, Nepal DHS 2016

| Background <br> characteristic | $<30$ <br> minutes | $30-60$ <br> minutes | $60+$ <br> minutes |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | ---: |
| Don't know |  |  |  |  |  |  | Total | Number of |
| ---: |
| households |

Table 2.7 Wealth quintiles
Percent distribution of the de jure population by wealth quintiles, and the Gini coefficient, according to residence and region, Nepal DHS 2016

| Residence/region | Wealth quintile |  |  |  |  | Total | Number of persons | Gini coefficient |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Lowest | Second | Middle | Fourth | Highest |  |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 12.5 | 18.6 | 17.4 | 21.4 | 30.1 | 100.0 | 27,920 | 0.28 |
| Rural | 31.1 | 22.1 | 23.8 | 17.9 | 5.0 | 100.0 | 18,877 | 0.28 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 57.8 | 23.4 | 8.3 | 5.7 | 4.9 | 100.0 | 3,230 | 0.38 |
| Hill | 31.0 | 20.5 | 11.2 | 14.6 | 22.6 | 100.0 | 19,793 | 0.37 |
| Terai | 5.7 | 19.1 | 28.9 | 26.4 | 19.9 | 100.0 | 23,774 | 0.24 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 16.9 | 24.2 | 24.3 | 20.5 | 14.1 | 100.0 | 10,718 | 0.32 |
| Central | 10.9 | 16.8 | 21.0 | 22.9 | 28.3 | 100.0 | 16,697 | 0.28 |
| Western | 15.6 | 18.5 | 17.1 | 23.1 | 25.6 | 100.0 | 9,116 | 0.31 |
| Mid-western | 45.3 | 20.2 | 16.0 | 11.5 | 7.0 | 100.0 | 6,040 | 0.37 |
| Far-western | 37.1 | 24.5 | 17.1 | 12.5 | 8.7 | 100.0 | 4,226 | 0.33 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 20.4 | 23.8 | 21.5 | 18.8 | 15.5 | 100.0 | 8,008 | 0.35 |
| Province 2 | 3.9 | 22.4 | 36.5 | 26.0 | 11.1 | 100.0 | 10,076 | 0.22 |
| Province 3 | 17.2 | 13.3 | 7.5 | 20.4 | 41.6 | 100.0 | 9,332 | 0.25 |
| Province 4 | 22.0 | 21.1 | 16.2 | 20.3 | 20.4 | 100.0 | 4,320 | 0.37 |
| Province 5 | 15.8 | 19.6 | 20.4 | 21.9 | 22.4 | 100.0 | 8,019 | 0.31 |
| Province 6 | 69.1 | 15.3 | 7.0 | 6.0 | 2.6 | 100.0 | 2,817 | 0.42 |
| Province 7 | 37.1 | 24.5 | 17.1 | 12.5 | 8.7 | 100.0 | 4,226 | 0.33 |
| Total | 20.0 | 20.0 | 20.0 | 20.0 | 20.0 | 100.0 | 46,797 | 0.31 |

## Table 2.8 Hand washing

Percentage of households in which the place most often used for washing hands was observed by whether the location was fixed or mobile and total percentage of households in which the place for hand washing was observed, and among households in which the place for hand washing was observed, percent distribution by availability of water, soap, and other cleansing agents, according to background characteristics, Nepal 2016

| Background characteristic | Percentage of households in which place for washing hands was observed: |  |  |  | Among households where place for hand washing was observed, percentage with: |  |  |  |  |  |  | Number of households in which place for hand washing observed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | And place for hand washing was a fixed place | And place for hand washing was mobile | Total | Number of households | Soap and water ${ }^{1}$ | Water and cleansing agent other than soap only ${ }^{2}$ | Water only | Soap but no water ${ }^{3}$ | Cleansing agent other than soap only ${ }^{2}$ | No water, no soap, no other cleansing agent | Total |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 84.9 | 14.8 | 99.7 | 6,781 | 57.4 | 6.4 | 18.5 | 1.3 | 1.1 | 15.3 | 100.0 | 6,762 |
| Rural | 74.7 | 25.1 | 99.8 | 4,259 | 30.7 | 10.9 | 27.6 | 0.8 | 2.1 | 27.9 | 100.0 | 4,250 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 70.4 | 29.0 | 99.3 | 781 | 28.9 | 6.8 | 22.2 | 0.7 | 2.8 | 38.6 | 100.0 | 776 |
| Hill | 83.9 | 15.9 | 99.8 | 5,134 | 51.2 | 9.2 | 19.0 | 1.2 | 2.2 | 17.1 | 100.0 | 5,122 |
| Terai | 79.6 | 20.2 | 99.8 | 5,125 | 45.7 | 7.2 | 25.1 | 1.0 | 0.5 | 20.4 | 100.0 | 5,113 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 81.1 | 18.6 | 99.7 | 2,590 | 46.7 | 7.4 | 26.7 | 1.0 | 0.6 | 17.6 | 100.0 | 2,582 |
| Central | 78.2 | 21.7 | 99.9 | 3,949 | 51.1 | 5.3 | 17.6 | 1.4 | 0.9 | 23.7 | 100.0 | 3,945 |
| Western | 90.2 | 9.6 | 99.8 | 2,245 | 49.4 | 8.8 | 27.5 | 0.8 | 1.6 | 11.9 | 100.0 | 2,241 |
| Mid-western | 72.3 | 27.2 | 99.5 | 1,339 | 32.2 | 13.6 | 19.9 | 1.2 | 4.8 | 28.3 | 100.0 | 1,333 |
| Far-western | 82.1 | 17.4 | 99.5 | 915 | 46.9 | 12.7 | 18.1 | 0.4 | 1.5 | 20.4 | 100.0 | 911 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 82.3 | 17.3 | 99.6 | 2,004 | 47.8 | 6.4 | 27.8 | 1.1 | 0.7 | 16.2 | 100.0 | 1,996 |
| Province 2 | 67.6 | 32.4 | 100.0 | 2,014 | 33.1 | 7.6 | 24.3 | 1.0 | 0.3 | 33.7 | 100.0 | 2,014 |
| Province 3 | 86.5 | 13.4 | 99.8 | 2,521 | 63.5 | 4.7 | 13.5 | 1.6 | 1.2 | 15.4 | 100.0 | 2,517 |
| Province 4 | 91.5 | 8.4 | 99.9 | 1,173 | 53.0 | 7.7 | 25.3 | 1.0 | 1.2 | 11.9 | 100.0 | 1,172 |
| Province 5 | 83.1 | 16.5 | 99.5 | 1,793 | 42.3 | 10.2 | 27.5 | 0.5 | 1.6 | 17.8 | 100.0 | 1,784 |
| Province 6 | 69.8 | 29.9 | 99.7 | 619 | 25.9 | 17.2 | 15.4 | 2.1 | 9.3 | 30.0 | 100.0 | 617 |
| Province 7 | 82.1 | 17.4 | 99.5 | 915 | 46.9 | 12.7 | 18.1 | 0.4 | 1.5 | 20.4 | 100.0 | 911 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 65.4 | 34.2 | 99.6 | 2,234 | 16.7 | 14.8 | 24.0 | 0.6 | 4.8 | 39.0 | 100.0 | 2,224 |
| Second | 78.9 | 20.9 | 99.8 | 2,225 | 34.1 | 13.2 | 26.9 | 0.9 | 1.6 | 23.2 | 100.0 | 2,221 |
| Middle | 77.7 | 22.2 | 99.9 | 2,065 | 37.2 | 8.8 | 28.4 | 1.1 | 0.6 | 23.8 | 100.0 | 2,064 |
| Fourth | 86.2 | 13.6 | 99.7 | 2,240 | 59.8 | 3.6 | 22.6 | 1.3 | 0.4 | 12.4 | 100.0 | 2,234 |
| Highest | 96.0 | 3.7 | 99.7 | 2,276 | 86.1 | 0.5 | 9.1 | 1.5 | 0.0 | 2.9 | 100.0 | 2,269 |
| Total | 80.9 | 18.8 | 99.7 | 11,040 | 47.1 | 8.1 | 22.1 | 1.1 | 1.5 | 20.2 | 100.0 | 11,011 |

${ }^{1}$ Soap includes soap or detergent in bar, liquid, powder, or paste form. This column includes households with soap and water only as well as those that had soap and water and another cleansing agent
${ }^{2}$ Cleansing agents other than soap include locally available materials such as ash, mud, or sand.
${ }^{3}$ Includes households with soap only as well as those with soap and another cleansing agent

Table 2.9 Household population by age, sex, and residence
Percent distribution of the de facto household population by 5 -year age groups, according to sex and residence, Nepal DHS 2016

| Age | Urban |  |  | Rural |  |  | Male | Female | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Male | Female | Total |  |  |  |
| <5 | 11.0 | 8.3 | 9.6 | 14.0 | 10.6 | 12.1 | 12.2 | 9.2 | 10.6 |
| 5-9 | 10.9 | 9.6 | 10.2 | 13.7 | 11.1 | 12.3 | 12.0 | 10.2 | 11.1 |
| 10-14 | 13.2 | 10.5 | 11.8 | 14.1 | 12.5 | 13.2 | 13.6 | 11.3 | 12.3 |
| 15-19 | 10.5 | 10.8 | 10.7 | 9.0 | 9.7 | 9.4 | 9.9 | 10.4 | 10.2 |
| 20-24 | 7.6 | 9.8 | 8.8 | 5.4 | 8.8 | 7.3 | 6.8 | 9.4 | 8.2 |
| 25-29 | 6.1 | 8.8 | 7.6 | 4.5 | 7.6 | 6.2 | 5.5 | 8.3 | 7.0 |
| 30-34 | 6.0 | 7.8 | 6.9 | 5.0 | 6.5 | 5.8 | 5.6 | 7.2 | 6.5 |
| 35-39 | 5.7 | 6.9 | 6.3 | 4.7 | 5.9 | 5.4 | 5.3 | 6.5 | 5.9 |
| 40-44 | 5.4 | 5.9 | 5.7 | 4.3 | 4.9 | 4.6 | 5.0 | 5.4 | 5.2 |
| 45-49 | 4.8 | 4.5 | 4.7 | 4.5 | 4.0 | 4.2 | 4.7 | 4.3 | 4.5 |
| 50-54 | 4.8 | 4.7 | 4.7 | 4.5 | 4.9 | 4.7 | 4.7 | 4.8 | 4.7 |
| 55-59 | 3.8 | 3.5 | 3.6 | 4.5 | 3.6 | 4.0 | 4.0 | 3.5 | 3.8 |
| 60-64 | 3.1 | 3.1 | 3.1 | 3.3 | 3.5 | 3.4 | 3.2 | 3.3 | 3.2 |
| 65-69 | 2.6 | 2.0 | 2.3 | 3.0 | 2.8 | 2.9 | 2.8 | 2.3 | 2.5 |
| 70-74 | 2.1 | 2.0 | 2.1 | 3.1 | 2.1 | 2.5 | 2.5 | 2.0 | 2.2 |
| 75-79 | 0.9 | 0.8 | 0.8 | 1.1 | 0.7 | 0.9 | 1.0 | 0.8 | 0.9 |
| 80+ | 1.2 | 1.1 | 1.2 | 1.3 | 0.9 | 1.1 | 1.2 | 1.0 | 1.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Dependency age groups |  |  |  |  |  |  |  |  |  |
| 0-14 | 35.2 | 28.4 | 31.6 | 41.8 | 34.2 | 37.6 | 37.8 | 30.8 | 34.0 |
| 15-64 | 58.0 | 65.7 | 62.1 | 49.7 | 59.3 | 55.0 | 54.7 | 63.1 | 59.2 |
| 65+ | 6.9 | 5.9 | 6.3 | 8.5 | 6.5 | 7.4 | 7.5 | 6.1 | 6.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Child and adult populations |  |  |  |  |  |  |  |  |  |
| 0-17 | 41.5 | 34.9 | 37.9 | 47.9 | 40.3 | 43.7 | 44.0 | 37.1 | 40.3 |
| 18+ | 58.5 | 65.1 | 62.1 | 52.1 | 59.7 | 56.3 | 56.0 | 62.9 | 59.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Adolescents 10-19 | 23.7 | 21.3 | 22.4 | 23.1 | 22.2 | 22.6 | 23.5 | 21.7 | 22.5 |
| Number of persons | 12,975 | 15,044 | 28,019 | 8,513 | 10,282 | 18,795 | 21,487 | 25,326 | 46,814 |

Table 2.10 Household composition
Percent distribution of households by sex of head of household and by household size, mean size of household, and percentage of households with orphans and foster children under age 18, according to residence, Nepal DHS 2016

| Characteristic | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Household headship |  |  |  |
| Male | 68.3 | 69.3 | 68.7 |
| Female | 31.7 | 30.7 | 31.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of usual members |  |  |  |
| 1 | 6.8 | 5.9 | 6.4 |
| 2 | 14.9 | 14.9 | 14.9 |
| 3 | 21.0 | 16.0 | 19.1 |
| 4 | 21.6 | 19.2 | 20.7 |
| 5 | 15.2 | 17.0 | 15.9 |
| 6 | 9.3 | 11.7 | 10.2 |
| 7 | 5.5 | 6.5 | 5.9 |
| 8 | 2.4 | 3.8 | 3.0 |
| $9+$ | 3.2 | 4.9 | 3.9 |
| Total | 100.0 | 100.0 | 100.0 |
| Mean size of households | 4.1 | 4.4 | 4.2 |
| Percentage of households with orphans and foster children under age 18 |  |  |  |
| Double orphans | 0.1 | 0.1 | 0.1 |
| Single orphans ${ }^{1}$ | 3.7 | 4.3 | 4.0 |
| Foster children ${ }^{2}$ | 9.1 | 8.8 | 9.0 |
| Foster and/or orphan children | 11.5 | 11.6 | 11.5 |
| Number of households | 6,781 | 4,259 | 11,040 |

Note: Table is based on de jure household members, i.e., usual residents.
${ }^{1}$ Includes children with one dead parent and an unknown survival status of the other parent
${ }^{2}$ Foster children are those under age 18 living in households with neither their mother nor their father present, and the mother and/or the father are alive.

Table 2.11 Migration status
Percentage distribution of women and men who migrated in the 10 years before the survey by selected background characteristics, Nepal DHS 2016

| Background characteristic | Women | Men | Total |
| :---: | :---: | :---: | :---: |
| Age at migration |  |  |  |
| <15 | 11.2 | 9.8 | 10.4 |
| 15-19 | 43.8 | 20.6 | 30.4 |
| 20-24 | 29.2 | 25.7 | 27.1 |
| 25-29 | 9.4 | 17.2 | 13.9 |
| 30-34 | 3.1 | 12.2 | 8.3 |
| 35-39 | 1.6 | 7.1 | 4.8 |
| 40-44 | 0.5 | 3.9 | 2.4 |
| 45-49 | 0.3 | 1.8 | 1.2 |
| 50+ | 1.0 | 1.7 | 1.4 |
| Total | 100.0 | 100.0 | 100.0 |
| Reason for migration |  |  |  |
| Work | 9.6 | 78.3 | 49.1 |
| Study | 10.9 | 14.2 | 12.8 |
| Marriage | 64.1 | 0.7 | 27.7 |
| Accompany family | 14.4 | 5.9 | 9.5 |
| Security | 0.2 | 0.2 | 0.2 |
| Other | 0.6 | 0.6 | 0.6 |
| Don't know | 0.2 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Residence |  |  |  |
| Urban | 54.0 | 53.5 | 53.7 |
| Rural | 46.0 | 46.5 | 46.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Ecological zone |  |  |  |
| Mountain | 8.1 | 7.7 | 7.8 |
| Hill | 47.0 | 45.5 | 46.2 |
| Terai | 44.9 | 46.8 | 46.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Development region |  |  |  |
| Eastern | 27.2 | 26.0 | 26.5 |
| Central | 33.4 | 30.4 | 31.7 |
| Western | 21.6 | 22.2 | 21.9 |
| Mid-western | 9.1 | 12.3 | 10.9 |
| Far-western | 8.7 | 9.2 | 9.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Province |  |  |  |
| Province 1 | 20.4 | 19.0 | 19.6 |
| Province 2 | 20.2 | 20.4 | 20.3 |
| Province 3 | 20.0 | 17.0 | 18.3 |
| Province 4 | 11.7 | 12.5 | 12.2 |
| Province 5 | 14.8 | 16.8 | 15.9 |
| Province 6 | 4.3 | 5.1 | 4.8 |
| Province 7 | 8.7 | 9.2 | 9.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Wealth quintile |  |  |  |
| Lowest | 20.6 | 21.1 | 20.9 |
| Second | 25.4 | 22.5 | 23.7 |
| Middle | 20.6 | 22.7 | 21.8 |
| Fourth | 17.3 | 18.8 | 18.2 |
| Highest | 16.1 | 14.9 | 15.4 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 3,756 | 5,080 | 8,836 |

Table 2.12.1 Duration and destination of migration: Women
Percentage of female migrants by years since migration and percent distribution of female migrants by destination, according to background characteristics, Nepal DHS 2016

| Background characteristic | Time since migration |  |  | Destination |  |  |  |  |  | Number of migrants |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $<1$ year | $<5$ years $^{1}$ | 5+ years | Within Nepal | India | Middle East | Other countries | Don't know | Total |  |
| Age at migration |  |  |  |  |  |  |  |  |  |  |
| <15 | 19.6 | 71.5 | 28.5 | 88.0 | 10.4 | 0.4 | 1.1 | 0.2 | 100.0 | 421 |
| 15-19 | 15.1 | 67.8 | 32.2 | 86.6 | 11.3 | 1.0 | 1.1 | 0.1 | 100.0 | 1,646 |
| 20-24 | 21.2 | 70.4 | 29.6 | 86.0 | 5.9 | 2.3 | 5.7 | 0.1 | 100.0 | 1,095 |
| 25-29 | 24.0 | 76.8 | 23.2 | 73.8 | 6.8 | 5.4 | 14.0 | 0.0 | 100.0 | 351 |
| 30-34 | 29.1 | 83.3 | 16.7 | 62.0 | 9.9 | 10.7 | 12.0 | 5.4 | 100.0 | 116 |
| 35-39 | 23.7 | 72.5 | 27.5 | 63.9 | 12.1 | 9.7 | 13.2 | 1.1 | 100.0 | 61 |
| 40-44 | * | * | * | * | * | * | * | * | * | 18 |
| 45-49 | * | * | * | * | * | * | * | * | * | 11 |
| 50+ | (51.3) | (84.8) | (15.2) | (51.5) | (15.1) | (0.0) | (33.4) | (0.0) | 100.0 | 37 |
| Reason for migration |  |  |  |  |  |  |  |  |  |  |
| Work | 29.8 | 86.5 | 13.5 | 52.3 | 6.5 | 21.8 | 19.4 | 0.0 | 100.0 | 362 |
| Study | 29.0 | 80.5 | 19.5 | 82.5 | 5.1 | 0.0 | 12.4 | 0.0 | 100.0 | 408 |
| Marriage | 13.6 | 64.4 | 35.6 | 90.2 | 9.1 | 0.1 | 0.6 | 0.1 | 100.0 | 2,408 |
| Accompany family | 28.2 | 80.5 | 19.5 | 77.5 | 15.0 | 0.7 | 6.5 | 0.3 | 100.0 | 540 |
| Security | * | * | * | * | * | * | * | * | * | 7 |
| Other | (46.9) | (82.4) | (17.6) | (69.4) | (10.0) | (0.0) | (16.4) | (4.1) | 100.0 | 24 |
| Don't know | * | * | * | * | * | * | * | * | * | 7 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 17.6 | 68.8 | 31.2 | 80.3 | 9.3 | 3.1 | 6.8 | 0.4 | 100.0 | 2,029 |
| Rural | 21.0 | 72.9 | 27.1 | 87.4 | 9.2 | 1.3 | 2.0 | 0.1 | 100.0 | 1,727 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 27.0 | 83.3 | 16.7 | 90.6 | 4.5 | 3.3 | 1.6 | 0.0 | 100.0 | 304 |
| Hill | 20.0 | 71.0 | 29.0 | 86.8 | 4.4 | 2.3 | 6.2 | 0.4 | 100.0 | 1,765 |
| Terai | 16.9 | 68.1 | 31.9 | 78.9 | 15.3 | 2.1 | 3.5 | 0.2 | 100.0 | 1,687 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 19.5 | 69.6 | 30.4 | 85.6 | 7.5 | 2.6 | 4.1 | 0.1 | 100.0 | 1,021 |
| Central | 17.0 | 68.8 | 31.2 | 81.3 | 9.1 | 2.8 | 6.3 | 0.5 | 100.0 | 1,255 |
| Western | 17.3 | 68.6 | 31.4 | 84.2 | 8.2 | 2.4 | 5.2 | 0.0 | 100.0 | 812 |
| Mid-western | 27.1 | 80.0 | 20.0 | 87.4 | 8.8 | 1.2 | 1.9 | 0.8 | 100.0 | 341 |
| Far-western | 22.9 | 77.0 | 23.0 | 80.3 | 19.0 | 0.0 | 0.7 | 0.0 | 100.0 | 326 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 21.3 | 70.7 | 29.3 | 84.4 | 6.8 | 3.5 | 5.1 | 0.1 | 100.0 | 765 |
| Province 2 | 12.5 | 66.4 | 33.6 | 83.0 | 16.3 | 0.2 | 0.6 | 0.0 | 100.0 | 760 |
| Province 3 | 20.6 | 70.3 | 29.7 | 82.3 | 1.9 | 4.6 | 10.3 | 0.8 | 100.0 | 752 |
| Province 4 | 19.2 | 71.9 | 28.1 | 88.1 | 2.2 | 1.8 | 8.0 | 0.0 | 100.0 | 439 |
| Province 5 | 17.9 | 69.2 | 30.8 | 82.0 | 12.6 | 2.7 | 2.2 | 0.5 | 100.0 | 554 |
| Province 6 | 30.7 | 81.8 | 18.2 | 87.8 | 10.6 | 0.5 | 1.1 | 0.0 | 100.0 | 160 |
| Province 7 | 22.9 | 77.0 | 23.0 | 80.3 | 19.0 | 0.0 | 0.7 | 0.0 | 100.0 | 326 |
| Wealth quintile 77.0 |  |  |  |  |  |  |  |  |  |  |
| Lowest | 25.0 | 77.6 | 22.4 | 90.3 | 6.7 | 2.0 | 0.9 | 0.2 | 100.0 | 774 |
| Second | 19.6 | 72.0 | 28.0 | 88.1 | 8.3 | 1.7 | 1.8 | 0.0 | 100.0 | 954 |
| Middle | 15.3 | 65.8 | 34.2 | 84.9 | 11.8 | 1.2 | 2.0 | 0.1 | 100.0 | 775 |
| Fourth | 16.1 | 68.1 | 31.9 | 80.6 | 10.5 | 3.6 | 4.3 | 1.1 | 100.0 | 650 |
| Highest | 19.2 | 68.8 | 31.2 | 69.3 | 9.6 | 3.6 | 17.5 | 0.0 | 100.0 | 604 |
| Total | 19.2 | 70.7 | 29.3 | 83.6 | 9.3 | 2.3 | 4.6 | 0.3 | 100.0 | 3,756 |

[^0]Table 2.12.2 Duration and destination of migration: Men
Percentage of male migrants by years since migration and percent distribution of male migrants by destination, according to background characteristics, Nepal DHS 2016

| Background characteristic | Time since migration |  |  | Destination |  |  |  |  |  | Number of migrants |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | <1 year | $<5$ years $^{1}$ | $5+$ years | Within Nepal | India | Middle East | Other countries | Don't know | Total |  |
| Age at migration |  |  |  |  |  |  |  |  |  |  |
| $<15$ | 26.9 | 75.6 | 24.4 | 87.1 | 12.0 | 0.0 | 0.6 | 0.3 | 100.0 | 500 |
| 15-19 | 31.2 | 82.8 | 17.2 | 44.2 | 26.2 | 14.5 | 15.0 | 0.0 | 100.0 | 1,045 |
| 20-24 | 31.3 | 86.0 | 14.0 | 23.6 | 14.5 | 34.8 | 27.0 | 0.0 | 100.0 | 1,303 |
| 25-29 | 30.3 | 83.6 | 16.4 | 21.2 | 10.8 | 41.9 | 26.1 | 0.0 | 100.0 | 874 |
| 30-34 | 36.6 | 86.2 | 13.8 | 15.2 | 13.6 | 49.0 | 22.2 | 0.0 | 100.0 | 621 |
| 35-39 | 39.6 | 89.7 | 10.3 | 17.0 | 14.1 | 50.8 | 18.2 | 0.0 | 100.0 | 362 |
| 40-44 | 35.1 | 91.4 | 8.6 | 14.0 | 18.9 | 53.5 | 13.6 | 0.0 | 100.0 | 199 |
| 45-49 | 37.3 | 81.6 | 18.4 | 22.2 | 26.9 | 37.4 | 13.4 | 0.0 | 100.0 | 91 |
| 50+ | 50.8 | 87.7 | 12.3 | 32.5 | 34.0 | 15.1 | 16.3 | 2.1 | 100.0 | 84 |
| Reason for migration |  |  |  |  |  |  |  |  |  |  |
| Work | 34.2 | 86.4 | 13.6 | 18.9 | 18.7 | 40.4 | 22.1 | 0.0 | 100.0 | 3,977 |
| Study | 27.6 | 78.5 | 21.5 | 75.9 | 8.9 | 1.0 | 14.3 | 0.0 | 100.0 | 723 |
| Marriage | (9.3) | (62.6) | (37.4) | (91.2) | (8.8) | (0.0) | (0.0) | (0.0) | 100.0 | 36 |
| Accompany family | 26.2 | 76.9 | 23.1 | 85.3 | 10.0 | 0.3 | 4.4 | 0.0 | 100.0 | 300 |
| Security | * | * | * | * | * | * | * | * | * | 10 |
| Other | (31.6) | (65.7) | (34.3) | (77.4) | (7.8) | (0.0) | (10.2) | (4.6) | 100.0 | 31 |
| Don't know | * | * | * | * | * | * | * | * | * | 3 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 30.0 | 83.0 | 17.0 | 28.8 | 16.2 | 33.9 | 21.1 | 0.1 | 100.0 | 2,719 |
| Rural | 35.3 | 86.0 | 14.0 | 35.6 | 17.1 | 29.3 | 18.0 | 0.1 | 100.0 | 2,361 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 33.7 | 84.5 | 15.5 | 61.4 | 17.3 | 9.1 | 12.0 | 0.2 | 100.0 | 389 |
| Hill | 30.9 | 82.8 | 17.2 | 34.8 | 17.8 | 26.4 | 21.0 | 0.0 | 100.0 | 2,314 |
| Terai | 33.8 | 85.9 | 14.1 | 24.3 | 15.3 | 40.7 | 19.6 | 0.1 | 100.0 | 2,377 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 31.3 | 85.1 | 14.9 | 29.4 | 8.6 | 40.9 | 21.0 | 0.1 | 100.0 | 1,322 |
| Central | 30.0 | 83.0 | 17.0 | 38.2 | 7.2 | 32.0 | 22.5 | 0.0 | 100.0 | 1,542 |
| Western | 31.5 | 83.7 | 16.3 | 24.3 | 15.6 | 37.2 | 22.9 | 0.1 | 100.0 | 1,127 |
| Mid-western | 41.9 | 88.5 | 11.5 | 28.5 | 36.8 | 20.8 | 13.9 | 0.1 | 100.0 | 623 |
| Far-western | 33.9 | 83.1 | 16.9 | 41.1 | 46.0 | 6.4 | 6.3 | 0.1 | 100.0 | 465 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 31.7 | 85.5 | 14.5 | 30.6 | 8.6 | 39.3 | 21.4 | 0.1 | 100.0 | 966 |
| Province 2 | 32.9 | 85.1 | 14.9 | 26.6 | 9.9 | 45.4 | 18.1 | 0.0 | 100.0 | 1,035 |
| Province 3 | 26.7 | 80.8 | 19.2 | 47.3 | 4.6 | 21.4 | 26.7 | 0.0 | 100.0 | 863 |
| Province 4 | 27.1 | 82.9 | 17.1 | 27.7 | 8.9 | 38.8 | 24.6 | 0.1 | 100.0 | 637 |
| Province 5 | 35.5 | 85.0 | 15.0 | 23.0 | 26.7 | 32.6 | 17.7 | 0.0 | 100.0 | 853 |
| Province 6 | 54.1 | 92.9 | 7.1 | 30.5 | 46.3 | 9.2 | 13.9 | 0.2 | 100.0 | 260 |
| Province 7 | 33.9 | 83.1 | 16.9 | 41.1 | 46.0 | 6.4 | 6.3 | 0.1 | 100.0 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 36.0 | 88.1 | 11.9 | 35.1 | 31.3 | 18.8 | 14.8 | 0.1 | 100.0 | 1,070 |
| Second | 31.4 | 85.0 | 15.0 | 38.7 | 16.8 | 26.6 | 17.9 | 0.1 | 100.0 | 1,143 |
| Middle | 35.0 | 85.0 | 15.0 | 27.7 | 14.0 | 39.2 | 19.1 | 0.0 | 100.0 | 1,153 |
| Fourth | 29.8 | 81.3 | 18.7 | 29.0 | 9.2 | 43.6 | 18.1 | 0.1 | 100.0 | 956 |
| Highest | 28.9 | 81.0 | 19.0 | 27.5 | 9.1 | 31.6 | 31.7 | 0.1 | 100.0 | 758 |
| Total | 32.5 | 84.4 | 15.6 | 31.9 | 16.6 | 31.8 | 19.6 | 0.1 | 100.0 | 5,080 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes those who migrated since less than a year prior to the survey

Table 2.13 Birth registration of children under age 5
Percentage of de jure children under age 5 whose births are registered with the civil authorities, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of children whose births are registered and who: |  |  | Number of children |
| :---: | :---: | :---: | :---: | :---: |
|  | Had a birth certificate | Did not have a birth certificate | Total percentage of children whose births are registered |  |
| Age |  |  |  |  |
| <2 | 37.0 | 3.3 | 40.3 | 1,931 |
| 2-4 | 62.2 | 4.6 | 66.8 | 2,909 |
| Sex |  |  |  |  |
| Male | 52.6 | 4.5 | 57.1 | 2,580 |
| Female | 51.7 | 3.5 | 55.2 | 2,260 |
| Residence |  |  |  |  |
| Urban | 51.1 | 3.8 | 54.8 | 2,619 |
| Rural | 53.4 | 4.4 | 57.8 | 2,222 |
| Ecological zone |  |  |  |  |
| Mountain | 66.4 | 5.0 | 71.4 | 353 |
| Hill | 56.3 | 4.4 | 60.8 | 1,859 |
| Terai | 47.3 | 3.6 | 50.9 | 2,628 |
| Development region |  |  |  |  |
| Eastern | 53.1 | 4.1 | 57.2 | 1,091 |
| Central | 49.6 | 3.5 | 53.1 | 1,768 |
| Western | 54.2 | 2.4 | 56.6 | 887 |
| Mid-western | 57.5 | 5.8 | 63.4 | 666 |
| Far-western | 47.5 | 6.9 | 54.4 | 428 |
| Province |  |  |  |  |
| Province 1 | 58.4 | 3.0 | 61.4 | 776 |
| Province 2 | 42.1 | 2.9 | 45.0 | 1,286 |
| Province 3 | 58.0 | 5.7 | 63.7 | 798 |
| Province 4 | 60.1 | 0.8 | 60.8 | 385 |
| Province 5 | 52.7 | 4.2 | 56.8 | 840 |
| Province 6 | 58.1 | 6.8 | 64.9 | 328 |
| Province 7 | 47.5 | 6.9 | 54.4 | 428 |
| Wealth quintile |  |  |  |  |
| Lowest | 52.4 | 5.6 | 58.1 | 1,050 |
| Second | 56.1 | 2.6 | 58.7 | 1,000 |
| Middle | 50.1 | 4.4 | 54.5 | 1,073 |
| Fourth | 52.0 | 3.3 | 55.2 | 953 |
| Highest | 49.7 | 4.3 | 54.1 | 765 |
| Total | 52.2 | 4.0 | 56.2 | 4,840 |

Table 2.14 Children's living arrangements and orphanhood
Percent distribution of de jure children under age 18 by living arrangements and survival status of parents, percentage of children not living with a biological parent, and percentage of children with one or both parents dead, according to background characteristics, Nepal DHS 2016

| Background characteristic | Living with both parents | Living with mother but not with father |  | Living with father but not with mother |  | Not living with either parent |  |  |  |  |  | Percent age not living with a biological parent | Percent age with one or both parents dead ${ }^{1}$ | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Father alive | Father dead | Mother alive | Mother dead | Both alive | Only father alive | Only mother alive | Both dead | Missing information on father/ mother | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-4 | 56.7 | 40.8 | 0.5 | 0.2 | 0.2 | 1.4 | 0.1 | 0.0 | 0.0 | 0.0 | 100.0 | 1.5 | 0.8 | 4,840 |
| <2 | 59.1 | 40.2 | 0.2 | 0.0 | 0.1 | 0.2 | 0.2 | 0.0 | 0.0 | 0.0 | 100.0 | 0.4 | 0.5 | 1,931 |
| 2-4 | 55.1 | 41.2 | 0.7 | 0.4 | 0.2 | 2.2 | 0.1 | 0.0 | 0.0 | 0.1 | 100.0 | 2.3 | 1.0 | 2,909 |
| 5-9 | 56.2 | 34.8 | 1.2 | 1.2 | 0.8 | 4.9 | 0.5 | 0.2 | 0.0 | 0.2 | 100.0 | 5.6 | 2.8 | 5,165 |
| 10-14 | 59.5 | 26.6 | 2.5 | 1.9 | 1.4 | 6.6 | 0.7 | 0.5 | 0.1 | 0.2 | 100.0 | 7.9 | 5.2 | 5,760 |
| 15-17 | 58.2 | 18.4 | 4.0 | 2.2 | 1.6 | 13.4 | 0.7 | 1.0 | 0.3 | 0.2 | 100.0 | 15.4 | 7.5 | 2,906 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 57.7 | 32.3 | 1.8 | 1.6 | 0.8 | 4.8 | 0.4 | 0.4 | 0.1 | 0.2 | 100.0 | 5.7 | 3.4 | 9,395 |
| Female | 57.6 | 30.2 | 1.9 | 1.1 | 1.1 | 6.9 | 0.6 | 0.4 | 0.1 | 0.1 | 100.0 | 7.9 | 4.1 | 9,276 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 57.4 | 30.4 | 1.9 | 1.6 | 1.0 | 6.6 | 0.5 | 0.4 | 0.1 | 0.2 | 100.0 | 7.6 | 3.9 | 10,477 |
| Rural | 58.0 | 32.4 | 1.8 | 1.0 | 0.9 | 4.9 | 0.5 | 0.3 | 0.1 | 0.1 | 100.0 | 5.8 | 3.6 | 8,195 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 64.8 | 20.5 | 2.5 | 1.9 | 2.0 | 6.8 | 0.4 | 1.0 | 0.2 | 0.0 | 100.0 | 8.3 | 6.1 | 1,399 |
| Hill | 56.3 | 31.6 | 2.3 | 1.3 | 0.7 | 6.6 | 0.6 | 0.4 | 0.1 | 0.1 | 100.0 | 7.7 | 4.1 | 7,334 |
| Terai | 57.7 | 32.6 | 1.4 | 1.3 | 1.0 | 5.1 | 0.4 | 0.2 | 0.1 | 0.2 | 100.0 | 5.9 | 3.1 | 9,938 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 59.0 | 29.9 | 1.2 | 1.0 | 1.0 | 6.5 | 0.6 | 0.4 | 0.1 | 0.2 | 100.0 | 7.7 | 3.3 | 4,133 |
| Central | 59.3 | 29.2 | 1.7 | 1.6 | 0.9 | 6.3 | 0.5 | 0.3 | 0.1 | 0.1 | 100.0 | 7.2 | 3.5 | 6,438 |
| Western | 53.9 | 36.0 | 1.7 | 1.4 | 1.0 | 5.1 | 0.3 | 0.3 | 0.1 | 0.2 | 100.0 | 5.8 | 3.3 | 3,478 |
| Mid-western | 57.3 | 31.8 | 2.4 | 1.2 | 0.6 | 5.2 | 0.7 | 0.6 | 0.0 | 0.1 | 100.0 | 6.5 | 4.3 | 2,715 |
| Far-western | 56.2 | 31.7 | 3.4 | 1.3 | 1.6 | 5.0 | 0.1 | 0.4 | 0.1 | 0.2 | 100.0 | 5.6 | 5.5 | 1,907 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 59.9 | 26.9 | 1.2 | 1.3 | 1.3 | 7.7 | 0.8 | 0.5 | 0.1 | 0.2 | 100.0 | 9.1 | 3.9 | 3,031 |
| Province 2 | 57.6 | 35.4 | 1.0 | 0.6 | 0.6 | 4.2 | 0.4 | 0.1 | 0.1 | 0.0 | 100.0 | 4.7 | 2.2 | 4,562 |
| Province 3 | 61.0 | 23.1 | 2.5 | 2.6 | 1.0 | 8.4 | 0.7 | 0.5 | 0.1 | 0.2 | 100.0 | 9.7 | 4.8 | 2,978 |
| Province 4 | 49.4 | 38.9 | 1.7 | 1.4 | 0.9 | 6.5 | 0.4 | 0.3 | 0.3 | 0.3 | 100.0 | 7.5 | 3.6 | 1,538 |
| Province 5 | 56.6 | 34.1 | 1.8 | 1.3 | 0.9 | 4.3 | 0.5 | 0.4 | 0.0 | 0.1 | 100.0 | 5.2 | 3.6 | 3,307 |
| Province 6 | 59.5 | 29.0 | 2.9 | 1.1 | 0.5 | 5.9 | 0.5 | 0.4 | 0.0 | 0.0 | 100.0 | 7.0 | 4.4 | 1,348 |
| Province 7 | 56.2 | 31.7 | 3.4 | 1.3 | 1.6 | 5.0 | 0.1 | 0.4 | 0.1 | 0.2 | 100.0 | 5.6 | 5.5 | 1,907 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 60.7 | 28.1 | 2.8 | 1.1 | 1.4 | 5.0 | 0.4 | 0.3 | 0.1 | 0.1 | 100.0 | 5.8 | 5.0 | 4,346 |
| Second | 56.5 | 33.5 | 1.8 | 1.0 | 0.9 | 5.3 | 0.5 | 0.3 | 0.1 | 0.1 | 100.0 | 6.3 | 3.6 | 3,860 |
| Middle | 54.0 | 36.3 | 1.2 | 1.1 | 0.9 | 5.0 | 0.8 | 0.4 | 0.0 | 0.2 | 100.0 | 6.3 | 3.4 | 3,913 |
| Fourth | 53.4 | 34.0 | 2.2 | 1.7 | 0.6 | 7.3 | 0.4 | 0.4 | 0.0 | 0.1 | 100.0 | 8.1 | 3.6 | 3,613 |
| Highest | 64.9 | 23.1 | 1.0 | 1.9 | 0.9 | 7.1 | 0.3 | 0.5 | 0.1 | 0.2 | 100.0 | 8.0 | 2.7 | 2,939 |
| Total <15 | 57.6 | 33.7 | 1.5 | 1.2 | 0.8 | 4.5 | 0.5 | 0.3 | 0.0 | 0.1 | 100.0 | 5.2 | 3.0 | 15,766 |
| Total <18 | 57.7 | 31.3 | 1.9 | 1.3 | 0.9 | 5.8 | 0.5 | 0.4 | 0.1 | 0.1 | 100.0 | 6.8 | 3.7 | 18,671 |

Note: Table is based on de jure household members, i.e., usual residents
Includes children with father dead, mother dead, both dead, and one parent dead but missing information on survival status of the other parent

Table 2.15.1 Educational attainment of the female household population
Percent distribution of the de facto female household population age 6 and over by highest level of schooling attended or completed and median years completed, according to background characteristics, Nepal DHS 2016

| Background characteristic | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary | Total | Number | Median years completed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |
| 6-9 | 23.9 | 74.9 | 0.9 | 0.3 | 0.0 | 0.0 | 100.0 | 2,090 | 0.5 |
| 10-14 | 3.7 | 41.3 | 16.5 | 38.1 | 0.4 | 0.1 | 100.0 | 2,858 | 4.3 |
| 15-19 | 5.8 | 7.2 | 5.7 | 48.6 | 18.2 | 14.5 | 100.0 | 2,625 | 8.1 |
| 20-24 | 14.0 | 9.2 | 6.7 | 30.1 | 11.7 | 28.3 | 100.0 | 2,375 | 8.3 |
| 25-29 | 27.1 | 11.7 | 7.5 | 20.3 | 9.1 | 24.2 | 100.0 | 2,108 | 6.1 |
| 30-34 | 37.4 | 15.1 | 7.7 | 19.9 | 7.6 | 12.3 | 100.0 | 1,832 | 3.5 |
| 35-39 | 53.5 | 12.3 | 5.7 | 16.4 | 5.7 | 6.4 | 100.0 | 1,637 | 0.0 |
| 40-44 | 61.9 | 10.8 | 4.7 | 12.8 | 4.7 | 4.9 | 100.0 | 1,380 | 0.0 |
| 45-49 | 73.0 | 10.2 | 2.6 | 6.9 | 3.4 | 4.0 | 100.0 | 1,088 | 0.0 |
| 50-54 | 83.6 | 7.6 | 1.7 | 4.4 | 1.9 | 0.8 | 100.0 | 1,205 | 0.0 |
| 55-59 | 89.8 | 4.0 | 2.0 | 2.6 | 0.5 | 1.1 | 100.0 | 899 | 0.0 |
| 60-64 | 91.2 | 4.6 | 0.7 | 1.1 | 0.9 | 1.4 | 100.0 | 828 | 0.0 |
| 65+ | 95.8 | 2.4 | 0.4 | 0.9 | 0.1 | 0.4 | 100.0 | 1,556 | 0.0 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 35.2 | 18.1 | 5.8 | 21.3 | 7.4 | 12.2 | 100.0 | 13,517 | 3.3 |
| Rural | 46.6 | 21.2 | 6.1 | 18.1 | 3.7 | 4.3 | 100.0 | 8,965 | 0.3 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 44.3 | 20.1 | 5.6 | 19.3 | 3.7 | 7.0 | 100.0 | 1,462 | 0.8 |
| Hill | 34.8 | 18.0 | 6.0 | 22.3 | 7.0 | 11.9 | 100.0 | 9,628 | 3.4 |
| Terai | 43.3 | 20.3 | 5.9 | 18.2 | 5.3 | 7.0 | 100.0 | 11,392 | 1.1 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 39.5 | 18.9 | 6.2 | 20.7 | 7.0 | 7.7 | 100.0 | 5,142 | 2.2 |
| Central | 42.1 | 18.6 | 5.5 | 17.0 | 5.6 | 11.3 | 100.0 | 7,856 | 1.5 |
| Western | 35.1 | 19.4 | 6.2 | 22.9 | 6.4 | 10.0 | 100.0 | 4,507 | 3.1 |
| Mid-western | 39.1 | 21.8 | 6.4 | 21.9 | 5.0 | 5.9 | 100.0 | 2,901 | 1.9 |
| Far-western | 42.5 | 19.5 | 5.7 | 21.2 | 4.5 | 6.6 | 100.0 | 2,076 | 1.4 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 35.7 | 18.3 | 6.8 | 22.8 | 7.4 | 9.0 | 100.0 | 3,839 | 3.2 |
| Province 2 | 52.9 | 21.3 | 5.4 | 13.4 | 3.7 | 3.3 | 100.0 | 4,723 | 0.0 |
| Province 3 | 33.0 | 16.4 | 5.3 | 20.0 | 7.7 | 17.7 | 100.0 | 4,435 | 4.1 |
| Province 4 | 34.5 | 16.3 | 6.6 | 24.7 | 6.8 | 11.1 | 100.0 | 2,173 | 3.8 |
| Province 5 | 36.7 | 22.1 | 6.3 | 21.6 | 5.7 | 7.6 | 100.0 | 3,924 | 2.5 |
| Province 6 | 40.2 | 21.4 | 5.8 | 21.4 | 4.7 | 6.4 | 100.0 | 1,311 | 1.5 |
| Province 7 | 42.5 | 19.5 | 5.7 | 21.2 | 4.5 | 6.6 | 100.0 | 2,076 | 1.4 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 47.8 | 23.9 | 6.3 | 17.6 | 2.3 | 2.2 | 100.0 | 4,432 | 0.0 |
| Second | 45.5 | 19.8 | 6.0 | 19.6 | 4.0 | 5.0 | 100.0 | 4,571 | 0.6 |
| Middle | 45.3 | 21.4 | 5.8 | 18.6 | 4.6 | 4.3 | 100.0 | 4,513 | 0.5 |
| Fourth | 37.8 | 17.4 | 6.4 | 21.6 | 7.6 | 9.2 | 100.0 | 4,511 | 2.9 |
| Highest | 22.1 | 14.0 | 5.2 | 22.7 | 11.2 | 24.8 | 100.0 | 4,455 | 7.1 |
| Total | 39.7 | 19.3 | 5.9 | 20.0 | 5.9 | 9.1 | 100.0 | 22,482 | 2.1 |

[^1]Table 2.15.2 Educational attainment of the male household population
Percent distribution of the de facto male household population age 6 and over by highest level of schooling attended or completed and median years completed, according to background characteristics, Nepal DHS 2016

| Background characteristic | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary | Don't know | Total | Number | Median years completed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |  |
| 6-9 | 28.2 | 71.0 | 0.7 | 0.1 | 0.0 | 0.0 | 0.0 | 100.0 | 2,071 | 0.3 |
| 10-14 | 3.8 | 41.8 | 17.0 | 37.3 | 0.2 | 0.0 | 0.0 | 100.0 | 2,916 | 4.3 |
| 15-19 | 1.7 | 6.2 | 5.8 | 52.3 | 18.8 | 15.2 | 0.0 | 100.0 | 2,134 | 8.2 |
| 20-24 | 4.2 | 9.4 | 5.9 | 28.8 | 15.5 | 36.2 | 0.0 | 100.0 | 1,451 | 9.1 |
| 25-29 | 7.4 | 10.8 | 6.0 | 27.6 | 13.4 | 34.6 | 0.3 | 100.0 | 1,174 | 8.8 |
| 30-34 | 11.3 | 14.3 | 8.7 | 30.5 | 12.2 | 22.8 | 0.2 | 100.0 | 1,196 | 7.6 |
| 35-39 | 14.2 | 17.4 | 7.6 | 30.6 | 12.9 | 16.7 | 0.5 | 100.0 | 1,145 | 7.1 |
| 40-44 | 20.9 | 14.3 | 8.8 | 25.6 | 12.7 | 17.3 | 0.4 | 100.0 | 1,070 | 6.4 |
| 45-49 | 23.5 | 18.3 | 7.3 | 24.1 | 10.6 | 15.8 | 0.4 | 100.0 | 1,015 | 5.2 |
| 50-54 | 32.7 | 20.9 | 5.6 | 18.7 | 9.6 | 12.1 | 0.4 | 100.0 | 1,010 | 3.2 |
| 55-59 | 42.6 | 19.4 | 8.5 | 15.1 | 6.4 | 7.9 | 0.0 | 100.0 | 869 | 1.7 |
| 60-64 | 49.2 | 19.9 | 7.4 | 11.0 | 6.2 | 6.2 | 0.2 | 100.0 | 691 | 0.0 |
| 65+ | 68.1 | 13.6 | 4.8 | 7.0 | 2.5 | 3.8 | 0.2 | 100.0 | 1,612 | 0.0 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 16.9 | 22.4 | 7.5 | 26.4 | 10.0 | 16.6 | 0.2 | 100.0 | 11,264 | 5.6 |
| Rural | 26.3 | 28.3 | 7.9 | 24.2 | 6.2 | 6.9 | 0.1 | 100.0 | 7,091 | 3.3 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 21.9 | 28.0 | 8.6 | 24.0 | 7.1 | 10.2 | 0.1 | 100.0 | 1,188 | 4.0 |
| Hill | 16.0 | 23.8 | 7.6 | 27.3 | 9.1 | 15.9 | 0.3 | 100.0 | 7,914 | 5.4 |
| Terai | 24.3 | 25.0 | 7.6 | 24.2 | 8.2 | 10.6 | 0.1 | 100.0 | 9,254 | 4.1 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 21.4 | 23.3 | 7.5 | 27.2 | 9.2 | 11.4 | 0.1 | 100.0 | 4,230 | 4.7 |
| Central | 21.9 | 23.0 | 7.1 | 22.2 | 9.3 | 16.2 | 0.3 | 100.0 | 6,767 | 4.7 |
| Western | 18.0 | 24.6 | 8.0 | 27.9 | 9.1 | 12.4 | 0.1 | 100.0 | 3,559 | 4.9 |
| Mid-western | 20.5 | 30.1 | 9.0 | 27.0 | 5.4 | 7.9 | 0.1 | 100.0 | 2,258 | 3.9 |
| Far-western | 18.4 | 28.1 | 8.1 | 28.2 | 6.6 | 10.6 | 0.1 | 100.0 | 1,541 | 4.4 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 19.2 | 23.2 | 8.0 | 28.6 | 9.1 | 11.8 | 0.1 | 100.0 | 3,222 | 5.0 |
| Province 2 | 30.6 | 25.0 | 6.8 | 21.4 | 7.7 | 8.3 | 0.1 | 100.0 | 3,851 | 2.9 |
| Province 3 | 15.0 | 21.2 | 7.0 | 23.1 | 10.9 | 22.4 | 0.5 | 100.0 | 3,924 | 6.4 |
| Province 4 | 17.2 | 23.0 | 8.2 | 28.5 | 9.4 | 13.5 | 0.1 | 100.0 | 1,667 | 5.3 |
| Province 5 | 19.9 | 27.7 | 8.3 | 27.5 | 7.2 | 9.4 | 0.1 | 100.0 | 3,108 | 4.3 |
| Province 6 | 19.2 | 29.8 | 8.8 | 26.3 | 6.2 | 9.6 | 0.0 | 100.0 | 1,041 | 4.1 |
| Province 7 | 18.4 | 28.1 | 8.1 | 28.2 | 6.6 | 10.6 | 0.1 | 100.0 | 1,541 | 4.4 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 28.5 | 35.3 | 8.6 | 21.6 | 3.1 | 2.8 | 0.0 | 100.0 | 3,492 | 2.2 |
| Second | 26.3 | 28.6 | 8.4 | 25.6 | 5.8 | 5.3 | 0.0 | 100.0 | 3,546 | 3.3 |
| Middle | 26.5 | 25.0 | 8.7 | 26.2 | 7.2 | 6.4 | 0.1 | 100.0 | 3,596 | 3.8 |
| Fourth | 16.4 | 21.5 | 8.1 | 29.3 | 11.6 | 13.0 | 0.2 | 100.0 | 3,720 | 5.7 |
| Highest | 7.1 | 14.7 | 4.9 | 24.8 | 14.0 | 34.0 | 0.5 | 100.0 | 4,001 | 8.8 |
| Total | 20.6 | 24.7 | 7.7 | 25.5 | 8.5 | 12.9 | 0.2 | 100.0 | 18,355 | 4.6 |

[^2]Table 2.16 School attendance ratios
Net attendance ratios (NAR) and gross attendance ratios (GAR) for the de facto household population by sex and leve of schooling, and the gender parity index (GPI), according to background characteristics, Nepal DHS 2016

| Background characteristic | Net attendance ratio ${ }^{1}$ |  |  |  | Gross attendance ratio ${ }^{2}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Gender parity index ${ }^{3}$ | Male | Female | Total | Gender parity index ${ }^{3}$ |
| PRIMARY SCHOOL |  |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 82.3 | 83.3 | 82.8 | 1.01 | 112.8 | 113.7 | 113.3 | 1.01 |
| Rural | 75.9 | 78.3 | 77.1 | 1.03 | 111.1 | 114.4 | 112.7 | 1.03 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 84.6 | 86.4 | 85.5 | 1.02 | 115.8 | 124.7 | 120.0 | 1.08 |
| Hill | 84.6 | 87.0 | 85.8 | 1.03 | 114.8 | 118.0 | 116.4 | 1.03 |
| Terai | 75.0 | 76.2 | 75.6 | 1.02 | 109.6 | 110.0 | 109.8 | 1.00 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 80.3 | 82.3 | 81.3 | 1.02 | 108.5 | 117.6 | 112.8 | 1.08 |
| Central | 73.4 | 74.3 | 73.8 | 1.01 | 105.1 | 107.6 | 106.3 | 1.02 |
| Western | 81.4 | 84.4 | 82.9 | 1.04 | 116.8 | 116.8 | 116.8 | 1.00 |
| Mid-western | 86.4 | 86.7 | 86.5 | 1.00 | 120.7 | 121.8 | 121.3 | 1.01 |
| Far-western | 83.4 | 84.8 | 84.1 | 1.02 | 121.2 | 111.0 | 115.7 | 0.92 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 82.2 | 82.2 | 82.2 | 1.00 | 109.1 | 113.5 | 111.2 | 1.04 |
| Province 2 | 66.8 | 68.4 | 67.6 | 1.02 | 100.9 | 106.4 | 103.6 | 1.05 |
| Province 3 | 85.6 | 88.4 | 87.0 | 1.03 | 113.2 | 118.1 | 115.5 | 1.04 |
| Province 4 | 84.2 | 86.6 | 85.4 | 1.03 | 111.7 | 110.3 | 111.0 | 0.99 |
| Province 5 | 82.9 | 84.1 | 83.5 | 1.01 | 124.1 | 121.1 | 122.6 | 0.98 |
| Province 6 | 84.9 | 87.8 | 86.3 | 1.03 | 113.0 | 123.3 | 118.0 | 1.09 |
| Province 7 | 83.4 | 84.8 | 84.1 | 1.02 | 121.2 | 111.0 | 115.7 | 0.92 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 86.3 | 83.9 | 85.0 | 0.97 | 122.8 | 122.2 | 122.5 | 1.00 |
| Second | 75.5 | 78.4 | 76.9 | 1.04 | 103.8 | 108.4 | 106.1 | 1.04 |
| Middle | 73.6 | 76.8 | 75.2 | 1.04 | 108.0 | 113.1 | 110.5 | 1.05 |
| Fourth | 76.6 | 81.4 | 79.0 | 1.06 | 111.5 | 115.7 | 113.6 | 1.04 |
| Highest | 85.4 | 85.5 | 85.4 | 1.00 | 112.4 | 107.1 | 109.7 | 0.95 |
| Total | 79.4 | 81.0 | 80.2 | 1.02 | 112.0 | 114.0 | 113.0 | 1.02 |
| SECONDARY SCHOOL |  |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 71.5 | 71.0 | 71.3 | 0.99 | 92.1 | 92.4 | 92.2 | 1.00 |
| Rural | 62.6 | 58.5 | 60.5 | 0.93 | 84.3 | 78.9 | 81.5 | 0.94 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 72.0 | 71.3 | 71.7 | 0.99 | 91.3 | 94.8 | 93.1 | 1.04 |
| Hill | 77.9 | 77.7 | 77.8 | 1.00 | 103.3 | 101.0 | 102.2 | 0.98 |
| Terai | 59.2 | 54.8 | 57.0 | 0.93 | 76.8 | 73.4 | 75.1 | 0.96 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 71.8 | 65.5 | 68.6 | 0.91 | 93.9 | 88.3 | 91.0 | 0.94 |
| Central | 61.6 | 57.6 | 59.6 | 0.93 | 81.6 | 72.5 | 76.9 | 0.89 |
| Western | 71.9 | 72.0 | 71.9 | 1.00 | 92.4 | 91.3 | 91.9 | 0.99 |
| Mid-western | 68.7 | 69.4 | 69.0 | 1.01 | 89.3 | 96.6 | 93.1 | 1.08 |
| Far-western | 71.0 | 75.4 | 73.1 | 1.06 | 94.3 | 106.5 | 100.2 | 1.13 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 75.3 | 70.3 | 72.8 | 0.93 | 94.7 | 95.8 | 95.2 | 1.01 |
| Province 2 | 48.6 | 41.7 | 44.9 | 0.86 | 66.6 | 55.6 | 60.8 | 0.83 |
| Province 3 | 77.0 | 77.4 | 77.2 | 1.01 | 103.1 | 93.7 | 98.3 | 0.91 |
| Province 4 | 80.9 | 81.8 | 81.3 | 1.01 | 106.7 | 107.1 | 106.9 | 1.00 |
| Province 5 | 64.4 | 64.4 | 64.4 | 1.00 | 80.4 | 84.1 | 82.2 | 1.05 |
| Province 6 | 73.8 | 73.3 | 73.5 | 0.99 | 100.2 | 100.5 | 100.3 | 1.00 |
| Province 7 | 71.0 | 75.4 | 73.1 | 1.06 | 94.3 | 106.5 | 100.2 | 1.13 |

(Continued...)

## Table 2.16-Continued

| Background characteristic | Net attendance ratio ${ }^{1}$ |  |  |  | Gross attendance ratio ${ }^{2}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Gender Parity Index | Male | Female | Total | Gender Parity Index ${ }^{3}$ |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 66.9 | 64.3 | 65.6 | 0.96 | 85.2 | 88.7 | 87.0 | 1.04 |
| Second | 66.2 | 64.0 | 65.1 | 0.97 | 87.4 | 87.9 | 87.7 | 1.01 |
| Middle | 62.1 | 56.6 | 59.3 | 0.91 | 81.4 | 75.5 | 78.4 | 0.93 |
| Fourth | 66.9 | 67.3 | 67.1 | 1.01 | 93.2 | 84.7 | 88.9 | 0.91 |
| Highest | 78.8 | 79.0 | 78.9 | 1.00 | 99.4 | 97.4 | 98.4 | 0.98 |
| Total | 67.9 | 65.5 | 66.7 | 0.96 | 89.0 | 86.5 | 87.7 | 0.97 |

${ }^{1}$ The NAR for primary school is the percentage of the primary school-age ( $6-10$ years) population that is attending primary school. The NAR for secondary school is the percentage of the secondary school-age (11-15 years) population that is attending secondary school. By definition, the NAR cannot exceed $100 \%$.
${ }^{2}$ The GAR for primary school is the total number of primary school students, expressed as a percentage of the official primary school-age population. The GAR for secondary school is the total number of secondary school students expressed as a percentage of the official secondary school-age population. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed $100 \%$.
${ }^{3}$ The gender parity index for primary school is the ratio of the primary school NAR (GAR) for females to the NAR (GAR) for males. The gender parity index for secondary school is the ratio of the secondary school NAR (GAR) for females to the NAR (GAR) for males.

Table 2.17 Possession of mosquito nets
Percentage of households with mosquito nets, and among households with mosquito nets, percent distribution by number of nets in the household, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of households with nets | Number of households | Number of nets in household |  |  |  | Number of households with nets |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2-3 | 4+ | Total |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 79.8 | 6,781 | 20.1 | 55.8 | 24.1 | 100.0 | 5,411 |
| Rural | 67.6 | 4,259 | 23.1 | 55.9 | 21.0 | 100.0 | 2,879 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 34.0 | 781 | 37.4 | 51.5 | 11.1 | 100.0 | 265 |
| Hill | 61.4 | 5,134 | 26.7 | 55.0 | 18.3 | 100.0 | 3,155 |
| Terai | 95.0 | 5,125 | 16.6 | 56.6 | 26.7 | 100.0 | 4,870 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 80.2 | 2,590 | 17.7 | 54.2 | 28.0 | 100.0 | 2,078 |
| Central | 78.0 | 3,949 | 24.6 | 57.1 | 18.3 | 100.0 | 3,079 |
| Western | 79.6 | 2,245 | 18.5 | 55.3 | 26.2 | 100.0 | 1,788 |
| Mid-western | 61.0 | 1,339 | 22.5 | 56.0 | 21.5 | 100.0 | 816 |
| Far-western | 57.8 | 915 | 20.9 | 56.7 | 22.3 | 100.0 | 529 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 75.0 | 2,004 | 17.7 | 52.7 | 29.6 | 100.0 | 1,504 |
| Province 2 | 96.3 | 2,014 | 20.6 | 58.1 | 21.3 | 100.0 | 1,940 |
| Province 3 | 67.9 | 2,521 | 26.8 | 56.4 | 16.8 | 100.0 | 1,713 |
| Province 4 | 72.3 | 1,173 | 21.8 | 54.0 | 24.2 | 100.0 | 848 |
| Province 5 | 83.2 | 1,793 | 16.4 | 56.7 | 26.9 | 100.0 | 1,492 |
| Province 6 | 42.7 | 619 | 32.3 | 53.5 | 14.2 | 100.0 | 264 |
| Province 7 | 57.8 | 915 | 20.9 | 56.7 | 22.3 | 100.0 | 529 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 39.3 | 2,234 | 39.5 | 54.0 | 6.5 | 100.0 | 878 |
| Second | 78.5 | 2,225 | 25.8 | 59.0 | 15.2 | 100.0 | 1,747 |
| Middle | 91.0 | 2,065 | 16.7 | 60.4 | 22.9 | 100.0 | 1,880 |
| Fourth | 86.8 | 2,240 | 17.6 | 54.5 | 27.9 | 100.0 | 1,944 |
| Highest | 80.9 | 2,276 | 16.2 | 50.6 | 33.3 | 100.0 | 1,842 |
| Total | 75.1 | 11,040 | 21.1 | 55.9 | 23.0 | 100.0 | 8,290 |

Table 2.18 Protection against mosquito bites
Percentage of households using different methods to protect themselves from mosquito bites, according to background characteristics, Nepal DHS 2016

| Background characteristic | Nets | Repellent cream | Coils | Goodnight mat/ liquid | Take injection | $\begin{aligned} & \text { Electric } \\ & \text { bat } \end{aligned}$ | Insecticide spray | Fan | Proper sanitation | Use smoke | Other | Don't know | Number of households |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 91.0 | 2.8 | 34.1 | 30.9 | 0.3 | 3.9 | 7.1 | 9.9 | 21.7 | 5.7 | 3.0 | 1.6 | 6,781 |
| Rural | 90.7 | 1.4 | 28.8 | 13.5 | 0.3 | 3.6 | 6.0 | 9.2 | 19.9 | 7.6 | 1.6 | 4.6 | 4,259 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 75.5 | 1.9 | 21.9 | 10.8 | 0.5 | 0.2 | 4.3 | 2.5 | 18.5 | 6.0 | 2.1 | 12.3 | 781 |
| Hill | 86.1 | 2.4 | 27.2 | 29.6 | 0.3 | 1.6 | 4.4 | 4.5 | 21.8 | 2.9 | 2.6 | 3.9 | 5,134 |
| Terai | 98.0 | 2.2 | 38.5 | 20.8 | 0.3 | 6.5 | 9.3 | 15.8 | 20.5 | 10.1 | 2.4 | 0.2 | 5,125 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 95.3 | 1.9 | 32.4 | 15.9 | 0.3 | 3.7 | 9.3 | 11.3 | 24.1 | 10.0 | 2.1 | 1.3 | 2,590 |
| Central | 90.6 | 2.6 | 37.2 | 31.5 | 0.5 | 5.4 | 5.8 | 10.7 | 17.8 | 6.2 | 2.1 | 1.0 | 3,949 |
| Western | 94.6 | 2.7 | 35.8 | 31.0 | 0.2 | 3.4 | 5.6 | 6.6 | 22.2 | 2.4 | 2.9 | 1.3 | 2,245 |
| Mid-western | 84.9 | 1.5 | 21.7 | 13.5 | 0.1 | 1.4 | 6.3 | 7.4 | 22.5 | 4.6 | 3.9 | 8.1 | 1,339 |
| Far-western | 79.5 | 1.8 | 14.9 | 14.9 | 0.3 | 1.7 | 6.3 | 10.7 | 20.6 | 10.1 | 2.0 | 9.7 | 915 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 94.1 | 2.2 | 27.5 | 15.9 | 0.3 | 2.5 | 9.1 | 8.3 | 26.7 | 5.5 | 2.1 | 1.7 | 2,004 |
| Province 2 | 98.7 | 0.7 | 48.0 | 14.1 | 0.4 | 9.9 | 9.1 | 20.2 | 15.7 | 16.3 | 1.5 | 0.0 | 2,014 |
| Province 3 | 86.1 | 3.7 | 31.3 | 41.8 | 0.5 | 2.4 | 4.1 | 5.7 | 19.0 | 2.7 | 2.6 | 1.6 | 2,521 |
| Province 4 | 91.7 | 2.7 | 30.1 | 31.8 | 0.2 | 1.5 | 3.8 | 6.0 | 19.9 | 1.7 | 1.7 | 1.9 | 1,173 |
| Province 5 | 96.0 | 2.7 | 35.5 | 25.3 | 0.2 | 4.1 | 7.9 | 9.2 | 24.2 | 3.3 | 4.4 | 1.5 | 1,793 |
| Province 6 | 75.1 | 0.3 | 17.1 | 8.1 | 0.1 | 0.4 | 3.6 | 1.9 | 21.4 | 5.8 | 2.9 | 14.2 | 619 |
| Province 7 | 79.5 | 1.8 | 14.9 | 14.9 | 0.3 | 1.7 | 6.3 | 10.7 | 20.6 | 10.1 | 2.0 | 9.7 | 915 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 80.1 | 1.0 | 15.3 | 6.1 | 0.3 | 0.3 | 3.0 | 2.2 | 16.7 | 6.5 | 2.0 | 11.2 | 2,234 |
| Second | 94.9 | 0.7 | 28.6 | 10.3 | 0.1 | 2.1 | 5.5 | 6.7 | 20.5 | 8.2 | 1.8 | 1.4 | 2,225 |
| Middle | 97.1 | 1.2 | 37.5 | 16.3 | 0.2 | 4.2 | 6.7 | 13.3 | 19.0 | 9.8 | 1.1 | 0.6 | 2,065 |
| Fourth | 93.8 | 2.9 | 43.6 | 32.7 | 0.3 | 5.4 | 7.8 | 13.6 | 22.3 | 6.5 | 1.6 | 0.2 | 2,240 |
| Highest | 89.1 | 5.4 | 35.7 | 54.2 | 0.5 | 6.9 | 10.2 | 12.5 | 26.1 | 1.6 | 5.7 | 0.1 | 2,276 |
| Total | 90.9 | 2.3 | 32.1 | 24.2 | 0.3 | 3.8 | 6.7 | 9.6 | 21.0 | 6.5 | 2.5 | 2.7 | 11,040 |

Table 2.19 Knowledge of lymphatic filariasis
Percentage of households with members having knowledge on transmission of lymphatic filariasis, according to background characteristics, Nepal DHS 2016

| Background <br> characteristic | Through <br> mosquito <br> bite | From <br> contami- <br> nated food | Other | Don't know | Unaware | Number of <br> households |
| :--- | :---: | :---: | :---: | :---: | :---: | ---: |
| Residence |  |  |  |  |  |  |
| Urban | 30.3 | 1.7 | 1.6 | 60.5 | 7.4 | 6,781 |
| Rural | 24.0 | 1.4 | 1.2 | 64.9 | 9.3 | 4,259 |
| Ecological zone |  |  |  |  |  |  |
| $\quad$ Mountain | 19.3 | 0.9 | 1.0 | 53.9 | 25.3 | 781 |
| Hill | 30.4 | 1.7 | 1.6 | 61.0 | 6.7 | 5,134 |
| Terai | 26.7 | 1.6 | 1.3 | 64.6 | 7.0 | 5,125 |
| Development region |  |  |  |  |  |  |
| Eastern | 27.3 | 1.7 | 1.0 | 63.4 | 7.8 | 2,590 |
| Central | 30.7 | 1.7 | 2.1 | 56.6 | 10.4 | 3,949 |
| Western | 29.5 | 1.8 | 0.9 | 64.8 | 4.1 | 2,245 |
| Mid-western | 23.5 | 0.9 | 1.1 | 64.0 | 11.1 | 1,339 |
| Far-western | 19.8 | 1.0 | 1.1 | 73.6 | 4.9 | 915 |
| Province |  |  |  |  |  |  |
| Province 1 | 28.1 | 1.6 | 1.1 | 61.5 | 9.0 | 2,004 |
| Province 2 | 25.5 | 0.9 | 0.9 | 62.5 | 10.6 | 2,014 |
| Province 3 | 33.4 | 2.5 | 2.8 | 55.0 | 8.6 | 2,521 |
| Province 4 | 33.1 | 1.9 | 0.4 | 61.7 | 3.6 | 1,173 |
| Province 5 | 24.9 | 1.5 | 1.6 | 68.5 | 4.9 | 1,793 |
| Province 6 | 23.1 | 0.6 | 0.5 | 58.0 | 18.1 | 619 |
| Province 7 | 19.8 | 1.0 | 1.1 | 73.6 | 4.9 | 915 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 15.5 | 0.9 | 0.8 | 68.6 | 14.6 | 2,234 |
| Second | 23.9 | 1.0 | 0.8 | 66.3 | 8.6 | 2,225 |
| Middle | 25.9 | 1.4 | 1.1 | 65.4 | 7.3 | 2,065 |
| Fourth | 1.8 | 1.4 | 61.3 | 6.8 | 2,240 |  |
| Highest | 29.8 | 1.8 |  |  |  |  |
| Total | 43.9 | 2.8 | 3.0 | 49.8 | 3.5 | 2,276 |

Note: Respondents may report multiple answers, so the sum may exceed $100 \%$.

Table 2.20 Household food security
Percent distribution of households by level of food insecurity, according to background characteristics, Nepal DHS 2016

| Background characteristic | Food secure | Mildly food insecure | Moderately food insecure | Severely food insecure | Total | Number of households |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |  |
| Urban | 54.0 | 17.3 | 19.9 | 8.8 | 100.0 | 6,781 |
| Rural | 38.8 | 23.5 | 26.0 | 11.7 | 100.0 | 4,259 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 38.4 | 18.8 | 28.9 | 13.8 | 100.0 | 781 |
| Hill | 46.8 | 18.8 | 24.4 | 10.0 | 100.0 | 5,134 |
| Terai | 51.0 | 20.7 | 19.1 | 9.2 | 100.0 | 5,125 |
| Development region |  |  |  |  |  |  |
| Eastern | 50.8 | 21.9 | 18.0 | 9.2 | 100.0 | 2,590 |
| Central | 50.5 | 19.9 | 20.2 | 9.5 | 100.0 | 3,949 |
| Western | 57.6 | 18.0 | 18.4 | 6.0 | 100.0 | 2,245 |
| Mid-western | 27.7 | 18.6 | 36.8 | 16.9 | 100.0 | 1,339 |
| Far-western | 37.7 | 18.0 | 31.2 | 13.0 | 100.0 | 915 |
| Province |  |  |  |  |  |  |
| Province 1 | 52.6 | 20.3 | 18.0 | 9.2 | 100.0 | 2,004 |
| Province 2 | 43.1 | 26.4 | 19.8 | 10.7 | 100.0 | 2,014 |
| Province 3 | 55.0 | 16.4 | 20.0 | 8.5 | 100.0 | 2,521 |
| Province 4 | 56.0 | 16.9 | 21.1 | 6.0 | 100.0 | 1,173 |
| Province 5 | 48.4 | 19.2 | 22.2 | 10.2 | 100.0 | 1,793 |
| Province 6 | 22.5 | 17.8 | 42.2 | 17.5 | 100.0 | 619 |
| Province 7 | 37.7 | 18.0 | 31.2 | 13.0 | 100.0 | 915 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 18.1 | 20.8 | 38.9 | 22.2 | 100.0 | 2,234 |
| Second | 36.7 | 23.5 | 28.0 | 11.7 | 100.0 | 2,225 |
| Middle | 45.5 | 25.8 | 21.4 | 7.3 | 100.0 | 2,065 |
| Fourth | 61.2 | 19.3 | 14.3 | 5.2 | 100.0 | 2,240 |
| Highest | 78.5 | 9.5 | 8.9 | 3.1 | 100.0 | 2,276 |
| Total | 48.2 | 19.7 | 22.2 | 9.9 | 100.0 | 11,040 |

## Key Findings

- Age: More than half of the women and men interviewed are below age 30.
- Marital status: Seventy-seven percent of women and $66 \%$ of men are currently married, while $21 \%$ of women and $33 \%$ of men have never been married.
- Spousal separation: Thirty-four percent of currently married women report that their husband lives away from home. Among these women, almost half ( $49 \%$ ) indicate that their husbands have been living away for 12 months or more.
- Education: Women are less likely than men to have some secondary or higher education ( $50 \%$ and $71 \%$, respectively).
- Exposure to media: Television is the most commonly accessed form of media among both women ( $50 \%$ ) and men ( $51 \%$ ). Twenty-three percent of women and $47 \%$ of men have used the Internet in the past 12 months.
- Employment: Fifty-seven percent of women and 78\% of men are currently employed.
- Occupation: Agriculture is the main occupation among both women $(70 \%)$ and men ( $33 \%$ ). Twenty-nine percent of women and $47 \%$ of men who are involved in agriculture receive payment in cash or in-kind.
- Tobacco use: Cigarette smoking and use of any type of tobacco are comparatively higher among men than among women ( $27 \%$ versus $6 \%$ each).

TThis chapter presents information on demographic and socioeconomic characteristics of the survey respondents such as age, education, place of residence, marital status, employment, and wealth status. This information is useful in understanding the factors that affect use of reproductive health services, contraceptive use, and other health behaviors.

### 3.1 Basic Characteristics of Survey Respondents

The 2016 NDHS interviewed 12,862 women and 4,063 men age 15-49. More than half of the women and men are below age 30 (Table 3.1). A vast majority of respondents ( $86 \%$ of women and $85 \%$ of men) are Hindu, followed by Buddhist ( $5 \%$ of women and $6 \%$ of men) and Muslim ( $5 \%$ each of women and men). Thirty-two percent of women and $29 \%$ of men are Bhramin/Chhetri, $31 \%$ of women and $33 \%$ of men are Janajati, and 12\% each of women and men are Dalit (Table 3.1).

A majority of women ( $77 \%$ ) and men ( $66 \%$ ) are currently married, while $21 \%$ of women and $33 \%$ of men have never been married. Three percent of women and $1 \%$ of men are divorced, separated, or widowed. Around 6 in 10 women ( $63 \%$ ) and men ( $65 \%$ ) live in urban areas.

### 3.2 Spousal Separation

Thirty-four percent of currently married women reported that their husband lives away from home. Among these women, almost half ( $49 \%$ ) indicated that their husbands have been living away for 12 or more months (Table 3.2).

Trends: Migration has remained high in the country; one-third of women still indicate that their spouse lives away from home, similar to what was reported in the 2011 NDHS ( $34 \%$ and $32 \%$, respectively). Spousal separation lasting 1 or more years has increased substantially, from $35 \%$ to $49 \%$.

## Patterns by background characteristics

- Spousal separation peaks among women age 20-24 (45\%) and decreases thereafter with increasing age (Table 3.2). Spousal separation for more than 12 months is higher among women age 30 and above.
- Thirty-seven percent of women with no children report that their husband lives away from home. Among them, $31 \%$ say their husband is away for 12 or more months. Similarly, $39 \%$ of women with one or two children report that their husband lives away, with $51 \%$ of these women saying that he is away for 12 or more months.
- Spousal separation is slightly higher in rural areas than in urban areas (37\% versus $32 \%$ ).
- Two in five women in Province 4 report that their husband lives away, a higher figure than in any of the other provinces.
- Among women whose spouse lives away from home, those in Province $6(28 \%)$ are less likely than those in other provinces $(45 \%-55 \%)$ to indicate that he is away for 12 or more months.


### 3.3 Education and Literacy

## Literacy

Respondents who had attended higher than secondary school were assumed to be literate. All other respondents were given a sentence to read, and they were considered to be literate if they could read all or part of the sentence.
Sample: Women and men age 15-49

Men are more likely than women to have some secondary or higher education ( $71 \%$ and $50 \%$, respectively) (Figure 3.1, Tables 3.3.1 and 3.3.2). One-third of women and $10 \%$ of men have no education. Eighty-nine percent of men are literate, as compared with $69 \%$ of women (Tables 3.4.1 and 3.4.2).

Trends: The median number of years of schooling among respondents age 15-49 has increased slightly since the 2011 NDHS, from 3.5 to 5.0 among women and from 7.4 to 8.0 among men.

## Patterns by background characteristics

- Urban women and men (57\% and 76\%, respectively) are more likely to have completed at least some secondary education than their rural counterparts ( $39 \%$ and $62 \%$, respectively) (Tables 3.3.1 and 3.3.2).

Figure 3.1 Education of survey respondents

Percent distribution of women and men age 15-49 by highest level of schooling attended or completed


- By province, women in Province 2 are least likely to have completed at least some secondary education (29\%) (Table 3.3.1 and Figure 3.2).
- The proportions of women and men with no education are highest among those in the lowest wealth quintile (Tables 3.3.1 and 3.3.2).
- Women from Province 2 (39\%) and those in the lowest wealth quintile (59\%) are less likely than other women to be literate (Table 3.4.1). Similarly, men in Province 2 (78\%) are comparatively less literate than men in other provinces (Table 3.4.2).

Figure 3.2 Secondary education by province

Percentage of women age 15-49 with secondary education complete or higher


### 3.4 Mass Media Exposure and Internet Usage

## Exposure to mass media

Respondents were asked how often they read a newspaper, listened to the radio, or watched television. Those who responded at least once a week are considered to be regularly exposed to that form of media.
Sample: Women and men age 15-49

Television is the most commonly accessed form of media among both women (50\%) and men ( $51 \%$ ). Men are more likely than women to be exposed to the other two forms of media: $22 \%$ of men and $9 \%$ of women read a newspaper, while $36 \%$ of men and $28 \%$ of women listen to the radio (Figure 3.3, Tables 3.5.1 and 3.5.2). Thirty-seven percent of women and $31 \%$ of men have no access to any of the three media.

Among both women and men, Navimalam TV/radio karyakram is reported as the most frequently heard and seen program ( $45 \%$ and $46 \%$, respectively), followed by Pariwarniyojan smart banchha jeevan TV/radio karyakram (37\% and 42\%) and Sathi sanga manka kura radio karyakram (22\% and 25\%) (Tables 3.6.1 and 3.6.2).

## Internet usage

The Internet is a global network through which information is shared. Internet use includes accessing web pages, email, and social media.
Sample: Women and men age 15-49

Overall, $23 \%$ of women and $47 \%$ of men age $15-49$ reported having used the Internet in the past 12 months. Among those who had used the Internet in the past 12 months, more than half of women and men tended to use it on a daily basis during the past month ( $56 \%$ and $54 \%$, respectively) (Tables 3.7.1 and 3.7.2).

Trends: There has been a decreasing trend in exposure to mass media over the past 5 years. Seven percent of women and $20 \%$ of men were exposed to the three mass media at least once a week in 2011, as compared with $3 \%$ and $9 \%$, respectively, in 2016.

## Patterns by background characteristics

- Rural women are more likely than their urban counterparts ( $48 \%$ versus $31 \%$ ) to have no access to the three media (newspaper, television, and radio). The pattern is similar among men ( $43 \%$ versus $25 \%$ ) (Tables 3.5.1 and 3.5.2).
- Exposure to mass media increases with increasing educational attainment and wealth (Tables 3.5.1 and Table 3.5.2).
- Women and men in Province 2 are less likely than those in other provinces to be exposed to specific health programs on radio and television. For instance, with the exception of Navimalam TV/Radio karyakram ( $15 \%$ of women and $31 \%$ of men) and Pariwarniyojan smart banchha jeevan TV/radio karyakram ( $14 \%$ of women and $42 \%$ of men), less than $6 \%$ of women and less than $16 \%$ of men in Province 2 are exposed to these programs (Tables 3.6.1 and 3.6.2).
- Internet use is least common among women and men age 40-49, those living in Provinces 6 and Province 7, those who are not educated, and those in the lowest wealth quintile (Tables 3.7.1 and 3.7.2).
- Internet use in the past 12 months is relatively higher in urban areas ( $30 \%$ of women and $54 \%$ of men) than in rural areas ( $11 \%$ of women and $35 \%$ of men).


### 3.5 Employment

## Currently employed

Respondents who were employed in the 7 days before the survey.
Sample: Women and men age 15-49
More women than men were unemployed in the past 12 months ( $33 \%$ versus $14 \%$ ). Fifty-seven percent of women and $78 \%$ of men reported current employment (Tables 3.8.1 and 3.8.2).

Fifty-three percent of women and $73 \%$ of men who have a School Leaving Certificate (SLC) or above are currently employed, while $63 \%$ of women and $89 \%$ of men who have no education are employed (Figure 3.4).

Trends: Current employment among both women and men has remained somewhat stagnant in the past 5 years. Sixty percent of women were currently employed in 2011, as compared with $57 \%$ in 2016. Among men, current employment was $78 \%$ in both 2011 and 2016.

Figure 3.4 Employment by education
Percentage of women and men age 15-49 who are currently employed


## Patterns by background characteristics

- Younger women and men (age 15-19) are less likely to be employed ( $40 \%$ and $47 \%$, respectively) than older women and men (Tables 3.8.1 and 3.8.2).
- Province 2 has fewer currently employed women (39\%) than other provinces (Table 3.8.1).
- Women and men in the highest wealth quintile ( $44 \%$ and $74 \%$, respectively) are less likely to be employed than their other counterparts in the other wealth quintiles (Tables 3.8.1 and 3.8.2).


### 3.6 Occupation

## Occupation

Categorized as professional/technical/managerial, clerical, sales and services, skilled manual, unskilled manual, agriculture, and other
Sample: Women and men age 15-49 who were currently employed or had worked in the 12 months before the survey

Women are far more likely to be employed in agriculture than men ( $70 \%$ versus $33 \%$ ) (Figure 3.5, Tables 3.9.1 and 3.9.2).

Trends: Involvement in agricultural work has decreased among both women and men over the past 5 years, from $75 \%$ and $35 \%$ in 2011 to $70 \%$ and $33 \%$ in 2016, respectively. In contrast, involvement in professional/technical/managerial work has increased, from $4 \%$ to $6 \%$ among women and from $8 \%$ to $10 \%$ among men.

## Patterns by background characteristics

- Women are less likely than men to be employed in professional/technical/managerial occupations ( $6 \%$ versus $10 \%$ ), as well as clerical services ( $2 \%$ versus $6 \%$ ), sales and services ( $13 \%$ versus $23 \%$ ), skilled manual labor ( $6 \%$ versus $15 \%$ ), and unskilled manual labor (3\% versus 13\%)

Figure 3.5 Occupation
Percentage of women and men age 15-49 employed in the 12 months before the survey by occupation

(Figure 3.5, Tables 3.9.1 and 3.9.2).

- Women who were employed in agriculture in the past 12 months were less likely than men to receive any payment for their work ( $29 \%$ versus $47 \%$ ) (Tables $\mathbf{3 . 1 0 . 1}$ and 3.10.2).


### 3.7 Tobacco Use

Men are more likely than women to use tobacco. Twenty-seven percent of men use any type of tobacco, as compared with $6 \%$ of women. Among those who smoke various tobacco products, cigarettes are most common ( $27 \%$ of men and $6 \%$ of women) (Tables 3.11.1 and 3.11.2). While almost $73 \%$ of men are nonsmokers, $17 \%$ smoke on a daily basis and $11 \%$ smoke occasionally.

Trends: Use of cigarettes has decreased slightly during the past 5 years, from $9 \%$ to $6 \%$ among women and from $30 \%$ to $27 \%$ among men.

## Patterns by background characteristics

- Among women, the prevalence of smoking rises consistently with age, from less than $1 \%$ among those age 15-49 to $19 \%$ among those age $45-49$ (Table 3.11.1).
- Province 6 has more women smokers (13\%) than other provinces; use of any type of tobacco is also highest in that province (15\%).
- Cigarette smoking declines with education attainment: $13 \%$ of women and $38 \%$ of men with no education smoke cigarettes, as compared with only $1 \%$ of women and $19 \%$ of men with an SLC or higher (Tables 3.11.1 and 3.11.2).
- Cigarette smoking declines with increasing wealth: only $2 \%$ of women and $21 \%$ of men in the highest wealth quintile smoke cigarettes, compared with $13 \%$ of women and $34 \%$ of men in the lowest quintile.
- Among those who smoke cigarettes daily, 49\% of women (data not shown) and $45 \%$ of men smoke less than five cigarettes a day (Table 3.12).
- Use of any type of smokeless tobacco is much higher among men ( $40 \%$ ) than among women (3\%) (Figure 3.6 and Table 3.13).

Figure 3.6 Use of tobacco among women and men
Percentage of women and men age 15-49 who use tobacco products

■ Women ■Men


### 3.8 Knowledge and Attitudes Regarding Tuberculosis

Ninety-six percent of women and $98 \%$ of men age 15-49 have heard of tuberculosis (TB). Among those who report having heard of TB, $16 \%$ of women and $21 \%$ of men know that chest pain is a common symptom of TB, $56 \%$ of women and $67 \%$ of men know that TB is spread through the air by coughing or sneezing, and $90 \%$ of women and $87 \%$ of men would not keep it a secret if a family member was diagnosed with TB (Tables 3.14.1 and 3.14.2).

## Patterns by background characteristics

- Women in rural areas (53\%) are less likely than women in urban areas (57\%) to correctly report that TB is spread through the air by coughing or sneezing (Table 3.14.1).
- The percentage of women who correctly report that TB is spread through the air by coughing or sneezing increases with increasing education, from $48 \%$ among those with no education to $69 \%$ among those with an SLC or higher. Similarly, $64 \%$ of men with no education have correct knowledge regarding the spread of TB, as compared with $75 \%$ of men with an SLC or higher.
- The percentage of women and men who correctly report that TB is spread through the air by coughing or sneezing increases remarkably with increasing wealth; $45 \%$ of women and $48 \%$ of men in the lowest wealth quintile have correct knowledge regarding the spread of TB, compared with $68 \%$ of women and $71 \%$ of men in the highest quintile.
- The government sector is most often reported as the preferred source of treatment for TB $(85 \%$ of women and $92 \%$ of men), followed by the private medical sector ( $27 \%$ of women and $17 \%$ of men) (Table 3.15). The most preferred government sector source of treatment for TB is a government hospital or clinic ( $74 \%$ of women and $80 \%$ of men).


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Table 3.1 Background characteristics of respondents
Percent distribution of women and men age 15-49 by selected background characteristics, Nepal DHS 2016

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Weighted percent | Weighted number | Unweighted number | Weighted percent | Weighted number | Unweighted number |
| Age |  |  |  |  |  |  |
| 15-19 | 20.2 | 2,598 | 2,622 | 22.9 | 931 | 964 |
| 20-24 | 17.5 | 2,251 | 2,306 | 16.0 | 649 | 633 |
| 25-29 | 16.6 | 2,135 | 2,094 | 12.9 | 525 | 522 |
| 30-34 | 14.0 | 1,806 | 1,789 | 13.2 | 535 | 532 |
| 35-39 | 12.2 | 1,572 | 1,584 | 13.4 | 544 | 516 |
| 40-44 | 10.8 | 1,388 | 1,336 | 11.4 | 463 | 473 |
| 45-49 | 8.6 | 1,113 | 1,131 | 10.2 | 415 | 423 |
| Religion |  |  |  |  |  |  |
| Hindu | 85.8 | 11,040 | 11,198 | 85.4 | 3,470 | 3,522 |
| Buddhist | 5.1 | 652 | 582 | 6.1 | 249 | 200 |
| Muslim | 5.0 | 644 | 580 | 4.9 | 198 | 186 |
| Kirat | 1.4 | 177 | 152 | 1.2 | 49 | 45 |
| Christian | 2.7 | 346 | 347 | 2.2 | 88 | 101 |
| Other | 0.0 | 3 | 3 | 0.2 | 9 | 9 |
| Ethnic group |  |  |  |  |  |  |
| Hill Brahmin | 11.8 | 1,512 | 1,488 | 11.8 | 479 | 460 |
| Hill Chhetri | 18.2 | 2,343 | 2,861 | 16.4 | 665 | 849 |
| Terai Brahmin/Chhetri | 1.7 | 217 | 202 | 1.1 | 47 | 51 |
| Other Terai caste | 14.8 | 1,908 | 1,502 | 15.7 | 637 | 514 |
| Hill Dalit | 8.1 | 1,042 | 1,265 | 7.3 | 297 | 348 |
| Terai Dalit | 4.3 | 554 | 422 | 4.5 | 182 | 145 |
| Newar | 5.0 | 639 | 450 | 5.1 | 207 | 160 |
| Hill Janajati | 20.9 | 2,694 | 2,609 | 22.8 | 924 | 833 |
| Terai Janajati | 9.8 | 1,266 | 1,439 | 10.2 | 415 | 502 |
| Muslim | 5.0 | 643 | 582 | 4.9 | 198 | 186 |
| Other | 0.3 | 43 | 42 | 0.3 | 12 | 15 |
| Marital status |  |  |  |  |  |  |
| Never married | 20.8 | 2,669 | 2,626 | 33.4 | 1,355 | 1,341 |
| Married | 76.8 | 9,875 | 9,904 | 65.8 | 2,675 | 2,691 |
| Divorced/separated | 0.8 | 105 | 98 | 0.5 | 18 | 15 |
| Widowed | 1.7 | 213 | 234 | 0.3 | 14 | 16 |
| Residence |  |  |  |  |  |  |
| Urban | 62.8 | 8,072 | 8,279 | 65.2 | 2,647 | 2,667 |
| Rural | 37.2 | 4,790 | 4,583 | 34.8 | 1,416 | 1,396 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 6.0 | 775 | 931 | 6.2 | 252 | 312 |
| Hill | 43.2 | 5,556 | 5,739 | 44.1 | 1,791 | 1,770 |
| Terai | 50.8 | 6,531 | 6,192 | 49.7 | 2,019 | 1,981 |
| Development region |  |  |  |  |  |  |
| Eastern | 22.5 | 2,900 | 2,432 | 21.9 | 892 | 787 |
| Central | 35.5 | 4,569 | 3,162 | 39.5 | 1,604 | 1,088 |
| Western | 20.2 | 2,597 | 2,756 | 19.3 | 785 | 861 |
| Mid-western | 12.8 | 1,650 | 2,666 | 11.2 | 453 | 773 |
| Far-western | 8.9 | 1,145 | 1,846 | 8.1 | 330 | 554 |
| Province |  |  |  |  |  |  |
| Province 1 | 16.9 | 2,173 | 1,837 | 17.0 | 691 | 610 |
| Province 2 | 19.9 | 2,563 | 2,097 | 19.6 | 795 | 682 |
| Province 3 | 21.2 | 2,732 | 1,660 | 24.8 | 1,009 | 583 |
| Province 4 | 9.7 | 1,249 | 1,589 | 9.3 | 376 | 501 |
| Province 5 | 17.7 | 2,274 | 2,072 | 16.2 | 658 | 619 |
| Province 6 | 5.6 | 724 | 1,761 | 5.0 | 203 | 514 |
| Province 7 | 8.9 | 1,145 | 1,846 | 8.1 | 330 | 554 |
| Education |  |  |  |  |  |  |
| No education | 33.3 | 4,281 | 4,346 | 9.6 | 391 | 401 |
| Primary | 16.7 | 2,150 | 2,081 | 19.4 | 789 | 790 |
| Some secondary | 25.6 | 3,291 | 3,410 | 34.1 | 1,386 | 1,449 |
| SLC and above | 24.4 | 3,140 | 3,025 | 36.8 | 1,497 | 1,423 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 16.9 | 2,176 | 2,723 | 15.3 | 623 | 778 |
| Second | 19.6 | 2,525 | 2,710 | 17.4 | 706 | 789 |
| Middle | 20.2 | 2,595 | 2,600 | 18.7 | 758 | 797 |
| Fourth | 21.5 | 2,765 | 2,537 | 24.2 | 982 | 896 |
| Highest | 21.8 | 2,801 | 2,292 | 24.5 | 994 | 803 |
| Total | 100.0 | 12,862 | 12,862 | 100.0 | 4,063 | 4,063 |

Note: Education categories refer to the highest level of education attended, whether or not that level was completed.

Table 3.2 Spousal separation
Percentage distribution of currently married women age 15-49 whose husbands live away from home, and among those whose husbands live away, percent distribution by duration away from home, according to selected background characteristics, Nepal DHS 2016

| Background characteristic | Husband is away | Number of women | Duration away from home |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | $<7$ months | $\begin{gathered} \hline 7-11 \\ \text { months } \end{gathered}$ | 12+ months | Total |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 40.6 | 704 | 58.2 | 14.3 | 27.5 | 100.0 | 286 |
| 20-24 | 44.9 | 1,684 | 40.8 | 13.3 | 45.9 | 100.0 | 755 |
| 25-29 | 42.9 | 1,957 | 38.1 | 12.2 | 49.6 | 100.0 | 839 |
| 30-34 | 37.2 | 1,726 | 36.7 | 9.5 | 53.8 | 100.0 | 642 |
| 35-39 | 28.8 | 1,510 | 34.3 | 7.8 | 57.9 | 100.0 | 436 |
| 40-44 | 19.7 | 1,283 | 34.2 | 10.2 | 55.6 | 100.0 | 253 |
| 45-49 | 14.1 | 1,011 | 39.5 | 9.0 | 51.6 | 100.0 | 143 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 36.8 | 1,025 | 55.6 | 13.3 | 31.0 | 100.0 | 377 |
| 1-2 | 39.2 | 5,044 | 37.1 | 11.7 | 51.3 | 100.0 | 1,978 |
| 3-4 | 27.6 | 2,965 | 36.0 | 10.2 | 53.8 | 100.0 | 817 |
| $5+$ | 21.6 | 840 | 46.8 | 7.4 | 45.8 | 100.0 | 181 |
| Residence |  |  |  |  |  |  |  |
| Urban | 31.8 | 6,031 | 38.2 | 10.5 | 51.2 | 100.0 | 1,919 |
| Rural | 37.3 | 3,844 | 41.0 | 12.3 | 46.8 | 100.0 | 1,434 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 31.3 | 576 | 40.3 | 11.9 | 47.8 | 100.0 | 180 |
| Hill | 32.7 | 4,150 | 37.3 | 12.7 | 50.0 | 100.0 | 1,359 |
| Terai | 35.2 | 5,148 | 40.9 | 10.2 | 48.9 | 100.0 | 1,814 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 34.4 | 2,256 | 32.9 | 11.5 | 55.6 | 100.0 | 775 |
| Central | 30.8 | 3,486 | 41.7 | 9.3 | 49.1 | 100.0 | 1,075 |
| Western | 39.0 | 1,988 | 37.4 | 14.3 | 48.3 | 100.0 | 774 |
| Mid-western | 32.4 | 1,298 | 51.4 | 11.4 | 37.3 | 100.0 | 420 |
| Far-western | 36.5 | 846 | 36.5 | 10.0 | 53.5 | 100.0 | 309 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 32.5 | 1,655 | 36.9 | 11.8 | 51.3 | 100.0 | 537 |
| Province 2 | 38.7 | 2,168 | 40.2 | 9.4 | 50.5 | 100.0 | 839 |
| Province 3 | 24.7 | 1,920 | 35.3 | 9.9 | 54.7 | 100.0 | 473 |
| Province 4 | 41.8 | 950 | 32.2 | 15.8 | 52.0 | 100.0 | 397 |
| Province 5 | 34.2 | 1,749 | 43.0 | 12.0 | 45.0 | 100.0 | 599 |
| Province 6 | 33.8 | 586 | 60.7 | 11.8 | 27.5 | 100.0 | 198 |
| Province 7 | 36.5 | 846 | 36.5 | 10.0 | 53.5 | 100.0 | 309 |
| Education |  |  |  |  |  |  |  |
| No education | 30.1 | 3,984 | 37.1 | 9.9 | 53.1 | 100.0 | 1,200 |
| Primary | 36.2 | 1,853 | 39.4 | 10.1 | 50.5 | 100.0 | 670 |
| Some secondary | 38.3 | 2,177 | 39.7 | 12.9 | 47.5 | 100.0 | 833 |
| SLC and above | 34.9 | 1,861 | 43.4 | 13.1 | 43.6 | 100.0 | 650 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 34.4 | 1,687 | 39.1 | 11.7 | 49.3 | 100.0 | 580 |
| Second | 36.5 | 1,946 | 43.1 | 9.6 | 47.3 | 100.0 | 711 |
| Middle | 39.5 | 2,088 | 38.3 | 12.1 | 49.6 | 100.0 | 825 |
| Fourth | 35.5 | 2,107 | 36.9 | 10.5 | 52.6 | 100.0 | 749 |
| Highest | 23.9 | 2,047 | 40.1 | 13.0 | 46.8 | 100.0 | 490 |
| Total | 34.0 | 9,875 | 39.4 | 11.3 | 49.3 | 100.0 | 3,353 |

Table 3.3.1 Educational attainment: Women
Percent distribution of women age 15-49 by highest level of schooling attended or completed, and median years completed, according to background characteristics, Nepal DHS 2016

| Background characteristic | Highest level of schooling |  |  |  |  |  | Total | Median years completed | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 10.0 | 8.7 | 5.7 | 40.3 | 15.3 | 20.1 | 100.0 | 8.2 | 4,849 |
| 15-19 | 6.1 | 8.1 | 5.2 | 48.9 | 18.7 | 12.9 | 100.0 | 8.1 | 2,598 |
| 20-24 | 14.4 | 9.3 | 6.2 | 30.3 | 11.4 | 28.4 | 100.0 | 8.3 | 2,251 |
| 25-29 | 27.9 | 11.8 | 6.7 | 21.0 | 8.6 | 24.1 | 100.0 | 6.1 | 2,135 |
| 30-34 | 37.5 | 15.2 | 6.9 | 21.7 | 6.7 | 12.0 | 100.0 | 3.5 | 1,806 |
| 35-39 | 53.8 | 14.8 | 4.5 | 16.0 | 4.9 | 6.0 | 100.0 | 0.0 | 1,572 |
| 40-44 | 62.3 | 11.0 | 4.1 | 12.4 | 4.9 | 5.2 | 100.0 | 0.0 | 1,388 |
| 45-49 | 73.3 | 10.7 | 2.8 | 6.6 | 2.8 | 3.8 | 100.0 | 0.0 | 1,113 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 27.8 | 10.1 | 5.3 | 26.5 | 11.2 | 19.1 | 100.0 | 6.7 | 8,072 |
| Rural | 42.6 | 13.2 | 5.7 | 24.1 | 6.8 | 7.7 | 100.0 | 2.7 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 40.5 | 9.6 | 5.5 | 24.5 | 7.5 | 12.4 | 100.0 | 4.0 | 775 |
| Hill | 25.3 | 11.2 | 5.6 | 27.9 | 10.8 | 19.1 | 100.0 | 6.8 | 5,556 |
| Terai | 39.2 | 11.5 | 5.3 | 23.7 | 8.7 | 11.6 | 100.0 | 3.8 | 6,531 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 32.1 | 11.1 | 5.5 | 26.9 | 11.7 | 12.7 | 100.0 | 5.4 | 2,900 |
| Central | 35.7 | 11.9 | 5.1 | 21.1 | 8.4 | 17.8 | 100.0 | 4.5 | 4,569 |
| Western | 24.0 | 12.7 | 6.3 | 30.1 | 10.2 | 16.8 | 100.0 | 6.4 | 2,597 |
| Mid-western | 38.1 | 10.1 | 5.8 | 27.3 | 8.5 | 10.2 | 100.0 | 4.3 | 1,650 |
| Far-western | 40.9 | 7.7 | 4.6 | 27.1 | 8.4 | 11.3 | 100.0 | 4.3 | 1,145 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 25.6 | 11.5 | 6.3 | 29.6 | 12.4 | 14.6 | 100.0 | 6.5 | 2,173 |
| Province 2 | 53.3 | 13.0 | 4.3 | 17.2 | 6.4 | 5.8 | 100.0 | 0.0 | 2,563 |
| Province 3 | 23.4 | 10.2 | 5.3 | 24.3 | 10.7 | 26.2 | 100.0 | 7.6 | 2,732 |
| Province 4 | 19.4 | 11.7 | 7.2 | 32.7 | 10.7 | 18.3 | 100.0 | 7.0 | 1,249 |
| Province 5 | 31.0 | 12.8 | 6.0 | 28.0 | 9.3 | 12.9 | 100.0 | 5.1 | 2,274 |
| Province 6 | 41.9 | 8.3 | 4.4 | 25.8 | 8.2 | 11.5 | 100.0 | 3.9 | 724 |
| Province 7 | 40.9 | 7.7 | 4.6 | 27.1 | 8.4 | 11.3 | 100.0 | 4.3 | 1,145 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 46.9 | 13.8 | 5.9 | 24.3 | 4.8 | 4.3 | 100.0 | 1.1 | 2,176 |
| Second | 40.8 | 12.0 | 5.3 | 26.1 | 6.9 | 8.9 | 100.0 | 3.3 | 2,525 |
| Middle | 41.2 | 13.6 | 6.1 | 24.5 | 7.3 | 7.3 | 100.0 | 2.9 | 2,595 |
| Fourth | 29.9 | 11.2 | 5.8 | 27.0 | 11.9 | 14.2 | 100.0 | 6.1 | 2,765 |
| Highest | 12.0 | 6.5 | 4.3 | 25.8 | 15.2 | 36.2 | 100.0 | 9.1 | 2,801 |
| Total | 33.3 | 11.3 | 5.5 | 25.6 | 9.5 | 14.9 | 100.0 | 5.0 | 12,862 |

${ }^{1}$ Completed grade 5 at the primary level
${ }^{2}$ Completed grade 10 at the secondary level

Table 3.3.2 Educational attainment: Men
Percent distribution of men age 15-49 by highest level of schooling attended or completed, and median years completed, according to background characteristics, Nepal DHS 2016

| Background characteristic | Highest level of schooling |  |  |  |  |  | Total | Median years completed | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 2.8 | 6.6 | 5.6 | 43.1 | 17.2 | 24.6 | 100.0 | 8.5 | 1,580 |
| 15-19 | 1.7 | 6.0 | 4.6 | 54.3 | 17.5 | 15.9 | 100.0 | 8.2 | 931 |
| 20-24 | 4.5 | 7.6 | 7.1 | 27.1 | 16.8 | 37.0 | 100.0 | 9.2 | 649 |
| 25-29 | 6.0 | 13.7 | 6.2 | 26.6 | 13.2 | 34.3 | 100.0 | 8.7 | 525 |
| 30-34 | 11.1 | 13.1 | 7.8 | 33.0 | 14.4 | 20.5 | 100.0 | 7.6 | 535 |
| 35-39 | 14.1 | 19.7 | 8.0 | 31.0 | 13.3 | 13.8 | 100.0 | 6.5 | 544 |
| 40-44 | 19.5 | 15.4 | 9.3 | 25.6 | 14.4 | 15.8 | 100.0 | 6.4 | 463 |
| 45-49 | 21.3 | 20.9 | 6.4 | 24.2 | 11.1 | 16.2 | 100.0 | 5.3 | 415 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 7.4 | 11.0 | 5.9 | 33.3 | 16.4 | 26.1 | 100.0 | 8.4 | 2,647 |
| Rural | 13.9 | 15.7 | 8.6 | 35.6 | 12.0 | 14.3 | 100.0 | 6.9 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 10.5 | 13.0 | 9.2 | 31.7 | 14.4 | 21.1 | 100.0 | 8.0 | 252 |
| Hill | 4.4 | 11.3 | 6.2 | 35.5 | 15.7 | 27.0 | 100.0 | 8.5 | 1,791 |
| Terai | 14.1 | 13.7 | 7.1 | 33.2 | 14.2 | 17.7 | 100.0 | 7.2 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 8.7 | 11.3 | 7.4 | 37.3 | 16.2 | 19.2 | 100.0 | 8.0 | 892 |
| Central | 10.2 | 13.4 | 5.2 | 29.0 | 16.8 | 25.4 | 100.0 | 8.2 | 1,604 |
| Western | 8.7 | 10.1 | 8.2 | 39.6 | 12.1 | 21.3 | 100.0 | 7.9 | 785 |
| Mid-western | 11.9 | 16.2 | 9.6 | 33.3 | 12.4 | 16.6 | 100.0 | 7.2 | 453 |
| Far-western | 8.4 | 13.2 | 6.2 | 38.3 | 12.0 | 21.9 | 100.0 | 7.7 | 330 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 8.0 | 11.2 | 7.9 | 37.2 | 16.3 | 19.3 | 100.0 | 7.9 | 691 |
| Province 2 | 16.6 | 14.0 | 6.2 | 33.4 | 15.1 | 14.6 | 100.0 | 7.0 | 795 |
| Province 3 | 5.3 | 12.6 | 4.4 | 27.2 | 17.9 | 32.6 | 100.0 | 9.0 | 1,009 |
| Province 4 | 6.3 | 8.5 | 7.6 | 39.0 | 13.3 | 25.3 | 100.0 | 8.2 | 376 |
| Province 5 | 11.8 | 14.4 | 9.8 | 37.2 | 11.0 | 15.7 | 100.0 | 7.1 | 658 |
| Province 6 | 10.3 | 12.6 | 7.2 | 34.6 | 13.7 | 21.6 | 100.0 | 8.1 | 203 |
| Province 7 | 8.4 | 13.2 | 6.2 | 38.3 | 12.0 | 21.9 | 100.0 | 7.7 | 330 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 19.0 | 22.4 | 9.3 | 34.8 | 7.1 | 7.4 | 100.0 | 4.9 | 623 |
| Second | 16.0 | 17.3 | 7.8 | 38.1 | 10.7 | 10.2 | 100.0 | 6.3 | 706 |
| Middle | 12.1 | 14.6 | 8.9 | 38.0 | 13.5 | 13.0 | 100.0 | 6.9 | 758 |
| Fourth | 5.9 | 10.6 | 6.2 | 38.3 | 18.0 | 21.0 | 100.0 | 8.3 | 982 |
| Highest | 1.0 | 3.6 | 3.6 | 23.8 | 20.6 | 47.4 | 100.0 | 9.9 | 994 |
| Total | 9.6 | 12.6 | 6.8 | 34.1 | 14.9 | 22.0 | 100.0 | 8.0 | 4,063 |

[^3]Table 3.4.1 Literacy: Women
Percent distribution of women age 15-49 by level of schooling attended and level of literacy, and percentage literate, according to background characteristics, Nepal DHS 2016

| Background characteristic | SLC and above | No schooling, primary or secondary school |  |  |  |  | Total | $\begin{gathered} \text { Percentage } \\ \text { literate }^{1} \\ \hline \end{gathered}$ | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can read a whole sentence | Can read part of a sentence | Cannot read at all | No card with required language | Blind/ visually impaired |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 35.4 | 42.7 | 6.4 | 15.2 | 0.1 | 0.1 | 100.0 | 84.5 | 4,849 |
| 15-19 | 31.6 | 49.1 | 6.4 | 12.6 | 0.2 | 0.1 | 100.0 | 87.1 | 2,598 |
| 20-24 | 39.8 | 35.3 | 6.5 | 18.2 | 0.1 | 0.0 | 100.0 | 81.6 | 2,251 |
| 25-29 | 32.7 | 33.5 | 6.1 | 27.7 | 0.1 | 0.0 | 100.0 | 72.2 | 2,135 |
| 30-34 | 18.7 | 39.5 | 10.7 | 31.0 | 0.0 | 0.0 | 100.0 | 69.0 | 1,806 |
| 35-39 | 10.9 | 33.2 | 11.9 | 44.0 | 0.1 | 0.0 | 100.0 | 56.0 | 1,572 |
| 40-44 | 10.1 | 25.8 | 12.1 | 51.7 | 0.0 | 0.3 | 100.0 | 48.1 | 1,388 |
| 45-49 | 6.7 | 20.8 | 13.6 | 58.9 | 0.0 | 0.0 | 100.0 | 41.1 | 1,113 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 30.3 | 36.9 | 8.1 | 24.7 | 0.1 | 0.1 | 100.0 | 75.2 | 8,072 |
| Rural | 14.5 | 34.1 | 10.2 | 41.0 | 0.1 | 0.1 | 100.0 | 58.8 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 19.9 | 36.8 | 7.5 | 35.7 | 0.0 | 0.0 | 100.0 | 64.3 | 775 |
| Hill | 29.9 | 42.0 | 8.8 | 19.2 | 0.0 | 0.1 | 100.0 | 80.8 | 5,556 |
| Terai | 20.3 | 30.5 | 9.1 | 40.0 | 0.1 | 0.1 | 100.0 | 59.8 | 6,531 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 24.4 | 34.8 | 8.7 | 31.7 | 0.3 | 0.1 | 100.0 | 67.9 | 2,900 |
| Central | 26.2 | 30.1 | 8.2 | 35.4 | 0.0 | 0.1 | 100.0 | 64.5 | 4,569 |
| Western | 27.0 | 41.4 | 9.6 | 21.9 | 0.0 | 0.0 | 100.0 | 78.1 | 2,597 |
| Mid-western | 18.7 | 41.9 | 11.0 | 28.4 | 0.0 | 0.0 | 100.0 | 71.6 | 1,650 |
| Far-western | 19.7 | 39.9 | 7.3 | 33.0 | 0.0 | 0.0 | 100.0 | 67.0 | 1,145 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 27.0 | 40.8 | 9.8 | 21.8 | 0.4 | 0.2 | 100.0 | 77.7 | 2,173 |
| Province 2 | 12.2 | 18.5 | 7.8 | 61.4 | 0.1 | 0.1 | 100.0 | 38.5 | 2,563 |
| Province 3 | 36.8 | 37.4 | 7.8 | 18.0 | 0.0 | 0.0 | 100.0 | 82.0 | 2,732 |
| Province 4 | 29.0 | 48.8 | 8.6 | 13.6 | 0.0 | 0.0 | 100.0 | 86.4 | 1,249 |
| Province 5 | 22.2 | 39.4 | 11.0 | 27.4 | 0.0 | 0.0 | 100.0 | 72.6 | 2,274 |
| Province 6 | 19.6 | 36.4 | 10.2 | 33.8 | 0.0 | 0.0 | 100.0 | 66.2 | 724 |
| Province 7 | 19.7 | 39.9 | 7.3 | 33.0 | 0.0 | 0.0 | 100.0 | 67.0 | 1,145 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 9.1 | 38.0 | 11.6 | 41.1 | 0.1 | 0.0 | 100.0 | 58.7 | 2,176 |
| Second | 15.8 | 37.2 | 10.5 | 36.3 | 0.1 | 0.1 | 100.0 | 63.5 | 2,525 |
| Middle | 14.7 | 33.7 | 10.6 | 41.0 | 0.0 | 0.1 | 100.0 | 58.9 | 2,595 |
| Fourth | 26.1 | 37.1 | 7.1 | 29.5 | 0.1 | 0.0 | 100.0 | 70.4 | 2,765 |
| Highest | 51.4 | 33.7 | 5.3 | 9.5 | 0.0 | 0.1 | 100.0 | 90.4 | 2,801 |
| Total | 24.4 | 35.8 | 8.9 | 30.7 | 0.1 | 0.1 | 100.0 | 69.1 | 12,862 |

${ }^{1}$ Refers to women with an SLC or higher and women who can read a whole sentence or part of a sentence

Table 3.4.2 Literacy: Men
Percent distribution of men age 15-49 by level of schooling attended and level of literacy, and percentage literate, according to background characteristics, Nepal DHS 2016

| Background characteristic | SLC and above | No schooling, primary or secondary school |  |  |  | Total | Percentage literate ${ }^{1}$ | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can read a whole sentence | Can read part of a sentence | Cannot read at all | Blind/ visually impaired |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 41.8 | 45.3 | 7.3 | 5.6 | 0.0 | 100.0 | 94.4 | 1,580 |
| 15-19 | 33.4 | 53.9 | 7.5 | 5.1 | 0.0 | 100.0 | 94.9 | 931 |
| 20-24 | 53.7 | 33.0 | 6.9 | 6.3 | 0.0 | 100.0 | 93.7 | 649 |
| 25-29 | 47.5 | 37.9 | 6.9 | 7.6 | 0.0 | 100.0 | 92.4 | 525 |
| 30-34 | 34.9 | 44.1 | 9.4 | 11.6 | 0.0 | 100.0 | 88.4 | 535 |
| 35-39 | 27.1 | 46.2 | 11.0 | 15.7 | 0.0 | 100.0 | 84.3 | 544 |
| 40-44 | 30.2 | 42.2 | 10.2 | 17.3 | 0.1 | 100.0 | 82.6 | 463 |
| 45-49 | 27.2 | 42.6 | 9.6 | 20.2 | 0.3 | 100.0 | 79.4 | 415 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 42.5 | 42.0 | 7.3 | 8.2 | 0.0 | 100.0 | 91.8 | 2,647 |
| Rural | 26.3 | 46.8 | 11.0 | 15.9 | 0.1 | 100.0 | 84.1 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 35.6 | 42.1 | 10.3 | 11.6 | 0.4 | 100.0 | 88.0 | 252 |
| Hill | 42.6 | 46.2 | 7.0 | 4.2 | 0.0 | 100.0 | 95.8 | 1,791 |
| Terai | 31.9 | 41.7 | 9.8 | 16.6 | 0.0 | 100.0 | 83.3 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 35.4 | 45.8 | 8.8 | 10.0 | 0.0 | 100.0 | 90.0 | 892 |
| Central | 42.2 | 35.8 | 9.4 | 12.6 | 0.1 | 100.0 | 87.4 | 1,604 |
| Western | 33.3 | 51.6 | 5.3 | 9.8 | 0.0 | 100.0 | 90.2 | 785 |
| Mid-western | 29.0 | 48.5 | 12.3 | 10.1 | 0.1 | 100.0 | 89.8 | 453 |
| Far-western | 33.9 | 51.0 | 6.7 | 8.3 | 0.1 | 100.0 | 91.6 | 330 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 35.6 | 46.3 | 9.8 | 8.3 | 0.0 | 100.0 | 91.7 | 691 |
| Province 2 | 29.7 | 37.4 | 11.0 | 21.9 | 0.0 | 100.0 | 78.1 | 795 |
| Province 3 | 50.5 | 36.1 | 7.3 | 5.9 | 0.1 | 100.0 | 94.0 | 1,009 |
| Province 4 | 38.6 | 51.0 | 5.2 | 5.2 | 0.0 | 100.0 | 94.8 | 376 |
| Province 5 | 26.7 | 51.6 | 8.6 | 13.1 | 0.0 | 100.0 | 86.9 | 658 |
| Province 6 | 35.3 | 45.9 | 10.3 | 8.2 | 0.2 | 100.0 | 91.5 | 203 |
| Province 7 | 33.9 | 51.0 | 6.7 | 8.3 | 0.1 | 100.0 | 91.6 | 330 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 14.6 | 52.3 | 13.0 | 20.1 | 0.1 | 100.0 | 79.9 | 623 |
| Second | 20.9 | 50.7 | 10.8 | 17.4 | 0.2 | 100.0 | 82.3 | 706 |
| Middle | 26.4 | 45.6 | 12.7 | 15.3 | 0.0 | 100.0 | 84.7 | 758 |
| Fourth | 39.0 | 47.5 | 6.8 | 6.8 | 0.0 | 100.0 | 93.2 | 982 |
| Highest | 68.0 | 28.1 | 2.9 | 1.0 | 0.0 | 100.0 | 99.0 | 994 |
| Total | 36.8 | 43.7 | 8.6 | 10.8 | 0.0 | 100.0 | 89.1 | 4,063 |

${ }^{1}$ Refers to men with an SLC or higher and men who can read a whole sentence or part of a sentence

Table 3.5.1 Exposure to mass media: Women
Percentage of women age 15-49 who are exposed to specific media on a weekly basis, by background characteristics, Nepal DHS 2016

| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | Accesses all three media at least once a week | Accesses none of the three media at least once a week | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | 9.7 | 52.7 | 34.0 | 3.6 | 30.7 | 2,598 |
| 20-24 | 8.5 | 52.2 | 31.4 | 2.4 | 33.4 | 2,251 |
| 25-29 | 11.1 | 51.3 | 26.3 | 4.2 | 36.7 | 2,135 |
| 30-34 | 9.3 | 52.5 | 25.1 | 2.6 | 36.8 | 1,806 |
| 35-39 | 7.4 | 46.9 | 22.9 | 3.0 | 43.1 | 1,572 |
| 40-44 | 6.8 | 45.8 | 23.3 | 2.7 | 44.6 | 1,388 |
| 45-49 | 5.6 | 45.8 | 24.9 | 3.3 | 43.9 | 1,113 |
| Residence |  |  |  |  |  |  |
| Urban | 12.4 | 59.5 | 27.4 | 4.4 | 30.5 | 8,072 |
| Rural | 2.5 | 34.7 | 28.2 | 1.0 | 48.4 | 4,790 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 3.1 | 27.8 | 41.7 | 1.6 | 44.5 | 775 |
| Hill | 12.0 | 52.0 | 32.4 | 3.9 | 32.1 | 5,556 |
| Terai | 6.5 | 51.5 | 22.1 | 2.7 | 40.7 | 6,531 |
| Development region |  |  |  |  |  |  |
| Eastern | 8.2 | 53.9 | 29.7 | 3.2 | 34.5 | 2,900 |
| Central | 13.2 | 57.7 | 24.4 | 4.2 | 33.7 | 4,569 |
| Western | 7.9 | 58.8 | 27.7 | 3.6 | 30.4 | 2,597 |
| Mid-western | 2.6 | 27.1 | 29.8 | 1.0 | 52.9 | 1,650 |
| Far-western | 2.7 | 25.9 | 32.9 | 0.9 | 50.6 | 1,145 |
| Province |  |  |  |  |  |  |
| Province 1 | 9.8 | 53.2 | 32.1 | 3.5 | 32.6 | 2,173 |
| Province 2 | 2.6 | 47.1 | 18.6 | 1.2 | 46.8 | 2,563 |
| Province 3 | 20.5 | 67.1 | 29.4 | 6.5 | 23.2 | 2,732 |
| Province 4 | 7.8 | 63.2 | 30.5 | 3.3 | 25.3 | 1,249 |
| Province 5 | 5.8 | 47.3 | 26.0 | 2.7 | 40.6 | 2,274 |
| Province 6 | 2.5 | 15.2 | 33.1 | 0.9 | 58.5 | 724 |
| Province 7 | 2.7 | 25.9 | 32.9 | 0.9 | 50.6 | 1,145 |
| Education |  |  |  |  |  |  |
| No education | 0.2 | 30.5 | 15.6 | 0.0 | 59.9 | 4,281 |
| Primary | 2.7 | 44.7 | 24.3 | 0.6 | 41.7 | 2,150 |
| Some secondary | 6.9 | 57.2 | 33.5 | 2.6 | 28.0 | 3,291 |
| SLC and above | 26.3 | 73.8 | 40.5 | 9.8 | 12.8 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 0.6 | 9.5 | 30.4 | 0.0 | 63.9 | 2,176 |
| Second | 1.8 | 32.3 | 32.8 | 0.6 | 48.0 | 2,525 |
| Middle | 2.8 | 48.0 | 24.3 | 1.4 | 42.8 | 2,595 |
| Fourth | 7.4 | 64.9 | 24.5 | 2.7 | 28.1 | 2,765 |
| Highest | 28.1 | 85.9 | 27.4 | 10.0 | 10.5 | 2,801 |
| Total | 8.7 | 50.3 | 27.7 | 3.2 | 37.2 | 12,862 |

Table 3.5.2 Exposure to mass media: Men
Percentage of men age 15-49 who are exposed to specific media on a weekly basis, by background characteristics, Nepal DHS 2016

| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | Accesses all three media at least once a week | Accesses none of the three media at least once a week | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | 17.9 | 53.0 | 32.2 | 6.5 | 29.5 | 931 |
| 20-24 | 25.5 | 51.1 | 38.1 | 10.9 | 28.8 | 649 |
| 25-29 | 23.2 | 51.4 | 37.7 | 8.2 | 28.0 | 525 |
| 30-34 | 20.5 | 49.3 | 37.7 | 10.0 | 33.6 | 535 |
| 35-39 | 21.4 | 53.5 | 37.3 | 12.6 | 33.0 | 544 |
| 40-44 | 26.0 | 49.9 | 38.5 | 10.7 | 30.4 | 463 |
| 45-49 | 19.5 | 46.1 | 33.6 | 8.3 | 37.0 | 415 |
| Residence |  |  |  |  |  |  |
| Urban | 28.9 | 60.1 | 35.4 | 12.5 | 24.9 | 2,647 |
| Rural | 8.2 | 34.0 | 37.6 | 3.4 | 42.5 | 1,416 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 6.7 | 33.6 | 45.8 | 3.1 | 33.9 | 252 |
| Hill | 29.1 | 54.0 | 41.1 | 12.3 | 25.0 | 1,791 |
| Terai | 16.9 | 50.6 | 30.5 | 7.6 | 36.0 | 2,019 |
| Development region |  |  |  |  |  |  |
| Eastern | 13.8 | 50.6 | 33.5 | 6.3 | 33.2 | 892 |
| Central | 31.6 | 57.8 | 35.0 | 13.2 | 27.5 | 1,604 |
| Western | 20.7 | 55.8 | 33.3 | 9.6 | 30.8 | 785 |
| Mid-western | 9.1 | 31.2 | 42.3 | 3.5 | 36.8 | 453 |
| Far-western | 14.7 | 35.0 | 47.0 | 6.4 | 34.9 | 330 |
| Province |  |  |  |  |  |  |
| Province 1 | 14.6 | 51.1 | 34.0 | 6.1 | 31.4 | 691 |
| Province 2 | 11.7 | 45.5 | 27.6 | 5.0 | 41.4 | 795 |
| Province 3 | 43.2 | 65.7 | 40.1 | 18.4 | 19.0 | 1,009 |
| Province 4 | 24.1 | 61.1 | 38.3 | 11.8 | 24.2 | 376 |
| Province 5 | 15.0 | 46.6 | 31.9 | 6.3 | 36.1 | 658 |
| Province 6 | 6.9 | 20.7 | 48.8 | 2.6 | 39.1 | 203 |
| Province 7 | 14.7 | 35.0 | 47.0 | 6.4 | 34.9 | 330 |
| Education |  |  |  |  |  |  |
| No education | 0.4 | 21.7 | 18.6 | 0.1 | 64.6 | 391 |
| Primary | 5.8 | 34.2 | 34.1 | 2.9 | 44.7 | 789 |
| Some secondary | 16.4 | 51.7 | 36.2 | 7.8 | 30.2 | 1,386 |
| SLC and above | 40.5 | 66.9 | 41.7 | 16.7 | 15.9 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 2.5 | 11.9 | 43.4 | 0.4 | 52.3 | 623 |
| Second | 4.6 | 29.7 | 38.3 | 2.1 | 44.7 | 706 |
| Middle | 9.7 | 48.2 | 31.2 | 4.7 | 38.0 | 758 |
| Fourth | 26.6 | 64.5 | 37.0 | 12.5 | 20.9 | 982 |
| Highest | 50.1 | 79.5 | 32.9 | 20.6 | 12.7 | 994 |
| Total | 21.7 | 51.0 | 36.1 | 9.4 | 31.0 | 4,063 |

Table 3.6.1 Exposure to specific health programs on radio and television: Women
Percentage of women age 15-49 who have heard or seen specific health programs on the radio or television, according to background characteristics, Nepal DHS 2016

|  |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

Table 3.6.2 Exposure to specific health programs on radio and television: Men
Percentage of men age 15-49 who have heard or seen specific health programs on the radio or television, according to background characteristics, Nepal DHS 2016

| Background characteristic | Jana swasthya radio karyakram | Janasankhya chetana ka sworeharu radio karyakram | Jeevan chakra TV karyakram | Thorai bhaye pugi sari TV karyakram | Sathi sanga manka kura radio karyakram | Bhanchin aama radio karyakram | Bhandai sundai radio karyakram | Pariwar niyojan, smart bancha jeevan TV/radio karyakram | Navimalam TV/radio karyakram | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 10.9 | 8.5 | 13.1 | 7.2 | 25.9 | 6.1 | 4.3 | 42.2 | 43.0 | 931 |
| 20-24 | 11.2 | 10.7 | 11.4 | 6.2 | 26.1 | 3.8 | 5.3 | 42.5 | 45.2 | 649 |
| 25-29 | 16.3 | 14.3 | 12.5 | 11.1 | 29.5 | 4.3 | 5.8 | 42.6 | 50.8 | 525 |
| 30-34 | 17.3 | 12.5 | 14.4 | 14.2 | 27.2 | 6.8 | 6.8 | 47.0 | 48.7 | 535 |
| 35-39 | 19.6 | 13.3 | 21.3 | 18.9 | 22.1 | 3.2 | 4.3 | 38.8 | 43.1 | 544 |
| 40-44 | 17.4 | 12.7 | 12.0 | 10.5 | 20.4 | 5.0 | 4.0 | 42.8 | 48.5 | 463 |
| 45-49 | 15.5 | 12.4 | 10.7 | 12.3 | 19.9 | 4.9 | 4.9 | 38.7 | 44.9 | 415 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 16.0 | 12.0 | 17.1 | 14.1 | 23.7 | 3.7 | 5.6 | 43.3 | 48.2 | 2,647 |
| Rural | 12.8 | 11.1 | 7.1 | 5.1 | 26.9 | 7.3 | 4.0 | 40.1 | 41.7 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 19.7 | 18.3 | 9.4 | 7.0 | 35.3 | 22.4 | 8.2 | 48.7 | 55.5 | 252 |
| Hill | 17.9 | 14.3 | 18.6 | 13.4 | 30.6 | 6.2 | 7.7 | 45.9 | 55.3 | 1,791 |
| Terai | 11.5 | 8.5 | 9.8 | 9.3 | 18.3 | 1.7 | 2.2 | 38.0 | 36.5 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 14.3 | 12.0 | 13.5 | 11.6 | 29.6 | 6.3 | 4.4 | 43.0 | 48.7 | 892 |
| Central | 14.3 | 10.6 | 14.4 | 12.1 | 21.8 | 3.0 | 5.2 | 44.1 | 44.7 | 1,604 |
| Western | 13.7 | 11.5 | 16.8 | 10.6 | 19.8 | 2.0 | 4.0 | 42.9 | 42.7 | 785 |
| Mid-western | 16.9 | 12.8 | 10.9 | 8.4 | 32.5 | 13.3 | 7.4 | 40.8 | 49.2 | 453 |
| Far-western | 19.2 | 14.9 | 6.7 | 7.5 | 28.1 | 6.9 | 5.1 | 30.7 | 47.5 | 330 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 14.7 | 11.2 | 15.5 | 13.3 | 31.5 | 8.1 | 5.0 | 44.6 | 51.6 | 691 |
| Province 2 | 9.4 | 8.3 | 3.2 | 4.4 | 15.8 | 0.1 | 1.7 | 41.8 | 30.5 | 795 |
| Province 3 | 17.8 | 13.1 | 21.7 | 16.9 | 26.7 | 4.6 | 7.3 | 44.6 | 54.8 | 1,009 |
| Province 4 | 14.8 | 12.4 | 19.0 | 10.6 | 27.1 | 3.1 | 4.6 | 50.6 | 48.9 | 376 |
| Province 5 | 12.3 | 10.4 | 14.6 | 10.6 | 17.1 | 3.2 | 3.3 | 34.0 | 39.8 | 658 |
| Province 6 | 23.4 | 16.5 | 6.6 | 5.9 | 43.6 | 21.3 | 12.5 | 52.7 | 55.1 | 203 |
| Province 7 | 19.2 | 14.9 | 6.7 | 7.5 | 28.1 | 6.9 | 5.1 | 30.7 | 47.5 | 330 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 5.3 | 4.3 | 2.2 | 3.1 | 10.3 | 2.4 | 2.2 | 19.6 | 19.9 | 391 |
| Primary | 12.2 | 11.5 | 8.7 | 7.5 | 20.3 | 5.7 | 4.0 | 32.6 | 35.5 | 789 |
| Some secondary | 14.0 | 10.5 | 14.5 | 9.8 | 24.7 | 4.7 | 5.1 | 43.6 | 45.1 | 1,386 |
| SLC and above | 19.5 | 14.8 | 18.4 | 15.8 | 31.1 | 5.5 | 6.2 | 51.8 | 59.0 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 15.7 | 13.7 | 4.4 | 2.5 | 32.0 | 11.0 | 6.4 | 37.2 | 42.8 | 623 |
| Second | 15.3 | 12.0 | 10.5 | 8.1 | 30.2 | 6.9 | 5.5 | 38.5 | 40.7 | 706 |
| Middle | 12.8 | 10.1 | 11.8 | 9.2 | 21.9 | 3.2 | 3.4 | 37.6 | 38.5 | 758 |
| Fourth | 13.8 | 11.9 | 15.0 | 12.6 | 23.3 | 3.8 | 6.6 | 40.2 | 41.2 | 982 |
| Highest | 16.7 | 11.1 | 21.8 | 17.9 | 20.2 | 2.3 | 3.5 | 53.3 | 62.0 | 994 |
| Total | 14.9 | 11.7 | 13.6 | 10.9 | 24.8 | 5.0 | 5.0 | 42.2 | 45.9 | 4,063 |

## Table 3.7.1 Internet usage: Women

Percentage of women age 15-49 who have ever used the Internet, and percentage who have used the Internet in the past 12 months; and among women who have used the Internet in the past 12 months, percent distribution by frequency of Internet use in the past month, according to background characteristics, Nepal DHS 2016

| Background characteristic | Ever used the Internet | Used the Internet in the past 12 months | Number | Among respondents who have used the Internet in the past 12 months, percentage who, in the past month, used the Internet: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Almost every day | At least once a week | Less than once a week | Not at all | Total | Number |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 31.4 | 30.2 | 2,598 | 51.0 | 32.6 | 11.6 | 4.8 | 100.0 | 784 |
| 20-24 | 39.1 | 37.6 | 2,251 | 55.5 | 30.4 | 10.2 | 3.9 | 100.0 | 847 |
| 25-29 | 29.4 | 28.3 | 2,135 | 62.0 | 25.9 | 9.4 | 2.7 | 100.0 | 603 |
| 30-34 | 20.7 | 19.8 | 1,806 | 58.1 | 26.4 | 9.4 | 6.1 | 100.0 | 358 |
| 35-39 | 11.7 | 11.5 | 1,572 | 62.0 | 24.5 | 9.9 | 3.6 | 100.0 | 181 |
| 40-44 | 10.0 | 9.8 | 1,388 | 52.3 | 27.1 | 17.2 | 3.4 | 100.0 | 137 |
| 45-49 | 5.5 | 5.5 | 1,113 | (57.9) | (25.9) | (13.7) | (2.5) | 100.0 | 61 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 31.1 | 30.1 | 8,072 | 58.5 | 27.8 | 10.0 | 3.7 | 100.0 | 2,432 |
| Rural | 11.9 | 11.2 | 4,790 | 45.9 | 34.4 | 13.9 | 5.9 | 100.0 | 537 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 13.6 | 12.2 | 775 | 33.8 | 37.5 | 26.5 | 2.1 | 100.0 | 95 |
| Hill | 31.1 | 30.2 | 5,556 | 59.0 | 27.5 | 9.9 | 3.6 | 100.0 | 1,679 |
| Terai | 19.1 | 18.3 | 6,531 | 54.1 | 30.3 | 10.6 | 4.9 | 100.0 | 1,196 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 22.6 | 21.4 | 2,900 | 48.9 | 33.5 | 11.6 | 6.0 | 100.0 | 621 |
| Central | 29.1 | 28.4 | 4,569 | 61.2 | 24.6 | 10.5 | 3.7 | 100.0 | 1,296 |
| Western | 32.5 | 31.6 | 2,597 | 57.4 | 30.7 | 8.6 | 3.3 | 100.0 | 820 |
| Mid-western | 9.0 | 8.6 | 1,650 | 47.7 | 34.2 | 15.2 | 2.9 | 100.0 | 143 |
| Far-western | 8.8 | 7.9 | 1,145 | 39.0 | 35.8 | 20.0 | 5.3 | 100.0 | 90 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 26.0 | 24.7 | 2,173 | 49.2 | 33.3 | 12.0 | 5.6 | 100.0 | 537 |
| Province 2 | 10.7 | 10.0 | 2,563 | 45.8 | 29.5 | 12.5 | 12.1 | 100.0 | 257 |
| Province 3 | 42.0 | 41.1 | 2,732 | 63.6 | 24.3 | 9.9 | 2.2 | 100.0 | 1,124 |
| Province 4 | 38.6 | 37.7 | 1,249 | 57.3 | 30.2 | 8.1 | 4.4 | 100.0 | 471 |
| Province 5 | 20.1 | 19.3 | 2,274 | 56.3 | 31.9 | 9.9 | 1.9 | 100.0 | 439 |
| Province 6 | 7.5 | 7.2 | 724 | 40.6 | 35.5 | 20.0 | 3.8 | 100.0 | 52 |
| Province 7 | 8.8 | 7.9 | 1,145 | 39.0 | 35.8 | 20.0 | 5.3 | 100.0 | 90 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 2.4 | 2.2 | 4,281 | 61.1 | 25.5 | 9.7 | 3.7 | 100.0 | 96 |
| Primary | 8.0 | 7.6 | 2,150 | 39.0 | 37.2 | 13.0 | 10.9 | 100.0 | 164 |
| Some secondary | 25.0 | 23.3 | 3,291 | 47.1 | 33.6 | 14.6 | 4.8 | 100.0 | 766 |
| SLC and above | 63.2 | 61.9 | 3,140 | 61.1 | 26.6 | 9.1 | 3.3 | 100.0 | 1,943 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 5.9 | 5.5 | 2,176 | 27.8 | 41.5 | 20.4 | 10.3 | 100.0 | 119 |
| Second | 12.7 | 11.9 | 2,525 | 37.2 | 37.4 | 18.8 | 6.6 | 100.0 | 301 |
| Middle | 14.6 | 13.9 | 2,595 | 40.5 | 41.6 | 12.4 | 5.5 | 100.0 | 362 |
| Fourth | 26.8 | 25.7 | 2,765 | 56.1 | 28.9 | 10.5 | 4.4 | 100.0 | 712 |
| Highest | 53.9 | 52.7 | 2,801 | 66.3 | 23.1 | 8.0 | 2.6 | 100.0 | 1,476 |
| Total | 23.9 | 23.1 | 12,862 | 56.2 | 29.0 | 10.7 | 4.1 | 100.0 | 2,970 |

Note: Figures in parentheses are based on 25-49 unweighted cases

Table 3.7.2 Internet usage: Men
Percentage of men age 15-49 who have ever used the Internet, and percentage who have used the Internet in the past 12 months; and among men who have used the Internet in the past 12 months, percent distribution by frequency of Internet use in the past month, according to background characteristics, Nepal DHS 2016

| Background characteristic | Ever used the Internet | Used the Internet in the past 12 months | Number | Among respondents who have used the Internet in the past 12 months, percentage who, in the past month, used the Internet: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Almost every day | At least once a week | Less than once a week | Not at all | Total | Number |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 62.6 | 61.5 | 931 | 48.6 | 34.4 | 11.9 | 5.1 | 100.0 | 573 |
| 20-24 | 72.6 | 69.7 | 649 | 60.1 | 27.1 | 9.1 | 3.7 | 100.0 | 453 |
| 25-29 | 64.5 | 59.1 | 525 | 56.5 | 27.7 | 10.5 | 5.4 | 100.0 | 310 |
| 30-34 | 48.7 | 42.9 | 535 | 57.3 | 22.0 | 14.8 | 5.8 | 100.0 | 229 |
| 35-39 | 36.0 | 32.2 | 544 | 47.3 | 37.9 | 8.1 | 6.6 | 100.0 | 175 |
| 40-44 | 27.1 | 25.3 | 463 | 57.9 | 28.9 | 6.2 | 7.0 | 100.0 | 117 |
| 45-49 | 14.4 | 13.4 | 415 | 44.5 | 34.2 | 17.3 | 4.0 | 100.0 | 56 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 56.5 | 53.5 | 2,647 | 58.7 | 28.8 | 8.5 | 4.1 | 100.0 | 1,416 |
| Rural | 38.1 | 35.2 | 1,416 | 40.7 | 33.8 | 17.4 | 8.1 | 100.0 | 498 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 33.7 | 31.5 | 252 | 48.4 | 40.5 | 11.1 | 0.0 | 100.0 | 79 |
| Hill | 58.0 | 54.1 | 1,791 | 57.7 | 29.0 | 8.9 | 4.4 | 100.0 | 969 |
| Terai | 45.1 | 42.9 | 2,019 | 50.3 | 30.3 | 12.9 | 6.4 | 100.0 | 865 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 44.8 | 40.8 | 892 | 44.1 | 38.3 | 11.4 | 6.3 | 100.0 | 364 |
| Central | 56.3 | 54.4 | 1,604 | 62.2 | 26.6 | 7.5 | 3.7 | 100.0 | 872 |
| Western | 57.0 | 54.3 | 785 | 52.0 | 29.6 | 12.7 | 5.7 | 100.0 | 426 |
| Mid-western | 35.9 | 30.5 | 453 | 42.4 | 30.1 | 22.5 | 5.0 | 100.0 | 138 |
| Far-western | 37.1 | 34.6 | 330 | 44.0 | 32.6 | 13.1 | 10.3 | 100.0 | 114 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 46.2 | 42.5 | 691 | 46.3 | 38.4 | 10.4 | 4.9 | 100.0 | 294 |
| Province 2 | 42.1 | 39.7 | 795 | 45.5 | 28.4 | 16.5 | 9.6 | 100.0 | 316 |
| Province 3 | 64.3 | 62.1 | 1,009 | 67.6 | 26.9 | 3.9 | 1.6 | 100.0 | 626 |
| Province 4 | 62.6 | 59.2 | 376 | 52.8 | 32.8 | 11.6 | 2.8 | 100.0 | 223 |
| Province 5 | 47.4 | 43.5 | 658 | 49.6 | 26.9 | 16.3 | 7.2 | 100.0 | 286 |
| Province 6 | 30.7 | 27.1 | 203 | 37.6 | 32.2 | 22.6 | 7.6 | 100.0 | 55 |
| Province 7 | 37.1 | 34.6 | 330 | 44.0 | 32.6 | 13.1 | 10.3 | 100.0 | 114 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 6.8 | 6.7 | 391 | * | * | * | * | * | 26 |
| Primary | 22.5 | 19.6 | 789 | 26.4 | 38.6 | 23.1 | 11.8 | 100.0 | 154 |
| Some secondary | 46.9 | 43.1 | 1,386 | 38.7 | 38.1 | 15.0 | 8.3 | 100.0 | 597 |
| SLC and above | 78.9 | 75.9 | 1,497 | 66.1 | 24.7 | 6.6 | 2.6 | 100.0 | 1,136 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 25.3 | 22.1 | 623 | 23.5 | 42.6 | 25.4 | 8.5 | 100.0 | 138 |
| Second | 31.3 | 27.7 | 706 | 34.5 | 34.3 | 19.6 | 11.5 | 100.0 | 196 |
| Middle | 41.1 | 37.1 | 758 | 40.2 | 36.7 | 15.7 | 7.4 | 100.0 | 281 |
| Fourth | 57.3 | 54.5 | 982 | 51.3 | 34.2 | 9.5 | 5.0 | 100.0 | 535 |
| Highest | 78.7 | 76.9 | 994 | 71.4 | 21.4 | 5.0 | 2.1 | 100.0 | 764 |
| Total | 50.1 | 47.1 | 4,063 | 54.0 | 30.1 | 10.8 | 5.1 | 100.0 | 1,914 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 3.8.1 Employment status: Women
Percent distribution of women age 15-49 by employment status, according to background characteristics, Nepal DHS 2016

| Background characteristic | Employed in the 12 months preceding the survey |  | Not employed in the 12 months preceding the survey | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Currently employed ${ }^{1}$ | Not currently employed |  |  |  |
| Age |  |  |  |  |  |
| 15-19 | 40.1 | 13.1 | 46.8 | 100.0 | 2,598 |
| 20-24 | 50.8 | 11.3 | 37.9 | 100.0 | 2,251 |
| 25-29 | 57.1 | 9.9 | 33.1 | 100.0 | 2,135 |
| 30-34 | 65.5 | 8.2 | 26.3 | 100.0 | 1,806 |
| 35-39 | 65.5 | 9.1 | 25.4 | 100.0 | 1,572 |
| 40-44 | 68.7 | 7.5 | 23.8 | 100.0 | 1,388 |
| 45-49 | 67.4 | 7.4 | 25.2 | 100.0 | 1,113 |
| Marital status |  |  |  |  |  |
| Never married | 47.6 | 12.5 | 39.8 | 100.0 | 2,669 |
| Married or living together | 58.9 | 9.3 | 31.8 | 100.0 | 9,875 |
| Divorced/separated/widowed | 74.0 | 9.1 | 16.9 | 100.0 | 318 |
| Number of living children |  |  |  |  |  |
| 0 | 47.9 | 12.4 | 39.7 | 100.0 | 3,724 |
| 1-2 | 57.8 | 8.7 | 33.5 | 100.0 | 5,184 |
| 3-4 | 63.8 | 9.9 | 26.3 | 100.0 | 3,087 |
| $5+$ | 65.9 | 7.4 | 26.8 | 100.0 | 867 |
| Residence |  |  |  |  |  |
| Urban | 55.2 | 10.2 | 34.7 | 100.0 | 8,072 |
| Rural | 59.9 | 9.6 | 30.5 | 100.0 | 4,790 |
| Ecological zone |  |  |  |  |  |
| Mountain | 69.5 | 8.7 | 21.8 | 100.0 | 775 |
| Hill | 67.6 | 8.0 | 24.4 | 100.0 | 5,556 |
| Terai | 46.4 | 11.8 | 41.8 | 100.0 | 6,531 |
| Development region |  |  |  |  |  |
| Eastern | 58.0 | 10.7 | 31.3 | 100.0 | 2,900 |
| Central | 49.7 | 9.3 | 41.1 | 100.0 | 4,569 |
| Western | 56.1 | 9.6 | 34.3 | 100.0 | 2,597 |
| Mid-western | 67.3 | 9.6 | 23.1 | 100.0 | 1,650 |
| Far-western | 70.1 | 12.2 | 17.7 | 100.0 | 1,145 |
| Province |  |  |  |  |  |
| Province 1 | 59.1 | 7.9 | 33.1 | 100.0 | 2,173 |
| Province 2 | 38.5 | 12.3 | 49.1 | 100.0 | 2,563 |
| Province 3 | 61.5 | 9.0 | 29.5 | 100.0 | 2,732 |
| Province 4 | 61.3 | 8.9 | 29.8 | 100.0 | 1,249 |
| Province 5 | 59.1 | 9.9 | 31.0 | 100.0 | 2,274 |
| Province 6 | 63.2 | 9.9 | 26.9 | 100.0 | 724 |
| Province 7 | 70.1 | 12.2 | 17.7 | 100.0 | 1,145 |
| Education |  |  |  |  |  |
| No education | 62.5 | 10.3 | 27.2 | 100.0 | 4,281 |
| Primary | 60.3 | 8.8 | 30.8 | 100.0 | 2,150 |
| Some secondary | 51.5 | 11.4 | 37.1 | 100.0 | 3,291 |
| SLC and above | 52.6 | 8.9 | 38.5 | 100.0 | 3,140 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 75.6 | 8.7 | 15.7 | 100.0 | 2,176 |
| Second | 66.0 | 12.3 | 21.7 | 100.0 | 2,525 |
| Middle | 53.9 | 13.1 | 33.0 | 100.0 | 2,595 |
| Fourth | 49.6 | 9.2 | 41.2 | 100.0 | 2,765 |
| Highest | 44.3 | 6.7 | 49.1 | 100.0 | 2,801 |
| Total | 56.9 | 10.0 | 33.1 | 100.0 | 12,862 |

1 "Currently employed" is defined as having done work in the past 7 days. Includes persons who did not work in the past 7 days but who are regularly employed and were absent from work for leave, illness, vacation, or any other such reason.

Table 3.8.2 Employment status: Men
Percent distribution of men age 15-49 by employment status, according to background characteristics, Nepal DHS 2016

| Background characteristic | Employed in the 12 months preceding the survey |  | Not employed in the 12 months preceding the survey | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Currently employed ${ }^{1}$ | Not currently employed |  |  |  |
| Age |  |  |  |  |  |
| 15-19 | 46.6 | 9.7 | 43.7 | 100.0 | 931 |
| 20-24 | 74.1 | 11.6 | 14.2 | 100.0 | 649 |
| 25-29 | 86.9 | 8.2 | 4.9 | 100.0 | 525 |
| 30-34 | 91.3 | 6.3 | 2.4 | 100.0 | 535 |
| 35-39 | 91.4 | 5.9 | 2.7 | 100.0 | 544 |
| 40-44 | 90.6 | 7.1 | 2.2 | 100.0 | 463 |
| 45-49 | 93.4 | 2.3 | 4.3 | 100.0 | 415 |
| Marital status |  |  |  |  |  |
| Never married | 52.5 | 10.1 | 37.4 | 100.0 | 1,355 |
| Married or living together | 90.9 | 6.4 | 2.7 | 100.0 | 2,675 |
| Divorced/separated/widowed | (69.2) | (26.6) | (4.2) | 100.0 | 33 |
| Number of living children |  |  |  |  |  |
| 0 | 58.4 | 10.4 | 31.2 | 100.0 | 1,658 |
| 1-2 | 90.3 | 6.3 | 3.4 | 100.0 | 1,340 |
| 3-4 | 92.8 | 5.7 | 1.5 | 100.0 | 824 |
| $5+$ | 92.2 | 5.4 | 2.4 | 100.0 | 241 |
| Residence |  |  |  |  |  |
| Urban | 76.8 | 7.9 | 15.3 | 100.0 | 2,647 |
| Rural | 79.9 | 7.7 | 12.5 | 100.0 | 1,416 |
| Ecological zone |  |  |  |  |  |
| Mountain | 87.1 | 7.1 | 5.8 | 100.0 | 252 |
| Hill | 77.8 | 7.3 | 14.9 | 100.0 | 1,791 |
| Terai | 76.8 | 8.3 | 14.8 | 100.0 | 2,019 |
| Development region |  |  |  |  |  |
| Eastern | 79.9 | 9.1 | 11.0 | 100.0 | 892 |
| Central | 78.6 | 8.4 | 13.1 | 100.0 | 1,604 |
| Western | 74.6 | 5.4 | 20.0 | 100.0 | 785 |
| Mid-western | 79.1 | 7.5 | 13.4 | 100.0 | 453 |
| Far-western | 75.4 | 7.8 | 16.8 | 100.0 | 330 |
| Province |  |  |  |  |  |
| Province 1 | 82.1 | 8.9 | 9.0 | 100.0 | 691 |
| Province 2 | 76.4 | 9.3 | 14.3 | 100.0 | 795 |
| Province 3 | 79.1 | 7.9 | 13.0 | 100.0 | 1,009 |
| Province 4 | 75.6 | 6.2 | 18.2 | 100.0 | 376 |
| Province 5 | 76.4 | 4.5 | 19.1 | 100.0 | 658 |
| Province 6 | 76.7 | 11.5 | 11.8 | 100.0 | 203 |
| Province 7 | 75.4 | 7.8 | 16.8 | 100.0 | 330 |
| Education |  |  |  |  |  |
| No education | 89.4 | 6.4 | 4.2 | 100.0 | 391 |
| Primary | 91.5 | 5.2 | 3.2 | 100.0 | 789 |
| Some secondary | 71.9 | 9.3 | 18.7 | 100.0 | 1,386 |
| SLC and above | 73.2 | 8.1 | 18.7 | 100.0 | 1,497 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 83.0 | 6.7 | 10.2 | 100.0 | 623 |
| Second | 82.9 | 5.9 | 11.2 | 100.0 | 706 |
| Middle | 79.4 | 7.9 | 12.7 | 100.0 | 758 |
| Fourth | 74.1 | 9.8 | 16.1 | 100.0 | 982 |
| Highest | 73.7 | 7.7 | 18.6 | 100.0 | 994 |
| Total | 77.9 | 7.8 | 14.3 | 100.0 | 4,063 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
1 "Currently employed" is defined as having done work in the past 7 days. Includes persons who did not work in the past 7 days but who are regularly employed and were absent from work for leave, illness, vacation, or any other such reason.

## Table 3.9.1 Occupation: Women

Percent distribution of women age 15-49 employed in the 12 months preceding the survey by occupation, according to background characteristics, Nepal DHS 2016

| Background characteristic | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Agriculture | Other | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 2.8 | 1.5 | 7.0 | 5.9 | 2.4 | 79.6 | 0.8 | 100.0 | 1,382 |
| 20-24 | 6.7 | 3.0 | 14.4 | 8.4 | 2.6 | 64.8 | 0.1 | 100.0 | 1,397 |
| 25-29 | 10.0 | 3.3 | 14.0 | 6.7 | 4.2 | 61.8 | 0.0 | 100.0 | 1,429 |
| 30-34 | 5.7 | 1.8 | 16.6 | 5.9 | 3.2 | 66.8 | 0.0 | 100.0 | 1,331 |
| 35-39 | 4.8 | 1.8 | 14.4 | 4.1 | 5.1 | 69.9 | 0.0 | 100.0 | 1,173 |
| 40-44 | 4.0 | 1.3 | 14.2 | 4.9 | 3.1 | 72.6 | 0.0 | 100.0 | 1,058 |
| 45-49 | 4.5 | 0.5 | 11.7 | 2.2 | 3.6 | 77.5 | 0.0 | 100.0 | 833 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Never married | 9.3 | 3.6 | 12.6 | 6.7 | 2.6 | 64.5 | 0.8 | 100.0 | 1,605 |
| Married or living together | 4.9 | 1.6 | 13.2 | 5.5 | 3.4 | 71.3 | 0.0 | 100.0 | 6,733 |
| Divorced/separated/widowed | 3.5 | 2.3 | 16.3 | 3.8 | 8.6 | 65.5 | 0.0 | 100.0 | 265 |
| Number of living children |  |  |  |  |  |  |  |  |  |
| 0 | 8.3 | 3.6 | 12.9 | 7.8 | 2.6 | 64.3 | 0.5 | 100.0 | 2,245 |
| 1-2 | 7.2 | 2.1 | 17.3 | 6.9 | 3.1 | 63.5 | 0.0 | 100.0 | 3,448 |
| 3-4 | 2.3 | 0.8 | 9.3 | 2.8 | 4.6 | 80.2 | 0.0 | 100.0 | 2,275 |
| 5+ | 0.3 | 0.5 | 6.2 | 2.1 | 3.8 | 87.2 | 0.0 | 100.0 | 635 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 7.7 | 2.6 | 17.0 | 7.1 | 3.8 | 61.7 | 0.2 | 100.0 | 5,275 |
| Rural | 2.4 | 1.1 | 7.3 | 3.5 | 2.8 | 82.8 | 0.1 | 100.0 | 3,328 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 2.0 | 0.9 | 13.0 | 2.0 | 3.7 | 78.5 | 0.0 | 100.0 | 605 |
| Hill | 6.9 | 2.4 | 15.3 | 5.4 | 2.8 | 67.1 | 0.1 | 100.0 | 4,198 |
| Terai | 4.9 | 1.8 | 10.9 | 6.6 | 4.0 | 71.6 | 0.2 | 100.0 | 3,800 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 4.5 | 2.2 | 10.1 | 4.0 | 2.0 | 77.0 | 0.3 | 100.0 | 1,992 |
| Central | 9.1 | 3.0 | 19.9 | 9.1 | 5.1 | 53.7 | 0.2 | 100.0 | 2,693 |
| Western | 4.9 | 2.1 | 14.2 | 5.5 | 2.6 | 70.7 | 0.0 | 100.0 | 1,706 |
| Mid-western | 3.6 | 0.7 | 7.4 | 3.9 | 2.6 | 81.6 | 0.2 | 100.0 | 1,269 |
| Far-western | 2.5 | 0.4 | 6.8 | 2.4 | 4.2 | 83.7 | 0.0 | 100.0 | 943 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 5.3 | 2.8 | 12.4 | 4.2 | 2.5 | 72.5 | 0.4 | 100.0 | 1,455 |
| Province 2 | 3.8 | 1.1 | 5.6 | 7.0 | 3.9 | 78.7 | 0.0 | 100.0 | 1,303 |
| Province 3 | 10.8 | 3.6 | 25.0 | 9.0 | 4.7 | 46.7 | 0.2 | 100.0 | 1,927 |
| Province 4 | 4.8 | 2.1 | 15.7 | 4.2 | 2.8 | 70.5 | 0.0 | 100.0 | 877 |
| Province 5 | 4.1 | 1.5 | 9.8 | 6.1 | 2.5 | 75.8 | 0.2 | 100.0 | 1,569 |
| Province 6 | 4.3 | 0.3 | 8.6 | 2.1 | 2.6 | 82.1 | 0.0 | 100.0 | 529 |
| Province 7 | 2.5 | 0.4 | 6.8 | 2.4 | 4.2 | 83.7 | 0.0 | 100.0 | 943 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 0.5 | 0.6 | 7.5 | 3.2 | 5.0 | 83.1 | 0.0 | 100.0 | 3,116 |
| Primary | 0.7 | 0.8 | 12.0 | 7.7 | 4.4 | 74.3 | 0.0 | 100.0 | 1,487 |
| Some secondary | 1.3 | 0.9 | 14.4 | 8.2 | 2.3 | 72.6 | 0.2 | 100.0 | 2,070 |
| SLC and above | 22.4 | 6.2 | 22.0 | 5.5 | 1.2 | 42.1 | 0.4 | 100.0 | 1,930 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 0.9 | 0.4 | 2.9 | 1.0 | 2.3 | 92.4 | 0.1 | 100.0 | 1,834 |
| Second | 1.7 | 1.2 | 4.8 | 3.0 | 3.4 | 85.8 | 0.0 | 100.0 | 1,977 |
| Middle | 2.6 | 1.1 | 7.4 | 4.8 | 3.7 | 80.3 | 0.1 | 100.0 | 1,739 |
| Fourth | 6.2 | 2.1 | 19.7 | 9.5 | 4.4 | 57.8 | 0.3 | 100.0 | 1,626 |
| Highest | 20.4 | 6.2 | 37.8 | 12.3 | 3.2 | 19.8 | 0.4 | 100.0 | 1,427 |
| Total | 5.7 | 2.0 | 13.2 | 5.7 | 3.4 | 69.9 | 0.1 | 100.0 | 8,603 |

Table 3.9.2 Occupation: Men
Percent distribution of men age 15-49 employed in the 12 months preceding the survey by occupation, according to background characteristics, Nepal DHS 2016

| Background characteristic | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Agriculture | Other | Don't know | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 5.1 | 4.8 | 15.6 | 12.8 | 15.8 | 43.5 | 2.3 | 0.1 | 100.0 | 524 |
| 20-24 | 7.8 | 9.4 | 21.9 | 17.4 | 14.9 | 26.2 | 1.9 | 0.4 | 100.0 | 557 |
| 25-29 | 13.4 | 5.1 | 25.6 | 17.2 | 14.0 | 24.0 | 0.2 | 0.4 | 100.0 | 499 |
| 30-34 | 11.3 | 5.6 | 29.8 | 12.6 | 11.6 | 29.0 | 0.0 | 0.0 | 100.0 | 521 |
| 35-39 | 10.4 | 6.1 | 22.3 | 15.6 | 13.0 | 32.6 | 0.0 | 0.0 | 100.0 | 530 |
| 40-44 | 10.2 | 5.0 | 27.7 | 10.4 | 10.5 | 36.1 | 0.0 | 0.0 | 100.0 | 453 |
| 45-49 | 9.5 | 6.0 | 19.9 | 14.7 | 8.9 | 41.1 | 0.0 | 0.0 | 100.0 | 397 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 9.3 | 6.5 | 20.5 | 14.2 | 12.6 | 33.9 | 2.8 | 0.3 | 100.0 | 848 |
| Married or living together | 9.9 | 6.0 | 24.4 | 14.7 | 12.9 | 32.1 | 0.0 | 0.1 | 100.0 | 2,602 |
| Divorced/separated/widowed |  |  | (4.8) | (0.7) | (19.8) | (70.5) | (0.0) | (0.0) | 100.0 | 31 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 9.4 | 7.0 | 21.3 | 15.3 | 14.0 | 30.7 | 2.1 | 0.2 | 100.0 | 1,141 |
| 1-2 | 12.7 | 5.9 | 28.7 | 13.8 | 11.0 | 27.9 | 0.0 | 0.0 | 100.0 | 1,294 |
| 3-4 | 6.6 | 5.3 | 18.9 | 15.6 | 13.9 | 39.4 | 0.0 | 0.3 | 100.0 | 811 |
| 5+ | 4.0 | 4.8 | 18.0 | 10.8 | 13.8 | 48.6 | 0.0 | 0.0 | 100.0 | 235 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 11.3 | 7.2 | 28.3 | 15.1 | 11.8 | 25.2 | 0.8 | 0.1 | 100.0 | 2,243 |
| Rural | 6.5 | 4.0 | 14.1 | 13.3 | 14.8 | 46.7 | 0.4 | 0.2 | 100.0 | 1,239 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 9.2 | 2.5 | 14.8 | 9.1 | 6.7 | 57.7 | 0.0 | 0.0 | 100.0 | 238 |
| Hill | 11.5 | 6.4 | 26.1 | 13.5 | 7.2 | 34.2 | 0.9 | 0.1 | 100.0 | 1,524 |
| Terai | 8.0 | 6.3 | 22.0 | 16.1 | 18.7 | 28.2 | 0.5 | 0.1 | 100.0 | 1,720 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 10.9 | 6.2 | 16.4 | 13.2 | 9.1 | 42.8 | 1.1 | 0.3 | 100.0 | 794 |
| Central | 11.0 | 7.0 | 29.2 | 16.2 | 12.5 | 23.0 | 1.0 | 0.1 | 100.0 | 1,394 |
| Western | 8.0 | 7.1 | 21.3 | 14.7 | 16.2 | 32.8 | 0.0 | 0.0 | 100.0 | 627 |
| Mid-western | 5.4 | 3.9 | 19.5 | 11.1 | 15.4 | 44.8 | 0.0 | 0.0 | 100.0 | 392 |
| Far-western | 8.8 | 1.7 | 23.1 | 13.7 | 14.3 | 37.4 | 0.8 | 0.1 | 100.0 | 274 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 12.8 | 7.3 | 14.2 | 11.0 | 7.3 | 45.7 | 1.3 | 0.3 | 100.0 | 629 |
| Province 2 | 6.4 | 5.2 | 23.0 | 19.9 | 18.7 | 26.8 | 0.0 | 0.0 | 100.0 | 681 |
| Province 3 | 13.2 | 7.4 | 33.2 | 14.4 | 8.4 | 21.6 | 1.5 | 0.2 | 100.0 | 877 |
| Province 4 | 8.7 | 8.0 | 21.2 | 12.3 | 8.5 | 41.3 | 0.0 | 0.0 | 100.0 | 308 |
| Province 5 | 6.4 | 6.1 | 19.8 | 16.2 | 20.3 | 31.2 | 0.0 | 0.0 | 100.0 | 533 |
| Province 6 | 5.7 | 1.5 | 21.9 | 6.3 | 15.2 | 49.3 | 0.0 | 0.0 | 100.0 | 179 |
| Province 7 | 8.8 | 1.7 | 23.1 | 13.7 | 14.3 | 37.4 | 0.8 | 0.1 | 100.0 | 274 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 0.5 | 4.3 | 10.1 | 15.0 | 28.1 | 41.8 | 0.0 | 0.0 | 100.0 | 375 |
| Primary | 3.0 | 6.6 | 13.1 | 20.5 | 19.9 | 36.6 | 0.0 | 0.3 | 100.0 | 763 |
| Some secondary | 3.9 | 5.9 | 21.7 | 15.6 | 12.3 | 40.2 | 0.5 | 0.0 | 100.0 | 1,127 |
| SLC and above | 21.9 | 6.5 | 35.2 | 9.5 | 4.2 | 21.0 | 1.5 | 0.2 | 100.0 | 1,217 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.2 | 2.0 | 7.7 | 10.9 | 17.4 | 59.9 | 0.0 | 0.0 | 100.0 | 559 |
| Second | 5.0 | 4.3 | 9.5 | 14.5 | 17.7 | 48.6 | 0.3 | 0.0 | 100.0 | 627 |
| Middle | 6.0 | 3.8 | 17.3 | 18.7 | 19.5 | 33.9 | 0.4 | 0.3 | 100.0 | 662 |
| Fourth | 10.5 | 8.4 | 25.8 | 18.2 | 9.8 | 26.1 | 1.2 | 0.0 | 100.0 | 824 |
| Highest | 20.4 | 9.7 | 47.0 | 9.7 | 3.7 | 8.0 | 1.2 | 0.3 | 100.0 | 810 |
| Total | 9.6 | 6.1 | 23.3 | 14.5 | 12.9 | 32.9 | 0.7 | 0.1 | 100.0 | 3,482 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

Table 3.10.1 Type of employment: Women
Percent distribution of women age 15-49 employed in the 12 months preceding the survey by type of earnings, type of employer, and continuity of employment, according to type of employment (agricultural or nonagricultural), Nepal DHS 2016

| Employment <br> characteristic | Agricultural <br> work | Nonagricul- <br> tural work | Total |
| :--- | ---: | ---: | ---: |
| Type of earnings |  |  |  |
| $\quad$ Cash only | 13.8 | 89.3 | 36.6 |
| Cash and in-kind | 10.1 | 2.7 | 7.9 |
| In-kind only | 4.7 | 0.4 | 3.4 |
| Not paid | 71.4 | 7.6 | 52.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Type of employer |  |  |  |
| $\quad$ Employed by family member | 86.8 | 27.9 | 69.0 |
| Employed by non-family member | 9.4 | 38.1 | 18.0 |
| Self-employed | 3.9 | 34.0 | 12.9 |
| $\quad$ Total | 100.0 | 100.0 | 100.0 |
| Continuity of employment |  |  |  |
| $\quad$ All year | 34.5 | 79.2 | 48.0 |
| Seasonal | 57.0 | 10.4 | 43.0 |
| Occasional | 8.5 | 10.4 | 9.1 |
| $\quad$ Total | 100.0 | 100.0 | 100.0 |
| $\quad$ Number of women employed during |  |  |  |
| $\quad$ the last 12 months | 6,011 | 2,592 | 8,603 |

## Table 3.10.2 Type of employment: Men

Percent distribution of men age 15-49 employed in the 12 months preceding the survey by type of earnings, and continuity of employment, according to type of employment (agricultural or nonagricultural), Nepal DHS 2016

| Employment <br> characteristic | Agricultural <br> work | Nonagricul- <br> tural work | Total |
| :--- | ---: | ---: | ---: |
| Type of earnings |  |  |  |
| $\quad$ Cash only | 34.2 | 95.4 | 75.3 |
| Cash and in-kind | 9.7 | 1.9 | 4.5 |
| In-kind only | 3.4 | 0.1 | 1.2 |
| Not paid | 52.6 | 2.6 | 19.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Continuity of employment |  |  |  |
| $\quad$ All year | 53.0 | 83.0 | 73.1 |
| Seasonal <br> Occasional <br> Total <br> Number of men employed during the <br> $\quad$ last 12 months | 38.9 | 12.7 | 21.3 |
|  | 8.0 | 4.3 | 5.5 |

Note: Total includes men with missing information on type of employment who are not shown separately.

Table 3.11.1 Tobacco smoking: Women
Percentage of women age 15-49 who smoke various tobacco products, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who smoke: ${ }^{1}$ |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: |
|  | Cigarettes ${ }^{2}$ | Other type of tobacco ${ }^{3}$ | Any type of tobacco |  |
| Age |  |  |  |  |
| 15-19 | 0.5 | 0.1 | 0.6 | 2,598 |
| 20-24 | 1.2 | 0.0 | 1.2 | 2,251 |
| 25-29 | 2.4 | 0.4 | 2.5 | 2,135 |
| 30-34 | 5.3 | 0.3 | 5.5 | 1,806 |
| 35-39 | 7.7 | 0.8 | 8.1 | 1,572 |
| 40-44 | 14.0 | 1.9 | 15.2 | 1,388 |
| 45-49 | 18.6 | 1.8 | 19.4 | 1,113 |
| Residence |  |  |  |  |
| Urban | 5.1 | 0.3 | 5.4 | 8,072 |
| Rural | 6.1 | 0.9 | 6.6 | 4,790 |
| Ecological zone |  |  |  |  |
| Mountain | 9.4 | 2.7 | 11.4 | 775 |
| Hill | 7.4 | 0.6 | 7.7 | 5,556 |
| Terai | 3.4 | 0.3 | 3.6 | 6,531 |
| Development region |  |  |  |  |
| Eastern | 2.9 | 0.4 | 3.2 | 2,900 |
| Central | 5.5 | 0.3 | 5.6 | 4,569 |
| Western | 4.3 | 0.3 | 4.5 | 2,597 |
| Mid-western | 9.4 | 1.7 | 10.3 | 1,650 |
| Far-western | 9.6 | 1.2 | 10.2 | 1,145 |
| Province |  |  |  |  |
| Province 1 | 3.2 | 0.5 | 3.6 | 2,173 |
| Province 2 | 2.0 | 0.1 | 2.1 | 2,563 |
| Province 3 | 7.8 | 0.4 | 8.0 | 2,732 |
| Province 4 | 6.2 | 0.4 | 6.5 | 1,249 |
| Province 5 | 4.1 | 0.4 | 4.2 | 2,274 |
| Province 6 | 13.1 | 3.1 | 14.9 | 724 |
| Province 7 | 9.6 | 1.2 | 10.2 | 1,145 |
| Education |  |  |  |  |
| No education | 13.0 | 1.5 | 13.8 | 4,281 |
| Primary | 4.7 | 0.3 | 4.7 | 2,150 |
| Some secondary | 1.1 | 0.1 | 1.2 | 3,291 |
| SLC and above | 0.5 | 0.0 | 0.6 | 3,140 |
| Wealth quintile |  |  |  |  |
| Lowest | 12.9 | 2.1 | 14.2 | 2,176 |
| Second | 6.6 | 0.6 | 6.8 | 2,525 |
| Middle | 3.8 | 0.2 | 3.8 | 2,595 |
| Fourth | 4.2 | 0.2 | 4.2 | 2,765 |
| Highest | 1.7 | 0.2 | 1.8 | 2,801 |
| Total | 5.5 | 0.6 | 5.8 | 12,862 |

${ }^{1}$ Includes daily and occasional (less than daily) use
${ }^{2}$ Includes manufactured cigarettes and hand-rolled cigarettes
${ }^{3}$ Includes pipes full of tobacco, sulpha, chilam, cigars, and water pipes

Table 3.11.2 Tobacco smoking: Men
Percentage of men age 15-49 who smoke various tobacco products, and percent distribution of men by smoking frequency, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who smoke: ${ }^{1}$ |  |  | Smoking frequency |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cigarettes ${ }^{2}$ | Other type of tobacco ${ }^{3}$ | Any type of tobacco | Daily smoker | Occasional smoker ${ }^{4}$ | Nonsmoker |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 15.3 | 3.3 | 15.8 | 5.8 | 10.0 | 84.2 | 100.0 | 931 |
| 20-24 | 31.0 | 8.1 | 31.3 | 16.0 | 15.3 | 68.7 | 100.0 | 649 |
| 25-29 | 31.4 | 8.0 | 31.4 | 19.4 | 12.1 | 68.6 | 100.0 | 525 |
| 30-34 | 29.3 | 3.5 | 29.6 | 20.2 | 10.6 | 69.2 | 100.0 | 535 |
| 35-39 | 26.3 | 4.9 | 26.8 | 16.8 | 10.1 | 73.2 | 100.0 | 544 |
| 40-44 | 28.7 | 3.7 | 28.7 | 20.2 | 8.6 | 71.3 | 100.0 | 463 |
| 45-49 | 36.9 | 5.1 | 36.9 | 29.9 | 7.0 | 63.1 | 100.0 | 415 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 27.9 | 5.9 | 28.3 | 17.6 | 11.0 | 71.4 | 100.0 | 2,647 |
| Rural | 25.1 | 3.7 | 25.1 | 14.9 | 10.2 | 74.9 | 100.0 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 31.9 | 9.6 | 31.9 | 24.4 | 7.5 | 68.1 | 100.0 | 252 |
| Hill | 27.4 | 6.6 | 27.7 | 17.7 | 10.3 | 72.0 | 100.0 | 1,791 |
| Terai | 25.9 | 3.3 | 26.2 | 14.7 | 11.5 | 73.8 | 100.0 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 26.1 | 3.7 | 26.3 | 14.5 | 11.9 | 73.7 | 100.0 | 892 |
| Central | 27.1 | 6.7 | 27.6 | 17.2 | 10.8 | 72.0 | 100.0 | 1,604 |
| Western | 20.8 | 2.8 | 20.8 | 13.3 | 7.5 | 79.2 | 100.0 | 785 |
| Mid-western | 29.4 | 5.0 | 29.4 | 19.3 | 10.0 | 70.6 | 100.0 | 453 |
| Far-western | 39.5 | 7.5 | 40.2 | 23.9 | 16.2 | 59.8 | 100.0 | 330 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 26.5 | 4.2 | 26.9 | 15.7 | 11.2 | 73.1 | 100.0 | 691 |
| Province 2 | 21.7 | 2.6 | 21.8 | 9.3 | 12.5 | 78.2 | 100.0 | 795 |
| Province 3 | 30.9 | 8.9 | 31.5 | 22.1 | 10.0 | 67.9 | 100.0 | 1,009 |
| Province 4 | 24.6 | 2.9 | 24.6 | 16.0 | 8.6 | 75.4 | 100.0 | 376 |
| Province 5 | 22.0 | 2.4 | 22.0 | 13.3 | 8.8 | 78.0 | 100.0 | 658 |
| Province 6 | 29.0 | 9.0 | 29.0 | 22.0 | 7.0 | 71.0 | 100.0 | 203 |
| Province 7 | 39.5 | 7.5 | 40.2 | 23.9 | 16.2 | 59.8 | 100.0 | 330 |
| Education |  |  |  |  |  |  |  |  |
| No education | 37.8 | 5.3 | 38.1 | 28.5 | 9.6 | 61.9 | 100.0 | 391 |
| Primary | 36.4 | 5.5 | 36.7 | 27.9 | 8.8 | 63.3 | 100.0 | 789 |
| Some secondary | 26.7 | 4.6 | 27.0 | 15.3 | 12.2 | 72.5 | 100.0 | 1,386 |
| SLC and above | 19.3 | 5.5 | 19.6 | 8.9 | 10.7 | 80.4 | 100.0 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 34.0 | 5.5 | 34.2 | 27.2 | 7.0 | 65.8 | 100.0 | 623 |
| Second | 27.9 | 2.3 | 28.2 | 14.9 | 13.4 | 71.8 | 100.0 | 706 |
| Middle | 27.3 | 5.4 | 27.4 | 16.5 | 10.9 | 72.6 | 100.0 | 758 |
| Fourth | 27.2 | 5.4 | 27.6 | 15.6 | 12.7 | 71.7 | 100.0 | 982 |
| Highest | 21.3 | 6.6 | 21.6 | 12.4 | 9.2 | 78.4 | 100.0 | 994 |
| Total | 26.9 | 5.1 | 27.2 | 16.6 | 10.7 | 72.6 | 100.0 | 4,063 |

${ }^{1}$ Includes daily and occasional (less than daily) use
${ }^{2}$ Includes manufactured cigarettes and hand-rolled cigarettes
${ }^{3}$ Includes pipes, cigars, sulpha, chilam, and water pipes
${ }^{4}$ Occasional refers to less often than daily use.

Table 3.12 Average number of cigarettes smoked daily: Men
Among men age 15-49 who smoke cigarettes daily, percent distribution by average number of cigarettes smoked per day, according to background characteristics, Nepal DHS 2016

| Background characteristic | Average number of cigarettes smoked per day ${ }^{1}$ |  |  |  |  | Total | Number of respondents who smoke cigarettes daily ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | <5 | 5-9 | 10-14 | 15-24 | $\geq 25$ |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 55.5 | 31.5 | 5.3 | 6.3 | 1.3 | 100.0 | 52 |
| 20-24 | 51.4 | 20.3 | 14.2 | 12.6 | 1.5 | 100.0 | 101 |
| 25-29 | 54.8 | 25.2 | 6.3 | 13.7 | 0.0 | 100.0 | 98 |
| 30-34 | 39.1 | 27.5 | 24.5 | 8.9 | 0.0 | 100.0 | 93 |
| 35-39 | 40.1 | 27.0 | 10.1 | 22.7 | 0.0 | 100.0 | 83 |
| 40-44 | 47.7 | 23.5 | 11.5 | 16.5 | 0.9 | 100.0 | 86 |
| 45-49 | 31.5 | 32.0 | 20.8 | 13.0 | 2.7 | 100.0 | 120 |
| Residence |  |  |  |  |  |  |  |
| Urban | 45.0 | 29.5 | 13.8 | 11.2 | 0.5 | 100.0 | 434 |
| Rural | 44.0 | 20.1 | 14.9 | 19.0 | 2.0 | 100.0 | 199 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 24.8 | 28.2 | 23.9 | 21.4 | 1.8 | 100.0 | 57 |
| Hill | 32.8 | 27.5 | 20.9 | 18.0 | 0.8 | 100.0 | 296 |
| Terai | 61.4 | 25.2 | 4.9 | 7.4 | 1.0 | 100.0 | 280 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 57.3 | 24.5 | 10.9 | 6.0 | 1.2 | 100.0 | 122 |
| Central | 36.0 | 27.7 | 17.2 | 17.8 | 1.3 | 100.0 | 252 |
| Western | 48.2 | 34.2 | 10.0 | 6.9 | 0.7 | 100.0 | 102 |
| Mid-western | 47.5 | 27.9 | 11.1 | 13.6 | 0.0 | 100.0 | 83 |
| Far-western | 45.6 | 13.7 | 18.2 | 21.5 | 1.0 | 100.0 | 73 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 53.0 | 26.6 | 12.9 | 6.1 | 1.4 | 100.0 | 104 |
| Province 2 | 63.4 | 20.5 | 3.2 | 10.9 | 2.0 | 100.0 | 66 |
| Province 3 | 31.3 | 28.7 | 20.2 | 18.9 | 1.0 | 100.0 | 205 |
| Province 4 | 44.5 | 33.7 | 12.2 | 8.4 | 1.2 | 100.0 | 59 |
| Province 5 | 56.0 | 31.6 | 5.9 | 6.4 | 0.0 | 100.0 | 86 |
| Province 6 | 35.5 | 27.4 | 17.7 | 19.4 | 0.0 | 100.0 | 40 |
| Province 7 | 45.6 | 13.7 | 18.2 | 21.5 | 1.0 | 100.0 | 73 |
| Education |  |  |  |  |  |  |  |
| No education | 47.4 | 24.0 | 10.2 | 16.1 | 2.3 | 100.0 | 107 |
| Primary | 41.9 | 23.6 | 14.3 | 18.8 | 1.4 | 100.0 | 209 |
| Some secondary | 42.2 | 26.4 | 17.6 | 13.5 | 0.4 | 100.0 | 191 |
| SLC and above | 50.9 | 33.8 | 12.0 | 3.2 | 0.0 | 100.0 | 127 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 38.2 | 21.2 | 19.2 | 18.3 | 3.1 | 100.0 | 159 |
| Second | 53.5 | 24.7 | 10.3 | 10.2 | 1.2 | 100.0 | 103 |
| Middle | 52.5 | 24.5 | 13.1 | 9.9 | 0.0 | 100.0 | 119 |
| Fourth | 46.0 | 28.9 | 9.3 | 15.8 | 0.0 | 100.0 | 133 |
| Highest | 36.4 | 34.9 | 17.1 | 11.6 | 0.0 | 100.0 | 119 |
| Total | 44.7 | 26.6 | 14.1 | 13.6 | 1.0 | 100.0 | 633 |

${ }^{1}$ Includes manufactured cigarettes and hand-rolled cigarettes

Table 3.13 Smokeless tobacco use and any tobacco use
Percentage of women and men age 15-49 who currently use smokeless tobacco, according to type of tobacco product, and percentage who use any type of tobacco, Nepal DHS 2016

|  | Women | Men |
| :--- | ---: | ---: |
| Tobacco product |  |  |
| Snuff, by mouth | 0.7 | 2.5 |
| Snuff, by nose | 0.0 | 0.2 |
| Chewing tobacco | 2.5 | 28.9 |
| Betel quid with tobacco | 0.1 | 21.9 |
| Other type of smokeless tobacco $_{\text {Any type of smokeless tobacco }}{ }^{1}$ | 0.0 | 1.6 |
| Any type of tobacco |  |  |
| Number | 3.3 | 40.1 |
|  | 8.4 | 52.3 |
|  | 12,862 | 4,063 |

Note: Table includes women and men who use smokeless tobacco daily or occasionally (less than daily).
${ }^{1}$ Includes snuff by mouth, snuff by nose, chewing tobacco, and betel quid with tobacco
${ }^{2}$ Includes all types of smokeless tobacco shown in this table plus cigarettes, pipes, cigars, sulpha, chilam, and water pipes

Table 3.14.1 Knowledge concerning tuberculosis: Women
Percentage of women age 15-49 who have heard of tuberculosis (TB), and among women who have heard of TB, the percentage who know about common symptoms of TB, the percentage who know that TB is spread through the air by coughing or sneezing, and the percentage who would not keep it a secret if a family member is diagnosed with TB, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among all respondents: |  | Among respondents who have heard of TB: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have heard of TB | Number of women | Percentage who report coughing for more than 2 weeks as common symptom | Percentage who report chest pain as common symptom | Percentage who report hemoptysis as common symptom | Percentage who report that TB is spread through coughing or sneezing | Percentage who report that they would not want to keep it a secret if a family member is diagnosed with TB | Number of women |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 96.0 | 2,598 | 54.0 | 12.5 | 44.1 | 47.8 | 84.3 | 2,495 |
| 20-24 | 96.8 | 2,251 | 60.0 | 13.8 | 50.7 | 56.6 | 89.4 | 2,180 |
| 25-29 | 95.7 | 2,135 | 64.2 | 14.9 | 52.4 | 56.7 | 90.7 | 2,043 |
| 30-34 | 96.3 | 1,806 | 67.1 | 17.6 | 50.3 | 60.0 | 91.0 | 1,739 |
| 35-39 | 95.0 | 1,572 | 66.2 | 17.2 | 52.0 | 60.7 | 91.7 | 1,493 |
| 40-44 | 94.2 | 1,388 | 61.9 | 17.6 | 49.7 | 56.3 | 91.6 | 1,307 |
| 45-49 | 92.5 | 1,113 | 60.9 | 18.8 | 48.5 | 54.8 | 91.5 | 1,029 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 97.4 | 2,669 | 58.8 | 13.3 | 48.3 | 53.2 | 85.8 | 2,601 |
| Married or living together | 95.1 | 9,875 | 62.2 | 16.1 | 49.8 | 56.5 | 90.5 | 9,388 |
| Divorced/separated/ widowed | 93.1 | 318 | 63.0 | 15.0 | 49.2 | 49.3 | 91.1 | 297 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 96.6 | 8,072 | 63.0 | 15.0 | 50.6 | 57.3 | 89.8 | 7,795 |
| Rural | 93.8 | 4,790 | 59.0 | 16.4 | 47.6 | 52.7 | 89.0 | 4,490 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 92.7 | 775 | 62.4 | 17.5 | 44.2 | 52.9 | 89.6 | 718 |
| Hill | 96.4 | 5,556 | 60.8 | 15.7 | 50.8 | 54.5 | 87.7 | 5,356 |
| Terai | 95.1 | 6,531 | 62.1 | 15.1 | 48.9 | 56.9 | 91.0 | 6,212 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 94.8 | 2,900 | 62.9 | 12.9 | 44.8 | 55.2 | 93.7 | 2,748 |
| Central | 95.5 | 4,569 | 60.9 | 18.5 | 50.3 | 56.5 | 90.5 | 4,364 |
| Western | 97.6 | 2,597 | 62.4 | 13.5 | 50.8 | 54.6 | 87.9 | 2,535 |
| Mid-western | 95.0 | 1,650 | 59.4 | 16.5 | 51.6 | 56.8 | 83.5 | 1,568 |
| Far-western | 93.5 | 1,145 | 61.2 | 13.0 | 51.6 | 53.7 | 87.2 | 1,071 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 95.4 | 2,173 | 61.7 | 12.7 | 45.2 | 54.5 | 92.7 | 2,074 |
| Province 2 | 93.1 | 2,563 | 61.9 | 19.6 | 47.9 | 58.1 | 94.2 | 2,386 |
| Province 3 | 97.1 | 2,732 | 61.5 | 16.3 | 50.8 | 55.2 | 88.8 | 2,652 |
| Province 4 | 96.9 | 1,249 | 58.6 | 12.2 | 47.7 | 50.3 | 87.3 | 1,210 |
| Province 5 | 97.9 | 2,274 | 64.3 | 14.0 | 51.4 | 57.2 | 87.1 | 2,227 |
| Province 6 | 91.9 | 724 | 56.3 | 21.5 | 56.4 | 58.9 | 81.3 | 666 |
| Province 7 | 93.5 | 1,145 | 61.2 | 13.0 | 51.6 | 53.7 | 87.2 | 1,071 |
| Education |  |  |  |  |  |  |  |  |
| No education | 91.3 | 4,281 | 54.4 | 15.6 | 44.4 | 48.4 | 90.7 | 3,908 |
| Primary | 94.5 | 2,150 | 58.1 | 15.5 | 46.5 | 48.2 | 89.8 | 2,031 |
| Some secondary | 97.9 | 3,291 | 60.5 | 13.7 | 47.5 | 56.1 | 87.4 | 3,221 |
| SLC and above | 99.5 | 3,140 | 73.7 | 17.2 | 59.8 | 68.9 | 90.0 | 3,125 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 91.7 | 2,176 | 52.2 | 16.7 | 45.5 | 45.0 | 85.7 | 1,995 |
| Second | 95.1 | 2,525 | 58.9 | 13.5 | 47.7 | 51.6 | 90.8 | 2,402 |
| Middle | 94.6 | 2,595 | 59.6 | 14.2 | 48.5 | 53.6 | 91.9 | 2,454 |
| Fourth | 96.6 | 2,765 | 61.6 | 16.0 | 49.5 | 56.8 | 89.8 | 2,672 |
| Highest | 98.6 | 2,801 | 72.1 | 17.1 | 54.7 | 67.5 | 88.7 | 2,762 |
| Total | 95.5 | 12,862 | 61.5 | 15.5 | 49.5 | 55.6 | 89.5 | 12,285 |

Table 3.14.2 Knowledge concerning tuberculosis: Men
Percentage of men age 15-49 who have heard of tuberculosis (TB), and among men who have heard of TB, the percentage who know about common symptoms of TB, the percentage who know that TB is spread through the air by coughing or sneezing, and the percentage who would not keep it a secret if a family member is diagnosed with TB, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among all respondents: |  | Among respondents who have heard of TB: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have heard of TB | Number of men | Percentage who report coughing for more than 2 weeks as common symptom | Percentage who report chest pain as common symptom | Percentage who report hemoptysis as common symptom | Percentage who report that TB is spread through coughing or sneezing | Percentage who report that they would not want to keep it a secret if a family member is diagnosed with TB | Number of men |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 97.7 | 931 | 56.6 | 17.3 | 47.2 | 55.2 | 81.5 | 909 |
| 20-24 | 97.6 | 649 | 61.1 | 21.1 | 55.2 | 64.8 | 84.3 | 633 |
| 25-29 | 98.5 | 525 | 65.8 | 21.8 | 60.4 | 69.5 | 86.8 | 517 |
| 30-34 | 99.7 | 535 | 68.3 | 21.0 | 62.4 | 69.4 | 90.5 | 533 |
| 35-39 | 97.4 | 544 | 69.1 | 21.9 | 60.8 | 76.5 | 90.6 | 530 |
| 40-44 | 98.7 | 463 | 75.0 | 24.0 | 63.0 | 75.1 | 91.3 | 457 |
| 45-49 | 98.1 | 415 | 68.6 | 22.1 | 58.9 | 69.3 | 91.6 | 407 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 98.1 | 1,355 | 59.3 | 18.4 | 51.5 | 59.7 | 83.6 | 1,330 |
| Married or living together | 98.3 | 2,675 | 68.1 | 22.2 | 60.0 | 71.0 | 89.0 | 2,629 |
| Divorced/separated/ widowed | (89.3) | 33 | (53.5) | (3.1) | (39.7) | (43.2) | (95.8) | 29 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 98.1 | 2,647 | 63.3 | 22.0 | 56.9 | 66.4 | 86.9 | 2,598 |
| Rural | 98.2 | 1,416 | 68.3 | 18.7 | 57.3 | 68.3 | 87.9 | 1,390 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 97.2 | 252 | 54.0 | 16.6 | 46.2 | 53.3 | 84.2 | 245 |
| Hill | 98.1 | 1,791 | 56.8 | 17.2 | 51.1 | 59.8 | 87.7 | 1,757 |
| Terai | 98.3 | 2,019 | 73.8 | 24.5 | 63.6 | 75.1 | 87.1 | 1,986 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 97.7 | 892 | 61.4 | 18.4 | 46.7 | 61.8 | 88.6 | 871 |
| Central | 98.2 | 1,604 | 66.2 | 25.9 | 62.0 | 68.8 | 88.0 | 1,575 |
| Western | 99.1 | 785 | 68.9 | 16.1 | 60.5 | 67.5 | 88.8 | 778 |
| Mid-western | 97.6 | 453 | 56.5 | 18.7 | 54.6 | 64.0 | 81.9 | 442 |
| Far-western | 97.4 | 330 | 72.0 | 17.3 | 55.6 | 75.6 | 83.3 | 321 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 98.3 | 691 | 58.7 | 18.7 | 45.6 | 59.5 | 89.7 | 679 |
| Province 2 | 97.7 | 795 | 78.3 | 30.6 | 67.5 | 78.5 | 87.4 | 777 |
| Province 3 | 98.2 | 1,009 | 57.5 | 20.5 | 55.4 | 61.4 | 87.8 | 990 |
| Province 4 | 99.1 | 376 | 57.4 | 17.1 | 46.6 | 55.8 | 84.9 | 373 |
| Province 5 | 98.7 | 658 | 72.5 | 15.9 | 67.2 | 75.7 | 87.7 | 650 |
| Province 6 | 97.1 | 203 | 51.1 | 20.7 | 51.6 | 54.5 | 84.3 | 197 |
| Province 7 | 97.4 | 330 | 72.0 | 17.3 | 55.6 | 75.6 | 83.3 | 321 |
| Education |  |  |  |  |  |  |  |  |
| No education | 95.5 | 391 | 66.5 | 17.3 | 56.6 | 63.8 | 85.2 | 373 |
| Primary | 96.3 | 789 | 59.2 | 20.5 | 52.0 | 58.6 | 85.5 | 760 |
| Some secondary | 98.8 | 1,386 | 59.5 | 18.0 | 52.4 | 63.9 | 84.9 | 1,369 |
| SLC and above | 99.2 | 1,497 | 72.8 | 24.5 | 64.0 | 75.0 | 90.8 | 1,485 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 95.7 | 623 | 50.1 | 14.5 | 40.6 | 48.4 | 86.8 | 597 |
| Second | 97.5 | 706 | 63.2 | 19.2 | 54.4 | 65.1 | 86.1 | 688 |
| Middle | 98.1 | 758 | 68.8 | 24.0 | 62.3 | 72.6 | 85.6 | 744 |
| Fourth | 98.9 | 982 | 69.4 | 21.8 | 61.7 | 71.8 | 87.8 | 971 |
| Highest | 99.5 | 994 | 68.4 | 22.4 | 60.2 | 70.8 | 88.9 | 989 |
| Total | 98.2 | 4,063 | 65.1 | 20.8 | 57.0 | 67.0 | 87.2 | 3,988 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

Table 3.15 Preferred source of treatment for TB
Percentage of women and men age $15-49$ by preferred source of treatment for TB, Nepal DHS 2016

|  | Women | Men |
| :--- | ---: | ---: |
| Government sector | 85.3 | 92.0 |
| Government hospital/clinic | 73.7 | 79.6 |
| Primary health care center | 4.8 | 5.9 |
| Health post/sub-health post | 26.9 | 30.2 |
| Primary health care outreach clinic | 0.3 | 0.3 |
| Mobile camp | 0.0 | 0.1 |
| Female community health volunteer | 0.1 | 0.0 |
| Nongovernment (NGO) | 0.2 | 0.8 |
| Family Planning Association of Nepal | 0.1 | 0.5 |
| Marie Stopes | 0.0 | 0.2 |
| Other NGO | 0.1 | 0.2 |
| Private medical sector | 26.6 | 17.2 |
| Private hospital/nursing home | 23.8 | 14.6 |
| Private clinic | 3.3 | 3.8 |
| Pharmacy | 0.8 | 1.5 |
| Other source | 0.6 | 0.7 |
| Shop | 0.0 | 0.1 |
| Friend/relative | 0.0 | 0.1 |
| Traditional healer | 0.0 | 0.1 |
| Other | 0.5 | 0.4 |
| Number | 12,862 | 4,063 |

## Key Findings

- Age at first marriage: The median age at first marriage among women and men has increased by 1 year over the past decade. On average, women marry 4 years earlier than men (17.9 years versus 21.7 years).
- Polygyny: Four percent of currently married women age 15-49 report that their husband has multiple wives.
- Sexual initiation: The median age at first sexual intercourse ( 20.5 years) is 1 year earlier than the median age at first marriage ( 21.7 years) among men, while median age at first marriage and first sexual intercourse is the same among women (17.9). The percentage of women age 20-49 who had sexual intercourse by age 18 decreased from 60\% in 2006 to 48\% in 2016.
- Recent sexual activity: Forty-eight percent of women and $61 \%$ of men were sexually active in the 4 weeks preceding the survey. Differences in men's and women's recent sexual activity are large. For example, among those who have been married less than 5 years, $83 \%$ of men were sexually active in the 4 weeks preceding the survey, as compared with $53 \%$ of women. Twenty-nine percent of never-married men have had sexual intercourse.

Marriage and sexual activity help determine the extent to which women are exposed to pregnancy. Thus, they are important determinants of fertility levels. However, the timing and circumstances of marriage and sexual activity also have profound consequences for women's and men's lives.

### 4.1 Marital Status

## Currently married

Women and men who report being married or living together with a partner as though married at the time of the survey.
Sample: Women and men age 15-49

More than three-quarters of women age 15-49 are currently married ( $77 \%$ ), as compared with two-thirds of men (66\%). One in every three men (33\%) and $21 \%$ of women have never been married (Table 4.1 and Figure 4.1).

Among those less than age 30, women are more likely than men to be currently married. For example, the proportion of young women age 15-19 who are married ( $27 \%$ ) is higher than the proportion among men in that age group ( $6 \%$ ). Similarly, at age $20-24,75 \%$ of women and $44 \%$ of men are married. This is mainly due to the lower age at marriage among women than men. Above age 30 , men are more likely to be currently married than women, presumably in part because divorced or widowed men are more likely than divorced or widowed women to remarry (Table 4.1).

Trends: The percentage of never-married women age 15-49 increased from $17 \%$ in 1996 to $21 \%$ in 2016. The proportion of young women age 15-19 who have never been married has also increased (from $56 \%$ to $73 \%$ ), indicating a trend toward later marriage among women in the country.

### 4.2 Polygyny

## Polygyny

Women who report that their husband has other wives are considered to be in a polygynous marriage.
Sample: Currently married women age 15-49

Four percent of currently married women age 15-49 reported that their husband has multiple wives (Table 4.2.1). Less than $2 \%$ of currently married men reported that they have more than one wife (Table 4.2.2).

## Patterns by background characteristics

- Women age 30 and older are more likely to report one or more co-wives than those less than age 30 (Table 4.2.1). Similarly, higher proportions of men age 30 or above than men below age 30 have multiple wives (Table 4.2.2).
- Women from the mountain (6\%) and hill (5\%) ecological zones are slightly more likely to have one or more co-wives than women from the terai zone (3\%) (Table 4.2.1).
- Province 7 (6\%), Province 6 (5\%), and Province 1 (5\%) have slightly higher proportions of women with one or more co-wives than other provinces.
- The proportion of married women who say they have one or more co-wives decreases with increasing education, from $5 \%$ among those with no education to $1 \%$ among those with an SLC or higher (Table 4.2.1).


### 4.3 Age at First Marriage

## Median age at first marriage

Age by which half of respondents have been married.
Sample: Women age 20-49 and 25-49 and men age 25-49

The median age at first marriage is 17.9 years among women and 21.7 years among men age 25-49. Thus, women in Nepal marry about 4 years earlier than men (Table 4.3).

Among women age 25-49, $13 \%$ were married by age 15 , while only $3 \%$ of men married that young. Fiftytwo percent of women were married by age 18, as compared with $19 \%$ of men. Seventy-one percent of women age $25-49$ were married by age 20, far higher than the $38 \%$ of men who were married by that age.

There is evidence of a trend away from very early marriage among women. For example, the proportion of women who were married by age 15 was $16 \%$ among those age $45-49$ but only $4 \%$ among those age 15 19. The proportion of women age $15-19$ who were married by age 15 declined by 10 percentage points from 1996 (14\%) to 2016 (4\%).

## Patterns by background characteristics

- Urban women and men tend to marry about 1 year later than rural women and men (Table 4.4).
- Women in Province 1 and Province 3 marry about 3 years later than women in Province 2 and 2 years later than women in Province 5, Province 6, and Province 7. Similarly, men in Province 1 and Province 3 marry about 3 years later than men in Province 6 and Province 7, 2 years later than men in Province 2 and Province 5, and 1 year later than men in Province 4.
- There is a clear positive association between median age at marriage and level of education among both women and men. Women with an SLC or higher marry almost 5 years later than women with no education (Figure 4.2). Among men, those with an SLC or higher marry about 4 years later than those with no education.
- Women from the highest wealth quintile marry 2 years later than those from the lowest quintile, whereas men the highest quintile marry 4 years later than those from the lowest quintile. The relationship between median age at marriage and wealth quintile is stronger and more uniform

Figure 4.2 Women's median age at first marriage by education

Median age at first marriage among women age 25-49
 among men than women.

### 4.4 Age at First Sexual Intercourse

Median age at first sexual intercourse
Age by which half of respondents have had sexual intercourse.
Sample: Women age 20-49 and 25-49 and men age 25-49

The median age at first sexual intercourse is 17.9 years among women and 20.5 years among men age 2549. On average, women initiate sexual intercourse almost 3 years earlier than men, mainly because women marry earlier than men (Table 4.5).

The median age at first sexual intercourse is 1 year earlier than the median age at first marriage among men, while the median ages at first marriage and first sexual intercourse are the same among women (Figure 4.3). This implies that men tend to have sexual intercourse before marriage, but women in general initiate sexual intercourse with their first marriage.

Eleven percent of women age 25-49 had initiated sexual intercourse by age 15 , while more than half ( $51 \%$ ) had their first sexual intercourse by age 18 and $71 \%$ by age 20 . These large proportions indicate a high chance of early pregnancy.

Among adolescents and youth (age 15-24), a larger majority of men ( $58 \%$ ) than women ( $50 \%$ ) have not had sexual intercourse. This is another indication that sexual intercourse begins at an earlier age among women than men.

Trends: Both the median age at first marriage and the median age at first intercourse among women age 25-49 have increased by 1 year since 2006, from 17.0 years to 17.9 years. The median age at first marriage among men has increased by almost 2 years, from 20.2 years to 21.7 years, while the median age at first sexual intercourse has increased by 1 year, from 19.6 years to 20.5 years.

The percentage of women age 20-49 who had initiated sexual intercourse by age 18 decreased from $60 \%$ in 2006 to $48 \%$ in 2016. The percentage among men age 20-49 also decreased slightly, from $30 \%$ to $25 \%$ (Figure 4.4).

## Patterns by background characteristics

- Similar to the pattern for age at first marriage, urban women and men tend to initiate sexual intercourse about 1 year later than rural women and men (Table 4.6).
- Women and men in Province 1 and Province 3 initiate sexual intercourse comparatively later than women and men in other provinces.
- The median age at first sexual intercourse is 16.9 years among women with no education, almost 5 years earlier than among women with an SLC or higher (21.4 years). Similarly, the median age at first sexual intercourse among men with no education is 19.3 years, approximately 3 years earlier than among men with an SLC or higher ( 22.5 years).
- Men and women from the highest wealth quintile have their first sexual intercourse about 2 years later than those from the lowest quintile.


### 4.5 Recent Sexual Activity

Forty-eight percent of women age $15-49$ had sexual intercourse in the 4 weeks preceding the survey; $18 \%$ had sexual intercourse within the 12 months preceding the survey but not in the 1 month preceding the survey, and $21 \%$ had never had sexual intercourse (Table 4.7.1). Sixty-one percent of men were sexually active in the 4 weeks before the survey, $11 \%$ had been sexually active in the past year but not in the 4 weeks preceding the survey, and $24 \%$ had never had sexual intercourse (Table 4.7.2).

Twenty-nine percent of never-married men have had sexual intercourse in their lifetime. Among these men, $7 \%$ had sexual intercourse within the past 4 weeks and $12 \%$ had intercourse within the past year but not in the 4 weeks preceding the survey (Table 4.7.2).

Trends: The proportion of currently married women age 15-49 who reported having sexual intercourse within the 4 weeks preceding the survey decreased from $71 \%$ in 2001 to $62 \%$ in 2016.

## Patterns by background characteristics

- Nearly two-fifths (38\%) of currently married women did not have sexual intercourse in the 4 weeks before the survey (Table 4.7.1).
- Among women, marital duration is positively associated with sexual activity in the past 4 weeks (Table 4.7.1). Interestingly, marital duration is not associated with recent sexual activity among men (Table 4.7.2).
- Women who have been married for less than 5 years (53\%) and those who have been married 5-9 years ( $57 \%$ ) were less likely to be sexually active in the 4 weeks before the survey than those who have been married for longer periods (Table 4.7.1). This could be the result of husbands being absent due to migration for work.
- Recent sexual activity is less common among women in Province 4 than women in other provinces (Table 4.7.1).
- There is a negative association between recent sexual activity and level of education. Sixty percent of women and $84 \%$ of men with no education had sexual intercourse in the 4 weeks before the survey, as compared with $38 \%$ of women and $53 \%$ of men with an SLC or higher.


## LIST OF TABLES

For more information on marriage and sexual activity, see the following tables:

- Table 4.1 Current marital status
- Table 4.2.1 Number of women's co-wives
- Table 4.2.2 Number of men's wives
- Table 4.3 Age at first marriage
- Table 4.4 Median age at first marriage by background characteristics
- Table 4.5 Age at first sexual intercourse
- Table 4.6 Median age at first sexual intercourse by background characteristics
- Table 4.7.1 Recent sexual activity: Women
- Table 4.7.2 Recent sexual activity: Men

Table 4.1 Current marital status
Percent distribution of women and men age 15-49 by current marital status, according to age, Nepal DHS 2016

| Age | Marital status |  |  |  |  | Total | Percentage of respondents currently in a union | Number of respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Never married | Married | Divorced | Separated | Widowed |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 72.5 | 27.1 | 0.1 | 0.2 | 0.0 | 100.0 | 27.1 | 2,598 |
| 20-24 | 24.4 | 74.8 | 0.1 | 0.5 | 0.1 | 100.0 | 74.8 | 2,251 |
| 25-29 | 6.9 | 91.7 | 0.3 | 0.6 | 0.6 | 100.0 | 91.7 | 2,135 |
| 30-34 | 2.4 | 95.5 | 0.3 | 0.6 | 1.1 | 100.0 | 95.5 | 1,806 |
| 35-39 | 0.8 | 96.1 | 0.1 | 0.5 | 2.6 | 100.0 | 96.1 | 1,572 |
| 40-44 | 1.3 | 92.4 | 0.1 | 1.5 | 4.7 | 100.0 | 92.4 | 1,388 |
| 45-49 | 1.3 | 90.8 | 0.3 | 1.1 | 6.5 | 100.0 | 90.8 | 1,113 |
| Total 15-49 | 20.8 | 76.8 | 0.2 | 0.6 | 1.7 | 100.0 | 76.8 | 12,862 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 93.6 | 6.4 | 0.0 | 0.0 | 0.0 | 100.0 | 6.4 | 931 |
| 20-24 | 54.6 | 43.8 | 0.3 | 1.1 | 0.2 | 100.0 | 43.8 | 649 |
| 25-29 | 19.4 | 80.5 | 0.0 | 0.1 | 0.0 | 100.0 | 80.5 | 525 |
| 30-34 | 3.1 | 95.9 | 0.1 | 0.7 | 0.1 | 100.0 | 95.9 | 535 |
| 35-39 | 1.9 | 97.0 | 0.0 | 0.6 | 0.5 | 100.0 | 97.0 | 544 |
| 40-44 | 0.2 | 99.4 | 0.0 | 0.0 | 0.4 | 100.0 | 99.4 | 463 |
| 45-49 | 0.0 | 98.1 | 0.0 | 0.1 | 1.8 | 100.0 | 98.1 | 415 |
| Total 15-49 | 33.4 | 65.8 | 0.1 | 0.4 | 0.3 | 100.0 | 65.8 | 4,063 |

Table 4.2.1 Number of women's co-wives
Percent distribution of currently married women age 15-49 by number of co-wives, and percentage of currently married women with one or more co-wives, according to background characteristics, Nepal DHS 2016

| Background characteristic | Number of co-wives |  |  |  | Total | Percentage with one or more cowives ${ }^{1}$ | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2+ | Don't know |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 98.7 | 1.3 | 0.0 | 0.0 | 100.0 | 1.3 | 704 |
| 20-24 | 97.9 | 1.8 | 0.2 | 0.1 | 100.0 | 2.0 | 1,684 |
| 25-29 | 97.1 | 2.5 | 0.2 | 0.3 | 100.0 | 2.6 | 1,957 |
| 30-34 | 95.9 | 3.9 | 0.1 | 0.1 | 100.0 | 4.0 | 1,726 |
| 35-39 | 94.1 | 5.4 | 0.2 | 0.2 | 100.0 | 5.6 | 1,510 |
| 40-44 | 91.6 | 7.4 | 0.6 | 0.5 | 100.0 | 7.9 | 1,283 |
| 45-49 | 94.9 | 4.1 | 0.7 | 0.3 | 100.0 | 4.8 | 1,011 |
| Residence |  |  |  |  |  |  |  |
| Urban | 95.3 | 4.2 | 0.2 | 0.3 | 100.0 | 4.4 | 6,031 |
| Rural | 96.4 | 3.1 | 0.3 | 0.2 | 100.0 | 3.4 | 3,844 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 94.1 | 5.7 | 0.3 | 0.0 | 100.0 | 5.9 | 576 |
| Hill | 95.2 | 4.3 | 0.3 | 0.2 | 100.0 | 4.6 | 4,150 |
| Terai | 96.4 | 3.2 | 0.2 | 0.2 | 100.0 | 3.4 | 5,148 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 95.0 | 4.7 | 0.1 | 0.2 | 100.0 | 4.9 | 2,256 |
| Central | 96.3 | 3.0 | 0.3 | 0.3 | 100.0 | 3.4 | 3,486 |
| Western | 96.9 | 2.6 | 0.4 | 0.1 | 100.0 | 3.1 | 1,988 |
| Mid-western | 94.9 | 4.6 | 0.2 | 0.4 | 100.0 | 4.8 | 1,298 |
| Far-western | 94.0 | 5.8 | 0.1 | 0.2 | 100.0 | 5.8 | 846 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 94.6 | 5.0 | 0.2 | 0.2 | 100.0 | 5.2 | 1,655 |
| Province 2 | 97.2 | 2.4 | 0.2 | 0.2 | 100.0 | 2.6 | 2,168 |
| Province 3 | 95.3 | 4.0 | 0.4 | 0.3 | 100.0 | 4.4 | 1,920 |
| Province 4 | 96.5 | 3.0 | 0.3 | 0.2 | 100.0 | 3.3 | 950 |
| Province 5 | 96.2 | 3.2 | 0.4 | 0.2 | 100.0 | 3.6 | 1,749 |
| Province 6 | 95.0 | 4.7 | 0.2 | 0.1 | 100.0 | 4.9 | 586 |
| Province 7 | 94.0 | 5.8 | 0.1 | 0.2 | 100.0 | 5.8 | 846 |
| Education |  |  |  |  |  |  |  |
| No education | 94.6 | 4.9 | 0.2 | 0.3 | 100.0 | 5.2 | 3,984 |
| Primary | 94.8 | 4.5 | 0.5 | 0.2 | 100.0 | 5.0 | 1,853 |
| Some secondary | 96.5 | 3.2 | 0.2 | 0.1 | 100.0 | 3.4 | 2,177 |
| SLC and above | 98.3 | 1.3 | 0.1 | 0.3 | 100.0 | 1.4 | 1,861 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 94.3 | 5.3 | 0.4 | 0.1 | 100.0 | 5.6 | 1,687 |
| Second | 94.9 | 4.6 | 0.3 | 0.1 | 100.0 | 4.9 | 1,946 |
| Middle | 97.1 | 2.4 | 0.2 | 0.3 | 100.0 | 2.6 | 2,088 |
| Fourth | 95.8 | 3.8 | 0.1 | 0.3 | 100.0 | 3.9 | 2,107 |
| Highest | 96.3 | 3.1 | 0.4 | 0.3 | 100.0 | 3.5 | 2,047 |
| Total | 95.7 | 3.8 | 0.3 | 0.2 | 100.0 | 4.0 | 9,875 |

${ }^{1}$ Excludes women who responded "don't know" when asked if their husband has other wives

Table 4.2.2 Number of men's wives
Percent distribution of currently married men age 15-49 by number of wives, according to background characteristics, Nepal DHS 2016

| Background characteristic | Number of wives |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2+ |  |  |
| Age |  |  |  |  |
| 15-19 | 100.0 | 0.0 | 100.0 | 60 |
| 20-24 | 100.0 | 0.0 | 100.0 | 284 |
| 25-29 | 99.8 | 0.2 | 100.0 | 423 |
| 30-34 | 98.8 | 1.2 | 100.0 | 513 |
| 35-39 | 97.1 | 2.9 | 100.0 | 528 |
| 40-44 | 98.3 | 1.7 | 100.0 | 461 |
| 45-49 | 97.5 | 2.5 | 100.0 | 407 |
| Residence |  |  |  |  |
| Urban | 98.5 | 1.5 | 100.0 | 1,693 |
| Rural | 98.4 | 1.6 | 100.0 | 982 |
| Ecological zone |  |  |  |  |
| Mountain | 99.1 | 0.9 | 100.0 | 169 |
| Hill | 98.0 | 2.0 | 100.0 | 1,137 |
| Terai | 98.9 | 1.1 | 100.0 | 1,369 |
| Development region |  |  |  |  |
| Eastern | 98.3 | 1.7 | 100.0 | 604 |
| Central | 98.6 | 1.4 | 100.0 | 1,039 |
| Western | 99.2 | 0.8 | 100.0 | 481 |
| Mid-western | 98.0 | 2.0 | 100.0 | 331 |
| Far-western | 97.7 | 2.3 | 100.0 | 220 |
| Province |  |  |  |  |
| Province 1 | 98.4 | 1.6 | 100.0 | 460 |
| Province 2 | 99.1 | 0.9 | 100.0 | 557 |
| Province 3 | 98.0 | 2.0 | 100.0 | 627 |
| Province 4 | 99.3 | 0.7 | 100.0 | 228 |
| Province 5 | 98.5 | 1.5 | 100.0 | 440 |
| Province 6 | 98.5 | 1.5 | 100.0 | 144 |
| Province 7 | 97.7 | 2.3 | 100.0 | 220 |
| Education |  |  |  |  |
| No education | 99.3 | 0.7 | 100.0 | 360 |
| Primary | 99.1 | 0.9 | 100.0 | 647 |
| Some secondary | 97.1 | 2.9 | 100.0 | 823 |
| SLC and above | 99.1 | 0.9 | 100.0 | 845 |
| Wealth quintile |  |  |  |  |
| Lowest | 99.1 | 0.9 | 100.0 | 432 |
| Second | 97.7 | 2.3 | 100.0 | 489 |
| Middle | 99.1 | 0.9 | 100.0 | 524 |
| Fourth | 97.5 | 2.5 | 100.0 | 617 |
| Highest | 99.2 | 0.8 | 100.0 | 613 |
| Total | 98.5 | 1.5 | 100.0 | 2,675 |

## Table 4.3 Age at first marriage

Percentage of women and men age 15-49 who were first married by specific exact ages and median age at first marriage, according to current age, Nepal DHS 2016

| Current age | Percentage first married by exact age: |  |  |  |  | Percentage never married | Number of respondents | Median age at first marriage |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 4.1 | na | na | na | na | 72.5 | 2,598 | a |
| 20-24 | 7.0 | 39.5 | 59.2 | na | na | 24.4 | 2,251 | 19.0 |
| 25-29 | 11.2 | 44.8 | 63.2 | 76.8 | 88.8 | 6.9 | 2,135 | 18.5 |
| 30-34 | 12.5 | 52.0 | 71.2 | 82.8 | 92.2 | 2.4 | 1,806 | 17.8 |
| 35-39 | 13.8 | 56.6 | 74.8 | 87.4 | 95.0 | 0.8 | 1,572 | 17.4 |
| 40-44 | 13.0 | 53.8 | 74.7 | 86.6 | 93.1 | 1.3 | 1,388 | 17.7 |
| 45-49 | 15.6 | 55.3 | 75.1 | 86.7 | 94.9 | 1.3 | 1,113 | 17.5 |
| 20-49 | 11.6 | 49.1 | 68.3 | na | na | 7.6 | 10,264 | 18.1 |
| 25-49 | 12.9 | 51.8 | 70.9 | 83.3 | 92.3 | 2.9 | 8,013 | 17.9 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 0.3 | na | na | na | na | 93.6 | 931 | a |
| 20-24 | 1.2 | 10.3 | 22.7 | na | na | 54.6 | 649 | a |
| 25-29 | 2.7 | 13.3 | 28.7 | 43.2 | 65.8 | 19.4 | 525 | 23.0 |
| 30-34 | 2.7 | 19.8 | 38.7 | 51.7 | 72.5 | 3.1 | 535 | 21.7 |
| 35-39 | 3.4 | 22.8 | 43.6 | 58.6 | 75.9 | 1.9 | 544 | 20.7 |
| 40-44 | 3.2 | 21.3 | 40.3 | 56.9 | 76.4 | 0.2 | 463 | 21.3 |
| 45-49 | 2.7 | 18.6 | 35.8 | 52.7 | 73.2 | 0.0 | 415 | 21.7 |
| 20-49 | 2.6 | 17.3 | 34.4 | na | na | 15.5 | 3,132 | a |
| 25-49 | 2.9 | 19.2 | 37.5 | 52.6 | 72.7 | 5.2 | 2,483 | 21.7 |

Note: The age at first marriage is defined as the age at which the respondent began living with her/his first spouse/partner.
na $=$ Not applicable due to censoring
= Omitted because less than $50 \%$ of the women or men began living with their spouse or partner for the first time before reaching the beginning of the age group

Table 4.4 Median age at first marriage by background characteristics
Median age at first marriage among women age 20-49 and age 25-49, and median age at first marriage among men age 25-49, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women age |  | Men age 25-49 |
| :---: | :---: | :---: | :---: |
|  | 20-49 | 25-49 |  |
| Residence |  |  |  |
| Urban | 18.6 | 18.3 | 22.2 |
| Rural | 17.4 | 17.2 | 20.8 |
| Ecological zone |  |  |  |
| Mountain | 18.2 | 18.1 | 21.2 |
| Hill | 18.9 | 18.7 | 22.3 |
| Terai | 17.5 | 17.2 | 21.2 |
| Development region |  |  |  |
| Eastern | 18.6 | 18.4 | 22.2 |
| Central | 17.9 | 17.7 | 22.3 |
| Western | 18.3 | 18.0 | 21.9 |
| Mid-western | 17.8 | 17.6 | 19.9 |
| Far-western | 17.7 | 17.3 | 20.3 |
| Province |  |  |  |
| Province 1 | 19.5 | 19.4 | 22.7 |
| Province 2 | 16.5 | 16.3 | 20.6 |
| Province 3 | 19.7 | 19.4 | 23.2 |
| Province 4 | 18.6 | 18.4 | 22.0 |
| Province 5 | 18.1 | 17.7 | 21.0 |
| Province 6 | 17.4 | 17.3 | 20.0 |
| Province 7 | 17.7 | 17.3 | 20.3 |
| Education |  |  |  |
| No education | 16.8 | 16.8 | 20.0 |
| Primary | 17.3 | 17.4 | 20.3 |
| Some secondary | 18.5 | 18.6 | 20.8 |
| SLC and above | a | 21.4 | 24.4 |
| Wealth quintile |  |  |  |
| Lowest | 17.7 | 17.5 | 20.4 |
| Second | 17.6 | 17.4 | 20.7 |
| Middle | 17.4 | 17.1 | 20.8 |
| Fourth | 18.1 | 17.8 | 21.4 |
| Highest | 19.8 | 19.5 | 24.1 |
| Total | 18.1 | 17.9 | 21.7 |

Note: The age at first marriage is defined as the age at which the respondent began living with her/his first spouse/partner.
$a=$ Omitted because less than $50 \%$ of the women or men began living with their spouse or partner for the first time before reaching the beginning of the age group

## Table 4.5 Age at first sexual intercourse

Percentage of women and men age 15-49 who had first sexual intercourse by specific exact ages, percentage who never had sexual intercourse, and median age at first sexual intercourse, according to current age, Nepal DHS 2016

| Current age | Percentage who had first sexual intercourse by exact age: |  |  |  |  | Percentage who never had intercourse | Number | Median age at first intercourse |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 3.7 | na | na | na | na | 72.3 | 2,598 | a |
| 20-24 | 6.7 | 38.4 | 59.4 | na | na | 24.2 | 2,251 | 19.0 |
| 25-29 | 9.9 | 44.3 | 63.4 | 76.7 | 88.4 | 7.0 | 2,135 | 18.5 |
| 30-34 | 11.3 | 51.2 | 70.4 | 82.7 | 91.2 | 2.3 | 1,806 | 17.9 |
| 35-39 | 11.8 | 56.3 | 75.2 | 87.3 | 95.1 | 0.8 | 1,572 | 17.5 |
| 40-44 | 12.1 | 53.6 | 75.7 | 87.2 | 93.6 | 1.1 | 1,388 | 17.8 |
| 45-49 | 13.1 | 53.8 | 73.8 | 85.6 | 93.6 | 1.3 | 1,113 | 17.7 |
| 20-49 | 10.4 | 48.4 | 68.4 | na | na | 7.5 | 10,264 | 18.1 |
| 25-49 | 11.4 | 51.2 | 70.9 | 83.2 | 92.0 | 2.9 | 8,013 | 17.9 |
| 15-24 | 5.1 | na | na | na | na | 50.0 | 4,849 | a |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 3.1 | na | na | na | na | 76.2 | 931 | a |
| 20-24 | 2.7 | 26.8 | 46.8 | na | na | 31.5 | 649 | a |
| 25-29 | 4.6 | 23.4 | 43.7 | 59.4 | 79.8 | 7.8 | 525 | 20.8 |
| 30-34 | 3.9 | 21.5 | 44.4 | 62.2 | 81.9 | 1.1 | 535 | 20.5 |
| 35-39 | 3.1 | 25.7 | 49.6 | 66.3 | 82.5 | 0.6 | 544 | 20.0 |
| 40-44 | 2.8 | 25.3 | 45.8 | 63.9 | 81.0 | 0.2 | 463 | 20.5 |
| 45-49 | 3.5 | 24.1 | 42.5 | 60.6 | 78.3 | 0.2 | 415 | 21.0 |
| 20-49 | 3.4 | 24.6 | 45.6 | na | na | 8.2 | 3,132 | a |
| 25-49 | 3.6 | 24.0 | 45.3 | 62.6 | 80.8 | 2.1 | 2,483 | 20.5 |
| 15-24 | 3.0 | na | na | na | na | 57.8 | 1,580 | a |

na $=$ Not applicable due to censoring
a = Omitted because less than $50 \%$ of the respondents had sexual intercourse for the first time before reaching the beginning of the age group

Table 4.6 Median age at first sexual intercourse by background characteristics
Median age at first sexual intercourse among women age 2049 and age 25-49, and median age at first sexual intercourse among men age 25-49, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women age |  | Men age 25-49 |
| :---: | :---: | :---: | :---: |
|  | 20-49 | 25-49 |  |
| Residence |  |  |  |
| Urban | 18.6 | 18.3 | 20.9 |
| Rural | 17.5 | 17.3 | 20.1 |
| Ecological zone |  |  |  |
| Mountain | 18.1 | 18.0 | 19.4 |
| Hill | 18.9 | 18.7 | 21.0 |
| Terai | 17.6 | 17.3 | 20.3 |
| Development region |  |  |  |
| Eastern | 18.7 | 18.5 | 21.2 |
| Central | 18.0 | 17.8 | 21.0 |
| Western | 18.3 | 18.0 | 20.6 |
| Mid-western | 17.8 | 17.6 | 19.1 |
| Far-western | 17.7 | 17.4 | 19.0 |
| Province |  |  |  |
| Province 1 | 19.5 | 19.3 | 21.6 |
| Province 2 | 16.6 | 16.5 | 20.0 |
| Province 3 | 19.6 | 19.3 | 21.6 |
| Province 4 | 18.7 | 18.4 | 20.4 |
| Province 5 | 18.0 | 17.7 | 19.9 |
| Province 6 | 17.5 | 17.3 | 19.2 |
| Province 7 | 17.7 | 17.4 | 19.0 |
| Education |  |  |  |
| No education | 16.9 | 16.9 | 19.3 |
| Primary | 17.3 | 17.4 | 19.6 |
| Some secondary | 18.5 | 18.6 | 19.8 |
| SLC and above | a | 21.4 | 22.5 |
| Wealth quintile |  |  |  |
| Lowest | 17.7 | 17.6 | 19.7 |
| Second | 17.7 | 17.4 | 19.8 |
| Middle | 17.5 | 17.3 | 19.9 |
| Fourth | 18.1 | 17.8 | 20.6 |
| Highest | 19.8 | 19.5 | 22.3 |
| Total | 18.1 | 17.9 | 20.5 |

a = Omitted because less than $50 \%$ of the respondents had intercourse for the first time before reaching the beginning of the age group

Table 4.7.1 Recent sexual activity: Women
Percent distribution of women age 15-49 by timing of last sexual intercourse, according to background characteristics, Nepal DHS 2016

| Background characteristic | Timing of last sexual intercourse |  |  | Never had sexual intercourse | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Within the past 4 weeks | Within 1 year ${ }^{1}$ | One or more years |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 15.3 | 9.2 | 3.1 | 72.3 | 100.0 | 2,598 |
| 20-24 | 39.7 | 22.9 | 13.2 | 24.2 | 100.0 | 2,251 |
| 25-29 | 52.3 | 24.2 | 16.6 | 7.0 | 100.0 | 2,135 |
| 30-34 | 58.9 | 22.1 | 16.7 | 2.3 | 100.0 | 1,806 |
| 35-39 | 66.7 | 16.7 | 15.8 | 0.8 | 100.0 | 1,572 |
| 40-44 | 66.5 | 15.4 | 17.0 | 1.1 | 100.0 | 1,388 |
| 45-49 | 64.8 | 18.4 | 15.5 | 1.3 | 100.0 | 1,113 |
| Marital status |  |  |  |  |  |  |
| Never married | 0.1 | 0.3 | 0.5 | 99.2 | 100.0 | 2,669 |
| Married or living together | 62.4 | 23.5 | 14.1 | 0.0 | 100.0 | 9,875 |
| Divorced/separated/ widowed | 0.5 | 9.1 | 89.1 | 1.3 | 100.0 | 318 |
| Marital duration ${ }^{2}$ |  |  |  |  |  |  |
| 0-4 years | 53.3 | 32.8 | 13.8 | 0.1 | 100.0 | 2,022 |
| 5-9 years | 56.7 | 25.7 | 17.5 | 0.0 | 100.0 | 1,745 |
| 10-14 years | 61.1 | 23.0 | 15.9 | 0.0 | 100.0 | 1,578 |
| 15-19 years | 67.0 | 17.3 | 15.8 | 0.0 | 100.0 | 1,496 |
| 20-24 years | 70.0 | 17.4 | 12.5 | 0.0 | 100.0 | 1,307 |
| $25+$ years | 70.3 | 20.4 | 9.3 | 0.0 | 100.0 | 1,396 |
| Married more than once | 69.6 | 21.4 | 9.0 | 0.0 | 100.0 | 331 |
| Residence |  |  |  |  |  |  |
| Urban | 47.9 | 16.8 | 12.7 | 22.7 | 100.0 | 8,072 |
| Rural | 48.0 | 20.9 | 13.9 | 17.2 | 100.0 | 4,790 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 50.0 | 16.8 | 11.0 | 22.2 | 100.0 | 775 |
| Hill | 46.6 | 17.7 | 13.5 | 22.2 | 100.0 | 5,556 |
| Terai | 48.8 | 19.0 | 13.1 | 19.1 | 100.0 | 6,531 |
| Development region |  |  |  |  |  |  |
| Eastern | 48.4 | 16.5 | 15.0 | 20.0 | 100.0 | 2,900 |
| Central | 49.4 | 17.3 | 12.2 | 21.1 | 100.0 | 4,569 |
| Western | 44.2 | 19.8 | 15.5 | 20.5 | 100.0 | 2,597 |
| Mid-western | 48.9 | 20.4 | 11.6 | 19.0 | 100.0 | 1,650 |
| Far-western | 47.6 | 20.3 | 9.3 | 22.8 | 100.0 | 1,145 |
| Province |  |  |  |  |  |  |
| Province 1 | 48.3 | 15.9 | 14.5 | 21.3 | 100.0 | 2,173 |
| Province 2 | 49.7 | 21.9 | 14.5 | 14.0 | 100.0 | 2,563 |
| Province 3 | 49.0 | 13.3 | 11.1 | 26.5 | 100.0 | 2,732 |
| Province 4 | 42.4 | 20.1 | 16.5 | 21.0 | 100.0 | 1,249 |
| Province 5 | 46.2 | 19.3 | 13.9 | 20.5 | 100.0 | 2,274 |
| Province 6 | 51.5 | 22.1 | 9.9 | 16.5 | 100.0 | 724 |
| Province 7 | 47.6 | 20.3 | 9.3 | 22.8 | 100.0 | 1,145 |
| Education |  |  |  |  |  |  |
| No education | 60.4 | 20.0 | 16.9 | 2.7 | 100.0 | 4,281 |
| Primary | 52.5 | 20.2 | 16.8 | 10.5 | 100.0 | 2,150 |
| Some secondary | 38.4 | 17.8 | 11.5 | 32.3 | 100.0 | 3,291 |
| SLC and above | 37.7 | 15.1 | 7.4 | 39.7 | 100.0 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 46.9 | 19.4 | 14.7 | 19.1 | 100.0 | 2,176 |
| Second | 47.0 | 19.5 | 13.7 | 19.8 | 100.0 | 2,525 |
| Middle | 47.4 | 20.7 | 14.3 | 17.5 | 100.0 | 2,595 |
| Fourth | 47.2 | 17.7 | 14.0 | 21.1 | 100.0 | 2,765 |
| Highest | 50.8 | 14.7 | 9.6 | 25.0 | 100.0 | 2,801 |
| Total | 47.9 | 18.3 | 13.2 | 20.6 | 100.0 | 12,862 |

${ }^{1}$ Excludes women who had sexual intercourse within the last 4 weeks
${ }^{2}$ Excludes women who are not currently married

Table 4.7.2 Recent sexual activity: Men
Percent distribution of men age 15-49 by timing of last sexual intercourse, according to background characteristics, Nepal DHS 2016

| Background characteristic | Timing of last sexual intercourse |  |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Within the past 4 weeks | Within 1 year ${ }^{1}$ | One or more years | Never had sexual intercourse |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 9.8 | 9.0 | 5.0 | 76.2 | 100.0 | 931 |
| 20-24 | 43.0 | 17.4 | 8.1 | 31.5 | 100.0 | 649 |
| 25-29 | 73.8 | 12.7 | 5.7 | 7.8 | 100.0 | 525 |
| 30-34 | 84.6 | 12.3 | 2.0 | 1.1 | 100.0 | 535 |
| 35-39 | 85.5 | 8.6 | 5.3 | 0.6 | 100.0 | 544 |
| 40-44 | 92.3 | 6.6 | 0.9 | 0.2 | 100.0 | 463 |
| 45-49 | 84.9 | 10.7 | 4.2 | 0.2 | 100.0 | 415 |
| Marital status |  |  |  |  |  |  |
| Never married | 6.9 | 12.4 | 9.5 | 71.2 | 100.0 | 1,355 |
| Married or living together | 88.0 | 10.3 | 1.6 | 0.0 | 100.0 | 2,675 |
| Divorced/separated/ widowed | (23.8) | (18.6) | (57.6) | (0.0) | 100.0 | 33 |
| Marital duration ${ }^{2}$ |  |  |  |  |  |  |
| 0-4 years | 82.9 | 15.1 | 2.0 | 0.0 | 100.0 | 548 |
| 5-9 years | 86.3 | 12.3 | 1.4 | 0.0 | 100.0 | 422 |
| 10-14 years | 91.0 | 6.9 | 2.0 | 0.0 | 100.0 | 402 |
| 15-19 years | 90.0 | 8.6 | 1.4 | 0.0 | 100.0 | 435 |
| 20-24 years | 92.4 | 6.1 | 1.3 | 0.2 | 100.0 | 392 |
| $25+$ years | 87.1 | 11.7 | 1.2 | 0.0 | 100.0 | 252 |
| Married more than once | 88.3 | 10.2 | 1.5 | 0.0 | 100.0 | 224 |
| Residence |  |  |  |  |  |  |
| Urban | 58.8 | 10.9 | 4.4 | 25.9 | 100.0 | 2,647 |
| Rural | 63.6 | 11.5 | 5.2 | 19.8 | 100.0 | 1,416 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 61.7 | 13.8 | 4.4 | 20.2 | 100.0 | 252 |
| Hill | 57.0 | 11.6 | 4.9 | 26.5 | 100.0 | 1,791 |
| Terai | 63.4 | 10.3 | 4.5 | 21.8 | 100.0 | 2,019 |
| Development region |  |  |  |  |  |  |
| Eastern | 60.1 | 10.8 | 4.8 | 24.2 | 100.0 | 892 |
| Central | 58.2 | 11.0 | 5.1 | 25.7 | 100.0 | 1,604 |
| Western | 58.4 | 13.6 | 4.8 | 23.3 | 100.0 | 785 |
| Mid-western | 70.8 | 9.4 | 3.5 | 16.4 | 100.0 | 453 |
| Far-western | 62.9 | 8.9 | 3.7 | 24.5 | 100.0 | 330 |
| Province |  |  |  |  |  |  |
| Province 1 | 59.4 | 10.8 | 5.0 | 24.8 | 100.0 | 691 |
| Province 2 | 64.8 | 9.3 | 4.3 | 21.5 | 100.0 | 795 |
| Province 3 | 53.9 | 12.2 | 5.6 | 28.3 | 100.0 | 1,009 |
| Province 4 | 54.6 | 15.4 | 4.8 | 25.2 | 100.0 | 376 |
| Province 5 | 66.6 | 10.4 | 4.5 | 18.6 | 100.0 | 658 |
| Province 6 | 66.6 | 11.2 | 2.9 | 19.3 | 100.0 | 203 |
| Province 7 | 62.9 | 8.9 | 3.7 | 24.5 | 100.0 | 330 |
| Education |  |  |  |  |  |  |
| No education | 84.4 | 10.7 | 1.5 | 3.3 | 100.0 | 391 |
| Primary | 73.0 | 9.7 | 6.2 | 11.1 | 100.0 | 789 |
| Some secondary | 54.2 | 10.5 | 3.6 | 31.6 | 100.0 | 1,386 |
| SLC and above | 53.3 | 12.5 | 5.7 | 28.5 | 100.0 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 61.6 | 13.7 | 5.2 | 19.5 | 100.0 | 623 |
| Second | 64.1 | 8.7 | 4.5 | 22.6 | 100.0 | 706 |
| Middle | 63.9 | 11.6 | 3.4 | 21.0 | 100.0 | 758 |
| Fourth | 58.0 | 10.7 | 5.9 | 25.5 | 100.0 | 982 |
| Highest | 57.0 | 11.1 | 4.3 | 27.6 | 100.0 | 994 |
| Total 15-49 | 60.5 | 11.1 | 4.7 | 23.8 | 100.0 | 4,063 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Excludes men who had sexual intercourse within the last 4 weeks
${ }^{2}$ Excludes men who are not currently married

## Key Findings

- Total fertility rate: The total fertility rate for the 3 years preceding the survey is 2.3 births per woman, a decline from 2.6 children in 2011.
- Birth interval: The median interval between births is 36.7 months, with $21 \%$ of births occurring less than 24 months after the preceding birth.
- Postpartum amenorrhea: The median duration of postpartum amenorrhea is 6.0 months, while the median duration of abstinence from sexual intercourse is 3.4 months after giving birth.
- Age at first birth: The median age at first birth among women age $25-49$ is 20.4 years.
- Teenage childbearing: Among women age 15-19, 17\% have begun childbearing, the same proportion reported in 2011. Thirteen percent have had a live birth, and $4 \%$ are pregnant with their first child.

TThe number of children that a woman bears depends on many factors, including the age she begins childbearing, how long she waits between births, and her fecundity. Postponing first births and extending the interval between births have played a role in reducing fertility levels in many countries. These factors also have positive health consequences. In contrast, short birth intervals (of less than 24 months) can lead to harmful outcomes for both newborns and their mothers, such as preterm birth, low birth weight, and death. Childbearing at a very young age is associated with an increased risk of complications during pregnancy and childbirth and higher rates of neonatal mortality.

This chapter describes the current level of fertility in Nepal and some of its proximate determinants. It presents information on the total fertility rate, birth intervals, insusceptibility to pregnancy (due to postpartum amenorrhea, postpartum abstinence, or menopause), age at first birth, and teenage childbearing.

### 5.1 Current Fertility

## Total fertility rate

The average number of children a woman would have by the end of her childbearing years if she bore children at the current age-specific fertility rates. Age-specific fertility rates are calculated for the 3 years before the survey, based on detailed birth histories provided by women.
Sample: Women age 15-49
The total fertility rate (TFR) in Nepal is 2.3 children per woman (Table 5.1). On average, fertility is higher among women in rural areas than among women in urban areas ( 2.9 versus 2.0 children). The age specificfertility rate in the 15-19 age group is 88 births per 1,000 women. The rate peaks among women age 20-24 ( 172 births per 1,000 women) and declines thereafter, reaching the lowest level among women age 40 and over (Table 5.1).

Trends: The TFR has declined markedly in Nepal over time. Between 1996 and 2016, the TFR decreased by 2.3 children ( 4.6 versus 2.3). The largest decline was observed between 2001 and 2006 (4.1 versus 3.1 children) (Figure 5.1).

Results from the 2016 NDHS and previous NDHS surveys show that the fertility rate peaks at age 20-24 and declines steadily thereafter (Figure 5.2).

Figure 5.1 Trends in fertility

TFR for the 3 years before each survey


Patterns by background characteristics

- The TFR is lower in the hill zone (2.1 children per woman) than in the terai ( 2.5 children per woman) and mountain ( 3.0 children per woman) zones (Table 5.2).
- By province, the TFR ranges from a low of 1.8 children per woman in Province 3 to a high of 3.0 children per woman in Province 2, a difference of 1.2 children per woman (Figure 5.3).
- The number of children per woman declines with increasing education. Women with no education have 3.3 children on average, as compared with 1.8 children among women with an SLC or more (Figure 5.4).

On average, women in the lowest wealth quintile have twice as many children as women in the highest quintile ( 3.2 versus 1.6 children) (Table 5.2).

Figure 5.4 Fertility by mother's education
Figure 5.2 Trends in age-specific fertlity 2.5 children per woman) and mountain


Figure 5.3 Fertility by province Total fertility rate for the 3 years before the survey


TFR for the 3 years before the survey


### 5.2 Children Ever Born and Living

The 2016 NDHS collected data from women age 15-49 on the number of children ever born and those still living. On average, women age 45-49 have given birth to 4.0 children, of whom 3.6 survived to the time of the survey. Currently married women age 45-49 have given birth to an average of 4.1 children, and 3.7 of these children were alive at the time of the survey (Table 5.4).

### 5.3 BIRTH INTERVALS

## Median birth interval

Number of months since the preceding birth by which half of children are born.
Sample: Non-first births in the 5 years before the survey

Short birth intervals (less than 24 months) are associated with increased health risks for both mothers and newborns. The median birth interval in Nepal is 36.7 months (Table 5.5). Twenty-one percent of births occurred less than 24 months after the preceding birth (Figure 5.5).

Trends: Between 2001 and 2011, the median birth interval increased from 31.8 months to 36.2 months. However, the pace of increase was slower between 2011 and 2016 ( 36.2 months and 36.7 months, respectively). Since decreasing from $24 \%$ in 1996 to $21 \%$ in 2011, the percentage of children born after a short interval (less than 24 months) has remained constant over the past 5 years (at $21 \%$ ).

## Patterns by background characteristics

- Births to older women occur after longer intervals than births to younger women. The median birth interval among women age 40-49 is 37.5 months longer than the interval among women age 15-19 ( 60.1 months versus 22.6 months).
- The median birth interval is 13.0 months longer if the child from the preceding birth is living than if the child has died ( 37.4 versus 24.4 months).
- The median birth interval in the hill zone is 8.8 months longer than the interval in the terai zone and 7.0 months longer than the interval in the mountain zone ( $42.7,33.9$, and 35.7 months, respectively).
- The birth interval among women in Province 4 is 18.3 months longer than the interval among women in Province 2 ( 48.3 versus 30.0 months).
- The median birth interval among women with an SLC or higher is 7.5 months longer than the interval among women with no education ( 42.7 versus 35.2 months).
- Births to women in wealthier households occur after longer intervals. The median birth interval in the highest wealth quintile is 11.6 months longer than the interval in the lowest quintile ( 47.5 versus 35.9 months).


### 5.4 Insusceptibility to Pregnancy

## Postpartum amenorrhea

The period of time after the birth of a child and before the resumption of menstruation.

## Postpartum abstinence

The period of time after the birth of a child and before the resumption of sexual intercourse.
Postpartum insusceptibility
The period of time during which a woman is considered not at risk of pregnancy because she is postpartum amenorrheic and/or abstaining from sexual intercourse.
Sample: Women age 15-49

## Median duration of postpartum amenorrhea

Number of months after childbirth by which time half of women have begun menstruating.
Sample: Women who gave birth in the 3 years before the survey
Median duration of postpartum insusceptibility
Number of months after childbirth by which time half of women are no longer protected against pregnancy by either postpartum amenorrhea or abstinence from sexual intercourse.
Sample: Women who gave birth in the 3 years before the survey

Postpartum amenorrhea refers to the interval between childbirth and the return of menstruation. The length and intensity of breastfeeding influence the duration of amenorrhea, which offers protection from conception. Postpartum abstinence refers to the period between childbirth and the time when a woman resumes sexual activity. Almost all women are insusceptible to pregnancy during the first 2 months after a birth. Continued postpartum amenorrhea and abstinence may protect women from pregnancy for longer periods.

Among births in the 3 years before the survey, the median duration of postpartum amenorrhea is 6.0 months, while the median duration of abstinence from sexual intercourse is 3.4 months after giving birth. Women are insusceptible to pregnancy after childbirth for a median of 7.8 months (Table 5.6).

Trends: The median durations of postpartum amenorrhea and insusceptibility have declined steadily since 2001. The median duration of postpartum amenorrhea fell from 11.1 months in 2001 to 6.0 months in 2016, while the median duration of postpartum insusceptibility declined from 11.4 to 7.8 months. In contrast, the median duration of abstinence increased from 2.2 months in 2001 to 3.4 months in 2016.

## Patterns by background characteristics

- Women in Province 6 remain amenorrheic longer than women in Province 1 ( 9.1 months versus 5.3 months). The duration of postpartum abstinence is also longer among women in Province 6 than those in Province 1 ( 4.4 versus 3.4 months) (Table 5.7).
- Women with no education have a longer duration of postpartum amenorrhea than women with an SLC or higher ( 7.3 months and 5.2 months, respectively) (Table 5.7). However, women with no education and women with an SLC or higher have a similar duration of postpartum abstinence ( 3.1 versus 3.0 months).


## Menopause

Women are considered to have reached menopause if they are neither pregnant nor postpartum amenorrheic and have not had a menstrual period in the 6 months before the survey, or if they report being menopausal.
Sample: Women age 30-49

Women who have reached menopause are no longer able to become pregnant. Almost $15 \%$ of women age 30-49 are menopausal. The percentage of menopausal women increases with age, from $6 \%$ among those age 30-34 to $47 \%$ among those age 48-49 (Table 5.8).

### 5.5 Age at First Birth

## Median age at first birth

Age by which half of women have had their first child.
Sample: Women age 20-49 and 25-49

The median age at first birth among women age 25-49 in Nepal is 20.4 years (Table 5.9). Median age at first birth has changed little over the last two decades (19.8 years in 1996 and 20.4 years in 2016).

## Patterns by background characteristics

- Women in Province 1 have their first birth, on average, 2.3 years later than women in Province 2 (21.5 years versus 19.2 years) (Table 5.10).
- The median age at first birth increases from 19.6 years among women with a primary education to 23.6 years among women with an SLC or higher (Figure 5.6).
- There is little difference in median age at first birth by wealth except that women in the highest quintile tend to delay their first birth (21.6 years) (Table 5.10).

Figure 5.6 Median age at first birth by mother's education


### 5.6 Teenage Childbearing and Sexual and Reproductive Behaviors before Age 15

## Teenage childbearing

Percentage of women age 15-19 who have given birth or are pregnant with their first child.
Sample: Women age 15-19

### 5.6.1 Teenage Childbearing

In Nepal, $17 \%$ of women age $15-19$ have begun childbearing; $13 \%$ have had a live birth, and $4 \%$ are pregnant with their first child (Table 5.11).

Trends: After declining between 2001 (21\%) and 2011 (17\%), teenage childbearing has remained constant over the past 5 years (17\%).

- As expected, teenage childbearing increases with age, from $2 \%$ among women age 15 to $36 \%$ among women age 19 (Table 5.11).
- Eighteen percent of women age 15-19 in the terai zone have begun childbearing, as compared with $17 \%$ of women in the mountain zone and $15 \%$ of those in the hill zone (Table 5.11).
- Teenage childbearing is lowest in Province 3 (10\%) and highest in Province 2 (27\%) (Figure 5.7).
- Teenage childbearing decreases with increasing education, from $33 \%$ among women with no education to $7 \%$ among women with an SLC or above (Figure 5.8).
- Teenage women in the lowest wealth quintile are more likely to have begun childbearing than women in the highest wealth quintile ( $20 \%$ versus 6\%) (Table 5.11).

Figure 5.7 Teenage childbearing by province
Percentage of women age 15-19 who have begun childbearing


Figure 5.8 Teenage childbearing by education
Percentage of women age 15-19 who have begun childbearing


### 5.6.2 Sexual and Reproductive Behaviors before Age 15

Among women and men age $15-19,4 \%$ of women and $3 \%$ of men had their first sexual intercourse before age 15 . Within this same age group, $4 \%$ of women and less than $1 \%$ of men were married by the time they reached age 15 . This implies that not many young women have their first sexual intercourse before marriage. Less than 1 percent of women age 15-19 gave birth before age 15, and no men in that age group fathered a child before age 15 (Table 5.12).

## List of Tables

For more information on fertility levels and some of the determinants of fertility, see the following tables:

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- Table 5.6 Postpartum amenorrhea, abstinence, and insusceptibility
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Table 5.1 Current fertility
Age-specific and total fertility rates, the general fertility rate, and the crude birth rate for the 3 years preceding the survey, by residence, Nepal DHS 2016

|  | Residence |  |  |
| :--- | :---: | :---: | :---: |
| Age group | Urban | Rural | Total |
| $10-14$ | $[0]$ | $[1]$ | $[1]$ |
| $15-19$ | 66 | 125 | 88 |
| $20-24$ | 150 | 209 | 172 |
| $25-29$ | 112 | 146 | 124 |
| $30-34$ | 54 | 67 | 59 |
| $35-39$ | 13 | 28 | 18 |
| $40-44$ | 4 | 10 | 6 |
| $45-49$ | $[2]$ | $[2]$ | $[2]$ |
| TFR (15-49) | 2.0 | 2.9 | 2.3 |
| GFR | 74 | 111 | 88 |
| CBR | 20 | 26 | 22 |

Note: Age-specific fertility rates are per 1,000 women. Estimates in brackets are truncated. Rates are for the period 1-36 months prior to the interview. Rates for the 10-14 age group are based on retrospective data from women age 15-19.
TFR: Total fertility rate, expressed per woman
GFR: General fertility rate, expressed per 1,000 women age 15-44
CBR: Crude birth rate, expressed per 1,000 population

## Table 5.2 Fertility by background characteristics

Total fertility rate for the 3 years preceding the survey, percentage of women age 15-49 currently pregnant, and mean number of children ever born to women age 40-49, by background characteristics, Nepal DHS 2016

| Background characteristic | Total fertility rate | Percentage of women age 15-49 currently pregnant | Mean number of children ever born to women age 40-49 |
| :---: | :---: | :---: | :---: |
| Residence |  |  |  |
| Urban | 2.0 | 3.7 | 3.4 |
| Rural | 2.9 | 4.9 | 4.4 |
| Ecological zone |  |  |  |
| Mountain | 3.0 | 6.5 | 4.7 |
| Hill | 2.1 | 3.4 | 3.5 |
| Terai | 2.5 | 4.5 | 3.9 |
| Development region |  |  |  |
| Eastern | 2.4 | 4.2 | 3.6 |
| Central | 2.4 | 4.6 | 3.6 |
| Western | 2.2 | 3.4 | 3.6 |
| Mid-western | 2.5 | 4.1 | 4.4 |
| Far-western | 2.2 | 4.1 | 4.5 |
| Province |  |  |  |
| Province 1 | 2.3 | 3.8 | 3.5 |
| Province 2 | 3.0 | 6.3 | 4.3 |
| Province 3 | 1.8 | 3.2 | 3.0 |
| Province 4 | 2.0 | 2.6 | 3.3 |
| Province 5 | 2.4 | 3.9 | 4.0 |
| Province 6 | 2.8 | 5.0 | 4.8 |
| Province 7 | 2.2 | 4.1 | 4.5 |
| Education |  |  |  |
| No education | 3.3 | 3.1 | 4.2 |
| Primary | 2.7 | 4.8 | 3.2 |
| Some secondary | 2.1 | 4.9 | 2.7 |
| SLC and above | 1.8 | 4.4 | 2.2 |
| Wealth quintile |  |  |  |
| Lowest | 3.2 | 4.6 | 4.9 |
| Second | 2.5 | 4.2 | 4.1 |
| Middle | 2.5 | 5.0 | 4.0 |
| Fourth | 2.1 | 4.9 | 3.4 |
| Highest | 1.6 | 2.3 | 2.7 |
| Total | 2.3 | 4.2 | 3.8 |

[^4]Table 5.3 Trends in age-specific fertility rates
Age-specific fertility rates for 5 -year periods preceding the survey, according to age group, Nepal DHS 2016

|  | Number of years preceding survey |  |  |  |
| :--- | ---: | ---: | :---: | :---: |
| Age group | $0-4$ | $5-9$ | $10-14$ | $15-19$ |
| $10-14$ | $[1]$ | 2 | 4 | 4 |
| $15-19$ | 89 | 100 | 119 | 125 |
| $20-24$ | 184 | 200 | 240 | 268 |
| $25-29$ | 127 | 147 | 178 | 208 |
| $30-34$ | 61 | 73 | 110 | $[134]$ |
| $35-39$ | 20 | 38 | $[64]$ |  |
| $40-44$ | 8 | $[19]$ |  |  |
| $45-49$ | $[2]$ |  |  |  |

Note: Age-specific fertility rates are per 1,000 women. Estimates in brackets are truncated. Rates exclude the month of the interview. For the 0-4 year period, rates for the 10-14 age group are based on retrospective data from women age 15-19.

## Table 5.4 Children ever born and living

Percent distribution of all women and currently married women age 15-49 by number of children ever born, mean number of children ever born, and mean number of living children, according to age group, Nepal DHS 2016

| Age | Number of children ever born |  |  |  |  |  |  |  |  |  |  | Total | Number of women | Mean number of children ever born | Mean number of living children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10+ |  |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 87.1 | 10.8 | 1.7 | 0.2 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 2,598 | 0.15 | 0.15 |
| 20-24 | 40.7 | 35.7 | 17.7 | 5.0 | 0.7 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 2,251 | 0.90 | 0.86 |
| 25-29 | 13.7 | 25.3 | 34.2 | 17.6 | 6.9 | 1.7 | 0.4 | 0.1 | 0.1 | 0.0 | 0.0 | 100.0 | 2,135 | 1.86 | 1.78 |
| 30-34 | 4.9 | 13.3 | 36.8 | 23.5 | 12.4 | 5.2 | 2.5 | 0.9 | 0.3 | 0.1 | 0.0 | 100.0 | 1,806 | 2.57 | 2.41 |
| 35-39 | 2.7 | 6.3 | 29.4 | 25.4 | 17.7 | 10.7 | 5.0 | 1.8 | 0.5 | 0.3 | 0.1 | 100.0 | 1,572 | 3.17 | 2.91 |
| 40-44 | 3.2 | 5.3 | 24.0 | 23.4 | 17.9 | 12.2 | 6.9 | 4.0 | 1.8 | 0.8 | 0.6 | 100.0 | 1,388 | 3.52 | 3.18 |
| 45-49 | 2.7 | 3.3 | 13.7 | 25.1 | 19.5 | 14.6 | 10.4 | 5.4 | 2.6 | 1.8 | 0.8 | 100.0 | 1,113 | 4.04 | 3.57 |
| Total | 28.6 | 16.1 | 21.7 | 14.9 | 8.8 | 4.9 | 2.7 | 1.3 | 0.5 | 0.3 | 0.1 | 100.0 | 12,862 | 1.98 | 1.82 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 53.0 | 39.7 | 6.3 | 0.8 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 704 | 0.56 | 0.53 |
| 20-24 | 21.3 | 47.1 | 23.7 | 6.7 | 1.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,684 | 1.19 | 1.14 |
| 25-29 | 7.2 | 27.1 | 36.9 | 18.9 | 7.4 | 1.9 | 0.4 | 0.2 | 0.1 | 0.0 | 0.0 | 100.0 | 1,957 | 2.01 | 1.92 |
| 30-34 | 2.3 | 13.6 | 37.7 | 24.2 | 12.8 | 5.5 | 2.6 | 0.9 | 0.3 | 0.1 | 0.0 | 100.0 | 1,726 | 2.65 | 2.48 |
| 35-39 | 1.9 | 6.3 | 29.1 | 25.8 | 18.2 | 10.9 | 5.0 | 1.9 | 0.4 | 0.3 | 0.1 | 100.0 | 1,510 | 3.20 | 2.95 |
| 40-44 | 2.2 | 5.2 | 23.8 | 23.7 | 17.9 | 12.5 | 7.4 | 4.0 | 1.9 | 0.8 | 0.6 | 100.0 | 1,283 | 3.59 | 3.25 |
| 45-49 | 1.2 | 2.7 | 14.1 | 25.1 | 19.6 | 15.7 | 10.5 | 5.7 | 2.7 | 2.0 | 0.7 | 100.0 | 1,011 | 4.14 | 3.66 |
| Total | 9.9 | 20.5 | 27.4 | 18.8 | 11.0 | 6.3 | 3.3 | 1.6 | 0.7 | 0.4 | 0.2 | 100.0 | 9,875 | 2.48 | 2.29 |

Table 5.5 Birth intervals
Percent distribution of non-first births in the 5 years preceding the survey by number of months since preceding birth, and median number of months since preceding birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Months since preceding birth |  |  |  |  |  | Total | Number of non-first births | Median number of months since preceding birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7-17 | 18-23 | 24-35 | 36-47 | 48-59 | 60+ |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 37.5 | 20.8 | 31.1 | 10.7 | 0.0 | 0.0 | 100.0 | 60 | 22.6 |
| 20-29 | 10.4 | 15.0 | 30.7 | 20.3 | 12.3 | 11.4 | 100.0 | 1,896 | 33.4 |
| 30-39 | 5.0 | 8.1 | 20.1 | 19.3 | 12.5 | 35.0 | 100.0 | 982 | 46.5 |
| 40-49 | 0.3 | 8.4 | 14.7 | 16.4 | 10.0 | 50.2 | 100.0 | 120 | 60.1 |
| Sex of preceding birth |  |  |  |  |  |  |  |  |  |
| Male | 9.7 | 11.5 | 25.9 | 18.1 | 11.6 | 23.1 | 100.0 | 1,368 | 37.0 |
| Female | 8.1 | 13.5 | 27.3 | 20.9 | 12.3 | 18.0 | 100.0 | 1,690 | 36.5 |
| Survival of preceding birth |  |  |  |  |  |  |  |  |  |
| Living | 7.5 | 12.2 | 27.1 | 20.1 | 12.4 | 20.8 | 100.0 | 2,866 | 37.4 |
| Dead | 29.1 | 19.2 | 20.9 | 12.8 | 5.8 | 12.2 | 100.0 | 193 | 24.4 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 2-3 | 8.9 | 11.9 | 25.5 | 20.1 | 12.1 | 21.5 | 100.0 | 2,241 | 38.1 |
| 4-6 | 9.2 | 14.2 | 30.3 | 17.5 | 12.0 | 16.8 | 100.0 | 721 | 34.1 |
| 7+ | 4.9 | 16.7 | 27.1 | 24.1 | 10.1 | 17.2 | 100.0 | 96 | 36.6 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 7.5 | 10.1 | 23.6 | 21.9 | 12.4 | 24.6 | 100.0 | 1,540 | 40.5 |
| Rural | 10.2 | 15.1 | 29.8 | 17.3 | 11.6 | 15.9 | 100.0 | 1,518 | 33.5 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 7.8 | 15.1 | 27.8 | 21.5 | 10.2 | 17.5 | 100.0 | 241 | 35.7 |
| Hill | 6.5 | 8.8 | 21.4 | 22.2 | 14.0 | 27.1 | 100.0 | 1,040 | 42.7 |
| Terai | 10.3 | 14.5 | 29.6 | 17.9 | 11.1 | 16.6 | 100.0 | 1,777 | 33.9 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 9.5 | 11.5 | 25.0 | 16.5 | 14.3 | 23.1 | 100.0 | 667 | 38.6 |
| Central | 10.1 | 15.7 | 28.0 | 20.1 | 8.6 | 17.5 | 100.0 | 1,157 | 33.6 |
| Western | 8.3 | 8.2 | 23.6 | 22.0 | 14.1 | 23.7 | 100.0 | 529 | 40.6 |
| Mid-western | 6.6 | 12.3 | 26.9 | 19.4 | 14.1 | 20.8 | 100.0 | 429 | 39.0 |
| Far-western | 6.2 | 11.1 | 30.8 | 21.1 | 13.3 | 17.4 | 100.0 | 275 | 36.5 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 9.4 | 10.9 | 22.4 | 17.3 | 12.5 | 27.5 | 100.0 | 446 | 40.8 |
| Province 2 | 12.0 | 19.6 | 32.3 | 15.8 | 9.9 | 10.3 | 100.0 | 956 | 30.0 |
| Province 3 | 5.6 | 5.3 | 19.4 | 27.1 | 10.6 | 32.0 | 100.0 | 422 | 43.7 |
| Province 4 | 5.5 | 6.9 | 18.6 | 18.3 | 17.6 | 33.2 | 100.0 | 198 | 48.3 |
| Province 5 | 8.2 | 8.7 | 24.8 | 22.2 | 13.4 | 22.6 | 100.0 | 535 | 39.9 |
| Province 6 | 7.8 | 16.0 | 31.4 | 19.8 | 12.6 | 12.4 | 100.0 | 225 | 33.5 |
| Province 7 | 6.2 | 11.1 | 30.8 | 21.1 | 13.3 | 17.4 | 100.0 | 275 | 36.5 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 9.5 | 14.5 | 27.5 | 19.6 | 11.4 | 17.4 | 100.0 | 1,427 | 35.2 |
| Primary | 8.1 | 12.2 | 29.6 | 20.1 | 11.1 | 18.9 | 100.0 | 678 | 36.0 |
| Some secondary | 8.8 | 11.2 | 23.9 | 20.4 | 13.1 | 22.6 | 100.0 | 552 | 39.8 |
| SLC and above | 7.7 | 8.4 | 22.7 | 17.8 | 14.0 | 29.4 | 100.0 | 401 | 42.7 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 7.8 | 11.9 | 30.4 | 21.4 | 13.6 | 14.8 | 100.0 | 740 | 35.9 |
| Second | 10.2 | 14.0 | 23.1 | 21.3 | 11.9 | 19.5 | 100.0 | 670 | 36.9 |
| Middle | 10.8 | 17.8 | 28.8 | 14.8 | 10.3 | 17.4 | 100.0 | 690 | 32.2 |
| Fourth | 8.0 | 10.9 | 29.2 | 18.8 | 11.4 | 21.7 | 100.0 | 597 | 36.6 |
| Highest | 5.9 | 4.2 | 17.3 | 23.5 | 13.1 | 36.1 | 100.0 | 360 | 47.5 |
| Total | 8.8 | 12.6 | 26.7 | 19.6 | 12.0 | 20.3 | 100.0 | 3,058 | 36.7 |

Note: First-order births are excluded. The interval for multiple births is the number of months since the preceding pregnancy that ended in a live birth.

Table 5.6 Postpartum amenorrhea, abstinence, and insusceptibility
Percentage of births in the 3 years preceding the survey for which mothers are postpartum amenorrheic, abstaining, and insusceptible, by number of months since birth, and median and mean durations, Nepal DHS 2016

| Months <br> since birth | Percentage of births for which the mother is: |  | Number of <br> births |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Amenorrheic |  |  |  | Abstaining | | Insusceptible ${ }^{1}$ |
| :--- |

Note: Estimates are based on status at the time of the survey.
na $=$ Not applicable
${ }^{1}$ Includes births for which mothers are either still amenorrheic or still abstaining (or both) following birth

Table 5.7 Median duration of postpartum amenorrhea, postpartum abstinence, and postpartum insusceptibility

Median number of months of postpartum amenorrhea, postpartum abstinence, and postpartum insusceptibility following births in the 3 years preceding the survey, by background characteristics, Nepal DHS 2016

| Background characteristic | Postpartum amenorrhea | Postpartum abstinence | Postpartum insusceptibility ${ }^{1}$ |
| :---: | :---: | :---: | :---: |
| Mother's age |  |  |  |
| 15-29 | 5.8 | 3.4 | 7.7 |
| 30-49 | 6.8 | 3.5 | 8.6 |
| Residence |  |  |  |
| Urban | 5.2 | 3.6 | 6.8 |
| Rural | 7.0 | 3.2 | 8.2 |
| Ecological zone |  |  |  |
| Mountain | (6.5) | (3.5) | (8.3) |
| Hill | 5.9 | 3.7 | 7.5 |
| Terai | 5.9 | 3.2 | 8.1 |
| Development region |  |  |  |
| Eastern | 5.5 | 3.7 | 7.2 |
| Central | 5.3 | (2.8) | 6.8 |
| Western | 6.1 | 4.1 | 9.1 |
| Mid-western | 7.5 | 3.7 | 8.8 |
| Far-western | 7.2 | 3.0 | 9.2 |
| Province |  |  |  |
| Province 1 | 5.3 | 3.4 | 6.3 |
| Province 2 | 6.9 | (3.0) | 10.2 |
| Province 3 | (4.3) | (3.1) | (5.3) |
| Province 4 | (6.4) | (4.6) | (9.5) |
| Province 5 | 5.7 | 3.6 | 8.1 |
| Province 6 | 9.1 | 4.4 | 10.2 |
| Province 7 | 7.2 | 3.0 | 9.2 |
| Education |  |  |  |
| No education | 7.3 | 3.1 | 10.1 |
| Primary | 6.2 | 3.1 | 9.3 |
| Some secondary | 5.7 | 4.0 | 7.3 |
| SLC and above | 5.2 | 3.0 | 5.9 |
| Wealth quintile |  |  |  |
| Lowest | 7.7 | 3.5 | 9.3 |
| Second | 6.1 | 3.3 | 7.7 |
| Middle | 5.5 | 3.3 | 8.9 |
| Fourth | 4.9 | 3.7 | 6.7 |
| Highest | 4.9 | 3.4 | 5.4 |
| Total | 6.0 | 3.4 | 7.8 |

Note: Medians are based on status at the time of the survey (current status) Figures in parentheses are based on 25-49 unweighted cases.
1 Includes births for which mothers are either still amenorrheic or still abstaining (or both) following birth

## Table 5.8 Menopause

Percentage of women age 30-49 who are menopausal, by age, Nepal DHS 2016

| Age | Percentage <br> menopausal $^{1}$ | Number of <br> women |
| :--- | :---: | :---: |
| $30-34$ | 5.7 | 1,806 |
| $35-39$ | 10.5 | 1,572 |
| $40-41$ | 14.0 | 609 |
| $42-43$ | 12.6 | 511 |
| $44-45$ | 22.7 | 551 |
| $46-47$ | 28.0 | 433 |
| $48-49$ | 47.3 | 396 |
| Total | 14.5 | 5,878 |

${ }^{1}$ Percentage of women (1) who are not pregnant, (2) who have had a birth in the past 5 years and are not postpartum amenorrheic, and (3) for whom one of the following additional conditions applies: (a) their last menstrual period occurred 6 or more months preceding the survey, (b) they declared that they are in menopause or have had a hysterectomy, or (c) they have never menstruated

Table 5.9 Age at first birth
Percentage of women age 15-49 who gave birth by exact ages, percentage who have never given birth, and median age at first birth, according to current age, Nepal DHS 2016

| Current age | Percentage who gave birth by exact age |  |  |  |  | Percentage who have never given birth | Number of women | Median age at first birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| 15-19 | 0.6 | na | na | na | na | 87.1 | 2,598 | a |
| 20-24 | 1.1 | 16.1 | 38.6 | na | na | 40.7 | 2,251 | a |
| 25-29 | 2.0 | 19.1 | 41.6 | 61.4 | 78.7 | 13.7 | 2,135 | 20.8 |
| 30-34 | 1.5 | 22.4 | 47.9 | 67.0 | 83.5 | 4.9 | 1,806 | 20.2 |
| 35-39 | 1.7 | 24.6 | 49.5 | 72.2 | 89.0 | 2.7 | 1,572 | 20.0 |
| 40-44 | 0.9 | 19.2 | 44.4 | 69.7 | 85.6 | 3.2 | 1,388 | 20.4 |
| 45-49 | 1.4 | 19.2 | 45.0 | 68.0 | 87.7 | 2.7 | 1,113 | 20.4 |
| 20-49 | 1.4 | 19.9 | 44.0 | na | na | 13.8 | 10,264 | a |
| 25-49 | 1.6 | 20.9 | 45.6 | 67.1 | 84.3 | 6.2 | 8,013 | 20.4 |

na $=$ Not applicable due to censoring
$a=$ Omitted because less than $50 \%$ of women had a birth before reaching the beginning of the age group

| Table 5.10 Median age at first birth |  |
| :--- | :---: |
| Median age at first birth among women |  |
| age 25-49, according to | background |
| characteristics, Nepal DHS 2016 |  |
| Background | Women age |
| characteristic | $25-49$ |
| Residence |  |
| Urban |  |
| Rural | 20.6 |
| Ecological zone | 19.9 |
| Mountain |  |
| Hill | 20.6 |
| Terai | 20.9 |
| Development region | 19.9 |
| Eastern |  |
| Central | 20.8 |
| Western | 20.3 |
| Mid-western | 20.5 |
| Far-western | 20.0 |
| Province | 19.8 |
| Province 1 |  |
| Province 2 | 21.5 |
| Province 3 | 19.2 |
| Province 4 | 21.4 |
| Province 5 | 20.6 |
| Province 6 | 20.3 |
| Province 7 | 19.8 |
| Education | 19.8 |
| No education |  |
| Primary | 19.7 |
| Some secondary | 19.6 |
| SLC and above | 20.7 |
| Wealth quintile | 23.6 |
| Lowest |  |
| Second | 20.0 |
| Middle | 20.0 |
| Fourth | 19.9 |
| Highest | 20.2 |
| Total | 21.6 |
|  | 20.4 |

Table 5.11 Teenage pregnancy and motherhood
Percentage of women age $15-19$ who have had a live birth or who are pregnant with their first child, and percentage who have begun childbearing, by background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of women age 15-19 who: |  | Percentage who have begun childbearing | Number of women |
| :---: | :---: | :---: | :---: | :---: |
|  | Have had a live birth | Are pregnant with first child |  |  |
| Age |  |  |  |  |
| 15-17 | 3.9 | 2.7 | 6.6 | 1,559 |
| 15 | 0.6 | 0.9 | 1.5 | 479 |
| 16 | 2.0 | 2.4 | 4.4 | 570 |
| 17 | 9.2 | 4.6 | 13.8 | 510 |
| 18 | 22.4 | 5.8 | 28.1 | 520 |
| 19 | 30.2 | 5.2 | 35.5 | 520 |
| Residence |  |  |  |  |
| Urban | 9.7 | 3.5 | 13.2 | 1,603 |
| Rural | 18.0 | 4.3 | 22.3 | 996 |
| Ecological zone |  |  |  |  |
| Mountain | 12.3 | 4.6 | 16.9 | 169 |
| Hill | 11.4 | 3.3 | 14.8 | 1,095 |
| Terai | 14.1 | 4.1 | 18.2 | 1,334 |
| Development region |  |  |  |  |
| Eastern | 13.3 | 3.2 | 16.5 | 562 |
| Central | 14.5 | 4.5 | 19.0 | 927 |
| Western | 9.8 | 2.8 | 12.6 | 510 |
| Mid-western | 12.4 | 4.8 | 17.3 | 351 |
| Far-western | 12.7 | 3.4 | 16.1 | 249 |
| Province |  |  |  |  |
| Province 1 | 13.1 | 2.3 | 15.5 | 417 |
| Province 2 | 21.0 | 6.4 | 27.3 | 554 |
| Province 3 | 7.4 | 2.7 | 10.1 | 518 |
| Province 4 | 11.2 | 2.7 | 13.9 | 234 |
| Province 5 | 10.3 | 3.0 | 13.4 | 464 |
| Province 6 | 12.1 | 6.7 | 18.8 | 163 |
| Province 7 | 12.7 | 3.4 | 16.1 | 249 |
| Education |  |  |  |  |
| No education | 28.6 | 4.0 | 32.6 | 159 |
| Primary | 23.5 | 6.2 | 29.7 | 347 |
| Some secondary | 13.1 | 4.1 | 17.3 | 1,271 |
| SLC and above | 5.0 | 2.2 | 7.2 | 822 |
| Wealth quintile |  |  |  |  |
| Lowest | 14.8 | 4.7 | 19.5 | 504 |
| Second | 16.3 | 3.5 | 19.8 | 515 |
| Middle | 16.8 | 5.1 | 21.8 | 545 |
| Fourth | 11.4 | 3.7 | 15.1 | 584 |
| Highest | 4.2 | 1.8 | 5.9 | 452 |
| Total | 12.9 | 3.8 | 16.7 | 2,598 |

Table 5.12 Sexual and reproductive health behaviors before age 15
Among women and men age 15-19, percentage who initiated sexual intercourse, were married, and had a live birth/fathered a child before age 15, according to sex, Nepal DHS 2016

|  | Had sexual <br> intercourse <br> before age 15 | Married before <br> age 15 | Give birth/ <br> fathered a <br> child before <br> age 15 | Number of <br> women/men <br> age 15-19 |
| :--- | :---: | :---: | :---: | :---: |
| Sex | 3.7 | 4.1 | 0.6 | 2,598 |
| Women | 3.1 | 0.3 | 0.0 | 931 |

## Key Findings

- Desire for another child: Overall, 10\% of currently married women age 15-49 want to have another child soon, $14 \%$ want to wait at least 2 years, and $71 \%$ want no more children or are sterilized.
- Limiting childbearing: The desire to limit childbearing increases with increasing numbers of living children, from $4 \%$ among women with no living children to $93 \%$ among women with six or more children.
- Ideal family size: Overall, the mean ideal number of children is 2.2 among currently married women and 2.3 among currently married men. In general, ideal family size rises with increasing numbers of living children among both women and men.
- Unwanted births: Overall, $81 \%$ of births were wanted at the time of conception, $12 \%$ were mistimed, and $7 \%$ were unwanted. The total wanted fertility rate is 1.7 children per woman, while the actual total fertility rate is 2.3 children per woman. The gap between wanted and actual fertility shows that women are having an average of half a child more than they want.

Information on fertility preferences can help family planning program planners assess the desire for children, the extent of mistimed and unwanted pregnancies, and the demand for contraception to space or limit births. This information may suggest the direction that fertility patterns will take in the future.

This chapter presents information on whether and when married women and men want more children, ideal family size, whether the last birth was wanted at that time, and the theoretical fertility rate if all unwanted births were prevented.

### 6.1 Desire for Another Child

## Desire for another child

Women and men were asked whether they wanted more children and, if so, how long they would prefer to wait before the next child. Women and men who are sterilized are assumed not to want any more children.
Sample: Currently married women and men age 15-49

Table 6.1 shows that $10 \%$ of currently married women age $15-49$ want to have another child soon and $14 \%$ want to wait 2 or more years, while $71 \%$ of women want no more children or have been sterilized. Table 6.1 also shows that among women with two children, only $4 \%$ want to have another child within 2 years and $5 \%$ want to have another later (after 2 years), while $88 \%$ want no more children or are already sterilized. Eighty-five percent of currently married men with two living children want no more children.

Trends: The proportion of currently married women with two children who want no more children increased from $59 \%$ in 1996 to $88 \%$ in 2011 and 2016 (Figure 6.1), indicating a shift in preferences toward fewer children.

## Patterns by background characteristics

- The desire to limit childbearing rises with increasing numbers of living children, from 4\% among married women with no living children to $93 \%$ among those with six or more children (Figure 6.2).
- There are notable differentials by education. The desire to limit childbearing declines with increasing education among both women and men. For example, $83 \%$ of women and $82 \%$ of men with no education want no more children, as compared with $55 \%$ of women and $61 \%$ of men with an SLC or higher (Table 6.2.1 and Table 6.2.2).
- Seventy-four percent of married men in the lowest wealth quintile want no more children, compared with $68 \%$ in the highest quintile. However, there is no such difference among women.


### 6.2 Ideal Family Size

## Ideal family size

Respondents with no children were asked "If you could choose exactly the number of children to have in your whole life, how many would that be?" Respondents who had children were asked "If you could go back to the time when you did not have any children and could choose exactly the number of children to have in your whole life, how many would that be?"
Sample: Women and men age 15-49

The mean ideal number of children is 2.1 among women overall and 2.2 among currently married women; among both men overall and currently married men, the ideal number is 2.3 (Table 6.3 and Figure 6.3).

The mean ideal family size for women and men with no children is 1.8 and 2.1, respectively. In general, ideal family size increases with increasing numbers of living children among both women and men (Figure 6.4). For example, women who have one child consider 1.8 children to be ideal, whereas women who have six or more children consider 3.1 children ideal. Men's ideal family size is slightly larger than women's (Table 6.3).

Trends: Mean ideal family size has not changed in the last 5 years for either women and men overall or currently married women and men.

## Patterns by background characteristics

- The mean ideal number of children is lower among urban women (2.0) than rural women (2.3) (Table 6.4).
- The mean ideal number of children is highest in Province 2 ( 2.5 among women and 2.6 among men) and lowest in Province 3 (1.8 among women and 2.0 among men).
- Mean ideal family size decreases with increasing education. Women with no education consider an average of 2.5 children to be ideal, while women with an SLC or higher want 1.8 children. Among men, the corresponding numbers are 2.8 and 2.0.
- Mean ideal family size also decreases with increasing wealth. Women and men in the lowest wealth quintile have an ideal family size of 2.2 and 2.5 children, respectively, as compared with 1.9 and 2.0 children among women and men in the highest quintile.


### 6.3 Fertility Planning Status

## Planning status of birth

Women reported whether their most recent birth was wanted at the time (planned birth), at a later time (mistimed birth), or not at all (unwanted birth).
Sample: Current pregnancies and births in the 5 years before the survey to women age 15-49

Women reported that $81 \%$ of births in the 5 years before the survey were wanted at the time of conception, $12 \%$ were mistimed, and $7 \%$ were unwanted (Table 6.5 and Figure 6.5).

## Patterns by background characteristics

- The proportion of unwanted births increases with birth order, from less than $1 \%$ among first births to $28 \%$ among fourth- and higher-order births.
- The percentage of unwanted births increases with mother's age. One percent of births to women under age 20 were unwanted, as compared with $51 \%$ of births to women age 4044.

Figure 6.5 Fertility planning status
Percent distribution of births to women age 15-49 in the 5 years before the survey (including current pregnancies) by planning status of births


### 6.4 Wanted Fertility Rates

## Unwanted birth

Any birth in excess of the number of children a woman reported as her ideal number.

## Wanted birth

Any birth fewer than or equal to the number of children a woman reported as her ideal number.

## Wanted fertility rate

The average number of children a woman would have by the end of her childbearing years if she bore children at the current agespecific fertility rates, excluding unwanted births.
Sample: Women age 15-49

Table 6.6 shows differentials in wanted fertility rates and total fertility rates among women age 15-49. The wanted fertility rate indicates what fertility would be if women had only the children they desired. The total wanted fertility rate and the actual total fertility rate in Nepal are 1.7 and 2.3, respectively. This means that women in Nepal want an average of 0.6 children less than the current fertility rates.

Trend: The difference between the wanted and the actual fertility rate declined steadily between 1996 and 2016, from 1.7 children to 0.6 children (Figure 6.6).

## Patterns by background characteristics

- The difference between the total wanted fertility rate and the actual total fertility rate is larger in rural ( 0.8 children) than urban ( 0.5 children) areas, indicating higher unwanted fertility in rural areas.

Figure 6.6 Trends in wanted and actual fertility

Wanted and actual number of children per woman


- The difference between wanted and actual fertility is largest in Province $6(1.0$ child $)$.
- The difference between wanted fertility and actual fertility decreases with increasing education, from 1.0 child among women with no education to 0.2 children among women with an SLC or above. This indicates that educated women tend to have only the actual number of children they want.
- The difference between wanted fertility and actual fertility also decreases with increasing wealth, from 1.2 children among women in the lowest wealth quintile to 0.3 children among women in the highest quintile.


## List of Tables

For more information on fertility preferences, see the following tables:

- Table 6.1 Fertility preferences by number of living children
- Table 6.2.1 Desire to limit childbearing: Women
- Table 6.2.2 Desire to limit childbearing: Men
- Table 6.3 Ideal number of children by number of living children
- Table 6.4 Mean ideal number of children
- Table 6.5 Fertility planning status
- Table 6.6 Wanted fertility rates


## Table 6.1 Fertility preferences by number of living children

Percent distribution of currently married women and currently married men age 15-49 by desire for children, according to number of living children, Nepal DHS 2016

| Desire for children | Number of living children |  |  |  |  |  |  | $\begin{gathered} \text { Total } \\ 15-49 \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| WOMEN ${ }^{1}$ |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 58.4 | 17.3 | 3.7 | 2.3 | 1.8 | 2.3 | 0.6 | 10.4 |
| Have another later ${ }^{3}$ | 28.9 | 41.9 | 4.9 | 2.5 | 0.8 | 0.5 | 0.3 | 13.7 |
| Have another, undecided when | 1.7 | 1.2 | 0.2 | 0.0 | 0.0 | 0.0 | 0.2 | 0.5 |
| Undecided | 2.9 | 6.1 | 1.6 | 0.8 | 0.6 | 0.0 | 0.2 | 2.3 |
| Want no more | 2.5 | 30.7 | 67.2 | 55.4 | 56.5 | 61.6 | 73.4 | 50.3 |
| Sterilized ${ }^{4}$ | 1.0 | 1.5 | 20.7 | 36.4 | 36.5 | 30.7 | 19.4 | 20.2 |
| Declared infecund | 4.5 | 1.3 | 1.7 | 2.6 | 3.8 | 5.0 | 5.9 | 2.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 794 | 2,193 | 3,003 | 1,941 | 1,087 | 532 | 325 | 9,875 |
| MEN ${ }^{5}$ |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 58.7 | 16.5 | 3.9 | 2.7 | 1.5 | 1.1 | 1.3 | 10.5 |
| Have another later ${ }^{3}$ | 28.1 | 48.1 | 6.9 | 3.6 | 1.2 | 3.1 | 1.5 | 15.6 |
| Have another, undecided when | 0.3 | 1.6 | 0.9 | 0.0 | 0.0 | 0.4 | 0.0 | 0.6 |
| Undecided | 8.2 | 8.2 | 2.7 | 0.9 | 0.8 | 0.0 | 0.0 | 3.5 |
| Want no more | 1.4 | 22.6 | 72.1 | 73.3 | 74.7 | 75.4 | 80.6 | 56.7 |
| Sterilized ${ }^{4}$ | 0.2 | 1.2 | 12.4 | 17.8 | 20.8 | 16.3 | 9.5 | 11.2 |
| Declared infecund | 3.1 | 1.8 | 1.1 | 1.7 | 0.8 | 3.6 | 7.0 | 1.9 |
| Missing | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 233 | 555 | 804 | 542 | 298 | 156 | 89 | 2,675 |

${ }^{1}$ The number of living children includes the current pregnancy.
${ }^{2}$ Wants next birth within 2 years
${ }^{3}$ Wants to delay next birth for 2 or more years
${ }^{4}$ Includes both female and male sterilization
${ }^{5}$ The number of living children includes one additional child if the respondent's wife is pregnant (or, for men with more than one current wife, if any wife is pregnant).

Table 6.2.1 Desire to limit childbearing: Women
Percentage of currently married women age 15-49 who want no more children, by number of living children, according to background characteristics, Nepal DHS 2016

| Background characteristic | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 3.1 | 36.3 | 90.6 | 93.2 | 94.4 | 92.4 | 92.3 | 71.5 |
| Rural | 4.0 | 24.9 | 82.3 | 89.7 | 91.7 | 92.1 | 93.3 | 68.8 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 4.7 | 37.5 | 85.8 | 90.0 | 93.2 | 90.5 | (97.8) | 72.3 |
| Hill | 4.0 | 37.6 | 92.0 | 94.0 | 93.9 | 94.0 | 90.3 | 71.6 |
| Terai | 2.9 | 26.1 | 84.3 | 90.5 | 92.5 | 91.4 | 93.4 | 69.4 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 2.7 | 26.7 | 87.4 | 92.8 | 94.4 | 91.2 | (94.5) | 69.1 |
| Central | 2.9 | 35.1 | 85.8 | 89.6 | 92.0 | 93.1 | 95.2 | 69.7 |
| Western | 4.6 | 32.8 | 91.4 | 93.5 | 93.3 | 93.9 | (90.4) | 70.9 |
| Mid-western | 5.3 | 31.3 | 89.9 | 94.5 | 93.9 | 91.4 | 94.7 | 72.6 |
| Far-western | 2.5 | 37.3 | 85.9 | 90.4 | 92.0 | 90.1 | 83.6 | 73.2 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 3.5 | 29.5 | 90.0 | 93.8 | 94.9 | 91.4 | (96.7) | 68.6 |
| Province 2 | 1.3 | 11.4 | 69.3 | 88.1 | 90.8 | 90.9 | 95.6 | 66.5 |
| Province 3 | 3.9 | 46.0 | 94.8 | 93.4 | 97.3 | (98.0) | (90.6) | 73.4 |
| Province 4 | 7.8 | 39.4 | 91.6 | 95.0 | 92.0 | (97.1) | * | 72.1 |
| Province 5 | 4.2 | 28.7 | 91.6 | 92.8 | 95.0 | 91.1 | (93.5) | 71.4 |
| Province 6 | 3.0 | 27.4 | 86.6 | 95.7 | 92.2 | 93.3 | 91.7 | 71.4 |
| Province 7 | 2.5 | 37.3 | 85.9 | 90.4 | 92.0 | 90.1 | 83.6 | 73.2 |
| Education |  |  |  |  |  |  |  |  |
| No education | 8.9 | 30.3 | 85.6 | 91.7 | 93.3 | 91.6 | 92.3 | 83.2 |
| Primary | 4.0 | 33.1 | 85.2 | 90.2 | 90.7 | 92.7 | * | 72.5 |
| Some secondary | 2.9 | 30.8 | 88.4 | 94.7 | 95.1 | * | * | 59.1 |
| SLC and above | 1.0 | 34.0 | 93.4 | 91.7 | * | * | * | 54.5 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 3.2 | 24.1 | 85.8 | 92.4 | 93.4 | 90.5 | 91.5 | 72.8 |
| Second | 4.3 | 27.6 | 83.7 | 90.7 | 93.5 | 95.9 | 93.6 | 70.6 |
| Middle | 2.9 | 27.8 | 82.9 | 90.3 | 92.3 | 90.2 | 95.8 | 68.8 |
| Fourth | 3.7 | 29.0 | 90.1 | 93.6 | 92.1 | 91.2 | (95.1) | 68.9 |
| Highest | 3.2 | 45.6 | 93.3 | 92.4 | 94.5 | (95.3) | * | 71.8 |
| Total | 3.5 | 32.3 | 87.9 | 91.8 | 93.0 | 92.2 | 92.8 | 70.5 |

Note: Women who have been sterilized or whose husband has been sterilized are considered to want no more children.
Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ The number of living children includes the current pregnancy.

Table 6.2.2 Desire to limit childbearing: Men
Percentage of currently married men age 15-49 who want no more children, by number of living children, according to background characteristics, Nepal DHS 2016

| Background characteristic | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 1.8 | 26.0 | 87.7 | 92.2 | 97.5 | 92.9 | 90.3 | 68.5 |
| Rural | 1.1 | 19.4 | 75.9 | 89.4 | 93.5 | 90.7 | (90.0) | 66.8 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | * | (30.2) | (80.3) | (92.3) | (97.5) | * | * | 72.2 |
| Hill | 1.7 | 27.4 | 90.9 | 94.3 | 95.7 | 94.8 | (82.8) | 67.5 |
| Terai | 1.6 | 18.2 | 79.2 | 88.6 | 95.1 | 88.7 | (92.2) | 67.7 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | (0.0) | 19.0 | 85.8 | 93.0 | 98.1 | * | * | 68.1 |
| Central | 1.2 | 27.4 | 84.8 | 91.8 | 95.2 | 86.4 | (80.9) | 66.5 |
| Western | (2.2) | 21.5 | 85.2 | 87.5 | 97.5 | (96.3) | * | 66.8 |
| Mid-western | 0.0 | 24.8 | 82.2 | 91.4 | 91.7 | (97.0) | * | 70.1 |
| Far-western | (10.1) | 24.0 | 81.3 | 88.3 | (92.4) | (89.8) | (100.0) | 72.7 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | (0.0) | 18.7 | 89.2 | 92.9 | (96.6) | * | * | 66.2 |
| Province 2 | (0.0) | 10.2 | 66.3 | 88.3 | 95.6 | (81.9) | * | 66.0 |
| Province 3 | (2.1) | 33.8 | 93.0 | 97.3 | (97.4) | * | * | 68.7 |
| Province 4 | * | 30.9 | 89.4 | 94.5 | (94.0) | * | * | 70.4 |
| Province 5 | (0.0) | 16.5 | 82.3 | 84.9 | 95.2 | (97.7) | * | 66.8 |
| Province 6 | (0.0) | 24.2 | 79.2 | 92.2 | 95.1 | * | *** | 68.8 |
| Province 7 | (10.1) | 24.0 | 81.3 | 88.3 | (92.4) | (89.8) | (100.0) | 72.7 |
| Education |  |  |  |  |  |  |  |  |
| No education | * | (37.6) | 82.7 | 91.1 | 96.3 | 91.9 | (90.2) | 82.0 |
| Primary | (1.1) | 15.2 | 83.0 | 91.6 | 98.4 | 96.0 | (88.8) | 74.4 |
| Some secondary | 1.6 | 22.2 | 83.2 | 87.6 | 90.1 | (84.5) | * | 64.1 |
| SLC and above | 1.4 | 26.5 | 87.2 | 95.4 | 95.5 | * | * | 60.5 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | (1.8) | 24.3 | 83.3 | 92.1 | 93.7 | 98.3 | (96.7) | 74.4 |
| Second | (0.0) | 20.8 | 81.1 | 92.6 | 97.3 | (93.7) | * | 69.9 |
| Middle | (1.7) | 18.1 | 78.4 | 89.0 | 95.6 | (81.2) | * | 65.6 |
| Fourth | 1.7 | 14.0 | 85.4 | 85.9 | 93.3 | (95.4) | * | 63.1 |
| Highest | (2.1) | 36.5 | 89.4 | 97.5 | (100.0) | * | * | 68.4 |
| Total | 1.6 | 23.8 | 84.5 | 91.1 | 95.5 | 91.7 | 90.2 | 67.9 |

Note: Men who have been sterilized or who state in response to the question about desire for children that their wife has been sterilized are considered to want no more children. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ The number of living children includes one additional child if the respondent's wife is pregnant (or, for men with more than one current wife, if any wife is pregnant).

Table 6.3 Ideal number of children by number of living children
Percent distribution of women and men age 15-49 by ideal number of children, and mean ideal number of children for all respondents and for currently married respondents, according to number of living children, Nepal DHS 2016

| Ideal number of children | Number of living children |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| WOMEN ${ }^{1}$ |  |  |  |  |  |  |  |  |
| 0 | 2.5 | 1.1 | 1.1 | 0.8 | 0.5 | 0.8 | 1.8 | 1.4 |
| 1 | 22.6 | 22.3 | 9.0 | 3.5 | 1.3 | 1.2 | 1.1 | 13.0 |
| 2 | 64.5 | 68.4 | 76.6 | 57.0 | 54.1 | 38.2 | 28.3 | 63.9 |
| 3 | 7.6 | 7.0 | 11.4 | 32.9 | 29.7 | 41.6 | 33.1 | 16.4 |
| 4 | 1.5 | 0.7 | 1.7 | 4.8 | 13.0 | 13.9 | 27.8 | 4.2 |
| 5 | 0.2 | 0.0 | 0.1 | 0.4 | 0.4 | 2.9 | 2.6 | 0.4 |
| $6+$ | 0.0 | 0.2 | 0.0 | 0.1 | 0.4 | 0.3 | 3.5 | 0.2 |
| Non-numeric responses | 1.0 | 0.2 | 0.1 | 0.4 | 0.5 | 1.1 | 1.8 | 0.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 3,492 | 2,248 | 3,088 | 2,022 | 1,128 | 544 | 340 | 12,862 |
| Mean ideal number of children for: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All women | 1.8 | 1.8 | 2.0 | 2.4 | 2.6 | 2.8 | 3.1 | 2.1 |
| Number | 3,458 | 2,243 | 3,084 | 2,014 | 1,122 | 537 | 334 | 12,792 |
| Currently married women | 2.0 | 1.8 | 2.0 | 2.4 | 2.6 | 2.8 | 3.1 | 2.2 |
| Number of currently married women | 792 | 2,188 | 2,999 | 1,933 | 1,081 | 525 | 319 | 9,838 |
| MEN ${ }^{3}$ |  |  |  |  |  |  |  |  |
| 0 | 0.2 | 0.6 | 0.0 | 0.5 | 0.0 | 0.0 | 0.0 | 0.2 |
| 1 | 10.4 | 17.0 | 9.0 | 2.4 | 1.8 | 0.4 | 0.0 | 8.7 |
| 2 | 68.1 | 67.8 | 74.8 | 49.4 | 39.1 | 38.7 | 30.1 | 62.8 |
| 3 | 14.8 | 12.1 | 13.3 | 40.2 | 34.6 | 42.4 | 37.1 | 20.6 |
| 4 | 2.7 | 1.3 | 1.9 | 6.1 | 21.4 | 14.6 | 19.2 | 5.0 |
| 5 | 0.5 | 1.0 | 0.2 | 0.4 | 1.8 | 1.8 | 6.6 | 0.8 |
| $6+$ | 0.2 | 0.0 | 0.0 | 0.2 | 0.4 | 0.8 | 5.2 | 0.3 |
| Non-numeric responses | 3.0 | 0.2 | 0.8 | 0.8 | 0.9 | 1.3 | 1.8 | 1.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 1,593 | 569 | 809 | 545 | 299 | 156 | 92 | 4,063 |
| Mean ideal number of children for: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All men | 2.1 | 2.0 | 2.1 | 2.5 | 2.9 | 2.8 | 3.2 | 2.3 |
| Number | 1,545 | 568 | 803 | 541 | 296 | 154 | 91 | 3,997 |
| Currently married men | 2.2 | 2.0 | 2.1 | 2.5 | 2.9 | 2.8 | 3.2 | 2.3 |
| Number of currently married men | 228 | 553 | 797 | 538 | 295 | 154 | 87 | 2,652 |

${ }^{1}$ The number of living children includes the current pregnancy.
${ }^{2}$ Means are calculated excluding respondents who gave non-numeric responses.
${ }^{3}$ The number of living children includes one additional child if the respondent's wife is pregnant (or, for men with more than one current wife, if any wife is pregnant).

Table 6.4 Mean ideal number of children
Mean ideal number of children for all women and men age 15-49 by background characteristics, Nepal DHS 2016

| Background characteristic | Mean | Number of women ${ }^{1}$ | Mean | Number of men ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |
| 15-19 | 1.9 | 2,570 | 2.1 | 902 |
| 20-24 | 1.9 | 2,245 | 2.1 | 640 |
| 25-29 | 2.0 | 2,126 | 2.2 | 519 |
| 30-34 | 2.2 | 1,798 | 2.2 | 529 |
| 35-39 | 2.3 | 1,567 | 2.4 | 532 |
| 40-44 | 2.3 | 1,382 | 2.4 | 462 |
| 45-49 | 2.5 | 1,104 | 2.5 | 412 |
| Residence |  |  |  |  |
| Urban | 2.0 | 8,035 | 2.2 | 2,594 |
| Rural | 2.3 | 4,757 | 2.4 | 1,403 |
| Ecological zone |  |  |  |  |
| Mountain | 2.1 | 775 | 2.3 | 251 |
| Hill | 1.9 | 5,541 | 2.1 | 1,756 |
| Terai | 2.3 | 6,476 | 2.4 | 1,991 |
| Development region |  |  |  |  |
| Eastern | 2.1 | 2,870 | 2.3 | 864 |
| Central | 2.1 | 4,534 | 2.3 | 1,575 |
| Western | 2.1 | 2,593 | 2.3 | 780 |
| Mid-western | 2.1 | 1,649 | 2.3 | 451 |
| Far-western | 2.1 | 1,145 | 2.2 | 328 |
| Province |  |  |  |  |
| Province 1 | 2.0 | 2,160 | 2.2 | 664 |
| Province 2 | 2.5 | 2,522 | 2.6 | 791 |
| Province 3 | 1.8 | 2,723 | 2.0 | 984 |
| Province 4 | 1.9 | 1,246 | 2.1 | 372 |
| Province 5 | 2.2 | 2,272 | 2.4 | 655 |
| Province 6 | 2.2 | 724 | 2.2 | 203 |
| Province 7 | 2.1 | 1,145 | 2.2 | 328 |
| Education |  |  |  |  |
| No education | 2.5 | 4,248 | 2.8 | 386 |
| Primary | 2.2 | 2,132 | 2.5 | 777 |
| Some secondary | 1.9 | 3,278 | 2.2 | 1,357 |
| SLC and above | 1.8 | 3,134 | 2.0 | 1,476 |
| Wealth quintile |  |  |  |  |
| Lowest | 2.2 | 2,165 | 2.5 | 614 |
| Second | 2.2 | 2,514 | 2.3 | 697 |
| Middle | 2.2 | 2,569 | 2.4 | 755 |
| Fourth | 2.1 | 2,751 | 2.3 | 969 |
| Highest | 1.9 | 2,792 | 2.0 | 962 |
| Total | 2.1 | 12,792 | 2.3 | 3,997 |

${ }^{1}$ Number of women and men who gave a numeric response

## Table 6.5 Fertility planning status

Percent distribution of births to women age 15-49 in the 5 years preceding the survey (including current pregnancies), by planning status of the birth, according to birth order and mother's age at birth, Nepal DHS 2016

|  | Planning status of birth |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| $\begin{array}{l}\text { Birth order and } \\ \text { mother's age at birth }\end{array}$ | $\begin{array}{c}\text { Wanted } \\ \text { then }\end{array}$ | $\begin{array}{c}\text { Wanted } \\ \text { later }\end{array}$ | $\begin{array}{c}\text { Wanted no } \\ \text { more }\end{array}$ |  | Total | \(\left.\begin{array}{c}Number of <br>

births\end{array}\right]\)

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Table 6.6 Wanted fertility rates

Total wanted fertility rates and total fertility rates for the 3 years preceding the survey, by background characteristics, Nepal DHS 2016

| Background <br> characteristic | Total wanted <br> fertility rate | Total fertility <br> rate |
| :--- | :---: | :---: |
| Residence |  |  |
| Urban | 1.5 | 2.0 |
| Rural | 2.1 | 2.9 |
| Ecological zone |  |  |
| Mountain | 1.7 | 3.0 |
| Hill | 1.6 | 2.1 |
| Terai | 1.9 | 2.5 |
| Development region |  |  |
| Eastern | 1.7 | 2.4 |
| Central | 1.8 | 2.4 |
| Western | 1.7 | 2.2 |
| Mid-western | 1.8 | 2.5 |
| Far-western | 1.4 | 2.2 |
| Province |  |  |
| Province 1 | 1.7 | 2.3 |
| Province 2 | 2.2 | 3.0 |
| Province 3 | 1.4 | 1.8 |
| Province 4 | 1.6 | 2.0 |
| Province 5 | 1.8 | 2.4 |
| Province 6 | 1.8 | 2.8 |
| Province 7 | 1.4 | 2.2 |
| Education |  |  |
| No education | 2.3 | 3.3 |
| Primary | 2.0 | 2.7 |
| Some secondary | 1.7 | 2.1 |
| SLC and above | 1.6 | 1.8 |
| Wealth quintile |  |  |
| Lowest | 2.0 | 3.2 |
| Second | 1.8 | 2.5 |
| Middle | 1.8 | 2.5 |
| Fourth | 1.7 | 2.1 |
| Highest | 1.3 | 1.6 |
| Total | 1.7 | 2.3 |
|  |  |  |

Note: Rates are calculated based on births to women age 15-49 in the period 1-36 months preceding the survey. The total fertility rates are the same as those presented in Table 5.2.

## Key Findings

- Contraceptive use: Overall, $53 \%$ of currently married women use a method of family planning, with $43 \%$ using a modern method and $10 \%$ using a traditional method. Female sterilization is the most commonly used method (15\%), followed by injectables (9\%), male sterilization (6\%), and the pill (5\%).
- Adolescent use of contraception: Only $15 \%$ of currently married women age 15-19 use a modern method of contraception.
- Contraceptive discontinuation: Three out of every five women who began using a contraceptive method in the 5 years before the survey discontinued the method within 12 months. The most common reason for discontinuing a method is the husband being away (47\%), followed by side effects or health concerns (18\%) and the desire to become pregnant (13\%).
- Unmet need for family planning: Twenty-four percent of married women of reproductive age have an unmet need for family planning; that is, they want to space or limit births but are not using contraception.
- Demand for family planning: Fifty-six percent of the total demand for family planning is satisfied by modern methods.

Couples can use contraceptive methods to limit or space the number of children they have. This chapter presents information on the use and sources of contraceptive methods, informed choice of methods, and rates of and reasons for discontinuing contraceptives. It also examines the potential demand for family planning and how much contact nonusers have with family planning providers.

Family planning not only improves women's chances of surviving pregnancy and childbirth but also contributes to gender equality, better child health, and improved education outcomes, including poverty reduction. Family planning continues to be a priority in Nepal, as evidenced by the country's commitments to the FP 2020 program and to the family planning targets of the Sustainable Development Goals. The Nepal Health Sector Strategy 2016-2021 aims to expand equitable access to and utilization of high-quality family planning services, strengthen public and private sector health systems, increase the availability of modern family planning methods to enable couples and individuals to exercise informed choice, and satisfy the demand for family planning (Ministry of Health 2017a).

### 7.1 Contraceptive Knowledge and Use

Knowledge of contraceptive methods is nearly universal in Nepal, with almost all women and men knowing at least one method of contraception. On average, both women and men have heard of more than eight methods, most commonly modern methods (Table 7.1). The most well-known method among
women is injectables ( $99 \%$ ), followed by female sterilization ( $98 \%$ ), male condoms ( $96 \%$ ), and the pill ( $93 \%$ ); among men, the most commonly known method is the male condom ( $100 \%$ ), followed by injectables ( $95 \%$ ), female sterilization ( $95 \%$ ), and male sterilization ( $94 \%$ ). Knowledge about emergency contraception and the lactational amenorrhea method (LAM) is relatively poor, with only $36 \%$ of women and $55 \%$ of men having heard of emergency contraception and $25 \%$ of women and $15 \%$ of men having heard of LAM (Table 7.1).

## Contraceptive prevalence rate

Percentage of women who use any contraceptive method.
Sample: All women age 15-49 and currently married women age 15-49

The contraceptive prevalence rate (CPR) among currently married women age 15-49 is $53 \%$, with $43 \%$ using modern methods (Table 7.2). Although there has been a steady increase in overall contraceptive use since 1996, there has been no change in the contraceptive prevalence rate for modern methods since 2006. This implies that Nepal needs to strengthen its family planning program to achieve the country's commitments to global family planning goals and to reach a modern contraceptive prevalence rate of $52 \%$ by 2020, the target set by the National Health Sector Strategy 2016-2021 (Ministry of Health 2015b).

## Modern methods

Include male and female sterilization, injectables, intrauterine devices (IUDs), contraceptive pills, implants, male condoms, lactational amenorrhea, and emergency contraception

Among married women, female sterilization is the most commonly used method (15\%), followed by injectables ( $9 \%$ ), male sterilization ( $6 \%$ ), the pill (5\%), male condoms (4\%), implants (3\%), and IUDs (1\%) (Figure 7.1). Although 86\% of currently married women and $82 \%$ of currently married men have heard about IUDs, only $1 \%$ of currently married women use them.

The contraceptive prevalence rate varies with age, from $23 \%$ among currently married women age 15 19 to a high of $69 \%$ among women age 35-44. Modern contraceptive use peaks at $58 \%$ among currently married women age 40-44 and then declines slightly to $56 \%$ among women age 45-49. Fifteen percent of currently married women age 1519 use modern contraceptive methods.

Figure 7.1 Contraceptive use


Trends: After an impressive increase in use of modern methods from 1996 to 2006, there has been no increase over the past 10 years (Figure 7.2). The stagnant modern CPR could be due to various factors, such as migration leading to spousal separation, an increase in use of traditional methods from $4 \%$ in 2006 to $10 \%$ in 2016, and legalization of abortion services.

## Patterns by background characteristics

- Modern contraceptive use is highest among married women with three to four living children (59\%) (Table 7.3).
- Married women living together with their husbands are much more likely to use modern contraceptive methods than whose husbands are away ( $54 \%$ versus $21 \%$ ).
- Use of modern contraception varies from a low of $37 \%$ in Province 4 to a high of $49 \%$ in Province 3 (Figure 7.3). There are substantial variations in use of female sterilization across provinces, from $4 \%$ in Province 6 to $32 \%$ in Province 2 (Table 7.3).
- Women with a secondary education or higher are less likely ( $34 \%$ ) to use modern contraceptive methods than women who have no education ( $52 \%$ ) (Figure 7.4). On the other hand, use of traditional methods increases with increasing education, from $7 \%$ among married women with no education to $17 \%$ among those with an SLC or above.


## Knowledge of the Fertile Period

Only $27 \%$ each of women and men correctly reported that the most fertile time in a woman's ovulatory cycle is halfway between two menstrual periods (Table 7.4 and Table 7.5). Among women, users of the rhythm method were slightly less likely to correctly identify the fertile period than nonusers ( $26 \%$ versus $27 \%$ ); $62 \%$ of rhythm method users reported that a woman's most fertile time is after the menstrual period has ended (Table 7.4).

Figure 7.2 Trends in contraceptive use
Percentage of currently married women currently using a contraceptive method


Figure 7.3 Use of modern methods by province
Percentage of currently married women age 15-49


Figure 7.4 Use of modern methods by education
Percentage of currently married women age 15-49


The median age at sterilization is 27 years, a figure that has not changed substantially over the past 15 years (Table 7.6).

### 7.2 Source of Modern Contraceptive Methods

## Source of modern contraceptives

The place where the modern method currently being used was obtained the last time it was acquired
Sample: Women age 15-49 currently using a modern contraceptive method

In Nepal, the government sector is the most common source for modern contraceptive methods, serving 70\% of modern method users (Figure 7.5). Almost one-third of modern method users obtain their method from government hospitals or clinics, 20\% from health posts, and $8 \%$ from mobile camps. Nineteen percent of users obtain their method from the private medical sector, including pharmacies and private clinics. Only $6 \%$ of modern method users acquire their method from the nongovernmental sector, mainly from Marie Stopes (4\%) and the Family Planning Association of Nepal (2\%).

The public sector is the predominant source for implants ( $84 \%$ ), male sterilization ( $79 \%$ ), injectables (74\%), female sterilization (73\%), and IUDs (70\%).

Figure 7.5 Source of modern contraceptive methods

Percent distribution of current users of modern methods age 15-49 by most recent source of method
 The private medical sector is a common source for male condoms ( $57 \%$ ), pills ( $40 \%$ ), and injectables ( $25 \%$ ). Two in five male condom users obtain condoms from pharmacies (Table 7.7).

Among pill users, Nilocon White (31\%) and Sunaulo Gulaph (28\%), both marketed by the Contraceptive Retail Sales (CRS) Company, are commonly used socially marketed brands (Table 7.8). Twenty-four percent use unbranded pills, which are provided by the MOH (data not shown). Nilocon White is much more popular in Province 3 (52\%) and Province 4 (46\%) than in Province 7 (5\%). Also, this brand is most popular among urban women, those with some secondary education or higher, and those from the higher wealth quintiles.

Although many brands of condoms are available, $32 \%$ of condom users use condoms that are provided by the MOH (data not shown), followed by Dhaal (26\%) and Panther (18\%).

### 7.3 Informed Choice

## Informed choice

Informed choice indicates that women were informed at the time they started the current episode of method use about the method's side effects, about what to do if they experience side effects, and about other methods they could use.
Sample: Women age 15-49 who are currently using selected modern contraceptive methods and who started the last episode of use within the 5 years before the survey

Informed choice is a necessary part of family planning programs. Family planning providers are expected to inform all potential users of the possible side effects of the methods and what they should do if they encounter any of these effects. This information both assists the user in coping with side effects and decreases unnecessary discontinuation of temporary methods.

About half ( $49 \%$ ) of women using modern contraceptives received all three types of information about their methods. Sixty-six percent of modern contraceptive users were informed about possible side effects or problems with their method, over half ( $56 \%$ ) were informed about what to do if they experienced side effects, and $64 \%$ were informed of other methods that could be used (Table 7.9).

Women who obtained their method from the private medical sector were less likely to receive all three types of information ( $36 \%$ ) than those who obtained their method from the government sector ( $53 \%$ ) or a nongovernment facility ( $56 \%$ ). Users of IUDs ( $76 \%$ ) and implants ( $65 \%$ ) were more likely than users of injectables ( $51 \%$ ), pills ( $38 \%$ ), and female sterilization ( $34 \%$ ) to receive all three types of information.

### 7.4 Discontinuation of Contraceptives

## Contraceptive discontinuation rate

Percentage of contraceptive use episodes discontinued within 12 months.
Sample: Episodes of contraceptive use in the 5 years before the survey experienced by women who are currently age 15-49 (one woman may contribute more than one episode)

Three out of every five women (58\%) who began using a contraceptive method in the 5 years before the survey discontinued the method within 12 months (Table 7.10). Discontinuation rates were higher for pills ( $74 \%$ ), male condoms ( $69 \%$ ), withdrawal (63\%), and injectables (58\%) than for implants (8\%) (Figure 7.6).

Overall, the most common reason for discontinuing a method was the husband being away (47\%), followed by side effects or health concerns (18\%) and the desire to become pregnant (13\%) (Table 7.11). Women were far more likely to cite side effects or health concerns as a reason for discontinuation of IUDs ( $62 \%$ ), implants ( $48 \%$ ), and injectables ( $38 \%$ ) than for discontinuation of other methods.

### 7.5 Demand for Family Planning

## Unmet need for family planning

Proportion of women who (1) are not pregnant and not postpartum amenorrheic and are considered fecund and want to postpone their next birth for 2 or more years or stop childbearing altogether but are not using a contraceptive method, or (2) have a mistimed or unwanted current pregnancy, or (3) are postpartum amenorrheic and their most recent birth in the last 2 years was mistimed or unwanted.
Sample: All women age 15-49, currently married women age 15-49, and sexually active unmarried women age 15-49

Demand for family planning:

Proportion of demand satisfied:
Unmet need for family planning + current contraceptive use (any method)
$\frac{\text { Current contraceptive use (any method) }}{\text { Unmet need + current contraceptive use (any method) }}$

The definition of unmet need for family planning has been revised to make levels of unmet need comparable over time and across surveys. All of the unmet need estimates in the trend analysis presented here have been recalculated using the revised definition and may differ slightly from numbers published in the final reports for previous surveys.

Overall, 24\% of married women in Nepal have an unmet need for family planning ( $8 \%$ for spacing and $16 \%$ for limiting) but are not currently using contraception (Figure 7.7). Fifty-three percent of married women have a met need for family planning; that is, they are currently using contraception. Thus, the total demand for family planning among married women is $76 \%$, with $56 \%$ satisfied through the use of modern methods (Table 7.12.1). Only $18 \%$ of all women have an unmet need for family planning (Table 7.12.2).

Trends: Total demand for family planning has increased and unmet need has declined somewhat since 1996; however, the percentage of demand satisfied by modern methods (56\%) has not changed since 2011 (Figure 7.8). This latter result indicates that no progress has been made in reaching the target set by the National Health Sector Strategy 2016-2021 of increasing the percentage of demand satisfied by modern methods to $71 \%$ by 2020 (Ministry of Health 2015b).

Patterns by background characteristics

- Unmet need for spacing is highest among married women age 15-19 (32\%), while unmet need for limiting is highest among those age 30-34 (23\%) (Table 7.12.1).
- By province, unmet need for family planning varies from 20\% in Province 3 to $28 \%$ in Province 5 and 30\% in Province 4 (Figure 7.9).
- Unmet need increases with increasing educational attainment, from $18 \%$ among women with no education to $25 \%$ of those with at least an SLC.
- Unmet need for family planning varies by wealth, from $27 \%$ among women in the lowest wealth quintile to $21 \%$ among those in the highest quintile.

Figure 7.7 Demand for family planning
Percent distribution of currently married women age 15-49 by need for family planning


Figure 7.8 Trends in total demand for family planning
Percentage of currently married women age 15-49


### 7.6 Decision Making about Family Planning

Two in three (66\%) married women who are current users of family planning reported that they made the decision to use contraception jointly with their husband, $19 \%$ said that they mainly made the decision, and $15 \%$ said that their husband mainly made the decision. Among currently married women not using a family planning method, $63 \%$ reported that they made the decision to not use contraception jointly with their husband, whereas $24 \%$ reported that they mainly made the decision and $11 \%$ reported that their husband mainly made the decision (Table 7.13).

### 7.7 Future Use of Contraception

Seventy-seven percent of currently married women age 15-49 who are not using a contraceptive method intend to use family planning in the future (Table 7.14), a slight decrease from $81 \%$ in 2011. Intention to use contraception in the future among nonusers decreases with increasing numbers of living children; $87 \%$ of women with one child intend to use contraception in the future, as compared with $52 \%$ of those with four or more children.

### 7.8 Exposure to Family Planning Messages in the Media

Table 7.15.1 presents information on women's exposure to family planning messages in various media. Forty-six percent of women age 15-49 reported seeing a family planning message in the past few months on a poster or hoarding board. Similarly, $35 \%$ of women each reported hearing a message on radio and on television, while $13 \%$ read a family planning message in a newspaper or magazine and $6 \%$ saw such a message in a street drama. Overall, $35 \%$ of women have no exposure to family planning messages in any of these five media sources.

Fourteen percent of women had read a family planning message in a brochure or flipchart in the few months before the survey, and $8 \%$ were exposed to a message on the Internet. Other sources that play important roles in Nepal with respect to providing knowledge on family planning include female community health volunteers ( $25 \%$ ) and mother's groups or teachers ( $23 \%$ ). Overall, $28 \%$ of women had no exposure to any of the sources of family planning messages. Fifty-nine percent of women from Province 2 and $48 \%$ of women with no education reported having no exposure to any of the sources.

Table 7.15.2 offers information on men's exposure to family planning messages. Seventy-two percent of men age 15-49 reported seeing a family planning message in the past few months on a poster or hoarding board. Nearly half of men reported hearing a message on radio ( $45 \%$ ) or television ( $44 \%$ ). Overall, men are more exposed to family planning messages than women.

Trends: There has been a decline in exposure to information on family planning among women and men over the past 5 years. For example, the proportion of women hearing a family planning message on the radio has fallen from $52 \%$ to $35 \%$, while the proportion among men has decreased from $59 \%$ to $45 \%$. Similarly, the percentage of women seeing a family planning message on a poster or hoarding board has declined from $55 \%$ to $46 \%$.

### 7.9 Contact of Nonusers with Family Planning Providers

## Contact of nonusers with family planning providers

Respondent discussed family planning in the 12 months before the survey with a fieldworker or during a visit to a health facility.
Sample: Women age 15-49 who are not currently using any contraceptive methods

Women were asked if they had discussed family planning with any health worker in the 12 months before the survey. A majority of women who were not using a contraceptive method said they had not discussed family planning either with a health worker or female community health volunteer or at a health facility in the 12 months before the survey ( $62 \%$ ) (Table 7.16). Thirty-five percent reported discussing family planning with a health worker or a female community health volunteer, while only $8 \%$ discussed family planning at a health facility.

## Patterns by background characteristics

- Seventy-two percent of nonusers age 15-19 did not discuss family planning either with a health worker or female community health volunteer or at a health facility.
- Forty-two percent of women in Province 7 and $45 \%$ of women in Province 6 did not discuss family planning with a health worker or female community health volunteer or at a health facility, as compared with $69 \%$ of women in Province 2.
- Women in the highest wealth quintile were more likely than those in the lowest quintile not to have discussed family planning with a health worker or female community health volunteer or at a health facility ( $68 \%$ versus 54\%).


## Counseling during the Post-abortion and Postpartum Periods

The 2016 NDHS collected information on post-abortion and postpartum counseling on use of family planning methods. Table 7.17 indicates that only half of women who had an abortion in the 5 years preceding the survey were given information on family planning methods during the post-abortion period. One in four women used a family planning method within 2 weeks of their abortion.

Overall, only $13 \%$ of women who had a live birth in the 5 years preceding the survey were given information on family planning during the postpartum period. These findings give further impetus to the need to strengthen post-abortion and postpartum family planning counseling in Nepal.

## Men's Attitudes towards Contraception

Men were asked their opinion on a number of stereotypical statements pertaining to contraceptive use. The results show that only $11 \%$ of men agree with the statement that contraception is women's business. One in four men ( $26 \%$ ) agree that women who use contraception may become promiscuous (Table 7.18), a slight increase from $20 \%$ in 2011. Attitudes vary across ecological zones, development regions, and provinces. The proportions of men who agree with these two statements are relatively higher among those living in the mountain zone, the Eastern and Far-western development regions, and Province 1 and Province 7. Men with an SLC or above and those from the highest wealth quintile are less likely to agree with these statements.

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Table 7.1 Knowledge of contraceptive methods
Percentage of all respondents, currently married respondents, and never-married respondents age 15-49 who have heard of any contraceptive method, according to specific method, Nepal DHS 2016

| Method | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All women | Currently married women | Nevermarried women | All men | Currently married men | Nevermarried men |
| Any method | 99.9 | 100.0 | 99.7 | 100.0 | 100.0 | 99.9 |
| Any modern method | 99.9 | 100.0 | 99.7 | 100.0 | 100.0 | 99.9 |
| Female sterilization | 97.6 | 98.4 | 95.0 | 94.6 | 97.1 | 90.1 |
| Male sterilization | 91.0 | 93.0 | 83.3 | 93.5 | 97.1 | 86.9 |
| Pill | 93.3 | 95.0 | 86.8 | 90.0 | 93.9 | 83.1 |
| IUD | 84.0 | 86.4 | 75.1 | 76.3 | 81.6 | 66.4 |
| Injectables | 98.7 | 99.4 | 96.1 | 95.1 | 97.9 | 90.0 |
| Implants | 91.4 | 94.2 | 81.1 | 78.7 | 86.3 | 64.3 |
| Male condom | 96.4 | 96.9 | 94.9 | 99.8 | 99.9 | 99.6 |
| Emergency contraception | 35.8 | 34.3 | 42.4 | 55.0 | 54.1 | 57.3 |
| Lactational amenorrhea method (LAM) | 24.7 | 25.6 | 21.6 | 14.8 | 16.9 | 10.8 |
| Other modern method | 0.1 | 0.1 | 0.3 | 0.3 | 0.4 | 0.2 |
| Any traditional method | 75.7 | 82.0 | 52.3 | 89.6 | 95.1 | 78.6 |
| Rhythm | 54.5 | 59.1 | 38.6 | 67.3 | 77.4 | 47.5 |
| Withdrawal | 65.7 | 73.0 | 38.7 | 87.0 | 92.6 | 75.5 |
| Other | 0.8 | 0.8 | 0.6 | 0.3 | 0.5 | 0.0 |
| Mean number of methods known by respondents 15-49 | 8.3 | 8.6 | 7.5 | 8.5 | 9.0 | 7.7 |
| Number of respondents | 12,862 | 9,875 | 2,669 | 4,063 | 2,675 | 1,355 |

Table 7.2 Current use of contraception by age
Percent distribution of all women and currently married women age 15-49 by contraceptive method currently used, according to age, Nepal DHS 2016

| Age | $\begin{gathered} \text { Any } \\ \text { method } \end{gathered}$ | $\begin{aligned} & \text { Any } \\ & \text { modern } \\ & \text { method } \end{aligned}$ | Modern method |  |  |  |  |  |  |  | Anytraditionalmethod | Traditional method |  |  | Not currently using | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Female sterilization | Male sterilization | Pill | IUD | Injectables | Implants | $\begin{gathered} \text { Male } \\ \text { condom } \end{gathered}$ | Other ${ }^{1}$ |  | Rhythm | Withdrawal | Other |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 6.3 | 4.0 | 0.0 | 0.0 | 0.6 | 0.1 | 1.5 | 0.6 | 1.2 | 0.0 | 2.3 | 0.3 | 2.1 | 0.0 | 93.7 | 100.0 | 2,598 |
| 20-24 | 24.0 | 17.9 | 1.6 | 0.4 | 2.4 | 0.9 | 6.8 | 1.7 | 4.1 | 0.0 | 6.1 | 0.5 | 5.7 | 0.0 | 76.0 | 100.0 | 2,251 |
| 25-29 | 42.1 | 34.1 | 7.2 | 2.0 | 6.1 | 0.9 | 10.3 | 3.3 | 4.1 | 0.2 | 8.1 | 0.7 | 7.2 | 0.1 | 57.9 | 100.0 | 2,135 |
| 30-34 | 56.2 | 45.5 | 14.8 | 4.8 | 4.8 | 1.3 | 10.4 | 4.6 | 4.9 | 0.0 | 10.6 | 0.7 | 9.9 | 0.0 | 43.8 | 100.0 | 1,806 |
| 35-39 | 66.4 | 55.8 | 24.1 | 8.3 | 5.0 | 1.9 | 9.3 | 3.7 | 3.3 | 0.1 | 10.6 | 1.1 | 9.5 | 0.0 | 33.6 | 100.0 | 1,572 |
| 40-44 | 65.2 | 55.0 | 25.2 | 10.3 | 5.0 | 1.8 | 6.2 | 2.8 | 3.7 | 0.0 | 10.2 | 1.7 | 8.4 | 0.1 | 34.8 | 100.0 | 1,388 |
| 45-49 | 60.7 | 51.8 | 27.6 | 12.0 | 2.1 | 1.9 | 4.3 | 2.2 | 1.5 | 0.0 | 8.9 | 1.6 | 7.3 | 0.1 | 39.3 | 100.0 | 1,113 |
| Total | 40.8 | 33.2 | 11.6 | 4.2 | 3.5 | 1.1 | 6.9 | 2.6 | 3.3 | 0.1 | 7.6 | 0.8 | 6.7 | 0.0 | 59.2 | 100.0 | 12,862 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 23.1 | 14.5 | 0.0 | 0.0 | 2.2 | 0.2 | 5.5 | 2.1 | 4.4 | 0.0 | 8.6 | 0.9 | 7.7 | 0.0 | 76.9 | 100.0 | 704 |
| 20-24 | 32.0 | 23.9 | 2.1 | 0.5 | 3.2 | 1.2 | 9.1 | 2.2 | 5.5 | 0.0 | 8.1 | 0.7 | 7.5 | 0.0 | 68.0 | 100.0 | 1,684 |
| 25-29 | 45.8 | 37.0 | 7.7 | 2.1 | 6.6 | 1.0 | 11.2 | 3.6 | 4.4 | 0.2 | 8.8 | 0.8 | 7.9 | 0.1 | 54.2 | 100.0 | 1,957 |
| 30-34 | 58.6 | 47.5 | 15.3 | 5.0 | 5.0 | 1.3 | 10.9 | 4.8 | 5.1 | 0.0 | 11.1 | 0.7 | 10.4 | 0.0 | 41.4 | 100.0 | 1,726 |
| 35-39 | 68.5 | 57.4 | 24.5 | 8.7 | 5.2 | 2.0 | 9.7 | 3.8 | 3.4 | 0.1 | 11.1 | 1.2 | 9.9 | 0.0 | 31.5 | 100.0 | 1,510 |
| 40-44 | 69.4 | 58.4 | 26.3 | 11.0 | 5.4 | 2.0 | 6.8 | 3.1 | 4.0 | 0.0 | 11.0 | 1.8 | 9.1 | 0.1 | 30.6 | 100.0 | 1,283 |
| 45-49 | 65.3 | 55.5 | 29.1 | 13.1 | 2.3 | 2.1 | 4.8 | 2.5 | 1.7 | 0.0 | 9.8 | 1.7 | 8.0 | 0.1 | 34.7 | 100.0 | 1,011 |
| Total | 52.6 | 42.8 | 14.7 | 5.5 | 4.6 | 1.4 | 8.9 | 3.3 | 4.2 | 0.1 | 9.8 | 1.1 | 8.7 | 0.1 | 47.4 | 100.0 | 9,875 |
| Note: If more than one method is used, only the most effective method is considered in this tabulation. <br> ${ }^{1}$ Other modern methods include the locational amenorrhea method (LAM) and emergency contraception. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 7.3 Current use of contraception according to background characteristics
Percent distribution of currently married women age 15-49 by contraceptive method currently used, according to background characteristics, Nepal DHS 2016

| Background characteristic | Any method | Any modern method | Modern method |  |  |  |  |  |  |  | Any traditional method | Traditional method |  |  | Notcurrentlyusing | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Female sterilization | Male sterilization | Pill | IUD | Injectables | Implants | Male condom | Other ${ }^{1}$ |  | Rhythm | Withdrawal | Other |  |  |  |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 15.4 | 8.0 | 0.1 | 0.6 | 0.9 | 0.0 | 0.5 | 0.3 | 5.5 | 0.0 | 7.4 | 0.4 | 7.0 | 0.0 | 84.6 | 100.0 | 1,025 |
| 1-2 | 49.8 | 38.9 | 8.5 | 4.4 | 5.4 | 1.6 | 10.4 | 2.8 | 5.6 | 0.1 | 10.9 | 1.0 | 9.8 | 0.0 | 50.2 | 100.0 | 5,044 |
| 3-4 | 67.7 | 58.6 | 28.9 | 8.3 | 4.6 | 1.4 | 8.5 | 4.6 | 2.2 | 0.1 | 9.1 | 1.4 | 7.7 | 0.0 | 32.3 | 100.0 | 2,965 |
| 5+ | 61.5 | 52.6 | 19.4 | 7.5 | 4.4 | 2.1 | 11.5 | 5.7 | 2.0 | 0.0 | 8.9 | 0.9 | 7.6 | 0.5 | 38.5 | 100.0 | 840 |
| Living arrangement |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| live together | 67.6 | 53.8 | 17.1 | 6.7 | 6.3 | 1.7 | 11.7 | 4.2 | 5.9 | 0.0 | 13.8 | 1.5 | 12.2 | 0.1 | 32.4 | 100.0 | 6,521 |
| Husband lives away | 23.5 | 21.4 | 10.0 | 3.1 | 1.3 | 0.8 | 3.5 | 1.5 | 1.1 | 0.1 | 2.1 | 0.2 | 1.9 | 0.0 | 76.5 | 100.0 | 3,353 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 54.8 | 44.2 | 14.1 | 6.4 | 5.1 | 1.5 | 9.1 | 2.8 | 5.0 | 0.1 | 10.6 | 1.1 | 9.5 | 0.0 | 45.2 | 100.0 | 6,031 |
| Rural | 49.2 | 40.6 | 15.7 | 4.0 | 3.8 | 1.2 | 8.7 | 4.1 | 3.0 | 0.0 | 8.6 | 1.0 | 7.5 | 0.1 | 50.8 | 100.0 | 3,844 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 54.6 | 42.6 | 3.1 | 8.8 | 4.0 | 1.6 | 16.6 | 5.2 | 3.3 | 0.0 | 11.9 | 0.3 | 11.6 | 0.0 | 45.4 | 100.0 | 576 |
| Hill | 53.9 | 42.4 | 6.4 | 8.6 | 5.2 | 1.9 | 10.8 | 4.0 | 5.2 | 0.2 | 11.5 | 0.7 | 10.7 | 0.0 | 46.1 | 100.0 | 4,150 |
| Terai | 51.4 | 43.1 | 22.7 | 2.6 | 4.2 | 1.0 | 6.6 | 2.6 | 3.6 | 0.0 | 8.2 | 1.4 | 6.8 | 0.1 | 48.6 | 100.0 | 5,148 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 54.1 | 41.7 | 16.8 | 1.8 | 6.5 | 1.1 | 11.1 | 2.5 | 2.0 | 0.0 | 12.5 | 1.4 | 11.0 | 0.1 | 45.9 | 100.0 | 2,256 |
| Central | 54.2 | 45.4 | 17.4 | 7.2 | 3.6 | 1.4 | 8.3 | 3.4 | 4.0 | 0.1 | 8.8 | 1.0 | 7.8 | 0.0 | 45.8 | 100.0 | 3,486 |
| Western | 46.1 | 34.9 | 10.9 | 5.1 | 3.6 | 1.8 | 6.2 | 3.4 | 3.9 | 0.1 | 11.2 | 1.4 | 9.8 | 0.1 | 53.9 | 100.0 | 1,988 |
| Mid-western | 52.7 | 46.4 | 9.0 | 8.2 | 5.4 | 1.7 | 11.5 | 4.0 | 6.6 | 0.0 | 6.3 | 0.7 | 5.5 | 0.0 | 47.3 | 100.0 | 1,298 |
| Far-western | 57.3 | 48.1 | 16.0 | 4.8 | 5.0 | 1.2 | 8.4 | 4.2 | 8.5 | 0.0 | 9.3 | 0.2 | 9.1 | 0.0 | 42.7 | 100.0 | 846 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 55.1 | 40.1 | 10.5 | 2.4 | 7.6 | 1.0 | 13.1 | 2.9 | 2.6 | 0.0 | 15.0 | 1.7 | 13.2 | 0.1 | 44.9 | 100.0 | 1,655 |
| Province 2 | 47.7 | 42.2 | 31.9 | 0.5 | 2.0 | 0.6 | 4.7 | 1.4 | 1.1 | 0.0 | 5.5 | 1.0 | 4.4 | 0.1 | 52.3 | 100.0 | 2,168 |
| Province 3 | 60.6 | 49.2 | 6.1 | 12.6 | 5.4 | 2.3 | 11.4 | 4.9 | 6.1 | 0.3 | 11.4 | 0.7 | 10.7 | 0.0 | 39.4 | 100.0 | 1,920 |
| Province 4 | 48.5 | 37.3 | 9.4 | 8.4 | 4.4 | 2.1 | 7.6 | 2.1 | 3.1 | 0.2 | 11.2 | 1.0 | 10.2 | 0.0 | 51.5 | 100.0 | 950 |
| Province 5 | 48.0 | 38.9 | 12.6 | 2.8 | 4.0 | 1.7 | 7.1 | 4.3 | 6.4 | 0.0 | 9.1 | 1.5 | 7.5 | 0.1 | 52.0 | 100.0 | 1,749 |
| Province 6 | 51.1 | 44.5 | 4.1 | 13.4 | 5.0 | 1.2 | 12.9 | 4.2 | 3.6 | 0.1 | 6.6 | 0.3 | 6.3 | 0.1 | 48.9 | 100.0 | 586 |
| Province 7 | 57.3 | 48.1 | 16.0 | 4.8 | 5.0 | 1.2 | 8.4 | 4.2 | 8.5 | 0.0 | 9.3 | 0.2 | 9.1 | 0.0 | 42.7 | 100.0 | 846 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 58.2 | 51.8 | 24.8 | 7.0 | 4.2 | 1.5 | 8.3 | 4.1 | 1.9 | 0.0 | 6.5 | 1.0 | 5.3 | 0.1 | 41.8 | 100.0 | 3,984 |
| Primary | 50.4 | 42.4 | 11.7 | 6.8 | 5.1 | 1.3 | 10.8 | 3.3 | 3.2 | 0.2 | 8.0 | 0.8 | 7.2 | 0.0 | 49.6 | 100.0 | 1,853 |
| Some secondary | 45.2 | 34.0 | 7.2 | 3.8 | 4.7 | 1.1 | 9.2 | 2.9 | 5.1 | 0.0 | 11.2 | 0.9 | 10.3 | 0.0 | 54.8 | 100.0 | 2,177 |
| SLC and above | 51.5 | 34.3 | 4.9 | 3.0 | 5.0 | 1.7 | 8.2 | 2.2 | 9.3 | 0.1 | 17.2 | 1.5 | 15.6 | 0.0 | 48.5 | 100.0 | 1,861 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 49.1 | 41.8 | 5.9 | 7.7 | 4.9 | 1.5 | 12.7 | 6.1 | 3.0 | 0.0 | 7.3 | 0.5 | 6.7 | 0.0 | 50.9 | 100.0 | 1,687 |
| Second | 53.4 | 44.8 | 15.8 | 5.6 | 3.6 | 1.5 | 10.6 | 4.7 | 3.1 | 0.0 | 8.6 | 1.2 | 7.2 | 0.2 | 46.6 | 100.0 | 1,946 |
| Middle | 49.6 | 42.6 | 21.1 | 3.4 | 4.1 | 0.8 | 7.2 | 2.8 | 3.3 | 0.0 | 7.0 | 1.3 | 5.7 | 0.0 | 50.4 | 100.0 | 2,088 |
| Fourth | 50.1 | 41.7 | 17.1 | 4.8 | 4.7 | 1.3 | 8.3 | 2.4 | 2.8 | 0.2 | 8.4 | 0.8 | 7.7 | 0.0 | 49.9 | 100.0 | 2,107 |
| Highest | 60.4 | 43.0 | 11.9 | 6.4 | 5.8 | 2.0 | 6.8 | 1.2 | 8.8 | 0.1 | 17.3 | 1.4 | 16.0 | 0.0 | 39.6 | 100.0 | 2,047 |
| Total | 52.6 | 42.8 | 14.7 | 5.5 | 4.6 | 1.4 | 8.9 | 3.3 | 4.2 | 0.1 | 9.8 | 1.1 | 8.7 | 0.1 | 47.4 | 100.0 | 9,875 |

[^5]Table 7.4 Knowledge of fertile period
Percent distribution of rhythm users and all women age 15-49 by knowledge of the fertile period during the ovulatory cycle, Nepal DHS 2016

|  | Users of <br> rhythm <br> method | Nonusers of <br> rhythm <br> method | All women |
| :--- | ---: | ---: | ---: |
| Perceived fertile period | 3.2 | 2.0 | 2.0 |
| Just before her menstrual period begins | 3.3 | 4.1 | 4.1 |
| During her menstrual period | 62.3 | 48.3 | 48.4 |
| Right after her menstrual period has ended | 25.6 | 26.7 | 26.7 |
| Halfway between two menstrual periods | 3.6 | 9.9 | 9.8 |
| No specific time | 2.1 | 9.0 | 9.0 |
| Don't know | 100.0 | 100.0 | 100.0 |
| Total | 104 | 12,758 | 12,862 |
| Number of women |  |  |  |

## Table 7.5 Knowledge of fertile period by age

Percentage of women and men age 15-49 with correct knowledge of the fertile period during the ovulatory cycle, according to age, Nepal DHS 2016

| Age | Among women |  | Among men |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage with correct knowledge of the fertile period | Number of women | Percentage with correct knowledge of the fertile period | Number of men |
| 15-19 | 23.3 | 2,598 | 19.4 | 931 |
| 20-24 | 28.2 | 2,251 | 25.1 | 649 |
| 25-29 | 28.3 | 2,135 | 30.8 | 525 |
| 30-34 | 26.6 | 1,806 | 30.5 | 535 |
| 35-39 | 26.7 | 1,572 | 25.9 | 544 |
| 40-44 | 28.6 | 1,388 | 34.6 | 463 |
| 45-49 | 25.8 | 1,113 | 31.1 | 415 |
| Total | 26.7 | 12,862 | 27.0 | 4,063 |

## Table 7.6 Timing of sterilization

Percent distribution of sterilized women age $15-49$ by age at the time of sterilization and median age at sterilization, according to the number of years since the operation, Nepal DHS 2016

| Years since operation | Age at time of sterilization |  |  |  |  |  | Total | Number of women | Median age $^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | <25 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |  |  |
| <2 | 29.8 | 39.0 | 24.0 | 4.1 | 2.5 | 0.6 | 100.0 | 108 | 27.1 |
| 2-3 | 33.4 | 34.8 | 23.0 | 5.2 | 2.9 | 0.6 | 100.0 | 118 | 26.7 |
| 4-5 | 22.1 | 37.6 | 25.8 | 9.5 | 5.0 | 0.0 | 100.0 | 153 | 28.2 |
| 6-7 | 23.8 | 37.4 | 27.3 | 10.7 | 0.7 | 0.0 | 100.0 | 167 | 28.4 |
| 8-9 | 27.9 | 41.8 | 19.9 | 10.0 | 0.4 | 0.0 | 100.0 | 159 | 27.5 |
| 10+ | 33.6 | 44.3 | 18.8 | 3.4 | 0.0 | 0.0 | 100.0 | 787 | a |
| Total | 30.4 | 41.4 | 21.3 | 5.7 | 1.0 | 0.1 | 100.0 | 1,492 | 27.0 |

a = Not calculated due to censoring
${ }^{1}$ Median age at sterilization is calculated only for women sterilized before age 40 to avoid problems of censoring.

Table 7.7 Source of modern contraception methods
Percent distribution of users of modern contraceptive methods age 15-49 by most recent source of method, according to method, Nepal DHS 2016

| Source | Female sterilization | Male sterilization | Pill | IUD | Injectables | Implants | Male condom | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Government sector | 73.0 | 78.8 | 56.1 | 70.3 | 74.0 | 84.1 | 38.4 | 69.5 |
| Government hospital/clinic | 57.2 | 53.7 | 3.8 | 40.5 | 5.6 | 23.9 | 3.7 | 32.0 |
| Primary health care center | 3.3 | 2.5 | 2.4 | 4.9 | 6.2 | 5.3 | 1.5 | 3.7 |
| Health post/sub-health post | 0.0 | 0.0 | 31.0 | 18.4 | 54.2 | 43.1 | 18.8 | 20.3 |
| Primary health care outreach clinic | 0.0 | 0.0 | 0.9 | 0.8 | 7.0 | 3.1 | 1.1 | 1.9 |
| Mobile camp | 12.2 | 21.3 | 0.0 | 5.7 | 0.1 | 8.8 | 0.0 | 7.9 |
| Female community health volunteer | 0.0 | 0.0 | 17.9 | 0.2 | 0.7 | 0.0 | 13.4 | 3.4 |
| Other government sector | 0.2 | 1.3 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 | 0.3 |
| Nongovernment (NGO) | 8.3 | 10.2 | 0.5 | 16.5 | 1.1 | 12.8 | 1.0 | 6.1 |
| Family Planning Association of Nepal | 2.4 | 3.7 | 0.1 | 11.0 | 0.8 | 6.2 | 1.0 | 2.4 |
| Marie Stopes | 5.8 | 5.4 | 0.3 | 5.5 | 0.3 | 6.6 | 0.0 | 3.5 |
| Other NGO | 0.2 | 1.2 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 |
| Private medical sector | 8.1 | 4.4 | 40.3 | 10.3 | 24.8 | 3.1 | 56.8 | 19.0 |
| Private hospital/nursing home | 7.3 | 3.3 | 1.0 | 5.6 | 1.7 | 1.5 | 0.9 | 3.8 |
| Private clinic | 0.8 | 1.1 | 16.9 | 4.1 | 11.9 | 1.6 | 15.5 | 6.5 |
| Pharmacy | 0.0 | 0.0 | 22.4 | 0.0 | 10.9 | 0.0 | 40.3 | 8.6 |
| Other private medical | 0.0 | 0.0 | 0.0 | 0.7 | 0.3 | 0.0 | 0.0 | 0.1 |
| Other source | 0.0 | 0.0 | 2.1 | 0.0 | 0.1 | 0.0 | 3.6 | 0.6 |
| Shop | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 2.4 | 0.2 |
| Friend/relative | 0.0 | 0.0 | 2.1 | 0.0 | 0.1 | 0.0 | 1.2 | 0.4 |
| Other | 10.4 | 2.4 | 1.0 | 2.9 | 0.0 | 0.0 | 0.3 | 4.2 |
| Don't know | 0.1 | 4.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 1,492 | 545 | 456 | 140 | 883 | 329 | 420 | 4,264 |

Note: Total includes other modern methods but excludes the locational amenorrhea method (LAM).

Table 7.8 Use of social marketing brand pills and condoms
Percentage of pill and condom users age 15-49 using major social marketing brands, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among pill users |  |  | Among condom users ${ }^{1}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage using Nilocon White | Percentage using Sunaulo Gulaph | Number of women | Percentage using Dhaal | Percentage using Panther | Number of women |
| Age |  |  |  |  |  |  |
| 15-19 | * | * | 15 | (22.3) | (7.0) | 26 |
| 20-24 | 27.7 | 27.1 | 54 | 27.7 | 15.4 | 84 |
| 25-29 | 30.1 | 31.2 | 129 | 32.4 | 21.4 | 78 |
| 30-34 | 31.3 | 21.2 | 82 | 20.5 | 24.4 | 76 |
| 35-39 | 22.4 | 24.4 | 78 | 20.9 | 12.5 | 44 |
| 40-44 | 45.0 | 22.0 | 66 | (32.7) | (25.8) | 38 |
| 45-49 | * | * | 23 | * |  | 12 |
| Residence |  |  |  |  |  |  |
| Urban | 36.7 | 25.9 | 302 | 24.5 | 21.9 | 253 |
| Rural | 17.4 | 32.1 | 145 | 31.0 | 10.0 | 105 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | * | * | 18 | * | * | 16 |
| Hill | 35.2 | 26.5 | 217 | 25.0 | 19.7 | 184 |
| Terai | 28.2 | 28.3 | 212 | 29.0 | 16.7 | 158 |
| Development region |  |  |  |  |  |  |
| Eastern | 24.9 | 27.0 | 143 | (36.7) | (21.3) | 39 |
| Central | 44.8 | 21.6 | 126 | 20.9 | 24.0 | 113 |
| Western | 48.0 | 17.2 | 70 | 17.6 | 24.5 | 65 |
| Mid-western | 13.1 | 38.6 | 67 | 39.8 | 9.8 | 82 |
| Far-western | 4.7 | 51.2 | 41 | 21.2 | 11.3 | 60 |
| Province |  |  |  |  |  |  |
| Province 1 | 27.0 | 28.2 | 122 | (33.3) | (22.5) | 37 |
| Province 2 | (12.0) | (29.5) | 43 | * | * | 18 |
| Province 3 | 51.9 | 18.0 | 104 | 19.0 | 26.8 | 97 |
| Province 4 | 46.4 | 15.6 | 41 | (22.8) | (28.5) | 23 |
| Province 5 | 29.0 | 24.3 | 69 | 32.2 | 15.3 | 103 |
| Province 6 | 11.7 | 55.4 | 27 | 27.1 | 7.1 | 20 |
| Province 7 | 4.7 | 51.2 | 41 | 21.2 | 11.3 | 60 |
| Education |  |  |  |  |  |  |
| No education | 18.9 | 31.7 | 160 | 39.5 | 9.9 | 65 |
| Primary | 31.2 | 31.8 | 93 | 20.7 | 13.5 | 49 |
| Some secondary | 40.2 | 22.1 | 102 | 23.8 | 17.3 | 97 |
| SLC and above | 38.8 | 23.9 | 93 | 24.2 | 24.6 | 147 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 12.3 | 35.4 | 77 | 27.7 | 7.3 | 48 |
| Second | 17.7 | 43.4 | 69 | 27.2 | 13.5 | 52 |
| Middle | 16.0 | 33.7 | 85 | 40.7 | 10.5 | 57 |
| Fourth | 40.8 | 28.5 | 99 | 21.5 | 13.7 | 48 |
| Highest | 51.4 | 9.4 | 118 | 22.0 | 27.9 | 154 |
| Total | 30.5 | 27.9 | 447 | 26.4 | 18.4 | 358 |

Note: Table excludes pill and condom users who do not know the brand name. Condom use is based on women's reports. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Among condom users not also using the pill

## Table 7.9 Informed choice

Among current users of modern methods age 15-49 who started the last episode of use within the 5 years preceding the survey, the percentage who were informed about possible side effects or problems of that method, the percentage who were informed about what to do if they experienced side effects, the percentage who were informed about other methods they could use, and the percentage who received all three types of information, according to method and initial source, Nepal DHS 2016

| Method/source | Among women who started last episode of modern contraceptive method within 5 years preceding the survey: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who were informed about side effects or problems of method used | Percentage who were informed about what to do if they experienced side effects | Percentage who were informed by a health worker of other methods that could be used | Percentage who received all three types of information (Method Information Index) | Number of women |
| Method |  |  |  |  |  |
| Female sterilization | 47.7 | 40.9 | 49.7 | 34.1 | 306 |
| Pill | 55.1 | 43.1 | 55.5 | 37.5 | 380 |
| IUD | 87.8 | 81.4 | 81.1 | 75.7 | 83 |
| Injectables | 69.9 | 59.3 | 67.2 | 51.4 | 702 |
| Implants | 80.9 | 75.1 | 78.7 | 64.7 | 288 |
| Initial source of method ${ }^{1}$ |  |  |  |  |  |
| Government sector | 67.1 | 58.9 | 68.3 | 52.5 | 1,221 |
| Government hospital/clinic | 58.5 | 53.4 | 65.0 | 48.6 | 295 |
| Primary health care center | 74.0 | 63.8 | 71.0 | 62.3 | 87 |
| Health post/sub-health post | 71.0 | 61.8 | 70.2 | 54.8 | 653 |
| Primary health care outreach clinic | 58.0 | 51.6 | 67.6 | 44.7 | 52 |
| Mobile camp | 64.1 | 60.4 | 61.7 | 49.1 | 68 |
| Female community health volunteer | 67.0 | 51.6 | 70.0 | 45.1 | 64 |
| Nongovernment (NGO) | 72.1 | 69.3 | 65.8 | 55.5 | 90 |
| Family Planning Association of Nepal | (72.6) | (70.5) | (58.6) | (50.4) | 43 |
| Marie Stopes | (70.9) | (67.5) | (74.1) | (61.6) | 46 |
| Private medical sector | 61.5 | 46.2 | 52.9 | 36.0 | 381 |
| Private hospital/nursing home | 70.6 | 45.5 | 58.1 | 37.2 | 69 |
| Private clinic | 61.9 | 50.5 | 52.5 | 39.0 | 160 |
| Pharmacy | 57.0 | 41.7 | 50.6 | 31.6 | 149 |
| Other source | * | * | * | * | 10 |
| Total | 65.5 | 56.2 | 64.1 | 48.7 | 1,759 |

Note: Table includes users of only the methods listed individually. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Source at start of current episode of use; total include sources with too few users to show separately.

Table 7.10 Twelve-month contraceptive discontinuation rates
Among episodes of contraceptive use experienced within the 5 years preceding the survey, percentage of episodes discontinued within 12 months, according to reason for discontinuation and specific method, Nepal DHS 2016

| Method | Method failure | Desire to become pregnant | Other fertilityrelated reasons ${ }^{2}$ | Side effects/ health concerns | Wanted more effective method | Other methodrelated reasons ${ }^{3}$ | Husband away | Other reasons | Any reason ${ }^{4}$ | Switched to another method ${ }^{5}$ | Number of episodes of use ${ }^{6}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pill | 2.2 | 3.7 | 1.9 | 11.4 | 2.2 | 1.5 | 50.3 | 0.6 | 73.8 | 7.5 | 1,485 |
| IUD | (0.0) | (0.8) | (0.1) | (18.0) | (0.0) | (2.6) | (5.0) | (1.8) | (28.2) | (9.8) | 161 |
| Injectables | 0.4 | 3.4 | 1.4 | 19.9 | 1.6 | 1.4 | 29.3 | 1.1 | 58.4 | 9.6 | 1,863 |
| Implants | 0.4 | 0.2 | 0.2 | 6.1 | 0.5 | 0.0 | 0.2 | 0.0 | 7.6 | 4.3 | 345 |
| Male condom | 2.7 | 10.7 | 4.6 | 1.0 | 4.2 | 5.3 | 37.2 | 3.2 | 68.9 | 8.9 | 1,072 |
| Rhythm | (13.4) | (12.0) | (1.3) | (0.0) | (4.6) | (0.0) | (24.3) | (0.3) | (55.8) | (4.1) | 208 |
| Withdrawal | 4.1 | 6.9 | 3.0 | 0.0 | 5.1 | 0.8 | 42.2 | 0.5 | 62.6 | 5.5 | 1,680 |
| Other ${ }^{1}$ | 0.3 | 2.5 | 0.9 | 5.0 | 2.0 | 0.6 | 5.4 | 0.4 | 17.2 | 5.7 | 492 |
| All methods | 2.3 | 5.3 | 2.2 | 8.6 | 2.9 | 1.7 | 34.1 | 1.1 | 58.1 | 7.4 | 7,306 |

[^6]
## Table 7.11 Reasons for discontinuation

Percent distribution of discontinuations of contraceptive methods in the 5 years preceding the survey by main reason stated for discontinuation, according to specific method, Nepal DHS 2016

| Reason | Pill | IUD | Injectables | Implants | Male condom | Emergency contraception | Rhythm | Withdrawal | All methods |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Became pregnant while using | 5.4 | 1.0 | 1.2 | 1.1 | 4.1 | 0.7 | 20.5 | 9.1 | 5.1 |
| Wanted to become pregnant | 7.5 | 6.1 | 9.8 | 12.2 | 20.7 | 11.8 | 26.3 | 15.1 | 12.7 |
| Husband disapproved | 0.2 | 1.0 | 0.8 | 1.7 | 3.0 | 3.5 | 1.1 | 1.0 | 1.2 |
| Wanted a more effective method | 3.4 | 4.7 | 4.8 | 3.1 | 6.0 | 11.9 | 8.9 | 9.2 | 5.9 |
| Side effects/health concerns | 18.1 | 61.7 | 38.3 | 48.0 | 2.1 | 28.6 | 0.3 | 0.6 | 18.3 |
| Lack of access/too far | 1.0 | 0.0 | 0.8 | 1.0 | 1.1 | 0.0 | 0.0 | 0.1 | 0.7 |
| Cost too much | 0.0 | 0.0 | 0.0 | 5.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.1 |
| Inconvenient to use | 2.1 | 7.0 | 2.0 | 6.7 | 7.6 | 2.9 | 0.9 | 1.1 | 2.9 |
| Difficulty getting pregnant/menopausal | 0.2 | 0.0 | 1.1 | 1.4 | 0.6 | 0.0 | 2.0 | 0.8 | 0.7 |
| Infrequent sex | 2.5 | 0.2 | 1.8 | 1.6 | 7.6 | 10.7 | 3.7 | 5.3 | 3.9 |
| Marital dissolution/separation | 0.1 | 0.0 | 0.3 | 0.8 | 0.0 | 0.0 | 0.0 | 0.1 | 0.1 |
| Husband away | 58.4 | 13.8 | 37.2 | 8.7 | 46.2 | 28.0 | 35.6 | 57.4 | 46.9 |
| Other | 1.1 | 4.4 | 1.7 | 8.6 | 0.9 | 0.0 | 0.0 | 0.3 | 1.3 |
| Don't know | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.5 | 0.0 | 0.0 | 0.0 |
| Missing | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 1.4 | 0.6 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of discontinuations | 1,390 | 114 | 1,669 | 128 | 942 | 102 | 187 | 1,347 | 5,885 |

Note: Total includes 3 cases in which women reported discontinuation while using other methods.

Table 7.12.1 Need and demand for family planning among currently married women
Percentage of currently married women age 15-49 with unmet need for family planning, percentage with met need for family planning, the total demand for family planning, and the percentage of the demand for contraception that is satisfied, according to background characteristics, Nepal DHS 2016

| Background characteristic | Unmet need for family planning |  |  | Met need for family planning (currently using) |  |  | Total demand for family planning ${ }^{1}$ |  |  | Number of women | Percentage of demand satisfied ${ }^{2}$ | Percentage of demand satisfied by modern methods ${ }^{3}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 31.5 | 3.5 | 34.9 | 18.5 | 4.6 | 23.1 | 50.0 | 8.1 | 58.0 | 704 | 39.8 | 24.9 |
| 20-24 | 21.5 | 11.1 | 32.6 | 15.7 | 16.4 | 32.0 | 37.2 | 27.4 | 64.6 | 1,684 | 49.6 | 37.0 |
| 25-29 | 8.8 | 21.3 | 30.0 | 10.4 | 35.4 | 45.8 | 19.2 | 56.7 | 75.9 | 1,957 | 60.4 | 48.8 |
| 30-34 | 2.0 | 22.6 | 24.6 | 3.7 | 54.9 | 58.6 | 5.8 | 77.4 | 83.2 | 1,726 | 70.4 | 57.0 |
| 35-39 | 0.5 | 16.6 | 17.1 | 1.3 | 67.2 | 68.5 | 1.8 | 83.8 | 85.6 | 1,510 | 80.0 | 67.1 |
| 40-44 | 0.1 | 13.4 | 13.6 | 0.1 | 69.3 | 69.4 | 0.2 | 82.7 | 82.9 | 1,283 | 83.6 | 70.4 |
| 45-49 | 0.3 | 10.1 | 10.3 | 0.1 | 65.2 | 65.3 | 0.4 | 75.3 | 75.7 | 1,011 | 86.4 | 73.4 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.0 | 15.7 | 22.7 | 7.6 | 47.2 | 54.8 | 14.7 | 62.9 | 77.5 | 6,031 | 70.7 | 57.0 |
| Rural | 9.9 | 15.4 | 25.3 | 5.8 | 43.3 | 49.2 | 15.7 | 58.8 | 74.5 | 3,844 | 66.0 | 54.5 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 7.6 | 15.2 | 22.8 | 5.8 | 48.7 | 54.6 | 13.4 | 63.9 | 77.4 | 576 | 70.5 | 55.1 |
| Hill | 8.0 | 17.6 | 25.5 | 8.4 | 45.5 | 53.9 | 16.4 | 63.1 | 79.4 | 4,150 | 67.8 | 53.4 |
| Terai | 8.3 | 14.1 | 22.4 | 5.9 | 45.5 | 51.4 | 14.2 | 59.6 | 73.7 | 5,148 | 69.6 | 58.5 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 9.9 | 13.9 | 23.9 | 8.1 | 46.1 | 54.1 | 18.0 | 60.0 | 78.0 | 2,256 | 69.4 | 53.4 |
| Central | 6.8 | 13.3 | 20.1 | 6.7 | 47.4 | 54.2 | 13.6 | 60.7 | 74.3 | 3,486 | 72.9 | 61.1 |
| Western | 8.4 | 20.9 | 29.3 | 6.2 | 39.9 | 46.1 | 14.6 | 60.8 | 75.4 | 1,988 | 61.2 | 46.3 |
| Mid-western | 8.7 | 17.6 | 26.3 | 7.0 | 45.7 | 52.7 | 15.7 | 63.2 | 79.0 | 1,298 | 66.7 | 58.7 |
| Far-western | 7.2 | 14.1 | 21.3 | 6.2 | 51.1 | 57.3 | 13.4 | 65.2 | 78.7 | 846 | 72.9 | 61.1 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 9.9 | 15.1 | 24.9 | 10.1 | 45.0 | 55.1 | 19.9 | 60.1 | 80.0 | 1,655 | 68.9 | 50.1 |
| Province 2 | 9.5 | 11.1 | 20.6 | 3.2 | 44.5 | 47.7 | 12.7 | 55.6 | 68.3 | 2,168 | 69.8 | 61.8 |
| Province 3 | 4.9 | 15.0 | 19.8 | 9.4 | 51.2 | 60.6 | 14.3 | 66.2 | 80.5 | 1,920 | 75.3 | 61.2 |
| Province 4 | 9.7 | 20.3 | 30.0 | 6.7 | 41.8 | 48.5 | 16.4 | 62.1 | 78.5 | 950 | 61.8 | 47.5 |
| Province 5 | 7.5 | 20.4 | 27.9 | 6.6 | 41.4 | 48.0 | 14.1 | 61.8 | 75.9 | 1,749 | 63.3 | 51.3 |
| Province 6 | 9.8 | 15.9 | 25.7 | 6.1 | 45.1 | 51.1 | 15.9 | 61.0 | 76.8 | 586 | 66.5 | 57.9 |
| Province 7 | 7.2 | 14.1 | 21.3 | 6.2 | 51.1 | 57.3 | 13.4 | 65.2 | 78.7 | 846 | 72.9 | 61.1 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 2.9 | 15.0 | 17.9 | 1.3 | 56.9 | 58.2 | 4.2 | 71.9 | 76.2 | 3,984 | 76.4 | 67.9 |
| Primary | 8.4 | 18.1 | 26.4 | 5.3 | 45.1 | 50.4 | 13.7 | 63.1 | 76.8 | 1,853 | 65.6 | 55.2 |
| Some secondary | 13.0 | 17.9 | 31.0 | 11.5 | 33.7 | 45.2 | 24.5 | 51.6 | 76.2 | 2,177 | 59.4 | 44.6 |
| SLC and above | 13.4 | 11.6 | 25.0 | 15.2 | 36.3 | 51.5 | 28.5 | 47.9 | 76.5 | 1,861 | 67.3 | 44.9 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 9.8 | 17.2 | 27.0 | 4.7 | 44.4 | 49.1 | 14.5 | 61.6 | 76.1 | 1,687 | 64.5 | 55.0 |
| Second | 9.1 | 14.7 | 23.7 | 6.5 | 47.0 | 53.4 | 15.5 | 61.6 | 77.2 | 1,946 | 69.2 | 58.1 |
| Middle | 8.7 | 15.5 | 24.3 | 5.9 | 43.7 | 49.6 | 14.6 | 59.2 | 73.9 | 2,088 | 67.2 | 57.7 |
| Fourth | 8.0 | 15.7 | 23.8 | 7.2 | 42.9 | 50.1 | 15.2 | 58.7 | 73.9 | 2,107 | 67.8 | 56.4 |
| Highest | 5.4 | 15.1 | 20.5 | 9.9 | 50.4 | 60.4 | 15.3 | 65.5 | 80.8 | 2,047 | 74.7 | 53.2 |
| Total | 8.1 | 15.6 | 23.7 | 6.9 | 45.7 | 52.6 | 15.1 | 61.3 | 76.3 | 9,875 | 68.9 | 56.0 |

[^7]Table 7.12.2 Need and demand for family planning among all women
Percentage of all women age 15-49 with unmet need for family planning, percentage with met need for family planning, the total demand for family planning, and the percentage of the demand for contraception that is satisfied, according to background characteristics, Nepal DHS 2016

| Background characteristic | Unmet need for family planning |  |  | Met need for family planning (currently using) |  |  | Total demand for family planning ${ }^{1}$ |  |  | Number of women | Percentage of demand satisfied $^{2}$ | Percentage of demand satisfied by modern methods ${ }^{3}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 8.5 | 0.9 | 9.5 | 5.1 | 1.3 | 6.3 | 13.6 | 2.2 | 15.8 | 2,598 | 40.0 | 25.1 |
| 20-24 | 16.1 | 8.3 | 24.4 | 11.8 | 12.2 | 24.0 | 27.9 | 20.5 | 48.4 | 2,251 | 49.7 | 37.0 |
| 25-29 | 8.0 | 19.5 | 27.6 | 9.5 | 32.6 | 42.1 | 17.6 | 52.1 | 69.7 | 2,135 | 60.4 | 48.8 |
| 30-34 | 2.0 | 21.6 | 23.5 | 3.6 | 52.6 | 56.2 | 5.5 | 74.2 | 79.7 | 1,806 | 70.5 | 57.1 |
| 35-39 | 0.5 | 16.0 | 16.4 | 1.3 | 65.1 | 66.4 | 1.7 | 81.1 | 82.8 | 1,572 | 80.1 | 67.3 |
| 40-44 | 0.1 | 12.4 | 12.5 | 0.1 | 65.1 | 65.2 | 0.2 | 77.5 | 77.7 | 1,388 | 83.9 | 70.8 |
| 45-49 | 0.2 | 9.1 | 9.4 | 0.1 | 60.6 | 60.7 | 0.3 | 69.8 | 70.1 | 1,113 | 86.6 | 73.9 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 5.2 | 11.7 | 17.0 | 5.7 | 35.6 | 41.4 | 11.0 | 47.4 | 58.4 | 8,072 | 70.9 | 57.3 |
| Rural | 7.9 | 12.4 | 20.3 | 4.7 | 35.0 | 39.7 | 12.6 | 47.4 | 60.1 | 4,790 | 66.2 | 54.6 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 5.6 | 11.3 | 17.0 | 4.3 | 36.6 | 41.0 | 10.0 | 48.0 | 57.9 | 775 | 70.7 | 55.4 |
| Hill | 6.0 | 13.1 | 19.1 | 6.3 | 34.4 | 40.6 | 12.2 | 47.5 | 59.7 | 5,556 | 68.0 | 53.7 |
| Terai | 6.6 | 11.1 | 17.6 | 4.7 | 36.2 | 40.8 | 11.2 | 47.3 | 58.5 | 6,531 | 69.8 | 58.7 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 7.7 | 10.8 | 18.6 | 6.3 | 36.3 | 42.5 | 14.0 | 47.1 | 61.1 | 2,900 | 69.6 | 53.7 |
| Central | 5.2 | 10.2 | 15.4 | 5.2 | 36.5 | 41.7 | 10.4 | 46.6 | 57.0 | 4,569 | 73.1 | 61.3 |
| Western | 6.4 | 16.0 | 22.4 | 4.7 | 30.9 | 35.7 | 11.2 | 46.9 | 58.1 | 2,597 | 61.4 | 46.7 |
| Mid-western | 6.9 | 13.8 | 20.7 | 5.5 | 36.2 | 41.7 | 12.4 | 50.0 | 62.4 | 1,650 | 66.9 | 58.9 |
| Far-western | 5.3 | 10.5 | 15.8 | 4.7 | 38.2 | 42.9 | 10.0 | 48.7 | 58.7 | 1,145 | 73.1 | 61.2 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 7.5 | 11.5 | 19.0 | 7.7 | 34.7 | 42.4 | 15.2 | 46.2 | 61.4 | 2,173 | 69.1 | 50.4 |
| Province 2 | 8.0 | 9.4 | 17.4 | 2.8 | 37.8 | 40.6 | 10.8 | 47.2 | 58.0 | 2,563 | 70.0 | 61.9 |
| Province 3 | 3.4 | 10.5 | 13.9 | 6.6 | 36.4 | 43.0 | 10.1 | 46.9 | 57.0 | 2,732 | 75.5 | 61.5 |
| Province 4 | 7.4 | 15.5 | 22.8 | 5.1 | 32.2 | 37.2 | 12.5 | 47.6 | 60.1 | 1,249 | 62.0 | 47.8 |
| Province 5 | 5.7 | 15.7 | 21.4 | 5.1 | 32.2 | 37.3 | 10.8 | 47.9 | 58.7 | 2,274 | 63.5 | 51.6 |
| Province 6 | 7.9 | 12.9 | 20.8 | 4.9 | 36.8 | 41.7 | 12.8 | 49.7 | 62.5 | 724 | 66.7 | 58.1 |
| Province 7 | 5.3 | 10.5 | 15.8 | 4.7 | 38.2 | 42.9 | 10.0 | 48.7 | 58.7 | 1,145 | 73.1 | 61.2 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 2.7 | 14.0 | 16.7 | 1.2 | 53.8 | 55.0 | 3.9 | 67.8 | 71.8 | 4,281 | 76.7 | 68.3 |
| Primary | 7.2 | 15.6 | 22.8 | 4.6 | 39.1 | 43.7 | 11.8 | 54.7 | 66.5 | 2,150 | 65.7 | 55.4 |
| Some secondary | 8.6 | 11.9 | 20.5 | 7.6 | 22.3 | 30.0 | 16.2 | 34.2 | 50.5 | 3,291 | 59.4 | 44.6 |
| SLC and above | 7.9 | 6.9 | 14.8 | 9.1 | 21.5 | 30.6 | 17.0 | 28.4 | 45.4 | 3,140 | 67.4 | 44.9 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 7.6 | 13.4 | 21.0 | 3.7 | 34.5 | 38.2 | 11.3 | 47.9 | 59.2 | 2,176 | 64.6 | 55.0 |
| Second | 7.0 | 11.3 | 18.3 | 5.0 | 36.5 | 41.5 | 12.0 | 47.8 | 59.8 | 2,525 | 69.4 | 58.3 |
| Middle | 7.0 | 12.5 | 19.5 | 4.8 | 35.7 | 40.5 | 11.8 | 48.2 | 60.0 | 2,595 | 67.5 | 58.1 |
| Fourth | 6.1 | 12.0 | 18.1 | 5.5 | 33.2 | 38.7 | 11.6 | 45.2 | 56.8 | 2,765 | 68.1 | 56.7 |
| Highest | 3.9 | 11.0 | 15.0 | 7.3 | 37.0 | 44.4 | 11.3 | 48.1 | 59.3 | 2,801 | 74.8 | 53.4 |
| Total | 6.2 | 12.0 | 18.2 | 5.3 | 35.4 | 40.8 | 11.6 | 47.4 | 59.0 | 12,862 | 69.1 | 56.3 |

Note: Numbers in this table correspond to the revised definition of unmet need described in Bradley et al. 2012.
${ }^{1}$ Total demand is the sum of unmet need and met need.
${ }^{2}$ Percentage of demand satisfied is met need divided by total demand.
${ }^{3}$ Modern methods include female sterilization, male sterilization, pill, IUD, injectables, implants, male condom, emergency contraception, lactationa amenorrhea method (LAM), and other modern methods.

Table 7.13 Decision making about family planning
Among currently married women age 15-49 who are current users of family planning, percent distribution by who makes the decision to use family planning, and among currently married women who are not currently using family planning, percent distribution by who makes the decision not to use family planning, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among currently married women who are current users of family planning |  |  |  | Total | Number of women | Among currently married women who are not currently using family planning |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mainly wife | Wife and husband jointly | Mainly husband | Other/ don't know |  |  | Mainly wife | Wife and husband jointly | Mainly husband | Other/ don't know |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 10.5 | 71.5 | 18.0 | 0.0 | 100.0 | 163 | 15.1 | 73.0 | 11.4 | 0.5 | 100.0 | 419 |
| 20-24 | 11.8 | 74.0 | 13.9 | 0.3 | 100.0 | 539 | 20.7 | 66.3 | 10.9 | 2.1 | 100.0 | 938 |
| 25-29 | 16.4 | 70.3 | 13.0 | 0.2 | 100.0 | 897 | 25.2 | 62.7 | 11.0 | 1.0 | 100.0 | 920 |
| 30-34 | 19.3 | 68.4 | 12.3 | 0.1 | 100.0 | 1,011 | 25.7 | 60.2 | 11.7 | 2.4 | 100.0 | 669 |
| 35-39 | 19.4 | 65.4 | 14.9 | 0.3 | 100.0 | 1,034 | 25.9 | 57.3 | 14.2 | 2.6 | 100.0 | 459 |
| 40-44 | 22.9 | 62.0 | 15.1 | 0.0 | 100.0 | 890 | 31.5 | 55.5 | 9.7 | 3.3 | 100.0 | 391 |
| 45-49 | 24.1 | 56.9 | 19.0 | 0.0 | 100.0 | 660 | 26.5 | 60.3 | 8.9 | 4.3 | 100.0 | 350 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 4.7 | 70.6 | 24.7 | 0.0 | 100.0 | 158 | 12.2 | 73.7 | 11.0 | 3.1 | 100.0 | 636 |
| 1-2 | 17.4 | 67.3 | 15.2 | 0.1 | 100.0 | 2,513 | 26.5 | 61.2 | 10.4 | 1.9 | 100.0 | 2,291 |
| 3-4 | 20.7 | 65.9 | 13.1 | 0.2 | 100.0 | 2,008 | 26.4 | 59.7 | 12.2 | 1.7 | 100.0 | 904 |
| 5+ | 24.2 | 60.9 | 14.8 | 0.1 | 100.0 | 516 | 23.4 | 59.5 | 14.5 | 2.6 | 100.0 | 314 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 19.2 | 66.3 | 14.4 | 0.2 | 100.0 | 3,305 | 25.2 | 62.1 | 10.5 | 2.3 | 100.0 | 2,423 |
| Rural | 18.7 | 66.1 | 15.1 | 0.1 | 100.0 | 1,890 | 22.4 | 63.5 | 12.2 | 1.8 | 100.0 | 1,722 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 18.9 | 60.1 | 21.0 | 0.0 | 100.0 | 314 | 31.6 | 52.4 | 15.6 | 0.3 | 100.0 | 212 |
| Hill | 21.8 | 61.0 | 17.1 | 0.1 | 100.0 | 2,237 | 35.2 | 52.0 | 10.1 | 2.7 | 100.0 | 1,723 |
| Terai | 16.7 | 71.4 | 11.7 | 0.2 | 100.0 | 2,644 | 14.6 | 71.9 | 11.6 | 1.8 | 100.0 | 2,211 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 16.3 | 70.8 | 12.8 | 0.1 | 100.0 | 1,222 | 16.1 | 69.7 | 11.6 | 2.7 | 100.0 | 914 |
| Central | 19.9 | 67.0 | 12.9 | 0.3 | 100.0 | 1,888 | 19.5 | 68.1 | 10.1 | 2.2 | 100.0 | 1,387 |
| Western | 20.0 | 62.4 | 17.7 | 0.0 | 100.0 | 916 | 30.4 | 58.3 | 10.8 | 0.6 | 100.0 | 983 |
| Mid-western | 18.7 | 66.1 | 15.1 | 0.2 | 100.0 | 684 | 35.4 | 48.8 | 11.9 | 3.9 | 100.0 | 546 |
| Far-western | 20.9 | 59.2 | 19.6 | 0.3 | 100.0 | 485 | 27.6 | 56.2 | 14.9 | 1.3 | 100.0 | 315 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 18.3 | 66.9 | 14.7 | 0.1 | 100.0 | 912 | 18.0 | 66.7 | 12.9 | 2.5 | 100.0 | 660 |
| Province 2 | 16.7 | 74.8 | 8.1 | 0.4 | 100.0 | 1,034 | 9.7 | 78.5 | 10.7 | 1.1 | 100.0 | 974 |
| Province 3 | 20.2 | 64.1 | 15.6 | 0.1 | 100.0 | 1,164 | 30.5 | 56.5 | 8.7 | 4.3 | 100.0 | 668 |
| Province 4 | 19.3 | 65.5 | 15.2 | 0.0 | 100.0 | 461 | 34.1 | 56.4 | 9.1 | 0.4 | 100.0 | 457 |
| Province 5 | 20.3 | 61.1 | 18.4 | 0.1 | 100.0 | 840 | 30.1 | 54.3 | 13.2 | 2.5 | 100.0 | 821 |
| Province 6 | 17.0 | 69.4 | 13.6 | 0.0 | 100.0 | 300 | 35.5 | 54.1 | 8.5 | 1.9 | 100.0 | 250 |
| Province 7 | 20.9 | 59.2 | 19.6 | 0.3 | 100.0 | 485 | 27.6 | 56.2 | 14.9 | 1.3 | 100.0 | 315 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 21.6 | 64.8 | 13.5 | 0.1 | 100.0 | 2,320 | 22.2 | 62.2 | 13.1 | 2.5 | 100.0 | 1,530 |
| Primary | 18.7 | 63.4 | 17.5 | 0.4 | 100.0 | 933 | 25.3 | 63.0 | 9.8 | 1.9 | 100.0 | 817 |
| Some secondary | 18.1 | 66.9 | 14.9 | 0.1 | 100.0 | 984 | 26.0 | 62.0 | 10.5 | 1.5 | 100.0 | 1,033 |
| SLC and above | 14.0 | 71.8 | 14.2 | 0.0 | 100.0 | 958 | 23.6 | 64.2 | 9.9 | 2.2 | 100.0 | 765 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 22.1 | 61.2 | 16.6 | 0.1 | 100.0 | 829 | 36.8 | 47.8 | 13.3 | 2.1 | 100.0 | 758 |
| Second | 21.5 | 61.0 | 17.4 | 0.1 | 100.0 | 1,040 | 22.4 | 63.1 | 12.3 | 2.2 | 100.0 | 800 |
| Middle | 18.5 | 68.3 | 12.8 | 0.4 | 100.0 | 1,036 | 18.5 | 69.4 | 11.3 | 0.8 | 100.0 | 923 |
| Fourth | 18.5 | 69.9 | 11.5 | 0.1 | 100.0 | 1,056 | 20.0 | 68.1 | 9.3 | 2.6 | 100.0 | 918 |
| Highest | 15.7 | 69.1 | 15.1 | 0.1 | 100.0 | 1,236 | 24.5 | 62.2 | 10.3 | 3.0 | 100.0 | 746 |
| Total | 19.0 | 66.2 | 14.6 | 0.2 | 100.0 | 5,195 | 24.0 | 62.7 | 11.2 | 2.1 | 100.0 | 4,146 |

Table 7.14 Future use of contraception
Percent distribution of currently married women age 15-49 who are not using a contraceptive method by intention to use in the future, according to number of living children, Nepal DHS 2016

|  | Number of living children ${ }^{1}$ |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Intention | 0 | 1 | 2 | 3 | $4+$ | Total |
| Intends to use | 81.8 | 87.1 | 80.5 | 73.5 | 52.2 | 77.4 |
| Unsure | 4.2 | 2.1 | 1.6 | 1.5 | 1.3 | 2.1 |
| Does not intend to use | 14.0 | 10.8 | 18.0 | 25.0 | 46.6 | 20.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 636 | 1,411 | 1,273 | 667 | 693 | 4,679 |

${ }^{1}$ Includes current pregnancy

Table 7.15.1 Exposure to family planning messages: Women
Percentage of women age 15-49 who heard or saw a family planning message on radio, on television, in a newspaper or magazine, on a poster/hoarding board, or in a street drama; on a brochure/flipchart or the Internet; in a mother's group meeting, from teachers, or from female community health volunteers; or on a mobile phone in the past few months, according to background characteristics, Nepal DHS 2016

|  | Media sources |  |  |  |  |  | Other sources |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Radio | Television | Newspaper/ magazine | Poster/ hoarding board | Street drama | None of these five media sources ${ }^{1}$ | Brochure or flipchart | Internet | Mother's group/ teachers | Female community health volunteer | Mobile phone | None of these sources ${ }^{2}$ | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 35.4 | 33.7 | 14.6 | 47.9 | 7.8 | 32.2 | 15.2 | 8.8 | 38.2 | 15.8 | 1.8 | 25.2 | 2,598 |
| 20-24 | 39.4 | 36.8 | 14.3 | 52.0 | 6.1 | 29.3 | 17.7 | 14.2 | 22.2 | 27.7 | 2.1 | 25.1 | 2,251 |
| 25-29 | 37.0 | 39.3 | 14.9 | 51.0 | 5.5 | 32.0 | 15.6 | 11.0 | 19.1 | 28.7 | 2.6 | 25.9 | 2,135 |
| 30-34 | 36.6 | 38.0 | 15.4 | 48.9 | 6.3 | 32.9 | 13.9 | 6.7 | 20.6 | 32.6 | 2.1 | 26.2 | 1,806 |
| 35-39 | 31.4 | 30.3 | 9.2 | 40.0 | 5.7 | 40.0 | 12.2 | 4.0 | 16.1 | 26.2 | 1.1 | 34.6 | 1,572 |
| 40-44 | 30.7 | 31.9 | 9.0 | 37.6 | 4.1 | 41.7 | 10.8 | 2.5 | 15.8 | 24.7 | 0.4 | 34.6 | 1,388 |
| 45-49 | 32.0 | 30.6 | 7.1 | 35.6 | 4.4 | 41.7 | 11.1 | 2.4 | 16.6 | 23.8 | 0.9 | 34.8 | 1,113 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 36.6 | 43.3 | 17.1 | 51.4 | 6.9 | 28.8 | 16.2 | 10.9 | 22.9 | 23.5 | 2.2 | 24.3 | 8,072 |
| Rural | 33.1 | 20.7 | 5.5 | 37.3 | 4.5 | 44.3 | 11.1 | 3.1 | 22.5 | 28.3 | 0.9 | 35.4 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 50.2 | 25.9 | 9.2 | 35.5 | 3.8 | 33.5 | 12.6 | 5.4 | 35.9 | 42.1 | 1.0 | 19.5 | 775 |
| Hill | 44.7 | 43.8 | 17.1 | 50.3 | 5.2 | 24.2 | 15.0 | 10.9 | 27.1 | 28.4 | 2.2 | 18.0 | 5,556 |
| Terai | 25.4 | 28.3 | 9.5 | 43.9 | 6.9 | 43.5 | 13.9 | 5.8 | 17.5 | 20.7 | 1.4 | 38.4 | 6,531 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 32.4 | 30.6 | 10.9 | 37.3 | 4.3 | 43.6 | 10.5 | 6.1 | 18.7 | 23.2 | 1.2 | 36.4 | 2,900 |
| Central | 31.6 | 42.0 | 17.8 | 43.5 | 4.6 | 35.1 | 15.4 | 10.7 | 17.7 | 18.9 | 2.6 | 30.7 | 4,569 |
| Western | 32.9 | 41.1 | 10.3 | 53.9 | 4.1 | 28.3 | 15.5 | 9.6 | 20.1 | 19.4 | 1.5 | 24.5 | 2,597 |
| Mid-western | 46.0 | 22.4 | 8.2 | 52.5 | 10.6 | 30.9 | 15.4 | 4.1 | 36.9 | 43.7 | 0.8 | 20.4 | 1,650 |
| Far-western | 47.0 | 21.3 | 10.0 | 52.5 | 13.2 | 29.1 | 15.7 | 3.9 | 38.8 | 43.1 | 1.1 | 19.6 | 1,145 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 38.6 | 36.5 | 13.5 | 44.5 | 4.8 | 34.3 | 11.5 | 8.0 | 23.0 | 28.5 | 1.3 | 26.4 | 2,173 |
| Province 2 | 13.3 | 16.5 | 4.0 | 26.6 | 3.4 | 63.0 | 10.6 | 2.0 | 7.0 | 9.6 | 1.3 | 59.0 | 2,563 |
| Province 3 | 44.0 | 58.1 | 26.8 | 52.0 | 5.3 | 18.5 | 17.7 | 16.2 | 24.7 | 24.5 | 3.4 | 13.7 | 2,732 |
| Province 4 | 38.2 | 47.5 | 11.4 | 51.9 | 4.0 | 26.0 | 14.3 | 11.6 | 23.0 | 23.5 | 1.4 | 21.5 | 1,249 |
| Province 5 | 33.6 | 31.4 | 9.1 | 54.9 | 7.0 | 30.4 | 15.0 | 6.2 | 22.9 | 26.4 | 1.4 | 25.0 | 2,274 |
| Province 6 | 51.2 | 17.7 | 7.2 | 50.9 | 10.0 | 31.7 | 18.6 | 4.2 | 44.4 | 45.8 | 0.6 | 18.6 | 724 |
| Province 7 | 47.0 | 21.3 | 10.0 | 52.5 | 13.2 | 29.1 | 15.7 | 3.9 | 38.8 | 43.1 | 1.1 | 19.6 | 1,145 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 22.0 | 15.5 | 1.0 | 26.3 | 3.4 | 56.8 | 6.5 | 0.4 | 12.3 | 23.4 | 0.6 | 47.8 | 4,281 |
| Primary | 30.6 | 26.9 | 4.6 | 40.5 | 4.2 | 38.5 | 9.9 | 0.7 | 16.0 | 25.6 | 0.6 | 32.7 | 2,150 |
| Some secondary | 41.5 | 40.6 | 14.4 | 54.5 | 7.6 | 24.7 | 15.7 | 6.3 | 30.9 | 27.9 | 1.7 | 18.4 | 3,291 |
| SLC and above | 50.0 | 60.7 | 32.6 | 68.3 | 9.1 | 11.9 | 26.7 | 25.1 | 33.2 | 25.0 | 4.0 | 9.7 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 39.8 | 9.2 | 3.6 | 34.3 | 3.8 | 43.9 | 9.7 | 1.3 | 28.5 | 34.7 | 0.7 | 30.8 | 2,176 |
| Second | 39.8 | 23.1 | 6.4 | 39.6 | 5.3 | 39.2 | 9.9 | 3.7 | 24.2 | 28.8 | 1.0 | 33.4 | 2,525 |
| Middle | 29.4 | 28.7 | 5.8 | 41.4 | 6.8 | 42.8 | 13.1 | 3.1 | 19.8 | 26.4 | 1.0 | 36.5 | 2,595 |
| Fourth | 31.3 | 40.5 | 13.4 | 46.7 | 6.7 | 33.9 | 13.1 | 7.8 | 20.2 | 21.8 | 1.8 | 29.3 | 2,765 |
| Highest | 37.0 | 65.6 | 31.4 | 65.1 | 6.8 | 16.1 | 24.2 | 21.7 | 22.2 | 17.3 | 3.7 | 13.8 | 2,801 |
| Total | 35.3 | 34.9 | 12.8 | 46.1 | 6.0 | 34.6 | 14.3 | 8.0 | 22.8 | 25.3 | 1.7 | 28.4 | 12,862 |

[^8] mother's group/teachers, female community health volunteer, or mobile phone)

Table 7.15.2 Exposure to family planning messages: Men
Percentage of men age 15-49 who heard or saw a family planning message on radio, on television, in a newspaper or magazine, on a poster/hoarding board or in a street drama; on a brochure/flipchart or the Internet; in a mother's group meeting, from teachers, or from female community health volunteers; or on a mobile phone in the past few months, according to background characteristics, Nepal DHS 2016

| Background characteristic | Media sources |  |  |  |  |  | Other sources |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Radio | Television | Newspaper/ magazine | Poster/ hoarding board | Street drama | None of these five media sources ${ }^{1}$ | Brochure <br> or <br> flipchart | Internet | Mother's group/ teachers | Female community health volunteer | Mobile phone | None of these sources ${ }^{2}$ | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 38.9 | 38.4 | 19.4 | 69.3 | 9.3 | 13.9 | 17.4 | 25.0 | 40.8 | 9.6 | 2.7 | 9.6 | 931 |
| 20-24 | 45.1 | 44.5 | 29.5 | 74.2 | 5.8 | 11.9 | 19.5 | 33.1 | 20.4 | 17.8 | 4.7 | 9.3 | 649 |
| 25-29 | 49.5 | 49.7 | 33.4 | 74.8 | 8.2 | 9.6 | 19.3 | 28.0 | 15.1 | 18.2 | 1.0 | 7.8 | 525 |
| 30-34 | 49.7 | 45.3 | 27.3 | 73.6 | 8.6 | 11.6 | 19.0 | 18.8 | 13.0 | 16.9 | 3.3 | 9.6 | 535 |
| 35-39 | 43.1 | 47.9 | 24.8 | 69.2 | 6.5 | 14.3 | 20.6 | 14.2 | 18.2 | 22.4 | 2.5 | 13.2 | 544 |
| 40-44 | 47.3 | 41.4 | 28.9 | 74.0 | 9.7 | 11.1 | 18.4 | 10.0 | 14.4 | 18.5 | 4.2 | 10.2 | 463 |
| 45-49 | 49.0 | 44.4 | 22.0 | 68.9 | 10.4 | 15.0 | 16.6 | 5.6 | 11.6 | 19.4 | 1.0 | 13.8 | 415 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 44.9 | 51.2 | 31.8 | 72.7 | 9.0 | 10.6 | 20.9 | 24.0 | 21.4 | 15.7 | 3.3 | 8.2 | 2,647 |
| Rural | 45.8 | 30.6 | 14.9 | 70.2 | 6.9 | 16.2 | 14.5 | 14.5 | 21.8 | 18.5 | 1.9 | 14.1 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 49.2 | 30.1 | 19.4 | 47.3 | 12.8 | 33.8 | 16.3 | 10.0 | 26.6 | 24.2 | 2.1 | 27.4 | 252 |
| Hill | 52.1 | 50.9 | 34.1 | 64.7 | 8.6 | 12.3 | 22.4 | 25.8 | 28.0 | 20.4 | 3.0 | 9.1 | 1,791 |
| Terai | 38.7 | 39.6 | 19.5 | 81.2 | 7.4 | 10.1 | 15.6 | 17.5 | 15.2 | 12.5 | 2.8 | 9.2 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 40.5 | 39.8 | 22.4 | 74.9 | 4.5 | 14.1 | 18.4 | 16.0 | 15.2 | 11.8 | 1.7 | 12.4 | 892 |
| Central | 44.3 | 48.1 | 30.8 | 70.6 | 8.7 | 11.1 | 21.0 | 24.7 | 20.2 | 15.6 | 4.2 | 8.6 | 1,604 |
| Western | 43.7 | 52.4 | 23.0 | 73.5 | 5.9 | 9.6 | 14.1 | 22.7 | 21.9 | 13.9 | 2.1 | 7.7 | 785 |
| Mid-western | 54.2 | 31.4 | 23.4 | 72.6 | 15.3 | 12.3 | 18.5 | 14.7 | 32.2 | 32.0 | 1.5 | 10.1 | 453 |
| Far-western | 54.0 | 33.0 | 22.4 | 64.6 | 12.6 | 23.0 | 18.9 | 17.3 | 29.9 | 21.3 | 2.9 | 18.9 | 330 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 40.9 | 40.4 | 24.5 | 71.7 | 3.2 | 16.0 | 15.2 | 15.7 | 14.5 | 11.9 | 0.9 | 14.6 | 691 |
| Province 2 | 35.2 | 33.3 | 12.8 | 85.0 | 7.4 | 9.3 | 16.9 | 17.6 | 11.3 | 9.0 | 3.3 | 8.4 | 795 |
| Province 3 | 50.4 | 57.7 | 41.9 | 62.3 | 9.8 | 11.8 | 25.8 | 28.8 | 26.6 | 19.9 | 5.0 | 8.1 | 1,009 |
| Province 4 | 47.8 | 59.6 | 25.8 | 71.5 | 7.5 | 10.8 | 16.3 | 26.4 | 27.3 | 17.5 | 2.1 | 8.4 | 376 |
| Province 5 | 42.1 | 41.7 | 20.4 | 76.3 | 6.4 | 8.7 | 12.5 | 17.8 | 19.1 | 15.9 | 1.6 | 7.7 | 658 |
| Province 6 | 64.8 | 26.8 | 27.3 | 65.9 | 22.3 | 16.1 | 25.4 | 14.1 | 43.8 | 40.8 | 2.3 | 12.0 | 203 |
| Province 7 | 54.0 | 33.0 | 22.4 | 64.6 | 12.6 | 23.0 | 18.9 | 17.3 | 29.9 | 21.3 | 2.9 | 18.9 | 330 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 29.8 | 16.3 | 1.6 | 63.2 | 2.7 | 24.6 | 5.9 | 1.4 | 4.5 | 11.4 | 0.1 | 23.0 | 391 |
| Primary | 45.1 | 31.4 | 12.1 | 65.1 | 8.4 | 15.7 | 12.0 | 6.8 | 12.0 | 16.1 | 1.9 | 14.2 | 789 |
| Some secondary | 42.0 | 41.6 | 22.2 | 69.3 | 8.7 | 12.9 | 16.5 | 13.6 | 27.3 | 16.5 | 1.9 | 9.9 | 1,386 |
| SLC and above | 52.3 | 60.1 | 43.1 | 80.0 | 9.3 | 7.5 | 27.4 | 39.7 | 25.6 | 18.6 | 5.0 | 5.3 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 55.7 | 18.9 | 12.8 | 54.0 | 7.4 | 24.9 | 13.4 | 6.9 | 25.7 | 24.9 | 0.9 | 20.6 | 623 |
| Second | 47.0 | 31.0 | 12.7 | 67.7 | 6.3 | 14.9 | 16.1 | 10.7 | 20.8 | 15.8 | 1.1 | 13.0 | 706 |
| Middle | 40.0 | 40.3 | 15.8 | 77.7 | 7.4 | 11.5 | 14.9 | 15.8 | 16.8 | 15.5 | 2.1 | 10.1 | 758 |
| Fourth | 43.0 | 49.3 | 29.5 | 78.8 | 10.5 | 9.1 | 20.3 | 24.1 | 22.8 | 16.0 | 3.9 | 7.4 | 982 |
| Highest | 43.6 | 66.5 | 47.8 | 74.6 | 8.7 | 7.5 | 25.0 | 37.0 | 21.8 | 13.8 | 4.8 | 4.9 | 994 |
| Total | 45.2 | 44.0 | 25.9 | 71.8 | 8.3 | 12.6 | 18.6 | 20.7 | 21.5 | 16.7 | 2.8 | 10.3 | 4,063 |

[^9]${ }^{2}$ Includes those with no exposure to any source (radio, television, newspaper/magazine, poster/hoarding board, street drama, brochure/flipchart, Internet, mother's group/teachers, female community health volunteer, or mobile phone)

Table 7.16 Contact of nonusers with family planning providers
Among women age 15-49 who are not using contraception, the percentage who during the past 12 months were visited by a health worker or female community health volunteer who discussed family planning, the percentage who visited a health facility and discussed family planning, the percentage who visited a health facility but did not discuss family planning, and the percentage who did not discuss family planning either with a health worker or female community health volunteer or at a health facility, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of women who were visited by a health worker or female community health volunteer who discussed family planning | Percentage of women who visited a health facility in the past 12 months and who: |  | Percentage of women who did not discuss family planning either with a health worker or female community health volunteer or at a health facility |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Discussed family planning | Did not discuss family planning |  | Number of women |
| Age |  |  |  |  |  |
| 15-19 | 26.6 | 2.6 | 48.3 | 72.4 | 2,434 |
| 20-24 | 42.3 | 9.6 | 60.4 | 54.5 | 1,710 |
| 25-29 | 43.8 | 12.2 | 63.9 | 51.9 | 1,235 |
| 30-34 | 37.2 | 13.3 | 63.7 | 57.7 | 792 |
| 35-39 | 30.8 | 9.3 | 53.6 | 64.2 | 528 |
| 40-44 | 31.2 | 6.7 | 50.2 | 65.2 | 483 |
| 45-49 | 36.3 | 6.6 | 48.7 | 60.9 | 437 |
| Residence |  |  |  |  |  |
| Urban | 34.8 | 6.8 | 57.7 | 62.5 | 4,733 |
| Rural | 35.7 | 9.4 | 52.4 | 60.7 | 2,886 |
| Ecological zone |  |  |  |  |  |
| Mountain | 48.9 | 8.3 | 54.0 | 49.5 | 457 |
| Hill | 37.9 | 7.8 | 58.0 | 59.4 | 3,298 |
| Terai | 31.2 | 7.7 | 53.9 | 65.4 | 3,864 |
| Development region |  |  |  |  |  |
| Eastern | 35.9 | 7.4 | 51.0 | 62.0 | 1,666 |
| Central | 30.3 | 5.9 | 54.0 | 66.7 | 2,665 |
| Western | 28.4 | 7.8 | 59.6 | 67.3 | 1,671 |
| Mid-western | 45.1 | 10.8 | 59.5 | 52.4 | 962 |
| Far-western | 56.0 | 11.9 | 58.6 | 41.6 | 654 |
| Province |  |  |  |  |  |
| Province 1 | 36.2 | 6.8 | 54.5 | 61.7 | 1,252 |
| Province 2 | 27.2 | 8.4 | 46.3 | 69.0 | 1,523 |
| Province 3 | 34.6 | 4.3 | 57.9 | 63.5 | 1,556 |
| Province 4 | 31.8 | 6.8 | 59.6 | 64.9 | 784 |
| Province 5 | 30.6 | 8.2 | 60.6 | 65.3 | 1,426 |
| Province 6 | 52.5 | 15.3 | 56.0 | 44.6 | 422 |
| Province 7 | 56.0 | 11.9 | 58.6 | 41.6 | 654 |
| Education |  |  |  |  |  |
| No education | 33.6 | 10.2 | 48.7 | 61.9 | 1,925 |
| Primary | 34.0 | 10.2 | 55.4 | 61.8 | 1,210 |
| Some secondary | 35.3 | 6.7 | 56.8 | 62.3 | 2,304 |
| SLC and above | 37.0 | 5.5 | 60.8 | 61.3 | 2,180 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 42.8 | 11.3 | 52.3 | 53.9 | 1,344 |
| Second | 36.8 | 8.9 | 50.8 | 60.0 | 1,477 |
| Middle | 38.4 | 8.5 | 55.4 | 58.3 | 1,544 |
| Fourth | 29.6 | 6.6 | 57.3 | 67.3 | 1,696 |
| Highest | 29.8 | 4.3 | 61.6 | 68.1 | 1,558 |
| Total | 35.2 | 7.8 | 55.7 | 61.9 | 7,619 |

Table 7.17 Information on family planning methods and counseling
Percentage of women age 15-49 with an abortion in the 5 years preceding the survey who were given information on family planning methods during the post-abortion visit and who used a method within the 2 weeks after the abortion, and percentage of women with a live birth in the 5 years preceding the survey who were given information on family planning methods during the postpartum visit, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among women who had an abortion: |  |  | Among women who had a live birth: |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage to whom information on family planning was given during post-abortion period | Percentage who used a family planning method within 2 weeks of abortion | Number of women | Percentage to whom information on family planning was given during postpartum period | Number of women |
| Age |  |  |  |  |  |
| 15-19 | * | * | 19 | 12.3 | 334 |
| 20-24 | 45.7 | 23.4 | 67 | 12.1 | 1,271 |
| 25-29 | 51.1 | 23.9 | 155 | 13.3 | 1,380 |
| 30-34 | 55.6 | 24.7 | 146 | 15.9 | 653 |
| 35-39 | 58.5 | 23.0 | 83 | 13.3 | 250 |
| 40-44 | (58.4) | (34.9) | 35 | 15.7 | 90 |
| 45-49 | * | * | 6 | * | 19 |
| Residence |  |  |  |  |  |
| Urban | 53.3 | 25.5 | 352 | 14.9 | 2,223 |
| Rural | 48.9 | 24.7 | 159 | 11.3 | 1,775 |
| Ecological zone |  |  |  |  |  |
| Mountain | (68.7) | (22.7) | 33 | 20.2 | 269 |
| Hill | 54.0 | 24.6 | 248 | 15.8 | 1,608 |
| Terai | 47.2 | 26.3 | 230 | 10.6 | 2,120 |
| Development region |  |  |  |  |  |
| Eastern | 58.1 | 34.7 | 85 | 12.6 | 925 |
| Central | 51.0 | 20.0 | 139 | 12.4 | 1,415 |
| Western | 45.3 | 23.3 | 144 | 14.4 | 753 |
| Mid-western | 56.4 | 28.2 | 83 | 14.0 | 559 |
| Far-western | 55.1 | 24.8 | 60 | 15.4 | 346 |
| Province |  |  |  |  |  |
| Province 1 | 60.4 | 39.1 | 67 | 12.8 | 686 |
| Province 2 | (40.8) | (20.2) | 61 | 7.8 | 963 |
| Province 3 | 57.2 | 19.4 | 95 | 18.7 | 691 |
| Province 4 | 43.6 | 28.2 | 74 | 15.4 | 337 |
| Province 5 | 53.2 | 23.4 | 110 | 14.1 | 720 |
| Province 6 | 49.4 | 23.8 | 43 | 12.9 | 255 |
| Province 7 | 55.1 | 24.8 | 60 | 15.4 | 346 |
| Education |  |  |  |  |  |
| No education | 52.6 | 20.6 | 137 | 9.8 | 1,257 |
| Primary | 51.1 | 28.0 | 112 | 11.8 | 777 |
| Some secondary | 42.9 | 28.7 | 147 | 15.2 | 1,010 |
| SLC and above | 63.4 | 23.8 | 115 | 17.2 | 955 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 57.3 | 27.6 | 70 | 10.0 | 822 |
| Second | 43.7 | 24.6 | 88 | 11.3 | 839 |
| Middle | 56.2 | 22.6 | 91 | 11.7 | 863 |
| Fourth | 41.1 | 24.0 | 105 | 15.7 | 830 |
| Highest | 59.0 | 26.9 | 156 | 19.3 | 643 |
| Total | 51.9 | 25.2 | 511 | 13.3 | 3,998 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed

Table 7.18 Men's attitudes towards contraceptive use
Percentage of men age 15-49 who agree with stereotypical statements about contraceptive use, according to background characteristics, Nepal DHS 2016

| Background characteristic | Contraception is women's business | Women who use contraception may become promiscuous | Number of men |
| :---: | :---: | :---: | :---: |
| Age |  |  |  |
| 15-19 | 11.6 | 29.6 | 931 |
| 20-24 | 11.5 | 25.6 | 649 |
| 25-29 | 10.5 | 23.0 | 525 |
| 30-34 | 11.0 | 23.0 | 535 |
| 35-39 | 13.7 | 25.7 | 544 |
| 40-44 | 9.9 | 25.5 | 463 |
| 45-49 | 11.4 | 22.4 | 415 |
| Residence |  |  |  |
| Urban | 10.9 | 24.9 | 2,647 |
| Rural | 12.5 | 26.7 | 1,416 |
| Ecological zone |  |  |  |
| Mountain | 13.1 | 37.6 | 252 |
| Hill | 14.9 | 26.9 | 1,791 |
| Terai | 8.2 | 22.8 | 2,019 |
| Development region |  |  |  |
| Eastern | 13.6 | 33.3 | 892 |
| Central | 12.3 | 22.0 | 1,604 |
| Western | 9.3 | 23.2 | 785 |
| Mid-western | 9.0 | 21.3 | 453 |
| Far-western | 10.0 | 32.8 | 330 |
| Province |  |  |  |
| Province 1 | 15.6 | 32.7 | 691 |
| Province 2 | 9.0 | 23.7 | 795 |
| Province 3 | 13.7 | 23.3 | 1,009 |
| Province 4 | 11.9 | 29.3 | 376 |
| Province 5 | 8.6 | 18.6 | 658 |
| Province 6 | 6.1 | 22.8 | 203 |
| Province 7 | 10.0 | 32.8 | 330 |
| Education |  |  |  |
| No education | 15.0 | 27.8 | 391 |
| Primary | 19.3 | 34.2 | 789 |
| Some secondary | 12.3 | 28.5 | 1,386 |
| SLC and above | 5.6 | 17.6 | 1,497 |
| Wealth quintile |  |  |  |
| Lowest | 17.6 | 36.7 | 623 |
| Second | 13.8 | 31.0 | 706 |
| Middle | 11.6 | 24.6 | 758 |
| Fourth | 9.9 | 22.5 | 982 |
| Highest | 7.3 | 18.3 | 994 |
| Total | 11.4 | 25.5 | 4,063 |

## INFANT AND CHILD MORTALITY

8

- Current levels: The neonatal mortality rate is 21 deaths per 1,000 live births, while the under- 5 mortality rate is 39 deaths per 1,000 live births. This means that $54 \%$ of all under-5 deaths occur in the first month of life.
- Trends: Between 1996 and 2016, neonatal mortality fell from 50 to 21 deaths per 1,000 live births, infant mortality declined from 78 to 32 deaths per 1,000 live births, and under-5 mortality fell from 118 to 39 deaths per 1,000 live births.
- Provincial differences: There are large variations by province in childhood mortality. For example, neonatal mortality ranges from a low of 15 deaths per 1,000 live births in Province 4 to a high of 41 in Province 7. Similarly, under-5 mortality ranges from 27 deaths per 1,000 births in Province 4 to 69 in Province 7.
- Short birth intervals: The under-5 mortality rate is 78 deaths per 1,000 live births for children born within 2 years of a previous birth. The rate is much lower-25 deaths per 1,000 live births-for children born at least 4 years after a previous birth.
- Perinatal mortality: The perinatal mortality rate is 31 deaths per 1,000 pregnancies.

Information on infant and child mortality is relevant to a demographic assessment of a country's population and is an important indicator of the country's socioeconomic development and quality of life. It can also help identify children who may be at higher risk of death and lead to strategies to reduce this risk, such as promoting birth spacing.

This chapter presents information on levels, trends, and differentials in perinatal, neonatal, infant, and under-5 mortality rates. It also examines biodemographic factors and fertility behaviors that increase mortality risks for infants and children. The information was collected as part of a retrospective pregnancy history in which female respondents listed all of the pregnancies they had had, all of the children they had borne, and each child's date of birth, survivorship status, and current age or age at death.

The quality of mortality estimates calculated from pregnancy histories depends on the mother's ability to recall all of the pregnancies she has had, the children she has given birth to, and their birth dates and ages at death. Potential data quality problems include:

- The selective omission from pregnancy histories of those births that did not survive, which can result in underestimation of childhood mortality.
- The displacement of birth dates, which may distort mortality trends. This can occur if an interviewer knowingly records a birth as occurring in a different year than the one in which it
occurred. This may happen if an interviewer is trying to cut down on his or her overall workload, because live births occurring during the 5 years before the interview are the subject of a lengthy set of additional questions.
- The quality of reporting of age at death. Misreporting the child's age at death may distort the age pattern of mortality, especially if the net effect of the age misreporting is to transfer deaths from one age bracket to another.
- Any method of measuring childhood mortality that relies on mothers' reports (e.g., pregnancy histories) assumes that female adult mortality is not high or, if it is high, that there is little or no correlation between the mortality risks of mothers and those of their children.

Selected indicators of the quality of the mortality data on which the estimates of mortality in this chapter are based are presented in Appendix C, Tables C.4-C.6.

### 8.1 Infant and Child Mortality

Neonatal mortality: the probability of dying within the first month of life.
Postneonatal mortality: the probability of dying between the first month of life and the first birthday (computed as the difference between infant and neonatal mortality).
Infant mortality: the probability of dying between birth and the first birthday.
Child mortality: the probability of dying between the first and the fifth birthday.
Under-5 mortality: the probability of dying between birth and the fifth birthday.

In the 5 -year period preceding the survey, neonatal mortality was 21 deaths per 1,000 live births, infant mortality was 32 deaths per 1,000 live births, and under- 5 mortality was 39 deaths per 1,000 live births. These rates imply that nearly one in 30 children die before reaching their first birthday and that one in 25 die before reaching their fifth birthday (Table 8.1). Slightly more than one-half (54\%) of all deaths in the first 5 years of life occur in the first month of life, an increase from $42 \%$ in 1996. As childhood mortality rates have declined, the burden of neonatal deaths has increased. The Nepal Health Sector Strategy 20162021 targets are to reduce neonatal and under-5 mortality to 17.5 and 28 deaths per 1,000 live births, respectively, by the year 2021 (Ministry of Health 2015b). The Sustainable Development Goal (SDG) targets related to neonatal and under-5 mortality in Nepal are 12 and 20 deaths per 1,000 live births, respectively, by 2030 (Ministry of Health 2017b).

Trends: All three indicators of childhood mortality have declined sharply over the past 20 years (Figure 8.1). Under-5 mortality declined from 118 deaths per 1,000 live births in 1996 to 39 deaths per 1,000 live births in 2016 representing a $67 \%$ decrease during the 20-year period. Infant mortality and neonatal mortality declined by $59 \%$ and $58 \%$, respectively, from 1996 to 2016.

Figure 8.1 Trends in early childhood mortality rates

Deaths per 1,000 live births in the 5-year period before the survey


### 8.2 Biodemographic and Sociodemographic Risk Factors

Researchers have identified multiple risk factors for early childhood mortality, including biodemographic and sociodemographic factors, based on the characteristics of the mother and child and the circumstances at birth. The biodemographic factors included in the analysis were sex of the child, mother's age at birth, birth order, previous birth interval, and birth size. The sociodemographic factors included were place of residence, ecological zone, development region, province, mother's education, and wealth quintile.

Mortality estimates by sex of the child and mother's place of residence (Table 8.2) were calculated for the 5 -year period before the survey and mortality estimates by additional background characteristics of the mother were calculated for the 10 -year period before the survey to ensure that there were sufficient cases to produce statistically reliable estimates (Table 8.3).

## Patterns by sex and residence

- Boys are more likely than girls to die in the first month of their lives. Mortality rates are 24 deaths per 1,000 live births among male neonates and 17 deaths per 1,000 live births among female neonates. As children grow older, girls are more likely to die than boys. For instance, under-5 mortality rates are 41 deaths per 1,000 live births among girls and 36 deaths per 1,000 live births among boys.
- Childhood mortality rates are higher, by 10 deaths per 1,000 live births, in rural areas than in urban areas. Neonatal, infant, and under-5 mortality rates are 26,38 , and 44 deaths per 1,000 live births, respectively, in rural areas, as compared with 16,28 , and 34 deaths per 1,000 live births in urban areas.


## Patterns by additional background characteristics

- Mortality rates are lower for children whose mothers were age 20-29 when they were born than for children born to women below age 20 or age 30-39. For instance, the neonatal mortality rate is 21 deaths per 1,000 live births for children whose mothers were age $20-29$ when they were born, as compared with 39 and 31 deaths per 1,000 live births, respectively, for children whose mothers were less than age 20 and age 30 39.
- Mortality rates are higher among children born less than 2 years after a previous birth than among children born 2 or more years after a

Figure 8.2 Child mortality by previous birth interval
 previous birth (Figure 8.2).

- Childhood mortality rates decrease uniformly as mother's education increases. For example, neonatal mortality rates are 36 deaths per 1,000 live births among children whose mothers have no education and 12 deaths per 1,000 live births among children whose mothers have an SLC or higher.
- Childhood mortality rates also decrease with increasing mother's wealth. For instance, under-5 mortality rates are 62 deaths per 1,000 live births among children born to women in the lowest wealth quintile and 24 deaths per 1,000 live births among those born to women from the highest quintile.
- Childhood mortality is highest in Province 7, where neonatal, infant, and under-5 mortality rates are 41,58 , and 69 deaths per 1,000 live births, respectively.


### 8.3 Perinatal Mortality

## Perinatal mortality rate

Perinatal deaths comprise stillbirths (pregnancy losses occurring after 7 months of gestation) and early neonatal deaths (deaths of live births within the first 7 days of life). The perinatal mortality rate is calculated as the number of perinatal deaths per 1,000 pregnancies of 7 or more months' duration.
Sample: Number of pregnancies of 7 or more months' duration to women age $15-49$ in the 5 years before the survey

The causes of stillbirths and early neonatal deaths are closely linked, and it can be difficult to determine whether a death is one or the other. Because the perinatal mortality rate encompasses both stillbirths and early neonatal deaths, it offers a better measure of the level of mortality and quality of service around delivery. Seventy-eight stillbirths were recorded in the 2016 NDHS, and there were 80 early neonatal deaths during the 5 -year period preceding the survey. This yields a perinatal mortality rate of 31 deaths per 1,000 pregnancies of 7 or more months' duration (Table 8.4).

## Patterns by background characteristics

- By age, the perinatal mortality rate is highest for mothers age 30-39 (49 per 1,000 pregnancies), followed closely by mothers less than age 20 ( 47 per 1,000 pregnancies).
- Perinatal mortality is twice as high for women who become pregnant less than 15 months after a previous pregnancy ( 42 per 1,000 pregnancies) as for women who become pregnant 39 months or more after a previous pregnancy ( 21 per 1,000 pregnancies).
- The perinatal mortality rate is higher in rural areas (36 per 1,000 pregnancies) than in urban areas (27 per 1,000 pregnancies).
- Perinatal mortality ranges from 20 per 1,000 pregnancies in Province 4 to 40 per 1,000 pregnancies in Province 6.
- Perinatal mortality generally decreases with increasing mother's education. Perinatal mortality is highest ( 37 per 1,000 pregnancies) for women with no education and only a primary education and lowest ( 24 per 1,000 pregnancies) for women with an SLC or higher (Figure 8.3).


### 8.4 High-risk Fertility Behavior

Childhood mortality depends on several known risk factors, such as mother's age at birth, previous birth interval, and parity. Child mortality is likely to be higher among mothers with one or more risk factors.

Figure 8.3 Perinatal mortality by mother's education

Deaths per 1,000 pregancies of 7 or more months' duration in the 5-year period before the survey
 Table 8.5 shows the percent distribution of children born in the 5 years preceding the survey by category of elevated risk of mortality and the percent distribution of currently married women by their category of risk if they were to conceive a child at the time of the survey.

Thirty-four percent of births in the 5 years preceding the survey are not in any high-risk category. Thirtytwo percent are in the unavoidable risk category, which includes first births to women between age 18 and age $34 ; 27 \%$ are in a single high-risk category (mother's age less than 18 years, mother's age more than 34 years, birth interval less than 24 months, and birth order more than three); and $7 \%$ are in multiple high-risk categories.

Risk ratios indicate the relationship between risk factors and child mortality (Table 8.5). Among those in the single high-risk category, the risk ratio is highest (2.33) for children born to women younger than age 18 , with an overall risk ratio of 1.66 for the single risk category. The risk ratio is slightly higher among births in the multiple-risk categories, at an average of 2.29. The highest risk ratio, 2.41, is for births to women older than age 34 and with a birth order above three. This means that children born to women in this category have a risk of dying that is 2.41 times higher than the risk for children born to women not in any high-risk category; however, less than $3 \%$ of births fall in this multiple-risk category.

The last column of Table 8.5 shows that $52 \%$ of currently married women in Nepal would have belonged to an avoidable high-risk category if they had conceived at the time of the survey, $23 \%$ would have belonged to a multiple high-risk category, and $29 \%$ would have belonged to a single high-risk category. Forty percent would not have belonged to any high-risk category, while $8 \%$ would have belonged to an unavoidable risk category.

## List of Tables

For more information on infant and child mortality, see the following tables:

- Table 8.1 Early childhood mortality rates
- Table 8.2 Five-year early childhood mortality rates according to background characteristics
- Table 8.3 Ten-year early childhood mortality rates according to additional characteristics
- Table 8.4 Perinatal mortality
- Table 8.5 High-risk fertility behavior


## Table 8.1 Early childhood mortality rates

Neonatal, postneonatal, infant, child, and under-5 mortality rates for 5 -year periods preceding the survey, Nepal DHS 2016

| Years <br> preceding <br> the survey | Neonatal <br> mortality <br> $(\mathrm{NN})$ | Post- <br> neonatal <br> mortality <br> $(\mathrm{PNN})^{1}$ | Infant <br> mortality <br> $\left(1 q_{0}\right)$ | Child <br> mortality <br> $\left(4 \mathrm{q}_{1}\right)$ | Under-5 <br> mortality <br> $\left(5 q_{0}\right)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $0-4$ | 21 | 12 | 32 | 6 | 39 |
| $5-9$ | 33 | 13 | 46 | 8 | 54 |
| $10-14$ | 39 | 19 | 58 | 13 | 71 |

${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates

Table 8.2 Five-year early childhood mortality rates according to background characteristics

Neonatal, postneonatal, infant, child, and under-5 mortality rates for the 5-year period preceding the survey, according to background characteristics, Nepal DHS 2016

| Background characteristic | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality (190) | Child mortality (4q1) | Under-5 mortality (5q0) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Child's sex |  |  |  |  |  |
| Male | 24 | 7 | 31 | 5 | 36 |
| Female | 17 | 17 | 34 | 7 | 41 |
| Residence |  |  |  |  |  |
| Urban | 16 | 12 | 28 | 6 | 34 |
| Rural | 26 | 11 | 38 | 7 | 44 |
| Total | 21 | 12 | 32 | 6 | 39 |

${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates

Table 8.3 Ten-year early childhood mortality rates according to additional characteristics

Neonatal, postneonatal, infant, child, and under-5 mortality rates for the 10-year period preceding the survey, according to additional characteristics, Nepal DHS 2016

| Characteristic | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality ( $1 q_{0}$ ) | Child mortality (491) | Under-5 mortality (5q0) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |  |
| <20 | 39 | 15 | 54 | 7 | 61 |
| 20-29 | 21 | 12 | 33 | 7 | 40 |
| 30-39 | 31 | 11 | 42 | 7 | 48 |
| 40-49 | * | * | * | * | * |
| Birth order |  |  |  |  |  |
| 1 | 30 | 13 | 43 | 6 | 48 |
| 2-3 | 19 | 10 | 29 | 7 | 35 |
| 4-6 | 29 | 16 | 44 | 12 | 56 |
| 7+ | (99) | (17) | (116) | (9) | (124) |
| Previous birth interval ${ }^{2}$ |  |  |  |  |  |
| <2 years | 46 | 22 | 68 | 11 | 78 |
| 2 years | 22 | 12 | 35 | 9 | 44 |
| 3 years | 22 | 6 | 27 | 4 | 32 |
| 4+ years | 12 | 6 | 18 | 7 | 25 |
| Birth size ${ }^{3}$ |  |  |  |  |  |
| Small/very small | 35 | 15 | 50 | na | na |
| Average or larger | 17 | 11 | 28 | na | na |
| Ecological zone |  |  |  |  |  |
| Mountain | 35 | 22 | 57 | 6 | 63 |
| Hill | 23 | 10 | 32 | 6 | 38 |
| Terai | 28 | 13 | 41 | 8 | 49 |
| Development region |  |  |  |  |  |
| Eastern | 25 | 8 | 33 | 7 | 40 |
| Central | 24 | 14 | 38 | 8 | 46 |
| Western | 25 | 11 | 36 | 3 | 39 |
| Mid-western | 29 | 14 | 42 | 8 | 50 |
| Far-western | 41 | 17 | 58 | 12 | 69 |
| Province |  |  |  |  |  |
| Province 1 | 22 | 9 | 31 | 5 | 36 |
| Province 2 | 30 | 13 | 43 | 10 | 52 |
| Province 3 | 17 | 12 | 29 | 7 | 36 |
| Province 4 | 15 | 8 | 23 | 4 | 27 |
| Province 5 | 30 | 12 | 42 | 3 | 45 |
| Province 6 | 29 | 17 | 47 | 12 | 58 |
| Province 7 | 41 | 17 | 58 | 12 | 69 |
| Mother's education |  |  |  |  |  |
| No education | 36 | 14 | 50 | 10 | 60 |
| Primary | 25 | 14 | 39 | 4 | 43 |
| Some secondary | 20 | 13 | 33 | 6 | 38 |
| SLC and above | 12 | 7 | 18 | 3 | 21 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 36 | 14 | 50 | 12 | 62 |
| Second | 33 | 11 | 45 | 10 | 54 |
| Middle | 26 | 15 | 42 | 4 | 46 |
| Fourth | 20 | 11 | 31 | 5 | 36 |
| Highest | 12 | 8 | 20 | 4 | 24 |

Note: Figures in parentheses are based on 250-499 unweighted person-years of exposure to the risk of death. An asterisk indicates that a rate is based on fewer than 250 person-years of exposure to the risk of death and has been suppressed.
na $=$ Not available
${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates
${ }^{2}$ Excludes first-order births
${ }^{3}$ Rates for the 5 -year period before the survey

Table 8.4 Perinatal mortality
Number of stillbirths and early neonatal deaths, and the perinatal mortality rate for the 5 -year period preceding the survey, by background characteristics, Nepal DHS 2016

| Background characteristic | Number of stillbirths ${ }^{1}$ | Number of early neonatal deaths ${ }^{2}$ | Perinatal mortality rate ${ }^{3}$ | Number of pregnancies of 7+ months' duration |
| :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |
| <20 | 19 | 34 | 47 | 1,129 |
| 20-29 | 37 | 35 | 22 | 3,244 |
| 30-39 | 21 | 11 | 49 | 659 |
| 40-49 | 1 | 0 | 20 | 54 |
| Previous pregnancy interval in months ${ }^{4}$ |  |  |  |  |
| First pregnancy | 32 | 32 | 35 | 1,801 |
| <15 | 12 | 20 | 42 | 761 |
| 15-26 | 17 | 11 | 37 | 772 |
| 27-38 | 5 | 5 | 16 | 606 |
| 39+ | 12 | 12 | 21 | 1,145 |
| Residence |  |  |  |  |
| Urban | 41 | 32 | 27 | 2,739 |
| Rural | 37 | 48 | 36 | 2,347 |
| Ecological zone |  |  |  |  |
| Mountain | 3 | 10 | 36 | 360 |
| Hill | 28 | 26 | 28 | 1,914 |
| Terai | 47 | 44 | 32 | 2,812 |
| Development region |  |  |  |  |
| Eastern | 23 | 23 | 40 | 1,156 |
| Central | 28 | 22 | 27 | 1,859 |
| Western | 14 | 11 | 26 | 934 |
| Mid-western | 8 | 14 | 32 | 700 |
| Far-western | 5 | 10 | 34 | 437 |
| Province |  |  |  |  |
| Province 1 | 13 | 14 | 32 | 823 |
| Province 2 | 26 | 22 | 35 | 1,379 |
| Province 3 | 13 | 9 | 28 | 813 |
| Province 4 | 5 | 3 | 20 | 391 |
| Province 5 | 13 | 13 | 28 | 905 |
| Province 6 | 5 | 9 | 40 | 338 |
| Province 7 | 5 | 10 | 34 | 437 |
| Mother's education |  |  |  |  |
| No education | 33 | 31 | 37 | 1,740 |
| Primary | 15 | 23 | 37 | 1,026 |
| Some secondary | 12 | 18 | 25 | 1,235 |
| SLC and above | 18 | 8 | 24 | 1,084 |
| Wealth quintile |  |  |  |  |
| Lowest | 16 | 23 | 36 | 1,088 |
| Second | 18 | 24 | 39 | 1,081 |
| Middle | 19 | 14 | 29 | 1,131 |
| Fourth | 16 | 14 | 29 | 1,036 |
| Highest | 10 | 4 | 19 | 750 |
| Total | 78 | 80 | 31 | 5,086 |

${ }^{1}$ Stillbirths are fetal deaths in pregnancies lasting 7 or more months.
${ }^{2}$ Early neonatal deaths are deaths at age 0-6 days among live-born children.
${ }^{3}$ The sum of the number of stillbirths and early neonatal deaths divided by the number of pregnancies of 7 or more months' duration, expressed per 1,000
${ }^{4}$ Categories correspond to birth intervals of <24 months, 24-35 months, 36-47 months, and 48+ months.

## Table 8.5 High-risk fertility behavior

Percent distribution of children born in the 5 years preceding the survey by category of elevated risk of mortality and the risk ratio, and percent distribution of currently married women by category of risk if they were to conceive a child at the time of the survey, Nepal DHS 2016

| Risk category | Births in the 5 years preceding the survey |  | Percentage of currently married women ${ }^{1}$ |
| :---: | :---: | :---: | :---: |
|  | Percentage of births | Risk ratio |  |
| Not in any high-risk category | 34.1 | 1.00 | $40.1^{\text {a }}$ |
| Unavoidable risk category First-order births between age 18 and age 34 | 32.1 | 1.42 | 8.1 |
| In any avoidable high-risk category | 33.8 | 1.80 | 51.8 |
| Single high-risk category <br> Mother's age <18 <br> Mother's age >34 <br> Birth interval <24 months Birth order > 3 | $\begin{aligned} & 7.5 \\ & 0.9 \\ & 8.6 \\ & 9.8 \end{aligned}$ | $\begin{gathered} 2.33 \\ (0.00) \\ 2.08 \\ 0.94 \end{gathered}$ | $\begin{array}{r} 1.1 \\ 10.8 \\ 8.3 \\ 8.6 \end{array}$ |
| Subtotal | 26.8 | 1.66 | 28.9 |
| Multiple high-risk category Age <18 and birth interval <24 months ${ }^{2}$ | 0.6 | (2.03) | 0.2 |
| Age >34 and birth interval <24 months <br> Age $>34$ and birth order $>3$ | 0.0 2.6 | 2.41 | 0.2 19.2 |
| Age >34 and birth interval <24 months and birth order $>3$ Birth interval <24 months and birth order >3 | 0.4 3.4 | 2.23 | 0.6 2.8 |
| Subtotal | 7.0 | 2.29 | 22.9 |
| Total | 100.0 | na | 100.0 |
| Subtotals by individual avoidable high-risk category <br> Mother's age $<18$ only Mother's age >34 only Birth interval $<24$ months only Birth order >3 only | $\begin{array}{r} 8.1 \\ 3.9 \\ 12.2 \\ 16.1 \end{array}$ | $\begin{gathered} 2.31 \\ (1.86) \\ 2.16 \\ 1.49 \end{gathered}$ | $\begin{array}{r} 1.3 \\ 30.8 \\ 28.4 \\ 31.1 \end{array}$ |
| Number of births/women | 5,060 | na | 9,875 |

Note: Risk ratio is the ratio of the proportion dead among births in a specific highrisk category to the proportion dead among births not in any high-risk category. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. na $=$ Not applicable
Women are assigned to risk categories according to the status they would have at the birth of a child if they were to conceive at the time of the survey: current age less than 17 years and 3 months or older than 34 years and 2 months, latest birth less than 15 months ago, or latest birth being of order 3 or higher.
${ }^{2}$ Includes the category age < 18 and birth order >3
${ }^{\text {a }}$ Includes sterilized women

## MATERNAL AND NEWBORN HEALTH CARE

## Key Findings

- Antenatal care: Eighty-four percent of women who gave birth in the 5 years before the survey received antenatal care (ANC) from a skilled provider, a 25 -percentagepoint increase from 2011. Sixty-nine percent of women had at least four antenatal care visits.
- Components of antenatal care: Ninety-one percent of women took iron tablets or syrup and $69 \%$ took drugs for intestinal parasites during the pregnancy for their last birth in the 5 years before the survey.
- Counseling during antenatal care: Forty-nine percent of women receiving antenatal care reported that they had received counseling on all five ANC issues asked about in the survey.
- Protection against neonatal tetanus: Eighty-nine percent of the most recent births to women in the 5 years before the survey were protected against neonatal tetanus.
- Delivery: Fifty-eight percent of deliveries are conducted by skilled birth attendants, and $57 \%$ of deliveries take place in a health facility.
- Postnatal checks: Only $57 \%$ of both mothers and newborns receive a postnatal care check within 2 days of delivery.
- Pregnancy outcomes: Of total pregnancies, $81 \%$ were live births, $9 \%$ were induced abortions, $9 \%$ were miscarriages, and $1 \%$ were stillbirths.

Health care services during pregnancy and childbirth and after delivery are important for the survival and well-being of both the mother and the neonate. The National Safe Motherhood Program is a priority area for the government of Nepal to improve maternal and neonatal health (MOH 2015b). As part of this program, the National Neonatal Health Strategy was endorsed in 2004 to provide guidelines on improving neonatal health (MOHP 2004). Likewise, a policy on skilled birth attendants (SBAs) endorsed in 2006 by the MOH identified the importance of SBAs at every birth and embodied the government of Nepal's commitment to training and deploying doctors, nurses, and auxiliary nurse midwives with required skill across the country. Furthermore, in 2008-2009, the birth preparedness package was rolled out in all 75 districts to improve timely access to delivery care services. Similarly, a maternity incentive scheme was introduced in 2005 to encourage women to use health facilities for maternity care and improve access to maternity care services (MOH 2015b). In 2016, the government of Nepal endorsed the country's Every Newborn Action Plan, which sets a vision for the country "in which there are no preventable deaths of newborns or stillbirths, where every pregnancy is wanted, every birth celebrated, and women, babies and children survive, thrive and reach their full potential." This plan
bolsters the commitment of the government and its partners to improving maternal and newborn health (MOH 2016a).

This chapter presents information on antenatal care visits and various components of care, delivery care practices, and postnatal care practices related to mother and newborns. The chapter also includes information on knowledge and practices related to abortion, pregnancy outcomes, and problems faced by women in seeking health care during illness.

### 9.1 Antenatal Care Coverage

### 9.1.1 Skilled Providers

## Antenatal care (ANC) from a skilled provider

Pregnancy care received from skilled providers, such as doctors, nurses, and auxiliary nurse midwives.
Sample: Women age 15-49 who had a live birth in the 5 years before the survey

Overall, $84 \%$ of women received ANC from a skilled provider for their most recent birth. Doctors were the major service providers (43\%), followed closely by nurses or auxiliary nurse midwives (41\%).

Trends: Figure 9.1 depicts trends in ANC service utilization from a skilled provider. There was a $25-$ percentage-point increase in the proportion of women receiving ANC from 2011 to 2016, far higher than the increase from 2006 to 2011 (14 percentage points) and from 2001 to 2006 (16 percentage points).

Patterns by background characteristics

- Table 9.1 shows that women under age 20 were more likely ( $87 \%$ ) to use ANC services from skilled providers than their older counterparts age 35-49 (67\%).
- Among the provinces, use of ANC services from skilled providers was highest in Province 7 (91\%) and lowest in Province $6(73 \%)$. Notably, doctors were the major service providers in Province 2 and Province 3, while the main providers in Province 6 and Province 7 were nurses or auxiliary nurse midwives.
- Disparities according to socioeconomic characteristics persist; women in the highest wealth quintile ( $96 \%$ ) and the highest education category ( $95 \%$ ) are more likely to receive ANC services from a skilled provider than their counterparts in the lowest groups ( $74 \%$ and $73 \%$, respectively).


### 9.1.2 Timing and Number of ANC Visits

Table 9.2 shows that $69 \%$ of women had at least four ANC visits for their most recent birth in the 5 years before the survey; however, this proportion differed between urban ( $76 \%$ ) and rural ( $62 \%$ ) women. Almost two-thirds of women received ANC during the first trimester of pregnancy ( $65 \%$ ), a figure that also varied by urban ( $71 \%$ ) and rural (58\%) residence.

Trends: There has been a large and steady increase in the proportion of women with four or more ANC visits, from $14 \%$ in 2001 to $69 \%$ in 2016. As Figure 9.1 shows, over the same time period, a similar trend was observed for the proportion of women with an ANC visit in their first trimester of pregnancy (from $16 \%$ in 2001 to $65 \%$ in 2016).

The Ministry of Health recommends that a pregnant woman have ANC visits at least four times during her 4th, 6th, 8th, and 9th months (MOH 2015). Table 9.3 shows that among women with live births in the 5 years preceding the survey who had an antenatal checkup, $59 \%$ received ANC during all four of the recommended months. The table further shows that the proportion of women with an ANC visit declined by 18 percentage points in the 9th month compared with the 4 th month. The proportion of women receiving ANC in all four recommended months varied according to background characteristics, with the highest percentages among women age 20-34 at the time of delivery; women delivering their first birth; women living in urban areas, the hill zone, and Province 7; and women in the higher education categories and higher wealth quintiles (Table 9.3).

### 9.2 Components of ANC VISIts

Among women who received ANC for their most recent birth, $91 \%$ had their blood pressure checked, while urine and blood samples were taken from $76 \%$ and $66 \%$ of the women, respectively (Figure 9.2). It should be noted that blood and urine sampling require laboratory services that are not available at all health facilities. There was substantial variation by background characteristics in the components of ANC. Women were more likely to have their blood pressure measured and urine and blood samples taken if they were younger, had a birth of a lower order, were living in an urban area, and were in a higher education category and a higher wealth quintile (Table 9.4).

Figure 9.2 Components of antenatal care


As shown in Table 9.4, 9 in 10 women (91\%) took iron tablets or syrup and 7 in 10 (69\%) took intestinal parasite drugs during the pregnancy for their most recent birth in the 5 years before the survey.

Trends: Between 2001 and 2016, the proportion of women having their blood pressure checked increased from $60 \%$ to $91 \%$; however, the percentage-point increase from 2011 to 2016 was much smaller (only 5 points) than the increase between 2001 and 2006 ( 19 points). With regard to urine and blood sampling, the trend over time is the opposite; there was almost no change between 2001 and 2006 in the proportion of pregnant women who had urine and blood samples taken, while there was a remarkable increase between 2006 and 2016 in the proportions receiving these services, from $32 \%$ to $76 \%$ for urine sampling and from $28 \%$ to $66 \%$ for blood sampling.

## Counseling Components of ANC

The survey also collected information on counseling services provided during ANC visits with respect to five components: using a skilled birth attendant during the delivery, having an institutional delivery, danger signs during pregnancy, where to go if there are danger signs during the pregnancy, and the importance of getting a postnatal check (Table 9.5). Only half of women (49\%) received counseling on all five components. Among the five areas, the need to get a postnatal check was least likely to be discussed during ANC (59\%).

### 9.3 Protection against Neonatal Tetanus

## Protection against neonatal tetanus

The number of tetanus toxoid injections needed to protect a baby from neonatal tetanus depends on the mother's vaccinations. A birth is protected against neonatal tetanus if the mother has received any of the following:

- two tetanus toxoid injections during that pregnancy
- two or more injections, the last one within 3 years of the birth
- three or more injections, the last one within 5 years of the birth
- four or more injections, the last one within 10 years of the birth
- five or more injections at any time prior to the birth

Sample: Last live births in the 5 years before the survey to women age 15-49

Neonatal tetanus is a leading cause of death among neonates in developing countries, including Nepal, where a considerable proportion of deliveries take place at home or at locations where hygienic conditions are compromised. Overall, $89 \%$ of recent live births were protected against neonatal tetanus (Table 9.6).

Trends: From 2011 to 2016, the proportion of mothers whose birth was protected against neonatal tetanus increased by 7 percentage points, while the proportion of women receiving two or more doses of tetanus toxoid injection decreased by 4 percentage points over the same period.

## Patterns by background characteristics

- Mothers below age 35 are more likely to have their births protected against neonatal tetanus than mothers age 35-49 (88-90\% and 70\%, respectively).
- In Province 6, only $80 \%$ of live births are protected against neonatal tetanus, as compared with $93 \%$ of those in Province 2.
- There are notable differences in protection against neonatal tetanus according to wealth quintile. Only $78 \%$ of births to mothers in the lowest quintile are protected against neonatal tetanus, compared with $92 \%$ to $93 \%$ of births to mothers in the highest three quintiles.


### 9.4 Delivery Services

### 9.4.1 Institutional Deliveries

## Institutional deliveries

Deliveries that occur in a health facility.
Sample: All live births in the 5 years before the survey

Nepal is promoting safe motherhood through initiatives such as providing free delivery care and transportation incentive schemes to women delivering in a health facility. Subsidies are also provided to health facilities for free delivery care on the basis of deliveries conducted.

Fifty-seven percent of births in the 5 years preceding the survey were delivered in health facilities (Table 9.7). Forty-three percent of deliveries took place in government facilities and $10 \%$ in private facilities.

Trends: Figure 9.3 shows that there were minimal increases in institutional deliveries from 1996 to 2001. However, the proportion doubled to $18 \%$ in 2006 and doubled again to $35 \%$ in 2011. Between 2011 and 2016, there was a remarkable 22-percentage-point increase in the proportion of institutional deliveries.

## Patterns by background characteristics

- First-order births were much more likely (76\%) to occur in a health facility than sixth- and higher-order births (23\%).
- Seventy-two percent of most recent births to mothers with four or more ANC visits were delivered at a health facility, as compared with only $19 \%$ of births to women with no ANC visits.
- The proportion of deliveries taking place at a health facility was almost twice as high in Province 3 as in Province 6 ( $71 \%$ versus $36 \%$ ) (Figure 9.4).
- High levels of disparity persist according to mother's educational status; $85 \%$ of births to women with at least an SLC were delivered in a health facility, compared with only $36 \%$ of births to women with no education.
- Births to women in the highest wealth quintile were more likely $(90 \%)$ to occur at a health facility than births to women in the lowest quintile (34\%) (Figure 9.5).


## Reasons for Not Delivering in a Health Facility

Women who did not deliver their most recent birth at a health facility were asked why. Table 9.8 shows that the most commonly reported reason was that it was not necessary to deliver in a health facility (56\%), followed by the birth taking place before reaching the facility ( $18 \%$ ) and the facility being too far away or not having transportation (17\%). Notably, $80 \%$ of mothers in Province 2 said they felt that it was not necessary to deliver in a health facility. In Province 7, 38\% of mothers said the birth took place before reaching the facility.

### 9.4.2 Skilled Assistance during Delivery

Figure 9.3 Trends in place of birth
Percentage of live births in the 5 years before the survey


Figure 9.4 Institutional deliveries by province
Percentage of live births in the 5 years before the survey that were delivered in a health facility


Figure 9.5 Institutional deliveries by household wealth

Percentage of live births in the 5 years before the survey that were delivered in a health facility


## Skilled assistance during delivery

Births delivered with the assistance of doctors, nurses, or midwives.
Sample: All live births in the 5 years before the survey

Assistance from a skilled birth attendant during delivery is considered a key factor in reducing maternal and neonatal mortality. In Nepal, 58\% of deliveries are conducted by a skilled provider (Table 9.9). Figure 9.6 shows that a plurality of births are attended by doctors ( $31 \%$ ), followed by nurses or auxiliary nurse midwives (27\%).

Trends: The proportion of births assisted by skilled birth attendants increased from $36 \%$ in 2011 to $58 \%$ in 2016. In 2011, nurses and nurse midwives assisted slightly more births than doctors; however, in 2016, doctors were the major provider during delivery. There was a decline in the proportion of deliveries attended by traditional birth attendants in 2016 (5\%) compared with 2011 (11\%).

## Patterns by background characteristics

- A higher proportion of births to women below age 20 ( $64 \%$ ) than births to women age 35-49 ( $42 \%$ ) were delivered by skilled providers.
- Only $27 \%$ of sixth- and higher-order births were delivered by a skilled provider, as compared with $76 \%$ of first births.
- Births to women who had four or more ANC visits were three times more likely to be attended by a skilled provider than births to women who had no ANC visits ( $72 \%$ and $23 \%$, respectively).
- Province 6 lags behind the other provinces, with only $35 \%$ of births assisted by skilled providers. Notably, a higher proportion of births were attended by traditional birth attendants in Province 2 ( $15 \%$ ) than in the other provinces ( $3 \%$ or below).
- The proportion of births attended by skilled providers increases with increasing mother's educational attainment, from 38\% among mothers with no education to $85 \%$ among mothers with an SLC or above (Figure 9.7).
- Wealth quintile is another important factor associated with skilled delivery assistance, with a remarkable gap between women in the lowest quintile (34\%) and those in the highest quintile (89\%).


### 9.4.3 Delivery by Cesarean

Access to cesarean sections can reduce maternal and neonatal mortality and complications of labor. WHO advises that cesarean sections be done only when medically necessary and does not recommend a target rate for countries to achieve at the population level.

Of the total number of births in the 5 years preceding the survey, $9 \%$ were delivered by cesarean section (Table 9.10). For 5\% of total births, the decision to deliver by C-section was made before the onset of labor pains.

Trends: The proportion of births delivered by cesarean section has almost doubled in the past 5 years, from 5\% in 2011 to $9 \%$ in 2016.

## Patterns by background characteristics

- The cesarean section delivery rate is considerably higher for births in private facilities (35\%) than in public facilities (12\%).
- C-section deliveries are twice as prevalent in urban areas (12\%) as in rural areas (6\%).
- C-section deliveries account for only $2 \%$ of births in Province 6, as compared with $17 \%$ each in Province 3 and Province 4.
- Twenty percent of births to women with an SLC or above are delivered by C-section, compared with only $5 \%$ of births to women with no education.
- Births to women in the highest wealth quintile are far more likely to be delivered by C-section (28\%) than births to women in the lowest quintile (2\%).


### 9.4.4 Care and Support during Delivery

National and global evidence suggests that postpartum hemorrhage is one of the leading causes of maternal mortality. In Nepal, the Ministry of Health has initiated the use of prophylactic oxytocin immediately after birth under the Active Management of Third Stage Labor intervention program (Ojha and Malla 2007).

Table 9.11 shows that, among all births assisted by a health professional in the 2 years preceding the survey, $53 \%$ of mothers received an injection or medicine through an intravenous drip during labor. This proportion was higher among births in Province $2(70 \%$ ) than births in other provinces. Likewise, $51 \%$ of mothers whose births were assisted by a health professional received an oxytocin injection after the delivery, a 12-percentage-point decline from 2011. Only $42 \%$ of mothers in Province 1 received oxytocin, as compared with $60 \%$ of mothers in Province 5.

## Support during Delivery

In 2009, a national free delivery policy known as the Aama program was launched in Nepal to address the financial barriers women face in accessing health facilities for delivery (Witter et al. 2011). Moreover, a cash incentive scheme, the Safe Delivery Incentive Scheme, was initiated in 2005. It provides cash payments to women who deliver in government and selected private health facilities and incentive payments for health workers who undertake deliveries.

Table 9.12 shows that among women with a live birth in the 2 years preceding the survey who delivered their most recent birth in a health facility, $76 \%$ received a cash incentive for transportation to the facility. In Province 2 only $66 \%$ of women received the transportation incentive, whereas in Province 7 the proportion was much higher ( $96 \%$ ). The fact that the Aama program has been implemented only in selected private health facilities has an impact on differences by background characteristics, which are not considered in this analysis.

## Postpartum Hemorrhage Prevention

Matri Surakshya Chakki is a misoprostol tablet that is distributed to women to prevent postpartum hemorrhage if delivery in a health facility is not planned and the birth is not assisted by a health professional. Three misoprostol tablets ( 600 mcg ) are given to pregnant women to take immediately after delivery and before the placenta is expelled (MOH 2015b).

The survey results show that $14 \%$ of women with a live birth in the 2 years preceding the survey that was not assisted by a health professional received the tablets and $13 \%$ took them (Table 9.13). However, at the time of data collection, only 42 out of 75 districts had implemented the Matri Surakshya Chakki program, and this discrepancy was not considered in the analysis presented here.

## Birth Preparedness

The Ministry of Health has implemented a birth preparedness package that outlines actions mothers and household members should take to prepare for the birth. The major aim of this package is to reduce delays in accessing delivery care services. The guidelines recommend that families save money for emergencies, arrange transportation beforehand based on local conditions, identify persons who can and are eligible to donate blood if required, identify and contact health facilities and health workers who can provide services, and have a clean delivery kit available (USAID 2010).

Six out of 10 women ( $62 \%$ ) had saved money for their most recent birth in the 5 years before the survey, and $15 \%$ had arranged for transport. Sixteen percent of women reported that they had not made any of the preparations mentioned in the package (Table 9.14). There was an increase in saving money in preparation for delivery between 2011 and 2016, from $36 \%$ to $62 \%$.

## Time Taken to Reach the Health Facility

Among women whose most recent live birth in the 2 years before the survey was delivered in a health facility, $29 \%$ reached the health facility within 30 minutes and $45 \%$ reached the facility in 30 to 60 minutes. Nationally, only about one-quarter of women traveled more than 1 hour to reach the facility; however, in the mountain zone, 4 out of 10 women ( $42 \%$ ) had to travel more than an hour (Table 9.15).

### 9.5 Postnatal Care

### 9.5.1 Postnatal Health Check for Mothers

The postnatal period is important for mothers, as evidence has shown that they are more likely to develop life-threatening complications such as postpartum hemorrhage during this period. Postnatal visits from health personnel can help to prevent or treat most of these conditions. In addition, this period is important for counseling mothers on how to care for themselves and their newborns. It is recommended that a woman receive at least three postnatal checkups, the first within 24 hours of delivery, the second on the third day following the delivery, and the third on the seventh day after delivery.

Table 9.16 shows that $57 \%$ of women reported having received a postnatal check in the first 2 days after the birth, with most checkups occurring within 4 hours of delivery. Forty-two percent of women did not receive any postnatal check.

Trends: The proportion of women with a postnatal check within 2 days after delivery increased from $45 \%$ in 2011 to $57 \%$ in 2016.

## Patterns by background characteristics

- Eighty-one percent of women who delivered in a health facility received a postnatal check within 2 days after the delivery (Figure 9.8).
- Sixty-four percent of urban women received a postnatal checkup within 2 days after delivery, as compared with $48 \%$ of rural women.
- Only $39 \%$ of women residing in Province 6 received postnatal care, compared with $68 \%$ of women in Province 4.
- Women in the highest wealth quintile were more than twice as likely $(81 \%)$ to receive postnatal care within 2 days of delivery as women in the lowest quintile (37\%).


## Type of Provider

Figure 9.8 Postnatal care by place of delivery

Percentage of last births in the 2 years before the survey for which women and newborns received a postnatal check during the first 2 days after birth - Health facility ■Elsewhere - Total


Postnatal care from a skilled provider is important to diagnose problems or complications during the postpartum period and recommend appropriate treatment or referral. More than half $(53 \%)$ of women who gave birth in the 2 years before the survey received their first postnatal care from a doctor, nurse, or auxiliary nurse midwife. In the mountain zone, $6 \%$ of women received their first postnatal care from a female community health volunteer, as compared with less than $1 \%$ of women in the hill and terai zones (Table 9.17).

## Place of First Postnatal Check

Among women who gave birth in the 2 years preceding the survey, $39 \%$ reported that their first postnatal check was provided in a government-sector facility and $10 \%$ reported receiving care from the private sector (Table 9.18).

### 9.5.2 Postnatal Health Check for Newborns

Proper care for newborns is essential to reduce neonatal problems and death. According to the World Health Organization, postnatal care services for newborns should start as soon as possible after birth because many neonatal deaths occur within the first 48 hours of life (WHO 2015b). To identify, manage, and prevent complications, the government of Nepal recommends at least three postnatal checkups for newborns within 7 days of delivery, which is considered a critical time period for neonates and mothers.

Fifty-seven percent of newborns received a postnatal check within the first 2 days after birth. One in five newborns ( $21 \%$ ) had a postnatal check within the first hour of life (Table 9.19).

## Patterns by background characteristics

- Early postnatal care decreases as birth order increases; 70\% of first births received a postnatal check during the first 2 days after birth, as compared with only $28 \%$ of births of order six and higher.
- Seventy-five percent of babies born to women with an SLC or higher received postnatal care within first 2 days after birth, compared with only $42 \%$ of babies born to women with no education.
- Babies born to women in the lowest wealth quintile were much less likely $(42 \%)$ to receive postnatal care within 2 days of birth than babies born to women in the highest quintile $(74 \%)$.


## Type of Provider

Fifty-one percent of newborns received their first postnatal check from a doctor, nurse, or auxiliary nurse midwife. The proportion of newborns with a postnatal check by a doctor, nurse, or auxiliary nurse midwife was higher among first births (65\%), those whose mothers had an SLC or higher (71\%), and those born to mothers in the highest wealth quintile (72\%) (Table 9.20).

## Place of First Postnatal Checkup

Forty-one percent of infants born in the 2 years preceding the survey received their first postnatal care from the government sector, while $10 \%$ received care from the private sector (Table 9.21).

### 9.5.3 Newborn Care Practices

## Components of Newborn Care

Table 9.22 shows the types of functions often performed for newborns. Forty-four percent of infants born in the 2 years preceding the survey had their umbilical cord examined, and $43 \%$ had their temperature measured. Only $34 \%$ of mothers received counseling on newborn danger signs, although approximately half were counseled on breastfeeding and observed while breastfeeding. Fifty-eight percent of newborns had at least two signal functions performed (Table 9.22).

In addition to these functions, there are a number of other important newborn care practices that are recommended to prevent hypothermia. As Table $\mathbf{9 . 2 3}$ shows, $63 \%$ of newborns were put immediately after birth on the bare skin of the mother's chest or belly. Nearly 9 out of 10 newborns were dried ( $87 \%$ ) or wrapped in cloth $(88 \%)$ before the placenta was delivered. Seventy percent of newborns were not bathed until 24 hours or longer after the birth.

## Cord Care

Umbilical cord infection is a contributory cause of neonatal morbidity and mortality. Cord infection is of particular concern for births delivered at home. Table $\mathbf{9 . 2 4}$ shows that in $18 \%$ of non-institutional deliveries, instruments from a safe delivery kit were used to cut the umbilical cord, a 4-percentage-point increase from 2011. In 70\% of non-institutional births, a new or boiled blade was used to cut the umbilical cord.

Table 9.25 details the substances applied on the stump after the umbilical cord has been cut. Among all live-born infants in the 2 years preceding the survey, $63 \%$ had something placed on the stump after cutting of the umbilical cord. Chlorhexidine was applied on $39 \%$ of newborns, and ointments and powders were applied on $17 \% ; 37 \%$ had nothing applied on the stump. The highest proportion of newborns reported as having chlorhexidine applied was in Province 7 (61\%), while the lowest proportion was in Province 2 ( $24 \%$ ). The indicator related to chlorhexidine must be interpreted carefully, as only 58 districts had implemented its use at both the health facility and community levels by mid-2016.

Among births with chlorhexidine applied on the stump of the umbilical cord, mothers were asked about the timing of application. More than two-thirds ( $69 \%$ ) of newborns had chlorhexidine applied within an hour of the cord being cut, and more than 8 in 10 had chlorhexidine applied within 2 hours (Table 9.26).

### 9.6 ABORTION


#### Abstract

Abortion All women were asked several questions specific to abortion, including: - their knowledge about legalization of abortion and the legal conditions for abortion - their knowledge about places that provide safe abortions

Women who had had an abortion in the 5 years preceding the survey were asked: - the reason for the abortion - the type of abortion procedure - the type of place where the abortion took place - the type of provider

Sample: All women age 15-49 and women who had had an abortion in the 5 years before the survey


Nepal made abortion legal in September 2002. The government began providing comprehensive abortion care services in March 2004 (GoN, DoHS, FHD, WHO, and CHREPA 2006). The abortion law allows women to terminate their pregnancy under the following conditions: pregnancies of 12 weeks' gestation or less for any woman according to her own decision, pregnancies of 18 weeks' gestation if the pregnancy is a result of rape or incest, and pregnancies of any duration with the recommendation of an authorized medical practitioner if the life of the mother is at risk, if her physical or mental health is at risk, or if the fetus is deformed. However, the law prohibits abortions done without the consent of the woman, sexselective abortions, and abortions performed outside the legally permissible criteria.

### 9.6.1 Knowledge that Abortion Is Legal

Overall, two in five ( $41 \%$ ) women age 15-49 were aware that abortion is legal in Nepal (Table 9.27). Those living in urban areas ( $43 \%$ ) were more likely to be aware that abortion is legal than those living in rural areas ( $36 \%$ ). Awareness of the legality of abortion increases with increasing education. Also, those in the highest wealth quintile ( $50 \%$ ) were more likely to be aware than those in the lowest quintile ( $30 \%$ ), and those residing in Province $1(46 \%)$ had a higher level of awareness than those residing in the other provinces (Table 9.27).

Women who thought that abortion is legal were further asked about the circumstances allowing legal abortion. Women were most likely to be aware that abortion is legal for pregnancies up to 18 weeks' gestation in the case of rape or incest ( $29 \%$ ) and pregnancies up to 12 weeks' gestation for any woman $(23 \%)$. Women were least aware of the circumstances related to legal abortion at later stages of pregnancy. Despite the fact that the law prohibits abortion for sex selection, $3 \%$ of women reported that abortions can be performed if the fetus is a daughter.

## Knowledge about Places that Provide Safe Abortions

With the legalization of abortion, service providers in Nepal have been trained to conduct safe abortions. Table 9.28 shows that $48 \%$ of women age 15-49 report knowing a place where a safe abortion can be obtained. Knowledge of a source for a safe abortion is higher among urban, educated, and wealthy women than among their counterparts. Knowledge of a safe abortion place is slightly higher in the terai zone than in the hill or mountain zone and higher in Province 6 than in the other provinces. Women who report knowing places for safe abortion are more likely to mention the government sector ( $79 \%$ ) than the private sector ( $46 \%$ ) or the non-government sector ( $18 \%$ ).

## Source of Information on Safe Abortion Services

Table 9.29 shows the sources of information from which women reported hearing about safe abortion services. Overall, friends or neighbors were the most likely source of information (67\%).

Those in the highest wealth quintile were more likely than other respondents to have heard about safe abortion services through television ( $30 \%$ ) and health providers/pharmacists $(21 \%)$. Women in the terai zone were less likely to have heard about safe abortion on the radio than those in the mountain and hill zones. Similarly, those with no education were less likely than those at higher levels of education to have heard about safe abortion services on the radio.

### 9.6.2 Pregnancy Outcomes

A pregnancy that does not end in a live birth is a stillbirth, a miscarriage, or an abortion. Table 9.30 shows the percent distribution of all pregnancies that ended during the 5 years preceding the survey by type of outcome. The majority of pregnancies ( $81 \%$ ) resulted in a live birth. Less than one-tenth ( $9 \%$ ) of pregnancies were aborted, and a similar proportion resulted in miscarriages; a very small proportion ended in stillbirths (1\%).

Abortions account for a higher proportion of pregnancy outcomes among women age 35-49 (27\%) and among fifth- or higher-order births ( $21 \%$ ). The percentage of pregnancies ending in abortion is higher in urban than in rural areas ( $11 \%$ and $7 \%$, respectively). Province 4 ( $15 \%$ ) has the highest proportion of pregnancies ending in abortion, while Province 2 has the lowest ( $5 \%$ ). The proportion of pregnancies ending in abortion increases with increasing household wealth, from $7 \%$ among pregnancies in the poorest households to $16 \%$ among those in the wealthiest households.

The proportion of pregnancies ending in miscarriage (14\%) and stillbirth (3\%) was higher among women age 35-49 than among younger women.

### 9.6.3 Abortion Status among Women

Women who had an abortion in the 5 years preceding the survey were asked the main reason for having their most recent abortion. Half of the women reported that they did not want more children, while $12 \%$ said that they wanted to delay childbearing (Table 9.31). Ten percent of women said that their health was the reason, $9 \%$ wanted to space their births, and $7 \%$ reported that the sex of the child was undesired.

## Type of Abortion Procedure

Women who had an abortion were asked what procedure was used to terminate their pregnancy. Table 9.32 shows that $72 \%$ of women used medicines to terminate the pregnancy (medical abortion), followed by manual vacuum aspiration (17\%) and dilation and evacuation/dilation and curettage (7\%).

Rural residents and women with no education ( $76 \%$ each) were more likely to report use of medical abortion than their counterparts.

## Type of Provider

A large majority of women who had an abortion in the 5 years preceding the survey went to a doctor, nurse, or auxiliary nurse midwife (71\%) for their most recent abortion (Table 9.33). Nineteen percent received services from a pharmacist or medical shop, while $5 \%$ received services from a health assistant or other health workers.

More educated women and women in the higher wealth quintiles were more likely than other women to have received services from a doctor, nurse, or auxiliary nurse midwife for their most recent abortion. Women from rural areas ( $23 \%$ ) were more likely to visit pharmacists or medical shops than their urban
counterparts (17\%). The likelihood of visiting a pharmacist or medical shop increases with increasing parity and decreases with increasing wealth. One-fourth of women (25\%) aborting a fifth- or higher-order pregnancy visited a pharmacist or medical shop.

## Place of Abortion

Women who had an abortion in the 5 years before the survey were also asked about the place of their last abortion. Half of women ( $51 \%$ ) reported that they received services from an authorized abortion facility. Less than one-third (31\%) of women said they went to a government health facility, while $27 \%$ went to a private health facility. Over one-fourth ( $27 \%$ ) of women had their abortion at home (Table 9.34).

Women living in urban areas (53\%), those with an SLC or higher (64\%), and those in the highest wealth quintile ( $61 \%$ ) were more likely to visit authorized abortion sites than their counterparts (Table 9.34).

### 9.7 Problems in Accessing Health Care

## Problems in accessing health care

Women were asked whether each of the following factors is a big problem in seeking medical advice or treatment for themselves when they are sick:

- getting permission to go to the doctor
- getting money for advice or treatment
- distance to a health facility
- not wanting to go alone

Sample: Women age 15-49

More than 8 in 10 women reported at least one problem in accessing health care for themselves (Table 9.35). More than two-thirds of women reported not wanting to go alone ( $68 \%$ ) and no female health service provider ( $67 \%$ ) as problems in accessing health care. More than half of women reported that getting money for treatment and distance to a health facility were problems in accessing care.

## Pattern by background characteristics

- Women from rural areas ( $89 \%$ ) were more likely to report at least one problem in accessing health care than women in urban areas ( $80 \%$ ).
- Women with no education were more likely (90\%) than women with an SLC or higher (69\%) to report at least one problem in accessing health care.
- Similarly, women in the lowest wealth quintile (94\%) were far more likely to report at least one problem in accessing care than women in the highest quintile ( $67 \%$ ).

For more information on maternal and newborn health care, see the following tables:

- Table 9.1 Antenatal care
- Table 9.2 Number of antenatal care visits and timing of first visit
- Table 9.3 Antenatal care as recommended
- Table 9.4 Components of antenatal care
- Table 9.5 Counseling during antenatal care visits
- Table 9.6 Tetanus toxoid injections
- Table 9.7 Place of delivery
- Table 9.8 Reasons for not delivering in a health facility
- Table 9.9 Assistance during delivery
- Table 9.10 Cesarean section
- Table 9.11 Care during delivery
- Table 9.12 Support during delivery
- Table 9.13 Matri Surakshya Chakki
- Table 9.14 Birth preparedness
- Table 9.15 Time taken to reach health facility
- Table 9.16 Timing of first postnatal check for the mother
- Table 9.17 Type of provider of first postnatal check for the mother
- Table 9.18 Place of first postnatal checkup for the mother
- Table 9.19 Timing of first postnatal check for the newborn
- Table 9.20 Type of provider of first postnatal check for the newborn
- Table 9.21 Place of first postnatal checkup for the newborn
- Table 9.22 Content of postnatal care for newborns
- Table 9.23 Newborn care practices
- Table 9.24 Use of clean home delivery kits and other instruments to cut the umbilical cord
- Table 9.25 Umbilical cord care
- Table 9.26 Timing of application of Navi Malam (chlorhexidine)
- Table 9.27 Knowledge that abortion is legal in Nepal
- Table 9.28 Knowledge about places that provide safe abortions
- Table 9.29 Source of information on safe abortion
- Table 9.30 Pregnancy outcomes
- Table 9.31 Main reason for the most recent abortion in the past 5 years
- Table 9.32 Procedure adopted for abortion
- Table 9.33 Type of provider for abortion
- Table 9.34 Place where abortion took place
- Table 9.35 Problems in accessing health care

Table 9.1 Antenatal care
Percent distribution of women age 15-49 who had a live birth in the 5 years preceding the survey by antenatal care (ANC) provider during the pregnancy for the most recent birth and the percentage receiving antenatal care from a skilled provider for the most recent birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Antenatal care provider |  |  |  |  |  |  |  | Percentage receiving antenatal care from a skilled provider ${ }^{1}$ | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor | Nurse/ auxiliary nurse midwife | Health assistant/ AHW | MCH worker | Female community health volunteer | Other | No ANC | Total |  |  |
| Age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 43.7 | 43.1 | 8.1 | 0.8 | 0.4 | 0.2 | 3.6 | 100.0 | 86.8 | 792 |
| 20-34 | 43.8 | 40.1 | 8.7 | 0.7 | 1.0 | 0.2 | 5.6 | 100.0 | 83.8 | 3,028 |
| 35-49 | 27.3 | 39.4 | 7.5 | 2.0 | 2.2 | 0.4 | 21.2 | 100.0 | 66.7 | 178 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 52.4 | 37.2 | 6.6 | 0.8 | 0.7 | 0.3 | 2.0 | 100.0 | 89.6 | 1,505 |
| 2-3 | 41.6 | 42.5 | 8.6 | 0.7 | 0.8 | 0.1 | 5.7 | 100.0 | 84.1 | 1,828 |
| 4-5 | 28.0 | 43.9 | 11.6 | 0.7 | 1.3 | 0.1 | 14.4 | 100.0 | 71.9 | 483 |
| 6+ | 19.3 | 41.4 | 16.8 | 2.0 | 1.9 | 0.7 | 17.9 | 100.0 | 60.7 | 182 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 50.7 | 36.2 | 6.8 | 0.5 | 1.0 | 0.2 | 4.5 | 100.0 | 87.0 | 2,223 |
| Rural | 33.4 | 46.1 | 10.8 | 1.1 | 0.8 | 0.2 | 7.6 | 100.0 | 79.5 | 1,775 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 24.0 | 54.6 | 7.4 | 2.1 | 1.4 | 0.5 | 10.1 | 100.0 | 78.6 | 269 |
| Hill | 40.5 | 44.5 | 5.5 | 0.9 | 1.2 | 0.2 | 7.2 | 100.0 | 85.0 | 1,608 |
| Terai | 47.3 | 35.9 | 11.0 | 0.5 | 0.6 | 0.2 | 4.4 | 100.0 | 83.3 | 2,120 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 45.2 | 37.0 | 12.2 | 1.3 | 0.4 | 0.3 | 3.7 | 100.0 | 82.2 | 925 |
| Central | 51.4 | 32.0 | 7.9 | 0.4 | 1.5 | 0.0 | 6.7 | 100.0 | 83.5 | 1,415 |
| Western | 45.9 | 41.2 | 6.7 | 0.3 | 0.2 | 0.3 | 5.4 | 100.0 | 87.1 | 753 |
| Mid-western | 25.4 | 52.2 | 10.1 | 1.4 | 1.1 | 0.4 | 9.3 | 100.0 | 77.7 | 559 |
| Far-western | 24.9 | 65.6 | 3.2 | 0.7 | 1.0 | 0.2 | 4.4 | 100.0 | 90.5 | 346 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 41.9 | 40.8 | 10.4 | 1.7 | 0.3 | 0.4 | 4.5 | 100.0 | 82.7 | 686 |
| Province 2 | 49.8 | 31.8 | 12.1 | 0.0 | 0.7 | 0.0 | 5.6 | 100.0 | 81.6 | 963 |
| Province 3 | 54.8 | 30.3 | 5.3 | 0.9 | 2.4 | 0.0 | 6.4 | 100.0 | 85.1 | 691 |
| Province 4 | 43.4 | 43.8 | 5.2 | 0.7 | 0.4 | 0.2 | 6.3 | 100.0 | 87.3 | 337 |
| Province 5 | 41.1 | 43.6 | 9.2 | 0.7 | 0.3 | 0.3 | 4.7 | 100.0 | 84.7 | 720 |
| Province 6 | 17.9 | 55.1 | 9.1 | 1.2 | 1.5 | 0.5 | 14.7 | 100.0 | 73.0 | 255 |
| Province 7 | 24.9 | 65.6 | 3.2 | 0.7 | 1.0 | 0.2 | 4.4 | 100.0 | 90.5 | 346 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 30.9 | 42.4 | 12.5 | 1.0 | 1.1 | 0.3 | 11.8 | 100.0 | 73.3 | 1,257 |
| Primary | 32.5 | 50.0 | 9.0 | 1.3 | 0.4 | 0.0 | 6.8 | 100.0 | 82.5 | 777 |
| Some secondary | 43.7 | 43.5 | 8.4 | 0.6 | 1.0 | 0.3 | 2.5 | 100.0 | 87.2 | 1,010 |
| SLC and above | 66.8 | 27.7 | 3.2 | 0.3 | 0.9 | 0.1 | 1.0 | 100.0 | 94.5 | 955 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 16.3 | 57.5 | 9.8 | 1.6 | 1.1 | 0.3 | 13.4 | 100.0 | 73.8 | 822 |
| Second | 31.5 | 48.6 | 10.5 | 1.1 | 1.2 | 0.3 | 6.9 | 100.0 | 80.0 | 839 |
| Middle | 44.0 | 39.4 | 12.2 | 0.5 | 0.5 | 0.2 | 3.2 | 100.0 | 83.4 | 863 |
| Fourth | 55.2 | 33.0 | 6.5 | 0.5 | 1.3 | 0.1 | 3.5 | 100.0 | 88.2 | 830 |
| Highest | 75.3 | 20.2 | 2.3 | 0.0 | 0.2 | 0.0 | 2.0 | 100.0 | 95.5 | 643 |
| Total | 43.0 | 40.6 | 8.6 | 0.8 | 0.9 | 0.2 | 5.9 | 100.0 | 83.6 | 3,998 |

Note: If more than one source of ANC was mentioned, only the provider with the highest qualifications is considered in this tabulation.
${ }^{1}$ Skilled provider includes doctor, nurse, and auxiliary nurse midwife.
AHW = Auxiliary health worker
MCHW = Maternal and child health worker
FCHV = Female community health volunteer

Table 9.2 Number of antenatal care visits and timing of first visit
Percent distribution of women age 15-49 who had a live birth in the 5 years preceding the survey by number of antenatal care (ANC) visits for the most recent live birth and by the timing of the first visit, and among women with ANC, median months pregnant at first visit, according to residence, Nepal DHS 2016

| Number of ANC visits and timing of first visit | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Number of ANC visits |  |  |  |
| None | 4.5 | 7.6 | 5.9 |
| 1 | 2.2 | 5.2 | 3.6 |
| 2-3 | 17.8 | 25.4 | 21.2 |
| 4+ | 75.5 | 61.7 | 69.4 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of months pregnant at time of first ANC visit |  |  |  |
| No antenatal care | 4.5 | 7.6 | 5.9 |
| <4 | 70.5 | 58.4 | 65.1 |
| 4-5 | 20.6 | 27.1 | 23.5 |
| 6-7 | 3.9 | 5.2 | 4.5 |
| $8+$ | 0.5 | 1.6 | 1.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 2,223 | 1,775 | 3,998 |
| Median months pregnant at first visit (for those with ANC) | 3.5 | 3.7 | 3.6 |
| Number of women with ANC | 2,122 | 1,639 | 3,762 |

Table 9.3 Antenatal care as recommended
Among women age 15-49 with a live birth in the 5 years preceding the survey who received antenatal care (ANC) for the most recent live birth, percentages receiving antenatal care during the recommended months of pregnancy, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of women who received ANC: |  |  |  | Number of women with ANC for their most recent birth |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | In the 4th month | In the 4th and 6th months | In the 4th, 6th, and 8th months | During all specified months ${ }^{1}$ |  |
| Age at birth |  |  |  |  |  |
| <20 | 73.8 | 69.6 | 63.3 | 55.8 | 764 |
| 20-34 | 77.3 | 72.2 | 67.1 | 60.1 | 2,857 |
| 35-49 | 70.2 | 63.6 | 53.6 | 49.4 | 140 |
| Birth order |  |  |  |  |  |
| 1 | 81.8 | 78.7 | 74.0 | 67.7 | 1,476 |
| 2-3 | 76.3 | 71.2 | 65.1 | 58.0 | 1,723 |
| 4-5 | 62.9 | 52.9 | 47.6 | 39.6 | 413 |
| $6+$ | 60.2 | 50.7 | 43.2 | 33.1 | 149 |
| Residence |  |  |  |  |  |
| Urban | 80.1 | 75.7 | 70.8 | 64.8 | 2,122 |
| Rural | 71.4 | 65.7 | 59.3 | 51.0 | 1,639 |
| Ecological zone |  |  |  |  |  |
| Mountain | 76.4 | 73.3 | 67.7 | 58.9 | 242 |
| Hill | 82.2 | 78.3 | 73.6 | 68.3 | 1,493 |
| Terai | 72.0 | 66.0 | 59.8 | 51.8 | 2,027 |
| Development region |  |  |  |  |  |
| Eastern | 77.4 | 72.6 | 66.2 | 58.7 | 890 |
| Central | 69.8 | 63.9 | 57.9 | 51.0 | 1,321 |
| Western | 80.5 | 75.4 | 70.4 | 63.0 | 713 |
| Mid-western | 79.2 | 75.5 | 70.9 | 64.2 | 507 |
| Far-western | 86.5 | 82.8 | 78.5 | 73.0 | 331 |
| Province |  |  |  |  |  |
| Province 1 | 79.0 | 75.5 | 69.2 | 62.6 | 655 |
| Province 2 | 60.5 | 51.8 | 44.9 | 36.1 | 909 |
| Province 3 | 83.9 | 81.0 | 76.2 | 70.7 | 647 |
| Province 4 | 83.2 | 78.7 | 74.3 | 66.5 | 316 |
| Province 5 | 82.6 | 78.2 | 73.3 | 67.3 | 686 |
| Province 6 | 66.8 | 61.8 | 56.6 | 47.3 | 218 |
| Province 7 | 86.5 | 82.8 | 78.5 | 73.0 | 331 |
| Education |  |  |  |  |  |
| No education | 63.4 | 56.0 | 49.7 | 41.5 | 1,108 |
| Primary | 73.2 | 67.8 | 60.3 | 53.0 | 724 |
| Some secondary | 81.8 | 77.8 | 71.9 | 64.6 | 984 |
| SLC and above | 88.3 | 85.4 | 82.6 | 77.5 | 945 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 73.1 | 66.9 | 60.5 | 52.1 | 712 |
| Second | 71.8 | 66.4 | 60.7 | 53.5 | 782 |
| Middle | 70.7 | 65.6 | 58.8 | 51.7 | 836 |
| Fourth | 79.3 | 73.6 | 68.1 | 61.2 | 802 |
| Highest | 89.4 | 87.4 | 84.4 | 79.2 | 631 |
| Total | 76.3 | 71.3 | 65.8 | 58.8 | 3,762 |

${ }^{1}$ Received ANC at $4,6,8$, and 9 months

Table 9.4 Components of antenatal care
Among women age 15-49 with a live birth in the 5 years preceding the survey, percentages who took iron tablets or syrup and drugs for intestinal parasites during the pregnancy of the most recent live birth, and among women receiving antenatal care (ANC) for the most recent live birth in the 5 years preceding the survey, percentage receiving specific antenatal services, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among women with a live birth in the past 5 years, the percentage who during the pregnancy of their most recent live birth: |  |  | Among women who received antenatal care for their most recent birth in the past 5 years, the percentage with selected services |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Took iron tablets or syrup | Took intestinal parasite drugs | Number of women with a live birth in the past 5 years | Blood pressure measured | Urine sample taken | Blood sample taken | Number of women with ANC for their most recent birth |
| Age at birth |  |  |  |  |  |  |  |
| <20 | 93.9 | 72.4 | 792 | 92.8 | 79.8 | 69.1 | 764 |
| 20-34 | 91.4 | 69.4 | 3,028 | 91.3 | 75.5 | 66.4 | 2,857 |
| 35-49 | 69.5 | 51.4 | 178 | 83.1 | 67.8 | 49.1 | 140 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 96.0 | 70.1 | 1,505 | 94.8 | 84.4 | 76.5 | 1,476 |
| 2-3 | 91.9 | 71.5 | 1,828 | 92.0 | 75.4 | 65.3 | 1,723 |
| 4-5 | 78.5 | 62.3 | 483 | 83.0 | 59.3 | 44.7 | 413 |
| 6+ | 71.1 | 57.3 | 182 | 71.4 | 48.7 | 37.0 | 149 |
| Residence |  |  |  |  |  |  |  |
| Urban | 92.9 | 67.9 | 2,223 | 93.4 | 81.3 | 73.4 | 2,122 |
| Rural | 88.3 | 70.9 | 1,775 | 88.5 | 69.3 | 57.1 | 1,639 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 88.1 | 81.3 | 269 | 81.4 | 63.7 | 45.7 | 242 |
| Hill | 92.6 | 68.0 | 1,608 | 93.9 | 78.9 | 67.0 | 1,493 |
| Terai | 90.0 | 68.6 | 2,120 | 90.5 | 75.5 | 68.3 | 2,027 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 93.4 | 73.8 | 925 | 92.5 | 76.5 | 64.7 | 890 |
| Central | 89.0 | 55.8 | 1,415 | 91.2 | 77.7 | 69.0 | 1,321 |
| Western | 90.7 | 72.0 | 753 | 95.6 | 79.3 | 70.9 | 713 |
| Mid-western | 90.1 | 81.0 | 559 | 88.0 | 72.1 | 54.2 | 507 |
| Far-western | 93.7 | 87.0 | 346 | 84.2 | 67.6 | 68.1 | 331 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 92.8 | 74.3 | 686 | 94.7 | 79.9 | 67.2 | 655 |
| Province 2 | 86.7 | 61.0 | 963 | 87.6 | 71.7 | 65.1 | 909 |
| Province 3 | 94.2 | 54.2 | 691 | 94.4 | 82.3 | 70.6 | 647 |
| Province 4 | 91.9 | 75.6 | 337 | 96.2 | 83.6 | 72.8 | 316 |
| Province 5 | 91.7 | 73.9 | 720 | 93.9 | 76.5 | 67.0 | 686 |
| Province 6 | 85.1 | 81.5 | 255 | 82.4 | 65.4 | 41.5 | 218 |
| Province 7 | 93.7 | 87.0 | 346 | 84.2 | 67.6 | 68.1 | 331 |
| Education |  |  |  |  |  |  |  |
| No education | 82.6 | 63.0 | 1,257 | 83.8 | 62.5 | 52.4 | 1,108 |
| Primary | 88.6 | 67.2 | 777 | 91.5 | 73.3 | 57.6 | 724 |
| Some secondary | 96.3 | 74.1 | 1,010 | 93.2 | 81.5 | 71.0 | 984 |
| SLC and above | 97.9 | 73.8 | 955 | 97.8 | 88.5 | 84.4 | 945 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 84.7 | 72.4 | 822 | 84.8 | 61.6 | 42.8 | 712 |
| Second | 91.0 | 73.3 | 839 | 89.1 | 73.3 | 59.1 | 782 |
| Middle | 91.6 | 71.7 | 863 | 89.7 | 72.8 | 65.9 | 836 |
| Fourth | 91.1 | 69.8 | 830 | 94.4 | 83.6 | 77.0 | 802 |
| Highest | 97.4 | 55.7 | 643 | 99.4 | 90.8 | 88.7 | 631 |
| Total | 90.9 | 69.2 | 3,998 | 91.3 | 76.1 | 66.3 | 3,762 |

Table 9.5 Counseling during antenatal care visits
Among women age 15-49 with a live birth in the 5 years preceding the survey who received antenatal care (ANC) for the most recent live birth, percentage receiving counseling about five specific issues during antenatal care visits, according to background characteristics, Nepal DHS 2016

| Background characteristic | Using a skilled birth attendant during delivery | Having an institutional delivery | Looking out for danger signs during pregnancy | Knowing where to go if danger signs are seen during pregnancy | Knowing the importance of getting a postnatal check after delivery | Received counseling on all five issues | Number of women with ANC for their most recent birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age at birth |  |  |  |  |  |  |  |
| <20 | 72.8 | 80.8 | 79.1 | 78.1 | 54.4 | 45.4 | 764 |
| 20-34 | 75.0 | 80.7 | 78.9 | 79.7 | 60.5 | 49.7 | 2,857 |
| 35-49 | 71.7 | 77.9 | 70.0 | 74.3 | 55.3 | 44.4 | 140 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 77.1 | 82.8 | 83.5 | 82.6 | 63.1 | 52.5 | 1,476 |
| 2-3 | 74.8 | 81.5 | 78.1 | 79.2 | 58.7 | 48.4 | 1,723 |
| 4-5 | 66.5 | 70.7 | 68.9 | 70.9 | 50.1 | 39.0 | 413 |
| $6+$ | 65.7 | 75.6 | 62.5 | 68.3 | 48.6 | 39.9 | 149 |
| Residence |  |  |  |  |  |  |  |
| Urban | 77.1 | 83.5 | 82.0 | 82.7 | 62.3 | 51.2 | 2,122 |
| Rural | 71.0 | 76.8 | 74.1 | 74.6 | 55.0 | 45.3 | 1,639 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 81.4 | 82.4 | 77.7 | 76.7 | 63.5 | 53.5 | 242 |
| Hill | 82.1 | 86.7 | 86.3 | 84.9 | 68.7 | 57.8 | 1,493 |
| Terai | 68.0 | 75.9 | 73.0 | 75.2 | 51.5 | 41.3 | 2,027 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 69.0 | 77.2 | 75.6 | 74.6 | 48.5 | 38.3 | 890 |
| Central | 68.3 | 73.6 | 72.9 | 74.3 | 55.5 | 45.0 | 1,321 |
| Western | 79.0 | 84.4 | 84.3 | 83.5 | 63.3 | 52.6 | 713 |
| Mid-western | 83.8 | 91.5 | 85.8 | 88.4 | 71.9 | 60.7 | 507 |
| Far-western | 89.7 | 93.1 | 86.0 | 87.5 | 73.6 | 63.6 | 331 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 72.2 | 79.0 | 78.0 | 76.8 | 53.7 | 41.5 | 655 |
| Province 2 | 56.2 | 64.2 | 61.2 | 64.1 | 38.6 | 29.6 | 909 |
| Province 3 | 82.0 | 86.1 | 87.8 | 86.5 | 71.4 | 61.0 | 647 |
| Province 4 | 82.8 | 86.4 | 86.9 | 85.8 | 65.7 | 54.3 | 316 |
| Province 5 | 79.2 | 86.5 | 83.4 | 85.3 | 65.3 | 54.2 | 686 |
| Province 6 | 84.2 | 91.5 | 86.7 | 86.2 | 73.3 | 64.3 | 218 |
| Province 7 | 89.7 | 93.1 | 86.0 | 87.5 | 73.6 | 63.6 | 331 |
| Education |  |  |  |  |  |  |  |
| No education | 64.8 | 72.9 | 67.4 | 68.0 | 47.2 | 36.5 | 1,108 |
| Primary | 74.4 | 81.2 | 75.0 | 76.1 | 58.1 | 46.8 | 724 |
| Some secondary | 78.1 | 83.4 | 83.9 | 84.1 | 62.7 | 53.3 | 984 |
| SLC and above | 82.0 | 86.3 | 88.9 | 89.4 | 70.1 | 59.4 | 945 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 77.6 | 81.5 | 78.1 | 77.0 | 59.4 | 48.7 | 712 |
| Second | 71.6 | 79.7 | 77.1 | 76.4 | 52.8 | 42.0 | 782 |
| Middle | 70.8 | 77.1 | 72.1 | 74.2 | 54.4 | 44.1 | 836 |
| Fourth | 72.0 | 79.5 | 80.2 | 80.5 | 59.1 | 50.1 | 802 |
| Highest | 82.4 | 86.8 | 87.6 | 89.8 | 72.7 | 61.0 | 631 |
| Total | 74.4 | 80.6 | 78.6 | 79.2 | 59.1 | 48.6 | 3,762 |

Table 9.6 Tetanus toxoid injections
Among mothers age 15-49 with a live birth in the 5 years preceding the survey, percentage receiving two or more tetanus toxoid injections during the pregnancy for the most recent live birth and percentage whose most recent live birth was protected against neonatal tetanus, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage receiving two or more injections during last pregnancy | Percentage whose most recent live birth was protected against neonatal tetanus ${ }^{1}$ | Number of mothers |
| :---: | :---: | :---: | :---: |
| Age at birth |  |  |  |
| <20 | 78.5 | 88.2 | 792 |
| 20-34 | 63.3 | 89.9 | 3,028 |
| 35-49 | 51.0 | 70.3 | 178 |
| Birth order |  |  |  |
| 1 | 84.8 | 89.5 | 1,505 |
| 2-3 | 55.0 | 90.6 | 1,828 |
| 4-5 | 53.1 | 84.6 | 483 |
| $6+$ | 50.1 | 73.8 | 182 |
| Residence |  |  |  |
| Urban | 67.6 | 89.3 | 2,223 |
| Rural | 63.4 | 87.9 | 1,775 |
| Ecological zone |  |  |  |
| Mountain | 62.3 | 85.4 | 269 |
| Hill | 68.8 | 85.4 | 1,608 |
| Terai | 63.9 | 91.6 | 2,120 |
| Development region |  |  |  |
| Eastern | 64.9 | 90.9 | 925 |
| Central | 67.8 | 89.2 | 1,415 |
| Western | 67.1 | 90.3 | 753 |
| Mid-western | 65.4 | 82.1 | 559 |
| Far-western | 57.0 | 87.8 | 346 |
| Province |  |  |  |
| Province 1 | 67.5 | 90.0 | 686 |
| Province 2 | 61.9 | 92.9 | 963 |
| Province 3 | 72.4 | 85.6 | 691 |
| Province 4 | 69.8 | 88.0 | 337 |
| Province 5 | 66.8 | 88.6 | 720 |
| Province 6 | 60.7 | 80.1 | 255 |
| Province 7 | 57.0 | 87.8 | 346 |
| Education |  |  |  |
| No education | 56.3 | 84.0 | 1,257 |
| Primary | 61.6 | 86.3 | 777 |
| Some secondary | 69.1 | 90.4 | 1,010 |
| SLC and above | 77.9 | 94.9 | 955 |
| Wealth quintile |  |  |  |
| Lowest | 59.4 | 78.3 | 822 |
| Second | 64.2 | 87.6 | 839 |
| Middle | 67.3 | 93.1 | 863 |
| Fourth | 67.2 | 91.9 | 830 |
| Highest | 71.8 | 93.3 | 643 |
| Total | 65.7 | 88.7 | 3,998 |

${ }^{1}$ Includes mothers with two injections during the pregnancy of their last birth, or two or more injections (the last within 3 years of the last live birth), or three or more injections (the last within 5 years of the last birth), or four or more injections (the last within 10 years of the last live birth), or five or more injections at any time prior to the last birth

Table 9.7 Place of delivery
Percent distribution of live births in the 5 years preceding the survey by place of delivery and percentage delivered in a health facility, according to background characteristics, Nepal DHS 2016

| Background characteristic | Health facility |  |  |  | Home | Other | Total | Percentage delivered in a health facility | $\begin{gathered} \text { Number of } \\ \text { births } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Government } \\ \text { sector } \end{gathered}$ | Private sector | Nongovernment sector | Outside Nepal |  |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 48.5 | 9.1 | 1.1 | 5.1 | 34.9 | 1.4 | 100.0 | 63.7 | 1,117 |
| 20-34 | 42.5 | 10.4 | 0.5 | 2.9 | 42.5 | 1.1 | 100.0 | 56.3 | 3,746 |
| 35-49 | 24.9 | 13.7 | 0.2 | 2.3 | 57.1 | 1.7 | 100.0 | 41.2 | 197 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 57.0 | 13.8 | 1.0 | 4.1 | 23.3 | 0.8 | 100.0 | 75.9 | 2,002 |
| 2-3 | 38.6 | 8.7 | 0.5 | 3.1 | 47.8 | 1.3 | 100.0 | 50.9 | 2,241 |
| 4-5 | 24.6 | 5.2 | 0.3 | 1.9 | 66.0 | 1.9 | 100.0 | 32.1 | 598 |
| $6+$ | 13.7 | 6.3 | 0.0 | 3.2 | 74.5 | 2.3 | 100.0 | 23.2 | 219 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |  |  |  |  |  |
| None | 13.1 | 3.5 | 0.4 | 1.8 | 76.8 | 4.3 | 100.0 | 18.9 | 236 |
| 1-3 | 24.8 | 7.3 | 0.6 | 5.1 | 61.1 | 1.0 | 100.0 | 37.8 | 988 |
| 4+ | 55.8 | 13.2 | 0.8 | 2.5 | 26.5 | 1.2 | 100.0 | 72.3 | 2,773 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 53.2 | 12.0 | 0.5 | 2.9 | 30.5 | 0.9 | 100.0 | 68.6 | 2,730 |
| Rural | 31.4 | 8.1 | 0.8 | 3.9 | 54.3 | 1.6 | 100.0 | 44.2 | 2,330 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 38.8 | 1.7 | 0.0 | 1.3 | 57.0 | 1.3 | 100.0 | 41.7 | 361 |
| Hill | 49.8 | 9.5 | 0.4 | 1.3 | 37.4 | 1.6 | 100.0 | 61.0 | 1,911 |
| Terai | 39.2 | 11.8 | 0.9 | 5.1 | 42.2 | 1.0 | 100.0 | 56.9 | 2,789 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 40.8 | 15.3 | 1.8 | 3.5 | 37.4 | 1.2 | 100.0 | 61.4 | 1,143 |
| Central | 39.3 | 9.9 | 0.2 | 4.1 | 45.7 | 0.9 | 100.0 | 53.5 | 1,855 |
| Western | 44.6 | 13.0 | 0.8 | 3.3 | 37.2 | 1.1 | 100.0 | 61.7 | 923 |
| Mid-western | 45.0 | 4.1 | 0.0 | 0.7 | 48.2 | 2.0 | 100.0 | 49.7 | 702 |
| Far-western | 59.8 | 2.1 | 0.0 | 4.5 | 31.9 | 1.7 | 100.0 | 66.4 | 437 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 40.7 | 15.6 | 2.5 | 3.4 | 36.5 | 1.3 | 100.0 | 62.2 | 819 |
| Province 2 | 29.6 | 8.8 | 0.2 | 5.9 | 54.5 | 0.9 | 100.0 | 44.6 | 1,367 |
| Province 3 | 56.2 | 13.6 | 0.0 | 0.9 | 28.5 | 0.8 | 100.0 | 70.7 | 813 |
| Province 4 | 57.3 | 10.4 | 0.2 | 0.3 | 30.3 | 1.4 | 100.0 | 68.3 | 388 |
| Province 5 | 44.1 | 11.1 | 0.8 | 3.4 | 39.1 | 1.5 | 100.0 | 59.4 | 899 |
| Province 6 | 32.1 | 2.3 | 0.1 | 1.1 | 62.8 | 1.5 | 100.0 | 35.6 | 338 |
| Province 7 | 59.8 | 2.1 | 0.0 | 4.5 | 31.9 | 1.7 | 100.0 | 66.4 | 437 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 26.9 | 5.3 | 0.4 | 3.8 | 62.3 | 1.3 | 100.0 | 36.4 | 1,733 |
| Primary | 37.9 | 6.7 | 0.6 | 4.0 | 48.4 | 2.4 | 100.0 | 49.2 | 1,019 |
| Some secondary | 52.5 | 12.8 | 0.8 | 3.0 | 30.1 | 0.8 | 100.0 | 69.1 | 1,226 |
| SLC and above | 63.5 | 18.4 | 0.9 | 2.6 | 14.2 | 0.4 | 100.0 | 85.4 | 1,082 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 30.7 | 1.5 | 0.1 | 1.6 | 63.7 | 2.3 | 100.0 | 33.9 | 1,082 |
| Second | 38.8 | 4.9 | 0.8 | 2.2 | 51.7 | 1.7 | 100.0 | 46.6 | 1,072 |
| Middle | 40.1 | 11.8 | 1.2 | 4.6 | 41.6 | 0.8 | 100.0 | 57.6 | 1,121 |
| Fourth | 48.8 | 15.0 | 0.8 | 4.9 | 29.7 | 0.8 | 100.0 | 69.5 | 1,036 |
| Highest | 64.2 | 21.5 | 0.2 | 3.8 | 10.4 | 0.0 | 100.0 | 89.6 | 748 |
| Total | 43.1 | 10.2 | 0.6 | 3.4 | 41.4 | 1.2 | 100.0 | 57.4 | 5,060 |

${ }^{1}$ Includes only the most recent birth in the 5 years preceding the survey

Table 9.8 Reasons for not delivering in a health facility
Among most recent live births in the 5 years preceding the survey, percentage whose mothers cite specific reasons for not delivering in a health facility, according to background characteristics, Nepal DHS 2016

| Background characteristic | Cost too much | Facility not open | Too far/no transporta tion | Don't trust facility | No female provider | Husband/ family did not allow | Not necessary | Not customary | Child born before reaching facility | Other | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |  |
| <20 | 1.1 | 0.0 | 17.1 | 0.0 | 0.7 | 6.3 | 50.4 | 5.7 | 23.0 | 4.7 | 247 |
| 20-34 | 1.9 | 2.0 | 16.5 | 1.4 | 0.8 | 2.6 | 57.4 | 6.8 | 18.1 | 4.9 | 1,227 |
| 35-49 | 5.0 | 0.6 | 22.9 | 2.0 | 0.5 | 0.0 | 56.5 | 16.5 | 6.6 | 3.1 | 102 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 0.9 | 1.1 | 20.4 | 0.9 | 1.2 | 5.8 | 45.7 | 6.6 | 24.6 | 3.3 | 302 |
| 2-3 | 1.6 | 1.1 | 14.2 | 1.3 | 0.4 | 2.6 | 58.1 | 6.2 | 19.9 | 5.5 | 820 |
| 4-5 | 2.1 | 4.1 | 18.8 | 1.2 | 1.5 | 2.4 | 61.5 | 8.4 | 11.6 | 3.2 | 314 |
| $6+$ | 6.1 | 0.4 | 22.0 | 1.5 | 0.9 | 0.9 | 56.9 | 12.6 | 8.0 | 6.5 | 139 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |  |
| None | 1.6 | 4.7 | 22.1 | 1.9 | 0.0 | 7.2 | 48.0 | 19.2 | 9.4 | 7.9 | 142 |
| 1-3 | 2.1 | 1.2 | 18.8 | 1.2 | 0.4 | 2.4 | 60.1 | 8.5 | 14.6 | 2.6 | 374 |
| 4+ | 1.6 | 1.0 | 15.4 | 0.8 | 1.4 | 1.8 | 52.3 | 5.0 | 25.6 | 5.8 | 534 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 1.5 | 1.7 | 12.4 | 1.1 | 0.7 | 2.6 | 56.0 | 5.5 | 22.7 | 5.5 | 638 |
| Rural | 2.3 | 1.6 | 20.2 | 1.3 | 0.8 | 3.3 | 56.5 | 8.5 | 15.0 | 4.2 | 937 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 2.6 | 3.8 | 37.5 | 4.9 | 1.1 | 1.0 | 27.4 | 20.7 | 17.6 | 7.6 | 146 |
| Hill | 1.2 | 1.9 | 28.4 | 1.3 | 1.1 | 0.9 | 38.3 | 10.1 | 27.5 | 7.5 | 583 |
| Terai | 2.3 | 1.0 | 5.7 | 0.5 | 0.5 | 4.9 | 73.6 | 3.1 | 11.7 | 2.3 | 846 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 1.4 | 0.7 | 9.6 | 1.2 | 0.5 | 2.2 | 70.6 | 4.0 | 14.2 | 2.5 | 341 |
| Central | 3.1 | 1.3 | 13.5 | 0.6 | 0.7 | 4.4 | 63.0 | 5.7 | 13.6 | 3.9 | 604 |
| Western | 2.2 | 1.7 | 13.1 | 0.7 | 1.2 | 4.1 | 60.5 | 7.9 | 14.8 | 5.7 | 265 |
| Mid-western | 0.4 | 3.5 | 32.5 | 3.8 | 1.4 | 1.1 | 28.9 | 12.7 | 28.8 | 7.7 | 258 |
| Far-western | 0.6 | 1.4 | 32.8 | 0.0 | 0.0 | 0.4 | 28.3 | 12.4 | 38.4 | 7.2 | 108 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 1.9 | 1.0 | 13.8 | 1.6 | 0.7 | 1.1 | 61.2 | 5.7 | 19.1 | 3.5 | 239 |
| Province 2 | 2.8 | 0.4 | 4.9 | 0.5 | 0.4 | 5.4 | 80.3 | 2.0 | 6.8 | 1.8 | 519 |
| Province 3 | 2.3 | 3.1 | 30.0 | 0.5 | 1.1 | 1.7 | 31.5 | 12.9 | 26.5 | 7.5 | 188 |
| Province 4 | 2.4 | 2.1 | 26.2 | 1.9 | 0.7 | 0.0 | 47.7 | 15.9 | 18.7 | 4.2 | 104 |
| Province 5 | 1.3 | 2.0 | 11.8 | 0.0 | 1.3 | 4.9 | 53.3 | 2.1 | 21.7 | 8.1 | 267 |
| Province 6 | 0.7 | 3.9 | 39.5 | 6.4 | 1.6 | 0.4 | 28.3 | 20.8 | 23.8 | 5.8 | 152 |
| Province 7 | 0.6 | 1.4 | 32.8 | 0.0 | 0.0 | 0.4 | 28.3 | 12.4 | 38.4 | 7.2 | 108 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 2.6 | 1.6 | 15.3 | 1.6 | 0.8 | 3.1 | 62.0 | 8.2 | 11.3 | 4.4 | 773 |
| Primary | 2.0 | 1.7 | 20.3 | 1.1 | 0.6 | 3.9 | 51.6 | 5.7 | 21.6 | 6.1 | 381 |
| Some secondary | 0.6 | 1.6 | 16.8 | 0.5 | 0.8 | 2.7 | 50.5 | 7.0 | 26.6 | 2.8 | 292 |
| SLC and above | 0.8 | 1.7 | 18.1 | 0.6 | 1.2 | 0.5 | 48.8 | 7.4 | 29.4 | 7.0 | 129 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.2 | 2.2 | 31.3 | 2.3 | 0.6 | 0.8 | 41.2 | 15.2 | 19.5 | 6.4 | 521 |
| Second | 2.9 | 0.6 | 16.4 | 0.7 | 1.4 | 3.7 | 53.2 | 4.7 | 23.6 | 3.6 | 428 |
| Middle | 1.8 | 1.8 | 5.4 | 0.6 | 0.8 | 4.4 | 74.0 | 3.1 | 11.6 | 4.0 | 334 |
| Fourth | 0.6 | 1.7 | 5.5 | 0.3 | 0.0 | 5.1 | 69.7 | 2.3 | 14.5 | 2.7 | 239 |
| Highest | (0.0) | (2.1) | (7.1) | (2.4) | (1.5) | (1.8) | (57.5) | (0.0) | (17.2) | (10.4) | 53 |
| Total | 2.0 | 1.6 | 17.0 | 1.2 | 0.8 | 3.0 | 56.3 | 7.3 | 18.1 | 4.7 | 1,575 |

[^10]Table 9.9 Assistance during delivery
Percent distribution of live births in the 5 years preceding the survey by person providing assistance during delivery and percentage of births assisted by a skilled provider, according to background characteristics, Nepal DHS 2016

| Background characteristic | Person providing assistance during delivery |  |  |  |  |  |  |  |  | Percentage delivered by a skilled provider ${ }^{1}$ | Number ofbirths |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor | Nurse/ auxiliary nurse midwife | Health assistant/ auxiliary health worker | Maternal and child health worker | Female community health volunteer | Traditional birth attendant | $\begin{gathered} \text { Relative/ } \\ \text { other } \end{gathered}$ | No one | Total |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |  |
| <20 | 30.7 | 33.7 | 4.4 | 0.3 | 3.3 | 5.1 | 16.9 | 5.6 | 100.0 | 64.4 | 1,117 |
| 20-34 | 31.9 | 25.1 | 3.8 | 0.3 | 2.7 | 5.4 | 19.9 | 10.9 | 100.0 | 57.0 | 3,746 |
| 35-49 | 25.4 | 16.1 | 2.8 | 0.3 | 5.3 | 5.1 | 27.9 | 17.0 | 100.0 | 41.5 | 197 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 43.6 | 32.2 | 3.3 | 0.2 | 3.0 | 3.2 | 11.1 | 3.4 | 100.0 | 75.8 | 2,002 |
| 2-3 | 27.1 | 24.6 | 4.2 | 0.4 | 2.8 | 6.1 | 23.3 | 11.4 | 100.0 | 51.7 | 2,241 |
| 4-5 | 13.8 | 19.8 | 4.6 | 0.5 | 3.4 | 7.8 | 29.6 | 20.6 | 100.0 | 33.6 | 598 |
| $6+$ | 11.2 | 15.5 | 4.3 | 0.3 | 2.5 | 9.2 | 31.2 | 25.9 | 100.0 | 26.7 | 219 |
| Antenatal care visits ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |  |
| None | 12.4 | 10.6 | 5.2 | 0.3 | 1.2 | 4.2 | 37.6 | 28.5 | 100.0 | 23.0 | 236 |
| 1-3 | 18.9 | 20.5 | 5.9 | 0.4 | 3.4 | 8.9 | 25.7 | 16.3 | 100.0 | 39.4 | 988 |
| 4+ | 40.5 | 31.5 | 3.0 | 0.3 | 2.7 | 3.5 | 14.1 | 4.4 | 100.0 | 72.0 | 2,773 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |  |
| Health facility | 53.4 | 42.9 | 2.0 | 0.2 | 0.1 | 0.0 | 0.2 | 1.2 | 100.0 | 96.3 | 2,903 |
| Elsewhere | 1.7 | 4.8 | 6.5 | 0.5 | 6.7 | 12.4 | 45.6 | 21.8 | 100.0 | 6.5 | 2,157 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 40.4 | 27.2 | 2.8 | 0.2 | 2.2 | 4.4 | 15.8 | 6.9 | 100.0 | 67.7 | 2,730 |
| Rural | 20.7 | 26.0 | 5.2 | 0.4 | 3.8 | 6.3 | 24.0 | 13.6 | 100.0 | 46.8 | 2,330 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 14.7 | 28.6 | 2.7 | 1.0 | 7.3 | 1.7 | 32.6 | 11.4 | 100.0 | 43.3 | 361 |
| Hill | 35.6 | 25.2 | 2.0 | 0.4 | 4.0 | 0.9 | 25.0 | 6.7 | 100.0 | 60.9 | 1,911 |
| Terai | 30.6 | 27.4 | 5.3 | 0.1 | 1.6 | 8.8 | 14.1 | 12.0 | 100.0 | 58.0 | 2,789 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 35.1 | 27.3 | 3.0 | 0.2 | 3.6 | 4.6 | 24.6 | 1.5 | 100.0 | 62.4 | 1,143 |
| Central | 33.7 | 22.1 | 6.7 | 0.0 | 1.5 | 9.5 | 16.2 | 10.3 | 100.0 | 55.8 | 1,855 |
| Western | 36.3 | 23.9 | 1.8 | 0.2 | 2.6 | 0.7 | 15.6 | 18.9 | 100.0 | 60.3 | 923 |
| Mid-western | 21.0 | 28.0 | 2.3 | 1.4 | 6.0 | 2.7 | 25.4 | 13.1 | 100.0 | 49.0 | 702 |
| Far-western | 17.6 | 48.4 | 1.3 | 0.3 | 2.6 | 3.2 | 19.6 | 7.0 | 100.0 | 66.0 | 437 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 36.1 | 27.0 | 3.4 | 0.3 | 4.8 | 2.0 | 24.5 | 2.0 | 100.0 | 63.1 | 819 |
| Province 2 | 22.9 | 25.7 | 8.7 | 0.0 | 0.7 | 15.2 | 15.1 | 11.6 | 100.0 | 48.6 | 1,367 |
| Province 3 | 51.5 | 18.3 | 1.5 | 0.0 | 2.6 | 0.6 | 21.6 | 3.9 | 100.0 | 69.9 | 813 |
| Province 4 | 44.5 | 25.4 | 0.7 | 0.2 | 1.9 | 0.4 | 21.6 | 5.2 | 100.0 | 69.9 | 388 |
| Province 5 | 29.6 | 27.0 | 2.0 | 0.6 | 3.6 | 2.4 | 11.0 | 23.8 | 100.0 | 56.6 | 899 |
| Province 6 | 13.0 | 22.4 | 3.5 | 1.7 | 7.7 | 0.7 | 41.4 | 9.6 | 100.0 | 35.3 | 338 |
| Province 7 | 17.6 | 48.4 | 1.3 | 0.3 | 2.6 | 3.2 | 19.6 | 7.0 | 100.0 | 66.0 | 437 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 16.3 | 21.4 | 4.9 | 0.3 | 2.5 | 10.7 | 26.0 | 17.9 | 100.0 | 37.6 | 1,733 |
| Primary | 21.6 | 28.6 | 5.5 | 0.6 | 3.7 | 4.6 | 23.0 | 12.3 | 100.0 | 50.2 | 1,019 |
| Some secondary | 39.3 | 30.4 | 2.6 | 0.1 | 3.5 | 2.5 | 17.6 | 4.0 | 100.0 | 69.7 | 1,226 |
| SLC and above | 55.8 | 29.2 | 2.2 | 0.3 | 2.1 | 0.5 | 8.2 | 1.8 | 100.0 | 84.9 | 1,082 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 9.6 | 24.3 | 2.8 | 0.7 | 6.4 | 1.9 | 39.6 | 14.7 | 100.0 | 33.9 | 1,082 |
| Second | 20.2 | 27.8 | 4.9 | 0.4 | 3.9 | 8.0 | 25.0 | 9.8 | 100.0 | 48.0 | 1,072 |
| Middle | 28.4 | 30.9 | 5.9 | 0.0 | 1.8 | 8.7 | 14.1 | 10.2 | 100.0 | 59.4 | 1,121 |
| Fourth | 42.9 | 27.1 | 3.6 | 0.3 | 1.5 | 4.9 | 10.3 | 9.3 | 100.0 | 70.0 | 1,036 |
| Highest | 67.1 | 21.6 | 1.4 | 0.0 | 0.1 | 1.9 | 3.9 | 3.9 | 100.0 | 88.7 | 748 |
| Total | 31.4 | 26.7 | 3.9 | 0.3 | 2.9 | 5.3 | 19.6 | 10.0 | 100.0 | 58.0 | 5,060 |

Note: If the respondent mentioned more than one person attending during delivery, only the most qualified person is considered in this tabulation.
${ }^{1}$ Skilled provider includes doctor, nurse, and auxiliary nurse midwife.
${ }^{2}$ Includes only the most recent birth in the 5 years preceding the survey

Table 9.10 Cesarean section
Percentage of live births in the 5 years preceding the survey delivered by cesarean section (C-section), percentage delivered by C -section planned before the onset of labor pains, and percentage delivered by C-section decided on after the onset of labor pains, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage delivered by Csection | Timing of decision to conduct Csection |  | Number of births |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Before onset of labor pains | After onset of labor pains |  |
| Mother's age at birth |  |  |  |  |
| <20 | 6.9 | 2.5 | 4.4 | 1,117 |
| 20-34 | 9.8 | 5.8 | 4.0 | 3,746 |
| 35-49 | 6.0 | 3.0 | 3.0 | 197 |
| Birth order |  |  |  |  |
| 1 | 13.4 | 6.3 | 7.1 | 2,002 |
| 2-3 | 7.7 | 5.2 | 2.5 | 2,241 |
| 4-5 | 2.1 | 0.7 | 1.4 | 598 |
| 6+ | 1.3 | 0.9 | 0.4 | 219 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |
| None | 4.1 | 3.5 | 0.6 | 236 |
| 1-3 | 4.4 | 2.7 | 1.6 | 988 |
| 4+ | 12.8 | 7.1 | 5.7 | 2,773 |
| Place of delivery ${ }^{2}$ |  |  |  |  |
| Health facility | 15.7 | 8.6 | 7.1 | 2,903 |
| Public facility | 12.1 | 6.8 | 5.3 | 2,183 |
| Private facility | 35.3 | 18.2 | 17.1 | 516 |
| Non-government facility | (25.8) | (16.6) | (9.3) | 32 |
| Outside Nepal | 0.8 | 0.8 | 0.0 | 171 |
| Residence |  |  |  |  |
| Urban | 11.7 | 6.6 | 5.1 | 2,730 |
| Rural | 5.9 | 3.0 | 2.9 | 2,330 |
| Ecological zone |  |  |  |  |
| Mountain | 2.6 | 1.6 | 1.0 | 361 |
| Hill | 11.2 | 6.9 | 4.3 | 1,911 |
| Terai | 8.4 | 4.0 | 4.3 | 2,789 |
| Development region |  |  |  |  |
| Eastern | 11.4 | 5.5 | 5.9 | 1,143 |
| Central | 9.9 | 5.6 | 4.3 | 1,855 |
| Western | 12.0 | 7.4 | 4.6 | 923 |
| Mid-western | 2.7 | 1.1 | 1.5 | 702 |
| Far-western | 3.1 | 1.8 | 1.3 | 437 |
| Province |  |  |  |  |
| Province 1 | 12.7 | 6.5 | 6.2 | 819 |
| Province 2 | 5.0 | 1.8 | 3.3 | 1,367 |
| Province 3 | 17.4 | 10.8 | 6.5 | 813 |
| Province 4 | 16.7 | 11.2 | 5.5 | 388 |
| Province 5 | 6.4 | 3.3 | 3.1 | 899 |
| Province 6 | 2.2 | 0.9 | 1.3 | 338 |
| Province 7 | 3.1 | 1.8 | 1.3 | 437 |
| Mother's education |  |  |  |  |
| No education | 4.5 | 2.4 | 2.1 | 1,733 |
| Primary | 5.6 | 2.7 | 2.9 | 1,019 |
| Some secondary | 9.0 | 4.9 | 4.0 | 1,226 |
| SLC and above | 19.5 | 11.2 | 8.3 | 1,082 |
| Wealth quintile |  |  |  |  |
| Lowest | 2.4 | 1.1 | 1.3 | 1,082 |
| Second | 4.2 | 2.3 | 1.9 | 1,072 |
| Middle | 6.8 | 3.2 | 3.7 | 1,121 |
| Fourth | 9.4 | 3.6 | 5.7 | 1,036 |
| Highest | 28.2 | 18.7 | 9.6 | 748 |
| Total | 9.0 | 4.9 | 4.1 | 5,060 |

[^11]Table 9.11 Care during delivery
Among live births in the 2 years preceding the survey that were assisted at delivery by a health professional, percentage whose mothers received an injection or medicine through an intravenous (IV) drip during labor, and of those, percentage whose mothers were told why the injection or IV drip was given; and among live births in the 2 years preceding the survey that were assisted at delivery by a health professional, percentage whose mothers received an injection of oxytocin immediately after delivery, and among those, percentage whose mothers were told why the injection was given, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who received an injection or medicine by IV drip during labor | Number of births | Among those receiving injection or IV drip |  |  |  | Percentage who received an injection of oxytocin after delivery | Number of births | Among those receiving oxytocin |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage told it was to induce labor | Percentage told it was to prevent infection | Percentage told nothing | Number of births |  |  | Percentage told why it was given | Number of births |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 54.5 | 326 | 66.9 | 0.3 | 26.6 | 178 | 50.1 | 326 | 36.2 | 163 |
| 20-34 | 51.7 | 941 | 72.9 | 1.5 | 20.7 | 486 | 51.3 | 941 | 36.8 | 483 |
| 35-49 | (59.7) | 41 | * | * | * | 25 | (58.1) | 41 | * | 24 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 55.2 | 663 | 68.6 | 0.4 | 25.1 | 366 | 47.1 | 663 | 33.9 | 312 |
| 2-3 | 48.4 | 524 | 72.7 | 2.3 | 20.5 | 253 | 56.7 | 524 | 36.5 | 297 |
| 4-5 | 58.9 | 97 | 78.8 | 1.1 | 13.2 | 57 | 50.9 | 97 | 45.6 | 50 |
| 6+ | (48.2) | 25 | * | * | * | 12 | (46.8) | 25 | * | 12 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |
| None | * | 22 | * | * | * | 8 | * | 22 | * | 9 |
| 1-3 | 51.8 | 221 | 74.4 | 1.6 | 18.9 | 115 | 50.5 | 221 | 38.8 | 112 |
| 4+ | 52.7 | 1,033 | 69.9 | 1.0 | 23.2 | 545 | 51.6 | 1,033 | 36.0 | 534 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |
| Health facility | 52.3 | 1,253 | 70.4 | 1.0 | 22.9 | 655 | 51.7 | 1,253 | 34.7 | 648 |
| Elsewhere | 60.4 | 56 | (79.3) | (5.6) | (12.3) | 34 | 40.3 | 56 | * | 23 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 52.5 | 787 | 71.1 | 1.1 | 21.4 | 413 | 51.4 | 787 | 34.4 | 405 |
| Rural | 52.8 | 522 | 70.5 | 1.3 | 24.0 | 276 | 50.9 | 522 | 38.6 | 266 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 27.2 | 60 | * ${ }^{*}$ | * | ${ }^{*}$ | 16 | 42.9 | 60 | (42.3) | 26 |
| Hill | 47.3 | 521 | 71.2 | 1.3 | 21.9 | 247 | 51.3 | 521 | 36.1 | 267 |
| Terai | 58.5 | 727 | 70.9 | 1.0 | 22.4 | 426 | 51.9 | 727 | 35.6 | 377 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 54.4 | 315 | 72.6 | 0.9 | 22.1 | 172 | 45.7 | 315 | 41.3 | 144 |
| Central | 63.9 | 456 | 74.1 | 1.5 | 17.9 | 291 | 49.8 | 456 | 37.9 | 227 |
| Western | 48.0 | 267 | 73.0 | 1.3 | 22.4 | 128 | 58.3 | 267 | 33.7 | 156 |
| Mid-western | 42.3 | 143 | 62.4 | 0.0 | 30.3 | 61 | 54.7 | 143 | 30.8 | 78 |
| Far-western | 29.3 | 127 | 43.7 | 1.7 | 46.2 | 37 | 51.1 | 127 | 30.5 | 65 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 50.1 | 229 | 67.4 | 1.4 | 28.2 | 115 | 41.6 | 229 | 38.5 | 95 |
| Province 2 | 70.2 | 314 | 74.2 | 1.3 | 18.6 | 221 | 49.6 | 314 | 43.2 | 156 |
| Province 3 | 55.8 | 227 | 78.0 | 1.2 | 13.2 | 127 | 52.7 | 227 | 34.6 | 120 |
| Province 4 | 39.9 | 128 | 69.3 | 3.2 | 25.6 | 51 | 52.2 | 128 | 31.9 | 67 |
| Province 5 | 52.0 | 232 | 71.1 | 0.0 | 23.1 | 121 | 59.5 | 232 | 33.7 | 138 |
| Province 6 | 34.0 | 51 | (60.3) | (0.0) | (35.8) | 17 | 57.5 | 51 | 29.9 | 29 |
| Province 7 | 29.3 | 127 | 43.7 | 1.7 | 46.2 | 37 | 51.1 | 127 | 30.5 | 65 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | 55.2 | 280 | 73.8 | 0.4 | 20.9 | 154 | 50.2 | 280 | 36.0 | 141 |
| Primary | 49.6 | 222 | 73.1 | 2.5 | 17.8 | 110 | 55.2 | 222 | 30.4 | 122 |
| Some secondary | 48.4 | 409 | 66.0 | 1.1 | 28.1 | 198 | 49.5 | 409 | 41.0 | 202 |
| SLC and above | 56.8 | 399 | 72.0 | 1.1 | 20.7 | 226 | 51.4 | 399 | 34.6 | 205 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 39.5 | 174 | 53.6 | 4.7 | 35.1 | 69 | 49.0 | 174 | 24.7 | 85 |
| Second | 46.5 | 245 | 75.8 | 0.6 | 20.1 | 114 | 49.0 | 245 | 41.8 | 120 |
| Middle | 54.1 | 315 | 62.3 | 0.7 | 29.9 | 170 | 49.9 | 315 | 34.9 | 157 |
| Fourth | 59.6 | 314 | 78.8 | 0.8 | 17.3 | 187 | 51.0 | 314 | 32.6 | 160 |
| Highest | 57.0 | 261 | 74.9 | 1.1 | 16.3 | 149 | 56.7 | 261 | 43.0 | 148 |
| Total | 52.6 | 1,309 | 70.9 | 1.2 | 22.4 | 689 | 51.2 | 1,309 | 36.1 | 670 |

[^12]Table 9.12 Support during delivery
Among women with a live birth in the 2 years preceding the survey who delivered their most recent birth in a health facility, the percentage who received a cash incentive for transportation and the percentage who paid cash at the health facility, according to background characteristics, Nepal DHS 2016

|  | Percentage who received cash incentive for transportation | Percentage who paid cash at health facility | Number of women |
| :---: | :---: | :---: | :---: |
| Age at birth |  |  |  |
| <20 | 79.5 | 37.0 | 299 |
| 20-34 | 75.5 | 39.4 | 863 |
| 35-49 | (63.3) | (50.6) | 36 |
| Birth order |  |  |  |
| 1 | 75.9 | 41.9 | 612 |
| 2-3 | 76.4 | 36.6 | 477 |
| 4-5 | 78.1 | 35.1 | 91 |
| $6+$ | * | , | 18 |
| Antenatal care visits |  |  |  |
| None | * | * | 18 |
| 1-3 | 69.1 | 43.9 | 176 |
| 4+ | 77.1 | 38.7 | 1,003 |
| Residence |  |  |  |
| Urban | 75.3 | 38.4 | 749 |
| Rural | 77.5 | 40.4 | 449 |
| Ecological zone |  |  |  |
| Mountain | 86.0 | 13.6 | 59 |
| Hill | 78.3 | 31.9 | 507 |
| Terai | 73.5 | 47.3 | 631 |
| Development region |  |  |  |
| Eastern | 72.8 | 53.3 | 287 |
| Central | 67.0 | 52.4 | 388 |
| Western | 78.4 | 34.6 | 253 |
| Mid-western | 86.0 | 12.9 | 146 |
| Far-western | 96.3 | 5.3 | 124 |
| Province |  |  |  |
| Province 1 | 72.2 | 55.1 | 213 |
| Province 2 | 65.9 | 54.6 | 237 |
| Province 3 | 70.7 | 48.6 | 225 |
| Province 4 | 83.0 | 25.8 | 121 |
| Province 5 | 80.0 | 30.7 | 227 |
| Province 6 | 82.0 | 10.8 | 52 |
| Province 7 | 96.3 | 5.3 | 124 |
| Education |  |  |  |
| No education | 79.1 | 41.1 | 239 |
| Primary | 81.2 | 31.1 | 195 |
| Some secondary | 77.1 | 39.7 | 375 |
| SLC and above | 70.9 | 41.5 | 388 |
| Wealth quintile |  |  |  |
| Lowest | 89.6 | 13.6 | 170 |
| Second | 83.7 | 26.0 | 221 |
| Middle | 74.0 | 44.4 | 272 |
| Fourth | 76.3 | 49.8 | 287 |
| Highest | 62.3 | 50.4 | 247 |
| Total | 76.1 | 39.2 | 1,197 |

Note: Table excludes children born in health facilities outside Nepal. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 9.13 Matri Surakshya Chakki
Among women with a live birth in the 2 years preceding the survey who were not assisted by a health professional, the percentage who received Matri Surakshya Chakki to prevent postpartum bleeding after delivery, and the percentage who took it, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who received Matri Surakshya Chakki | Percentage who took Matri Surakshya Chakki | Number of births |
| :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |
| <20 | 16.6 | 15.6 | 136 |
| 20-34 | 13.0 | 12.3 | 541 |
| 35-49 | (15.4) | (15.4) | 37 |
| Birth order |  |  |  |
| 1 | 20.9 | 19.8 | 171 |
| 2-3 | 12.4 | 12.2 | 354 |
| 4-5 | 12.5 | 10.9 | 135 |
| $6+$ | 3.5 | 3.5 | 54 |
| Antenatal care visits ${ }^{1}$ |  |  |  |
| None | 4.9 | 3.9 | 50 |
| 1-3 | 11.0 | 10.2 | 283 |
| 4+ | 16.7 | 16.1 | 368 |
| Place of delivery |  |  |  |
| Health facility | 33.5 | 33.5 | 47 |
| Elsewhere | 12.4 | 11.7 | 667 |
| Residence |  |  |  |
| Urban | 13.3 | 13.1 | 297 |
| Rural | 14.1 | 13.2 | 418 |
| Ecological zone |  |  |  |
| Mountain | 14.5 | 14.5 | 79 |
| Hill | 18.4 | 17.4 | 252 |
| Terai | 10.6 | 10.0 | 383 |
| Development region |  |  |  |
| Eastern | 19.5 | 17.3 | 155 |
| Central | 6.7 | 6.7 | 262 |
| Western | 13.5 | 12.9 | 131 |
| Mid-western | 20.8 | 20.4 | 122 |
| Far-western | 17.3 | 17.3 | 44 |
| Province |  |  |  |
| Province 1 | 22.4 | 19.5 | 115 |
| Province 2 | 7.9 | 7.9 | 211 |
| Province 3 | 5.8 | 5.8 | 91 |
| Province 4 | 14.8 | 13.1 | 41 |
| Province 5 | 14.3 | 14.3 | 138 |
| Province 6 | 23.2 | 22.5 | 73 |
| Province 7 | 17.3 | 17.3 | 44 |
| Education |  |  |  |
| No education | 9.0 | 8.3 | 305 |
| Primary | 13.6 | 12.6 | 178 |
| Some secondary | 21.1 | 20.7 | 158 |
| SLC and above | 18.3 | 18.3 | 73 |
| Wealth quintile |  |  |  |
| Lowest | 14.9 | 14.4 | 250 |
| Second | 14.5 | 13.0 | 182 |
| Middle | 9.3 | 9.3 | 152 |
| Fourth | 16.7 | 16.2 | 103 |
| Highest | * | * | 28 |
| Total | 13.8 | 13.1 | 715 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes only the most recent birth in the 2 years preceding the survey

Table 9.14 Birth preparedness
Among women with a live birth in the 5 years preceding the survey, percentage who made specific preparations before delivery of the most recent birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Saved money | Arranged for transport | Identified potential blood donor | Contacted health worker | Bought safe delivery kit | Arranged food | Arranged clothes | Other | No preparation | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 60.7 | 12.3 | 0.7 | 1.3 | 2.7 | 52.8 | 61.3 | 0.0 | 16.1 | 792 |
| 20-34 | 63.0 | 15.8 | 2.4 | 1.6 | 5.1 | 54.4 | 61.9 | 0.5 | 16.0 | 3,028 |
| 35-49 | 53.5 | 6.3 | 1.9 | 3.8 | 3.2 | 56.2 | 49.6 | 0.0 | 19.6 | 178 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 69.2 | 20.7 | 3.0 | 1.8 | 3.8 | 57.5 | 67.9 | 0.2 | 12.3 | 1,505 |
| 2-3 | 62.5 | 12.9 | 1.9 | 1.7 | 4.3 | 54.8 | 60.6 | 0.5 | 15.0 | 1,828 |
| 4-5 | 45.9 | 6.8 | 0.2 | 0.5 | 7.4 | 45.8 | 49.1 | 0.0 | 26.7 | 483 |
| 6+ | 42.7 | 3.1 | 0.0 | 2.6 | 4.6 | 41.9 | 44.5 | 0.7 | 31.0 | 182 |
| Antenatal care visits |  |  |  |  |  |  |  |  |  |  |
| None | 32.6 | 1.9 | 0.4 | 0.0 | 3.3 | 44.8 | 43.4 | 0.0 | 32.4 | 236 |
| 1-3 | 47.4 | 5.1 | 0.3 | 1.4 | 3.8 | 43.1 | 48.2 | 0.1 | 27.1 | 988 |
| 4+ | 69.9 | 19.1 | 2.8 | 1.9 | 4.9 | 58.9 | 67.4 | 0.5 | 10.9 | 2,773 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |
| Health facility | 70.2 | 21.1 | 3.3 | 1.6 | 3.1 | 55.7 | 66.7 | 0.5 | 12.2 | 2,423 |
| Elsewhere | 49.7 | 4.7 | 0.0 | 1.8 | 6.7 | 51.8 | 52.7 | 0.1 | 22.3 | 1,575 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 66.3 | 17.2 | 2.9 | 1.7 | 5.2 | 53.9 | 62.9 | 0.5 | 13.5 | 2,223 |
| Rural | 56.8 | 11.4 | 0.9 | 1.6 | 3.7 | 54.5 | 59.1 | 0.1 | 19.4 | 1,775 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 50.2 | 8.5 | 2.2 | 1.2 | 2.4 | 77.6 | 66.5 | 0.0 | 12.8 | 269 |
| Hill | 63.7 | 16.0 | 2.6 | 1.4 | 3.9 | 68.7 | 64.5 | 0.4 | 13.3 | 1,608 |
| Terai | 62.4 | 14.4 | 1.6 | 1.9 | 5.3 | 40.2 | 58.0 | 0.3 | 18.8 | 2,120 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 72.6 | 12.7 | 2.3 | 1.3 | 6.2 | 56.4 | 66.0 | 0.1 | 9.3 | 925 |
| Central | 57.4 | 12.1 | 1.9 | 2.2 | 5.2 | 46.0 | 61.2 | 0.9 | 19.2 | 1,415 |
| Western | 68.4 | 15.6 | 2.3 | 1.4 | 2.9 | 62.6 | 61.1 | 0.0 | 14.8 | 753 |
| Mid-western | 57.6 | 20.2 | 2.8 | 1.2 | 3.1 | 63.2 | 60.4 | 0.0 | 15.8 | 559 |
| Far-western | 47.1 | 19.3 | 0.4 | 1.8 | 3.0 | 48.8 | 50.3 | 0.1 | 25.5 | 346 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 74.8 | 15.1 | 2.8 | 1.7 | 4.4 | 67.3 | 69.6 | 0.1 | 7.3 | 686 |
| Province 2 | 55.5 | 5.6 | 0.3 | 1.8 | 7.9 | 29.1 | 55.3 | 0.6 | 23.3 | 963 |
| Province 3 | 63.1 | 18.9 | 3.7 | 2.0 | 3.6 | 62.1 | 67.4 | 1.0 | 12.1 | 691 |
| Province 4 | 68.3 | 12.7 | 4.2 | 0.8 | 2.4 | 79.4 | 67.5 | 0.0 | 6.8 | 337 |
| Province 5 | 68.6 | 23.3 | 2.1 | 1.9 | 3.5 | 54.1 | 61.2 | 0.0 | 16.7 | 720 |
| Province 6 | 44.2 | 7.6 | 1.1 | 0.4 | 2.5 | 65.7 | 50.7 | 0.1 | 22.1 | 255 |
| Province 7 | 47.1 | 19.3 | 0.4 | 1.8 | 3.0 | 48.8 | 50.3 | 0.1 | 25.5 | 346 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 47.7 | 5.0 | 0.5 | 0.8 | 5.0 | 40.7 | 50.0 | 0.1 | 26.3 | 1,257 |
| Primary | 60.5 | 12.1 | 0.5 | 2.6 | 4.3 | 57.4 | 58.6 | 0.0 | 15.4 | 777 |
| Some secondary | 66.4 | 16.3 | 1.7 | 0.9 | 3.4 | 60.3 | 64.3 | 0.4 | 12.4 | 1,010 |
| SLC and above | 77.8 | 27.5 | 5.7 | 2.8 | 5.4 | 62.7 | 75.0 | 0.9 | 7.3 | 955 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 44.8 | 6.4 | 0.0 | 0.6 | 2.7 | 66.7 | 53.4 | 0.0 | 23.0 | 822 |
| Second | 59.5 | 12.2 | 1.3 | 1.1 | 4.4 | 58.5 | 58.3 | 0.2 | 17.3 | 839 |
| Middle | 62.7 | 12.8 | 0.5 | 0.9 | 5.4 | 43.1 | 58.7 | 0.1 | 17.7 | 863 |
| Fourth | 70.5 | 18.2 | 2.3 | 3.4 | 4.9 | 49.0 | 65.8 | 0.2 | 12.0 | 830 |
| Highest | 76.1 | 26.2 | 7.2 | 2.4 | 5.4 | 54.1 | 72.6 | 1.6 | 9.3 | 643 |
| Total | 62.1 | 14.6 | 2.0 | 1.7 | 4.5 | 54.2 | 61.2 | 0.4 | 16.2 | 3,998 |

Table 9.15 Time taken to reach health facility
Among women with a live birth in the 2 years preceding the survey who delivered their most recent birth in a health facility, the percent distribution by time taken to reach the health facility for delivery, according to background characteristics, Nepal DHS 2016

| Time to reach health facility |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | $\begin{gathered} <30 \\ \text { minutes } \end{gathered}$ | 30-60 minutes | 61-120 minutes | $\begin{gathered} >120 \\ \text { minutes } \end{gathered}$ | Total | Number of women |
| Age at birth |  |  |  |  |  |  |
| <20 | 24.7 | 45.8 | 19.3 | 10.0 | 100.0 | 299 |
| 20-34 | 30.1 | 44.5 | 15.1 | 10.1 | 100.0 | 863 |
| 35-49 | (32.7) | (43.2) | (1.7) | (22.5) | 100.0 | 36 |
| Birth order |  |  |  |  |  |  |
| 1 | 26.2 | 43.3 | 16.8 | 13.2 | 100.0 | 612 |
| 2-3 | 31.2 | 46.9 | 14.9 | 7.0 | 100.0 | 477 |
| 4-5 | 36.2 | 43.1 | 13.3 | 7.5 | 100.0 | 91 |
| $6+$ | * | * | * | * | * | 18 |
| Antenatal care visits |  |  |  |  |  |  |
| None | * | * | * | * | * | 18 |
| 1-3 | 25.2 | 50.8 | 14.0 | 9.3 | 100.0 | 176 |
| 4+ | 29.7 | 43.4 | 16.1 | 10.7 | 100.0 | 1,003 |
| Residence |  |  |  |  |  |  |
| Urban | 32.9 | 47.0 | 11.5 | 8.6 | 100.0 | 749 |
| Rural | 22.2 | 41.1 | 22.9 | 13.5 | 100.0 | 449 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 28.0 | 30.3 | 21.2 | 20.5 | 100.0 | 59 |
| Hill | 24.7 | 40.8 | 19.7 | 14.8 | 100.0 | 507 |
| Terai | 32.3 | 49.4 | 12.0 | 6.0 | 100.0 | 631 |
| Development region |  |  |  |  |  |  |
| Eastern | 33.3 | 37.0 | 17.7 | 11.3 | 100.0 | 287 |
| Central | 28.6 | 48.1 | 13.7 | 9.6 | 100.0 | 388 |
| Western | 29.1 | 43.6 | 13.8 | 13.5 | 100.0 | 253 |
| Mid-western | 24.5 | 51.4 | 14.5 | 9.6 | 100.0 | 146 |
| Far-western | 24.1 | 47.3 | 22.9 | 5.6 | 100.0 | 124 |
| Province |  |  |  |  |  |  |
| Province 1 | 27.8 | 37.8 | 19.9 | 13.9 | 100.0 | 213 |
| Province 2 | 39.7 | 42.4 | 9.5 | 8.1 | 100.0 | 237 |
| Province 3 | 23.7 | 49.6 | 17.5 | 9.2 | 100.0 | 225 |
| Province 4 | 31.8 | 30.7 | 21.7 | 15.8 | 100.0 | 121 |
| Province 5 | 25.9 | 55.8 | 8.9 | 9.4 | 100.0 | 227 |
| Province 6 | 24.0 | 42.0 | 19.2 | 14.8 | 100.0 | 52 |
| Province 7 | 24.1 | 47.3 | 22.9 | 5.6 | 100.0 | 124 |
| Education |  |  |  |  |  |  |
| No education | 24.4 | 51.7 | 12.5 | 11.4 | 100.0 | 239 |
| Primary | 25.6 | 45.7 | 19.1 | 9.2 | 100.0 | 195 |
| Some secondary | 22.9 | 47.0 | 20.0 | 10.1 | 100.0 | 375 |
| SLC and above | 39.0 | 37.9 | 12.0 | 10.7 | 100.0 | 388 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 13.3 | 45.9 | 26.4 | 14.4 | 100.0 | 170 |
| Second | 25.9 | 38.2 | 21.0 | 14.3 | 100.0 | 221 |
| Middle | 26.7 | 44.4 | 14.4 | 14.2 | 100.0 | 272 |
| Fourth | 31.6 | 46.6 | 14.5 | 7.2 | 100.0 | 287 |
| Highest | 41.5 | 48.2 | 6.6 | 3.7 | 100.0 | 247 |
| Total | 28.9 | 44.8 | 15.7 | 10.4 | 100.0 | 1,197 |

Note: Total includes 2 women who did not know the time taken to reach the health facility for delivery.
Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 9.16 Timing of first postnatal check for the mother
Among women age 15-49 giving birth in the 2 years preceding the survey, the percent distribution of the mother's first postnatal checkup for the last live birth by time after delivery, and the percentage of women with a live birth in the 2 years preceding the survey who received a postnatal check during the first 2 days after giving birth, according to background characteristics, Nepal DHS 2016


Includes women who received a checkup from a doctor, nurse, auxiliary nurse midwife, community health worker, or traditional birth attendant
${ }^{2}$ Includes women who received a checkup after 41 days

Table 9.17 Type of provider of first postnatal check for the mother
Among women age 15-49 giving birth in the 2 years preceding the survey, percent distribution by type of provider for the mother's first postnatal health check during the first 2 days after the last live birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Type of health provider of mother's first postnatal check |  |  |  |  | No postnatal check during the first 2 days after birth | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor/ nurse/ auxiliary nurse midwife | Health assistant/ auxiliary health worker | Maternal and child health worker | Female community health volunteer | Other |  |  |  |
| Age at birth |  |  |  |  |  |  |  |  |
| <20 | 52.7 | 2.6 | 0.0 | 1.1 | 0.1 | 43.4 | 100.0 | 451 |
| 20-34 | 53.2 | 3.0 | 0.3 | 0.9 | 0.0 | 42.5 | 100.0 | 1,451 |
| 35-49 | 38.2 | 4.5 | 0.0 | 0.9 | 0.0 | 56.4 | 100.0 | 76 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 64.9 | 2.4 | 0.1 | 0.6 | 0.1 | 31.9 | 100.0 | 808 |
| 2-3 | 48.1 | 2.5 | 0.4 | 1.5 | 0.0 | 47.5 | 100.0 | 869 |
| 4-5 | 34.7 | 6.3 | 0.2 | 0.6 | 0.0 | 58.2 | 100.0 | 224 |
| $6+$ | 24.9 | 4.1 | 0.0 | 0.0 | 0.0 | 71.1 | 100.0 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |
| Health facility | 78.0 | 2.4 | 0.2 | 0.4 | 0.0 | 19.0 | 100.0 | 1,270 |
| Elsewhere | 6.8 | 4.0 | 0.3 | 2.1 | 0.1 | 86.8 | 100.0 | 708 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 60.7 | 2.2 | 0.2 | 0.8 | 0.1 | 36.1 | 100.0 | 1,062 |
| Rural | 43.0 | 3.8 | 0.3 | 1.2 | 0.0 | 51.6 | 100.0 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 39.3 | 4.3 | 0.0 | 5.5 | 0.0 | 50.9 | 100.0 | 131 |
| Hill | 59.2 | 2.0 | 0.5 | 0.6 | 0.0 | 37.8 | 100.0 | 760 |
| Terai | 49.5 | 3.4 | 0.1 | 0.7 | 0.1 | 46.2 | 100.0 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 56.1 | 2.7 | 0.4 | 0.6 | 0.0 | 40.2 | 100.0 | 457 |
| Central | 49.8 | 3.4 | 0.0 | 0.1 | 0.1 | 46.6 | 100.0 | 706 |
| Western | 59.2 | 2.6 | 0.0 | 0.7 | 0.0 | 37.4 | 100.0 | 388 |
| Mid-western | 44.1 | 3.2 | 0.6 | 3.2 | 0.0 | 48.8 | 100.0 | 260 |
| Far-western | 51.9 | 2.2 | 0.9 | 2.7 | 0.0 | 42.4 | 100.0 | 166 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 58.2 | 2.4 | 0.6 | 0.4 | 0.0 | 38.5 | 100.0 | 338 |
| Province 2 | 40.1 | 4.8 | 0.0 | 0.3 | 0.1 | 54.8 | 100.0 | 513 |
| Province 3 | 65.9 | 1.0 | 0.0 | 0.3 | 0.0 | 32.7 | 100.0 | 312 |
| Province 4 | 66.4 | 1.9 | 0.0 | 0.0 | 0.0 | 31.7 | 100.0 | 164 |
| Province 5 | 55.0 | 2.8 | 0.3 | 1.7 | 0.0 | 40.1 | 100.0 | 364 |
| Province 6 | 29.5 | 4.4 | 0.4 | 4.3 | 0.0 | 61.5 | 100.0 | 121 |
| Province 7 | 51.9 | 2.2 | 0.9 | 2.7 | 0.0 | 42.4 | 100.0 | 166 |
| Education |  |  |  |  |  |  |  |  |
| No education | 36.0 | 4.0 | 0.5 | 1.0 | 0.1 | 58.3 | 100.0 | 570 |
| Primary | 41.3 | 2.6 | 0.0 | 0.5 | 0.0 | 55.5 | 100.0 | 391 |
| Some secondary | 57.7 | 2.1 | 0.0 | 1.4 | 0.0 | 38.9 | 100.0 | 551 |
| SLC and above | 76.0 | 3.0 | 0.4 | 0.8 | 0.0 | 19.8 | 100.0 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 31.0 | 3.1 | 0.4 | 2.3 | 0.0 | 63.3 | 100.0 | 414 |
| Second | 45.5 | 2.1 | 0.2 | 1.8 | 0.1 | 50.3 | 100.0 | 417 |
| Middle | 51.5 | 3.6 | 0.2 | 0.3 | 0.0 | 44.5 | 100.0 | 454 |
| Fourth | 64.1 | 3.7 | 0.5 | 0.3 | 0.0 | 31.4 | 100.0 | 408 |
| Highest | 79.3 | 2.0 | 0.0 | 0.0 | 0.0 | 18.8 | 100.0 | 284 |
| Total | 52.5 | 3.0 | 0.3 | 1.0 | 0.0 | 43.3 | 100.0 | 1,978 |

Table 9.18 Place of first postnatal checkup for the mother
Among women age $15-49$ giving birth in the 2 years preceding the survey, percent distribution by place of mother's first postnatal checkup during the first 2 days after the last live birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Place of mother's first postnatal checkup |  |  |  |  | No postnatal check during the first 2 days after birth | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Government sector | Nongovernment sector | Private sector | Outside Nepal | Home |  |  |  |
| Age at birth |  |  |  |  |  |  |  |  |
| <20 | 42.5 | 1.6 | 6.8 | 2.5 | 3.1 | 43.4 | 100.0 | 451 |
| 20-34 | 39.1 | 0.9 | 11.1 | 2.2 | 4.1 | 42.5 | 100.0 | 1,451 |
| 35-49 | 27.3 | 0.0 | 7.4 | 2.9 | 6.0 | 56.4 | 100.0 | 76 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 47.3 | 1.6 | 14.0 | 3.1 | 2.1 | 31.9 | 100.0 | 808 |
| 2-3 | 37.1 | 0.6 | 8.3 | 1.6 | 4.8 | 47.5 | 100.0 | 869 |
| 4-5 | 28.2 | 0.7 | 4.0 | 1.8 | 7.1 | 58.2 | 100.0 | 224 |
| 6+ | 14.8 | 0.0 | 5.0 | 4.1 | 5.0 | 71.1 | 100.0 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |
| Health facility | 59.9 | 1.5 | 15.4 | 3.6 | 0.6 | 19.0 | 100.0 | 1,270 |
| Elsewhere | 2.7 | 0.1 | 0.4 | 0.0 | 10.0 | 86.8 | 100.0 | 708 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 47.6 | 0.6 | 10.9 | 2.4 | 2.5 | 36.1 | 100.0 | 1,062 |
| Rural | 30.0 | 1.5 | 8.9 | 2.3 | 5.7 | 51.6 | 100.0 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 40.3 | 0.0 | 1.7 | 0.0 | 7.1 | 50.9 | 100.0 | 131 |
| Hill | 49.3 | 0.6 | 9.1 | 0.8 | 2.4 | 37.8 | 100.0 | 760 |
| Terai | 32.4 | 1.5 | 11.6 | 3.7 | 4.7 | 46.2 | 100.0 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 35.7 | 3.3 | 16.0 | 1.3 | 3.5 | 40.2 | 100.0 | 457 |
| Central | 35.4 | 0.1 | 10.0 | 3.5 | 4.3 | 46.6 | 100.0 | 706 |
| Western | 43.6 | 1.1 | 11.3 | 2.7 | 3.8 | 37.4 | 100.0 | 388 |
| Mid-western | 43.0 | 0.0 | 3.6 | 0.2 | 4.4 | 48.8 | 100.0 | 260 |
| Far-western | 51.1 | 0.0 | 0.5 | 2.5 | 3.4 | 42.4 | 100.0 | 166 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 36.9 | 4.0 | 16.0 | 1.5 | 3.1 | 38.5 | 100.0 | 338 |
| Province 2 | 23.8 | 0.5 | 9.6 | 4.8 | 6.7 | 54.8 | 100.0 | 513 |
| Province 3 | 53.3 | 0.0 | 13.0 | 0.3 | 0.6 | 32.7 | 100.0 | 312 |
| Province 4 | 55.9 | 0.6 | 10.7 | 0.0 | 1.2 | 31.7 | 100.0 | 164 |
| Province 5 | 42.2 | 1.0 | 9.0 | 2.9 | 4.8 | 40.1 | 100.0 | 364 |
| Province 6 | 30.1 | 0.0 | 2.2 | 0.4 | 5.8 | 61.5 | 100.0 | 121 |
| Province 7 | 51.1 | 0.0 | 0.5 | 2.5 | 3.4 | 42.4 | 100.0 | 166 |
| Education |  |  |  |  |  |  |  |  |
| No education | 25.3 | 0.4 | 7.1 | 3.0 | 6.0 | 58.3 | 100.0 | 570 |
| Primary | 33.1 | 1.1 | 4.6 | 2.5 | 3.3 | 55.5 | 100.0 | 391 |
| Some secondary | 44.9 | 1.5 | 9.6 | 1.7 | 3.4 | 38.9 | 100.0 | 551 |
| SLC and above | 55.6 | 1.1 | 18.6 | 2.1 | 2.8 | 19.8 | 100.0 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 30.7 | 0.2 | 1.6 | 0.7 | 3.5 | 63.3 | 100.0 | 414 |
| Second | 37.4 | 0.7 | 5.1 | 1.4 | 5.1 | 50.3 | 100.0 | 417 |
| Middle | 35.2 | 2.2 | 9.8 | 4.0 | 4.4 | 44.5 | 100.0 | 454 |
| Fourth | 43.6 | 1.1 | 16.6 | 2.5 | 4.8 | 31.4 | 100.0 | 408 |
| Highest | 55.9 | 0.6 | 20.4 | 3.2 | 1.1 | 18.8 | 100.0 | 284 |
| Total | 39.4 | 1.0 | 10.0 | 2.3 | 4.0 | 43.3 | 100.0 | 1,978 |

Table 9.19 Timing of first postnatal check for the newborn
Percent distribution of most recent live births in the 2 years preceding the survey by time after birth of first postnatal check, and percentage of births with a postnatal check during the first 2 days after birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Time after birth of newborn's first postnatal check ${ }^{1}$ |  |  |  |  |  | No postnatal check ${ }^{2}$ | Total | Percentage of births with a postnatal check during the first 2 days after birth ${ }^{1}$ | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than 1 hour | 1-3 hours | $\begin{gathered} 4-23 \\ \text { hours } \end{gathered}$ | 1-2 days | 3-6 days | Don't know |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 19.0 | 30.9 | 7.4 | 3.4 | 2.9 | 0.3 | 36.0 | 100.0 | 60.7 | 451 |
| 20-34 | 21.0 | 25.6 | 7.1 | 2.8 | 1.7 | 0.9 | 40.9 | 100.0 | 56.5 | 1,451 |
| 35-49 | 18.8 | 14.6 | 0.9 | 4.8 | 0.6 | 2.9 | 57.6 | 100.0 | 39.0 | 76 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 23.5 | 32.9 | 9.2 | 4.0 | 1.5 | 0.9 | 27.9 | 100.0 | 69.6 | 808 |
| 2-3 | 20.0 | 23.6 | 6.1 | 2.6 | 2.9 | 1.1 | 43.8 | 100.0 | 52.3 | 869 |
| 4-5 | 14.0 | 17.5 | 4.0 | 2.1 | 0.5 | 0.0 | 61.8 | 100.0 | 37.7 | 224 |
| 6+ | 12.8 | 13.4 | 0.9 | 0.7 | 0.0 | 0.0 | 72.2 | 100.0 | 27.8 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |
| Health facility | 28.5 | 38.6 | 10.0 | 3.4 | 1.3 | 1.3 | 16.9 | 100.0 | 80.4 | 1,270 |
| Elsewhere | 6.1 | 4.4 | 1.4 | 2.4 | 3.1 | 0.0 | 82.6 | 100.0 | 14.3 | 708 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 20.7 | 31.0 | 8.3 | 3.4 | 2.6 | 1.1 | 32.9 | 100.0 | 63.4 | 1,062 |
| Rural | 20.2 | 21.0 | 5.3 | 2.6 | 1.3 | 0.6 | 49.1 | 100.0 | 49.1 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 20.9 | 19.6 | 6.7 | 2.0 | 1.6 | 0.0 | 49.2 | 100.0 | 49.1 | 131 |
| Hill | 24.3 | 28.1 | 7.1 | 3.1 | 2.0 | 1.4 | 34.0 | 100.0 | 62.6 | 760 |
| Terai | 17.7 | 25.9 | 6.8 | 3.1 | 2.0 | 0.6 | 43.8 | 100.0 | 53.6 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 21.0 | 29.1 | 5.1 | 3.7 | 2.1 | 1.5 | 37.4 | 100.0 | 59.0 | 457 |
| Central | 19.0 | 24.3 | 6.6 | 3.8 | 2.2 | 1.0 | 43.2 | 100.0 | 53.6 | 706 |
| Western | 25.8 | 24.5 | 8.2 | 1.2 | 1.0 | 0.7 | 38.6 | 100.0 | 59.7 | 388 |
| Mid-western | 16.6 | 29.5 | 7.1 | 1.9 | 1.5 | 0.0 | 43.5 | 100.0 | 55.0 | 260 |
| Far-western | 18.7 | 27.0 | 9.8 | 4.1 | 3.6 | 0.1 | 36.6 | 100.0 | 59.6 | 166 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 23.4 | 28.4 | 4.0 | 4.2 | 1.9 | 2.0 | 36.0 | 100.0 | 60.1 | 338 |
| Province 2 | 14.8 | 22.4 | 6.2 | 2.8 | 1.5 | 0.0 | 52.3 | 100.0 | 46.2 | 513 |
| Province 3 | 24.1 | 30.0 | 7.9 | 4.7 | 3.4 | 2.3 | 27.6 | 100.0 | 66.7 | 312 |
| Province 4 | 30.7 | 25.0 | 8.0 | 2.1 | 1.5 | 1.1 | 31.7 | 100.0 | 65.7 | 164 |
| Province 5 | 21.6 | 28.7 | 8.8 | 0.8 | 0.7 | 0.3 | 39.1 | 100.0 | 59.9 | 364 |
| Province 6 | 11.9 | 22.1 | 4.2 | 2.6 | 2.3 | 0.0 | 57.0 | 100.0 | 40.7 | 121 |
| Province 7 | 18.7 | 27.0 | 9.8 | 4.1 | 3.6 | 0.1 | 36.6 | 100.0 | 59.6 | 166 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | 15.2 | 21.3 | 2.8 | 2.6 | 2.4 | 0.3 | 55.4 | 100.0 | 41.9 | 570 |
| Primary | 23.1 | 18.9 | 3.6 | 2.3 | 1.7 | 0.0 | 50.3 | 100.0 | 48.0 | 391 |
| Some secondary | 20.0 | 32.6 | 6.5 | 3.5 | 2.5 | 1.4 | 33.4 | 100.0 | 62.7 | 551 |
| SLC and above | 25.2 | 31.4 | 15.2 | 3.5 | 0.9 | 1.7 | 22.0 | 100.0 | 75.4 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 19.5 | 19.1 | 2.4 | 1.2 | 2.0 | 0.0 | 55.8 | 100.0 | 42.2 | 414 |
| Second | 17.6 | 24.5 | 5.2 | 3.2 | 4.2 | 0.0 | 45.3 | 100.0 | 50.4 | 417 |
| Middle | 18.2 | 27.5 | 5.2 | 4.1 | 1.7 | 0.6 | 42.7 | 100.0 | 54.9 | 454 |
| Fourth | 25.6 | 30.6 | 9.6 | 2.5 | 1.2 | 1.1 | 29.5 | 100.0 | 68.2 | 408 |
| Highest | 22.5 | 31.8 | 14.9 | 4.5 | 0.1 | 3.2 | 22.8 | 100.0 | 73.8 | 284 |
| Total | 20.5 | 26.4 | 6.9 | 3.0 | 2.0 | 0.9 | 40.4 | 100.0 | 56.8 | 1,978 |

${ }^{1}$ Includes newborns who received a checkup from a doctor, nurse, auxiliary nurse midwife, community health worker, or traditional birth attendant ${ }^{2}$ Includes newborns who received a checkup after the first week

Table 9.20 Type of provider of first postnatal check for the newborn
Percent distribution of most recent births in the 2 years preceding the survey by type of provider of the newborn's first postnatal health check during the 2 days after the last live birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Type of health provider of newborn's first postnatal check |  |  |  |  | No postnatal check during the first 2 days after birth | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor/ nurse/ auxiliary nurse midwife | Health assistant/ auxiliary health worker | Maternal and child health worker | Female community health volunteer | Other |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| <20 | 54.7 | 3.9 | 0.0 | 1.5 | 0.6 | 39.3 | 100.0 | 451 |
| 20-34 | 51.1 | 3.5 | 0.2 | 1.4 | 0.2 | 43.5 | 100.0 | 1,451 |
| 35-49 | 35.7 | 1.6 | 0.0 | 1.6 | 0.0 | 61.0 | 100.0 | 76 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 64.8 | 2.9 | 0.1 | 1.3 | 0.5 | 30.4 | 100.0 | 808 |
| 2-3 | 46.5 | 3.6 | 0.2 | 1.8 | 0.2 | 47.7 | 100.0 | 869 |
| 4-5 | 31.6 | 5.0 | 0.2 | 1.0 | 0.0 | 62.3 | 100.0 | 224 |
| $6+$ | 22.5 | 4.6 | 0.0 | 0.7 | 0.0 | 72.2 | 100.0 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |
| Health facility | 77.2 | 2.8 | 0.1 | 0.3 | 0.0 | 19.6 | 100.0 | 1,270 |
| Elsewhere | 5.1 | 4.7 | 0.3 | 3.5 | 0.8 | 85.7 | 100.0 | 708 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 59.1 | 2.9 | 0.0 | 1.2 | 0.2 | 36.6 | 100.0 | 1,062 |
| Rural | 42.4 | 4.2 | 0.3 | 1.7 | 0.4 | 50.9 | 100.0 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 38.9 | 4.7 | 0.0 | 5.6 | 0.0 | 50.9 | 100.0 | 131 |
| Hill | 58.2 | 3.2 | 0.2 | 0.8 | 0.2 | 37.4 | 100.0 | 760 |
| Terai | 48.1 | 3.6 | 0.1 | 1.4 | 0.4 | 46.4 | 100.0 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 53.5 | 2.9 | 0.0 | 2.3 | 0.3 | 41.0 | 100.0 | 457 |
| Central | 48.7 | 4.5 | 0.0 | 0.4 | 0.0 | 46.4 | 100.0 | 706 |
| Western | 55.9 | 2.3 | 0.0 | 0.8 | 0.6 | 40.3 | 100.0 | 388 |
| Mid-western | 46.7 | 3.8 | 0.6 | 3.3 | 0.6 | 45.0 | 100.0 | 260 |
| Far-western | 53.4 | 3.2 | 0.9 | 2.0 | 0.2 | 40.4 | 100.0 | 166 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 54.2 | 3.5 | 0.0 | 2.0 | 0.4 | 39.9 | 100.0 | 338 |
| Province 2 | 39.6 | 5.5 | 0.0 | 1.2 | 0.0 | 53.8 | 100.0 | 513 |
| Province 3 | 64.7 | 1.7 | 0.0 | 0.3 | 0.0 | 33.3 | 100.0 | 312 |
| Province 4 | 63.4 | 1.9 | 0.0 | 0.5 | 0.0 | 34.3 | 100.0 | 164 |
| Province 5 | 54.1 | 2.8 | 0.3 | 1.6 | 1.1 | 40.1 | 100.0 | 364 |
| Province 6 | 31.5 | 4.5 | 0.4 | 4.4 | 0.0 | 59.3 | 100.0 | 121 |
| Province 7 | 53.4 | 3.2 | 0.9 | 2.0 | 0.2 | 40.4 | 100.0 | 166 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 34.7 | 5.0 | 0.5 | 1.4 | 0.3 | 58.1 | 100.0 | 570 |
| Primary | 43.7 | 2.4 | 0.0 | 1.7 | 0.2 | 52.0 | 100.0 | 391 |
| Some secondary | 57.9 | 2.9 | 0.0 | 1.5 | 0.4 | 37.3 | 100.0 | 551 |
| SLC and above | 70.5 | 3.3 | 0.0 | 1.3 | 0.3 | 24.6 | 100.0 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 34.7 | 4.4 | 0.4 | 2.7 | 0.0 | 57.8 | 100.0 | 414 |
| Second | 44.5 | 3.0 | 0.2 | 2.2 | 0.5 | 49.6 | 100.0 | 417 |
| Middle | 49.1 | 4.5 | 0.2 | 0.8 | 0.3 | 45.1 | 100.0 | 454 |
| Fourth | 63.8 | 3.1 | 0.0 | 1.1 | 0.2 | 31.8 | 100.0 | 408 |
| Highest | 71.6 | 1.8 | 0.0 | 0.0 | 0.4 | 26.2 | 100.0 | 284 |
| Total | 51.4 | 3.5 | 0.2 | 1.5 | 0.3 | 43.2 | 100.0 | 1,978 |

Table 9.21 Place of first postnatal checkup for the newborn
Percent distribution of most recent live births in the 2 years preceding the survey by place of the newborn's first postnatal health check during the 2 days after the last live birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Place of newborn's first postnatal checkup |  |  |  |  | No postnatal check during the first 2 days after birth | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Government sector | Nongovernment sector | Private sector | Outside <br> Nepal | Home |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| <20 | 46.4 | 1.7 | 7.0 | 1.4 | 4.0 | 39.3 | 100.0 | 451 |
| 20-34 | 39.4 | 0.7 | 10.8 | 1.3 | 4.1 | 43.5 | 100.0 | 1,451 |
| 35-49 | 28.3 | 0.0 | 5.4 | 2.1 | 3.3 | 61.0 | 100.0 | 76 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 49.4 | 1.7 | 13.6 | 1.8 | 3.1 | 30.4 | 100.0 | 808 |
| 2-3 | 38.0 | 0.4 | 8.1 | 0.8 | 5.0 | 47.7 | 100.0 | 869 |
| 4-5 | 27.4 | 0.7 | 4.1 | 1.5 | 4.0 | 62.3 | 100.0 | 224 |
| $6+$ | 15.9 | 0.0 | 5.2 | 2.7 | 4.1 | 72.2 | 100.0 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |
| Health facility | 61.9 | 1.5 | 14.7 | 2.1 | 0.2 | 19.6 | 100.0 | 1,270 |
| Elsewhere | 2.4 | 0.0 | 0.9 | 0.0 | 11.0 | 85.7 | 100.0 | 708 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 48.4 | 0.5 | 10.7 | 1.2 | 2.6 | 36.6 | 100.0 | 1,062 |
| Rural | 31.6 | 1.4 | 8.7 | 1.6 | 5.8 | 50.9 | 100.0 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 41.3 | 0.0 | 1.7 | 0.0 | 6.1 | 50.9 | 100.0 | 131 |
| Hill | 50.6 | 0.6 | 8.6 | 0.6 | 2.3 | 37.4 | 100.0 | 760 |
| Terai | 33.6 | 1.3 | 11.6 | 2.1 | 5.1 | 46.4 | 100.0 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 36.7 | 2.8 | 14.5 | 0.6 | 4.4 | 41.0 | 100.0 | 457 |
| Central | 36.1 | 0.2 | 10.5 | 2.2 | 4.7 | 46.4 | 100.0 | 706 |
| Western | 42.5 | 1.1 | 11.3 | 1.4 | 3.4 | 40.3 | 100.0 | 388 |
| Mid-western | 47.6 | 0.0 | 3.1 | 0.4 | 3.9 | 45.0 | 100.0 | 260 |
| Far-western | 55.0 | 0.0 | 0.5 | 1.8 | 2.3 | 40.4 | 100.0 | 166 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 37.0 | 3.7 | 14.5 | 0.5 | 4.4 | 39.9 | 100.0 | 338 |
| Province 2 | 25.7 | 0.3 | 9.9 | 3.2 | 7.1 | 53.8 | 100.0 | 513 |
| Province 3 | 53.0 | 0.0 | 13.0 | 0.0 | 0.6 | 33.3 | 100.0 | 312 |
| Province 4 | 53.2 | 0.6 | 10.7 | 0.0 | 1.3 | 34.3 | 100.0 | 164 |
| Province 5 | 44.7 | 1.0 | 8.8 | 1.4 | 4.1 | 40.1 | 100.0 | 364 |
| Province 6 | 32.5 | 0.0 | 2.0 | 0.9 | 5.4 | 59.3 | 100.0 | 121 |
| Province 7 | 55.0 | 0.0 | 0.5 | 1.8 | 2.3 | 40.4 | 100.0 | 166 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 27.1 | 0.4 | 6.7 | 1.6 | 6.0 | 58.1 | 100.0 | 570 |
| Primary | 36.5 | 1.2 | 4.8 | 1.4 | 4.0 | 52.0 | 100.0 | 391 |
| Some secondary | 47.3 | 1.1 | 9.7 | 1.5 | 3.1 | 37.3 | 100.0 | 551 |
| SLC and above | 52.6 | 1.1 | 17.8 | 0.9 | 2.9 | 24.6 | 100.0 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 35.5 | 0.2 | 1.9 | 0.6 | 3.9 | 57.8 | 100.0 | 414 |
| Second | 38.6 | 0.7 | 5.0 | 0.9 | 5.2 | 49.6 | 100.0 | 417 |
| Middle | 36.1 | 2.0 | 9.1 | 2.4 | 5.4 | 45.1 | 100.0 | 454 |
| Fourth | 45.6 | 1.1 | 16.4 | 1.4 | 3.8 | 31.8 | 100.0 | 408 |
| Highest | 51.1 | 0.4 | 19.8 | 1.6 | 0.9 | 26.2 | 100.0 | 284 |
| Total | 40.6 | 0.9 | 9.8 | 1.4 | 4.1 | 43.2 | 100.0 | 1,978 |

Table 9.22 Content of postnatal care for newborns
Among most recent live births in the 2 years preceding the survey, percentage for whom selected functions were performed during the first 2 days after birth and percentage with at least two signal functions performed during the first 2 days after birth, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among most recent live births in the 2 years preceding the survey, percentage for whom the selected function was performed during the first 2 days after the birth: |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cord examined | Temperature measured | Counseling on danger signs | Counseling on breastfeeding | Observation of breastfeeding | Weighed ${ }^{1}$ | Percentage with at least two signal functions performed during the first 2 days after the birth | Number of births |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| <20 | 44.9 | 41.0 | 36.3 | 56.7 | 52.0 | 73.4 | 60.8 | 451 |
| 20-34 | 44.2 | 43.9 | 33.8 | 53.6 | 49.7 | 66.4 | 58.4 | 1,451 |
| 35-49 | 32.9 | 33.3 | 32.7 | 38.9 | 41.2 | 53.0 | 42.6 | 76 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 55.0 | 52.4 | 45.1 | 66.9 | 62.5 | 81.8 | 72.6 | 808 |
| 2-3 | 41.0 | 41.2 | 31.1 | 50.2 | 46.4 | 62.1 | 54.8 | 869 |
| 4-5 | 22.8 | 21.5 | 14.6 | 30.8 | 27.9 | 48.2 | 32.5 | 224 |
| 6+ | 22.1 | 21.8 | 16.3 | 21.1 | 20.6 | 33.3 | 24.1 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |
| Health facility | 61.4 | 61.2 | 49.2 | 75.5 | 70.9 | 96.8 | 81.8 | 1,270 |
| Elsewhere | 12.6 | 9.8 | 7.8 | 14.6 | 12.2 | 14.9 | 16.3 | 708 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 47.8 | 48.2 | 37.2 | 58.5 | 55.1 | 76.2 | 64.0 | 1,062 |
| Rural | 39.4 | 36.6 | 31.1 | 48.2 | 43.8 | 57.3 | 51.9 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 40.4 | 36.0 | 31.5 | 49.8 | 41.4 | 55.9 | 51.4 | 131 |
| Hill | 49.7 | 48.9 | 40.6 | 57.0 | 54.4 | 70.8 | 63.4 | 760 |
| Terai | 40.3 | 39.3 | 30.4 | 51.9 | 47.8 | 66.5 | 55.7 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 46.6 | 47.8 | 37.9 | 56.5 | 55.8 | 67.3 | 61.1 | 457 |
| Central | 38.9 | 41.5 | 30.9 | 49.8 | 45.1 | 63.7 | 54.2 | 706 |
| Western | 51.2 | 49.2 | 40.9 | 59.3 | 54.4 | 70.5 | 63.7 | 388 |
| Mid-western | 39.8 | 34.0 | 28.1 | 47.8 | 46.4 | 63.8 | 54.3 | 260 |
| Far-western | 47.3 | 33.3 | 33.7 | 58.9 | 49.0 | 82.7 | 62.5 | 166 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 49.3 | 49.8 | 40.0 | 55.9 | 56.3 | 68.1 | 61.7 | 338 |
| Province 2 | 32.8 | 33.9 | 25.6 | 44.5 | 38.4 | 57.5 | 47.6 | 513 |
| Province 3 | 48.9 | 54.3 | 40.2 | 61.6 | 59.6 | 74.4 | 67.0 | 312 |
| Province 4 | 58.0 | 55.9 | 46.2 | 64.0 | 59.6 | 76.2 | 72.0 | 164 |
| Province 5 | 46.6 | 43.4 | 37.1 | 55.6 | 52.2 | 69.2 | 60.6 | 364 |
| Province 6 | 30.8 | 25.1 | 17.4 | 39.3 | 36.5 | 52.1 | 41.7 | 121 |
| Province 7 | 47.3 | 33.3 | 33.7 | 58.9 | 49.0 | 82.7 | 62.5 | 166 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 31.8 | 31.4 | 24.5 | 39.4 | 35.6 | 49.6 | 42.4 | 570 |
| Primary | 35.9 | 32.7 | 27.1 | 45.4 | 42.3 | 59.8 | 49.6 | 391 |
| Some secondary | 47.8 | 46.2 | 38.6 | 56.7 | 52.8 | 72.3 | 63.4 | 551 |
| SLC and above | 60.9 | 61.2 | 47.5 | 74.7 | 70.3 | 90.1 | 79.4 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 32.1 | 28.5 | 25.6 | 39.0 | 35.3 | 49.0 | 43.1 | 414 |
| Second | 36.6 | 33.9 | 28.1 | 45.0 | 41.9 | 58.8 | 49.9 | 417 |
| Middle | 45.8 | 43.0 | 35.9 | 54.5 | 50.1 | 69.0 | 59.6 | 454 |
| Fourth | 49.2 | 52.2 | 39.0 | 63.5 | 61.4 | 76.2 | 68.0 | 408 |
| Highest | 61.2 | 63.0 | 47.1 | 72.6 | 66.0 | 92.0 | 77.2 | 284 |
| Total | 43.9 | 42.8 | 34.4 | 53.7 | 49.9 | 67.5 | 58.4 | 1,978 |

${ }^{1}$ Captures newborns who were weighed "at birth." May exclude some newborns who were weighed during the 2 days after birth

Table 9.23 Newborn care practices
Percentage of most recent live births in the 2 years preceding the survey put immediately after birth on the bare skin of the mother's chest, percentage dried before the placenta was delivered, percentage wrapped in cloth before the placenta was delivered, and the percent distribution by timing of first bath, according to background characteristics, Nepal DHS 2016

| Background characteristic | ```Percentage put immediately after birth on the bare skin of the mother's chest/belly``` | Percentage dried before the placenta was delivered | Percentage wrapped in cloth before the placenta was delivered | Timing of first bath |  |  |  |  | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Within 1 hour | 2-24 hours | After 24 hours | Don't know | Total |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 65.8 | 91.3 | 93.0 | 13.3 | 15.3 | 70.0 | 1.4 | 100.0 | 451 |
| 20-34 | 62.8 | 85.9 | 86.9 | 14.9 | 13.6 | 70.5 | 1.0 | 100.0 | 1,451 |
| 35-49 | 38.2 | 74.7 | 80.2 | 15.7 | 20.9 | 61.8 | 1.6 | 100.0 | 76 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 66.8 | 90.3 | 90.7 | 9.7 | 14.3 | 74.4 | 1.5 | 100.0 | 808 |
| 2-3 | 63.0 | 86.3 | 88.3 | 16.8 | 13.2 | 68.9 | 1.0 | 100.0 | 869 |
| 4-5 | 53.0 | 79.0 | 80.6 | 20.0 | 16.3 | 63.5 | 0.2 | 100.0 | 224 |
| $6+$ | 41.4 | 76.1 | 78.6 | 24.4 | 19.4 | 55.3 | 0.8 | 100.0 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |  |
| Health facility | 75.2 | 91.9 | 91.9 | 5.7 | 12.3 | 80.6 | 1.4 | 100.0 | 1,270 |
| Elsewhere | 40.0 | 77.4 | 81.2 | 30.6 | 17.6 | 51.1 | 0.7 | 100.0 | 708 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 64.7 | 87.6 | 88.5 | 11.5 | 13.4 | 73.9 | 1.2 | 100.0 | 1,062 |
| Rural | 60.1 | 85.6 | 87.6 | 18.1 | 15.2 | 65.5 | 1.1 | 100.0 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 46.3 | 75.4 | 80.2 | 22.3 | 19.2 | 58.6 | 0.0 | 100.0 | 131 |
| Hill | 60.2 | 83.7 | 84.9 | 15.1 | 18.1 | 65.2 | 1.6 | 100.0 | 760 |
| Terai | 66.2 | 90.2 | 91.2 | 13.3 | 10.9 | 74.8 | 0.9 | 100.0 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 58.8 | 84.5 | 87.0 | 21.8 | 9.4 | 67.4 | 1.3 | 100.0 | 457 |
| Central | 62.3 | 83.9 | 85.1 | 13.1 | 15.6 | 69.7 | 1.5 | 100.0 | 706 |
| Western | 66.5 | 90.5 | 89.9 | 9.7 | 9.3 | 80.0 | 1.0 | 100.0 | 388 |
| Mid-western | 58.5 | 89.6 | 92.9 | 16.1 | 25.8 | 57.9 | 0.2 | 100.0 | 260 |
| Far-western | 71.6 | 91.6 | 91.7 | 10.0 | 14.8 | 74.4 | 0.7 | 100.0 | 166 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 56.7 | 84.7 | 87.9 | 20.8 | 12.1 | 65.4 | 1.8 | 100.0 | 338 |
| Province 2 | 65.2 | 88.5 | 89.6 | 16.7 | 11.9 | 70.3 | 1.1 | 100.0 | 513 |
| Province 3 | 58.4 | 76.2 | 77.4 | 11.6 | 16.6 | 70.1 | 1.7 | 100.0 | 312 |
| Province 4 | 61.9 | 83.6 | 82.3 | 12.8 | 8.4 | 78.3 | 0.5 | 100.0 | 164 |
| Province 5 | 65.4 | 93.0 | 94.2 | 8.4 | 18.0 | 72.7 | 0.9 | 100.0 | 364 |
| Province 6 | 58.8 | 90.4 | 93.7 | 23.0 | 19.8 | 56.7 | 0.5 | 100.0 | 121 |
| Province 7 | 71.6 | 91.6 | 91.7 | 10.0 | 14.8 | 74.4 | 0.7 | 100.0 | 166 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 57.3 | 83.7 | 85.9 | 18.9 | 14.0 | 66.4 | 0.7 | 100.0 | 570 |
| Primary | 59.4 | 83.2 | 86.2 | 18.4 | 16.0 | 63.4 | 2.2 | 100.0 | 391 |
| Some secondary | 66.5 | 89.4 | 90.5 | 14.0 | 13.0 | 72.4 | 0.7 | 100.0 | 551 |
| SLC and above | 67.1 | 90.1 | 89.3 | 6.8 | 14.6 | 77.3 | 1.3 | 100.0 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 48.3 | 77.9 | 80.2 | 25.3 | 18.6 | 55.3 | 0.7 | 100.0 | 414 |
| Second | 61.0 | 86.2 | 88.7 | 18.9 | 12.6 | 66.0 | 2.5 | 100.0 | 417 |
| Middle | 67.5 | 87.4 | 89.0 | 11.5 | 13.5 | 74.7 | 0.4 | 100.0 | 454 |
| Fourth | 68.7 | 93.5 | 93.1 | 9.7 | 15.7 | 73.5 | 1.0 | 100.0 | 408 |
| Highest | 68.9 | 89.5 | 89.9 | 4.5 | 9.3 | 85.0 | 1.2 | 100.0 | 284 |
| Total | 62.6 | 86.7 | 88.1 | 14.6 | 14.2 | 70.0 | 1.1 | 100.0 | 1,978 |

Table 9.24 Use of clean home delivery kits and other instruments to cut the umbilical cord
Among most recent live births in the 2 years preceding the survey not delivered in a health facility, percentage by type of instrument used to cut the umbilical cord, according to background characteristics, Nepal DHS 2016

|  | Instrument used to cut the umbilical cord |  |  |  |  |  |  |  |  | Number ofbirths |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Instruments from a clean home delivery kit | New/ boiled blade | Used blade | Knife | Hasiya (sickle) | Khukuri | Scissors | Other | Don't know |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 20.5 | 66.1 | 0.0 | 1.3 | 3.9 | 0.0 | 0.5 | 2.9 | 4.9 | 131 |
| 20-34 | 16.9 | 71.2 | 0.9 | 1.2 | 4.2 | 0.4 | 1.7 | 2.8 | 1.0 | 540 |
| 35-49 | (22.9) | (66.4) | (0.0) | (3.5) | (7.2) | (0.0) | (0.0) | (0.0) | (0.0) | 37 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 24.4 | 62.0 | 0.0 | 1.3 | 3.8 | 0.0 | 0.4 | 2.4 | 5.8 | 161 |
| 2-3 | 14.8 | 73.8 | 1.0 | 1.2 | 4.1 | 0.3 | 2.3 | 2.1 | 0.6 | 364 |
| 4-5 | 19.0 | 70.1 | 0.9 | 0.0 | 4.2 | 0.0 | 0.6 | 5.0 | 0.0 | 128 |
| 6+ | 16.7 | 67.5 | 0.0 | 4.9 | 7.2 | 1.3 | 0.0 | 2.5 | 0.0 | 56 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 12.9 | 74.4 | 0.4 | 0.5 | 3.1 | 0.0 | 2.5 | 5.0 | 1.3 | 281 |
| Rural | 21.2 | 67.1 | 0.8 | 1.8 | 5.1 | 0.4 | 0.6 | 1.2 | 1.9 | 428 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 14.2 | 60.7 | 0.9 | 3.8 | 13.8 | 2.7 | 2.0 | 0.0 | 2.0 | 72 |
| Hill | 11.5 | 69.2 | 0.7 | 2.7 | 8.2 | 0.0 | 2.8 | 2.1 | 3.2 | 246 |
| Terai | 22.6 | 72.2 | 0.6 | 0.0 | 0.1 | 0.0 | 0.4 | 3.6 | 0.6 | 390 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 15.6 | 73.9 | 0.0 | 2.3 | 0.0 | 0.0 | 2.5 | 3.4 | 2.3 | 154 |
| Central | 21.0 | 68.1 | 0.8 | 0.8 | 3.0 | 0.0 | 1.2 | 4.6 | 0.6 | 280 |
| Western | 15.8 | 75.5 | 0.0 | 2.2 | 1.2 | 0.0 | 1.5 | 0.0 | 3.8 | 124 |
| Mid-western | 11.9 | 68.4 | 1.0 | 0.6 | 14.0 | 1.7 | 0.7 | 1.0 | 1.6 | 113 |
| Far-western | 29.4 | 54.2 | 3.5 | 0.0 | 12.9 | 0.0 | 0.0 | 0.0 | 0.0 | 38 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 9.1 | 76.9 | 0.0 | 3.1 | 0.0 | 0.0 | 3.3 | 4.5 | 3.0 | 115 |
| Province 2 | 28.5 | 70.3 | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.7 | 233 |
| Province 3 | 6.9 | 60.7 | 1.2 | 2.8 | 9.7 | 0.0 | 3.8 | 14.9 | 0.0 | 86 |
| Province 4 | 21.1 | 61.6 | 0.0 | 6.2 | 3.5 | 0.0 | 4.2 | 0.0 | 3.5 | 43 |
| Province 5 | 15.0 | 79.7 | 0.9 | 0.0 | 0.8 | 0.0 | 0.0 | 0.9 | 3.5 | 125 |
| Province 6 | 7.4 | 65.0 | 0.0 | 1.0 | 21.7 | 2.8 | 1.2 | 0.0 | 0.9 | 68 |
| Province 7 | 29.4 | 54.2 | 3.5 | 0.0 | 12.9 | 0.0 | 0.0 | 0.0 | 0.0 | 38 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | 15.9 | 75.1 | 0.4 | 1.3 | 5.2 | 0.2 | 0.2 | 1.5 | 0.5 | 300 |
| Primary | 15.9 | 64.4 | 1.6 | 1.7 | 3.3 | 0.7 | 3.9 | 5.8 | 2.8 | 184 |
| Some secondary | 20.6 | 68.9 | 0.0 | 1.3 | 4.2 | 0.0 | 1.0 | 2.4 | 1.5 | 160 |
| SLC and above | 26.6 | 64.5 | 1.0 | 0.0 | 3.2 | 0.0 | 0.7 | 0.0 | 3.9 | 64 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 12.8 | 61.4 | 0.7 | 3.3 | 11.0 | 0.8 | 0.7 | 6.5 | 3.3 | 240 |
| Second | 15.9 | 76.3 | 1.3 | 0.4 | 2.1 | 0.0 | 1.4 | 1.9 | 0.8 | 187 |
| Middle | 21.2 | 76.1 | 0.4 | 0.5 | 0.1 | 0.0 | 1.1 | 0.0 | 0.5 | 150 |
| Fourth | 30.5 | 65.0 | 0.0 | 0.0 | 0.0 | 0.0 | 3.1 | 0.0 | 1.5 | 106 |
| Highest | * | * | * | * | + | * | . | * | * | 26 |
| Total | 17.9 | 70.0 | 0.7 | 1.3 | 4.3 | 0.3 | 1.4 | 2.7 | 1.6 | 708 |

[^13]Table 9.25 Umbilical cord care
Among most recent live births in the 2 years preceding the survey, percentage who had a substance placed on the stump after cutting of the umbilical cord, and percentage by type of substance applied on the umbilical cord, according to background characteristics, Nepal DHS 2016

| Background characteristic | Placed something on stump after cutting umbilical cord | Navi Malam (chlorhexidine) | Oil | Ointment/ powder | Methylated spirit | Local herbs/ turmeric | Other | Don't know | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 63.7 | 37.9 | 9.1 | 19.4 | 0.2 | 3.2 | 1.7 | 1.2 | 451 |
| 20-34 | 63.4 | 40.3 | 6.8 | 16.4 | 0.7 | 3.2 | 1.5 | 2.4 | 1,451 |
| 35-49 | 45.6 | 20.9 | 11.3 | 11.9 | 0.0 | 3.3 | 5.7 | 2.1 | 76 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 63.8 | 46.8 | 5.7 | 13.6 | 0.1 | 2.2 | 0.8 | 2.2 | 808 |
| 2-3 | 62.7 | 37.4 | 7.3 | 18.3 | 1.0 | 3.0 | 1.9 | 2.1 | 869 |
| 4-5 | 61.1 | 25.3 | 10.0 | 22.7 | 0.7 | 6.9 | 3.0 | 1.9 | 224 |
| $6+$ | 57.7 | 15.1 | 20.9 | 18.9 | 0.0 | 6.5 | 4.2 | 2.7 | 76 |
| Place of delivery |  |  |  |  |  |  |  |  |  |
| Health facility | 65.4 | 49.0 | 1.7 | 16.5 | 0.5 | 0.4 | 0.5 | 3.2 | 1,270 |
| Elsewhere | 58.1 | 21.0 | 17.8 | 17.7 | 0.8 | 8.4 | 3.8 | 0.3 | 708 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 62.7 | 43.2 | 5.9 | 12.7 | 0.7 | 2.5 | 1.2 | 3.0 | 1,062 |
| Rural | 62.8 | 34.2 | 9.3 | 21.8 | 0.4 | 4.1 | 2.3 | 1.1 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 50.8 | 39.0 | 7.7 | 4.3 | 0.0 | 2.2 | 3.6 | 0.0 | 131 |
| Hill | 61.3 | 48.0 | 9.5 | 5.1 | 0.0 | 4.4 | 0.7 | 3.1 | 760 |
| Terai | 65.2 | 32.7 | 6.1 | 26.7 | 1.1 | 2.5 | 2.1 | 1.7 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 54.7 | 35.7 | 3.5 | 16.6 | 1.0 | 2.8 | 1.0 | 1.0 | 457 |
| Central | 63.4 | 33.7 | 9.6 | 18.8 | 1.0 | 2.9 | 2.6 | 3.3 | 706 |
| Western | 64.1 | 38.0 | 5.7 | 21.4 | 0.0 | 2.0 | 0.6 | 1.7 | 388 |
| Mid-western | 65.9 | 46.6 | 12.5 | 11.8 | 0.0 | 7.4 | 0.6 | 2.5 | 260 |
| Far-western | 74.2 | 61.2 | 5.5 | 7.2 | 0.0 | 1.9 | 3.9 | 0.9 | 166 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 49.6 | 38.1 | 3.5 | 8.7 | 0.7 | 0.4 | 0.5 | 1.4 | 338 |
| Province 2 | 65.8 | 24.1 | 8.2 | 31.5 | 1.8 | 4.4 | 3.7 | 1.7 | 513 |
| Province 3 | 61.8 | 47.7 | 9.6 | 5.6 | 0.0 | 3.1 | 0.7 | 4.6 | 312 |
| Province 4 | 59.1 | 47.3 | 7.6 | 2.9 | 0.0 | 3.1 | 0.0 | 3.0 | 164 |
| Province 5 | 68.7 | 38.5 | 6.5 | 28.8 | 0.0 | 2.7 | 0.8 | 1.4 | 364 |
| Province 6 | 61.0 | 42.5 | 15.6 | 3.6 | 0.0 | 10.2 | 0.9 | 2.2 | 121 |
| Province 7 | 74.2 | 61.2 | 5.5 | 7.2 | 0.0 | 1.9 | 3.9 | 0.9 | 166 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 63.9 | 28.6 | 10.0 | 24.0 | 1.0 | 5.4 | 3.3 | 1.9 | 570 |
| Primary | 61.2 | 34.6 | 12.4 | 18.2 | 0.8 | 3.9 | 1.3 | 0.9 | 391 |
| Some secondary | 62.6 | 43.0 | 5.8 | 13.0 | 0.5 | 2.5 | 1.4 | 2.1 | 551 |
| SLC and above | 63.0 | 50.7 | 2.3 | 11.7 | 0.0 | 0.9 | 0.3 | 3.4 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 57.3 | 37.9 | 14.7 | 6.5 | 0.0 | 6.5 | 1.6 | 0.7 | 414 |
| Second | 59.6 | 41.2 | 7.6 | 12.1 | 0.4 | 3.4 | 3.0 | 1.2 | 417 |
| Middle | 71.1 | 37.4 | 8.4 | 24.3 | 1.1 | 2.9 | 2.5 | 2.0 | 454 |
| Fourth | 59.9 | 33.4 | 2.6 | 25.4 | 0.9 | 1.1 | 0.7 | 2.2 | 408 |
| Highest | 66.2 | 48.1 | 2.2 | 15.0 | 0.6 | 1.9 | 0.0 | 5.7 | 284 |
| Total | 62.8 | 39.0 | 7.5 | 16.9 | 0.6 | 3.2 | 1.7 | 2.1 | 1,978 |

Table 9.26 Timing of application of Navi Malam (chlorhexidine)
Among most recent live births in the 2 years preceding the survey who had Navi Malam applied to the umbilical cord, percent distribution by the timing of application of the ointment, according to background characteristics, Nepal DHS 2016

| Background characteristic | <1 hour | 1-2 hours | 3+ hours | Don't know | Total | Percentage who had Navi Malam applied within 24 hours of birth | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |  |  |  |
| <20 | 71.3 | 14.3 | 10.3 | 4.1 | 100.0 | 91.3 | 171 |
| 20-34 | 68.1 | 13.2 | 11.0 | 7.6 | 100.0 | 84.5 | 585 |
| 35-49 | * | * | * | * | * | * | 16 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 68.8 | 16.0 | 8.2 | 7.1 | 100.0 | 87.8 | 378 |
| 2-3 | 69.4 | 11.1 | 12.6 | 6.9 | 100.0 | 84.2 | 325 |
| 4-5 | 70.0 | 10.3 | 15.4 | 4.2 | 100.0 | 88.2 | 57 |
| 6+ | * | * | * | * | * | * | 11 |
| Place of delivery |  |  |  |  |  |  |  |
| Public facility | 74.6 | 13.2 | 4.4 | 7.8 | 100.0 | 89.1 | 503 |
| Private facility | 65.6 | 12.9 | 13.9 | 7.6 | 100.0 | 80.3 | 92 |
| Non-government facility | * | * | * | * | * | * | 18 |
| Outside Nepal | * | * | * | * | ${ }^{*}$ | ${ }^{*}$ | 10 |
| Elsewhere | 53.1 | 13.9 | 32.2 | 0.8 | 100.0 | 79.6 | 149 |
| Residence |  |  |  |  |  |  |  |
| Urban | 67.9 | 13.4 | 10.1 | 8.5 | 100.0 | 85.3 | 459 |
| Rural | 70.1 | 13.5 | 12.3 | 4.0 | 100.0 | 86.9 | 313 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 80.4 | 14.1 | 4.3 | 1.2 | 100.0 | 96.9 | 51 |
| Hill | 71.8 | 12.0 | 7.8 | 8.4 | 100.0 | 87.3 | 365 |
| Terai | 64.1 | 15.0 | 15.2 | 5.7 | 100.0 | 83.0 | 356 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 56.6 | 16.9 | 21.3 | 5.2 | 100.0 | 80.0 | 163 |
| Central | 61.4 | 15.7 | 12.6 | 10.2 | 100.0 | 80.3 | 238 |
| Western | 75.5 | 13.9 | 6.1 | 4.5 | 100.0 | 91.8 | 148 |
| Mid-western | 77.5 | 11.4 | 6.5 | 4.6 | 100.0 | 93.5 | 121 |
| Far-western | 85.8 | 4.7 | 3.2 | 6.4 | 100.0 | 91.1 | 102 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 62.5 | 18.3 | 13.9 | 5.2 | 100.0 | 87.0 | 129 |
| Province 2 | 47.8 | 16.0 | 29.6 | 6.5 | 100.0 | 69.0 | 124 |
| Province 3 | 66.5 | 14.6 | 6.9 | 12.0 | 100.0 | 83.6 | 149 |
| Province 4 | 73.1 | 14.7 | 6.3 | 5.8 | 100.0 | 87.9 | 78 |
| Province 5 | 82.9 | 9.0 | 5.6 | 2.5 | 100.0 | 96.9 | 140 |
| Province 6 | 63.4 | 20.0 | 8.2 | 8.4 | 100.0 | 87.8 | 51 |
| Province 7 | 85.8 | 4.7 | 3.2 | 6.4 | 100.0 | 91.1 | 102 |
| Mother's education |  |  |  |  |  |  |  |
| No education | 60.3 | 12.7 | 21.8 | 5.3 | 100.0 | 77.2 | 163 |
| Primary | 72.7 | 12.3 | 13.5 | 1.4 | 100.0 | 89.8 | 135 |
| Some secondary | 74.6 | 13.0 | 5.5 | 6.9 | 100.0 | 90.5 | 237 |
| SLC and above | 66.6 | 15.3 | 7.7 | 10.4 | 100.0 | 85.1 | 236 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 74.8 | 12.8 | 8.8 | 3.7 | 100.0 | 92.1 | 157 |
| Second | 74.9 | 10.6 | 10.3 | 4.1 | 100.0 | 88.2 | 172 |
| Middle | 63.1 | 13.4 | 15.3 | 8.2 | 100.0 | 81.2 | 170 |
| Fourth | 71.4 | 14.8 | 10.6 | 3.2 | 100.0 | 89.6 | 136 |
| Highest | 58.9 | 16.7 | 9.5 | 15.0 | 100.0 | 78.3 | 137 |
| Total | 68.8 | 13.5 | 11.0 | 6.7 | 100.0 | 85.9 | 772 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 9.27 Knowledge that abortion is legal in Nepal
Percentage of women who think abortion is legal in Nepal, and among women who think abortion is legal, percentage who report specific circumstances under which abortion is legal, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among all women Knowledge of abortion |  | Among women who think abortion is legal |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Knowledge of circumstances allowing legal abortion |  |  |  |  |  | Other reported circumstances |  |  |  | Number of women |
|  | Percentage who think abortion is legal | Number of women | Pregnancy of 12 weeks' duration or less for any woman | Pregnancy of 18 weeks' duration if resulted from rape/ incest | Life of mother in danger | Mother's physical/ mental health at risk | Fetus abnormality | Don't know | To space births | If fetus is a daughter | If too many children | Other |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 42.1 | 2,598 | 19.4 | 32.1 | 10.4 | 9.5 | 9.6 | 22.8 | 0.8 | 3.2 | 36.8 | 2.3 | 1,094 |
| 20-24 | 43.3 | 2,251 | 24.5 | 29.3 | 14.6 | 10.8 | 11.2 | 18.3 | 0.8 | 2.9 | 48.4 | 2.1 | 975 |
| 25-29 | 43.2 | 2,135 | 23.5 | 26.5 | 16.6 | 14.1 | 13.8 | 15.4 | 0.6 | 2.9 | 50.4 | 3.9 | 923 |
| 30-34 | 42.2 | 1,806 | 25.4 | 26.8 | 14.8 | 14.8 | 14.0 | 13.0 | 0.2 | 2.5 | 53.6 | 3.1 | 762 |
| 35-39 | 39.2 | 1,572 | 22.7 | 26.9 | 14.0 | 15.2 | 11.4 | 11.8 | 1.3 | 2.6 | 60.1 | 2.1 | 616 |
| 40-44 | 35.3 | 1,388 | 21.9 | 28.8 | 13.0 | 9.7 | 12.8 | 12.3 | 0.9 | 4.5 | 61.2 | 3.5 | 489 |
| 45-49 | 32.8 | 1,113 | 22.7 | 30.0 | 9.2 | 12.2 | 10.5 | 12.5 | 0.3 | 2.2 | 57.6 | 3.7 | 365 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 43.2 | 8,072 | 22.8 | 30.4 | 15.0 | 13.6 | 13.4 | 16.6 | 0.4 | 2.9 | 46.3 | 4.1 | 3,489 |
| Rural | 36.2 | 4,790 | 22.9 | 25.4 | 10.6 | 9.4 | 8.7 | 15.4 | 1.3 | 3.0 | 58.3 | 0.4 | 1,734 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 43.8 | 775 | 30.1 | 25.0 | 9.8 | 11.6 | 10.9 | 13.0 | 0.4 | 0.4 | 62.0 | 2.2 | 339 |
| Hill | 41.7 | 5,556 | 23.0 | 32.5 | 12.1 | 14.1 | 11.9 | 16.6 | 0.5 | 2.0 | 46.1 | 4.7 | 2,317 |
| Terai | 39.3 | 6,531 | 21.6 | 25.8 | 15.3 | 10.6 | 11.9 | 16.3 | 0.9 | 4.2 | 52.6 | 1.3 | 2,568 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 43.3 | 2,900 | 28.7 | 33.3 | 13.2 | 8.9 | 9.9 | 11.8 | 0.5 | 2.7 | 52.4 | 1.1 | 1,255 |
| Central | 41.8 | 4,569 | 20.1 | 30.7 | 13.8 | 13.1 | 11.6 | 13.0 | 0.7 | 5.8 | 52.5 | 5.2 | 1,910 |
| Western | 36.9 | 2,597 | 21.6 | 30.3 | 15.5 | 14.1 | 16.2 | 20.6 | 0.9 | 0.7 | 48.0 | 0.9 | 959 |
| Mid-western | 36.3 | 1,650 | 17.7 | 24.0 | 12.6 | 14.4 | 11.2 | 28.6 | 0.6 | 0.0 | 39.2 | 2.5 | 598 |
| Far-western | 43.7 | 1,145 | 26.6 | 12.6 | 10.4 | 11.0 | 10.0 | 16.4 | 0.9 | 0.9 | 54.6 | 2.7 | 501 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 45.6 | 2,173 | 27.0 | 38.3 | 14.0 | 10.2 | 11.7 | 10.6 | 0.4 | 0.9 | 50.8 | 1.1 | 992 |
| Province 2 | 37.9 | 2,563 | 19.5 | 24.4 | 11.2 | 7.3 | 5.7 | 10.6 | 1.3 | 9.9 | 66.4 | 0.6 | 971 |
| Province 3 | 44.0 | 2,732 | 24.0 | 32.2 | 15.1 | 15.7 | 14.6 | 15.7 | 0.4 | 3.2 | 42.5 | 7.9 | 1,202 |
| Province 4 | 40.9 | 1,249 | 22.3 | 36.7 | 14.9 | 14.5 | 14.5 | 17.6 | 0.4 | 0.8 | 50.4 | 0.5 | 511 |
| Province 5 | 35.5 | 2,274 | 18.2 | 23.7 | 15.6 | 13.2 | 15.5 | 28.4 | 1.0 | 0.3 | 39.7 | 2.0 | 808 |
| Province 6 | 33.0 | 724 | 21.9 | 23.3 | 9.3 | 17.3 | 9.7 | 20.6 | 0.6 | 0.1 | 48.7 | 2.0 | 239 |
| Province 7 | 43.7 | 1,145 | 26.6 | 12.6 | 10.4 | 11.0 | 10.0 | 16.4 | 0.9 | 0.9 | 54.6 | 2.7 | 501 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 27.7 | 4,281 | 19.1 | 19.4 | 8.2 | 4.4 | 6.7 | 17.7 | 0.7 | 4.4 | 61.8 | 0.9 | 1,188 |
| Primary | 32.8 | 2,150 | 18.4 | 23.2 | 12.6 | 10.1 | 8.5 | 18.3 | 1.0 | 3.6 | 58.1 | 2.5 | 705 |
| Some secondary | 45.5 | 3,291 | 20.6 | 26.9 | 12.5 | 11.9 | 10.3 | 20.4 | 0.9 | 1.7 | 46.1 | 2.6 | 1,497 |
| SLC and above | 58.4 | 3,140 | 28.7 | 38.5 | 18.1 | 18.4 | 17.8 | 11.0 | 0.4 | 2.9 | 43.3 | 4.5 | 1,834 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 30.4 | 2,176 | 24.7 | 18.4 | 7.1 | 8.8 | 8.5 | 21.3 | 0.3 | 0.5 | 53.9 | 0.2 | 662 |
| Second | 37.9 | 2,525 | 22.5 | 28.6 | 10.5 | 8.7 | 7.5 | 18.5 | 0.6 | 2.5 | 50.4 | 1.2 | 956 |
| Middle | 39.3 | 2,595 | 17.8 | 26.8 | 10.8 | 7.0 | 8.9 | 19.8 | 0.6 | 4.0 | 52.2 | 1.4 | 1,019 |
| Fourth | 42.5 | 2,765 | 20.9 | 29.6 | 13.4 | 11.0 | 11.2 | 15.8 | 1.4 | 4.2 | 53.3 | 2.9 | 1,177 |
| Highest | 50.3 | 2,801 | 27.3 | 34.4 | 20.6 | 21.0 | 19.1 | 10.0 | 0.5 | 2.6 | 44.7 | 6.2 | 1,410 |
| Total | 40.6 | 12,862 | 22.8 | 28.8 | 13.5 | 12.2 | 11.9 | 16.2 | 0.7 | 3.0 | 50.3 | 2.9 | 5,224 |

Table 9.28 Knowledge about places that provide safe abortions
Percentage of women who know about a place for safe abortion, and among women who know about a place for safe abortion, the percentage who report specific service sectors for safe abortion, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among all women |  | Among women who know a place for safe abortion, percentage who named a place in the: |  |  |  | Number of women who know a place for safe abortion |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who know a place for safe abortion | Number of women | Government sector | Nongovernment sector | Private sector | Other |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 40.9 | 2,598 | 83.2 | 8.4 | 47.5 | 0.6 | 1,062 |
| 20-24 | 51.3 | 2,251 | 80.5 | 15.6 | 47.5 | 1.4 | 1,154 |
| 25-29 | 51.3 | 2,135 | 76.9 | 25.8 | 45.0 | 1.1 | 1,095 |
| 30-34 | 53.5 | 1,806 | 77.0 | 23.4 | 46.3 | 1.3 | 966 |
| 35-39 | 51.3 | 1,572 | 77.8 | 19.5 | 45.6 | 0.8 | 807 |
| 40-44 | 46.2 | 1,388 | 79.6 | 20.2 | 47.6 | 1.2 | 641 |
| 45-49 | 40.7 | 1,113 | 81.4 | 15.7 | 42.1 | 1.5 | 452 |
| Residence |  |  |  |  |  |  |  |
| Urban | 49.7 | 8,072 | 77.6 | 22.6 | 45.1 | 1.1 | 4,011 |
| Rural | 45.2 | 4,790 | 82.8 | 10.6 | 48.4 | 1.0 | 2,166 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 46.1 | 775 | 92.8 | 4.9 | 36.9 | 2.0 | 357 |
| Hill | 46.2 | 5,556 | 79.7 | 21.7 | 40.6 | 0.5 | 2,567 |
| Terai | 49.8 | 6,531 | 77.7 | 17.3 | 51.7 | 1.5 | 3,253 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 53.4 | 2,900 | 76.6 | 17.4 | 49.9 | 0.2 | 1,547 |
| Central | 44.1 | 4,569 | 76.3 | 18.6 | 51.9 | 0.9 | 2,013 |
| Western | 43.4 | 2,597 | 79.8 | 27.4 | 45.1 | 0.2 | 1,128 |
| Mid-western | 53.5 | 1,650 | 86.7 | 14.5 | 39.2 | 0.0 | 883 |
| Far-western | 52.9 | 1,145 | 85.5 | 9.5 | 30.4 | 7.3 | 606 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 49.8 | 2,173 | 78.1 | 19.0 | 44.8 | 0.3 | 1,082 |
| Province 2 | 53.1 | 2,563 | 75.4 | 11.6 | 62.3 | 1.1 | 1,362 |
| Province 3 | 40.8 | 2,732 | 76.1 | 25.0 | 43.2 | 0.3 | 1,116 |
| Province 4 | 43.6 | 1,249 | 77.0 | 31.9 | 38.1 | 0.0 | 544 |
| Province 5 | 47.3 | 2,274 | 84.1 | 19.5 | 44.1 | 0.2 | 1,075 |
| Province 6 | 54.2 | 724 | 87.6 | 13.7 | 44.3 | 0.0 | 393 |
| Province 7 | 52.9 | 1,145 | 85.5 | 9.5 | 30.4 | 7.3 | 606 |
| Education |  |  |  |  |  |  |  |
| No education | 40.4 | 4,281 | 79.5 | 8.0 | 47.5 | 1.1 | 1,731 |
| Primary | 41.5 | 2,150 | 80.9 | 12.2 | 46.8 | 1.7 | 893 |
| Some secondary | 49.6 | 3,291 | 78.6 | 17.6 | 43.1 | 0.9 | 1,631 |
| SLC and above | 61.2 | 3,140 | 79.3 | 31.3 | 47.5 | 1.0 | 1,923 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 39.1 | 2,176 | 87.4 | 5.0 | 37.7 | 0.5 | 851 |
| Second | 47.7 | 2,525 | 83.8 | 10.0 | 42.9 | 1.0 | 1,205 |
| Middle | 48.9 | 2,595 | 79.0 | 13.5 | 47.6 | 0.9 | 1,270 |
| Fourth | 47.8 | 2,765 | 76.2 | 21.6 | 51.6 | 1.4 | 1,321 |
| Highest | 54.7 | 2,801 | 74.6 | 33.8 | 47.9 | 1.4 | 1,531 |
| Total | 48.0 | 12,862 | 79.4 | 18.4 | 46.2 | 1.1 | 6,178 |

Table 9.29 Source of information on safe abortion
Among women age 15-49 who know about a safe abortion site, the percentage of women reporting specific sources of information on safe abortion services, according to background characteristics, Nepal DHS 2016

| Background characteristic | Health providers/ pharmacists | Female community health volunteer | Media |  |  |  |  | Other sources |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Radio | Television | Internet | Newspaper/ magazine | Poster/ billboard/p amphlet/other materials | Friends/ neighbors | Family members | Women's group/ mother's group | Course book/ teacher |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 10.8 | 4.6 | 17.2 | 11.7 | 2.6 | 5.3 | 5.3 | 63.7 | 36.1 | 2.4 | 11.0 | 1,062 |
| 20-24 | 18.5 | 10.0 | 18.5 | 12.8 | 3.7 | 6.8 | 4.4 | 68.4 | 23.3 | 2.1 | 3.0 | 1,154 |
| 25-29 | 19.3 | 9.1 | 16.5 | 14.5 | 2.5 | 8.0 | 3.6 | 63.3 | 25.0 | 3.4 | 3.0 | 1,095 |
| 30-34 | 20.8 | 10.8 | 15.3 | 13.1 | 1.7 | 5.1 | 3.9 | 65.0 | 26.1 | 3.0 | 1.0 | 966 |
| 35-39 | 21.2 | 12.2 | 11.8 | 12.1 | 1.2 | 4.3 | 2.2 | 70.2 | 23.9 | 4.2 | 0.0 | 807 |
| 40-44 | 22.0 | 8.1 | 14.4 | 11.9 | 1.4 | 5.6 | 3.6 | 71.1 | 24.9 | 3.2 | 0.1 | 641 |
| 45-49 | 15.4 | 8.1 | 14.4 | 9.5 | 1.5 | 5.6 | 1.6 | 70.2 | 25.8 | 4.0 | 0.0 | 452 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 19.1 | 7.7 | 15.3 | 15.3 | 2.9 | 8.0 | 4.7 | 64.0 | 25.7 | 2.8 | 3.5 | 4,011 |
| Rural | 16.4 | 11.4 | 16.7 | 7.3 | 1.2 | 2.2 | 2.1 | 72.0 | 28.5 | 3.5 | 2.5 | 2,166 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 22.6 | 19.7 | 25.1 | 7.5 | 1.6 | 4.4 | 0.8 | 74.3 | 23.0 | 3.0 | 3.4 | 357 |
| Hill | 21.9 | 9.6 | 22.5 | 17.1 | 3.6 | 8.3 | 5.6 | 60.5 | 21.4 | 3.0 | 2.8 | 2,567 |
| Terai | 14.7 | 7.3 | 9.5 | 9.5 | 1.3 | 4.3 | 2.6 | 70.9 | 31.2 | 3.0 | 3.4 | 3,253 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 16.6 | 8.6 | 15.4 | 10.2 | 1.7 | 5.1 | 2.9 | 66.6 | 21.4 | 2.3 | 3.0 | 1,547 |
| Central | 15.3 | 4.1 | 13.5 | 16.7 | 3.7 | 8.7 | 4.4 | 67.3 | 29.5 | 1.7 | 3.2 | 2,013 |
| Western | 25.5 | 8.4 | 19.2 | 16.2 | 2.6 | 5.5 | 5.0 | 61.5 | 27.6 | 2.9 | 2.7 | 1,128 |
| Mid-western | 17.6 | 15.9 | 16.6 | 7.1 | 0.7 | 3.0 | 2.5 | 71.5 | 31.6 | 6.3 | 3.4 | 883 |
| Far-western | 18.9 | 17.4 | 17.2 | 5.5 | 1.0 | 3.9 | 3.5 | 68.6 | 21.9 | 4.6 | 3.9 | 606 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 21.0 | 10.8 | 21.2 | 14.2 | 2.3 | 6.8 | 3.9 | 59.2 | 17.2 | 3.0 | 2.0 | 1,082 |
| Province 2 | 8.3 | 2.3 | 2.3 | 3.4 | 0.4 | 1.2 | 1.2 | 83.7 | 36.7 | 1.8 | 3.2 | 1,362 |
| Province 3 | 20.0 | 5.9 | 22.2 | 26.4 | 6.2 | 14.7 | 6.6 | 54.2 | 21.3 | 1.3 | 4.0 | 1,116 |
| Province 4 | 31.1 | 10.2 | 17.6 | 17.2 | 3.1 | 6.1 | 6.5 | 58.5 | 20.0 | 3.6 | 1.9 | 544 |
| Province 5 | 19.1 | 9.8 | 18.3 | 11.2 | 1.2 | 4.4 | 3.1 | 67.7 | 35.2 | 3.9 | 3.6 | 1,075 |
| Province 6 | 17.5 | 18.9 | 18.3 | 8.4 | 1.5 | 2.3 | 2.4 | 71.3 | 26.2 | 6.6 | 2.9 | 393 |
| Province 7 | 18.9 | 17.4 | 17.2 | 5.5 | 1.0 | 3.9 | 3.5 | 68.6 | 21.9 | 4.6 | 3.9 | 606 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 11.0 | 8.6 | 5.8 | 2.5 | 0.0 | 0.1 | 0.4 | 79.2 | 28.9 | 3.7 | 0.0 | 1,731 |
| Primary | 19.4 | 11.3 | 11.5 | 6.0 | 0.0 | 1.3 | 1.7 | 69.2 | 30.5 | 3.2 | 0.0 | 893 |
| Some secondary | 19.6 | 9.9 | 16.8 | 10.8 | 0.7 | 3.2 | 3.4 | 64.0 | 28.3 | 3.4 | 5.0 | 1,631 |
| SLC and above | 22.8 | 7.5 | 26.0 | 26.1 | 6.7 | 15.6 | 8.0 | 56.9 | 21.5 | 2.0 | 5.9 | 1,923 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 17.5 | 16.2 | 16.7 | 2.6 | 0.3 | 0.9 | 2.4 | 72.7 | 26.0 | 3.3 | 2.2 | 851 |
| Second | 19.9 | 11.1 | 18.5 | 5.4 | 0.9 | 2.5 | 2.2 | 68.3 | 23.7 | 3.4 | 3.3 | 1,205 |
| Middle | 14.2 | 10.2 | 11.8 | 6.9 | 1.5 | 2.8 | 1.8 | 73.3 | 27.5 | 4.3 | 2.6 | 1,270 |
| Fourth | 17.8 | 7.4 | 12.6 | 11.1 | 1.4 | 5.4 | 4.3 | 67.0 | 29.9 | 3.0 | 3.5 | 1,321 |
| Highest | 20.6 | 3.6 | 19.3 | 29.6 | 5.8 | 14.5 | 6.9 | 56.8 | 25.8 | 1.6 | 3.8 | 1,531 |
| Total | 18.2 | 9.0 | 15.8 | 12.5 | 2.3 | 5.9 | 3.8 | 66.8 | 26.7 | 3.0 | 3.2 | 6,178 |

Table 9.30 Pregnancy outcomes
Percent distribution of pregnancies ending in the 5 years preceding the survey by type of outcome, according to background characteristics, Nepal DHS 2016

| Background characteristic | Pregnancy outcome |  |  |  |  | Number of pregnancies |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Live birth | Stillbirth | Miscarriage | Abortion | Total |  |
| Mother's age at end of pregnancy |  |  |  |  |  |  |
| <20 | 85.5 | 1.5 | 9.5 | 3.5 | 100.0 | 1,306 |
| 20-34 | 81.0 | 1.2 | 8.5 | 9.2 | 100.0 | 4,622 |
| 35-49 | 55.9 | 2.7 | 14.3 | 27.0 | 100.0 | 353 |
| Pregnancy order |  |  |  |  |  |  |
| 1 | 87.4 | 1.6 | 9.3 | 1.8 | 100.0 | 2,033 |
| 2 | 85.4 | 1.1 | 6.7 | 6.7 | 100.0 | 1,628 |
| 3 | 78.0 | 1.0 | 9.7 | 11.2 | 100.0 | 1,101 |
| 4 | 69.2 | 1.7 | 11.2 | 17.9 | 100.0 | 663 |
| $5+$ | 67.2 | 1.5 | 10.4 | 20.9 | 100.0 | 856 |
| Residence |  |  |  |  |  |  |
| Urban | 77.8 | 1.3 | 9.8 | 11.0 | 100.0 | 3,508 |
| Rural | 84.0 | 1.4 | 8.1 | 6.5 | 100.0 | 2,773 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 81.3 | 0.8 | 9.0 | 8.9 | 100.0 | 444 |
| Hill | 78.5 | 1.2 | 9.1 | 11.2 | 100.0 | 2,435 |
| Terai | 82.0 | 1.5 | 9.0 | 7.5 | 100.0 | 3,402 |
| Development region |  |  |  |  |  |  |
| Eastern | 83.7 | 1.9 | 7.9 | 6.6 | 100.0 | 1,366 |
| Central | 83.3 | 1.3 | 8.4 | 7.0 | 100.0 | 2,227 |
| Western | 74.4 | 1.2 | 11.6 | 12.8 | 100.0 | 1,241 |
| Mid-western | 78.9 | 1.1 | 9.4 | 10.6 | 100.0 | 889 |
| Far-western | 78.4 | 1.0 | 8.3 | 12.3 | 100.0 | 557 |
| Province |  |  |  |  |  |  |
| Province 1 | 83.8 | 1.5 | 7.6 | 7.2 | 100.0 | 977 |
| Province 2 | 85.7 | 1.7 | 8.1 | 4.6 | 100.0 | 1,596 |
| Province 3 | 79.7 | 1.3 | 9.1 | 10.0 | 100.0 | 1,021 |
| Province 4 | 74.1 | 0.9 | 10.1 | 14.9 | 100.0 | 523 |
| Province 5 | 77.0 | 1.3 | 11.1 | 10.7 | 100.0 | 1,169 |
| Province 6 | 77.0 | 1.2 | 10.4 | 11.4 | 100.0 | 439 |
| Province 7 | 78.4 | 1.0 | 8.3 | 12.3 | 100.0 | 557 |
| Mother's education |  |  |  |  |  |  |
| No education | 82.4 | 1.8 | 8.3 | 7.6 | 100.0 | 2,104 |
| Primary | 78.9 | 1.2 | 10.1 | 9.8 | 100.0 | 1,291 |
| Some secondary | 79.9 | 1.0 | 8.5 | 10.7 | 100.0 | 1,536 |
| SLC and above | 80.1 | 1.4 | 9.9 | 8.6 | 100.0 | 1,350 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 83.4 | 1.5 | 8.7 | 6.5 | 100.0 | 1,297 |
| Second | 83.1 | 1.5 | 8.2 | 7.3 | 100.0 | 1,290 |
| Middle | 83.0 | 1.5 | 7.9 | 7.6 | 100.0 | 1,351 |
| Fourth | 79.5 | 1.4 | 9.9 | 9.3 | 100.0 | 1,303 |
| Highest | 72.0 | 1.0 | 11.2 | 15.9 | 100.0 | 1,039 |
| Total | 80.6 | 1.4 | 9.1 | 9.0 | 100.0 | 6,281 |

Table 9.31 Main reason for the most recent abortion in the past 5 years
Percent distribution of women age 15-49 with an abortion in the 5 years preceding the survey by main reason for the most recent abortion, according to background characteristics, Nepal DHS 2016

| Background characteristic | Main reason for having most recent abortion |  |  |  |  |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Health of the mother | No money to take care of the baby | Wanted to delay childbearing | Did not want more children | Wanted to space births | Husband/ partner did not want a child | Sex of the child not as desired | Other | Total |  |
| Age at end of pregnancy |  |  |  |  |  |  |  |  |  |  |
| <20 | (4.8) | (0.0) | (63.2) | (8.9) | (5.2) | (7.4) | (0.0) | (10.4) | 100.0 | 33 |
| 20-34 | 11.9 | 4.2 | 9.9 | 47.3 | 11.8 | 4.1 | 7.7 | 3.1 | 100.0 | 373 |
| 35-49 | 5.3 | 6.3 | 0.0 | 79.4 | 0.0 | 0.6 | 4.0 | 4.5 | 100.0 | 86 |
| Pregnancy order |  |  |  |  |  |  |  |  |  |  |
| 1 | (31.4) | (0.0) | (37.0) | (0.0) | (2.2) | (4.8) | (0.0) | (24.5) | 100.0 | 31 |
| 2 | 16.7 | 2.4 | 30.0 | 17.4 | 23.8 | 0.0 | 5.7 | 4.0 | 100.0 | 102 |
| 3 | 6.7 | 3.8 | 9.3 | 49.8 | 10.3 | 4.7 | 10.1 | 5.4 | 100.0 | 108 |
| 4 | 7.4 | 7.8 | 4.6 | 58.7 | 6.8 | 5.1 | 9.6 | 0.0 | 100.0 | 97 |
| $5+$ | 6.1 | 4.5 | 0.9 | 76.9 | 2.1 | 4.4 | 4.0 | 1.1 | 100.0 | 155 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 10.9 | 4.3 | 11.4 | 51.0 | 8.5 | 2.0 | 7.0 | 4.9 | 100.0 | 336 |
| Rural | 8.9 | 4.2 | 12.5 | 48.8 | 11.0 | 7.4 | 5.6 | 1.6 | 100.0 | 156 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | (6.3) | (4.9) | (15.3) | (64.5) | (4.4) | (0.0) | (3.5) | (1.1) | 100.0 | 33 |
| Hill | 10.8 | 3.8 | 12.7 | 51.0 | 8.1 | 2.0 | 6.9 | 4.7 | 100.0 | 236 |
| Terai | 10.3 | 4.6 | 10.2 | 47.4 | 11.3 | 6.1 | 6.7 | 3.4 | 100.0 | 224 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 13.6 | 4.3 | 8.7 | 52.2 | 4.4 | 8.9 | 3.9 | 4.1 | 100.0 | 84 |
| Central | 14.8 | 4.5 | 14.6 | 41.9 | 8.2 | 1.5 | 10.7 | 4.0 | 100.0 | 135 |
| Western | 6.3 | 2.4 | 8.0 | 51.9 | 16.4 | 4.8 | 5.3 | 4.8 | 100.0 | 136 |
| Mid-western | 6.2 | 4.9 | 15.6 | 54.6 | 8.1 | 0.2 | 7.4 | 2.8 | 100.0 | 80 |
| Far-western | 9.7 | 7.0 | 13.0 | 57.5 | 4.1 | 3.7 | 2.4 | 2.5 | 100.0 | 58 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 17.0 | 5.4 | 9.3 | 58.7 | 3.1 | 0.0 | 1.5 | 5.1 | 100.0 | 67 |
| Province 2 | (5.6) | (1.7) | (11.0) | (35.3) | (18.1) | (12.3) | (15.9) | (0.0) | 100.0 | 60 |
| Province 3 | 18.1 | 5.5 | 15.4 | 43.4 | 1.9 | 2.2 | 7.7 | 5.8 | 100.0 | 92 |
| Province 4 | 7.4 | 0.9 | 6.0 | 47.9 | 23.0 | 2.0 | 5.9 | 6.9 | 100.0 | 68 |
| Province 5 | 5.6 | 5.2 | 11.7 | 54.7 | 9.0 | 4.8 | 6.4 | 2.6 | 100.0 | 106 |
| Province 6 | 6.1 | 2.7 | 16.6 | 56.5 | 8.7 | 0.5 | 5.7 | 3.2 | 100.0 | 41 |
| Province 7 | 9.7 | 7.0 | 13.0 | 57.5 | 4.1 | 3.7 | 2.4 | 2.5 | 100.0 | 58 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 7.7 | 8.6 | 5.0 | 60.6 | 4.7 | 6.0 | 7.3 | 0.0 | 100.0 | 133 |
| Primary | 5.1 | 2.0 | 4.8 | 62.9 | 10.8 | 7.8 | 4.9 | 1.8 | 100.0 | 109 |
| Some secondary | 13.0 | 4.0 | 13.2 | 45.4 | 7.7 | 1.3 | 8.0 | 7.4 | 100.0 | 142 |
| SLC and above | 15.0 | 1.5 | 25.1 | 31.3 | 15.6 | 0.0 | 5.3 | 6.1 | 100.0 | 108 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 10.9 | 7.6 | 9.5 | 63.5 | 4.7 | 0.3 | 3.5 | 0.0 | 100.0 | 69 |
| Second | 4.8 | 5.6 | 8.9 | 51.8 | 11.8 | 7.0 | 9.0 | 1.2 | 100.0 | 82 |
| Middle | 9.1 | 3.6 | 9.5 | 48.6 | 12.0 | 5.1 | 9.7 | 2.4 | 100.0 | 87 |
| Fourth | 10.1 | 3.5 | 9.0 | 56.4 | 10.5 | 4.3 | 2.8 | 3.5 | 100.0 | 104 |
| Highest | 13.8 | 2.9 | 17.5 | 40.2 | 7.7 | 2.3 | 7.4 | 8.2 | 100.0 | 151 |
| Total | 10.3 | 4.3 | 11.7 | 50.3 | 9.3 | 3.7 | 6.5 | 3.9 | 100.0 | 492 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

Table 9.32 Procedure adopted for abortion
Percent distribution of women age 15-49 with an abortion in the 5 years preceding the survey by procedure used to perform the most recent abortion, according to background characteristics, Nepal DHS 2016

| Background characteristic | Procedure for abortion |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Medical abortion | Manual vacuum aspiration | Dilation and evacuation/ dilation and curettage | Other ${ }^{1}$ | Total |  |
| Age |  |  |  |  |  |  |
| <20 | (75.7) | (15.6) | (6.5) | (2.2) | 100.0 | 33 |
| 20-34 | 71.4 | 16.5 | 7.0 | 5.1 | 100.0 | 373 |
| 35-49 | 73.4 | 17.5 | 6.0 | 3.1 | 100.0 | 86 |
| Pregnancy order |  |  |  |  |  |  |
| 1 | (71.6) | (7.9) | (13.0) | (7.5) | 100.0 | 31 |
| 2 | 79.7 | 16.3 | 2.5 | 1.5 | 100.0 | 102 |
| 3 | 67.4 | 22.2 | 7.1 | 3.2 | 100.0 | 108 |
| 4 | 67.3 | 15.3 | 11.0 | 6.4 | 100.0 | 97 |
| $5+$ | 73.3 | 15.4 | 5.6 | 5.7 | 100.0 | 155 |
| Residence |  |  |  |  |  |  |
| Urban | 70.2 | 19.6 | 6.1 | 4.2 | 100.0 | 336 |
| Rural | 76.0 | 10.2 | 8.5 | 5.3 | 100.0 | 156 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | (76.7) | (19.8) | (3.5) | (0.0) | 100.0 | 33 |
| Hill | 70.5 | 19.7 | 4.6 | 5.2 | 100.0 | 236 |
| Terai | 73.0 | 12.9 | 9.6 | 4.5 | 100.0 | 224 |
| Development region |  |  |  |  |  |  |
| Eastern | 71.6 | 16.8 | 7.9 | 3.7 | 100.0 | 84 |
| Central | 74.0 | 11.9 | 11.1 | 3.0 | 100.0 | 135 |
| Western | 73.3 | 21.2 | 3.9 | 1.6 | 100.0 | 136 |
| Mid-western | 71.2 | 19.2 | 3.3 | 6.3 | 100.0 | 80 |
| Far-western | 66.5 | 12.9 | 7.0 | 13.6 | 100.0 | 58 |
| Province |  |  |  |  |  |  |
| Province 1 | 71.7 | 18.6 | 5.0 | 4.7 | 100.0 | 67 |
| Province 2 | (70.2) | (6.8) | (21.9) | (1.1) | 100.0 | 60 |
| Province 3 | 75.9 | 14.8 | 5.6 | 3.7 | 100.0 | 92 |
| Province 4 | 71.9 | 20.9 | 4.1 | 3.2 | 100.0 | 68 |
| Province 5 | 72.9 | 21.5 | 3.1 | 2.5 | 100.0 | 106 |
| Province 6 | 72.6 | 17.0 | 4.5 | 5.9 | 100.0 | 41 |
| Province 7 | 66.5 | 12.9 | 7.0 | 13.6 | 100.0 | 58 |
| Education |  |  |  |  |  |  |
| No education | 76.2 | 9.6 | 9.0 | 5.2 | 100.0 | 133 |
| Primary | 72.5 | 18.9 | 6.1 | 2.5 | 100.0 | 109 |
| Some secondary | 71.7 | 16.2 | 7.1 | 5.0 | 100.0 | 142 |
| SLC and above | 66.9 | 23.4 | 4.6 | 5.1 | 100.0 | 108 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 74.4 | 7.5 | 6.2 | 11.9 | 100.0 | 69 |
| Second | 76.5 | 13.2 | 6.8 | 3.5 | 100.0 | 82 |
| Middle | 72.2 | 15.9 | 10.6 | 1.2 | 100.0 | 87 |
| Fourth | 70.8 | 21.4 | 3.7 | 4.1 | 100.0 | 104 |
| Highest | 69.3 | 19.7 | 7.1 | 3.9 | 100.0 | 151 |
| Total | 72.1 | 16.6 | 6.8 | 4.5 | 100.0 | 492 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
Other includes electric vacuum aspiration, catheter, and herbal remedies.

Table 9.33 Type of provider for abortion
Among women age 15-49 who had an abortion in the 5 years preceding the survey, percent distribution by type of provider for most recent abortion, according to background characteristics, Nepal DHS 2016

| Background characteristic | Type of health provider for abortion |  |  |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor/ nurse/ auxiliary nurse midwife | Health assistant/ AHW | MCHW/ VHW/ FCHV | Pharmacist/ medical shop | Relatives/ friends | No one | Total |  |
| Age |  |  |  |  |  |  |  |  |
| <20 | (77.3) | (1.9) | (0.0) | (15.2) | (5.7) | (0.0) | 100.0 | 33 |
| 20-34 | 69.8 | 4.8 | 0.7 | 20.3 | 2.6 | 1.8 | 100.0 | 373 |
| 35-49 | 74.5 | 7.9 | 1.0 | 14.9 | 0.8 | 0.8 | 100.0 | 86 |
| Pregnancy order |  |  |  |  |  |  |  |  |
| 1 | (88.0) | (2.0) | (0.0) | (10.0) | (0.0) | (0.0) | 100.0 | 31 |
| 2 | 64.4 | 4.4 | 1.2 | 15.9 | 9.8 | 4.4 | 100.0 | 102 |
| 3 | 74.7 | 6.3 | 2.1 | 16.6 | 0.3 | 0.0 | 100.0 | 108 |
| 4 | 74.0 | 7.5 | 0.0 | 17.8 | 0.0 | 0.8 | 100.0 | 97 |
| $5+$ | 67.9 | 4.1 | 0.0 | 25.4 | 1.3 | 1.3 | 100.0 | 155 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 71.5 | 4.9 | 0.7 | 17.2 | 3.5 | 2.2 | 100.0 | 336 |
| Rural | 70.3 | 5.7 | 0.6 | 23.0 | 0.4 | 0.0 | 100.0 | 156 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | (63.1) | (0.0) | (2.3) | (30.3) | (1.9) | (2.3) | 100.0 | 33 |
| Hill | 76.1 | 5.7 | 0.5 | 14.1 | 3.1 | 0.6 | 100.0 | 236 |
| Terai | 67.0 | 5.4 | 0.7 | 22.6 | 2.0 | 2.3 | 100.0 | 224 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 72.2 | 5.8 | 1.2 | 17.4 | 1.3 | 2.1 | 100.0 | 84 |
| Central | 70.4 | 3.6 | 0.0 | 19.9 | 4.9 | 1.3 | 100.0 | 135 |
| Western | 68.6 | 7.2 | 1.0 | 20.1 | 1.3 | 1.8 | 100.0 | 136 |
| Mid-western | 70.9 | 6.2 | 0.5 | 20.9 | 0.8 | 0.7 | 100.0 | 80 |
| Far-western | 77.3 | 1.7 | 1.3 | 14.3 | 4.0 | 1.3 | 100.0 | 58 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 71.3 | 7.3 | 1.5 | 15.6 | 1.6 | 2.6 | 100.0 | 67 |
| Province 2 | (63.0) | (2.4) | (0.0) | (34.6) | (0.0) | (0.0) | 100.0 | 60 |
| Province 3 | 76.2 | 3.7 | 0.0 | 11.0 | 7.2 | 1.9 | 100.0 | 92 |
| Province 4 | 69.6 | 7.1 | 2.0 | 17.8 | 1.6 | 2.0 | 100.0 | 68 |
| Province 5 | 70.8 | 6.8 | 0.0 | 20.2 | 0.7 | 1.6 | 100.0 | 106 |
| Province 6 | 65.8 | 6.3 | 1.0 | 25.3 | 1.5 | 0.0 | 100.0 | 41 |
| Province 7 | 77.3 | 1.7 | 1.3 | 14.3 | 4.0 | 1.3 | 100.0 | 58 |
| Education |  |  |  |  |  |  |  |  |
| No education | 69.3 | 6.4 | 0.0 | 22.6 | 0.5 | 1.1 | 100.0 | 133 |
| Primary | 63.2 | 4.1 | 0.9 | 27.8 | 2.9 | 1.2 | 100.0 | 109 |
| Some secondary | 73.9 | 3.5 | 0.8 | 15.3 | 5.5 | 1.1 | 100.0 | 142 |
| SLC and above | 77.5 | 6.9 | 1.4 | 10.9 | 0.7 | 2.6 | 100.0 | 108 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 62.8 | 9.2 | 1.4 | 22.5 | 3.1 | 1.1 | 100.0 | 69 |
| Second | 60.9 | 9.8 | 0.0 | 24.7 | 2.3 | 2.3 | 100.0 | 82 |
| Middle | 70.7 | 4.8 | 0.0 | 22.4 | 0.0 | 2.1 | 100.0 | 87 |
| Fourth | 67.2 | 4.6 | 2.0 | 18.8 | 7.4 | 0.0 | 100.0 | 104 |
| Highest | 83.3 | 1.4 | 0.3 | 12.6 | 0.5 | 1.8 | 100.0 | 151 |
| Total | 71.1 | 5.2 | 0.7 | 19.0 | 2.5 | 1.5 | 100.0 | 492 |

Note: If the respondent mentioned more than one person assisting with the abortion, only the most qualified person is considered in this tabulation. Figures in parentheses are based on 25-49 unweighted cases.
AHW = Auxiliary health worker
MCHW = Maternal and child health worker
VHW = Village health worker
FCHV = Female community health volunteer

Table 9.34 Place where abortion took place
Percentage of women age $15-49$ who had an abortion in the 5 years preceding the survey by place where most recent abortion took place, according to background characteristics, Nepal DHS 2016

| Background characteristic | Health facility |  |  | Other |  | Authorized site for abortion | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Government sector | Nongovernment sector | Private sector | Home | Other |  |  |
| Age |  |  |  |  |  |  |  |
| <20 | (51.0) | (4.5) | (23.3) | (14.6) | (6.6) | (56.0) | 33 |
| 20-34 | 27.2 | 14.0 | 26.9 | 30.0 | 4.0 | 49.0 | 373 |
| 35-49 | 39.7 | 11.4 | 26.0 | 19.3 | 5.0 | 56.6 | 86 |
| Pregnancy order |  |  |  |  |  |  |  |
| 1 | (48.9) | (4.8) | (32.2) | (10.1) | (4.0) | (72.7) | 31 |
| 2 | 26.2 | 14.5 | 26.3 | 33.8 | 2.3 | 48.2 | 102 |
| 3 | 29.1 | 13.5 | 33.7 | 22.5 | 3.1 | 50.5 | 108 |
| 4 | 31.9 | 17.2 | 24.0 | 22.3 | 6.3 | 53.0 | 97 |
| $5+$ | 31.2 | 10.4 | 22.2 | 32.2 | 5.4 | 47.2 | 155 |
| Residence |  |  |  |  |  |  |  |
| Urban | 30.2 | 14.9 | 26.1 | 26.1 | 4.1 | 52.6 | 336 |
| Rural | 32.4 | 8.6 | 27.4 | 29.3 | 4.8 | 46.9 | 156 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | (48.5) | (1.1) | (6.5) | (37.3) | (8.6) | (49.6) | 33 |
| Hill | 31.4 | 13.9 | 32.9 | 20.2 | 3.7 | 57.5 | 236 |
| Terai | 27.9 | 13.6 | 22.7 | 32.8 | 4.5 | 44.0 | 224 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 26.3 | 15.1 | 30.0 | 27.4 | 3.3 | 42.6 | 84 |
| Central | 27.1 | 13.6 | 28.0 | 30.0 | 1.8 | 53.7 | 135 |
| Western | 27.6 | 13.9 | 30.3 | 25.8 | 3.3 | 50.5 | 136 |
| Mid-western | 43.3 | 13.1 | 16.3 | 28.2 | 4.8 | 58.9 | 80 |
| Far-western | 37.5 | 5.4 | 23.0 | 21.3 | 13.9 | 45.6 | 58 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 32.9 | 13.4 | 26.1 | 26.2 | 4.1 | 47.8 | 67 |
| Province 2 | (16.0) | (14.9) | (25.3) | (42.5) | (2.4) | (34.8) | 60 |
| Province 3 | 29.4 | 14.3 | 33.1 | 22.2 | 1.0 | 60.3 | 92 |
| Province 4 | 25.9 | 18.0 | 30.6 | 21.8 | 3.7 | 56.0 | 68 |
| Province 5 | 35.3 | 12.7 | 25.0 | 26.4 | 3.9 | 52.9 | 106 |
| Province 6 | 40.8 | 8.7 | 16.1 | 35.5 | 3.8 | 51.5 | 41 |
| Province 7 | 37.5 | 5.4 | 23.0 | 21.3 | 13.9 | 45.6 | 58 |
| Education |  |  |  |  |  |  |  |
| No education | 39.1 | 4.5 | 21.2 | 30.9 | 4.4 | 46.7 | 133 |
| Primary | 24.2 | 14.1 | 25.7 | 35.6 | 4.3 | 41.8 | 109 |
| Some secondary | 29.4 | 11.6 | 31.9 | 24.5 | 3.8 | 51.7 | 142 |
| SLC and above | 29.7 | 23.8 | 26.7 | 17.1 | 5.1 | 63.8 | 108 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 42.7 | 0.0 | 21.4 | 33.0 | 8.3 | 46.1 | 69 |
| Second | 28.3 | 8.2 | 30.1 | 32.1 | 3.1 | 43.7 | 82 |
| Middle | 31.0 | 10.6 | 24.2 | 28.5 | 5.7 | 46.2 | 87 |
| Fourth | 28.1 | 16.9 | 25.7 | 29.1 | 3.4 | 49.1 | 104 |
| Highest | 28.9 | 19.9 | 28.8 | 19.5 | 3.1 | 60.7 | 151 |
| Total | 30.9 | 12.9 | 26.5 | 27.1 | 4.4 | 50.8 | 492 |

[^14]Table 9.35 Problems in accessing health care
Percentage of women age 15-49 who reported that they have serious problems in accessing health care for themselves when they are sick, by type of problem, according to background characteristics, Nepal DHS 2016

| Background characteristic | Problems in accessing health care |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Getting permission to go for treatment | Getting money for treatment | Distance to health facility | Not wanting to go alone | No female health service provider | At least one problem accessing health care | Number of women |
| Age |  |  |  |  |  |  |  |
| 15-19 | 25.9 | 52.8 | 53.5 | 73.9 | 71.0 | 86.6 | 2,598 |
| 20-34 | 23.7 | 52.4 | 52.4 | 66.0 | 65.6 | 81.9 | 6,191 |
| 35-49 | 21.7 | 60.0 | 53.7 | 66.6 | 66.3 | 83.0 | 4,072 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 20.9 | 47.8 | 48.1 | 67.1 | 65.2 | 82.1 | 3,724 |
| 1-2 | 22.9 | 50.7 | 48.7 | 63.1 | 63.9 | 80.5 | 5,184 |
| 3-4 | 26.4 | 66.3 | 61.4 | 73.2 | 72.1 | 87.3 | 3,087 |
| $5+$ | 27.9 | 69.8 | 70.1 | 79.2 | 73.9 | 89.7 | 867 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 17.9 | 47.2 | 46.3 | 66.0 | 64.0 | 81.7 | 2,669 |
| Married or living together | 24.9 | 56.3 | 54.5 | 68.1 | 67.6 | 83.4 | 9,875 |
| Divorced/separated/widowed | 26.7 | 76.4 | 64.1 | 72.4 | 69.9 | 91.3 | 318 |
| Employed last 12 months |  |  |  |  |  |  |  |
| Not employed | 25.4 | 51.8 | 48.0 | 67.4 | 68.2 | 81.0 | 4,259 |
| Employed for cash | 19.6 | 53.1 | 47.5 | 61.1 | 62.7 | 80.7 | 3,822 |
| Employed not for cash | 25.0 | 59.0 | 61.9 | 73.5 | 69.0 | 87.2 | 4,781 |
| Residence |  |  |  |  |  |  |  |
| Urban | 20.1 | 49.2 | 44.3 | 61.8 | 62.7 | 79.6 | 8,072 |
| Rural | 29.3 | 64.4 | 67.7 | 77.9 | 73.9 | 89.3 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | 28.6 | 59.4 | 65.9 | 72.9 | 65.9 | 86.3 | 775 |
| Hill | 20.6 | 47.7 | 51.0 | 65.1 | 64.6 | 82.4 | 5,556 |
| Terai | 25.4 | 60.4 | 53.2 | 69.5 | 69.0 | 83.6 | 6,531 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 18.9 | 58.2 | 50.2 | 68.3 | 69.0 | 85.0 | 2,900 |
| Central | 28.1 | 57.1 | 52.7 | 67.8 | 69.3 | 82.9 | 4,569 |
| Western | 13.4 | 40.5 | 40.1 | 55.8 | 59.4 | 73.9 | 2,597 |
| Mid-western | 27.6 | 57.6 | 67.8 | 77.9 | 67.6 | 91.3 | 1,650 |
| Far-western | 33.9 | 66.3 | 69.6 | 79.0 | 68.0 | 89.4 | 1,145 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 20.6 | 53.3 | 50.2 | 66.7 | 68.1 | 83.6 | 2,173 |
| Province 2 | 30.5 | 72.3 | 61.4 | 78.5 | 78.2 | 88.7 | 2,563 |
| Province 3 | 22.1 | 47.0 | 43.8 | 59.2 | 61.5 | 79.1 | 2,732 |
| Province 4 | 15.6 | 39.4 | 38.3 | 53.7 | 59.5 | 73.9 | 1,249 |
| Province 5 | 16.3 | 47.6 | 51.0 | 65.7 | 63.1 | 80.9 | 2,274 |
| Province 6 | 32.8 | 59.1 | 72.1 | 78.5 | 66.6 | 91.5 | 724 |
| Province 7 | 33.9 | 66.3 | 69.6 | 79.0 | 68.0 | 89.4 | 1,145 |
| Education |  |  |  |  |  |  |  |
| No education | 31.1 | 73.0 | 66.7 | 77.8 | 75.4 | 90.4 | 4,281 |
| Primary | 28.4 | 61.7 | 59.8 | 75.2 | 74.2 | 88.7 | 2,150 |
| Some secondary | 23.5 | 50.3 | 51.2 | 66.6 | 66.0 | 83.6 | 3,291 |
| SLC and above | 9.7 | 30.3 | 31.8 | 50.3 | 51.3 | 69.3 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 33.6 | 70.7 | 79.0 | 83.4 | 75.0 | 94.2 | 2,176 |
| Second | 26.8 | 64.9 | 63.6 | 75.7 | 71.8 | 89.4 | 2,525 |
| Middle | 27.3 | 63.8 | 57.8 | 72.6 | 73.0 | 87.8 | 2,595 |
| Fourth | 21.4 | 50.6 | 48.4 | 66.4 | 67.4 | 81.4 | 2,765 |
| Highest | 11.2 | 29.5 | 23.4 | 45.5 | 50.0 | 66.7 | 2,801 |
| Total | 23.5 | 54.9 | 53.0 | 67.8 | 66.9 | 83.2 | 12,862 |

## CHILD HEALTH

## Key Findings

- Vaccination: Seventy-eight percent of children age 1223 months had received all basic vaccinations at the time of the survey. Only $1 \%$ of children did not receive any vaccines.
- Symptoms of acute respiratory infection: Two percent of children under age 5 had symptoms of acute respiratory infection in the 2 weeks preceding the survey.
- Fever: Twenty-one percent of children under age 5 had a fever in the 2 weeks preceding the survey, and $80 \%$ of them were taken to a health facility or provider for treatment or advice.
- Diarrhea: Eight percent of children under age 5 had diarrhea in the 2 weeks preceding the survey, and 64\% of these children were taken to a health facility or provider for treatment or advice. Thirty-seven percent were given fluid from an ORS packet and only $10 \%$ were given ORS and zinc.
- Care seeking: Among children under age 5 with symptoms of acute respiratory infection or diarrhea who were taken for advice or treatment, $74 \%$ were taken to a private-sector facility.

Information on child health and survival can help policymakers and program managers assess the efficacy of current strategies, formulate appropriate interventions to prevent deaths from childhood illnesses, and improve the health of children in Nepal.

This chapter presents information on birth weight and vaccination status for young children. In addition, it looks at the prevalence of, and treatment practices for, three common childhood illnesses: symptoms of acute respiratory infection (ARI), fever, and diarrhea. Because appropriate sanitary practices can help prevent and reduce the severity of diarrheal disease, information is also provided on the disposal of children's fecal matter.

### 10.1 Birth Weight

## Low birth weight

Percentage of births with a reported birth weight below 2.5 kilograms regardless of gestational age.
Sample: Live births in the 5 years before the survey that have a reported birth weight, from either a written record or the mother's report

Information on a baby's birth weight is important because birth weight is an indirect indicator of maternal nutrition as well as a predictive indicator of potential neonatal death and of malnutrition if the child survives.

Among children with a reported birth weight ( $61 \%$ ), $12 \%$ were of low birth weight (less than 2.5 kg ). The survey also provided information on mothers' estimates of their baby's size at birth. Although mothers' estimates of size are subjective, they can be a useful proxy for the baby's birth weight. Five percent of births are reported as very small, $12 \%$ as smaller than average, and $83 \%$ as average or larger than average (Table 10.1).

Trends: There was no change in the percentage of babies with a low birth weight between 2011 and 2016 (12\% each).

## Patterns by background characteristics

- The percentage of babies with a low birth weight decreases with increasing mother's age at birth. The percentage of babies with a low birth weight is highest (16\%) among mothers under age 20, followed by mothers age 20-34 (11\%).
- Babies born in Province 2, Province 5, and Province 6 are more likely ( $14 \%$ each) to have a low birth weight than those born in the other provinces.
- Babies born in households in the highest wealth quintile are less likely (9\%) to be of low birth weight than those born in households in the lower quintiles.


### 10.2 Vaccination of Children

## All basic vaccinations coverage

Percentage of children age 12-23 months who received specific vaccines at any time before the survey (according to a vaccination card or the mother's report). To have received all basic vaccines, a child must receive at least:

- one dose of BCG vaccine, which protects against tuberculosis
- three doses of DPT, which protects against diphtheria, pertussis (whooping cough), and tetanus
- three doses of polio vaccine
- one dose of measles vaccine

Sample: Living children age 12-23 months

Immunization is the most cost-effective and efficient way to control and eliminate the vaccine-preventable diseases that contribute to childhood illness and deaths. In 1979, the National Immunization Program (at the time known as the Expanded Program on Immunization) was initiated in three districts with only two antigens (bacille Calmette-Guérin [BCG] and diphtheria, pertussis, and tetanus [DPT]) and was rapidly expanded to include all 75 districts with each of the six recommended antigens (BCG, DPT, oral polio vaccine [OPV], and measles) by 1988. In 2003, the monovalent hepatitis B (HepB) vaccine was introduced. Later, in 2009, a vaccine against Haemophilus influenzae type B (Hib) was also introduced. In addition, pneumococcal conjugate vaccine (PCV) and inactivated polio vaccine-intramuscular (IPV-IM) were introduced in 2015 in phases. All children in Nepal need to receive the recommended number of doses of BCG, DPT-HepB-Hib, OPV, PCV, IPV-IM, and measles/rubella vaccines during their first year of life.

More than three-fourths (78\%) of children age 12-23 months had received all basic vaccines at any time before the survey; however, less than half ( $43 \%$ ) had received all age-appropriate vaccines at any time before the survey (Figure 10.1). Poor coverage of age-appropriate vaccines may be related to the phased introduction of the PCV vaccine into routine immunizations from 2015 onward across the country.

Trends: The percentage of children age 12-23 months who received all basic vaccines at any time before the survey increased from $43 \%$ in 1996 to $87 \%$ in 2011. However, the percentage who received all basic vaccines fell by 9 percentage points between 2011 and 2016 , from $87 \%$ to $78 \%$. On the other hand, the percentage of children age 12-23 months who did not receive any vaccinations decreased from $3 \%$ in 2006 and 2011 to $1 \%$ in 2016 (Figure 10.2).

## Patterns by type of vaccination

- Coverage of BCG vaccination at birth among children age 12-23 months is $98 \%$, while coverage of measles/rubella vaccine is $90 \%$. As noted, only $1 \%$ of children age 12-23 months did not receive any vaccines (Figure 10.1).
- Eighty-three percent of children age 12-23 months received the measles/rubella vaccine by the appropriate age (Table 10.2).


## Patterns by background characteristics

- Vaccination coverage among children age 12-23 months for all basic vaccines varies across Nepal, ranging from 65\% in Province 2 to $93 \%$ in Province 4 (Figure 10.3).
- The percentage of children age 12-23 months who received all basic vaccinations increases with increasing mother's educational attainment. Vaccination coverage is lowest among children whose mothers have no education (68\%) and highest among those whose mothers have an SLC or higher (91\%) (Figure 10.4).

Figure 10.1 Childhood vaccinations


Figure 10.2 Trends in childhood vaccinations

Percentage of children age 12-23 months who received all basic vaccinations at any time before the survey


Figure 10.3 Vaccination coverage by province

Percentage of children age 12-23 months who received all basic vaccines at any time before the survey


## Vaccination Card Ownership and Availability

Vaccination cards are crucial to ensuring that children have received all of their recommended vaccinations. Almost all (94\%) children age 12-23 months were reported to have a vaccination card; however, only about half (52\%) of mothers were able to present their child's vaccination card at the time of the interview (Table 10.4).

### 10.3 Symptoms of Acute Respiratory Infection

Acute respiratory infections are a major public health problem among children under age 5 in Nepal, and pneumonia has emerged as the leading cause of death among children in that age group (MOHP, New ERA, and Macro International Inc. 2007). The Community-Based Integrated Management of Childhood Illness program was initiated in 1995 to addresses the management of diseases such as pneumonia, diarrhea, malaria, measles, and malnutrition among children age 2 months to age 5 through an integrated approach. Later, in 2014, this package was integrated with the Community-Based Newborn Care Package to form the Community-Based Integrated Management of Neonatal and Childhood Illness (CB-IMCI) program, which follows WHO guidelines on standard ARI case management. The newly integrated package is being rolled out in phases across the country. The program also promotes the important role of mothers and caretakers in identifying differences between cough and cold symptoms that necessitate home care and symptoms that require a referral to a health facility in the case of deteriorating health of the child.

Under the CB-IMCI program, female community health volunteers (FCHVs) are trained to assess, identify, and treat children under age 5 suffering from pneumonia at the ward level with antibiotics.

## Treatment of ARI symptoms

Children with ARI symptoms for whom advice or treatment was sought. ARI symptoms consist of cough accompanied by (1) short, rapid breathing that is chest-related and/or (2) difficult breathing that is chest-related.
Sample: Children under age 5 with symptoms of ARI in the 2 weeks before the survey

Mothers reported that only $2 \%$ of children under age 5 had symptoms of ARI in the 2 weeks preceding the survey (Table 10.5). Eighty-five percent of children who had ARI symptoms were taken to a health facility or provider for advice or treatment (data not shown).

Trends: The prevalence of symptoms of ARI among children under age 5 in Nepal fell from 5\% in 2011 to $2 \%$ in 2016.

## Patterns by background characteristics

- The prevalence of symptoms of ARI was highest among children age 6-11 months and age 12-23 months ( $4 \%$ each), followed by children age $24-35$ months ( $2 \%$ ).
- The prevalence of ARI symptoms decreases with increasing household wealth, from 3\% among children in households in the bottom two wealth quintiles to $1 \%$ among children in households in the highest quintile.


## Patterns by source of advice or treatment

- Advice or treatment for children under age 5 with symptoms of ARI was most commonly sought from the private medical sector ( $74 \%$ ); only $27 \%$ of children were taken to a government-sector facility (Table 10.6).
- About one-third of children under age 5 with ARI symptoms for whom treatment or advice was sought were taken to pharmacies (34\%) or private clinics (32\%).


### 10.4 Fever

Fever is the most common illness among children in Nepal. It can be the manifestation of mild illnesses such as the common cold or severe illnesses such as malaria, measles, pneumonia, or Japanese encephalitis.

## Treatment of fever

Children with fever for whom advice or treatment was sought.
Sample: Children under age 5 with a fever in the 2 weeks before the survey

Twenty-one percent of children under age 5 had a fever in the 2 weeks preceding the survey. Eighty percent of these children were taken to a health facility or provider for advice or treatment, and $35 \%$ received antibiotics (Table 10.7).

Trends: The prevalence of fever among children under age 5 increased from $19 \%$ to $21 \%$ between 2011 and 2016.

## Patterns by background characteristics

- The prevalence of fever increases from $16 \%$ among children under age 6 months to $30 \%$ among those age 6-11 months and declines thereafter (Table 10.7).
- The prevalence of fever among children under age 5 is highest in Province $1(31 \%)$ and lowest in Province 4 (15\%).
- The percentage of children under age 5 with a fever for whom advice or treatment was sought was highest in Province 2 ( $89 \%$ ) and lowest in Province 6 (62\%). The percentage of children with a fever who took antibiotics was highest in Province 2 (42\%) and lowest in Province 4 and Province $5(27 \%$ each).
- Children with a fever were more likely to be taken to a health facility or provider for advice or treatment if their mother had at least some secondary education (83\%) than if their mother had only a primary education (76\%).
- The proportion of children with a fever for whom advice or treatment was sought was highest among those from households in the middle wealth quintile (91\%) and lowest among those from households in the lowest quintile (59\%).


### 10.5 Diarrheal Disease

### 10.5.1 Prevalence of Diarrhea

In Nepal, diarrhea is one of the most common illnesses among children and continues to be a major cause of childhood morbidity and mortality (MOHP 2011).

The survey findings show that the prevalence of diarrhea among children under age 5 is $8 \%$. Advice or treatment was sought for $64 \%$ of children who had diarrhea (Table 10.8).

Trends: The prevalence of diarrhea decreased to $8 \%$ in 2016 from $14 \%$ in 2011.
Patterns by background characteristics

- The prevalence of diarrhea increases sharply from $6 \%$ among children less than age 6 months to $15 \%$ among those age 6-11 months, when children are typically introduced to complementary foods. The prevalence of diarrhea decreases gradually after age 1 (Figure 10.5).
- The percentage of children under age 5 with diarrhea varies according to the availability of toilet facilities. It is lowest among those who have access to an improved toilet facility (7\%) and highest among those who have an unimproved toilet facility or practice open defecation ( $10 \%$ each).

Figure 10.5 Diarrhea prevalence by age
Percentage of children under age 5 who had diarrhea in the 2 weeks before the survey


- Children who reside in the terai zone are more likely to suffer from diarrhea (9\%) than those in the hill ( $6 \%$ ) and mountain ( $5 \%$ ) zones.
- The prevalence of diarrhea among children is highest in Province 2 and Province 3 ( $9 \%$ each) and lowest in Province 4 (4\%).


### 10.5.2 Treatment or Advice Seeking during Diarrhea

The CB-IMCI program focuses on addressing diarrheal diseases based on the standard protocol recommended by WHO.

## Oral rehydration therapy

Children with diarrhea are given increased fluids, a fluid made from a special packet of oral rehydration salts (ORS), or government-recommended homemade fluids (RHF).
Sample: Children under age 5 with diarrhea in the 2 weeks before the survey

As noted, $64 \%$ of children under age 5 with diarrhea in the 2 weeks preceding the survey were taken to a health facility or provider for advice or treatment
(Table 10.8 and Figure 10.6).

## Patterns by background characteristics

- Among children under age 5 with diarrhea, boys ( $72 \%$ ) are more likely than girls ( $56 \%$ ) to be taken to a health facility or provider for advice or treatment.
- The percentage of children with diarrhea for whom treatment or advice is sought is higher in rural areas than in urban areas ( $70 \%$ versus 60\%).
- Among children with diarrhea, those residing in the hill zone ( $45 \%$ ) are much less likely than those in the terai zone (74\%) to be taken to a health facility or provider for advice or treatment.

Figure 10.6 Treatment of diarrhea
Percentage of children under age 5 with diarrhea in the 2 weeks before the survey


- The percentage of children suffering from diarrhea for whom advice or treatment is sought is highest among those whose mothers have a primary education (75\%) and lowest among those whose mothers have no education (58\%).
- The percentage of children with diarrhea who are taken for treatment or advice is highest among those from households in the middle wealth quintile (75\%) and lowest among those from households in the lowest quintile (55\%).


### 10.5.3 Feeding Practices

To prevent and reduce dehydration and minimize the effects of diarrhea, mothers of children with diarrhea are encouraged to continue normal feeding and to increase the amount of fluids given.

## Appropriate feeding practices

Children with diarrhea are given more liquids than usual and as much food or more than usual.
Sample: Children under age 5 with diarrhea in the 2 weeks before the survey

Thirty-two percent of children under age 5 suffering from diarrhea were given more fluids than their usual intake, while $46 \%$ were given the same volume of liquids and $18 \%$ were given a lesser amount of liquids. About half (49\%) of children with diarrhea were given the same amount of food (as recommended), while $27 \%$ were given a smaller quantity of food (Figure 10.7).

## Patterns by background characteristics

Figure 10.7 Feeding practices during diarrhea


- Forty-one percent of urban children under age 5 with diarrhea were given more fluids, as compared with only $21 \%$ of rural children (Table 10.9).
- Feeding practices among children with diarrhea vary considerably by ecological zones. The percentage of children with diarrhea who were given increased fluids was more than twice as high in the hill zone as in the terai zone ( $50 \%$ versus $22 \%$ ).
- The percentage of children with diarrhea who received more liquids increases substantially with increasing mother's educational level, from $13 \%$ among children whose mothers have no education to $73 \%$ among those whose mothers have an SLC or higher.


### 10.5.4 Treatment of Diarrhea

As per the CB-IMCI treatment protocol, each case of diarrhea should be treated with ORS and zinc. The 2016 NDHS results showed that $37 \%$ of children under age 5 with diarrhea received fluid from ORS packets, while $61 \%$ received either ORS or recommended home fluids. Likewise, $18 \%$ of children under age 5 were given zinc during an episode of diarrhea, while only $10 \%$ were given ORS along with zinc. Sixty-one percent of children with diarrhea were given continued feeding and oral rehydration therapy
(Figure 10.6).
The CB-IMCI protocol recommends that children under age 5 with diarrhea be treated with zinc for 10 days. Among children with diarrhea who were given zinc, only about one-third (30\%) took the full dose (data not shown).

## Patterns by background characteristics

- Among children under age 5 suffering from diarrhea, boys ( $12 \%$ ) are more likely to be given ORS and zinc than girls (8\%) (Table 10.10).
- The percentages of children with diarrhea who are given fluid from an ORS packet and given ORS and zinc vary considerably according to mother's education. For example, the percentage of children with diarrhea who were given fluid from an ORS packet was highest among those whose mothers had an SLC or higher ( $50 \%$ ) and lowest among those whose mothers had no education (31\%).
- Notably, the percentage of children with diarrhea who were given ORS and zinc was much higher among those from households in the lowest wealth quintile (21\%) than among those from households in the other wealth quintiles.


## Source of advice or treatment

- Among children under age 5 with diarrhea who were taken for advice or treatment, nearly twothirds (74\%) were taken to a private-sector facility, while $24 \%$ were taken to a governmentsector facility. Around half of children (43\%) were taken to a pharmacy (Table 10.11).
- Among children with diarrhea who received ORS, $53 \%$ were taken to a private-sector facility and $29 \%$ were taken to a government-sector facility.


## Treatment of Childhood Illness

In summary, during the 2 weeks preceding the survey, fever was the most common illness among

Figure 10.8 Prevalence and treatment of childhood illnesses
 children under age 5 (21\%). Children who had symptoms of ARI ( $85 \%$ ) and fever ( $80 \%$ ) were much more likely to be taken to a health facility or provider for advice or treatment than those who had diarrhea (64\%) (Figure 10.8).

### 10.6 Disposal of Children’s Stools

## Safe disposal of children's stools

The child's last stools were put or rinsed into a toilet or latrine or buried, or the child used a toilet or latrine.
Sample: Youngest children under age 2 living with their mother

Appropriate disposal of children's stools is important to prevent the spread of diseases. Less than half ( $46 \%$ ) of children under age 2 living with their mother had their last stools disposed of safely (Table 10.12).

## Patterns by background characteristics

- The percentage of children under age 2 whose last stools were disposed of safely is much higher in urban than rural areas ( $54 \%$ versus $37 \%$ ) (Table 10.12).
- There are large differences by province in safe disposal of children's stools. In Province 2, 12\% of children had their last stools disposed of safely, as compared with $69 \%$ of children each in Province 3 and Province 4.
- The percentage of children whose last stools were disposed of safely was highest among those whose mothers had an SLC or higher ( $72 \%$ ) and lowest among those whose mothers had no education ( $24 \%$ ).
- The percentage of children whose stools are disposed of safely varies by wealth, from $29 \%$ among children in households in the middle wealth quintile to $70 \%$ among those in households in the highest quintile.


## LIST OF TABLES

For more information on low birth weight, vaccinations, childhood illness, and disposal of children's stools, see the following tables:

- Table 10.1 Child's size and weight at birth
- Table 10.2 Vaccinations by source of information
- Table 10.3 Vaccinations by background characteristics
- Table 10.4 Possession and observation of vaccination cards, according to background characteristics
- Table 10.5 Prevalence of symptoms of ARI
- Table 10.6 Source of advice or treatment for children with symptoms of ARI
- Table 10.7 Prevalence and treatment of fever
- Table 10.8 Prevalence and treatment of diarrhea
- Table 10.9 Feeding practices during diarrhea
- Table 10.10 Oral rehydration therapy, zinc, and other treatments for diarrhea
- Table 10.11 Source of advice or treatment for children with diarrhea
- Table 10.12 Disposal of children's stools

Table 10.1 Child's size and weight at birth
Percent distribution of live births in the 5 years preceding the survey by mother's estimate of baby's size at birth, percentage of live births in the 5 years preceding the survey that have a reported birth weight, and among live births in the 5 years preceding the survey with a reported birth weight, percentage less than 2.5 kg , according to background characteristics, Nepal DHS 2016

| Background characteristic | Percent distribution of births by size of baby at birth |  |  |  |  | Percentage of births that have a reported birth weight ${ }^{1}$ | Number of births | Among births with a reported birth weight ${ }^{1}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Very small | Smaller than average | Average or larger | Don't know | Total |  |  | $\begin{gathered} \hline \text { Percentage } \\ \text { less than } \\ 2.5 \mathrm{~kg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Number of } \\ \text { births } \end{gathered}$ |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 4.6 | 12.9 | 82.2 | 0.4 | 100.0 | 67.8 | 1,117 | 16.1 | 757 |
| 20-34 | 4.6 | 12.3 | 82.9 | 0.2 | 100.0 | 60.2 | 3,746 | 11.4 | 2,253 |
| 35-49 | 4.9 | 11.4 | 83.8 | 0.0 | 100.0 | 45.0 | 197 | 3.8 | 89 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 6.1 | 12.6 | 80.9 | 0.4 | 100.0 | 77.9 | 2,002 | 14.6 | 1,559 |
| 2-3 | 3.3 | 12.8 | 83.8 | 0.1 | 100.0 | 56.2 | 2,241 | 9.4 | 1,259 |
| 4-5 | 4.5 | 11.0 | 84.5 | 0.0 | 100.0 | 36.0 | 598 | 12.8 | 215 |
| 6+ | 4.8 | 10.8 | 84.1 | 0.3 | 100.0 | 29.9 | 219 | 14.1 | 66 |
| Mother's smoking status |  |  |  |  |  |  |  |  |  |
| Smokes cigarettes/tobacco | 7.9 | 11.4 | 80.3 | 0.3 | 100.0 | 41.3 | 193 | 10.1 | 80 |
| Does not smoke | 4.5 | 12.5 | 82.9 | 0.2 | 100.0 | 62.0 | 4,867 | 12.4 | 3,019 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 4.1 | 13.2 | 82.7 | 0.1 | 100.0 | 71.6 | 2,730 | 12.0 | 1,956 |
| Rural | 5.2 | 11.5 | 82.9 | 0.4 | 100.0 | 49.1 | 2,330 | 12.9 | 1,143 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 6.5 | 15.1 | 78.0 | 0.4 | 100.0 | 53.9 | 361 | 12.7 | 194 |
| Hill | 4.9 | 11.7 | 83.1 | 0.2 | 100.0 | 64.9 | 1,911 | 9.2 | 1,239 |
| Terai | 4.1 | 12.5 | 83.1 | 0.2 | 100.0 | 59.7 | 2,789 | 14.7 | 1,665 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 3.6 | 7.8 | 88.4 | 0.2 | 100.0 | 63.6 | 1,143 | 13.6 | 727 |
| Central | 3.9 | 11.7 | 84.4 | 0.0 | 100.0 | 56.3 | 1,855 | 10.8 | 1,045 |
| Western | 4.7 | 13.3 | 81.9 | 0.1 | 100.0 | 64.3 | 923 | 11.1 | 594 |
| Mid-western | 6.5 | 16.0 | 77.1 | 0.3 | 100.0 | 60.9 | 702 | 15.5 | 427 |
| Far-western | 6.9 | 20.1 | 72.0 | 1.1 | 100.0 | 69.9 | 437 | 12.9 | 306 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 4.2 | 9.3 | 86.2 | 0.3 | 100.0 | 65.1 | 819 | 12.3 | 533 |
| Province 2 | 3.3 | 9.3 | 87.4 | 0.0 | 100.0 | 47.4 | 1,367 | 13.7 | 648 |
| Province 3 | 4.1 | 12.6 | 83.3 | 0.0 | 100.0 | 72.7 | 813 | 9.7 | 591 |
| Province 4 | 4.0 | 10.8 | 85.0 | 0.2 | 100.0 | 70.8 | 388 | 10.0 | 275 |
| Province 5 | 5.5 | 16.4 | 78.0 | 0.1 | 100.0 | 64.6 | 899 | 14.1 | 581 |
| Province 6 | 7.2 | 13.8 | 78.6 | 0.4 | 100.0 | 49.0 | 338 | 13.8 | 165 |
| Province 7 | 6.9 | 20.1 | 72.0 | 1.1 | 100.0 | 69.9 | 437 | 12.9 | 306 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 4.8 | 13.5 | 81.6 | 0.1 | 100.0 | 39.8 | 1,733 | 16.2 | 690 |
| Primary | 4.7 | 13.6 | 81.5 | 0.2 | 100.0 | 54.8 | 1,019 | 11.4 | 559 |
| Some secondary | 4.1 | 11.4 | 84.1 | 0.4 | 100.0 | 72.4 | 1,226 | 12.2 | 888 |
| SLC and above | 4.7 | 10.8 | 84.4 | 0.1 | 100.0 | 88.9 | 1,082 | 10.3 | 962 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 6.2 | 14.1 | 79.3 | 0.4 | 100.0 | 41.6 | 1,082 | 13.0 | 450 |
| Second | 4.8 | 13.8 | 81.3 | 0.1 | 100.0 | 50.6 | 1,072 | 13.6 | 543 |
| Middle | 4.6 | 11.8 | 83.3 | 0.3 | 100.0 | 60.9 | 1,121 | 13.8 | 682 |
| Fourth | 3.6 | 11.8 | 84.4 | 0.2 | 100.0 | 71.7 | 1,036 | 13.0 | 743 |
| Highest | 3.3 | 9.9 | 86.7 | 0.0 | 100.0 | 90.9 | 748 | 8.8 | 680 |
| Total | 4.6 | 12.4 | 82.8 | 0.2 | 100.0 | 61.2 | 5,060 | 12.3 | 3,099 |

[^15]Table 10.2 Vaccinations by source of information
Percentage of children age 12-23 months and children age 24-35 months who received specific vaccines at any time before the survey, by source of information (vaccination card or mother's report), and percentage who received specific vaccines by the appropriate age, Nepal DHS 2016

| Vaccine | Children age 12-23 months |  |  |  | Children age 24-35 months |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Vaccination card ${ }^{1}$ | Mother's report | Either source | Vaccinated <br> by appropriate age $^{2,3,4}$ | Vaccination card ${ }^{1}$ | Mother's report | Either source | Vaccinated <br> by appropriate age ${ }^{2,3,4}$ |
| BCG | 52.2 | 45.3 | 97.5 | 97.0 | 30.5 | 64.9 | 95.4 | 93.7 |
| DPT-HepB-Hib |  |  |  |  |  |  |  |  |
| 1 | 52.0 | 44.6 | 96.6 | 96.4 | 30.6 | 64.7 | 95.3 | 93.9 |
| 2 | 51.8 | 41.9 | 93.8 | 93.5 | 30.4 | 61.9 | 92.3 | 91.0 |
| 3 | 51.1 | 34.8 | 85.9 | 85.7 | 30.0 | 54.0 | 84.0 | 80.6 |
| Polio |  |  |  |  |  |  |  |  |
| 1 | 51.8 | 45.9 | 97.7 | 97.5 | 30.4 | 65.9 | 96.2 | 95.3 |
| 2 | 50.9 | 44.3 | 95.3 | 95.0 | 29.9 | 65.2 | 95.1 | 94.2 |
| 3 | 50.3 | 37.7 | 88.0 | 87.7 | 29.3 | 61.0 | 90.3 | 87.2 |
| IPV-IM | 38.3 | 31.3 | 69.7 | 68.4 | 9.9 | 41.4 | 51.3 | 45.3 |
| Pneumococcal |  |  |  |  |  |  |  |  |
| 1 | 37.6 | 35.2 | 72.8 | 71.4 | 9.2 | 43.2 | 52.4 | 46.4 |
| 2 | 31.0 | 27.7 | 58.7 | 58.1 | 6.5 | 35.7 | 42.2 | 39.8 |
| 3 | 26.5 | 19.0 | 45.5 | 43.8 | 5.3 | 28.1 | 33.5 | 28.9 |
| Measles/rubella (MR) | 49.8 | 40.6 | 90.4 | 82.7 | 29.9 | 64.4 | 94.3 | 81.6 |
| All basic vaccinations ${ }^{5}$ | 47.8 | 30.0 | 77.8 | 71.1 | 28.5 | 51.3 | 79.8 | 66.1 |
| All age-appropriate vaccinations ${ }^{6}$ | 25.7 | 16.9 | 42.6 | 39.4 | 5.2 | 25.9 | 31.1 | 21.8 |
| No vaccinations | 0.0 | 0.8 | 0.8 | na | 0.0 | 1.4 | 1.4 | na |
| Number of children | 541 | 493 | 1,034 | 1,034 | 284 | 635 | 919 | 919 |

na $=$ Not applicable
BCG = Bacille Calmette-Guérin
DPT = Diphtheria-pertussis-tetanus
HepB = Hepatitis B
Hib = Haemophilus influenzae type b
IPV-IM = Inactivated polio vaccine-intramuscular
${ }^{1}$ Vaccination card, booklet, or other home-based record
${ }^{2}$ Received by age 12 months
${ }^{3}$ For children whose vaccination information is based on the mother's report, date of vaccination is not collected. The proportions of vaccinations given during the first and second years of life are assumed to be the same as for children with a written record of vaccination.
${ }^{4}$ Received by age 12 months for all vaccines
${ }^{5}$ BCG, three doses of DPT-HepB-Hib (pentavalent), three doses of oral polio vaccine, and one dose of measles/rubella
${ }^{6}$ BCG, three doses of DPT-HepB-Hib (pentavalent), three doses of oral polio vaccine, three doses of pneumococcal vaccine, and one dose of measles/rubella
Table 10.3 Vaccinations by background characteristics
Percentage of children age 12-23 months and children age 24-35 months who received specific vaccines at any time before the survey (according to a vaccination card or the mother's report), percentage with all basic vaccinations, and percentage with all age-appropriate vaccinations, by background characteristics, Nepal DHS 2016

| Background characteristic | BCG | DPT-HepB-Hib |  |  | Polio |  |  |  | Pneumococcal |  |  | Measles/ rubella | All basic vaccinations ${ }^{1}$ | All ageappropriate vaccinations ${ }^{2}$ | No vaccinations | Number of children | Children age 24-35 months: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 1 | 2 | 3 | IPV-IM | 1 | 2 | 3 |  |  |  |  |  | All ageappropriate vaccinations ${ }^{2}$ | Number of children |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 98.3 | 97.5 | 94.7 | 85.7 | 97.8 | 95.8 | 87.5 | 70.7 | 74.9 | 59.6 | 46.0 | 91.2 | 77.4 | 43.2 | 0.5 | 577 | 28.4 | 463 |
| Female | 96.5 | 95.5 | 92.6 | 86.2 | 97.6 | 94.6 | 88.7 | 68.4 | 70.0 | 57.6 | 44.9 | 89.4 | 78.4 | 41.8 | 1.3 | 457 | 33.9 | 456 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 98.6 | 98.2 | 96.8 | 89.0 | 97.4 | 95.0 | 89.8 | 72.1 | 77.6 | 65.6 | 52.8 | 93.0 | 84.0 | 50.7 | 0.7 | 420 | 31.6 | 365 |
| 2-3 | 97.6 | 97.3 | 92.7 | 86.2 | 98.2 | 96.0 | 87.5 | 70.6 | 69.8 | 54.8 | 41.0 | 89.6 | 75.6 | 37.9 | 0.6 | 443 | 31.0 | 417 |
| 4-5 | 97.5 | 94.1 | 92.5 | 79.3 | 99.1 | 96.7 | 90.9 | 65.1 | 69.5 | 53.3 | 41.5 | 91.4 | 74.4 | 38.4 | 0.5 | 128 | 30.7 | 100 |
| $6+$ | (85.5) | (82.0) | (79.0) | (73.7) | (91.3) | (85.8) | (67.5) | (50.4) | (64.8) | (48.5) | (33.1) | (70.9) | (51.5) | (24.2) | (5.4) | 43 | (30.2) | 38 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 98.1 | 97.2 | 94.0 | 85.6 | 98.0 | 96.1 | 88.7 | 70.6 | 73.6 | 58.5 | 44.2 | 91.2 | 78.5 | 42.0 | 0.7 | 564 | 30.1 | 493 |
| Rural | 96.8 | 95.9 | 93.4 | 86.3 | 97.3 | 94.2 | 87.2 | 68.5 | 71.7 | 59.0 | 47.0 | 89.5 | 77.0 | 43.2 | 1.0 | 470 | 32.4 | 426 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 98.1 | 98.1 | 93.6 | 85.5 | 97.2 | 90.6 | 81.5 | 73.4 | 72.8 | 57.4 | 35.6 | 95.8 | 74.1 | 30.9 | 0.0 | 75 | 29.3 | 64 |
| Hill | 98.8 | 98.3 | 97.3 | 94.5 | 97.8 | 96.5 | 93.3 | 73.4 | 73.6 | 63.2 | 53.1 | 95.9 | 88.0 | 50.8 | 0.5 | 390 | 34.3 | 345 |
| Terai | 96.5 | 95.3 | 91.3 | 80.2 | 97.7 | 95.0 | 85.2 | 66.6 | 72.1 | 55.8 | 41.6 | 85.9 | 71.3 | 38.5 | 1.2 | 569 | 29.2 | 510 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 97.8 | 95.4 | 94.6 | 87.5 | 97.7 | 94.8 | 86.2 | 72.4 | 79.4 | 65.3 | 47.7 | 94.3 | 80.6 | 45.7 | 0.6 | 237 | 32.4 | 207 |
| Central | 95.9 | 95.5 | 90.6 | 79.8 | 96.8 | 94.5 | 85.7 | 62.3 | 61.6 | 42.0 | 32.0 | 86.6 | 71.1 | 28.8 | 1.6 | 360 | 19.7 | 328 |
| Western | 99.0 | 97.8 | 95.9 | 90.7 | 99.0 | 98.3 | 93.9 | 79.6 | 87.8 | 84.1 | 70.2 | 89.6 | 83.1 | 67.7 | 0.0 | 226 | 55.9 | 167 |
| Mid-western | 98.1 | 98.8 | 95.2 | 87.5 | 98.8 | 93.8 | 85.9 | 63.2 | 70.6 | 54.0 | 43.6 | 92.2 | 78.6 | 39.2 | 0.8 | 126 | 32.2 | 142 |
| Far-western | 98.4 | 98.4 | 97.0 | 92.7 | 96.7 | 93.9 | 89.8 | 76.7 | 64.7 | 50.6 | 34.1 | 95.2 | 83.4 | 30.1 | 0.7 | 84 | 20.3 | 74 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 96.9 | 93.5 | 92.4 | 85.6 | 96.9 | 92.7 | 84.8 | 72.1 | 75.3 | 61.4 | 44.6 | 96.5 | 79.4 | 43.1 | 0.8 | 169 | 30.4 | 149 |
| Province 2 | 95.5 | 96.2 | 90.4 | 76.1 | 97.2 | 94.4 | 81.7 | 65.0 | 67.3 | 48.2 | 33.8 | 81.4 | 65.2 | 29.5 | 1.9 | 259 | 24.4 | 252 |
| Province 3 | 98.2 | 96.3 | 94.8 | 90.4 | 97.5 | 96.8 | 93.7 | 62.4 | 64.0 | 45.8 | 38.4 | 95.4 | 85.3 | 37.0 | 0.6 | 168 | 18.9 | 135 |
| Province 4 | 100.0 | 97.9 | 97.1 | 94.7 | 99.4 | 99.4 | 97.3 | 86.6 | 90.2 | 87.8 | 76.9 | 98.0 | 92.7 | 75.6 | 0.0 | 94 | 58.2 | 71 |
| Province 5 | 98.4 | 98.5 | 95.7 | 89.1 | 99.1 | 97.1 | 90.8 | 72.0 | 82.5 | 71.7 | 58.1 | 85.9 | 78.3 | 54.6 | 0.0 | 196 | 37.8 | 168 |
| Province 6 | 97.5 | 97.5 | 93.2 | 83.3 | 97.5 | 91.5 | 82.6 | 59.8 | 66.3 | 56.8 | 44.5 | 93.9 | 74.9 | 39.7 | 1.5 | 63 | 48.7 | 70 |
| Province 7 | 98.4 | 98.4 | 97.0 | 92.7 | 96.7 | 93.9 | 89.8 | 76.7 | 64.7 | 50.6 | 34.1 | 95.2 | 83.4 | 30.1 | 0.7 | 84 | 20.3 | 74 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 96.1 | 94.6 | 89.6 | 80.3 | 97.0 | 93.3 | 82.5 | 65.4 | 66.0 | 52.5 | 38.1 | 83.4 | 67.8 | 34.2 | 1.2 | 321 | 30.2 | 312 |
| Primary | 96.9 | 95.2 | 92.1 | 85.0 | 97.2 | 95.6 | 90.1 | 69.5 | 72.1 | 57.1 | 41.5 | 91.9 | 75.8 | 37.4 | 0.3 | 212 | 28.2 | 191 |
| Some secondary | 97.8 | 97.3 | 95.8 | 86.4 | 97.3 | 93.5 | 87.3 | 71.4 | 73.4 | 59.7 | 45.9 | 91.9 | 79.8 | 43.9 | 1.5 | 267 | 31.7 | 202 |
| SLC and above | 99.6 | 99.9 | 98.6 | 94.1 | 99.6 | 99.6 | 94.4 | 73.7 | 81.8 | 67.6 | 59.0 | 97.0 | 91.2 | 57.3 | 0.1 | 234 | 34.6 | 215 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 98.0 | 96.2 | 94.0 | 86.5 | 97.3 | 94.3 | 86.6 | 67.4 | 71.3 | 58.3 | 43.9 | 94.0 | 76.6 | 39.8 | 0.4 | 215 | 32.5 | 207 |
| Second | 96.3 | 95.5 | 93.4 | 84.9 | 96.8 | 94.3 | 86.4 | 72.6 | 67.3 | 54.0 | 43.9 | 89.7 | 77.2 | 41.3 | 1.8 | 229 | 30.4 | 200 |
| Middle | 97.5 | 96.3 | 91.6 | 80.9 | 98.4 | 95.4 | 84.9 | 66.7 | 70.6 | 54.3 | 39.3 | 85.2 | 70.9 | 35.5 | 0.0 | 237 | 29.0 | 185 |
| Fourth | 98.4 | 97.9 | 95.4 | 89.8 | 98.5 | 97.0 | 92.9 | 72.9 | 78.9 | 67.3 | 54.2 | 93.6 | 84.8 | 52.8 | 1.0 | 226 | 34.5 | 190 |
| Highest | 97.1 | 97.7 | 94.9 | 89.5 | 97.4 | 95.2 | 90.2 | 68.1 | 78.1 | 60.8 | 47.1 | 89.8 | 81.6 | 44.6 | 1.1 | 128 | 28.7 | 137 |
| Total | 97.5 | 96.6 | 93.8 | 85.9 | 97.7 | 95.3 | 88.0 | 69.7 | 72.8 | 58.7 | 45.5 | 90.4 | 77.8 | 42.6 | 0.8 | 1,034 | 31.1 | 919 |

[^16] 1 BCG, three doses of DPT-HepB-Hib (pentavalent), three doses of oral polio vaccine, and one dose of measles/rubella
BCG, three doses of DPT-HepB-Hib (pentavalent), three doses of oral polio vaccine, three doses of pneumococcal vaccine, and one dose of measles/rubella

Table 10.4 Possession and observation of vaccination cards, according to background characteristics
Percentage of children age 12-23 months and children age $24-35$ months who ever had a vaccination card, and percentage with a vaccination card seen, according to background characteristics, Nepal DHS 2016

| Background characteristic | Children age 12-23 months |  |  | Children age 24-35 months |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who ever had a vaccination card ${ }^{1}$ | Percentage with a vaccination card seen ${ }^{1}$ | Number of children | Percentage who ever had a vaccination card ${ }^{1}$ | Percentage with a vaccination card seen ${ }^{1}$ | Number of children |
| Sex |  |  |  |  |  |  |
| Male | 95.3 | 53.4 | 577 | 92.9 | 32.1 | 463 |
| Female | 92.1 | 51.0 | 457 | 92.6 | 29.7 | 456 |
| Birth order |  |  |  |  |  |  |
| 1 | 96.4 | 58.8 | 420 | 94.5 | 35.0 | 365 |
| 2-3 | 94.3 | 50.0 | 443 | 93.1 | 30.2 | 417 |
| 4-5 | 88.7 | 46.4 | 128 | 86.0 | 22.2 | 100 |
| $6+$ | (80.3) | (30.5) | 43 | (90.2) | (22.1) | 38 |
| Residence |  |  |  |  |  |  |
| Urban | 94.9 | 52.0 | 564 | 94.7 | 31.1 | 493 |
| Rural | 92.7 | 52.7 | 470 | 90.6 | 30.6 | 426 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 91.8 | 42.6 | 75 | 87.5 | 19.8 | 64 |
| Hill | 97.7 | 68.8 | 390 | 92.9 | 38.6 | 345 |
| Terai | 91.5 | 42.3 | 569 | 93.4 | 27.0 | 510 |
| Development region |  |  |  |  |  |  |
| Eastern | 97.9 | 53.0 | 237 | 96.7 | 26.8 | 207 |
| Central | 89.8 | 43.6 | 360 | 90.1 | 24.4 | 328 |
| Western | 95.0 | 62.5 | 226 | 96.6 | 41.3 | 167 |
| Mid-western | 93.0 | 55.5 | 126 | 87.6 | 37.1 | 142 |
| Far-western | 98.0 | 55.9 | 84 | 95.1 | 35.1 | 74 |
| Province |  |  |  |  |  |  |
| Province 1 | 97.0 | 55.1 | 169 | 96.3 | 31.8 | 149 |
| Province 2 | 87.9 | 30.6 | 259 | 89.4 | 19.2 | 252 |
| Province 3 | 96.9 | 65.2 | 168 | 94.6 | 29.9 | 135 |
| Province 4 | 99.4 | 71.9 | 94 | 95.1 | 48.5 | 71 |
| Province 5 | 94.1 | 58.8 | 196 | 97.0 | 43.0 | 168 |
| Province 6 | 87.3 | 45.7 | 63 | 79.0 | 21.7 | 70 |
| Province 7 | 98.0 | 55.9 | 84 | 95.1 | 35.1 | 74 |
| Mother's education |  |  |  |  |  |  |
| No education | 87.8 | 34.2 | 321 | 88.1 | 22.0 | 312 |
| Primary | 94.6 | 56.9 | 212 | 93.7 | 32.6 | 191 |
| Some secondary | 95.8 | 61.3 | 267 | 95.3 | 42.9 | 202 |
| SLC and above | 99.3 | 62.8 | 234 | 96.4 | 31.0 | 215 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 94.5 | 53.8 | 215 | 86.2 | 33.6 | 207 |
| Second | 90.2 | 53.2 | 229 | 90.7 | 29.6 | 200 |
| Middle | 92.9 | 41.1 | 237 | 95.4 | 32.9 | 185 |
| Fourth | 95.7 | 56.5 | 226 | 95.8 | 29.7 | 190 |
| Highest | 97.7 | 61.8 | 128 | 98.1 | 27.6 | 137 |
| Total | 93.9 | 52.3 | 1,034 | 92.8 | 30.9 | 919 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Vaccination card, booklet, or other home-based record

Table 10.5 Prevalence of symptoms of ARI
Among children under age 5, percentage who had symptoms of acute respiratory infection (ARI) in the 2 weeks preceding the survey, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among children under age 5: |  |
| :---: | :---: | :---: |
|  | Percentage with symptoms of ARI ${ }^{1}$ | Number of children |
| Age in months |  |  |
| <6 | 1.2 | 445 |
| 6-11 | 4.4 | 499 |
| 12-23 | 4.0 | 1,034 |
| 24-35 | 2.3 | 919 |
| 36-47 | 1.1 | 968 |
| 48-59 | 1.7 | 1,021 |
| Sex |  |  |
| Male | 2.7 | 2,563 |
| Female | 2.1 | 2,324 |
| Mother's smoking status |  |  |
| Smokes cigarettes/tobacco | 4.3 | 187 |
| Does not smoke | 2.3 | 4,700 |
| Cooking fuel |  |  |
| Electricity or gas | 1.4 | 1,223 |
| Charcoal | * | 6 |
| Wood/straw ${ }^{2}$ | 3.0 | 3,297 |
| Animal dung | 0.5 | 361 |
| Residence |  |  |
| Urban | 2.1 | 2,649 |
| Rural | 2.8 | 2,238 |
| Ecological zone |  |  |
| Mountain | 2.9 | 342 |
| Hill | 3.4 | 1,857 |
| Terai | 1.7 | 2,688 |
| Development region |  |  |
| Eastern | 2.6 | 1,105 |
| Central | 2.0 | 1,791 |
| Western | 2.6 | 897 |
| Mid-western | 2.8 | 673 |
| Far-western | 2.6 | 421 |
| Province |  |  |
| Province 1 | 3.3 | 794 |
| Province 2 | 1.5 | 1,310 |
| Province 3 | 2.4 | 792 |
| Province 4 | 1.7 | 380 |
| Province 5 | 2.9 | 869 |
| Province 6 | 3.4 | 322 |
| Province 7 | 2.6 | 421 |
| Mother's education |  |  |
| No education | 2.1 | 1,663 |
| Primary | 2.8 | 981 |
| Some secondary | 2.9 | 1,183 |
| SLC and above | 2.0 | 1,060 |
| Wealth quintile |  |  |
| Lowest | 3.3 | 1,041 |
| Second | 3.1 | 1,028 |
| Middle | 2.4 | 1,087 |
| Fourth | 2.1 | 999 |
| Highest | 0.6 | 732 |
| Total | 2.4 | 4,887 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Symptoms of ARI include short, rapid breathing that is chestrelated and/or difficult breathing that is chest-related.
${ }^{2}$ Includes grass, shrubs, and crop residues

Table 10.6 Source of advice or treatment for children with symptoms of ARI

Percentage of children under age 5 with symptoms of ARI in the 2 weeks preceding the survey for whom advice or treatment was sought from specific sources, and among children under age 5 with symptoms of ARI in the 2 weeks preceding the survey for whom advice or treatment was sought, percentage for whom advice or treatment was sought from specific sources, Nepal DHS 2016

|  | Percentage for whom advice or <br> treatment was sought from each <br> source: |  |  |
| :--- | :---: | :---: | :---: |
|  | Among children <br> with symptoms <br> of ARI for whom <br> advice or |  |  |
|  | Among children <br> with symptoms <br> of ARI | 10 <br> treatment was <br> sought ${ }^{1}$ |  |
| Source | 22.8 | 26.8 |  |
| Government sector | 8.0 | 9.4 |  |
| Government hospital/clinic | 4.1 | 4.8 |  |
| Primary health care center | 13.0 | 15.3 |  |
| Health post/sub-health post | 62.4 | 73.5 |  |
| Private medical sector | 7.0 | 8.2 |  |
| Private hospital/nursing home | 26.8 | 31.6 |  |
| Private clinic | 28.6 | 33.6 |  |
| Pharmacy | 1.9 | 2.3 |  |
| Other | 118 | 100 |  |
| Number of children |  |  |  |

${ }^{1}$ Symptoms of ARI include short, rapid breathing that is chest-related and/or difficult breathing that is chest-related.

Table 10.7 Prevalence and treatment of fever
Among children under age 5 , the percentage who had a fever in the 2 weeks preceding the survey, and among children with a fever, the percentage for whom advice or treatment was sought from a health facility or provider and the percentage who received antibiotics as treatment, by background characteristics, Nepal DHS 2016

| Background characteristic | Among children under age 5: |  | Among children under age 5 with fever: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage with fever | Number of children | Percentage for whom advice or treatment was sought ${ }^{1}$ | Percentage for whom treatment was sought same or next day | Percentage who took antibiotic drugs | Number of children with fever |
| Age in months |  |  |  |  |  |  |
| <6 | 16.0 | 445 | 84.7 | 61.4 | 31.3 | 71 |
| 6-11 | 30.0 | 499 | 80.4 | 54.3 | 37.9 | 150 |
| 12-23 | 24.0 | 1,034 | 73.4 | 52.1 | 35.6 | 248 |
| 24-35 | 22.4 | 919 | 81.7 | 54.6 | 33.3 | 206 |
| 36-47 | 18.2 | 968 | 81.4 | 61.4 | 34.3 | 176 |
| 48-59 | 17.9 | 1,021 | 82.3 | 53.9 | 33.5 | 183 |
| Sex |  |  |  |  |  |  |
| Male | 23.7 | 2,563 | 80.7 | 56.5 | 36.4 | 607 |
| Female | 18.4 | 2,324 | 78.5 | 54.0 | 32.0 | 427 |
| Residence |  |  |  |  |  |  |
| Urban | 22.7 | 2,649 | 82.5 | 58.0 | 35.9 | 600 |
| Rural | 19.4 | 2,238 | 76.1 | 51.9 | 32.8 | 434 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 16.5 | 342 | 60.6 | 35.3 | 26.1 | 56 |
| Hill | 21.6 | 1,857 | 69.7 | 39.0 | 32.2 | 402 |
| Terai | 21.4 | 2,688 | 88.7 | 68.9 | 37.1 | 576 |
| Development region |  |  |  |  |  |  |
| Eastern | 27.0 | 1,105 | 86.5 | 59.8 | 44.5 | 298 |
| Central | 22.5 | 1,791 | 79.6 | 58.7 | 32.3 | 403 |
| Western | 13.4 | 897 | 75.4 | 55.4 | 23.7 | 120 |
| Mid-western | 20.4 | 673 | 74.5 | 42.5 | 29.5 | 137 |
| Far-western | 17.8 | 421 | 70.6 | 44.6 | 34.1 | 75 |
| Province |  |  |  |  |  |  |
| Province 1 | 30.5 | 794 | 84.7 | 57.1 | 38.4 | 242 |
| Province 2 | 21.4 | 1,310 | 89.4 | 70.9 | 41.9 | 281 |
| Province 3 | 22.5 | 792 | 68.8 | 43.6 | 29.3 | 179 |
| Province 4 | 14.7 | 380 | 66.7 | 42.2 | 26.5 | 56 |
| Province 5 | 17.4 | 869 | 82.3 | 56.3 | 26.5 | 151 |
| Province 6 | 15.5 | 322 | 61.8 | 32.2 | 28.1 | 50 |
| Province 7 | 17.8 | 421 | 70.6 | 44.6 | 34.1 | 75 |
| Mother's education |  |  |  |  |  |  |
| No education | 19.7 | 1,663 | 77.5 | 51.1 | 31.2 | 327 |
| Primary | 21.5 | 981 | 76.2 | 52.3 | 28.7 | 211 |
| Some secondary | 21.1 | 1,183 | 82.8 | 57.3 | 41.8 | 250 |
| SLC and above | 23.2 | 1,060 | 82.8 | 62.2 | 36.9 | 246 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 17.9 | 1,041 | 58.9 | 27.2 | 27.4 | 186 |
| Second | 21.4 | 1,028 | 77.1 | 49.0 | 40.6 | 220 |
| Middle | 23.0 | 1,087 | 90.7 | 69.5 | 32.2 | 251 |
| Fourth | 21.3 | 999 | 84.8 | 61.9 | 42.1 | 213 |
| Highest | 22.4 | 732 | 83.9 | 66.3 | 28.6 | 164 |
| Total | 21.2 | 4,887 | 79.8 | 55.5 | 34.6 | 1,034 |

${ }^{1}$ Includes advice or treatment from the following sources: government sector, non-government sector, private sector, pharmacy, and shop. Excludes advice or treatment from a traditional practitioner

Table 10.8 Prevalence and treatment of diarrhea
Percentage of children under age 5 who had diarrhea in the 2 weeks preceding the survey, and among children with diarrhea in the 2 weeks preceding the survey, percentage for whom advice or treatment was sought, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage with diarrhea | Number of children | Among children under age 5 with diarrhea: |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage for whom advice or treatment was sought ${ }^{1}$ | Number of children with diarrhea |
| Age in months |  |  |  |  |
| <6 | 6.0 | 445 | (67.6) | 27 |
| 6-11 | 15.2 | 499 | 52.0 | 76 |
| 12-23 | 9.9 | 1,034 | 77.2 | 102 |
| 24-35 | 6.5 | 919 | 81.8 | 60 |
| 36-47 | 6.2 | 968 | 48.9 | 60 |
| 48-59 | 4.5 | 1,021 | (52.2) | 46 |
| Sex |  |  |  |  |
| Male | 7.7 | 2,563 | 71.9 | 197 |
| Female | 7.5 | 2,324 | 56.1 | 175 |
| Source of drinking water ${ }^{2}$ |  |  |  |  |
| Improved | 7.6 | 4,648 | 64.2 | 354 |
| Not improved | 7.3 | 239 | * | 17 |
| Toilet facility ${ }^{3}$ |  |  |  |  |
| Improved | 6.5 | 2,810 | 64.5 | 182 |
| Unimproved sanitation | 9.1 | 2,077 | 64.4 | 189 |
| Shared facility ${ }^{4}$ | 8.0 | 923 | 73.6 | 74 |
| Unimproved facility | 10.1 | 81 | , | 8 |
| Open defecation | 10.0 | 1,072 | 62.5 | 107 |
| Residence |  |  |  |  |
| Urban | 7.8 | 2,649 | 59.8 | 207 |
| Rural | 7.4 | 2,238 | 70.2 | 165 |
| Ecological zone |  |  |  |  |
| Mountain | 5.2 | 342 | * | 18 |
| Hill | 6.4 | 1,857 | 44.9 | 120 |
| Terai | 8.7 | 2,688 | 74.0 | 234 |
| Development region |  |  |  |  |
| Eastern | 6.3 | 1,105 | 70.1 | 69 |
| Central | 9.6 | 1,791 | 51.6 | 171 |
| Western | 5.3 | 897 | (84.6) | 48 |
| Mid-western | 8.4 | 673 | 78.6 | 57 |
| Far-western | 6.2 | 421 | (65.9) | 26 |
| Province |  |  |  |  |
| Province 1 | 7.2 | 794 | 65.7 | 57 |
| Province 2 | 8.6 | 1,310 | 68.2 | 112 |
| Province 3 | 9.0 | 792 | (32.1) | 71 |
| Province 4 | 3.7 | 380 | * | 14 |
| Province 5 | 8.2 | 869 | 82.4 | 71 |
| Province 6 | 6.0 | 322 | (83.3) | 19 |
| Province 7 | 6.2 | 421 | (65.9) | 26 |
| Mother's education |  |  |  |  |
| No education | 8.5 | 1,663 | 58.4 | 142 |
| Primary | 8.4 | 981 | 75.0 | 82 |
| Some secondary | 6.5 | 1,183 | 67.6 | 77 |
| SLC and above | 6.7 | 1,060 | 60.9 | 71 |
| Wealth quintile |  |  |  |  |
| Lowest | 5.9 | 1,041 | 54.7 | 61 |
| Second | 8.0 | 1,028 | 61.0 | 82 |
| Middle | 8.4 | 1,087 | 75.2 | 91 |
| Fourth | 8.3 | 999 | 66.8 | 83 |
| Highest | 7.3 | 732 | (59.0) | 54 |
| Total | 7.6 | 4,887 | 64.4 | 371 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes advice or treatment from the following sources: government sector, non-government sector,
private sector, pharmacy, and shop. Excludes advice or treatment from a traditional practitioner.
${ }^{2}$ See Table 2.1 for definition of categories.
${ }^{3}$ See Table 2.3 for definition of categories.
${ }^{4}$ Facilities that would be considered improved if they were not shared by two or more households

Table 10.9 Feeding practices during diarrhea
Percent distribution of children under age 5 who had diarrhea in the 2 weeks preceding the survey by amount of liquids and food offered compared with normal practice, by background characteristics, Nepal DHS 2016

|  | Amount of liquids given |  |  |  |  |  | Amount of food given |  |  |  |  |  |  | Number of children with diarrhea |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | More | Same as usual | Somewhat less | Much less | None | Total | More | Same as usual | Somewhat less | Much less | None | Never gave food | Total |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | (20.7) | (57.3) | (8.6) | (0.0) | (13.3) | 100.0 | (5.1) | (28.6) | (8.6) | (1.6) | (0.0) | (56.1) | 100.0 | 27 |
| 6-11 | 21.3 | 57.3 | 12.6 | 0.0 | 8.8 | 100.0 | 12.5 | 45.4 | 19.5 | 2.7 | 3.8 | 16.0 | 100.0 | 76 |
| 12-23 | 40.7 | 40.2 | 10.0 | 5.2 | 3.9 | 100.0 | 18.3 | 56.5 | 17.7 | 6.6 | 0.0 | 0.9 | 100.0 | 102 |
| 24-35 | 35.5 | 38.6 | 16.7 | 7.2 | 2.1 | 100.0 | 18.1 | 45.7 | 23.2 | 9.0 | 1.5 | 2.5 | 100.0 | 60 |
| 36-47 | 34.3 | 45.0 | 16.0 | 4.6 | 0.0 | 100.0 | 10.8 | 46.7 | 42.5 | 0.0 | 0.0 | 0.0 | 100.0 | 60 |
| 48-59 | (29.1) | (41.1) | (22.2) | (5.0) | (2.7) | 100.0 | (14.7) | (57.2) | (21.1) | (5.0) | (2.1) | (0.0) | 100.0 | 46 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 31.0 | 44.4 | 16.4 | 4.0 | 4.3 | 100.0 | 16.4 | 43.3 | 25.1 | 7.1 | 1.7 | 6.4 | 100.0 | 197 |
| Female | 33.1 | 46.9 | 11.3 | 3.9 | 4.8 | 100.0 | 12.2 | 55.4 | 20.1 | 1.7 | 0.8 | 9.7 | 100.0 | 175 |
| Breastfeeding status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breastfeeding | 31.1 | 46.3 | 12.4 | 4.6 | 5.7 | 100.0 | 15.1 | 47.9 | 19.8 | 5.4 | 1.4 | 10.3 | 100.0 | 272 |
| Not breastfeeding | 34.4 | 43.6 | 18.4 | 2.3 | 1.2 | 100.0 | 12.6 | 51.8 | 30.8 | 2.3 | 1.0 | 1.5 | 100.0 | 100 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 41.1 | 43.4 | 7.7 | 4.5 | 3.3 | 100.0 | 20.0 | 48.4 | 19.6 | 4.0 | 1.6 | 6.5 | 100.0 | 207 |
| Rural | 20.5 | 48.3 | 21.9 | 3.2 | 6.1 | 100.0 | 7.6 | 49.7 | 26.8 | 5.3 | 0.9 | 9.8 | 100.0 | 165 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | * | * | * | * | * | 100.0 | * | * | * | * | * | * | 100.0 | 18 |
| Hill | 49.9 | 39.5 | 4.2 | 1.7 | 4.7 | 100.0 | 16.8 | 54.5 | 19.5 | 1.5 | 0.0 | 7.7 | 100.0 | 120 |
| Terai | 21.6 | 49.5 | 18.7 | 5.4 | 4.8 | 100.0 | 13.3 | 46.6 | 24.4 | 5.9 | 2.1 | 7.7 | 100.0 | 234 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 32.6 | 53.0 | 9.9 | 1.8 | 2.7 | 100.0 | 12.5 | 58.0 | 20.4 | 1.4 | 2.8 | 4.9 | 100.0 | 69 |
| Central | 28.1 | 47.5 | 18.1 | 3.2 | 3.2 | 100.0 | 12.1 | 49.4 | 25.1 | 3.1 | 0.9 | 9.5 | 100.0 | 171 |
| Western | (39.8) | (42.5) | (7.8) | (7.3) | (2.6) | 100.0 | (16.1) | (54.3) | (19.8) | (5.8) | (0.0) | (3.9) | 100.0 | 48 |
| Mid-western | 33.2 | 32.7 | 15.9 | 5.5 | 12.7 | 100.0 | 19.8 | 34.9 | 25.4 | 8.4 | 1.6 | 9.8 | 100.0 | 57 |
| Far-western | (39.0) | (47.2) | (5.4) | (5.1) | (3.3) | 100.0 | (20.6) | (42.9) | (13.4) | (11.9) | (1.6) | (9.5) | 100.0 | 26 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 39.4 | 45.0 | 10.1 | 2.2 | 3.2 | 100.0 | 15.1 | 53.4 | 20.5 | 1.7 | 3.4 | 5.9 | 100.0 | 57 |
| Province 2 | 6.9 | 57.4 | 25.9 | 4.9 | 5.0 | 100.0 | 5.4 | 49.6 | 28.5 | 3.7 | 1.3 | 11.5 | 100.0 | 112 |
| Province 3 | (56.6) | (39.2) | (4.1) | (0.0) | (0.0) | 100.0 | (20.5) | (54.3) | (18.9) | (1.5) | (0.0) | (4.7) | 100.0 | 71 |
| Province 4 | * | * | * | * | * | 100.0 | * | * | * | * | * | * | 100.0 | 14 |
| Province 5 | 28.0 | 40.7 | 12.4 | 9.3 | 9.6 | 100.0 | 15.5 | 40.4 | 23.0 | 10.6 | 1.3 | 9.1 | 100.0 | 71 |
| Province 6 | (52.4) | (18.9) | (20.2) | (0.0) | (8.5) | 100.0 | (26.1) | (46.2) | (24.9) | (0.0) | (0.0) | (2.9) | 100.0 | 19 |
| Province 7 | (39.0) | (47.2) | (5.4) | (5.1) | (3.3) | 100.0 | (20.6) | (42.9) | (13.4) | (11.9) | (1.6) | (9.5) | 100.0 | 26 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 12.8 | 59.7 | 19.5 | 4.9 | 3.1 | 100.0 | 5.8 | 57.0 | 22.9 | 5.0 | 1.0 | 8.3 | 100.0 | 142 |
| Primary | 24.6 | 47.3 | 15.5 | 5.4 | 7.2 | 100.0 | 11.5 | 43.9 | 24.9 | 8.4 | 3.0 | 8.3 | 100.0 | 82 |
| Some secondary | 37.5 | 43.2 | 8.7 | 2.8 | 7.8 | 100.0 | 23.2 | 48.2 | 17.6 | 2.3 | 1.3 | 7.4 | 100.0 | 77 |
| SLC and above | 73.1 | 17.9 | 6.8 | 1.7 | 0.5 | 100.0 | 25.6 | 39.5 | 25.7 | 1.7 | 0.0 | 7.5 | 100.0 | 71 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 31.7 | 46.3 | 13.4 | 1.2 | 7.4 | 100.0 | 16.2 | 47.2 | 20.7 | 4.1 | 1.6 | 10.3 | 100.0 | 61 |
| Second | 23.9 | 49.0 | 14.5 | 6.0 | 6.7 | 100.0 | 6.2 | 55.1 | 23.8 | 4.8 | 3.5 | 6.6 | 100.0 | 82 |
| Middle | 14.3 | 57.0 | 18.9 | 5.7 | 4.1 | 100.0 | 8.2 | 60.1 | 14.9 | 8.1 | 0.0 | 8.7 | 100.0 | 91 |
| Fourth | 39.9 | 36.2 | 15.9 | 4.5 | 3.5 | 100.0 | 17.6 | 41.1 | 28.5 | 3.0 | 0.0 | 9.9 | 100.0 | 83 |
| Highest | (62.5) | (34.8) | (2.7) | (0.0) | (0.0) | 100.0 | (31.0) | (34.8) | (27.9) | (1.3) | (1.8) | (3.2) | 100.0 | 54 |
| Total | 32.0 | 45.6 | 14.0 | 4.0 | 4.5 | 100.0 | 14.5 | 49.0 | 22.8 | 4.6 | 1.3 | 8.0 | 100.0 | 371 |

Note: It is recommended that children be given more liquids to drink during diarrhea and that food not be reduced. Figures in parentheses are based on $25-49$ unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 10.10 Oral rehydration therapy, zinc, and other treatments for diarrhea
Among children under age 5 who had diarrhea in the 2 weeks preceding the survey, percentage given fluid from an ORS packet, recommended homemade fluids (RHF), ORS or RHF, zinc, ORS and zinc, ORS or increased fluids, oral rehydration therapy (ORT), continued feeding and ORT, and other treatments, and percentage given no treatment, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of children with diarrhea who were given: |  |  |  |  |  |  |  |  |  |  |  | Number of children with diarrhea |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fluid from ORS packets | Recommended home fluids (RHF) | Either ORS or RHF | Zinc | ORS and zinc | ORS or increased fluids | ORT (ORS, RHF, or increased fluids) | Continued feeding and $\mathrm{ORT}^{1}$ | Antibiotic drugs | Antimotility drugs | Home remedy/ other | No treatment |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | (4.0) | (1.6) | (5.6) | (9.3) | (4.0) | (24.7) | (24.7) | (6.7) | (34.3) | (0.0) | (15.7) | (29.7) | 27 |
| 6-11 | 26.2 | 30.9 | 44.1 | 10.9 | 4.7 | 41.8 | 53.1 | 43.5 | 30.4 | 3.1 | 13.5 | 34.3 | 76 |
| 12-23 | 43.0 | 60.4 | 69.5 | 16.7 | 10.3 | 61.7 | 76.5 | 72.1 | 33.3 | 4.6 | 17.4 | 6.1 | 102 |
| 24-35 | 56.1 | 53.4 | 77.8 | 29.9 | 19.9 | 67.5 | 80.1 | 68.9 | 22.5 | 6.3 | 25.4 | 6.2 | 60 |
| 36-47 | 33.6 | 56.4 | 71.7 | 13.2 | 5.3 | 55.2 | 76.4 | 76.4 | 13.3 | 1.0 | 14.0 | 14.5 | 60 |
| 48-59 | (39.7) | (50.4) | (68.8) | (25.2) | (16.9) | (50.3) | (71.7) | (69.2) | (20.2) | (4.7) | (5.8) | (16.5) | 46 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 36.8 | 46.9 | 57.9 | 19.8 | 12.4 | 52.1 | 66.1 | 57.3 | 30.4 | 2.5 | 19.1 | 12.4 | 197 |
| Female | 37.1 | 47.4 | 65.2 | 15.1 | 7.9 | 55.0 | 70.0 | 66.0 | 21.4 | 5.0 | 12.1 | 20.5 | 175 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 35.8 | 49.9 | 61.1 | 15.5 | 10.3 | 57.7 | 68.7 | 61.8 | 22.6 | 3.9 | 12.6 | 16.7 | 207 |
| Rural | 38.3 | 43.7 | 61.6 | 20.2 | 10.2 | 48.1 | 67.1 | 60.8 | 30.6 | 3.4 | 19.8 | 15.7 | 165 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | * | * | * | * | * | * | * | * | * | * | * | * | 18 |
| Hill | 40.1 | 49.4 | 60.9 | 13.6 | 11.7 | 64.1 | 69.6 | 65.6 | 15.8 | 3.5 | 5.5 | 25.5 | 120 |
| Terai | 34.1 | 45.4 | 60.7 | 18.3 | 7.6 | 46.9 | 66.2 | 59.0 | 31.7 | 3.8 | 21.9 | 11.2 | 234 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 41.1 | 39.6 | 61.2 | 15.4 | 12.9 | 60.3 | 74.0 | 69.4 | 22.8 | 7.2 | 19.6 | 15.3 | 69 |
| Central | 31.7 | 49.0 | 59.6 | 17.4 | 5.0 | 46.9 | 63.0 | 57.2 | 18.9 | 2.9 | 14.4 | 20.5 | 171 |
| Western | (26.8) | (58.6) | (64.2) | (9.9) | (6.2) | (50.3) | (70.9) | (67.4) | (44.1) | (3.0) | (23.0) | (6.6) | 48 |
| Mid-western | 54.3 | 47.9 | 68.9 | 28.2 | 26.0 | 64.6 | 74.6 | 64.3 | 34.1 | 2.6 | 11.7 | 10.2 | 57 |
| Far-western | (41.2) | (32.2) | (50.9) | (15.4) | (10.7) | (59.9) | (64.8) | (50.2) | (32.5) | (2.9) | (10.4) | (21.5) | 26 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 44.5 | 35.5 | 61.6 | 13.1 | 13.1 | 67.7 | 77.1 | 71.5 | 15.9 | 3.7 | 18.7 | 18.5 | 57 |
| Province 2 | 28.2 | 43.8 | 56.4 | 22.8 | 3.3 | 31.6 | 57.7 | 51.9 | 28.9 | 3.2 | 21.4 | 16.2 | 112 |
| Province 3 | (36.0) | (58.8) | (64.7) | (10.5) | (9.0) | (67.0) | (70.6) | (65.9) | (9.4) | (5.9) | (5.0) | (23.9) | 71 |
| Province 4 |  |  |  | * | * | * | * | * | * | * | * |  | 14 |
| Province 5 | 33.3 | 44.2 | 60.7 | 12.2 | 9.6 | 49.6 | 66.9 | 57.0 | 46.9 | 3.3 | 22.4 | 6.6 | 71 |
| Province 6 | (72.6) | (69.8) | (84.8) | (48.9) | (46.8) | (81.6) | (84.8) | (84.8) | (25.9) | (3.1) | (4.6) | (12.3) | 19 |
| Province 7 | (41.2) | (32.2) | (50.9) | (15.4) | (10.7) | (59.9) | (64.8) | (50.2) | (32.5) | (2.9) | (10.4) | (21.5) | 26 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 30.9 | 37.8 | 56.3 | 13.6 | 7.6 | 42.0 | 62.5 | 55.6 | 26.5 | 3.2 | 15.9 | 20.9 | 142 |
| Primary | 33.8 | 41.9 | 56.7 | 22.1 | 6.1 | 48.0 | 61.7 | 54.7 | 27.0 | 0.0 | 20.5 | 14.0 | 82 |
| Some secondary | 39.4 | 47.6 | 60.3 | 19.8 | 14.7 | 54.5 | 65.5 | 60.0 | 22.8 | 5.4 | 15.5 | 22.3 | 77 |
| SLC and above | 50.0 | 71.3 | 77.8 | 17.9 | 15.5 | 81.6 | 88.7 | 82.1 | 28.2 | 7.0 | 10.4 | 2.9 | 71 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 37.5 | 34.9 | 55.5 | 25.2 | 20.5 | 56.8 | 65.7 | 59.4 | 14.6 | 1.0 | 6.4 | 24.3 | 61 |
| Second | 38.0 | 37.1 | 53.1 | 15.4 | 8.2 | 51.1 | 61.3 | 51.6 | 24.4 | 1.8 | 14.5 | 25.2 | 82 |
| Middle | 31.1 | 48.5 | 63.5 | 17.7 | 3.5 | 43.3 | 69.4 | 63.0 | 31.6 | 3.2 | 20.9 | 8.8 | 91 |
| Fourth | 40.5 | 51.0 | 63.1 | 13.7 | 7.4 | 53.9 | 67.7 | 61.3 | 32.8 | 2.3 | 24.6 | 9.9 | 83 |
| Highest | (39.2) | (68.1) | (74.1) | (18.1) | (17.7) | (69.8) | (78.9) | (76.0) | (22.5) | (12.7) | (6.1) | (15.6) | 54 |
| Total | 37.0 | 47.1 | 61.3 | 17.6 | 10.3 | 53.4 | 68.0 | 61.4 | 26.2 | 3.7 | 15.8 | 16.2 | 371 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
ORS = Oral rehydration salts
${ }^{1}$ Continued feeding includes children who were given more, the same as usual, or somewhat less food during the diarrhea episode.

Table 10.11 Source of advice or treatment for children with diarrhea
Percentage of children under age 5 with diarrhea in the 2 weeks preceding the survey for whom advice or treatment was sought from specific sources; among children under age 5 with diarrhea in the 2 weeks preceding the survey for whom advice or treatment was sought, percentage for whom advice or treatment was sought from specific sources; and among children with diarrhea who received ORS, percentage for whom advice or treatment was sought from specific sources, Nepal DHS 2016

| Source | Percentage for whom advice or treatment was sought from each source: |  |  |
| :---: | :---: | :---: | :---: |
|  | Among children with diarrhea | Among children with diarrhea for whom advice or treatment was sought | Among children with diarrhea who received ORS ${ }^{1}$ |
| Government sector | 15.7 | 24.2 | 29.1 |
| Government hospital/clinic | 3.9 | 6.1 | 5.7 |
| Primary health care center | 0.7 | 1.1 | 1.4 |
| Health post/sub-health post | 8.2 | 12.6 | 15.7 |
| Other public sector | 3.1 | 4.7 | 6.4 |
| Private medical sector | 47.7 | 73.7 | 53.3 |
| Private hospital/nursing home | 3.3 | 5.1 | 4.9 |
| Private clinic | 16.6 | 25.6 | 21.8 |
| Pharmacy | 27.9 | 43.0 | 26.7 |
| Other private sector | 0.6 | 0.9 | 0.6 |
| Shop | 0.0 | 0.1 | 0.0 |
| Traditional practitioner | 0.6 | 0.9 | 0.6 |
| Other | 1.7 | 2.7 | 2.8 |
| Number of children | 371 | 241 | 137 |
| ORS = Oral rehydration salts <br> ${ }^{1}$ Fluids from ORS packet |  |  |  |

Table 10.12 Disposal of children's stools
Percent distribution of youngest children under age 2 living with their mother by the manner of disposal of the child's last fecal matter, and percentage of children whose stools are disposed of safely, according to background characteristics, Nepal DHS 2016

| Background characteristic | Manner of disposal of children's stools |  |  |  |  |  |  |  | Percentage of children whose stools are disposed of safely ${ }^{1}$ | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Child used toilet or latrine | Put/rinsed into toilet or latrine | Buried | Put/rinsed into drain or ditch | Thrown into garbage | Left in the open | Other | Total |  |  |
| Age of child in months |  |  |  |  |  |  |  |  |  |  |
| 0-1 | 0.5 | 31.2 | 1.4 | 43.5 | 20.0 | 3.4 | 0.0 | 100.0 | 33.1 | 159 |
| 2-3 | 2.2 | 26.1 | 0.9 | 42.3 | 25.0 | 3.4 | 0.0 | 100.0 | 29.3 | 160 |
| 4-5 | 1.2 | 30.4 | 0.0 | 33.6 | 31.5 | 3.4 | 0.0 | 100.0 | 31.6 | 124 |
| 6-8 | 0.6 | 39.7 | 2.0 | 24.0 | 28.3 | 4.8 | 0.6 | 100.0 | 42.3 | 235 |
| 9-11 | 1.3 | 44.7 | 1.1 | 11.0 | 32.1 | 9.5 | 0.3 | 100.0 | 47.1 | 264 |
| 12-17 | 2.4 | 45.6 | 2.3 | 11.8 | 34.4 | 3.5 | 0.0 | 100.0 | 50.4 | 504 |
| 18-23 | 8.8 | 45.5 | 1.5 | 9.0 | 28.4 | 6.9 | 0.0 | 100.0 | 55.8 | 494 |
| 6-23 | 4.0 | 44.5 | 1.8 | 12.6 | 31.0 | 5.9 | 0.1 | 100.0 | 50.3 | 1,497 |
| Toilet facility ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| Improved | 4.8 | 49.8 | 1.5 | 16.5 | 23.9 | 3.4 | 0.1 | 100.0 | 56.0 | 1,149 |
| Shared ${ }^{3}$ | 2.9 | 57.0 | 1.8 | 18.2 | 18.2 | 1.9 | 0.0 | 100.0 | 61.7 | 352 |
| Non-improved or shared | 0.3 | 5.3 | 1.5 | 25.9 | 53.9 | 12.9 | 0.2 | 100.0 | 7.1 | 440 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 4.0 | 48.3 | 1.5 | 17.0 | 24.7 | 4.5 | 0.0 | 100.0 | 53.8 | 1,044 |
| Rural | 2.8 | 32.5 | 1.6 | 21.2 | 35.4 | 6.2 | 0.2 | 100.0 | 36.9 | 896 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 3.7 | 55.9 | 0.5 | 17.9 | 16.9 | 4.5 | 0.5 | 100.0 | 60.1 | 128 |
| Hill | 3.3 | 64.2 | 0.9 | 14.8 | 11.1 | 5.5 | 0.1 | 100.0 | 68.4 | 746 |
| Terai | 3.5 | 23.0 | 2.1 | 22.0 | 44.1 | 5.3 | 0.1 | 100.0 | 28.6 | 1,066 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 4.4 | 38.8 | 1.9 | 20.6 | 32.5 | 1.9 | 0.0 | 100.0 | 45.1 | 453 |
| Central | 2.5 | 34.2 | 0.4 | 20.8 | 34.2 | 7.9 | 0.0 | 100.0 | 37.1 | 688 |
| Western | 3.3 | 51.5 | 2.2 | 10.5 | 26.9 | 5.3 | 0.2 | 100.0 | 57.0 | 378 |
| Mid-western | 4.0 | 48.9 | 2.2 | 20.3 | 19.8 | 4.6 | 0.3 | 100.0 | 55.1 | 257 |
| Far-western | 4.1 | 38.9 | 2.9 | 24.1 | 24.4 | 5.2 | 0.4 | 100.0 | 45.8 | 163 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 4.6 | 49.9 | 2.6 | 18.5 | 21.8 | 2.5 | 0.0 | 100.0 | 57.1 | 335 |
| Province 2 | 2.7 | 8.7 | 0.1 | 25.6 | 57.1 | 5.7 | 0.0 | 100.0 | 11.5 | 501 |
| Province 3 | 2.6 | 65.6 | 0.7 | 15.0 | 7.7 | 8.4 | 0.0 | 100.0 | 68.9 | 305 |
| Province 4 | 2.0 | 66.1 | 1.2 | 11.6 | 14.3 | 4.4 | 0.4 | 100.0 | 69.3 | 162 |
| Province 5 | 4.4 | 42.0 | 2.8 | 15.3 | 30.4 | 5.2 | 0.0 | 100.0 | 49.1 | 356 |
| Province 6 | 3.6 | 54.3 | 1.8 | 16.1 | 18.2 | 5.4 | 0.6 | 100.0 | 59.7 | 118 |
| Province 7 | 4.1 | 38.9 | 2.9 | 24.1 | 24.4 | 5.2 | 0.4 | 100.0 | 45.8 | 163 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | 1.7 | 20.6 | 1.3 | 20.5 | 50.1 | 5.7 | 0.1 | 100.0 | 23.6 | 556 |
| Primary | 3.1 | 35.7 | 1.9 | 24.2 | 26.9 | 8.2 | 0.0 | 100.0 | 40.7 | 382 |
| Some secondary | 5.6 | 43.4 | 1.8 | 21.4 | 22.0 | 5.7 | 0.1 | 100.0 | 50.7 | 540 |
| SLC and above | 3.3 | 67.1 | 1.3 | 9.8 | 16.3 | 2.0 | 0.2 | 100.0 | 71.7 | 463 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 3.6 | 42.4 | 1.2 | 21.5 | 22.5 | 8.5 | 0.3 | 100.0 | 47.1 | 406 |
| Second | 1.5 | 40.3 | 2.5 | 22.4 | 27.4 | 5.7 | 0.2 | 100.0 | 44.2 | 408 |
| Middle | 3.9 | 24.5 | 0.8 | 25.0 | 40.6 | 5.3 | 0.0 | 100.0 | 29.1 | 444 |
| Fourth | 4.7 | 42.2 | 1.5 | 14.1 | 33.4 | 4.1 | 0.0 | 100.0 | 48.4 | 398 |
| Highest | 3.4 | 64.3 | 2.0 | 7.6 | 20.8 | 1.8 | 0.0 | 100.0 | 69.7 | 284 |
| Total | 3.4 | 41.0 | 1.5 | 18.9 | 29.7 | 5.3 | 0.1 | 100.0 | 46.0 | 1,940 |

[^17]
## Key Findings

- Nutritional status of children: Thirty-six percent of children under age 5 are stunted (short for their age), $10 \%$ are wasted (thin for their height), $27 \%$ are underweight (thin for their age), and $1 \%$ are overweight (heavy for their height).
- Breastfeeding: Fifty-five percent of children under age 2 are breastfed within 1 hour of birth, and $66 \%$ of children under age 6 months are exclusively breastfed.
- Complementary feeding: Forty-seven percent of children age 6-23 months receive meals with the minimum recommended diversity (at least four food groups), $71 \%$ receive meals at the minimum frequency, and $36 \%$ meet the criteria of a minimum acceptable diet.
- Coverage of vitamin A and deworming in children: During the 6 months before the survey, $86 \%$ of children age 6-59 months received a vitamin A capsule, and 76\% of children age 12-59 months received deworming medication.
- Anemia in children and women: More than half (53\%) of the children age 6-59 months and $41 \%$ of the women age 15-49 are anemic.
- Nutritional status of adults: Eleven percent of women age 15-49 are short (less than 145 cm ), and 17\% are thin (BMI less than 18.5). Another $22 \%$ of women are overweight or obese (BMI greater than or equal to 25.0 ). Among men, $17 \%$ percent are thin, and $17 \%$ are overweight or obese.
- Intake of iron supplements and deworming in women: Forty-two percent of women age 15-49 with a child born in the past 5 years took iron tablets for at least 180 days, and $69 \%$ took deworming medication during the pregnancy of their last child.
- Salt iodization: Ninety-five percent of households use iodized salt for cooking.

TThis chapter focuses on the nutritional status of infants, young children, and adults. Infant and young child feeding practices, including breastfeeding and complementary feeding, are covered. Specific topics include the prevalence of anemia among women and children, and supplementation, deworming, and fortification for children, women, and households.

### 11.1 Nutritional Status of Children

The anthropometric data on height and weight measurement collected in the 2016 NDHS permit the assessment and evaluation of the nutritional status of young children in Nepal. This assessment and evaluation allow identification of subgroups of the child population that are at increased risk of faltered growth, disease, impaired mental development, and death.

### 11.1.1 Measurement of Nutritional Status among Young Children

The 2016 NDHS measured the height and weight of eligible children under age 5 in sample households. Weight measurements were taken from lightweight SECA infant scales with a digital display (model no. SECA 878U), designed and supplied by the United Nations Children's Fund (UNICEF). Height was measured with a measuring board (Shorr Boards ${ }^{\circledR}$ ). Recumbent length was measured for children younger than age 24 months, and standing height was measured for older children.

Children's height/length, weight, and age data were used to calculate three indices: height-for-age, weight-for-height, and weight-for-age. Each one provided different information about growth and body composition and was helpful for assessing nutritional status. As indicated in the first blue box, stunting, or low height-for-age, is a sign of chronic undernutrition that reflects failure to receive adequate nutrition over a long period. Stunting can also be affected by recurrent and chronic illness. Wasting, or low weight-for-height, is a measure of acute undernutrition and represents the failure to receive adequate nutrition in the period immediately before the survey. Wasting may result from inadequate food intake or from a recent episode of illness causing weight loss. The opposite of wasting is overweight (high weight-for-height), a measure of overnutrition. Weight-for-age is a composite index of weight-for-height and height-for-age. Both acute (wasting) and chronic (stunting) occur as an indicator of overall undernutrition.

## Stunting (assessed via height-for-age)

Height-for-age is a measure of linear growth retardation and cumulative growth deficits. Children whose height-for-age Z-score is below minus two standard deviations (-2 SD) from the median of the reference population are considered short for their age (stunted), or chronically undernourished. Children who are below minus three standard deviations (-3 SD) are considered severely stunted.
Sample: Children under age 5

## Wasting (assessed via weight-for-height)

The weight-for-height index measures body mass in relation to body height or length and describes current nutritional status. Children whose Z-score is below minus two standard deviations (-2 SD) from the median of the reference population are considered thin (wasted), or acutely undernourished. Children whose weight-for-height Z-score is below minus three standard deviations (-3 SD) from the median of the reference population are considered severely wasted.

## Sample: Children under age 5

## Underweight (assessed via weight-for-age)

Weight-for-age is a composite index of height-for-age and weight-for-height. It takes into account both acute and chronic undernutrition. Children whose weight-for-age Z-score is below minus two standard deviations (-2 SD) from the median of the reference population are classified as underweight. Children whose weight-for-age Z-score is below minus three standard deviations (-3 SD) from the median are considered severely underweight.
Sample: Children under age 5
Overweight (assessed via weight-for-height)
Children whose weight-for-height Z-score is more than 2 standard deviations (+2 SD) above the median of the reference population are considered overweight.
Sample: Children under age 5

The means of the z-scores for height-for-age, weight-for-height, and weight-for-age are also calculated as summary statistics representing the nutritional status of children in a population. These mean scores
describe the nutritional status of the entire population of children without the use of a cutoff point. A mean Z-score of less than 0 (that is, a negative mean value for stunting, wasting, or underweight) suggests a downward shift in the entire sample population's nutritional status relative to the reference population. The lower the mean $z$-scores are from 0 , the higher is the prevalence of undernutrition. Similarly, the values above zero indicate over nutrition.

### 11.1.2 Data Collection

A total of 2,491 children under age 5 were eligible for height and weight measurements from the subsample households. The analysis for anthropometric indices (height-for age, weight-for height, and weight-for-age) included the complete and valid data (valid dates of birth and valid measures of both height and weight) for $97 \%$ of the measured children.

### 11.1.3 Levels of Child Malnutrition

Overall, $36 \%$ of children under age 5 are stunted, with $12 \%$ being severely stunted (too short for their age); $10 \%$ are wasted, with $2 \%$ severely wasted (too thin for their height); and $27 \%$ are underweight, with $5 \%$ severely underweight (too thin for their age), while around $1 \%$ of the children are overweight (heavy for their height) (Table 11.1).

Trends: The prevalence of stunting and of underweight among children under age 5 have markedly decreased, from $57 \%$ to $36 \%$, and from $42 \%$ to $27 \%$, respectively, in the last 20 years (1996-2016). This indicates stunting in children declined by $14 \%$ between 2001 and 2006, declined by an additional $16 \%$ between 2006 and 2011, and dropped by $12 \%$ between 2011 and 2016. A similar downward trend is observed for underweight children. However, in the same time period, changes in wasting were minimal (Figure 11.1).

Figure 11.1 Trends in nutritional status of children

## Percentage of children under age 5 who are malnourished



## Patterns by background characteristics

- The prevalence of stunting and underweight increases with age of the children, peaking at age 24-35 months, while wasting is more prevalent among children younger than age 2.
- Almost half of the children reported to be very small at birth are stunted (49\%) and underweight (45\%). Wasting is also common among children who were born smaller. In contrast, only one-third ( $34 \%$ ) of the children reported to be average or larger at birth are stunted, and only $24 \%$ are underweight.
- Children had higher levels of stunting (45\%), wasting (15\%), and underweight (43\%) among thin mothers compared with those having a normal body mass index ( $36 \%$ stunted, $10 \%$ wasted, and $27 \%$ underweight).
- Mountain zone has the highest proportion of children who are stunted (47\%), while the proportion of wasting and underweight is highest in terai ( $12 \%$ and $33 \%$, respectively).
- Province 6 has the highest proportion of stunted children (55\%) while Province 3 and Province 4 have the lowest proportion of stunted children (29\% each) (Figure 11.2).
- A higher proportion of children born to mothers with no education are undernourished compared with children whose mothers have an SLC and higher level of education (stunting: 46\% versus $23 \%$, wasting: $13 \%$ versus $8 \%$, and underweight: $37 \%$ versus $16 \%$ ).
- Stunting is relatively high among children from the lowest wealth quintile (49\%) compared with the highest wealth quintile (17\%) (Figure 11.3).
- Higher percentage of children are malnourished from severely food insecure households (46\% stunted, and $35 \%$ underweight) compared with children from food secure households ( $29 \%$ stunted and $22 \%$ underweight).


### 11.2 Infant and Young Child Feeding Practices

Appropriate infant and young child feeding (IYCF) practices include exclusive breastfeeding in the first 6 months of life, continued breastfeeding through age 2 , introduction of solid and semisolid foods at age 6 months, and gradual increases in the amount of food given and frequency of feeding as the child gets older. It is important for young children to receive a

Figure 11.2 Stunting in children by province

Percentage of children under age 5 who are stunted


Figure 11.3 Stunting in children by household wealth

Percentage of children under age 5 who are stunted
 diverse and adequate diet, that is, to eat foods from different food groups and to satisfy growing micronutrient needs (WHO 2008).

### 11.2.1 Initiation of Breastfeeding

Early initiation of breastfeeding is important for both the mother and the child. The first breast milk contains colostrum, which is highly nutritious and contains antibodies to protect the newborn from disease. Early initiation of breastfeeding also encourages bonding between the mother and her newborn, facilitating the production of regular and adequate breast milk. It is recommended that children be put to the breast immediately or within 1 hour after birth and that prelacteal feeding (feeding newborns anything other than breast milk before breast milk is regularly given) be discouraged.

## Early breastfeeding

Initiation of breastfeeding within 1 hour of birth
Sample: Last born children who were born in the 2 years before the survey

Table 11.2 shows that almost all last born children under age 2 ( $99 \%$ ) are breastfed some of the time. Over half ( $55 \%$ ) of children were breastfed within 1 hour of birth. Early breastfeeding is more common among children born at a health facility (59\%) than among those born at home (47\%). The percentage of children breastfed within 1 hour of birth is higher in mountain zone ( $61 \%$ ) and Province 7 ( $71 \%$ ), and among those
born in the lowest wealth quintile (62\%). Among the last born children under age 2 who had been breastfeed, 3 in $10(29 \%)$ were given pre-lacteal food within 3 days of birth. The practice of giving prelacteal food is higher in terai zone (38\%), in Central region (40\%), and in Province 2 ( $48 \%$ ), and is also more common among children from families in the highest wealth quintile (38\%).

### 11.2.2 Exclusive Breastfeeding

Breast milk contains all of the nutrients needed by infants in the first 6 months of life and is a noncontaminated nutritional source. It is recommended that children be exclusively breastfed in the first 6 months; that is, that they be given nothing but breast milk. Breast milk substitutes during this time are unnecessary and discouraged because the likelihood of contamination and resulting risk of diarrheal disease are high. Under normal circumstances a child does not require any other type of feeding for the first 6 months of life if the child is exclusively breastfed. Early initiation of complementary feeding reduces breast milk output because the production and release of breast milk is enhanced by the frequency and intensity of suckling.

Figure 11.4 Breastfeeding practices by age


Table 11.3 and Figure 11.4 show breastfeeding practices by children's age. Two-thirds of the children ( $66 \%$ ) under age 6 months were exclusively breastfed, whereas $76 \%$ under 3 months were exclusively breastfed. Exclusive breastfeeding sharply declines with age. Only $41 \%$ of children age 4-5 months were exclusively breastfed compared with $80 \%$ in $0-1$ months and $72 \%$ in $2-3$ months. Contrary to the recommendation that children under 6 months should be exclusively breastfeed, $6 \%$ received breastmilk with non-milk liquids, $10 \%$ received breastmilk with other milk, and $12 \%$ received breastmilk with complementary foods. Nine percent of children 0-5 months, $18 \%$ of children $6-9$ months, and $13 \%$ of children 12-23 months are bottle fed.

Trends: Exclusive breastfeeding among children under age 6 months increased from $53 \%$ in 2006 to $70 \%$ in 2011. However, in 2016, there was a slight decline in the percentage of exclusively breastfed children, to $66 \%$.

### 11.2.3 Median Duration of Breastfeeding

Table 11.4 shows the median duration of breastfeeding among children born in the 3 years preceding the survey. Overall, median duration of exclusive breastfeeding is 4.2 months, and median duration of
predominant breastfeeding (either exclusively breastfed or breastfed with plain water and/or non-milk liquids) is 5.0 months.

Trends: The median duration of exclusive breastfeeding has sharply increased from 2.5 months in 2006 to 4.2 months in 2016.

## Patterns by background characteristics

- Children in rural areas are exclusively breastfed for a longer duration than children from urban areas ( 4.5 months versus 3.9 months).
- Children from Province 1 have the lowest duration of exclusive breastfeeding at 3.3 months whereas those from Province 6 have the highest duration at 5.4 months.
- The median duration of exclusive breastfeeding is higher for children in the lowest wealth quintile than for those in the highest wealth quintile ( 4.9 months and 3.6 months, respectively).


### 11.2.4 Infant and Young Child Feeding (IYCF) Indicators and Breastfeeding Status

Figure 11.5 shows the relation of IYCF indicators to breastfeeding status. As noted previously, $66 \%$ of children under age 6 months and $41 \%$ age 4-5 months are exclusively breastfed. Seventy-eight percent of children under age 6 months are pre-dominantly breastfed. Almost all children (98\%) are still breastfeeding at age 1 , and $89 \%$ are breastfeeding at age 2. Overall, $84 \%$ of children were introduced to complementary foods at 6-8 months. Eighty-six percent of children under age 2 are breastfed appropriately for their age. Overall, $13 \%$ of children 0-23 months are bottle fed.

Figure 11.5 IYCF indicators on breastfeeding status


* Predominant breastfeeding includes exclusive breastfeeding, breastfeeding plus water, and breastfeeding plus non-milk liquids/juice.
**Age appropriate breastfeeding = Children age 0-5 months who are exclusively breastfed + children age 6-23 months who receive breast milk and complementary foods.


### 11.2.5 Complementary Feeding

After the first 6 months, breast milk alone is no longer enough to meet the nutritional needs of the infant; therefore, complementary foods should be added to the diet. Feeding family foods to the child while breastfeeding is referred to as complementary feeding. This is the most critical period for children as during this transition children are most vulnerable to being undernourished. Complementary feeding should be timely; that is, all infants should start to receive foods in addition to breast milk from 6 months onwards.

Appropriate complementary feeding should include a variety of foods to ensure that requirements for nutrients are met. Fruits and vegetables rich in vitamin A and iron should be consumed daily. Eating a range of fruits and vegetables, in addition to those rich in vitamin A and iron, is also important. Studies have shown that plant-based complementary foods by themselves are insufficient to meet the needs for certain micronutrients. Therefore, it is recommended that animal source foods such as meat, poultry, fish, or eggs should be part of the daily diet or eaten as often as possible (WHO 1998).

Table $\mathbf{1 1 . 5}$ shows the percentage of youngest children, under age 2 and living with their mother, by the types of foods and liquids consumed in the day and/or night preceding the interview, and in relation to the child's age and breastfeeding status. The most commonly consumed foods are made from grains ( $71 \%$ among breastfeeding children and $97 \%$ among nonbreastfeeding children), followed by food made from legumes and nuts ( $54 \%$ among breastfeeding children and $78 \%$ among nonbreastfeeding children), and food made from roots and tubers ( $44 \%$ among breastfeeding children and $62 \%$ among nonbreastfeeding children).

## Patterns by background characteristics

- Among breastfeeding children age 6-23 months, $3 \%$ consumed infant formula, $47 \%$ consumed other milk, and $47 \%$ consumed other liquids. Among nonbreastfeeding children, $3 \%$ consumed infant formula, $73 \%$ consumed other milk, and $58 \%$ consumed other liquids.
- Among breastfeeding children age 6-23 months, $47 \%$ consumed vitamin A-rich fruits and vegetables, $38 \%$ consumed other fruits and vegetables, $25 \%$ consumed meat products, $13 \%$ consumed eggs, and $15 \%$ consumed milk products. Among nonbreastfeeding children, $51 \%$ consumed vitamin A-rich fruits and vegetables, $35 \%$ consumed other fruits and vegetables, $27 \%$ consumed meat products, $22 \%$ consumed eggs, and $16 \%$ consumed milk products.


### 11.2.6 Minimum Acceptable Diet

Infant and young children should be fed a minimum acceptable diet to ensure appropriate growth and development. Without adequate diversity and meal frequency, infants and young children are vulnerable to undernutrition, especially stunting and micronutrient deficiencies, and to increased morbidity and mortality. The WHO minimum acceptable diet recommendation, which combines minimum dietary diversity and minimum meal frequency, differs between breastfed and nonbreastfed children. The definition of the composite indicator of a minimum acceptable diet for all children 6-23 months is indicated in the box that follows.

Minimum dietary diversity is a proxy for adequate micronutrient density of foods. Minimum dietary diversity means feeding the child food from at least four food groups. The cut-off of four food groups is associated with better-quality diets for both breastfed and nonbreastfed children. Consumption of food from at least four food groups means that the child has a high likelihood of consuming at least one animal source of food and at least one fruit or vegetable in addition to a staple food (grains, roots, or tubers) (WHO 2008). The four food groups should come from a list of seven food groups: grains, roots, and tubers; legumes and nuts; dairy products (milk yogurt, cheese); flesh foods (meat, fish, poultry, and liver/organ meat); eggs; vitamin A-rich fruits and vegetables; and other fruits and vegetables.

Minimum meal frequency is a proxy for a child's energy requirements. For infants and young children the indicator is based on how much energy the child needs and, if the child is breastfed, the amount of energy needs not met by breast milk. Breastfed children are considered to be consuming minimum meal frequency if they receive solid, semisolid, or soft foods at least twice a day for infants 6-8 months and at least three times a day for children 9-23 months. Nonbreastfed children 6-23 months are considered to be fed with a minimum meal frequency if they receive solid, semisolid, or soft foods at least four times a day.

## Minimum acceptable diet

Proportion of children age 6-23 months who receive a minimum acceptable diet. This indicator is a composite of the following two groups:

Breastfed children age 6-23 months who had at least the minimum dietary diversity and the minimum meal frequency during the previous day

## Breastfed children age 6-23 months

and

Figure 11.6 IYCF indicators on Minimum Acceptable Diet


Table 11.6 and Figure 11.6 present by breastfeeding status the percentage of children age 6-23 months who are fed according to minimum recommended standards. Overall, $47 \%$ of children had received a minimum number of food groups ( $46 \%$ among breastfed and $63 \%$ among nonbreastfed), $71 \%$ had received food the minimum number of times appropriate for their age ( $71 \%$ among breastfed and $77 \%$ among nonbreastfed), and $36 \%$ had met the criteria of minimum acceptable diet ( $36 \%$ among breastfed and $23 \%$ among nonbreastfed).

Trends: The percentage of children fed according to the minimum recommended standards has improved in the last 5 years. In 2011, $24 \%$ of children age 6-23 months were fed a minimum acceptable diet, and in 2016 , this percentage increased to $36 \%$.

## Patterns by background characteristics

- Minimum dietary diversity and minimum acceptable diet improve with increasing age of children.
- The proportion of children receiving the minimum acceptable diet is highest in hill (46\%) and in Province 4 (52\%), and lowest in terai (28\%) and in Province 2 (20\%).
- Mother's education level and wealth quintile parallel the percentage of children who receive the minimum acceptable diet. For instance, only $24 \%$ of children whose mothers have no education receive the minimum acceptable diet compared with $52 \%$ of those whose mothers have SLC or higher level of education. Similarly, among the lowest wealth quintile only $31 \%$ had received the diet compared with $50 \%$ among the highest quintile.


### 11.3 Anemia Prevalence in Children

Anemia is a condition marked by low levels of hemoglobin in the red blood cells. Iron is a key component of hemoglobin, and iron deficiency is estimated to be responsible for half of all anemia globally. Other causes of anemia include malaria, hookworm, and other helminths, other nutritional deficiencies, chronic infections, blood disorders, and genetic conditions. Anemia is a serious concern for children because it can
impair cognitive development with associated long-term health and economic consequences. Severe anemia leads to increased mortality.

## Anemia in children

| Anemia status | Hemoglobin level in <br> grams/deciliter* |
| :--- | :--- |
| Anemic | $<11.0$ |
| Mildly anemic | $10.0-10.9$ |
| Moderately anemic | $7.0-9.9$ |
| Severely anemic | $<7.0$ |
| Not anemic | 11.0 or higher |
| *Hemoglobin levels <br> enumeration adjusted for altitude in <br> enum that are above 1,000 meters. |  |

Sample: Children 6-59 months

The 2016 NDHS used the HemoCue ( Hb 201 Photometer) device to determine anemia levels. A total of 2,272 children were eligible for hemoglobin testing, and of these, $95 \%$ were successfully tested. Overall, the prevalence of anemia among children $6-59$ months is $53 \%$, with $26 \%$ mildly anemic, $26 \%$ moderately anemic, and $1 \%$ severely anemic (Table 11.7).

Trends: The prevalence of anemia among children under age 5 declined 2 percentage points from 2006 to 2011; however, over the past 5 years it has increased by 7 percentage points (from $46 \%$ in 2011 to $53 \%$ in 2016). Over the past 5 years, the prevalence of mild and severe anemia has been almost stagnant, while a notable increase in moderate anemia is observed (from 18\% to 26\%) (Figure 11.7).

## Patterns by background characteristics

- The prevalence of anemia was higher among children age 6-23 months (68\%) than among older children age 24-25 months (52\%), 36-47

Figure 11.7 Trends in childhood anemia
Percentage of children age 6-59 months
 months ( $45 \%$ ), and 48-59 months ( $36 \%$ ).

- The prevalence of anemia is higher among children who did not receive deworming medication in the past 6 months than in children who received deworming medication ( $57 \%$ versus $45 \%$ ).
- Anemia prevalence is higher in rural (56\%) compared with urban (49\%) areas, and in terai (60\%) compared with mountain (57\%) and hill ( $40 \%$ ) ecological zones.
- Province 2 has the highest prevalence of anemia (59\%), and Province 3 has the lowest prevalence (43\%) (Figure 11.8).
- A mother's education is associated with the anemia status of her children: 57\% of children of mothers with no education are anemic compared with $44 \%$ of children of mothers with SLC and a higher level of education.


### 11.4 Presence of Iodized Salt in Households

Iodine is a micronutrient essential for thyroid function. Iodized salt prevents goiter, brain damage, and other health problems among children and

Figure 11.8 Anemia prevalence in children by province

Percentage of children age 6-59 months with any anemia
 adults. In line with food and drug regulations, household salt should be fortified with iodine to at least 15 parts per million ( ppm ) at the consumption level.

NDHS 2016 tested for the presence of iodine in household salt by using a rapid test kit. Overall, salt was tested in $99 \%$ of the households. Results showed that $95 \%$ of the households had iodized salt (Table 11.8). The proportion of households with iodized salt is lowest in mountain ecological zone (90\%), in Province 6 ( $85 \%$ ), and in the lowest wealth quintile ( $84 \%$ ).

### 11.5 Micronutrient Intake and Supplementation among Children

Micronutrient deficiency, referred to as hidden hunger, is a major contributor, both directly and indirectly, to childhood morbidity and mortality. Micronutrients are available in foods and in supplements.

Information collected on food consumption by the youngest children-those under age 2 -is useful in assessing how much children consume daily of food groups rich in two key micronutrients-vitamin A and iron. Iron deficiency is a primary cause of anemia and results in poor cognitive function, making iron deficiency anemia a major contributor to the estimated number of years that children live with a disability. Vitamin A is an essential micronutrient for the immune system and plays an important role in maintaining the epithelial tissue in the body. Severe vitamin A deficiency (VAD) can cause eye damage and is the leading cause of childhood blindness and lowered immunity. VAD also increases the severity of infections such as measles and diarrheal disease in children and slows recovery from illness. VAD is common in dry environments where fresh fruits and vegetables are not readily available.

Table 11.9 presents information on micronutrient intake in the 24 hours preceding the survey among children 6-23 months who are living with their mother and information on micronutrient supplementation among children 6-59 months. Overall, $63 \%$ of children age 6-23 months had consumed food rich in vitamin A, and $35 \%$ had consumed food rich in iron.

Among sources of micronutrient intake, the 2016 NDHS collected information on vitamin A capsule supplementation. Over the past 20 years, Nepal has been carrying out a semi-annual high dose vitamin A capsule supplementation campaign for children age 6-59 months together with distribution of deworming tablets for children age 12-59 months. Table 11.9 shows that $86 \%$ of children age $6-59$ months were given vitamin A supplements and that 76\% of children age 12-59 months were given deworming medication in the past 6 months.

## Patterns by background characteristics

- The proportion of children consuming vitamin A- and iron-rich food increases with increasing age.
- The coverage of both vitamin A supplements and deworming medication is lowest in Province 2 compared with other provinces.
- Children of younger mothers and mothers with no education were less likely to have received vitamin A capsules and deworming medication.


### 11.6 Adult Nutritional Status

### 11.6.1 Nutritional Status of Women

The nutritional status of women was assessed with two anthropometric indices: height and body mass index. The 2016 NDHS measured height and weight of all eligible women age 15-49 while excluding women who were pregnant and who had given birth in the 2 months preceding the survey during analysis. A total of 6,565 women were measured for weight and height, and the analysis in Table 11.10.1 included the valid data, which accounted for $98 \%$ of the measurements.

Overall, $11 \%$ of women are shorter than 145 cm . A total of $17 \%$ women are thin, with $11 \%$ mildly thin and $6 \%$ moderately and severely thin. Further, $22 \%$ are overweight or obese, with $17 \%$ being overweight and 5\% obese.

## Body mass index (BMI)

BMI is calculated by dividing weight in kilograms by height in meters squared $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$.

| Status | BMI |
| :--- | :--- |
| Too thin for their <br> height | Less than 18.5 |
| Normal | Between 18.5 and 24.9 |
| Overweight | Between 25.0 and 29.9 |
| Obese | Greater than or equal to <br> 30.0 |

Sample: Women age 15-49 who are not pregnant and who have not had a birth in the 2 months before the survey and men age 15-49

Trends: Between 2006 and 2011, the proportion of thin women (BMI less than 18.5, which indicates undernutrition) had decreased from $24 \%$ to $18 \%$ but thereafter remained steady at $17 \%$ through 2016. In contrast, the proportion of women who were overweight or obese, indicating over nutrition, increased from $9 \%$ in 2006 to $13 \%$ in 2011 and $22 \%$ in 2016 (Figure 11.9).

## Patterns by background characteristics

- The proportion of short women (below 145 cm ) is lowest in Province 7 at $7 \%$ and highest in Province 2 at $14 \%$.
- Younger women are more likely to be thin than their older counterparts. For instance, $30 \%$ of women age 15-19 are thin compared with $13 \%$ of women age 40-49.
- The proportion of thin women is higher in terai (23\%) than in mountain and hill ecological zones (12\% each).
- Province 2 has the highest proportion of thin women (29\%) while Province 4 has the lowest proportion of thin women (8\%). Further, Province 3 has the highest proportion of overweight/obese women ( $35 \%$ ), while Province 7 has the lowest ( $9 \%$ ).
- Overweight/obesity increases with wealth and household food security. For example, $45 \%$ of women in the highest wealth quintile are overweight/obese compared with $10 \%$ in the lowest wealth quintile. In food-secure households, $27 \%$ are overweight/obese compared with $16 \%$ in moderately and severely food-insecure households.


### 11.6.2 Nutritional Status of Men

For the first time, the 2016 NDHS has collected information on height and weight of men age 15-49 and used these data to calculate their body mass index. A total of 4,329 men were measured and weighed.
Table $\mathbf{1 1 . 1 0 . 2}$ shows that $17 \%$ of men are thin, with $12 \%$ mildly thin and $5 \%$ moderately and severely thin. Further, $17 \%$ are overweight or obese, with $15 \%$ being overweight and almost $3 \%$ obese.

## Patterns by background characteristics

- As with women, the men most likely to be thin are age 15-19 (37\%).
- The percentage of men who are thin is higher in rural areas (19\%) and terai ( $21 \%$ ).
- Province 2 has the highest proportion of thin men (23\%), while Province 3 has the lowest ( $9 \%$ ). Further, Province 3 has the highest percentage of overweight/obese men (24\%), while Province 6 has the lowest ( $6 \%$ ).
- As with women, the overweight/obesity in men increases with wealth. Thirty-two percent of men in the highest wealth quintile are overweight/obese compared with $5 \%$ in the lowest wealth quintile.
- The overweight/obesity in men also increases with household food security Twenty-two percent of men are overweight/obese in foodsecure households compared with $10 \%$ in severely food-insecure households.

Figure $\mathbf{1 1 . 1 0}$ presents the nutritional status of women and men. The undernutrition statuses of both men and women are similar, with $17 \%$ of both being thin (BMI less than 18.5). In contrast, the overweight

Figure 11.10 Nutritional status of women and men

Percent distribution of women and men age 15-49
 and obesity statuses are more common in women ( $22 \%$ ) than in men (17\%).

### 11.7 Anemia Prevalence in Women

Hemoglobin levels below which women are considered anemic

| Respondents | Hemoglobin level in <br> grams/deciliter* |
| :--- | :--- |
| Non-pregnant <br> women age 15-49 | Less than 12.0 |
| Pregnant women <br> age 15-49 | Less than 11.0 |
| *Hemoglobin levels are adjusted for cigarette <br> smoking, and for altitude in enumeration areas that <br> are above 1,000 meters. |  |

Anemia is a major concern among women, which leads to increased maternal morbidity and mortality and poor birth outcomes, as well as reductions in work productivity.

The NDHS 2016 measured the hemoglobin level for $97 \%$ of eligible women age 15-49 from the subsample households. All households in which anthropometry and anemia testing were conducted received a brochure explaining the causes and prevention of anemia. Table $\mathbf{1 1 . 1 1}$ shows that $41 \%$ of women are anemic, with $34 \%$ mildly anemic, $7 \%$ moderately anemic, and less than $1 \%$ severely anemic.

Trends: The prevalence of anemia among women remained almost steady from 2006 to 2011 at around $35 \%$ but has increased in the past 5 years from $35 \%$ in 2011 to $41 \%$ in 2016 (Figure 11.11). Further, among breastfeeding women it has increased from $39 \%$ in 2011 to $46 \%$ in 2016. Prevalence of anemia among pregnant women has declined slightly from $48 \%$ in 2011 to $46 \%$ in 2016 (Figure 11.12).

## Patterns by background characteristics

- Prevalence of anemia decreases with increasing age. For example, $44 \%$ of women age $15-19$ are anemic compared with $36 \%$ among women age 40-49.
- Pregnant women and breastfeeding women (each $46 \%$ ) are more likely to be anemic than other women (39\%).
- A higher proportion of women in terai (52\%) are anemic compared with women from mountain (35\%) and hill (29\%) ecological zones.
- Prevalence of anemia among women is highest in Province 2 (58\%) and lowest in Province 4 (28\%).


### 11.8 Micronutrient Intake and Food Consumed among Mothers

The 2016 NDHS collected data on the number of days women age 15-49 with a child born in the 5 years preceding the survey took a supplement during pregnancy of iron tablets or syrup. Also assessed was the percentage of women who took deworming medication during the pregnancy of their last birth, and the percentage of women living in households with iodized salt. The survey included questions on types of food and liquids consumed on the day and night preceding the interview by women with children under age 2 .

### 11.8.1 Micronutrient Intake among Mothers

Forty-two percent of women took the recommended dose of iron (at least 180 tablets) during pregnancy. The comparable figure was $38 \%$ in 2011. Seven in 10 women ( $69 \%$ ) took deworming medication during pregnancy. Among women living in households tested for iodized salt, $94 \%$ were living in households with iodized salt (Table 11.12).

## Patterns by background characteristics

- A high proportion of women in mountain ecological zone (49\%), and in Province 7 (52\%) took the recommended dose of 180 iron tablets during pregnancy.
- Women with SLC and higher education were more likely to take the recommended dose of 180 iron tablets than women with no education ( $59 \%$ versus $28 \%$ ).
- The proportion of women taking deworming medication during their last pregnancy is higher among women in the youngest age group (72\%), in mountain ecological zone (81\%), and in Province 7 (87\%).


### 11.8.2 Food Consumed by Mothers

The government of Nepal launched a program on Maternal, Infant and Young Child Nutrition (MIYCN) under the multi-sectoral nutrition plan, 2013-2017. One of the activities under this program is to mobilize health workers, female community health volunteers, mothers' groups, and civil society to encourage all mothers to eat at least one extra daily meal during pregnancy and two extra daily meals during breastfeeding with emphasis on a variety of consumed food. The NDHS 2016 for the first time has collected data on foods and liquids consumed in the previous day by mothers age 15-49 with a child under age 2. Table 11.13 shows that almost all mothers have consumed food made from grains ( $99 \%$ ); $75 \%$ ate food from legumes; $63 \%$ ate other vegetables; half had dark green leafy vegetables (51\%) and other fruits ( $48 \%$ ); and $37 \%$ ate vitamin A-rich fruits and vegetables. Meat, fish, and poultry are eaten by $34 \%$ of pregnant women, and milk products, including cheese and yogurt, by $30 \%$ of women. The consumption of eggs is low ( $14 \%$ ). Overall, only half of the women ( $50 \%$ ) had consumed food from 5 or more of 10 food groups (grains/tubers/roots/starchy foods, legumes, meat/fish/poultry, dark green leafy vegetables, fruits and vegetables rich in Vitamin A, other vegetables, other fruits, nuts/seeds, eggs, and cheese/yoghurt/other milk products).

## Patterns by background characteristics

- The proportion of women consuming meat products and eggs is higher in hill ( $39 \%$ meat and $19 \%$ eggs) and lower in mountain ( $19 \%$ meat and $10 \%$ eggs). Egg consumption is lowest in terai, with only $10 \%$ of women consuming eggs.
- Consumption of dark green leafy vegetables is higher in mountain (60\%) and hill (58\%) compared with terai ( $45 \%$ ). Further, consumption of fruits and vegetables rich in vitamin A is also lower in terai ( $28 \%$ ) than in the other two zones.
- Consumption of food from more diverse groups ( 5 or more food groups) among women is higher in urban (55\%) than in rural (44\%) areas; and higher in hill (58\%), and mountain (53\%) than in terai (44\%).
- The proportion of women consuming food from five or more food groups is highest in Province 3 (64\%) and lowest in Province 2 (29\%).
- The proportion of women consuming five or more food groups is higher among women having an SLC or higher level of education (73\%) compared with women having no education (34\%) and is higher among women in the highest wealth quintile ( $76 \%$ ) and lower among women in the lowest wealth quintile (38\%).


### 11.9 Counseling on Maternal, Infant, and Young Child Nutrition

The NDHS 2016 included questions on advice and counseling of maternal, infant, and young child nutrition (MIYCN), received in the last 6 months by women age 15-49 with a child born in the year preceding the survey. It also included questions on who counseled them, occasions when they received counseling, and the topics discussed during counseling.

Among women age 15-49, with a child born in the year preceding the survey, $23 \%$ reported receiving counseling on MIYCN in the past 6 months. Almost half of those who received counseling reported receiving it from FCHV followed by a nurse/ANM (data not shown). Regarding the topics discussed during counseling, the highest proportions reported that they have received counseling on the need to eat healthy food during pregnancy ( $51 \%$ ) and the need for exclusive breastfeeding of infants for 6 months after birth (65\%) (Table 11.14).

### 11.10 Growth Monitoring and Promotion and Counseling at the Monitoring and Promotion Session

Overall, $26 \%$ of women age 15-49 with a child under age 2 knows about growth monitoring and promotion sessions in the community (Table 11.15). The proportion of women having this knowledge is lower in terai ( $17 \%$ ) and in Province $2(3 \%)$. Women having a higher level of education are more likely to have this knowledge compared with women with no education ( $34 \%$ versus $15 \%$ ).

Among women who know about growth monitoring and promotion sessions, 43\% participated at a health facility, and $35 \%$ participated at the primary health care outreach clinic. However, around $20 \%$ of women who knew of the session did not participate (Table 11.15).

Among women who attended the growth monitoring and promotion session, $55 \%$ reported receiving counseling on nutrition and health, and $41 \%$ reported a health worker explained how to interpret a growth chart (Table 11.16). Further, among women, a higher proportion reported the weight of their children was taken at an immunization session (89\%), at birth (81\%), and during a visit to a health facility with a sick child (52\%).

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Table 11.1 Nutritional status of children
Table 11.1 Nutritional status of children background characteristics, Nepal DHS 2016

| Background characteristic | Height-for-age ${ }^{1}$ |  |  |  | Weight-for-height |  |  |  |  | Weight-for-age |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage below $-3 \mathrm{SD}$ | Percentage below -2 SD $^{2}$ | (SD) <br> Mean Z-score | Number of children | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{2}$ | Percentage above $+2 \text { SD }$ | (SD) <br> Mean Z-score (SD) | Number of children | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{2}$ | Percentage above $+2 \text { SD }$ | (SD) <br> Mean Z-score | Number of children |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | 6.4 | 13.5 | -0.5 | 218 | 5.6 | 15.2 | 5.3 | -0.4 | 215 | 7.0 | 13.8 | 0.2 | -0.7 | 219 |
| 6-8 | 4.3 | 17.6 | -0.7 | 117 | 3.3 | 21.3 | 2.7 | -0.7 | 117 | 3.9 | 21.4 | 1.7 | -1.0 | 117 |
| 9-11 | 4.3 | 20.0 | -0.8 | 133 | 3.0 | 16.0 | 1.7 | -0.7 | 134 | 4.5 | 24.1 | 1.2 | -1.0 | 133 |
| 12-17 | 7.4 | 31.9 | -1.4 | 230 | 2.7 | 14.8 | 1.7 | -0.9 | 229 | 4.1 | 27.3 | 0.7 | -1.3 | 232 |
| 18-23 | 11.8 | 41.9 | -1.7 | 281 | 1.7 | 10.2 | 0.4 | -0.8 | 281 | 5.6 | 29.8 | 0.0 | -1.4 | 281 |
| 24-35 | 14.9 | 44.5 | -1.8 | 464 | 0.7 | 6.5 | 0.2 | -0.6 | 465 | 5.1 | 30.7 | 0.0 | -1.5 | 467 |
| 36-47 | 15.0 | 39.8 | -1.7 | 500 | 1.5 | 6.4 | 0.5 | -0.6 | 500 | 5.3 | 26.5 | 0.2 | -1.4 | 502 |
| 48-59 | 15.0 | 40.8 | -1.8 | 476 | 0.6 | 6.2 | 0.8 | -0.6 | 476 | 6.3 | 30.4 | 0.0 | -1.5 | 476 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 11.5 | 36.0 | -1.5 | 1,258 | 2.1 | 9.5 | 1.4 | -0.7 | 1,255 | 5.8 | 26.7 | 0.2 | -1.3 | 1,263 |
| Female | 12.5 | 35.7 | -1.5 | 1,163 | 1.6 | 9.8 | 1.0 | -0.6 | 1,162 | 5.0 | 27.4 | 0.4 | -1.3 | 1,165 |
| Birth interval in months ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| First birth ${ }^{4}$ | 7.0 | 31.3 | -1.4 | 793 | 2.3 | 10.2 | 1.2 | -0.6 | 793 | 3.8 | 22.2 | 0.0 | -1.2 | 798 |
| <24 | 16.0 | 38.7 | -1.7 | 441 | 1.8 | 10.2 | 1.1 | -0.7 | 440 | 7.0 | 30.8 | 0.4 | -1.5 | 442 |
| 24-47 | 14.7 | 40.7 | -1.6 | 688 | 1.8 | 9.9 | 1.2 | -0.7 | 686 | 7.1 | 32.7 | 0.5 | -1.5 | 689 |
| 48+ | 12.1 | 32.8 | -1.5 | 419 | 1.2 | 8.8 | 1.4 | -0.6 | 419 | 4.4 | 22.8 | 0.2 | -1.3 | 421 |
| Size at birth ${ }^{5}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Very small | 15.2 | 48.7 | -1.8 | 117 | 5.4 | 13.8 | 0.8 | -1.0 | 117 | 11.9 | 44.8 | 0.0 | -1.8 | 118 |
| Small | 15.6 | 44.1 | -1.8 | 274 | 2.0 | 11.5 | 0.8 | -0.8 | 272 | 7.6 | 38.1 | 0.0 | -1.6 | 275 |
| Average or larger | 11.1 | 33.8 | -1.5 | 1,947 | 1.6 | 9.4 | 1.3 | -0.6 | 1,946 | 4.8 | 24.4 | 0.3 | -1.3 | 1,953 |
| Mother's interview status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Interviewed | 11.9 | 35.7 | -1.5 | 2,342 | 1.9 | 9.9 | 1.2 | -0.7 | 2,339 | 5.5 | 27.0 | 0.3 | -1.3 | 2,349 |
| Not interviewed but in household | (6.1) | (28.1) | (-1.4) | 24 | (2.8) | (6.8) | (0.0) | (-0.7) | 24 | (6.4) | (27.0) | (0.0) | (-1.3) | 24 |
| Not interviewed and not in the household ${ }^{6}$ | 20.4 | 44.7 | -1.7 | 55 | 0.0 | 2.2 | 0.2 | -0.2 | 55 | 3.4 | 27.2 | 0.0 | -1.2 | 55 |
| Mother's nutritional status ${ }^{7}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Thin (BM1<18.5) | 17.1 | 45.4 | -1.8 | 422 | 4.1 | 14.9 | 0.0 | -1.1 | 422 | 9.4 | 43.1 | 0.0 | -1.8 | 423 |
| Normal (BMI 18.5-24.9) | 12.4 | 36.3 | -1.6 | 1,321 | 1.3 | 9.9 | 0.7 | -0.6 | 1,319 | 5.5 | 26.7 | 0.0 | -1.3 | 1,324 |
| Overweight/obese (BMI >= 25) | 6.0 | 23.9 | -1.1 | 325 | 0.3 | 4.9 | 4.5 | -0.2 | 326 | 1.2 | 11.0 | 1.9 | -0.7 | 327 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 10.5 | 32.0 | -1.4 | 1,280 | 1.7 | 9.2 | 1.5 | -0.6 | 1,279 | 5.1 | 23.4 | 0.4 | -1.2 | 1,284 |
| Rural | 13.7 | 40.2 | -1.6 | 1,141 | 1.9 | 10.2 | 0.9 | -0.7 | 1,139 | 5.7 | 31.1 | 0.2 | -1.5 | 1,144 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 19.2 | 46.8 | -1.9 | 170 | 0.7 | 6.1 | 1.4 | -0.4 | 171 | 6.7 | 28.5 | 0.9 | -1.4 | 172 |
| Hill | 10.2 | 32.3 | -1.4 | 876 | 1.5 | 6.4 | 2.3 | -0.3 | 872 | 3.4 | 18.1 | 0.5 | -1.0 | 878 |
| Terai | 12.3 | 36.7 | -1.5 | 1,374 | 2.2 | 12.2 | 0.5 | -0.9 | 1,375 | 6.6 | 32.5 | 0.1 | -1.5 | 1,378 | Weight-for-height



| Table 11.1-Continued |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Height-for-age ${ }^{1}$ |  |  |  | Weight-for-height |  |  |  |  | Weight-for-age |  |  |  |  |
| Background characteristic | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{2}$ | $\begin{gathered} \text { Mean } \\ \text { Z-score } \end{gathered}$ (SD) | Number of children | Percentage below $-3 \text { SD }$ | Percentage below $-2 \mathrm{SD}^{2}$ | Percentage above +2 SD | $\begin{gathered} \text { Mean } \\ \text { Z-score } \\ \text { (SD) } \\ \hline \end{gathered}$ | Number of children | Percentage below $-3 \text { SD }$ | Percentage below $-2 S D^{2}$ | Percentage above $+2 \text { SD }$ | Mean Z-score (SD) | Number of children |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 9.6 | 32.6 | -1.4 | 544 | 1.5 | 13.1 | 0.5 | -0.8 | 542 | 4.8 | 26.5 | 0.5 | -1.3 | 546 |
| Central | 12.2 | 34.7 | -1.5 | 868 | 2.3 | 9.9 | 0.8 | -0.7 | 869 | 6.3 | 28.0 | 0.2 | -1.4 | 872 |
| Western | 11.7 | 37.5 | -1.5 | 464 | 0.9 | 6.0 | 2.8 | -0.4 | 462 | 4.5 | 23.7 | 0.4 | -1.2 | 464 |
| Mid-western | 16.6 | 42.0 | -1.7 | 333 | 2.6 | 8.8 | 1.3 | -0.6 | 333 | 6.3 | 29.1 | 0.1 | -1.4 | 334 |
| Far-western | 11.0 | 35.9 | -1.6 | 211 | 1.5 | 9.3 | 1.1 | -0.6 | 211 | 4.2 | 28.1 | 0.0 | -1.4 | 212 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 9.3 | 32.6 | -1.3 | 392 | 0.9 | 11.8 | 0.7 | -0.7 | 390 | 4.1 | 24.4 | 0.7 | -1.2 | 393 |
| Province 2 | 12.7 | 37.0 | -1.6 | 666 | 3.0 | 14.4 | 0.0 | -1.1 | 666 | 7.9 | 36.8 | 0.0 | -1.7 | 668 |
| Province 3 | 10.4 | 29.4 | -1.4 | 355 | 1.3 | 4.2 | 1.9 | -0.2 | 355 | 3.4 | 13.3 | 0.5 | -0.9 | 357 |
| Province 4 | 10.1 | 28.9 | -1.3 | 188 | 1.6 | 5.8 | 3.7 | -0.2 | 187 | 2.6 | 14.9 | 0.5 | -0.9 | 188 |
| Province 5 | 11.4 | 38.5 | -1.6 | 454 | 1.4 | 7.6 | 1.8 | -0.6 | 452 | 4.4 | 27.2 | 0.2 | -1.3 | 454 |
| Province 6 | 24.9 | 54.5 | -2.1 | 156 | 2.2 | 7.5 | 1.5 | -0.5 | 156 | 10.8 | 35.6 | 0.2 | -1.6 | 157 |
| Province 7 | 11.0 | 35.9 | -1.6 | 211 | 1.5 | 9.3 | 1.1 | -0.6 | 211 | 4.2 | 28.1 | 0.0 | -1.4 | 212 |
| Mother's education ${ }^{8}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 17.8 | 45.7 | -1.8 | 827 | 1.7 | 12.5 | 0.3 | -0.8 | 827 | 8.4 | 36.7 | 0.1 | -1.7 | 831 |
| Primary | 13.0 | 36.7 | -1.6 | 473 | 2.8 | 9.0 | 1.8 | -0.7 | 471 | 5.6 | 28.0 | 0.9 | -1.4 | 473 |
| Some secondary | 7.4 | 31.5 | -1.3 | 567 | 2.4 | 8.8 | 1.0 | -0.6 | 567 | 3.6 | 21.6 | 0.0 | -1.2 | 568 |
| SLC and above | 5.9 | 22.7 | -1.1 | 500 | 0.7 | 7.5 | 2.5 | -0.4 | 498 | 2.6 | 16.1 | 0.3 | -0.9 | 502 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 21.3 | 49.2 | -1.9 | 496 | 2.7 | 8.8 | 1.4 | -0.6 | 493 | 8.5 | 32.9 | 0.3 | -1.5 | 498 |
| Second | 11.5 | 38.7 | -1.6 | 528 | 1.7 | 9.4 | 1.1 | -0.7 | 528 | 5.2 | 28.3 | 0.0 | -1.4 | 529 |
| Middle | 11.5 | 35.7 | -1.6 | 549 | 2.3 | 10.6 | 0.2 | -0.8 | 551 | 6.0 | 32.8 | 0.2 | -1.5 | 551 |
| Fourth | 9.2 | 32.4 | -1.4 | 526 | 1.4 | 11.3 | 0.7 | -0.7 | 525 | 3.4 | 23.5 | 0.3 | -1.3 | 526 |
| Highest | 4.0 | 16.5 | -0.8 | 322 | 0.7 | 7.3 | 3.6 | -0.4 | 321 | 3.3 | 11.6 | 0.8 | -0.8 | 324 |
| Household food insecurity |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Secure | 8.9 | 29.3 | -1.3 | 1,019 | 1.4 | 8.9 | 2.1 | -0.5 | 1,018 | 3.7 | 21.5 | 0.6 | -1.1 | 1,022 |
| Mildly insecure | 12.2 | 36.5 | -1.6 | 514 | 1.9 | 10.8 | 0.3 | -0.7 | 513 | 5.1 | 28.6 | 0.1 | -1.4 | 514 |
| Moderately insecure | 14.7 | 41.6 | -1.7 | 631 | 1.8 | 9.4 | 0.7 | -0.7 | 631 | 6.1 | 31.3 | 0.0 | -1.5 | 635 |
| Severely insecure | 17.7 | 46.4 | -1.7 | 256 | 3.6 | 11.0 | 0.9 | -0.8 | 255 | 11.4 | 35.0 | 0.0 | -1.5 | 257 |
| Total | 12.0 | 35.8 | -1.5 | 2,421 | 1.8 | 9.7 | 1.2 | -0.6 | 2,417 | 5.4 | 27.0 | 0.3 | -1.3 | 2,428 |

Note: Each of the indices is expressed in standard deviation units (SD) from the median of the WHO Child Growth Standards. Figures in parentheses are based on 25-49 unweighted cases. An asterisk
indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }_{2}$ Recumbent length is measured for children under age 2; standing height is measured for all other children.
${ }^{4}$ Excludes children whose mothers were not interviewed
${ }^{4}$ First-born twins (triplets, etc.) are counted as first births because they do not have a previous birth interval
${ }^{5}$ Excludes children whose mothers were not interviewed. Total includes four cases with size at birth not known to mother.
${ }_{7}^{6}$ Includes children whose mothers are deceased
${ }^{7}$ Excludes children whose mothers were not weighed and measured, children whose mothers were not interviewed, and children whose mothers are pregnant or gave birth within the preceding 2
months. Mother's nutritional status in terms of BMI (body mass index) is presented in Table 11.10.1. ${ }^{8}$ For women who are not interviewed, information is taken from the Household Questionnaire. Children whose mothers are not listed in the Household Questionnaire are excluded.

Table 11.2 Initial breastfeeding
Among last-born children who were born in the 2 years preceding the survey, the percentage who were ever breastfed and the percentages who started breastfeeding within 1 hour and within 1 day of birth; and among last-born children born in the 2 years preceding the survey who were ever breastfed, the percentage who received a prelacteal feed, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among last-born children born in the past 2 years: |  |  |  | Among last-born children born in the past 2 years who were ever breastfed: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage ever breastfed | Percentage who started breastfeeding within 1 hour of birth | Percentage who started breastfeeding within 1 day of birth ${ }^{1}$ | Number of last-born children | Percentage who received a prelacteal feed ${ }^{2}$ | Number of last-born children ever breastfed |
| Sex |  |  |  |  |  |  |
| Male | 99.0 | 53.2 | 90.3 | 1,063 | 28.9 | 1,052 |
| Female | 99.2 | 57.0 | 89.5 | 915 | 28.2 | 907 |
| Assistance at delivery |  |  |  |  |  |  |
| Health professional ${ }^{3}$ | 99.0 | 58.3 | 90.5 | 1,352 | 28.9 | 1,339 |
| Traditional birth attendant | 97.5 | 29.7 | 66.7 | 85 | 58.6 | 83 |
| Other | 99.4 | 50.3 | 92.4 | 364 | 18.3 | 362 |
| No one | 99.1 | 50.8 | 92.1 | 178 | 33.2 | 176 |
| Place of delivery |  |  |  |  |  |  |
| Health facility | 99.0 | 59.3 | 91.6 | 1,270 | 26.9 | 1,257 |
| At home | 99.2 | 47.4 | 86.8 | 682 | 31.7 | 677 |
| Other | (100.0) | (36.7) | (91.7) | 26 | (26.8) | 26 |
| Residence |  |  |  |  |  |  |
| Urban | 98.9 | 57.0 | 91.8 | 1,062 | 27.2 | 1,050 |
| Rural | 99.3 | 52.5 | 87.8 | 916 | 30.1 | 909 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 100.0 | 61.3 | 94.3 | 131 | 8.4 | 131 |
| Hill | 99.2 | 58.4 | 93.6 | 760 | 18.7 | 753 |
| Terai | 98.9 | 51.7 | 86.8 | 1,087 | 37.9 | 1,075 |
| Development region |  |  |  |  |  |  |
| Eastern | 99.6 | 52.9 | 91.8 | 457 | 27.1 | 456 |
| Central | 98.9 | 48.3 | 83.9 | 706 | 40.3 | 698 |
| Western | 98.8 | 58.2 | 92.7 | 388 | 30.2 | 384 |
| Mid-western | 99.4 | 61.6 | 95.7 | 260 | 10.0 | 259 |
| Far-western | 98.6 | 70.7 | 95.1 | 166 | 8.0 | 164 |
| Province |  |  |  |  |  |  |
| Province 1 | 99.9 | 51.6 | 91.5 | 338 | 24.9 | 338 |
| Province 2 | 99.0 | 45.3 | 81.5 | 513 | 47.7 | 508 |
| Province 3 | 98.6 | 56.4 | 91.2 | 312 | 25.6 | 308 |
| Province 4 | 99.5 | 54.7 | 89.4 | 164 | 24.5 | 163 |
| Province 5 | 98.6 | 59.1 | 95.9 | 364 | 25.7 | 359 |
| Province 6 | 99.6 | 67.6 | 94.0 | 121 | 8.2 | 120 |
| Province 7 | 98.6 | 70.7 | 95.1 | 166 | 8.0 | 164 |
| Mother's education |  |  |  |  |  |  |
| No education | 98.6 | 49.1 | 84.5 | 570 | 35.5 | 562 |
| Primary | 99.2 | 56.8 | 89.9 | 391 | 26.4 | 388 |
| Some secondary | 98.7 | 58.4 | 92.5 | 551 | 21.2 | 544 |
| SLC and above | 100.0 | 56.4 | 93.7 | 465 | 30.6 | 465 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 99.6 | 61.9 | 95.3 | 414 | 12.1 | 413 |
| Second | 99.4 | 53.8 | 89.7 | 417 | 23.3 | 415 |
| Middle | 98.4 | 51.1 | 86.8 | 454 | 36.3 | 447 |
| Fourth | 99.0 | 56.2 | 88.5 | 408 | 35.5 | 404 |
| Highest | 98.8 | 50.7 | 89.5 | 284 | 38.4 | 281 |
| Total | 99.1 | 54.9 | 89.9 | 1,978 | 28.6 | 1,959 |

Note: Table is based on last-born children born in the 2 years preceding the survey regardless of whether the children are living or dead at the time of interview. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Includes children who started breastfeeding within 1 hour of birth
${ }^{2}$ Children given something other than breast milk during the first 3 days of life
${ }^{3}$ Doctor, nurse, or auxiliary nurse midwife

Table 11.3 Breastfeeding status according to age
Percent distribution of youngest children under 2 years who are living with their mother by breastfeeding status and the percentage currently breastfeeding; and the percentage of all children under 2 years using a bottle with a nipple, according to age in months, Nepal DHS 2016

| Age in months | Not breastfeeding | Breastfeeding status |  |  |  |  | Total | Percentage currently breastfeeding | Number of youngest children under age 2 living with their mother | Percentage using a bottle with a nipple | Number of all children under 2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Exclusively breastfed | Breastfeeding and consuming plain water only | Breastfeeding and consuming non-milk liquids ${ }^{1}$ | Breastfeeding and consuming other milk | Breastfeeding and consuming complementary foods |  |  |  |  |  |
| 0-1 | 2.5 | 79.6 | 3.7 | 8.1 | 5.0 | 1.2 | 100.0 | 97.5 | 159 | 7.3 | 159 |
| 2-3 | 0.0 | 72.2 | 2.5 | 4.1 | 13.2 | 8.0 | 100.0 | 100.0 | 160 | 7.0 | 160 |
| 4-5 | 0.0 | 40.9 | 13.7 | 4.7 | 11.5 | 29.2 | 100.0 | 100.0 | 124 | 14.1 | 126 |
| 6-8 | 1.1 | 6.0 | 5.5 | 0.9 | 3.2 | 83.2 | 100.0 | 98.9 | 235 | 21.2 | 235 |
| 9-11 | 1.4 | 0.0 | 1.9 | 0.9 | 0.9 | 94.9 | 100.0 | 98.6 | 264 | 15.2 | 264 |
| 12-17 | 2.4 | 0.0 | 1.7 | 0.0 | 0.3 | 95.6 | 100.0 | 97.6 | 504 | 13.8 | 514 |
| 18-23 | 9.7 | 0.0 | 0.4 | 0.0 | 0.0 | 89.9 | 100.0 | 90.3 | 494 | 12.2 | 520 |
| 0-3 | 1.3 | 75.9 | 3.1 | 6.1 | 9.1 | 4.6 | 100.0 | 98.7 | 319 | 7.2 | 319 |
| 0-5 | 0.9 | 66.1 | 6.1 | 5.7 | 9.8 | 11.5 | 100.0 | 99.1 | 443 | 9.1 | 445 |
| 6-9 | 0.8 | 4.3 | 4.0 | 1.2 | 2.3 | 87.4 | 100.0 | 99.2 | 327 | 18.4 | 327 |
| 12-15 | 1.9 | 0.0 | 1.4 | 0.0 | 0.4 | 96.3 | 100.0 | 98.1 | 349 | 15.8 | 356 |
| 12-23 | 6.0 | 0.0 | 1.1 | 0.0 | 0.1 | 92.8 | 100.0 | 94.0 | 998 | 13.0 | 1,034 |
| 20-23 | 11.5 | 0.0 | 0.3 | 0.0 | 0.0 | 88.1 | 100.0 | 88.5 | 357 | 12.0 | 378 |

Note: Breastfeeding status refers to a " 24 -hour" period (yesterday and last night). Children who are classified as breastfeeding and consuming plain water only consumed no liquid or solid supplements. The categories of not breastfeeding, exclusively breastfed, breastfeeding and consuming plain water, nonmilk liquids, other milk, and complementary foods (solids and semi-solids) are hierarchical and mutually exclusive, and their percentages add to $100 \%$. Thus children who receive breast milk and non-milk liquids and who do not receive other milk or complementary foods are classified in the non-milk liquid category even though they may also get plain water. Any children who get complementary food are classified in that category as long as they are breastfeeding as well.
${ }^{1}$ Non-milk liquids include juice, juice drinks, clear broth, or other liquids.

Table 11.4 Median duration of breastfeeding
Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children born in the 3 years preceding the survey, according to background characteristics, Nepal DHS 2016

| Background characteristic | Median duration (months) of breastfeeding among children born in the past 3 years ${ }^{1}$ |  |  |
| :---: | :---: | :---: | :---: |
|  | Any breastfeeding | Exclusive breastfeeding | Predominant breastfeeding ${ }^{2}$ |
| Sex |  |  |  |
| Male | >35.0 | 4.2 | 5.0 |
| Female | >35.0 | 4.1 | 5.1 |
| Residence |  |  |  |
| Urban | >35.0 | 3.9 | 4.5 |
| Rural | >35.0 | 4.5 | 5.5 |
| Ecological zone |  |  |  |
| Mountain | >35.0 | (4.7) | (5.3) |
| Hill | >35.0 | 4.0 | 4.4 |
| Terai | >35.0 | 4.2 | 5.4 |
| Development region |  |  |  |
| Eastern | >35.0 | 3.5 | 4.5 |
| Central | 34.3 | 3.6 | 4.7 |
| Western | >35.0 | 4.9 | 5.4 |
| Mid-western | >35.0 | 4.9 | 5.7 |
| Far-western | >35.0 | 5.2 | 5.4 |
| Province |  |  |  |
| Province 1 | >35.0 | 3.3 | 3.8 |
| Province 2 | 31.4 | 3.7 | 5.6 |
| Province 3 | $>35.0$ | (3.6) | (4.0) |
| Province 4 | $>35.0$ | 4.6 | (5.2) |
| Province 5 | >35.0 | 4.9 | 5.6 |
| Province 6 | 33.9 | 5.4 | 5.8 |
| Province 7 | >35.0 | 5.2 | 5.4 |
| Mother's education |  |  |  |
| No education | $>35.0$ | 4.3 | 5.2 |
| Primary | >35.0 | 4.5 | 5.5 |
| Some secondary | >35.0 | 3.8 | 4.9 |
| SLC and above | >35.0 | 4.2 | 4.6 |
| Wealth quintile |  |  |  |
| Lowest | >35.0 | 4.9 | 5.3 |
| Second | >35.0 | 3.7 | 4.6 |
| Middle | 34.8 | 4.5 | 5.5 |
| Fourth | >35.0 | 3.7 | 5.2 |
| Highest | >35.0 | 3.6 | 4.0 |
| Total | >35.0 | 4.2 | 5.0 |
| Mean for all children | 31.2 | 4.9 | 6.0 |

Note: Median and mean durations are based on breastfeeding status of the child at the time of the survey (current status). The median duration of any breastfeeding is shown as $>35.0$ for groups in which the exact median cannot be calculated because the proportion of breastfeeding children does not drop below $50 \%$ in any age group for children under age 36 months. Includes living and deceased children. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ For last-born children under age 24 months who live with the mother and are breastfeeding, information to determine exclusive and predominant breastfeeding comes from a 24 -hour dietary recall. Tabulations assume that last-born children age 24 months or older who live with the mother and are breastfeeding are neither exclusively nor predominantly breastfed. It is assumed that last-born children not currently living with the mother and all non-last-born children are not currently breastfeeding.
${ }^{2}$ Either exclusively breastfed or received breast milk and plain water, and/or non-milk liquids only

Table 11.5 Foods and liquids consumed by children in the day or night preceding the interview
Percentage of youngest children under age 2 who are living with the mother, by type of foods consumed in the day or night preceding the interview, according to breastfeeding status and age, Nepal DHS 2016

|  |  | Liquids |  | Solid or semi-solid foods |  |  |  |  |  |  |  |  | Any solid or semisolid food | Number of children under age 2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age in months | Infant formula | Other milk ${ }^{1}$ | Other liquids ${ }^{2}$ | Fortified baby foods | Food made from grains ${ }^{3}$ | Fruits and vegetables rich in vitamin $A^{4}$ | Other fruits and vegetables | Food made from roots and tubers | Food made from legumes and nuts | Meat, fish, poultry | Eggs | Cheese, yogurt, other milk product |  |  |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-1 | 2.2 | 4.2 | 8.3 | 0.4 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.8 | 0.0 | 0.0 | 1.2 | 155 |
| 2-3 | 3.9 | 14.5 | 4.7 | 1.6 | 3.1 | 0.0 | 0.0 | 0.0 | 0.7 | 0.0 | 0.0 | 1.3 | 8.0 | 160 |
| 4-5 | 8.4 | 18.2 | 10.6 | 6.3 | 17.5 | 6.6 | 4.1 | 1.9 | 5.2 | 6.3 | 3.8 | 1.6 | 29.2 | 124 |
| 6-8 | 3.9 | 42.3 | 34.5 | 13.3 | 71.6 | 21.1 | 16.8 | 27.4 | 54.1 | 11.5 | 4.3 | 2.7 | 84.2 | 233 |
| 9-11 | 3.5 | 42.2 | 46.9 | 10.2 | 90.6 | 42.0 | 31.0 | 47.4 | 63.2 | 20.1 | 14.4 | 13.8 | 96.3 | 260 |
| 12-17 | 2.4 | 47.4 | 49.4 | 6.5 | 94.9 | 51.8 | 42.6 | 65.5 | 73.0 | 26.4 | 15.7 | 13.2 | 98.0 | 492 |
| 18-23 | 1.3 | 52.5 | 51.6 | 4.6 | 96.0 | 57.2 | 46.4 | 71.4 | 78.5 | 33.3 | 14.4 | 22.4 | 99.5 | 446 |
| 6-23 | 2.5 | 47.2 | 47.2 | 7.7 | 90.6 | 46.7 | 37.5 | 57.9 | 69.8 | 25.0 | 13.2 | 14.5 | 95.9 | 1,431 |
| Total | 3.0 | 38.9 | 37.9 | 6.5 | 70.8 | 36.2 | 28.9 | 44.4 | 53.8 | 19.6 | 10.4 | 11.3 | 76.1 | 1,870 |
| NONBREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6-23 | 3.2 | 72.6 | 57.8 | 9.2 | 96.7 | 50.7 | 35.0 | 62.2 | 78.4 | 26.9 | 21.5 | 15.7 | 99.1 | 66 |

Note: Breastfeeding status refers to a "24-hour" period (yesterday and last night).
${ }^{1}$ Other milk includes fresh, tinned, and powdered animal milk.
${ }^{2}$ Does not include plain water. Includes juice, juice drinks, clear broth, or other non-milk liquids.
${ }^{3}$ Includes fortified baby foods
${ }^{4}$ Includes pumpkin, carrots, red squash, red sweet potatoes, dark green leafy vegetables, ripe mangoes, ripe papayas, jackfruit, and apricots
Table 11.6 Infant and young child feeding (IYCF) practices
 Among breastfed children 6-23 months, percentage
fed: Number of
non-
Number of
Among all children 6-23 months, percentage fed:

| Background characteristic | Minimum dietary diversity ${ }^{1}$ | Minimum meal frequency ${ }^{2}$ | Minimum acceptable $\operatorname{diet}^{3}$ | Number of breastfed children age 6-23 months | Milk or milk products ${ }^{4}$ | Minimum dietary diversity ${ }^{1}$ | $\begin{aligned} & \text { Minimum } \\ & \text { meal } \\ & \text { frequency }{ }^{5} \\ & \hline \end{aligned}$ | Minimum acceptable $\operatorname{diet}^{6}$ | Number of nonbreastfed children 6-23 months | Breastmilk, milk, or milk products ${ }^{7}$ | Minimum dietary diversity ${ }^{1}$ | Minimum meal frequency ${ }^{8}$ | Minimum acceptable $\operatorname{diet}^{9}$ | Number of all children 6-23 months |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6-8 | 20.4 | 69.8 | 18.2 | 233 | * | * | * | * | 3 | 98.9 | 20.2 | 69.0 | 18.0 | 235 |
| 9-11 | 37.5 | 60.5 | 26.2 | 260 | * | * | * | * | 4 | 100.0 | 37.0 | 61.1 | 25.9 | 264 |
| 12-17 | 50.5 | 69.3 | 39.2 | 492 | * | * | * | * | 12 | 99.6 | 51.4 | 69.7 | 38.8 | 504 |
| 18-23 | 58.6 | 80.1 | 48.6 | 446 | (62.3) | (64.8) | (78.2) | (26.7) | 48 | 96.4 | 59.2 | 79.9 | 46.4 | 494 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 45.1 | 71.2 | 35.2 | 769 | (63.8) | (59.5) | (74.0) | (20.4) | 41 | 98.2 | 45.8 | 71.4 | 34.4 | 809 |
| Female | 46.5 | 71.1 | 37.7 | 662 | , | * | * | * | 26 | 98.8 | 47.3 | 71.5 | 37.3 | 688 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 46.7 | 70.3 | 36.6 | 765 | (69.4) | (74.3) | (79.1) | (33.7) | 39 | 98.5 | 48.0 | 70.8 | 36.4 | 804 |
| Rural | 44.7 | 72.1 | 36.1 | 665 | * | * | * | * | 28 | 98.4 | 44.8 | 72.2 | 35.0 | 693 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 49.0 | 77.3 | 44.5 | 94 | * | * | * | * | 4 | 97.3 | 48.3 | 75.5 | 42.7 | 98 |
| Hill | 54.6 | 79.0 | 45.7 | 561 | * | ** | * | * | 15 | 99.9 | 55.3 | 79.5 | 46.0 | 576 |
| Terai | 39.0 | 64.7 | 28.6 | 775 | (58.2) | (59.7) | (74.4) | (14.6) | 47 | 97.6 | 40.2 | 65.3 | 27.8 | 822 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 37.4 | 72.0 | 28.9 | 345 | * | * | * | * | 9 | 99.1 | 37.3 | 71.8 | 28.5 | 354 |
| Central | 42.1 | 66.4 | 32.7 | 499 | * | * | * | * | 38 | 98.2 | 44.0 | 67.6 | 32.4 | 537 |
| Western | 58.6 | 78.5 | 49.9 | 284 | * | * | * | * | 13 | 98.0 | 59.4 | 78.7 | 48.5 | 297 |
| Mid-western | 49.0 | 72.4 | 39.4 | 187 | * | * | * | * | 2 | 99.0 | 48.7 | 71.7 | 38.9 | 190 |
| Far-western | 49.9 | 69.1 | 36.2 | 116 | * | * | * | * | 4 | 98.5 | 50.0 | 68.9 | 35.6 | 120 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 43.0 | 72.7 | 34.3 | 262 | * | * | * | * | 7 | 99.1 | 43.0 | 72.5 | 33.9 | 269 |
| Province 2 | 28.1 | 62.4 | 20.8 | 353 | * | * | * | * | 28 | 97.5 | 30.0 | 63.6 | 20.4 | 381 |
| Province 3 | 55.6 | 73.9 | 43.5 | 228 | * | * | * | * | 12 | 99.5 | 57.3 | 74.6 | 44.0 | 241 |
| Province 4 | 62.0 | 80.7 | 52.6 | 122 | * | * | * | * | 3 | 100.0 | 61.8 | 81.2 | 52.2 | 125 |
| Province 5 | 51.9 | 75.6 | 44.2 | 264 | * | * | * | * | 11 | 97.3 | 52.8 | 75.2 | 42.8 | 275 |
| Province 6 | 53.4 | 71.1 | 40.6 | 85 | * | * | * | * | 1 | 99.5 | 53.6 | 70.9 | 40.3 | 86 |
| Province 7 | 49.9 | 69.1 | 36.2 | 116 | * | * | * | * | 4 | 98.5 | 50.0 | 68.9 | 35.6 | 120 |
| Mother's education ${ }^{8}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 32.3 | 67.0 | 25.0 | 427 | * | * | * | * | 25 | 97.9 | 32.8 | 67.5 | 24.0 | 452 |
| Primary | 41.2 | 67.5 | 31.3 | 277 | * | * | * | * | 19 | 97.2 | 43.3 | 67.5 | 29.7 | 296 |
| Some secondary | 49.4 | 71.9 | 39.6 | 395 | * | * | * | * | 10 | 99.4 | 49.7 | 72.0 | 39.5 | 405 |
| SLC and above | 62.7 | 78.8 | 51.3 | 332 | * | * | * | * | 12 | 99.4 | 63.6 | 79.3 | 52.0 | 344 |


| Table 11.6-Continued |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Among breastfed children 6-23 months, percentage fed: |  |  |  | Among non-breastfed children 6-23 months, percentage fed: |  |  |  |  | Among all children 6-23 months, percentage fed: |  |  |  |  |
|  | Minimum dietary diversity ${ }^{1}$ | Minimum meal frequency ${ }^{2}$ | Minimum acceptable diet $^{3}$ | Number of breastfed children age 6-23 months | Milk or milk products ${ }^{4}$ | Minimum dietary diversity ${ }^{1}$ | Minimum meal frequency ${ }^{5}$ | Minimum acceptable $\operatorname{diet}^{6}$ | Number of nonbreastfed children 6-23 months | Breastmilk, milk, or milk products ${ }^{7}$ | Minimum dietary diversity ${ }^{1}$ | Minimum meal frequency ${ }^{8}$ | Minimum acceptable diet ${ }^{9}$ | Number of all children 6-23 months |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 38.7 | 74.3 | 31.6 | 295 |  |  |  |  | 8 | 99.3 | 39.6 | 74.2 | 30.8 | 303 |
| Second | 42.1 | 70.8 | 34.7 | 314 |  |  |  |  | 13 | 99.0 | 42.3 | 71.4 | 33.5 | 327 |
| Middle | 37.9 | 66.7 | 29.3 | 323 |  | * |  |  | 19 | 97.2 | 39.3 | 66.4 | 28.5 | 341 |
| Fourth | 52.8 | 70.2 | 41.6 | 304 |  |  |  |  | 14 | 98.8 | 53.3 | 70.6 | 41.4 | 318 |
| Highest | 64.6 | 76.0 | 49.9 | 195 | * | * | * | * | 13 | 98.3 | 64.9 | 76.9 | 49.9 | 208 |
| Total | 45.8 | 71.2 | 36.4 | 1,431 | 65.8 | 62.9 | 77.2 | 23.0 | 66 | 98.5 | 46.5 | 71.4 | 35.8 | 1,497 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. <br> ${ }^{1}$ Children receive foods from four or more of the following food groups: a. infant formula, milk other than breast milk, cheese or yogurt or other milk products; b. foods made from grains, roots, and fortified baby food from grains; c. vitamin A-rich fruits and vegetables; d. other fruits and vegetables; e. eggs; f. meat, poultry, fish, and shellfish (and organ meats); g. legumes and nuts <br> ${ }^{2}$ For breastfed children, minimum meal frequency is receiving solid or semisolid food at least twice a day for infants 6-8 months and at least three times a day for children 9-23 months. <br> ${ }^{3}$ Breastfed children age 6-23 months are considered to be fed a minimum acceptable diet if they are fed the minimum dietary diversity as described in footnote 1 and the minimum meal frequen <br> ${ }^{4}$ Includes two or more feedings of commercial infant formula; fresh, tinned, and powdered animal milk; and yogurt. <br> ${ }^{5}$ For non-breastfed children age 6-23 months, minimum meal frequency is receiving solid or semisolid food or milk feeds at least four times a day. <br> ${ }^{6}$ Non-breastfed children age 6-23 months are considered to be fed a minimum acceptable diet if they receive other milk or milk products at least twice a day, receive the minimum meal frequencer and receive solid or semisolid foods from at least four food groups, not including the milk or milk products food group. <br> ${ }^{7}$ Breastfeeding, or not breastfeeding and receiving two or more feedings of commercial infant formula; fresh, tinned, and powdered animal milk; and yogurt <br> ${ }^{8}$ Children are fed the minimum recommended number of times per day according to their age and breastfeeding status as described in footnotes 2 and 5 . <br> ${ }^{9}$ Children age 6-23 months are considered to be fed a minimum acceptable diet if they receive breastmilk, other milk or milk products as described in footnote 7 , are fed the minimum dietary div <br> 1 , and are fed the minimum meal frequency as described in footnotes 2 and 5 . |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 11.7 Prevalence of anemia in children
Percentage of children age 6-59 months classified as having anemia, according to background characteristics, Nepal DHS 2016

| Background characteristic | Anemia status by hemoglobin level |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Any anemia (<11.0 g/dl) | $\begin{gathered} \text { Mild anemia } \\ (10.0-10.9 \mathrm{~g} / \mathrm{dl}) \\ \hline \end{gathered}$ | Moderate anemia $(7.0-9.9 \mathrm{~g} / \mathrm{dl})$ | Severe anemia $(<7.0 \mathrm{~g} / \mathrm{dl})$ | Number of children age 6-59 months |
| Age in months |  |  |  |  |  |
| 6-23 | 68.7 | 28.6 | 39.3 | 0.8 | 745 |
| 6-8 | 67.5 | 28.4 | 39.1 | 0.0 | 108 |
| 9-11 | 72.8 | 26.8 | 45.5 | 0.5 | 133 |
| 12-17 | 73.9 | 27.4 | 45.4 | 1.2 | 227 |
| 18-23 | 62.8 | 30.4 | 31.4 | 1.0 | 277 |
| 24-35 | 52.0 | 26.1 | 25.6 | 0.3 | 463 |
| 36-47 | 45.0 | 26.1 | 18.4 | 0.5 | 491 |
| 48-59 | 35.8 | 22.6 | 13.1 | 0.0 | 466 |
| Sex |  |  |  |  |  |
| Male | 52.7 | 24.8 | 27.2 | 0.6 | 1,122 |
| Female | 52.6 | 27.7 | 24.6 | 0.3 | 1,043 |
| Deworming status in past 6 months ${ }^{1}$ |  |  |  |  |  |
| Received deworming medication | 44.8 | 24.6 | 19.9 | 0.3 | 1,313 |
| Did not receive deworming medication | 57.1 | 27.6 | 28.5 | 1.0 | 420 |
| Mother's interview status |  |  |  |  |  |
| Interviewed | 52.3 | 26.0 | 25.8 | 0.4 | 2,087 |
| Not interviewed but in household | * | * | * | * | 23 |
| Not interviewed and not in the household ${ }^{2}$ | 61.4 | 34.3 | 27.1 | 0.0 | 54 |
| Residence |  |  |  |  |  |
| Urban | 49.3 | 27.2 | 21.6 | 0.5 | 1,132 |
| Rural | 56.3 | 25.1 | 30.8 | 0.4 | 1,033 |
| Ecological zone |  |  |  |  |  |
| Mountain | 57.4 | 25.8 | 29.2 | 2.4 | 156 |
| Hill | 40.1 | 22.6 | 17.3 | 0.2 | 777 |
| Terai | 60.0 | 28.6 | 31.0 | 0.4 | 1,232 |
| Development region |  |  |  |  |  |
| Eastern | 55.7 | 29.6 | 25.8 | 0.4 | 491 |
| Central | 53.1 | 24.2 | 28.3 | 0.6 | 785 |
| Western | 49.9 | 27.5 | 22.0 | 0.3 | 415 |
| Mid-western | 52.0 | 26.0 | 25.4 | 0.6 | 286 |
| Far-western | 49.8 | 23.3 | 26.2 | 0.4 | 188 |
| Province |  |  |  |  |  |
| Province 1 | 55.2 | 29.0 | 25.7 | 0.5 | 355 |
| Province 2 | 59.4 | 26.0 | 32.8 | 0.6 | 605 |
| Province 3 | 42.8 | 23.6 | 18.8 | 0.3 | 316 |
| Province 4 | 46.2 | 26.7 | 19.6 | 0.0 | 166 |
| Province 5 | 53.4 | 28.7 | 24.4 | 0.3 | 396 |
| Province 6 | 48.4 | 22.0 | 25.2 | 1.2 | 138 |
| Province 7 | 49.8 | 23.3 | 26.2 | 0.4 | 188 |
| Mother's education ${ }^{3}$ |  |  |  |  |  |
| No education | 56.9 | 27.1 | 29.4 | 0.5 | 770 |
| Primary | 52.7 | 24.8 | 27.2 | 0.7 | 411 |
| Some secondary | 52.5 | 26.7 | 25.3 | 0.4 | 499 |
| SLC and above | 44.1 | 24.4 | 19.3 | 0.4 | 430 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 48.7 | 26.2 | 21.8 | 0.7 | 436 |
| Second | 49.6 | 24.2 | 24.4 | 1.0 | 484 |
| Middle | 59.9 | 28.5 | 31.1 | 0.4 | 505 |
| Fourth | 58.4 | 28.5 | 29.9 | 0.0 | 463 |
| Highest | 41.2 | 21.7 | 19.5 | 0.0 | 277 |
| Total | 52.7 | 26.2 | 26.0 | 0.5 | 2,165 |

Note: Table is based on children who stayed in the household on the night before the interview and who were tested for anemia. Prevalence of anemia, based on hemoglobin levels, is adjusted for altitude using formulas in CDC 1998. Hemoglobin is measured in grams per deciliter ( $\mathrm{g} / \mathrm{dl}$ ). An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Excludes children less than 12 months who are not eligible to receive deworming medication
${ }^{2}$ Includes children whose mothers are deceased
${ }^{3}$ For women who are not interviewed, information is taken from the Household Questionnaire. Excludes children whose mothers are not listed in the Household Questionnaire.

Table 11.8 Presence of iodized salt in the household
Among all households, percentage with salt tested for iodine content, percentage with salt in the household but the salt was not tested, and percentage with no salt in the household; and among households with salt tested, percentage with iodized salt, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among all households, the percentage |  |  |  | Among households with tested salt: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | With salt tested | With salt, but salt not tested ${ }^{1}$ | With no salt in the household | Number of households | Percentage with iodized salt | Number of households |
| Residence |  |  |  |  |  |  |
| Urban | 98.8 | 0.3 | 0.9 | 6,781 | 96.9 | 6,698 |
| Rural | 99.4 | 0.0 | 0.6 | 4,259 | 91.8 | 4,232 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 99.3 | 0.1 | 0.7 | 781 | 90.1 | 775 |
| Hill | 98.8 | 0.3 | 0.9 | 5,134 | 92.8 | 5,071 |
| Terai | 99.2 | 0.2 | 0.7 | 5,125 | 97.7 | 5,083 |
| Development region |  |  |  |  |  |  |
| Eastern | 98.9 | 0.1 | 1.0 | 2,590 | 93.5 | 2,562 |
| Central | 99.3 | 0.3 | 0.4 | 3,949 | 96.9 | 3,921 |
| Western | 98.9 | 0.3 | 0.7 | 2,245 | 97.9 | 2,221 |
| Mid-western | 98.7 | 0.0 | 1.2 | 1,339 | 89.0 | 1,322 |
| Far-western | 98.6 | 0.0 | 1.4 | 915 | 91.8 | 903 |
| Province |  |  |  |  |  |  |
| Province 1 | 98.8 | 0.1 | 1.0 | 2,004 | 91.8 | 1,980 |
| Province 2 | 99.5 | 0.1 | 0.4 | 2,014 | 99.3 | 2,003 |
| Province 3 | 99.1 | 0.4 | 0.4 | 2,521 | 95.5 | 2,500 |
| Province 4 | 98.9 | 0.4 | 0.6 | 1,173 | 96.7 | 1,161 |
| Province 5 | 99.0 | 0.1 | 0.9 | 1,793 | 96.4 | 1,774 |
| Province 6 | 98.4 | 0.1 | 1.6 | 619 | 85.1 | 608 |
| Province 7 | 98.6 | 0.0 | 1.4 | 915 | 91.8 | 903 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 98.9 | 0.0 | 1.1 | 2,234 | 83.6 | 2,210 |
| Second | 99.3 | 0.1 | 0.6 | 2,225 | 94.4 | 2,209 |
| Middle | 99.5 | 0.0 | 0.5 | 2,065 | 97.9 | 2,054 |
| Fourth | 98.9 | 0.1 | 1.0 | 2,240 | 99.2 | 2,215 |
| Highest | 98.5 | 0.9 | 0.6 | 2,276 | 99.7 | 2,241 |
| Total | 99.0 | 0.2 | 0.8 | 11,040 | 94.9 | 10,929 |

${ }^{1}$ Includes households in which salt could not be tested for technical or logistical reasons, including availability of test kits

Table 11.9 Micronutrient intake and deworming among children
Among the youngest children, those age 6-23 months, who are living with their mother, percentages who consumed vitamin A-rich and iron-rich foods in the 24 hours preceding the survey; among all children age 6-59 months, percentages given iron supplements in the past 7 days and given vitamin A supplements in the 6 months preceding the survey; and among children 12-59 months percentage given deworming medication in the 6 months preceding the survey; and among all children age 6-59 months who live in households in which salt was tested for iodine, percentage who live in households with iodized salt, according to background characteristics, Nepal DHS 2016

| Background characteristic | Among youngest children age 6-23 months living with the mother: |  |  | Among all children age 6-59 months: |  | Among all eligible children age 6-59 months ${ }^{4}$ : |  | Among all eligible children age 12-59 months ${ }^{6}$. |  | Among children age 6-59 months living in households tested for iodized salt |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who consumed foods rich in vitamin A in last 24 hours ${ }^{1}$ | Percentage who consumed foods rich in iron in last 24 hours ${ }^{2}$ | Number of children | Percentage given iron supplements in past 7 days ${ }^{3}$ | Number of children | Percentage given vitamin A supplements in past 6 months ${ }^{5}$ | Number of children | Percentage given deworming medication in past 6 months ${ }^{3,7}$ | Number of children | Percentage living in households with iodized salt ${ }^{8}$ | Number of children |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |
| 6-8 | 31.9 | 15.9 | 235 | 6.7 | 235 | (51.5) | 32 | na | na | 95.8 | 235 |
| 9-11 | 56.4 | 30.8 | 264 | 12.1 | 264 | 67.0 | 150 | na | na | 94.8 | 262 |
| 12-17 | 69.3 | 38.5 | 504 | 9.9 | 514 | 81.3 | 504 | 68.7 | 227 | 93.7 | 513 |
| 18-23 | 75.9 | 43.4 | 494 | 7.9 | 520 | 87.9 | 520 | 71.6 | 514 | 94.8 | 519 |
| 24-35 | na | na | na | 9.1 | 919 | 89.0 | 919 | 76.1 | 919 | 94.4 | 916 |
| 36-47 | na | na | na | 5.7 | 968 | 90.2 | 968 | 77.9 | 968 | 95.0 | 955 |
| 48-59 | na | na | na | 6.2 | 1,021 | 85.7 | 1,021 | 77.3 | 1,021 | 93.9 | 1,017 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |
| Male | 63.1 | 32.7 | 809 | 7.6 | 2,328 | 85.8 | 2,159 | 77.6 | 1,916 | 95.2 | 2,314 |
| Female | 63.6 | 38.1 | 688 | 7.8 | 2,114 | 86.8 | 1,955 | 73.8 | 1,734 | 93.7 | 2,102 |
| Breastfeeding status |  |  |  |  |  |  |  |  |  |  |  |
| Breastfeeding | 63.1 | 34.8 | 1,431 | 8.9 | 2,449 | 86.9 | 2,125 | 76.1 | 1,670 | 94.5 | 2,440 |
| Not breastfeeding | 68.3 | 43.2 | 66 | 6.3 | 1,993 | 85.6 | 1,990 | 75.5 | 1,980 | 94.4 | 1,975 |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 64.0 | 35.8 | 191 | 4.2 | 284 | 76.8 | 231 | 70.5 | 170 | 92.8 | 283 |
| 20-29 | 62.7 | 36.0 | 1,028 | 7.8 | 3,040 | 86.3 | 2,826 | 75.0 | 2,497 | 95.1 | 3,024 |
| 30-39 | 65.7 | 32.2 | 250 | 8.8 | 1,002 | 88.3 | 946 | 78.9 | 882 | 93.2 | 995 |
| 40-49 | (61.9) | (29.6) | 27 | 4.6 | 115 | 87.2 | 111 | 77.4 | 101 | 92.4 | 113 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 65.8 | 38.0 | 804 | 8.9 | 2,407 | 85.4 | 2,240 | 75.7 | 1,998 | 96.2 | 2,387 |
| Rural | 60.4 | 32.0 | 693 | 6.3 | 2,035 | 87.4 | 1,875 | 75.9 | 1,652 | 92.4 | 2,028 |
| Ecological zone 080 |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 62.9 | 26.3 | 98 | 5.3 | 312 | 94.3 | 284 | 85.6 | 253 | 89.6 | 309 |
| Hill | 72.3 | 43.2 | 576 | 12.2 | 1,685 | 90.9 | 1,556 | 82.7 | 1,377 | 90.9 | 1,671 |
| Terai | 57.1 | 30.7 | 822 | 4.9 | 2,444 | 82.1 | 2,274 | 69.9 | 2,020 | 97.5 | 2,435 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 53.4 | 33.7 | 354 | 4.7 | 1,006 | 89.6 | 901 | 74.9 | 807 | 94.2 | 996 |
| Central | 64.4 | 35.0 | 537 | 12.1 | 1,640 | 80.1 | 1,525 | 67.9 | 1,363 | 97.3 | 1,639 |
| Western | 70.4 | 43.1 | 297 | 4.1 | 813 | 88.6 | 780 | 80.5 | 686 | 96.6 | 812 |
| Mid-western | 67.3 | 34.8 | 190 | 7.4 | 605 | 91.4 | 560 | 88.4 | 483 | 86.2 | 597 |
| Far-western | 64.0 | 21.5 | 120 | 4.9 | 377 | 91.0 | 348 | 83.1 | 310 | 91.4 | 373 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 59.2 | 35.6 | 269 | 6.3 | 728 | 90.7 | 632 | 78.4 | 572 | 92.6 | 719 |
| Province 2 | 47.4 | 23.1 | 381 | 2.7 | 1,190 | 77.6 | 1,108 | 63.0 | 987 | 99.5 | 1,188 |
| Province 3 | 81.0 | 51.3 | 241 | 23.1 | 728 | 87.0 | 686 | 75.1 | 611 | 94.2 | 727 |
| Province 4 | 71.5 | 45.9 | 125 | 3.4 | 340 | 91.2 | 319 | 81.6 | 284 | 95.2 | 340 |
| Province 5 | 67.9 | 39.5 | 275 | 6.9 | 788 | 88.0 | 748 | 81.4 | 643 | 94.6 | 784 |
| Province 6 | 70.1 | 32.4 | 86 | 4.2 | 290 | 92.9 | 274 | 92.5 | 243 | 82.0 | 284 |
| Province 7 | 64.0 | 21.5 | 120 | 4.9 | 377 | 91.0 | 348 | 83.1 | 310 | 91.4 | 373 |
| Mother's education ${ }^{8}$ |  |  |  |  |  |  |  |  |  |  |  |
| No education | 53.9 | 28.9 | 452 | 5.0 | 1,560 | 83.2 | 1,473 | 68.9 | 1,317 | 93.0 | 1,553 |
| Primary | 63.4 | 31.9 | 296 | 6.5 | 895 | 85.5 | 836 | 74.4 | 744 | 93.0 | 892 |
| Some secondary | 68.8 | 40.1 | 405 | 9.3 | 1,048 | 86.9 | 947 | 79.6 | 825 | 94.9 | 1,040 |
| SLC and above | 69.3 | 40.6 | 344 | 11.6 | 939 | 91.6 | 858 | 85.0 | 764 | 97.9 | 932 |

Table 11.9-Continued

|  | Among youngest children age 6-23 months living with the mother: |  |  | Among all children age 6-59 months: |  | Among all eligible children age 6-59 months ${ }^{4}$ : |  | Among all eligible children age 12-59 months ${ }^{6}$ : |  | Among children age 6-59 months living in households tested for iodized salt |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Percentage who consumed foods rich in vitamin A in last 24 hours ${ }^{1}$ | Percentage who consumed foods rich in iron in last 24 hours ${ }^{2}$ | Number of children | Percentage given iron supplements in past 7 days ${ }^{3}$ | Number of children | Percentage given vitamin A supplements in past 6 months ${ }^{5}$ | Number of children | Percentage given deworming medication in past 6 months ${ }^{3},{ }^{7}$ | Number of children | Percentage living in households with iodized salt ${ }^{8}$ | Number of children |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 63.1 | 29.5 | 303 | 6.2 | 937 | 89.9 | 869 | 79.3 | 758 | 83.3 | 929 |
| Second | 68.0 | 40.3 | 327 | 6.6 | 947 | 85.6 | 878 | 73.9 | 775 | 94.6 | 941 |
| Middle | 55.0 | 30.1 | 341 | 6.6 | 985 | 83.2 | 904 | 72.2 | 809 | 98.0 | 982 |
| Fourth | 66.8 | 40.4 | 318 | 7.5 | 917 | 85.7 | 855 | 73.2 | 759 | 99.1 | 913 |
| Highest | 64.8 | 35.9 | 208 | 13.6 | 655 | 87.4 | 610 | 82.6 | 548 | 98.5 | 650 |
| Total | 63.3 | 35.2 | 1,497 | 7.7 | 4,442 | 86.3 | 4,115 | 75.8 | 3,650 | 94.5 | 4,416 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ Includes meat (and organ meat), fish, poultry, eggs, pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, dark green leafy vegetables, ripe mango, ripe papaya, and other locally grown fruits and vegetables that are rich in vitamin A.
${ }^{2}$ Includes meat (and organ meat), fish, poultry, and eggs
${ }^{3}$ Based on mother's recall
${ }^{4}$ Children are considered eligible for receiving vitamin A (6-59 months) based on their age at the time of distribution campaign.
${ }^{5}$ Based on both mother's recall and the vaccination card (where available)
${ }^{6}$ Children are considered eligible for receiving deworming (12-59 months) based on their age at the time of distribution campaign.
${ }^{7}$ Deworming for intestinal parasites is commonly done for helminths and schistosomiasis.
${ }^{8}$ Excludes children in households in which salt was not tested

Table 11.10.1 Nutritional status of women
Among women age 15-49, the percentage with height under 145 cm , their mean body mass index (BMI), and the percentage with specific BMI levels, according to background characteristics, Nepal DHS 2016

| Background characteristic | Height |  | Body mass index ${ }^{1}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage below 145 cm | Number of women | Mean body mass index (BMI) | $\begin{gathered} \text { 18.5-24.9 } \\ \text { (Total } \\ \text { normal) } \\ \hline \end{gathered}$ | <18.5 <br> (Total <br> thin) | $\begin{gathered} \text { 17.0-18.4 } \\ \text { (Mildly } \\ \text { thin) } \\ \hline \end{gathered}$ | <17 <br> (Moderately and severely thin) | $>=25.0$ (Total overweight or obese) | $\begin{gathered} 25.0-29.9 \\ \text { (Over- } \\ \text { weight) } \end{gathered}$ | $\begin{aligned} & >=30.0 \\ & \text { (Obese) } \end{aligned}$ | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 10.2 | 1,303 | 20.0 | 66.3 | 30.3 | 20.3 | 10.0 | 3.3 | 2.9 | 0.4 | 1,217 |
| 20-29 | 9.5 | 2,184 | 21.7 | 65.3 | 17.6 | 12.1 | 5.5 | 17.1 | 14.4 | 2.7 | 1,951 |
| 30-39 | 10.3 | 1,732 | 23.3 | 56.2 | 10.7 | 6.4 | 4.3 | 33.1 | 25.2 | 7.9 | 1,685 |
| 40-49 | 13.5 | 1,215 | 23.5 | 53.4 | 12.7 | 8.2 | 4.4 | 34.0 | 24.5 | 9.5 | 1,216 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 10.1 | 4,047 | 22.6 | 58.3 | 15.7 | 10.5 | 5.2 | 26.1 | 19.2 | 6.8 | 3,835 |
| Rural | 11.4 | 2,386 | 21.4 | 64.5 | 20.0 | 13.0 | 7.0 | 15.4 | 13.4 | 2.0 | 2,234 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 9.6 | 396 | 22.2 | 67.9 | 12.1 | 8.4 | 3.7 | 20.0 | 16.3 | 3.7 | 364 |
| Hill | 10.0 | 2,821 | 22.9 | 61.6 | 11.6 | 8.3 | 3.3 | 26.8 | 19.8 | 7.0 | 2,700 |
| Terai | 11.3 | 3,217 | 21.6 | 58.8 | 23.0 | 14.5 | 8.5 | 18.2 | 14.8 | 3.5 | 3,005 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 10.6 | 1,438 | 22.1 | 60.5 | 16.7 | 10.9 | 5.8 | 22.8 | 18.5 | 4.2 | 1,365 |
| Central | 11.3 | 2,337 | 22.5 | 55.5 | 18.5 | 12.0 | 6.5 | 26.0 | 18.8 | 7.2 | 2,186 |
| Western | 10.7 | 1,275 | 22.8 | 59.4 | 13.9 | 9.5 | 4.5 | 26.7 | 20.7 | 6.0 | 1,218 |
| Mid-western | 10.9 | 813 | 21.3 | 71.1 | 16.7 | 10.6 | 6.1 | 12.1 | 10.5 | 1.7 | 765 |
| Far-western | 7.1 | 571 | 20.8 | 68.9 | 22.1 | 15.7 | 6.4 | 9.0 | 7.8 | 1.1 | 535 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 9.9 | 1,077 | 22.7 | 59.6 | 13.0 | 8.8 | 4.1 | 27.4 | 22.0 | 5.5 | 1,027 |
| Province 2 | 13.6 | 1,291 | 20.7 | 60.1 | 29.1 | 18.4 | 10.8 | 10.8 | 9.2 | 1.6 | 1,173 |
| Province 3 | 9.5 | 1,407 | 23.6 | 53.6 | 11.6 | 7.8 | 3.8 | 34.8 | 24.5 | 10.3 | 1,351 |
| Province 4 | 10.8 | 627 | 23.5 | 60.3 | 8.1 | 7.2 | 0.9 | 31.6 | 24.0 | 7.6 | 606 |
| Province 5 | 10.5 | 1,090 | 21.9 | 62.4 | 19.0 | 11.1 | 7.9 | 18.5 | 15.2 | 3.4 | 1,029 |
| Province 6 | 11.4 | 371 | 21.3 | 74.5 | 15.2 | 11.1 | 4.2 | 10.3 | 8.8 | 1.5 | 348 |
| Province 7 | 7.1 | 571 | 20.8 | 68.9 | 22.1 | 15.7 | 6.4 | 9.0 | 7.8 | 1.1 | 535 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 13.9 | 2,145 | 21.9 | 61.7 | 18.6 | 11.4 | 7.2 | 19.6 | 15.7 | 4.0 | 2,058 |
| Primary | 13.9 | 1,070 | 22.7 | 55.2 | 17.1 | 10.7 | 6.4 | 27.7 | 21.0 | 6.7 | 990 |
| Some secondary | 9.1 | 1,655 | 22.1 | 61.1 | 18.2 | 12.6 | 5.6 | 20.8 | 15.6 | 5.1 | 1,549 |
| SLC and above | 5.4 | 1,563 | 22.4 | 62.1 | 14.5 | 10.6 | 3.9 | 23.4 | 18.1 | 5.4 | 1,472 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 13.7 | 1,094 | 21.0 | 71.0 | 19.1 | 12.4 | 6.7 | 9.9 | 9.2 | 0.6 | 1,032 |
| Second | 10.9 | 1,227 | 21.4 | 63.4 | 21.1 | 13.4 | 7.7 | 15.5 | 13.4 | 2.1 | 1,145 |
| Middle | 12.5 | 1,323 | 21.2 | 64.8 | 21.3 | 14.3 | 7.0 | 14.0 | 12.2 | 1.7 | 1,230 |
| Fourth | 9.3 | 1,449 | 22.3 | 59.6 | 17.3 | 11.6 | 5.7 | 23.1 | 18.0 | 5.1 | 1,371 |
| Highest | 7.4 | 1,340 | 24.6 | 46.7 | 8.6 | 5.9 | 2.7 | 44.7 | 30.3 | 14.3 | 1,291 |
| Household food insecurity |  |  |  |  |  |  |  |  |  |  |  |
| Secure | 9.9 | 3,250 | 22.7 | 58.3 | 15.1 | 9.7 | 5.4 | 26.6 | 19.9 | 6.7 | 3,057 |
| Mildly insecure | 9.4 | 1,186 | 21.9 | 60.6 | 19.0 | 13.8 | 5.2 | 20.3 | 16.8 | 3.5 | 1,130 |
| Moderately insecure | 12.3 | 1,372 | 21.5 | 63.3 | 20.4 | 13.2 | 7.2 | 16.3 | 12.6 | 3.7 | 1,295 |
| Severely insecure | 13.1 | 626 | 21.5 | 66.3 | 18.1 | 11.5 | 6.6 | 15.6 | 13.0 | 2.6 | 587 |
| Total | 10.6 | 6,433 | 22.2 | 60.6 | 17.3 | 11.4 | 5.9 | 22.2 | 17.1 | 5.1 | 6,069 |

Note: The body mass index (BMI) is expressed as the ratio of weight in kilograms to the square of height in meters (kg/m2).
${ }^{1}$ Excludes pregnant women and women with a birth in the preceding 2 months

Table 11.10.2 Nutritional status of men
Among men age 15-49, mean body mass index (BMI), and the percentage with specific BMI levels, according to background characteristics, Nepal DHS 2016

| Background characteristic | Body Mass Index |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean <br> body <br> mass <br> index <br> (BMI) | $\begin{gathered} \text { 18.5-24.9 } \\ \text { (Total } \\ \text { normal) } \end{gathered}$ | <18.5 <br> (Total <br> thin) | $\begin{gathered} \text { 17.0-18.4 } \\ \text { (Mildly } \\ \text { thin) } \\ \hline \end{gathered}$ | $<17$ <br> (Moderately and severely thin) | $>=25.0$ (Total overweight or obese) | $\begin{gathered} 25.0-29.9 \\ \text { (Over- } \\ \text { weight) } \end{gathered}$ | $\begin{gathered} >=30.0 \\ \text { (Obese) } \end{gathered}$ | Number of men |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 19.5 | 60.7 | 36.7 | 22.9 | 13.8 | 2.6 | 2.3 | 0.3 | 929 |
| 20-29 | 21.6 | 73.3 | 13.5 | 9.8 | 3.7 | 13.2 | 11.9 | 1.4 | 1,169 |
| 30-39 | 23.1 | 63.0 | 9.2 | 7.2 | 2.0 | 27.9 | 24.3 | 3.6 | 1,065 |
| 40-49 | 22.9 | 66.7 | 8.9 | 6.9 | 2.0 | 24.4 | 19.3 | 5.1 | 870 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 22.0 | 64.3 | 15.7 | 11.2 | 4.5 | 20.0 | 17.1 | 2.9 | 2,621 |
| Rural | 21.3 | 69.9 | 18.5 | 12.0 | 6.5 | 11.6 | 9.8 | 1.8 | 1,412 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 21.2 | 72.1 | 17.0 | 12.8 | 4.2 | 10.9 | 9.2 | 1.7 | 250 |
| Hill | 22.2 | 69.4 | 11.8 | 8.3 | 3.5 | 18.8 | 15.7 | 3.1 | 1,772 |
| Terai | 21.5 | 62.7 | 21.0 | 14.1 | 6.9 | 16.3 | 14.2 | 2.1 | 2,011 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 21.6 | 66.6 | 18.4 | 13.1 | 5.2 | 15.1 | 12.6 | 2.5 | 890 |
| Central | 22.2 | 65.4 | 14.1 | 9.4 | 4.7 | 20.5 | 18.1 | 2.4 | 1,587 |
| Western | 22.1 | 64.3 | 16.2 | 10.9 | 5.3 | 19.5 | 15.7 | 3.7 | 781 |
| Mid-western | 20.9 | 70.3 | 20.1 | 14.5 | 5.6 | 9.6 | 8.5 | 1.1 | 451 |
| Far-western | 20.9 | 67.9 | 21.5 | 14.4 | 7.1 | 10.6 | 8.4 | 2.2 | 324 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 21.7 | 68.9 | 16.1 | 12.5 | 3.6 | 15.0 | 12.3 | 2.8 | 691 |
| Province 2 | 21.4 | 61.8 | 23.3 | 14.0 | 9.3 | 14.9 | 13.4 | 1.5 | 793 |
| Province 3 | 22.6 | 67.0 | 9.2 | 6.9 | 2.3 | 23.9 | 21.0 | 2.9 | 992 |
| Province 4 | 22.6 | 65.7 | 12.5 | 9.0 | 3.4 | 21.9 | 17.0 | 4.8 | 376 |
| Province 5 | 21.5 | 64.8 | 19.6 | 12.9 | 6.7 | 15.6 | 13.5 | 2.2 | 653 |
| Province 6 | 20.5 | 73.6 | 20.9 | 16.1 | 4.8 | 5.5 | 4.5 | 0.9 | 202 |
| Province 7 | 20.9 | 67.9 | 21.5 | 14.4 | 7.1 | 10.6 | 8.4 | 2.2 | 324 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 21.0 | 74.4 | 18.7 | 14.9 | 3.8 | 6.9 | 6.3 | 0.7 | 391 |
| Primary | 21.8 | 69.0 | 16.0 | 11.9 | 4.1 | 15.0 | 12.2 | 2.9 | 782 |
| Some secondary | 21.3 | 63.5 | 21.4 | 13.0 | 8.4 | 15.1 | 13.2 | 1.9 | 1,378 |
| SLC and above | 22.4 | 65.2 | 12.2 | 8.9 | 3.2 | 22.6 | 19.3 | 3.4 | 1,482 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 20.6 | 74.5 | 21.0 | 14.5 | 6.4 | 4.5 | 3.6 | 0.9 | 619 |
| Second | 21.0 | 70.0 | 20.6 | 13.8 | 6.8 | 9.4 | 8.1 | 1.3 | 702 |
| Middle | 21.4 | 66.9 | 19.3 | 13.4 | 6.0 | 13.8 | 11.2 | 2.6 | 754 |
| Fourth | 21.8 | 66.3 | 15.7 | 10.8 | 4.9 | 17.9 | 16.3 | 1.6 | 978 |
| Highest | 23.3 | 57.6 | 10.2 | 7.1 | 3.1 | 32.2 | 26.9 | 5.3 | 980 |
| Household food insecurity |  |  |  |  |  |  |  |  |  |
| Secure | 22.3 | 63.7 | 14.4 | 10.2 | 4.2 | 21.9 | 18.6 | 3.3 | 2,081 |
| Mildly insecure | 21.4 | 67.7 | 18.7 | 12.8 | 6.0 | 13.6 | 11.0 | 2.6 | 802 |
| Moderately insecure | 21.2 | 70.1 | 18.7 | 12.6 | 6.2 | 11.1 | 10.3 | 0.8 | 845 |
| Severely insecure | 21.0 | 69.1 | 21.5 | 13.6 | 7.9 | 9.5 | 8.1 | 1.4 | 305 |
| Total 15-49 | 21.8 | 66.2 | 16.7 | 11.5 | 5.2 | 17.1 | 14.6 | 2.5 | 4,033 |

Note: The body mass index (BMI) is expressed as the ratio of weight in kilograms to the square of height in meters (kg/m2).

Table 11.11 Prevalence of anemia in women
Percentage of women age 15-49 with anemia, by background characteristics, Nepal DHS 2016


Note: Prevalence is adjusted for altitude and for smoking status, if known, using formulas (CDC 1998).

Table 11.12 Micronutrient intake and deworming among mothers
Among women age 15-49 with a child born in the 5 years preceding the survey, percent distribution by number of days they took iron tablets or syrup during the pregnancy of the last child, and percentage who took deworming medication during the pregnancy of the last child; and among women age 15-49 with a child born in the 5 years preceding the survey and who live in households that were tested for iodized salt, percentage who live in households with iodized salt, according to background characteristics, Nepal DHS 2016

| Background characteristic | Number of days women took iron tablets or syrup during pregnancy of last birth |  |  |  |  |  |  | Percentage of women who took deworming medication during pregnancy of last birth | Number of women | Among women with a child born in the last 5 years, who live in households that were tested for iodized salt |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | None | <60 | 60-89 | 90-179 | 180+ | Don't know | Total |  |  | Percentage living in households with iodized salt ${ }^{1}$ | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 5.6 | 18.8 | 5.1 | 35.2 | 35.4 | 0.0 | 100.0 | 72.1 | 334 | 92.1 | 334 |
| 20-29 | 6.8 | 13.7 | 5.4 | 30.1 | 43.8 | 0.1 | 100.0 | 71.3 | 2,651 | 95.0 | 2,636 |
| 30-39 | 13.6 | 14.9 | 6.2 | 26.7 | 38.7 | 0.0 | 100.0 | 64.7 | 903 | 93.8 | 896 |
| 40-49 | 38.5 | 12.6 | 4.3 | 18.8 | 25.6 | 0.2 | 100.0 | 48.0 | 109 | 91.6 | 108 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.1 | 14.0 | 4.9 | 29.8 | 44.2 | 0.1 | 100.0 | 67.9 | 2,223 | 96.3 | 2,205 |
| Rural | 11.7 | 14.9 | 6.4 | 29.1 | 38.0 | 0.0 | 100.0 | 70.9 | 1,775 | 92.0 | 1,768 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 11.9 | 8.5 | 5.7 | 24.8 | 49.1 | 0.0 | 100.0 | 81.3 | 269 | 90.3 | 267 |
| Hill | 7.4 | 12.7 | 4.0 | 29.8 | 46.0 | 0.0 | 100.0 | 68.0 | 1,608 | 91.2 | 1,595 |
| Terai | 10.0 | 16.4 | 6.6 | 29.8 | 37.1 | 0.1 | 100.0 | 68.6 | 2,120 | 97.4 | 2,112 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 6.6 | 9.5 | 6.3 | 36.2 | 41.5 | 0.0 | 100.0 | 73.8 | 925 | 94.0 | 914 |
| Central | 11.0 | 19.2 | 5.0 | 27.3 | 37.5 | 0.0 | 100.0 | 55.8 | 1,415 | 97.1 | 1,414 |
| Western | 9.3 | 13.9 | 4.7 | 27.7 | 44.4 | 0.0 | 100.0 | 72.0 | 753 | 97.1 | 751 |
| Mid-western | 9.9 | 14.2 | 7.4 | 27.2 | 41.0 | 0.3 | 100.0 | 81.0 | 559 | 86.1 | 553 |
| Far-western | 6.3 | 9.4 | 4.6 | 27.8 | 51.7 | 0.2 | 100.0 | 87.0 | 346 | 91.9 | 342 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 7.2 | 11.2 | 7.4 | 30.6 | 43.5 | 0.0 | 100.0 | 74.3 | 686 | 92.5 | 677 |
| Province 2 | 13.3 | 18.0 | 6.1 | 34.7 | 28.0 | 0.0 | 100.0 | 61.0 | 963 | 99.4 | 961 |
| Province 3 | 5.8 | 15.6 | 2.7 | 25.6 | 50.2 | 0.0 | 100.0 | 54.2 | 691 | 94.3 | 690 |
| Province 4 | 8.1 | 11.8 | 3.7 | 31.8 | 44.6 | 0.0 | 100.0 | 75.6 | 337 | 95.7 | 336 |
| Province 5 | 8.3 | 15.3 | 6.7 | 27.1 | 42.5 | 0.2 | 100.0 | 73.9 | 720 | 94.6 | 716 |
| Province 6 | 14.9 | 13.6 | 6.3 | 22.9 | 42.2 | 0.1 | 100.0 | 81.5 | 255 | 81.8 | 251 |
| Province 7 | 6.3 | 9.4 | 4.6 | 27.8 | 51.7 | 0.2 | 100.0 | 87.0 | 346 | 91.9 | 342 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 17.4 | 19.3 | 7.2 | 27.7 | 28.2 | 0.2 | 100.0 | 63.0 | 1,257 | 92.9 | 1,251 |
| Primary | 11.4 | 16.6 | 5.5 | 31.7 | 34.9 | 0.0 | 100.0 | 67.2 | 777 | 92.5 | 774 |
| Some secondary | 3.7 | 13.5 | 5.8 | 30.4 | 46.7 | 0.0 | 100.0 | 74.1 | 1,010 | 94.5 | 1,000 |
| SLC and above | 2.1 | 7.1 | 3.1 | 28.9 | 58.7 | 0.0 | 100.0 | 73.8 | 955 | 97.8 | 949 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 15.3 | 13.4 | 4.9 | 29.3 | 37.2 | 0.0 | 100.0 | 72.4 | 822 | 83.2 | 813 |
| Second | 9.0 | 17.3 | 6.4 | 29.8 | 37.6 | 0.0 | 100.0 | 73.3 | 839 | 93.7 | 834 |
| Middle | 8.4 | 15.2 | 6.0 | 33.3 | 36.9 | 0.1 | 100.0 | 71.7 | 863 | 98.1 | 860 |
| Fourth | 8.9 | 14.8 | 6.7 | 28.5 | 41.1 | 0.1 | 100.0 | 69.8 | 830 | 98.9 | 826 |
| Highest | 2.6 | 10.4 | 3.1 | 25.3 | 58.6 | 0.0 | 100.0 | 55.7 | 643 | 98.9 | 640 |
| Total | 9.1 | 14.4 | 5.5 | 29.5 | 41.5 | 0.1 | 100.0 | 69.2 | 3,998 | 94.4 | 3,973 |

${ }^{1}$ Excludes women in households where salt was not tested.
Table 11.13 Foods and liquids consumed by mothers in the day or night preceding the interview

|  | Solid or semisolid foods |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Tea/ coffee | Foods made of grains, tubers and roots of other starchy foods | Food made from legumes | Meat, fish, poultry | Dark green leafy vegetables | Fruits and vegetables rich in vitamin $A^{1}$ | Other vegetables | Other fruits | Food made from nuts and seeds | Eggs | Cheese, yogurt, other milk product | Oil and fat | Sugary foods | Any other food | Consumin $\mathrm{g}>=5$ groups ${ }^{2}$ | Mean number of groups ${ }^{2}$ | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 48.4 | 98.8 | 67.9 | 35.2 | 44.6 | 33.5 | 62.9 | 39.1 | 7.1 | 12.5 | 27.9 | 93.3 | 52.9 | 17.6 | 46.2 | 4.3 | 284 |
| 20-29 | 61.2 | 98.9 | 77.2 | 33.6 | 51.5 | 36.4 | 64.3 | 50.4 | 11.0 | 14.4 | 29.1 | 94.9 | 56.6 | 17.0 | 51.1 | 4.7 | 1,314 |
| 30-39 | 61.0 | 100.0 | 71.6 | 35.7 | 54.3 | 40.1 | 60.1 | 48.7 | 7.1 | 10.5 | 34.8 | 95.4 | 52.5 | 15.5 | 50.6 | 4.6 | 314 |
| 40-49 | (48.6) | (100.0) | (44.7) | (34.3) | (45.5) | (32.5) | (56.1) | (28.0) | (2.8) | (20.6) | (32.7) | (95.2) | (36.3) | (11.0) | (40.2) | (4.0) | 29 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 62.3 | 99.3 | 77.1 | 36.9 | 53.2 | 39.8 | 66.4 | 53.1 | 10.8 | 15.3 | 29.4 | 94.5 | 57.9 | 17.7 | 55.1 | 4.8 | 1,044 |
| Rural | 55.4 | 98.8 | 71.4 | 31.0 | 48.1 | 32.7 | 59.8 | 42.4 | 8.3 | 11.6 | 30.5 | 95.1 | 51.8 | 15.8 | 44.4 | 4.3 | 896 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 54.1 | 100.0 | 72.0 | 18.6 | 60.2 | 36.2 | 57.2 | 59.3 | 11.3 | 9.6 | 40.8 | 93.9 | 50.4 | 17.7 | 53.3 | 4.7 | 128 |
| Hill | 72.9 | 99.3 | 77.9 | 39.0 | 58.0 | 48.4 | 58.6 | 57.0 | 13.4 | 19.0 | 33.4 | 96.7 | 68.1 | 16.3 | 58.4 | 5.0 | 746 |
| Terai | 50.1 | 98.7 | 72.4 | 32.6 | 44.7 | 28.3 | 67.4 | 40.7 | 6.9 | 10.2 | 26.1 | 93.5 | 46.5 | 17.0 | 44.0 | 4.3 | 1,066 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 61.9 | 98.9 | 73.4 | 35.8 | 41.9 | 30.6 | 63.9 | 34.2 | 4.7 | 12.8 | 29.5 | 89.2 | 49.1 | 19.7 | 44.3 | 4.3 | 453 |
| Central | 49.4 | 99.4 | 71.8 | 34.2 | 47.5 | 40.6 | 60.7 | 42.4 | 8.4 | 13.4 | 30.8 | 96.8 | 52.2 | 15.6 | 46.1 | 4.5 | 688 |
| Western | 81.4 | 99.4 | 81.1 | 35.9 | 61.5 | 34.7 | 77.3 | 70.7 | 17.0 | 17.9 | 29.1 | 97.5 | 70.5 | 14.6 | 67.6 | 5.2 | 378 |
| Mid-western | 54.4 | 97.5 | 71.1 | 34.5 | 52.3 | 38.5 | 49.3 | 54.5 | 10.0 | 13.1 | 27.3 | 95.3 | 50.4 | 18.9 | 43.4 | 4.5 | 258 |
| Far-western | 47.4 | 99.5 | 78.4 | 25.1 | 62.6 | 37.2 | 62.4 | 49.1 | 11.5 | 7.0 | 33.1 | 94.8 | 55.3 | 15.7 | 53.5 | 4.7 | 163 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 66.5 | 98.9 | 71.8 | 41.4 | 50.5 | 39.2 | 60.9 | 41.0 | 6.3 | 14.3 | 32.0 | 90.9 | 55.0 | 17.6 | 52.7 | 4.6 | 335 |
| Province 2 | 35.5 | 98.9 | 68.2 | 25.4 | 32.9 | 24.4 | 64.2 | 25.9 | 2.6 | 5.4 | 25.4 | 92.6 | 37.8 | 16.9 | 29.3 | 3.7 | 501 |
| Province 3 | 72.2 | 100.0 | 80.3 | 42.9 | 60.0 | 53.9 | 59.6 | 58.9 | 14.6 | 24.7 | 36.3 | 98.8 | 68.2 | 17.3 | 63.9 | 5.3 | 305 |
| Province 4 | 84.9 | 100.0 | 80.2 | 41.8 | 57.1 | 31.2 | 66.0 | 70.8 | 11.2 | 20.4 | 26.9 | 97.2 | 73.0 | 14.3 | 63.4 | 5.1 | 162 |
| Province 5 | 70.7 | 97.7 | 76.9 | 33.9 | 57.1 | 37.3 | 73.6 | 63.2 | 16.2 | 16.8 | 29.0 | 96.7 | 62.1 | 18.2 | 58.5 | 5.0 | 356 |
| Province 6 | 50.2 | 99.7 | 73.0 | 30.7 | 60.6 | 39.9 | 42.8 | 58.0 | 12.1 | 7.5 | 28.6 | 95.5 | 48.2 | 13.4 | 47.9 | 4.5 | 118 |
| Province 7 | 47.4 | 99.5 | 78.4 | 25.1 | 62.6 | 37.2 | 62.4 | 49.1 | 11.5 | 7.0 | 33.1 | 94.8 | 55.3 | 15.7 | 53.5 | 4.7 | 163 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 44.5 | 99.3 | 68.2 | 31.5 | 44.8 | 25.9 | 57.8 | 32.7 | 3.3 | 6.8 | 22.7 | 95.5 | 39.7 | 15.0 | 33.6 | 3.9 | 556 |
| Primary | 54.4 | 97.5 | 69.9 | 30.7 | 48.1 | 37.1 | 60.9 | 45.6 | 8.4 | 12.4 | 24.5 | 93.1 | 49.0 | 15.7 | 43.0 | 4.4 | 382 |
| Some secondary | 62.5 | 99.1 | 73.5 | 37.8 | 50.9 | 36.2 | 62.4 | 51.0 | 9.6 | 14.3 | 29.0 | 93.8 | 59.0 | 16.7 | 52.8 | 4.6 | 540 |
| SLC and above | 76.5 | 100.0 | 86.9 | 36.0 | 60.2 | 49.3 | 73.1 | 65.5 | 18.4 | 21.9 | 44.0 | 96.4 | 74.0 | 20.0 | 72.8 | 5.6 | 463 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 54.2 | 98.4 | 66.1 | 26.4 | 51.6 | 38.5 | 46.5 | 44.1 | 9.1 | 9.2 | 25.7 | 94.1 | 50.2 | 13.6 | 37.5 | 4.2 | 406 |
| Second | 52.7 | 99.1 | 71.7 | 37.8 | 51.5 | 32.9 | 59.3 | 40.6 | 6.6 | 8.8 | 24.3 | 93.9 | 46.9 | 12.6 | 44.3 | 4.3 | 408 |
| Middle | 52.2 | 99.0 | 71.8 | 31.7 | 48.4 | 30.9 | 66.3 | 39.8 | 5.3 | 11.9 | 27.5 | 94.5 | 49.4 | 19.0 | 43.6 | 4.3 | 444 |
| Fourth | 64.6 | 99.6 | 77.2 | 39.5 | 50.6 | 33.3 | 71.4 | 51.9 | 11.3 | 19.7 | 31.2 | 94.9 | 62.7 | 19.2 | 58.1 | 4.9 | 398 |
| Highest | 78.4 | 99.2 | 90.8 | 36.5 | 52.9 | 52.6 | 77.2 | 72.5 | 19.3 | 20.8 | 45.8 | 97.3 | 71.9 | 20.6 | 75.9 | 5.7 | 284 |
| Total | 59.1 | 99.0 | 74.5 | 34.2 | 50.8 | 36.5 | 63.3 | 48.2 | 9.7 | 13.6 | 29.9 | 94.8 | 55.1 | 16.8 | 50.2 | 4.6 | 1,940 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

[^18]Table 11.14 Topics during counseling on maternal, infant, and young child nutrition
Among women age $15-49$ with a child born in the 1 year preceding the survey, the percentage of women who received counseling on maternal, infant, and young child nutrition in the last 6 months by topics counseled on by residence, Nepal DHS 2016

| Topics | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Maternal Health |  |  |  |
| Need for pregnant women to get sufficient rest | 25.5 | 23.6 | 24.8 |
| Pregnant women should eat healthy food | 49.1 | 54.6 | 51.1 |
| Pregnant women should eat one extra meal per day | 16.2 | 24.8 | 19.4 |
| Pregnant women should take recommended dose (180 days) of iron tablets | 20.8 | 29.7 | 24.1 |
| Infant and young child |  |  |  |
| Breastfeed within one hour of birth | 13.2 | 18.2 | 15.1 |
| Exclusively breastfeed infants for 6 months after birth | 62.9 | 69.0 | 65.2 |
| Timing and introduction of complementary food and continue breastfeeding for up to 2 years | 40.9 | 34.9 | 38.7 |
| Other | 6.7 | 4.0 | 5.7 |
| Number of women | 139 | 81 | 220 |

Table 11.15 Growth monitoring and promotion
Among women age 15-49 with a child born in the 2 years preceding the survey, the percentage who knows about the growth monitoring and promotion at the closest health facility; and among those who knows about it, the percent distribution of women by place where they attended the sessions, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who knows there is a growth monitoring and promotion session | Number of women | Among women who know about growth monitoring and promotion |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Attend PHC outreach clinic | Health facility | Other | Did not participate | Don't know | Total | Number of women |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 25.5 | 291 | 39.9 | 38.3 | 0.0 | 21.8 | 0.0 | 100.0 | 74 |
| 20-29 | 24.7 | 1,334 | 33.4 | 45.6 | 0.6 | 20.4 | 0.0 | 100.0 | 329 |
| 30-39 | 28.5 | 325 | 37.9 | 36.7 | 0.8 | 22.2 | 2.4 | 100.0 | 93 |
| 40-49 | (33.1) | 29 | * | * | * | * | * | * | 10 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 27.9 | 1,062 | 31.7 | 46.5 | 0.4 | 20.6 | 0.8 | 100.0 | 296 |
| Rural | 22.9 | 916 | 40.2 | 37.6 | 0.8 | 21.5 | 0.0 | 100.0 | 209 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 39.3 | 131 | 43.3 | 47.8 | 0.0 | 9.0 | 0.0 | 100.0 | 52 |
| Hill | 35.6 | 760 | 38.3 | 43.3 | 0.7 | 16.9 | 0.8 | 100.0 | 271 |
| Terai | 16.8 | 1,087 | 28.4 | 40.7 | 0.5 | 30.4 | 0.0 | 100.0 | 183 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 19.8 | 457 | 36.7 | 40.9 | 0.0 | 22.4 | 0.0 | 100.0 | 90 |
| Central | 17.2 | 706 | 36.0 | 45.8 | 0.0 | 16.4 | 1.9 | 100.0 | 121 |
| Western | 33.4 | 388 | 28.9 | 48.4 | 1.2 | 21.6 | 0.0 | 100.0 | 130 |
| Mid-western | 32.8 | 260 | 38.9 | 31.3 | 0.3 | 29.5 | 0.0 | 100.0 | 85 |
| Far-western | 47.5 | 166 | 38.8 | 43.9 | 1.3 | 16.0 | 0.0 | 100.0 | 79 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 25.9 | 338 | 34.7 | 42.1 | 0.0 | 23.1 | 0.0 | 100.0 | 88 |
| Province 2 | 3.0 | 513 | * | * | * | * | * |  | 16 |
| Province 3 | 34.7 | 312 | 39.0 | 47.3 | 0.0 | 11.6 | 2.1 | 100.0 | 108 |
| Province 4 | 49.8 | 164 | 34.6 | 50.9 | 1.9 | 12.6 | 0.0 | 100.0 | 82 |
| Province 5 | 26.4 | 364 | 38.3 | 33.2 | 0.0 | 28.5 | 0.0 | 100.0 | 96 |
| Province 6 | 31.0 | 121 | 14.9 | 42.5 | 0.7 | 41.8 | 0.0 | 100.0 | 37 |
| Province 7 | 47.5 | 166 | 38.8 | 43.9 | 1.3 | 16.0 | 0.0 | 100.0 | 79 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 15.0 | 570 | 36.6 | 38.1 | 0.0 | 22.7 | 2.6 | 100.0 | 86 |
| Primary | 26.7 | 391 | 35.0 | 47.0 | 0.8 | 17.1 | 0.0 | 100.0 | 104 |
| Some secondary | 28.6 | 551 | 39.2 | 40.5 | 0.6 | 19.6 | 0.0 | 100.0 | 158 |
| SLC and above | 33.8 | 465 | 30.6 | 44.9 | 0.6 | 23.9 | 0.0 | 100.0 | 157 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 35.6 | 414 | 39.7 | 47.9 | 0.0 | 12.4 | 0.0 | 100.0 | 147 |
| Second | 29.0 | 417 | 44.5 | 35.7 | 1.2 | 18.6 | 0.0 | 100.0 | 121 |
| Middle | 20.6 | 454 | 32.3 | 37.4 | 0.8 | 29.5 | 0.0 | 100.0 | 93 |
| Fourth | 20.8 | 408 | 29.1 | 42.9 | 0.8 | 24.5 | 2.6 | 100.0 | 85 |
| Highest | 20.7 | 284 | 18.3 | 53.2 | 0.0 | 28.5 | 0.0 | 100.0 | 59 |
| Total | 25.6 | 1,978 | 35.2 | 42.8 | 0.6 | 21.0 | 0.4 | 100.0 | 505 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Table 11.16 Counseling at the growth monitoring and promotion sessions

Among women age 15-49 with a child born in the 2 years preceding the survey, who knows about the growth monitoring and promotion at the closest health facility and who attended the growth monitoring and promotion sessions, the percentage who report there were individual counseling on nutrition and health; the percentage who report health worker explained on interpreting the growth chart; and women who report on the occasions when weight of children were taken, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who report counseling on nutrition and health | Percentage who report health worker explained interpreting growth chart | Weight taken at different occasions |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | At birth | At immunization | At vitamin A distribution | At sick child visit |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 58.6 | 33.3 | 81.8 | 84.0 | 32.3 | 46.5 | 58 |
| 20-29 | 53.6 | 44.2 | 80.1 | 89.1 | 39.8 | 51.4 | 262 |
| 30-39 | 55.3 | 33.6 | 80.9 | 92.6 | 44.0 | 59.5 | 72 |
| 40-49 | * | * | * | * | * | * | 7 |
| Residence |  |  |  |  |  |  |  |
| Urban | 56.0 | 41.5 | 85.5 | 89.3 | 39.7 | 55.8 | 235 |
| Rural | 53.1 | 39.8 | 73.3 | 88.5 | 37.9 | 46.0 | 164 |
| Ecological zone |  |  |  |  |  |  |  |
| Mountain | (53.3) | (42.0) | (69.6) | (95.0) | (33.8) | (34.5) | 47 |
| Hill | 57.6 | 44.3 | 84.5 | 89.7 | 43.7 | 58.5 | 225 |
| Terai | 50.4 | 34.0 | 77.5 | 85.5 | 32.5 | 46.3 | 128 |
| Development region |  |  |  |  |  |  |  |
| Eastern | 41.2 | 38.0 | 82.6 | 96.5 | 30.6 | 53.4 | 70 |
| Central | 62.6 | 45.3 | 79.7 | 91.5 | 36.3 | 50.8 | 101 |
| Western | 54.6 | 33.5 | 81.1 | 96.3 | 38.3 | 56.0 | 102 |
| Mid-western | 55.9 | 42.6 | 73.7 | 84.1 | 41.6 | 43.2 | 60 |
| Far-western | 56.5 | 46.3 | 84.8 | 70.4 | 50.6 | 52.7 | 66 |
| Province |  |  |  |  |  |  |  |
| Province 1 | 38.9 | 35.4 | 81.9 | 98.2 | 29.6 | 53.4 | 67 |
| Province 2 | * | * | * | * | * | * | 8 |
| Province 3 | 62.1 | 44.0 | 81.3 | 93.5 | 35.7 | 52.3 | 96 |
| Province 4 | 51.5 | 27.1 | 86.5 | 96.4 | 35.5 | 54.7 | 71 |
| Province 5 | 56.3 | 44.1 | 72.0 | 85.6 | 37.0 | 52.8 | 69 |
| Province 6 | (62.8) | (46.0) | (71.7) | (96.3) | (61.0) | (35.1) | 22 |
| Province 7 | 56.5 | 46.3 | 84.8 | 70.4 | 50.6 | 52.7 | 66 |
| Education |  |  |  |  |  |  |  |
| No education | 62.5 | 42.4 | 77.8 | 85.5 | 47.1 | 49.6 | 66 |
| Primary | 56.7 | 29.7 | 72.7 | 90.8 | 32.5 | 37.9 | 87 |
| Some secondary | 48.4 | 46.1 | 80.6 | 87.1 | 36.7 | 53.0 | 127 |
| SLC and above | 56.0 | 42.2 | 87.5 | 91.5 | 41.6 | 61.7 | 120 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 58.2 | 50.1 | 75.4 | 91.9 | 38.9 | 47.2 | 129 |
| Second | 50.9 | 34.3 | 81.9 | 83.1 | 35.8 | 43.0 | 98 |
| Middle | 50.5 | 30.3 | 80.8 | 89.4 | 36.1 | 59.7 | 66 |
| Fourth | 50.8 | 37.9 | 86.2 | 89.2 | 50.5 | 60.6 | 64 |
| Highest | (66.4) | (48.0) | (83.8) | (93.0) | (33.3) | (60.3) | 42 |
| Total | 54.8 | 40.8 | 80.5 | 89.0 | 39.0 | 51.8 | 399 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Key Findings

- Adult mortality rate: The adult female mortality rate is 1.93, and the corresponding rate for adult male mortality is 2.23 . Rates are per 1,000 for age group 15-49.
- Adult mortality probability: The probability of dying between ages 15 and 50 is 73 for women and 89 for men per 1,000 population.
- Pregnancy-related mortality: The pregnancy-related mortality ratio is 259 for every 100,000 live births during the 7 years preceding the survey.
- Maternal mortality: The maternal mortality ratio is 239 deaths per 100,000 live births during the 7 years preceding the survey.
- Lifetime risk of maternal death: In Nepal, 1 woman in 167 can be expected to have a maternal death while age 15 to 49 .

Adult and maternal mortality measurements have significant roles to play in monitoring health status and well-being in Nepal. The plan for development as a whole, and for the health sector specifically, prioritizes mortality reduction as an indicator of the impact of all socioeconomic development efforts. Maternal mortality reduction has also been a global, regional, and national commitment, with a vital role to be played in the Agenda for Sustainable Development. A major target under Sustainable Development Goal 3 is to reduce the global maternal mortality ratio to less than 70 per 100,000 live births. Almost all maternal deaths ( $99 \%$ ) occur in developing countries (WHO 2016).

In the absence of a reliable measurement of mortality through a civil registration system, household surveys are an important source of mortality statistics. Household surveys, in particular Demographic and Health (DHS) and Multiple Indicator Cluster Survey (MICS), provide mortality data for children and mothers (and to some extent adults and adolescents) through birth and sibling survival histories (WHO 2016).

This chapter includes results estimated from sibling history data collected in the sibling survival module (commonly referred to as the maternal mortality module) that is part of the Woman's Questionnaire. In addition to adult mortality rates for 5 -year age groups, the chapter includes a summary measure $\left({ }_{35} \mathrm{q}_{15}\right)$ that represents the probability of a person dying between exact ages 15 and 50-that is, between his or her 15th and 50th birthdays.

### 12.1 DATA

To obtain a sibling history, each female respondent was first asked to provide the total number of her mother's live births (including the birth of the respondent). The respondent was then asked to list all brothers and sisters born to her mother, beginning with the first born, and to state whether each sibling was alive at the time of the survey. Current age was recorded for living siblings. For deceased siblings, the age at death and number of years since death were recorded. Interviewers were instructed that when a
respondent could not provide precise information on age at death or years since death, approximate quantitative answers were acceptable. For sisters who died at age 12 or older, several questions were used to determine if the death was maternity-related: "Was (NAME OF SISTER) pregnant when she died?" and if not, "Did she die during childbirth?" and, if not, "Did she die within 2 months after the end of a pregnancy or childbirth?" and if yes, "How many days after the end of the pregnancy did she die?" Since accidental and incidental deaths are not counted as maternal deaths, respondents were asked if all sisters who died had died from intentional self-harm, an act of harm or violence by others, or an accidental injury (poisoning/natural calamities) not inflicted by self or others.

In this survey, 59,437 siblings were reported by 12,862 eligible women interviewed. Table $\mathbf{1 2 . 1}$ shows the number of living and dead siblings reported by respondents and the completeness of data on current age for living siblings, age at death, and years since death for the dead siblings. Of the siblings, $83 \%$ were living and $17 \%$ had died, with slightly better reporting of survival status of sisters than brothers, which may improve estimates of maternal mortality. Current age of living siblings, age at death, and years since death (YSD) for dead siblings were reported for almost all siblings.

### 12.2 Direct Estimates of Adult Mortality

## Adult mortality rate

The number of adult deaths per 1,000 population age 15-49. Adult mortality rates by 5 -year age groups are calculated as follows;
The number of deaths to respondent's siblings in each age group is divided by the number of person-years of exposure to the risk of dying in that age group during the 7 years preceding the survey. The number of deaths is the number of siblings (brothers or sisters) reported as having died within the 7 years preceding the survey. The person-years of exposure in each age group are calculated for both surviving and dead siblings based on their current age (living siblings) or age at death and years since death (dead siblings).
Sample: Siblings (both living and dead) who were age 15-49 in the 7 years preceding the survey, by sex and 5-year age groups.

## Adult mortality probability

The probability of dying between exact ages 15 and 50 , expressed per 1,000 persons at age 15

Direct estimates of male and female adult mortality are derived from information collected in the sibling history. The reported number of deaths, ages at death, and years since deaths (YSD) of the respondent's siblings were used to make direct estimates of adult mortality. Death rates were calculated for the 7-year period before the survey to obtain sufficiently large numbers for robust estimates, as well as to minimize the impact of age heaping and to follow previous survey standards.

Table 12.2 and Figure 12.1 show the direct

Figure 12.1 Adult mortality rates by age
Deaths per 1,000 population
 estimates of age-specific mortality rates for women and men age 15-49 for the 7 years preceding the survey. Differences in overall adult mortality between women and men are small (Table 12.2), but for age 30 and older, mortality rates for women are lower than those for men (Figure 12.1).

Trends: The information on survival status of siblings is also used to estimate the adult mortality probabilities represented by $35 q 15$, which is the probability of a woman or man age 15 dying before reaching age 50 . The probability is 73 per 1,000 for women, which is lower than the probability of 89 per 1,000 for men (Table 12.3). This represents a decline from adult mortality during the 7 years preceding the 1996 survey, when the probabilities were 129 per 1,000 for women and 112 per 1,000 for men. The improvement is greater for women than for men.

### 12.3 Direct Estimates of Maternal Mortality

## Maternal mortality rate

The number of maternal deaths per 1,000 women age 15-49. Maternal mortality rates by 5 -year age groups are calculated by dividing the number of maternal deaths to female siblings of respondents in each age group by the total person-years of exposure of the sisters to the risk of dying in that age group during the 7 years preceding the survey. The number of deaths is the number of sisters reported as having died in the 7 years preceding the survey, either during pregnancy or delivery, or in the 42 days following the delivery, by their age group at the time of death; deaths due to accident or violence are excluded. The person-years of exposure in each age group are calculated for both surviving and dead sisters based on their reported current age (living sisters) or age at death and years since death (dead sisters).
Sample: Sisters (both living and dead) age 15-49 in the 7 years preceding the survey, by 5-year age groups.

## Maternal mortality ratio

The number of maternal deaths per 100,000 live births. The maternal mortality ratio is calculated by dividing the age-standardized maternal mortality rate for women age 15-49 in the 7 years preceding the survey by the general fertility rate (GFR) for the same time period.

Maternal deaths are a subset of all female deaths; they are defined as deaths that occur during pregnancy or childbirth, or within 42 days after the birth or termination of a pregnancy, but are not due to accidents or violence. Two methods are generally used to estimate maternal mortality in developing countries: the indirect sisterhood method (Graham et al. 1989) and a direct variant of the sisterhood method (Rutenberg and Sullivan 1991; Stanton et al. 1997). Table 12.4 presents direct estimates of maternal mortality for the 7 -year period preceding the 2016 NDHS. Note that the definition of maternal mortality has changed since prior surveys in Nepal, and now excludes deaths from accidents or violence. Therefore, current estimates of maternal mortality are not directly comparable to prior estimates, which are essentially pregnancyrelated mortality rates.

The maternal mortality ratio for the period 2009-2016 is 239 deaths per 100,000 live births. The confidence interval ranges from 134 to 345 , which is very wide because of the small number of maternal deaths in the sibling histories-only 29 . The maternal mortality rate for women age $15-49$ is 0.20 deaths per 1,000 women years of exposure. Age-specific mortality rates are calculated by dividing the number of maternal deaths by years of exposure. The highest maternal mortality rate is in age group 25-29, which coincides with the age of peak fertility for women in Nepal. About $12 \%$ of deaths to women age 15-49 are maternal deaths.

### 12.4 Trends in Pregnancy-Related Mortality

## Pregnancy-related mortality rate

The number of pregnancy-related deaths per 1,000 women age 15-49. Pregnancy-related mortality rates by 5 -year age groups are calculated by dividing the number of pregnancy-related deaths to female siblings of respondents in each age group by the total person-years of exposure of the sisters to the risk of dying in that age group during the 7 years preceding the survey. The number of deaths is the number of sisters reported as having died in the 7 years preceding the survey, either during pregnancy or delivery, or in the 2 months following the delivery, by their age group at the time of death. The person-years of exposure in each age group are calculated for both surviving and dead sisters based on their reported current age (living sisters) or age at death and years since death (dead sisters).
Sample: Sisters (both living and dead) age 15-49 in the 7 years preceding the survey, by 5 -year age groups.

## Pregnancy-related mortality ratio

The number of pregnancy-related deaths per 100,000 live births. The pregnancy-related mortality ratio is calculated by dividing the age-standardized pregnancy-related mortality rate for women age 15-49 in the 7 years preceding the survey by the general fertility rate (GFR) for the same time period.

The 2016 NDHS defines a pregnancy-related death as the death of a woman while pregnant or within 2 months of termination of pregnancy, irrespective of the cause of death. Estimates of pregnancy-related mortality are therefore based solely on the timing of the death in relationship to the pregnancy. (This definition varies slightly from the WHO definition of a pregnancy-related death, which limits the window to 42 days.) What the current 2016 NDHS defines as a pregnancy-related death was labeled a maternal death in the 1996 and 2006 rounds of DHS surveys.

In the 2016 NDHS, the pregnancy related mortality ratio (PRMR) is estimated as 259 (CI: 151-366), compared with 281 (CI: 178-384) in 2006 and 543 in 1996 DHS. As shown in Figure 12.2, the confidence intervals for the pregnancy-related mortality ratios (PRMR) for the 2016 NDHS and the 2006 NDHS overlap. The confidence interval for the 2016 NDHS spans the point estimate of the PRMR in the 2006 NDHS. The difference between the 2016 and 2006 estimates of the PRMR is not statistically significant, but the difference between 1996 and 2006 is significant (Figure 12.2). This finding is consistent with trends in adult mortality probabilities observed in Table 12.3.

Figure 12.2 Pregnancy-related mortality ratios with confidence intervals


## LIST OF TABLES

For more information on adult and maternal mortality, see the following tables:

- Table 12.1 Completeness of information on siblings
- Table 12.2 Adult mortality rates
- Table 12.3 Adult mortality probabilities
- Table 12.4 Maternal mortality

Table 12.1 Completeness of information on siblings
Completeness of data on survival status of sisters and brothers reported by interviewed women, age of living siblings and age at death (AD), and years since death (YSD) of dead siblings (unweighted), Nepal DHS 2016

|  | Sisters |  | Brothers |  | All siblings |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent | Number | Percent |
| All siblings | 29,057 | 100.0 | 30,380 | 100.0 | 59,437 | 100.0 |
| Living | 24,304 | 83.6 | 24,883 | 81.9 | 49,187 | 82.8 |
| Dead | 4,745 | 16.3 | 5,478 | 18.0 | 10,223 | 17.2 |
| Survival status unknown | 8 | 0.0 | 19 | 0.1 | 27 | 0.0 |
| Living siblings | 24,304 | 100.0 | 24,883 | 100.0 | 49,187 | 100.0 |
| Age reported | 24,301 | 100.0 | 24,881 | 100.0 | 49,182 | 100.0 |
| Age missing | 3 | 0.0 | 2 | 0.0 | 5 | 0.0 |
| Dead siblings | 4,745 | 100.0 | 5,478 | 100.0 | 10,223 | 100.0 |
| AD and YSD reported | 4,743 | 100.0 | 5,477 | 100.0 | 10,220 | 100.0 |
| Missing only YSD | 2 | 0.0 | 1 | 0.0 | 3 | 0.0 |

Table 12.2 Adult mortality rates
Direct estimates of female and male mortality rates for the 7 years preceding the survey, by 5 -year age groups, Nepal DHS 2016

| Age | Deaths | Exposure <br> years |  |  | Mortality <br> rates $^{1}$ |
| :--- | ---: | ---: | :---: | :---: | :---: |
| FEMALE |  |  |  |  |  |
| $15-19$ | 35 | 23,659 | 1.46 |  |  |
| $20-24$ | 38 | 26,618 | 1.42 |  |  |
| $25-29$ | 40 | 24,874 | 1.59 |  |  |
| $30-34$ | 20 | 22,137 | 0.88 |  |  |
| $35-39$ | 38 | 16,958 | 2.25 |  |  |
| $40-44$ | 33 | 11,442 | 2.90 |  |  |
| $45-49$ | 35 | 7,482 | 4.70 |  |  |
| Total 15-49 | 238 | 133,168 | $1.93^{\text {a }}$ |  |  |
|  | MALE |  |  |  |  |
| $15-19$ | 24 | 23,801 | 1.02 |  |  |
| $20-24$ | 41 | 26,429 | 1.55 |  |  |
| $25-29$ | 29 | 25,164 | 1.13 |  |  |
| $30-34$ | 36 | 22,113 | 1.63 |  |  |
| $35-39$ | 53 | 17,510 | 3.03 |  |  |
| $40-44$ | 46 | 12,480 | 3.67 |  |  |
| $45-49$ | 52 | 7,909 | 6.59 |  |  |
| Total 15-49 | 281 | 135,406 | $2.23^{\text {a }}$ |  |  |

[^19]
## Table 12.3 Adult mortality probabilities

The probability of dying between the ages of 15 and 50 for women and men during the 7 years preceding the survey, Nepal DHS 1996, 2006, and 2016

| Survey | Female <br> $35 q_{15}{ }^{1}$ | Male <br> $35 q_{15}{ }^{1}$ |
| :--- | :---: | :---: |
| 2016 NDHS | 73 | 89 |
|  | (CI: 61-86) | (CI: 74-104) |
| 2006 NDHS | 81 | 97 |
|  | (CI: 65-97) | (CI: 77-116) |
| 1996 NDHS | 112 |  |
|  | (CI: 110-148) | (CI: 94-130) |

[^20]Table 12.4 Maternal mortality
Direct estimates of maternal mortality rates for the 7 years preceding the survey, by 5 -year age groups, Nepal DHS 2016

|  | Percentage of <br> female deaths that <br> are maternal | Maternal deaths ${ }^{1}$ | Exposure years $^{\text {Age }}$ | 7.5 |
| :--- | :---: | :---: | :---: | :---: |
| 3 | Maternal <br> mortality rate ${ }^{2}$ |  |  |  |
| $15-19$ | 16.4 | 6 | 23,659 | 0.11 |
| $20-24$ | 30.1 | 12 | 26,618 | 0.23 |
| $25-29$ | 13.7 | 3 | 24,874 | 0.48 |
| $30-34$ | 9.8 | 4 | 22,137 | 0.12 |
| $35-39$ | 2.5 | 1 | 16,958 | 0.22 |
| $40-44$ | 2.5 | 1 | 11,442 | 0.07 |
| $45-49$ | 12.1 | 29 | 7,482 | 0.12 |
| Total 15-49 | 0.085 |  | 133,168 | $0.20^{\text {a }}$ |
| General fertility rate (GFR) |  |  |  |  |
| Maternal mortality ratio (MMR) | 239 (CI: 134-345) |  |  |  |
| Lifetime risk of maternal death ${ }^{5}$ | 0.006 |  |  |  |

Cl: confidence interval
${ }^{1}$ A maternal death is defined as the death of a woman while pregnant or within 42 days of termination of pregnancy from any cause except accidents or violence
${ }^{2}$ Expressed per 1,000 woman-years of exposure
${ }^{3}$ Age-adjusted rate expressed per 1,000 women age 15-49
${ }^{4}$ Expressed per 100,000 live births; calculated as the age-adjusted maternal mortality rate (shown previously) times 100 divided by the age-adjusted general fertility rate
${ }^{5}$ Calculated as $1-(1-\mathrm{MMR}){ }^{\text {TFR }}$ where TFR represents the total fertility rate for the 7 years preceding the survey
${ }^{\text {a }}$ Age-adjusted rate

# HIVIAIDS-RELATED KNOWLEDGE, ATTITUDES, AND BEHAVIOR 

- Knowledge of HIV or AIDS: Eighty-one percent of women and $98 \%$ of men have heard of AIDS.
- Comprehensive knowledge about HIV:

Comprehensive knowledge about HIV is not widespread among either women (20\%) or men (28\%).

- Knowledge of prevention of mother-to-child transmission (MTCT): Forty-seven percent of women and $51 \%$ of men know that HIV can be transmitted during pregnancy, during delivery, and by breastfeeding. Additionally, $44 \%$ of women and $36 \%$ of men know that the risk of MTCT can be reduced by the mother taking special drugs.
- Discriminatory attitudes towards people living with HIV: Forty percent of women and $33 \%$ of men expressed discriminatory attitudes towards people living with HIV.
- HIV testing: Thirty-four percent of women and $58 \%$ of men know where to get an HIV test, and $10 \%$ of women and $20 \%$ of men have ever been tested and received the results.
- Self-reported prevalence of STIs: Fifteen percent of women and $2 \%$ of men who had ever had sexual intercourse reported having had a sexually transmitted infection (STI) and/or STI symptoms in the 12 months preceding the survey.
- Comprehensive knowledge of HIV among young people: Twenty-one percent of young women and $27 \%$ of young men age 15-24 have comprehensive knowledge of HIV.

This chapter presents information on the current status of HIV knowledge, attitudes, and testing coverage in the general population and the young population. Although the prevalence of HIV is very low among the general population in Nepal, estimated at $0.20 \%$ in the adult population age 15 and above, Integrated Bio-Behavioral and Surveillance surveys indicate that the prevalence is higher in key populations such as men who have sex with men, male sex workers, transgender people, people who inject drugs, and female sex workers and their clients (MOH 2016b). The national HIV response in Nepal will benefit from the data derived from this survey in terms of HIV policy and programming, and this information will help track progress towards Nepal's commitment to achieving the 90-90-90 targets by 2020 as laid out in the National HIV Strategic Plan 2016-2021.

### 13.1 HIV/AIDS Knowledge, Transmission, and Prevention Methods

Eighty-one percent of women and $98 \%$ of men age 15-49 are aware of AIDS (Table 13.1). Overall, 72\% of women and $92 \%$ of men know that using condoms is a way to prevent HIV transmission (Table 13.2). Seventy-seven percent of women and $93 \%$ of men recognize that the risk of getting HIV can be reduced by limiting sexual intercourse to one uninfected partner. A greater proportion of men (89\%) than women ( $70 \%$ ) are aware of both of these prevention methods.

Trends: After steady increases from 1996 to 2001, knowledge of AIDS has remained constant over the past 5 years, at more than $80 \%$ among women and $98 \%$ among men. Similarly, after increases in previous years, knowledge of both prevention methods (using condoms and limiting sexual intercourse to one uninfected partner) has remained the same among men and women since 2011.

## Patterns by background characteristics

- Women in the oldest age group (40-49 years) were less likely to have heard of AIDS (75\%) than women in other age groups (Table 13.1). Young women age 20-24 were most likely (74\%) to be knowledgeable of both HIV prevention methods (Table 13.2).
- Among women, knowledge of AIDS was higher in urban areas (85\%) than in rural areas (72\%) (Table 13.2).
- Knowledge of both prevention methods was also higher among urban women (74\%) than rural women (63\%) (Table 13.2).
- Women in Province 2 were half as likely as women in other provinces to have heard of AIDS (43\%) (Table 13.1) and half as likely to know of both prevention methods (36\%) (Table 13.2 and Figure 13.1).
- Women with no education were less likely than those with any education to have heard of AIDS (60\%) (Table 13.1) and to know of both

Figure 13.1 Knowledge of HIV prevention methods by province
Percentage of women age 15-49 who know that HIV can be prevented by using condoms and limiting sex to one uninfected partner
 prevention methods (48\%) (Table 13.2).

## Comprehensive knowledge of HIV

Knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chances of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about transmission or prevention of HIV.
Sample: Women and men age 15-24 and 15-49

Comprehensive knowledge of HIV is a composite measure and indicates that a person knows that both condom use and limiting sexual intercourse to one uninfected partner can prevent HIV, knows that a healthy-looking person can have HIV, and rejects the two most common local misconceptions about the transmission of HIV, which in Nepal are that HIV can be transmitted through mosquito bites and that a person can become infected with HIV by sharing food with someone who has AIDS. One in five women and $28 \%$ of men age 15-49 have comprehensive knowledge about HIV (Table 13.3).

Trends: The percentage of women with comprehensive knowledge of HIV has remained level since 2006. The percentage of men with comprehensive knowledge decreased from $36 \%$ in 2006 to $30 \%$ in 2011 and has remained constant since.

### 13.2 Knowledge about Mother-to-Child Transmission

Increasing the level of general knowledge about transmission of HIV from mother to child and reducing the risk of transmission using antiretroviral drugs are critical in reducing mother-to-child transmission (MTCT) of HIV. To assess MTCT knowledge, respondents were asked whether HIV can be transmitted from mother to child during pregnancy, during delivery, and through breastfeeding and whether a mother with HIV can reduce the risk of transmission to her baby by taking special drugs during pregnancy.

Knowledge about reducing MTCT is higher among men for all of the questions asked with the exception of the question focusing on whether the risk of MTCT can be reduced by the mother taking special drugs (Figure 13.2 and Table 13.4). Specifically, men are more aware than women that HIV can be transmitted from mother to child during pregnancy ( $85 \%$ versus $73 \%$ ), during delivery ( $74 \%$ versus $67 \%$ ), and through breastfeeding ( $58 \%$ versus $53 \%$ ), while women are more aware that the risk of transmission can be reduced by the mother taking special drugs ( $44 \%$ versus $36 \%$ ).

Trends: Over the past 5 years, knowledge that the mother taking special drugs can reduce MTCT has increased among women (from $35 \%$ to $44 \%$ ) and decreased among men (from 44\% to 36\%) (Figure 13.3).

### 13.3 Discriminatory Attitudes towards People Living with HIV

Figure 13.2 Knowledge of mother-tochild transmission (MTCT) of HIV

Percentage of women and men age 15-49


Figure 13.3 Trends in knowledge of mother-to-child transmission (MTCT) of HIV

Percentage of women and men age 15-49 who know that the risk of MTCT can be reduced by mother taking special drugs


Widespread stigma and discrimination in a population can adversely affect both people's willingness to be tested and their adherence to antiretroviral therapy (ART). Thus, reduction of stigma and discrimination in a population is an important indicator of the success of programs targeting HIV/AIDS prevention and control.

## Discriminatory attitudes towards people living with HIV

Women and men are asked two questions to assess discriminatory attitudes towards people living with HIV. Respondents with discriminatory attitudes towards people living with HIV are those who say that they would not buy fresh vegetables from a shopkeeper or vendor if they knew that person had HIV or who say that children living with HIV should not be allowed to attend school with children who do not have HIV.
Sample: Women and men age 15-49

Thirty-one percent of women and $22 \%$ of men who have heard of AIDS do not think that children living with HIV should attend school with children who are HIV negative (Table 13.5). Thirty-four percent of women and $28 \%$ of men would not buy fresh vegetables from a shopkeeper who has HIV. Overall, a
greater percentage of women than men hold discriminatory attitudes towards people living with HIV according to the two indicators ( $40 \%$ versus $33 \%$ ).

## Patterns by background characteristics

- Discriminatory attitudes towards people living with HIV are more common among rural women and men ( $50 \%$ and $37 \%$, respectively) than urban women and men ( $35 \%$ and $31 \%$, respectively) (Table 13.5)
- Women and men in Province 2 (53\% and 43\%, respectively) are more likely to have discriminatory attitudes towards people with HIV than women and men in other provinces.
- Women and men with no education ( $57 \%$ and $56 \%$, respectively) are more likely to have discriminatory attitudes than those with an SLC or above ( $21 \%$ and 18\%) (Figure 13.4).
- Discriminatory attitudes are more common among women and men in the lowest wealth

Figure 13.4 Discriminatory attitudes towards people living with HIV by education

Percentage of women and men age 15-49 who have heard of HIV*

■ Women ■Men


*Percentage who do not think that children living with HIV should be able to attend school with children who are HIV negative or would not buy fresh vegetables from a shopkeeper who has HIV quintile ( $61 \%$ and $50 \%$, respectively) than

### 13.4 Multiple Sexual Partners

Table 13.6 presents information on multiple sexual partners and higher-risk sexual intercourse in the past 12 months among men age 15-49. Three percent of men had two or more partners in the past 12 months. Nine percent of men had sexual intercourse in the past 12 months with a person who neither was their wife nor lived with them, and $66 \%$ of these men reported using a condom during their most recent sexual intercourse with such a partner. The mean lifetime number of partners among sexually active men age 1549 was 2.4.

Trends: The percentage of men age 15-49 who had two or more partners in the past 12 months has not changed over the past 5 years ( $3 \%$ ). Similarly, there has been only a minor change in mean number of lifetime partners during that period (from 2.5 to 2.4 ). However, the percentage of men who used a condom during their most recent sexual intercourse with a partner who neither was their wife nor lived with them has increased since 2001 , from $46 \%$ to $66 \%$.

## Patterns by background characteristics

- Use of condoms by men during their most recent sexual intercourse with a partner who neither was their wife nor lived with them was higher in rural (73\%) than urban (63\%) areas and higher among never-married men (70\%) than married men (57\%) (Table 13.6).


### 13.5 Paid Sex

The act of paying for sex introduces an uneven negotiating ground for safer sexual intercourse. Four percent of men age 15-49 reported that they had ever paid for sex (Table 13.7).

Trends: The percentage of men who reported ever having paid for sex has not changed substantially since 2001.

## Patterns by background characteristics

- Men age 20-24 and age 25-29 were more likely to pay for sex (6\%) than men in other age groups (Table 13.6).


### 13.6 Coverage of HIV Testing Services

Knowledge of HIV status helps HIV-negative individuals make specific decisions to reduce risk and increase safer sex practices so that they can remain disease free. Among those who are living with HIV, knowledge of their status allows them to take action to protect their sexual partners, to access care, and to receive treatment. The government of Nepal seeks to promote HIV testing and counseling services. According to the Nepal Health Facility Survey, $86 \%$ of hospitals at the zonal level and above, $69 \%$ of stand-alone HIV testing and counseling sites, $57 \%$ of district-level hospitals, $25 \%$ of private hospitals, and $11 \%$ of primary heath care centers have HIV testing facilities (Ministry of Health, New ERA, Nepal Health Sector Support Program, and ICF 2017).

### 13.6.1 Awareness of HIV Testing Services and Experience with HIV Testing

To assess awareness and coverage of HIV testing services, respondents were asked whether they had ever been tested for HIV. If they said that they had, they were asked whether they had received the results of their last test and where they had been tested. If they had never been tested, they were asked whether they knew a place where they could go to be tested.

Table 13.8.1 and Table 13.8.2 show coverage of prior HIV testing among women and men. Overall, $34 \%$ of women and $58 \%$ of men know where to get an HIV test. Ten percent of women and $20 \%$ of men have ever been tested for HIV and received the results (Figure 13.5).

Trends: Knowledge on where to get tested has not increased among either women or men over the past 5 years. However, the proportion of women who have ever been tested for HIV and received the results has doubled over the same period, from $5 \%$ to $10 \%$. The proportion of men who have ever been tested for HIV and received the results has also increased, from $14 \%$ to $20 \%$.

## Patterns by background characteristics

- Knowledge of where to get tested was lowest among women age 40-49 (27\%) and men age 15-19 (41\%) (Table 13.8.1 and Table 13.8.2).
- Knowledge regarding where to get tested was lower among women and men in rural areas ( $27 \%$ and $54 \%$, respectively) than among those in urban areas ( $38 \%$ and $60 \%$ ).
- Knowledge on where to get tested was lowest among women in Province $2(15 \%)$ and men in Province 5 (49\%).
- Women in Province 2 (3\%) and men in Province 1 (14\%) were least likely to have been tested for HIV and to have received the results.
- Knowledge on where to get tested was lowest among women and men with no education ( $18 \%$ and $39 \%$, respectively) and highest among those with an SLC or above ( $56 \%$ and $73 \%$ ). The pattern by education was similar with respect to prior HIV testing.
- Knowledge on where to get tested was highest among women and men in the highest wealth quintile ( $51 \%$ and $70 \%$, respectively).


### 13.6.2 HIV Testing of Pregnant Women

In order to prevent MTCT, it is vital to screen pregnant women for HIV, which entails initial testing and education about HIV. Through testing in pregnancy, HIV can be diagnosed and managed early. Ten percent of women who gave birth in the past 2 years reported that they received counseling on HIV during antenatal care (ANC) and that they were tested for HIV and received the results (Table 13.9). Twenty-one percent of women had an HIV test during ANC or labor and received their test results.

## Patterns by background characteristics

- Among women age 15-49 with a live birth in the past 2 years, those in rural areas (7\%), those in Province $2(2 \%)$, and those with no education (4\%) are less likely than their counterparts to have received counseling for HIV during ANC, to have been tested for HIV, and to have received the results (Table 13.9).


### 13.7 Knowledge on Treatment for HIV

Table 13.10 shows knowledge on treatment for HIV. Women and men age 15-49 who have heard of HIV or AIDS were asked if they think there is a treatment for HIV. Those who think there is a treatment for HIV were asked where HIV treatment can be received. Overall, knowledge regarding availability of treatment for HIV is higher among women (48\%) than men (31\%). Similarly, women (19\%) are more likely than men (12\%) to know where to seek treatment.

## Patterns by background characteristics

- Knowledge on where to seek treatment is lower among men in Province $2(8 \%)$ than among men in other provinces (Table 13.10).
- Knowledge of treatment for HIV is lowest among women and men with no education ( $38 \%$ and $25 \%$, respectively) and highest among those with an SLC or above (53\% and 33\%).
- Similarly, knowledge on where to seek treatment is lowest among women and men with no education ( $13 \%$ and $5 \%$, respectively) and highest among those with an SLC or above ( $25 \%$ and $14 \%$ ).


### 13.8 Self-Reporting of Sexually Transmitted Infections

## Sexually transmitted infections (STIs) and symptoms

Respondents who had ever had sex were asked whether they had an STI or symptoms of an STI (a bad-smelling, abnormal discharge from the vagina/penis or a genital sore or ulcer) in the 12 months before the survey.
Sample: Women and men age 15-49

Sexually transmitted diseases are associated with HIV, and people with an STI are more likely to contract HIV than those without an STI. Overall, $15 \%$ of women and $2 \%$ of men who had ever had sexual intercourse reported that they had experienced symptoms of an STI in the 12 months preceding the survey (Table 13.11). Among them, $52 \%$ of women and $35 \%$ of men sought no advice or treatment (Table 13.12).

Trends: The percentage of women who reported symptoms of an STI in the 12 months preceding the survey increased from $7 \%$ in 2006 to $13 \%$ in 2011 and $15 \%$ in 2016. The percentage among men has remained relatively constant, at around $2 \%$ to $3 \%$, since 2006 . The proportion of women who have not
sought treatment has not changed since 2011, while the proportion among men has decreased from $46 \%$ to $35 \%$.

## Patterns by background characteristics

- Men age 15-24 were more likely than older men to report an STI or symptoms of an STI in the past 12 months ( $4 \%$ versus $3 \%$ or less) (Table 13.11).
- By province, women and men in Province 2 ( $9 \%$ and less than $1 \%$, respectively) were least likely to report an STI or symptoms of an STI.


### 13.9 HIV/AIDS-Related Knowledge and Behavior among Young People

This section addresses HIV/AIDS-related knowledge among young people age 15-24 and also assesses the extent to which young people are engaged in behaviors that may place them at risk of contracting HIV.

### 13.9.1 Knowledge

Knowledge of how HIV is transmitted is crucial in enabling people to avoid HIV infection, and this is especially true for young people, who are often at greater risk because they may have shorter relationships with more partners or engage in other risky behaviors. Twenty-one percent of young women and $27 \%$ of young men have comprehensive knowledge of HIV/AIDS (defined as knowing that consistent condom use and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about HIV transmission) (Table 13.13).

Trends: The percentage of young women with comprehensive knowledge about HIV decreased from $28 \%$ in 2006 and $26 \%$ in 2011 to $21 \%$ in 2016. Similarly, the percentage of young men with comprehensive knowledge decreased from $44 \%$ in 2006 and $34 \%$ in 2011 to $27 \%$ in 2016 (Figure 13.6).

## Patterns by background characteristics

- Young women and men who have never been married ( $26 \%$ and $29 \%$, respectively) are more likely to have comprehensive knowledge about HIV than those who have been married ( $15 \%$ and $20 \%$ ) (Table 13.13).
- Comprehensive knowledge about HIV among young women and men is greater in urban areas ( $25 \%$ and $31 \%$, respectively) than in rural areas ( $14 \%$ and $19 \%$ ).
- Among young women, comprehensive knowledge about HIV increases dramatically with increasing education, from $2 \%$ among those with no education to $37 \%$ among those with an SLC or above. Likewise, comprehensive knowledge among young men increases steadily as education increases, from $12 \%$ among those with a primary education to $42 \%$ among those with an SLC or above.


### 13.9.2 First Sex

Young people who initiate sex at an early age are typically at higher risk of becoming pregnant or contracting an STI than young people who initiate sex at later ages. Consistent condom use can reduce such risks. Five percent of young women and $3 \%$ of young men age $15-24$ had sexual intercourse before age 15 (Table 13.14). A greater proportion of young women (38\%) than young men (27\%) age 18-24 had sexual intercourse before age 18 .

Trends: After steadily decreasing over previous years, early initiation of sexual intercourse among young women and men has remained unchanged in more recent years. The percentage of young women who had sexual intercourse before age 15 drastically decreased from $24 \%$ in 1996 to $8 \%$ in 2006 and has stabilized since. Likewise, the proportion of young women who had sexual intercourse before age 18 drastically decreased from $72 \%$ in 1996 to $40 \%$ in 2011 and has since remained constant. The proportion of young men who had sexual intercourse before age 15 decreased from $11 \%$ in 2001 to $3 \%$ in 2011 before stabilizing between 2011 and 2016. The percentage of young men who had sexual intercourse before age 18 decreased dramatically from $56 \%$ in 2001 to $24 \%$ in 2011 and has changed only minimally over the past 5 years.

## Patterns by background characteristics

- Young women and men in rural areas ( $48 \%$ and $35 \%$, respectively) are more likely than those in urban areas ( $32 \%$ and $23 \%$ ) to initiate sexual intercourse before age 18 (Table 13.14).
- The percentage of young women age 15-24 who had sexual intercourse before age 15 decreases with increasing education, from $15 \%$ among those with no education to less than $1 \%$ among those with an SLC or above.
- Among young women age 18-24, the percentage who had sexual intercourse before age 18 decreases with increasing education, from $66 \%$ among those with no education to $13 \%$ among those with an SLC or above. Similarly, the proportion of young men age 18-24 who had sexual intercourse before age 18 decreases as education increases, from $41 \%$ among those with a primary education to $17 \%$ among those with an SLC or above.


### 13.9.3 Premarital Sex

Table 13.15 presents information on premarital sexual intercourse among young people. One percent of never-married young women and $25 \%$ of never-married young men age 15-24 have had premarital sexual intercourse.

Trends: The proportion of never-married young women who have had premarital sexual intercourse has been stable (1\%) since 2006, while the proportion among never-married young men increased from $17 \%$ in 2006 to $22 \%$ in 2011 and $25 \%$ in 2016.

## Patterns by background characteristics

- By age, premarital sex is higher among never-married young men age 23-24 (48\%) than among their younger counterparts (Table 13.15).
- A greater proportion of never-married young men age 15-24 in rural areas ( $30 \%$ ) than in urban areas ( $23 \%$ ) have had premarital sexual intercourse.


### 13.9.4 Multiple Sexual Partners

Table $\mathbf{1 3 . 1 6}$ provides information on multiple sexual partners and higher-risk behaviors in the past 12 months among young men. Four percent of men age 15-24 had two or more partners in the 12 months prior to the survey. Sixteen percent of young men had sexual intercourse with a non-marital, non-cohabiting partner in the last 12 months, of whom $69 \%$ reported using a condom during the most recent sexual intercourse with such a partner.

Trends: The proportion of men age 15-24 with two or more partners in the 12 months preceding the survey has remained unchanged since 2011 (4\%).

## Patterns by background characteristics

- Young men age 20-22 are more likely than their counterparts in other age groups to have had sexual intercourse with a non-marital, non-cohabiting partner in the past 12 months (Table 13.16).
- The proportion of sexually active young men age 15-24 who have had sexual intercourse with a nonmarital, non-cohabiting partner in the past 12 months increases with increasing education, from $13 \%$ among those with a primary education to $18 \%$ among those with an SLC or above.


### 13.9.5 Coverage of HIV Testing Services

Seeking an HIV test may be more difficult for young people than adults because many young people lack experience in accessing health services for themselves and because there are often barriers to young people obtaining services. Table 13.17 presents information on recent HIV tests among young people. Eight percent of sexually active young women and $9 \%$ of sexually active young men age 15-24 were tested for HIV in the past 12 months and received the test results.

Trends: The proportion of sexually active young women who were tested for HIV and received the results has increased from $5 \%$ to $8 \%$ over the past 5 years, while the proportion among young men has decreased from $13 \%$ to $9 \%$.

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- Table 13.2 Knowledge of HIV prevention methods
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- Table 13.4 Knowledge of prevention of mother-to-child transmission of HIV
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Table 13.1 Knowledge of HIV or AIDS
Percentage of women and men age 15-49 who have heard of AIDS, by background characteristics, Nepal DHS 2016

| Background characteristic | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Has heard of AIDS | Number of respondents | Has heard of AIDS | Number of respondents |
| Age |  |  |  |  |
| 15-24 | 83.6 | 4,849 | 97.3 | 1,580 |
| 15-19 | 83.3 | 2,598 | 96.8 | 931 |
| 20-24 | 83.9 | 2,251 | 98.2 | 649 |
| 25-29 | 80.8 | 2,135 | 97.6 | 525 |
| 30-39 | 80.1 | 3,378 | 98.3 | 1,079 |
| 40-49 | 74.6 | 2,501 | 97.2 | 879 |
| Marital status |  |  |  |  |
| Never married | 89.9 | 2,669 | 97.8 | 1,355 |
| Ever had sex | * | 22 | 99.7 | 390 |
| Never had sex | 89.9 | 2,647 | 97.1 | 965 |
| Married/living together | 78.0 | 9,875 | 97.7 | 2,675 |
| Divorced/separated/ widowed | 76.2 | 318 | (75.7) | 33 |
| Residence |  |  |  |  |
| Urban | 85.3 | 8,072 | 97.6 | 2,647 |
| Rural | 72.4 | 4,790 | 97.5 | 1,416 |
| Ecological zone |  |  |  |  |
| Mountain | 85.8 | 775 | 97.5 | 252 |
| Hill | 94.4 | 5,556 | 97.9 | 1,791 |
| Terai | 68.0 | 6,531 | 97.4 | 2,019 |
| Development region |  |  |  |  |
| Eastern | 74.9 | 2,900 | 96.9 | 892 |
| Central | 73.9 | 4,569 | 97.2 | 1,604 |
| Western | 86.7 | 2,597 | 98.5 | 785 |
| Mid-western | 91.7 | 1,650 | 98.4 | 453 |
| Far-western | 90.5 | 1,145 | 97.9 | 330 |
| Province |  |  |  |  |
| Province 1 | 85.9 | 2,173 | 97.8 | 691 |
| Province 2 | 42.8 | 2,563 | 96.7 | 795 |
| Province 3 | 94.5 | 2,732 | 97.0 | 1,009 |
| Province 4 | 95.2 | 1,249 | 98.1 | 376 |
| Province 5 | 84.1 | 2,274 | 98.9 | 658 |
| Province 6 | 91.4 | 724 | 97.5 | 203 |
| Province 7 | 90.5 | 1,145 | 97.9 | 330 |
| Education |  |  |  |  |
| No education | 59.8 | 4,281 | 91.9 | 391 |
| Primary | 74.6 | 2,150 | 95.2 | 789 |
| Some secondary | 93.2 | 3,291 | 98.0 | 1,386 |
| SLC and above | 99.2 | 3,140 | 99.9 | 1,497 |
| Wealth quintile |  |  |  |  |
| Lowest | 83.6 | 2,176 | 95.7 | 623 |
| Second | 76.5 | 2,525 | 96.6 | 706 |
| Middle | 68.4 | 2,595 | 97.9 | 758 |
| Fourth | 79.1 | 2,765 | 97.3 | 982 |
| Highest | 94.0 | 2,801 | 99.5 | 994 |
| Total | 80.5 | 12,862 | 97.6 | 4,063 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 13.2 Knowledge of HIV prevention methods
Percentage of women and men age 15-49 who, in response to prompted questions, say that people can reduce the risk of getting HIV by using condoms every time they have sexual intercourse and by having one sex partner who is not infected and has no other partners, by background characteristics, Nepal DHS 2016

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Using condoms ${ }^{1}$ | Limiting sexual intercourse to one uninfected partner ${ }^{2}$ | Using condoms and limiting sexual intercourse to one uninfected partner ${ }^{1,2}$ | Number of women | Using condoms ${ }^{1}$ | Limiting sexual intercourse to one uninfected partner ${ }^{2}$ | Using condoms and limiting sexual intercourse to one uninfected partner ${ }^{1,2}$ | Number of men |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 75.1 | 80.0 | 72.8 | 4,849 | 92.7 | 91.5 | 88.4 | 1,580 |
| 15-19 | 74.1 | 79.8 | 71.7 | 2,598 | 92.2 | 89.8 | 87.2 | 931 |
| 20-24 | 76.2 | 80.3 | 74.1 | 2,251 | 93.5 | 94.0 | 90.1 | 649 |
| 25-29 | 74.7 | 77.2 | 72.2 | 2,135 | 93.0 | 94.4 | 90.6 | 525 |
| 30-39 | 71.9 | 76.1 | 69.6 | 3,378 | 92.4 | 93.8 | 89.3 | 1,079 |
| 40-49 | 64.1 | 70.0 | 61.8 | 2,501 | 89.6 | 92.4 | 86.7 | 879 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 76.5 | 81.1 | 73.9 | 8,072 | 92.2 | 92.6 | 88.5 | 2,647 |
| Rural | 64.7 | 68.9 | 62.8 | 4,790 | 91.7 | 92.8 | 88.6 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 77.1 | 82.9 | 75.5 | 775 | 91.2 | 89.6 | 85.0 | 252 |
| Hill | 84.8 | 89.8 | 82.0 | 5,556 | 92.0 | 92.7 | 88.2 | 1,791 |
| Terai | 60.6 | 64.6 | 58.6 | 6,531 | 92.1 | 93.1 | 89.3 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 66.6 | 70.7 | 63.9 | 2,900 | 90.6 | 91.1 | 86.5 | 892 |
| Central | 66.1 | 70.0 | 63.5 | 4,569 | 91.7 | 92.9 | 88.7 | 1,604 |
| Western | 78.4 | 83.8 | 76.7 | 2,597 | 93.3 | 93.5 | 89.8 | 785 |
| Mid-western | 80.8 | 87.0 | 78.9 | 1,650 | 91.5 | 91.8 | 87.1 | 453 |
| Far-western | 82.6 | 86.6 | 80.3 | 1,145 | 94.8 | 95.1 | 92.4 | 330 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 76.1 | 80.8 | 73.0 | 2,173 | 92.2 | 92.5 | 87.7 | 691 |
| Province 2 | 37.1 | 40.4 | 35.7 | 2,563 | 91.0 | 92.5 | 88.6 | 795 |
| Province 3 | 85.9 | 89.9 | 82.5 | 2,732 | 91.0 | 92.0 | 87.4 | 1,009 |
| Province 4 | 85.3 | 91.1 | 83.0 | 1,249 | 91.7 | 91.8 | 87.8 | 376 |
| Province 5 | 76.2 | 81.2 | 74.8 | 2,274 | 93.8 | 94.8 | 90.7 | 658 |
| Province 6 | 79.0 | 86.4 | 76.8 | 724 | 90.8 | 88.5 | 84.5 | 203 |
| Province 7 | 82.6 | 86.6 | 80.3 | 1,145 | 94.8 | 95.1 | 92.4 | 330 |
| Education |  |  |  |  |  |  |  |  |
| No education | 50.4 | 55.3 | 48.4 | 4,281 | 83.6 | 85.5 | 80.1 | 391 |
| Primary | 64.8 | 69.5 | 61.7 | 2,150 | 87.2 | 88.0 | 82.6 | 789 |
| Some secondary | 84.8 | 90.1 | 82.5 | 3,291 | 92.8 | 92.3 | 88.5 | 1,386 |
| SLC and above | 93.1 | 96.3 | 90.9 | 3,140 | 95.9 | 97.4 | 93.9 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 72.0 | 78.9 | 69.7 | 2,176 | 88.0 | 88.3 | 82.9 | 623 |
| Second | 69.1 | 73.2 | 66.7 | 2,525 | 92.3 | 91.9 | 88.4 | 706 |
| Middle | 61.1 | 64.7 | 59.1 | 2,595 | 91.8 | 93.5 | 89.2 | 758 |
| Fourth | 70.1 | 75.2 | 68.0 | 2,765 | 91.7 | 92.6 | 88.7 | 982 |
| Highest | 86.9 | 90.2 | 84.0 | 2,801 | 94.7 | 95.5 | 91.5 | 994 |
| Total | 72.1 | 76.6 | 69.7 | 12,862 | 92.0 | 92.7 | 88.5 | 4,063 |

${ }^{1}$ Using condoms every time they have sexual intercourse
${ }^{2}$ Partner who has no other partners

Table 13.3 Comprehensive knowledge about HIV
Percentage of women and men age 15-49 who say that a healthy-looking person can have HIV and who, in response to prompted questions, correctly reject local misconceptions about transmission or prevention of HIV, and percentage with comprehensive knowledge about HIV, according to age, Nepal DHS 2016

|  |  | Percentage of respondents who say that: |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |

${ }^{1}$ Two most common local misconceptions: that HIV can be transmitted by mosquito bites and by sharing food with a person who has HIV
${ }^{2}$ Comprehensive knowledge means knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about transmission or prevention of HIV

Table 13.4 Knowledge of prevention of mother-to-child transmission of HIV
Percentage of women and men age 15-49 who know that HIV can be transmitted from mother to child during pregnancy, during delivery, by breastfeeding, and by all three means, and percentage who know that the risk of mother-to-child transmission (MTCT) of HIV can be reduced by the mother taking special drugs, according to age, Nepal DHS 2016

|  |  |  |  |  |  | Percentage who <br> know that the risk <br> of MTCT can be <br> reduced by mother <br> taking special <br> drugs |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |

Table 13.5 Discriminatory attitudes towards people living with HIV
Among women and men age 15-49 who have heard of HIV or AIDS, percentage who do not think that children living with HIV should be able to attend school with children who are HIV negative, percentage who would not buy fresh vegetables from a shopkeeper who has HIV, and percentage with discriminatory attitudes towards people living with HIV, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who do not think that children living with HIV should be able to attend school with children who are HIV negative | Percentage who would not buy fresh vegetables from a shopkeeper who has HIV | Percentage with discriminatory attitudes towards people living with $\mathrm{HIV}^{1}$ | Number of respondents who have heard of HIV or AIDS | Percentage who do not think that children living with HIV should be able to attend school with children who are HIV negative | Percentage who would not buy fresh vegetables from a shopkeeper who has HIV | Percentage with discriminatory attitudes towards people living with $\mathrm{HIV}^{1}$ | Number of respondents who have heard of HIV or AIDS |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 28.3 | 32.5 | 38.1 | 4,052 | 21.4 | 31.0 | 35.1 | 1,538 |
| 15-19 | 29.5 | 36.3 | 41.8 | 2,164 | 22.4 | 33.1 | 37.1 | 901 |
| 20-24 | 27.0 | 28.1 | 33.8 | 1,888 | 19.9 | 27.9 | 32.2 | 637 |
| 25-29 | 28.1 | 30.4 | 35.6 | 1,726 | 18.8 | 22.3 | 26.4 | 513 |
| 30-39 | 32.2 | 35.5 | 41.4 | 2,705 | 20.0 | 25.1 | 29.2 | 1,060 |
| 40-49 | 36.9 | 39.5 | 46.1 | 1,866 | 27.3 | 30.2 | 37.2 | 854 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 21.3 | 27.5 | 31.9 | 2,401 | 18.7 | 27.2 | 31.2 | 1,326 |
| Ever had sex | * | * | * | 22 | 15.9 | 23.9 | 27.1 | 389 |
| Never had sex | 21.4 | 27.6 | 32.0 | 2,379 | 19.8 | 28.6 | 32.9 | 937 |
| Married/living together | 33.6 | 36.2 | 42.3 | 7,705 | 23.7 | 28.6 | 33.7 | 2,615 |
| Divorced/separated/ widowed | 37.0 | 38.7 | 45.5 | 243 | (15.6) | (22.9) | (28.1) | 25 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 26.4 | 29.8 | 35.0 | 6,882 | 19.7 | 26.7 | 30.7 | 2,584 |
| Rural | 39.7 | 43.0 | 49.8 | 3,467 | 26.2 | 30.7 | 36.9 | 1,381 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 39.1 | 43.5 | 50.0 | 665 | 26.6 | 28.3 | 38.9 | 246 |
| Hill | 29.4 | 32.1 | 37.9 | 5,243 | 17.5 | 24.8 | 29.0 | 1,753 |
| Terai | 31.4 | 35.3 | 40.8 | 4,441 | 25.3 | 31.0 | 35.6 | 1,966 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 34.1 | 38.1 | 45.5 | 2,171 | 27.5 | 32.6 | 40.2 | 864 |
| Central | 26.8 | 29.1 | 34.3 | 3,376 | 21.4 | 28.5 | 31.6 | 1,559 |
| Western | 30.4 | 33.4 | 38.4 | 2,251 | 16.4 | 21.3 | 26.0 | 773 |
| Mid-western | 38.1 | 41.9 | 47.6 | 1,514 | 22.5 | 29.4 | 35.1 | 446 |
| Far-western | 27.7 | 33.3 | 39.0 | 1,037 | 22.0 | 28.7 | 32.6 | 323 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 32.7 | 36.6 | 43.9 | 1,867 | 21.7 | 26.4 | 33.5 | 676 |
| Province 2 | 42.5 | 45.7 | 52.9 | 1,098 | 35.7 | 43.1 | 47.6 | 769 |
| Province 3 | 22.0 | 24.1 | 28.9 | 2,582 | 15.4 | 22.0 | 25.3 | 978 |
| Province 4 | 29.4 | 33.4 | 39.0 | 1,190 | 19.7 | 29.2 | 34.7 | 369 |
| Province 5 | 34.1 | 37.2 | 41.8 | 1,913 | 16.3 | 19.7 | 24.2 | 651 |
| Province 6 | 39.1 | 42.2 | 48.7 | 662 | 24.2 | 30.1 | 36.1 | 198 |
| Province 7 | 27.7 | 33.3 | 39.0 | 1,037 | 22.0 | 28.7 | 32.6 | 323 |
| Education |  |  |  |  |  |  |  |  |
| No education | 47.6 | 49.8 | 57.4 | 2,559 | 44.4 | 48.2 | 56.3 | 360 |
| Primary | 40.2 | 43.9 | 50.3 | 1,605 | 31.2 | 39.4 | 45.6 | 751 |
| Some secondary | 29.2 | 33.9 | 39.6 | 3,068 | 23.7 | 31.3 | 36.2 | 1,359 |
| SLC and above | 13.9 | 16.8 | 20.6 | 3,116 | 10.3 | 14.7 | 17.7 | 1,495 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 49.7 | 52.9 | 60.9 | 1,820 | 34.5 | 42.2 | 50.4 | 597 |
| Second | 37.6 | 40.3 | 47.2 | 1,932 | 26.8 | 32.8 | 39.5 | 682 |
| Middle | 35.4 | 39.4 | 45.6 | 1,775 | 26.1 | 32.5 | 36.6 | 742 |
| Fourth | 25.6 | 30.0 | 35.0 | 2,188 | 21.1 | 28.2 | 31.8 | 955 |
| Highest | 14.3 | 16.9 | 20.4 | 2,634 | 8.7 | 12.9 | 15.9 | 990 |
| Total | 30.9 | 34.2 | 40.0 | 10,348 | 21.9 | 28.1 | 32.8 | 3,965 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Percentage who do not think that children living with HIV should be able to attend school with children who are HIV negative or would not buy fresh vegetables from a shopkeeper who has HIV

Table 13.6 Multiple sexual partners and higher-risk sexual intercourse in the past 12 months among men
Among all men age 15-49, percentage who had sexual intercourse with more than one sexual partner in the past 12 months; among men having more than one partner in the past 12 months, percentage reporting that a condom was used during the most recent intercourse; among men who had sexual intercourse in the past 12 months, percentage who had intercourse in the past 12 months with a non-marital, non-cohabiting partner; among men who had sexual intercourse in the past 12 months with a non-marital, non-cohabiting partner, percentage who used a condom during the most recent sexual intercourse with such a partner; and among men who ever had sexual intercourse, mean number of sexual partners during their lifetime, according to background characteristics, Nepal DHS 2016

|  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |  |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
Means are calculated excluding respondents who gave non-numeric responses.

Table 13.7 Payment for sexual intercourse and condom use at last paid sexual
intercourse
Percentage of men age 15-49 who ever paid for sexual intercourse and percentage reporting payment for sexual intercourse in the past 12 months, and among them, the percentage reporting that a condom was used the last time they paid for sexual intercourse, according to age, Nepal DHS 2016

| Age | Among all men: |  |  | Among men who paid for sex in the past 12 months: |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who ever paid for sexual intercourse | Percentage who paid for sexual intercourse in the past 12 months | Number of men | Percentage reporting condom use at last paid sexual intercourse | Number of men |
| 15-24 | 3.2 | 1.2 | 1,580 | * | 18 |
| 15-19 | 1.0 | 0.6 | 931 | * | 6 |
| 20-24 | 6.4 | 1.9 | 649 | * | 12 |
| 25-29 | 5.5 | 0.6 | 525 | * | 3 |
| 30-39 | 4.1 | 0.5 | 1,079 | * | 6 |
| 40-49 | 3.1 | 0.5 | 879 | * | 4 |
| Total 15-49 | 3.7 | 0.8 | 4,063 | (92.9) | 32 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 13.8.1 Coverage of prior HIV testing: Women
Percentage of women age 15-49 who know where to get an HIV test, percent distribution of women by testing status and by whether they received the results of the last test, percentage of women ever tested, and percentage of women who were tested in the past 12 months and received the results of the last test, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who know where to get an HIV test | Percent distribution of women by testing status and by whether they received the results of the last test |  |  | Total | Percentage ever tested | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Ever tested and received results | Ever tested, did not receive results | Never tested ${ }^{1}$ |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 34.5 | 8.6 | 0.3 | 91.1 | 100.0 | 8.9 | 4.4 | 4,849 |
| 15-19 | 29.5 | 3.9 | 0.1 | 96.0 | 100.0 | 4.0 | 2.5 | 2,598 |
| 20-24 | 40.3 | 14.0 | 0.5 | 85.5 | 100.0 | 14.5 | 6.5 | 2,251 |
| 25-29 | 39.6 | 18.7 | 0.5 | 80.9 | 100.0 | 19.1 | 6.8 | 2,135 |
| 30-39 | 34.1 | 11.3 | 0.7 | 88.0 | 100.0 | 12.0 | 4.3 | 3,378 |
| 40-49 | 26.9 | 5.2 | 0.4 | 94.4 | 100.0 | 5.6 | 1.7 | 2,501 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 36.0 | 2.9 | 0.1 | 97.1 | 100.0 | 2.9 | 1.5 | 2,669 |
| Ever had sex | * | * | * | * | 100.0 | * |  | 22 |
| Never had sex | 35.9 | 2.7 | 0.1 | 97.2 | 100.0 | 2.8 | 1.5 | 2,647 |
| Married/living together | 33.3 | 12.3 | 0.6 | 87.1 | 100.0 | 12.9 | 5.1 | 9,875 |
| Divorced/separated/ widowed | 28.0 | 9.7 | 0.0 | 90.3 | 100.0 | 9.7 | 2.8 | 318 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 38.0 | 11.8 | 0.4 | 87.7 | 100.0 | 12.3 | 4.7 | 8,072 |
| Rural | 26.6 | 7.7 | 0.5 | 91.8 | 100.0 | 8.2 | 3.4 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 32.5 | 7.0 | 0.2 | 92.9 | 100.0 | 7.1 | 3.1 | 775 |
| Hill | 38.9 | 13.1 | 0.6 | 86.3 | 100.0 | 13.7 | 5.3 | 5,556 |
| Terai | 29.6 | 8.4 | 0.4 | 91.3 | 100.0 | 8.7 | 3.5 | 6,531 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 28.8 | 7.1 | 0.4 | 92.5 | 100.0 | 7.5 | 2.9 | 2,900 |
| Central | 29.8 | 8.6 | 0.2 | 91.2 | 100.0 | 8.8 | 3.5 | 4,569 |
| Western | 37.2 | 13.0 | 0.4 | 86.6 | 100.0 | 13.4 | 4.9 | 2,597 |
| Mid-western | 39.1 | 11.2 | 0.6 | 88.2 | 100.0 | 11.8 | 4.7 | 1,650 |
| Far-western | 46.7 | 17.8 | 1.6 | 80.6 | 100.0 | 19.4 | 8.9 | 1,145 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 33.7 | 8.4 | 0.5 | 91.0 | 100.0 | 9.0 | 3.3 | 2,173 |
| Province 2 | 15.2 | 2.7 | 0.1 | 97.2 | 100.0 | 2.8 | 1.3 | 2,563 |
| Province 3 | 39.3 | 12.7 | 0.2 | 87.1 | 100.0 | 12.9 | 5.0 | 2,732 |
| Province 4 | 33.4 | 12.1 | 0.2 | 87.7 | 100.0 | 12.3 | 4.3 | 1,249 |
| Province 5 | 41.3 | 13.7 | 0.8 | 85.5 | 100.0 | 14.5 | 5.8 | 2,274 |
| Province 6 | 35.4 | 8.4 | 0.1 | 91.5 | 100.0 | 8.5 | 2.9 | 724 |
| Province 7 | 46.7 | 17.8 | 1.6 | 80.6 | 100.0 | 19.4 | 8.9 | 1,145 |
| Education |  |  |  |  |  |  |  |  |
| No education | 18.1 | 4.8 | 0.4 | 94.8 | 100.0 | 5.2 | 1.9 | 4,281 |
| Primary | 26.4 | 8.4 | 0.5 | 91.1 | 100.0 | 8.9 | 2.8 | 2,150 |
| Some secondary | 38.0 | 10.9 | 0.4 | 88.6 | 100.0 | 11.4 | 5.2 | 3,291 |
| SLC and above | 55.8 | 18.4 | 0.5 | 81.1 | 100.0 | 18.9 | 7.5 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 26.3 | 7.6 | 0.6 | 91.8 | 100.0 | 8.2 | 3.5 | 2,176 |
| Second | 28.0 | 7.7 | 0.6 | 91.7 | 100.0 | 8.3 | 3.3 | 2,525 |
| Middle | 27.7 | 7.6 | 0.4 | 92.0 | 100.0 | 8.0 | 3.3 | 2,595 |
| Fourth | 33.4 | 9.7 | 0.3 | 90.0 | 100.0 | 10.0 | 4.2 | 2,765 |
| Highest | 50.7 | 17.9 | 0.4 | 81.7 | 100.0 | 18.3 | 6.7 | 2,801 |
| Total | 33.8 | 10.3 | 0.5 | 89.2 | 100.0 | 10.8 | 4.3 | 12,862 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
Includes "don't know/missing"

Table 13.8.2 Coverage of prior HIV testing: Men
Percentage of men age 15-49 who know where to get an HIV test, percent distribution of men by testing status and by whether they received the results of the last test, percentage of men ever tested, and percentage of men age 15-49 who were tested in the past 12 months and received the results of the last test, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who know where to get an HIV test | Percent distribution of men by testing status and by whether they received the results of the last test |  |  | Total | Percentage ever tested | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Ever tested and received results | Ever tested, did not receive results | Never tested ${ }^{1}$ |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 48.2 | 10.9 | 0.5 | 88.6 | 100.0 | 11.4 | 5.6 | 1,580 |
| 15-19 | 41.3 | 5.2 | 0.1 | 94.7 | 100.0 | 5.3 | 3.0 | 931 |
| 20-24 | 58.1 | 19.0 | 1.1 | 79.9 | 100.0 | 20.1 | 9.3 | 649 |
| 25-29 | 66.8 | 30.1 | 1.3 | 68.6 | 100.0 | 31.4 | 12.5 | 525 |
| 30-39 | 67.3 | 28.9 | 0.9 | 70.1 | 100.0 | 29.9 | 11.8 | 1,079 |
| 40-49 | 59.6 | 18.3 | 0.7 | 81.0 | 100.0 | 19.0 | 5.4 | 879 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 48.5 | 8.7 | 0.3 | 90.9 | 100.0 | 9.1 | 5.2 | 1,355 |
| Ever had sex | 55.5 | 15.6 | 1.1 | 83.3 | 100.0 | 16.7 | 10.3 | 390 |
| Never had sex | 45.7 | 6.0 | 0.0 | 94.0 | 100.0 | 6.0 | 3.1 | 965 |
| Married/living together | 63.4 | 25.3 | 1.0 | 73.7 | 100.0 | 26.3 | 9.6 | 2,675 |
| Divorced/separated/ widowed | (24.8) | (20.7) | (0.0) | (79.3) | 100.0 | (20.7) | (4.1) | 33 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 60.2 | 19.8 | 0.9 | 79.3 | 100.0 | 20.7 | 8.5 | 2,647 |
| Rural | 54.3 | 19.7 | 0.5 | 79.8 | 100.0 | 20.2 | 7.2 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 56.5 | 14.6 | 0.2 | 85.2 | 100.0 | 14.8 | 9.0 | 252 |
| Hill | 61.2 | 18.8 | 1.1 | 80.1 | 100.0 | 19.9 | 7.9 | 1,791 |
| Terai | 55.7 | 21.2 | 0.5 | 78.3 | 100.0 | 21.7 | 8.1 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 63.1 | 20.2 | 0.0 | 79.8 | 100.0 | 20.2 | 9.6 | 892 |
| Central | 57.4 | 20.5 | 0.9 | 78.6 | 100.0 | 21.4 | 8.4 | 1,604 |
| Western | 51.0 | 17.5 | 0.7 | 81.8 | 100.0 | 18.2 | 6.0 | 785 |
| Mid-western | 61.8 | 20.0 | 0.5 | 79.5 | 100.0 | 20.5 | 6.1 | 453 |
| Far-western | 60.2 | 20.1 | 2.2 | 77.7 | 100.0 | 22.3 | 10.0 | 330 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 62.2 | 14.2 | 0.0 | 85.8 | 100.0 | 14.2 | 8.0 | 691 |
| Province 2 | 58.8 | 29.6 | 0.6 | 69.7 | 100.0 | 30.3 | 11.2 | 795 |
| Province 3 | 58.1 | 17.3 | 1.0 | 81.7 | 100.0 | 18.3 | 7.6 | 1,009 |
| Province 4 | 57.0 | 19.6 | 0.6 | 79.8 | 100.0 | 20.2 | 6.3 | 376 |
| Province 5 | 49.4 | 19.3 | 0.7 | 80.1 | 100.0 | 19.9 | 6.0 | 658 |
| Province 6 | 69.1 | 13.4 | 0.6 | 85.9 | 100.0 | 14.1 | 5.4 | 203 |
| Province 7 | 60.2 | 20.1 | 2.2 | 77.7 | 100.0 | 22.3 | 10.0 | 330 |
| Education |  |  |  |  |  |  |  |  |
| No education | 39.2 | 12.3 | 0.8 | 86.9 | 100.0 | 13.1 | 3.9 | 391 |
| Primary | 47.9 | 18.2 | 0.4 | 81.4 | 100.0 | 18.6 | 5.8 | 789 |
| Some secondary | 53.2 | 19.2 | 0.5 | 80.3 | 100.0 | 19.7 | 8.1 | 1,386 |
| SLC and above | 73.1 | 23.0 | 1.2 | 75.8 | 100.0 | 24.2 | 10.4 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 48.3 | 13.0 | 1.1 | 85.9 | 100.0 | 14.1 | 5.3 | 623 |
| Second | 49.5 | 12.9 | 0.5 | 86.6 | 100.0 | 13.4 | 3.5 | 706 |
| Middle | 56.0 | 21.8 | 0.3 | 78.0 | 100.0 | 22.0 | 9.2 | 758 |
| Fourth | 60.6 | 24.5 | 0.4 | 75.1 | 100.0 | 24.9 | 10.6 | 982 |
| Highest | 69.6 | 22.6 | 1.4 | 76.0 | 100.0 | 24.0 | 9.7 | 994 |
| Total | 58.1 | 19.8 | 0.7 | 79.5 | 100.0 | 20.5 | 8.1 | 4,063 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Includes "don't know"

Table 13.9 Pregnant women counseled and tested for HIV
Among all women age 15-49 who gave birth in the 2 years preceding the survey, percentage who received HIV pretest counseling, percentage who received an HIV test during antenatal care for their most recent birth by whether they received their results and post-test counseling, and percentage who received an HIV test during ANC or labor for their most recent birth by whether they received their test results, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who received counseling on HIV during antenatal care ${ }^{1}$ | Percentage who were tested for HIV during antenatal care and who: |  |  | Percentage who received counseling on HIV and an HIV test during ANC, and the results | Percentage who had an HIV test during ANC or labor and who: ${ }^{2}$ |  | Number of women who gave birth in the past 2 years ${ }^{3}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Received results and received posttest counseling | Received results and did not receive post-test counseling | Did not receive results |  | Received results | Did not receive results |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 13.4 | 12.9 | 6.0 | 0.6 | 9.7 | 18.9 | 0.6 | 1,041 |
| 15-19 | 11.5 | 10.5 | 3.8 | 0.1 | 8.6 | 14.3 | 0.1 | 291 |
| 20-24 | 14.1 | 13.8 | 6.9 | 0.8 | 10.1 | 20.7 | 0.8 | 750 |
| 25-29 | 14.5 | 14.6 | 10.0 | 0.2 | 11.9 | 24.5 | 0.2 | 584 |
| 30-39 | 11.0 | 15.5 | 7.8 | 2.4 | 8.7 | 23.2 | 2.4 | 325 |
| 40-49 | (3.0) | (0.0) | (0.0) | (0.0) | (0.0) | (0.0) | (0.0) | 29 |
| Marital status |  |  |  |  |  |  |  |  |
| Married/living together | 13.2 | 13.7 | 7.4 | 0.8 | 10.1 | 21.1 | 0.8 | 1,973 |
| Divorced/separated/ widowed | * | * | * | * | * | * | * | 5 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 14.9 | 16.7 | 10.3 | 0.5 | 12.3 | 27.0 | 0.5 | 1,062 |
| Rural | 11.1 | 10.1 | 4.0 | 1.1 | 7.3 | 14.1 | 1.1 | 916 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 12.3 | 8.2 | 5.6 | 0.5 | 9.6 | 13.9 | 0.5 | 131 |
| Hill | 19.9 | 20.4 | 8.1 | 0.5 | 15.2 | 28.5 | 0.5 | 760 |
| Terai | 8.6 | 9.5 | 7.1 | 1.0 | 6.4 | 16.6 | 1.0 | 1,087 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 7.4 | 9.2 | 5.2 | 1.3 | 5.4 | 14.3 | 1.3 | 457 |
| Central | 11.5 | 11.4 | 6.5 | 0.0 | 9.3 | 17.8 | 0.0 | 706 |
| Western | 16.9 | 16.8 | 9.1 | 0.0 | 12.5 | 25.9 | 0.0 | 388 |
| Mid-western | 14.8 | 17.0 | 8.0 | 1.4 | 11.1 | 25.0 | 1.4 | 260 |
| Far-western | 25.0 | 22.9 | 12.4 | 3.6 | 18.3 | 35.3 | 3.6 | 166 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 8.3 | 11.4 | 5.3 | 1.7 | 6.5 | 16.8 | 1.7 | 338 |
| Province 2 | 2.9 | 2.6 | 2.6 | 0.0 | 1.8 | 5.2 | 0.0 | 513 |
| Province 3 | 23.1 | 22.5 | 12.0 | 0.0 | 19.0 | 34.5 | 0.0 | 312 |
| Province 4 | 21.8 | 22.0 | 10.0 | 0.0 | 16.3 | 32.0 | 0.0 | 164 |
| Province 5 | 14.5 | 16.6 | 9.1 | 0.9 | 10.9 | 25.7 | 0.9 | 364 |
| Province 6 | 13.2 | 10.8 | 5.5 | 0.2 | 9.1 | 16.3 | 0.2 | 121 |
| Province 7 | 25.0 | 22.9 | 12.4 | 3.6 | 18.3 | 35.3 | 3.6 | 166 |
| Education |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Primary | 8.6 | 7.7 | 3.2 | 0.8 | 6.5 | 10.9 | 0.8 | 391 |
| Some secondary | 17.8 | 17.6 | 6.3 | 0.5 | 12.6 | 23.9 | 0.5 | 551 |
| SLC and above | 20.9 | 26.0 | 18.0 | 1.4 | 17.1 | 44.0 | 1.4 | 465 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 13.0 | 9.0 | 3.6 | 0.6 | 7.7 | 12.6 | 0.6 | 414 |
| Second | 11.5 | 12.0 | 5.2 | 1.0 | 9.1 | 17.2 | 1.0 | 417 |
| Middle | 8.8 | 9.3 | 6.6 | 0.5 | 6.6 | 15.9 | 0.5 | 454 |
| Fourth | 12.5 | 14.5 | 7.0 | 0.9 | 9.6 | 21.5 | 0.9 | 408 |
| Highest | 23.8 | 28.5 | 18.0 | 1.1 | 20.9 | 46.5 | 1.1 | 284 |
| Total | 13.2 | 13.6 | 7.4 | 0.8 | 10.0 | 21.0 | 0.8 | 1,978 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ In this context, "pretest counseling" means that someone talked with the respondent about all three of the following topics: (1) babies getting HIV from their mother, (2) preventing the virus, and (3) getting tested for HIV.
${ }^{2}$ Women were asked whether they received an HIV test during labor only if they gave birth in a health facility.
${ }^{3}$ Denominator for percentages includes women who did not receive antenatal care for their last birth in the past 2 years.

Table 13.10 Knowledge on treatment for HIV
Among women and men age 15-49 who have heard of HIV or AIDS, percentage who think that there is a treatment for HIV, and among those who think that there is a treatment, the percentage who know where HIV treatment can be received, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who think that there is treatment for HIV | Percentage who know where HIV treatment can be received | Number of respondents who have heard of HIV or AIDS | Percentage who think that there is treatment for HIV | Percentage who know where HIV treatment can be received | Number of respondents who have heard of HIV or AIDS |
| Age |  |  |  |  |  |  |
| 15-24 | 50.9 | 18.7 | 4,052 | 31.9 | 10.4 | 1,538 |
| 15-19 | 50.3 | 17.7 | 2,164 | 30.1 | 9.2 | 901 |
| 20-24 | 51.6 | 19.8 | 1,888 | 34.4 | 12.2 | 637 |
| 25-29 | 47.2 | 19.8 | 1,726 | 31.3 | 11.4 | 513 |
| 30-39 | 46.2 | 18.4 | 2,705 | 31.5 | 13.3 | 1,060 |
| 40-49 | 44.6 | 18.1 | 1,866 | 29.5 | 12.2 | 854 |
| Marital status |  |  |  |  |  |  |
| Never married | 50.3 | 19.3 | 2,401 | 31.0 | 10.3 | 1,326 |
| Ever had sex | * | * | 22 | 27.8 | 9.7 | 389 |
| Never had sex | 50.4 | 19.4 | 2,379 | 32.3 | 10.6 | 937 |
| Married/living together | 47.2 | 18.5 | 7,705 | 31.4 | 12.4 | 2,615 |
| Divorced/separated/ widowed | 48.2 | 18.5 | 243 | 20.1 | 7.6 | 25 |
| Residence |  |  |  |  |  |  |
| Urban | 49.7 | 20.9 | 6,882 | 31.6 | 11.6 | 2,584 |
| Rural | 44.5 | 14.3 | 3,467 | 30.3 | 11.9 | 1,381 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 42.7 | 14.8 | 665 | 44.4 | 17.8 | 246 |
| Hill | 46.4 | 16.5 | 5,243 | 33.2 | 13.7 | 1,753 |
| Terai | 50.4 | 21.9 | 4,441 | 27.7 | 9.1 | 1,966 |
| Development region |  |  |  |  |  |  |
| Eastern | 53.4 | 17.7 | 2,171 | 34.8 | 12.3 | 864 |
| Central | 48.3 | 18.4 | 3,376 | 32.4 | 11.9 | 1,559 |
| Western | 50.1 | 19.0 | 2,251 | 21.2 | 9.5 | 773 |
| Mid-western | 37.7 | 16.2 | 1,514 | 34.1 | 12.6 | 446 |
| Far-western | 45.3 | 24.8 | 1,037 | 35.4 | 13.0 | 323 |
| Province |  |  |  |  |  |  |
| Province 1 | 52.3 | 19.4 | 1,867 | 35.5 | 14.2 | 676 |
| Province 2 | 57.7 | 18.1 | 1,098 | 26.0 | 7.5 | 769 |
| Province 3 | 45.7 | 17.2 | 2,582 | 37.4 | 14.2 | 978 |
| Province 4 | 50.2 | 15.6 | 1,190 | 23.2 | 9.7 | 369 |
| Province 5 | 46.4 | 20.5 | 1,913 | 23.8 | 10.0 | 651 |
| Province 6 | 32.3 | 14.4 | 662 | 37.9 | 14.3 | 198 |
| Province 7 | 45.3 | 24.8 | 1,037 | 35.4 | 13.0 | 323 |
| Education |  |  |  |  |  |  |
| No education | 38.1 | 12.9 | 2,559 | 24.5 | 4.7 | 360 |
| Primary | 46.1 | 14.4 | 1,605 | 31.2 | 12.7 | 751 |
| Some secondary | 51.8 | 19.0 | 3,068 | 30.9 | 10.7 | 1,359 |
| SLC and above | 53.1 | 25.4 | 3,116 | 33.0 | 13.8 | 1,495 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 39.2 | 11.6 | 1,820 | 36.9 | 13.9 | 597 |
| Second | 47.9 | 15.5 | 1,932 | 30.2 | 9.6 | 682 |
| Middle | 50.2 | 19.4 | 1,775 | 27.3 | 10.3 | 742 |
| Fourth | 51.3 | 19.6 | 2,188 | 28.8 | 10.2 | 955 |
| Highest | 49.7 | 24.7 | 2,634 | 33.6 | 14.4 | 990 |
| Total | 47.9 | 18.7 | 10,348 | 31.2 | 11.7 | 3,965 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 13.11 Self-reported prevalence of sexually transmitted infections (STIs) and STI symptoms
Among women and men age 15-49 who ever had sexual intercourse, the percentage reporting having an STI and/or symptoms of an STI in the past 12 months, by background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of women who reported having in the past 12 months: |  |  |  |  | Percentage of men who reported having in the past 12 months: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | STI | Badsmelling/ abnormal genital discharge | Genital sore or ulcer | STI/genital discharge/ sore or ulcer | Number of women who ever had sexual intercourse | STI | Badsmelling/ abnormal discharge from penis | Genital sore or ulcer | STI/ abnormal discharge from penis/ sore or ulcer | Number of men who ever had sexual intercourse |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 0.3 | 14.3 | 2.3 | 15.4 | 2,425 | 0.1 | 1.1 | 2.9 | 3.8 | 666 |
| 15-19 | 0.3 | 13.8 | 2.5 | 15.0 | 718 | 0.2 | 0.7 | 2.3 | 2.7 | 222 |
| 20-24 | 0.3 | 14.6 | 2.2 | 15.6 | 1,706 | 0.0 | 1.2 | 3.2 | 4.4 | 444 |
| 25-29 | 0.4 | 14.2 | 2.4 | 15.3 | 1,986 | 0.0 | 0.5 | 2.3 | 2.8 | 484 |
| 30-39 | 0.5 | 14.1 | 3.3 | 15.6 | 3,325 | 0.2 | 0.5 | 1.2 | 1.8 | 1,070 |
| 40-49 | 0.4 | 10.9 | 2.4 | 12.0 | 2,471 | 0.1 | 0.8 | 1.0 | 1.3 | 877 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | * | * | * | * | 22 | 0.1 | 0.8 | 2.3 | 3.0 | 390 |
| Married/living together | 0.4 | 13.3 | 2.7 | 14.6 | 9,871 | 0.1 | 0.7 | 1.6 | 2.2 | 2,674 |
| Divorced/separated/ widowed | 0.0 | 15.2 | 1.9 | 15.5 | 314 | (0.0) | (0.0) | (0.5) | (0.5) | 33 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 0.5 | 13.9 | 3.2 | 15.5 | 6,241 | 0.1 | 0.6 | 1.9 | 2.3 | 1,962 |
| Rural | 0.3 | 12.6 | 1.9 | 13.2 | 3,967 | 0.1 | 0.9 | 1.3 | 2.2 | 1,136 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Mountain | 0.8 | 12.0 | 4.3 | 13.5 | 602 | 0.9 | 0.9 | 2.4 | 3.4 | 201 |
| Hill | 0.3 | 16.3 | 3.2 | 17.6 | 4,322 | 0.0 | 1.2 | 2.9 | 3.6 | 1,317 |
| Terai | 0.5 | 11.2 | 2.1 | 12.2 | 5,283 | 0.1 | 0.3 | 0.6 | 0.9 | 1,579 |
| Development region |  |  |  |  |  |  |  |  |  |  |
| Eastern | 0.6 | 10.6 | 2.4 | 11.9 | 2,319 | 0.1 | 0.9 | 0.2 | 1.2 | 675 |
| Central | 0.4 | 13.3 | 3.6 | 15.0 | 3,604 | 0.0 | 0.6 | 2.5 | 2.8 | 1,192 |
| Western | 0.2 | 17.7 | 2.0 | 18.3 | 2,064 | 0.0 | 1.1 | 0.8 | 1.8 | 602 |
| Mid-western | 0.9 | 14.1 | 2.3 | 15.1 | 1,336 | 0.1 | 0.2 | 1.8 | 1.9 | 379 |
| Far-western | 0.2 | 10.0 | 1.9 | 10.9 | 884 | 0.5 | 0.3 | 3.7 | 4.0 | 249 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 0.3 | 11.3 | 2.7 | 12.8 | 1,710 | 0.2 | 1.0 | 0.2 | 1.4 | 520 |
| Province 2 | 0.5 | 8.1 | 1.4 | 8.8 | 2,205 | 0.0 | 0.3 | 0.0 | 0.3 | 624 |
| Province 3 | 0.5 | 17.6 | 5.4 | 20.0 | 2,008 | 0.0 | 0.9 | 4.2 | 4.4 | 723 |
| Province 4 | 0.4 | 18.2 | 3.0 | 19.2 | 987 | 0.0 | 2.3 | 0.8 | 3.0 | 281 |
| Province 5 | 0.4 | 15.8 | 1.7 | 16.3 | 1,808 | 0.0 | 0.0 | 0.6 | 0.6 | 536 |
| Province 6 | 0.9 | 14.5 | 2.3 | 15.5 | 605 | 0.3 | 0.6 | 3.6 | 3.8 | 164 |
| Province 7 | 0.2 | 10.0 | 1.9 | 10.9 | 884 | 0.5 | 0.3 | 3.7 | 4.0 | 249 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 0.3 | 11.7 | 2.2 | 12.4 | 4,164 | 0.0 | 0.3 | 0.9 | 1.1 | 378 |
| Primary | 0.2 | 14.7 | 2.7 | 15.7 | 1,924 | 0.0 | 0.2 | 2.0 | 2.1 | 701 |
| Some secondary | 0.5 | 15.1 | 3.6 | 16.9 | 2,227 | 0.1 | 1.4 | 1.4 | 2.4 | 948 |
| SLC and above | 0.6 | 13.7 | 2.9 | 15.6 | 1,892 | 0.2 | 0.5 | 1.9 | 2.5 | 1,070 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 0.4 | 13.2 | 2.2 | 13.8 | 1,760 | 0.2 | 0.6 | 2.1 | 2.6 | 501 |
| Second | 0.3 | 13.9 | 1.9 | 14.6 | 2,024 | 0.0 | 1.2 | 0.6 | 1.8 | 546 |
| Middle | 0.3 | 11.2 | 1.9 | 11.8 | 2,141 | 0.0 | 0.2 | 0.5 | 0.7 | 599 |
| Fourth | 0.5 | 13.5 | 2.5 | 15.1 | 2,181 | 0.0 | 0.6 | 2.4 | 3.1 | 731 |
| Highest | 0.5 | 15.2 | 4.9 | 17.6 | 2,102 | 0.2 | 0.9 | 2.4 | 2.8 | 720 |
| Total | 0.4 | 13.4 | 2.7 | 14.6 | 10,207 | 0.1 | 0.7 | 1.7 | 2.2 | 3,097 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 13.12 Women and men seeking treatment for STIs
Percentage of women and men age 15-49 reporting an STI or symptoms of an STI in the past 12 months who sought advice or treatment, Nepal DHS 2016

| Source of advice or treatment | Women | Men |
| :--- | ---: | :---: |
| Clinic/hospital/private doctor/other <br> health professional | 43.9 | 46.7 |
| Advice or medicine from shop/ <br> pharmacy | 3.1 | 29.5 |
| Advice or treatment from any other <br> source | 2.3 | 3.5 |
| No advice or treatment | 51.7 | 34.9 |
| Number with STI or symptoms of <br> STI | 1,490 | 70 |

## Table 13.13 Comprehensive knowledge about HIV among young people

Percentage of young women and young men age 15-24 with comprehensive knowledge about HIV, according to background characteristics, Nepal DHS 2016

|  | Women |  |  | Men |  |
| :--- | :--- | :--- | :--- | :--- | :---: |
| Background <br> characteristic | Percentage with <br> comprehensive <br> knowledge of HIV ${ }^{1}$ | Number of <br> respondents |  | Percentage with <br> comprehensive <br> knowledge of HIV ${ }^{1}$ |  | | Number of |
| :---: |
| respondents |


| Age |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 15-19 | 18.3 | 2,598 | 24.3 | 931 |
| 15-17 | 16.8 | 1,559 | 23.5 | 543 |
| 18-19 | 20.6 | 1,039 | 25.5 | 388 |
| 20-24 | 23.5 | 2,251 | 31.1 | 649 |
| 20-22 | 21.4 | 1,396 | 28.8 | 401 |
| 23-24 | 27.0 | 855 | 34.7 | 248 |
| Marital status |  |  |  |  |
| Never married | 26.2 | 2,433 | 29.3 | 1,226 |
| Ever had sex | * | 15 | 29.2 | 311 |
| Never had sex | 26.1 | 2,418 | 29.3 | 914 |
| Ever married | 15.2 | 2,416 | 19.6 | 355 |
| Residence |  |  |  |  |
| Urban | 24.7 | 2,991 | 31.0 | 1,053 |
| Rural | 14.3 | 1,858 | 19.4 | 528 |
| Education |  |  |  |  |
| No education | 1.9 | 483 | (6.2) | 45 |
| Primary | 6.9 | 696 | 12.1 | 194 |
| Some secondary | 16.0 | 1,953 | 18.1 | 682 |
| SLC and above | 37.1 | 1,718 | 42.2 | 660 |
| Total | 20.7 | 4,849 | 27.1 | 1,580 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Comprehensive knowledge means knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about transmission or prevention of HIV (that HIV can be transmitted by mosquito bites and by sharing food with a person who has HIV). The components of comprehensive knowledge are presented in Tables 13.2 and 13.3.

Table 13.14 Age at first sexual intercourse among young people
Percentage of young women and young men age 15-24 who had sexual intercourse before age 15 and percentage of young women and young men age 18-24 who had sexual intercourse before age 18, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had sexual intercourse before age 15 | Number of respondents (age 15-24) | Percentage who had sexual intercourse before age 18 | Number of respondents (age 18-24) | Percentage who had sexual intercourse before age 15 | Number of respondents (age 15-24) | Percentage who had sexual intercourse before age 18 | Number of respondents (age 18-24) |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 3.7 | 2,598 | na | na | 3.1 | 931 | na | na |
| 15-17 | 3.0 | 1,559 | na | na | 2.6 | 543 | na | na |
| 18-19 | 4.6 | 1,039 | 36.4 | 1,039 | 3.9 | 388 | 26.0 | 388 |
| 20-24 | 6.7 | 2,251 | 38.4 | 2,251 | 2.7 | 649 | 26.8 | 649 |
| 20-22 | 7.3 | 1,396 | 39.0 | 1,396 | 2.6 | 401 | 25.1 | 401 |
| 23-24 | 5.6 | 855 | 37.4 | 855 | 3.0 | 248 | 29.6 | 248 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 3.9 | 2,991 | 31.6 | 2,049 | 2.7 | 1,053 | 22.7 | 713 |
| Rural | 7.0 | 1,858 | 47.9 | 1,241 | 3.5 | 528 | 34.8 | 325 |
| Education |  |  |  |  |  |  |  |  |
| No education | 14.8 | 483 | 65.7 | 398 | (12.3) | 45 | (60.5) | 38 |
| Primary | 12.5 | 696 | 66.2 | 495 | 2.8 | 194 | 41.3 | 138 |
| Some secondary | 3.8 | 1,953 | 46.1 | 1,053 | 2.9 | 682 | 31.6 | 327 |
| SLC and above | 0.7 | 1,718 | 12.5 | 1,345 | 2.5 | 660 | 17.1 | 535 |
| Total | 5.1 | 4,849 | 37.8 | 3,290 | 3.0 | 1,580 | 26.5 | 1,037 |

Note: Figures in parentheses are based on 25-49 unweighted cases. na $=$ Not applicable

Table 13.15 Premarital sexual intercourse among young people
Among never-married women and men age 15-24, percentage who have never had sexual intercourse, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women age 15-24 |  | Men age 15-24 |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have never had sexual intercourse | Number of nevermarried women | Percentage who have never had sexual intercourse | Number of nevermarried men |
| Age |  |  |  |  |
| 15-19 | 99.6 | 1,885 | 81.4 | 871 |
| 15-17 | 99.7 | 1,316 | 88.9 | 532 |
| 18-19 | 99.3 | 569 | 69.7 | 339 |
| 20-24 | 98.8 | 548 | 57.8 | 354 |
| 20-22 | 98.7 | 404 | 60.0 | 255 |
| 23-24 | 99.1 | 144 | 52.1 | 99 |
| Residence |  |  |  |  |
| Urban | 99.3 | 1,665 | 76.7 | 840 |
| Rural | 99.6 | 768 | 70.0 | 386 |
| Education |  |  |  |  |
| No education | 100.0 | 80 | * | 19 |
| Primary | 100.0 | 203 | 73.0 | 115 |
| Some secondary | 99.2 | 1,031 | 80.4 | 537 |
| SLC and above | 99.4 | 1,119 | 70.4 | 555 |
| Total | 99.4 | 2,433 | 74.6 | 1,226 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 13.16 Multiple sexual partners and higher-risk sexual behavior in the past 12 months among young men
Among all young men age $15-24$, percentage who had sexual intercourse with more than one sexual partner in the past 12 months and percentage who had intercourse in the past 12 months with a person who neither was their wife nor lived with them; among men having more than one partner in the past 12 months, percentage reporting that a condom was used during the most recent intercourse; and among men who had sexual intercourse in the past 12 months with a person who neither was their wife nor lived with them, percentage who used a condom during the most recent sexual intercourse with such a partner, according to background characteristics, Nepal DHS 2016

| Background characteristic | Men age 15-24 |  |  | Men age 15-24 who had 2+ partners in the past 12 months |  | Men age 15-24 who had intercourse in the past 12 months with a person who neither was their wife nor lived with them |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had 2+ partners in the past 12 months | Percentage who had intercourse in the past 12 months with a person who neither was their wife nor lived with them | Number of men | Percentage who reported using a condom at last intercourse | Number of men | Percentage who reported using a condom during last sexual intercourse with such a partner | Number of men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 2.2 | 13.0 | 931 | * | 20 | 67.7 | 121 |
| 15-17 | 1.6 | 7.4 | 543 | * | 8 | (65.4) | 40 |
| 18-19 | 3.0 | 20.8 | 388 | * | 12 | 68.8 | 81 |
| 20-24 | 6.6 | 19.9 | 649 | (60.0) | 43 | 70.0 | 129 |
| 20-22 | 6.7 | 21.3 | 401 | (66.7) | 27 | 75.2 | 85 |
| 23-24 | 6.4 | 17.7 | 248 | * | 16 | (59.9) | 44 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 3.0 | 17.6 | 1,226 | (77.6) | 37 | 71.0 | 216 |
| Ever married | 7.4 | 9.7 | 355 | (40.1) | 26 | (55.4) | 34 |
| Residence |  |  |  |  |  |  |  |
| Urban | 4.2 | 15.9 | 1,053 | (58.2) | 45 | 66.8 | 167 |
| Rural | 3.5 | 15.8 | 528 | * | 19 | 73.1 | 83 |
| Education |  |  |  |  |  |  |  |
| No education | (9.6) | (28.7) | 45 | * | 4 | * | 13 |
| Primary | 4.1 | 12.7 | 194 | * | 8 | * | 24 |
| Some secondary | 3.0 | 13.8 | 682 | (60.0) | 20 | 68.1 | 94 |
| SLC and above | 4.6 | 18.0 | 660 | (76.3) | 31 | 76.4 | 119 |
| Total 15-24 | 4.0 | 15.8 | 1,580 | 62.0 | 63 | 68.9 | 250 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed

## Table 13.17 Recent HIV tests among young people

Among young women and young men age 15-24 who have had sexual intercourse in the past 12 months, the percentage who were tested for HIV in the past 12 months and received the results of the last test, according to background characteristics, Nepal DHS 2016

| Background characteristic | Women age 15-24 who have had sexual intercourse in the past 12 months: |  | Men age 15-24 who have had sexual intercourse in the past 12 months: |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of women | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of men |
| Age |  |  |  |  |
| 15-19 | 6.2 | 638 | 4.4 | 175 |
| 15-17 | 5.8 | 225 | 7.9 | 48 |
| 18-19 | 6.5 | 413 | 3.1 | 127 |
| 20-24 | 8.3 | 1,409 | 11.0 | 392 |
| 20-22 | 8.3 | 819 | 10.8 | 217 |
| 23-24 | 8.4 | 590 | 11.4 | 175 |
| Marital status |  |  |  |  |
| Never married | * | 9 | 7.7 | 216 |
| Ever married | 7.7 | 2,038 | 9.8 | 351 |
| Total | 7.7 | 2,046 | 9.0 | 567 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Key Findings

- Prevalence of hypertension: In Nepal, 17\% of women and $23 \%$ of men age 15 and older had hypertension at the time of the survey. Among household population in the $15-69$ age group, $15 \%$ of women and $22 \%$ of men had hypertension.
- Hypertension is more prevalent in Province 4 ( $24 \%$ among women and $31 \%$ among men age 15 and older) than in other provinces.
- Rates of hypertension are higher among tobacco users ( $16 \%$ of women and $20 \%$ of men) than among those who do not use tobacco ( $10 \%$ of women and $13 \%$ of men).
- Rates of hypertension are about twice the national average among obese women ( $38 \%$ ) and men ( $54 \%$ ) age 15 or older.

Noncommunicable diseases (NCDs) are a significant and growing burden on the health of individuals and populations worldwide. Early detection and management are key tools in the control of NCDs. This chapter presents information on blood pressure screening and blood pressure status. The Nepal Health Sector Strategy 2016-2021 aims to reduce the percentage of people age 15-69 with high blood pressure from the baseline of $26 \%$ to $22 \%$ by 2020 (MOH 2015b).

### 14.1 History of High Blood Pressure

The 2016 NDHS results showed that $80 \%$ of women and $65 \%$ of men age 15 and older have ever had their blood pressure measured (Tables 14.1.1 and 14.1.2). Among those who have had their blood pressure measured, $13 \%$ of women and $18 \%$ of men were told on two or more occasions that they had high blood pressure. Among those who had high blood pressure, one-third of both women (34\%) and men (33\%) are taking prescribed medicines to lower their blood pressure.

## Patterns by background characteristics

- Respondents with no education ( $17 \%$ of women and $22 \%$ of men) are more likely than respondents with an SLC or above ( $7 \%$ of women and $16 \%$ of men) to have been told on two or more occasions that they have high blood pressure.
- The proportion of women who were told that they had high blood pressure increases with increasing wealth, from $9 \%$ among those in the lowest wealth quintile to $22 \%$ among those in the highest quintile. The proportion among men increases as well, from $15 \%$ among those in the lowest wealth quintile to $23 \%$ among those in the highest quintile.
- Only 11\% of men in Province 6 who were told they had high blood pressure are taking prescribed medicine to lower their blood pressure, as compared with the $33 \%$ national average among men age 15 or older.


### 14.2 Blood Pressure status

The 2016 NDHS offered all eligible women and men an opportunity to have their blood pressure measured three times using an automated digital blood pressure monitor. Among eligible respondents women and men age 15 and older, $97 \%$ of women and $95 \%$ of men had their blood pressure measured at the time of the survey (Table 14.2).

Individuals were classified as hypertensive if their systolic blood pressure (SBP) was 140 mmHg or higher and/or if their diastolic blood pressure (DBP) was 90 mmHg or higher. Individuals with systolic blood pressure levels of $120-139 \mathrm{mmHg}$ and/or diastolic blood pressure levels of $80-89 \mathrm{mmHg}$ were classified as pre-hypertensive (NIH 2004). Elevated blood pressure was further classified as stage 1 hypertension (SBP $140-159 \mathrm{mmHg}$ and/or DBP $90-99 \mathrm{mmHg}$ ), stage 2 hypertension (SBP $160-179 \mathrm{mmHg}$ and/or DBP 100109 mmHg ), and stage 3 hypertension ( $\mathrm{SBP} \geq 180 \mathrm{mmHg}$ and/or DBP $\geq 110 \mathrm{mmHg}$ ) according to the cutoff points recommended by WHO (WHO 1999). Individuals were also considered hypertensive if their average blood pressure measurement was less than $140 / 90 \mathrm{mmHg}$ but they were taking antihypertensive medication.

In Nepal, $17 \%$ of women and $23 \%$ of men age 15 and older have hypertension (Tables 14.3.1 and 14.3.2). A substantial proportion of both women ( $24 \%$ ) and men ( $31 \%$ ) are in the pre-hypertensive stage; that is, they do not require medication but should be advised to modify their lifestyle to lower their risk of developing hypertension in the future (NIH 2004). Two percent of both women and men with no elevated blood pressure measurements at the time of the survey are taking medications to control their blood pressure. Among respondents in the $15-69$ age group, $15 \%$ of women and $22 \%$ of men are hypertensive.

## Patterns by background characteristics

- As expected, the prevalence of hypertension increases with age among both women and men; the prevalence increases substantially after age 60 among women and after age 55 among men (Tables 14.3.1 and 14.3.2).
- Age-specific hypertension rates are lower among women than men in all age groups below 60 years and then higher at older ages. Differences in hypertension rates are most evident among women and men in their 30s. The prevalence of hypertension is twice as high among men age 30-34 (21\%) as among women of the same age (10\%) (Figure 14.1).

Figure 14.1 Hypertension prevalence by age Percentage of women and men age 15 and above


- The prevalence of hypertension is highest among women in Province 4 (24\%), followed by women in Province 3 and Province 5 ( $19 \%$ each) (Figure 14.2). A similar pattern is observed among men; $31 \%$ of men in Province 4 are hypertensive, followed by $29 \%$ in Province 3 and $25 \%$ in Province 5.
- The prevalence of hypertension decreases with increasing education among both women ( $24 \%$ among those with no education and $9 \%$ among those with an SLC or above) and men ( $28 \%$ among those with no education and $22 \%$ among those with an SLC or above).
- The prevalence of hypertension is higher among respondents in the highest wealth quintile ( $24 \%$ of women and $32 \%$ of men) than among those in the lowest quintile ( $15 \%$ and $21 \%$, respectively) (Figure 14.3).

Figure 14.2 Hypertension prevalence among women by province
Percentage of women age 15 and above


Figure 14.3 Hypertension by household wealth
Percentage of women and men age 15 and above

Patterns by health status measures

- The rate of hypertension is higher among respondents who use tobacco products ( $16 \%$ of women and $20 \%$ of men) than among those who do not use tobacco ( $10 \%$ of women and $13 \%$ of men) (Tables 14.4.1 and 14.4.2).
- Most women (68\%) and men (69\%) who were aware that they had high blood pressure were hypertensive at the time of the survey. However, $11 \%$ of women and $17 \%$ of men who had never been told by a doctor or a health professional that they had high blood pressure levels had high blood pressure at the time of the survey.
- Rates of hypertension among women and men increase with increasing body mass index (BMI), with larger increments observed among men than women. The rate of hypertension is about three times higher among obese women age 15 or older than among their thin counterparts ( $11 \%$ ); similarly, the rate is four times higher among obese men (54\%) than among thin men (14\%) (Figure 14.4).


Figure 14.4 Hypertension by BMI
Percentage of women and men age 15 and above with hypertension by BMI category

$$
\text { ■Thin } \quad \text { Normal ■ Overweight } ■ \text { Obese }
$$



## List of Tables

For more information on blood pressure status, see the following tables:

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Table 14.1.1 History of high blood pressure and actions taken to lower blood pressure: Women
Percentage of women age 15 and above by whether or not they have ever had their blood pressure measured; among those who had their blood pressure measured, the percentage who were told on two or more different occasions by a doctor or other health professional that they have high blood pressure; and among those who were told they had high blood pressure, the percentage taking a prescribed medicine to lower their blood pressure, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who have ever had blood pressure measured | Number of women | Among those who have had blood pressure measured: |  | Among those who were told that they had high blood pressure: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage told on two or more occasions that they had high blood pressure | Number of women | Percentage who are taking prescribed medicine to lower blood pressure | Number of women |
| Age |  |  |  |  |  |  |
| 15-29 | 73.7 | 3,556 | 3.8 | 2,619 | 5.5 | 100 |
| 15-19 | 49.9 | 1,308 | 1.3 | 653 |  | 8 |
| 20-24 | 85.0 | 1,215 | 4.5 | 1,033 | (6.2) | 46 |
| 25-29 | 90.4 | 1,032 | 4.9 | 933 | (4.7) | 46 |
| 30-44 | 89.5 | 2,478 | 9.8 | 2,217 | 25.1 | 217 |
| 30-34 | 90.7 | 964 | 7.5 | 875 | 19.3 | 66 |
| 35-39 | 89.1 | 837 | 9.9 | 746 | 22.4 | 74 |
| 40-44 | 88.1 | 676 | 13.0 | 596 | 32.6 | 77 |
| 45-69 | 81.8 | 2,250 | 24.5 | 1,841 | 41.3 | 452 |
| 45-49 | 86.1 | 532 | 18.7 | 458 | 32.4 | 86 |
| 50-54 | 80.6 | 558 | 20.1 | 450 | 31.2 | 91 |
| 55-59 | 79.3 | 453 | 25.0 | 360 | 44.3 | 90 |
| 60-64 | 80.0 | 406 | 31.3 | 325 | 48.1 | 102 |
| 65-69 | 82.7 | 301 | 33.7 | 249 | 49.8 | 84 |
| 70+ | 69.3 | 486 | 39.7 | 337 | 47.0 | 134 |
| 15-69 | 80.6 | 8,284 | 11.5 | 6,677 | 32.1 | 768 |
| Residence |  |  |  |  |  |  |
| Urban | 81.1 | 5,400 | 14.1 | 4,380 | 36.6 | 617 |
| Rural | 78.2 | 3,370 | 10.8 | 2,634 | 29.3 | 286 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 65.2 | 559 | 12.0 | 364 | (27.4) | 44 |
| Hill | 80.5 | 3,879 | 13.8 | 3,121 | 31.8 | 432 |
| Terai | 81.4 | 4,332 | 12.1 | 3,528 | 37.5 | 427 |
| Development region |  |  |  |  |  |  |
| Eastern | 84.8 | 2,015 | 14.0 | 1,708 | 33.9 | 238 |
| Central | 80.2 | 3,152 | 13.8 | 2,528 | 37.0 | 350 |
| Western | 85.6 | 1,777 | 14.2 | 1,520 | 35.4 | 215 |
| Mid-western | 68.8 | 1,044 | 7.9 | 718 | 23.1 | 57 |
| Far-western | 69.0 | 782 | 7.7 | 539 | 22.9 | 42 |
| Province |  |  |  |  |  |  |
| Province 1 | 83.9 | 1,507 | 14.5 | 1,265 | 34.6 | 184 |
| Province 2 | 82.7 | 1,752 | 10.8 | 1,448 | 37.6 | 157 |
| Province 3 | 79.8 | 1,908 | 16.3 | 1,523 | 35.5 | 248 |
| Province 4 | 86.3 | 893 | 14.0 | 771 | 38.1 | 108 |
| Province 5 | 79.9 | 1,459 | 12.5 | 1,166 | 30.5 | 146 |
| Province 6 | 64.3 | 468 | 6.2 | 301 | 20.9 | 19 |
| Province 7 | 69.0 | 782 | 7.7 | 539 | 22.9 | 42 |
| Education |  |  |  |  |  |  |
| No education | 80.9 | 4,172 | 17.1 | 3,375 | 37.1 | 578 |
| Primary | 84.9 | 1,195 | 11.5 | 1,014 | 33.0 | 117 |
| Some secondary | 72.3 | 1,711 | 8.4 | 1,236 | 28.5 | 104 |
| SLC and above | 82.1 | 1,687 | 7.4 | 1,385 | 26.0 | 103 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 67.2 | 1,591 | 8.5 | 1,069 | 18.1 | 91 |
| Second | 79.7 | 1,727 | 10.4 | 1,375 | 25.9 | 144 |
| Middle | 83.6 | 1,784 | 11.1 | 1,491 | 20.9 | 166 |
| Fourth | 84.1 | 1,855 | 11.1 | 1,561 | 36.7 | 173 |
| Highest | 83.6 | 1,813 | 21.6 | 1,516 | 48.0 | 328 |
| Total | 80.0 | 8,769 | 12.9 | 7,014 | 34.3 | 902 |

Note: Total includes 5 women whose education status is not known. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 14.1.2 History of high blood pressure and actions taken to lower blood pressure: Men
Percentage of men age 15 and above by whether or not they have ever had their blood pressure measured; among those who had their blood pressure measured, the percentage who were told on two or more different occasions by a doctor or other health professional that they have high blood pressure; and among those who were told they had high blood pressure, the percentage taking a prescribed medicine to lower their blood pressure, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who have ever had blood pressure measured | Number of men | Among those who have had blood pressure measured: |  | Among those who were told that they had high blood pressure: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage told on two or more occasions that they had high blood pressure | Number of men | Percentage who are taking prescribed medicine to lower blood pressure | Number of men |
| Age |  |  |  |  |  |  |
| 15-29 | 52.0 | 2,223 | 6.4 | 1,156 | 11.6 | 74 |
| 15-19 | 33.6 | 996 | 2.8 | 335 | * | 9 |
| 20-24 | 61.4 | 666 | 7.0 | 409 | (10.5) | 28 |
| 25-29 | 73.6 | 560 | 8.8 | 412 | (15.5) | 36 |
| 30-44 | 73.9 | 1,649 | 16.1 | 1,218 | 19.5 | 196 |
| 30-34 | 72.6 | 590 | 12.1 | 428 | 7.7 | 52 |
| 35-39 | 76.3 | 566 | 17.3 | 432 | 23.8 | 75 |
| 40-44 | 72.6 | 493 | 19.4 | 358 | 23.7 | 70 |
| 45-69 | 71.1 | 2,015 | 26.5 | 1,433 | 38.1 | 380 |
| 45-49 | 73.3 | 457 | 19.9 | 335 | 33.8 | 67 |
| 50-54 | 69.3 | 494 | 27.6 | 342 | 26.1 | 95 |
| 55-59 | 71.1 | 411 | 25.8 | 292 | 40.5 | 75 |
| 60-64 | 73.0 | 350 | 30.6 | 256 | 47.8 | 78 |
| 65-69 | 68.8 | 302 | 31.3 | 208 | 45.8 | 65 |
| 70+ | 68.2 | 508 | 29.5 | 346 | 58.6 | 102 |
| 15-69 | 64.7 | 5,886 | 17.1 | 3,807 | 29.5 | 651 |
| Residence |  |  |  |  |  |  |
| Urban | 66.3 | 4,014 | 19.2 | 2,662 | 35.6 | 511 |
| Rural | 62.7 | 2,380 | 16.2 | 1,492 | 28.9 | 242 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 63.4 | 398 | 15.9 | 252 | (18.1) | 40 |
| Hill | 68.0 | 2,825 | 19.4 | 1,920 | 33.4 | 373 |
| Terai | 62.5 | 3,171 | 17.1 | 1,981 | 35.2 | 339 |
| Development region |  |  |  |  |  |  |
| Eastern | 69.5 | 1,455 | 16.0 | 1,010 | 35.6 | 161 |
| Central | 61.3 | 2,471 | 19.7 | 1,515 | 38.9 | 298 |
| Western | 70.5 | 1,270 | 19.4 | 895 | 30.1 | 174 |
| Mid-western | 59.4 | 701 | 18.3 | 416 | 18.0 | 76 |
| Far-western | 63.7 | 497 | 13.8 | 317 | 28.7 | 44 |
| Province |  |  |  |  |  |  |
| Province 1 | 70.8 | 1,114 | 15.2 | 789 | 36.4 | 120 |
| Province 2 | 56.4 | 1,306 | 18.3 | 736 | 36.6 | 135 |
| Province 3 | 66.5 | 1,506 | 20.4 | 1,001 | 39.2 | 205 |
| Province 4 | 76.5 | 633 | 19.9 | 485 | 32.1 | 97 |
| Province 5 | 63.5 | 1,025 | 18.9 | 651 | 25.6 | 123 |
| Province 6 | 56.1 | 313 | 17.3 | 176 | 11.1 | 30 |
| Province 7 | 63.7 | 497 | 13.8 | 317 | 28.7 | 44 |
| Education |  |  |  |  |  |  |
| No education | 60.5 | 1,523 | 21.8 | 922 | 32.2 | 201 |
| Primary | 64.8 | 1,291 | 18.4 | 836 | 33.7 | 154 |
| Some secondary | 60.6 | 1,730 | 17.1 | 1,049 | 26.9 | 179 |
| SLC and above | 73.3 | 1,831 | 16.3 | 1,342 | 39.4 | 218 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 56.7 | 1,107 | 15.3 | 628 | 23.1 | 96 |
| Second | 62.6 | 1,169 | 18.8 | 731 | 24.0 | 138 |
| Middle | 65.2 | 1,219 | 14.7 | 795 | 32.2 | 117 |
| Fourth | 66.2 | 1,425 | 16.9 | 944 | 29.7 | 159 |
| Highest | 71.6 | 1,473 | 23.0 | 1,055 | 46.0 | 242 |
| Total | 65.0 | 6,394 | 18.1 | 4,154 | 33.4 | 753 |

Note: Total includes 19 men whose education status is not known. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 14.2 Coverage of blood pressure measurement among women and men
Percentage of women and men age 15 and above who were measured for blood pressure during the survey, by background characteristics (unweighted), Nepal DHS 2016

| Background characteristic | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage measured for blood pressure | Number of women | Percentage measured for blood pressure | Number of men |
| Age |  |  |  |  |
| 15-29 | 97.1 | 3,622 | 95.4 | 2,195 |
| 15-19 | 96.9 | 1,329 | 95.3 | 1,002 |
| 20-24 | 97.2 | 1,268 | 95.8 | 644 |
| 25-29 | 97.4 | 1,025 | 95.1 | 549 |
| 30-44 | 97.4 | 2,416 | 95.1 | 1,598 |
| 30-34 | 97.3 | 921 | 95.1 | 571 |
| 35-39 | 97.4 | 833 | 95.8 | 524 |
| 40-44 | 97.6 | 662 | 94.4 | 503 |
| 45-69 | 96.0 | 2,268 | 95.7 | 1,999 |
| 45-49 | 97.5 | 555 | 95.2 | 442 |
| 50-54 | 96.8 | 560 | 94.3 | 495 |
| 55-59 | 95.7 | 466 | 98.1 | 420 |
| 60-64 | 95.0 | 400 | 96.3 | 348 |
| 65-69 | 93.7 | 287 | 94.6 | 294 |
| 70+ | 89.6 | 490 | 92.6 | 474 |
| 15-69 | 96.9 | 8,306 | 95.4 | 5,792 |
| Residence |  |  |  |  |
| Urban | 96.1 | 5,591 | 94.2 | 4,030 |
| Rural | 97.3 | 3,205 | 97.0 | 2,236 |
| Ecological zone |  |  |  |  |
| Mountain | 91.8 | 662 | 93.3 | 466 |
| Hill | 97.4 | 4,031 | 95.7 | 2,803 |
| Terai | 96.4 | 4,103 | 95.1 | 2,997 |
| Development region |  |  |  |  |
| Eastern | 98.3 | 1,688 | 96.7 | 1,228 |
| Central | 96.1 | 2,226 | 94.7 | 1,709 |
| Western | 97.8 | 1,922 | 96.6 | 1,370 |
| Mid-western | 94.9 | 1,698 | 93.8 | 1,141 |
| Far-western | 94.8 | 1,262 | 93.6 | 818 |
| Province |  |  |  |  |
| Province 1 | 98.1 | 1,272 | 96.5 | 944 |
| Province 2 | 97.6 | 1,418 | 97.7 | 1,053 |
| Province 3 | 95.4 | 1,224 | 92.1 | 940 |
| Province 4 | 98.3 | 1,151 | 97.6 | 817 |
| Province 5 | 95.9 | 1,339 | 94.0 | 943 |
| Province 6 | 95.1 | 1,130 | 94.7 | 751 |
| Province 7 | 94.8 | 1,262 | 93.6 | 818 |
| Education |  |  |  |  |
| No education | 95.8 | 4,226 | 95.0 | 1,493 |
| Primary | 97.4 | 1,147 | 95.8 | 1,295 |
| Some secondary | 97.1 | 1,784 | 95.7 | 1,755 |
| SLC and above | 96.9 | 1,635 | 94.8 | 1,713 |
| Wealth quintile |  |  |  |  |
| Lowest | 96.0 | 1,958 | 95.6 | 1,319 |
| Second | 96.9 | 1,820 | 96.6 | 1,249 |
| Middle | 97.6 | 1,774 | 96.2 | 1,212 |
| Fourth | 97.6 | 1,747 | 96.1 | 1,298 |
| Highest | 94.1 | 1,497 | 91.3 | 1,188 |
| Total | 96.5 | 8,796 | 95.2 | 6,266 |

Note: Total includes 4 women and 10 men whose education status is not known.

Table 14.3.1 Blood pressure status: Women
Among women age 15 and above, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication to lower blood pressure, by background characteristics, Nepal DHS 2016

| Background characteristic | Prevalence of hypertension ${ }^{1}$ | Normal(optimal)$\begin{gathered} \mathrm{SBP}<120 \\ \mathrm{mmHg} / \mathrm{DBP} \\ <80 \mathrm{mmHg} \end{gathered}$ | Normal <br> (pre-hyper- <br> tensive) <br>  <br> SBP <br> $120-139$ <br> $\mathrm{mmHg} / \mathrm{DBP}$ <br> $80-89$ <br> mmHg | Hypertensive |  |  | Total | Percentage with normal blood pressure and taking medicine | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | $\begin{gathered} \hline \text { Stage 1: } \\ \text { SBP } \\ 140-159 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 90-99 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Stage 2: } \\ \text { SBP } \\ 160-179 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 100-109 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Stage 3: SBP $\geq 180$ $\mathrm{mmHg} / \mathrm{DBP}$ $\geq 110 \mathrm{mmHg}$ |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-29 | 4.1 | 79.6 | 16.5 | 3.5 | 0.2 | 0.2 | 100.0 | 0.2 | 3,436 |
| 15-19 | 2.9 | 83.0 | 14.3 | 2.7 | 0.1 | 0.0 | 100.0 | 0.1 | 1,260 |
| 20-24 | 3.2 | 81.3 | 15.7 | 2.7 | 0.1 | 0.2 | 100.0 | 0.2 | 1,176 |
| 25-29 | 6.7 | 73.2 | 20.3 | 5.4 | 0.6 | 0.6 | 100.0 | 0.2 | 999 |
| 30-44 | 15.6 | 57.6 | 28.1 | 10.3 | 3.4 | 0.5 | 100.0 | 1.3 | 2,408 |
| 30-34 | 9.8 | 65.2 | 25.9 | 6.7 | 1.7 | 0.4 | 100.0 | 1.0 | 933 |
| 35-39 | 16.6 | 56.7 | 27.7 | 12.5 | 2.5 | 0.5 | 100.0 | 1.0 | 813 |
| 40-44 | 22.4 | 47.9 | 31.7 | 12.8 | 6.9 | 0.8 | 100.0 | 2.0 | 662 |
| 45-69 | 32.6 | 40.6 | 31.4 | 17.3 | 8.0 | 2.7 | 100.0 | 4.5 | 2,161 |
| 45-49 | 27.9 | 44.8 | 30.2 | 16.4 | 6.9 | 1.7 | 100.0 | 2.8 | 522 |
| 50-54 | 27.5 | 44.3 | 30.1 | 18.1 | 5.9 | 1.5 | 100.0 | 2.0 | 533 |
| 55-59 | 32.2 | 40.0 | 34.3 | 15.7 | 8.3 | 1.7 | 100.0 | 6.6 | 430 |
| 60-64 | 39.2 | 36.1 | 30.7 | 18.9 | 10.4 | 3.9 | 100.0 | 6.1 | 389 |
| 65-69 | 42.0 | 32.8 | 32.2 | 17.8 | 10.4 | 6.9 | 100.0 | 7.0 | 287 |
| 70+ | 46.0 | 27.8 | 32.1 | 20.7 | 13.7 | 5.7 | 100.0 | 6.0 | 430 |
| 15-69 | 15.2 | 62.4 | 24.0 | 9.3 | 3.3 | 1.0 | 100.0 | 1.7 | 8,005 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 17.2 | 60.8 | 24.3 | 9.6 | 4.1 | 1.2 | 100.0 | 2.2 | 5,153 |
| Rural | 16.2 | 60.5 | 24.6 | 10.2 | 3.4 | 1.3 | 100.0 | 1.3 | 3,282 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Mountain | 16.6 | 61.6 | 23.0 | 9.6 | 4.5 | 1.2 | 100.0 | 1.3 | 526 |
| Hill | 18.5 | 57.5 | 25.9 | 10.5 | 4.5 | 1.6 | 100.0 | 1.9 | 3,729 |
| Terai | 15.3 | 63.4 | 23.3 | 9.3 | 3.1 | 0.9 | 100.0 | 1.9 | 4,180 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 16.9 | 63.1 | 22.1 | 9.5 | 4.0 | 1.3 | 100.0 | 2.0 | 1,981 |
| Central | 16.4 | 61.8 | 24.6 | 9.1 | 3.5 | 1.0 | 100.0 | 2.8 | 2,986 |
| Western | 23.7 | 48.1 | 29.4 | 14.7 | 5.6 | 2.2 | 100.0 | 1.3 | 1,737 |
| Mid-western | 10.7 | 67.9 | 22.1 | 6.9 | 2.6 | 0.5 | 100.0 | 0.7 | 987 |
| Far-western | 10.2 | 69.3 | 21.3 | 6.6 | 2.1 | 0.6 | 100.0 | 0.8 | 744 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 17.7 | 61.5 | 23.2 | 9.2 | 4.5 | 1.6 | 100.0 | 2.3 | 1,479 |
| Province 2 | 13.1 | 66.6 | 22.2 | 7.8 | 2.6 | 0.7 | 100.0 | 2.0 | 1,699 |
| Province 3 | 19.1 | 58.9 | 25.2 | 10.6 | 4.1 | 1.2 | 100.0 | 3.2 | 1,789 |
| Province 4 | 23.8 | 47.9 | 29.9 | 14.0 | 5.5 | 2.7 | 100.0 | 1.6 | 877 |
| Province 5 | 18.8 | 55.9 | 26.2 | 12.1 | 4.6 | 1.2 | 100.0 | 0.8 | 1,406 |
| Province 6 | 10.1 | 68.1 | 22.6 | 6.6 | 2.2 | 0.5 | 100.0 | 0.8 | 440 |
| Province 7 | 10.2 | 69.3 | 21.3 | 6.6 | 2.1 | 0.6 | 100.0 | 0.8 | 744 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 23.6 | 50.0 | 29.1 | 13.0 | 5.8 | 2.1 | 100.0 | 2.6 | 4,009 |
| Primary | 15.0 | 64.2 | 22.5 | 9.2 | 3.3 | 0.7 | 100.0 | 1.8 | 1,158 |
| Some secondary | 9.2 | 71.6 | 20.0 | 6.2 | 1.8 | 0.4 | 100.0 | 0.8 | 1,655 |
| SLC and above | 9.1 | 73.4 | 18.7 | 6.2 | 1.4 | 0.3 | 100.0 | 1.2 | 1,608 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 14.9 | 59.4 | 26.0 | 9.9 | 3.3 | 1.4 | 100.0 | 0.3 | 1,540 |
| Second | 16.9 | 58.8 | 25.3 | 9.9 | 4.7 | 1.3 | 100.0 | 1.0 | 1,678 |
| Middle | 14.2 | 63.0 | 24.0 | 8.8 | 3.3 | 0.9 | 100.0 | 1.2 | 1,743 |
| Fourth | 14.6 | 64.2 | 23.0 | 9.1 | 2.8 | 1.0 | 100.0 | 1.8 | 1,808 |
| Highest | 23.6 | 57.4 | 24.0 | 11.7 | 5.1 | 1.7 | 100.0 | 5.0 | 1,667 |
| Total | 16.8 | 60.7 | 24.4 | 9.9 | 3.8 | 1.2 | 100.0 | 1.9 | 8,435 |

Note: The first value in each column is for systolic blood pressure and the second value is for diastolic blood pressure. Total includes 5 women whose education status is not known.
${ }^{1}$ A woman is classified as having hypertension if she has an average systolic blood pressure level $\geq 140 \mathrm{mmHg}$ and/or an average diastolic blood pressure level $\geq 90 \mathrm{mmHg}$ at the time of the survey, or her average blood pressure is $<140 / 90 \mathrm{mmHg}$ and she is currently taking antihypertensive medication to control her blood pressure. The term hypertension as used in this table is not meant to be a clinical diagnosis of the disease; rather, it is intended to provide an indication of the occurrence of raised blood pressure as a risk factor in the population at the time of the survey.

Table 14.3.2 Blood pressure status: Men
Among men age 15 and above, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication to lower blood pressure, by background characteristics, Nepal DHS 2016

| Background characteristic | Prevalence of hypertension ${ }^{1}$ | Normal (optimal) | Normal (pre-hypertensive) |  | Hypertensive |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} \mathrm{SBP}<120 \\ \mathrm{mmHg} / \mathrm{DBP} \\ <80 \mathrm{mmHg} \end{gathered}$ | $\begin{gathered} \text { SBP } \\ 120-139 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 80-89 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Stage 1: } \\ \text { SBP } \\ 140-159 \\ \text { mmHg/DBP } \\ 90-99 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Stage 2: } \\ \text { SBP } \\ 160-179 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 100-109 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Stage 3: SBP $\geq 180$ $\mathrm{mmHg} / \mathrm{DBP}$ $\geq 110 \mathrm{mmHg}$ | Total | Percentage with normal blood pressure and taking medicine | Number of men |
| Age |  |  |  |  |  |  |  |  |  |
| 15-29 | 7.1 | 66.5 | 27.0 | 5.6 | 0.8 | 0.2 | 100.0 | 0.5 | 2,117 |
| 15-19 | 2.5 | 76.0 | 21.7 | 1.8 | 0.4 | 0.1 | 100.0 | 0.2 | 949 |
| 20-24 | 8.4 | 63.1 | 29.1 | 6.5 | 1.3 | 0.0 | 100.0 | 0.6 | 635 |
| 25-29 | 13.6 | 53.6 | 33.9 | 11.0 | 1.0 | 0.5 | 100.0 | 1.1 | 532 |
| 30-44 | 25.1 | 39.6 | 36.5 | 15.8 | 6.3 | 1.9 | 100.0 | 1.2 | 1,562 |
| 30-34 | 21.1 | 42.3 | 36.7 | 13.9 | 6.5 | 0.6 | 100.0 | 0.0 | 557 |
| 35-39 | 26.1 | 37.7 | 38.1 | 15.9 | 6.5 | 1.7 | 100.0 | 1.9 | 541 |
| 40-44 | 28.7 | 38.5 | 34.4 | 17.8 | 5.6 | 3.6 | 100.0 | 1.6 | 465 |
| 45-69 | 35.3 | 35.6 | 32.6 | 20.0 | 8.2 | 3.5 | 100.0 | 3.6 | 1,915 |
| 45-49 | 34.6 | 34.5 | 33.7 | 21.3 | 7.5 | 3.0 | 100.0 | 2.8 | 427 |
| 50-54 | 29.5 | 37.4 | 36.0 | 14.5 | 8.3 | 3.7 | 100.0 | 2.9 | 462 |
| 55-59 | 36.3 | 34.6 | 32.3 | 22.4 | 8.4 | 2.3 | 100.0 | 3.2 | 404 |
| 60-64 | 39.2 | 36.5 | 30.4 | 21.1 | 8.3 | 3.6 | 100.0 | 6.1 | 337 |
| 65-69 | 39.8 | 34.7 | 28.8 | 22.4 | 8.6 | 5.6 | 100.0 | 3.2 | 284 |
| 70+ | 43.1 | 35.9 | 29.2 | 18.1 | 11.4 | 5.4 | 100.0 | 8.2 | 466 |
| 15-69 | 21.8 | 48.4 | 31.6 | 13.4 | 4.9 | 1.8 | 100.0 | 1.8 | 5,593 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 25.2 | 46.3 | 31.1 | 14.7 | 5.8 | 2.2 | 100.0 | 2.6 | 3,741 |
| Rural | 20.5 | 49.4 | 31.8 | 12.2 | 4.7 | 1.9 | 100.0 | 1.7 | 2,318 |
| Ecological zone 10.0 |  |  |  |  |  |  |  |  |  |
| Mountain | 18.0 | 52.4 | 30.5 | 12.0 | 3.9 | 1.2 | 100.0 | 0.9 | 378 |
| Hill | 28.0 | 41.3 | 33.4 | 16.7 | 6.2 | 2.4 | 100.0 | 2.6 | 2,645 |
| Terai | 20.1 | 52.2 | 29.8 | 11.3 | 4.8 | 1.9 | 100.0 | 2.1 | 3,037 |
| Development region |  |  |  |  |  |  |  |  |  |
| Eastern | 20.3 | 51.3 | 30.7 | 11.1 | 5.7 | 1.4 | 100.0 | 2.3 | 1,406 |
| Central | 24.0 | 49.7 | 29.1 | 14.3 | 4.9 | 2.0 | 100.0 | 2.8 | 2,303 |
| Western | 30.1 | 35.4 | 36.4 | 16.8 | 7.5 | 3.9 | 100.0 | 1.8 | 1,226 |
| Mid-western | 19.3 | 51.6 | 30.2 | 13.1 | 4.0 | 1.0 | 100.0 | 1.2 | 657 |
| Far-western | 18.2 | 50.6 | 33.2 | 11.7 | 3.2 | 1.3 | 100.0 | 2.0 | 468 |
| Province |  |  |  |  |  |  |  |  |  |
| Province 1 | 20.8 | 49.8 | 32.0 | 11.5 | 5.3 | 1.4 | 100.0 | 2.6 | 1,075 |
| Province 2 | 17.6 | 60.0 | 24.5 | 9.8 | 4.1 | 1.6 | 100.0 | 2.0 | 1,276 |
| Province 3 | 28.7 | 41.5 | 32.9 | 17.4 | 6.0 | 2.1 | 100.0 | 3.1 | 1,357 |
| Province 4 | 30.7 | 38.1 | 34.0 | 16.1 | 7.9 | 3.9 | 100.0 | 2.8 | 616 |
| Province 5 | 24.9 | 40.5 | 35.7 | 15.6 | 5.7 | 2.6 | 100.0 | 1.1 | 974 |
| Province 6 | 21.8 | 49.1 | 29.9 | 14.1 | 5.0 | 1.8 | 100.0 | 0.8 | 293 |
| Province 7 | 18.2 | 50.6 | 33.2 | 11.7 | 3.2 | 1.3 | 100.0 | 2.0 | 468 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 27.6 | 44.4 | 30.6 | 15.6 | 5.6 | 3.8 | 100.0 | 2.6 | 1,449 |
| Primary | 26.2 | 44.5 | 31.1 | 15.9 | 6.5 | 1.9 | 100.0 | 1.9 | 1,231 |
| Some secondary | 19.1 | 52.3 | 30.4 | 10.9 | 4.9 | 1.4 | 100.0 | 1.8 | 1,656 |
| SLC and above | 21.9 | 47.6 | 33.1 | 13.3 | 4.6 | 1.3 | 100.0 | 2.6 | 1,717 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 21.4 | 45.8 | 34.0 | 13.1 | 4.6 | 2.6 | 100.0 | 1.1 | 1,062 |
| Second | 23.1 | 47.8 | 30.4 | 13.4 | 6.0 | 2.4 | 100.0 | 1.4 | 1,133 |
| Middle | 19.4 | 53.1 | 29.5 | 10.8 | 4.9 | 1.7 | 100.0 | 2.0 | 1,175 |
| Fourth | 20.9 | 50.1 | 30.8 | 12.3 | 4.9 | 1.9 | 100.0 | 1.7 | 1,375 |
| Highest | 31.5 | 40.7 | 32.5 | 18.6 | 6.3 | 1.9 | 100.0 | 4.7 | 1,315 |
| Total | 23.4 | 47.4 | 31.4 | 13.7 | 5.4 | 2.1 | 100.0 | 2.2 | 6,059 |

Note: The first value in each column is for systolic blood pressure and the second value is for diastolic blood pressure. Total includes 6 men whose education status is not known.
${ }^{1}$ A man is classified as having hypertension if he has an average systolic blood pressure level $\geq 140 \mathrm{mmHg}$ and/or an average diastolic pressure level $\geq 90 \mathrm{mmHg}$ at the time of the survey, or his average blood pressure is $<140 / 90 \mathrm{mmHg}$ and he is currently taking antihypertensive medication to control his blood pressure. The term hypertension as used in this table is not meant to be a clinical diagnosis of the disease; rather, it is intended to provide an indication of the occurrence of raised blood pressure as a risk factor in the population at the time of the survey.

Table 14.4.1 Blood pressure status by health status measures: Women
Among women age 15 and above, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication to lower blood pressure, by health status measures, Nepal DHS 2016

| Health status measures | Prevalence of hypertension ${ }^{1}$ | Normal (optimal) | Normal (pre-hypertensive) | Hypertensive |  |  |  | Percentage with normal blood pressure and taking medicine | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} \mathrm{SBP}<120 \\ \mathrm{mmHg} / \mathrm{DBP} \\ <80 \mathrm{mmHg} \end{gathered}$ | $\begin{gathered} \text { SBP } \\ 120-139 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 80-89 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Stage 1: } \\ \text { SBP } \\ 140-159 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 90-99 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Stage 2: } \\ \text { SBP } \\ 160-179 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 100-109 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Stage 3: } \\ \text { SBP } \geq 180 \\ m m H g / D B P \\ \geq 110 \mathrm{mmHg} \end{gathered}$ | Total |  |  |
| Use of tobacco products ${ }^{2}$ |  |  |  |  |  |  |  |  |  |
| Uses tobacco products | 15.8 | 60.3 | 24.5 | 10.2 | 3.7 | 1.3 | 100.0 | 0.6 | 565 |
| Does not use tobacco products | 9.9 | 69.3 | 21.6 | 6.9 | 1.8 | 0.4 | 100.0 | 0.8 | 5,779 |
| Total 15-49 | 10.4 | 68.5 | 21.8 | 7.2 | 2.0 | 0.5 | 100.0 | 0.8 | 6,344 |
| History of hypertension Told had high blood pressure by a doctor or health professional |  |  |  |  |  |  |  |  |  |
|  | 67.9 | 22.9 | 26.0 | 26.1 | 18.5 | 6.5 | 100.0 | 16.8 | 902 |
| Never told had high blood pressure | 10.7 | 65.2 | 24.2 | 7.9 | 2.1 | 0.6 | 100.0 | 0.1 | 7,533 |
| Nutritional status: body mass index (BMI) ${ }^{3}$ |  |  |  |  |  |  |  |  |  |
| Thin (BMI <18.5) | 10.6 | 71.3 | 18.8 | 6.3 | 2.6 | 1.1 | 100.0 | 0.8 | 1,577 |
| Normal (BMI 18.5-24.9) | 13.4 | 64.5 | 23.5 | 8.2 | 2.8 | 1.0 | 100.0 | 1.5 | 4,988 |
| Overweight (BMI 25.0-29.9) | 28.3 | 43.4 | 31.5 | 16.5 | 7.1 | 1.5 | 100.0 | 3.2 | 1,420 |
| Obese ( $\mathrm{BMI} \geq 30.0$ ) | 38.3 | 35.2 | 32.7 | 20.3 | 8.7 | 3.2 | 100.0 | 6.1 | 415 |
| Not weighed and measured | (51.6) | (27.6) | (26.2) | (16.8) | (18.9) | (10.4) | 100.0 | (5.4) | 35 |
| Total | 16.8 | 60.7 | 24.4 | 9.9 | 3.8 | 1.2 | 100.0 | 1.9 | 8,435 |

Note: The first value in each column is for systolic blood pressure and the second value is for diastolic blood pressure. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ A woman is classified as having hypertension if she has an average systolic blood pressure level $\geq 140 \mathrm{mmHg}$ and/or an average diastolic blood pressure level $\geq 90 \mathrm{mmHg}$ at the time of the survey, or her average blood pressure is $<140 / 90 \mathrm{mmHg}$ and she is currently taking antihypertensive medication to contro her blood pressure. The term hypertension as used in this table is not meant to be a clinical diagnosis of the disease; rather, it is intended to provide an indication of the occurrence of raised blood pressure as a risk factor in the population at the time of the survey.
${ }^{2}$ Includes only women age 15-49 who were successfully interviewed
${ }^{3}$ The body mass index ( BMI ) is expressed as the ratio of weight in kilograms to the square of height in meters $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$.

Table 14.4.2 Blood pressure status by health status measures: Men
Among men age 15 and above, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication to lower blood pressure, by health status measures, Nepal DHS 2016

| Health status measures | Prevalence of hypertension ${ }^{1}$ | Normal (optimal) | Normal (pre-hypertensive) | Hypertensive |  |  |  | Percentage with normal blood pressure and taking medicine | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{gathered} \mathrm{SBP}<120 \\ \mathrm{mmHg} / \mathrm{DBP} \\ <80 \mathrm{mmHg} \end{gathered}$ | $\begin{gathered} \text { SBP 120- } \\ 139 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 80-89 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Stage 1: } \\ \text { SBP } \\ 140-159 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 90-99 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Stage 2: } \\ \text { SBP } \\ 160-179 \\ \mathrm{mmHg} / \mathrm{DBP} \\ 100-109 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Stage 3: SBP $\geq 180$ $\mathrm{mmHg} / \mathrm{DBP}$ $\geq 110 \mathrm{mmHg}$ | Total |  |  |
| Use of tobacco products ${ }^{2}$ |  |  |  |  |  |  |  |  |  |
| Uses tobacco products | 19.9 | 49.7 | 31.1 | 13.0 | 4.7 | 1.6 | 100.0 | 0.7 | 2,158 |
| Does not use tobacco products | 13.3 | 56.4 | 31.6 | 9.0 | 2.4 | 0.6 | 100.0 | 1.3 | 1,928 |
| Total 15-49 | 16.8 | 52.8 | 31.3 | 11.1 | 3.6 | 1.1 | 100.0 | 1.0 | 4,086 |
| History of hypertension Told had high blood pressure by a doctor or health professional |  |  |  |  |  |  |  |  |  |
|  | 69.4 | 17.0 | 31.1 | 26.1 | 16.1 | 9.7 | 100.0 | 17.5 | 753 |
| Never told had high blood pressure | 16.9 | 51.8 | 31.4 | 12.0 | 3.8 | 1.0 | 100.0 | 0.1 | 5,307 |
| Nutritional status: body mass index (BMI) ${ }^{3}$ |  |  |  |  |  |  |  |  |  |
| Thin (BMI <18.5) | 13.6 | 66.0 | 21.5 | 7.9 | 3.2 | 1.4 | 100.0 | 1.1 | 1,079 |
| Normal (BMI 18.5-24.9) | 20.5 | 49.3 | 32.1 | 12.6 | 4.0 | 2.0 | 100.0 | 1.9 | 3,939 |
| Overweight (BMI 25.0-29.9) | 42.8 | 21.9 | 39.4 | 23.0 | 12.7 | 3.0 | 100.0 | 4.1 | 869 |
| Obese ( $\mathrm{BMI} \geq 30.0$ ) | 54.4 | 14.8 | 37.6 | 30.2 | 12.9 | 4.6 | 100.0 | 6.7 | 130 |
| Not weighed and measured | (48.2) | (30.5) | (31.2) | (24.2) | (10.7) | (3.4) | 100.0 | (9.9) | 41 |
| Total | 23.4 | 47.4 | 31.4 | 13.7 | 5.4 | 2.1 | 100.0 | 2.2 | 6,059 |

Note: The first value in each column is for systolic blood pressure and the second value is for diastolic blood pressure. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ A man is classified as having hypertension if he has an average systolic blood pressure level $\geq 140 \mathrm{mmHg}$ and/or an average diastolic blood pressure leve $\geq 90 \mathrm{mmHg}$ at the time of the survey, or his average blood pressure is $<140 / 90 \mathrm{mmHg}$ and he is currently taking antihypertensive medication to control his blood pressure. The term hypertension as used in this table is not meant to be a clinical diagnosis of the disease; rather, it is intended to provide an indication of the occurrence of raised blood pressure as a risk factor in the population at the time of the survey.
${ }^{2}$ Includes only men age 15-49 who were successfully interviewed.
${ }^{3}$ The Body Mass Index (BMI) is expressed as the ratio of weight in kilograms to the square of height in meters $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$.

- Employment and control over earnings: Almost all currently married men and more than two-thirds of currently married women were employed in the 12 months preceding the survey. About half of currently married women (52\%) with cash earnings decide independently on how their earnings are used.
- Ownership of property: More men than women own a house or land. Cumulatively, $8 \%$ of women and $19 \%$ of men own a house, while $11 \%$ of women and $21 \%$ of men own land.
- Participation in decision making: More than half of currently married women participate, either by themselves or jointly with their husband, in decisions regarding their own health care, making major household purchases, and visits to their family or relatives. Thirtyeight percent participate in all three decisions, while 28\% do not participate in any of the decisions.
- Attitudes towards wife beating: Twenty-nine percent of women and $23 \%$ of men believe that a husband is justified in beating his wife in at least one of five specified situations.
- Empowerment and health outcomes: Use of any contraceptive method is higher among women who participate in one or more decisions. In most cases, women's participation in decision making is positively associated with reproductive health seeking behavior related to antenatal care, delivery from a skilled provider, and postnatal checkups.

TThis chapter explores women's empowerment in terms of employment, earnings, control over earnings, and magnitude of earnings relative to those of their partners. In addition, responses to specific questions are used to define two different indicators of women's empowerment: their participation in household decision making and their attitudes towards wife beating.

### 15.1 Married Women's and Men’s Employment

## Employment

Respondents are considered to be employed if they have done any work other than their housework in the 12 months before the survey.
Sample: Currently married women and men age 15-49

## Earning cash for employment

Respondents are asked if they are paid for their labor in cash or in-kind. Only those who receive payment in cash only or in cash and in-kind are considered to earn cash for their employment.
Sample: Currently married women and men age 15-49 employed in the 12 months before the survey

A larger percentage of currently married men (97\%) than currently married women (68\%) were employed in the past 12 months. Among employed respondents, women are almost three times more likely than men not to be paid ( $52 \%$ versus $16 \%$ ) (Table 15.1).

Trends: The proportion of women who were employed decreased from $83 \%$ in 2006 and $77 \%$ in 2011 to $68 \%$ in 2016 . However, the proportion of women paid in cash only has increased over the past decade, from $14 \%$ in 2006 and $24 \%$ in 2011 to $36 \%$ in 2016. Men's earnings have not changed noticeably during this period.

## Patterns by background characteristics

- Employment among men is consistent across all ages. Among women, the percentage employed increases with age until age 40-44 (Figure 15.1).
- Younger women age 15-24 (60-73\%) and

Figure 15.1 Employment by age
Percentage of currently married women and men who were employed at any time in the12 months before the survey
 women age 45-49 (56\%) are more often not paid than women in other age groups.

### 15.2 Control over Women's Earnings

## Control over one's own cash earnings

Respondents are considered to have control over their own earnings if they participate in decisions alone or jointly with their husband about how their own earnings will be used.
Sample: Currently married women age 15-49 who received cash earnings for employment during the 12 months before the survey

Fifty-two percent of women decide independently how their earnings are used, while $35 \%$ decide jointly with their husbands. Only $11 \%$ of women report that their husband mainly decides on the use of their earnings (Figure 15.2).

Around three-fourths (73\%) of women earn less than their husband, and $14 \%$ earn about the same as their husband; only 8\% earn more than their husband (Table 15.2.1).

Trends: The proportion of women who decide independently how to spend their own cash earnings increased from 31\% in 2006 to $53 \%$ in 2011 and has remained constants since ( $52 \%$ ). The percentage of women reporting that their husband has sole control over their cash earnings fell from $10 \%$ in 2006 to $5 \%$ in 2011 before increasing to $11 \%$ in 2016 .

## Patterns by background characteristics

- Women age 15-19 (38\%), those with five or more living children (42\%), those in the mountain zone ( $42 \%$ ), and those with no education ( $45 \%$ ) are least likely to have independent control over their own earnings.


### 15.2.1 Control over Men's Earnings

Approximately 4 in 10 married men decide independently (39\%) or jointly with their wives (40\%) on the use of their own earnings (Table 15.2.2). Men's and women's reports differ with respect to control over men's cash earnings, with fewer women than men claiming that the husband controls his earnings $(29 \%$ versus 39\%).

## Patterns by background characteristics

- Larger family sizes are associated with husbands having greater control over their own earnings. For example, $59 \%$ of men and $38 \%$ of women with more than five children report that the husband decides independently how his earnings will be used, as compared with $28 \%$ of men and $32 \%$ of women with no children.
- By ecological zone, men ( $48 \%$ ) and women ( $39 \%$ ) in the mountain zone are most likely to report that husbands have independent control over their earnings.
- Less than 1 in 10 men in Province 2 (2\%), Province 5 (6\%), and Province 7 (8\%) report that women decide solely how their husband's earnings are used.
- The likelihood of men making decisions independently regarding the use of their earnings decreases with increasing education, from $46 \%$ among those with no education to $36 \%$ among those with an SLC or above.
- In general, the likelihood of husbands and wives making joint decisions about men's earnings increases with increasing wealth.


### 15.3 Women's Control over Their Own Earnings and over Those of Their Husbands

Women's decisions regarding the use of their own and their husband's earnings vary by the amount they earn relative to their husband. Women who earn about the same as their husband are most likely to jointly
decide about the use of their own earnings ( $52 \%$ ) and their husband's earnings ( $63 \%$ ). Women who earn more than their husband are more likely than other women to be the main decision maker about the use of their own earnings (57\%) and their husband's earnings (26\%) (Table 15.3).

Forty percent of women who worked but had no cash earnings and $42 \%$ of women who did not work decide jointly with their husband about the use of his earnings.

### 15.4 Women's and Men's Ownership of Assets

## Ownership of a house or land

Respondents who own a house or land, whether alone or jointly with someone else.

Sample: Women and men age 15-49

A higher proportion of men than women own a house or land. Nineteen percent of men own a house and $21 \%$ own land alone or jointly, as compared with $8 \%$ and $11 \%$ of women, respectively (Figure 15.3).

## Patterns by background characteristics

- Ownership of property increases with age, with older women and men more likely to own a house or land alone or jointly. For example, 19\% of women and $53 \%$ of men age 45-49 own a house, compared with less than $1 \%$ of women and 1\% of men age 15-19 (Tables 15.4.1 and 15.4.2).
- Men's ownership of a house declines with increasing education, from $36 \%$ among those with no education to $15 \%$ among those with an SLC or higher. Similarly, ownership of land declines as education increases, from $30 \%$ among men with no education to $19 \%$ among men an SLC or above.
- The proportion of women who own land increases with increasing wealth, from $5 \%$ among those in the lowest quintile to $18 \%$ among those in the highest quintile. However, a reverse pattern is observed among men; $21 \%$ of those in the highest wealth quintile own land, as compared with $25 \%$ of those in the lowest quintile.
- Ownership of a house or land varies with residence. Urban women are more likely than rural women to own a house ( $9 \%$ versus $6 \%$ ) and land ( $13 \%$ versus $9 \%$ ). The reverse pattern is observed among men.


### 15.5 Ownership of Title or Deed for House and Land

## Ownership of title or deed

Respondents who own a house or land, whether they have a title or deed for the house or land they own alone or jointly with someone else.
Sample: Women and men age 15-49

Among men and women who own a house and land, approximately 4 in 5 have ownership of a title or deed. Eighty-seven percent of women and $81 \%$ of men have a title or deed for a house, and $92 \%$ of women and $93 \%$ of men have a title or deed for land (Table 15.5.1, Table 15.5.2, Table 15.6.1, and Table 15.6.2).

## Patterns by background characteristics

- Among both women and men, age is a contributing factor towards having ownership of a title or deed for a house or land. For example, at least 9 in 10 women and men age $45-49$ have a title or deed for a house or land.
- Interestingly, women with no education (96\%) and those in the lowest wealth quintile (95\%) are more likely to have a title or deed for land than women with an SLC or above ( $89 \%$ ) and those in the highest wealth quintile (89\%). Among men, those with no education (76\%) are least likely to have a title or deed for a house.


### 15.6 Knowledge About the Household Property

Almost 8 in 10 women (79\%) know how much property or land their household owns, and nearly 9 in 10 ( $89 \%$ ) know under whose name the property is registered (Table 15.7).

## Patterns by background characteristics

- The proportion of women with knowledge about the household property increases with age, from $63 \%$ among those age 15-19 to $89 \%$ among those age 40-49.
- The proportion of women with knowledge about the household property is lowest in the hill zone (72\%) and in Province 3 (69\%).
- Eighty-seven percent of women with no education are aware about how much property their household owns, as compared with $72 \%$ of women with an SLC or above.


### 15.7 Ownership and Use of Bank Accounts and Mobile Phones

## Ownership of bank accounts and mobile phones

Respondents who use an account in a bank or other financial institution and own a mobile phone.
Sample: Women and men age 15-49

The proportion of men and women who use a bank account is similar ( $40 \%$ and $41 \%$, respectively) (Table 15.8.1 and 15.8.2). In Nepal, the majority of women and men own a mobile phone ( $73 \%$ and $89 \%$, respectively). However, a very small proportion use their mobile phone for financial transactions ( $9 \%$ of women and $8 \%$ of men).

## Patterns by background characteristics

- The proportion of women who use a bank account is highest among those age 35-39 (57\%) and lowest among those age 15-19 (11\%). Among men, use of a bank account is highest among those age 40-44 (60\%) and lowest among those age 15-19 (8\%).
- Women residing in urban areas ( $46 \%$ ), the hill zone ( $46 \%$ ), and Province $4(53 \%)$ are more likely than women in rural areas ( $32 \%$ ) and other zones and provinces to use a bank account.
- Among men, education and household wealth are associated with use of a bank account. For example, use of bank accounts is highest among men with an SLC or above (56\%) and lowest among men with no education ( $28 \%$ ). Similarly, bank account use is highest among men in the highest wealth quintile ( $65 \%$ ) and lowest among those in the lowest quintile (17\%).
- Ownership of a mobile phone is lowest among women and men in the oldest and youngest age groups. Both women and men age 20-24 are most likely to own a mobile phone ( $85 \%$ and $96 \%$, respectively).
- Among women, those age 15-19 (14\%); those living in urban areas (10\%), the hill zone (11\%), the central region (11\%), and Province 3 (13\%); those with an SLC or above (17\%); and those in the
highest wealth quintile (12\%) are most likely to use a mobile phone for financial transactions. The pattern is similar among men with the exception that use of mobile phones for financial transactions is highest among those age 25-29 (13\%).


### 15.8 Women’s Participation in Decision Making

Participation in major household decisions
Women are considered to participate in household decisions if they make decisions alone or jointly with their husband in all three of the following areas:
(1) their own health care, (2) major household purchases, and (3) visits to their family or relatives.
Sample: Currently married women age 15-49

Thirty-five percent of women indicated that they make decisions regarding their own health care jointly with their husband, $29 \%$ reported that such decisions are made mainly by their husbands, and $23 \%$ indicated that they mainly make these decisions on their own. Men have more of a say than women in making sole decisions about their own health care (53\%) (Table 15.9). Women are most likely to make independent decisions on major household purchases (35\%). Approximately one-fourth of women (27\%) indicated that they can decide on their own regarding visits to their family or relatives.

Figure 15.4 Women's participation in decision making


Among currently married women, more than half decide by themselves or jointly with their husband on their own health care (58\%), making major household purchases (53\%), and visiting family or relatives (56\%). While $38 \%$ participate in all three decisions, $28 \%$ participate in none of the decisions (Table 15.10.1 and Figure 15.4).

Men are more likely than women to decide on their children's education either by themselves or jointly with their spouse ( $75 \%$ versus $62 \%$ ) (Table $\mathbf{1 5 . 1 0 . 1}$ and Table 15.10.2). Approximately three-fourths of women ( $76 \%$ ) indicated that they can decide either by themselves or jointly with their husband about the use of their inherited asset (pewa).

## Patterns by background characteristics

- Women's involvement in all three decisions increases with age, from 9\% among women age 15-19 to a peak of $50 \%$ among those age $35-39$. There is a slight decline in participation in all three decisions after age 40.
- Women employed for cash (48\%) and those residing in urban areas (41\%) are most likely to make all three decisions either alone or jointly with their husbands.
- Women in Province 6 are least likely to take part in decision making (20\%).
- Interestingly, men who are employed but not earning cash are most likely to decide themselves or jointly on major household purchases ( $62 \%$ ) and the education of their children ( $76 \%$ ).


### 15.9 Attitudes towards Wife Beating

## Attitudes toward wife beating

Respondents are asked if they agree that a husband is justified in hitting or beating his wife under each of the following five circumstances: she burns the food, she argues with him, she goes out without telling him, she neglects the children, and she refuses to have sex with him. If respondents answer "yes" in at least one circumstance, they are considered to have attitudes justifying wife beating.
Sample: Women and men age 15-49

More than one fourth (29\%) of women agree that wife beating is justified under specific circumstances. It is, however, interesting that fewer men (23\%) agreed (Tables 15.11.1 and 15.11.2). Among the five circumstances presented to respondents, the wife neglecting the children was reported as the most common circumstance justifying wife beating ( $24 \%$ of women, $19 \%$ of men), followed by the wife going out without telling her husband ( $12 \%$ of women, $9 \%$ of men)

Figure 15.5 Attitudes toward wife beating

Percentage of women and men age 15-49 who agree that a husband is justified in beating his wife for specific reasons<br>- Women ■Men


(Figure 15.5). The wife bringing less dowry or no dowry was the least-justified reason among both women and men, at $1 \%$ nationally and less than $1 \%$ in all provinces except Province 2 (2\%).

Trends: The proportion of women who consider wife beating justifiable under specific circumstances increased from $23 \%$ in 2006 to $29 \%$ in 2016 . The proportion among men increased marginally, from $21 \%$ to $23 \%$.

## Patterns by background characteristics

- Women living in the mountain zone (33\%), the Far-western region (34\%), and Province 2 (33\%) and Province 7 (34\%) are most likely to have attitudes justifying wife beating under any one specific circumstance.
- Women with an SLC or above and those in the highest wealth quintile are least likely to agree that wife beating is justifiable under any circumstance. Attitudes justifying wife beating are most common among women with a primary education (33\%) and those in the middle wealth quintile (34\%).
- A similar pattern is observed among male respondents. However, the proportion of men justifying wife beating under any one of the circumstances decreases with increasing wealth, from $35 \%$ among those in the lowest quintile to $14 \%$ among those in the highest quintile.


### 15.10 Attitude towards Negotiating Safer Sexual Relations with Husband

To assess attitudes toward negotiating safer sexual relations with husbands, women and men were asked whether they thought that a wife is justified in refusing to have sexual intercourse with her husband if she knows he has sex with other women and in asking that he use a condom if she knows he has a sexually transmitted infection (STI).

The findings show that an overwhelmingly large proportion of women justified refusing sexual intercourse under the two situations: $92 \%$ if the husband has an STI and $83 \%$ if the wife knows her husband has sex with other women. The corresponding proportions among male respondents were $96 \%$ and $75 \%$ (Table 15.12).

## Patterns by background characteristics

- While $97 \%$ of men in Province 2 think that it is justified for a woman to refuse sex if her husband has an STI, only $77 \%$ of women agree. No such variation is observed in any other province.
- Similarly, the proportion of women justifying refusal of sex if the wife knows that her husband has sex with other women is lower ( $69 \%$ ) in Province 2 than in other provinces ( $80 \%$ and above).


### 15.11 Ability to Negotiate Sexual Relations with Husband

## Ability to negotiate sexual relations with husband

Percentage of respondents who can say no to their husband if they do not want to have sexual intercourse, and percentage who can ask their husband to use a condom.
Sample: Women age 15-49

To assess the ability of a woman to negotiate sexual relations, currently married women were asked whether they can say no to their husband if they do not want to have sexual intercourse and whether they can ask their husband to use a condom. A large proportion of women said they can deny sex ( $90 \%$ ) or ask their husband to use a condom (80\%) (Table 15.13).

## Patterns by background characteristics

- Women's ability to negotiate sexual relations tends to increase with increasing education.
- The proportions of women reporting that they can deny sex and ask their husband to use a condom are lower in Province 2 ( $80 \%$ and $62 \%$, respectively) than in other provinces.
- Women in the highest wealth quintile are most likely to report that they can deny sex and ask their husband to use a condom. However, the pattern across wealth quintiles is not consistent.


### 15.12 Women's Empowerment Indicators

## Women's empowerment indicators

Two sets of empowerment indicators, women's participation in making household decisions and women's attitudes towards wife beating, can be summarized with two indices. The first index shows the number of decisions in which women participate either alone or jointly with their husband. This index ranges from 0 to 3 and reflects the degree of decision-making control that women are able to exercise in areas that affect their lives and the level of women's empowerment in a society. The second index, which ranges from 0 to 5 , is the number of reasons for which a woman thinks that a husband is justified in beating his wife. A lower score on this indicator reflects a higher status of women in the household and society.
Sample: Women age 15-49

The data indicate that there is no relationship between women's disagreement with all of the reasons justifying wife beating and women's participation in decision making (Table 15.14). However, among women who participate in all decisions, the proportion who do not justify any of the reasons for wife beating is much larger ( $38 \%$ ) than the proportion who justify wife beating under all five circumstances (24\%).

### 15.13 Current Use of Contraception by Women’s Empowerment

A woman's ability to control her fertility and use a method of contraception is likely to be affected by her sense of empowerment and her own belief in her ability to control her sexual life and fertility. Use of any contraceptive method and any modern method of contraception is higher among women who participate in one or more decisions. For example, the percentage of women using any method increases from $43 \%$ among those who do not participate in any decisions to $54 \%$ to $59 \%$ among those who participate in one or two decisions. Women who participate in all three decisions are more likely to be sterilized (18\%) than women who do not participate in decision making (10\%) (Table 15.15).

Use of female sterilization is highest (28\%) among women who justify wife beating in all five circumstances and lowest ( $14 \%$ ) among those who justify none of the circumstances. It is noteworthy that female sterilization is more often used by women having no education (see Chapter 7, Table 7.3).

### 15.14 Ideal Number of Children and Unmet Need for Family Planning by Women's Empowerment

There are only marginal variations in ideal number of children according to the two indices of women's empowerment (Table 15.16). The ideal number of children is higher ( 2.3 children) among women who do not participate in any decisions than among women who participate in all three decisions ( 2.1 children), while the ideal number is lower among women who do not justify wife beating under any circumstance ( 2.1 children) than among those who justify wife beating in all five circumstances ( 2.5 children).

Women's unmet need for family planning varies with the two empowerment indicators. Total unmet need is lowest among women who participate in one or two decisions. The decision-making index is negatively related to unmet need for spacing and positively related to unmet need for limiting. However, in the case of the wife beating justification index, there is no consistent pattern in unmet need for either spacing or limiting (Table 15.16).

### 15.15 Reproductive Health Care by Women’s Empowerment

In general, women's empowerment is positively associated with reproductive health seeking behavior. Among women who participate in at least one decision, $85 \%$ received antenatal care, $63 \%$ received delivery care from a skilled provider, and $57 \%$ received postnatal checkups within the first 2 days after birth (Table 15.17).

A similar pattern is observed with respect to justification of wife beating. Among women who do not justify wife beating in any circumstance, more than four-fifths (83\%) received antenatal care from a skilled provider, $61 \%$ received delivery care from a skilled provider, and $55 \%$ received postnatal checkups in the first 2 days after birth.

### 15.16 Early Childhood Mortality and Women’s Empowerment

There is a negative relationship between all three indicators of childhood mortality (infant, child, and under-5 mortality) and women's participation in decision making. All three mortality rates decline as women's participation in decision making increases. Infant mortality declines from 47 per 1,000 live births among women who do not participate in any decisions to 34 per 1,000 live births among women who participate in all three decisions, and the same trend is observed for child and under-5 mortality rates. However, there are no such trends in relation to justification of wife beating (Table 15.18).

For more information on women's empowerment and demographic and health outcomes, see the following tables:

- Table 15.1 Employment and cash earnings of currently married women and men
- Table 15.2.1 Control over women's cash earnings and relative magnitude of women's cash earnings
- Table 15.2.2 Control over men's cash earnings
- Table 15.3 Women's control over their own earnings and over those of their husbands
- Table 15.4.1 Ownership of assets: Women
- Table 15.4.2 Ownership of assets: Men
- Table 15.5.1 Ownership of title or deed for house: Women
- Table 15.5.2 Ownership of title or deed for house: Men
- Table 15.6.1 Ownership of title or deed for land: Women
- Table 15.6.2 Ownership of title or deed for land: Men
- Table 15.7 Knowledge about the household property
- Table 15.8.1 Ownership and use of bank accounts and mobile phones: Women
- Table 15.8.2 Ownership and use of bank accounts and mobile phones: Men
- Table 15.9 Participation in decision making
- Table 15.10.1 Women's participation in decision making by background characteristics
- Table 15.10.2 Men's participation in decision making by background characteristics
- Table 15.11.1 Attitude toward wife beating: Women
- Table 15.11.2 Attitude toward wife beating: Men
- Table 15.12 Attitudes toward negotiating safer sexual relations with husband
- Table $\mathbf{1 5 . 1 3}$ Ability to negotiate sexual relations with husband
- Table 15.14 Indicators of women's empowerment
- Table 15.15 Current use of contraception by women's empowerment
- Table $\mathbf{1 5 . 1 6}$ Ideal number of children and unmet need for family planning by women's empowerment
- Table $\mathbf{1 5 . 1 7}$ Reproductive health care by women's empowerment
- Table $\mathbf{1 5 . 1 8}$ Early childhood mortality rates by women's status

Table 15.1 Employment and cash earnings of currently married women and men
Percentage of currently married women and men age 15-49 who were employed at any time in the past 12 months and the percent distribution of currently married women and men employed in the past 12 months by type of earnings, according to age, Nepal DHS 2016

| Age | Among currently married respondents: |  | Percent distribution of currently married respondents employed in the past 12 months, by type of earnings |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage employed in past 12 months | Number of respondents | Cash only | Cash and in-kind | In-kind only | Not paid |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 49.1 | 704 | 22.1 | 3.3 | 1.8 | 72.7 | 100.0 | 346 |
| 20-24 | 59.4 | 1,684 | 32.0 | 4.3 | 3.6 | 60.0 | 100.0 | 1,001 |
| 25-29 | 65.5 | 1,957 | 42.0 | 7.6 | 3.5 | 46.8 | 100.0 | 1,281 |
| 30-34 | 73.4 | 1,726 | 39.4 | 7.9 | 4.0 | 48.7 | 100.0 | 1,266 |
| 35-39 | 74.1 | 1,510 | 37.8 | 10.3 | 4.8 | 47.1 | 100.0 | 1,120 |
| 40-44 | 75.5 | 1,283 | 35.2 | 12.5 | 4.4 | 48.0 | 100.0 | 969 |
| 45-49 | 74.2 | 1,011 | 28.9 | 11.2 | 3.8 | 56.1 | 100.0 | 750 |
| Total | 68.2 | 9,875 | 35.9 | 8.5 | 3.9 | 51.7 | 100.0 | 6,733 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 93.6 | 60 | 66.1 | 1.3 | 5.1 | 27.5 | 100.0 | 56 |
| 20-24 | 97.6 | 284 | 81.0 | 1.7 | 1.0 | 16.2 | 100.0 | 277 |
| 25-29 | 97.4 | 423 | 79.9 | 5.9 | 1.4 | 12.7 | 100.0 | 412 |
| 30-34 | 97.8 | 513 | 80.3 | 3.3 | 1.0 | 15.5 | 100.0 | 502 |
| 35-39 | 97.7 | 528 | 78.8 | 5.5 | 1.1 | 14.6 | 100.0 | 516 |
| 40-44 | 97.8 | 461 | 75.7 | 7.8 | 0.9 | 15.6 | 100.0 | 450 |
| 45-49 | 95.7 | 407 | 68.6 | 6.5 | 1.7 | 23.2 | 100.0 | 390 |
| Total | 97.3 | 2,675 | 77.2 | 5.2 | 1.3 | 16.4 | 100.0 | 2,602 |

Table 15.2.1 Control over women's cash earnings and relative magnitude of women's cash earnings
Percent distribution of currently married women age 15-49 who received cash earnings for employment in the 12 months preceding the survey by person who decides how wife's cash earnings are used and by whether she earned more or less than her husband, according to background characteristics, Nepal DHS 2016

| Background characteristic | Person who decides how the wife's cash earnings are used: |  |  |  | Total | Wife's cash earnings compared with husband's cash earnings: |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mainly wife | Wife and husband jointly | Mainly husband | Other |  | More | Less | About the same | Husband has no earnings | Don't know |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 38.4 | 36.4 | 6.1 | 19.1 | 100.0 | 3.3 | 88.3 | 1.8 | 6.1 | 0.5 | 100.0 | 88 |
| 20-24 | 56.0 | 28.5 | 9.8 | 5.7 | 100.0 | 6.1 | 78.0 | 11.6 | 4.0 | 0.2 | 100.0 | 364 |
| 25-29 | 51.7 | 37.5 | 7.4 | 3.4 | 100.0 | 6.1 | 79.9 | 9.9 | 3.2 | 0.9 | 100.0 | 636 |
| 30-34 | 58.3 | 29.7 | 9.7 | 2.2 | 100.0 | 7.8 | 73.9 | 12.6 | 4.9 | 0.7 | 100.0 | 599 |
| 35-39 | 50.5 | 36.0 | 13.4 | 0.1 | 100.0 | 7.2 | 71.3 | 15.7 | 5.1 | 0.7 | 100.0 | 538 |
| 40-44 | 50.7 | 33.8 | 15.2 | 0.3 | 100.0 | 8.7 | 70.5 | 15.5 | 4.6 | 0.6 | 100.0 | 461 |
| 45-49 | 42.3 | 42.6 | 15.1 | 0.0 | 100.0 | 11.0 | 56.7 | 23.3 | 7.6 | 1.3 | 100.0 | 301 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 50.3 | 37.3 | 8.8 | 3.5 | 100.0 | 6.9 | 75.7 | 9.2 | 6.1 | 2.1 | 100.0 | 266 |
| 1-2 | 55.6 | 32.4 | 8.8 | 3.2 | 100.0 | 7.2 | 73.4 | 14.4 | 4.4 | 0.6 | 100.0 | 1,600 |
| 3-4 | 48.2 | 36.5 | 13.6 | 1.6 | 100.0 | 8.8 | 73.2 | 12.7 | 4.9 | 0.4 | 100.0 | 880 |
| 5+ | 41.8 | 37.6 | 20.6 | 0.0 | 100.0 | 4.8 | 71.2 | 17.7 | 5.2 | 1.1 | 100.0 | 240 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 54.1 | 33.7 | 10.3 | 1.9 | 100.0 | 7.8 | 71.5 | 14.8 | 5.2 | 0.9 | 100.0 | 2,036 |
| Rural | 47.0 | 36.1 | 13.0 | 3.8 | 100.0 | 6.8 | 77.6 | 11.4 | 3.9 | 0.4 | 100.0 | 950 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 42.1 | 44.9 | 10.2 | 2.9 | 100.0 | 4.4 | 71.8 | 18.9 | 4.9 | 0.0 | 100.0 | 133 |
| Hill | 58.1 | 30.1 | 10.6 | 1.2 | 100.0 | 8.3 | 70.7 | 15.0 | 5.0 | 1.0 | 100.0 | 1,378 |
| Terai | 46.9 | 37.6 | 11.9 | 3.6 | 100.0 | 7.0 | 76.0 | 11.9 | 4.5 | 0.5 | 100.0 | 1,475 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 46.3 | 43.1 | 7.6 | 3.0 | 100.0 | 6.5 | 75.3 | 12.1 | 5.6 | 0.4 | 100.0 | 721 |
| Central | 55.1 | 31.1 | 11.8 | 2.0 | 100.0 | 8.0 | 72.9 | 14.2 | 4.0 | 0.8 | 100.0 | 1,234 |
| Western | 57.4 | 28.7 | 12.6 | 1.3 | 100.0 | 8.2 | 72.8 | 14.4 | 4.3 | 0.3 | 100.0 | 561 |
| Mid-western | 46.1 | 35.9 | 12.9 | 5.2 | 100.0 | 5.7 | 72.4 | 15.1 | 5.2 | 1.7 | 100.0 | 299 |
| Far-western | 43.7 | 39.1 | 14.1 | 3.1 | 100.0 | 8.4 | 72.3 | 11.6 | 6.9 | 0.9 | 100.0 | 171 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 46.9 | 43.0 | 8.7 | 1.4 | 100.0 | 6.8 | 73.7 | 13.6 | 5.4 | 0.6 | 100.0 | 553 |
| Province 2 | 45.4 | 38.3 | 9.9 | 6.3 | 100.0 | 6.4 | 81.4 | 7.6 | 4.6 | 0.0 | 100.0 | 509 |
| Province 3 | 58.6 | 29.3 | 11.5 | 0.7 | 100.0 | 8.5 | 69.5 | 16.7 | 4.1 | 1.1 | 100.0 | 893 |
| Province 4 | 61.0 | 27.1 | 10.9 | 1.0 | 100.0 | 11.2 | 70.1 | 14.5 | 4.3 | 0.0 | 100.0 | 251 |
| Province 5 | 52.0 | 31.3 | 13.9 | 2.8 | 100.0 | 5.4 | 75.2 | 13.4 | 5.0 | 1.0 | 100.0 | 459 |
| Province 6 | 45.1 | 37.7 | 12.2 | 5.0 | 100.0 | 6.5 | 69.2 | 19.1 | 3.9 | 1.4 | 100.0 | 151 |
| Province 7 | 43.7 | 39.1 | 14.1 | 3.1 | 100.0 | 8.4 | 72.3 | 11.6 | 6.9 | 0.9 | 100.0 | 171 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 44.8 | 36.7 | 16.3 | 2.3 | 100.0 | 5.3 | 75.7 | 12.8 | 5.6 | 0.6 | 100.0 | 1,160 |
| Primary | 59.1 | 25.5 | 12.0 | 3.4 | 100.0 | 8.0 | 76.0 | 11.1 | 3.3 | 1.6 | 100.0 | 522 |
| Some secondary | 55.9 | 34.0 | 6.9 | 3.1 | 100.0 | 6.5 | 73.8 | 15.5 | 3.8 | 0.4 | 100.0 | 575 |
| SLC and above | 54.6 | 37.8 | 5.9 | 1.6 | 100.0 | 11.2 | 67.5 | 15.5 | 5.2 | 0.6 | 100.0 | 729 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 56.7 | 26.4 | 12.7 | 4.1 | 100.0 | 7.4 | 74.5 | 10.1 | 6.5 | 1.4 | 100.0 | 337 |
| Second | 43.8 | 39.1 | 13.7 | 3.4 | 100.0 | 6.0 | 76.4 | 14.1 | 3.5 | 0.0 | 100.0 | 534 |
| Middle | 45.3 | 39.1 | 12.4 | 3.1 | 100.0 | 6.9 | 82.0 | 6.9 | 3.7 | 0.5 | 100.0 | 588 |
| Fourth | 58.5 | 29.9 | 9.0 | 2.6 | 100.0 | 8.2 | 73.7 | 12.7 | 4.9 | 0.5 | 100.0 | 663 |
| Highest | 54.2 | 35.1 | 9.9 | 0.7 | 100.0 | 8.3 | 65.0 | 20.2 | 5.4 | 1.2 | 100.0 | 864 |
| Total | 51.8 | 34.5 | 11.2 | 2.5 | 100.0 | 7.5 | 73.4 | 13.7 | 4.7 | 0.7 | 100.0 | 2,986 |

Table 15.2.2 Control over men's cash earnings
Percent distributions of currently married men age 15-49 who receive cash earnings and of currently married women age 15-49 whose husbands receive cash earnings, by person who decides how husband's cash earnings are used, according to background characteristics, Nepal DHS 2016

| Background characteristic | Men |  |  |  |  |  | Women |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mainly wife | Husband and wife jointly | Mainly husband | Other | Total | Number | Mainly wife | Husband and wife jointly | Mainly husband | Other | Total | Number |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | (6.3) | (24.0) | (27.1) | (42.6) | 100.0 | 38 | 4.1 | 22.8 | 31.5 | 41.6 | 100.0 | 669 |
| 20-24 | 9.7 | 31.8 | 27.5 | 31.0 | 100.0 | 229 | 11.0 | 35.0 | 27.0 | 27.1 | 100.0 | 1,619 |
| 25-29 | 11.2 | 35.7 | 33.9 | 19.1 | 100.0 | 354 | 13.9 | 45.7 | 27.2 | 13.2 | 100.0 | 1,923 |
| 30-34 | 14.3 | 37.1 | 40.3 | 8.4 | 100.0 | 419 | 19.4 | 46.9 | 27.8 | 5.9 | 100.0 | 1,684 |
| 35-39 | 10.6 | 46.1 | 38.7 | 4.6 | 100.0 | 435 | 19.1 | 51.2 | 27.1 | 2.6 | 100.0 | 1,467 |
| 40-44 | 11.6 | 43.6 | 43.8 | 0.9 | 100.0 | 376 | 17.9 | 47.9 | 33.0 | 1.2 | 100.0 | 1,245 |
| 45-49 | 7.9 | 42.9 | 48.0 | 1.2 | 100.0 | 293 | 17.1 | 46.6 | 35.8 | 0.6 | 100.0 | 961 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 9.5 | 33.9 | 28.2 | 28.4 | 100.0 | 248 | 8.4 | 30.8 | 32.0 | 28.8 | 100.0 | 967 |
| 1-2 | 11.7 | 43.0 | 35.1 | 10.2 | 100.0 | 1,087 | 15.6 | 44.4 | 26.7 | 13.3 | 100.0 | 4,902 |
| 3-4 | 11.3 | 39.1 | 44.5 | 5.1 | 100.0 | 632 | 17.7 | 46.2 | 30.0 | 6.1 | 100.0 | 2,883 |
| $5+$ | 8.4 | 31.1 | 58.6 | 1.9 | 100.0 | 177 | 13.6 | 46.3 | 37.8 | 2.4 | 100.0 | 816 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 11.4 | 43.1 | 37.1 | 8.4 | 100.0 | 1,409 | 16.6 | 45.9 | 27.5 | 10.1 | 100.0 | 5,843 |
| Rural | 10.4 | 33.4 | 42.7 | 13.5 | 100.0 | 734 | 13.4 | 40.4 | 31.8 | 14.5 | 100.0 | 3,725 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 16.6 | 32.5 | 47.9 | 3.0 | 100.0 | 123 | 11.2 | 42.7 | 39.4 | 6.6 | 100.0 | 548 |
| Hill | 12.4 | 46.5 | 35.8 | 5.3 | 100.0 | 902 | 19.1 | 42.8 | 31.5 | 6.7 | 100.0 | 4,021 |
| Terai | 9.4 | 35.3 | 40.6 | 14.8 | 100.0 | 1,119 | 12.8 | 44.6 | 26.2 | 16.4 | 100.0 | 5,000 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |  |
|  | 16.0 | 48.7 | 27.9 | 7.4 | 100.0 | 497 | 14.0 | 53.8 | 20.3 | 11.9 | 100.0 | 2,183 |
| Central | 9.6 | 38.1 | 41.4 | 10.9 | 100.0 | 895 | 14.3 | 45.6 | 29.3 | 10.8 | 100.0 | 3,381 |
| Western | 8.1 | 32.5 | 44.0 | 15.4 | 100.0 | 402 | 20.3 | 34.4 | 30.6 | 14.6 | 100.0 | 1,935 |
| Mid-western | 13.3 | 40.6 | 38.1 | 8.0 | 100.0 | 202 | 14.8 | 35.5 | 38.6 | 11.1 | 100.0 | 1,256 |
| Far-western | 7.9 | 39.0 | 49.6 | 3.5 | 100.0 | 147 | 11.7 | 44.2 | 34.4 | 9.7 | 100.0 | 812 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 19.4 | 48.6 | 26.0 | 6.0 | 100.0 | 398 | 15.1 | 55.2 | 21.9 | 7.7 | 100.0 | 1,599 |
| Province 2 | 2.0 | 34.0 | 44.5 | 19.6 | 100.0 | 458 | 9.8 | 44.2 | 24.8 | 21.3 | 100.0 | 2,100 |
| Province 3 | 14.9 | 43.7 | 37.6 | 3.8 | 100.0 | 536 | 18.4 | 48.4 | 30.2 | 3.0 | 100.0 | 1,865 |
| Province 4 | 15.6 | 41.4 | 37.3 | 5.6 | 100.0 | 179 | 23.4 | 43.6 | 25.8 | 7.2 | 100.0 | 924 |
| Province 5 | 5.6 | 31.2 | 45.0 | 18.2 | 100.0 | 345 | 16.7 | 29.5 | 35.7 | 18.0 | 100.0 | 1,704 |
| Province 6 | 15.3 | 38.8 | 39.4 | 6.4 | 100.0 | 80 | 14.0 | 36.4 | 41.1 | 8.5 | 100.0 | 563 |
| Province 7 | 7.9 | 39.0 | 49.6 | 3.5 | 100.0 | 147 | 11.7 | 44.2 | 34.4 | 9.7 | 100.0 | 812 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 10.4 | 36.7 | 46.3 | 6.6 | 100.0 | 273 | 16.0 | 42.7 | 32.3 | 9.0 | 100.0 | 3,839 |
| Primary | 14.9 | 35.0 | 39.7 | 10.3 | 100.0 | 525 | 15.5 | 41.0 | 30.0 | 13.5 | 100.0 | 1,809 |
| Some secondary | 10.5 | 39.1 | 38.6 | 11.9 | 100.0 | 639 | 15.6 | 42.6 | 26.0 | 15.8 | 100.0 | 2,124 |
| SLC and above | 9.0 | 45.2 | 36.0 | 9.7 | 100.0 | 706 | 13.5 | 49.9 | 25.5 | 11.1 | 100.0 | 1,796 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 17.3 | 38.6 | 37.6 | 6.5 | 100.0 | 281 | 15.2 | 37.8 | 39.3 | 7.7 | 100.0 | 1,618 |
| Second | 13.7 | 35.9 | 43.6 | 6.8 | 100.0 | 368 | 14.5 | 42.4 | 30.6 | 12.5 | 100.0 | 1,899 |
| Middle | 7.9 | 38.8 | 37.5 | 15.8 | 100.0 | 406 | 14.0 | 43.7 | 26.8 | 15.5 | 100.0 | 2,032 |
| Fourth | 9.4 | 40.1 | 36.4 | 14.1 | 100.0 | 522 | 17.0 | 43.9 | 23.5 | 15.6 | 100.0 | 2,038 |
| Highest | 10.0 | 43.5 | 40.2 | 6.3 | 100.0 | 566 | 15.9 | 49.7 | 27.7 | 6.7 | 100.0 | 1,981 |
| Total | 11.1 | 39.8 | 39.0 | 10.1 | 100.0 | 2,143 | 15.3 | 43.7 | 29.2 | 11.8 | 100.0 | 9,568 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

## Table 15.3 Women's control over their own earnings and over those of their husbands

Percent distribution of currently married women age 15-49 with cash earnings in the last 12 months by person who decides how the wife's cash earnings are used and percent distribution of currently married women age 15-49 whose husbands have cash earnings by person who decides how the husband's cash earnings are used, according to the relation between wife's and husband's cash earnings, Nepal DHS 2016

| Women's earnings relative to husband's earnings | Person who decides how the wife's cash earnings are used: |  |  |  | Total | Number | Person who decides how the husband's cash earnings are used: |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mainly wife | Wife and husband jointly | Mainly husband | Other |  |  | Mainly wife | Wife and husband jointly | Mainly husband | Other |  |  |
| More than husband | 56.7 | 31.3 | 9.5 | 2.4 | 100.0 | 223 | 25.8 | 41.0 | 30.8 | 2.4 | 100.0 | 223 |
| Less than husband | 54.9 | 31.8 | 10.5 | 2.9 | 100.0 | 2,192 | 19.4 | 48.1 | 26.8 | 5.7 | 100.0 | 2,192 |
| Same as husband | 30.6 | 52.3 | 16.6 | 0.5 | 100.0 | 409 | 12.1 | 62.9 | 25.0 | 0.0 | 100.0 | 409 |
| Husband has no cash earnings or did not work | 54.2 | 35.4 | 8.4 | 2.0 | 100.0 | 142 | na | na | na | na | na | 0 |
| Woman worked but has no cash earnings | na | na | na | na | na | 0 | 14.0 | 40.4 | 33.3 | 12.4 | 100.0 | 3,665 |
| Woman did not work | na | na | na | na | na | 0 | 13.8 | 42.4 | 26.3 | 17.5 | 100.0 | 3,058 |
| Total ${ }^{1}$ | 51.8 | 34.5 | 11.2 | 2.5 | 100.0 | 2,986 | 15.3 | 43.7 | 29.2 | 11.8 | 100.0 | 9,568 |

na $=$ Not applicable
${ }^{1}$ Includes cases where a woman does not know whether she earned more or less than her husband

Table 15.4.1 Ownership of assets: Women
Percent distribution of women age 15-49 by ownership of housing and land, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who own a house: |  |  |  |  | Percentage who own land: |  |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Jointly | Alone and jointly | Percentage who do not own a house | Total | Alone | Jointly | Alone and jointly | Percentage who do not own land |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.1 | 0.2 | 0.1 | 99.5 | 100.0 | 0.4 | 0.5 | 0.1 | 99.0 | 100.0 | 2,598 |
| 20-24 | 1.2 | 0.3 | 0.3 | 98.2 | 100.0 | 2.4 | 0.6 | 0.2 | 96.8 | 100.0 | 2,251 |
| 25-29 | 3.7 | 1.0 | 0.5 | 94.9 | 100.0 | 7.4 | 1.0 | 0.6 | 91.0 | 100.0 | 2,135 |
| 30-34 | 8.1 | 0.9 | 0.6 | 90.4 | 100.0 | 13.1 | 1.6 | 0.2 | 85.0 | 100.0 | 1,806 |
| 35-39 | 13.2 | 0.7 | 0.4 | 85.7 | 100.0 | 17.6 | 1.2 | 0.5 | 80.7 | 100.0 | 1,572 |
| 40-44 | 15.4 | 1.0 | 0.7 | 83.0 | 100.0 | 21.5 | 0.8 | 0.5 | 77.2 | 100.0 | 1,388 |
| 45-49 | 17.2 | 0.8 | 0.8 | 81.2 | 100.0 | 22.9 | 1.1 | 0.8 | 75.1 | 100.0 | 1,113 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.9 | 0.8 | 0.5 | 90.8 | 100.0 | 10.7 | 1.3 | 0.5 | 87.5 | 100.0 | 8,072 |
| Rural | 4.8 | 0.3 | 0.4 | 94.5 | 100.0 | 8.9 | 0.2 | 0.2 | 90.8 | 100.0 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 4.7 | 0.1 | 0.1 | 95.1 | 100.0 | 7.2 | 0.0 | 0.0 | 92.8 | 100.0 | 775 |
| Hill | 6.8 | 0.8 | 0.3 | 92.2 | 100.0 | 9.8 | 1.6 | 0.5 | 88.1 | 100.0 | 5,556 |
| Terai | 7.0 | 0.6 | 0.6 | 91.9 | 100.0 | 10.5 | 0.4 | 0.3 | 88.7 | 100.0 | 6,531 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 8.7 | 0.9 | 0.9 | 89.5 | 100.0 | 13.2 | 0.4 | 0.3 | 86.1 | 100.0 | 2,900 |
| Central | 6.7 | 0.9 | 0.3 | 92.1 | 100.0 | 10.1 | 1.9 | 0.6 | 87.4 | 100.0 | 4,569 |
| Western | 7.3 | 0.3 | 0.2 | 92.1 | 100.0 | 10.6 | 0.5 | 0.2 | 88.7 | 100.0 | 2,597 |
| Mid-western | 5.2 | 0.3 | 0.4 | 94.0 | 100.0 | 8.1 | 0.4 | 0.1 | 91.4 | 100.0 | 1,650 |
| Far-western | 2.8 | 0.3 | 0.2 | 96.8 | 100.0 | 3.1 | 0.2 | 0.2 | 96.5 | 100.0 | 1,145 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 9.3 | 1.1 | 0.8 | 88.8 | 100.0 | 12.9 | 0.5 | 0.3 | 86.2 | 100.0 | 2,173 |
| Province 2 | 6.1 | 0.3 | 0.6 | 93.0 | 100.0 | 11.9 | 0.2 | 0.2 | 87.7 | 100.0 | 2,563 |
| Province 3 | 7.3 | 1.3 | 0.3 | 91.1 | 100.0 | 9.5 | 3.0 | 0.9 | 86.6 | 100.0 | 2,732 |
| Province 4 | 8.6 | 0.6 | 0.1 | 90.8 | 100.0 | 11.3 | 0.8 | 0.3 | 87.7 | 100.0 | 1,249 |
| Province 5 | 5.6 | 0.3 | 0.4 | 93.7 | 100.0 | 9.4 | 0.4 | 0.2 | 90.0 | 100.0 | 2,274 |
| Province 6 | 5.7 | 0.2 | 0.3 | 93.8 | 100.0 | 7.3 | 0.1 | 0.1 | 92.5 | 100.0 | 724 |
| Province 7 | 2.8 | 0.3 | 0.2 | 96.8 | 100.0 | 3.1 | 0.2 | 0.2 | 96.5 | 100.0 | 1,145 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 8.4 | 0.4 | 0.5 | 90.7 | 100.0 | 12.6 | 0.6 | 0.2 | 86.6 | 100.0 | 4,281 |
| Primary | 6.7 | 0.7 | 0.5 | 92.2 | 100.0 | 10.6 | 0.8 | 0.4 | 88.2 | 100.0 | 2,150 |
| Some secondary | 5.5 | 0.8 | 0.4 | 93.3 | 100.0 | 7.6 | 1.1 | 0.2 | 91.0 | 100.0 | 3,291 |
| SLC and above | 5.8 | 0.8 | 0.3 | 93.1 | 100.0 | 8.5 | 1.3 | 0.8 | 89.4 | 100.0 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.8 | 0.1 | 0.1 | 97.0 | 100.0 | 5.1 | 0.0 | 0.1 | 94.8 | 100.0 | 2,176 |
| Second | 5.0 | 0.3 | 0.5 | 94.2 | 100.0 | 8.9 | 0.2 | 0.1 | 90.8 | 100.0 | 2,525 |
| Middle | 5.1 | 0.5 | 0.4 | 94.0 | 100.0 | 9.3 | 0.4 | 0.3 | 89.9 | 100.0 | 2,595 |
| Fourth | 6.8 | 0.6 | 0.4 | 92.3 | 100.0 | 11.2 | 1.3 | 0.1 | 87.4 | 100.0 | 2,765 |
| Highest | 12.9 | 1.6 | 0.7 | 84.9 | 100.0 | 14.3 | 2.4 | 1.2 | 82.1 | 100.0 | 2,801 |
| Total | 6.7 | 0.6 | 0.4 | 92.2 | 100.0 | 10.0 | 0.9 | 0.4 | 88.7 | 100.0 | 12,862 |

## Table 15.4.2 Ownership of assets: Men

Percent distribution of men age 15-49 by ownership of housing and land, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who own a house: |  |  |  | Total | Percentage who own land: |  |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Jointly | Alone and jointly | Percentage who do not own a house |  | Alone | Jointly | Alone and jointly | Percentage who do not own land |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.7 | 0.1 | 0.0 | 99.2 | 100.0 | 0.6 | 0.5 | 0.0 | 98.9 | 100.0 | 931 |
| 20-24 | 4.8 | 0.3 | 0.0 | 95.0 | 100.0 | 5.0 | 0.4 | 0.0 | 94.6 | 100.0 | 649 |
| 25-29 | 8.5 | 0.8 | 0.3 | 90.4 | 100.0 | 9.8 | 1.2 | 0.7 | 88.3 | 100.0 | 525 |
| 30-34 | 16.7 | 0.6 | 0.6 | 82.1 | 100.0 | 24.5 | 1.8 | 0.2 | 73.5 | 100.0 | 535 |
| 35-39 | 28.8 | 1.4 | 0.2 | 69.7 | 100.0 | 31.7 | 0.8 | 0.4 | 67.0 | 100.0 | 544 |
| 40-44 | 40.5 | 4.1 | 1.4 | 54.0 | 100.0 | 41.1 | 2.1 | 2.0 | 54.8 | 100.0 | 463 |
| 45-49 | 51.9 | 0.2 | 0.7 | 47.2 | 100.0 | 48.7 | 0.7 | 3.4 | 47.2 | 100.0 | 415 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 16.5 | 1.2 | 0.5 | 81.8 | 100.0 | 19.0 | 1.4 | 0.6 | 79.1 | 100.0 | 2,647 |
| Rural | 20.8 | 0.4 | 0.1 | 78.7 | 100.0 | 20.0 | 0.3 | 1.1 | 78.7 | 100.0 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Mountain | 25.4 | 1.1 | 0.2 | 73.3 | 100.0 | 31.9 | 0.0 | 0.2 | 67.8 | 100.0 | 252 |
| Hill | 16.1 | 1.3 | 0.8 | 81.8 | 100.0 | 18.4 | 1.8 | 1.0 | 78.8 | 100.0 | 1,791 |
| Terai | 18.8 | 0.5 | 0.0 | 80.7 | 100.0 | 18.6 | 0.4 | 0.6 | 80.4 | 100.0 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |  |  |  |
| Eastern | 20.3 | 0.8 | 0.0 | 79.0 | 100.0 | 23.3 | 0.5 | 1.1 | 75.1 | 100.0 | 892 |
| Central | 17.0 | 1.3 | 0.5 | 81.3 | 100.0 | 17.8 | 1.8 | 0.5 | 80.0 | 100.0 | 1,604 |
| Western | 15.9 | 0.8 | 0.5 | 82.7 | 100.0 | 16.4 | 0.7 | 1.1 | 81.8 | 100.0 | 785 |
| Mid-western | 19.9 | 0.7 | 0.5 | 78.9 | 100.0 | 23.0 | 0.3 | 0.7 | 76.0 | 100.0 | 453 |
| Far-western | 19.3 | 0.2 | 0.1 | 80.4 | 100.0 | 18.2 | 0.2 | 0.4 | 81.3 | 100.0 | 330 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Province 1 | 21.8 | 1.0 | 0.0 | 77.2 | 100.0 | 25.7 | 0.6 | 0.4 | 73.3 | 100.0 | 691 |
| Province 2 | 16.8 | 0.3 | 0.0 | 83.0 | 100.0 | 15.3 | 0.4 | 1.3 | 83.0 | 100.0 | 795 |
| Province 3 | 16.7 | 1.8 | 0.8 | 80.7 | 100.0 | 19.2 | 2.6 | 0.4 | 77.8 | 100.0 | 1,009 |
| Province 4 | 15.1 | 1.4 | 1.1 | 82.4 | 100.0 | 16.6 | 1.4 | 1.1 | 80.9 | 100.0 | 376 |
| Province 5 | 18.2 | 0.6 | 0.2 | 81.0 | 100.0 | 19.6 | 0.2 | 1.1 | 79.2 | 100.0 | 658 |
| Province 6 | 19.2 | 0.1 | 0.5 | 80.2 | 100.0 | 20.3 | 0.1 | 0.3 | 79.3 | 100.0 | 203 |
| Province 7 | 19.3 | 0.2 | 0.1 | 80.4 | 100.0 | 18.2 | 0.2 | 0.4 | 81.3 | 100.0 | 330 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 35.3 | 0.4 | 0.3 | 64.0 | 100.0 | 28.7 | 0.2 | 0.9 | 70.1 | 100.0 | 391 |
| Primary | 25.6 | 0.7 | 0.2 | 73.4 | 100.0 | 25.8 | 0.8 | 1.2 | 72.2 | 100.0 | 789 |
| Some secondary | 14.7 | 0.7 | 0.1 | 84.5 | 100.0 | 15.9 | 0.8 | 0.6 | 82.7 | 100.0 | 1,386 |
| SLC and above | 12.5 | 1.4 | 0.7 | 85.4 | 100.0 | 16.6 | 1.5 | 0.6 | 81.3 | 100.0 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 23.7 | 0.3 | 0.3 | 75.7 | 100.0 | 23.1 | 0.3 | 1.3 | 75.3 | 100.0 | 623 |
| Second | 20.8 | 0.4 | 0.0 | 78.8 | 100.0 | 21.8 | 0.5 | 0.3 | 77.5 | 100.0 | 706 |
| Middle | 16.2 | 0.5 | 0.3 | 83.0 | 100.0 | 18.2 | 1.2 | 0.4 | 80.3 | 100.0 | 758 |
| Fourth | 16.4 | 0.6 | 0.2 | 82.8 | 100.0 | 18.2 | 0.4 | 0.7 | 80.7 | 100.0 | 982 |
| Highest | 15.5 | 2.3 | 0.9 | 81.4 | 100.0 | 17.3 | 2.2 | 1.0 | 79.4 | 100.0 | 994 |
| Total | 18.0 | 0.9 | 0.4 | 80.7 | 100.0 | 19.3 | 1.0 | 0.7 | 78.9 | 100.0 | 4,063 |

Table 15.5.1 Ownership of title or deed for house: Women
Among women age 15-49 who own a house, percent distribution by whether the house owned has a title or deed in the woman's name, according to background characteristics, Nepal DHS 2016

| Background characteristic | Woman's name is on title/deed | Does not have a title/deed | Don't know/ missing ${ }^{1}$ | Total | Number who own a house ${ }^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | * | * | * | * | 12 |
| 20-24 | (67.4) | (32.6) | (0.0) | 100.0 | 41 |
| 25-29 | 75.5 | 24.5 | 0.0 | 100.0 | 109 |
| 30-34 | 84.2 | 15.8 | 0.0 | 100.0 | 173 |
| 35-39 | 89.3 | 10.0 | 0.6 | 100.0 | 225 |
| 40-44 | 91.8 | 8.2 | 0.0 | 100.0 | 236 |
| 45-49 | 94.8 | 5.2 | 0.0 | 100.0 | 209 |
| Residence |  |  |  |  |  |
| Urban | 88.0 | 11.9 | 0.2 | 100.0 | 739 |
| Rural | 85.7 | 14.3 | 0.0 | 100.0 | 265 |
| Ecological zone |  |  |  |  |  |
| Mountain | (91.2) | (8.8) | (0.0) | 100.0 | 38 |
| Hill | 87.4 | 12.6 | 0.0 | 100.0 | 435 |
| Terai | 87.0 | 12.7 | 0.3 | 100.0 | 531 |
| Development region |  |  |  |  |  |
| Eastern | 83.0 | 16.5 | 0.5 | 100.0 | 305 |
| Central | 87.4 | 12.6 | 0.0 | 100.0 | 361 |
| Western | 92.9 | 7.1 | 0.0 | 100.0 | 205 |
| Mid-western | 88.1 | 11.9 | 0.0 | 100.0 | 98 |
| Far-western | 89.6 | 10.4 | 0.0 | 100.0 | 36 |
| Province |  |  |  |  |  |
| Province 1 | 85.8 | 13.7 | 0.6 | 100.0 | 243 |
| Province 2 | 86.8 | 13.2 | 0.0 | 100.0 | 180 |
| Province 3 | 84.0 | 16.0 | 0.0 | 100.0 | 242 |
| Province 4 | 93.1 | 6.9 | 0.0 | 100.0 | 115 |
| Province 5 | 89.2 | 10.8 | 0.0 | 100.0 | 142 |
| Province 6 | 93.9 | 6.1 | 0.0 | 100.0 | 45 |
| Province 7 | 89.6 | 10.4 | 0.0 | 100.0 | 36 |
| Education |  |  |  |  |  |
| No education | 89.5 | 10.5 | 0.0 | 100.0 | 398 |
| Primary | 83.7 | 16.3 | 0.0 | 100.0 | 168 |
| Some secondary | 84.8 | 14.5 | 0.6 | 100.0 | 220 |
| SLC and above | 88.8 | 11.2 | 0.0 | 100.0 | 218 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 94.0 | 6.0 | 0.0 | 100.0 | 64 |
| Second | 83.8 | 16.2 | 0.0 | 100.0 | 147 |
| Middle | 82.7 | 17.3 | 0.0 | 100.0 | 154 |
| Fourth | 84.9 | 14.5 | 0.6 | 100.0 | 214 |
| Highest | 90.5 | 9.5 | 0.0 | 100.0 | 424 |
| Total | 87.4 | 12.5 | 0.1 | 100.0 | 1,005 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes women whose house has a title/deed, but they do not know if their name is on it (or this information is missing), and women who do not know if the house has a deed/title (or this information is missing)
${ }^{2}$ Includes sole, joint, or sole and joint ownership

Table 15.5.2 Ownership of title or deed for house: Men
Among men age 15-49 who own a house, percent distribution by whether the house owned has a title or deed in the man's name, according to background characteristics, Nepal DHS 2016

| Background characteristic | Man's name is on title/deed | Does not have a title/deed | Total | Number who own a house ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |
| 15-19 | * | * | * | 8 |
| 20-24 | (57.8) | (42.2) | (100.0) | 33 |
| 25-29 | 58.5 | 41.5 | 100.0 | 51 |
| 30-34 | 75.5 | 24.5 | 100.0 | 96 |
| 35-39 | 84.2 | 15.8 | 100.0 | 165 |
| 40-44 | 82.3 | 17.7 | 100.0 | 213 |
| 45-49 | 89.8 | 10.2 | 100.0 | 219 |
| Residence |  |  |  |  |
| Urban | 80.8 | 19.2 | 100.0 | 483 |
| Rural | 82.3 | 17.7 | 100.0 | 301 |
| Ecological zone |  |  |  |  |
| Mountain | 80.2 | 19.8 | 100.0 | 67 |
| Hill | 87.0 | 13.0 | 100.0 | 326 |
| Terai | 76.8 | 23.2 | 100.0 | 390 |
| Development region |  |  |  |  |
| Eastern | 74.3 | 25.7 | 100.0 | 188 |
| Central | 78.3 | 21.7 | 100.0 | 300 |
| Western | 91.5 | 8.5 | 100.0 | 135 |
| Mid-western | 92.1 | 7.9 | 100.0 | 96 |
| Far-western | 79.1 | 20.9 | 100.0 | 65 |
| Province |  |  |  |  |
| Province 1 | 77.1 | 22.9 | 100.0 | 158 |
| Province 2 | 74.7 | 25.3 | 100.0 | 136 |
| Province 3 | 77.9 | 22.1 | 100.0 | 195 |
| Province 4 | 91.8 | 8.2 | 100.0 | 66 |
| Province 5 | 90.1 | 9.9 | 100.0 | 125 |
| Province 6 | 96.7 | 3.3 | 100.0 | 40 |
| Province 7 | 79.1 | 20.9 | 100.0 | 65 |
| Education |  |  |  |  |
| No education | 75.7 | 24.3 | 100.0 | 141 |
| Primary | 79.4 | 20.6 | 100.0 | 209 |
| Some secondary | 82.1 | 17.9 | 100.0 | 215 |
| SLC and above | 86.2 | 13.8 | 100.0 | 219 |
| Wealth quintile |  |  |  |  |
| Lowest | 72.0 | 28.0 | 100.0 | 152 |
| Second | 84.8 | 15.2 | 100.0 | 150 |
| Middle | 78.7 | 21.3 | 100.0 | 129 |
| Fourth | 84.1 | 15.9 | 100.0 | 169 |
| Highest | 85.6 | 14.4 | 100.0 | 185 |
| Total | 81.4 | 18.6 | 100.0 | 784 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes sole, joint, or sole and joint ownership

Table 15.6.1 Ownership of title or deed for land: Women
Among women age 15-49 who own land, percent distribution by whether the land owned has a title or deed in the woman's name, according to background characteristics, Nepal DHS 2016

| Background characteristic | Woman's name is on title/deed | Does not have a title/deed | Don't know/ missing ${ }^{1}$ | Total | Number who own land ${ }^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | (55.2) | (33.6) | (11.3) | 100.0 | 25 |
| 20-24 | 81.0 | 16.8 | 2.2 | 100.0 | 72 |
| 25-29 | 87.1 | 12.9 | 0.0 | 100.0 | 191 |
| 30-34 | 92.2 | 7.8 | 0.0 | 100.0 | 270 |
| 35-39 | 92.2 | 7.8 | 0.0 | 100.0 | 304 |
| 40-44 | 96.9 | 3.1 | 0.0 | 100.0 | 317 |
| 45-49 | 97.8 | 2.2 | 0.0 | 100.0 | 277 |
| Residence |  |  |  |  |  |
| Urban | 90.3 | 9.2 | 0.4 | 100.0 | 1,013 |
| Rural | 97.2 | 2.8 | 0.0 | 100.0 | 443 |
| Ecological zone |  |  |  |  |  |
| Mountain | 96.5 | 3.5 | 0.0 | 100.0 | 55 |
| Hill | 87.2 | 12.7 | 0.1 | 100.0 | 663 |
| Terai | 96.9 | 2.7 | 0.5 | 100.0 | 737 |
| Development region |  |  |  |  |  |
| Eastern | 97.5 | 2.5 | 0.0 | 100.0 | 404 |
| Central | 86.1 | 13.4 | 0.4 | 100.0 | 577 |
| Western | 96.3 | 3.7 | 0.0 | 100.0 | 293 |
| Mid-western | 94.9 | 3.7 | 1.3 | 100.0 | 142 |
| Far-western | 94.4 | 5.6 | 0.0 | 100.0 | 41 |
| Province |  |  |  |  |  |
| Province 1 | 97.5 | 2.5 | 0.0 | 100.0 | 300 |
| Province 2 | 98.3 | 1.7 | 0.0 | 100.0 | 315 |
| Province 3 | 78.9 | 20.4 | 0.7 | 100.0 | 366 |
| Province 4 | 96.4 | 3.6 | 0.0 | 100.0 | 154 |
| Province 5 | 95.6 | 3.5 | 0.8 | 100.0 | 227 |
| Province 6 | 95.3 | 4.7 | 0.0 | 100.0 | 54 |
| Province 7 | 94.4 | 5.6 | 0.0 | 100.0 | 41 |
| Education |  |  |  |  |  |
| No education | 95.8 | 4.2 | 0.0 | 100.0 | 575 |
| Primary | 94.1 | 5.9 | 0.0 | 100.0 | 254 |
| Some secondary | 88.2 | 11.8 | 0.0 | 100.0 | 295 |
| SLC and above | 89.1 | 9.5 | 1.3 | 100.0 | 332 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 94.9 | 5.1 | 0.0 | 100.0 | 112 |
| Second | 96.1 | 3.9 | 0.0 | 100.0 | 232 |
| Middle | 96.6 | 3.4 | 0.0 | 100.0 | 262 |
| Fourth | 90.9 | 8.8 | 0.3 | 100.0 | 348 |
| Highest | 89.0 | 10.3 | 0.7 | 100.0 | 501 |
| Total | 92.4 | 7.3 | 0.3 | 100.0 | 1,456 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Includes women whose land has a title/deed, but they do not know if their name is on it (or this information is missing), and women who do not know if the land has a deed/title (or this information is missing)
${ }_{2}$ Includes sole, joint, or sole and joint ownership

Table 15.6.2 Ownership of title or deed for land: Men
Among men age 15-49 who own land, percent distribution by whether the land owned has a title or deed in the man's name, according to background characteristics, Nepal DHS 2016

| Background characteristic | Man's name is on title/deed | Does not have a title/deed | Total | Number who own land ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |
| 15-19 | * | * | * | 10 |
| 20-24 | (93.1) | (6.9) | 100.0 | 35 |
| 25-29 | 80.1 | 19.9 | 100.0 | 61 |
| 30-34 | 88.8 | 11.2 | 100.0 | 142 |
| 35-39 | 95.3 | 4.7 | 100.0 | 180 |
| 40-44 | 93.6 | 6.4 | 100.0 | 209 |
| 45-49 | 96.8 | 3.2 | 100.0 | 219 |
| Residence |  |  |  |  |
| Urban | 90.7 | 9.3 | 100.0 | 554 |
| Rural | 97.0 | 3.0 | 100.0 | 302 |
| Ecological zone |  |  |  |  |
| Mountain | 90.8 | 9.2 | 100.0 | 81 |
| Hill | 92.2 | 7.8 | 100.0 | 379 |
| Terai | 94.0 | 6.0 | 100.0 | 396 |
| Development region |  |  |  |  |
| Eastern | 92.6 | 7.4 | 100.0 | 222 |
| Central | 89.7 | 10.3 | 100.0 | 321 |
| Western | 94.9 | 5.1 | 100.0 | 143 |
| Mid-western | 99.4 | 0.6 | 100.0 | 109 |
| Far-western | 95.2 | 4.8 | 100.0 | 62 |
| Province |  |  |  |  |
| Province 1 | 92.2 | 7.8 | 100.0 | 184 |
| Province 2 | 95.9 | 4.1 | 100.0 | 135 |
| Province 3 | 86.7 | 13.3 | 100.0 | 224 |
| Province 4 | 91.9 | 8.1 | 100.0 | 72 |
| Province 5 | 98.9 | 1.1 | 100.0 | 137 |
| Province 6 | 98.6 | 1.4 | 100.0 | 42 |
| Province 7 | 95.2 | 4.8 | 100.0 | 62 |
| Education |  |  |  |  |
| No education | 91.0 | 9.0 | 100.0 | 117 |
| Primary | 91.2 | 8.8 | 100.0 | 219 |
| Some secondary | 93.9 | 6.1 | 100.0 | 240 |
| SLC and above | 94.3 | 5.7 | 100.0 | 281 |
| Wealth quintile |  |  |  |  |
| Lowest | 85.3 | 14.7 | 100.0 | 154 |
| Second | 94.2 | 5.8 | 100.0 | 159 |
| Middle | 94.3 | 5.7 | 100.0 | 149 |
| Fourth | 97.3 | 2.7 | 100.0 | 189 |
| Highest | 92.6 | 7.4 | 100.0 | 204 |
| Total | 92.9 | 7.1 | 100.0 | 856 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes sole, joint, or sole and joint ownership

Table 15.7 Knowledge about the household property
Percentage of women age 15-49 who know how much property/land their household owns and the percentage who know under whose name such property/land has been registered, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who know how much property the household owns | Percentage who know under whose name the property is registered | Number of women |
| :---: | :---: | :---: | :---: |
| Age |  |  |  |
| 15-19 | 63.4 | 79.5 | 2,598 |
| 20-24 | 72.7 | 86.2 | 2,251 |
| 25-29 | 80.4 | 91.5 | 2,135 |
| 30-34 | 85.3 | 93.2 | 1,806 |
| 35-39 | 87.6 | 93.1 | 1,572 |
| 40-44 | 88.6 | 93.6 | 1,388 |
| 45-49 | 88.5 | 93.4 | 1,113 |
| Residence |  |  |  |
| Urban | 76.9 | 87.7 | 8,072 |
| Rural | 81.9 | 91.1 | 4,790 |
| Ecological zone |  |  |  |
| Mountain | 83.4 | 89.6 | 775 |
| Hill | 72.4 | 87.6 | 5,556 |
| Terai | 83.7 | 90.1 | 6,531 |
| Development region |  |  |  |
| Eastern | 80.1 | 87.8 | 2,900 |
| Central | 76.4 | 88.8 | 4,569 |
| Western | 77.8 | 89.5 | 2,597 |
| Mid-western | 80.4 | 91.9 | 1,650 |
| Far-western | 84.7 | 87.3 | 1,145 |
| Province |  |  |  |
| Province 1 | 77.7 | 87.2 | 2,173 |
| Province 2 | 87.3 | 91.2 | 2,563 |
| Province 3 | 69.0 | 86.7 | 2,732 |
| Province 4 | 74.9 | 87.9 | 1,249 |
| Province 5 | 80.8 | 91.5 | 2,274 |
| Province 6 | 79.3 | 91.5 | 724 |
| Province 7 | 84.7 | 87.3 | 1,145 |
| Education |  |  |  |
| No education | 87.0 | 92.2 | 4,281 |
| Primary | 80.9 | 90.2 | 2,150 |
| Some secondary | 72.9 | 84.9 | 3,291 |
| SLC and above | 72.3 | 88.1 | 3,140 |
| Wealth quintile |  |  |  |
| Lowest | 76.7 | 87.1 | 2,176 |
| Second | 81.2 | 90.1 | 2,525 |
| Middle | 84.6 | 90.1 | 2,595 |
| Fourth | 78.5 | 89.2 | 2,765 |
| Highest | 73.1 | 88.1 | 2,801 |
| Total | 78.8 | 89.0 | 12,862 |

Table 15.8.1 Ownership and use of bank accounts and mobile phones: Women
Percentage of women age 15-49 who use an account in a bank or other financial institution and percentage who own a mobile phone, and among women who own a mobile phone, percentage who use it for financial transactions, according to background characteristics, Nepal DHS 2016

| Background characteristic | Use a bank account | Own a mobile phone | Number of women | Use mobile phone for financial transactions | Number of women who own a mobile phone |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | 11.3 | 58.5 | 2,598 | 14.1 | 1,519 |
| 20-24 | 32.8 | 85.4 | 2,251 | 12.7 | 1,921 |
| 25-29 | 46.7 | 84.1 | 2,135 | 9.0 | 1,795 |
| 30-34 | 54.5 | 82.5 | 1,806 | 6.2 | 1,491 |
| 35-39 | 57.0 | 70.8 | 1,572 | 4.8 | 1,113 |
| 40-44 | 52.8 | 64.0 | 1,388 | 5.1 | 889 |
| 45-49 | 51.0 | 55.2 | 1,113 | 4.7 | 614 |
| Residence |  |  |  |  |  |
| Urban | 45.5 | 76.5 | 8,072 | 10.1 | 6,171 |
| Rural | 32.0 | 66.2 | 4,790 | 6.7 | 3,171 |
| Ecological zone |  |  |  |  |  |
| Mountain | 31.5 | 65.2 | 775 | 9.9 | 505 |
| Hill | 46.4 | 81.1 | 5,556 | 10.9 | 4,508 |
| Terai | 36.5 | 66.3 | 6,531 | 6.9 | 4,329 |
| Development region |  |  |  |  |  |
| Eastern | 40.2 | 72.3 | 2,900 | 8.2 | 2,096 |
| Central | 41.6 | 73.3 | 4,569 | 10.8 | 3,349 |
| Western | 47.2 | 77.4 | 2,597 | 9.7 | 2,011 |
| Mid-western | 32.1 | 68.4 | 1,650 | 5.3 | 1,129 |
| Far-western | 33.7 | 66.1 | 1,145 | 6.5 | 757 |
| Province |  |  |  |  |  |
| Province 1 | 43.0 | 73.1 | 2,173 | 9.5 | 1,589 |
| Province 2 | 28.7 | 62.2 | 2,563 | 5.5 | 1,595 |
| Province 3 | 51.0 | 82.7 | 2,732 | 13.1 | 2,260 |
| Province 4 | 53.4 | 84.4 | 1,249 | 11.2 | 1,055 |
| Province 5 | 38.7 | 69.7 | 2,274 | 6.2 | 1,584 |
| Province 6 | 28.6 | 69.3 | 724 | 7.6 | 502 |
| Province 7 | 33.7 | 66.1 | 1,145 | 6.5 | 757 |
| Education |  |  |  |  |  |
| No education | 37.0 | 57.4 | 4,281 | 1.8 | 2,458 |
| Primary | 40.1 | 73.4 | 2,150 | 4.6 | 1,579 |
| Some secondary | 34.6 | 73.5 | 3,291 | 9.9 | 2,419 |
| SLC and above | 51.7 | 91.9 | 3,140 | 16.7 | 2,886 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 24.3 | 61.2 | 2,176 | 6.2 | 1,331 |
| Second | 33.9 | 69.0 | 2,525 | 6.5 | 1,741 |
| Middle | 38.6 | 68.4 | 2,595 | 7.5 | 1,776 |
| Fourth | 43.8 | 75.7 | 2,765 | 10.2 | 2,092 |
| Highest | 57.4 | 85.7 | 2,801 | 12.3 | 2,402 |
| Total | 40.5 | 72.6 | 12,862 | 9.0 | 9,342 |

Table 15.8.2 Ownership and use of bank accounts and mobile phones: Men
Percentage of men age 15-49 who use an account in a bank or other financial institution and percentage who own a mobile phone, and among men who own a mobile phone, percentage who use it for financial transactions, according to background characteristics, Nepal DHS 2016

| Background characteristic | Use a bank account | Own a mobile phone | Number of men | Use mobile phone for financial transactions | Number of men who own a mobile phone |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | 8.3 | 80.5 | 931 | 4.1 | 750 |
| 20-24 | 33.5 | 96.1 | 649 | 9.1 | 623 |
| 25-29 | 49.3 | 95.7 | 525 | 12.8 | 502 |
| 30-34 | 50.5 | 91.9 | 535 | 10.1 | 491 |
| 35-39 | 54.5 | 92.3 | 544 | 7.8 | 502 |
| 40-44 | 59.7 | 89.2 | 463 | 7.0 | 413 |
| 45-49 | 55.8 | 83.3 | 415 | 4.3 | 346 |
| Residence |  |  |  |  |  |
| Urban | 44.4 | 90.4 | 2,647 | 9.8 | 2,394 |
| Rural | 32.0 | 87.3 | 1,416 | 4.0 | 1,236 |
| Ecological zone |  |  |  |  |  |
| Mountain | 36.7 | 80.4 | 252 | 8.0 | 203 |
| Hill | 42.7 | 90.4 | 1,791 | 10.0 | 1,620 |
| Terai | 38.2 | 89.4 | 2,019 | 5.9 | 1,806 |
| Development region |  |  |  |  |  |
| Eastern | 35.3 | 88.7 | 892 | 6.1 | 791 |
| Central | 45.7 | 91.3 | 1,604 | 9.4 | 1,465 |
| Western | 38.3 | 89.8 | 785 | 7.8 | 705 |
| Mid-western | 34.7 | 86.5 | 453 | 4.3 | 392 |
| Far-western | 37.1 | 84.0 | 330 | 9.6 | 277 |
| Province |  |  |  |  |  |
| Province 1 | 37.1 | 88.1 | 691 | 7.0 | 609 |
| Province 2 | 35.0 | 91.8 | 795 | 1.9 | 730 |
| Province 3 | 50.9 | 90.9 | 1,009 | 14.2 | 917 |
| Province 4 | 40.8 | 91.0 | 376 | 8.9 | 342 |
| Province 5 | 38.1 | 88.7 | 658 | 5.5 | 584 |
| Province 6 | 26.2 | 83.6 | 203 | 5.5 | 170 |
| Province 7 | 37.1 | 84.0 | 330 | 9.6 | 277 |
| Education |  |  |  |  |  |
| No education | 28.3 | 72.2 | 391 | 1.2 | 282 |
| Primary | 31.4 | 86.3 | 789 | 4.0 | 681 |
| Some secondary | 31.1 | 86.4 | 1,386 | 4.6 | 1,198 |
| SLC and above | 56.1 | 98.0 | 1,497 | 13.6 | 1,468 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 17.4 | 77.1 | 623 | 4.0 | 480 |
| Second | 29.0 | 85.7 | 706 | 4.5 | 605 |
| Middle | 34.4 | 91.0 | 758 | 3.4 | 690 |
| Fourth | 42.0 | 92.0 | 982 | 6.6 | 903 |
| Highest | 64.6 | 95.7 | 994 | 16.3 | 951 |
| Total | 40.1 | 89.3 | 4,063 | 7.8 | 3,629 |

Table 15.9 Participation in decision making
Percent distribution of currently married women and currently married men age 15-49 by person who usually makes decisions about various issues, Nepal DHS 2016

| Decision | Mainly wife | Wife and husband jointly | Mainly husband | Someone else | Other | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| WOMEN |  |  |  |  |  |  |  |
| Own health care | 23.3 | 34.5 | 29.1 | 12.8 | 0.4 | 100.0 | 9,875 |
| Major household purchases | 35.2 | 17.8 | 21.8 | 24.5 | 0.7 | 100.0 | 9,875 |
| Visits to her family or relatives | 26.8 | 28.8 | 23.2 | 20.6 | 0.6 | 100.0 | 9,875 |
| MEN |  |  |  |  |  |  |  |
| Own health care | 7.3 | 32.3 | 52.8 | 7.6 | 0.1 | 100.0 | 2,675 |
| Major household purchases | 23.4 | 25.0 | 30.9 | 20.7 | 0.0 | 100.0 | 2,675 |

Table 15.10.1 Women's participation in decision making by background characteristics
Percentage of currently married women age 15-49 who usually make specific decisions either by themselves or jointly with their husband, by background characteristics, Nepal DHS 2016

| Background characteristic | Specific decisions |  |  | All three decisions | None of the three decisions | Other decisions |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Woman's own health care | Making major household purchases | Visits to her family or relatives |  |  | Children's education | Use of her inherited asset (pewa) |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 26.9 | 13.8 | 19.3 | 9.3 | 65.4 | 33.3 | 64.0 | 704 |
| 20-24 | 44.3 | 29.9 | 35.3 | 20.4 | 45.5 | 47.0 | 73.5 | 1,684 |
| 25-29 | 60.0 | 52.2 | 53.5 | 36.5 | 26.1 | 64.4 | 79.0 | 1,957 |
| 30-34 | 65.9 | 64.3 | 64.8 | 47.9 | 19.1 | 71.9 | 80.2 | 1,726 |
| 35-39 | 67.3 | 68.6 | 69.4 | 49.8 | 15.2 | 74.8 | 77.3 | 1,510 |
| 40-44 | 63.9 | 64.7 | 67.3 | 45.8 | 18.2 | 65.4 | 79.0 | 1,283 |
| 45-49 | 61.4 | 62.7 | 67.8 | 42.9 | 18.1 | 65.4 | 73.4 | 1,011 |
| Employment (last 12 months) |  |  |  |  |  |  |  |  |
| Not employed | 52.7 | 45.2 | 51.3 | 33.1 | 34.9 | 58.4 | 74.2 | 3,142 |
| Employed for cash | 66.6 | 66.4 | 67.5 | 47.5 | 15.8 | 71.0 | 83.2 | 2,986 |
| Employed not for cash | 55.0 | 48.8 | 49.7 | 33.7 | 30.6 | 58.8 | 72.8 | 3,747 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 41.4 | 24.4 | 33.3 | 17.1 | 48.8 | 31.7 | 71.9 | 1,025 |
| 1-2 | 59.8 | 54.4 | 56.0 | 39.4 | 26.3 | 65.3 | 78.2 | 5,044 |
| 3-4 | 60.5 | 60.0 | 61.8 | 42.0 | 22.3 | 67.4 | 76.2 | 2,965 |
| $5+$ | 55.5 | 54.4 | 58.6 | 37.5 | 26.9 | 63.8 | 71.5 | 840 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 61.5 | 56.9 | 60.2 | 41.0 | 23.1 | 65.3 | 78.0 | 6,031 |
| Rural | 51.8 | 46.9 | 48.3 | 32.6 | 34.4 | 57.8 | 73.8 | 3,844 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 55.1 | 51.4 | 53.7 | 34.2 | 26.9 | 62.8 | 73.6 | 576 |
| Hill | 59.9 | 56.9 | 57.8 | 38.5 | 22.4 | 64.7 | 81.4 | 4,150 |
| Terai | 56.3 | 50.0 | 54.1 | 37.4 | 31.6 | 60.4 | 72.6 | 5,148 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 66.2 | 57.2 | 65.4 | 46.6 | 21.7 | 69.5 | 74.9 | 2,256 |
| Central | 58.0 | 53.3 | 58.0 | 38.5 | 27.2 | 62.1 | 79.2 | 3,486 |
| Western | 56.9 | 52.5 | 52.2 | 36.2 | 29.7 | 62.5 | 80.2 | 1,988 |
| Mid-western | 48.6 | 47.4 | 42.2 | 26.7 | 33.8 | 54.6 | 68.9 | 1,298 |
| Far-western | 50.5 | 50.1 | 48.3 | 30.6 | 29.0 | 55.6 | 70.8 | 846 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 67.8 | 59.6 | 68.1 | 47.0 | 17.9 | 70.7 | 77.2 | 1,655 |
| Province 2 | 52.8 | 44.9 | 49.4 | 36.4 | 39.2 | 57.3 | 70.5 | 2,168 |
| Province 3 | 64.9 | 61.9 | 67.6 | 43.2 | 15.2 | 68.9 | 85.8 | 1,920 |
| Province 4 | 65.8 | 60.4 | 58.2 | 42.6 | 20.2 | 69.2 | 80.9 | 950 |
| Province 5 | 51.3 | 47.2 | 48.1 | 31.1 | 34.4 | 55.4 | 76.4 | 1,749 |
| Province 6 | 40.8 | 44.3 | 32.9 | 20.0 | 40.3 | 55.3 | 65.5 | 586 |
| Province 7 | 50.5 | 50.1 | 48.3 | 30.6 | 29.0 | 55.6 | 70.8 | 846 |
| Education |  |  |  |  |  |  |  |  |
| No education | 56.2 | 55.1 | 57.6 | 39.1 | 28.0 | 61.7 | 71.9 | 3,984 |
| Primary | 53.2 | 53.9 | 53.8 | 37.0 | 29.8 | 60.6 | 77.2 | 1,853 |
| Some secondary | 57.3 | 48.6 | 52.2 | 34.9 | 29.7 | 60.2 | 78.5 | 2,177 |
| SLC and above | 66.2 | 52.7 | 57.1 | 38.6 | 21.3 | 68.0 | 82.6 | 1,861 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 52.1 | 51.2 | 50.2 | 33.1 | 30.5 | 60.1 | 72.6 | 1,687 |
| Second | 54.2 | 49.4 | 51.5 | 33.4 | 30.0 | 60.7 | 75.8 | 1,946 |
| Middle | 55.0 | 48.3 | 51.9 | 35.8 | 32.1 | 59.3 | 72.4 | 2,088 |
| Fourth | 58.3 | 52.5 | 55.9 | 39.6 | 29.0 | 61.4 | 76.3 | 2,107 |
| Highest | 68.0 | 63.0 | 67.4 | 45.5 | 16.3 | 69.8 | 84.2 | 2,047 |
| Total | 57.7 | 53.0 | 55.6 | 37.7 | 27.5 | 62.3 | 76.4 | 9,875 |

Table 15.10.2 Men's participation in decision making by background characteristics
Percentage of currently married men age 15-49 who usually make specific decisions either alone or jointly with their wife, by background characteristics, Nepal DHS 2016

| Background characteristic | Specific decisions |  | Both decisions | Neither of the two decisions | Other decision <br> Children's education | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Man's own health | Making major household purchases |  |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 57.9 | 11.1 | 11.1 | 42.1 | 42.9 | 60 |
| 20-24 | 70.8 | 35.0 | 33.5 | 27.6 | 55.5 | 284 |
| 25-29 | 76.3 | 45.2 | 41.0 | 19.5 | 65.2 | 423 |
| 30-34 | 86.8 | 55.4 | 53.1 | 10.9 | 74.3 | 513 |
| 35-39 | 90.3 | 59.6 | 57.6 | 7.7 | 81.9 | 528 |
| 40-44 | 91.4 | 65.5 | 63.3 | 6.4 | 85.2 | 461 |
| 45-49 | 91.8 | 73.1 | 69.5 | 4.5 | 86.2 | 407 |
| Employment (last 12 months) |  |  |  |  |  |  |
| Not employed | 69.5 | 37.0 | 32.0 | 25.4 | 67.6 | 73 |
| Employed for cash | 85.8 | 55.3 | 53.0 | 12.0 | 75.4 | 2,143 |
| Employed not for cash | 83.8 | 62.0 | 57.8 | 12.0 | 76.4 | 459 |
| Number of living children |  |  |  |  |  |  |
| 0 | 68.1 | 33.0 | 29.7 | 28.6 | 48.0 | 298 |
| 1-2 | 86.6 | 48.9 | 47.0 | 11.5 | 74.5 | 1,320 |
| 3-4 | 87.6 | 69.2 | 65.8 | 9.1 | 82.4 | 819 |
| 5+ | 88.4 | 78.0 | 74.6 | 8.3 | 90.0 | 238 |
| Residence |  |  |  |  |  |  |
| Urban | 86.4 | 53.4 | 50.8 | 11.0 | 76.1 | 1,693 |
| Rural | 82.6 | 60.3 | 57.6 | 14.7 | 74.1 | 982 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 82.6 | 64.1 | 59.8 | 13.1 | 83.1 | 169 |
| Hill | 89.5 | 50.9 | 47.8 | 7.4 | 77.4 | 1,137 |
| Terai | 81.6 | 59.1 | 57.0 | 16.4 | 72.7 | 1,369 |
| Development region |  |  |  |  |  |  |
| Eastern | 83.5 | 54.5 | 51.4 | 13.5 | 73.1 | 604 |
| Central | 85.2 | 54.3 | 51.6 | 12.1 | 76.8 | 1,039 |
| Western | 84.8 | 49.3 | 48.4 | 14.3 | 72.8 | 481 |
| Mid-western | 85.8 | 62.1 | 58.0 | 10.0 | 75.9 | 331 |
| Far-western | 87.9 | 72.4 | 70.0 | 9.7 | 79.7 | 220 |
| Province |  |  |  |  |  |  |
| Province 1 | 83.7 | 53.0 | 49.6 | 12.9 | 68.9 | 460 |
| Province 2 | 82.7 | 63.3 | 62.6 | 16.5 | 79.3 | 557 |
| Province 3 | 86.8 | 47.4 | 43.2 | 9.0 | 76.8 | 627 |
| Province 4 | 88.9 | 43.2 | 41.6 | 9.5 | 76.4 | 228 |
| Province 5 | 82.4 | 59.6 | 57.1 | 15.1 | 71.8 | 440 |
| Province 6 | 88.0 | 56.9 | 54.6 | 9.7 | 77.2 | 144 |
| Province 7 | 87.9 | 72.4 | 70.0 | 9.7 | 79.7 | 220 |
| Education |  |  |  |  |  |  |
| No education | 86.5 | 75.6 | 72.0 | 9.8 | 79.3 | 360 |
| Primary | 82.1 | 60.1 | 55.7 | 13.4 | 76.2 | 647 |
| Some secondary | 83.3 | 51.5 | 49.9 | 15.1 | 72.6 | 823 |
| SLC and above | 88.2 | 48.6 | 46.8 | 10.0 | 75.7 | 845 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 81.6 | 64.1 | 58.4 | 12.8 | 74.6 | 432 |
| Second | 84.4 | 59.3 | 55.9 | 12.2 | 77.1 | 489 |
| Middle | 83.4 | 59.6 | 58.0 | 14.9 | 75.0 | 524 |
| Fourth | 84.4 | 50.7 | 49.0 | 13.8 | 73.4 | 617 |
| Highest | 89.9 | 49.5 | 47.9 | 8.5 | 76.8 | 613 |
| Total | 85.0 | 55.9 | 53.3 | 12.4 | 75.4 | 2,675 |

Table 15.11.1 Attitude toward wife beating: Women
Percentage of all women age 15-49 who agree that a husband is justified in hitting or beating his wife for specific reasons, by background characteristics, Nepal DHS 2016

| Background characteristic | Husband is justified in hitting or beating his wife if she: |  |  |  |  | Percentage who agree with at least one specified reason | Brings less or no dowry | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burns the food | Argues with him | Goes out without telling him | Neglects the children | Refuses to have sexual intercourse with him |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 3.4 | 9.1 | 10.0 | 28.1 | 2.7 | 33.2 | 1.2 | 2,598 |
| 20-24 | 2.3 | 8.0 | 10.3 | 23.2 | 2.3 | 26.9 | 0.6 | 2,251 |
| 25-29 | 3.9 | 8.0 | 11.6 | 24.2 | 3.0 | 27.9 | 0.8 | 2,135 |
| 30-34 | 2.7 | 9.6 | 12.7 | 24.7 | 2.9 | 28.5 | 0.8 | 1,806 |
| 35-39 | 3.7 | 9.1 | 14.0 | 24.3 | 2.4 | 28.6 | 1.0 | 1,572 |
| 40-44 | 3.3 | 9.2 | 12.2 | 20.4 | 3.6 | 24.8 | 1.0 | 1,388 |
| 45-49 | 5.4 | 9.9 | 13.1 | 22.9 | 5.5 | 26.8 | 1.6 | 1,113 |
| Employment (last 12 months) |  |  |  |  |  |  |  |  |
| Not employed | 3.8 | 10.6 | 12.4 | 25.0 | 3.2 | 29.6 | 1.1 | 4,259 |
| Employed for cash | 3.8 | 8.3 | 11.9 | 24.3 | 3.1 | 28.4 | 1.3 | 3,822 |
| Employed not for cash | 2.7 | 7.7 | 10.9 | 24.0 | 2.8 | 27.8 | 0.6 | 4,781 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 3.0 | 7.6 | 9.4 | 25.8 | 2.2 | 29.6 | 1.0 | 3,724 |
| 1-2 | 2.5 | 7.4 | 11.2 | 23.0 | 2.2 | 26.7 | 0.5 | 5,184 |
| 3-4 | 4.5 | 10.9 | 13.8 | 24.7 | 4.6 | 29.6 | 1.3 | 3,087 |
| $5+$ | 6.3 | 15.8 | 17.0 | 25.2 | 5.7 | 31.0 | 2.5 | 867 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 2.8 | 6.3 | 8.0 | 26.1 | 2.1 | 29.6 | 1.2 | 2,669 |
| Married or living together | 3.5 | 9.4 | 12.7 | 23.9 | 3.2 | 28.2 | 0.8 | 9,875 |
| Divorced/separated/widowed | 5.8 | 12.5 | 10.2 | 26.1 | 4.9 | 31.1 | 3.4 | 318 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 2.7 | 7.4 | 10.9 | 23.8 | 2.6 | 27.4 | 0.7 | 8,072 |
| Rural | 4.6 | 11.3 | 13.1 | 25.3 | 3.8 | 30.5 | 1.4 | 4,790 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 2.7 | 8.5 | 14.8 | 30.0 | 3.2 | 33.4 | 0.2 | 775 |
| Hill | 2.1 | 5.3 | 9.8 | 22.3 | 2.3 | 25.4 | 0.6 | 5,556 |
| Terai | 4.6 | 11.9 | 12.9 | 25.4 | 3.6 | 30.7 | 1.4 | 6,531 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 3.1 | 6.5 | 10.9 | 21.8 | 2.2 | 25.4 | 0.9 | 2,900 |
| Central | 5.4 | 11.4 | 13.5 | 26.0 | 4.0 | 30.9 | 1.5 | 4,569 |
| Western | 1.0 | 6.9 | 8.8 | 20.8 | 1.5 | 23.7 | 0.6 | 2,597 |
| Mid-western | 2.6 | 8.4 | 12.2 | 26.7 | 3.1 | 31.1 | 0.2 | 1,650 |
| Far-western | 2.9 | 9.5 | 12.6 | 29.3 | 4.5 | 34.3 | 0.7 | 1,145 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 3.1 | 6.8 | 12.1 | 23.4 | 2.5 | 27.5 | 0.8 | 2,173 |
| Province 2 | 8.1 | 17.1 | 14.6 | 25.9 | 5.2 | 32.6 | 2.2 | 2,563 |
| Province 3 | 2.2 | 4.7 | 10.7 | 23.7 | 2.2 | 26.3 | 0.8 | 2,732 |
| Province 4 | 0.9 | 3.4 | 7.2 | 21.0 | 1.6 | 23.4 | 0.5 | 1,249 |
| Province 5 | 1.7 | 10.1 | 11.2 | 23.9 | 2.2 | 27.7 | 0.5 | 2,274 |
| Province 6 | 2.8 | 6.4 | 11.7 | 24.2 | 2.7 | 28.4 | 0.2 | 724 |
| Province 7 | 2.9 | 9.5 | 12.6 | 29.3 | 4.5 | 34.3 | 0.7 | 1,145 |
| Education |  |  |  |  |  |  |  |  |
| No education | 5.6 | 12.6 | 15.1 | 25.1 | 4.6 | 29.8 | 1.7 | 4,281 |
| Primary | 4.1 | 12.1 | 13.8 | 26.8 | 4.3 | 32.8 | 0.9 | 2,150 |
| Some secondary | 2.2 | 7.1 | 11.0 | 26.3 | 2.2 | 30.4 | 0.4 | 3,291 |
| SLC and above | 1.1 | 3.5 | 6.3 | 19.7 | 0.8 | 22.0 | 0.5 | 3,140 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 3.0 | 7.7 | 10.6 | 22.8 | 3.1 | 26.7 | 0.5 | 2,176 |
| Second | 2.9 | 8.7 | 12.6 | 26.0 | 2.8 | 30.5 | 0.8 | 2,525 |
| Middle | 5.9 | 13.6 | 14.9 | 28.9 | 4.5 | 34.1 | 1.8 | 2,595 |
| Fourth | 4.0 | 9.7 | 12.5 | 25.2 | 3.4 | 29.8 | 1.2 | 2,765 |
| Highest | 1.2 | 4.7 | 7.9 | 19.2 | 1.4 | 21.9 | 0.4 | 2,801 |
| Total | 3.4 | 8.9 | 11.7 | 24.4 | 3.0 | 28.5 | 1.0 | 12,862 |

Table 15.11.2 Attitude toward wife beating: Men
Percentage of all men age 15-49 who agree that a husband is justified in hitting or beating his wife for specific reasons, by background characteristics, Nepal DHS 2016

| Background characteristic | Husband is justified in hitting or beating his wife if she: |  |  |  |  | Percentage who agree with at least one specified reason | Brings less or no dowry | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Burns the } \\ \text { food } \end{gathered}$ | $\begin{gathered} \text { Argues with } \\ \text { him } \end{gathered}$ | Goes out without telling him | Neglects the children | Refuses to have sexual intercourse with him |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 2.8 | 9.2 | 12.4 | 27.2 | 6.4 | 30.7 | 0.6 | 931 |
| 20-24 | 1.3 | 11.2 | 8.9 | 19.5 | 2.8 | 23.7 | 0.5 | 649 |
| 25-29 | 1.1 | 7.8 | 7.9 | 17.2 | 2.8 | 21.7 | 0.4 | 525 |
| 30-34 | 0.7 | 6.8 | 8.0 | 14.4 | 3.1 | 17.2 | 0.4 | 535 |
| 35-39 | 0.6 | 8.5 | 9.8 | 17.2 | 4.4 | 22.7 | 0.6 | 544 |
| 40-44 | 1.7 | 10.4 | 8.6 | 14.4 | 2.3 | 21.3 | 0.3 | 463 |
| 45-49 | 2.0 | 6.2 | 7.8 | 11.6 | 2.6 | 15.3 | 0.3 | 415 |
| Employment (last 12 months) |  |  |  |  |  |  |  |  |
| Not employed | 1.5 | 8.5 | 8.8 | 22.6 | 5.1 | 24.9 | 0.4 | 581 |
| Employed for cash | 1.5 | 7.9 | 9.0 | 16.5 | 3.2 | 20.9 | 0.4 | 2,777 |
| Employed not for cash | 1.9 | 12.2 | 11.5 | 23.7 | 5.0 | 29.3 | 0.5 | 705 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 2.1 | 8.8 | 10.4 | 22.1 | 4.8 | 26.2 | 0.5 | 1,658 |
| 1-2 | 0.6 | 7.6 | 8.3 | 15.5 | 2.7 | 20.3 | 0.4 | 1,340 |
| 3-4 | 1.6 | 10.3 | 9.5 | 16.5 | 3.6 | 20.3 | 0.7 | 824 |
| $5+$ | 2.8 | 9.5 | 9.2 | 19.0 | 4.0 | 24.0 | 0.0 | 241 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 2.5 | 8.8 | 10.5 | 23.9 | 5.4 | 27.6 | 0.6 | 1,355 |
| Married or living together | 1.1 | 8.5 | 8.6 | 15.7 | 3.0 | 20.4 | 0.4 | 2,675 |
| Divorced/separated/widowed | (0.0) | (27.6) | (34.5) | (38.8) | (3.3) | (38.8) | (0.0) | 33 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 1.5 | 8.7 | 9.0 | 18.9 | 3.2 | 23.1 | 0.5 | 2,647 |
| Rural | 1.7 | 8.8 | 10.2 | 18.1 | 4.9 | 22.7 | 0.4 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 3.3 | 10.8 | 15.2 | 29.9 | 8.6 | 34.0 | 0.7 | 252 |
| Hill | 1.1 | 5.8 | 9.0 | 17.5 | 3.4 | 22.1 | 0.3 | 1,791 |
| Terai | 1.7 | 11.1 | 9.1 | 18.2 | 3.5 | 22.3 | 0.6 | 2,019 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 1.4 | 8.8 | 11.9 | 20.1 | 3.0 | 24.8 | 0.5 | 892 |
| Central | 1.7 | 9.2 | 9.3 | 17.3 | 4.0 | 21.3 | 0.5 | 1,604 |
| Western | 0.5 | 2.0 | 4.9 | 10.7 | 1.8 | 14.0 | 0.3 | 785 |
| Mid-western | 2.3 | 13.8 | 11.5 | 26.4 | 7.1 | 31.5 | 0.6 | 453 |
| Far-western | 2.8 | 15.5 | 11.0 | 28.9 | 5.4 | 35.3 | 0.3 | 330 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 1.0 | 5.9 | 10.7 | 19.2 | 2.3 | 24.0 | 0.4 | 691 |
| Province 2 | 2.9 | 15.6 | 11.9 | 18.1 | 4.9 | 22.2 | 0.5 | 795 |
| Province 3 | 1.0 | 6.1 | 8.6 | 17.9 | 3.5 | 21.9 | 0.6 | 1,009 |
| Province 4 | 0.4 | 1.7 | 6.8 | 13.6 | 2.1 | 18.4 | 0.3 | 376 |
| Province 5 | 1.0 | 7.3 | 5.6 | 14.1 | 3.3 | 17.4 | 0.4 | 658 |
| Province 6 | 3.1 | 11.6 | 13.8 | 29.3 | 8.3 | 33.9 | 0.8 | 203 |
| Province 7 | 2.8 | 15.5 | 11.0 | 28.9 | 5.4 | 35.3 | 0.3 | 330 |
| Education |  |  |  |  |  |  |  |  |
| No education | 3.9 | 18.1 | 14.2 | 24.9 | 7.4 | 28.2 | 1.2 | 391 |
| Primary | 1.8 | 11.7 | 13.3 | 22.7 | 5.6 | 29.6 | 0.6 | 789 |
| Some secondary | 1.9 | 9.4 | 11.3 | 22.3 | 4.3 | 26.7 | 0.4 | 1,386 |
| SLC and above | 0.5 | 4.1 | 4.4 | 11.3 | 1.5 | 14.6 | 0.3 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 3.0 | 12.3 | 16.1 | 29.5 | 7.1 | 34.5 | 0.8 | 623 |
| Second | 2.2 | 10.0 | 10.5 | 22.3 | 5.5 | 27.2 | 0.2 | 706 |
| Middle | 0.8 | 11.2 | 10.2 | 17.8 | 2.8 | 23.4 | 0.1 | 758 |
| Fourth | 1.6 | 8.6 | 8.2 | 17.7 | 2.7 | 21.2 | 1.0 | 982 |
| Highest | 0.7 | 4.0 | 5.1 | 10.6 | 2.4 | 14.0 | 0.2 | 994 |
| Total | 1.6 | 8.8 | 9.4 | 18.6 | 3.8 | 22.9 | 0.5 | 4,063 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

Table 15.12 Attitudes toward negotiating safer sexual relations with husband
Percentage of women and men age 15-49 who believe that a woman is justified in refusing to have sexual intercourse with her husband if she knows that he has sexual intercourse with other women, and percentage who believe that a woman is justified in asking that they use a condom if she knows that her husband has a sexually transmitted infection (STI), according to background characteristics, Nepal DHS 2016

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Refusing to have sexual intercourse with her husband if she knows he has sex with other women | Asking that they use a condom if she knows that her husband has an STI | Number of women | Refusing to have sexual intercourse with her husband if she knows he has sex with other women | Asking that they use a condom if she knows that her husband has an STI | Number of men |
| Age |  |  |  |  |  |  |
| 15-24 | 83.9 | 91.6 | 4,849 | 74.5 | 95.6 | 1,580 |
| 15-19 | 82.9 | 89.9 | 2,598 | 73.5 | 95.2 | 931 |
| 20-24 | 85.2 | 93.5 | 2,251 | 75.8 | 96.1 | 649 |
| 25-29 | 81.8 | 93.1 | 2,135 | 75.4 | 96.9 | 525 |
| 30-39 | 82.3 | 92.8 | 3,378 | 74.8 | 95.8 | 1,079 |
| 40-49 | 80.6 | 89.5 | 2,501 | 76.3 | 95.8 | 879 |
| Marital status |  |  |  |  |  |  |
| Never married | 84.0 | 91.9 | 2,669 | 74.3 | 95.6 | 1,355 |
| Ever had sex | * | * | 22 | 74.6 | 96.6 | 390 |
| Never had sex | 84.0 | 91.9 | 2,647 | 74.2 | 95.2 | 965 |
| Married/living together | 82.2 | 91.7 | 9,875 | 75.4 | 95.9 | 2,675 |
| Divorced/separated/widowed | 80.1 | 90.9 | 318 | (78.6) | (100.0) | 33 |
| Residence |  |  |  |  |  |  |
| Urban | 83.3 | 92.6 | 8,072 | 73.4 | 95.1 | 2,647 |
| Rural | 81.2 | 90.2 | 4,790 | 78.3 | 97.2 | 1,416 |
| Ecological zone |  |  |  |  |  |  |
| Mountain | 86.2 | 91.6 | 775 | 75.5 | 95.3 | 252 |
| Hill | 87.6 | 96.7 | 5,556 | 73.8 | 95.9 | 1,791 |
| Terai | 77.7 | 87.5 | 6,531 | 76.2 | 95.8 | 2,019 |
| Development region |  |  |  |  |  |  |
| Eastern | 78.4 | 87.3 | 2,900 | 68.2 | 94.4 | 892 |
| Central | 82.0 | 90.0 | 4,569 | 76.2 | 95.9 | 1,604 |
| Western | 89.3 | 97.3 | 2,597 | 81.0 | 97.2 | 785 |
| Mid-western | 82.2 | 93.8 | 1,650 | 68.7 | 95.9 | 453 |
| Far-western | 80.0 | 94.4 | 1,145 | 83.0 | 96.0 | 330 |
| Province |  |  |  |  |  |  |
| Province 1 | 86.3 | 93.1 | 2,173 | 67.2 | 94.0 | 691 |
| Province 2 | 69.2 | 77.2 | 2,563 | 77.4 | 97.0 | 795 |
| Province 3 | 86.7 | 96.7 | 2,732 | 74.3 | 95.0 | 1,009 |
| Province 4 | 89.9 | 97.2 | 1,249 | 76.3 | 96.1 | 376 |
| Province 5 | 86.1 | 96.1 | 2,274 | 81.2 | 96.7 | 658 |
| Province 6 | 82.1 | 93.3 | 724 | 61.4 | 98.2 | 203 |
| Province 7 | 80.0 | 94.4 | 1,145 | 83.0 | 96.0 | 330 |
| Education |  |  |  |  |  |  |
| No education | 77.1 | 86.2 | 4,281 | 75.9 | 96.3 | 391 |
| Primary | 83.7 | 90.4 | 2,150 | 71.7 | 92.5 | 789 |
| Some secondary | 85.2 | 94.9 | 3,291 | 75.8 | 96.5 | 1,386 |
| SLC and above | 86.2 | 96.9 | 3,140 | 75.9 | 96.8 | 1,497 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 84.1 | 91.5 | 2,176 | 70.7 | 95.1 | 623 |
| Second | 82.0 | 91.6 | 2,525 | 75.7 | 95.2 | 706 |
| Middle | 78.8 | 88.4 | 2,595 | 77.6 | 97.2 | 758 |
| Fourth | 81.7 | 90.3 | 2,765 | 75.2 | 97.3 | 982 |
| Highest | 86.0 | 96.6 | 2,801 | 75.2 | 94.3 | 994 |
| Total | 82.5 | 91.7 | 12,862 | 75.1 | 95.8 | 4,063 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 15.13 Ability to negotiate sexual relations with husband
Percentage of currently married women age $15-49$ who can say no to their husband if they do not want to have sexual intercourse, and percentage who can ask their husband to use a condom, according to background characteristics, Nepal DHS 2016
\(\left.$$
\begin{array}{lccc}\hline & \begin{array}{c}\text { Percentage } \\
\text { who can say } \\
\text { no to their } \\
\text { husband if } \\
\text { they do not } \\
\text { want to have } \\
\text { sexual }\end{array} & \begin{array}{c}\text { Percentage } \\
\text { who can ask } \\
\text { their husband } \\
\text { to use a } \\
\text { condom }\end{array} & \\
\text { intercourse }\end{array}
$$ \quad \begin{array}{c}Number of <br>

women\end{array}\right]\)| Background |
| :--- |
| characteristic |

Table 15.14 Indicators of women's empowerment
Percentage of currently married women age 15-49 who participate in all decision making and the percentage who disagree with all of the reasons justifying wife beating, by value on each of the indicators of women's empowerment, Nepal DHS 2016

| Empowerment indicator | Percentage who participate in all decision making | Percentage who disagree with all of the reasons justifying wife beating | Number of women |
| :---: | :---: | :---: | :---: |
| Number of decisions in which women participate ${ }^{1}$ |  |  |  |
| 0 | na | 71.6 | 2,713 |
| 1-2 | na | 70.9 | 3,440 |
| 3 | na | 72.8 | 3,722 |
| Number of reasons for which wife beating is justified ${ }^{2}$ |  |  |  |
| 0 | 38.2 | na | 7,091 |
| 1-2 | 37.3 | na | 2,122 |
| 3-4 | 35.0 | na | 563 |
| 5 | 23.8 | na | 99 |

na $=$ Not applicable
${ }^{1}$ See Table 15.10.1 for the list of decisions. Excludes decisions on children's education and use of her inherited asset (pewa).
${ }^{2}$ See Table 15.11.1 for the list of reasons. Excludes the reason bringing less or no dowry.

Table 15.15 Current use of contraception by women's empowerment
Percent distribution of currently married women age 15-49 by current contraceptive method, according to selected indicators of women's status, Nepal DHS 2016

| Empowerment indicator | $\begin{gathered} \text { Any } \\ \text { method } \end{gathered}$ | Any modern method ${ }^{1}$ | Modern methods |  |  |  | Any traditional method | Notcurrentlyusing | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Female sterilization | Male sterilization | Temporary modern female methods ${ }^{2}$ | Male condom |  |  |  |  |
| Number of decisions in which women participate ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |
|  | 43.0 | 33.7 | 10.4 | 3.9 | 15.4 | 4.0 | 9.3 | 57.0 | 100.0 | 2,713 |
| 1-2 | 59.2 | 48.4 | 14.6 | 6.6 | 21.9 | 5.3 | 10.7 | 40.8 | 100.0 | 3,440 |
| 3 | 53.5 | 44.2 | 18.0 | 5.6 | 17.2 | 3.4 | 9.4 | 46.5 | 100.0 | 3,722 |
| Number of reasons for which wife beating is justified ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |
| 0 | 53.7 | 43.1 | 14.1 | 5.5 | 18.8 | 4.6 | 10.6 | 46.3 | 100.0 | 7,091 |
| 1-2 | 51.1 | 43.1 | 15.1 | 5.9 | 18.4 | 3.6 | 8.0 | 48.9 | 100.0 | 2,122 |
| 3-4 | 45.5 | 38.4 | 18.0 | 3.9 | 14.4 | 2.2 | 7.1 | 54.5 | 100.0 | 563 |
| 5 | 50.7 | 43.2 | 28.3 | 1.7 | 10.2 | 2.9 | 7.5 | 49.3 | 100.0 | 99 |
| Total | 52.6 | 42.8 | 14.7 | 5.5 | 18.4 | 4.2 | 9.8 | 47.4 | 100.0 | 9,875 |

Note: If more than one method is used, only the most effective method is considered in this tabulation.
${ }^{1}$ Female sterilization, male sterilization, pill, IUD, injectables, implants, male condom, emergency contraception, lactational amenorrhea method (LAM), and other modern methods
${ }_{2}^{2}$ Pill, IUD, injectables, implants, emergency contraception, lactational amenorrhea method, and other modern methods
${ }^{3}$ See Table 15.10.1 for the list of decisions. Excludes decisions on children's education and use of their inherited asset (pewa).
${ }^{4}$ See Table 15.11 .1 for the list of reasons. Excludes the reason bringing less or no dowry.

Table 15.16 Ideal number of children and unmet need for family planning by women's empowerment
Mean ideal number of children for women age 15-49 and percentage of currently married women age 15-49 with an unmet need for family planning, by indicators of women's empowerment, Nepal DHS 2016

| Empowerment indicator | Mean ideal number of children ${ }^{1}$ | Number of women | Percentage of currently married women with an unmet need for family planning ${ }^{2}$ |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | For spacing | For limiting | Total |  |
| Number of decisions in which women participate ${ }^{3}$ |  |  |  |  |  |  |
| 0 | 2.3 | 2,702 | 13.7 | 10.9 | 24.6 | 2,713 |
| 1-2 | 2.2 | 3,434 | 6.9 | 13.1 | 20.0 | 3,440 |
| 3 | 2.1 | 3,702 | 5.2 | 21.3 | 26.5 | 3,722 |
| Number of reasons for which wife beating is justified ${ }^{4}$ |  |  |  |  |  |  |
| 0 | 2.1 | 9,139 | 7.8 | 15.0 | 22.8 | 7,091 |
| 1-2 | 2.1 | 2,873 | 9.5 | 17.7 | 27.3 | 2,122 |
| 3-4 | 2.3 | 666 | 6.8 | 15.1 | 21.9 | 563 |
| 5 | 2.5 | 114 | 9.7 | 14.5 | 24.2 | 99 |
| Total | 2.1 | 12,792 | 8.1 | 15.6 | 23.7 | 9,875 |

${ }^{1}$ Mean excludes respondents who gave non-numeric responses.
${ }^{2}$ Figures for unmet need correspond to the revised definition described in Bradley et al. 2012.
${ }^{3}$ Restricted to currently married women. See Table 15.10.1 for the list of decisions. Excludes decisions on children's education and use of their inherited asset (pewa).
${ }^{4}$ See Table 15.11.1 for the list of reasons. Excludes the reason bringing less or no dowry.

Table 15.17 Reproductive health care by women's empowerment
Percentage of women age $15-49$ with a live birth in the 5 years preceding the survey who received antenatal care, delivery assistance, and postnatal care from health personnel for the most recent birth, according to indicators of women's empowerment, Nepal DHS 2016

| Empowerment indicator | Percentage receiving antenatal care from a skilled provider ${ }^{1}$ | Percentage receiving delivery care from a skilled provider ${ }^{1}$ | Percentage with a postnatal checkup in the first 2 days after birth ${ }^{2}$ | Number of women with a child born in the last 5 years |
| :---: | :---: | :---: | :---: | :---: |
| Number of decisions in which women participate ${ }^{3}$ |  |  |  |  |
|  | 84.3 | 56.2 | 46.4 | 1,418 |
| 1-2 | 85.1 | 63.2 | 56.6 | 1,361 |
| 3 | 81.9 | 64.2 | 59.3 | 1,187 |
| Number of reasons for which wife beating is justified ${ }^{4}$ |  |  |  |  |
| , | 83.3 | 61.4 | 55.3 | 2,866 |
| 1-2 | 84.7 | 61.6 | 51.4 | 891 |
| 3-4 | 83.6 | 55.2 | 45.2 | 203 |
| 5 | (86.0) | (53.8) | (50.4) | 39 |
| Total | 83.6 | 61.1 | 53.9 | 3,998 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
1 "Skilled provider" includes doctor, nurse, or auxiliary nurse midwife.
${ }^{2}$ Includes women who received a postnatal checkup from a doctor, nurse, auxiliary nurse midwife, community health worker, or traditional birth attendant in the first 2 days after the birth. Includes women who gave birth in a health facility and those who did not give birth in a health facility.
${ }^{3}$ Restricted to currently married women. See Table 15.10 .1 for the list of decisions Excludes decisions on children's education and use of their inherited asset (pewa).
${ }^{4}$ See Table 15.11.1 for the list of reasons. Excludes the reason bringing less or no dowry.

Table 15.18 Early childhood mortality rates by women's status
Infant, child, and under-5 mortality rates for the 10-year period preceding the survey, according to indicators of women's empowerment, Nepal DHS 2016

|  | Infant <br> mortality <br> $\left(1 q_{0}\right)$ | Child <br> mortality <br> $\left(4 q_{1}\right)$ | Under-5 <br> mortality <br> $\left(5 q_{0}\right)$ |
| :--- | :--- | :--- | :--- |
| Empowerment indicator |  |  |  |
| Number of decisions in <br> which women |  |  |  |
| participate ${ }^{1}$ |  |  |  |
| 0 | 47 | 9 | 55 |
| $1-2$ | 37 | 9 | 45 |
| 3 | 34 | 5 | 39 |
|  |  |  |  |
| Number of reasons for <br> which wife beating is <br> justified ${ }^{2}$ <br> 0 |  |  |  |
| $1-2$ | 40 | 8 | 48 |
| $3-4$ | 36 | 8 | 43 |
| 5 | 39 | 4 | 43 |

Note: An asterisk indicates that a rate is based on fewer than 250 unweighted person-years of exposure to the risk of death and has been suppressed.
${ }^{1}$ Restricted to currently married women. See Table 15.10 .1 for the list of decisions. Excludes decisions on children's education and use of their inherited asset (pewa).
${ }^{2}$ See Table 15.11.1 for the list of reasons. Excludes the reason bringing less or no dowry.

## Key Findings

- Experience of violence: Twenty-two percent of women in Nepal age 15-49 have experienced physical violence since age 15, and $7 \%$ have ever experienced sexual violence. Six percent of women who have ever been pregnant have experienced violence during pregnancy.
- Spousal violence: Twenty-six percent of ever-married women have ever experienced spousal physical, sexual, or emotional violence. The most common type of spousal violence is physical violence (23\%), followed by emotional violence (12\%). Seven percent of ever-married women have experienced spousal sexual violence.
- Trends in spousal violence: Ever-married women's experience of spousal physical, sexual, or emotional violence has declined from $32 \%$ in the 2011 NDHS to $26 \%$ in the 2016 NDHS. This decline is due to declines in emotional violence and sexual violence only.
- Injuries due to spousal violence: Thirty-four percent of women who have experienced spousal physical or sexual violence have sustained injuries. Cuts and bruises are the most common types of injuries reported. Discomfort in the form of "aches" is also common.
- Help seeking: Sixty-six percent of women who have experienced any type of physical or sexual violence have not sought any help or talked with anyone about resisting or stopping the violence they experience.

Gender-based violence against women has been acknowledged worldwide as a violation of basic human rights. Increasing research has highlighted the health burdens, intergenerational effects, and demographic consequences of such violence (United Nations 2006). In 1993 the United Nations Declaration on the Elimination of Violence against Women gave a universal definition of gender-based violence (GBV) as any act that results in, or is likely to result in physical, sexual, or psychological harm or suffering to women, including threats of such acts, coercion, or the arbitrary deprivation of liberty, whether occurring in public or in private life (United Nations 1993; United Nations 1995). This chapter focuses on domestic violence, one of the most common forms of gender-based violence against women.

Nepal passed the 2008 Domestic Violence (Offence and Punishment) Act in May 2009; the act defines domestic violence as "any form of physical, mental, sexual, and economic abuse perpetrated by any person to the other person with whom he has a family relationship." The definition also applies to acts of reprimand or emotional abuse. (Ministry of Law and Justice 2009). In addition, the country has taken several other steps to fight GBV, including the 2010 National Action Plan against gender-based violence
that provides integrated services to survivors by establishing hospital-based one-stop crisis management centers (OCMC) and the 2012/13-2016/17 National Strategy and Action Plan for Gender Empowerment to End Gender Based Violence aimed at ending gender-based violence. Further, the new constitution of Nepal is a significant milestone for gender equity and social inclusion (GESI) and protects equal rights for women, the poor, gender-based violence survivors, and other vulnerable and marginalized groups (Nepal Law Commission 2015). Nonetheless, women in Nepal across all caste, ethnic, and socioeconomic groups continue to face discrimination and are subject to various forms of violence. The Informal Sector Service Center (INSEC) documentation suggests that violence against women in Nepal may be increasing (INSEC Nepal 2014).

To help Nepal monitor progress toward reducing gender-based violence, the 2016 NDHS included a module of questions on domestic violence that was administered in the subsample of households that were selected for the men's survey. A similar module was included in the 2011 NDHS, allowing for comparisons over time. In accord with the World Health Organization (WHO) guidelines on the ethical collection of information on domestic violence, only one eligible woman per household was randomly selected for the module, and the module was not implemented if privacy could not be obtained (WHO 2001). In total, 4,444 women completed the module. Only three women eligible for the domestic violence module could not be successfully interviewed with the module because privacy could not be obtained or for other reasons. Special weights were used to adjust for the selection of only one woman per household and to ensure that the domestic violence subsample was nationally representative.

### 16.1 Measurement of Violence

In the 2016 NDHS, information was obtained from never-married women on their experience of violence committed by anyone and from ever-married women on their experience of violence committed by their current and former husbands and others. More specifically, violence committed by the current husband for currently married women, and by the most recent husband for formerly married women, was measured by asking all ever-married women if their husband ever did the following to them:

- Physical spousal violence: push you, shake you, or throw something at you; slap you; twist your arm or pull your hair; punch you with his/her fist or with something that could hurt you; kick you, drag you, or beat you up; try to choke you or burn you on purpose; or threaten or attack you with a knife, gun, or any other weapon
- Sexual spousal violence: physically force you to have sexual intercourse with him even when you did not want to; physically force you to perform any other sexual acts you did not want to; force you with threats or in any other way to perform sexual acts you did not want to
- Emotional spousal violence: say or do something to humiliate you in front of others; threaten to hurt or harm you or someone close to you; insult you or make you feel bad about yourself

In addition, information was obtained from all women (married and unmarried) about physical violence committed by anyone (other than a current or most recent husband) since they were age 15 by asking if anyone had hit, slapped, kicked, or done something else to hurt them physically. All women were asked about experience of sexual violence committed by anyone (other than a current or most recent husband) by asking if at any time in their life, as a child or as an adult, they were forced by threats or in any other way to have sexual intercourse or to perform any other sexual acts they did not want to do. Women who had ever been pregnant were asked about their experience of physical violence committed by anyone during any pregnancy.

The 2016 NDHS also asked women about other forms of emotional violence in the household, specifically whether or not they were being denied adequate food, or care when ill, pressured to have an abortion, threatened with divorce by husband or in-laws, asked to go for a forced divorce, abused for not bearing a son, or abused for using a family planning method.

### 16.2 Women's Experience of Physical Violence

## Physical violence by anyone

Percentage of women who have experienced any physical violence (committed by a husband or anyone else) since age 15 and in the 12 months before the survey.
Sample: Women age 15-49

Twenty-two percent of women age 15-49 have experienced physical violence since age 15 , including $9 \%$ of women who have experienced physical violence often or sometimes in the 12 months preceding the survey (Table 16.1). Six percent of women who have ever been pregnant experienced violence during pregnancy (Table 16.2).

Trends: In the 5 years between the 2011 NDHS and the 2016 NDHS, the percentage of women who had experienced physical violence since age 15 has remained unchanged at $22 \%$, as has the percentage who experienced physical violence in the 12 months preceding the survey ( $9 \%$ in both surveys). Similarly, there is no change in women's experience of violence during pregnancy.

## Patterns by background characteristics

- Women's experience of physical violence increases sharply with age, from $11 \%$ among women age $15-19$ to $28 \%$ among women age 40-49 (Table 16.1).
- Women with five or more children experience physical violence more often (35\%) than women with no children (9\%).
- By province, women's experience of physical violence varies from a low of $12 \%$ in Province 4 to a high of $34 \%$ in Province 2.
- Experience of physical violence is more common among employed women, irrespective of whether they are employed for cash (28\%) or not for cash (21\%), than among women who are not employed (17\%).
- The likelihood of experiencing physical violence declines with the level of education. More than one in three women (34\%) with no education have experienced physical violence, compared with fewer than 1 in 10 women with SLC or higher education (8\%).
- Divorced, separated, or widowed women are more likely to have experienced physical violence (46\%) than

Figure 16.1 Women's experience of violence by marital status
 currently married women ( $25 \%$ ) and never married women (6\%) (Figure 16.1).

- Violence during pregnancy among women who have ever-been pregnant is more common among women age 15-19 (10\%), women who are divorced, separated, or widowed (10\%), and women in Province 2 ( $9 \%$ ) than among most other women (Table 16.2).


### 16.2.1 Perpetrators of Physical Violence

Most ever-married women who have experienced physical violence since age 15 report current husbands as perpetrators ( $84 \%$ ) and $11 \%$ report former husbands. Seven percent report mothers-in-law and $5 \%$ report other in-laws as perpetrators (Table 16.3).

### 16.3 Experience of Sexual Violence

## Sexual violence

Percentage of women who have experienced any sexual violence (committed by a husband or anyone else) ever and in the 12 months before the survey.
Sample: Women age 15-49

### 16.3.1 Prevalence of Sexual Violence

Seven percent of women age 15-49 have ever experienced sexual violence, and 3\% have experienced sexual violence in the 12 months preceding the survey (Table 16.4).

## Patterns by background characteristics

- Ever experience of sexual violence is $3 \%$ among women age $15-19$, compared with $7 \%-8 \%$ among women 20-39 and 10\% among women age 40-49.
- Divorced, separated, or widowed women are much more likely to have experienced sexual violence ( $20 \%$ ) than currently married women ( $8 \%$ ) and never married women ( $2 \%$ ).
- Women with only primary or no education are more vulnerable to sexual violence than educated women. Four percent of women who completed SLC or higher education have experienced sexual violence, compared with $9 \%$ of women with no education and primary education only.

Five percent of women have experienced sexual violence by age 22, including $3 \%$ who experienced sexual violence by age 18 (Table 16.5).

### 16.3.2 Perpetrators of Sexual Violence

Among ever-married women who have experienced sexual violence, $80 \%$ report their current husbands as perpetrators and $19 \%$ report former husbands as perpetrators. Among all women who have experienced sexual violence, $4 \%$ each report strangers and friends/acquaintances as perpetrators (Table 16.6).

### 16.4 Experience of Different Forms of Violence

Physical violence or sexual violence may not occur in isolation; rather women may experience a combination of forms of violence, and these combinations of violence can have long lasting negative effects on women's lives, health, and wellbeing. Overall, $23 \%$ of women have experienced physical or sexual violence: $17 \%$ have experienced physical violence only, $2 \%$ have experienced sexual violence only, and $5 \%$ have experienced both physical and sexual violence. Experience of physical or sexual violence increases sharply with age, from $12 \%$ among women age 15-19 to $29 \%$ among women age 30 and older (Table 16.7).

### 16.5 Marital Control by Husband

## Marital control

Percentage of women whose current husband (if currently married) or most recent husband (if formerly married) demonstrates at least one of the following controlling behaviors: is jealous or angry if she talks to other men; frequently accuses her of being unfaithful; does not permit her to meet her female friends; tries to limit her contact with her family; and insists on knowing where she is at all times.
Sample: Ever-married women age 15-49

In a patriarchal society like Nepal, women's lives are often controlled by male family members. Attempts by husbands to closely control and monitor their wives' behavior can be another expression of women's subordinate status in the family. Marital controlling behaviors can also be important early warning signs and correlates of violence in a relationship. Because the concentration of behaviors is more significant than the display of any single behavior, the proportion of women whose husbands display at least three of the specified behaviors is also discussed.

Twenty-four percent of ever-married women report that their husband is jealous or angry if she talks to other men, $15 \%$ report that he insists on knowing where she is at all times, $12 \%$ report that he does not permit her to meet female friends, $9 \%$ report that he tries to limit her contact with her family, and $7 \%$ report that he frequently accuses her of being unfaithful. Nine percent of ever-married women have husbands who display three or more of these marital behaviors, and $66 \%$ have husbands who do not display any of these behaviors (Table 16.8).

## Patterns by background characteristics

- In Nepal, more women in terai ( $11 \%$ ) have husbands who display three or more of the specified marital control behaviors than women in hill (7\%) or mountain (5\%) ecological zones (Table 16.8).
- Women in Province 2 are about twice as likely ( $14 \%$ ) as women in most other provinces $(7 \%-8 \%)$ to have a husband who displays at least three of the specified marital control behaviors.
- Divorced, separated, or widowed women are twice as likely (18\%) as currently married women (9\%) to report that their husbands display three or more specified controlling behaviors.
- Women with SLC or higher education are less likely (4\%) than women with no education or only primary education ( $10 \%-11 \%$ ) to report that their husbands display at least three of the specified controlling behaviors.
- Women's fear of their husbands and display of controlling behaviors by husbands are highly correlated. Only $4 \%$ of women who say that they are never afraid of their husband report at least three controlling behaviors by their husband, compared with $35 \%$ of women who say that they are afraid of their husband most of the time.


### 16.6 Forms of Spousal Violence

## Spousal violence

Percentage of women who have experienced any of the specified acts of physical, sexual, or emotional violence committed by their current husband (if currently married) or most recent husband (if formerly married), ever and in the 12 months preceding the survey.
Sample: Ever-married women age 15-49

### 16.6.1 Prevalence of Spousal Violence

Twenty-six percent of ever-married women have ever experienced physical, sexual, or emotional violence at the hands of their husbands. Fourteen percent of women have experienced one or more of these forms of spousal violence in the past 12 months. The most common type of spousal violence women experience is physical violence (23\%), followed by emotional violence (12\%) and sexual violence (7\%) (Table 16.9).

The most common act of spousal physical violence that women experience is being slapped ( $21 \%$ ). Twelve percent of women report being pushed, shaken, or having something thrown at them by their husband, $9 \%$ each report having their arms twisted or hair pulled and being kicked, dragged, or beaten up, and $8 \%$ report that their husband punched them with his fist or with something else that could hurt them. Four percent of women report that their husband had tried to choke them or burn them on purpose
(Figure 16.2).
The form of sexual violence most commonly reported by women was that their husband used physical force to have sexual intercourse with them when they did not want to ( $6 \%$ ). Four percent reported that their husband physically forced them to perform other sexual acts they did not want to, and $3 \%$ reported that their husband forced them with threats or in other ways to perform sexual acts they did not want to (Figure 16.2).

Figure 16.2 Types of spousal violence


Women reporting emotional violence were most likely to report that their husband insulted them or made them feel bad about themselves ( $9 \%$ ), followed by husband said or did something to humiliate them in front of others (8\%). Five percent of women said that their husband threatened to hurt or harm them or someone close to them (Table 16.9).

Women who were married more than once were also asked about spousal violence by any husband other than their current or former husband. Twenty-seven percent of ever-married women have ever experienced spousal physical, sexual, or emotional violence committed by any husband, which is 1 percentage point more than the percentage of women who have experienced such violence committed by their current or most recent husband. During the 12 months preceding the survey, $14 \%$ of ever-married women experienced physical, sexual, or emotional violence by any husband, either current or previous (Table $\mathbf{1 6 . 9}$ and Table 16.12).

Trends: Women's experience of spousal violence by their current or most recent husband has declined in the 5 years since the 2011 NDHS, from $32 \%$ of women experiencing spousal physical, sexual, or
emotional violence in 2011 to $26 \%$ in 2016. While the experience of spousal physical violence has remained unchanged between the two surveys ( $23 \%$ in both), women's experience of spousal emotional violence has declined from $16 \%$ of women reporting such violence in 2011 to $12 \%$ in 2016, and experience of spousal sexual violence has been cut in half, from $14 \%$ of women reporting such violence in 2011 to 7\% in 2016.

## Patterns by background characteristics

- Women's experience of spousal physical, sexual or emotional violence does not vary much by rural-urban location, but does by ecological zone. Almost one-third of women in terai (32\%) report experiencing spousal physical, sexual, or emotional violence, compared with less than one-fifth of women in hill (20\%) and mountain (19\%) zones (Table 16.10).
- By province, women in Province 2 (37\%), followed by Province 5 (29\%) and Province 3 ( $26 \%$ ) are most likely to experience spousal physical, sexual, or emotional violence, and those in Province 4 (16\%) least likely to do so (Figure 16.3).

Figure 16.3 Spousal violence by province Percentage of ever-married women age 15-49 who have ever experienced physical, sexual, or emotional violence committed by


- Divorced, separated, or widowed women are more likely than currently married women to report ever experiencing spousal physical, sexual, or emotional violence ( $48 \%$ versus $26 \%$ ).
- Women's experience of spousal violence increases with the number of living children, from a low of $18 \%$ of women with no living children reporting experiencing spousal physical, sexual, or emotional violence, to a high of $32 \%$ of women with five or more children.
- Women who are employed for cash are more likely (34\%) than women not employed for cash or not employed at all ( $22 \%-23 \%$ ) to have ever experienced spousal physical, sexual, or emotional violence
- The experience of spousal violence declines sharply with education, from a high of $34 \%$ of women with no education experiencing physical, sexual, or emotional violence, to a low of 11 percent experiencing such violence among women who have completed SLC or higher education.
- Women's experience of spousal violence does not vary consistently with wealth, but tends to be highest among women in the middle wealth quintile.


## Patterns by husband's characteristics and empowerment indicators

- Women's experience of spousal violence varies more with their husbands' education than with their own. Forty-four percent of women whose husbands do not have any education have experienced spousal physical, sexual, or emotional violence compared with $14 \%$ of women whose husbands have completed SLC or higher education (Table 16.11).
- Experience of spousal violence varies greatly with the level of the husbands' alcohol consumption. Almost three out of four women whose husbands often get drunk have experienced spousal physical, sexual, or emotional violence (74\%), compared with less than one in five women (18\%) whose husbands do not drink alcohol (Figure 16.4).
- Women in couples in which the husband and wife are equally educated are less likely ( $16 \%$ ) to have experienced spousal physical, sexual, or emotional violence than women in couples where neither is educated ( $43 \%$ ) or one or the other has more education.

Figure 16.4 Spousal violence by husband's alcohol consumption

Percentage of ever-married women who have ever experienced spousal (physical, sexual, or emotional) violence by their husband/partner


- The likelihood of experiencing spousal violence increases sharply with the number of marital control behaviors displayed by husbands; $93 \%$ percent of women whose husbands displayed five of the specified marital control behaviors have ever experienced spousal physical, sexual, or emotional violence, compared with 15 percent of women whose husbands did not display any of the specified behaviors.
- Intergenerational effects of spousal violence are evident in Nepal. Women who report that their fathers beat their mothers are much more likely ( $46 \%$ ) to have themselves experienced spousal physical, sexual, or emotional violence than women who report that their fathers did not beat their mothers (23\%).
- Fear of husband and spousal violence are highly correlated. Women who say that they are afraid of their husband most of the time are most likely to have ever experienced spousal physical, sexual, or emotional violence (74\%), followed by women who are sometimes afraid of their husband (31\%). Among women who say that they are never afraid of their husband, 13 percent have experienced spousal violence.


### 16.6.2 Onset of Spousal Violence

Table 16.13 shows when spousal violence first occurred in relation to the start of marriage for women married only once. Among currently married women age 15-49 who have been married only once, $10 \%$ first experienced spousal physical or sexual violence within the first 2 years of marriage, and $17 \%$ had experienced such violence within 5 years. This suggests that a large proportion of spousal violence begins early in marriage.

### 16.7 Injuries to Women due to Spousal Violence

## Injuries due to spousal violence

Percentage of women who have the following types of injuries from spousal violence: cuts, bruises, or aches; eye injuries, sprains, dislocations, or burns; deep wounds, broken bones, broken teeth, or any other serious injury
Sample: Ever-married women age 15-49 who have experienced physical or sexual violence committed by their current husband (if currently married) or most recent husband (if formerly married)

Among ever-married women who have ever experienced spousal physical or sexual violence, $34 \%$ have sustained injuries. Thirty-nine percent sustained injuries if they experienced such violence in the 12 months preceding the survey. Those who have ever experienced spousal sexual violence are more likely to
have sustained injuries (46\%) than those who have ever experienced spousal physical violence (36\%)
(Table 16.14).
Among women who have ever experienced physical or sexual violence, the most common injuries reported are cuts, bruises, or aches (32\%), followed by eye injuries, sprains, dislocations, or burns (12\%). Nine percent of women who have experienced spousal violence report deep wounds, broken bones, broken teeth, or any other serious injury.

Trends: In the 5 years since the 2011 NDHS, there has been only a slight decline in the percentage of ever-married women who sustained injuries due to spousal physical or sexual violence. In the 2011 NDHS, $38 \%$ of ever-married women who had ever experienced physical or sexual violence sustained injuries due to the violence, compared with $34 \%$ in 2016 NDHS.

### 16.8 Violence Initiated by Women against Husbands

## Initiation of physical violence by wives

Percentage of women who have ever hit, slapped, kicked, or done anything else to physically hurt their current (if currently married) or most recent (if formerly married) husband at times when he was not already beating or physically hurting her
Sample: Ever-married women age 15-49

Either spouse can play a role in instigating domestic violence. The NDHS 2016 asked all ever-married women if they had initiated acts of physical violence against their husbands when they were not already hitting or beating them. Two percent of ever-married women in Nepal responded in the affirmative. One percent initiated such violence in the past 12 months (Table 16.15).

Women who have experienced spousal violence are much more likely than women who have not experienced spousal violence to have ever initiated violence against their husbands. Six percent of women who have ever experienced spousal violence perpetrated such violence, compared with 1 percent who have never themselves experienced spousal violence. Nonetheless, the percentage of women who initiate violence, even among those who have experienced violence, is much smaller than the percentage of women who have ever experienced spousal physical violence (Table 16.15)

Trends: The percentage of women who have ever initiated physical violence against their husbands has declined from $3 \%$ in 2011 NDHS to $2 \%$ in 2016 NDHS.

## Patterns by background characteristics

- Women's initiation of spousal physical violence varies with spouses' alcohol consumption from $1 \%$ among women whose husbands do not drink or who drink but never get drunk, to $5 \%$ among women whose husbands get drunk very often. (Table 16.16).
- Initiation of physical violence against husbands by the wife increases sharply with the number of marital control behaviors exhibited by the husband, from $1 \%$ among women whose husbands do not display any of the specified marital control behaviors to $13 \%$ among women whose husbands display all five marital control behaviors.
- Women who are afraid of their husband most of the time not only experience more violence but also are more likely to initiate violence: $5 \%$ of women who are afraid of their husband most of the time have initiated spousal violence, compared with $2 \%$ of women who are never afraid of their husband.


### 16.9 Forms of Emotional Violence in the household


#### Abstract

Emotional violence in the household Percentage of women who have not been given enough food to eat; not been cared for when ill; asked to go for a forced abortion; threatened with divorce by husband or in-laws; asked to go for a forced divorce; abused for not bearing a son; and abused for using a family planning method


Sample: Ever-married women age 15-49

This round of NDHS included questions relating to emotional violence within a household. Ever-married women were asked if they had ever experienced any of the specified acts of emotional violence in their households. Among several forms of emotional violence faced by ever-married women in the household, $8 \%$ are not taken care of when ill, $7 \%$ are not given enough food to eat, $6 \%$ are threatened with divorce by husbands or in-laws, $5 \%$ are asked to go for a forced divorce, $4 \%$ are abused for not bearing a son, and $1 \%$ each asked to go for a forced abortion and abused for using a family planning method (Table 16.17).

## Patterns by background characteristics

- Divorced, separated, or widowed women report all of the different types of household emotional abuse more than do currently married women. For example, $24 \%$ of the former say that they are not cared for when ill, compared with $8 \%$ of currently married women.
- Women with five or more children more often report each of the different types of household emotional abuse, than women with fewer children or no children.
- Women who are employed and earning cash more often report each of the different types of household emotional abuse than women who are not employed or employed without earning cash. For example, employed women who earn cash are twice as likely as women who are not employed or employed but not for cash to be threatened with divorce or asked to go for forced divorce ( $8 \%$ versus $4 \%$, each).
- All types of household emotional violence tends to decline with education, with the greatest declines being observed for abuse in the form of inadequate food being given and not being cared for when ill.


### 16.10 Help-Seeking among Women Who Have Experienced Violence

In Nepal, reporting violence or seeking help to end violence is still not at all common. Sixty-six percent of women who have experienced any type of physical or sexual violence have not sought help to end the violence or told anyone about the violence (Table 16.18).

Women are more likely to seek help or talk to someone about their experiences of violence when they have experienced both physical and sexual violence ( $39 \%$ ) and much less likely to do so if they have experienced only physical or only sexual violence (Figure 16.5).

## Patterns by background characteristics

- More women in urban areas who have experienced physical or sexual seek help than their rural counterparts. Twenty-five percent of women in urban areas have sought help to stop the violence, compared with $18 \%$ of women in rural areas (Table 16.18).

Figure 16.5 Help seeking by type of violence experienced

Percentage of women age 15-49 who have experienced physical or sexual violence who sought help


- Help seeking for violence varies greatly by province: $39 \%$ of women who have experienced physical or sexual violence in Province 4 and $32 \%$ in Province 1 have ever sought help, compared with only $15 \%$ in Province 2. Abused women in terai are also much less likely (19\%) than women in the hill and mountain zones (both 28\%) to have sought help.
- Women with no children are more likely to seek help than women with one or more children ( $30 \%$ versus $20 \%-22 \%$ ).
- Help seeking does not vary much by education; however, women who have completed SLC or have higher education are much more likely to have told someone about the violence than women with less or no education.


### 16.10.1 Sources for Help

Among women who have experienced physical or sexual violence and have sought help, the most common source of help is the woman's own family ( $65 \%$ ), followed by neighbors ( $31 \%$ ) and friends ( $22 \%$ ). Few women went to the police ( $8 \%$ ) or approached a social work organization ( $2 \%$ ) or a lawyer ( $1 \%$ ) to seek help (Table 16.19).

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- Table 16.17 Forms of emotional violence in the household
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Table 16.1 Experience of physical violence
Percentage of women age 15-49 who have ever experienced physical violence since age 15 and percentage who have experienced physical violence during the 12 months preceding the survey, by background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who have experienced physical violence since age $15^{1}$ | Percentage who have experienced physical violence in the past 12 months |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Often | Sometimes | Often or sometimes ${ }^{2}$ |  |
| Age |  |  |  |  |  |
| 15-19 | 10.5 | 0.7 | 6.5 | 7.2 | 845 |
| 20-24 | 15.1 | 1.1 | 7.4 | 8.5 | 764 |
| 25-29 | 24.2 | 1.7 | 8.9 | 10.6 | 731 |
| 30-39 | 27.5 | 1.8 | 9.0 | 10.7 | 1,274 |
| 40-49 | 28.4 | 1.1 | 6.8 | 7.9 | 830 |
| Residence |  |  |  |  |  |
| Urban | 20.5 | 1.1 | 7.2 | 8.3 | 2,775 |
| Rural | 23.8 | 1.7 | 8.8 | 10.5 | 1,669 |
| Ecological zone |  |  |  |  |  |
| Mountain | 13.9 | 0.5 | 3.2 | 3.7 | 270 |
| Hill | 16.4 | 1.0 | 6.4 | 7.4 | 1,946 |
| Terai | 27.4 | 1.7 | 9.6 | 11.3 | 2,228 |
| Development region |  |  |  |  |  |
| Eastern | 22.6 | 1.2 | 7.2 | 8.4 | 998 |
| Central | 25.6 | 1.3 | 9.7 | 11.1 | 1,593 |
| Western | 17.2 | 1.1 | 6.4 | 7.5 | 893 |
| Mid-western | 19.6 | 1.9 | 6.8 | 8.8 | 564 |
| Far-western | 17.4 | 1.0 | 6.0 | 7.0 | 396 |
| Province |  |  |  |  |  |
| Province 1 | 18.9 | 1.7 | 5.4 | 7.0 | 751 |
| Province 2 | 34.2 | 1.4 | 12.9 | 14.3 | 892 |
| Province 3 | 19.6 | 0.9 | 7.6 | 8.5 | 948 |
| Province 4 | 12.0 | 0.6 | 4.5 | 5.1 | 436 |
| Province 5 | 22.6 | 1.8 | 8.3 | 10.0 | 762 |
| Province 6 | 15.0 | 2.0 | 5.0 | 7.0 | 259 |
| Province 7 | 17.4 | 1.0 | 6.0 | 7.0 | 396 |
| Marital status |  |  |  |  |  |
| Never married | 5.5 | 0.3 | 2.8 | 3.1 | 882 |
| Married | 25.1 | 1.5 | 9.2 | 10.6 | 3,447 |
| Divorced/Separated/ |  |  |  |  |  |
| Number of living children |  |  |  |  |  |
| 0 | 9.1 | 0.4 | 5.0 | 5.3 | 1,251 |
| 1-2 | 22.7 | 1.1 | 7.9 | 9.0 | 1,827 |
| 3-4 | 31.1 | 2.5 | 10.4 | 12.9 | 1,034 |
| $5+$ | 35.3 | 2.3 | 10.1 | 12.4 | 332 |
| Employment |  |  |  |  |  |
| Employed for cash | 28.2 | 1.7 | 10.2 | 11.9 | 1,417 |
| Employed not for cash | 20.7 | 1.3 | 7.2 | 8.4 | 1,598 |
| Not employed | 16.5 | 1.0 | 6.1 | 7.1 | 1,429 |
| Education |  |  |  |  |  |
| No education | 34.4 | 2.3 | 10.6 | 12.9 | 1,536 |
| Primary | 24.8 | 1.3 | 10.2 | 11.5 | 731 |
| Some secondary | 15.9 | 1.0 | 8.1 | 9.1 | 1,079 |
| SLC and above | 7.7 | 0.4 | 1.9 | 2.3 | 1,098 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 20.9 | 1.8 | 8.4 | 10.1 | 768 |
| Second | 25.2 | 1.5 | 9.2 | 10.7 | 863 |
| Middle | 26.5 | 1.8 | 9.9 | 11.7 | 922 |
| Fourth | 22.5 | 1.1 | 8.4 | 9.5 | 987 |
| Highest | 13.6 | 0.6 | 3.2 | 3.7 | 905 |
| Total | 21.8 | 1.3 | 7.8 | 9.1 | 4,444 |

${ }^{1}$ Includes violence in the past 12 months. For women who were married before age 15 and reported
physical violence only by their husband, the violence could have occurred before age 15.
${ }^{2}$ Includes women for whom frequency in the past 12 months is not known.

Table 16.2 Experience of violence during pregnancy
Among women age 15-49 who have ever been pregnant, percentage who have ever experienced physical violence during pregnancy, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who experienced violence during pregnancy | Number of women who have ever been pregnant |
| :---: | :---: | :---: |
| Age |  |  |
| 15-19 | 9.6 | 139 |
| 20-24 | 5.0 | 519 |
| 25-29 | 5.4 | 635 |
| 30-39 | 6.0 | 1,227 |
| 40-49 | 5.5 | 805 |
| Residence |  |  |
| Urban | 6.1 | 1,980 |
| Rural | 5.3 | 1,345 |
| Ecological zone |  |  |
| Mountain | 2.4 | 203 |
| Hill | 4.1 | 1,418 |
| Terai | 7.6 | 1,704 |
| Development region |  |  |
| Eastern | 5.6 | 752 |
| Central | 7.0 | 1,170 |
| Western | 4.2 | 684 |
| Mid-western | 5.3 | 430 |
| Far-western | 5.6 | 289 |
| Province |  |  |
| Province 1 | 4.2 | 546 |
| Province 2 | 9.3 | 737 |
| Province 3 | 5.1 | 638 |
| Province 4 | 2.6 | 333 |
| Province 5 | 6.0 | 579 |
| Province 6 | 4.2 | 202 |
| Province 7 | 5.6 | 289 |
| Marital status |  |  |
| Never married | * | 1 |
| Married | 5.6 | 3,218 |
| Divorced/Separated/ |  |  |
| Number of living children |  |  |
| 0 | 6.9 | 132 |
| 1-2 | 5.4 | 1,827 |
| 3-4 | 5.9 | 1,034 |
| $5+$ | 7.1 | 332 |
| Education |  |  |
| No education | 7.9 | 1,459 |
| Primary | 5.2 | 635 |
| Some secondary | 5.0 | 662 |
| SLC and above | 1.6 | 569 |
| Wealth quintile |  |  |
| Lowest | 4.7 | 598 |
| Second | 5.6 | 671 |
| Middle | 8.9 | 694 |
| Fourth | 6.0 | 712 |
| Highest | 3.3 | 651 |
| Total | 5.8 | 3,325 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 16.3 Persons committing physical violence
Among women age 15-49 who have experienced physical violence since age 15 , percentage who report specific persons who committed the violence according to the respondent's current marital status, Nepal DHS 2016

|  | Marital status |  |  |
| :--- | :---: | :---: | :---: |
| Person | Ever-married | Never married | Total |
| Current husband | 83.7 | na | 79.5 |
| Former husband | 10.8 | na | 10.3 |
| Current boyfriend | 0.7 | $*$ | 0.7 |
| Former boyfriend | 0.5 | $*$ | 0.7 |
| Father/step-father | 1.4 | $*$ | 3.5 |
| Mother/step-mother | 1.3 | $*$ | 2.3 |
| Sister/brother | 1.5 | $*$ | 2.5 |
| Daughter/son | 0.1 | $*$ | 0.1 |
| Other relative | 3.9 | $*$ | 3.9 |
| Mother-in-law | 6.5 | na | 6.2 |
| Father-in-law | 3.6 | na | 3.4 |
| Other in-law | 4.8 | na | 4.6 |
| Teacher | 0.2 | $*$ | 0.6 |
| Employer/someone at work | 0.4 | $*$ | 0.3 |
| Other | 1.0 | $*$ | 1.3 |
| Number women who have |  |  |  |
| experienced physical |  |  |  |
| violence since age 15 | 918 | 49 | 967 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed
na $=$ Not applicable

Table 16.4 Experience of sexual violence
Percentage of women age 15-49 who have ever experienced sexual violence and percentage who have experienced sexual violence in the 12 months preceding the survey, by background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who have experienced sexual violence: |  | Number of women |
| :---: | :---: | :---: | :---: |
|  | Ever ${ }^{1}$ | In the past 12 months |  |
| Age |  |  |  |
| 15-19 | 2.9 | 1.7 | 845 |
| 20-24 | 7.3 | 4.7 | 764 |
| 25-29 | 7.6 | 3.9 | 731 |
| 30-39 | 7.0 | 3.4 | 1,274 |
| 40-49 | 10.0 | 2.9 | 830 |
| Residence |  |  |  |
| Urban | 7.1 | 2.9 | 2,775 |
| Rural | 6.6 | 3.9 | 1,669 |
| Ecological zone |  |  |  |
| Mountain | 6.3 | 3.0 | 270 |
| Hill | 6.5 | 2.7 | 1,946 |
| Terai | 7.4 | 3.8 | 2,228 |
| Development region |  |  |  |
| Eastern | 5.0 | 2.1 | 998 |
| Central | 7.7 | 3.0 | 1,593 |
| Western | 6.1 | 3.3 | 893 |
| Mid-western | 8.9 | 6.2 | 564 |
| Far-western | 7.5 | 3.3 | 396 |
| Province |  |  |  |
| Province 1 | 6.3 | 2.6 | 751 |
| Province 2 | 6.1 | 3.2 | 892 |
| Province 3 | 7.6 | 2.2 | 948 |
| Province 4 | 4.9 | 2.3 | 436 |
| Province 5 | 8.3 | 5.3 | 762 |
| Province 6 | 7.7 | 5.4 | 259 |
| Province 7 | 7.5 | 3.3 | 396 |
| Marital status |  |  |  |
| Never married | 1.7 | 0.0 | 882 |
| Married | 7.8 | 4.1 | 3,447 |
| Divorced/Separated/ |  |  |  |
| Widowed | 20.3 | 5.1 | 115 |
| Employment |  |  |  |
| Employed for cash | 9.0 | 4.1 | 1,417 |
| Employed not for cash | 6.2 | 3.1 | 1,598 |
| Not employed | 5.6 | 2.7 | 1,429 |
| Number of living children |  |  |  |
| 0 | 3.3 | 1.0 | 1,251 |
| 1-2 | 8.1 | 4.1 | 1,827 |
| 3-4 | 8.2 | 4.2 | 1,034 |
| $5+$ | 10.1 | 4.9 | 332 |
| Education |  |  |  |
| No education | 9.2 | 4.1 | 1,536 |
| Primary | 9.2 | 5.6 | 731 |
| Some secondary | 5.3 | 2.4 | 1,079 |
| SLC and above | 3.8 | 1.4 | 1,098 |
| Wealth quintile |  |  |  |
| Lowest | 7.7 | 4.3 | 768 |
| Second | 6.5 | 4.6 | 863 |
| Middle | 6.4 | 2.5 | 922 |
| Fourth | 7.4 | 3.1 | 987 |
| Highest | 6.6 | 2.1 | 905 |
| Total | 6.9 | 3.3 | 4,444 |

${ }^{1}$ Includes violence in the past 12 months

## Table 16.5 Age at first experience of sexual violence

Percentage of women age 15-49 who experienced sexual violence by specific exact ages, according to current age and current marital status, Nepal DHS 2016

| Background characteristic | Percentage who first experienced sexual violence by exact age: |  |  |  |  | Percentage who have not experienced sexual violence | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 10 | 12 | 15 | 18 | 22 |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 0.1 | 0.1 | 0.7 | na | na | 97.1 | 845 |
| 20-24 | 0.2 | 0.2 | 1.0 | 3.1 | na | 92.7 | 764 |
| 25-29 | 0.0 | 0.0 | 0.4 | 2.4 | 5.6 | 92.4 | 731 |
| 30-39 | 0.0 | 0.0 | 0.5 | 2.3 | 4.9 | 93.0 | 1,274 |
| 40-49 | 0.1 | 0.4 | 1.2 | 3.2 | 6.2 | 90.0 | 830 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 0.2 | 0.2 | 0.7 | 1.4 | 1.6 | 98.3 | 882 |
| Ever married | 0.0 | 0.1 | 0.7 | 3.0 | 5.9 | 91.8 | 3,562 |
| Total | 0.1 | 0.1 | 0.7 | 2.7 | 5.1 | 93.1 | 4,444 |
| na $=$ Not applicable |  |  |  |  |  |  |  |

Table 16.6 Persons committing sexual violence
Among women age 15-49 who have experienced sexual violence, percentage who report specific persons who committed the violence according to the respondent's current marital status, Nepal DHS 2016

|  | Marital status |  |  |
| :--- | :---: | :---: | :---: |
| Person | Ever-married ${ }^{1}$ | Never <br> married $^{2}$ | Total |
| Current husband | 79.5 | na | 75.6 |
| Former husband | 18.5 | na | 17.6 |
| Brother/step brother | 1.1 | $*$ | 1.1 |
| Other relative | 1.6 | $*$ | 2.3 |
| Own friend/acquaintance | 1.4 | $*$ | 4.1 |
| Family friend | 1.8 | $*$ | 1.7 |
| Employer/someone at work | 0.7 | $*$ | 0.7 |
| Stranger | 2.7 | $*$ | 3.7 |
| Other | 0.3 | $*$ | 0.6 |
| Number women who have |  |  |  |
| $\quad$ experienced sexual |  |  |  |
| violence | 293 | 15 | 308 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Ever-married women can report more than one person who committed the violence (current husband, former husband, and one other person).
${ }^{2}$ Never married women can report only the first person to commit the violence.
na $=$ Not applicable

## Table 16.7 Experience of different forms of violence

Percentage of women age 15-49 who have ever experienced different forms of violence by current age, Nepal DHS 2016

|  | Physical <br> violence <br> only | Sexual <br> violence <br> only | Physical <br> and sexual <br> violence | Physical or <br> sexual <br> violence | Number of <br> women |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $15-19$ | 9.0 | 1.4 | 1.5 | 11.8 | 845 |
| $15-17$ | 6.8 | 1.1 | 0.5 | 8.4 | 487 |
| $18-19$ | 12.0 | 1.7 | 2.8 | 16.4 | 358 |
| $20-24$ | 10.6 | 2.8 | 4.5 | 17.9 | 764 |
| $25-29$ | 18.5 | 1.8 | 5.8 | 26.0 | 731 |
| $30-39$ | 21.9 | 1.4 | 5.6 | 28.9 | 1,274 |
| $40-49$ | 19.5 | 1.1 | 8.9 | 29.4 | 830 |
| Total | 16.5 | 1.6 | 5.3 | 23.4 | 4,444 |

Table 16.8 Marital control exercised by husbands
Percentage of ever-married women age 15-49 whose husbands have ever demonstrated specific types of controlling behaviors, according to background characteristics, Nepal DHS 2016

| Background characteristic | Percentage of women whose husband: |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Is jealous or angry if she talks to other men | Frequently accuses her of being unfaithful | Does not permit her to meet her female friends | Tries to limit her contact with her family | Insists on knowing where she is at all times | Displays 3 or more of the specific behaviors | Displays none of the specific behaviors | Number of ever-married women |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 28.9 | 7.2 | 10.0 | 8.6 | 12.9 | 8.4 | 65.1 | 231 |
| 20-24 | 27.5 | 5.8 | 13.5 | 9.4 | 14.8 | 9.7 | 62.6 | 601 |
| 25-29 | 26.4 | 5.2 | 13.3 | 8.8 | 17.3 | 8.6 | 63.4 | 670 |
| 30-39 | 22.7 | 7.5 | 12.4 | 9.3 | 16.3 | 8.9 | 64.6 | 1,240 |
| 40-49 | 18.9 | 6.3 | 10.1 | 8.1 | 13.5 | 8.3 | 71.8 | 820 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 22.7 | 6.1 | 12.1 | 9.0 | 17.0 | 8.7 | 65.1 | 2,133 |
| Rural | 25.3 | 7.1 | 11.9 | 8.7 | 12.9 | 9.0 | 66.7 | 1,429 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 10.7 | 4.8 | 5.1 | 5.1 | 10.2 | 4.9 | 81.2 | 220 |
| Hill | 18.1 | 5.7 | 6.5 | 8.0 | 15.7 | 6.8 | 71.4 | 1,521 |
| Terai | 30.0 | 7.4 | 17.5 | 10.1 | 15.7 | 11.0 | 59.2 | 1,822 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 24.3 | 5.2 | 16.3 | 6.8 | 12.7 | 7.6 | 64.3 | 814 |
| Central | 27.1 | 7.8 | 15.5 | 12.3 | 21.4 | 11.4 | 58.4 | 1,243 |
| Western | 22.6 | 6.1 | 5.3 | 6.5 | 10.4 | 6.5 | 72.8 | 729 |
| Mid-western | 21.5 | 8.0 | 9.7 | 8.5 | 13.2 | 8.9 | 69.7 | 464 |
| Far-western | 14.7 | 3.5 | 6.8 | 6.9 | 12.9 | 6.7 | 76.3 | 312 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 20.5 | 4.5 | 9.8 | 6.7 | 15.2 | 7.3 | 69.0 | 597 |
| Province 2 | 36.1 | 9.5 | 26.7 | 12.3 | 15.9 | 13.8 | 50.7 | 782 |
| Province 3 | 19.1 | 5.6 | 8.4 | 10.5 | 22.9 | 7.8 | 64.9 | 679 |
| Province 4 | 19.2 | 6.9 | 4.9 | 6.2 | 10.5 | 6.5 | 75.0 | 353 |
| Province 5 | 24.8 | 6.7 | 7.4 | 8.1 | 12.4 | 8.1 | 68.9 | 618 |
| Province 6 | 19.7 | 7.0 | 9.1 | 6.7 | 10.4 | 7.1 | 73.6 | 222 |
| Province 7 | 14.7 | 3.5 | 6.8 | 6.9 | 12.9 | 6.7 | 76.3 | 312 |
| Marital status |  |  |  |  |  |  |  |  |
| Married | 23.5 | 6.2 | 11.8 | 8.5 | 15.3 | 8.5 | 65.9 | 3,447 |
| Divorced/Separated/ 10.5 |  |  |  |  |  |  |  |  |
| Widowed | 30.7 | 15.2 | 19.8 | 18.5 | 17.0 | 18.2 | 60.7 | 115 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 26.3 | 6.3 | 8.2 | 4.0 | 14.0 | 6.3 | 63.8 | 370 |
| 1-2 | 22.4 | 5.8 | 11.9 | 9.2 | 17.6 | 8.7 | 65.9 | 1,826 |
| 3-4 | 24.0 | 7.5 | 13.8 | 9.3 | 13.3 | 9.3 | 66.0 | 1,034 |
| $5+$ | 27.2 | 7.6 | 12.0 | 11.2 | 11.0 | 10.6 | 66.2 | 332 |
| Employment |  |  |  |  |  |  |  |  |
| Employed for cash | 27.3 | 8.2 | 13.3 | 10.4 | 19.6 | 10.7 | 60.3 | 1,162 |
| Employed not for cash | 18.4 | 6.2 | 9.6 | 7.3 | 10.0 | 7.5 | 74.8 | 1,329 |
| Not employed | 26.4 | 5.0 | 13.8 | 9.1 | 17.4 | 8.4 | 60.4 | 1,072 |
| Education |  |  |  |  |  |  |  |  |
| No education | 26.9 | 8.5 | 14.7 | 9.9 | 14.3 | 10.1 | 63.8 | 1,491 |
| Primary | 26.8 | 6.6 | 11.4 | 11.9 | 15.8 | 11.2 | 64.2 | 667 |
| Some secondary | 18.9 | 5.5 | 11.0 | 7.3 | 17.1 | 8.4 | 68.3 | 755 |
| SLC and above | 18.8 | 2.9 | 7.8 | 5.2 | 15.3 | 3.8 | 68.7 | 650 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 22.7 | 7.5 | 7.2 | 7.4 | 10.6 | 7.8 | 72.6 | 629 |
| Second | 22.3 | 6.6 | 10.9 | 8.2 | 11.9 | 7.7 | 69.2 | 712 |
| Middle | 28.7 | 8.1 | 17.0 | 11.9 | 15.9 | 12.1 | 61.1 | 756 |
| Fourth | 27.2 | 6.8 | 16.2 | 9.8 | 17.4 | 10.3 | 58.6 | 769 |
| Highest | 16.9 | 3.4 | 7.8 | 6.6 | 20.4 | 5.7 | 68.8 | 696 |
| Woman afraid of husband |  |  |  |  |  |  |  |  |
| Most of the time afraid | 55.7 | 27.2 | 32.2 | 30.0 | 32.8 | 34.9 | 38.0 | 270 |
| Sometimes afraid | 26.8 | 6.8 | 13.2 | 9.0 | 15.6 | 8.9 | 62.9 | 1,745 |
| Never afraid | 14.6 | 2.5 | 7.3 | 5.0 | 12.1 | 4.2 | 73.7 | 1,547 |
| Total | 23.7 | 6.5 | 12.1 | 8.9 | 15.4 | 8.8 | 65.7 | 3,562 |

Note: Husband refers to the current husband for currently married women and the most recent husband for divorced, separated, or widowed women.

Table 16.9 Forms of spousal violence
Percentage of ever-married women age 15-49 who have experienced various forms of violence, ever or in the 12 months preceding the survey, committed by their current or most recent husband, Nepal DHS 2016

| Type of violence | Ever experienced | Experienced in the past 12 months | Frequency in the past 12 months |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | Often | Sometimes |
| Physical violence |  |  |  |  |
| Any physical violence | 22.8 | 10.0 | 1.5 | 8.5 |
| Pushed her, shook her, or threw something at her | 11.8 | 5.3 | 1.0 | 4.4 |
| Slapped her | 20.5 | 8.2 | 1.0 | 7.2 |
| Twisted her arm or pulled her hair | 9.3 | 4.3 | 0.9 | 3.4 |
| Punched her with his fist or with something that could hurt her | 8.4 | 3.4 | 0.8 | 2.5 |
| Kicked her, dragged her, or beat her up | 9.3 | 3.9 | 0.8 | 3.2 |
| Tried to choke her or burn her on purpose | 3.7 | 1.6 | 0.3 | 1.3 |
| Threatened her or attacked her with a knife, gun, or other weapon | 2.1 | 0.9 | 0.4 | 0.5 |
| Sexual violence |  |  |  |  |
| Any sexual violence | 7.0 | 4.0 | 1.0 | 3.0 |
| Physically forced her to have sexual intercourse with him when she did not want to | 6.4 | 3.8 | 0.9 | 2.8 |
| Physically forced her to perform any other sexual acts she did not want to | 3.8 | 2.0 | 0.4 | 1.7 |
| Forced her with threats or in any other way to perform sexual acts she did not want to | 2.7 | 1.4 | 0.2 | 1.2 |
| Emotional violence |  |  |  |  |
| Any emotional violence | 12.3 | 7.7 | 1.7 | 6.0 |
| Said or did something to humiliate her in front of others | 7.6 | 5.0 | 1.2 | 3.8 |
| Threatened to hurt or harm her or someone she cared about | 5.0 | 3.2 | 0.8 | 2.4 |
| Insulted her or made her feel bad about herself | 8.5 | 5.7 | 1.2 | 4.4 |
| Any form of physical and/or sexual violence | 24.3 | 11.2 | 1.9 | 9.3 |
| Any form of emotional and/or physical and/or sexual violence | 26.3 | 13.5 | 2.5 | 11.0 |
| Spousal violence committed by any husband |  |  |  |  |
| Physical violence | 23.6 | 10.0 | na | na |
| Sexual violence | 7.7 | 4.0 | na | na |
| Emotional violence | 12.3 | 7.7 | na | na |
| Any form of physical or sexual violence | 25.0 | 11.2 | na | na |
| Any form of emotional or physical or sexual violence | 27.1 | 13.5 | na | na |
| Number of ever-married women | 3,562 | 3,562 | 3,562 | 3,562 |

${ }^{1}$ Includes current husband for currently married women and most recent husband for divorced, separated or widowed women.
na $=$ Not applicable

Table 16.10 Spousal violence by background characteristics
Percentage of ever-married women age 15-49 who have ever experienced emotional, physical or sexual violence committed by their husband, according to background characteristics, Nepal DHS 2016

| Background characteristic | Emotional violence | Physical violence | Sexual violence | Physical and sexual | Physical and sexual and emotional | Physical or sexual | Physical or sexual or emotional | Number of evermarried women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 10.2 | 19.7 | 6.5 | 3.9 | 2.8 | 22.2 | 23.1 | 231 |
| 20-24 | 9.2 | 17.1 | 7.6 | 5.6 | 3.6 | 19.0 | 21.0 | 601 |
| 25-29 | 12.2 | 22.8 | 7.2 | 5.8 | 4.3 | 24.2 | 25.2 | 670 |
| 30-39 | 13.7 | 25.0 | 6.3 | 5.1 | 3.3 | 26.2 | 29.2 | 1,240 |
| 40-49 | 13.1 | 24.6 | 7.8 | 6.5 | 4.8 | 25.9 | 27.7 | 820 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 11.7 | 22.0 | 7.1 | 5.7 | 4.0 | 23.4 | 25.4 | 2,133 |
| Rural | 13.1 | 24.0 | 7.0 | 5.4 | 3.7 | 25.6 | 27.7 | 1,429 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 9.8 | 13.9 | 5.6 | 3.2 | 2.2 | 16.2 | 18.7 | 220 |
| Hill | 11.7 | 16.6 | 6.3 | 5.0 | 3.8 | 17.9 | 20.3 | 1,521 |
| Terai | 13.1 | 29.1 | 7.8 | 6.3 | 4.1 | 30.6 | 32.3 | 1,822 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 9.8 | 22.9 | 4.9 | 3.9 | 2.7 | 23.9 | 25.2 | 814 |
| Central | 14.4 | 27.6 | 8.3 | 7.2 | 4.9 | 28.6 | 31.4 | 1,243 |
| Western | 12.0 | 17.7 | 5.7 | 3.9 | 3.2 | 19.5 | 21.6 | 729 |
| Mid-western | 13.0 | 20.6 | 9.1 | 6.0 | 4.2 | 23.6 | 25.3 | 464 |
| Far-western | 10.0 | 18.9 | 7.9 | 6.6 | 3.7 | 20.2 | 21.6 | 312 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 9.4 | 19.0 | 6.3 | 4.9 | 3.5 | 20.4 | 21.6 | 597 |
| Province 2 | 13.5 | 34.7 | 6.6 | 6.1 | 3.7 | 35.2 | 37.1 | 782 |
| Province 3 | 14.3 | 21.3 | 7.9 | 6.6 | 4.9 | 22.6 | 25.9 | 679 |
| Province 4 | 10.2 | 12.2 | 4.4 | 3.5 | 2.7 | 13.1 | 15.5 | 353 |
| Province 5 | 14.8 | 24.0 | 8.3 | 5.4 | 4.1 | 26.9 | 28.8 | 618 |
| Province 6 | 9.2 | 14.9 | 7.4 | 4.6 | 3.5 | 17.7 | 19.1 | 222 |
| Province 7 | 10.0 | 18.9 | 7.9 | 6.6 | 3.7 | 20.2 | 21.6 | 312 |
| Marital status |  |  |  |  |  |  |  |  |
| Married | 11.8 | 22.1 | 6.7 | 5.3 | 3.5 | 23.6 | 25.6 | 3,447 |
| Divorced/Separated/ |  |  |  |  |  |  |  |  |
| Widowed | 27.9 | 42.3 | 17.6 | 14.2 | 13.3 | 45.7 | 47.9 | 115 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 8.3 | 15.6 | 4.5 | 3.7 | 1.8 | 16.4 | 18.0 | 370 |
| 1-2 | 12.2 | 20.2 | 7.2 | 5.3 | 3.9 | 22.1 | 23.9 | 1,826 |
| 3-4 | 13.5 | 27.4 | 7.3 | 6.0 | 4.4 | 28.7 | 31.8 | 1,034 |
| 5+ | 13.8 | 30.6 | 8.5 | 7.4 | 4.4 | 31.6 | 32.1 | 332 |
| Employment |  |  |  |  |  |  |  |  |
| Employed for cash | 17.1 | 28.9 | 9.1 | 7.0 | 4.7 | 31.0 | 34.0 | 1,162 |
| Employed not for cash | 10.8 | 20.5 | 6.4 | 5.0 | 3.7 | 21.9 | 23.2 | 1,329 |
| Not employed | 8.9 | 19.1 | 5.6 | 4.7 | 3.1 | 20.1 | 21.9 | 1,072 |
| Education |  |  |  |  |  |  |  |  |
| No education | 15.1 | 31.1 | 8.0 | 7.0 | 4.8 | 32.1 | 34.3 | 1,491 |
| Primary | 13.5 | 24.5 | 9.5 | 7.6 | 5.4 | 26.4 | 28.6 | 667 |
| Some secondary | 10.0 | 17.1 | 5.6 | 3.8 | 2.5 | 18.9 | 21.5 | 755 |
| SLC and above | 7.3 | 8.7 | 3.9 | 2.2 | 1.7 | 10.3 | 11.4 | 650 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 13.0 | 21.6 | 7.4 | 6.3 | 5.3 | 22.7 | 24.4 | 629 |
| Second | 11.9 | 25.6 | 7.0 | 6.0 | 3.8 | 26.5 | 28.5 | 712 |
| Middle | 14.7 | 28.5 | 7.2 | 6.3 | 4.5 | 29.5 | 32.1 | 756 |
| Fourth | 11.8 | 22.8 | 7.4 | 5.3 | 2.9 | 24.9 | 26.6 | 769 |
| Highest | 9.9 | 14.8 | 6.3 | 4.0 | 3.0 | 17.1 | 19.1 | 696 |
| Total | 12.3 | 22.8 | 7.0 | 5.6 | 3.9 | 24.3 | 26.3 | 3,562 |

Note: Husband refers to the current husband for currently married women and the most recent husband for divorced, separated or widowed women.

Table 16.11 Spousal violence by husband's characteristics and empowerment indicators
Percentage of ever-married women age 15-49 who have ever experienced emotional, physical, or sexual violence committed by their current or most recent husband, according to husband's characteristics and empowerment indicators, Nepal DHS 2016

| Background characteristic | Emotional violence | Physical violence | Sexual violence | Physical and sexual | Physical and sexual and emotional | Physical or sexual | Physical or sexual or emotional | Number of evermarried women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Husband's education ${ }^{1}$ |  |  |  |  |  |  |  |  |
| No education | 19.5 | 40.1 | 10.1 | 8.8 | 6.2 | 41.5 | 43.6 | 555 |
| Primary | 14.8 | 27.8 | 9.1 | 7.4 | 4.8 | 29.4 | 31.9 | 766 |
| Some secondary | 10.4 | 20.2 | 6.5 | 4.9 | 3.0 | 21.8 | 24.0 | 1,040 |
| SLC and above | 7.0 | 10.9 | 3.4 | 2.3 | 1.8 | 12.0 | 13.5 | 1,081 |
| Don't know | * | * | * | * | * | * | * | 6 |
| Husband's alcohol consumption |  |  |  |  |  |  |  |  |
| Does not drink | 7.4 | 15.0 | 3.8 | 2.7 | 1.6 | 16.1 | 17.9 | 1,984 |
| Drinks/never gets drunk | 9.6 | 20.5 | 4.1 | 2.7 | 2.3 | 21.9 | 23.2 | 437 |
| Gets drunk sometimes | 15.3 | 27.9 | 9.0 | 6.7 | 4.1 | 30.2 | 32.9 | 881 |
| Gets drunk very often | 44.1 | 69.1 | 30.2 | 28.6 | 23.1 | 70.6 | 73.8 | 260 |
| Spousal education difference ${ }^{1}$ |  |  |  |  |  |  |  |  |
| Husband better educated | 10.3 | 20.6 | 6.1 | 4.9 | 3.2 | 21.8 | 24.0 | 1,900 |
| Wife better educated | 14.1 | 20.5 | 7.8 | 5.4 | 3.7 | 22.9 | 25.2 | 527 |
| Both equally educated | 8.2 | 13.8 | 3.8 | 2.4 | 1.5 | 15.2 | 16.4 | 534 |
| Neither educated | 19.1 | 39.7 | 10.9 | 9.6 | 6.9 | 41.0 | 42.8 | 480 |
| Don't know | * | * | * | * | * | * | * | 6 |
| Spousal age difference ${ }^{1}$ |  |  |  |  |  |  |  |  |
| Wife older | 13.9 | 23.7 | 9.1 | 8.3 | 6.5 | 24.5 | 26.4 | 260 |
| Wife is same age | 11.4 | 18.9 | 7.7 | 6.7 | 3.7 | 20.0 | 23.0 | 221 |
| Wife's 1-4 years younger | 12.3 | 22.5 | 6.4 | 5.1 | 3.6 | 23.8 | 25.6 | 1,597 |
| Wife's 5-9 years younger | 10.8 | 21.6 | 6.3 | 4.6 | 3.2 | 23.4 | 25.1 | 1,027 |
| Wife's 10 or more years younger | 10.8 | 23.1 | 6.5 | 4.9 | 2.0 | 24.7 | 28.3 | 342 |
| Number of marital control behaviors displayed by husband ${ }^{2}$ |  |  |  |  |  |  |  |  |
| 0 | 4.5 | 12.8 | 2.5 | 1.5 | 0.5 | 13.8 | 14.9 | 2,341 |
| 1-2 | 17.3 | 34.3 | 8.2 | 6.0 | 4.3 | 36.5 | 39.2 | 907 |
| 3-4 | 47.4 | 58.4 | 35.3 | 31.0 | 22.7 | 62.6 | 69.4 | 252 |
| 5 | 89.6 | 87.2 | 47.4 | 47.4 | 46.7 | 87.2 | 92.6 | 62 |
| Number of decisions in which women participate ${ }^{3}$ |  |  |  |  |  |  |  |  |
| 0 | 12.9 | 23.4 | 6.5 | 5.2 | 3.9 | 24.7 | 26.3 | 906 |
| 1-2 | 10.1 | 21.0 | 7.0 | 5.4 | 3.6 | 22.5 | 24.0 | 1,193 |
| 3 | 12.5 | 22.3 | 6.6 | 5.2 | 3.3 | 23.7 | 26.5 | 1,348 |
| Number of reasons for which wife beating is justified ${ }^{4}$ |  |  |  |  |  |  |  |  |
| 0 | 11.6 | 20.5 | 6.5 | 5.1 | 3.3 | 21.9 | 23.6 | 2,520 |
| 1-2 | 14.0 | 28.1 | 6.8 | 5.2 | 4.5 | 29.8 | 33.5 | 792 |
| 3-4 | 13.5 | 25.6 | 13.2 | 10.8 | 6.1 | 28.0 | 29.2 | 212 |
| 5 | (14.1) | (45.1) | (15.1) | (15.1) | (14.1) | (45.1) | (45.1) | 39 |
| Woman's father beat her mother |  |  |  |  |  |  |  |  |
| Yes | 22.5 | 42.1 | 11.9 | 10.4 | 6.9 | 43.6 | 45.5 | 514 |
| No | 10.4 | 19.3 | 6.0 | 4.6 | 3.2 | 20.7 | 22.8 | 2,995 |
| Don't know | 21.9 | 33.0 | 18.3 | 12.7 | 11.6 | 38.6 | 40.4 | 54 |
| Woman afraid of husband |  |  |  |  |  |  |  |  |
| Most of the time afraid | 44.6 | 68.8 | 34.4 | 33.0 | 27.2 | 70.2 | 73.5 | 270 |
| Sometimes afraid | 14.0 | 26.5 | 7.0 | 5.2 | 3.2 | 28.2 | 30.5 | 1,745 |
| Never afraid | 4.7 | 10.6 | 2.4 | 1.1 | 0.5 | 11.8 | 13.4 | 1,547 |
| Total | 12.3 | 22.8 | 7.0 | 5.6 | 3.9 | 24.3 | 26.3 | 3,562 |

Note: Husband refers to the current husband for currently married women and the most recent husband for divorced, separated or widowed women. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes only currently married women
${ }^{2}$ According to the wife's report. See Table 16.8 for list of behaviors.
${ }^{3}$ According to the wife's report. Includes only currently married women. See Table 15.9 for list of decisions.
${ }^{4}$ According to the wife's report. See Table 15.11.1 for list of reasons.

Table 16.12 Violence by any husband in the last 12 months
Percentage of ever-married women who have experienced emotional, physical or sexual violence by any husband in the past 12 months, according to background characteristics, Nepal DHS 2016

| Background characteristic | Emotional violence | Physical violence | Sexual violence | Physical and sexual | Physical and sexual and emotional | Physical or sexual | Physical or sexual or emotional | Number of evermarried women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 8.3 | 14.0 | 5.7 | 2.6 | 1.4 | 17.0 | 18.1 | 231 |
| 20-24 | 6.0 | 10.3 | 5.8 | 3.7 | 2.2 | 12.4 | 13.4 | 601 |
| 25-29 | 7.9 | 10.9 | 4.1 | 3.0 | 2.0 | 12.0 | 13.9 | 670 |
| 30-39 | 8.5 | 10.5 | 3.5 | 2.8 | 2.3 | 11.2 | 14.2 | 1,240 |
| 40-49 | 7.4 | 7.2 | 2.9 | 1.9 | 1.5 | 8.2 | 10.9 | 820 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 7.4 | 9.2 | 3.7 | 2.6 | 1.8 | 10.2 | 12.9 | 2,133 |
| Rural | 8.1 | 11.2 | 4.5 | 3.0 | 2.1 | 12.8 | 14.5 | 1,429 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 3.5 | 4.6 | 3.5 | 1.0 | 0.8 | 7.1 | 7.4 | 220 |
| Hill | 7.0 | 7.8 | 3.3 | 2.3 | 1.8 | 8.8 | 11.6 | 1,521 |
| Terai | 8.8 | 12.5 | 4.7 | 3.4 | 2.2 | 13.8 | 15.8 | 1,822 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 6.2 | 9.0 | 2.5 | 1.8 | 1.2 | 9.6 | 10.8 | 814 |
| Central | 9.0 | 12.2 | 3.8 | 2.8 | 1.8 | 13.2 | 16.9 | 1,243 |
| Western | 7.4 | 8.2 | 3.8 | 2.7 | 2.3 | 9.3 | 10.9 | 729 |
| Mid-western | 8.3 | 10.1 | 7.5 | 4.1 | 3.0 | 13.5 | 14.8 | 464 |
| Far-western | 5.9 | 8.1 | 4.2 | 3.2 | 2.0 | 9.0 | 11.3 | 312 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 5.4 | 7.7 | 3.0 | 2.2 | 1.5 | 8.5 | 9.9 | 597 |
| Province 2 | 9.1 | 14.8 | 3.6 | 3.0 | 1.7 | 15.5 | 17.4 | 782 |
| Province 3 | 8.6 | 9.3 | 3.0 | 2.0 | 1.5 | 10.3 | 15.1 | 679 |
| Province 4 | 4.8 | 5.5 | 2.7 | 2.0 | 1.4 | 6.2 | 7.7 | 353 |
| Province 5 | 10.3 | 11.3 | 6.4 | 4.0 | 3.2 | 13.6 | 15.3 | 618 |
| Province 6 | 5.6 | 8.0 | 6.1 | 3.1 | 2.6 | 10.9 | 11.8 | 222 |
| Province 7 | 5.9 | 8.1 | 4.2 | 3.2 | 2.0 | 9.0 | 11.3 | 312 |
| Marital status |  |  |  |  |  |  |  |  |
| Married | 7.7 | 10.1 | 4.0 | 2.7 | 1.9 | 11.3 | 13.7 | 3,447 |
| Divorced/Separated/ |  |  |  |  |  |  |  |  |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 6.0 | 10.1 | 2.9 | 2.3 | 1.2 | 10.7 | 12.1 | 370 |
| 1-2 | 7.6 | 8.5 | 4.0 | 2.4 | 1.8 | 10.1 | 12.5 | 1,826 |
| 3-4 | 8.0 | 11.9 | 4.1 | 3.2 | 2.4 | 12.8 | 15.4 | 1,034 |
| 5+ | 8.9 | 12.2 | 4.9 | 3.8 | 2.6 | 13.2 | 14.8 | 332 |
| Employment |  |  |  |  |  |  |  |  |
| Employed for cash | 9.9 | 12.0 | 4.9 | 3.0 | 2.1 | 13.9 | 17.7 | 1,162 |
| Employed not for cash | 6.6 | 9.1 | 3.7 | 2.6 | 2.0 | 10.1 | 11.1 | 1,329 |
| Not employed | 6.6 | 9.0 | 3.4 | 2.7 | 1.7 | 9.8 | 11.9 | 1,072 |
| Education |  |  |  |  |  |  |  |  |
| No education | 9.4 | 12.3 | 4.1 | 3.3 | 2.4 | 13.1 | 15.4 | 1,491 |
| Primary | 7.5 | 11.5 | 6.1 | 3.6 | 2.2 | 14.0 | 15.7 | 667 |
| Some secondary | 6.5 | 10.1 | 3.4 | 2.6 | 1.9 | 10.8 | 13.0 | 755 |
| SLC and above | 5.4 | 3.2 | 2.3 | 1.0 | 0.8 | 4.5 | 7.6 | 650 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 7.9 | 11.3 | 5.0 | 3.9 | 3.1 | 12.4 | 13.6 | 629 |
| Second | 6.8 | 12.0 | 5.4 | 4.2 | 3.1 | 13.2 | 14.7 | 712 |
| Middle | 9.7 | 12.6 | 3.0 | 2.6 | 2.1 | 12.9 | 15.4 | 756 |
| Fourth | 7.3 | 9.5 | 4.0 | 2.1 | 1.0 | 11.4 | 13.3 | 769 |
| Highest | 6.6 | 4.6 | 2.8 | 1.2 | 0.7 | 6.1 | 10.3 | 696 |
| Woman afraid of husband |  |  |  |  |  |  |  |  |
| Most of the time afraid | 31.0 | 38.3 | 21.4 | 18.7 | 15.9 | 41.0 | 45.2 | 270 |
| Sometimes afraid | 8.5 | 11.1 | 3.8 | 2.3 | 1.2 | 12.6 | 15.5 | 1,745 |
| Never afraid | 2.7 | 3.9 | 1.2 | 0.5 | 0.4 | 4.5 | 5.7 | 1,547 |
| Total | 7.7 | 10.0 | 4.0 | 2.8 | 2.0 | 11.2 | 13.5 | 3,562 |

Note: Any husband includes all current, most recent and former husbands

Table 16.13 Experience of spousal violence by duration of marriage
Among currently married women age 15-49 who have been married only once, the percentage who first experienced physical or sexual violence committed by their current husband by specific exact years since marriage according to marital duration, Nepal DHS 2016

| Duration of marriage | Percentage who first experienced spousal physical or sexual violence by exact marital duration: |  |  |  | Percentage who have not experienced spousal sexual or physical violence | Number ofcurrently marriedwomen whohave beenmarried onlyonce |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Before marriage | 2 years | 5 years | 10 years |  |  |
| Years since marriage |  |  |  |  |  |  |
| <2 | 0.0 | na | na | na | 86.4 | 274 |
| 2-4 | 0.1 | 10.8 | na | na | 85.1 | 413 |
| 5-9 | 0.0 | 11.1 | 19.5 | na | 78.4 | 626 |
| 10+ | 0.6 | 9.4 | 17.0 | 22.6 | 74.2 | 2,013 |
| Total | 0.4 | 10.1 | 16.9 | 20.7 | 77.3 | 3,325 |
| na $=$ Not applicable |  |  |  |  |  |  |

## Table 16.14 Injuries to women due to spousal violence

Among ever-married women age 15-49 who have experienced violence committed by their current or most recent husband, the percentage who have been injured as a result of the violence, by types of injuries, according to the type of violence, Nepal DHS 2016

| Type of violence experienced | Cuts, bruises, or aches | Eye injuries, sprains, dislocations, or burns | Deep wounds, broken bones, broken teeth, or any other serious injury | Any of these injuries | Number of evermarried women who have experienced physical or sexual violence |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Physical violence ${ }^{1}$ |  |  |  |  |  |
| Ever ${ }^{2}$ | 33.4 | 12.6 | 9.0 | 35.9 | 812 |
| In the past 12 months | 37.6 | 17.3 | 12.2 | 41.3 | 356 |
| Sexual violence |  |  |  |  |  |
| Ever ${ }^{2}$ | 44.8 | 21.3 | 16.0 | 46.3 | 251 |
| In the past 12 months | 46.0 | 21.9 | 18.8 | 47.8 | 143 |
| Physical or sexual violence ${ }^{1}$ |  |  |  |  |  |
| Ever ${ }^{2}$ | 31.6 | 11.8 | 8.5 | 33.9 | 865 |
| In the past 12 months | 35.6 | 16.2 | 11.5 | 38.9 | 400 |

Note: Husband refers to the current husband for currently married women and the most recent husband for divorced, separated, or widowed women.
${ }^{1}$ Excludes women who reported violence only in response to a direct question on violence during pregnancy
${ }^{2}$ Includes in the past 12 months

Table 16.15 Violence by women against their husband by women's background characteristics

Percentage of ever-married women age 15-49 who have committed physical violence against their current or most recent husband when he was not already beating or physically hurting her, ever and in the past 12 months, according to women's own experience of spousal violence and background characteristics, Nepal DHS 2016

| Background characteristic | Percentage who have committed physical violence against their husband |  | Number of ever-married women |
| :---: | :---: | :---: | :---: |
|  | Ever ${ }^{1}$ | In the past 12 months |  |
| Woman's experience of spousal physical violence |  |  |  |
| Ever ${ }^{1}$ | 5.5 | 3.3 | 812 |
| In the past 12 months | 7.5 | 7.2 | 356 |
| Never | 0.6 | 0.3 | 2,750 |
| Age |  |  |  |
| 15-19 | 1.1 | 1.1 | 231 |
| 20-24 | 1.7 | 1.2 | 601 |
| 25-29 | 1.8 | 1.2 | 670 |
| 30-39 | 1.7 | 1.1 | 1,240 |
| 40-49 | 1.9 | 0.6 | 820 |
| Residence |  |  |  |
| Urban | 1.8 | 0.8 | 2,133 |
| Rural | 1.6 | 1.3 | 1,429 |
| Ecological zone |  |  |  |
| Mountain | 3.3 | 1.6 | 220 |
| Hill | 1.8 | 0.8 | 1,521 |
| Terai | 1.5 | 1.1 | 1,822 |
| Development region |  |  |  |
| Eastern | 1.7 | 0.8 | 814 |
| Central | 2.1 | 1.3 | 1,243 |
| Western | 1.6 | 0.9 | 729 |
| Mid-western | 0.9 | 0.5 | 464 |
| Far-western | 1.8 | 1.4 | 312 |
| Province |  |  |  |
| Province 1 | 1.9 | 0.9 | 597 |
| Province 2 | 1.2 | 1.0 | 782 |
| Province 3 | 2.8 | 1.4 | 679 |
| Province 4 | 1.9 | 1.0 | 353 |
| Province 5 | 1.1 | 0.5 | 618 |
| Province 6 | 1.2 | 0.8 | 222 |
| Province 7 | 1.8 | 1.4 | 312 |
| Marital status |  |  |  |
| Married | 1.7 | 1.0 | 3,447 |
| Divorced/Separated/ |  |  |  |
| Widowed | 0.8 | 0.0 | 115 |
| Employment |  |  |  |
| Employed for cash | 2.2 | 1.4 | 1,162 |
| Employed not for cash | 1.8 | 1.0 | 1,329 |
| Not employed | 1.0 | 0.6 | 1,072 |
| Number of living children |  |  |  |
| 0 | 1.4 | 0.8 | 370 |
| 1-2 | 1.8 | 1.1 | 1,826 |
| 3-4 | 1.8 | 1.1 | 1,034 |
| $5+$ | 1.1 | 0.2 | 332 |
| Wealth quintile |  |  |  |
| Lowest | 2.3 | 1.0 | 629 |
| Second | 2.0 | 1.1 | 712 |
| Middle | 1.9 | 1.6 | 756 |
| Fourth | 1.6 | 1.0 | 769 |
| Highest | 0.9 | 0.3 | 696 |
| Total | 1.7 | 1.0 | 3,562 |

Note: Husband refers to the current husband for currently married women and the most recent husband for divorced, separated, or widowed women.
${ }^{1}$ Includes in the past 12 months

Table 16.16 Violence by women against their husband by husband's characteristics and empowerment indicators

Percentage of ever-married women who have committed physical violence against their current or most recent husband when he was not already beating or physically hurting her, ever and in the past 12 months according to their husband's characteristics and women's empowerment indicators, Nepal DHS 2016

| Background characteristic | Percentage who have committed physical violence against their husband |  | Number of ever-married women |
| :---: | :---: | :---: | :---: |
|  | Ever ${ }^{1}$ | In the past 12 months |  |
| Husband's education ${ }^{2}$ |  |  |  |
| No education | 3.1 | 1.8 | 555 |
| Primary | 1.7 | 1.0 | 766 |
| Some secondary | 2.4 | 1.5 | 1,040 |
| SLC and above | 0.4 | 0.3 | 1,081 |
| Don't know | * | * | 6 |
| Husband's alcohol consumption |  |  |  |
| Does not drink | 1.1 | 0.5 | 1,984 |
| Drinks/never gets drunk | 1.0 | 0.8 | 437 |
| Gets drunk sometimes | 2.4 | 1.5 | 881 |
| Gets drunk very often | 5.2 | 3.3 | 260 |
| Spousal education difference ${ }^{2}$ |  |  |  |
| Husband better educated | 1.6 | 0.9 | 1,900 |
| Wife better educated | 2.1 | 1.1 | 527 |
| Both equally educated | 0.5 | 0.5 | 534 |
| Neither educated | 2.9 | 1.9 | 480 |
| Don't know | * | * | 6 |
| Spousal age difference ${ }^{2}$ |  |  |  |
| Wife older | 1.4 | 1.4 | 260 |
| Wife is same age | 3.5 | 1.5 | 221 |
| Wife's 1-4 years younger | 1.7 | 0.8 | 1,597 |
| Wife's 5-9 years younger | 1.7 | 1.2 | 1,027 |
| Wife's 10 or more years younger | 1.2 | 0.9 | 342 |
| Number of marital control behaviors displayed by husband ${ }^{3}$ |  |  |  |
| 0 | 0.8 | 0.5 | 2,341 |
| 1-2 | 2.4 | 1.3 | 907 |
| 3-4 | 5.0 | 3.6 | 252 |
| 5 | 12.5 | 6.8 | 62 |
| Number of decisions in which women participate ${ }^{4}$ |  |  |  |
| 0 | 1.8 | 1.4 | 906 |
| 1-2 | 1.6 | 0.8 | 1,193 |
| 3 | 1.8 | 1.0 | 1,348 |
| Number of reasons for which wife beating is justified ${ }^{5}$ |  |  |  |
| 0 | 1.6 | 1.0 | 2,520 |
| 1-2 | 1.8 | 1.0 | 792 |
| 3-4 | 1.8 | 0.3 | 212 |
| 5 | (3.8) | (3.8) | 39 |
| Woman's father beat her mother |  |  |  |
| Yes | 4.6 | 2.5 | 514 |
| No | 1.2 | 0.7 | 2,995 |
| Don't know | 2.6 | 1.5 | 54 |
| Woman afraid of husband |  |  |  |
| Most of the time afraid | 5.0 | 3.4 | 270 |
| Sometimes afraid | 1.3 | 0.9 | 1,745 |
| Never afraid | 1.6 | 0.7 | 1,547 |
| Total | 1.7 | 1.0 | 3,562 |

Note: Husband refers to the current husband for currently married women and the most recent husband for divorced, separated or widowed women. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes in the past 12 months
${ }^{2}$ Includes only currently married women.
${ }^{3}$ According to the wife's report. See Table 16.8 for list of behaviors.
${ }^{4}$ According to the wife's report. Includes only currently married women. See Table 15.9
for list of decisions.
${ }^{5}$ According to the wife's report. See Table 15.11.1 for list of reasons.

Table 16.17 Forms of emotional violence in the household
Percentage of ever-married married women age 15-49 facing different forms of emotional violence in their households, according to type of violence and background characteristics, Nepal DHS 2016

| Type of violence/ <br> Background characteristic | Not given enough food to eat | Not cared for when ill | Asked to go for forced abortion | Threatened with divorce by husband or inlaws | Asked to go for forced divorce | Abused for not bearing a son | Abused for using a family planning method | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 4.5 | 7.5 | 1.4 | 6.6 | 4.0 | 2.5 | 1.1 | 231 |
| 20-24 | 4.6 | 7.1 | 2.0 | 6.0 | 4.8 | 2.1 | 1.1 | 601 |
| 25-29 | 6.0 | 6.5 | 0.6 | 5.7 | 5.6 | 2.6 | 0.9 | 670 |
| 30-39 | 7.5 | 8.7 | 1.0 | 5.9 | 5.5 | 3.5 | 1.3 | 1,240 |
| 40-49 | 8.1 | 10.2 | 1.3 | 5.0 | 4.0 | 6.1 | 0.9 | 820 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 6.3 | 8.7 | 1.1 | 6.2 | 5.2 | 3.1 | 0.7 | 2,133 |
| Rural | 7.2 | 7.6 | 1.4 | 5.1 | 4.7 | 4.4 | 1.7 | 1,429 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Mountain | 6.0 | 7.1 | 0.6 | 4.0 | 3.6 | 2.1 | 0.2 | 220 |
| Hill | 5.9 | 8.6 | 1.2 | 5.7 | 5.4 | 3.5 | 0.7 | 1,521 |
| Terai | 7.4 | 8.1 | 1.3 | 6.0 | 4.8 | 3.9 | 1.5 | 1,822 |
| Development region |  |  |  |  |  |  |  |  |
| Eastern | 8.5 | 6.6 | 1.1 | 4.6 | 3.7 | 2.8 | 1.3 | 814 |
| Central | 5.6 | 8.3 | 1.0 | 6.5 | 5.3 | 4.3 | 0.8 | 1,243 |
| Western | 5.1 | 7.5 | 1.7 | 6.1 | 5.7 | 3.7 | 0.7 | 729 |
| Mid-western | 8.3 | 11.1 | 0.7 | 5.0 | 5.4 | 2.8 | 1.3 | 464 |
| Far-western | 7.3 | 10.1 | 2.0 | 5.9 | 5.0 | 4.1 | 2.1 | 312 |
| Province |  |  |  |  |  |  |  |  |
| Province 1 | 6.9 | 6.2 | 1.1 | 4.8 | 4.3 | 2.9 | 1.5 | 597 |
| Province 2 | 7.5 | 7.4 | 1.2 | 6.0 | 3.7 | 4.6 | 1.1 | 782 |
| Province 3 | 5.7 | 9.0 | 0.7 | 6.3 | 6.0 | 3.4 | 0.4 | 679 |
| Province 4 | 3.5 | 5.2 | 0.8 | 4.5 | 4.4 | 3.4 | 1.0 | 353 |
| Province 5 | 7.6 | 10.8 | 1.7 | 6.6 | 6.4 | 3.2 | 1.0 | 618 |
| Province 6 | 7.2 | 9.8 | 1.1 | 4.6 | 5.0 | 3.7 | 0.7 | 222 |
| Province 7 | 7.3 | 10.1 | 2.0 | 5.9 | 5.0 | 4.1 | 2.1 | 312 |
| Marital status |  |  |  |  |  |  |  |  |
| Married | 6.4 | 7.8 | 1.1 | 5.5 | 4.8 | 3.5 | 1.0 | 3,447 |
| Divorced/Separated/ |  |  |  |  |  |  |  |  |
| Widowed | 14.1 | 23.5 | 4.5 | 11.6 | 11.6 | 7.0 | 3.7 | 115 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 5.1 | 6.6 | 0.3 | 5.6 | 5.6 | 3.2 | 0.7 | 370 |
| 1-2 | 5.2 | 8.3 | 1.3 | 6.0 | 5.3 | 2.4 | 1.0 | 1,826 |
| 3-4 | 7.8 | 8.1 | 1.1 | 5.2 | 4.3 | 4.6 | 1.2 | 1,034 |
| $5+$ | 12.7 | 10.5 | 1.9 | 6.2 | 4.7 | 7.7 | 1.7 | 332 |
| Employment |  |  |  |  |  |  |  |  |
| Employed for cash | 9.2 | 10.2 | 1.4 | 8.1 | 7.6 | 3.8 | 1.3 | 1,162 |
| Employed not for cash | 6.1 | 7.9 | 1.3 | 4.9 | 3.9 | 3.2 | 0.7 | 1,329 |
| Not employed | 4.6 | 6.7 | 0.8 | 4.2 | 3.5 | 4.0 | 1.3 | 1,072 |
| Education |  |  |  |  |  |  |  |  |
| No education | 9.4 | 9.4 | 1.6 | 6.0 | 5.1 | 5.8 | 1.4 | 1,491 |
| Primary | 7.6 | 9.8 | 1.2 | 7.3 | 5.0 | 3.8 | 1.0 | 667 |
| Some secondary | 4.5 | 7.7 | 1.3 | 4.7 | 4.8 | 1.5 | 0.6 | 755 |
| SLC and above | 2.1 | 4.8 | 0.2 | 4.8 | 4.8 | 0.9 | 0.8 | 650 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 9.0 | 9.8 | 2.2 | 5.3 | 5.1 | 4.0 | 1.2 | 629 |
| Second | 8.3 | 8.1 | 0.8 | 6.5 | 4.6 | 3.6 | 1.2 | 712 |
| Middle | 8.9 | 9.4 | 1.3 | 6.0 | 5.0 | 4.1 | 1.6 | 756 |
| Fourth | 4.7 | 7.0 | 0.8 | 5.6 | 5.4 | 3.6 | 0.8 | 769 |
| Highest | 2.7 | 7.3 | 1.1 | 5.1 | 4.8 | 2.8 | 0.5 | 696 |
| Total | 6.7 | 8.3 | 1.2 | 5.7 | 5.0 | 3.6 | 1.1 | 3,562 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 16.18 Help seeking to stop violence
Percent distribution of women age 15-49 who have ever experienced physical or sexual violence by their help-seeking behavior by type of violence and background characteristics, Nepal DHS 2016

| Type of violence/ <br> Background characteristic | Sought help to stop violence | Never sought help but told someone | Never sought help, never told anyone | Total | Number of women who have ever experienced any physical or sexual violence |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Type of violence experienced |  |  |  |  |  |
| Physical only | 17.4 | 11.4 | 71.2 | 100.0 | 732 |
| Sexual only | 15.9 | 10.9 | 73.1 | 100.0 | 73 |
| Physical and sexual | 38.8 | 11.9 | 49.3 | 100.0 | 235 |
| Age |  |  |  |  |  |
| 15-19 | 23.5 | 7.5 | 69.1 | 100.0 | 100 |
| 20-24 | 18.2 | 14.1 | 67.7 | 100.0 | 137 |
| 25-29 | 23.4 | 13.1 | 63.6 | 100.0 | 190 |
| 30-39 | 19.5 | 15.2 | 65.3 | 100.0 | 368 |
| 40-49 | 26.9 | 4.8 | 68.3 | 100.0 | 244 |
| Residence |  |  |  |  |  |
| Urban | 24.7 | 13.3 | 62.0 | 100.0 | 617 |
| Rural | 18.4 | 8.8 | 72.8 | 100.0 | 422 |
| Ecological zone |  |  |  |  |  |
| Mountain | 27.9 | 9.2 | 62.9 | 100.0 | 47 |
| Hill | 27.7 | 15.6 | 56.7 | 100.0 | 348 |
| Terai | 18.7 | 9.4 | 71.8 | 100.0 | 645 |
| Development region |  |  |  |  |  |
| Eastern | 27.7 | 10.3 | 62.0 | 100.0 | 237 |
| Central | 17.4 | 12.3 | 70.2 | 100.0 | 429 |
| Western | 24.0 | 12.3 | 63.7 | 100.0 | 174 |
| Mid-western | 25.6 | 8.5 | 65.9 | 100.0 | 125 |
| Far-western | 21.8 | 13.3 | 64.9 | 100.0 | 73 |
| Province |  |  |  |  |  |
| Province 1 | 31.9 | 9.7 | 58.4 | 100.0 | 154 |
| Province 2 | 14.6 | 9.0 | 76.4 | 100.0 | 310 |
| Province 3 | 22.8 | 17.1 | 60.1 | 100.0 | 202 |
| Province 4 | 38.9 | 11.7 | 49.4 | 100.0 | 58 |
| Province 5 | 19.3 | 10.3 | 70.4 | 100.0 | 196 |
| Province 6 | 29.4 | 11.2 | 59.4 | 100.0 | 45 |
| Province 7 | 21.8 | 13.3 | 64.9 | 100.0 | 73 |
| Marital status |  |  |  |  |  |
| Never married | (27.0) | (10.4) | (62.6) | 100.0 | 61 |
| Married | 21.2 | 11.6 | 67.1 | 100.0 | 922 |
| Divorced/Separated/ Widowed | (32.5) | (9.6) | (57.9) | 100.0 | 57 |
| Number of living children |  |  |  |  |  |
| 0 | 29.9 | 10.9 | 59.3 | 100.0 | 137 |
| 1-2 | 21.9 | 14.8 | 63.2 | 100.0 | 451 |
| 3-4 | 19.7 | 8.9 | 71.4 | 100.0 | 332 |
| $5+$ | 21.0 | 6.4 | 72.5 | 100.0 | 119 |
| Employment |  |  |  |  |  |
| Employed for cash | 21.3 | 11.7 | 67.0 | 100.0 | 432 |
| Employed not for cash | 27.2 | 10.6 | 62.2 | 100.0 | 352 |
| Not employed | 16.8 | 12.2 | 70.9 | 100.0 | 256 |
| Education |  |  |  |  |  |
| No education | 22.2 | 9.5 | 68.2 | 100.0 | 543 |
| Primary | 20.8 | 11.6 | 67.6 | 100.0 | 196 |
| Some secondary | 22.1 | 9.4 | 68.4 | 100.0 | 192 |
| SLC and above | 24.3 | 24.5 | 51.3 | 100.0 | 109 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 26.6 | 10.8 | 62.6 | 100.0 | 172 |
| Second | 24.6 | 11.1 | 64.3 | 100.0 | 223 |
| Middle | 18.9 | 9.7 | 71.4 | 100.0 | 253 |
| Fourth | 20.1 | 9.0 | 70.9 | 100.0 | 243 |
| Highest | 22.4 | 19.7 | 57.9 | 100.0 | 148 |
| Total | 22.2 | 11.5 | 66.4 | 100.0 | 1,039 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

Table 16.19 Sources for help to stop the violence
Percentage of women age 15-49 who have experienced physical or sexual violence and sought help by sources from which they sought help, according to the type of violence that women reported, Nepal DHS 2016

|  | Type of violence experienced |  |  |  |
| :--- | :---: | :---: | :---: | ---: |
|  |  |  | Physical and <br> Person |  |
| Physical only | Sexual only | Total |  |  |
| Own family | 68.0 | $*$ | 58.6 | 65.3 |
| Husband's family | 12.6 | $*$ | 4.3 | 9.0 |
| Husband | 0.0 | $*$ | 2.0 | 0.8 |
| Friend | 17.0 | $*$ | 27.8 | 22.3 |
| Neighbor | 29.9 | $*$ | 37.4 | 31.4 |
| Religious leader | 0.0 | $*$ | 1.0 | 0.4 |
| Doctor/medical personnel | 0.3 | $*$ | 0.0 | 0.2 |
| Police | 6.5 | $*$ | 9.9 | 7.5 |
| Lawyer | 0.8 | $*$ | 1.0 | 0.9 |
| Social work organization | 1.5 | $*$ | 3.5 | 2.2 |
| Other | 6.3 | $*$ | 2.3 | 4.8 |
| Number of women who |  |  |  | 2.3 |
| $\quad$ have sought help | 128 | 12 | 91 | 230 |

Note: Women can report more than one source from which they sought help. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## CAUSE OF DEATH IN NEONATES

- The most common underlying causes of neonatal death are respiratory and cardiovascular disorders of the perinatal period ( $31 \%$ ) and complications of pregnancy, labor, and delivery (31\%).
- A majority of neonatal deaths (56\%) occur at home, while slightly fewer stillbirths (42\%) occur at home.
- Province 2 accounts for the highest proportion of both neonatal deaths (31\%) and stillbirths (29\%).
- Early neonatal deaths (0-6 days) account for more than three-quarters of total neonatal deaths (79\%).
- A cause of death could not be specified in more than half of stillbirths (54\%).

This chapter presents results of the verbal autopsy (VA) carried out for neonatal deaths and stillbirths in the 2016 NDHS. Data on mortality are crucial when making health plans and policies as well as monitoring and evaluating health programs (WHO 2016b). Determination of cause of death is useful in setting priorities for health interventions and assessing program needs. Data on deaths is often limited in developing countries, including Nepal. Most neonatal deaths occur in communities away from the reach of health services and are not captured by the vital registration system. In such settings, a VA has been used to determine the cause of death. The method is based on an interview with the next of kin or caregivers who were present at the time of death or who have knowledge about events leading to death.

The first 28 days of life - the neonatal period - is the most vulnerable time for a child's survival (UNICEF 2015). Despite significant reduction in childhood mortality achieved during the past 2 decades, there are still an estimated 2.7 million neonatal deaths and 2.6 million stillbirths every year (WHO 2016c). Neonatal deaths and stillbirths remain an important health problem in Nepal. Despite efforts made to reduce neonatal deaths, Nepal witnessed a stagnant neonatal mortality rate of 33 per 1,000 in the preceding 5 years as shown by the 2006 and 2011 NDHS surveys. Thus, there is need for a detailed study to find the causes of neonatal deaths. The VA has been used previously in Nepal during the 2006 NDHS to identify causes of death among children under age 5. However, in this 2016 survey, an attempt has been made to ascertain causes of death in neonates and stillbirths using WHO ICD-10 guidelines in which the underlying cause of death has been emphasized. Thus, direct comparison with the causes assigned to neonatal deaths in the 2006 NDHS and 2016 NDHS may be misleading.

### 17.1 The Verbal Autopsy Instrument

A standardized questionnaire designed by WHO in 2014 was used for death of any child under age 4 weeks. It included both open narrative and close-ended questions, which gave detailed information on signs and symptoms of neonatal illness leading to death, the antenatal history of the mother, and health care received by the newborn baby. The VA questionnaire also included specific questions about stillbirths. The questionnaire was further adapted to the local context and culture of Nepal and translated into the commonly spoken languages of Nepali, Bhojpuri, and Maithili.

### 17.2 Data Collection Methods

At the end of a 1-month NDHS training session for field staff, 5 days were added to focus on how to do a verbal autopsy (VA). Two enumerators, usually female, from each of the 16 teams were trained and assigned as interviewers. Training included lectures, discussion of question intent, doubt clarification, probing, and consent taking techniques. Supervisors and quality controllers present at the training explained their role and duties. Extensive practical exercises took the form of mock test taking and role playing. At the end of training, a field practice pretest was held with mothers who had lost their babies within the last 5 years. Feedback gathered from participants after the pretest helped identify appropriate changes for the VA instrument.

The 2016 NDHS collected information on the pregnancy history of all eligible women age 15-49 in each household. All women who reported a pregnancy loss after 7 months or death of a baby up to age 3 months during the 5 -year period preceding the survey were screened. Only those women with a stillbirth or death occurring within 28 days were selected for VA interviews. Informed consent forms were signed, and the VA questionnaire was administered to the eligible mothers by trained enumerators. An effort was made to conduct interviews while maintaining privacy. Out of 224 (unweighted) eligible VA cases, interviews were successfully conducted in all except one (where participation was refused).

### 17.3 Quality Assurance

A medical officer was recruited to take charge of looking after VA issues that might arise in the field during the survey. This person was trained in the managerial skills and technical aspects of the VA interview process, and learned how to screen cases for VA interviews.

During the fieldwork, the medical officer was informed of cases screened for VA by the team supervisors, and made an onsite visit in most cases to backstop the interview and provide additional technical support. Any issues were promptly resolved in the field before moving to the next cluster. In addition, this person visited each team to ensure the quality of data and adequacy of VA procedures. Periodic field monitoring and supervision was done by the 2016 NDHS core team, which included quality controllers and representatives from the MOH . Two separate review meetings were held during the fieldwork to address any problems faced by interviewers. After completion of the survey, all the completed VA questionnaires were duly reviewed before computer entry. Double entry was done by two data entry personnel to identify and eliminate inconsistencies.

### 17.4 Cause of Death Certification and coding

Four senior physicians were assigned to determine the causes of neonatal death. A 10-day workshop on WHO death verification and ICD-10 coding for VA of neonates was held, during which the physicians and a data processing officer were trained by the VA expert. Training consisted of theoretical classes on verbal autopsy, background of the survey, international death certification, ICD coding procedure (according to WHO manuals), and ICD volumes 1, 2 and 3 . Theory was augmented with practical assignments under guidance of a VA expert.

The four physicians were divided into two teams, with each team coding half the deaths. Based on the respondents' narratives and answers to questions in the VA questionnaire, each physician on the team independently interpreted a VA questionnaire and produced an international cause of death certificate, which listed up to three causes of death (immediate cause, contributing cause, and tentative underlying cause). An ICD code was assigned for each cause. If the two physicians on the same team assigned discordant codes to the same case, the discordant case was reviewed independently by a third physician from the other team. If any two of the three physicians selected the same underlying cause-of-death code, this was considered the final tentative underlying cause of death. If no consensus was reached on cause of death even after review by the third physician, then cases were labelled as unspecified. Mortality Medical

Data System decision tables D and E were applied to assign the final underlying cause of death. No computer algorithms were used.

Application of ICD rules by WHO ensured uniformity in selecting the cause of death. When followed, selection did not depend on an individual's opinion, and the results (underlying cause of death) can be compared at local, national, and international levels (WHO 2007). It can be noted that "while ICD-PM is designed to be used for all antepartum, intrapartum, and early neonatal deaths, it can also be used for late neonatal deaths, which - although falling outside the perinatal period according to ICD - may be a consequence of events in the perinatal period" (WHO 2016b). This statement of WHO allows the use of ICD-PM codes to code neonatal deaths occurring after the perinatal period.

### 17.5 Characteristics of Neonatal Deaths and Stillbirths

Among 214 cases observed in the study, 118 cases were neonatal deaths, and the remaining 96 were stillbirths. Globally, most neonatal deaths occur between 0 and 6 days (the early neonatal period) (Lawn et al. 2005). The results of this survey are also consistent with the global trend. Figure 17.1 shows that around $17 \%$ of neonatal deaths have occurred within the first hour of life. Overall, more than half of neonatal deaths have occurred within the first day of life ( $57 \%$ ). As expected, around $79 \%$ of all deaths have occurred within the early neonatal period of 0-6 days. Late neonatal deaths (7-27 days) account for the remaining $21 \%$.

## Patterns by background characteristics

- Neonatal deaths have occurred more in rural areas (58\%) than in urban areas ( $43 \%$ ). In contrast, stillbirths have been observed more in urban areas (53\%) than in rural areas (48\%).
- The data show that more neonatal deaths and stillbirths occur in terai ecological zone than in mountain and hill zones, accounting for $60 \%$ of neonatal deaths and $55 \%$ of stillbirths.
- Province 2 has the highest proportion of neonatal deaths (31\%) and stillbirths (29\%), whereas Province 4 has the lowest, with $4 \%$ and $7 \%$, respectively.


### 17.6 Cause of Neonatal Deaths

## Underlying cause of neonatal death

"The disease or injury that initiated the train of morbid events leading directly to death, or the circumstances of the accident or violence that produced the fatal injury" (WH0 2005)
Sample: Neonates who died at 0-27 days

The two most common causes of neonatal death were respiratory and cardiovascular disorders of the perinatal period ( $31 \%$ ) and complications of pregnancy, labor, and delivery (30\%) (Table 17.2 and Figure 17.2). These are followed by neonatal deaths from infections specific to the perinatal period ( $16 \%$ ) and congenital malformations and deformations ( $7 \%$ ). Hypothermia accounts for $4 \%$, and disorders related to length of gestation and fetal growth account for $2 \%$ of neonatal deaths. Sudden neonatal deaths account for $6 \%$ of total deaths.

Within respiratory and cardiovascular disorders, perinatal asphyxia alone accounted for more than half of the deaths. Other causes encompassed under this category were respiratory distress syndrome, followed by congenital pneumonia and meconium aspiration syndrome (see Appendix D for mortality classification groups and WHO ICD codes).

The complications of pregnancy, labor, and delivery included conditions such as eclampsia, transverse lie, multiple pregnancy, and abruption placentae.

Infections specific to the perinatal period included conditions such as neonatal sepsis and pneumonia ${ }^{1}$. Prematurity and low birth weight were included under disorders related to length of gestation and fetal growth.

## Patterns by background characteristics

- Respiratory and cardiovascular disorders of the perinatal period and complications of pregnancy, labor, and delivery account for the majority of deaths occurring within the first 7 days of life (early neonatal period). Infections specific to the perinatal period do not seem to be a major underlying cause of death in this period (Table 17.3).
- The proportion of deaths occurring due to given causes does not differ much for male and female neonates, except in the case of sudden neonatal deaths where males are most affected, and in complications of pregnancy, labor, and delivery where females are most affected (Table 17.3 and Figure 17.3).

[^21]Figure 17.3 Causes of death by sex
Percentage of neonatal deaths


1\%

- Complications of pregnancy, labor, and delivery contribute to $34 \%$ of neonatal deaths in the urban areas, while they contribute to $28 \%$ in the rural areas. Similarly, more neonates in urban areas die of infection specific to the perinatal period than neonates in rural areas ( $21 \%$ versus $12 \%$ ) (Table 17.4).


### 17.7 Cause of Stillbirths

Unlike the cause of neonatal deaths, it was not possible to specify the cause of stillbirths in more than half of the cases (54\%) (Table 17.5). The most common known causes were complications of pregnancy, labor, and delivery (41\%) followed by disorders related to length of gestation and fetal growth (4\%) and congenital malformation (1\%)
(Figure 17.4).
A majority of stillbirths were fresh (83\%), followed by those that were macerated ( $11 \%$ ) and those that could not be determined (7\%).

Figure 17.4 Causes of still births


### 17.8 Health Services related to Neonatal Deaths and Stillbirths

To understand the conditions under which the neonatal deaths and stillbirths took place, it is important to have insight into the place of delivery and place of death and also to know if any treatment was sought for the neonates during the event that led to death.

Half of the deceased neonates were delivered at home (50\%), and 42\% of the stillbirths took place at home (Table 17.6). About one in three neonates and stillbirths were delivered in a government health facility ( $32 \%$ and $34 \%$, respectively).

More than half of the neonates (56\%) died at home, while $27 \%$ of the deaths took place in government facilities. Only $47 \%$ of neonates who died had received some form of treatment for illness leading to death.

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For more information see the following tables:

- Table 17.1 Stillbirths and neonatal deaths by verbal autopsy
- Table 17.2 Causes of neonatal deaths
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- Table 17.4 Causes of neonatal deaths by residence
- Table 17.5 Causes of stillbirths
- Table 17.6 Health service status for stillbirths and neonatal deaths

Table 17.1 Stillbirths and neonatal deaths by verbal
autopsy
Percent distribution of stillbirths and neonatal deaths, by background characteristics, Nepal DHS 2016

| Background <br> characteristic | Stillbirths | Neonatal <br> (0-27 days) |
| :--- | :---: | :---: |
| Sex |  |  |
| $\quad$ Male | 62.3 | 58.9 |
| Female | 37.7 | 41.1 |
| Residence |  |  |
| $\quad$ Urban | 52.5 | 42.5 |
| $\quad$ Rural | 47.5 | 57.5 |
| Ecological zone |  |  |
| $\quad$ Mountain | 6.2 | 9.7 |
| Hill | 38.7 | 29.9 |
| $\quad$ Terai | 55.0 | 60.3 |
| Development region |  |  |
| Eastern | 29.0 | 24.8 |
| Central | 34.0 | 28.7 |
| Western | 18.2 | 15.6 |
| Mid-western | 10.8 | 16.9 |
| Far-western | 8.0 | 14.0 |
| Province |  |  |
| Province 1 | 17.7 | 15.3 |
| Province 2 | 29.2 | 30.6 |
| Province 3 | 16.1 | 7.8 |
| Province 4 | 6.5 | 4.1 |
| Province 5 | 15.3 | 18.6 |
| Province 6 | 7.1 | 9.8 |
| Province 7 | 8.0 | 14.0 |
| Wealth quintile |  |  |
| Lowest | 29.0 | 24.6 |
| Second | 20.5 | 29.6 |
| Middle | 21.6 | 18.9 |
| Fourth | 18.4 | 21.6 |
| Highest | 10.5 | 5.3 |
| Total | 100.0 | 100.0 |
| Number of stillbirths/ |  |  |
| neonates | 96 | 118 |
|  |  |  |
|  |  |  |

Table 17.2 Causes of neonatal deaths
Percent distribution of neonatal deaths, by cause of death, Nepal DHS 2016

| Cause of death | Neonatal deaths |
| :--- | :---: |
| Respiratory and cardiovascular <br> disorders of perinatal period |  |
| Complications of pregnancy, labor, and | 30.9 |
| delivery | 30.5 |
| Infections specific to perinatal period | 16.0 |
| Congenital malformations and <br> deformations | 6.6 |
| Hypothermia | 3.6 |
| Sudden neonatal death | 5.6 |
| Disorders related to length of gestation | 1.9 |
| and fetal growth | 4.9 |
| Other | 100.0 |
| Total | 118 |
| Number of neonatal deaths |  |

Table 17.3 Cause of neonatal deaths by age at death and sex of the child
Percent distribution of neonatal deaths by cause of death according to age at death and sex of the child, Nepal DHS 2016

| Cause of death | Age at early neonatal deaths |  |  |  | Sex of child |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\leq 23$ hours | 24-167 hours | <7 days ${ }^{1}$ | 7-27 days | Male | Female |
| Respiratory and cardiovascular disorder of perinatal period | 41.3 | (25.6) | 37.0 | (8.4) | 30.0 | 32.3 |
| Complications of pregnancy, labor and delivery | 40.1 | (23.6) | 35.6 | (11.6) | 26.1 | 36.8 |
| Infection specific to perinatal period | 1.4 | (21.2) | 6.8 | (50.2) | 18.7 | 12.1 |
| Congenital malformations and deformations | 4.1 | (13.3) | 6.6 | (6.6) | 6.6 | 6.6 |
| Hypothermia | 3.0 | (4.5) | 3.4 | (4.3) | 4.5 | 2.2 |
| Sudden Neonatal Death | 5.7 | (4.7) | 5.4 | (6.2) | 9.5 | 0.0 |
| Disorders related to length of gestation and fetal growth | 2.5 | (2.1) | 2.4 | (0.0) | 2.8 | 0.7 |
| Other | 1.9 | (5.1) | 2.8 | (12.7) | 1.8 | 9.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of deaths | 67 | 25 | 93 | 25 | 69 | 48 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Includes neonatal deaths at $\leq 23$ hours and 24-167 hours.

## Table 17.4 Causes of neonatal deaths by residence

Percent distribution of neonatal deaths, by cause of death according to residence, Nepal DHS 2016

| Cause of death | Residence |  |
| :---: | :---: | :---: |
|  | Urban | Rural |
| Respiratory and cardiovascular disorder of perinatal period | 31.3 | 30.7 |
| Complications of pregnancy, labor and delivery | 33.6 | 28.2 |
| Infection specific to perinatal period | 21.1 | 12.2 |
| Congenital malformations and deformations | 4.1 | 8.4 |
| Hypothermia | 0.0 | 6.2 |
| Sudden Neonatal Death | 5.6 | 5.6 |
| Disorders related to length of gestation and fetal growth | 0.7 | 2.8 |
| Other | 3.7 | 5.7 |
| Total | 100.0 | 100.0 |
| Number of deaths | 50 | 68 |


| Table 17.5 Causes of stillbirths |  |
| :--- | :---: |
| Percent distribution of stillbirths by cause leading to <br> the outcome, Nepal DHS 2016 |  |
| Cause of stillbirth | Stillbirths |
| Complications of pregnancy, |  |
| labor, and delivery |  |
| Disorders related to length of |  |
| gestation and fetal growth | 41.0 |
| Congenital malformations and <br> deformations | 4.3 |
| Unspecified cause | 0.9 |
| Total | 53.9 |
| Number of stillbirths | 100.0 |
|  | 96 |

Table 17.6 Health service status for stillbirths and neonatal deaths

Percent distribution of stillbirths and neonatal deaths by place of delivery, place of death, and treatment status, by background characteristics, Nepal DHS 2016

| Other characteristics | Stillbirths | Neonatal <br> $(0-27$ days $)$ |
| :--- | :---: | :---: |
| Place of delivery |  |  |
| $\quad$ Home | 42.4 | 49.9 |
| Private health facility | 11.9 | 5.4 |
| Government health facility | 34.4 | 31.6 |
| Others | 11.3 | 13.1 |
| Place of death |  |  |
| $\quad$ Home | 42.4 | 56.0 |
| Private health facility | 11.9 | 2.1 |
| Government health facility | 34.4 | 27.3 |
| $\quad$ Others | 11.3 | 14.6 |
| Treatment status |  |  |
| $\quad$ Received treatment | na | 47.4 |
| No treatment | na | 52.6 |
| Total | 100.0 | 100.0 |
| Number of stillbirths/neonates | 96 | 118 |

na $=$ Not applicable

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## SAMPLE DESIGN

## A. 1 InTRODUCTION

TThe 2016 Nepal Demographic and Health Survey (2016 NDHS) is the fifth in a series of Demographic and Health Surveys conducted in Nepal in 1996, 2001, 2006, and 2011. As with the prior surveys, the main objective of the 2016 NDHS was to provide up-to-date information on fertility and childhood mortality levels; fertility preferences; awareness, approval, and use of family planning methods; maternal and child health; domestic violence; and knowledge and attitudes toward HIV/AIDS and other sexually transmitted infections (STIs). All women age 15-49 who were usual members of the selected households and others who spent the night before the survey in the selected households were eligible to be interviewed for the survey. In half of the selected households, all men age 15-49 who were usual members of the households and others who spent the night before the survey in the households also were eligible to be interviewed. In households selected for interviews with men: (1) all women who are eligible for the survey and all children under age 6 were eligible for height and weight measurement, and (2) all women who were eligible for the survey and all children age 6-71 months were eligible for anemia testing.

The sample for the 2016 NDHS was designed to provide estimates of population and health indicators including fertility and mortality rates for the country as a whole, for the urban and rural areas separately, and for each of the three ecological zones (terai, hills, and mountains) and the development regions. Unlike the previous DHS surveys, the 2016 NDHS will not provide estimates for the eco-development regions of the country, however the survey was designed to provide results for each of the newly created seven provinces (Province 1, Province 2, Province 3, Province 4, Province 5, Province 6, and Province 7).

## A. 2 Sample Frame

The sampling frame used for the 2016 NDHS is an updated version of the frame of the National Population and Housing Census (NPHC) conducted in Nepal in 2011, provided by the Central Bureau of Statistics (CBS). The census frame is a complete list of all census wards created for the 2011 NPHC. Although the NPHC was conducted 4 years ago, the frame had to be updated, due to the consecutive changes in the urban/rural classification on the ward level; new municipalities have been declared and old municipalities have been upgraded by adding more wards. Originally, the 2011 NPHC included 58 municipalities; this number increased to 191 municipalities during 2014. Recently, 26 more municipalities were declared, yielding a total of 217 municipalities in Nepal.

According to the recent changes approved by Nepal's Constituent Assembly, declared in September 2015, Nepal is divided into seven provinces (Province 1, Province 2, Province 3, Province 4, Province 5, Province 6, and Province 7). Each province is subdivided into urban and rural areas. The whole country is divided into 75 districts. Each district is divided into urban (nagarpalika) and rural (gaonpalika) sections, which are divided into wards. The sampling frame contains information about the ward location, type of residence (urban or rural), and estimated number of residential households and population. In rural areas, the wards are small, with an average size of 104 households. This makes it convenient for a two-stage selection sampling design, where the wards were selected as Primary Sampling Units (PSUs), and households were selected from the sample PSUs. In urban areas, the wards were large, with an average of 800 households per ward. For the original 58 municipalities, the Central Bureau of Statistics had a frame of numeration areas (EAs) for each ward. For the 159 newly declared municipalities, each municipality was composed of old wards, which were small in size and worked as EAs. Therefore, in urban areas, a threestage selection sampling design was used, where the wards were selected as Primary Sampling Units (PSUs) and an EA was selected from each PSU; then households were selected from the sample EAs.

Table A. 1 indicates the percentage distribution of households by province and by type of residence. The table indicates that about 58.9 percent of Nepal's households are concentrated in three provinces: Province 1, Province 2 and Province 3, where 23.4 percent of households are in Province 3. In Nepal, 45.33 percent of the households are in urban areas. The percentage of urban household population varies from $67.5 \%$ in Province 3 to $25.2 \%$ in Province 6.

| Province | Residential households |  |  | Percentage |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Provinces | Urban |
| Province 1 | 388,907 | 603,467 | 992,374 | 18.28\% | 39.19\% |
| Province 2 | 327,068 | 605,240 | 932,308 | 17.19\% | 35.13\% |
| Province 3 | 858,223 | 412,574 | 1,270,797 | 23.41\% | 67.53\% |
| Province 4 | 259,789 | 317,081 | 576,870 | 10.63\% | 45.03\% |
| Province 5 | 347,385 | 535,433 | 882,818 | 16.26\% | 39.35\% |
| Province 6 | 76,228 | 225,865 | 302,093 | 5.57\% | 25.23\% |
| Province 7 | 202,054 | 267,917 | 469,971 | 8.66\% | 42.99\% |
| Nepal | 2,460,324 | 2,967,577 | 5,427,901 | 100.00\% | 45.33\% |

Source: The 2011 National Population and Housing Census (NPHC) sampling frame provided by the Central Bureau of Statistics (CBS)

Table A. 2 indicates the distribution of wards and their average size in number of households by province and by type of residence. There are in total 31,493 wards; among them 3,080 are in urban areas, and 28,413 are in rural areas. The average ward size is 172 households; the urban wards have a larger size, with an average of 799 households per ward, whereas the rural wards have an average of 104 households per ward.

| Province | Number of wards |  |  | Average ward size |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Province 1 | 537 | 5,139 | 5,676 | 724 | 117 | 175 |
| Province 2 | 487 | 5,337 | 5,824 | 673 | 113 | 160 |
| Province 3 | 756 | 4,257 | 5,013 | 1135 | 97 | 254 |
| Province 4 | 356 | 3,699 | 4,055 | 730 | 86 | 142 |
| Province 5 | 470 | 4,383 | 4,853 | 739 | 122 | 182 |
| Province 6 | 150 | 2,772 | 2,922 | 508 | 81 | 103 |
| Province 7 | 324 | 2,826 | 3,150 | 624 | 95 | 149 |
| Nepal | 3,080 | 28,413 | 31,493 | 799 | 104 | 172 |

Source: The 2011 National Population and Housing Census (NPHC) sampling frame provided by the Central Bureau of Statistics (CBS).

## A. 3 Sample Design and Implementation

The 2016 NDHS sample was stratified, selected in two stages in rural areas and in three stages in urban areas. Each province was stratified into urban and rural areas yielding 14 sampling strata. Samples of wards were selected independently in each stratum in two stages. Implicit stratification and proportional allocation were achieved at each of the lower administrative levels by sorting the sampling frame within each sampling stratum before sample selection, according to administrative units in different levels, and by using a probability proportional-to-size selection at the first stage of sampling.

In the first stage, 383 wards were selected with probability proportional to the ward size and with independent selection in each sampling stratum. The sample allocation is given in Table A.3. The ward size was the number of residential households residing in the ward in the 2011 NPHC. Due to the large size of the urban wards, in a second stage of sample selection, one EA was randomly selected from each of the sample urban wards. A household listing operation was carried out in all selected sampling clusters (rural wards or urban EAs), and the resulting lists of households served as the sampling frame for the selection of households in the next stage. Some of the selected clusters were large. To minimize the task of household listing, for the selected clusters with more than 200 households, each large cluster was segmented. Only
one segment was selected for the survey with probability proportional to the segment size. Household listing was conducted only in the selected segment. So a 2016 NDHS cluster was either a ward, an EA, or a segment of a ward or EA.

In the last stage of selection, a fixed number of 30 households per cluster was selected with an equal probability systematic selection from the newly-created household listing. The survey interviewers interviewed only the pre-selected households. No replacements and no changes of the pre-selected households were allowed in the implementing stages in order to prevent bias. All women age 15-49 who were usual members of the selected households, or who spent the night before the survey in the selected households, were eligible for the female survey. In half of the selected households, all men age 15-49 who were usual members of the households or who spent the night before the survey in the households were eligible for the male survey.

Table A. 3 shows the allocation of selected households according to provinces and urban-rural areas, and Table A. 4 shows the expected number of completed women and men interviews according to provinces and urban-rural areas. To ensure that the survey precision is comparable across provinces, the sample allocation figures a power allocation between provinces and between different types of residence within each province. Based on a fixed sample take of 30 households per cluster, the survey selected 383 wards, 184 in urban areas and 199 in rural areas. The survey was conducted in 11,490 residential households, 5,520 in urban areas and 5,970 in rural areas. The sample expected to result in about 12,802 completed interviews with women age $15-49,6,130$ in urban areas and 6,672 in rural areas, and 4,303 completed interviews with men age 15-49, 2,240 in urban areas and 2,063 in rural areas. During the fieldwork, some rural areas in Nepal were officially declared as urban areas. This affected about 60 of the selected wards for the NDHS, yielding a total of 244 urban wards and 139 rural wards as opposed to 184 urban wards and 199 rural according to the original design.

| Provinces | Number of wards allocated |  |  | Number of households allocated |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Province 1 | 27 | 30 | 57 | 810 | 900 | 1710 |
| Province 2 | 26 | 30 | 56 | 780 | 900 | 1680 |
| Province 3 | 30 | 28 | 58 | 900 | 840 | 1740 |
| Province 4 | 25 | 27 | 52 | 750 | 810 | 1560 |
| Province 5 | 26 | 30 | 56 | 780 | 900 | 1680 |
| Province 6 | 25 | 27 | 52 | 750 | 810 | 1560 |
| Province 7 | 25 | 27 | 52 | 750 | 810 | 1560 |
| Nepal | 184 | 199 | 383 | 5,520 | 5,970 | 11,490 |

Table A. 4 The 2016 NDHS sample allocation of expected completed women and men interviews by province and type of residence

|  | Expected number of interviews <br> with women age 15-49 |  |  |  | Expected number of interviews <br> with men age 15-49 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Urban | Rural | Total |  | Urban | Rural | Total |
| Provinces | 899 | 1,006 | 1,905 |  | 329 | 311 | 640 |
| Province 1 | 866 | 1,006 | 1,872 |  | 317 | 311 | 628 |
| Province 2 | 1,000 | 939 | 1,939 |  | 365 | 290 | 655 |
| Province 3 | 833 | 905 | 1,738 |  | 304 | 280 | 584 |
| Province 4 | 866 | 1,006 | 1,872 |  | 317 | 311 | 628 |
| Province 5 | 833 | 905 | 1,738 |  | 304 | 280 | 584 |
| Province 6 | 833 | 905 | 1,738 |  | 304 | 280 | 584 |
| Province 7 | 6,130 | 6,672 | 12,802 |  | 2,240 | 2,063 | 4,303 |
| Nepal |  |  |  |  |  |  |  |

The sample allocations were derived using information obtained from the 2011 NDHS; the average number of women age $15-49$ per household is 1.21 in urban areas and 1.18 in rural areas, and the average number of men age 15-49 per household is 0.92 in urban areas and 0.75 in rural areas. The household completion rate was assumed to be $94.5 \%$ in urban areas and $95.7 \%$ in rural areas. The completion rate
among women age 15-49 was assumed to be $96.8 \%$ in urban areas and $98.6 \%$ in rural areas. The completion rate among men age $15-49$ was assumed to be $93 \%$ in urban areas and $96.4 \%$ in rural areas.

Tables A. 5 and A. 6 present response rates, for women and men, respectively, by urban and rural areas, and by province. The male subsample constituted one in two of the households selected for the women's sample.

Table A. 5 Sample implementation: Women
Percent distribution of households and eligible women by results of the household and individual interviews, and household, eligible women and overall women's response rates, according to urban-rural residence and region (unweighted), Nepal DHS 2016.

| Result | Residence |  | Province |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Province 1 | Province 2 | Province 3 | Province 4 | Province 5 | Province 6 | Province 7 |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 95.7 | 97.2 | 97.8 | 97.0 | 94.7 | 96.8 | 96.9 | 95.3 | 95.0 | 96.2 |
| Household present but no competent respondent at home (HP) | 1.2 | 0.7 | 0.6 | 0.5 | 0.9 | 0.3 | 1.4 | 1.4 | 2.0 | 1.0 |
| Refused (R) | 0.5 | 0.1 | 0.2 | 0.5 | 1.6 | 0.1 | 0.0 | 0.1 | 0.1 | 0.4 |
| Dwelling not found (DNF) | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Household absent (HA) | 1.5 | 1.1 | 0.8 | 1.4 | 1.3 | 1.5 | 1.2 | 1.9 | 1.3 | 1.4 |
| Dwelling vacant/address not a dwelling (DV) | 1.0 | 0.8 | 0.5 | 0.4 | 1.5 | 1.2 | 0.5 | 1.2 | 1.5 | 1.0 |
| Dwelling destroyed (DD) | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.1 | 0.0 |
| Other ( O ) | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of sampled households | 7,294 | 4,179 | 1,712 | 1,676 | 1,731 | 1,547 | 1,684 | 1,562 | 1,561 | 11,473 |
| Household response rate (HRR) ${ }^{1}$ | 98.2 | 99.1 | 99.2 | 98.8 | 97.4 | 99.5 | 98.6 | 98.4 | 97.8 | 98.5 |
| Eligible women |  |  |  |  |  |  |  |  |  |  |
| Completed (EWC) | 97.9 | 99.0 | 99.2 | 98.8 | 96.1 | 98.5 | 98.3 | 99.0 | 97.7 | 98.3 |
| Not at home (EWNH) | 1.0 | 0.6 | 0.1 | 0.6 | 1.5 | 0.7 | 0.6 | 0.6 | 1.7 | 0.8 |
| Refused (EWR) | 0.8 | 0.0 | 0.4 | 0.3 | 2.0 | 0.2 | 0.7 | 0.0 | 0.3 | 0.5 |
| Partly completed (EWPC) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 |
| Incapacitated (EWI) | 0.4 | 0.3 | 0.3 | 0.3 | 0.4 | 0.5 | 0.4 | 0.3 | 0.3 | 0.4 |
| Other (EWO) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 8,460 | 4,629 | 1,852 | 2,122 | 1,727 | 1,613 | 2,108 | 1,778 | 1,889 | 13,089 |
| Eligible women response rate (EWRR) ${ }^{2}$ | 97.9 | 99.0 | 99.2 | 98.8 | 96.1 | 98.5 | 98.3 | 99.0 | 97.7 | 98.3 |
| Overall women response rate (ORR) ${ }^{3}$ | 96.1 | 98.2 | 98.4 | 97.6 | 93.7 | 98.1 | 96.9 | 97.5 | 95.6 | 96.8 |

${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:

$$
\frac{100 * \mathrm{C}}{\mathrm{C}+\mathrm{HP}+\mathrm{P}+\mathrm{R}+\mathrm{DNF}}
$$

[^22]Table A. 6 Sample implementation: Men
Percent distribution of households and eligible men by results of the household and individual interviews, and household, eligible men, and overall men's response rates, according to urban-rural residence and region (unweighted), Nepal DHS 2016

| Result | Residence |  | Province |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Province 1 | Province 2 | Province 3 | Province 4 | Province 5 | Province 6 | Province 7 |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 95.7 | 97.3 | 97.4 | 97.6 | 94.7 | 96.8 | 96.4 | 95.9 | 95.0 | 96.3 |
| Household present but no competent respondent at home (HP) | 1.3 | 0.6 | 0.5 | 0.5 | 0.8 | 0.3 | 2.3 | 1.2 | 1.9 | 1.0 |
| Refused (R) | 0.6 | 0.2 | 0.4 | 0.4 | 1.8 | 0.3 | 0.0 | 0.0 | 0.1 | 0.4 |
| Dwelling not found (DNF) | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Household absent (HA) | 1.4 | 1.0 | 1.3 | 1.0 | 1.5 | 1.6 | 0.8 | 1.7 | 1.0 | 1.3 |
| Dwelling vacant/address not a dwelling (DV) | 1.0 | 0.9 | 0.5 | 0.4 | 1.2 | 1.2 | 0.5 | 1.3 | 1.9 | 1.0 |
| Other (O) | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of sampled households | 3,648 | 2,091 | 857 | 838 | 868 | 774 | 840 | 782 | 780 | 5,739 |
| Household response rate (HRR) ${ }^{1}$ | 98.0 | 99.2 | 99.2 | 99.0 | 97.3 | 99.5 | 97.7 | 98.8 | 97.9 | 98.5 |
| Eligible men |  |  |  |  |  |  |  |  |  |  |
| Completed (EMC) | 94.8 | 98.1 | 97.9 | 97.6 | 92.0 | 97.7 | 96.0 | 96.1 | 94.5 | 95.9 |
| Not at home (EMNH) | 3.2 | 1.4 | 1.3 | 1.3 | 3.9 | 1.8 | 2.6 | 3.0 | 4.3 | 2.6 |
| Refused (EMR) | 1.5 | 0.0 | 0.6 | 0.3 | 3.6 | 0.2 | 0.9 | 0.2 | 0.7 | 1.0 |
| Incapacitated (EMI) | 0.5 | 0.5 | 0.2 | 0.9 | 0.5 | 0.4 | 0.5 | 0.7 | 0.5 | 0.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 2,812 | 1,423 | 623 | 699 | 634 | 513 | 645 | 535 | 586 | 4,235 |
| Eligible men's response rate (EMRR) ${ }^{2}$ | 94.8 | 98.1 | 97.9 | 97.6 | 92.0 | 97.7 | 96.0 | 96.1 | 94.5 | 95.9 |
| Overall men's response rate $(\mathrm{ORR})^{3}$ | 93.0 | 97.3 | 97.1 | 96.6 | 89.5 | 97.1 | 93.8 | 94.9 | 92.5 | 94.5 |

${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:

$$
\frac{100^{*} \mathrm{C}}{\mathrm{C}+\mathrm{HP}+\mathrm{P}+\mathrm{R}+\mathrm{DNF}}
$$

${ }^{2}$ The eligible men response rate (EMRR) is equivalent to the percentage of interviews completed (EMC)
${ }^{3}$ The overall men response rate (OMRR) is calculated as
OMRR $=\mathrm{HRR}$ * EMRR/100

## A. 4 Sample Probabilities and Sampling Weights

Due to the non-proportional allocation of samples to different provinces and to their urban and rural areas and the possible differences in response rates, sampling weight will be required for any analysis using the 2016 NDHS data. This will ensure the actual representativeness of the survey results at national and domain levels.. Since the 2016 NDHS sample is a multiple-stage stratified cluster sample, sampling weight was calculated based on sampling probabilities separately for each sampling stage and for each cluster. The following notations were used where

$$
\begin{array}{ll}
P_{1 h i}: & \text { first-stage sampling probability of the } i^{t h} \text { cluster in stratum } h \\
P_{2 h i}: & \text { second-stage sampling probability within the } i^{t h} \text { cluster (households) }
\end{array}
$$

Let $a_{\mathrm{h}}$ be the number of wards selected in stratum $h, M_{h i}$ the number of households according to the sampling frame in the $i^{\text {th }}$ ward, and $\sum_{M_{h i}}$ the total number of households in the stratum. The probability of selecting the $i^{\text {th }}$ ward in the 2016 NDHS sample is calculated as follows:

$$
\frac{a_{h} M_{h i}}{\sum M_{h i}}
$$

Let $b_{h i}$ be the proportion of households in the selected EA compared with the total number of households in ward $i$ in stratum $h$ for the urban strata. Otherwise $b_{h i}=1$. Let $c_{h i}$ be the proportion of households in the
selected segment compared with the total number of households in ward or EA $i$ in stratum $h$, if the ward or the EA is segmented. Otherwise $c_{h i}=1$. Then the probability of selecting cluster $i$ in the sample is:

$$
P_{l h i}=\frac{a_{h} M_{h i}}{\sum_{h i} M_{h i}} \times b_{h i} \times c_{h i}
$$

Let $L_{h i}$ be the number of households listed in the household listing operation in cluster $i$ in stratum $h$, let $g_{h i}$ be the number of households selected in the cluster. The last stage's selection probability for each household in the cluster is calculated as follows:

$$
P_{2 h i}=\frac{g_{h i}}{L_{h i}}
$$

The overall selection probability of each household in cluster $i$ of stratum $h$ is therefore the production of the selection probabilities:

$$
P_{h i}=P_{1 h i} \times P_{2 h i}
$$

The sampling weight for each household in cluster $i$ of stratum $h$ is the inverse of its overall selection probability:

$$
W_{h i}=1 / P_{p i}
$$

A spreadsheet containing all sampling parameters and selection probabilities was prepared to facilitate the calculation of the design weight. Design weight was adjusted for household non-response and also for individual non-response to get the sampling weights for households, for women's and men's surveys, respectively. The differences of the household sampling weight and the individual sampling weights were introduced by individual non-response. The final sampling weights were normalized in order to give the total number of unweighted cases equal to the total number of weighted cases at national level, for both household weight and individual weight, respectively. The normalized weights are relative weights, which are valid for estimating means, proportions, and ratios, but not valid for estimating population totals and for pooled data.

TThe estimates from a sample survey are affected by two types of errors: nonsampling errors and sampling errors. Non-sampling errors result from mistakes made in implementing data collection and data processing, such as failure to locate and interview the correct household, misunderstanding questions on the part of either the interviewer or the respondent, and data entry errors. Although numerous efforts were made during the implementation of the 2016 Nepal DHS (NDHS) to minimize this type of error, nonsampling errors are impossible to avoid and difficult to evaluate statistically.

Sampling errors, on the other hand, can be evaluated statistically. The sample of respondents selected in the 2016 NDHS is only one of many samples that could have been selected from the same population, using the same design and expected size. Each of these samples would yield results that differ somewhat from the results of the actual sample selected. Sampling errors are a measure of the variability between all possible samples. Although the degree of variability is not known exactly, it can be estimated from the survey results.

Sampling error is usually measured in terms of the standard error for a particular statistic (mean, percentage, etc.), which is the square root of the variance. The standard error can be used to calculate confidence intervals within which the true value for the population can reasonably be assumed to fall. For example, for any given statistic calculated from a sample survey, the value of that statistic will fall within a range of plus or minus two times the standard error of that statistic in 95 percent of all possible samples of identical size and design.

If the sample of respondents had been selected as a simple random sample, it would have been possible to use straightforward formulas for calculating sampling errors. However, the 2016 NDHS sample is the result of a multi-stage stratified design, and, consequently, it was necessary to use more complex formulas. Sampling errors are computed in either ISSA or SAS, using programs developed by ICF. These programs use the Taylor linearization method of variance estimation for survey estimates that are means, proportions, or ratios. The Jackknife repeated replication method is used for variance estimation of more complex statistics such as fertility and mortality rates.

The Taylor linearization method treats any percentage or average as a ratio estimate, $r=y / x$, where $y$ represents the total sample value for variable $y$, and $x$ represents the total number of cases in the group or subgroup under consideration. The variance of $r$ is computed using the formula given below, with the standard error being the square root of the variance:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1-f}{x^{2}} \sum_{h=1}^{H}\left[\frac{m_{h}}{m_{h}-1}\left(\sum_{i=1}^{m_{h}} z_{h i}^{2}-\frac{z_{h}^{2}}{m_{h}}\right)\right]
$$

in which

$$
z_{h i}=y_{h i}-r x_{h i}, \text { and } z_{h}=y_{h}-r x_{h}
$$

where $h \quad$ represents the stratum which varies from 1 to $H$,
$m_{h} \quad$ is the total number of clusters selected in the $h^{\text {th }}$ stratum,
$y_{h i} \quad$ is the sum of the weighted values of variable $y$ in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum,
$x_{h i} \quad$ is the sum of the weighted number of cases in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum, and

$$
f \quad \text { is the overall sampling fraction, which is so small that it is ignored. }
$$

The Jackknife repeated replication method derives estimates of complex rates from each of several replications of the parent sample, and calculates standard errors for these estimates using simple formulas. Each replication considers all but one cluster in the calculation of the estimates. Pseudo-independent replications are thus created. In the 2016 NDHS, there were 383 non-empty clusters. Hence, 383 replications were created. The variance of a rate $r$ is calculated as follows:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
r_{i}=k r-(k-1) r_{(i)}
$$

where $r$ is the estimate computed from the full sample of 383 clusters,
$r_{(i)} \quad$ is the estimate computed from the reduced sample of 382 clusters ( $i^{\text {th }}$ cluster excluded), and $k \quad$ is the total number of clusters

In addition to the standard error, the design effect (DEFT) for each estimate is calculated. The design effect is defined as the ratio between the standard error using the given sample design and the standard error that would result if a simple random sample had been used. A DEFT value of 1.0 indicates that the sample design is as efficient as a simple random sample, while a value greater than 1.0 indicates the increase in the sampling error due to the use of a more complex and less statistically efficient design. Relative standard errors and confidence limits for the estimates are also calculated.

Sampling errors for the 2016 NDHS are calculated for selected variables considered to be of primary interest. The results are presented in this appendix for the country as a whole, for urban and rural areas, and for each of the 7 provinces. For each variable, the type of statistic (mean, proportion, or rate) and the base population are given in Table B.1. Tables B. 2 through B. 11 present the value of the statistic (R), its standard error (SE), the number of unweighted ( N ) and weighted ( WN ) cases, the design effect (DEFT), the relative standard error (SE/R), and the 95 percent confidence limits ( $\mathrm{R} \pm 2 \mathrm{SE}$ ) for each selected variable. The DEFT is considered undefined when the standard error considering a simple random sample is zero (when the estimate is close to 0 or 1 ).

The confidence interval (e.g., as calculated for the number of children ever born for women age 40-49) can be interpreted as follows: the overall average from the national sample is 3.753 , and its standard error is 0.076. Therefore, to obtain the 95 percent confidence limits, one adds and subtracts twice the standard error to the sample estimate, i.e., $3.753 \pm 2 \times 0.076$. There is a high probability ( 95 percent) that the true proportion of women 40-49 with children ever born is between 3.602 and 3.905.

For the total sample, the value of the DEFT, averaged over all variables, is 1.58 . This means that, due to multi-stage clustering of the sample, the average standard error is increased by a factor of 1.58 over that in an equivalent simple random sample.

Table B. 1 List of indicators for sampling errors, Nepal DHS 2016

| Variable | Estimate | Base population |
| :---: | :---: | :---: |
| WOMEN |  |  |
| Urban residence | Proportion | All women 15-49 |
| Literacy | Proportion | All women 15-49 |
| No education | Proportion | All women 15-49 |
| Secondary or higher education | Proportion | All women 15-49 |
| Never married (never in union) | Proportion | All women 15-49 |
| Currently married (in union) | Proportion | All women 15-49 |
| Married before age 20 | Proportion | Women age 20-49 |
| Had sexual intercourse before age 18 | Proportion | Women age 20-49 |
| Currently pregnant | Proportion | All women 15-49 |
| Children ever born | Mean | All women 15-49 |
| Children surviving | Mean | All women 15-49 |
| Children ever born to women age 40-49 | Mean | Women age 40-49 |
| Currently using any method | Proportion | Currently married women 15-49 |
| Currently using a modern method | Proportion | Currently married women 15-49 |
| Currently using pill | Proportion | Currently married women 15-49 |
| Currently using IUD | Proportion | Currently married women 15-49 |
| Currently using condoms | Proportion | Currently married women 15-49 |
| Currently using injectables | Proportion | Currently married women 15-49 |
| Currently using implants | Proportion | Currently married women 15-49 |
| Currently using female sterilization | Proportion | Currently married women 15-49 |
| Using public sector source | Proportion | Currently married women 15-49 using modern method |
| Want no more children | Proportion | Currently married women 15-49 |
| Want to delay next birth at least 2 years | Proportion | Currently married women 15-49 |
| Ideal number of children | Mean | All women 15-49 |
| Mothers received antenatal care for last birth | Proportion | Women with at least 1 live birth in past 5 years |
| Mothers protected against tetanus for last birth | Proportion | Women with at least 1 live birth in past 5 years |
| Births with skilled attendant at delivery | Proportion | Women with at least 1 live birth in past 5 years |
| Had diarrhoea in the last 2 weeks | Proportion | Children under 5 years |
| Treated with ORS | Proportion | Children under 5 years with diarrhoea in past two weeks |
| Sought medical treatment for diarrhoea | Proportion | Children under 5 years with diarrhoea in past two weeks |
| Vaccination card seen | Proportion | Children age 12-23 months |
| Received BCG vaccination | Proportion | Children age 12-23 months |
| Received DPT vaccination (3 doses) | Proportion | Children age 12-23 months |
| Received polio vaccination (3 doses) | Proportion | Children age 12-23 months |
| Received pneumococcal vaccination (3 doses) | Proportion | Children age 12-23 months |
| Received measles vaccination | Proportion | Children age 12-23 months |
| Received all vaccinations | Proportion | Children age 12-23 months |
| Height-for-age (-2SD) | Proportion | Children under 5 years who were measured |
| Weight-for-height (-2SD) | Proportion | Children under 5 years who were measured |
| Weight-for-age (-2SD) | Proportion | Children under 5 years who were measured |
| Prevalence of anaemia (children 6-59 months) | Proportion | Children 6-59 months who were tested |
| Prevalence of anaemia (women 15-49) | Proportion | Women 15-49 who were tested |
| Body mass index (BMI) < 18.5 | Proportion | All women 15-49 who were measured |
| Body mass index (BMI) $\geq 25$ | Proportion | All women 15-49 who were measured |
| Prevalence of hypertension | Proportion | All women age 15 and above |
| Had an HIV test and received results in past 12 months | Proportion | All women 15-49 |
| Abstinence among never-married youth (never had sex) | Proportion | Never-married women 15-24 |
| Ever experienced any physical violence since age 15 | Proportion | All women 15-49 |
| Ever experienced any sexual violence | Proportion | All women 15-49 |
| Ever experienced any physical/sexual violence by husband/partner | Proportion | All women 15-49 |
| Physical/sexual violence in the last 12 months by husband/partner | Proportion | All women 15-49 |
| Total fertility rate (last 3 years) | Rate | Women years of exposure to child birth |
| Neonatal mortality* | Rate | Children exposed to the risk of mortality |
| Post-neonatal mortality* | Rate | Children exposed to the risk of mortality |
| Infant mortality* | Rate | Children exposed to the risk of mortality |
| Child mortality* | Rate | Children exposed to the risk of mortality |
| Under 5 mortality* | Rate | Children exposed to the risk of mortality |
|  | MEN |  |
| Urban residence | Proportion | All men 15-49 |
| Literacy | Proportion | All men 15-49 |
| No education | Proportion | All men 15-49 |
| Secondary or higher education | Proportion | All men 15-49 |
| Never married (in union) | Proportion | All men 15-49 |
| Currently married (in union) | Proportion | All men 15-49 |
| Had first sexual intercourse before age 18 | Proportion | Men age 25-49 |
| Want no more children | Proportion | Currently married men 15-49 |
| Want to delay birth at least 2 years | Proportion | Currently married men 15-49 |
| Ideal number of children | Mean | All men 15-49 |
| Abstinence among never married youth (never had sex) | Proportion | All never married men 15-24 |
| Had HIV test and received results in past 12 months | Proportion | All men 15-49 |
| Body mass index (BMI) < 18.5 (men 15-49) | Proportion | All men 15-49 who were measured |
| Body mass index (BMI) $\geq 25$ (men 15-49) | Proportion | All men 15-49 who were measured |
| Prevalence of hypertension | Proportion | All men age 15 and above |

[^23]| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.628 | 0.022 | 12,862 | 12,862 | 5.262 | 0.036 | 0.583 | 0.673 |
| Literacy | 0.691 | 0.010 | 12,862 | 12,862 | 2.422 | 0.014 | 0.671 | 0.711 |
| No education | 0.333 | 0.009 | 12,862 | 12,862 | 2.058 | 0.026 | 0.316 | 0.350 |
| Secondary or higher education | 0.500 | 0.011 | 12,862 | 12,862 | 2.401 | 0.021 | 0.479 | 0.521 |
| Never married (never in union) | 0.208 | 0.005 | 12,862 | 12,862 | 1.356 | 0.023 | 0.198 | 0.217 |
| Currently married (in union) | 0.768 | 0.005 | 12,862 | 12,862 | 1.291 | 0.006 | 0.758 | 0.777 |
| Married before age 20 | 0.683 | 0.010 | 10,240 | 10,264 | 2.107 | 0.014 | 0.664 | 0.703 |
| Had sexual intercourse before age 18 | 0.484 | 0.009 | 10,240 | 10,264 | 1.839 | 0.019 | 0.465 | 0.502 |
| Currently pregnant | 0.042 | 0.002 | 12,862 | 12,862 | 1.081 | 0.046 | 0.038 | 0.045 |
| Children ever born | 1.976 | 0.028 | 12,862 | 12,862 | 1.707 | 0.014 | 1.920 | 2.031 |
| Children surviving | 1.821 | 0.024 | 12,862 | 12,862 | 1.650 | 0.013 | 1.773 | 1.869 |
| Children ever born to women age 40-49 | 3.753 | 0.076 | 2,467 | 2,501 | 1.950 | 0.020 | 3.602 | 3.905 |
| Currently using any method | 0.526 | 0.008 | 9,904 | 9,875 | 1.565 | 0.015 | 0.510 | 0.542 |
| Currently using a modern method | 0.428 | 0.008 | 9,904 | 9,875 | 1.655 | 0.019 | 0.411 | 0.444 |
| Currently using pill | 0.046 | 0.003 | 9,904 | 9,875 | 1.303 | 0.059 | 0.041 | 0.052 |
| Currently using IUD | 0.014 | 0.002 | 9,904 | 9,875 | 1.368 | 0.115 | 0.011 | 0.017 |
| Currently using condoms | 0.042 | 0.003 | 9,904 | 9,875 | 1.383 | 0.066 | 0.037 | 0.048 |
| Currently using injectables | 0.089 | 0.004 | 9,904 | 9,875 | 1.454 | 0.047 | 0.081 | 0.098 |
| Currently using implants | 0.033 | 0.003 | 9,904 | 9,875 | 1.572 | 0.085 | 0.028 | 0.039 |
| Currently using female sterilization | 0.147 | 0.007 | 9,904 | 9,875 | 1.849 | 0.045 | 0.134 | 0.160 |
| Using public sector source | 0.694 | 0.016 | 4,305 | 4,271 | 2.279 | 0.023 | 0.662 | 0.726 |
| Want no more children | 0.705 | 0.006 | 9,904 | 9,875 | 1.257 | 0.008 | 0.693 | 0.716 |
| Want to delay next birth at least 2 years | 0.137 | 0.004 | 9,904 | 9,875 | 1.291 | 0.033 | 0.128 | 0.146 |
| Ideal number of children | 2.112 | 0.019 | 12,797 | 12,792 | 2.858 | 0.009 | 2.073 | 2.151 |
| Mothers received antenatal care for last birth | 0.836 | 0.011 | 4,006 | 3,998 | 1.801 | 0.013 | 0.815 | 0.858 |
| Mothers protected against tetanus for last birth | 0.887 | 0.007 | 4,006 | 3,998 | 1.352 | 0.008 | 0.874 | 0.901 |
| Births with skilled attendant at delivery | 0.580 | 0.016 | 5,038 | 5,060 | 2.014 | 0.027 | 0.549 | 0.612 |
| Had diarrhoea in the last 2 weeks | 0.076 | 0.006 | 4,861 | 4,887 | 1.661 | 0.084 | 0.063 | 0.089 |
| Treated with ORS | 0.370 | 0.028 | 336 | 371 | 1.103 | 0.076 | 0.313 | 0.426 |
| Sought medical treatment for diarrhoea | 0.644 | 0.053 | 336 | 371 | 2.102 | 0.082 | 0.539 | 0.750 |
| Vaccination card seen | 0.523 | 0.023 | 1,025 | 1,034 | 1.474 | 0.044 | 0.477 | 0.570 |
| Received BCG vaccination | 0.975 | 0.005 | 1,025 | 1,034 | 1.090 | 0.005 | 0.964 | 0.986 |
| Received DPT vaccination (3 doses) | 0.859 | 0.015 | 1,025 | 1,034 | 1.356 | 0.017 | 0.830 | 0.889 |
| Received polio vaccination (3 doses) | 0.880 | 0.013 | 1,025 | 1,034 | 1.314 | 0.015 | 0.853 | 0.907 |
| Received pneumococcal vaccination (3 doses) | 0.455 | 0.021 | 1,025 | 1,034 | 1.330 | 0.046 | 0.414 | 0.497 |
| Received measles vaccination | 0.904 | 0.011 | 1,025 | 1,034 | 1.211 | 0.012 | 0.882 | 0.927 |
| Received all vaccinations | 0.778 | 0.017 | 1,025 | 1,034 | 1.330 | 0.022 | 0.744 | 0.813 |
| Height-for-age (-2SD) | 0.358 | 0.012 | 2,446 | 2,421 | 1.192 | 0.034 | 0.334 | 0.383 |
| Weight-for-height (-2SD) | 0.097 | 0.007 | 2,443 | 2,417 | 1.151 | 0.072 | 0.083 | 0.111 |
| Weight-for-age (-2SD) | 0.270 | 0.012 | 2,455 | 2,428 | 1.277 | 0.046 | 0.245 | 0.295 |
| Prevalence of anaemia (children 6-59 months) | 0.527 | 0.014 | 2,177 | 2,165 | 1.263 | 0.027 | 0.499 | 0.554 |
| Prevalence of anaemia (women 15-49) | 0.408 | 0.011 | 6,423 | 6,414 | 1.820 | 0.027 | 0.385 | 0.430 |
| Body mass index ( BMI ) $<18.5$ | 0.173 | 0.008 | 6,079 | 6,069 | 1.573 | 0.044 | 0.157 | 0.188 |
| Body mass index (BMI) >= 25 | 0.222 | 0.009 | 6,079 | 6,069 | 1.736 | 0.042 | 0.203 | 0.240 |
| Prevalence of hypertension (Women 15+) | 0.168 | 0.006 | 8,488 | 8,435 | 1.533 | 0.038 | 0.155 | 0.181 |
| Had an HIV test and received results in past 12 months | 0.043 | 0.003 | 12,862 | 12,862 | 1.649 | 0.069 | 0.037 | 0.049 |
| Abstinence among never-married youth (never had sex) | 0.994 | 0.002 | 2,427 | 2,433 | 1.284 | 0.002 | 0.990 | 0.998 |
| Ever experienced any physical violence since age 15 | 0.218 | 0.009 | 4,444 | 4,444 | 1.406 | 0.040 | 0.200 | 0.235 |
| Ever experienced any sexual violence | 0.069 | 0.005 | 4,444 | 4,444 | 1.263 | 0.069 | 0.060 | 0.079 |
| Ever experienced any physical/sexual violence by husband/partner | 0.243 | 0.010 | 3,826 | 3,562 | 1.499 | 0.043 | 0.222 | 0.264 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.112 | 0.007 | 3,826 | 3,562 | 1.299 | 0.059 | 0.099 | 0.126 |
| Total Fertility Rate (last 3 years) | 2.349 | 0.067 | 36,164 | 36,216 | 1.490 | 0.029 | 2.214 | 2.483 |
| Neonatal mortality (last 0-4 years) | 20.825 | 2.274 | 5,052 | 5,076 | 1.036 | 0.109 | 16.276 | 25.374 |
| Post-neonatal mortality (last 0-4 years) | 11.592 | 1.843 | 5,066 | 5,092 | 1.248 | 0.159 | 7.907 | 15.278 |
| Infant mortality (last 0-4 years) | 32.417 | 2.837 | 5,055 | 5,079 | 1.090 | 0.088 | 26.743 | 38.091 |
| Child mortality (last 0-4 years) | 6.356 | 1.147 | 5,131 | 5,121 | 1.081 | 0.180 | 4.062 | 8.651 |
| Under-5 mortality (last 0-4 years) | 38.567 | 3.004 | 5,070 | 5,093 | 1.075 | 0.078 | 32.560 | 44.575 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.652 | 0.023 | 4,063 | 4,063 | 3.016 | 0.035 | 0.606 | 0.697 |
| Literacy | 0.891 | 0.008 | 4,063 | 4,063 | 1.615 | 0.009 | 0.875 | 0.907 |
| No education | 0.096 | 0.007 | 4,063 | 4,063 | 1.603 | 0.077 | 0.081 | 0.111 |
| Secondary or higher education | 0.710 | 0.013 | 4,063 | 4,063 | 1.851 | 0.019 | 0.683 | 0.736 |
| Never married (in union) | 0.334 | 0.009 | 4,063 | 4,063 | 1.250 | 0.028 | 0.315 | 0.352 |
| Currently married (in union) | 0.658 | 0.009 | 4,063 | 4,063 | 1.236 | 0.014 | 0.640 | 0.677 |
| Had first sexual intercourse before age 18 | 0.240 | 0.011 | 2,466 | 2,483 | 1.266 | 0.045 | 0.218 | 0.262 |
| Want no more children | 0.679 | 0.013 | 2,691 | 2,675 | 1.402 | 0.019 | 0.654 | 0.704 |
| Want to delay birth at least 2 years | 0.156 | 0.008 | 2,691 | 2,675 | 1.194 | 0.054 | 0.139 | 0.172 |
| Ideal number of children | 2.257 | 0.026 | 4,004 | 3,997 | 2.077 | 0.011 | 2.205 | 2.309 |
| Abstinence among never married youth (never had sex) | 0.746 | 0.017 | 1,214 | 1,226 | 1.377 | 0.023 | 0.712 | 0.780 |
| Had HIV test and received results in past 12 months | 0.081 | 0.006 | 4,063 | 4,063 | 1.345 | 0.071 | 0.069 | 0.092 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.167 | 0.008 | 4,035 | 4,033 | 1.300 | 0.046 | 0.152 | 0.182 |
| Body mass index (BMI) >=25 (men 15-49) | 0.171 | 0.007 | 4,035 | 4,033 | 1.248 | 0.043 | 0.156 | 0.185 |
| Prevalence of hypertension (men 15+) | 0.234 | 0.009 | 5,966 | 6,059 | 1.538 | 0.037 | 0.217 | 0.251 |

Table B. 3 Sampling errors: Urban sample, Nepal DHS 2016

| Variable | Value <br> (R) | Standard error (SE) WOMEN | Number of cases |  | Design effect <br> (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> ( N ) | Weighted <br> (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
|  |  |  |  |  |  |  |  |  |
| Urban residence | 1.000 | 0.000 | 8,279 | 8,072 | na | na | na | na |
| Literacy | 0.752 | 0.012 | 8,279 | 8,072 | 2.476 | 0.016 | 0.729 | 0.776 |
| No education | 0.278 | 0.011 | 8,279 | 8,072 | 2.171 | 0.038 | 0.256 | 0.299 |
| Secondary or higher education | 0.568 | 0.014 | 8,279 | 8,072 | 2.490 | 0.024 | 0.540 | 0.595 |
| Never married (never in union) | 0.229 | 0.006 | 8,279 | 8,072 | 1.333 | 0.027 | 0.217 | 0.241 |
| Currently married (in union) | 0.747 | 0.006 | 8,279 | 8,072 | 1.275 | 0.008 | 0.735 | 0.759 |
| Married before age 20 | 0.635 | 0.013 | 6,614 | 6,470 | 2.164 | 0.020 | 0.609 | 0.660 |
| Had sexual intercourse before age 18 | 0.436 | 0.011 | 6,614 | 6,470 | 1.884 | 0.026 | 0.413 | 0.458 |
| Currently pregnant | 0.037 | 0.002 | 8,279 | 8,072 | 1.130 | 0.063 | 0.033 | 0.042 |
| Children ever born | 1.789 | 0.034 | 8,279 | 8,072 | 1.779 | 0.019 | 1.722 | 1.856 |
| Children surviving | 1.666 | 0.029 | 8,279 | 8,072 | 1.692 | 0.017 | 1.608 | 1.723 |
| Children ever born to women age 40-49 | 3.414 | 0.091 | 1,588 | 1,599 | 1.989 | 0.027 | 3.233 | 3.595 |
| Currently using any method | 0.548 | 0.010 | 6,265 | 6,031 | 1.551 | 0.018 | 0.528 | 0.568 |
| Currently using a modern method | 0.442 | 0.010 | 6,265 | 6,031 | 1.585 | 0.023 | 0.422 | 0.462 |
| Currently using pill | 0.051 | 0.004 | 6,265 | 6,031 | 1.291 | 0.070 | 0.044 | 0.058 |
| Currently using IUD | 0.015 | 0.002 | 6,265 | 6,031 | 1.471 | 0.150 | 0.011 | 0.020 |
| Currently using condoms | 0.050 | 0.004 | 6,265 | 6,031 | 1.443 | 0.079 | 0.042 | 0.058 |
| Currently using injectables | 0.091 | 0.005 | 6,265 | 6,031 | 1.355 | 0.054 | 0.081 | 0.101 |
| Currently using implants | 0.028 | 0.003 | 6,265 | 6,031 | 1.588 | 0.118 | 0.022 | 0.035 |
| Currently using female sterilization | 0.141 | 0.008 | 6,265 | 6,031 | 1.803 | 0.056 | 0.125 | 0.156 |
| Using public sector source | 0.643 | 0.022 | 2,814 | 2,700 | 2.392 | 0.034 | 0.600 | 0.686 |
| Want no more children | 0.715 | 0.007 | 6,265 | 6,031 | 1.233 | 0.010 | 0.701 | 0.730 |
| Want to delay next birth at least 2 years | 0.129 | 0.006 | 6,265 | 6,031 | 1.383 | 0.045 | 0.117 | 0.140 |
| Ideal number of children | 2.014 | 0.024 | 8,241 | 8,035 | 2.982 | 0.012 | 1.967 | 2.062 |
| Mothers received antenatal care for last birth | 0.870 | 0.014 | 2,338 | 2,223 | 2.059 | 0.017 | 0.841 | 0.898 |
| Mothers protected against tetanus for last birth | 0.894 | 0.007 | 2,338 | 2,223 | 1.157 | 0.008 | 0.879 | 0.909 |
| Births with skilled attendant at delivery | 0.677 | 0.022 | 2,868 | 2,730 | 2.195 | 0.032 | 0.633 | 0.720 |
| Had diarrhoea in the last 2 weeks | 0.078 | 0.010 | 2,777 | 2,649 | 1.873 | 0.123 | 0.059 | 0.097 |
| Treated with ORS | 0.358 | 0.036 | 196 | 207 | 1.090 | 0.100 | 0.287 | 0.430 |
| Sought medical treatment for diarrhoea | 0.598 | 0.083 | 196 | 207 | 2.448 | 0.139 | 0.432 | 0.764 |
| Vaccination card seen | 0.520 | 0.033 | 585 | 564 | 1.572 | 0.063 | 0.455 | 0.586 |
| Received BCG vaccination | 0.981 | 0.006 | 585 | 564 | 1.074 | 0.006 | 0.968 | 0.993 |
| Received DPT vaccination (3 doses) | 0.856 | 0.022 | 585 | 564 | 1.485 | 0.025 | 0.813 | 0.900 |
| Received polio vaccination (3 doses) | 0.887 | 0.018 | 585 | 564 | 1.356 | 0.020 | 0.851 | 0.922 |
| Received pneumococcal vaccination (3 doses) | 0.442 | 0.027 | 585 | 564 | 1.313 | 0.062 | 0.388 | 0.497 |
| Received measles vaccination | 0.912 | 0.014 | 585 | 564 | 1.158 | 0.015 | 0.885 | 0.939 |
| Received all vaccinations | 0.785 | 0.024 | 585 | 564 | 1.428 | 0.031 | 0.736 | 0.834 |
| Height-for-age (-2SD) | 0.320 | 0.016 | 1,381 | 1,280 | 1.199 | 0.051 | 0.287 | 0.352 |
| Weight-for-height (-2SD) | 0.092 | 0.009 | 1,380 | 1,279 | 1.149 | 0.102 | 0.073 | 0.110 |
| Weight-for-age (-2SD) | 0.234 | 0.015 | 1,387 | 1,284 | 1.235 | 0.065 | 0.203 | 0.265 |
| Prevalence of anaemia (children 6-59 months) | 0.493 | 0.019 | 1,217 | 1,132 | 1.257 | 0.038 | 0.456 | 0.530 |
| Prevalence of anaemia (women 15-49) | 0.396 | 0.014 | 4,136 | 4,029 | 1.828 | 0.035 | 0.368 | 0.424 |
| Body mass index (BMI) < 18.5 | 0.157 | 0.009 | 3,933 | 3,835 | 1.634 | 0.060 | 0.138 | 0.176 |
| Body mass index (BMI) >= 25 | 0.261 | 0.013 | 3,933 | 3,835 | 1.845 | 0.050 | 0.235 | 0.287 |
| Prevalence of hypertension (Women 15+) | 0.172 | 0.009 | 5,371 | 5,153 | 1.674 | 0.051 | 0.154 | 0.189 |
| Had an HIV test and received results in past 12 months | 0.047 | 0.004 | 8,279 | 8,072 | 1.620 | 0.080 | 0.040 | 0.055 |
| Abstinence among never-married youth (never had sex) | 0.993 | 0.003 | 1,659 | 1,665 | 1.374 | 0.003 | 0.987 | 0.999 |
| Ever experienced any physical violence since age 15 | 0.205 | 0.011 | 2,819 | 2,775 | 1.457 | 0.054 | 0.183 | 0.228 |
| Ever experienced any sexual violence | 0.071 | 0.006 | 2,819 | 2,775 | 1.167 | 0.079 | 0.060 | 0.083 |
| Ever experienced any physical/sexual violence by husband/partner | 0.234 | 0.013 | 2,380 | 2,133 | 1.479 | 0.055 | 0.208 | 0.260 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.102 | 0.008 | 2,380 | 2,133 | 1.327 | 0.081 | 0.086 | 0.119 |
| Total Fertility Rate (last 3 years) | 2.001 | 0.076 | 23,384 | 22,830 | 1.486 | 0.038 | 1.849 | 2.154 |
| Neonatal mortality (last 0-9 years) | 21.491 | 2.472 | 5,931 | 5,538 | 1.118 | 0.115 | 16.546 | 26.436 |
| Post-neonatal mortality (last 0-9 years) | 10.924 | 1.741 | 5,934 | 5,539 | 1.242 | 0.159 | 7.443 | 14.405 |
| Infant mortality (last 0-9 years) | 32.415 | 2.981 | 5,934 | 5,540 | 1.144 | 0.092 | 26.452 | 38.378 |
| Child mortality (last 0-9 years) | 6.825 | 1.213 | 6,039 | 5,611 | 1.075 | 0.178 | 4.400 | 9.250 |
| Under-5 mortality (last 0-9 years) | 39.019 | 3.289 | 5,947 | 5,555 | 1.154 | 0.084 | 32.442 | 45.596 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 1.000 | 0.000 | 2,667 | 2,647 | na | 0.000 | 1.000 | 1.000 |
| Literacy | 0.918 | 0.009 | 2,667 | 2,647 | 1.705 | 0.010 | 0.900 | 0.936 |
| No education | 0.074 | 0.009 | 2,667 | 2,647 | 1.727 | 0.119 | 0.056 | 0.091 |
| Secondary or higher education | 0.758 | 0.016 | 2,667 | 2,647 | 1.962 | 0.021 | 0.726 | 0.791 |
| Never married (in union) | 0.355 | 0.012 | 2,667 | 2,647 | 1.318 | 0.034 | 0.331 | 0.379 |
| Currently married (in union) | 0.640 | 0.012 | 2,667 | 2,647 | 1.304 | 0.019 | 0.615 | 0.664 |
| Had first sexual intercourse before age 18 | 0.222 | 0.013 | 1,593 | 1,595 | 1.273 | 0.060 | 0.195 | 0.248 |
| Want no more children | 0.685 | 0.018 | 1,727 | 1,693 | 1.565 | 0.026 | 0.650 | 0.720 |
| Want to delay birth at least 2 years | 0.142 | 0.010 | 1,727 | 1,693 | 1.220 | 0.072 | 0.122 | 0.163 |
| Ideal number of children | 2.166 | 0.031 | 2,621 | 2,594 | 2.150 | 0.014 | 2.104 | 2.227 |
| Abstinence among never married youth (never had sex) | 0.767 | 0.021 | 833 | 840 | 1.463 | 0.028 | 0.724 | 0.810 |
| Had HIV test and received results in past 12 months | 0.085 | 0.007 | 2,667 | 2,647 | 1.350 | 0.086 | 0.071 | 0.100 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.157 | 0.010 | 2,643 | 2,621 | 1.357 | 0.061 | 0.138 | 0.177 |
| Body mass index (BMI) >=25 (men 15-49) | 0.200 | 0.010 | 2,643 | 2,621 | 1.301 | 0.051 | 0.180 | 0.220 |
| Prevalence of hypertension (men 15+) | 0.252 | 0.011 | 3,796 | 3,741 | 1.518 | 0.044 | 0.230 | 0.274 |

na $=$ Not applicable

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 4,583 | 4,790 | na | na | na | na |
| Literacy | 0.588 | 0.017 | 4,583 | 4,790 | 2.297 | 0.028 | 0.555 | 0.622 |
| No education | 0.426 | 0.013 | 4,583 | 4,790 | 1.829 | 0.031 | 0.399 | 0.452 |
| Secondary or higher education | 0.386 | 0.014 | 4,583 | 4,790 | 1.977 | 0.037 | 0.358 | 0.415 |
| Never married (never in union) | 0.171 | 0.007 | 4,583 | 4,790 | 1.233 | 0.040 | 0.158 | 0.185 |
| Currently married (in union) | 0.802 | 0.007 | 4,583 | 4,790 | 1.177 | 0.009 | 0.789 | 0.816 |
| Married before age 20 | 0.766 | 0.011 | 3,626 | 3,794 | 1.506 | 0.014 | 0.745 | 0.787 |
| Had sexual intercourse before age 18 | 0.566 | 0.012 | 3,626 | 3,794 | 1.461 | 0.021 | 0.542 | 0.590 |
| Currently pregnant | 0.049 | 0.003 | 4,583 | 4,790 | 1.031 | 0.067 | 0.042 | 0.055 |
| Children ever born | 2.290 | 0.038 | 4,583 | 4,790 | 1.287 | 0.017 | 2.213 | 2.367 |
| Children surviving | 2.083 | 0.034 | 4,583 | 4,790 | 1.294 | 0.016 | 2.014 | 2.151 |
| Children ever born to women age 40-49 | 4.356 | 0.090 | 879 | 901 | 1.349 | 0.021 | 4.177 | 4.535 |
| Currently using any method | 0.492 | 0.013 | 3,639 | 3,844 | 1.577 | 0.027 | 0.466 | 0.518 |
| Currently using a modern method | 0.406 | 0.014 | 3,639 | 3,844 | 1.747 | 0.035 | 0.377 | 0.434 |
| Currently using pill | 0.038 | 0.004 | 3,639 | 3,844 | 1.286 | 0.107 | 0.030 | 0.047 |
| Currently using IUD | 0.012 | 0.002 | 3,639 | 3,844 | 1.194 | 0.177 | 0.008 | 0.017 |
| Currently using condoms | 0.030 | 0.004 | 3,639 | 3,844 | 1.244 | 0.117 | 0.023 | 0.037 |
| Currently using injectables | 0.087 | 0.008 | 3,639 | 3,844 | 1.619 | 0.087 | 0.071 | 0.102 |
| Currently using implants | 0.041 | 0.005 | 3,639 | 3,844 | 1.567 | 0.125 | 0.031 | 0.052 |
| Currently using female sterilization | 0.157 | 0.012 | 3,639 | 3,844 | 1.910 | 0.073 | 0.134 | 0.180 |
| Using public sector source | 0.782 | 0.019 | 1,491 | 1,571 | 1.753 | 0.024 | 0.745 | 0.820 |
| Want no more children | 0.688 | 0.010 | 3,639 | 3,844 | 1.252 | 0.014 | 0.669 | 0.707 |
| Want to delay next birth at least 2 years | 0.151 | 0.007 | 3,639 | 3,844 | 1.123 | 0.044 | 0.137 | 0.164 |
| Ideal number of children | 2.276 | 0.029 | 4,556 | 4,757 | 2.404 | 0.013 | 2.218 | 2.334 |
| Mothers received antenatal care for last birth | 0.795 | 0.015 | 1,668 | 1,775 | 1.544 | 0.019 | 0.765 | 0.825 |
| Mothers protected against tetanus for last birth | 0.879 | 0.012 | 1,668 | 1,775 | 1.496 | 0.014 | 0.855 | 0.903 |
| Births with skilled attendant at delivery | 0.468 | 0.022 | 2,170 | 2,330 | 1.830 | 0.047 | 0.424 | 0.511 |
| Had diarrhoea in the last 2 weeks | 0.074 | 0.008 | 2,084 | 2,238 | 1.388 | 0.110 | 0.057 | 0.090 |
| Treated with ORS | 0.383 | 0.044 | 140 | 165 | 1.102 | 0.116 | 0.295 | 0.472 |
| Sought medical treatment for diarrhoea | 0.702 | 0.044 | 140 | 165 | 1.177 | 0.062 | 0.615 | 0.790 |
| Vaccination card seen | 0.527 | 0.032 | 440 | 470 | 1.346 | 0.061 | 0.463 | 0.592 |
| Received BCG vaccination | 0.968 | 0.009 | 440 | 470 | 1.073 | 0.009 | 0.950 | 0.986 |
| Received DPT vaccination (3 doses) | 0.863 | 0.020 | 440 | 470 | 1.191 | 0.023 | 0.823 | 0.903 |
| Received polio vaccination (3 doses) | 0.872 | 0.020 | 440 | 470 | 1.258 | 0.023 | 0.831 | 0.912 |
| Received pneumococcal vaccination (3 doses) | 0.470 | 0.031 | 440 | 470 | 1.319 | 0.067 | 0.408 | 0.533 |
| Received measles vaccination | 0.895 | 0.018 | 440 | 470 | 1.227 | 0.020 | 0.859 | 0.931 |
| Received all vaccinations | 0.770 | 0.025 | 440 | 470 | 1.229 | 0.032 | 0.720 | 0.820 |
| Height-for-age (-2SD) | 0.402 | 0.019 | 1,065 | 1,141 | 1.205 | 0.046 | 0.365 | 0.439 |
| Weight-for-height (-2SD) | 0.102 | 0.011 | 1,063 | 1,139 | 1.149 | 0.103 | 0.081 | 0.123 |
| Weight-for-age (-2SD) | 0.311 | 0.020 | 1,068 | 1,144 | 1.310 | 0.065 | 0.271 | 0.351 |
| Prevalence of anaemia (children 6-59 months) | 0.563 | 0.020 | 960 | 1,033 | 1.231 | 0.036 | 0.523 | 0.604 |
| Prevalence of anaemia (women 15-49) | 0.427 | 0.018 | 2,287 | 2,385 | 1.719 | 0.042 | 0.391 | 0.462 |
| Body mass index (BMI) < 18.5 | 0.200 | 0.013 | 2,146 | 2,234 | 1.449 | 0.063 | 0.175 | 0.225 |
| Body mass index (BMI) >= 25 | 0.154 | 0.010 | 2,146 | 2,234 | 1.274 | 0.064 | 0.135 | 0.174 |
| Prevalence of hypertension (Women 15+) | 0.162 | 0.008 | 3,117 | 3,282 | 1.267 | 0.052 | 0.146 | 0.179 |
| Had an HIV test and received results in past 12 months | 0.034 | 0.005 | 4,583 | 4,790 | 1.801 | 0.141 | 0.025 | 0.044 |
| Abstinence among never-married youth (never had sex) | 0.996 | 0.002 | 768 | 768 | 0.867 | 0.002 | 0.992 | 1.000 |
| Ever experienced any physical violence since age 15 | 0.238 | 0.014 | 1,625 | 1,669 | 1.327 | 0.059 | 0.209 | 0.266 |
| Ever experienced any sexual violence | 0.066 | 0.009 | 1,625 | 1,669 | 1.424 | 0.133 | 0.048 | 0.083 |
| Ever experienced any physical/sexual violence by husband/partner | 0.256 | 0.017 | 1,446 | 1,429 | 1.504 | 0.067 | 0.222 | 0.291 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.128 | 0.011 | 1,446 | 1,429 | 1.228 | 0.085 | 0.106 | 0.149 |
| Total Fertility Rate (last 3 years) | 2.934 | 0.098 | 12,780 | 13,385 | 1.330 | 0.033 | 2.739 | 3.129 |
| Neonatal mortality (last 0-9 years) | 32.882 | 3.426 | 4,451 | 4,677 | 1.126 | 0.104 | 26.030 | 39.735 |
| Post-neonatal mortality (last 0-9 years) | 14.018 | 1.877 | 4,465 | 4,687 | 1.075 | 0.134 | 10.264 | 17.773 |
| Infant mortality (last 0-9 years) | 46.901 | 3.751 | 4,455 | 4,682 | 1.072 | 0.080 | 39.400 | 54.402 |
| Child mortality (last 0-9 years) | 8.039 | 1.314 | 4,534 | 4,737 | 0.942 | 0.163 | 5.410 | 10.668 |
| Under-5 mortality (last 0-9 years) | 54.563 | 4.075 | 4,466 | 4,690 | 1.099 | 0.075 | 46.414 | 62.712 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 1,396 | 1,416 | na | na | na | na |
| Literacy | 0.841 | 0.015 | 1,396 | 1,416 | 1.495 | 0.017 | 0.811 | 0.870 |
| No education | 0.139 | 0.013 | 1,396 | 1,416 | 1.401 | 0.093 | 0.113 | 0.165 |
| Secondary or higher education | 0.619 | 0.021 | 1,396 | 1,416 | 1.588 | 0.033 | 0.578 | 0.660 |
| Never married (in union) | 0.294 | 0.013 | 1,396 | 1,416 | 1.088 | 0.045 | 0.267 | 0.320 |
| Currently married (in union) | 0.694 | 0.013 | 1,396 | 1,416 | 1.055 | 0.019 | 0.668 | 0.720 |
| Had first sexual intercourse before age 18 | 0.272 | 0.018 | 873 | 888 | 1.200 | 0.066 | 0.236 | 0.308 |
| Want no more children | 0.668 | 0.016 | 964 | 982 | 1.042 | 0.024 | 0.636 | 0.699 |
| Want to delay birth at least 2 years | 0.179 | 0.014 | 964 | 982 | 1.121 | 0.077 | 0.151 | 0.206 |
| Ideal number of children | 2.426 | 0.044 | 1,383 | 1,403 | 1.876 | 0.018 | 2.339 | 2.513 |
| Abstinence among never married youth (never had sex) | 0.700 | 0.026 | 381 | 386 | 1.112 | 0.037 | 0.648 | 0.753 |
| Had HIV test and received results in past 12 months | 0.072 | 0.009 | 1,396 | 1,416 | 1.282 | 0.123 | 0.054 | 0.090 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.185 | 0.012 | 1,392 | 1,412 | 1.170 | 0.066 | 0.161 | 0.209 |
| Body mass index (BMI) >=25 (men 15-49) | 0.116 | 0.009 | 1,392 | 1,412 | 1.047 | 0.077 | 0.098 | 0.134 |
| Prevalence of hypertension (Mmn 15+) | 0.205 | 0.013 | 2,170 | 2,318 | 1.422 | 0.061 | 0.180 | 0.230 |

Table B. 5 Sampling errors: Province 1 sample, Nepal DHS 2016

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.605 | 0.057 | 1,837 | 2,173 | 4.960 | 0.094 | 0.491 | 0.719 |
| Literacy | 0.777 | 0.027 | 1,837 | 2,173 | 2.790 | 0.035 | 0.722 | 0.831 |
| No education | 0.256 | 0.024 | 1,837 | 2,173 | 2.336 | 0.093 | 0.208 | 0.304 |
| Secondary or higher education | 0.566 | 0.024 | 1,837 | 2,173 | 2.085 | 0.043 | 0.518 | 0.614 |
| Never married (never in union) | 0.213 | 0.010 | 1,837 | 2,173 | 1.088 | 0.049 | 0.192 | 0.234 |
| Currently married (in union) | 0.761 | 0.010 | 1,837 | 2,173 | 1.028 | 0.013 | 0.741 | 0.782 |
| Married before age 20 | 0.554 | 0.020 | 1,486 | 1,756 | 1.583 | 0.037 | 0.513 | 0.594 |
| Had sexual intercourse before age 18 | 0.343 | 0.021 | 1,486 | 1,756 | 1.721 | 0.062 | 0.300 | 0.385 |
| Currently pregnant | 0.038 | 0.005 | 1,837 | 2,173 | 1.076 | 0.126 | 0.029 | 0.048 |
| Children ever born | 1.787 | 0.061 | 1,837 | 2,173 | 1.525 | 0.034 | 1.664 | 1.909 |
| Children surviving | 1.679 | 0.054 | 1,837 | 2,173 | 1.465 | 0.032 | 1.571 | 1.788 |
| Children ever born to women age 40-49 | 3.499 | 0.167 | 353 | 414 | 1.660 | 0.048 | 3.165 | 3.833 |
| Currently using any method | 0.551 | 0.018 | 1,397 | 1,655 | 1.374 | 0.033 | 0.514 | 0.588 |
| Currently using a modern method | 0.401 | 0.020 | 1,397 | 1,655 | 1.497 | 0.049 | 0.361 | 0.440 |
| Currently using pill | 0.076 | 0.008 | 1,397 | 1,655 | 1.083 | 0.101 | 0.060 | 0.091 |
| Currently using IUD | 0.010 | 0.003 | 1,397 | 1,655 | 1.237 | 0.338 | 0.003 | 0.016 |
| Currently using condoms | 0.026 | 0.005 | 1,397 | 1,655 | 1.128 | 0.184 | 0.017 | 0.036 |
| Currently using injectables | 0.131 | 0.015 | 1,397 | 1,655 | 1.636 | 0.113 | 0.102 | 0.161 |
| Currently using implants | 0.029 | 0.007 | 1,397 | 1,655 | 1.588 | 0.246 | 0.015 | 0.043 |
| Currently using female sterilization | 0.105 | 0.021 | 1,397 | 1,655 | 2.605 | 0.204 | 0.062 | 0.148 |
| Using public sector source | 0.673 | 0.036 | 563 | 672 | 1.818 | 0.053 | 0.601 | 0.746 |
| Want no more children | 0.686 | 0.013 | 1,397 | 1,655 | 1.022 | 0.018 | 0.661 | 0.712 |
| Want to delay next birth at least 2 years | 0.170 | 0.012 | 1,397 | 1,655 | 1.165 | 0.069 | 0.146 | 0.193 |
| Ideal number of children | 2.017 | 0.037 | 1,826 | 2,160 | 2.199 | 0.018 | 1.944 | 2.091 |
| Mothers received antenatal care for last birth | 0.827 | 0.029 | 575 | 686 | 1.850 | 0.035 | 0.769 | 0.885 |
| Mothers protected against tetanus for last birth | 0.900 | 0.016 | 575 | 686 | 1.252 | 0.017 | 0.869 | 0.931 |
| Births with skilled attendant at delivery | 0.631 | 0.037 | 683 | 819 | 1.790 | 0.058 | 0.557 | 0.705 |
| Had diarrhoea in the last 2 weeks | 0.072 | 0.009 | 663 | 794 | 0.934 | 0.130 | 0.053 | 0.091 |
| Treated with ORS | 0.445 | 0.081 | 53 | 57 | 1.109 | 0.182 | 0.284 | 0.607 |
| Sought medical treatment for diarrhoea | 0.657 | 0.074 | 53 | 57 | 1.080 | 0.113 | 0.508 | 0.805 |
| Vaccination card seen | 0.551 | 0.062 | 141 | 169 | 1.467 | 0.112 | 0.428 | 0.674 |
| Received BCG vaccination | 0.969 | 0.015 | 141 | 169 | 1.019 | 0.015 | 0.939 | 0.998 |
| Received DPT vaccination (3 doses) | 0.856 | 0.028 | 141 | 169 | 0.913 | 0.033 | 0.800 | 0.912 |
| Received polio vaccination (3 doses) | 0.848 | 0.029 | 141 | 169 | 0.949 | 0.034 | 0.791 | 0.905 |
| Received pneumococcal vaccination (3 doses) | 0.446 | 0.047 | 141 | 169 | 1.119 | 0.105 | 0.352 | 0.539 |
| Received measles vaccination | 0.965 | 0.015 | 141 | 169 | 0.980 | 0.016 | 0.935 | 0.995 |
| Received all vaccinations | 0.794 | 0.032 | 141 | 169 | 0.927 | 0.040 | 0.730 | 0.859 |
| Height-for-age (-2SD) | 0.326 | 0.028 | 328 | 392 | 1.051 | 0.086 | 0.270 | 0.383 |
| Weight-for-height (-2SD) | 0.118 | 0.023 | 327 | 390 | 1.286 | 0.193 | 0.073 | 0.164 |
| Weight-for-age (-2SD) | 0.244 | 0.032 | 329 | 393 | 1.327 | 0.133 | 0.179 | 0.309 |
| Prevalence of anaemia (children 6-59 months) | 0.552 | 0.041 | 298 | 355 | 1.393 | 0.074 | 0.471 | 0.633 |
| Prevalence of anaemia (women 15-49) | 0.433 | 0.027 | 907 | 1,073 | 1.666 | 0.063 | 0.378 | 0.488 |
| Body mass index ( BMI ) $<18.5$ | 0.130 | 0.021 | 868 | 1,027 | 1.823 | 0.160 | 0.088 | 0.171 |
| Body mass index (BMI) >= 25 | 0.274 | 0.021 | 868 | 1,027 | 1.393 | 0.077 | 0.232 | 0.316 |
| Prevalence of hypertension (Women 15+) | 0.177 | 0.011 | 1,248 | 1,479 | 1.059 | 0.064 | 0.154 | 0.199 |
| Had an HIV test and received results in past 12 months | 0.033 | 0.005 | 1,837 | 2,173 | 1.302 | 0.165 | 0.022 | 0.044 |
| Abstinence among never-married youth (never had sex) | 0.998 | 0.002 | 362 | 426 | 0.875 | 0.002 | 0.994 | 1.002 |
| Ever experienced any physical violence since age 15 | 0.189 | 0.020 | 662 | 751 | 1.310 | 0.106 | 0.149 | 0.229 |
| Ever experienced any sexual violence | 0.063 | 0.011 | 662 | 751 | 1.130 | 0.169 | 0.042 | 0.085 |
| Ever experienced any physical/sexual violence by husband/partner | 0.204 | 0.024 | 564 | 597 | 1.413 | 0.118 | 0.156 | 0.252 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.085 | 0.013 | 564 | 597 | 1.104 | 0.152 | 0.059 | 0.111 |
| Total Fertility Rate (last 3 years) | 2.339 | 0.158 | 5,157 | 6,096 | 1.388 | 0.068 | 2.022 | 2.656 |
| Neonatal mortality (last 0-9 years) | 21.915 | 5.005 | 1,332 | 1,589 | 1.197 | 0.228 | 11.905 | 31.924 |
| Post-neonatal mortality (last 0-9 years) | 9.229 | 3.010 | 1,337 | 1,596 | 1.077 | 0.326 | 3.208 | 15.249 |
| Infant mortality (last 0-9 years) | 31.143 | 5.385 | 1,332 | 1,589 | 1.086 | 0.173 | 20.374 | 41.913 |
| Child mortality (last 0-9 years) | 4.773 | 1.986 | 1,338 | 1,593 | 1.029 | 0.416 | 0.802 | 8.744 |
| Under-5 mortality (last 0-9 years) | 35.767 | 5.929 | 1,334 | 1,592 | 1.125 | 0.166 | 23.910 | 47.625 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.620 | 0.058 | 610 | 691 | 2.907 | 0.093 | 0.505 | 0.735 |
| Literacy | 0.917 | 0.015 | 610 | 691 | 1.383 | 0.017 | 0.887 | 0.948 |
| No education | 0.080 | 0.016 | 610 | 691 | 1.470 | 0.202 | 0.048 | 0.113 |
| Secondary or higher education | 0.729 | 0.025 | 610 | 691 | 1.375 | 0.034 | 0.679 | 0.778 |
| Never married (in union) | 0.330 | 0.022 | 610 | 691 | 1.134 | 0.066 | 0.286 | 0.373 |
| Currently married (in union) | 0.665 | 0.022 | 610 | 691 | 1.136 | 0.033 | 0.622 | 0.708 |
| Had first sexual intercourse before age 18 | 0.180 | 0.020 | 380 | 434 | 0.995 | 0.109 | 0.141 | 0.219 |
| Want no more children | 0.662 | 0.026 | 403 | 460 | 1.109 | 0.040 | 0.610 | 0.714 |
| Want to delay birth at least 2 years | 0.194 | 0.024 | 403 | 460 | 1.210 | 0.123 | 0.147 | 0.242 |
| Ideal number of children | 2.223 | 0.045 | 587 | 664 | 1.357 | 0.020 | 2.133 | 2.314 |
| Abstinence among never married youth (never had sex) | 0.776 | 0.039 | 184 | 206 | 1.259 | 0.050 | 0.698 | 0.854 |
| Had HIV test and received results in past 12 months | 0.080 | 0.017 | 610 | 691 | 1.503 | 0.207 | 0.047 | 0.113 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.161 | 0.015 | 610 | 691 | 1.002 | 0.093 | 0.131 | 0.191 |
| Body mass index (BMI) >=25 (men 15-49) | 0.150 | 0.015 | 610 | 691 | 1.034 | 0.100 | 0.120 | 0.180 |
| Prevalence of hypertension (men 15+) | 0.208 | 0.015 | 911 | 1,075 | 1.086 | 0.070 | 0.179 | 0.237 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relativeerror (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> ( N ) | Weighted (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{aligned} & \text { Upper } \\ & (\mathrm{R}+2 \mathrm{SE}) \end{aligned}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.513 | 0.059 | 2,097 | 2,563 | 5.406 | 0.116 | 0.394 | 0.631 |
| Literacy | 0.385 | 0.022 | 2,097 | 2,563 | 2.063 | 0.057 | 0.341 | 0.429 |
| No education | 0.533 | 0.020 | 2,097 | 2,563 | 1.845 | 0.038 | 0.493 | 0.573 |
| Secondary or higher education | 0.293 | 0.022 | 2,097 | 2,563 | 2.199 | 0.075 | 0.249 | 0.337 |
| Never married (never in union) | 0.139 | 0.011 | 2,097 | 2,563 | 1.410 | 0.077 | 0.117 | 0.160 |
| Currently married (in union) | 0.846 | 0.010 | 2,097 | 2,563 | 1.325 | 0.012 | 0.825 | 0.867 |
| Married before age 20 | 0.894 | 0.013 | 1,644 | 2,009 | 1.734 | 0.015 | 0.868 | 0.921 |
| Had sexual intercourse before age 18 | 0.728 | 0.015 | 1,644 | 2,009 | 1.374 | 0.021 | 0.698 | 0.758 |
| Currently pregnant | 0.063 | 0.005 | 2,097 | 2,563 | 0.972 | 0.082 | 0.052 | 0.073 |
| Children ever born | 2.485 | 0.056 | 2,097 | 2,563 | 1.296 | 0.023 | 2.373 | 2.598 |
| Children surviving | 2.283 | 0.050 | 2,097 | 2,563 | 1.281 | 0.022 | 2.183 | 2.383 |
| Children ever born to women age 40-49 | 4.316 | 0.123 | 390 | 465 | 1.285 | 0.029 | 4.070 | 4.562 |
| Currently using any method | 0.477 | 0.017 | 1,755 | 2,168 | 1.463 | 0.037 | 0.442 | 0.512 |
| Currently using a modern method | 0.422 | 0.017 | 1,755 | 2,168 | 1.454 | 0.041 | 0.388 | 0.456 |
| Currently using pill | 0.020 | 0.004 | 1,755 | 2,168 | 1.211 | 0.200 | 0.012 | 0.029 |
| Currently using IUD | 0.006 | 0.002 | 1,755 | 2,168 | 1.349 | 0.419 | 0.001 | 0.011 |
| Currently using condoms | 0.011 | 0.003 | 1,755 | 2,168 | 1.077 | 0.243 | 0.006 | 0.016 |
| Currently using injectables | 0.047 | 0.006 | 1,755 | 2,168 | 1.225 | 0.132 | 0.035 | 0.060 |
| Currently using implants | 0.014 | 0.004 | 1,755 | 2,168 | 1.329 | 0.265 | 0.007 | 0.022 |
| Currently using female sterilization | 0.319 | 0.016 | 1,755 | 2,168 | 1.446 | 0.050 | 0.287 | 0.351 |
| Using public sector source | 0.749 | 0.026 | 743 | 920 | 1.626 | 0.035 | 0.697 | 0.801 |
| Want no more children | 0.665 | 0.015 | 1,755 | 2,168 | 1.342 | 0.023 | 0.635 | 0.696 |
| Want to delay next birth at least 2 years | 0.144 | 0.008 | 1,755 | 2,168 | 1.008 | 0.059 | 0.127 | 0.161 |
| Ideal number of children | 2.525 | 0.041 | 2,059 | 2,522 | 2.481 | 0.016 | 2.443 | 2.608 |
| Mothers received antenatal care for last birth | 0.816 | 0.020 | 759 | 963 | 1.474 | 0.025 | 0.775 | 0.857 |
| Mothers protected against tetanus for last birth | 0.930 | 0.013 | 759 | 963 | 1.415 | 0.014 | 0.904 | 0.956 |
| Births with skilled attendant at delivery | 0.486 | 0.032 | 1,071 | 1,367 | 1.864 | 0.067 | 0.421 | 0.551 |
| Had diarrhoea in the last 2 weeks | 0.086 | 0.014 | 1,028 | 1,310 | 1.509 | 0.159 | 0.058 | 0.113 |
| Treated with ORS | 0.282 | 0.042 | 78 | 112 | 0.817 | 0.149 | 0.198 | 0.366 |
| Sought medical treatment for diarrhoea | 0.682 | 0.053 | 78 | 112 | 1.054 | 0.078 | 0.575 | 0.789 |
| Vaccination card seen | 0.306 | 0.039 | 198 | 259 | 1.195 | 0.126 | 0.229 | 0.384 |
| Received BCG vaccination | 0.955 | 0.013 | 198 | 259 | 0.929 | 0.014 | 0.929 | 0.982 |
| Received DPT vaccination (3 doses) | 0.761 | 0.038 | 198 | 259 | 1.301 | 0.051 | 0.684 | 0.838 |
| Received polio vaccination (3 doses) | 0.817 | 0.037 | 198 | 259 | 1.384 | 0.045 | 0.742 | 0.891 |
| Received pneumococcal vaccination (3 doses) | 0.338 | 0.045 | 198 | 259 | 1.349 | 0.132 | 0.249 | 0.428 |
| Received measles vaccination | 0.814 | 0.027 | 198 | 259 | 1.014 | 0.034 | 0.760 | 0.869 |
| Received all vaccinations | 0.652 | 0.043 | 198 | 259 | 1.285 | 0.065 | 0.567 | 0.737 |
| Height-for-age (-2SD) | 0.370 | 0.020 | 529 | 666 | 0.922 | 0.053 | 0.331 | 0.409 |
| Weight-for-height (-2SD) | 0.144 | 0.015 | 529 | 666 | 0.968 | 0.102 | 0.115 | 0.174 |
| Weight-for-age (-2SD) | 0.368 | 0.027 | 531 | 668 | 1.218 | 0.074 | 0.313 | 0.422 |
| Prevalence of anaemia (children 6-59 months) | 0.594 | 0.024 | 473 | 605 | 1.089 | 0.041 | 0.546 | 0.643 |
| Prevalence of anaemia (women 15-49) | 0.578 | 0.025 | 1,056 | 1,285 | 1.653 | 0.044 | 0.527 | 0.628 |
| Body mass index (BMI) < 18.5 | 0.291 | 0.018 | 964 | 1,173 | 1.242 | 0.063 | 0.255 | 0.328 |
| Body mass index (BMI) >= 25 | 0.108 | 0.011 | 964 | 1,173 | 1.145 | 0.106 | 0.085 | 0.131 |
| Prevalence of hypertension (Women 15+) | 0.131 | 0.009 | 1,384 | 1,699 | 0.999 | 0.070 | 0.113 | 0.149 |
| Had an HIV test and received results in past 12 months | 0.013 | 0.002 | 2,097 | 2,563 | 0.924 | 0.174 | 0.009 | 0.018 |
| Abstinence among never-married youth (never had sex) | 1.000 | 0.000 | 305 | 348 | na | na | na | na |
| Ever experienced any physical violence since age 15 | 0.342 | 0.023 | 689 | 892 | 1.275 | 0.067 | 0.296 | 0.388 |
| Ever experienced any sexual violence | 0.061 | 0.013 | 689 | 892 | 1.454 | 0.219 | 0.034 | 0.087 |
| Ever experienced any physical/sexual violence by husband/partner | 0.352 | 0.024 | 629 | 782 | 1.279 | 0.069 | 0.303 | 0.401 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.155 | 0.017 | 629 | 782 | 1.187 | 0.111 | 0.120 | 0.189 |
| Total Fertility Rate (last 3 years) | 3.034 | 0.131 | 5,891 | 7,204 | 1.252 | 0.043 | 2.772 | 3.296 |
| Neonatal mortality (last 0-9 years) | 29.955 | 4.524 | 2,199 | 2,783 | 1.145 | 0.151 | 20.906 | 39.004 |
| Post-neonatal mortality (last 0-9 years) | 12.663 | 2.616 | 2,186 | 2,770 | 1.134 | 0.207 | 7.431 | 17.895 |
| Infant mortality (last 0-9 years) | 42.618 | 4.498 | 2,201 | 2,786 | 1.000 | 0.106 | 33.622 | 51.615 |
| Child mortality (last 0-9 years) | 10.031 | 2.026 | 2,219 | 2,813 | 0.954 | 0.202 | 5.979 | 14.083 |
| Under-5 mortality (last 0-9 years) | 52.221 | 4.995 | 2,208 | 2,793 | 1.036 | 0.096 | 42.231 | 62.212 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.540 | 0.060 | 682 | 795 | 3.102 | 0.110 | 0.421 | 0.659 |
| Literacy | 0.781 | 0.021 | 682 | 795 | 1.312 | 0.027 | 0.740 | 0.823 |
| No education | 0.166 | 0.018 | 682 | 795 | 1.232 | 0.106 | 0.131 | 0.202 |
| Secondary or higher education | 0.631 | 0.026 | 682 | 795 | 1.402 | 0.041 | 0.579 | 0.683 |
| Never married (in union) | 0.296 | 0.016 | 682 | 795 | 0.942 | 0.056 | 0.263 | 0.329 |
| Currently married (in union) | 0.700 | 0.016 | 682 | 795 | 0.918 | 0.023 | 0.668 | 0.732 |
| Had first sexual intercourse before age 18 | 0.285 | 0.029 | 423 | 491 | 1.318 | 0.102 | 0.227 | 0.343 |
| Want no more children | 0.660 | 0.026 | 474 | 557 | 1.182 | 0.039 | 0.608 | 0.711 |
| Want to delay birth at least 2 years | 0.143 | 0.018 | 474 | 557 | 1.112 | 0.125 | 0.107 | 0.179 |
| Ideal number of children | 2.603 | 0.067 | 678 | 791 | 2.112 | 0.026 | 2.470 | 2.736 |
| Abstinence among never married youth (never had sex) | 0.748 | 0.036 | 197 | 226 | 1.158 | 0.048 | 0.676 | 0.820 |
| Had HIV test and received results in past 12 months | 0.112 | 0.016 | 682 | 795 | 1.296 | 0.140 | 0.081 | 0.143 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.233 | 0.020 | 681 | 793 | 1.227 | 0.085 | 0.193 | 0.273 |
| Body mass index (BMI) >=25 (men 15-49) | 0.149 | 0.015 | 681 | 793 | 1.091 | 0.100 | 0.119 | 0.179 |
| Prevalence of hypertension (men 15+) | 0.176 | 0.015 | 1,029 | 1,276 | 1.259 | 0.086 | 0.145 | 0.206 |

Table B. 7 Sampling errors: Province 3 sample, Nepal DHS 2016

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Un- weighted <br> (N) | Weighted <br> (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.822 | 0.034 | 1,660 | 2,732 | 3.628 | 0.042 | 0.753 | 0.890 |
| Literacy | 0.820 | 0.017 | 1,660 | 2,732 | 1.774 | 0.020 | 0.786 | 0.853 |
| No education | 0.234 | 0.014 | 1,660 | 2,732 | 1.389 | 0.062 | 0.205 | 0.263 |
| Secondary or higher education | 0.611 | 0.022 | 1,660 | 2,732 | 1.819 | 0.036 | 0.568 | 0.655 |
| Never married (never in union) | 0.270 | 0.012 | 1,660 | 2,732 | 1.097 | 0.044 | 0.246 | 0.294 |
| Currently married (in union) | 0.703 | 0.012 | 1,660 | 2,732 | 1.042 | 0.017 | 0.679 | 0.726 |
| Married before age 20 | 0.527 | 0.024 | 1,347 | 2,215 | 1.794 | 0.046 | 0.478 | 0.576 |
| Had sexual intercourse before age 18 | 0.342 | 0.021 | 1,347 | 2,215 | 1.634 | 0.062 | 0.300 | 0.384 |
| Currently pregnant | 0.032 | 0.004 | 1,660 | 2,732 | 0.964 | 0.130 | 0.024 | 0.040 |
| Children ever born | 1.540 | 0.054 | 1,660 | 2,732 | 1.381 | 0.035 | 1.432 | 1.649 |
| Children surviving | 1.437 | 0.046 | 1,660 | 2,732 | 1.318 | 0.032 | 1.345 | 1.530 |
| Children ever born to women age 40-49 | 3.033 | 0.155 | 345 | 590 | 1.558 | 0.051 | 2.723 | 3.343 |
| Currently using any method | 0.606 | 0.016 | 1,171 | 1,920 | 1.112 | 0.026 | 0.575 | 0.638 |
| Currently using a modern method | 0.492 | 0.017 | 1,171 | 1,920 | 1.146 | 0.034 | 0.459 | 0.526 |
| Currently using pill | 0.054 | 0.008 | 1,171 | 1,920 | 1.154 | 0.141 | 0.039 | 0.069 |
| Currently using IUD | 0.023 | 0.006 | 1,171 | 1,920 | 1.334 | 0.255 | 0.011 | 0.035 |
| Currently using condoms | 0.061 | 0.008 | 1,171 | 1,920 | 1.207 | 0.138 | 0.044 | 0.078 |
| Currently using injectables | 0.114 | 0.010 | 1,171 | 1,920 | 1.094 | 0.089 | 0.094 | 0.135 |
| Currently using implants | 0.049 | 0.008 | 1,171 | 1,920 | 1.275 | 0.164 | 0.033 | 0.066 |
| Currently using female sterilization | 0.061 | 0.010 | 1,171 | 1,920 | 1.485 | 0.170 | 0.041 | 0.082 |
| Using public sector source | 0.588 | 0.047 | 575 | 957 | 2.285 | 0.080 | 0.494 | 0.682 |
| Want no more children | 0.734 | 0.015 | 1,171 | 1,920 | 1.154 | 0.020 | 0.704 | 0.764 |
| Want to delay next birth at least 2 years | 0.109 | 0.013 | 1,171 | 1,920 | 1.384 | 0.116 | 0.083 | 0.134 |
| Ideal number of children | 1.808 | 0.032 | 1,652 | 2,723 | 1.939 | 0.018 | 1.743 | 1.872 |
| Mothers received antenatal care for last birth | 0.851 | 0.034 | 434 | 691 | 1.960 | 0.040 | 0.783 | 0.919 |
| Mothers protected against tetanus for last birth | 0.856 | 0.020 | 434 | 691 | 1.171 | 0.023 | 0.816 | 0.896 |
| Births with skilled attendant at delivery | 0.699 | 0.046 | 509 | 813 | 1.990 | 0.066 | 0.606 | 0.791 |
| Had diarrhoea in the last 2 weeks | 0.090 | 0.025 | 493 | 792 | 1.958 | 0.275 | 0.040 | 0.139 |
| Treated with ORS | 0.360 | 0.060 | 36 | 71 | 0.829 | 0.168 | 0.239 | 0.480 |
| Sought medical treatment for diarrhoea | 0.321 | 0.135 | 36 | 71 | 1.908 | 0.421 | 0.051 | 0.592 |
| Vaccination card seen | 0.652 | 0.071 | 107 | 168 | 1.507 | 0.109 | 0.510 | 0.795 |
| Received BCG vaccination | 0.982 | 0.014 | 107 | 168 | 1.049 | 0.014 | 0.954 | 1.010 |
| Received DPT vaccination (3 doses) | 0.904 | 0.040 | 107 | 168 | 1.367 | 0.044 | 0.825 | 0.984 |
| Received polio vaccination (3 doses) | 0.937 | 0.025 | 107 | 168 | 1.034 | 0.027 | 0.887 | 0.986 |
| Received pneumococcal vaccination (3 doses) | 0.384 | 0.052 | 107 | 168 | 1.085 | 0.136 | 0.280 | 0.488 |
| Received measles vaccination | 0.954 | 0.022 | 107 | 168 | 1.084 | 0.023 | 0.910 | 0.999 |
| Received all vaccinations | 0.853 | 0.043 | 107 | 168 | 1.213 | 0.050 | 0.768 | 0.938 |
| Height-for-age (-2SD) | 0.294 | 0.035 | 241 | 355 | 1.121 | 0.120 | 0.224 | 0.364 |
| Weight-for-height (-2SD) | 0.042 | 0.012 | 241 | 355 | 0.946 | 0.298 | 0.017 | 0.066 |
| Weight-for-age (-2SD) | 0.133 | 0.030 | 243 | 357 | 1.239 | 0.228 | 0.072 | 0.194 |
| Prevalence of anaemia (children 6-59 months) | 0.428 | 0.035 | 213 | 316 | 0.984 | 0.082 | 0.358 | 0.498 |
| Prevalence of anaemia (women 15-49) | 0.290 | 0.022 | 852 | 1,408 | 1.428 | 0.076 | 0.246 | 0.335 |
| Body mass index (BMI) < 18.5 | 0.116 | 0.020 | 816 | 1,351 | 1.749 | 0.168 | 0.077 | 0.155 |
| Body mass index (BMI) >= 25 | 0.348 | 0.028 | 816 | 1,351 | 1.709 | 0.082 | 0.291 | 0.405 |
| Prevalence of hypertension (Women 15+) | 0.191 | 0.021 | 1,168 | 1,789 | 1.845 | 0.113 | 0.148 | 0.234 |
| Had an HIV test and received results in past 12 months | 0.050 | 0.009 | 1,660 | 2,732 | 1.606 | 0.172 | 0.033 | 0.067 |
| Abstinence among never-married youth (never had sex) | 0.987 | 0.007 | 364 | 610 | 1.199 | 0.007 | 0.973 | 1.001 |
| Ever experienced any physical violence since age 15 | 0.196 | 0.021 | 601 | 948 | 1.301 | 0.107 | 0.154 | 0.239 |
| Ever experienced any sexual violence | 0.076 | 0.011 | 601 | 948 | 1.063 | 0.152 | 0.053 | 0.099 |
| Ever experienced any physical/sexual violence by husband/partner | 0.226 | 0.025 | 482 | 679 | 1.330 | 0.112 | 0.175 | 0.277 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.103 | 0.017 | 482 | 679 | 1.194 | 0.161 | 0.070 | 0.136 |
| Total Fertility Rate (last 3 years) | 1.770 | 0.139 | 4,708 | 7,773 | 1.277 | 0.079 | 1.492 | 2.049 |
| Neonatal mortality (last 0-9 years) | 16.912 | 5.000 | 998 | 1,535 | 0.933 | 0.296 | 6.912 | 26.911 |
| Post-neonatal mortality (last 0-9 years) | 12.011 | 4.796 | 999 | 1,536 | 1.335 | 0.399 | 2.418 | 21.604 |
| Infant mortality (last 0-9 years) | 28.923 | 6.840 | 999 | 1,536 | 1.055 | 0.236 | 15.243 | 42.603 |
| Child mortality (last 0-9 years) | 6.911 | 2.744 | 987 | 1,508 | 0.952 | 0.397 | 1.423 | 12.399 |
| Under-5 mortality (last 0-9 years) | 35.634 | 7.719 | 1,002 | 1,542 | 1.098 | 0.217 | 20.195 | 51.072 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.872 | 0.026 | 583 | 1,009 | 1.891 | 0.030 | 0.820 | 0.925 |
| Literacy | 0.940 | 0.016 | 583 | 1,009 | 1.589 | 0.017 | 0.908 | 0.971 |
| No education | 0.053 | 0.016 | 583 | 1,009 | 1.778 | 0.313 | 0.020 | 0.086 |
| Secondary or higher education | 0.778 | 0.034 | 583 | 1,009 | 1.977 | 0.044 | 0.709 | 0.846 |
| Never married (in union) | 0.369 | 0.025 | 583 | 1,009 | 1.255 | 0.068 | 0.319 | 0.419 |
| Currently married (in union) | 0.621 | 0.025 | 583 | 1,009 | 1.228 | 0.040 | 0.572 | 0.671 |
| Had first sexual intercourse before age 18 | 0.188 | 0.023 | 365 | 618 | 1.134 | 0.123 | 0.142 | 0.235 |
| Want no more children | 0.687 | 0.038 | 367 | 627 | 1.563 | 0.055 | 0.612 | 0.763 |
| Want to delay birth at least 2 years | 0.110 | 0.020 | 367 | 627 | 1.205 | 0.179 | 0.071 | 0.150 |
| Ideal number of children | 1.999 | 0.046 | 563 | 984 | 1.613 | 0.023 | 1.907 | 2.091 |
| Abstinence among never married youth (never had sex) | 0.818 | 0.039 | 175 | 318 | 1.336 | 0.048 | 0.739 | 0.896 |
| Had HIV test and received results in past 12 months | 0.076 | 0.012 | 583 | 1,009 | 1.116 | 0.162 | 0.051 | 0.100 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.092 | 0.015 | 576 | 992 | 1.270 | 0.167 | 0.061 | 0.122 |
| Body mass index (BMI) >=25 (men 15-49) | 0.239 | 0.019 | 576 | 992 | 1.085 | 0.081 | 0.200 | 0.277 |
| Prevalence of hypertension (men 15+) | 0.287 | 0.023 | 866 | 1,357 | 1.429 | 0.081 | 0.241 | 0.334 |

Table B. 8 Sampling errors: Province 4 sample, Nepal DHS 2016

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Lower (R-2SE) | Upper (R+2SE) |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.645 | 0.055 | 1,589 | 1,249 | 4.558 | 0.085 | 0.535 | 0.755 |
| Literacy | 0.864 | 0.015 | 1,589 | 1,249 | 1.683 | 0.017 | 0.835 | 0.893 |
| No education | 0.194 | 0.019 | 1,589 | 1,249 | 1.891 | 0.097 | 0.157 | 0.232 |
| Secondary or higher education | 0.617 | 0.024 | 1,589 | 1,249 | 1.965 | 0.039 | 0.569 | 0.665 |
| Never married (never in union) | 0.210 | 0.010 | 1,589 | 1,249 | 0.979 | 0.048 | 0.190 | 0.230 |
| Currently married (in union) | 0.761 | 0.010 | 1,589 | 1,249 | 0.953 | 0.013 | 0.740 | 0.781 |
| Married before age 20 | 0.646 | 0.020 | 1,294 | 1,015 | 1.522 | 0.031 | 0.605 | 0.686 |
| Had sexual intercourse before age 18 | 0.422 | 0.017 | 1,294 | 1,015 | 1.236 | 0.040 | 0.388 | 0.456 |
| Currently pregnant | 0.026 | 0.003 | 1,589 | 1,249 | 0.845 | 0.130 | 0.019 | 0.033 |
| Children ever born | 1.747 | 0.046 | 1,589 | 1,249 | 1.157 | 0.026 | 1.655 | 1.839 |
| Children surviving | 1.653 | 0.042 | 1,589 | 1,249 | 1.142 | 0.025 | 1.569 | 1.736 |
| Children ever born to women age 40-49 | 3.320 | 0.092 | 352 | 273 | 1.129 | 0.028 | 3.137 | 3.504 |
| Currently using any method | 0.485 | 0.020 | 1,215 | 950 | 1.413 | 0.042 | 0.444 | 0.525 |
| Currently using a modern method | 0.373 | 0.019 | 1,215 | 950 | 1.369 | 0.051 | 0.335 | 0.411 |
| Currently using pill | 0.044 | 0.007 | 1,215 | 950 | 1.191 | 0.160 | 0.030 | 0.058 |
| Currently using IUD | 0.021 | 0.005 | 1,215 | 950 | 1.238 | 0.242 | 0.011 | 0.031 |
| Currently using condoms | 0.031 | 0.005 | 1,215 | 950 | 1.093 | 0.174 | 0.020 | 0.042 |
| Currently using injectables | 0.076 | 0.010 | 1,215 | 950 | 1.264 | 0.126 | 0.057 | 0.095 |
| Currently using implants | 0.021 | 0.004 | 1,215 | 950 | 1.087 | 0.212 | 0.012 | 0.030 |
| Currently using female sterilization | 0.094 | 0.012 | 1,215 | 950 | 1.452 | 0.130 | 0.070 | 0.118 |
| Using public sector source | 0.677 | 0.032 | 461 | 358 | 1.460 | 0.047 | 0.614 | 0.741 |
| Want no more children | 0.721 | 0.014 | 1,215 | 950 | 1.052 | 0.019 | 0.694 | 0.748 |
| Want to delay next birth at least 2 years | 0.146 | 0.010 | 1,215 | 950 | 1.025 | 0.071 | 0.125 | 0.167 |
| Ideal number of children | 1.921 | 0.025 | 1,585 | 1,246 | 1.566 | 0.013 | 1.870 | 1.971 |
| Mothers received antenatal care for last birth | 0.873 | 0.027 | 436 | 337 | 1.702 | 0.031 | 0.818 | 0.927 |
| Mothers protected against tetanus for last birth | 0.880 | 0.028 | 436 | 337 | 1.760 | 0.031 | 0.825 | 0.935 |
| Births with skilled attendant at delivery | 0.699 | 0.046 | 502 | 388 | 2.002 | 0.065 | 0.608 | 0.791 |
| Had diarrhoea in the last 2 weeks | 0.037 | 0.010 | 492 | 380 | 1.210 | 0.280 | 0.016 | 0.058 |
| Treated with ORS | 0.419 | 0.140 | 17 | 14 | 1.202 | 0.334 | 0.139 | 0.698 |
| Sought medical treatment for diarrhoea | 0.734 | 0.091 | 17 | 14 | 0.873 | 0.124 | 0.553 | 0.916 |
| Vaccination card seen | 0.719 | 0.041 | 123 | 94 | 0.990 | 0.057 | 0.638 | 0.801 |
| Received BCG vaccination | 1.000 | 0.000 | 123 | 94 | na | na | na | na |
| Received DPT vaccination (3 doses) | 0.947 | 0.020 | 123 | 94 | 0.968 | 0.021 | 0.908 | 0.987 |
| Received polio vaccination (3 doses) | 0.973 | 0.015 | 123 | 94 | 0.979 | 0.015 | 0.943 | 1.002 |
| Received pneumococcal vaccination (3 doses) | 0.769 | 0.040 | 123 | 94 | 1.044 | 0.052 | 0.689 | 0.850 |
| Received measles vaccination | 0.980 | 0.012 | 123 | 94 | 0.912 | 0.012 | 0.957 | 1.003 |
| Received all vaccinations | 0.927 | 0.024 | 123 | 94 | 0.993 | 0.025 | 0.880 | 0.974 |
| Height-for-age (-2SD) | 0.289 | 0.038 | 243 | 188 | 1.216 | 0.133 | 0.212 | 0.366 |
| Weight-for-height (-2SD) | 0.058 | 0.016 | 242 | 187 | 0.993 | 0.280 | 0.026 | 0.090 |
| Weight-for-age (-2SD) | 0.149 | 0.028 | 243 | 188 | 1.114 | 0.188 | 0.093 | 0.205 |
| Prevalence of anaemia (children 6-59 months) | 0.462 | 0.032 | 216 | 166 | 0.975 | 0.070 | 0.397 | 0.527 |
| Prevalence of anaemia (women 15-49) | 0.280 | 0.027 | 803 | 627 | 1.707 | 0.097 | 0.226 | 0.335 |
| Body mass index (BMI) < 18.5 | 0.081 | 0.011 | 776 | 606 | 1.170 | 0.142 | 0.058 | 0.104 |
| Body mass index (BMI) >= 25 | 0.316 | 0.021 | 776 | 606 | 1.243 | 0.066 | 0.274 | 0.358 |
| Prevalence of hypertension (Women 15+) | 0.238 | 0.016 | 1,132 | 877 | 1.232 | 0.066 | 0.207 | 0.270 |
| Had an HIV test and received results in past 12 months | 0.043 | 0.005 | 1,589 | 1,249 | 1.029 | 0.122 | 0.033 | 0.054 |
| Abstinence among never-married youth (never had sex) | 0.997 | 0.003 | 302 | 240 | 1.025 | 0.003 | 0.990 | 1.003 |
| Ever experienced any physical violence since age $15$ | 0.120 | 0.018 | 575 | 436 | 1.318 | 0.149 | 0.084 | 0.156 |
| Ever experienced any sexual violence | 0.049 | 0.011 | 575 | 436 | 1.275 | 0.235 | 0.026 | 0.072 |
| Ever experienced any physical/sexual violence by husband/partner | 0.131 | 0.021 | 492 | 353 | 1.359 | 0.158 | 0.090 | 0.173 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.062 | 0.013 | 492 | 353 | 1.235 | 0.217 | 0.035 | 0.089 |
| Total Fertility Rate (last 3 years) | 1.963 | 0.149 | 4,508 | 3,543 | 1.450 | 0.076 | 1.665 | 2.261 |
| Neonatal mortality (last 0-9 years) | 15.120 | 4.805 | 987 | 769 | 1.105 | 0.318 | 5.510 | 24.730 |
| Post-neonatal mortality (last 0-9 years) | 8.354 | 2.739 | 988 | 770 | 0.960 | 0.328 | 2.877 | 13.831 |
| Infant mortality (last 0-9 years) | 23.474 | 5.377 | 987 | 769 | 0.955 | 0.229 | 12.720 | 34.228 |
| Child mortality (last 0-9 years) | 3.675 | 2.056 | 1,006 | 789 | 1.038 | 0.559 | 0.000 | 7.787 |
| Under-5 mortality (last 0-9 years) | 27.063 | 6.144 | 988 | 770 | 1.031 | 0.227 | 14.774 | 39.351 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.634 | 0.059 | 501 | 376 | 2.741 | 0.094 | 0.515 | 0.753 |
| Literacy | 0.948 | 0.012 | 501 | 376 | 1.241 | 0.013 | 0.924 | 0.973 |
| No education | 0.063 | 0.012 | 501 | 376 | 1.124 | 0.194 | 0.038 | 0.087 |
| Secondary or higher education | 0.776 | 0.030 | 501 | 376 | 1.633 | 0.039 | 0.715 | 0.837 |
| Never married (in union) | 0.384 | 0.028 | 501 | 376 | 1.267 | 0.072 | 0.329 | 0.439 |
| Currently married (in union) | 0.606 | 0.027 | 501 | 376 | 1.232 | 0.044 | 0.552 | 0.660 |
| Had first sexual intercourse before age 18 | 0.208 | 0.024 | 291 | 218 | 0.996 | 0.114 | 0.160 | 0.255 |
| Want no more children | 0.704 | 0.035 | 304 | 228 | 1.334 | 0.050 | 0.634 | 0.774 |
| Want to delay birth at least 2 years | 0.166 | 0.023 | 304 | 228 | 1.100 | 0.142 | 0.119 | 0.212 |
| Ideal number of children | 2.085 | 0.035 | 496 | 372 | 1.248 | 0.017 | 2.015 | 2.155 |
| Abstinence among never married youth (never had sex) | 0.705 | 0.040 | 172 | 130 | 1.160 | 0.057 | 0.624 | 0.786 |
| Had HIV test and received results in past 12 months | 0.063 | 0.012 | 501 | 376 | 1.125 | 0.195 | 0.038 | 0.087 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.125 | 0.021 | 501 | 376 | 1.397 | 0.166 | 0.083 | 0.166 |
| Body mass index (BMI) >=25 (men 15-49) | 0.219 | 0.023 | 501 | 376 | 1.263 | 0.107 | 0.172 | 0.265 |
| Prevalence of hypertension (men 15+) | 0.307 | 0.021 | 797 | 616 | 1.278 | 0.069 | 0.264 | 0.349 |

na $=$ Not applicable

Table B. 9 Sampling errors: Province 5 sample, Nepal DHS 2016

| Variable | Value <br> (R) | Standarderror(SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted <br> (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.612 | 0.053 | 2,072 | 2,274 | 4.939 | 0.087 | 0.506 | 0.718 |
| Literacy | 0.726 | 0.031 | 2,072 | 2,274 | 3.107 | 0.042 | 0.665 | 0.787 |
| No education | 0.310 | 0.024 | 2,072 | 2,274 | 2.367 | 0.078 | 0.262 | 0.358 |
| Secondary or higher education | 0.502 | 0.030 | 2,072 | 2,274 | 2.746 | 0.060 | 0.442 | 0.563 |
| Never married (never in union) | 0.206 | 0.009 | 2,072 | 2,274 | 1.029 | 0.044 | 0.187 | 0.224 |
| Currently married (in union) | 0.769 | 0.010 | 2,072 | 2,274 | 1.038 | 0.012 | 0.750 | 0.788 |
| Married before age 20 | 0.717 | 0.018 | 1,653 | 1,810 | 1.646 | 0.025 | 0.680 | 0.753 |
| Had sexual intercourse before age 18 | 0.502 | 0.021 | 1,653 | 1,810 | 1.746 | 0.043 | 0.459 | 0.545 |
| Currently pregnant | 0.039 | 0.004 | 2,072 | 2,274 | 1.033 | 0.113 | 0.030 | 0.047 |
| Children ever born | 1.984 | 0.059 | 2,072 | 2,274 | 1.448 | 0.030 | 1.866 | 2.103 |
| Children surviving | 1.813 | 0.048 | 2,072 | 2,274 | 1.350 | 0.027 | 1.716 | 1.910 |
| Children ever born to women age 40-49 | 3.974 | 0.126 | 377 | 419 | 1.314 | 0.032 | 3.723 | 4.226 |
| Currently using any method | 0.480 | 0.023 | 1,587 | 1,749 | 1.823 | 0.048 | 0.434 | 0.526 |
| Currently using a modern method | 0.389 | 0.024 | 1,587 | 1,749 | 1.936 | 0.061 | 0.342 | 0.437 |
| Currently using pill | 0.040 | 0.006 | 1,587 | 1,749 | 1.168 | 0.144 | 0.029 | 0.052 |
| Currently using IUD | 0.017 | 0.004 | 1,587 | 1,749 | 1.183 | 0.227 | 0.009 | 0.025 |
| Currently using condoms | 0.064 | 0.009 | 1,587 | 1,749 | 1.429 | 0.137 | 0.046 | 0.081 |
| Currently using injectables | 0.071 | 0.009 | 1,587 | 1,749 | 1.399 | 0.127 | 0.053 | 0.089 |
| Currently using implants | 0.043 | 0.008 | 1,587 | 1,749 | 1.506 | 0.179 | 0.028 | 0.058 |
| Currently using female sterilization | 0.126 | 0.013 | 1,587 | 1,749 | 1.599 | 0.106 | 0.099 | 0.153 |
| Using public sector source | 0.694 | 0.026 | 648 | 688 | 1.417 | 0.037 | 0.643 | 0.746 |
| Want no more children | 0.714 | 0.010 | 1,587 | 1,749 | 0.854 | 0.014 | 0.694 | 0.733 |
| Want to delay next birth at least 2 years | 0.131 | 0.009 | 1,587 | 1,749 | 1.007 | 0.065 | 0.114 | 0.148 |
| Ideal number of children | 2.184 | 0.059 | 2,070 | 2,272 | 3.261 | 0.027 | 2.067 | 2.301 |
| Mothers received antenatal care for last birth | 0.847 | 0.021 | 651 | 720 | 1.508 | 0.025 | 0.804 | 0.889 |
| Mothers protected against tetanus for last birth | 0.886 | 0.012 | 651 | 720 | 0.980 | 0.014 | 0.862 | 0.910 |
| Births with skilled attendant at delivery | 0.566 | 0.036 | 808 | 899 | 1.884 | 0.064 | 0.494 | 0.639 |
| Had diarrhoea in the last 2 weeks | 0.082 | 0.012 | 781 | 869 | 1.198 | 0.145 | 0.058 | 0.106 |
| Treated with ORS | 0.333 | 0.073 | 63 | 71 | 1.263 | 0.218 | 0.188 | 0.478 |
| Sought medical treatment for diarrhoea | 0.824 | 0.049 | 63 | 71 | 1.038 | 0.060 | 0.725 | 0.923 |
| Vaccination card seen | 0.588 | 0.052 | 178 | 196 | 1.367 | 0.088 | 0.485 | 0.691 |
| Received BCG vaccination | 0.984 | 0.010 | 178 | 196 | 1.025 | 0.010 | 0.965 | 1.003 |
| Received DPT vaccination (3 doses) | 0.891 | 0.033 | 178 | 196 | 1.292 | 0.037 | 0.825 | 0.957 |
| Received polio vaccination (3 doses) | 0.908 | 0.029 | 178 | 196 | 1.246 | 0.032 | 0.851 | 0.965 |
| Received pneumococcal vaccination (3 doses) | 0.581 | 0.050 | 178 | 196 | 1.312 | 0.086 | 0.481 | 0.680 |
| Received measles vaccination | 0.859 | 0.032 | 178 | 196 | 1.169 | 0.037 | 0.795 | 0.922 |
| Received all vaccinations | 0.783 | 0.042 | 178 | 196 | 1.313 | 0.054 | 0.698 | 0.868 |
| Height-for-age (-2SD) | 0.385 | 0.038 | 409 | 454 | 1.472 | 0.098 | 0.309 | 0.460 |
| Weight-for-height (-2SD) | 0.076 | 0.014 | 408 | 452 | 1.027 | 0.180 | 0.049 | 0.103 |
| Weight-for-age (-2SD) | 0.272 | 0.030 | 409 | 454 | 1.219 | 0.111 | 0.212 | 0.333 |
| Prevalence of anaemia (children 6-59 months) | 0.534 | 0.036 | 357 | 396 | 1.307 | 0.067 | 0.462 | 0.607 |
| Prevalence of anaemia (women 15-49) | 0.435 | 0.020 | 997 | 1,086 | 1.295 | 0.047 | 0.394 | 0.475 |
| Body mass index ( BMI ) $<18.5$ | 0.190 | 0.016 | 944 | 1,029 | 1.242 | 0.084 | 0.159 | 0.222 |
| Body mass index (BMI) >= 25 | 0.185 | 0.017 | 944 | 1,029 | 1.317 | 0.090 | 0.152 | 0.219 |
| Prevalence of hypertension (Women 15+) | 0.188 | 0.017 | 1,284 | 1,406 | 1.524 | 0.092 | 0.153 | 0.222 |
| Had an HIV test and received results in past 12 months | 0.058 | 0.009 | 2,072 | 2,274 | 1.787 | 0.159 | 0.039 | 0.076 |
| Abstinence among never-married youth (never had sex) | 0.993 | 0.004 | 413 | 445 | 1.004 | 0.004 | 0.984 | 1.001 |
| Ever experienced any physical violence since age 15 | 0.226 | 0.022 | 672 | 762 | 1.375 | 0.098 | 0.182 | 0.271 |
| Ever experienced any sexual violence | 0.083 | 0.012 | 672 | 762 | 1.085 | 0.139 | 0.060 | 0.107 |
| Ever experienced any physical/sexual violence by husband/partner | 0.269 | 0.030 | 581 | 618 | 1.632 | 0.112 | 0.209 | 0.329 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.136 | 0.018 | 581 | 618 | 1.236 | 0.129 | 0.101 | 0.171 |
| Total Fertility Rate (last 3 years) | 2.369 | 0.146 | 5,829 | 6,385 | 1.406 | 0.062 | 2.076 | 2.662 |
| Neonatal mortality (last 0-9 years) | 30.226 | 5.204 | 1,613 | 1,808 | 1.143 | 0.172 | 19.819 | 40.633 |
| Post-neonatal mortality (last 0-9 years) | 11.954 | 2.384 | 1,613 | 1,809 | 0.856 | 0.199 | 7.186 | 16.721 |
| Infant mortality (last 0-9 years) | 42.180 | 6.419 | 1,613 | 1,808 | 1.215 | 0.152 | 29.341 | 55.019 |
| Child mortality (last 0-9 years) | 3.189 | 1.368 | 1,648 | 1,847 | 1.013 | 0.429 | 0.452 | 5.925 |
| Under-5 mortality (last 0-9 years) | 45.234 | 6.634 | 1,614 | 1,809 | 1.213 | 0.147 | 31.966 | 58.502 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.593 | 0.057 | 619 | 658 | 2.869 | 0.096 | 0.479 | 0.707 |
| Literacy | 0.869 | 0.024 | 619 | 658 | 1.788 | 0.028 | 0.821 | 0.918 |
| No education | 0.118 | 0.019 | 619 | 658 | 1.440 | 0.158 | 0.081 | 0.156 |
| Secondary or higher education | 0.639 | 0.032 | 619 | 658 | 1.638 | 0.050 | 0.576 | 0.702 |
| Never married (in union) | 0.319 | 0.022 | 619 | 658 | 1.154 | 0.068 | 0.276 | 0.362 |
| Currently married (in union) | 0.668 | 0.021 | 619 | 658 | 1.104 | 0.031 | 0.626 | 0.710 |
| Had first sexual intercourse before age 18 | 0.286 | 0.029 | 382 | 405 | 1.266 | 0.103 | 0.227 | 0.345 |
| Want no more children | 0.668 | 0.025 | 414 | 440 | 1.066 | 0.037 | 0.618 | 0.717 |
| Want to delay birth at least 2 years | 0.187 | 0.019 | 414 | 440 | 0.978 | 0.100 | 0.149 | 0.224 |
| Ideal number of children | 2.417 | 0.069 | 616 | 655 | 2.007 | 0.029 | 2.279 | 2.555 |
| Abstinence among never married youth (never had sex) | 0.614 | 0.041 | 182 | 193 | 1.130 | 0.067 | 0.533 | 0.696 |
| Had HIV test and received results in past 12 months | 0.060 | 0.012 | 619 | 658 | 1.284 | 0.204 | 0.036 | 0.085 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.196 | 0.019 | 613 | 653 | 1.209 | 0.099 | 0.157 | 0.235 |
| Body mass index (BMI) >=25 (men 15-49) | 0.156 | 0.018 | 613 | 653 | 1.248 | 0.117 | 0.120 | 0.193 |
| Prevalence of hypertension (men 15+) | 0.249 | 0.024 | 886 | 974 | 1.608 | 0.096 | 0.201 | 0.297 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | $\begin{aligned} & \text { Relative } \\ & \text { error } \\ & \text { (SE/R) } \end{aligned}$ | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted <br> (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{aligned} & \text { Upper } \\ & (\mathrm{R}+2 \mathrm{SE}) \end{aligned}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.469 | 0.064 | 1,761 | 724 | 5.364 | 0.137 | 0.341 | 0.598 |
| Literacy | 0.662 | 0.027 | 1,761 | 724 | 2.350 | 0.040 | 0.609 | 0.715 |
| No education | 0.419 | 0.023 | 1,761 | 724 | 1.961 | 0.055 | 0.373 | 0.465 |
| Secondary or higher education | 0.454 | 0.022 | 1,761 | 724 | 1.858 | 0.049 | 0.410 | 0.498 |
| Never married (never in union) | 0.165 | 0.010 | 1,761 | 724 | 1.077 | 0.058 | 0.146 | 0.184 |
| Currently married (in union) | 0.810 | 0.009 | 1,761 | 724 | 0.973 | 0.011 | 0.791 | 0.828 |
| Married before age 20 | 0.806 | 0.012 | 1,370 | 561 | 1.104 | 0.015 | 0.783 | 0.830 |
| Had sexual intercourse before age 18 | 0.579 | 0.016 | 1,370 | 561 | 1.209 | 0.028 | 0.547 | 0.611 |
| Currently pregnant | 0.050 | 0.005 | 1,761 | 724 | 0.998 | 0.103 | 0.040 | 0.061 |
| Children ever born | 2.398 | 0.072 | 1,761 | 724 | 1.392 | 0.030 | 2.254 | 2.541 |
| Children surviving | 2.143 | 0.055 | 1,761 | 724 | 1.247 | 0.025 | 2.034 | 2.252 |
| Children ever born to women age 40-49 | 4.837 | 0.173 | 319 | 135 | 1.532 | 0.036 | 4.490 | 5.183 |
| Currently using any method | 0.511 | 0.017 | 1,419 | 586 | 1.296 | 0.034 | 0.477 | 0.546 |
| Currently using a modern method | 0.445 | 0.018 | 1,419 | 586 | 1.326 | 0.039 | 0.410 | 0.480 |
| Currently using pill | 0.050 | 0.011 | 1,419 | 586 | 1.902 | 0.219 | 0.028 | 0.073 |
| Currently using IUD | 0.012 | 0.003 | 1,419 | 586 | 1.093 | 0.259 | 0.006 | 0.019 |
| Currently using condoms | 0.036 | 0.009 | 1,419 | 586 | 1.735 | 0.240 | 0.019 | 0.053 |
| Currently using injectables | 0.129 | 0.018 | 1,419 | 586 | 1.980 | 0.137 | 0.093 | 0.164 |
| Currently using implants | 0.042 | 0.010 | 1,419 | 586 | 1.855 | 0.236 | 0.022 | 0.061 |
| Currently using female sterilization | 0.041 | 0.007 | 1,419 | 586 | 1.387 | 0.179 | 0.026 | 0.055 |
| Using public sector source | 0.850 | 0.024 | 649 | 263 | 1.730 | 0.029 | 0.801 | 0.898 |
| Want no more children | 0.714 | 0.012 | 1,419 | 586 | 1.033 | 0.017 | 0.689 | 0.739 |
| Want to delay next birth at least 2 years | 0.140 | 0.011 | 1,419 | 586 | 1.199 | 0.079 | 0.118 | 0.163 |
| Ideal number of children | 2.243 | 0.035 | 1,760 | 724 | 1.932 | 0.016 | 2.172 | 2.314 |
| Mothers received antenatal care for last birth | 0.730 | 0.039 | 602 | 255 | 2.214 | 0.054 | 0.651 | 0.809 |
| Mothers protected against tetanus for last birth | 0.801 | 0.030 | 602 | 255 | 1.846 | 0.037 | 0.742 | 0.861 |
| Births with skilled attendant at delivery | 0.353 | 0.042 | 777 | 338 | 2.215 | 0.118 | 0.270 | 0.437 |
| Had diarrhoea in the last 2 weeks | 0.060 | 0.010 | 741 | 322 | 1.108 | 0.159 | 0.041 | 0.080 |
| Treated with ORS | 0.726 | 0.070 | 44 | 19 | 1.118 | 0.097 | 0.586 | 0.867 |
| Sought medical treatment for diarrhoea | 0.833 | 0.069 | 44 | 19 | 1.318 | 0.083 | 0.695 | 0.972 |
| Vaccination card seen | 0.457 | 0.055 | 144 | 63 | 1.365 | 0.120 | 0.348 | 0.567 |
| Received BCG vaccination | 0.975 | 0.014 | 144 | 63 | 1.096 | 0.014 | 0.948 | 1.003 |
| Received DPT vaccination (3 doses) | 0.833 | 0.034 | 144 | 63 | 1.121 | 0.040 | 0.766 | 0.901 |
| Received polio vaccination (3 doses) | 0.826 | 0.042 | 144 | 63 | 1.389 | 0.051 | 0.741 | 0.911 |
| Received pneumococcal vaccination (3 doses) | 0.445 | 0.066 | 144 | 63 | 1.655 | 0.149 | 0.312 | 0.577 |
| Received measles vaccination | 0.939 | 0.023 | 144 | 63 | 1.175 | 0.024 | 0.894 | 0.984 |
| Received all vaccinations | 0.749 | 0.046 | 144 | 63 | 1.325 | 0.062 | 0.656 | 0.841 |
| Height-for-age (-2SD) | 0.545 | 0.033 | 361 | 156 | 1.210 | 0.061 | 0.479 | 0.611 |
| Weight-for-height (-2SD) | 0.075 | 0.016 | 362 | 156 | 1.120 | 0.211 | 0.043 | 0.107 |
| Weight-for-age (-2SD) | 0.356 | 0.029 | 364 | 157 | 1.113 | 0.081 | 0.298 | 0.414 |
| Prevalence of anaemia (children 6-59 months) | 0.484 | 0.048 | 320 | 138 | 1.650 | 0.098 | 0.388 | 0.579 |
| Prevalence of anaemia (women 15-49) | 0.349 | 0.026 | 901 | 369 | 1.649 | 0.075 | 0.297 | 0.402 |
| Body mass index (BMI) < 18.5 | 0.152 | 0.018 | 851 | 348 | 1.432 | 0.116 | 0.117 | 0.188 |
| Body mass index (BMI) >= 25 | 0.103 | 0.016 | 851 | 348 | 1.519 | 0.154 | 0.071 | 0.134 |
| Prevalence of hypertension (Women 15+) | 0.101 | 0.014 | 1,075 | 440 | 1.497 | 0.140 | 0.072 | 0.129 |
| Had an HIV test and received results in past 12 months | 0.029 | 0.005 | 1,761 | 724 | 1.163 | 0.161 | 0.019 | 0.038 |
| Abstinence among never-married youth (never had sex) | 1.000 | 0.000 | 280 | 117 | na | na | na | na |
| Ever experienced any physical violence since age 15 | 0.150 | 0.016 | 641 | 259 | 1.118 | 0.105 | 0.118 | 0.182 |
| Ever experienced any sexual violence | 0.077 | 0.013 | 641 | 259 | 1.274 | 0.175 | 0.050 | 0.103 |
| Ever experienced any physical/sexual violence by husband/partner | 0.177 | 0.017 | 571 | 222 | 1.093 | 0.099 | 0.142 | 0.212 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.109 | 0.015 | 571 | 222 | 1.153 | 0.138 | 0.079 | 0.140 |
| Total Fertility Rate (last 3 years) | 2.813 | 0.173 | 4,900 | 2,012 | 1.205 | 0.062 | 2.466 | 3.159 |
| Neonatal mortality (last 0-9 years) | 29.409 | 5.138 | 1,712 | 749 | 1.107 | 0.175 | 19.133 | 39.686 |
| Post-neonatal mortality (last 0-9 years) | 17.228 | 4.081 | 1,724 | 755 | 1.277 | 0.237 | 9.066 | 25.389 |
| Infant mortality (last 0-9 years) | 46.637 | 7.837 | 1,714 | 750 | 1.392 | 0.168 | 30.963 | 62.311 |
| Child mortality (last 0-9 years) | 11.978 | 3.338 | 1,767 | 775 | 1.278 | 0.279 | 5.301 | 18.654 |
| Under-5 mortality (last 0-9 years) | 58.056 | 8.540 | 1,720 | 753 | 1.437 | 0.147 | 40.977 | 75.136 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.493 | 0.067 | 514 | 203 | 3.016 | 0.136 | 0.359 | 0.627 |
| Literacy | 0.915 | 0.018 | 514 | 203 | 1.447 | 0.019 | 0.880 | 0.951 |
| No education | 0.103 | 0.017 | 514 | 203 | 1.231 | 0.160 | 0.070 | 0.136 |
| Secondary or higher education | 0.699 | 0.027 | 514 | 203 | 1.344 | 0.039 | 0.645 | 0.754 |
| Never married (in union) | 0.283 | 0.023 | 514 | 203 | 1.145 | 0.080 | 0.237 | 0.328 |
| Currently married (in union) | 0.706 | 0.023 | 514 | 203 | 1.130 | 0.032 | 0.661 | 0.752 |
| Had first sexual intercourse before age 18 | 0.287 | 0.031 | 288 | 116 | 1.176 | 0.110 | 0.224 | 0.350 |
| Want no more children | 0.688 | 0.024 | 358 | 144 | 0.978 | 0.035 | 0.640 | 0.736 |
| Want to delay birth at least 2 years | 0.177 | 0.018 | 358 | 144 | 0.912 | 0.104 | 0.140 | 0.214 |
| Ideal number of children | 2.212 | 0.041 | 513 | 203 | 1.357 | 0.019 | 2.129 | 2.294 |
| Abstinence among never married youth (never had sex) | 0.725 | 0.044 | 140 | 53 | 1.172 | 0.061 | 0.636 | 0.814 |
| Had HIV test and received results in past 12 months | 0.054 | 0.011 | 514 | 203 | 1.079 | 0.199 | 0.033 | 0.076 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.209 | 0.023 | 510 | 202 | 1.302 | 0.112 | 0.162 | 0.256 |
| Body mass index (BMI) >=25 (men 15-49) | 0.055 | 0.013 | 510 | 202 | 1.309 | 0.241 | 0.028 | 0.081 |
| Prevalence of hypertension (men 15+) | 0.218 | 0.025 | 711 | 293 | 1.566 | 0.116 | 0.168 | 0.269 |

Table B. 11 Sampling errors: Province 7 sample, Nepal DHS 2016

| Variable | Value <br> (R) | Standarderror(SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted <br> (WN) |  |  | $\begin{aligned} & \text { Lower } \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Upper } \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.576 | 0.058 | 1,846 | 1,145 | 5.016 | 0.101 | 0.460 | 0.693 |
| Literacy | 0.670 | 0.018 | 1,846 | 1,145 | 1.677 | 0.027 | 0.633 | 0.707 |
| No education | 0.409 | 0.018 | 1,846 | 1,145 | 1.548 | 0.043 | 0.373 | 0.444 |
| Secondary or higher education | 0.469 | 0.021 | 1,846 | 1,145 | 1.776 | 0.044 | 0.427 | 0.510 |
| Never married (never in union) | 0.230 | 0.012 | 1,846 | 1,145 | 1.191 | 0.051 | 0.207 | 0.253 |
| Currently married (in union) | 0.739 | 0.011 | 1,846 | 1,145 | 1.112 | 0.015 | 0.716 | 0.761 |
| Married before age 20 | 0.748 | 0.017 | 1,446 | 897 | 1.509 | 0.023 | 0.714 | 0.783 |
| Had sexual intercourse before age 18 | 0.535 | 0.019 | 1,446 | 897 | 1.450 | 0.036 | 0.497 | 0.573 |
| Currently pregnant | 0.041 | 0.007 | 1,846 | 1,145 | 1.484 | 0.166 | 0.028 | 0.055 |
| Children ever born | 2.197 | 0.074 | 1,846 | 1,145 | 1.556 | 0.034 | 2.048 | 2.346 |
| Children surviving | 1.967 | 0.064 | 1,846 | 1,145 | 1.536 | 0.032 | 1.840 | 2.094 |
| Children ever born to women age 40-49 | 4.480 | 0.149 | 331 | 204 | 1.475 | 0.033 | 4.182 | 4.779 |
| Currently using any method | 0.573 | 0.020 | 1,360 | 846 | 1.527 | 0.036 | 0.532 | 0.614 |
| Currently using a modern method | 0.481 | 0.026 | 1,360 | 846 | 1.919 | 0.054 | 0.428 | 0.533 |
| Currently using pill | 0.050 | 0.010 | 1,360 | 846 | 1.638 | 0.193 | 0.031 | 0.070 |
| Currently using IUD | 0.012 | 0.004 | 1,360 | 846 | 1.236 | 0.303 | 0.005 | 0.019 |
| Currently using condoms | 0.085 | 0.011 | 1,360 | 846 | 1.465 | 0.131 | 0.062 | 0.107 |
| Currently using injectables | 0.084 | 0.009 | 1,360 | 846 | 1.241 | 0.111 | 0.065 | 0.102 |
| Currently using implants | 0.042 | 0.009 | 1,360 | 846 | 1.702 | 0.221 | 0.023 | 0.061 |
| Currently using female sterilization | 0.160 | 0.018 | 1,360 | 846 | 1.858 | 0.116 | 0.123 | 0.196 |
| Using public sector source | 0.766 | 0.025 | 666 | 412 | 1.521 | 0.033 | 0.716 | 0.816 |
| Want no more children | 0.732 | 0.013 | 1,360 | 846 | 1.110 | 0.018 | 0.705 | 0.759 |
| Want to delay next birth at least 2 years | 0.123 | 0.010 | 1,360 | 846 | 1.116 | 0.081 | 0.103 | 0.143 |
| Ideal number of children | 2.084 | 0.033 | 1,845 | 1,145 | 1.933 | 0.016 | 2.019 | 2.149 |
| Mothers received antenatal care for last birth | 0.905 | 0.014 | 549 | 346 | 1.158 | 0.016 | 0.876 | 0.934 |
| Mothers protected against tetanus for last birth | 0.878 | 0.017 | 549 | 346 | 1.195 | 0.019 | 0.845 | 0.911 |
| Births with skilled attendant at delivery | 0.660 | 0.040 | 688 | 437 | 2.011 | 0.061 | 0.580 | 0.739 |
| Had diarrhoea in the last 2 weeks | 0.062 | 0.010 | 663 | 421 | 1.047 | 0.155 | 0.043 | 0.081 |
| Treated with ORS | 0.412 | 0.074 | 45 | 26 | 0.967 | 0.179 | 0.265 | 0.559 |
| Sought medical treatment for diarrhoea | 0.659 | 0.074 | 45 | 26 | 1.010 | 0.112 | 0.510 | 0.807 |
| Vaccination card seen | 0.559 | 0.056 | 134 | 84 | 1.295 | 0.100 | 0.447 | 0.671 |
| Received BCG vaccination | 0.984 | 0.011 | 134 | 84 | 1.064 | 0.012 | 0.962 | 1.007 |
| Received DPT vaccination (3 doses) | 0.927 | 0.024 | 134 | 84 | 1.090 | 0.026 | 0.879 | 0.976 |
| Received polio vaccination (3 doses) | 0.898 | 0.028 | 134 | 84 | 1.075 | 0.031 | 0.842 | 0.954 |
| Received pneumococcal vaccination (3 doses) | 0.341 | 0.056 | 134 | 84 | 1.378 | 0.165 | 0.228 | 0.454 |
| Received measles vaccination | 0.952 | 0.019 | 134 | 84 | 1.014 | 0.019 | 0.915 | 0.990 |
| Received all vaccinations | 0.834 | 0.037 | 134 | 84 | 1.144 | 0.044 | 0.760 | 0.907 |
| Height-for-age (-2SD) | 0.359 | 0.032 | 335 | 211 | 1.165 | 0.088 | 0.296 | 0.422 |
| Weight-for-height (-2SD) | 0.093 | 0.017 | 334 | 211 | 1.123 | 0.186 | 0.058 | 0.127 |
| Weight-for-age (-2SD) | 0.281 | 0.023 | 336 | 212 | 0.941 | 0.083 | 0.234 | 0.327 |
| Prevalence of anaemia (children 6-59 months) | 0.498 | 0.037 | 300 | 188 | 1.217 | 0.074 | 0.425 | 0.572 |
| Prevalence of anaemia (women 15-49) | 0.393 | 0.030 | 907 | 566 | 1.822 | 0.075 | 0.334 | 0.452 |
| Body mass index ( BMI ) $<18.5$ | 0.221 | 0.019 | 860 | 535 | 1.374 | 0.088 | 0.182 | 0.260 |
| Body mass index (BMI) >= 25 | 0.090 | 0.021 | 860 | 535 | 2.131 | 0.231 | 0.048 | 0.131 |
| Prevalence of hypertension (Women 15+) | 0.102 | 0.014 | 1,197 | 744 | 1.590 | 0.138 | 0.074 | 0.130 |
| Had an HIV test and received results in past 12 months | 0.089 | 0.014 | 1,846 | 1,145 | 2.108 | 0.157 | 0.061 | 0.117 |
| Abstinence among never-married youth (never had sex) | 0.992 | 0.004 | 401 | 248 | 0.975 | 0.004 | 0.983 | 1.001 |
| Ever experienced any physical violence since age 15 | 0.174 | 0.021 | 604 | 396 | 1.349 | 0.120 | 0.133 | 0.216 |
| Ever experienced any sexual violence | 0.075 | 0.012 | 604 | 396 | 1.161 | 0.167 | 0.050 | 0.099 |
| Ever experienced any physical/sexual violence by husband/partner | 0.202 | 0.026 | 507 | 312 | 1.435 | 0.127 | 0.151 | 0.253 |
| Physical/sexual violence in the last 12 months by husband/partner | 0.090 | 0.017 | 507 | 312 | 1.345 | 0.190 | 0.056 | 0.125 |
| Total Fertility Rate (last 3 years) | 2.219 | 0.173 | 5,171 | 3,203 | 1.472 | 0.078 | 1.874 | 2.564 |
| Neonatal mortality (last 0-9 years) | 41.125 | 6.450 | 1,541 | 982 | 0.995 | 0.157 | 28.226 | 54.025 |
| Post-neonatal mortality (last 0-9 years) | 17.045 | 3.601 | 1,552 | 989 | 1.047 | 0.211 | 9.842 | 24.248 |
| Infant mortality (last 0-9 years) | 58.170 | 7.377 | 1,543 | 983 | 1.008 | 0.127 | 43.416 | 72.925 |
| Child mortality (last 0-9 years) | 12.024 | 2.692 | 1,608 | 1,023 | 0.955 | 0.224 | 6.641 | 17.407 |
| Under-5 mortality (last 0-9 years) | 69.495 | 7.669 | 1,547 | 986 | 1.002 | 0.110 | 54.157 | 84.833 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.548 | 0.054 | 554 | 330 | 2.522 | 0.098 | 0.440 | 0.655 |
| Literacy | 0.916 | 0.017 | 554 | 330 | 1.473 | 0.019 | 0.881 | 0.950 |
| No education | 0.084 | 0.018 | 554 | 330 | 1.545 | 0.218 | 0.047 | 0.120 |
| Secondary or higher education | 0.722 | 0.031 | 554 | 330 | 1.629 | 0.043 | 0.660 | 0.784 |
| Never married (in union) | 0.327 | 0.022 | 554 | 330 | 1.117 | 0.068 | 0.282 | 0.372 |
| Currently married (in union) | 0.668 | 0.023 | 554 | 330 | 1.131 | 0.034 | 0.623 | 0.713 |
| Had first sexual intercourse before age 18 | 0.331 | 0.027 | 337 | 200 | 1.070 | 0.083 | 0.276 | 0.386 |
| Want no more children | 0.727 | 0.024 | 371 | 220 | 1.019 | 0.032 | 0.679 | 0.774 |
| Want to delay birth at least 2 years | 0.151 | 0.019 | 371 | 220 | 1.033 | 0.128 | 0.112 | 0.189 |
| Ideal number of children | 2.170 | 0.053 | 551 | 328 | 1.766 | 0.024 | 2.064 | 2.276 |
| Abstinence among never married youth (never had sex) | 0.768 | 0.033 | 164 | 99 | 1.010 | 0.043 | 0.702 | 0.835 |
| Had HIV test and received results in past 12 months | 0.100 | 0.016 | 554 | 330 | 1.282 | 0.163 | 0.068 | 0.133 |
| Body mass index (BMI) < 18.5 (men 15-49) | 0.215 | 0.017 | 544 | 324 | 0.943 | 0.077 | 0.182 | 0.248 |
| Body mass index (BMI) >=25 (men 15-49) | 0.106 | 0.025 | 544 | 324 | 1.867 | 0.233 | 0.057 | 0.155 |
| Prevalence of hypertension (men 15+) | 0.182 | 0.017 | 766 | 468 | 1.197 | 0.091 | 0.148 | 0.215 |

Table B. 12 Sampling errors for adult and maternal mortality rates, Nepal DHS 2016

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Un- weighted <br> (N) | Weighted (WN) |  |  | $\begin{gathered} \text { Lower } \\ \text { (R-2SE) } \end{gathered}$ | $\begin{aligned} & \text { Upper } \\ & (R+2 S E) \end{aligned}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Adult mortality rates |  |  |  |  |  |  |  |  |
| 15-19 | 1.461 | 0.329 | 24,122 | 23,659 | 1.330 | 0.225 | 0.803 | 2.119 |
| 20-24 | 1.420 | 0.259 | 27,060 | 26,618 | 1.122 | 0.182 | 0.902 | 1.938 |
| 25-29 | 1.589 | 0.341 | 25,283 | 24,874 | 1.279 | 0.215 | 0.907 | 2.271 |
| 30-34 | 0.885 | 0.207 | 22,305 | 22,137 | 1.036 | 0.234 | 0.471 | 1.299 |
| 35-39 | 2.247 | 0.393 | 17,332 | 16,958 | 1.081 | 0.175 | 1.461 | 3.033 |
| 40-44 | 2.895 | 0.567 | 11,617 | 11,442 | 1.096 | 0.196 | 1.760 | 4.030 |
| 45-49 | 4.701 | 0.938 | 7,530 | 7,482 | 1.190 | 0.200 | 2.825 | 6.577 |
| 15-49 (age-adjusted) | 1.925 | 0.153 | 135,248 | 133,168 | 1.180 | 0.079 | 1.620 | 2.231 |
| Adult mortality probabilities |  |  |  |  |  |  |  |  |
| 35q15 NDHS 2016 | 73.194 | 6.282 | 135,248 | 133,168 | 1.340 | 0.086 | 60.630 | 85.759 |
| $35 q 15$ NDHS 2006 | 81.103 | 8.147 | 111,251 | 111,382 | 1.483 | 0.100 | 64.809 | 97.397 |
| 35q15 NDHS 1996 | 128.927 | 9.516 | 84,336 | 83,800 | 1.129 | 0.074 | 109.895 | 147.960 |
| Maternal mortality rates |  |  |  |  |  |  |  |  |
| 15-19 | 0.109 | 0.077 | 24,122 | 23,659 | 1.140 | 0.708 | 0.000 | 0.264 |
| 20-24 | 0.234 | 0.106 | 27,060 | 26,618 | 1.132 | 0.454 | 0.021 | 0.446 |
| 25-29 | 0.478 | 0.179 | 25,283 | 24,874 | 1.288 | 0.373 | 0.121 | 0.836 |
| 30-34 | 0.121 | 0.081 | 22,305 | 22,137 | 1.096 | 0.669 | 0.000 | 0.284 |
| 35-39 | 0.220 | 0.128 | 17,332 | 16,958 | 1.125 | 0.583 | 0.000 | 0.476 |
| 40-44 | 0.071 | 0.071 | 11,617 | 11,442 | 0.901 | 1.000 | 0.000 | 0.213 |
| 45-49 | 0.118 | 0.118 | 7,530 | 7,482 | 0.941 | 1.001 | 0.000 | 0.355 |
| 15-49 (age-adjusted) | 0.204 | 0.046 | 135,248 | 133,168 | 1.165 | 0.224 | 0.113 | 0.295 |
| Maternal mortality ratio (MMR) NDHS 2016 | 239.197 | 52.662 | 135,248 | 133,168 | 1.165 | 0.220 | 133.873 | 344.521 |
| Pregnancy-related mortality ratio (PRMR) NDHS 2016 | 258.652 | 53.739 | 135,248 | 133,168 | 1.144 | 0.208 | 151.174 | 366.129 |
| Pregnancy-related mortality ratio (PRMR) NDHS |  |  |  |  |  |  |  |  |
| 2006 | 280.921 | 51.675 | 111,251 | 111,382 | 1.047 | 0.184 | 177.572 | 384.270 |
| Pregnancy-related mortality ratio (PRMR) NDHS |  |  |  |  |  |  |  |  |
| $1996$ | 542.619 | 72.782 | 84,336 | 83,800 | 1.103 | 0.134 | 397.055 | 688.183 |
| MEN |  |  |  |  |  |  |  |  |
| Adult mortality rates |  |  |  |  |  |  |  |  |
| 15-19 | 1.020 | 0.220 | 24,078 | 23,801 | 1.024 | 0.215 | 0.581 | 1.460 |
| 20-24 | 1.550 | 0.517 | 26,814 | 26,429 | 2.139 | 0.334 | 0.516 | 2.584 |
| 25-29 | 1.133 | 0.286 | 25,274 | 25,164 | 1.313 | 0.253 | 0.561 | 1.706 |
| 30-34 | 1.631 | 0.292 | 22,150 | 22,113 | 1.078 | 0.179 | 1.046 | 2.216 |
| 35-39 | 3.032 | 0.457 | 17,499 | 17,510 | 1.079 | 0.151 | 2.118 | 3.946 |
| 40-44 | 3.672 | 0.631 | 12,354 | 12,480 | 1.167 | 0.172 | 2.410 | 4.933 |
| 45-49 | 6.594 | 1.104 | 7,723 | 7,909 | 1.213 | 0.167 | 4.387 | 8.802 |
| 15-49 (age-adjusted) | 2.232 | 0.186 | 135,892 | 135,406 | 1.287 | 0.084 | 1.859 | 2.604 |
| Adult mortality probabilities |  |  |  |  |  |  |  |  |
| 35q15 NDHS 2016 | 88.994 | 7.426 | 135,892 | 135,406 | 1.560 | 0.083 | 74.141 | 103.846 |
| 35q15 NDHS 2006 | 96.548 | 9.536 | 113,291 | 112,898 | 1.493 | 0.099 | 77.477 | 115.619 |
| 35q15 NDHS 1996 | 112.031 | 9.085 | 90,246 | 89,716 | 1.187 | 0.081 | 93.862 | 130.201 |

Table C. 1 Household age distribution
Single-year age distribution of the de facto household population by sex (weighted), Nepal DHS 2016

| Age | Women |  | Men |  | Age | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent |  | Number | Percent | Number | Percent |
| 0 | 460 | 1.8 | 508 | 2.4 | 36 | 315 | 1.2 | 225 | 1.0 |
| 1 | 469 | 1.9 | 579 | 2.7 | 37 | 300 | 1.2 | 231 | 1.1 |
| 2 | 463 | 1.8 | 485 | 2.3 | 38 | 355 | 1.4 | 229 | 1.1 |
| 3 | 479 | 1.9 | 501 | 2.3 | 39 | 251 | 1.0 | 170 | 0.8 |
| 4 | 470 | 1.9 | 552 | 2.6 | 40 | 359 | 1.4 | 302 | 1.4 |
| 5 | 505 | 2.0 | 508 | 2.4 | 41 | 272 | 1.1 | 178 | 0.8 |
| 6 | 499 | 2.0 | 506 | 2.4 | 42 | 264 | 1.0 | 221 | 1.0 |
| 7 | 563 | 2.2 | 508 | 2.4 | 43 | 244 | 1.0 | 186 | 0.9 |
| 8 | 525 | 2.1 | 568 | 2.6 | 44 | 240 | 0.9 | 184 | 0.9 |
| 9 | 503 | 2.0 | 488 | 2.3 | 45 | 305 | 1.2 | 284 | 1.3 |
| 10 | 581 | 2.3 | 590 | 2.7 | 46 | 207 | 0.8 | 175 | 0.8 |
| 11 | 526 | 2.1 | 529 | 2.5 | 47 | 220 | 0.9 | 182 | 0.8 |
| 12 | 603 | 2.4 | 654 | 3.0 | 48 | 217 | 0.9 | 236 | 1.1 |
| 13 | 632 | 2.5 | 635 | 3.0 | 49 | 139 | 0.6 | 139 | 0.6 |
| 14 | 516 | 2.0 | 508 | 2.4 | 50 | 203 | 0.8 | 206 | 1.0 |
| 15 | 508 | 2.0 | 465 | 2.2 | 51 | 270 | 1.1 | 217 | 1.0 |
| 16 | 582 | 2.3 | 466 | 2.2 | 52 | 305 | 1.2 | 212 | 1.0 |
| 17 | 506 | 2.0 | 410 | 1.9 | 53 | 221 | 0.9 | 187 | 0.9 |
| 18 | 514 | 2.0 | 428 | 2.0 | 54 | 206 | 0.8 | 188 | 0.9 |
| 19 | 514 | 2.0 | 365 | 1.7 | 55 | 290 | 1.1 | 225 | 1.0 |
| 20 | 543 | 2.1 | 329 | 1.5 | 56 | 169 | 0.7 | 199 | 0.9 |
| 21 | 421 | 1.7 | 266 | 1.2 | 57 | 127 | 0.5 | 166 | 0.8 |
| 22 | 532 | 2.1 | 343 | 1.6 | 58 | 173 | 0.7 | 144 | 0.7 |
| 23 | 433 | 1.7 | 278 | 1.3 | 59 | 140 | 0.6 | 135 | 0.6 |
| 24 | 445 | 1.8 | 235 | 1.1 | 60 | 263 | 1.0 | 197 | 0.9 |
| 25 | 465 | 1.8 | 254 | 1.2 | 61 | 133 | 0.5 | 108 | 0.5 |
| 26 | 467 | 1.8 | 271 | 1.3 | 62 | 211 | 0.8 | 145 | 0.7 |
| 27 | 380 | 1.5 | 232 | 1.1 | 63 | 127 | 0.5 | 119 | 0.6 |
| 28 | 406 | 1.6 | 218 | 1.0 | 64 | 94 | 0.4 | 122 | 0.6 |
| 29 | 390 | 1.5 | 199 | 0.9 | 65 | 227 | 0.9 | 200 | 0.9 |
| 30 | 468 | 1.8 | 291 | 1.4 | 66 | 81 | 0.3 | 102 | 0.5 |
| 31 | 306 | 1.2 | 207 | 1.0 | 67 | 87 | 0.3 | 93 | 0.4 |
| 32 | 410 | 1.6 | 259 | 1.2 | 68 | 100 | 0.4 | 109 | 0.5 |
| 33 | 325 | 1.3 | 211 | 1.0 | 69 | 92 | 0.4 | 95 | 0.4 |
| 34 | 323 | 1.3 | 228 | 1.1 | 70+ | 970 | 3.8 | 1,014 | 4.7 |
| 35 | 416 | 1.6 | 289 | 1.3 | Total | 25,326 | 100.0 | 21,487 | 100.0 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview.

## Table C.2.1 Age distribution of eligible and interviewed women

De facto household population of women age 10-54, interviewed women age 15-49; and percent distribution and percentage of eligible women who were interviewed (weighted), by 5 -year age groups, Nepal DHS 2016

| Age group | Household population of women age 10-54 | Interviewed women age 15-49 |  | Percentage of eligible women interviewed |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Number | Percentage |  |
| 10-14 | 2,858 | na | na | na |
| 15-19 | 2,625 | 2,569 | 20.1 | 97.8 |
| 20-24 | 2,375 | 2,320 | 18.2 | 97.7 |
| 25-29 | 2,108 | 2,059 | 16.1 | 97.7 |
| 30-34 | 1,832 | 1,791 | 14.0 | 97.8 |
| 35-39 | 1,637 | 1,608 | 12.6 | 98.2 |
| 40-44 | 1,380 | 1,354 | 10.6 | 98.1 |
| 45-49 | 1,088 | 1,072 | 8.4 | 98.5 |
| 50-54 | 1,205 | na | na | na |
| 15-49 | 13,045 | 12,773 | 100.0 | 97.9 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview. Weights for both household population of women and interviewed women are household weights. Age is based on the Household Questionnaire.
na $=$ Not applicable

Table C.2.2 Age distribution of eligible and interviewed men
De facto household population of men age 10-54, interviewed men age 15-49, and percent of eligible men who were interviewed (weighted), by 5-year age groups, Nepal DHS 2016

|  | Household <br> population of men <br> age 10-54 | Interviewed men age 15-49 |  | Percentage of <br> Age group |
| :--- | :---: | :---: | :---: | :---: |
| $10-14$ | 1,507 | Number | Percentage | interviewed |
| $15-19$ | 9997 | na | na | na |
| $20-24$ | 667 | 971 | 23.5 | 97.4 |
| $25-29$ | 561 | 634 | 15.3 | 95.1 |
| $30-34$ | 591 | 531 | 12.8 | 94.6 |
| $35-39$ | 566 | 558 | 13.5 | 94.4 |
| $40-44$ | 494 | 549 | 13.3 | 96.9 |
| $45-49$ | 447 | 467 | 11.3 | 94.5 |
| $50-54$ | 495 | 425 | 10.3 | 92.9 |
| $15-49$ | 4,333 | na | na | na |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview. Weights for both household population of men and interviewed men are household weights. Age is based on the Household Questionnaire.
na $=$ Not applicable

| Table C. 3 Completeness of reporting |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of observations missing information for selected demographic and health questions (weighted), Nepal DHS 2016 |  |  |  |
| Subject | Reference group | Percentage with information missing | Number of cases |
|  | Births in the 15 years preceding the survey |  |  |
| Day only |  | 0.00 | 15,550 |
| Month only |  | 0.00 | 15,550 |
| Month and year |  | 0.00 | 15,550 |
| Age at Death | Deceased children born in the 15 years preceding the survey | 0.00 | 837 |
| Age/date at first union ${ }^{1}$ | Ever-married women age 15-49 | $0.02$ | $10,193$ |
|  | Ever-married men age 15-49 | $0.00$ | $2,708$ |
| Respondent's education | All women age 15-49 | $0.00$ | $12,862$ |
|  | All men age 15-49 | $0.00$ | $4,063$ |
| Diarrhea in last 2 weeks | Living children 0-59 months | 0.84 | 4,887 |
| Anthropometry of children | Living children age 0-59 months (from the Biomarker Questionnaire) |  |  |
| Height |  | 2.61 | 2,491 |
| Weight |  | $2.51$ | $2,491$ |
| Height or weight |  | 2.61 | 2,491 |
|  | Women age 15-49 (from the Biomarker Questionnaire) |  |  |
| Height |  | 2.25 | $6,565$ |
| Weight |  | $2.22$ | $6,565$ |
| Height or weight |  | 2.25 | 6,565 |
|  | Men age 15-49 (from the Biomarker Questionnaire) |  |  |
| Height |  | 4.81 | 4,329 |
| Weight |  | 4.75 | 4,329 |
| Height or weight |  | 4.81 | 4,329 |
| Anemia |  |  |  |
|  | Living children age 6-59 months (from the Biomarker |  |  |
| Children | Questionnaire) | 4.72 | 2,272 |
| Women | All women (from the Biomarker Questionnaire) | 2.70 | 6,565 |

${ }^{1}$ Both year and age missing

## Table C. 4 Births by calendar years

Number of births, percentage with complete birth date, sex ratio at birth, and calendar year ratio by calendar year, according to living, dead, and total children (weighted), Nepal DHS 2016

| Calendar year | Number of births |  |  | Percentage with complete birth date ${ }^{1}$ |  |  | Sex ratio at birth ${ }^{2}$ |  |  | Calendar year ratio ${ }^{3}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total |
| 2073 | 419 | 11 | 430 | 100.0 | 100.0 | 100.0 | 111.1 | 248.3 | 113.2 | na | na | na |
| 2072 | 988 | 27 | 1,014 | 100.0 | 100.0 | 100.0 | 113.6 | 81.7 | 112.6 | na | na | na |
| 2071 | 961 | 24 | 985 | 100.0 | 100.0 | 100.0 | 123.4 | 65.4 | 121.5 | 97.3 | 71.8 | 96.5 |
| 2070 | 987 | 41 | 1,028 | 100.0 | 100.0 | 100.0 | 97.6 | 86.6 | 97.2 | 102.5 | 118.7 | 103.1 |
| 2069 | 964 | 45 | 1,009 | 100.0 | 100.0 | 100.0 | 109.7 | 129.5 | 110.5 | 94.1 | 107.9 | 94.6 |
| 2068 | 1,064 | 42 | 1,106 | 100.0 | 100.0 | 100.0 | 108.9 | 79.2 | 107.6 | 112.8 | 81.1 | 111.1 |
| 2067 | 921 | 59 | 980 | 99.9 | 100.0 | 99.9 | 94.6 | 121.7 | 96.0 | 91.5 | 121.8 | 92.9 |
| 2066 | 951 | 55 | 1,005 | 100.0 | 100.0 | 100.0 | 103.0 | 161.6 | 105.5 | 98.1 | 96.4 | 98.0 |
| 2065 | 1,016 | 55 | 1,071 | 100.0 | 100.0 | 100.0 | 97.5 | 164.0 | 100.0 | 106.9 | 98.1 | 106.4 |
| 2064 | 951 | 57 | 1,007 | 100.0 | 100.0 | 100.0 | 111.9 | 114.2 | 112.0 | 92.6 | 97.5 | 92.8 |
| 2069-2073 | 4,319 | 148 | 4,467 | 100.0 | 100.0 | 100.0 | 110.6 | 99.4 | 110.2 | na | na | na |
| 2064-2068 | 4,903 | 267 | 5,170 | 100.0 | 100.0 | 100.0 | 103.1 | 126.0 | 104.1 | na | na | na |
| 2059-2063 | 5,045 | 382 | 5,427 | 100.0 | 100.0 | 100.0 | 103.3 | 144.5 | 105.7 | na | na | na |
| 2054-2058 | 4,439 | 445 | 4,883 | 100.0 | 100.0 | 100.0 | 105.6 | 122.9 | 107.1 | na | na | na |
| < 2054 | 4,715 | 747 | 5,463 | 100.0 | 100.0 | 100.0 | 101.1 | 123.9 | 103.9 | na | na | na |
| All | 23,421 | 1,988 | 25,410 | 100.0 | 100.0 | 100.0 | 104.6 | 125.5 | 106.1 | na | na | na |

na $=$ Not applicable
${ }^{1}$ Both year and month of birth given
${ }^{2}(\mathrm{Bm} / \mathrm{Bf}) \times 100$, where Bm and Bf are the numbers of male and female births, respectively
${ }^{3}[2 B x /(B x-1+B x+1)] \times 100$, where $B x$ is the number of births in calendar year $x$

## Table C. 5 Reporting of age at death in days

Distribution of reported deaths under 1 month of age by age at death in days and the percentage of neonatal deaths reported to occur at age 0-6 days, for 5 -year periods of birth preceding the survey (weighted), Nepal DHS 2016

|  | Number of years preceding the survey |  |  |  | Total 0- |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Age at death (days) | $0-4$ | $5-9$ | $10-14$ | $15-19$ | 19 |
| $<1$ | 57 | 82 | 102 | 105 | 346 |
| 1 | 4 | 12 | 9 | 12 | 36 |
| 2 | 5 | 9 | 9 | 7 | 30 |
| 3 | 6 | 17 | 13 | 11 | 47 |
| 4 | 5 | 2 | 8 | 12 | 27 |
| 5 | 3 | 6 | 7 | 9 | 25 |
| 6 | 0 | 7 | 2 | 9 | 19 |
| 7 | 1 | 4 | 8 | 12 | 25 |
| 8 | 1 | 5 | 8 | 6 | 21 |
| 9 | 0 | 0 | 0 | 5 | 6 |
| 10 | 3 | 4 | 5 | 4 | 15 |
| 11 | 0 | 2 | 2 | 2 | 6 |
| 12 | 1 | 1 | 1 | 3 | 6 |
| 13 | 0 | 1 | 1 | 3 | 6 |
| 14 | 2 | 1 | 2 | 0 | 4 |
| 15 | 0 | 2 | 5 | 6 | 13 |
| 16 | 1 | 1 | 1 | 0 | 4 |
| 17 | 2 | 2 | 0 | 1 | 5 |
| 18 | 0 | 2 | 3 | 2 | 7 |
| 19 | 1 | 0 | 3 | 0 | 4 |
| 20 | 0 | 2 | 0 | 1 | 3 |
| 21 | 2 | 0 | 0 | 4 | 6 |
| 22 | 1 | 2 | 5 | 5 | 12 |
| 23 | 0 | 2 | 0 | 0 | 2 |
| 24 | 1 | 0 | 3 | 1 | 5 |
| 25 | 3 | 0 | 6 | 2 | 11 |
| 26 | 1 | 0 | 0 | 0 | 2 |
| 27 | 0 | 2 | 0 | 0 | 2 |
| 28 | 0 | 0 | 3 | 3 | 7 |
| 29 | 0 | 0 | 0 | 1 | 2 |
| Total 0-30 | 101 | 169 | 207 | 228 | 704 |
| Percentage early neonatal ${ }^{1}$ | 79.4 | 79.7 | 72.9 | 73.0 | 75.5 |

$0-6$ days / 0-30 days

## Table C. 6 Reporting of age at death in months

Distribution of reported deaths under age 2 by age at death in months and the percentage of infant deaths reported to occur at age under 1 month, for 5 -year periods of birth preceding the survey, Nepal DHS 2016

| Age at death (months) | Number of years preceding the survey |  |  |  | $\begin{gathered} \text { Total 0- } \\ 19 \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-4 | 5-9 | 10-14 | 15-19 |  |
| $<1^{\text {a }}$ | 101 | 169 | 207 | 228 | 704 |
| 1 | 13 | 25 | 26 | 32 | 96 |
| 2 | 11 | 7 | 15 | 21 | 54 |
| 3 | 9 | 9 | 8 | 10 | 36 |
| 4 | 5 | 4 | 10 | 4 | 24 |
| 5 | 4 | 3 | 6 | 2 | 15 |
| 6 | 0 | 4 | 6 | 13 | 23 |
| 7 | 6 | 4 | 3 | 6 | 19 |
| 8 | 4 | 3 | 6 | 6 | 19 |
| 9 | 2 | 0 | 4 | 7 | 13 |
| 10 | 2 | 2 | 7 | 2 | 13 |
| 11 | 2 | 3 | 3 | 1 | 8 |
| 12 | 0 | 1 | 9 | 6 | 15 |
| 13 | 1 | 4 | 3 | 1 | 9 |
| 14 | 0 | 0 | 2 | 7 | 9 |
| 15 | 1 | 1 | 1 | 4 | 6 |
| 16 | 1 | 1 | 3 | 2 | 7 |
| 17 | 1 | 2 | 2 | 1 | 5 |
| 18 | 0 | 2 | 1 | 3 | 5 |
| 19 | 0 | 2 | 0 | 1 | 3 |
| 20 | 1 | 1 | 2 | 0 | 4 |
| 21 | 0 | 0 | 1 | 1 | 2 |
| 22 | 1 | 0 | 0 | 2 | 3 |
| 23 | 0 | 0 | 1 | 1 | 2 |
| Total 0-11 | 157 | 233 | 302 | 332 | 1,025 |
| Percentage neonatal ${ }^{1}$ | 64.1 | 72.5 | 68.5 | 68.5 | 68.7 |

${ }^{\text {a }}$ Includes deaths under 1 month reported in days
${ }^{1}$ Under 1 month / under 1 year

Table C. 7 Sibship size and sex ratio of siblings
Mean sibship size and sex ratio of siblings at birth, Nepal DHS 2016

| Age of respondents | Mean sibship <br> size $^{1}$ | Sex ratio of <br> siblings at <br> birth $^{2}$ |
| :--- | :---: | :---: |
| $15-19$ | 4.8 | 102.4 |
| $20-24$ | 5.2 | 103.6 |
| $25-29$ | 5.5 | 105.8 |
| $30-34$ | 5.8 | 103.9 |
| $35-39$ | 6.0 | 109.7 |
| $40-44$ | 6.1 | 110.0 |
| $45-49$ | 6.3 | 105.6 |
| Total | 5.5 | 105.5 |

[^24]Table C. 8 Pregnancy-related mortality trends
Direct estimates of pregnancy-related mortality rates for the 7 years preceding each survey, by 5 -year age groups, Nepal

|  | Pregnancy-related mortality rates ${ }^{1,2}$ |  |  |
| :--- | ---: | ---: | ---: |
| Age | $2009-2016$ | $1999-2006$ | $1989-1996$ |
| $15-19$ | 0.14 | 0.81 | 0.92 |
| $20-24$ | 0.24 | 0.49 | 1.03 |
| $25-29$ | 0.52 | 0.40 | 1.23 |
| $30-34$ | 0.13 | 0.79 | 0.76 |
| $35-39$ | 0.22 | 0.39 | 1.09 |
| $40-44$ | 0.07 | 0.47 | 0.13 |
| $45-49$ | 0.12 | 0.00 | 0.49 |
| Total 15-49 | $0.22^{\mathrm{a}}$ | $0.33^{\mathrm{a}}$ | $0.88^{\mathrm{a}}$ |
| Total fertility rate (TFR) | 2.5 | 3.5 | 4.9 |
| General fertility rate (GFR) |  |  |  |
| Pregnancy-related mortality ratio | 85 | 119 | 162 |
| (PRMR) $^{4}$ | 259 | 281 | 543 |
| Lifetime risk of pregnancy-related death |  |  |  |

CI: Confidence interval
${ }^{1}$ Pregnancy-related mortality is defined as the death of a woman while pregnant or within 2 months of termination of pregnancy, from any cause including accidents or violence
${ }^{2}$ Expressed per 1,000 woman-years of exposure
${ }^{3}$ Age-adjusted rate expressed per 1,000 women age 15-49
${ }^{4}$ Expressed per 100,000 live births; calculated as the age-adjusted pregnancy-related mortality rate times 100 divided by the age-adjusted general fertility rate
${ }^{5}$ Calculated as $1-(1-P R M R){ }^{\text {TFR }}$ where TFR represents the total fertility rate for the 7 years preceding the survey ${ }^{\text {a }}$ Age-adjusted rate

# MORTALITY CLASSIFICATION AND WHO <br> INTERNATIONAL CLASSIFICATION OF DISEASE (ICD) CODES 

Appendix

## D

| Neonatal mortality |  | Stillbirths |  |
| :---: | :---: | :---: | :---: |
| Mortality classification groups | $\begin{aligned} & \text { ICD-10 } \\ & \text { codes } \end{aligned}$ | Mortality classification groups | $\begin{aligned} & \text { ICD-10 } \\ & \text { codes } \end{aligned}$ |
| Complications of pregnancy, labor and delivery |  |  |  |
| Maternal eclampsia | P000 | Maternal eclampsia | P000 |
| Fetus and newborn affected by maternal injury | P005 | Maternal infectious and parasitic diseases | P002 |
| Prolonged premature rupture of membrane | P011 | Fetus and newborn affected by maternal injury | P005 |
| Twin pregnancy | P015 | Prolonged premature rupture of membrane | P011 |
| Fetus and newborn affected by oligohydramnios | P012 | Fetus and newborn affected by oligohydramnios | P012 |
| Abruption Placenta | P021 | Twin pregnancy | P015 |
| Cord round the neck | P025 | Fetus affected by mal presentation before labor | P017 |
| Placenta Previa | P020 | Abruption Placenta | P021 |
| Transverse lie | P030 | Cord round the neck | P025 |
| precipitate delivery | P035 | Transverse lie | P030 |
| Prolonged labor | P038 | Fetus mal presentation during labor and delivery | P031 |
|  |  | Prolonged labor | P038 |
|  |  | Unspecified complication of labor and delivery | P039 |
| Disorders related to length of gestation and fetal growth |  |  |  |
| Low birth weight | P070 |  |  |
| Prematurity | P073 | Prematurity | P073 |
| Respiratory and cardiovascular disorder |  |  |  |
| Perinatal Asphyxia | P219 |  |  |
| Respiratory distress syndrome | P220 |  |  |
| Congenital pneumonia | P239 |  |  |
| Meconium Aspiration Syndrome | P240 |  |  |
| Neonatal aspiration of milk and regurgitated food | P243 |  |  |
| Infection |  |  |  |
| Neonatal Sepsis | P369 |  |  |
| Pneumonia | J189 |  |  |
| Hypothermia |  |  |  |
| Hypothermia | P809 |  |  |
| Congenital malformations and deformations |  |  |  |
| Occipital encephalocele | Q012 | Malformation of face and neck | Q189 |
| Spina bifida, unspecified | Q059 |  |  |
| Other congenital malformations of cardiac chambers and connections | Q208 |  |  |
| Congenital malformation of heart, unspecified | Q249 |  |  |
| Congenital tracheoesophageal fistula without atresia | Q392 |  |  |
| Unspecified congenital malformation of limb(s) | Q749 |  |  |
| Macrocephaly | Q753 |  |  |
| Sudden Neonatal Death |  |  |  |
| Sudden Neonatal Death | R95 | Fetal death of unspecified cause | P95 |
| Other |  |  |  |
| Accidental suffocation and strangulation in bed | W75 |  |  |
| Other gastroenteritis and colitis of infectious and unspecified origin | A09 |  |  |
| Umbilical hemorrhage of newborn, unspecified | P519 |  |  |
| Neonatal jaundice | P592 |  |  |
| Non-infective neonatal diarrhea | P783 |  |  |

## PERSONS INVOLVED IN THE 2016 NEPAL DEMOGRAPHIC AND HEALTH SURVEY

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Deputy Project Director
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Senior Pediatrician
Dr. Ramesh Kanta Adhikari

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Dr. Krishna Paudel
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Ms. Jyoti Manandhar, Research Officer
Dr. Surakchya Thapa, Research Officer
Ms. Sajani Manandhar, Research Officer
Dr. Sanjay Paudel, Medical Officer
Mr. Sachin Shrestha, Assistant Research Officer

## Data Processing Staff

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Ms. Sharmila Prasai Shrestha, Senior Data Processing Officer
Mr. Gehendra Pradhan, IT/Data Processing Supervisor
Mr. Sajit Shrestha, IT/Data Processing Supervisor
Administrative Staff
Ms. Niru Shrestha
Mr. Sujan Bhakta Shrestha
Mr. Kishor Shrestha
Mr. Rajendra Kumar Shrestha

## Word Processing Staff

Mr. Sanu Raja Shakya
Ms. Geeta Shrestha (Amatya)

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Sudarshan Adhikari
Suman Adhikari
Suman Khatri
Suman Shrestha
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Suresh Mudbhari
Sushil Dhungel
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| :--- | :--- | :--- |
| Akriti Shrestha | Lalita Duwal | Renuka Dhakal |
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| Amir Ahamad Musalman | Laxmi Thapa | Roji Thakur |
| Amrita Roka | Manoj Maharjan | Rukmini Kumari Pandit |
| Anjila Thapa | Monika Bhandari | Rupa Sharma |
| Anju Kumari Karn | Munna Lama Shrestha | Sabina Silpakar |
| Babita Dahal | Munni Gurung | Sabita Rai |
| Babita Mahato | Nabina Rai | Samjhana Kandangwa |
| Bindu Dhungana | Narayan Pathak | Sangina Manandhar |
| Biraj Chaudhary | Narayan Prasad Wagle | Sanjana Shrestha |
| Damayanti Adhikari | Nirmala Poudel | Sapana Gautam |
| Dayaram Dahal | Paras Kunwar | Sarbajna Rayamajhi |
| Deepa Maharjan | Parbata Limbu | Sarita Bharati |
| Deepa Siwakoti | Prapaundarik Sharma | Shanti Ringalu (Kulung) |
| Ganga Subedi | Pratima Kharel | Shirjan Kumar Yadav |
| Hima Kumari Chaudhari | Prem Prasad Upadhyay | Shiv Kumar Mahato |
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| Ishwori Rijal | Rabischandra Bhatta | Suman Adhikari |
| Jamuna Kumal | Rala Bdr. Jagri | Sunita Acharya |
| Kabita Dahal | Ram Chandra Chaudhary | Susma Regmi |
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NEPAL
MINISTRY OF HEALTH



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Hello. My name is $\qquad$ I am working with Ministry of Health. We are conducting a survey about health and other topics all over Nepal. The information we collect will help the government to plan health services. Your household was selected for the survey. I would like to ask you some questions about your household. The questions usually take about 20 to 30 minutes. All of the answers you give will be confidential and will not be shared with anyone other than members of our survey team. No part of this interview is being recorded in tape or video. You don't have to be in the survey, but we hope you will agree to answer the questions since your views are important. If I ask you any question you don't want to answer, just let me know and I will go on to the next question or you can stop the interview at any time.

Do you have any questions?
May I begin the interview now?

SIGNATURE OF INTERVIEWER
DATE $\qquad$
RESPONDENT AGREES
TO BE INTERVIEWED . . 1

## RESPONDENT DOES NOT AGREE TO BE INTERVIEWED . . $2 \longrightarrow$ END



HOUSEHOLD SCHEDULE



CODES FOR Q. 3: RELATIONSHIP TO HEAD OF HOUSEHOLD $01=$ HEAD $\quad 08=$ BROTHER OR SISTER
02 = WIFE OR HUSBAND 03 = SON OR DAUGHTER $04=$ SON-IN-LAW OR DAUGHTER-IN-LAW 05 = GRANDCHILD $06=$ PARENT $07=$ PARENT-IN-LAW
$09=$ BRO
SISTER-IN- SISTER-IN-LAW
$10=$ NIECE/NEPHEW
11 = CO-WIFE
12 =OTHER RELATIVE
13 = ADOPTED/STEP CHILD
14 = NOT RELATED
98 = DON'T KNOW

HOUSEHOLD SCHEDULE


CODES FOR Q. 3: RELATIONSHIP TO HEAD OF HOUSEHOLD

01 = HEAD
02 = WIFE OR HUSBAND
03 = SON OR DAUGHTER
04 = SON-IN-LAW OR
DAUGHTER-IN-LAW
05 = GRANDCHILD
$06=$ PARENT
07 = PARENT-IN-LAW

08 = BROTHER OR SISTER
09 = BROTHER-IN-LAW OR
SISTER-IN- SISTER-IN-LAW
$10=$ NIECE/NEPHEW
11 = CO-WIFE
12 =OTHER RELATIVE
13 = ADOPTED/STEP CHILD
14 = NOT RELATED
98 = DON'T KNOW

|  | IF AGE 0-17 YEARS |  |  |  |  | AGE 5 YEARS OR | LDER | IF AGE | 5-24 YEARS | $\begin{aligned} & \text { IF AGE 0-4 } \\ & \text { YEARS } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { LINE } \\ \text { NO. } \end{gathered}$ | SURVIVORSHIP AND RESIDENCE OF BIOLOGICAL PARENTS |  |  |  | EVER ATTENDED SCHOOL |  |  | CURRENT/RECENT SCHOOL ATTENDANCE |  | BIRTH REGISTRATION |
|  | 12 | 13 | 14 | 15 | 16 | 16A | 17B | 18 | 19B | 20 |
|  | Is (NAME)'s natural mother alive? | Does (NAME)'s natural mother usually live in this household or was she a guest last night? <br> IF YES: What is her name? <br> RECORD MOTHER'S LINE NUMBER. <br> IF NO, RECORD '00'. | Is <br> (NAME)'s natural father alive? | Does (NAME)'s natural father usually live in this household or was he a guest last night? <br> IF YES: What is his name? | Has <br> (NAME) <br> ever <br> attended <br> school? | Has (NAME) ever participated in a literacy program or any other program that involves learning to read and write (not including primary school)? | What is the highest grade (NAME) has completed? | Did <br> (NAME) <br> attend <br> school at any time during the [20722073] <br> school year? | During [this/that] school year, what grade [is/was] (NAME) attending? | Does (NAME) have a birth certificate? <br> IF NO, PROBE: Has (NAME)'s birth ever been registered with the VDC/municipali ty? <br> 1 = HAS CERTIFICATE <br> 2 = REGISTERED <br> 3 = NEITHER <br> $8=$ DON'T KNOW |
| 01 | $\begin{array}{cc} \text { Y } & \text { N DK } \\ 1 & 2 \\ & \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $\downarrow$ | $\begin{array}{cc} Y & N \\ 1 & 2 \\ & \nabla^{8} \\ \text { GO TO } & 16 \end{array}$ |  | $\begin{array}{cc} Y & N \\ 1 & 2 \\ \downarrow & \\ \text { GO TO } & \text { 17B } \end{array}$ |  | GRADE | $\left\lvert\, \begin{array}{ll} \mathrm{Y} & \mathrm{~N} \\ 1 & 2 \\ & \downarrow \\ \text { NEXT } & \downarrow \text { INE } \end{array}\right.$ | GRADE | $\square$ |
| 02 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ \\ 14 \end{array}$ | $\perp$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ \text { TO } \end{array}$ | $1$ | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE |  | $\begin{array}{\|lr} 1 & 2 \\ & \downarrow \\ & \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 03 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ \\ 14 \end{array}$ | $ـ$ | $\begin{array}{cc} 1 & 2 \\ & \nabla^{8} \\ \text { GO TO } 16 \end{array}$ | $\qquad$ | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE |  | $\begin{array}{lc} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 04 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \nabla^{8} \end{array}$ | $\square$ | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 16 \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE |   | $\begin{array}{lc} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 05 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ \text { TO } \end{array}$ | $\qquad$ | $\begin{array}{cc} 1 & 2 \\ \\ \text { GO TO } \\ \\ \hline \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE |   | $\begin{array}{ll} 1 & 2 \\ \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 06 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \nabla^{8} \end{array}$ | $\qquad$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & { }^{2} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE |   | $\begin{array}{lc} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 07 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $+$ | $\begin{array}{cc} \begin{array}{ll} 2 & 2 \\ \text { GO TO } & { }^{2} \end{array}{ }^{8} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE |   | $\begin{array}{ll} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 08 | $\begin{array}{cc} 1 & 2 \square^{8} \\ \text { GO TO } 14 \end{array}$ |  | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ \text { 16 } \end{array}$ |  |  | NEXT LINE |   | $\begin{array}{ll} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 09 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ |  | $\begin{array}{cc} \begin{array}{ll} 2 & 2 \\ \text { GO TO } & { }^{2} \end{array}{ }^{8} \end{array}$ | $\begin{array}{ll} \hline \\ \hline \end{array}$ |  | NEXT LINE |  | $\begin{array}{lc} 1 & 2 \\ \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |
| 10 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & \downarrow \end{array}$ | $\square$ | $\begin{array}{cc} \begin{array}{ll} 2 & 2 \\ \text { GO TO } & { }^{2} 6 \end{array} \end{array}$ |  |  |  |  | $\begin{array}{lc} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  | $\square$ |

CODES FOR Qs. 17B AND 19B: EDUCATION

## GRADE

$00=$ LESS THAN 1 YEAR COMPLETED
01-10=GRADE 1 - GRADE 10
11= GRADE 11 AND ABOVE
94=SCHOOL BASED PRE-PRIMARY CENTERS
$95=$ INFORMAL PRESCHOOL
$98=$ DON'T KNOW

|  | IF AGE 0-17 YEARS |  |  |  | IF AGE 5 YEARS OR OLDER |  |  | IF AGE 5-24 YEARS |  | $\begin{aligned} & \text { IF AGE 0-4 } \\ & \text { YEARS } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { LINE } \\ & \text { NO. } \end{aligned}$ | SURVIVORSHIP AND RESIDENCE OF BIOLOGICAL PARENTS |  |  |  | EVER ATTENDED SCHOOL |  |  | CURRENT/RECENT SCHOOL ATTENDANCE |  | BIRTH REGISTRATION |
|  | 12 | 13 | 14 | 15 | 16 | 16A | 17B | 18 | 19B | 20 |
|  | Is <br> (NAME)'s <br> natural <br> mother <br> alive? | Does (NAME)'s natural mother usually live in this household or was she a guest last night? <br> IF YES: What is her name? | Is <br> (NAME)'s <br> natural <br> father <br> alive? | Does (NAME)'s natural father usually live in this household or was he a guest last night? <br> IF YES: What is his name? | Has (NAME) ever attended school? | Has (NAME) ever participated in a literacy program or any other program that involves learning to read and write (not including primary school)? | What is the highest grade (NAME) has completed? | Did (NAME) attend school at any time during the [20722073] school year? | During [this/that] school year, what grade [is/was] (NAME) attending? | Does (NAME) have a birth certificate? <br> IF NO, PROBE: Has (NAME)'s birth ever been registered with the VDC/municipali ty? <br> $1=$ HAS CERTIFICATE <br> 2 = REGISTERED <br> 3 = NEITHER <br> $8=$ DON'T KNOW |
| 11 | $\begin{array}{ccc} \text { Y } & \text { N DK } \\ 1 & 2 & \nabla^{8} \\ \text { GO TO } & 14 \end{array}$ | $\pm$ | $\begin{array}{ccc} \mathrm{Y} & \mathrm{~N} & \mathrm{DK} \\ 1 & 2 & \nabla^{8} \\ \text { GO TO } & 16 \end{array}$ |  | $\begin{array}{lc} Y & N \\ 1 & 2 \\ \downarrow & \\ \text { GO TO } & \text { 17B } \end{array}$ |  | GRADE | $\left\lvert\, \begin{array}{ll} Y & N \\ 1 & 2 \\ & \downarrow \\ \text { NEXT } & \text { LINE } \end{array}\right.$ | GRADE | $\square$ |
| 12 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $\square$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ \text { 16 } \end{array}$ | $\perp$ | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO } & 17 B \end{array}$ | NEXT LINE |  | $\begin{array}{ll} 1 & 2 \\ & \downarrow \\ \text { NEXT } & \text { LINE } \end{array}$ |  |  |
| 13 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $\square$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & \square^{8} \end{array}$ | $1$ | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO } & \text { 17B } \end{array}$ | NEXT LINE |  | $\begin{array}{ll} 1 & 2 \\ & \downarrow \\ \text { NEXT LINE } \end{array}$ |  |  |
| 14 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $\perp$ | $\begin{array}{cc} \begin{array}{ll} 2 & 2 \\ \text { GO TO } & { }^{2} \end{array}{ }^{8} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO } & \text { 17B } \end{array}$ | NEXT LINE | $\square$ | $\begin{array}{ll} 1 & 2 \\ \text { NEXT } & \downarrow \\ \text { LINE } \end{array}$ |  |  |
| 15 | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & \downarrow \end{array}$ | $\perp$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & \square^{8} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE | $\square$ | $\left.\begin{array}{ll} 1 & 2 \\ \text { NEXT } & \downarrow \\ \text { LINE } \end{array} \right\rvert\,$ |  |  |
| 16 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $\perp$ | $\begin{array}{cc} \begin{array}{ll} 2 & 2 \\ \text { GO TO } & { }^{2} \end{array}{ }^{8} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE | $\square$ | $\begin{array}{ll} 1 & 2 \\ & \downarrow \\ \text { NEXT } & \downarrow \text { INE } \end{array}$ |  |  |
| 17 | $\left\lvert\, \begin{array}{cc} 1 & 2 \\ \text { GO TO } & \nabla^{8} \end{array}\right.$ | $1$ | $\begin{array}{cc} \begin{array}{ll} 2 & 2 \\ \text { GO TO } & { }^{2} \end{array}{ }^{8} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO 17B } \end{array}$ | NEXT LINE | $\square$ | $\begin{array}{ll} 1 & 2 \\ \text { NEXT } & \downarrow \\ \text { LINE } \end{array}$ |  | $\square$ |
| 18 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $1$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & { }^{2} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO } & \text { 17B } \end{array}$ | NEXT LINE |  | $\begin{array}{ll} 1 & 2 \\ & \downarrow \\ \text { NEXT } & \downarrow \text { INE } \end{array}$ |  | $\square$ |
| 19 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ | $1$ | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } & { }^{2} \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ \downarrow & \\ \text { GO TO } & \text { 17B } \end{array}$ | NEXT LINE |  | $\left.\begin{array}{ll} 1 & 2 \\ \text { NEXT } & \downarrow \\ \text { LINE } \end{array} \right\rvert\,$ |  | $\square$ |
| 20 | $\begin{array}{cc} 1 & 2 \nabla^{8} \\ \text { GO TO } 14 \end{array}$ |  | $\begin{array}{cc} 1 & 2 \\ \text { GO TO } \\ 16 \end{array}$ | $1$ |  | NEXT LINE |  |  |  | $\square$ |

00 = LESS THAN 1 YEAR COMPLETED
01-10=GRADE 1 - GRADE 10
11= GRADE 11 AND ABOVE
94=SCHOOL BASED PRE-PRIMARY CENTERS
$95=$ INFORMAL PRESCHOOL
$98=$ DON'T KNOW

MIGRATION

| 21 | Now I would like to ask you about members of this household who lived here in the past 10 years but have since moved away since Baisakh 2063. <br> Are there any mmembers of your household who lived here in the past 10 years but who have since moved away? |  |  |  |  | PLACE TRAVELLED TO |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { LINE } \\ & \text { NO. } \end{aligned}$ | MIGRANTS | SEX | UONTH AND YEAR MOVE AWAY | AGE | REASON FOR MOVING |  |  |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |  |
|  | Please give me the names of the persons who are living outside of this household? <br> AFTER LISTING THE NAMES AND RECORDING THE SEX FOR EACH PERSON, ASK QUESTIONS 25-28 FOR EACH PERSON | Is <br> (NAME) <br> male <br> or <br> female? | In what month and year did (NAME) move away? | How old was (NAME) when s/he moved away? <br> IF 95 <br> OR MORE, RECORD '95'. <br> IF AGE LESS THAN , 1 YEAR RECORD '00' | What was the main reason that (NAME) moved away? | Where has (NAME) travel <br> IF INDIA AND NEPAL, AS NAME OF THE CITY AND OTHER THAN INDIA OR FOR THE NAME OF THE RECORD THE CODES A |  |
| 01 |  | $\begin{array}{ll} M & F \\ 1 & 2 \end{array}$ | MONTH <br> YEAR $\square$ |  |  | NEPAL $\qquad$ <br> INDIA .............. 2 <br> OTHER COUNTRY.. 3 <br> DON'T KNOW $\qquad$ | $998$ |
| 02 |  | $\begin{array}{ll} \hline M & F \\ 1 & 2 \end{array}$ | MONTH <br> YEAR $\square$ | IN YEARS |  | NEPAL ........... 1 <br> INDIA .............. 2 <br> OTHER COUNTRY.. 3 <br> DON'T KNOW | 998 |
| 03 |  | $\begin{array}{ll} M & F \\ 1 & 2 \end{array}$ | MONTH <br> YEAR | N YEARS |  | NEPAL ........... 1 <br> INDIA .............. 2 <br> OTHER COUNTRY.. 3 <br> DON'T KNOW | - |
| 04 | $\qquad$ | $\begin{array}{ll} \hline M & F \\ 1 & 2 \end{array}$ | MONTH <br> YEAR | IN YEARS |  | NEPAL ............ 1 <br> INDIA .............. 2 <br> OTHER COUNTRY.. 3 <br> DON'T KNOW | - |
| 05 | - | $\begin{array}{ll} \hline M & F \\ 1 & 2 \end{array}$ | MONTH $\square$ <br> YEAR | IN YEARS |  | NEPAL ............ 1 <br> INDIA .............. 2 <br> OTHER COUNTRY.. 3 <br> DON'T KNOW | - 998 |
| 29 | TOTAL NUMBER OF MIGR | NTS |  |  |  |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101 | What is the main source of drinking water for members of your household? |  |  |
| 102 | What is the main source of water used by your household for other purposes such as cooking and handwashing? |  | $\longrightarrow 106$ |
| 103 | Where is that water source located? |  | $\rightarrow 105$ |
| 104 | How long does it take to go there, get water, and come back? | MINUTES <br> DON'T KNOW <br> .998 |  |
| 105 | CHECK 101 AND 102: CODE '14' OR '21' <br> YES | NO | $\rightarrow 107$ |

HOUSEHOLD CHARACTERISTICS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 106 | In the past two weeks, was the water from this source not available for at least one full day? |  |  |
| 107 | Do you do anything to the water to make it safer to drink? |  | $\rightarrow 109$ |
| 108 | What do you usually do to make the water safer to drink? <br> Anything else? <br> RECORD ALL MENTIONED. |  |  |
| 109 | What kind of toilet facility do members of your household usually use? <br> IF NOT POSSIBLE TO DETERMINE, ASK PERMISSION TO OBSERVE THE FACILITY. |  | $\rightarrow 113$ |
| 110 | Do you share this toilet facility with other households? |  | $\rightarrow 112$ |
| 111 | Including your own household, how many households use this toilet facility? |  |  |
| 112 | Where is this toilet facility located? |  |  |

HOUSEHOLD CHARACTERISTICS


HOUSEHOLD CHARACTERISTICS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 121 | Does your household have: <br> a) Electricity? <br> b) A radio? <br> c) A television? <br> d) A non-mobile telephone? <br> e) A computer? <br> f) A refrigerator? <br> g) A table? <br> h) A chair? <br> i) A bed? <br> j) A sofa? <br> k) A cupboard? <br> I) A clock? <br> m) A fan? <br> n) A invertor? <br> o) A dhiki/janto? |  | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |
| 122 | Does any member of this household own: <br> a) A watch? <br> b) A mobile phone? <br> c) A bicycle/rickshaw? <br> d) A motorcycle or motor scooter? <br> e) An animal-drawn cart? <br> f) A car/truck/tractor? <br> g) A three wheel tempo? |  | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |
| 123 | Does any member of this household have a bank account/cooperative or other savings account? | YES <br> NO |  |  |
| 124 | How often does anyone smoke inside your house? Would you say daily, weekly, monthly, less often than once a month, or never? | DAILY <br> WEEKLY <br> MONTHLY <br> LESS OFTEN THAN ONCE A MONTH NEVER | 1 2 3 4 5 |  |
| 127 | Does your household have any mosquito nets? | YES <br> NO |  | $\rightarrow$ 128A |
| 128 | How many mosquito nets does your household have? <br> IF 7 OR MORE NETS, RECORD '7'. | NUMBER OF NETS |  |  |
| 128A | How can you protect yourself from mosquito bites? | USING NETS <br> USING REPELLENT CREAM <br> USING COILS <br> USING GOODNIGHT MAT/LIQUID <br> TAKE INJECTION <br> ELECTRIC BAT TO KILL MOSQUITOES <br> SPRAY INSECTICIDES <br> USE FAN <br> PROPER SANITATION <br> OTHER | $\begin{gathered} \text { A } \\ \text { B } \\ \mathrm{C} \\ \mathrm{D} \\ \mathrm{E} \\ \mathrm{~F} \\ \mathrm{G} \\ \mathrm{H} \\ \mathrm{I} \\ \mathrm{X} \\ - \\ \hline \end{gathered}$ |  |
| 128B | Have you heard about Lymphatic Filariasis (Hattipaile)? | YES <br> NO |  | $\longrightarrow 128 \mathrm{D}$ |
| 128C | How does Lymphatic Filariasis (Hattipaile) transmit? | THROUGH MOSQUITO BITE FROM CONTAMINATED FOOD CURSE FROM GOD <br> OTHER | $\begin{gathered} \mathrm{A} \\ \mathrm{~B} \\ \mathrm{C} \\ \mathrm{X} \\ \mathrm{X} \end{gathered}$ |  |
| 128D | How long does it take to reach the nearest government health facility from your house? | MINUTES $\square$ DON'T KNOW | $\begin{aligned} & \text { } \\ & \hdashline-198 \end{aligned}$ |  |

ADDITIONAL HOUSEHOLD CHARACTERISTICS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 139 | We would like to learn about the places that households use to wash their hands. Can you please show me where members of your household most often wash their hands? |  | $\longrightarrow 142$ |
| 140 | OBSERVE PRESENCE OF WATER AT THE PLACE FOR HANDWASHING. <br> RECORD OBSERVATION. |  |  |
| 141 | OBSERVE PRESENCE OF SOAP, DETERGENT, OR OTHER CLEANSING AGENT AT THE PLACE FOR HANDWASHING. <br> RECORD OBSERVATION. |  |  |
| 142 | OBSERVE MAIN MATERIAL OF THE FLOOR OF THE DWELLING. <br> RECORD OBSERVATION. |  |  |
| 143 | OBSERVE MAIN MATERIAL OF THE ROOF OF THE DWELLING. <br> RECORD OBSERVATION. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 144 | OBSERVE MAIN MATERIAL OF THE EXTERIOR WALLS OF THE DWELLING. <br> RECORD OBSERVATION. |  |  |
| 145 | I would like to check whether the salt used in your household is iodized. May I have a sample of the salt used to cook meals in your household? <br> TEST SALT FOR IODINE. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 145AA | Now I would like to ask you about food insecurity that your household might have faced during the past 12 months. |  |  |  |
| 145A | In the past 12 months, how frequently did you worry that your household would not have enough food? | NEVER <br> RARELY SOMETIMES <br> OFTEN | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \end{aligned}$ |  |
| 145B | In the past 12 months, how often were you or any household member not able to eat the kinds of foods you preferred because of a lack of resources? | NEVER <br> RARELY <br> SOMETIMES <br> OFTEN | 1 2 3 4 |  |
| 145C | In the past 12 months, how often did you or any household member have to eat a limited variety of foods due to a lack of resources? | NEVER <br> RARELY SOMETIMES OFTEN | 1 2 3 4 |  |
| 145D | In the past 12 months, how often did you or any household member have to eat some foods that you really did not want to eat because of a lack of resources to obtain other types of food? | NEVER <br> RARELY <br> SOMETIMES <br> OFTEN | 1 2 3 4 |  |
| 145E | In the past 12 months, how often did you or any household member have to eat a smaller meal than you felt you needed you felt you needed because there was not enough food? | NEVER <br> RARELY SOMETIMES OFTEN | 1 2 3 4 |  |
| 145F | In the past 12 months, how often did you or any household member eat fewer meals in a day because of lack of resources to get food? | NEVER <br> RARELY <br> SOMETIMES <br> OFTEN | 1 2 3 4 |  |
| 145G | In the past 12 months, how often was there with no food to eat of any kind in your household because of lack of resources to get food? | NEVER <br> RARELY <br> SOMETIMES <br> OFTEN | 1 2 3 4 |  |
| 145H | In the past 12 months, how often did you or any household member go to sleep at night hungry because there was not enough food? | NEVER <br> RARELY <br> SOMETIMES <br> OFTEN | 1 2 3 4 |  |
| 145I | In the past 12 months, how often did you or any household member go a whole day and night without eating anything because there was not enough food? | NEVER <br> RARELY SOMETIMES <br> OFTEN | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \end{aligned}$ |  |
| 146 | RECORD THE TIME. | HOURS <br> MINUTES |  |  |

INTERVIEWER'S OBSERVATIONS
TO BE FILLED IN AFTER COMPLETING INTERVIEW
COMMENTS ABOUT INTERVIEW

COMMENTS ON SPECIFIC QUESTIONS:

ANY OTHER COMMENTS:

SUPERVISOR'S OBSERVATIONS

NEPAL
MINISTRY OF HEALTH


Hello. My name is . I am working with Ministry of Health. We are conducting a survey about health and other topics all over Nepal. The information we collect will help the government to plan health services. Your household was selected for the survey. The questions usually take about 60 minutes. All of the answers you give will be confidential and will not be shared with anyone other than members of our survey team. No part of this interview is being recorded in tape or video. You don't have to be in the survey, but we hope you will agree to answer the questions since your views are important. If I ask you any question you don't want to answer, just let me know and I will go on to the next question or you can stop the interview at any time.

Do you have any questions?
May I begin the interview now?

SIGNATURE OF INTERVIEWER $\qquad$ DATE


SECTION 1. RESPONDENT'S BACKGROUND

| NO. | QUESTIONS AND FILTERS | CODING CATE |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME. | HOURS <br> MINUTES |  |  |
| 102 | How long have you been living continuously in (NAME OF CURRENT CITY, TOWN OR VILLAGE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD ‘00’ YEARS. | YEARS <br> ALWAYS <br> VISITOR |   <br>   <br> $\ldots .$. 95 <br> $\ldots . .$. 96 | $\xrightarrow{\square} 105$ |
| 103 | Just before you moved here, did you live in a city or in a rural area? | URBAN RURAL | $\begin{array}{ll}  & \ldots \end{array} \quad 1$ |  |
| 104 | Before you moved here, which district did you live in? | DISTRICT NAME $\qquad$ <br> OUTSIDE OF NEPAL |   <br>   |  |
| 105 | In what month and year were you born? | MONTH <br> DON'T KNOW MONTH <br> YEAR <br> DON'T KNOW YEAR | 98 $.9998$ |  |
| 106 | How old were you at your last birthday? <br> COMPARE AND CORRECT 105 AND/OR 106 IF INCONSISTENT. | AGE IN COMPLETED YEARS |  |  |
| 107 | Have you ever attended school? | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\longrightarrow 111$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 109 | What is the highest grade you have completed? <br> IF COMPLETED LESS THAN ONE GRADE, RECORD '00'. | GRADE |  |  |
| 110 | CHECK 109: <br> GRADE 9 OR <br> LOWER | BOVE |  | $\rightarrow 113$ |
| 111 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT. <br> IF RESPONDENT CANNOT READ WHOLE SENTENCE, <br> PROBE: Can you read any part of the sentence to me? | CANNOT READ AT ALL <br> ABLE TO READ ONLY PART OF <br> THE SENTENCE. <br> ABLE TO READ WHOLE SENTENCE <br> NO CARD WITH REQUIRED <br> LANGUAGE <br> (SPECIFY LANG <br> BLIND/VISUALLY IMPAIRED | 1 <br> 2 3 <br> 4 <br> 5 |  |
| 112 | CHECK 111: | OR '5' <br> CLED |  | $\rightarrow 114$ |
| 113 | Do you read a newspaper or magazine at least once a week, less than once a week or not at all? | AT LEAST ONCE A WEEK LESS THAN ONCE A WEEK NOT AT ALL | 1 2 3 |  |
| 114 | Do you listen to the radio at least once a week, less than once a week or not at all? | AT LEAST ONCE A WEEK LESS THAN ONCE A WEEK NOT AT ALL | 1 2 3 |  |
| 115 | Do you watch television at least once a week, less than once a week or not at all? | AT LEAST ONCE A WEEK LESS THAN ONCE A WEEK NOT AT ALL | 1 2 3 |  |
| 116 | Do you own a mobile telephone? | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\longrightarrow 118$ |
| 117 | Do you use your mobile phone for any financial transactions? | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ |  |
| 118 | Do you have an account in a bank or other financial institution that you yourself use? | YES <br> NO | 1 2 |  |
| 119 | Have you ever used the internet? | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\longrightarrow 122$ |
| 120 | In the last 12 months, have you used the internet? <br> IF NECESSARY, PROBE FOR USE FROM ANY LOCATION, WITH ANY DEVICE. | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\rightarrow 122$ |
| 121 | During the last one month, how often did you use the internet: almost every day, at least once a week, less than once a week, or not at all? | ALMOST EVERY DAY AT LEAST ONCE A WEEK LESS THAN ONCE A WEEK NOT AT ALL | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \end{aligned}$ |  |

## SECTION 1. RESPONDENT'S BACKGROUND

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 122 | What is your religion? | HINDL <br> BUDDHIST <br> MUSLIM <br> KIRAT <br> CHRISTIAN <br> OTHER $\qquad$ <br> (SPECIFY) | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \\ & 5 \end{aligned}$ |  |
| 123 | What is your caste/ethnicity? <br> WRITE CASTE/ETHNICITY ON THE LINE | (CASTE/ETHNICITY) |  |  |
| 124 | In the last 12 months, how many times have you been away from home for one or more nights? | NUMBER OF TIMES <br> NONE |  | $\rightarrow 201$ |
| 125 | In the last 12 months, have you been away from home for more than one month at a time? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 200 | Now I would like to ask you about all the pregnancies that you have had during your life. By this I mean all the children born to you whether they were born alive or dead, whether they are still living or not, whether they live with you or somewhere else, and all the pregnancies that you have had that did not result in a live birth. I understand that it is not easy to talk about children who have died, or pregnancies that ended before full term, but it is important that you tell us about all of them, so that the government can develop programs to improve children's health. |  |  |  |
| 201 | First I would like to ask about all the births you have had during your life. Have you ever given birth? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  | $\rightarrow 206$ |
| 202 | Do you have any sons or daughters to whom you have given birth who are now living with you? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  | $\longrightarrow 204$ |
| 203 | a) How many sons live with you? <br> b) And how many daughters live with you? <br> IF NONE, RECORD '00'. | a) SONS AT HOME <br> b) DAUGHTERS AT HOME |  |  |
| 204 | Do you have any sons or daughters to whom you have given birth who are alive but do not live with you? | $\begin{array}{ll} \text { YES } & . \\ \text { NO } & . \end{array}$ | 2 | $\rightarrow 206$ |
| 205 | a) How many sons are alive but do not live with you? <br> b) And how many daughters are alive but do not live with you? <br> IF NONE, RECORD '00'. | a) SONS ELSEWHERE <br> b) DAUGHTERS ELSEWHERE |  |  |
| 206 | Have you ever given birth to a boy or girl who was born alive but later died? <br> IF NO, PROBE: Any baby who cried, who made any movement, sound, or effort to breathe, or who showed any other signs of life even if for a very short time? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  | $\rightarrow$ 207AA |
| 207 | a) How many boys have died? <br> b) And how many girls have died? <br> IF NONE, RECORD '00'. | a) BOYS DEAD <br> b) GIRLS DEAD |  |  |
| 207AA | Women sometimes have pregnancies that do not result in a live born child. That is, a pregnancy can end in a miscarriage, or the child can be born dead. Have you ever had a pregnancy that did not end in a live birth? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  | $\rightarrow 208$ |
| 207BB | How many pregnancies have you had that did not end in a live birth? | PREGNANCY LOSSES |  |  |
| 208 | SUM ANSWERS TO 203, 205, 207, AND 207BB, AND ENTER TOTAL. IF NONE, RECORD '00'. | TOTAL PREGNANCIES. |  |  |
| 209 | CHECK 208: <br> Just to make sure that I have this right: you have had in | AL $\qquad$ pregnancies during your life. $\begin{aligned} & \text { NO } \square \\ & \text { PROBE AND } \\ & \text { RECT 201-208 } \\ & \text { NECESSARY. } \end{aligned}$ |  |  |
| 210 | CHECK 208: <br> ONE OR MORE PREGNANCIES | GNACY |  | $\rightarrow 226$ |

211 Now I would like to record all your pregnancies, whether born alive, born dead, or lost before full term, starting with the first one you had.
RECORD ALL PREGNANCIES IN 212-221. RECORD TWINS AND TRIPLETS ON SEPARATE LINES.
IF THERE ARE MORE THAN 10 PREGNANCIES, USE AN ADDITIONAL QUESTIONNAIRE, STARTING WITH THE SECOND ROW.

| 212 |  | 212B |  | 212D | 213 |  | 216 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PREG- <br> NANCY <br> HISTORY <br> LINE <br> NUMBER | Think back to your first pregnancy <br> Was that a single or multiple pregnancy? | Was the baby born alive, born dead, or lost before birth? | Did that baby cry, move, or breathe when it was born? | What name was given to the child? | Is (NAME) a boy or a girl? | On what day, month, and year was (NAME) born? <br> PROBE: <br> When is his/her birthday? | Is <br> (NAME) <br> still alive? |
| 01 | SING 1 <br> MULT 2 | $\left.\begin{array}{ll}\text { BORN ALIVE } \\ (\text { SKIP TO 212D) } \\ \\ \text { BORN DEAD } & 2 \\ \text { LOST BEFORE } \\ \text { FULL TERM } & 3 \\ (\text { SKIP TO 220AB })\end{array}\right]$ |  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | YES 1 <br>   <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br>  220 ) |
| 02 | SING 1 <br> MULT 2 | $\left.\begin{array}{ll}\text { BORN ALIVE } \\ (\text { SKIP TO 212D) } \\ \\ \text { BORN DEAD } & 2 \\ \text { LOST BEFORE } \\ \text { FULL TERM } & 3 \\ (\text { SKIP TO 220AB })\end{array}\right]$ | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> $220 A B)$  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220 \text { ) } \end{array}$ |
| 03 | SING 1 <br> MULT 2 | BORN ALIVE  <br> $($ SKIP TO 212D)  <br>   <br> BORN DEAD 2 <br> LOST BEFORE  <br> FULL TERM  <br> $($ SKIP TO 220AB $)$  | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> $220 A B)$  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | YES 1 <br>   <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br>  220 ) |
| 04 | SING 1 <br> MULT 2 | $\left.\begin{array}{ll}\text { BORN ALIVE } \\ (\text { SKIP TO 212D }) \\ & \\ \text { BORN DEAD } & 2 \\ \text { LOST BEFORE } \\ \text { FULL TERM } & \\ \text { (SKIP TO 22OAB) }\end{array}\right]$ |  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220 \text { ) } \end{array}$ |
| 05 | SING 1 <br> MULT 2 | BORN ALIVE  <br> $($ SKIP TO 212D)  <br>   <br> BORN DEAD 2 <br> LOST BEFORE  <br> FULL TERM  <br> (SKIP TO 220AB)  |  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{lr} \text { YES } & 1 \\ & \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220) \end{array}$ |


| 217 | 218 | 219 | 220 | 220AA | 220AB | 220AC | 220AD | 221 <br> Were there any other pregnancies between the previous pregnancy and this pregnancy? |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| IF BORN ALIVE AND STILL LIVING: |  |  | IF BORN ALIVE AND NOW DEAD: |  | IF BORN DEAD OR LOST BEFORE BIRTH |  |  |  |
| How old was (NAME) at (NAME)'s last birthday? <br> RECORD AGE IN COMPLETED YEARS. | Is (NAME) living with you? | RECORD <br> HOUSEHOLD LINE <br> NUMBER OF CHILD. <br> RECORD '00' <br> IF CHILD <br> NOT LISTED <br> IN <br> HOUSEHOLD. | How old was (NAME) when (he/she) died? <br> IF '12 MONTHS' OR '1 YR', ASK: Did (NAME) have (his/her) first birthday? <br> THEN ASK: Exactly how many months old was (NAME) when (he/she) died? RECORD DAYS IF LESS THAN 1 MONTH; MONTHS IF LESS THAN TWO YEARS; OR YEARS. | On what day, month, and year did (NAME) die? | On what day, month, and year did this pregnancy end? | How many months did this pregnancy last? <br> RECORD <br> IN COMPLETED MONTHS. | Did you or someone else do something to end this pregnancy? |  |
| AGE IN YEARS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | HOUSEHOLD LINE NUMBER <br> (NEXT PREGNANCY) | DAYS <br> MONTHS 2 <br> YEARS <br> 3 |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ |  |
| AGE IN YEARS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS <br> MONTHS 2 $\square$ <br> YEARS <br> 3 $\square$ |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES(ADD <br> PREGNANCY)NO(NEXT <br> PREGNANCY) |
| AGE IN YEARS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS <br> MONTHS 2 <br> YEARS <br> 3 |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES(ADD <br> PREGNANCY)NO(NEXT <br> PREGNANCY) |
| AGE IN YEARS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | HOUSEHOLD LINE NUMBER (GO TO 221) | DAYS <br> MONTHS 2 <br> YEARS |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES(ADD <br> PREGNANCY)NO(NEXT <br> PREGNANCY) |
| AGE IN YEARS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | HOUSEHOLD LINE NUMBER (GO TO 221) | DAYS <br> MONTHS 2 <br> YEARS |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES (ADD PREGNANCY) |


| 212 | 212A | 212B | 212C | 212D | 213 | 215 | 216 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PREG- <br> NANCY <br> HISTORY <br> LINE <br> NUMBER | Think back to your first pregnancy <br> Was that a single or multiple pregnancy? | Was the baby born alive, born dead, or lost before birth? | Did that baby cry, move, or breathe when it was born? | What name was given to the child? <br> RECORD NAME. | Is (NAME) a boy or a girl? | On what day, month, and year was (NAME) born? <br> PROBE: <br> When is his/her birthday? | Is (NAME) still alive? |
| 06 | SING 1 <br> MULT 2 | $\left.\begin{array}{ll}\text { BORN ALIVE } \\ (\text { SKIP TO 212D) } \\ \\ \text { BORN DEAD } & 2 \\ \text { LOST BEFORE } \\ \text { FULL TERM } & 3 \\ (\text { SKIP TO 220AB })\end{array}\right]$ | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> 220AB)  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{ll} \text { YES } & 1 \\ & \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220 \text { ) } \end{array}$ |
| 07 | SING 1 <br> MULT 2 | $\left.\begin{array}{ll}\text { BORN ALIVE } \\ (\text { SKIP TO 212D }) \\ \\ \text { BORN DEAD } & 2 \\ \text { LOST BEFORE } \\ \text { FULL TERM } & 3 \\ (\text { SKIP TO 220AB })\end{array}\right]$ | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> $220 A B)$  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220) \end{array}$ |
| 08 | SING 1 <br> MULT 2 | $\left.\begin{array}{ll}\text { BORN ALIVE } \\ \text { (SKIP TO 212D) } \\ \\ \text { BORN DEAD } & 2 \\ \text { LOST BEFORE } \\ \text { FULL TERM } \\ \text { (SKIP TO 22OAB) }\end{array}\right]$ | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> 220AB)  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | YES 1 <br>   <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br>  220 ) |
| 09 | SING 1 <br> MULT 2 | BORN ALIVE <br> (SKIP TO 212D) <br>  <br> BORN DEAD <br> LOST BEFORE <br> FULL TERM <br> $($ SKIP TO 220AB $)$ | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> 220AB)  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{ll} \text { YES } & 1 \\ & \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220) \end{array}$ |
| 10 | SING 1 <br> MULT 2 | BORN ALIVE  <br> $($ SKIP TO 212D $)$  <br>   <br> BORN DEAD 2 <br> LOST BEFORE  <br> FULL TERM  <br> $($ SKIP TO 220AB $)$  | YES 1 <br> NO 2 <br>  $\downarrow$ <br> (SKIP TO  <br> 220AB)  | NAME | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{ll} \text { YES } & 1 \\ & \\ \text { NO } & 2 \\ & \downarrow \\ \text { (SKIP TO } \\ & 220 \text { ) } \end{array}$ |


| 217 | 218 | 219 | 220 | 220AA | 220AB | 220AC | 220AD | 221 <br> Were there any other pregnancies between the previous pregnancy and this pregnancy? |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| IF BORN ALIVE AND STILL LIVING: |  |  | IF BORN ALIVE AND NOW DEAD: |  | IF BORN DEAD OR LOST BEFORE BIRTH |  |  |  |
| How old was <br> (NAME) <br> at <br> (NAME)'s last birthday? <br> RECORD <br> AGE IN <br> COMP- <br> LETED <br> YEARS. | Is <br> (NAME) <br> living <br> with <br> you? | RECORD <br> HOUSEHOLD LINE <br> NUMBER OF CHILD. <br> RECORD '00' IF CHILD NOT LISTED IN HOUSEHOLD. | How old was (NAME) when (he/she) died? <br> IF '12 MONTHS' OR '1 YR', ASK: Did (NAME) have (his/her) first birthday? <br> THEN ASK: Exactly how many months old was (NAME) when (he/she) died? RECORD DAYS IF LESS THAN 1 MONTH; MONTHS IF LESS THAN TWO YEARS; OR YEARS. | On what day, month, and year did (NAME) die? | On what day, month, and year did this pregnancy end? | How many months did this pregnancy last? <br> RECORD IN COMPLETED MONTHS | Did you or someone else do something to end this pregnancy? |  |
| AGE IN YEARS $\square$ | YES 1 <br> NO 2 | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS $\square$ <br> MONTHS 2 $\square$ <br> YEARS $\square$ |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES(ADD <br> PREGNANCY) <br> NO <br> (NEXT <br> PREGNANCY) |
| AGE IN YEARS | YES 1 <br> NO 2 | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS $\square$ <br> MONTHS 2 $\square$ <br> YEARS $\square$ |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES <br> (ADD <br> PREGNANCY) <br> NO <br> NOXT <br> PREGNANCY) |
| AGE IN YEARS | YES 1 <br> NO 2 | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS $\square$ <br> MONTHS 2 $\square$ <br> YEARS <br> 3 |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES <br> $\substack{\text { PRDEGNANCY) }}$ <br> PR <br> NO <br> (NEXT <br> PREGNANCY)$\quad 2$ |
| AGE IN YEARS | YES 1 <br> NO 2 | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS $\square$ <br> MONTHS 2 $\square$ <br> YEARS <br> 3 $\square$ |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ | YES <br> $\substack{\text { (ADD } \\ \text { PREGNANCY) }}$ <br> NO <br> $\begin{array}{l}\text { (NEXT } \\ \text { PREGNANCY) }\end{array}$ |
| AGE IN YEARS | YES 1 <br> NO 2 | HOUSEHOLD LINE NUMBER <br> (GO TO 221) | DAYS $\square$ <br> MONTHS 2 $\square$ <br> YEARS $\square$ |  |  | MONTHS | $\begin{array}{ll} \text { YES } & 1 \\ \text { NO } & 2 \end{array}$ |  |

SECTION 2. REPRODUCTION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 222 | Have you had any pregnancies since the last pregnancy mentioned? |  |  |
| 223 | COMPARE 208 WITH NUMBER OF PREGNANCIES IN <br> NUMBERS <br> ARE SAME | $\begin{aligned} \text { EGNANCY HISTORY } \\ \text { NUMBERS ARE } \\ \text { DIFFERENT } \end{aligned} \quad \square$ |  |
| 223A | CHECK 220AB AND 220AC AND ENTER THE NUMBER OF STILLBIRTHS IN 2068 OR LATER AND THE PREGNANCY LASTED FOR 7 MONTHS OR MORE. IF NONE, RECORD '0'. | NUMBER OF STILLBIRTHS |  |
| 223B | CHECK 220, AND 220AA AND ENTER THE NUMBER OF DEATHS AT AGE 0-3 MONTHS IN 2068 OR LATER. IF NONE, RECORD '0'. | NUMBER INFANT DEATHS |  |
| 223C | CHECK 223A AND 223B: <br> IF ONE OR MORE | IF NONE <br> (SKIP TO 224) |  |
| 223D | We would like to get more information on the circumstances around the deaths of young children so that the government can provide services to help reduce these deaths. We would like to come back and talk with you about your child(ren's) death. Is this okay? |  |  |
| 224 | CHECK 215: ENTER THE NUMBER OF BIRTHS IN 2068-2073 <br> IF NONE, RECORD `O'. \end{tabular} & NUMBER OF BIRTHS . . . . . . . . . . . . . . . & \\ \hline 225 & \begin{tabular}{l} FOR EACH BIRTH IN 2068-2073, ENTER 'B' THE NAME OF THE CHILD TO THE LEFT OF OF COMPLETED MONTHS THE PREGNANC PRECEDING MONTHS ACCORDING TO THE OF 'P's MUST BE ONE LESS THAN THE NUM \\ CHECK 220AC FOR EACH PREGNANCY TH IF YES (CODE '1' CIRCLED), ENTER 'A' FOR MISCARRIAGE \\ OR `S' FOR STILLBIRTH, IN CALENDAR IN AND 'P' FOR THE REMAINING NUMBER OF <br> IF THERE ARE MORE THAN FOUR PREGNA ADDITIONAL QUESTIONNAIRE STARTING | THE MONTH OF BIRTH IN THE CALENDAR. WRITE HE 'B' CODE. FOR EACH BIRTH, ASK THE NUMBER LASTED AND RECORD 'P' IN EACH OF THE URATION OF PREGNANCY. (NOTE: THE NUMBER ER OF MONTHS THAT THE PREGNANCY LASTED.) <br> DID NOT END IN A LIVE BIRTH. CHECK 220AD. OORTION OR 'C' (IF CODE '2' CIRCLED) FOR <br> MONTH THAT THE PREGNANCY TERMINATED MPLETED MONTHS OF PREGNANCY. <br> IES THAT DID NOT END IN A LIVE BIRTH, USE AN THE SECOND LINE." |  |
| 226 | Are you pregnant now? |  | 229A |
| 227 | How many months pregnant are you? <br> RECORD NUMBER OF COMPLETED MONTHS. ENTER 'P's IN THE CALENDAR, BEGINNING WITH THE MONTH OF INTERVIEW AND FOR THE TOTAL NUMBER OF COMPLETED MONTHS. | MONTHS |  |

SECTION 2. REPRODUCTION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 228 | When you got pregnant, did you want to get pregnant at that time? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow$ 229A |
| 229 | CHECK 208: TOTAL NUMBER OF BIRTHS <br> ONE OR MORE $\square$ <br> a) Did you want to have a baby later on or did you not want any more children? <br> NONE <br> b) Did you want to have a baby later on or did you not want any children? | LATER . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> NO MORE/NONE . . . . . . . . .  |  |
| 229A | CHECK 220AB, 220AC AND 220AD: <br> HAD ABORTION SINCE 2068-2073 | DID NOT HAVE ABORTION SINCE | $\rightarrow 229 \mathrm{H}$ |
| 229B | What was the main reason you decided to have this (last) abortion? | HEALTH OF MOTHER . . . . . . . . . . . . . . . . . . . . . 01 NO MONEY TO TAKE OF BABY . . . . . . . . . . . . . . 02 WANTED TO DELAY CHILDBEARINC........... . 03 DID NOT WANT ANYMORE CHILDRE . . . . . . . . . . . 04 WANTED TO SPACE CHILD BIRT . . . . . . . . . . . . . 05 HUSBAND/PARTNER DID NOT WANT CHILD . . 06 <br> OTHER $\qquad$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 229 C | What did you do to end this pregnancy? |  |  |
| 229D | Who did you see to get this done? |  |  |
| 229E | Where did you go to get this done? |  |  |
| 229 F | Did anyone talk to you about family planning methods during your post abortion visit? |  |  |
| 229G | Did you use any contraceptives within two weeks of abortion? |  |  |
| 229 H | Is abortion legal in Nepal? |  | 229J |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 2291 | What are the conditions under which a woman can have an abortion in Nepal? | ```PREGNANCY OF 12 WEEKS OR LESS GESTATION FOR ANY WOMAN ........... A PREGNANCY OF 18 WEEKS IF IT IS A RESULT OF RAPE OR INCEST. .............. B PREGNANCY OF ANY DURATION IF LIFE OF MOTHER IS AT RISK . . . . . . . . . . . . . C PREGNANCY OF ANY DURATION IF MOTHER'S PHYSICAL AND MENTAL HEALTH IS AT RISK. . . . . . . . . . . . . . . . . . . . . D FETUS IS DEFORMED ........................... E IF ONE HAS TO MANY CHILDREN . . . . . . . . . . . . . F OTHER``` $\qquad$ <br> ```XNone``` |  |
| 229 J | Do you know of a place where a woman can go to get a safe abortion? |  | $\longrightarrow 239$ |
| 229K | Where is that place? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODES (S). <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL/CLINIC . . . . . . . . . . A <br> PRIMARY HEALTH CARE CENTER. . ......... B <br> HEALTH POST/SUB-HEALTH POST ........ C <br> PHC OUTREACH CLINIC <br> MOBILE CAMP $\qquad$ <br> FCHV <br> ... <br> SATELLITE CLINIC $\qquad$ G <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN <br> MARIE STOPES $\qquad$ <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/ <br> NURSING HOME. <br> PRIVATE CLINIC. $\qquad$ <br> PHARMACY $\qquad$ <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> OTHER SOURCE <br> TBA <br> OTHER $\qquad$ |  |
| 229L | From where did you receive information on safe abortion services? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 239 | When did your last menstrual period start? <br> (DATE, IF GIVEN) |     <br> DAYS AGO $\ldots \ldots \ldots .$. 1  <br> WEEKS AGO $\ldots \ldots \ldots \ldots$. 2  <br> MONTHS AGO $\ldots \ldots \ldots \ldots$ 3  <br> YEARS AGO $\ldots \ldots \ldots \ldots .$. 4  <br> IN MENOPAUSE/ <br> HAS HAD HYSTERECTOMY <br> BEFORE LAST BIRTH <br> NEVER MENSTRUATED | 994 <br> 995 <br> 996 |  |
| 240 | From one menstrual period to the next, are there certain days when a woman is more likely to become pregnant? | YES <br> NO <br> DON'T KNOW | 1 2 8 | 242 |
| 241 | Is this time just before her period begins, during her period, right after her period has ended, or halfway between two periods? | JUST BEFORE HER PERIOD BEGIN DURING HER PERIOD RIGHT AFTER HER PERIOD HAS ENDE HALFWAY BETWEEN TWO PERIODS <br> OTHER | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \\ & 6 \end{aligned}$ |  |
| 242 | After the birth of a child, can a woman become pregnant before her menstrual period has returned? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |


| 301 | Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. Have you ever heard of (METHOD)? |  |  |
| :---: | :---: | :---: | :---: |
| 01 | Female Sterilization. <br> PROBE: Women can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 02 | Male Sterilization. <br> PROBE: Men can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 03 | IUCD. <br> PROBE: Women can have a loop or coil placed inside them by a doctor or a nurse which can prevent pregnancy for one or more years. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 04 | Injectables. <br> PROBE: Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 05 | Implants. <br> PROBE: Women can have one or more small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for three to five years. | YES NO | 1 2 |
| 06 | Pill. <br> PROBE: Women can take a pill every day to avoid becoming | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 07 | Condom. <br> PROBE: Men can put a rubber sheath on their penis before sexual intercourse. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 09 | Emergency Contraception. <br> PROBE: As an emergency measure, within five days after they have unprotected sexual intercourse, women can take special pills to prevent pregnancy (like I-Pill, E-CON). | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 11 | Lactational Amenorrhea Method (LAM). <br> PROBE: Up to six months after childbirth, before the menstrual period has returned, women use a method requiring frequent breastfeeding day and night. | YES NO | 1 2 |
| 12 | Rhythm Method. <br> PROBE: To avoid pregnancy, women do not have sexual intercourse on the days of the month they think they can get pregnant. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 13 | Withdrawal. <br> PROBE: Men can be careful and pull out before climax. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 14 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES, MODERN METHOD <br> (SPECIFY) <br> YES, TRADITIONAL METHOD <br> (SPECIFY) <br> NO | A B Y |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 302 | CHECK 226: <br> NOT PREGNANT OR UNSURE | PREGNANT | 312 |
| 303 | Are you or your partner currently doing something or using any method to delay or avoid getting pregnant? |  | $\rightarrow 312$ |
| 304 | Which method are you using? <br> RECORD ALL MENTIONED. <br> IF MORE THAN ONE METHOD MENTIONED, FOLLOW SKIP INSTRUCTION FOR HIGHEST METHOD IN LIST. |  | $\begin{aligned} & \rightarrow 307 \\ & \rightarrow 309 \\ & \rightarrow 306 \\ & \rightarrow 309 \end{aligned}$ |
| 305 | What is the brand name of the pills you are using? <br> IF DON'T KNOW THE BRAND, ASK TO SEE THE PACKAGE. |  | $\rightarrow 309$ |
| 306 | What is the brand name of the condoms you are using? <br> IF DON'T KNOW THE BRAND, ASK TO SEE THE PACKAGE. |  |  |



| 311 | CHECK 308 AND 309: ENTER CODE FOR <br> INTERVIEW IN THE <br> MONTH BACK TO | THOD USED IN M ENDAR AND IN DATE STARTED <br> EN CONTINUE | EN <br> INT <br> MO | E FOR IN T CK TO (SKII | METHOD USED IN CALENDAR AND ISAKH 2068 . $\begin{array}{r} \text { THEN } \\ \mathrm{O} 324 \mathrm{)} \rightleftarrows \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 312 | I would like to ask you some questions about the times you or your partner may have used a method to avoid getting pregnant during the last few years. <br> USE CALENDAR TO PROBE FOR EARLIER PERIODS OF USE AND NONUSE, STARTING WITH MOST RECENT USE, BACK TO BAISAKH 2068. USE NAMES OF CHILDREN, DATES OF BIRTH, AND PERIODS OF PREGNANCY AS REFERENCE POINTS. |  |  |  |  |
|  |  | COLUMN 1 | COLUMN 2 |  | COLUMN 3 |
| 312A | MONTH AND YEAR OF START OF INTERVAL OF USE OR NON-USE. | MONTH | MONTH |  |  |
| 312B | Between (EVENT) in (MONTH/YEAR) and (EVENT) in (MONTH/YEAR), did you or your partner use any method of contraception? | YES $\ldots \ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots \ldots$ 2 <br>    <br>  $($ SKIP TO 3121$)$ $\longleftarrow$ | YES $\ldots \ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots .$. 2  <br>  $($ SKIP TO $312 I) \longleftarrow$   |  | YES $\ldots \ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots \ldots$ 2  <br>  (SKIP TO 312   |
| 312C | Which method was that? | METHOD CODE | METHOD CODE |  | METHOD CODE |
| 312D | How many months after (EVENT) in (MONTH/YEAR) did you start to use (METHOD)? <br> CIRCLE '95' IF RESPONDENT GIVES THE DATE OF STARTING TO USE THE METHOD. |  |  |  |  |
| 312E | RECORD MONTH AND YEAR RESPONDENT STARTED USING METHOD. |  | MONTH |  | MONTH     <br> M     <br> YEAR     |
| 312F | For how many months did you use (METHOD)? <br> CIRCLE '95' IF RESPONDENT GIVES THE DATE OF TERMINATION OF USE. |  |  |  |  |
| 312G | RECORD MONTH AND YEAR RESPONDENT STOPPED USING METHOD. | MONTH |  |  | MONTH |
| 312H | Why did you stop using (METHOD)? | $\begin{aligned} & \text { REASON } \\ & \text { STOPPED } \end{aligned}$ | $\begin{aligned} & \text { REASON } \\ & \text { STOPPED } \end{aligned}$ |  | $\begin{aligned} & \text { REASON } \\ & \text { STOPPED } \end{aligned}$ |
| 3121 |  | GO BACK TO 312A IN NEXT COLUMN; OR, IF NO MORE GAPS, GO TO 312J. | GO BACK TO 312A IN NEXT COLUMN; OR, IF NO MORE GAPS, GO TO 312J. |  | GO BACK TO 312A IN NEW QUESTIONNAIRE; OR, IF NO MORE GAPS, GO TO 312J. |


|  | COLUMN 1 | COLUMN 2 | COLUMN 3 |  |
| :---: | :---: | :---: | :---: | :---: |
| 312J | Have you ever used emergency contraception? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots \ldots . . & 1 \\ \ldots . . & 2 \end{array}$ | $\rightarrow 313$ |
| 312K | What is the reason for using emergency contraception? | DID NOT WANT TO GET PREGNA. HAD CASUAL SEX WITH KNOWN PE FORCED TO HAVE SE). HAD EXTRA MARITAL RELATIO OTHER $\qquad$ (SPECIFY) DON'T KNOV |  |  |
| 312L | How many times did you use emergency contraception during the last 12 months? | TIMES |  |  |
| 312M | When was the last time you used emergency contraception? | DAYS AGO <br> WEEKS AGO <br> MONTHS AGO <br> YEARS AGO |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 313 | CHECK THE CALENDAR FOR USE OF ANY CONTR NO METHOD USED $\square$ | TIVE METHOD IN ANY MONTH <br> ANY METHOD USED $\square$ | $\rightarrow 315$ |
| 314 | Have you ever used anything or tried in any way to delay or avoid getting pregnant? |  | $\rightarrow 326$ |
| 315 | CHECK 304: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 304, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  | $\begin{array}{\|l} \longrightarrow 326 \\ \longrightarrow 319 \\ \longrightarrow 327 \end{array}$ |
| 316 | You first started using (CURRENT METHOD) in (DATE FROM 309). Where did you get it at that time? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE) | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL/CLINI( . . . . . . . . . . 11 <br> PRIMARY HEALTH CARE CENTE . . . . . . . . . . 12 <br> HEALTH POST/SUB-HEALTH POST . . . . . . . 13 <br> PHC OUTREACH CLINIC . . . . . . . . . . . . . . . . 14 <br> MOBILE CAMP ................................ . . 15 <br> FCHV . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 16 <br> SATELLITE CLINIC . . . . . . . . . . . . . . . . . . . . . 17 <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 21 <br> MARIE STOPES . . . . . . . . . . . . . . . . . . . . . . . . . 22 <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/ <br> NURSING HOME . . . . . . . . . . . . . . . . . . . . . . 31 <br> PRIVATE CLINIC . . . . . . . . . . . . . . . . . . . . . . . . . . 32 <br> PHARMACY ............................... . . 33 <br> SANGINI OUTLET ........................... . . 34 <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ...................................... . . 41 <br> FRIEND/RELATIVE ........................... . . . 42 <br> OTHER $\qquad$ 96 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 317 | CHECK 304: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 304, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  | $\begin{array}{\|l} \longrightarrow 323 \\ \longrightarrow \\ \longrightarrow \\ \longrightarrow \end{array} 22322$ |
| 318 | At that time, were you told about side effects or problems you might have with the method? |  | $\begin{array}{\|} \longrightarrow 321 \\ \longrightarrow 320 \end{array}$ |
| 319 | When you got sterilized, were you told about side effects or problems you might have with the method? |  | $\rightarrow 321$ |
| 320 | Were you ever told by a health worker/health volunteer about side effects or problems you might have with the method? |  | $\rightarrow 322$ |
| 321 | Were you told what to do if you experienced side effects or problems? |  |  |
| 322 | CHECK 318 AND 319: |  | $\rightarrow 324$ |
| 323 | Were you ever told by a health worker or health volunteer about other methods of family planning that you could use? |  |  |
| 324 | CHECK 304: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 304, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  | $\begin{gathered} \text { H327 } \\ \\ \\ \rightarrow 327 \\ \rightarrow 327 \end{gathered}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 325 | Where did you obtain (CURRENT METHOD) the last time? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL/CLINII . . . . . . . . . . 11 <br> PRIMARY HEALTH CARE CENTE . . . . . . . . . . 12 <br> HEALTH POST/SUB-HEALTH PO: . . . . . . . . . . . 13 <br> PHC OUTREACH CLINI...................... 14 <br> MOBILE CAMP ................................ 15 <br> FCHV ......................................... 16 <br> SATELLITE CLINIC . . . . . . . . . . . . . . . . . . . . . 17 <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN........................................ 21 <br> MARIE STOPES . . . . . . . . . . . . . . . . . . . . . . . . . 22 <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/NURSING HOME ......................... 31 <br> PRIVATE CLINIC . . . . . . . . . . . . . . . . . . . . . . . . . . 32 <br> PHARMACY 33 <br> SANGINI OUTLET ........................... 34 <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> (SPECIFY) <br> OTHER SOURCE $\qquad$ <br> FRIEND/RELATIVE ........................... . 42 <br> OTHER $\qquad$ 96 |  |
| 326 | Do you know of a place where you can obtain a method of family planning? |  |  |
| 327 | In the last 12 months, were you visited by a fieldworker (FCHV)? |  | $\rightarrow 329$ |
| 328 | Did the fieldworker talk to you about family planning? |  |  |
| 329 | CHECK 202: LIVING CHILDREN <br> YES <br> a) In the last 12 months, have you visited a health facility for care for yourself or your children? <br> b) In the last 12 months, have you visited a health facility for care for yourself? |  | $\rightarrow 401$ |
| 330 | Did any staff member at the health facility speak to you about family planning methods? |  |  |


| 401 | CHECK 224: <br> ONE OR MORE BIRTHS |  |  |
| :---: | :---: | :---: | :---: |
| 402 | CHECK 215. RECORD THE PREGNANCY HISTORY NUMBER IN 403 AND THE NAME AND SURVIVAL STATUS IN 404 FOR EACH BIRTH IN 2068-2073. ASK THE QUESTIONS ABOUT ALL OF THESE BIRTHS. BEGIN WITH THE LAST BIRTH.IF THERE ARE MORE THAN 2 BIRTHS, USE LAST COLUMN OF ADDITIONAL QUESTIONNAIRE(S). <br> Now I would like to ask some questions about your children born in the last five years. (We will talk about each separately.) |  |  |
| 403 | PREGNANCY HISTORY NUMBER FROM 212 IN PREGNANCY HISTORY. | LAST BIR <br> PREGNANCY <br> HISTORY <br> NUMBER . . . . . . . . . . | NEXT-TO-LAST BIRTH PREGNANCY HISTORY NUMBER . . . . . . . . . . |
| 404 | FROM 212D AND 216: | NAME $\qquad$ <br> LIVING DEAD | NAME $\qquad$ <br> LIVING <br> DEAD |
| 405 | When you got pregnant with (NAME), did you want to get pregnant at that time? |  |  |
| 406 | CHECK 203, 205, 207: <br> ONLY <br> ONE <br> BIRTH <br> a) Did you want to have a baby later on, or did you not want any children? <br> MORE <br> THAN ONE BIRTH <br> b) Did you want to have a baby later on, or did you not want any more children? |  | LATER $\ldots \ldots \ldots \ldots \ldots$ NO MORE/NONE $\ldots \ldots \ldots \ldots$ $($ SKIP TO 426$)$ |
| 407 | How much longer did you want to wait? | MONTHS ........ 1 <br> YEARS ....... 2 <br> DON'T KNOW | MONTHS YEARS $\square$ DON'T KNOW |
| 408 | Did you see anyone for antenatal care for this pregnancy? | YES NO <br> (SKIP T |  |
| 409 | Whom did you see? <br> Anyone else? <br> PROBE TO IDENTIFY EACH TYPE OF PERSON AND RECORD ALL | HEALTH PERSONNEL <br> DOCTOR <br> NURSE/MIDWIFE <br> HEALTH ASST./ <br> AHW <br> MCH WORKER <br> VHW <br> OTHER PERSON TRADITIONAL BIR ATTENDANT FCHV $\qquad$ <br> OTHER $\qquad$ |  |

SECTION 4. PREGNANCY AND POSTNATAL CARE


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| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 429 | Who assisted with the delivery of (NAME)? <br> Anyone else? <br> PROBE FOR THE TYPE(S) OF PERSON(S) AND RECORD ALL MENTIONED. <br> IF RESPONDENT SAYS NO ONE ASSISTED, PROBE TO DETERMINE WHETHER ANY ADULTS WERE PRESENT AT THE DELIVERY. | HEALTH PERSONNEL <br> OTHER PERSON <br> TRADITIONAL BIRTH <br> ATTENDANT . . . . . . . . . F F <br> FCHV ..................... G <br> RELATIVE/FRIEND ........ H <br> OTHER | HEALTH PERSONNEL <br> OTHER PERSON <br> TRADITIONAL BIRTH <br> ATTENDANT . . . . . . . . . . F <br> FCHV ..................... G <br> RELATIVE/FRIEND ........ H <br> OTHER <br> NO ONE ASSISTED |
| 429A | While you were in labor (i.e. before the baby was born), were you given an injection or was medicine given through an IV drip? |  |  |
| 429B | What were you told the medicine was for? | SPEED UP LABOR . . . . . . . . . . 1 <br> PREVENT INFECTION ........ 2 <br> TOLD NOTHING . . . . . . . . . . . . . . 3 <br> OTHER | SPEED UP LABOR . . . . . . . . . . 1 <br> PREVENT INFECTION ........ 2 <br> TOLD NOTHING . . . . . . . . . . . . . . 3 <br> OTHER |

SECTION 4. PREGNANCY AND POSTNATAL CARE


SECTION 4. PREGNANCY AND POSTNATAL CARE

| NO. | QUESTIONS AND FILTERS | LAST BIRTH |  | NEXT-TO-LAST BIRTH |
| :---: | :---: | :---: | :---: | :---: |
|  |  | NAME |  | NAME |
| 431A | Did you receive cash incentive for transportation from the facility after the delivery of (NAME)? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 431B | Did the facility charge you any amount for the delivery of (NAME)? | YES <br> NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 431C | How long did it take you to reach the facility for delivery of (NAME)? | MINUTES $\square$ DON'T KNOW |  |  |
| 432 | Was (NAME) delivered by caesarean, that is, did they cut your belly open to take the baby out? | $\begin{array}{ll} \text { YES } & \ldots \ldots \ldots \ldots \\ \text { NO } & \ldots \ldots \ldots \ldots \\ & \text { (SKIP } \end{array}$ |  | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |
| 433 | When was the decision made to have the caesarean section? Was it before or after your labor pains started? | BEFORE AFTER | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | BEFORE AFTER |
| 434 | Immediately after the birth, was (NAME) put directly on the bare skin of your chest? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 434A | Was (NAME) dried before the placenta was delivered? | YES <br> NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 434B | Was (NAME) wrapped in cloth before the placenta was delivered? | YES <br> NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 434C | How long after delivery was (NAME) bathed for the first time? <br> IF LESS THAN ONE DAY, RECORD HOURS; <br> IF LESS THAN ONE WEEK, RECORD DAYS. | HOURS $\ldots \ldots$. 1  <br> DAYS $\ldots \ldots$.  2 <br> WEEKS $\ldots .$. 3 <br> DON'T KNOW $\ldots .$.  |  |  |
| 434D | Was anything placed on the stump after the umbilical cord was cut? | $\begin{array}{lr} \text { YES } & \ldots \ldots \ldots \ldots \\ \text { NO } & \ldots \ldots \ldots \ldots \\ & \text { (SKIP TO } 4 \end{array}$ <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & { }_{8} \end{aligned}$ |  |
| 434E | What was placed on the stump? | OIL <br> ASH <br> VERMILON <br> OINTMENT/POWDER <br> ANIMAL DUNG <br> TURMERIC <br> GHEE . <br> CHLOROHEXIDINE (N <br> MALAM/KAWACH METHYLATED SPIRIT LOCAL HERBS <br> OTHER $\qquad$ DON'T KNOW | A <br> B <br> C <br> D <br> E <br> F <br> G <br> $H$ I J <br> x <br> Z |  |



SECTION 4. PREGNANCY AND POSTNATAL CARE


SECTION 4. PREGNANCY AND POSTNATAL CARE


SECTION 4. PREGNANCY AND POSTNATAL CARE


SECTION 4. PREGNANCY AND POSTNATAL CARE

|  |  | LAST BIRTH | NEXT-TO-LAST BIRTH |
| :---: | :---: | :---: | :---: |
| NO. | QUESTIONS AND FILTERS | NAME | NAME |
| 448A | Was a special clean delivery kit used? <br> SHOW CLEAN DELIVERY KIT MARKETED BY CRS | YES <br> (SKIP T <br> NO <br> DON'T KNOW |  |
| 448B | When (NAME) was born, what instrument was used to cut the umblical cord? | NEW/BOILED BLADE USED BLADE <br> KNIFE <br> HASIYA <br> KHUKURI <br> SCISSORS <br> OTHER $\qquad$ |  |
| 448C | Why didn't you deliver in a health facility? | COST TOO MUCH . FACILITY NOT OPEN TOO FAR/ NO TRANSPORTATION . <br> DON'T TRUST FACILITYI POOR QUALITY SER NO FEMALE PROVIDER AT FACILITY HUSBAND/FAMILY DID NOT ALLOW NOT NECESSARY NOT CUSTOMARY CHILD BORN BEFORE REACHING FACILITY <br> OTHER |  |
| 449 | I would like to talk to you about checks on your health after delivery, for example, someone asking you questions about your health or examining you. Did anyone check on your health after you gave birth to (NAME)? | $\begin{array}{ll} \text { YES } & \ldots \ldots \ldots . . \\ \text { NO } & \ldots \ldots \ldots . . \\ & \text { (SKIP } \end{array}$ |  |
| 450 | How long after delivery did the first check take place? <br> IF LESS THAN ONE DAY, RECORD HOURS; IF LESS THAN ONE WEEK, RECORD DAYS. | HOURS $\ldots \ldots$. 1 <br> DAYS $\ldots \ldots .$. 2 <br> WEEKS $\ldots \ldots$. 3 <br> DON'T KNOW $\ldots .$. |  |

SECTION 4. PREGNANCY AND POSTNATAL CARE


SECTION 4. PREGNANCY AND POSTNATAL CARE

| NO. | QUESTIONS AND FILTERS | LAST BIRTH |  |  | NEXT-TO-LAST BIRTH |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | NAME |  |  | NAME |  |
| 452A | Now I want to talk to you about all the checkup (including 450) you might have received within the two months of delivery. Did you receive these checkup in the following time period? <br> a) Within 24 hours? <br> b) After 24 hours but within 72 hours? <br> c) After 72 hours but within 7 days? | a) WITHN 24 HOURS <br> b) 24-72 HOURS <br> c) 72 HOURS-7 DAYS | $\begin{gathered} \text { YES } \\ 1 \\ 1 \\ 1 \end{gathered}$ | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |  |
| 453 | I would like to talk to you about checks on (NAME)'s health after delivery - for example, someone examining (NAME), checking the cord, or seeing if (NAME) is OK. In the two months after (NAME) was born, did any health care provider or a traditional birth attendant check on (NAME)'s health? | YES <br> NO <br> (SKIP <br> DON'T KNOW | 457) | $\begin{gathered} 1 \\ 2 \\ \hline 8 \end{gathered}$ |  |  |
| 454 | How many hours, days or weeks after the birth of (NAME) did the first check take place? <br> IF LESS THAN ONE DAY, RECORD HOURS; IF LESS THAN ONE WEEK, RECORD DAYS. |  |  | $\begin{aligned} & \square \\ & \hline \\ & \hline \\ & \hline \end{aligned}$ |  |  |
| 455 | Who checked on (NAME)'s health at that time? <br> PROBE FOR MOST QUALIFIED PERSON. | HEALTH PERSONNEL DOCTOR NURSE/MIDWIFE HEALTH ASST./ AHW <br> MCH WORKER <br> VHW <br> OTHER PERSON TRADITIONAL BIRT ATTENDANT FCHV $\qquad$ <br> OTHER $\qquad$ | ) | 11 <br> 12 <br> 13 <br> 14 <br> 15 <br> 21 <br> 22 <br> 96 |  |  |

SECTION 4. PREGNANCY AND POSTNATAL CARE


SECTION 4. PREGNANCY AND POSTNATAL CARE


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501A | CHECK 215 IN THE PREGNANCY HISTORY: ANY BIR ONE OR MORE BIRTHS IN 2070-2073 | HS IN 2070-2073? <br> NO BIRTHS IN 2070-2073 | $\rightarrow 601$ |
| 502A | RECORD THE NAME AND PREGNANCY HISTORY N IN 2070-2073. <br> NAME OF LAST BIRTH | MBER FROM 212D AND 212 OF THE LAST CHILD BORN <br> PREGNANCY HISTORY NUMBER |  |
| 503A | CHECK 216 FOR CHILD: <br> LIVING | DEAD | $\rightarrow$ 501B |
| 504A | Do you have a card or other document where (NAME)'s vaccinations are written down? | YES, HAS ONLY A CARD $\ldots \ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ 1  <br> YES, HAS ONLY AN OTHER DOCUMENT $\ldots$ 2 <br> YES, HAS CARD AND OTHER DOCUMENT . . . . 3  <br> NO, NO CARD AND NO OTHER DOCUMENT .. 4 | $\begin{array}{\|l} \hline \longrightarrow 507 \mathrm{~A} \\ \longrightarrow 507 \mathrm{~A} \end{array}$ |
| 505A | Did you ever have a vaccination card for (NAME)? | $\begin{array}{lll} \text { YES } & \text {. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } & 1 \\ \text { NO } & \text {. . . . . . . . . . . . } \end{array}$ |  |
| 506A | CHECK 504A: <br> CODE '2' CIRCLED | CODE '4' CIRCLED | 511A |
| 507A | May I see the card or other document where (NAME)'s vaccinations are written down? | YES, ONLY CARD SEEN $\ldots \ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ 1  <br> YES, ONLY OTHER DOCUMENT SEEN ...... 2  <br> YES, CARD AND OTHER DOCUMENT SEEN . 3 <br> NO CARD AND NO OTHER DOCUMENT SEEN . . 4  | $\rightarrow$ 511A |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME OF LAST BIRTH | PREGNANCY HISTORY NUMBER |  |  |
| 511A | Did (NAME) ever receive any vaccinations to prevent (NAME) from getting diseases, including vaccinations received in campaigns or immunization days? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\xrightarrow{\rightarrow} 526 \mathrm{~A}$ |
| 512A | Has (NAME) ever received a BCG vaccination against tuberculosis, that is, an injection in the arm or shoulder that usually causes a scar? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 514A | Has (NAME) ever received oral polio vaccine, that is, about two drops in the mouth to prevent polio? | YES NO DON'T KNOW | 1 2 8 | $\rightarrow$ 517A |
| 516A | How many times did (NAME) receive the oral polio vaccine? | NUMBER OF TIMES |  |  |
| 517A | Has (NAME) ever received a DPT/pentavalent vaccination, that is, an injection given in the thigh sometimes at the same time as polio drops? | YES <br> NO <br> DON'T KNOW | 1 2 8 | $\rightarrow$ 519A |
| 518A | How many times did (NAME) receive the DPT/pentavalent vaccine? | NUMBER OF TIMES |  |  |
| 519A | Has (NAME) ever received a pneumococcal/PCV vaccination, that is, an injection in the thigh to prevent pneumonia? | YES <br> NO DON'T KNOW | 1 2 8 | $\rightarrow 521 \mathrm{Aa}$ |
| 520A | How many times did (NAME) receive the pneumococcal/PCV vaccine? | NUMBER OF TIMES |  |  |
| 521Aa | Has (NAME) ever received an inactivated polio vaccine (IPV), that is, an injection in the thigh to prevent polio? | YES <br> NO DON'T KNOW | 1 2 8 |  |
| 523A | Has (NAME) ever received a measles rubella (MR) vaccination, that is, an injection in the arm to prevent measles? | YES <br> NO DON'T KNOW | 1 2 8 |  |
| 526A | CONTINUE WITH 501B. |  |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501B | CHECK 215 IN THE PREGNANCY HISTORY: ANY MORE BIRTHS IN 2070-2073? <br> MORE BIRTHS IN 2070-2073 $\square$ NO MORE BIRTHS IN 2070-2073 |  |  |
| 502B | RECORD THE NAME AND PREGNANCY HISTORY NU CHILD BORN IN 2070-2073. <br> NAME OF NEXT-TO- <br> LAST BIRTH $\qquad$ | ER FROM 212D AND 212 OF THE NEXT-TO-LAST <br> PREGNANCY HISTORY NUMBEF $\square$ |  |
| 503B | CHECK 216 FOR CHILD: <br> LIVING $\square$ DEAD |  | $\rightarrow$ 526B |
| 504B | Do you have a card or other document where (NAME)'s vaccinations are written down? | YES, HAS ONLY A CARD $\ldots \ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ 1  <br> YES, HAS ONLY AN OTHER DOCUMENT $\ldots$ 2 <br> YES, HAS CARD AND OTHER DOCUMENT . . . . 3  <br> NO, NO CARD AND NO OTHER DOCUMENT .. 4 | $\begin{aligned} & \longrightarrow \text { 507B } \\ & \longrightarrow 507 \mathrm{~B} \end{aligned}$ |
| 505B | Did you ever have a vaccination card for (NAME)? |  |  |
| 506B | CHECK 504B: <br> CODE '4' CIRCLED |  | $\rightarrow$ 511B |
| 507B | May I see the card or other document where (NAME)'s vaccinations are written down? | YES, ONLY CARD SEEN $\ldots \ldots . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ 1  <br> YES, ONLY OTHER DOCUMENT SEEN $\ldots . .$. 2  <br> YES, CARD AND OTHER DOCUMENT SEEN . 3 <br> NO CARD AND NO OTHER DOCUMENT SEEN . . 4  | $\rightarrow$ 511B |

SECTION 5B. CHILD IMMUNIZATION STATUS (NEXT-TO-LAST BIRTH)


SECTION 5B. CHILD IMMUNIZATION STATUS (NEXT-TO-LAST BIRTH)

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME OF NEXT-TO- <br> LAST BIRTH $\qquad$ | PREGNANCY HISTORY NUMBEF . |  |  |
| 511B | Did (NAME) ever receive any vaccinations to prevent (NAME) from getting diseases, including vaccinations received in campaigns or immunization days? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\xrightarrow{\rightarrow} 526 \mathrm{~B}$ |
| 512B | Has (NAME) ever received a BCG vaccination against tuberculosis, that is, an injection in the arm or shoulder that usually causes a scar? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 514B | Has (NAME) ever received oral polio vaccine, that is, about two drops in the mouth to prevent polio? | YES <br> NO <br> DON'T KNOW | 1 2 8 | $\xrightarrow{\rightarrow} 517 \mathrm{~B}$ |
| 516B | How many times did (NAME) receive the oral polio vaccine? | NUMBER OF TIMES |  |  |
| 517B | Has (NAME) ever received a DPT/pentavalent vaccination, that is, an injection given in the thigh sometimes at the same time as polio drops? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow$ 519B |
| 518B | How many times did (NAME) receive the DPT/pentavalent vaccine? | NUMBER OF TIMES |  |  |
| 519B | Has (NAME) ever received a pneumococcal/PCV vaccination, that is, an injection in the thigh to prevent pneumonia? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 521 \mathrm{Ba}$ |
| 520B | How many times did (NAME) receive the pneumococcal/PCV vaccine? | NUMBER OF TIMES |  |  |
| 521Ba | Has (NAME) ever received an inactivated polio vaccine (IPV), that is, an injection in the thigh to prevent polio? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 523B | Has (NAME) ever received a measles rubella (MR) vaccination, that is, an injection in the arm to prevent measles? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 526B | CHECK 215 IN PREGNANCY HISTORY: ANY MORE B | HS IN 2070-2073? <br> NO MORE BIRTHS <br> IN 2070-2073 |  | $\rightarrow 601$ |



| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 609 | CHECK 464: EVER BREASTFED? |  | MUCH LESS . . . . . . . . . . . . . . . . 1 <br> SOMEWHAT LESS . . . . . . . 2 <br> ABOUT THE SAME . . . . . . . . 3 <br> MORE . . . . . . . . . . 4 <br> NOTHING TO DRINK $\ldots \ldots$ 5 <br> DON'T KNOW . . . . . . . . . . 8 |
| 610 | When (NAME) had diarrhea, was (NAME) given less than usual to eat, about the same amount, more than usual, or nothing to eat? <br> IF LESS, PROBE: Was (NAME) given much less than usual to eat or somewhat less? |  |  |
| 611 | Did you seek advice or treatment for the diarrhea from any source? | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ 2 <br>    | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ 1   <br> NO $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ 2   <br>  $($ SKIP TO 615)    |


|  |  | LAST BIRTH | NEXT-TO-LAST BIRTH |
| :---: | :---: | :---: | :---: |
| NO. | QUESTIONS AND FILTERS | NAME | NAME |
| 612 | Where did you seek advice or treatment? <br> Anywhere else? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE(S). | PUBLIC SECTOR <br> GOVT. HOSPITAL/CLINIC . . A <br> PHC CENTEF.............. B <br> HEALTH POST/SUB- <br> HEALTH POST <br> PHC OUTREACH CLINI..... <br> FCHV $\qquad$ <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) <br> FPAN $\qquad$ G <br> MARIE STOPES $\qquad$ H <br> OTHER NGO FACILITIES $\qquad$ <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/ <br> NURSING HOME. ....... J <br> PRIVATE CLINIC. $\qquad$ <br> PHARMACY <br> OTHER PRIVATE <br> MEDICAL FACILITIES $\qquad$ <br> OTHER SOURCE <br> SHOP <br> TRADITIONAL <br> PRACTITIONER $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) | PUBLIC SECTOR <br> GOVT. HOSPITAL/CLINIC . . A <br> PHC CENTEF.............. B <br> HEALTH POST/SUB- <br> HEALTH POST <br> PHC OUTREACH CLINI..... D FCHV OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) <br> FPAN $\qquad$ G <br> MARIE STOPES $\qquad$ H <br> OTHER NGO FACILITIES $\qquad$ 1 <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/ <br> NURSING HOME . . . . . . . J <br> PRIVATE CLINIC $\qquad$ <br> PHARMACY <br> OTHER PRIVATE <br> MEDICAL FACILITIES $\qquad$ M <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP <br> TRADITIONAL <br> PRACTITIONER $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |
| 613 | CHECK 612: |  |  |
| 614 | Where did you first seek advice or treatment? <br> USE LETTER CODE FROM 612. | FIRST PLACE .......... | FIRST PLACE ......... $\square$ |

SECTION 6. CHILD HEALTH AND NUTRITION

|  | QUESTIONS AND FILTERS | LAST BIRTH |  | XT-TO-LAST |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| NO. |  | NAME |  | NAME |  |
| 615 | Was (NAME) given any of the following at any time since (NAME) started having the diarrhea: <br> a) A fluid made from a special packet called Jeevan Jal/ Navajeevan/ Orestal? <br> c) Homemade remedies (maad, daal soup)? <br> d) Zinc tablets? | a) FLUID FROM ORS PACKET .. 1 <br> c) HOMEMADE FLUID...... 1 <br> d) ZINC $\qquad$ | NO DK <br>   <br> 2 8 <br> 2 8 <br> 2 8 | a) FLUID FROM ORS PACKET .. 1 <br> c) HOMEMADE FLUID. $\qquad$ <br> d) ZINC $\qquad$ | NO DK <br>   <br> 2 8 <br> 2 8 <br> 2 8 |
| 615E | CHECK 615: <br> GIVEN ZINC? | $\begin{array}{cc} \text { CODE '1' } \\ \text { CIRCLED } \\ \text { IN (d) } \end{array}$ |  | $\begin{array}{cr} \text { CODE `1' } & \text { COD } \\ \text { CIRCLED } \\ \text { IN (d) } & \text { NOT CIRC } \\ \square & \\ \square & \text { (SKIP TO } \end{array}$ |  |
| 615F | How many days was (NAME) given zinc? | DAYS <br> DON'T KNOV |  | DAYS <br> DON'T KNOV |  |
| 616 | CHECK 615: <br> ANY 'YES' <br> a) Was anything else given to treat the diarrhea? <br> ALL 'NO' OR 'DK' <br> b) Was anything given to treat the diarrhea? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \ldots . & 1 \\ \ldots . & 2 \\ \hline 8) & \\ \ldots . & 8 \end{array}$ | YES <br> NO <br> (SKIP T <br> DON'T KNOW | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \\ 8) \gtrless & \\ \ldots & 8 \end{array}$ |
| 617 | CHECK 615: | PILL OR SYRUP ANTIBIOTIC ANTIMOTILITY OTHER (NOT ANTIB OR ANTIMOTILITY) UNKNOWN PILL OR SYRUP <br> INJECTION <br> ANTIBIOTIC NON-ANTIBIOTIC UNKNOWN INJECTION <br> (IV) INTRAVENOUS $\qquad$ <br> HERBAL MEDICINE OTHER $\qquad$ | $\begin{array}{cc} \ldots \ldots & \mathrm{A} \\ \ldots \ldots & \mathrm{~B} \\ \mathrm{TIC} & \\ \ldots & \mathrm{C} \\ \ldots \ldots & \mathrm{D} \\ & \\ \ldots \ldots & \mathrm{E} \\ \ldots \ldots & \mathrm{~F} \\ \ldots \ldots & \mathrm{G} \\ \ldots \ldots & \mathrm{H} \\ & \\ \ldots \ldots & \mathrm{I} \\ & \mathrm{x} \end{array}$ | PILL OR SYRUP ANTIBIOTIC ANTIMOTILITY OTHER (NOT ANTIBI OR ANTIMOTILITY) UNKNOWN PILL OR SYRUP <br> INJECTION <br> ANTIBIOTIC NON-ANTIBIOTIC UNKNOWN INJECTION <br> (IV) INTRAVENOUS <br> HERBAL MEDICINE <br> OTHER $\qquad$ | $\ldots .$ <br> TiC <br> ..... C <br> ..... D <br> $\ldots$ E <br> ..... G <br> ..... H <br> .... I $\qquad$ x |
| 618 | Has (NAME) been ill with a fever at any time in the last 2 weeks? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \\ \ldots & 8 \end{array}$ | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \\ \cdots & 8 \end{array}$ |
| 620 | Has (NAME) had an illness with a cough at any time in the last 2 weeks? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \\ \ldots & 8 \end{array}$ | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \\ \ldots & 8 \end{array}$ |
| 621 | Has (NAME) had fast, short, rapid breaths or difficulty breathing at any time in the last 2 weeks? |  | $\begin{array}{ll}\ldots . . & 1 \\ \ldots . . & 2 \\ 23) \longleftarrow & 8 \\ \ldots . . & 8\end{array}$ | YES NO <br> (SKIP TO DON'T KNOW | $\left.\begin{array}{cc} \ldots \ldots & 1 \\ \ldots . & 2 \\ \hdashline 23) \longleftarrow & \\ \ldots \ldots & 8 \end{array}\right]$ |

SECTION 6. CHILD HEALTH AND NUTRITION


SECTION 6. CHILD HEALTH AND NUTRITION


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 647 | CHECK 615(a), ALL COLUMNS: <br> NO CHILD RECEIVED FLUID FROM ORS PACKET | ANY CHILD RECEIVED FLUID $\square$ FROM ORS PACKET | $\rightarrow 649$ |
| 648 | Have you ever heard of a special product called Jeevan Ja/Navajeevan/Orestal you can get for the treatment of diarrhea? <br> SHOW ORS PACKAGE | YES NO |  |
| 649 | CHECK 215 AND 218, ALL ROWS: NUMBER OF CHILDR RESPONDENT <br> ONE OR MORE <br> (NAME OF YOUNGEST CHILD LIVING WITH HER) | N BORN IN 2071-2073 LIVING WITH THE <br> NONE $\square$ | $\rightarrow$ 653B |




| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 653B | CHECK 224: <br> ONE OR MORE BIRTHS IN 2068-2073 $\square$ | NO BIRTHS IN 2068-2073 $\square$ | 701 |
| 653C | Have you been counseled by any health related professional (including FCHV) about Maternal, Infant and Young Child Nutrition (MIYCN) in the last 6 months? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\rightarrow$ 653G |
| 653D | Who gave you this advice/counseling on nutrition? | HEALTH PERSONNEL <br> DOCTOR <br> NURSE/MIDWIFE/ANM <br> HEALTH ASSISTANT/AHW <br> MCHW <br> VHW <br> OTHER PERSON <br> TRADITIONAL BIRTH ATTENDANT FCHV <br> MOTHER'S GROUP <br> SOCIAL MOBILIZER <br> TRADITIONAL HEALERS <br> OTHER |  |
| 653E | When did you receive the advice or counseling? | DURING ANC VISIT DURING PNC VISIT <br> VISIT TO HEALTH FACILITY <br> DURING FCHV HOME VISIT <br> DURING HEALTH MOTHER'S GROUP MEETING <br> OTHER $\qquad$ <br> (SPECIFY) |  |
| 653F | What were you counseled on? | NEED FOR PREGNANT WOMEN TO GET <br> SUFFICIENT REST <br> PREGNANT WOMEN EAT HEALTHY <br> PREGNANT WOMAN SHOULD EAT ONE <br> EXTRA MEAL PER DAY <br> PREGNANT WOMEN SHOULD TAKE <br> RECOMMENDED DOSE (180 DAYS) OF <br> IRON TABLETS <br> BREASTFEED WITHIN ONE HOUR OF BIRTH <br> EXCLUSIVELY BREASTFEED INFANTS FOR <br> 6 MONTHS AFTER BIRTH <br> TIMING AND INTRODUCTION OF COMPLEMENTAR <br> FOOD AND CONTINUE BREASTFEEDING <br> FOR UPTO 2 YEARS <br> OTHER |  |
| 653G | Is there growth monitoring promotion in this ward (at your closest health facility)? |  | $\rightarrow 653 \mathrm{~L}$ |
| 653H | Where did you attend the growth monitoring promotion sessions? | PHC OUTREACH CLINIC HEALTH FACILITY <br> OTHER $\qquad$ (SPECIFY) <br> DID NOT PARTICIPATE DON'T KNOW | $\rightarrow$ 653L |
| 6531 | Was there individual nutrition and health counseling at the growth monitoring session? | YES <br> NO <br> DON'T KNOW |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 653J | Did the health worker explain how to interpret the growth chart? <br> SHOW GROWTH CHART |  |  |
| 653K | Was weight taken at the following health contacts? <br> a) At birth? <br> b) At immunization? <br> c) At vitamin A distribution? <br> d) At sick child visit? <br> f) Other contacts? |  |  |
| 653L | CHECK 649 <br> ONE OR MORE $\square$ | NONE | $\rightarrow 701$ |
| 654 | The last time (NAME FROM 649) passed stools, what was done to dispose of the stools? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 701 | Are you currently married or living together with a man as if married? | YES, CURRENTLY MARRIED YES, LIVING WITH A MAN NO, NOT IN UNION |  |  | $\xrightarrow{\longrightarrow} 704$ |
| 702 | Have you ever been married or lived together with a man as if married? | YES, FORMERLY MARRIED YES, LIVED WITH A MAN NO |  | 1 2 3 | $\rightarrow 712$ |
| 703 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED DIVORCED SEPARATED |  | 1 2 3 | $\longrightarrow 709$ |
| 704 | Is your (husband/partner) living with you now or is he staying elsewhere? | LIVING WITH HER STAYING ELSEWHERE |  | 1 | $\rightarrow 705$ |
| 704A | For how long have you and your husband not been living together? <br> IF LESS THAN 1 YEAR, ANSWER MUST BE RECORDED IN MONTHS. IF 12 MONTHS (ONE YEAR) OR MORE, ANSWER MUST BE RECORDED IN YEARS. | MONTHS <br> YEARS |  |  |  |
| 705 | RECORD THE HUSBAND'S/PARTNER'S NAME AND LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE. IF HE IS NOT LISTED IN THE HOUSEHOLD, RECORD '00'. | NAME <br> LINE NO. |  |  |  |
| 706 | Does your (husband/partner) have other wives or does he live with other women as if married? | YES <br> NO <br> DON'T KNOW |  | 1 2 8 | $\xrightarrow{\longrightarrow} 709$ |
| 707 | Including yourself, in total, how many wives or live-in partners does he have? | TOTAL NUMBER OF WIVES AND LIVE-IN PARTNERS DON'T KNOW |  |  |  |
| 708 | Are you the first, second, ... wife? | RANK |  |  |  |
| 709 | Have you been married or lived with a man only once or more than once? | ONLY ONCE <br> MORE THAN ONCE |  | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ |  |
| 709A | Has your marriage been registered? | YES <br> NO |  | 1 |  |
| 710 | CHECK 709: <br> MARRIED/ <br> LIVED WITH A MAN <br> ONLY ONCE <br> a) In what month and year did you start living with your (husband/partner)? <br> MARRIED/ LIVED WITH A MAN MORE <br> THAN ONCE <br> b) Now I would like to ask about your first (husband/partner). In what month and year did you start living with him? | MONTH <br> DON'T KNOW MONTH <br> YEAR <br> DON'T KNOW YEAR |  |  | $\xrightarrow{\longrightarrow} 712$ |
| 711 | How old were you when you first started living with him? | AGE |  |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 712 | CHECK FOR PRESENCE OF OTHERS. BEFORE CONTINUING, MAKE EVERY EFFORT TO ENSURE PRIVACY. |  |  |  |
| 713 | Now I would like to ask some questions about sexual activity in order to gain a better understanding of some important life issues. Let me assure you again that your answers are completely confidential and will not be told to anyone. If we should come to any question that you don't want to answer, just let me know and we will go to the next question. How old were you when you had sexual intercourse for the very first time? | NEVER HAD SEXUAL <br> INTERCOURSE <br> AGE IN YEARS | $$ | $\rightarrow 731$ |
| 714 | I would like to ask you about your recent sexual activity. When was the last time you had sexual intercourse? <br> IF LESS THAN 12 MONTHS, ANSWER MUST BE RECORDED IN DAYS, WEEKS OR MONTHS. IF 12 MONTHS (ONE YEAR) OR MORE, ANSWER MUST BE RECORDED IN YEARS. | DAYS AGO $\ldots \ldots \ldots \ldots$. 1 <br> WEEKS AGO $\ldots \ldots \ldots \ldots$. 2 <br> MONTHS AGO $\ldots \ldots \ldots \ldots$. 3 <br> YEARS AGO $\ldots \ldots \ldots \ldots$. 4 |  |  |

SECTION 7. MARRIAGE AND SEXUAL ACTIVITY


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 724 | CHECK 106: <br> AGE 15-24 | AGE 25-49 |  | $\rightarrow 727$ |
| 725 | CHECK 701: |  |  | $\rightarrow 727$ |
| 726 | In the past 12 months have you had sex or been sexually involved with anyone because he gave you or told you he would give you gifts, cash, or anything else? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |  |
| 727 | In total, with how many different people have you had sexual intercourse in your lifetime? <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. IF NUMBER OF PARTNERS IS 95 OR MORE, RECORD '95'. | NUMBER OF PARTNERS <br> in Lifetime <br> DON'T KNOW |  |  |
| 728 | CHECK 716, MOST RECENT PARTNER (FIRST COLU |  |  | $\begin{aligned} & \rightarrow 731 \\ & \rightarrow 731 \end{aligned}$ |
| 729 | You told me that a condom was used the last time you had sex. What is the brand name of the condom used at that time? <br> IF BRAND NOT KNOWN, ASK TO SEE THE PACKAGE. | DHAAL <br> PANTHER <br> DZIRE <br> KAMASUTRA <br> JODI <br> NUMBER 1 <br> BLACK COBRA <br> MOHP - NO BRAND <br> OTHER $\qquad$ | 01 02 03 04 05 06 07 08 96 98 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 730 | From where did you obtain the condom the last time? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL/CLINII. . . . . . . . . . 11 <br> PRIMARY HEALTH CARE CENTE . . . . . . . . . . 12 <br> HEALTH POST/SUB- <br> HEALTH POST . ......................... 13 <br> PHC OUTREACH CLINI....................... 14 <br> MOBILE CAMP .............................. 15 <br> FCHV .......................................... 16 <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN........................................ 21 <br> MARIE STOPES ................................. 22 <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/ <br> NURSING HOME . . . . . . . . . . . . . . . . . . . . . . . 31 <br> PRIVATE CLINIC. . . . . . . . . . . . . . . . . . . . . . . . . . . 32 <br> PHARMACY .............................. 33 <br> SANGINI OUTLET .......................... 34 <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> OTHER SOURCE $\qquad$ <br> FRIEND/RELATIVE ............................ 42 <br> OTHER $\qquad$ 96 |  |
| 731 | PRESENCE OF OTHERS DURING THIS SECTION. |   YES NO <br> CHILDREN $<10 \ldots \ldots \ldots \ldots \ldots$ 1 2  <br> MALE ADULTS $\ldots \ldots \ldots \ldots \ldots \ldots$ 1 2  <br> FEMALE ADULTS $\ldots \ldots \ldots \ldots \ldots$. 1 2  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |
| :---: | :---: | :---: |
| 801 | CHECK 304: | HE OR SHE $\square$ STERILIZED |
| 802 | CHECK 226: <br> PREGNANT | T PREGNANT OR UNSURE |
| 803 | Now I have some questions about the future. After the child you are expecting now, would you like to have another child, or would you prefer not to have any more children? | HAVE ANOTHER CHILD NO MORE UNDECIDED/DON'T KNOW |
| 804 | Now I have some questions about the future. Would you like to have (a/another) child, or would you prefer not to have any (more) children? | HAVE (A/ANOTHER) CHILD NO MORE/NONE SAYS SHE CAN'T GET PREGNANT UNDECIDED/DON'T KNOW |
| 805 | CHECK 226: <br> NOT PREGNANT OR UNSURE <br> a) How long would you like to wait from now before the birth of (a/another) child? <br> PREGNANT <br> b) After the birth of the child you are expecting now, how long would you like to wait before the birth of another child? |  |
| 806 | CHECK 226: <br> NOT PREGNANT OR UNSURE | PREGNANT |
| 807 | CHECK 303: USING A CONTRACEPTIVE METHOD? | CURRENTLY <br> USING |
| 808 | CHECK 805: <br> '24' OR MORE MONTHS <br> NOT OR '02' OR MORE YEARS | '00-23' MONTHS OR '00-01' YEAR |
| 809 | CHECK 714: <br> DAYS, WEEKS OR <br> MONTHS AGO |  |



SECTION 8. FERTILITY PREFERENCES


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 901 | CHECK 701: <br> CURRENTLY MARRIED/ LIVING WITH A MAN | NOT IN $\square$ <br> UNION | $\rightarrow 909$ |
| 902 | How old was your (husband/partner) on his last birthday? | AGE IN COMPLETED YEARS |  |
| 903 | Did your (husband/partner) ever attend school? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\longrightarrow 906$ |
| 905 | What was the highest grade he completed? <br> IF COMPLETED LESS THAN ONE GRADE, RECORD '00'. | GRADE <br> DON'T KNOW |  |
| 906 | Has your (husband/partner) done any work in the last 7 days? | YES <br> NO <br> DON'T KNOW | $\rightarrow 908$ |
| 907 | Has your (husband/partner) done any work in the last 12 months? | YES <br> NO DON'T KNOW | $\xrightarrow{\rightarrow} 909$ |
| 908 | What is your (husband's/partner's) occupation? That is, what kind of work does he mainly do? |  |  |
| 909 | Aside from your own housework, have you done any work in the last seven days? | YES NO | $\rightarrow 913$ |
| 910 | As you know, some women take up jobs for which they are paid in cash or kind. Others sell things, have a small business or work on the family farm or in the family business. In the last seven days, have you done any of these things or any other work? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\longrightarrow 913$ |
| 911 | Although you did not work in the last seven days, do you have any job or business from which you were absent for leave, illness, vacation, maternity leave, or any other such reason? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\longrightarrow 913$ |
| 912 | Have you done any work in the last 12 months? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\longrightarrow 916 \mathrm{~A}$ |
| 913 | What is your occupation? That is, what kind of work do you mainly do? |  |  |

SECTION 9. HUSBAND'S BACKGROUND AND WOMAN'S WORK

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 914 | Do you do this work for a member of your family, for someone else, or are you self-employed? |  |  |
| 915 | Do you usually work throughout the year, or do you work seasonally, or only once in a while? |  |  |
| 916 | Are you paid in cash or kind for this work or are you not paid at all? |  |  |
| 916A | Would you say women are paid less, equal, or more than men for the same job in your locality? |  |  |
| 917 | CHECK 701: <br> CURRENTLY MARRIED/LIVING WITH A MAN | NOT IN UNION | $\rightarrow 925$ |
| 918 | CHECK 916: <br> CODE '1' OR '2' $\square$ CIRCLED | OTHER | $\rightarrow 921$ |
| 919 | Who usually decides how the money you earn will be used: you, your (husband/partner), or you and your (husband/partner) jointly? |  |  |
| 920 | Would you say that the money that you earn is more than what your (husband/partner) earns, less than what he earns, or about the same? |  | $\rightarrow 922$ |
| 921 | Who usually decides how your (husband's/partner's) earnings will be used: you, your (husband/partner), or you and your (husband/partner) jointly? |  |  |
| 922 | Who usually makes decisions about health care for yourself: you, your (husband/partner), you and your (husband/partner) jointly, or someone else? |  |  |
| 923 | Who usually makes decisions about making major household purchases? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORI |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 924 | Who usually makes decisions about visits to your family or relatives? | RESPONDENT HUSBAND/PARTNER RESPONDENT AND <br> HUSBAND/PARTNER JOINTLY SOMEONE ELSE OTHER |  |  |
| 924A | Who usually makes decisions about your children's education? | RESPONDENT HUSBAND/PARTNER RESPONDENT AND <br> HUSBAND/PARTNER JOINTLY SOMEONE ELSE OTHER |  |  |
| 924B | Who decides how your inherited asset (pewa) is used? | RESPONDENT HUSBAND/PARTNER RESPONDENT AND <br> HUSBAND/PARTNER JOINTLY SOMEONE ELSE OTHER |  |  |
| 925 | Do you own this or any other house either alone or jointly with someone else? | ALONE ONLY JOINTLY ONLY BOTH ALONE AND JOINTLY DOES NOT OWN |  | $\rightarrow 928$ |
| 926 | Do you have a title deed for any house you own? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \ldots \ldots \ldots & 1 \\ \ldots \ldots \ldots & 2 \\ \ldots \ldots \ldots & 8 \end{array}$ |  |
| 928 | Do you own any agricultural or non-agricultural land either alone or jointly with someone else? | ALONE ONLY JOINTLY ONLY BOTH ALONE AND JOINTLY DOES NOT OWN |  | $\rightarrow 930 \mathrm{~A}$ |
| 929 | Do you have a title deed for any land you own? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \ldots \ldots \ldots & 1 \\ \cdots \cdots \cdots & 2 \\ \ldots \ldots \ldots & 8 \end{array}$ |  |
| 930A | Do you know the following about your household? <br> a) How much property/land owned? <br> b) Under whose name it is registered? | YES <br> a) OWNERSHIF........... 1 <br> b) REGISTRATION . . . . . . . 1 | NO LAND/ $\begin{array}{cc} \text { NO } & \text { PROPERTY } \\ 2 & 3 \\ 2 & 3 \end{array}$ |  |
| 931 | PRESENCE OF OTHERS AT THIS POINT (PRESENT AND LISTENING, PRESENT BUT NOT LISTENING, OR NOT PRESENT) | $\begin{array}{lll} \text { CHILDREN }<10 \ldots \ldots & \ldots \\ \text { HUSBAND } \quad \ldots \ldots & 1 \\ \text { OTHER MALES . . . . . . . . . . } & 1 \\ \text { OTHER FEMALES . . . . . } & 1 \end{array}$ | PRES./I  <br> NOT NOT <br> LISTEN. PRES. <br> 2 3 <br> 2 3 <br> 2 3 <br> 2 3 |  |
| 932 | In your opinion, is a husband justified in hitting or beating his wife in the following situations: <br> a) If she goes out without telling him? <br> b) If she neglects the children? <br> c) If she argues with him? <br> d) If she refuses to have sex with him? <br> e) If she burns the food? <br> f) If she brings less or brings no dowry? |  | NO DK <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1001 | Now I would like to talk about something else. Have you ever heard of HIV or AIDS? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll}  & \\ \cdots \cdots & 1 \\ \ldots \ldots & 2 \end{array}$ | $\longrightarrow 1042$ |
| 1002 | HIV is the virus that can lead to AIDS. Can people reduce their chance of getting HIV by having just one uninfected sex partner who has no other sex partners? | YES <br> NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 1003 | Can people get HIV from mosquito bites? |  | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 1004 | Can people reduce their chance of getting HIV by using a condom every time they have sex? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots \ldots & 1 \\ \cdots \cdots & 2 \\ \ldots \ldots & 8 \end{array}$ |  |
| 1005 | Can people get HIV by sharing food with a person who has HIV? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \\ \ldots \ldots & 1 \\ \cdots \cdots \cdots & 2 \\ \cdots \cdots \cdots & 8\end{array}$ |  |
| 1006 | Can people get the AIDS virus by touching someone who has AIDS? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots \ldots & 1 \\ \cdots \cdots \cdots & 2 \\ \ldots \ldots \ldots & 8 \end{array}$ |  |
| 1007 | Is it possible for a healthy-looking person to have HIV? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \\ \ldots \ldots . & 1 \\ \ldots \ldots . & 2 \\ \ldots \ldots & 8\end{array}$ |  |
| 1008 | Can HIV be transmitted from an infected mother to her baby: <br> a) During pregnancy? <br> b) During delivery? <br> c) By breastfeeding? |  YES   <br> a) DURING PREGNANCY $\ldots$ 1   <br> b) DURING DELIVERYY .... 1   <br> c) BREASTFEEDING $\ldots .$. 1   | NO DK <br> 2 8 <br> 2 8 <br> 2 8 |  |
| 1009 | CHECK 1008: <br> AT LEAST ONE 'YES' | OTHER |  | $\longrightarrow 1011$ |
| 1010 | Are there any special drugs that a doctor or a nurse can give to a woman infected with HIV to reduce the risk of transmission to the baby? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \cdots \cdots \cdots & 1 \\ \cdots \cdots \cdots & 2 \\ \cdots \cdots \cdots & 8 \end{array}$ |  |
| 1011 | CHECK 208 AND 215: <br> LAST BIRTH IN 2071-2073 $\square$ | NO BIRTHS $\square$ <br> LAST BIRTH IN 2070 OR EARLIER $\square$ |  |  |
| 1012 | CHECK 408 FOR LAST BIRTH: | NO <br> ANTENATAL $\square$ <br> CARE |  | $\rightarrow 1024$ |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1024 | CHECK 1016: $\text { YES } \square$ | NO OR | 1027 |
| 1025 | Have you been tested for HIV since that time you were tested during your pregnancy? |  | $\rightarrow 1028$ |
| 1026 | How many months ago was your most recent HIV test? |  | $\rightarrow 1032 \mathrm{~A}$ |
| 1027 | I don't want to know the results, but have you ever been tested for HIV? |  | $\rightarrow 1031$ |
| 1028 | How many months ago was your most recent HIV test? | MONTHS AGO ..................... <br>  <br> TWO OR MORE YEARS ..................... 95 |  |
| 1029 | I don't want to know the results, but did you get the results of the test? |  |  |
| 1030 | Where was the test done? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL.................... . 11 <br> PRIMARY HEALTH CARE CENTER ........ 12 <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN ......................................... 21 <br> MARIE STOPES ................................. 22 <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC/ <br> NURSING HOME ................... 31 <br> PRIVATE CLINIC .......................... 32 <br> STAND-ALONE HTC/VCT CENTER ........ 33 <br> PHARMACY ............................. 34 <br> MOBILE HTC/VCT SERVICES ............ 35 <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> OTHER SOURCE <br> CORRECTIONAL FACILITY ................ 43 <br> OTHER $\qquad$ 96 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1031 | Do you know of a place where people can go to get an HIV test? |  | $\rightarrow$ 1032A |
| 1032 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL. .................. . A <br> PRIMARY HEALTH CARE CENTER ........ B <br> OTHER PUBLIC FACILITIES $\qquad$ D <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN............................................ E <br> MARIE STOPES $\qquad$ F <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC/ <br> PRIVATE DOCTOR <br> PRIVATE CLINIC. $\qquad$ <br> STAND-ALONE HTC/VCT CENTER . . . . . . . J J <br> PHARMACY ............................. K <br> MOBILE HTC/VCT SERVICES . $\qquad$ L <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ M <br> (SPECIFY) <br> OTHER $\qquad$ X |  |
| 1032A | Do you think there is a treatment for HIV? |  | $\rightarrow 1035$ |
| 1032B | Do you know from where HIV treatment (Anti Retroviral Treatment) can be received? |  |  |
| 1035 | Would you buy fresh vegetables from a shopkeeper or vendor if you knew that this person had HIV? |  |  |
| 1036 | Do you think children living with HIV should be allowed to attend school with children who do not have HIV? |  |  |
| 1037 | Do you think people hesitate to take an HIV test because they are afraid of how other people will react if the test result is positive for HIV? |  |  |
| 1038 | Do people talk badly about people living with HIV, or who are thought to be living with HIV? |  |  |
| 1039 | Do people living with HIV, or thought to be living with HIV, lose the respect of other people? |  |  |
| 1040 | Do you agree or disagree with the following statement: I would be ashamed if someone in my family had HIV. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1041 | Do you fear that you could get HIV if you come into contact with the saliva of a person living with HIV? | YES <br> NO <br> SAYS SHE HAS HIV <br> DON'T KNOW/NOT SURE/DEPENDS | 1 2 3 8 |  |
| 1042 | CHECK 1001: <br> HEARD ABOUT <br> a) Apart from HIV, have you heard about other infections that can be transmitted through <br> NOT HEARD ABOUT <br> b) Have you heard about infections that can be transmitted through sexual contact? sexual contact? | YES <br> NO | 1 2 |  |
| 1043 | CHECK 713: <br> HAS HAD SEXUAL INTERCOURSE | EVER HAD SEXUAL $\square$ INTERCOURSE |  | 1051 |
| 1044 | CHECK 1042: HEARD ABOUT OTHER SEXUALLY TRA <br> YES | SMITTED INFECTIONS? <br> NO $\square$ |  | 1046 |
| 1045 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a disease which you got through sexual contact? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 1046 | Sometimes women experience a bad-smelling abnormal genital discharge. During the last 12 months, have you had a bad-smelling abnormal genital discharge? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 1047 | Sometimes women have a genital sore or ulcer. During the last 12 months, have you had a genital sore or ulcer? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 1048 | CHECK 1045, 1046, AND 1047: <br> HAS HAD AN INFECTION (ANY 'YES') | HAS NOT HAD AN $\square$ INFECTION OR DOES NOT KNOW |  | 1051 |
| 1049 | The last time you had (PROBLEM FROM 1045/1046/1047), did you seek any kind of advice or treatment? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 | 1051 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1050 | Where did you go? <br> Any other place? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE |  |  |
| 1051 | If a wife knows her husband has a disease that she can get during sexual intercourse, is she justified in asking that they use a condom when they have sex? |  |  |
| 1052 | Is a wife justified in refusing to have sex with her husband when she knows he has sex with other women? |  |  |
| 1053 | CHECK 701: <br> CURRENTLY MARRIED/ LIVING WITH A MAN | NOT IN UNION $\square$ 1 | 1101 |
| 1054 | Can you say no to your (husband/partner) if you do not want to have sexual intercourse? |  |  |
| 1055 | Could you ask your (husband/partner) to use a condom if you wanted him to? |  |  |

SECTION 11. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1101 | Now I would like to ask you some other questions relating to health matters. Have you had an injection for any reason in the last 12 months? <br> IF YES: How many injections have you had? <br> IF NUMBER OF INJECTIONS IS 90 OR MORE, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE |  | $\longrightarrow 1104$ |
| 1102 | Among these injections, how many were administered by a doctor, a nurse, a pharmacist, a dentist, or any other health worker? <br> IF NUMBER OF INJECTIONS IS 90 OR MORE, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE |  | $\longrightarrow 1104$ |
| 1103 | The last time you got an injection from a health worker, did he/she take the syringe and needle from a new, unopened package? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 1104 | Do you currently smoke cigarettes every day, some days, or not at all? | EVERY DAY <br> SOME DAYS <br> NOT AT ALL |  | $\xrightarrow{\square} 1106$ |
| 1105 | On average, how many cigarettes do you currently smoke each day? | NUMBER OF CIGARETTES . . . . . |  |  |
| 1106 | Do you currently smoke or use any other type of tobacco every day, some days, or not at all? | EVERY DAY <br> SOME DAYS <br> NOT AT ALL | 1 2 3 | $\longrightarrow 1107 \mathrm{~A}$ |
| 1107 | What other type of tobacco do you currently smoke or use? <br> RECORD ALL MENTIONED. | PIPES FULL OF TOBACCO/SULPHA, CHILUM CIGARS <br> WATER PIPE <br> SNUFF BY MOUTH <br> SNUFF BY NOSE <br> CHEWING TOBACCO (GUTKA/KHAII <br> BETEL QUID WITH TOBACCO <br> OTHER | $\begin{aligned} & \mathrm{A} \\ & \mathrm{~B} \\ & \mathrm{C} \\ & \mathrm{D} \\ & \mathrm{E} \\ & \mathrm{~F} \\ & \mathrm{G} \end{aligned}$ |  |
| 1107A | Have you ever heard of an illness called tuberculosis or TB? | YES <br> NO |  | $\longrightarrow 1108$ |
| 1107B | What are the common symptoms of TB ? <br> RECORD ALL MENTIONED. | COUGH FOR MORE THAN 2 WEEKS <br> FEVER IN THE EVENINGS <br> CHEST PAIN <br> LOSS OF WEIGr . <br> LOSS OF APPETITE. <br> HEMOPTYSIS <br> OTHER $\qquad$ <br> DON'T KNOW | A <br> B <br> C <br> D <br> E <br> F <br> X <br> Z |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1107C | How does tuberculosis spread from one person to another? <br> RECORD ALL MENTIONED. |  |  |
| 1107D | If you were sick with TB, where would you prefer to seek care? <br> RECORD ALL MENTIONED. |  |  |
| 1107E | If a member of your family got tuberculosis, would you want it to remain a secret or not? |  |  |

## SECTION 11. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS |  | CODING CATE | GORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1108 | Many different factors can prevent women from getting medical advice or treatment for themselves. When you are sick and want to get medical advice or treatment, is each of the following a big problem or not a big problem: <br> a) Getting permission to go to the doctor/health service provider? <br> b) Getting money needed for advice or treatment? <br> c) The distance to the health facility? <br> d) Not wanting to go alone? <br> e) No female health service provider available in the health facility |  | PERMISSION TO GO .. GETTING MONEY DISTANCE GO ALONE FEMALE PROVIDEF | BIG <br> PROBLEM $\text { ... } 1$ $\ldots \quad 1$ $\ldots \quad 1$ $\ldots \quad 1$ $\text { . . } 1$ | NOT A BIG PROBLEM <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 |  |
| 1108A | In the last three months have you heard or seen the following programs on the radio and/or television: <br> a) Jana Swastha Radio Karyakram? <br> b) Janasankhya Chetana ka Sworeharu Radio Karyakram? <br> c) Jeevan Chakra TV Karyakram? <br> d) Thorai bhaye pugi sari TV Karyakram? <br> e) Sathi Sanga Manka Kura Radio Karyakram? <br> f) Bhanchin Aama Radio Karyakram? <br> g) Bhandai Sundai Radio Karyakram? <br> h) Pariwar Niyojan, SMART Bancha Jeevan TV/Radio Karyakram? <br> i) Navimalam TV/Radio Karyakram? | f) g) h) i) | JANA SWASTHA JANASANKHYA JEEVAN CHAKRA THORAI BHAYA SATHI SANGA MANKA . . BHANCHIN AAMA BHANDAI SUNDAI SMART BANCHA JEEVAN NAVIMALAM | $\begin{array}{ll}  & \text { YES } \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \\ \ldots & 1 \end{array}$ | NO <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 |  |

SECTION 11. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1108B | Is there a health mother's group in this ward? |  | $\xrightarrow{\longrightarrow} 1201$ |
| 1108C | In the past 6 months, how many health mother's group meetings have you participated in? | NUMBER OF MEETING . . |  |
| 1108D | What issues are discussed during the health mother's group meetings? <br> RECORD ALL MENTIONED. | RECEIVED INFORMATION OF CHILD FEED..... A RECEIVED INFORMATION ON FOOD/COOKIN. . B RECEIVED INFORMATION ON GARDENINC . . . . . C RECEIVED INFORMATION ON POULTR . . . . . . . D RECEIVED INFORMATION ON PROCESSII . . . . . E RECEIVED INFORMATION ON REPRODUCTIVE <br> HEALTH/WOMEN'S HEALTH CAF........... F WATCH DEMONSTRATION ON COOKIN ........ G DISCUSS ABOUT NUTRITION DISCUSS GENDER ISSUES DISCUSS ABOUT HANDWASHIN. . . . . . . . . . . . . . . J DISCUSS ABOUT TOILET DISCUSS ABOUT FAMILY PLANNING DISCUSS ABOUT DIARRHEA <br> OTHER $\qquad$ X |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1201 | Now I would like to ask you some questions ab including those who are living with you, those I in prior surveys, we know it may sometimes be your natural mother. We will work together to d Could you please now give me the names of al DO NOT FILL IN THE ORDER NUMBER YET | rothers and sisters born to your natural $m$ here and those who have died. From our establish a complete list of all the childr st complete list and work to recall all your rothers and sisters born to your natural mot <br> NAME <br> k $\qquad$ <br> I $\qquad$ m $\qquad$ <br> n $\qquad$ <br> o $\qquad$ <br> p $\qquad$ <br> q $\qquad$ <br> r $\qquad$ <br> t $\qquad$ | mother, our experience dren born to your siblings. mother. <br> ORDER NUMBER |  |
| 1202 | CHECK 1201: <br> ONE OR MORE BROTHERS OR SISTERS LISTED | ERS $\square$ <br> TED |  | 1204 |
| 1203 | READ THE NAMES OF THE BROTHERS AND ONE ASK: Are there any other brothers and si <br> NO <br> YES $\square$ | TO THE RESPONDENT AND AFTER the same mother that you have not men ST ADDITIONAL BROTHERS AND SIS 201. | R THE LAST entioned? <br> ISTERS IN |  |
| 1204 | Sometimes people forget to mention children or they do not see them very often. Are there not mentioned? <br> NO <br> YES $\qquad$ | natural mother because they do not live or sisters who do not live with you that <br> ST ADDITIONAL BROTHERS AND SIS 201. | ive with them at you have <br> ISTERS IN |  |
| 1205 | Sometimes people forget to mention children any brothers or sisters who died that you have <br> NO <br> YES $\square$ | natural mother because they have died ned? <br> ST ADDITIONAL BROTHERS AND 201. | d. Are there <br> ISTERS IN |  |
| 1206 | Some people have brothers or sisters from the sisters born to your natural mother, but who ha <br> NO <br> YES $\square$ | her but a different father. Are there any nt natural father, that you have not men <br> ST ADDITIONAL BROTHERS AND 201. | brothers or entioned? <br> ISTERS IN |  |
| 1207 | COUNT THE NUMBER OF BROTHERS AND SISTERS RECORDED IN 1201. | TOTAL BROTHERS AND SISTERS . . |  |  |



| 1212 | LIST THE BROTHERS AND SISTERS ACCORDING TO THE ORDER NUMBER IN 1201. ASK 1214 TO 1225 FOR ONE BROTHER OR SISTER BEFORE ASKING ABOUT THE NEXT BROTHER OR SISTER. IF THERE ARE MORE THAN 12 BROTHERS AND SISTERS, USE AN ADDITIONAL QUESTIONNAIRE. |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1213 | NAME OF BROTHER OR SISTER. | (01) | (02) | (03) | (04) | (05) | (06) |
| 1214 | Is (NAME) male or female? | $\begin{array}{lll} \text { MALE ... } & 1 \\ \text { FEMALE } \end{array}$ | $\begin{array}{ll} \text { MALE ... } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{array}{lll} \text { MALE ... } & 1 \\ \text { FEMALE . } \end{array}$ | $\begin{array}{lll} \hline \text { MALE ... } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{array}{ll} \text { MALE ... } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{aligned} & \text { MALE ... } 1 \\ & \text { FEMALE . } 2 \end{aligned}$ |
| 1215 | Is (NAME) still alive? | $\left.\begin{array}{c} \text { YES } \ldots . . \\ \text { NO } \ldots . \\ \text { GO TO } 1217 \\ \text { DK } \ldots \ldots \\ \text { GO TO } . . \\ \hline \end{array}\right]$ | $\begin{gathered} \text { YES } \ldots \ldots . \\ \text { NO } \ldots . . \\ \text { GO TO } 1217 \\ \left.\begin{array}{c} 1217 \\ \text { DK } \ldots . . . \\ \hline \end{array}\right] \\ \text { GO TO (03) } \end{gathered}$ | $\left.\begin{array}{c} \text { YES ..... } \\ \text { NO } \ldots . . \\ \text { GO TO } 1217 \\ \text { DK } \ldots . . . \\ \text { GO TO (04) } \end{array}\right]$ |  |  | $\begin{aligned} & \text { YES } \ldots \ldots \\ & \text { NO ..... } \\ & \left.\begin{array}{c} 1 \\ \text { GO TO } 1217 \\ \text { DK } \ldots \ldots \end{array}\right] \\ & \text { GO TO (07) } \end{aligned}$ |
| 1216 | How old is (NAME)? |  <br> GO TO (02) | $\underline{\square}$ <br> GO TO (03) | $\underline{\square}$ <br> GO TO (04) | $\underline{\square}$ <br> GO TO (05) | $\underline{\square}$ <br> GO TO (06) |  |
| 1217 | How many years ago did (NAME) die? | $1 .$ |  |  |  | $1$ |  |
| 1218 | How old was (NAME) when (he/she) died? <br> IF DON'T KNOW, <br> PROBE AND ASK <br> ADDITIONAL QUESTIONS TO GET AN | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 |
| 1219 | Was (NAME) pregnant when she died? | $\left\|\begin{array}{lll} \text { YES ..... } & 1 \\ \text { GO TO 1223 } \\ \text { NO } \ldots \ldots & 2 \end{array}\right\|$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO } \\ & \text { GO TO } 1223 \\ & \text { NO } \ldots . . \end{aligned}$ | $\left.\begin{array}{l} \text { YES ..... } \\ \text { GO TO } 1223 \\ \text { NO } \ldots \ldots \end{array}\right]$ | $\left\|\begin{array}{lll} \text { YES . . . . } & 1 \\ \text { GO TO } 1223 & 1 \\ \text { NO } \ldots \ldots & 2 \end{array}\right\|$ | $\begin{aligned} & \text { YES ..... } 11 \\ & \text { GO TO } 1223 \\ & \text { NO } \ldots . .2 \end{aligned}$ | $\begin{aligned} & \text { YES ..... } 17 \\ & \text { GO TO } \left.1223{ }^{1}\right] \\ & \text { NO } \ldots . .2 \end{aligned}$ |
| 1220 | Did (NAME) die during childbirth? | $\left.\begin{array}{\|l\|l\|} \hline \text { YES ...... } & 1 \\ \text { GO TO (02) } & 1 \\ \text { NO } \ldots . . & 2 \end{array}\right]$ | $\begin{aligned} & \text { YES ...... } 17 \\ & \text { GO TO (03) } \\ & \text { NO ..... } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ..... } \\ & \text { GO TO (04) } \\ & \text { NO } \ldots \ldots \\ & \text { NO } \end{aligned}$ | $\begin{array}{\|l\|l\|} \hline \text { YES } \ldots . . . & 1 \\ \text { GO TO (05) } & 1 \\ \text { NO } \ldots \ldots . & 2 \\ \hline \end{array}$ | $\begin{aligned} & \text { YES ..... } \\ & \text { GO TO (06) } \\ & \text { NO } \ldots . . \\ & \text { N } \end{aligned}$ | $\begin{array}{\|l} \text { YES ...... } \\ \text { GO TO (07) } \\ \text { NO } \ldots . . \end{array}$ |
| 1221 | Did (NAME) die within two months after the end of a pregnancy or childbirth? | YES ...... 1 NO .... GO TO 1223 | $\begin{array}{\|l\|} \hline \text { YES } \ldots \ldots \\ \text { NO } \ldots . \\ \text { GO TO 1223 } \end{array}$ | YES ...... 1 NO .... GO TO 1223 | $\left.\begin{array}{l}\text { YES ...... } \\ \text { NO .... } \\ \text { GO TO } 1223\end{array}\right]$ | $\begin{array}{\|l\|} \hline \text { YES } \ldots \ldots \\ \text { NO } \ldots . \\ \text { GO TO } 1223 \end{array}$ | $\begin{aligned} & \text { YES ...... } \\ & \left.\begin{array}{l} 1 \\ \text { NO ..... } \\ \text { GO TO } 1223 \end{array}\right] \end{aligned}$ |
| 1222 | How many days after the end of the pregnancy did (NAME) die? |  |  |  |  |  |  |
| 1223 | Was (NAME)'s death due to intentional self harm? | YES ..... 11 <br> GO TO (02) <br> NO ..... | $\begin{array}{\|l\|} \hline \text { YES ...... } \\ \text { GO TO (03) } \\ \text { NO } \ldots . . \end{array}$ | $\begin{array}{\|l\|l\|} \hline \text { YES } \ldots . . & 1 \\ \text { GO TO (04) } & 1 \\ \text { NO } \ldots \ldots & 2 \end{array}$ | YES ..... 17 <br> GO TO (05) <br> NO .... | $\begin{array}{\|l\|} \hline \text { YES ...... } \\ \text { GO TO (06) } \\ \text { NO } \ldots . . \end{array}$ | $\left.\begin{array}{\|l\|} \hline \text { YES } \ldots . . . \\ \text { GO TO (07) } \\ \text { NO } \ldots \ldots \end{array}\right]$ |
| 1224 | Was (NAME)'s death due to an act of harm or violence by others? | $\left\|\begin{array}{lll} \text { YES ..... } & 1 \\ \text { GO TO (02) } & 1 \\ \text { NO } \ldots . . & 2 \end{array}\right\|$ | $\begin{array}{\|l} \text { YES ...... } \\ \text { GO TO (03) } \\ \text { NO } \ldots . . \end{array}$ | $\left.\begin{array}{l} \text { YES ..... } \\ \text { GO TO (04) } \\ \text { NO } \ldots \ldots \end{array}\right]$ | $\left\|\begin{array}{lll} \text { YES } . . . . . & 1 \\ \text { GO TO (05) } & \\ \text { NO } \ldots \ldots & 2 \end{array}\right\|$ | $\begin{aligned} & \text { YES ..... } \\ & \text { GO TO (06) } \\ & \text { NO } \ldots . . \\ & \text { N } \end{aligned}$ | $\left\|\begin{array}{lll} \text { YES ..... } & 1 \\ \text { GO TO (07) } & 1 \\ \text { NO } \ldots . & 2 \end{array}\right\|$ |
| 1225 | Was (NAME)'s death due to an accidental injury or poisoning (including natural calamities) not inflicted by self or others? | $\begin{array}{\|l\|ll} \hline \text { YES } \ldots . & 1 \\ \text { NO } \ldots . & 2 & 2 \end{array}$ GO TO (02) | $\begin{array}{lll} \text { YES } \ldots \ldots & 1 \\ \text { NO } \ldots . . & 2 \end{array}$ GO TO (03) | $\begin{array}{\|l\|ll} \hline \text { YES } \ldots . & 1 \\ \text { NO } \ldots . & 2 & 2 \end{array}$ GO TO (04) | $\begin{array}{\|l\|ll} \text { YES } \ldots . & 1 \\ \text { NO } \ldots . & . & 2 \end{array}$ GO TO (05) | $\begin{array}{\|cccc} \hline \text { YES } \ldots \ldots & 1 \\ \text { NO } & \ldots & \ldots & 2 \\ & & \\ & & \\ & & & \\ & & & \\ & \text { GO TO (06) } \end{array}$ |  |

IF NO MORE BROTHERS OR SISTERS, GO TO 1300.

| 1212 | LIST THE BROTHERS AND SISTERS ACCORDING TO THE ORDER NUMBER IN 1201. ASK 1214 TO 1225 FOR ONE BROTHER OR SISTER BEFORE ASKING ABOUT THE NEXT BROTHER OR SISTER. IF THERE ARE MORE THAN 12 BROTHERS AND SISTERS, USE AN ADDITIONAL QUESTIONNAIRE. |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1213 | NAME OF BROTHER OR SISTER. | (07) | (08) | (09) | (10) | (11) | (12) |
| 1214 | Is (NAME) male or female? | $\begin{array}{ll} \hline \text { MALE . . . } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{array}{ll} \hline \text { MALE . . . } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{array}{lll} \text { MALE ... } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{array}{lll} \text { MALE ... } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{array}{ll} \hline \text { MALE . . . } & 1 \\ \text { FEMALE . } & 2 \end{array}$ | $\begin{aligned} & \text { MALE ... } \\ & \text { FEMALE . } \\ & \hline \end{aligned}$ |
| 1215 | Is (NAME) still alive? | $\left.\begin{array}{ccc} \text { YES } \ldots \ldots . & 1 \\ \text { NO } \ldots \ldots & 2 \\ \text { GO TO } 1217 & 4 \\ \text { DK } \ldots \ldots & 8 \\ \text { GO TO (08) } & 4 \end{array}\right]$ | $\left.\begin{array}{ccc} \text { YES . . . . . } & 1 \\ \text { NO } \ldots . . . & 2 \\ \text { GO TO } 1217 & 4 \\ \text { DK } \ldots . . . & 8 \\ \text { GO TO (09) } & 4 \end{array}\right]$ | $\left.\begin{array}{c} \text { YES . . . . . } \\ \text { NO } \ldots \ldots \\ \text { GO TO } 1217 \\ \text { DK } \ldots . . . \\ \text { GO TO (10) } \end{array}\right]$ | $\left.\begin{array}{c} \text { YES . . . . . } \\ \text { NO } \ldots \\ \text { GO TO } 1217 \\ \text { DK } \ldots \ldots \\ \text { GO TO }(11) \end{array}\right]$ | $\left.\begin{array}{ccc} \text { YES } \ldots \ldots & 1 \\ \text { NO } \ldots \ldots & 2 \\ \text { GO TO } 1217 & 4 \\ \text { DK } \ldots \ldots & 8 \\ \text { GO TO (12) } \end{array}\right]$ | $\left.\begin{array}{ccc}\text { YES . . . . } & 1 \\ \text { NO . . . . } & 2 \\ \text { GO TO } 1217 & 4 \\ \text { DK } \ldots . . & 8 \\ \text { GO TO (13) }\end{array}\right]$ |
| 1216 | How old is (NAME)? |  |  |  |  |  |  |
| 1217 | How many years ago did (NAME) die? | $\square$ | $\square$ | $T$ | $\square$ | $T$ |  |
| 1218 | How old was (NAME) when (he/she) died? <br> IF DON'T KNOW, <br> PROBE AND ASK ADDITIONAL QUESTIONS TO GET AN ESTIMATE. | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 | IF MALE OR DIED BEFORE 12 YEARS OF AGE, GO TO 1223 |
| 1219 | Was (NAME) pregnant when she died? | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO } 1223 \\ & \text { GO . . . . } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO } 1223 \\ & \text { NO . . . . } \\ & \hline \end{aligned}$ | $\left.\begin{array}{l} \text { YES . . . . . } \\ \text { GO TO } 1223 \\ \text { NO } \ldots . . \\ \text { NO } \end{array}\right]$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO } 1223 \\ & \text { NO . . . . } \\ & \text { NO } \end{aligned}$ | $\left.\begin{array}{l} \text { YES . . . . . } \\ \text { GO TO } 1223 \\ \text { NO } \ldots . . \\ \hline \end{array}\right]$ | $\left.\begin{array}{l} \text { YES . . . . . } \\ \text { GO TO } 1223 \\ \text { NO . . . . } \\ \hline \end{array}\right]$ |
| 1220 | Did (NAME) die during childbirth? | $\left[\begin{array}{lll} \text { YES . . . . } & 1 \\ \text { GO TO (08) } & \\ \text { NO . . . . } & 2 \end{array}\right.$ | $\begin{array}{lll} \text { YES . . . . } & 1 \\ \text { GO TO (09) } \\ \text { NO . . . . } & 2 \end{array}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (10) } \\ & \text { GO } \ldots \ldots \\ & \text { NO } \ldots . . \end{aligned}$ | $\begin{aligned} & \text { YES . . . . } \\ & \text { GO TO }(11) \\ & \text { NO } \ldots . .1 \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { YES . . . . } \\ & \text { GO TO (12) } \\ & \text { NO } \ldots . . \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { YES . . . . } \\ & \text { GO TO }(13) \\ & \text { NO } \ldots \ldots \\ & \hline \end{aligned}$ |
| 1221 | Did (NAME) die within two months after the end of a pregnancy or childbirth? | YES . . . . . 1 <br> NO . . . 2 <br> GO TO 1223  | $\begin{array}{ll} \text { YES } \ldots \ldots & 1 \\ \text { NO ..... } & 2 \\ \text { GO TO } 1223 & 4 \end{array}$ | YES . . . . . 1 <br> NO . . . 2 <br> GO TO 1223 4 | YES . . . . . NO . . . NO TO 1223 | $\begin{aligned} & \text { YES . . . . . } \\ & \left.\begin{array}{l} 1 \\ \text { NO . . . . } \\ \text { GO TO } 1223 \end{array}\right] \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \left.\begin{array}{l} 1 \\ \text { NO . . . . } \\ \text { GO TO } 1223 \end{array}\right] \end{aligned}$ |
| 1222 | How many days after the end of the pregnancy did (NAME) die? |  |  | $1$ | $1$ | $1$ |  |
| 1223 | Was (NAME)'s death due to intentional self harm? | $\begin{aligned} & \text { YES . . . . } \\ & \text { GO TO (08) } \\ & \text { NO . . . . } \\ & 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . } \\ & \text { GO TO (09) } \\ & \text { NO . . . . } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (10) } \\ & \text { NO . . . . } \\ & 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } 17 \\ & \text { GO TO (11) } \\ & \text { NO . . . . } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (12) } \\ & \text { NO . . . . } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (13) } \\ & \text { NO . . . . } \\ & \text { NO } \end{aligned}$ |
| 1224 | Was (NAME)'s death due to an act of harm or violence by others? | YES . . . . GO TO (08) NO . . . . N | YES . . . . GO TO (09) NO . . . . N | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (10) } \\ & \text { GO . . . . } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (11) } \\ & \text { NO . . . . . } \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { GO TO (12) } \\ & \text { GO . . . . } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . } \\ & \text { 1 } \\ & \text { GO TO (13) } \\ & \text { NO } \ldots . . . \\ & \hline \end{aligned}$ |
| 1225 | Was (NAME)'s death due to an accidental injury or poisoning (including natural calamities) not inflicted by self or others? | $\begin{array}{lll} \text { YES . . . . } & 1 \\ \text { NO . . . . } & 2 \end{array}$ <br> GO TO (02) | $\begin{array}{lll} \text { YES . . . . . } & 1 \\ \text { NO . . . . } & 2 \end{array}$ <br> GO TO (03) | $\begin{array}{lll} \text { YES . . . . . } & 1 \\ \text { NO . . . . } & 2 \end{array}$ GO TO (04) | $\begin{array}{lll} \text { YES . . . . } & 1 \\ \text { NO . . . . } & 2 \end{array}$ <br> GO TO (05) | $\begin{array}{lll} \text { YES . . . . . } & 1 \\ \text { NO . . . . } & 2 \end{array}$ GO TO (06) | $\begin{array}{lll} \text { YES . . . . } & 1 \\ \text { NO . . . . } & 2 \end{array}$ <br> GO TO (07) |
| IF NO MORE BROTHERS OR SISTERS, GO TO 1300. |  |  |  |  |  |  |  |




| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1310 | In the last 12 months, how often have you done this to your (last) (husband/partner): often, only sometimes, or not at all? | OFTEN <br> SOMETIMES <br> NOT AT ALL | $\begin{array}{ll} \ldots \ldots & 1 \\ \cdots \cdots & 2 \\ \ldots \ldots & 3 \end{array}$ |  |
| 1311 | Does (did) your (last) (husband/partner) drink alcohol? | YES NO |  | $\rightarrow 1313$ |
| 1312 | How often does (did) he get drunk: often, only sometimes, or never? | OFTEN <br> SOMETIMES NEVER | $\begin{array}{cc} \\ \cdots . . . & 1 \\ \cdots \cdots & 2 \\ \cdots \cdots & 3\end{array}$ |  |
| 1313 | Are (Were) you afraid of your (last) (husband/partner): most of the time, sometimes, or never? | MOST OF THE TIME AFRAID SOMETIMES AFRAID NEVER AFRAID | $\begin{array}{ll} \\ \ldots & \\ \cdots & 1 \\ \ldots \ldots & 2\end{array}$ |  |
| 1314 | CHECK 709: <br> MARRIED MORE <br> MARRIED ONLY <br> THAN ONCE <br> ONCE |  |  | $\longrightarrow 1316$ |
| 1315 | A. So far we have been talking about the behavior of your (current/last) (husband/partner). Now I want to ask you about the behavior of any previous (husband/partner). | B. How long ago did this last happen? |  |  |
|  | a) Did any previous (husband/partner) ever hit, slap, kick, or do anything else to hurt you physically? <br> b) Did any previous (husband/partner) physically force you to have intercourse or perform any other sexual acts against your will? | $\begin{array}{lll} \rightarrow & 1 & 2 \\ & 1 & 2 \end{array}$ | 3 <br> 3 |  |
| 1316 |  | YES <br> NO <br> REFUSED TO ANSWER/ NO ANSWER | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots \ldots & 3 \end{array}$ | $\longrightarrow 1319$ |
| 1317 | Who has hurt you in this way? <br> Anyone else? <br> RECORD ALL MENTIONED. | MOTHER/STEP-MOTHER FATHER/STEP-FATHER SISTER/BROTHER DAUGHTER/SON OTHER RELATIVE CURRENT BOYFRIEND FORMER BOYFRIEND MOTHER-IN-LAW FATHER-IN-LAW OTHER IN-LAW TEACHER EMPLOYER/SOMEONE AT WO POLICE/SOLDIER OTHER $\qquad$ |  |  |
| 1318 | In the last 12 months, how often has (this person/have these persons) physically hurt you: often, only sometimes, or not at all? |  | $\begin{array}{ll} \\ \ldots . . & 1 \\ \cdots \cdots & 2 \\ \cdots \ldots & 3\end{array}$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1319 | CHECK 201, 207AA, AND 226 : <br> EVER BEEN PREGNANT <br> ('YES' ON 201 <br> OR 207AA OR 226) | NEVER BEEN PREGNANT | $\rightarrow 1322$ |
| 1320 | Has any one ever hit, slapped, kicked, or done anything else to hurt you physically while you were pregnant? |  | $\rightarrow 1322$ |
| 1321 | Who has done any of these things to physically hurt you while you were pregnant? <br> Anyone else? <br> RECORD ALL MENTIONED. | CURRENT HUSBAND/PARTNER ..... A MOTHER/STEP-MOTHER ............ B FATHER/STEP-FATHEF................ C SISTER/BROTHER ..................... D DAUGHTER/SON ..................... E OTHER RELATIVE .................... F FORMER HUSBAND/PARTNER ...... G CURRENT BOYFRIENL................ H FORMER BOYFRIEND ................. I MOTHER-IN-LAW ..................... J FATHER-IN-LAW .................... K OTHER IN-LAW ....................... L TEACHER ........................ M EMPLOYER/SOMEONE AT WORI . .... . N POLICE/SOLDIER ..................... O <br> OTHER $\qquad$ |  |
| 1322 | CHECK 701 AND 702: <br> EVER MARRIED/EVER NEVER <br> LIVED WITH A MAN | RIED/NEVER $\square$ <br> WITH A MAN | $\rightarrow 1322 \mathrm{~B}$ |
| 1322A | Now I want to ask you about things that may have been done to you by someone other than (your/any) (husband/partner). At any time in your life, as a child or as an adult, has anyone ever forced you in any way to have sexual intercourse or perform any other sexual acts when you did not want to? |  | $\begin{array}{\|l} \longrightarrow 1323 \\ \rightarrow 1324 \mathrm{~A} \end{array}$ |
| 1322B | At any time in your life, as a child or as an adult, has anyone ever forced you in any way to have sexual intercourse or perform any other sexual acts when you did not want to? |  | $\rightarrow 1326$ |
| 1323 | Who was the person who was forcing you the very first time this happened? |  |  |

## 13. DOMESTIC VIOLENCE MODULE

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1324 | CHECK 701 AND 702: <br> EVER MARRIED/EVER 'NEVER MARRIED/NEVER $\square$ LIVED WITH A MAN $\downarrow$ LIVED WITH A MAN $\downarrow$ <br> a) In the last 12 months, has <br> b) In the last 12 months has anyone other than (your/any) anyone physically forced (husband/partner) physically you to have sexual forced you to have sexual intercourse when you did intercourse when you did not not want to? want to? |  | $\rightarrow 1325$ |
| 1324A | $\begin{aligned} & \text { CHECK 1305A (h-j) and } 1315 \mathrm{~A}(\mathrm{~b}) \\ & \text { AT LEAST ONE } \\ & \text { 'YES' } \end{aligned}$ | NOT A <br> SINGLE 'YES' | $\rightarrow 1326$ |
| 1325 | CHECK 701 AND 702: <br> EVER MARRIED/EVER LIVED WITH A MAN <br> a) How old were you the first time you were forced to have sexual intercourse or perform any other sexual acts by anyone, including (your/any) husband/partner? <br> \|NEVER MARRIED/NEVER LIVED WITH A MAN <br> b) How old were you the first time you were forced to have sexual intercourse or perform any other sexual acts? | AGE IN COMPLETED YEARS $\square$ <br> DON'T KNOW |  |
| 1326 |  | OT A SINGLE $\square$ 'YES' | $\longrightarrow 1330$ |
| 1327 | Thinking about what you yourself have experienced among the different things we have been talking about, have you ever tried to seek help? |  | $\longrightarrow 1329$ |
| 1328 | From whom have you sought help? <br> Anyone else? <br> RECORD ALL MENTIONED. |  | $1330$ |
| 1329 | Have you ever told any one about this? |  |  |
| 1330 | As far as you know, did your father ever beat your mother? | $\begin{array}{lrlll}\text { YES } & \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots & \\ \text { NO } & \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots & \\ \text { DON'T KNOW } & \ldots \ldots \ldots \ldots \ldots . & 8\end{array}$ |  |



INTERVIEWER'S OBSERVATIONS
TO BE FILLED IN AFTER COMPLETING INTERVIEW
COMMENTS ABOUT INTERVIEW:

COMMENTS ON SPECIFIC QUESTIONS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

ANY OTHER COMMENTS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SUPERVISOR'S OBSERVATIONS

NEPAL
MINISTRY OF HEALTH


Hello. My name is $\qquad$ I am working with Ministry of Health. We are conducting a survey about health and other topics all over Nepal. The information we collect will help the government to plan health services. Your household was selected for the survey. The questions usually take about 30 minutes. All of the answers you give will be confidential and will not be shared with anyone other than members of our survey team. No part of this interview is being recorded in tape or video. You don't have to be in the survey, but we hope you will agree to answer the questions since your views are important. If I ask you any question you don't want to answer, just let me know and I will go on to the next question or you can stop the interview at any time.

Do you have any questions?
May I begin the interview now?

SIGNATURE OF INTERVIEWER $\qquad$ DATE $\qquad$


## RESPONDENT DOES NOT AGREE TO BE INTERVIEWED . . $2 \longrightarrow$ END

SECTION 1. RESPONDENT'S BACKGROUND



SECTION 1. RESPONDENT'S BACKGROUND

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 122 | What is your religion? | HINDL <br> BUDDHIST <br> MUSLIM <br> KIRAT <br> CHRISTIAN <br> OTHER $\qquad$ <br> (SPECIFY) | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \\ & 5 \\ & 6 \end{aligned}$ |  |
| 123 | What is your caste/ethnicity? | (CASTE/ETHNICITY) |  |  |
| 124 | In the last 12 months, how many times have you been away from home for one or more nights? | NUMBER OF TIMES <br> NONE | $\begin{aligned} & ـ \\ & 00 \end{aligned}$ | $\longrightarrow 201$ |
| 125 | In the last 12 months, have you been away from home for more than one month at a time? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ |  |

SECTION 2. REPRODUCTION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 201 | Now I would like to ask about any children you have had during your life. I am interested in all of the children that are biologically yours, even if they are not legally yours or do not have your last name. Have you ever fathered any children with any woman? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\xrightarrow{\square} 206$ |
| 202 | Do you have any sons or daughters that you have fathered who are now living with you? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\longrightarrow 204$ |
| 203 | a) How many sons live with you? <br> b) And how many daughters live with you? IF NONE, RECORD '00'. | a) SONS AT HOME . <br> b) DAUGHTERS AT HOME |  |  |
| 204 | Do you have any sons or daughters that you have fathered who are alive but do not live with you? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\longrightarrow 206$ |
| 205 | a) How many sons are alive but do not live with you? <br> b) And how many daughters are alive but do not live with you? <br> IF NONE, RECORD '00'. | a) SONS ELSEWHERE <br> b) DAUGHTERS ELSEWHERE |  |  |
| 206 | Have you ever fathered a son or a daughter who was born alive but later died? <br> IF NO, PROBE: Any baby who cried, who made any movement, sound, or effort to breathe, or who showed any other signs of life even if for a very short time? | YES <br> NO <br> DON'T KNOW |  | $\xrightarrow{\square} \rightarrow 208$ |
| 207 | a) How many boys have died? <br> b) And how many girls have died? IF NONE, RECORD '00'. | a) BOYS DEAD <br> b) GIRLS DEAD |  |  |
| 208 | SUM ANSWERS TO 203, 205, AND 207, AND ENTER TOTAL. IF NONE, RECORD '00'. | TOTAL CHILDREN |  |  |
| 209 | CHECK 208: <br> HAS NOT ANY CHI | HAS HAD ONLY ONE CHILD |  | $\begin{aligned} & \rightarrow 211 \\ & \longrightarrow 301 \end{aligned}$ |
| 210 | Did all of the children you have fathered have the same biological mother? | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ |  |
| 211 | CHECK 208: <br> a) How old were you when your first child was born? <br> b) How old were you when your child was born? | AGE IN YEARS |  |  |
| 212 | CHECK 203 AND 205: <br> AT LEAST ONE $\square$ LIVING CHILD | NO LIVING $\square$ CHILDREN |  | $\rightarrow 301$ |



| 301 | Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. Have you ever heard of (METHOD)? |  |  |
| :---: | :---: | :---: | :---: |
| 01 | Female Sterilization. <br> PROBE: Women can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |
| 02 | Male Sterilization. <br> PROBE: Men can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |
| 03 | IUCD. <br> PROBE: Women can have a loop or coil placed inside them by a doctor or a nurse which can prevent pregnancy for one or more years. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |
| 04 | Injectables. <br> PROBE: Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |
| 05 | Implants. <br> PROBE: Women can have one or more small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for three to fiive years. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |
| 06 | Pill. <br> PROBE: Women can take a pill every day to avoid becoming pregnant. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 2 |
| 07 | Condom. <br> PROBE: Men can put a rubber sheath on their penis before sexual intercourse. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 |
| 09 | Emergency Contraception. <br> PROBE: As an emergency measure, within five days after they have unprotected sexual intercourse, women can take special pills to prevent pregnancy (like I-Pill, E-CON). | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 11 | Lactational Amenorrhea Method (LAM). <br> PROBE: Up to six months after childbirth, before the menstrual period has returned, women use a method requiring frequent breastfeeding day and night. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 12 | Rhythm Method. <br> PROBE: To avoid pregnancy, women do not have sexual intercourse on the days of the month they think they can get pregnant. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 13 | Withdrawal. <br> PROBE: Men can be careful and pull out before climax. | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |
| 14 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES | A B |



SECTION 4. MARRIAGE AND SEXUAL ACTIVITY

| NO. | QUESTIONS AND FILTERS | CODING CATEGO |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 401 | Are you currently married or living together with a woman as if married? | YES, CURRENTLY MARRIED YES, LIVING WITH A WOMAN NO, NOT IN UNION | $\begin{array}{ll} \ldots & \ldots \\ \ldots & 1 \\ \ldots & 2 \\ \ldots & \end{array}$ | $\rightarrow 404$ |
| 402 | Have you ever been married or lived together with a woman as if married? | YES, FORMERLY MARRIED YES, LIVED WITH A WOMAN NO | $\begin{array}{ll} \ldots & \ldots \\ \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots & 3 \end{array}$ | $\longrightarrow 413$ |
| 403 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED DIVORCED SEPARATED | $\begin{array}{ll} \ldots . . & 1 \\ \ldots . . & 2 \\ \ldots . . & 3 \end{array}$ | $\rightarrow 410$ |
| 404 | Is your (wife/partner) living with you now or is she staying elsewhere? | LIVING WITH HIM STAYING ELSEWHERE | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots & 2 \end{array}$ |  |
| 405 | Do you have other wives or do you live with other women as if married? | YES (MORE THAN ONE WIFE) NO (ONLY ONE WIFE) | $\begin{array}{ll} \ldots & 1 \\ \ldots . . & \\ \hline \end{array}$ | $\longrightarrow 407$ |
| 406 | Altogether, how many wives or live-in partners do you have? | TOTAL NUMBER OF WIVES AND LIVE-IN PARTNERS |  |  |
| 407 | CHECK 405: <br> ONE WIFE/ <br> MORE THAN PARTNER ONE WIFE/ PARTNER $\downarrow$ <br> a) Please tell me the <br> b) Please tell me the name of (your wife/the name of each of your woman you are living wives or each woman with as if married). you are living with as if married. <br> RECORD THE NAME AND THE LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE FOR EACH WIFE AND LIVE-IN PARTNER. <br> IF A WOMAN IS NOT LISTED IN THE HOUSEHOLD, RECORD '00'. <br> ASK 408 FOR EACH PERSON. |  | 408 <br> How old was (NAME) on her last birthday? <br> AGE |  |
| 409 | CHECK 407: <br> ONE WIFE/ PARTNER | MORE THAN ONE WIFE/ PARTNER |  | $\rightarrow 411$ |
| 410 | Have you been married or lived with a woman only once or more than once? | MORE THAN ONCE ONLY ONCE | $\begin{array}{ll} \ldots \ldots . & 1 \\ \ldots \ldots & 2 \\ \hline \end{array}$ |  |
| 411 | CHECK 405 AND 410: <br> BOTH ARE <br> CODE '2' $\downarrow$ <br> a) In what month and year did you start living with your (wife/partner)? <br> OTHER $\square$ <br> b) Now I would like to ask about your first (wife/partner). In what month and year did you start living with her? | MONTH <br> DON'T KNOW MONTH <br> YEAR $\qquad$ $\square$ <br> DON'T KNOW YEAR |  | $\longrightarrow 413$ |

SECTION 4. MARRIAGE AND SEXUAL ACTIVITY


SECTION 4. MARRIAGE AND SEXUAL ACTIVITY


SECTION 4. MARRIAGE AND SEXUAL ACTIVITY



SECTION 5. FERTILITY PREFERENCES


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 510 | Now I have some questions about the future. After the (child/children) you and your (wives/partners) are expecting now, would you like to have another child, or would you prefer not to have any more children? |  | $\xrightarrow{\square} 514$ |
| 511 | After the birth of the child you are expecting now, how long would you like to wait before the birth of another child? |  |  |
| 512 | CHECK 208: <br> HAS FATHERED <br> a) Now I have some questions about the future. Would you like to have another child, or would you prefer not to have any more children? <br> HAS NOT FATHERED CHILDREN $\downarrow$ <br> b) Now I have some questions about the future. Would you like to have a child, or would you prefer not to have any children? |  | $\square \rightarrow 514$ |
| 513 | CHECK 208: <br> HAS FATHERED CHILDREN <br> a) How long would you like to wait from now before the birth of another child? <br> HAS NOT FATHERED <br> b) How long would you like to wait from now before the birth of a child? |  |  |
| 514 | CHECK 203 AND 205: <br> HAS LIVING <br> a) If you could go back to the time you did not have any children and could choose exactly the number of children to have in your whole life, how many would that be? <br> NO LIVING <br> b) If you could choose exactly the number of children to have in your whole life, how many would that be? <br> PROBE FOR A NUMERIC RESPONSE. | NONE . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 00 <br> NUMBER $\qquad$ $\square$ <br> OTHER $\qquad$ 96 (SPECIFY) |  |
| 515 | How many of these children would you like to be boys, how many would you like to be girls and for how many would it not matter if it's a boy or a girl? | NUMBER . . <br> OTHER $\qquad$ 96 |  |

SECTION 6. EMPLOYMENT AND GENDER ROLES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 601 | Have you done any work in the last seven days? | YES $\ldots$ | $\longrightarrow 604$ |
| 602 | Although you did not work in the last seven days, do you have any job or business from which you were absent for leave, illness, vacation, or any other such reason? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow 604$ |
| 603 | Have you done any work in the last 12 months? | YES $\ldots . .$. ... <br> NO $\ldots$ . | $\rightarrow$ 606A |
| 604 | What is your occupation? That is, what kind of work do you mainly do? | $\qquad$ |  |
| 605 | Do you usually work throughout the year, or do you work seasonally, or only once in a while? |  |  |
| 606 | Are you paid in cash or kind for this work or are you not paid at all? |  |  |
| 606A | Would you say women are paid less, equal, or more than men for the same job in your locality? |  |  |
| 607 | CHECK 401: <br> CURRENTLY MARRIED OR <br> LIVING WITH A PARTNER | RRENTLY MARRIED <br> AND <br> WITH A PARTNER | $\rightarrow 612$ |
| 608 | CHECK 606: <br> CODE '1' OR '2' | OTHER | $\rightarrow 610$ |
| 609 | Who usually decides how the money you earn will be used: you, your (wife/partner), or you and your (wife/partner) jointly? |  |  |
| 610 | Who usually makes decisions about health care for yourself: you, your (wife/partner), you and your (wife/partner) jointly, or someone else? |  |  |
| 611 | Who usually makes decisions about making major household purchases? |  |  |
| 611A | Who usually makes decisions about your children's education? |  |  |

SECTION 6. EMPLOYMENT AND GENDER ROLES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 612 | Do you own this or any other house either alone or jointly with someone else? | ALONE ONLY JOINTLY ONLY BOTH ALONE AND JOINTLY DOES NOT OWN | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots \ldots & 3 \\ \ldots \ldots . & 4 \end{array}$ | $\longrightarrow 615$ |
| 613 | Do you have a title deed for any house you own? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \ldots & \ldots \\ \ldots & 1 \\ \ldots & 2 \\ \ldots & 8 \end{array}$ |  |
| 615 | Do you own any agricultural or non-agricultural land either alone or jointly with someone else? | ALONE ONLY <br> JOINTLY ONLY <br> BOTH ALONE AND JOINTLY <br> dOES NOT OWN | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots \ldots & 3 \\ \ldots \ldots & 4 \end{array}$ | $\longrightarrow 618$ |
| 616 | Do you have a title deed for any land you own? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots . & 1 \\ \ldots . & 2 \\ \ldots . & 2 \end{array}$ |  |
| 618 | In your opinion, is a husband justified in hitting or beating his wife in the following situations: <br> a) If she goes out without telling him? <br> b) If she neglects the children? <br> c) If she argues with him? <br> d) If she refuses to have sex with him? <br> e) If she burns the food? <br> f) If she brings less or brings no dowry? |  | NO DK <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 |  |

SECTION 7. HIVIAIDS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 701 | Now I would like to talk about something else. Have you ever heard of HIV or AIDS? | YES NO | $\begin{array}{ll} \ldots \ldots . . & 1 \\ \ldots \ldots . & 2 \end{array}$ | $\rightarrow 727$ |
| 702 | HIV is the virus that can lead to AIDS. Can people reduce their chance of getting HIV by having just one uninfected sex partner who has no other sex partners? | YES <br> NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 703 | Can people get HIV from mosquito bites? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots \ldots & 1 \\ \cdots \cdots \cdots & 2 \\ \ldots \ldots \ldots & 8 \end{array}$ |  |
| 704 | Can people reduce their chance of getting HIV by using a condom every time they have sex? | YES <br> NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 705 | Can people get HIV by sharing food with a person who has HIV? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots \ldots & 8 \end{array}$ |  |
| 706 | Can people get the AIDS virus by touching someone who has AIDS? | YES <br> NO DON'T KNOW | $\begin{array}{ll} \ldots \ldots & 1 \\ \cdots \cdots \cdots & 2 \\ \cdots \cdots \cdots & 8 \end{array}$ |  |
| 707 | Is it possible for a healthy-looking person to have HIV? |  | $\begin{array}{ll} \\ \ldots \ldots . & 1 \\ \ldots \ldots . & 2 \\ \ldots \ldots . & 8\end{array}$ |  |
| 708 | Can HIV be transmitted from a mother to her baby: <br> a) During pregnancy? <br> b) During delivery? <br> c) By breastfeeding? |  YES  <br> a) DURING PREGNANCY . . 1  <br> b) DURING DELIVERY ..... 1  <br> c) BREASTFEEDING $\ldots .$. 1  | NO DK <br> 2 8 <br> 2 8 <br> 2 8 |  |
| 709 | CHECK 708: <br> AT LEAST ONE 'YES' | OTHER |  | $\rightarrow 711$ |
| 710 | Are there any special drugs that a doctor or a nurse can give to a woman infected with HIV to reduce the risk of transmission to the baby? | YES <br> NO <br> DON'T KNOW | $\begin{array}{ll} \ldots \ldots & 1 \\ \cdots \cdots & 2 \\ \cdots \cdots & 8 \end{array}$ |  |
| 711 | CHECK FOR PRESENCE OF OTHERS. BEFORE CON | UING, MAKE EVERY EFFORT TO EN | RE PRIVACY. |  |
| 712 | I don't want to know the results, but have you ever been tested for HIV? | YES NO | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots & 2 \end{array}$ | $\rightarrow 716$ |
| 713 | How many months ago was your most recent HIV test? | MONTHS AGO <br> TWO OR MORE YEARS | 95 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 714 | I don't want to know the results, but did you get the results of the test? |  |  |
| 715 | Where was the test done? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL . . . . . . . . . . . . . . . . 11 <br> PRIMARY HEALTH CARE CENTER ........ 12 <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR $\qquad$ <br> MARIE STOPES ................................. 22 <br> OTHER NGO FACILITIES $\qquad$ 26 <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/ <br> NURSING HOME .................... 31 <br> PRIVATE CLINIC. .............................. . . 32 <br> STAND-ALONE HTC/VCT CENTE . . . . . . . . . . . 33 <br> PHARMACY ................................. 34 <br> MOBILE HTC/VCT SERVICES . . . . . . . . . . . . . 35 <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> OTHER SOURCE <br> HOME ................................... 41 <br> WORKPLACE .............................. 42 <br> CORRECTIONAL FACILITY ................ 43 <br> OTHER $\qquad$ 96 |  |
| 716 | Do you know of a place where people can go to get an HIV test? |  | $\rightarrow 717 \mathrm{~A}$ |
| 717 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL. . ................. A <br> PRIMARY HEALTH CARE CENTER ........ B <br> OTHER PUBLIC FACILITIES $\qquad$ <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR $\qquad$ <br> MARIE STOPES ................................ F <br> OTHER NGO FACILITIES $\qquad$ G <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC/ PRIVATE DOCTOR <br> PRIVATE CLINIC. <br> ........................ <br> PHARMACY <br> MOBILE HTC/VCT SERVICES . . . . . . . . . . . . . L <br> OTHER PRIVATE MEDICAL FACILITIES <br> (SPECIFY) <br> OTHER $\qquad$ x <br> (SPECIFY) |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 717A | Do you think there is a treatment for HIV? |  | $\rightarrow 720$ |
| 717B | Do you know from where HIV treatment (Anti Retroviral Treatment) can be received? |  |  |
| 720 | Would you buy fresh vegetables from a shopkeeper or vendor if you knew that this person had HIV? |  |  |
| 721 | Do you think children living with HIV should be allowed to attend school with children who do not have HIV? |  |  |
| 722 | Do you think people hesitate to take an HIV test because they are afraid of how other people will react if the test result is positive for HIV? |  |  |
| 723 | Do people talk badly about people living with HIV, or who are thought to be living with HIV? |  |  |
| 724 | Do people living with HIV, or thought to be living with HIV, lose the respect of other people? |  |  |
| 725 | Do you agree or disagree with the following statement: I would be ashamed if someone in my family had HIV. |  |  |
| 726 | Do you fear that you could get HIV if you come into contact with the saliva of a person living with HIV? |  |  |
| 727 | CHECK 701: <br> HEARD ABOUT HIV OR AIDS <br> a) Apart from HIV, have you heard about other infections that can be transmitted through sexual contact? <br> NOT HEARD ABOUT $\square$ <br> b) Have you heard about infections that can be transmitted through sexual contact? |  |  |
| 728 | CHECK 414: <br> HAS HAD SEXUAL INTERCOURSE | NEVER HAD SEXUAL $\square$ INTERCOURSE | $\rightarrow 736$ |
| 729 | CHECK 727: HEARD ABOUT OTHER SEXUALLY TRAN <br> YES $\square$ | MITTED INFECTIONS? <br> NO $\square$ | $\rightarrow 731$ |
| 730 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a disease which you got through sexual contact? |  |  |
| 731 | Sometimes men experience an abnormal discharge from their penis. During the last 12 months, have you had an abnormal discharge from your penis? |  |  |

SECTION 7. HIV/AIDS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 732 | Sometimes men have a sore or ulcer near their penis. During the last 12 months, have you had a sore or ulcer on or near your penis? |  |  |
| 733 | CHECK 730, 731 AND 732: <br> HAS HAD AN INFECTION (ANY 'YES') | HAS NOT HAD AN $\square$ INFECTION OR DOES NOT KNOW | $\longrightarrow 736$ |
| 734 | The last time you had (PROBLEM FROM 730/731/732), did you seek any kind of advice or treatment? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> NO   | $\rightarrow 736$ |
| 735 | Where did you go? <br> Any other place? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL ............... A <br> PRIMARY HEALTH CARE CENTER ........ B <br> HEALTH POST/SUB- <br> HEALTH POST ............... C <br> PHC OUTREACH CLINIC .................... D <br> MOBILE CAMP .................... E <br> SATELLITE CLINIC ..................... F <br> OTHER PUBLIC FACILITIES <br> (SPECIFY) <br> NON-GOVT. (NGO) SECTOR <br> FPAN ....................................... . . H <br> MARIE STOPES $\qquad$ <br> OTHER NGO FACILITIES <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/ <br> NURSING HOME . . . . . . . . . . . . . . . . . . . . . . K <br> PRIVATE CLINIC. . . . . . . . . . . . . . . . . . . . . . . . . L <br> PHARMACY M <br> OTHER PRIVATE MEDICAL FACILITIES $\qquad$ <br> OTHER SOURCE <br> SHOP <br> OTHER $\qquad$ |  |
| 736 | If a wife knows her husband has a disease that she can get during sexual intercourse, is she justified in asking that they use a condom when they have sex? |  |  |
| 737 | Is a wife justified in refusing to have sex with her husband when she knows he has sex with other women? |  |  |

## SECTION 8. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 805 | Now I would like to ask you some other questions relating to health matters. Have you had an injection for any reason in the last 12 months? <br> IF YES: How many injections have you had? <br> IF NUMBER OF INJECTIONS IS 90 OR MORE, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE |  | $\longrightarrow 808$ |
| 806 | Among these injections, how many were administered by a doctor, a nurse, a pharmacist, a dentist, or any other health worker? <br> IF NUMBER OF INJECTIONS IS 90 OR MORE, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE |  | $\longrightarrow 808$ |
| 807 | The last time you got an injection from a health worker, did he/she take the syringe and needle from a new, unopened package? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| 808 | Do you currently smoke tobacco every day, some days, or not at all? | EVERY DAY <br> SOME DAYS <br> NOT AT ALL | $\begin{aligned} & 1 \\ & 2 \\ & 3 \end{aligned}$ | $\begin{array}{r} \longrightarrow 811 \\ \longrightarrow 810 \end{array}$ |
| 809 | In the past, have you smoked tobacco every day? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\xrightarrow{\longrightarrow} 812$ |
| 810 | In the past, have you ever smoked tobacco every day, some days, or not at all? | EVERY DAY <br> SOME DAYS <br> NOT AT ALL | 1 2 3 | $\rightarrow 813$ |


| NO. | QUESTIONS AND FILTERS | CODING CA | RIES | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 811 | On average, how many of the following products do you currently smoke each day? Also, let me know if you use the product, but not every day. <br> IF RESPONDENT REPORTS USING THE PRODUCT BUT NOT EVERY DAY, RECORD '888'. IF THE PRODUCT IS NOT USED AT ALL, RECORD '000'. <br> a) Manufactured cigarettes? <br> b) Hand-rolled cigarettes? <br> d) Pipes full of tobacco? <br> e) Cigars, cheroots, or cigarillos? <br> f) Number of water pipe sessions? <br> g) Any others? | a) MANUFACTURED CIGARETTES <br> b) HAND-ROLLED CIGARETTES <br> d) PIPES FULL OF TOBACCO <br> e) CIGARS, CHEROOTS, OR CIGARILLOS <br> f) NUMBER OF WATER PIPE SESSIONS <br> g) OTHERS | NUMBER DAILY | $\prod_{\rightarrow 813}$ |
| 812 | On average, how many of the following products do you currently smoke each week? Also, let me know if you use the product, but not every week. <br> IF RESPONDENT REPORTS USING THE PRODUCT BUT NOT EVERY WEEK, RECORD '888'. IF THE PRODUCT IS NOT USED AT ALL, RECORD '000'. <br> a) Manufactured cigarettes? <br> b) Hand-rolled cigarettes? <br> d) Pipes full of tobacco? <br> e) Cigars, cheroots, or cigarillos? <br> f) Number of water pipe sessions? <br> g) Any others? | a) MANUFACTURED CIGARETTES <br> b) HAND-ROLLED CIGARETTES <br> d) PIPES FULL OF TOBACCO <br> e) CIGARS, CHEROOTS, OR CIGARILLOS <br> f) NUMBER OF WATER PIPE SESSIONS <br> g) OTHERS | NUMBER WEEKLY |  |
| 813 | Do you currently use smokeless tobacco every day, some days, or not at all? | EVERY DAY <br> SOME DAYS <br> NOT AT ALL |  | $\begin{aligned} & \longrightarrow 815 \\ & \longrightarrow 815 \mathrm{~F} \end{aligned}$ |


| NO. | QUESTIONS AND FILTERS | CODING CA |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 814 | On average, how many times a day do you use the following products? Also, let me know if you use the product, but not every day. <br> IF RESPONDENT REPORTS USING THE PRODUCT BUT NOT EVERY DAY, RECORD '888'. IF THE PRODUCT IS NOT USED AT ALL, RECORD '000'. <br> a) Snuff, by mouth? <br> b) Snuff, by nose? <br> c) Chewing tobacco? <br> d) Betel quid with tobacco? <br> e) Any others? | a) SNUFF, BY MOUTH . . <br> b) SNUFF, BY NOSE <br> c) CHEWING TOBACCO <br> d) BETEL QUID WITH TOBACCO <br> e) ANY OTHERS | TIMES DAILY | $\rightarrow 815 \mathrm{~F}$ |
| 815 | On average, how many times a week do you use the following products? Also, let me know if you use the product, but not every week. <br> IF RESPONDENT REPORTS USING THE PRODUCT BUT NOT EVERY WEEK, RECORD '888'. IF THE PRODUCT IS NOT USED AT ALL, RECORD '000'. <br> a) Snuff, by mouth? <br> b) Snuff, by nose? <br> c) Chewing tobacco? <br> d) Betel quid with tobacco? <br> e) Any others? | a) SNUFF, BY MOUTH . . <br> b) SNUFF, BY NOSE <br> c) CHEWING TOBACCO <br> d) BETEL QUID WITH TOBACCO <br> e) ANY OTHERS | TIMES WEEKLY |  |
| 815F | Have you ever heard of an illness called tuberculosis or TB? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\rightarrow 815 \mathrm{~K}$ |
| 815G | What are the common symptoms of TB ? <br> RECORD ALL MENTIONED. | COUGH FOR MORE THAN FEVER IN THE EVENINGS CHEST PAIN LOSS OF WEIGI . LOSS OF APPETITE. HEMOPTYSIS <br> OTHER $\qquad$ |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 815H | How does tuberculosis spread from one person to another? <br> RECORD ALL MENTIONED. |  |  |
| 8151 | If you were sick with TB, where would you prefer to seek care? <br> RECORD ALL MENTIONED. |  |  |
| 815J | If a member of your family got tuberculosis, would you want it to remain a secret or not? |  |  |

## SECTION 8. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 815K | In the last three months have you heard or seen the following programs on the radio and/or television: <br> a) Jana Swastha Radio Karyakram? <br> b) Janasankhya Chetana ka Sworeharu Radio Karyakram? <br> c) Jeevan Chakra TV Karyakram? <br> d) Thorai bhaye pugi sari TV Karyakram? <br> e) Sathi Sanga Manka Kura Radio Karyakram? <br> f) Bhanchin Aama Radio Karyakram? <br> g) Bhandai Sundai Radio Karyakram? <br> h) Pariwar Niyojan, SMART Bancha Jeevan TV/Radio Karyakram? <br> i) Navimalam TV/Radio Karyakram? | a) JANA SWASTHA ..... 1 <br> b) JANASANKHYA ..... 1 <br> c) JEEVAN CHAKRA ....... 1 <br> d) THORAI BHAYA ....... 1 <br> e) SATHI SANGA MANKA ..... 1 <br> f) BHANCHIN AAMA ....... 1 <br> g) BHANDAI SUNDAI ........ 1 <br> h) SMART BANCHA JEEVAN . . 1 <br> i) NAVIMALAM ............... 1 | $\begin{aligned} & \mathrm{NO} \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \end{aligned}$ |  |
| 818 | RECORD THE TIME. | HOURS <br> MINUTES |  |  |

INTERVIEWER'S OBSERVATIONS
TO BE FILLED IN AFTER COMPLETING INTERVIEW
COMMENTS ABOUT INTERVIEW

COMMENTS ON SPECIFIC QUESTIONS:

ANY OTHER COMMENTS:

SUPERVISOR'S OBSERVATIONS

NEPAL
MINISTRY OF HEALTH


FIELDWORKER VISITS



| 101 | CHECK COLUMN 11 IN HOUSEHOLD QUESTIONNAIRE. RECORD THE LINE NUMBER AND NAME FOR ALL ELIGIBLE CHILDREN 0-5 YEARS IN QUESTION 102; IF MORE THAN SIX CHILDREN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | CHILD 1 |  | CHILD 2 |  | CHILD 3 |
| 102 | CHECK HOUSEHOLD QUESTIONNAIRE: <br> LINE NUMBER FROM COLUMN 11. | LINE <br> NUMBER <br> NAME |  | LINE <br> NUMBER <br> NAME |  | LINE NUMBER <br> NAME | $\square$ |


| 103 | IF MOTHER INTERVIEWED: COPY CHILD'S DATE OF BIRTH (DAY, MONTH, AND YEAR) FROM PREGNANCY HISTORY. IF MOTHER NOT INTERVIEWED ASK: What is (NAME)'s date of birth? |  | DAY $\ldots . . . . .$. <br>  <br> MONTH $\ldots . . . .$. |  |
| :---: | :---: | :---: | :---: | :---: |
| 104 | CHECK 103: CHILD BORN IN 20682073? | $\begin{array}{llll} \text { YES } & \ldots \ldots \ldots \ldots \ldots & 1 \\ \text { NO } & \ldots \ldots \ldots \ldots \ldots & 2 \\ & (\text { SKIP TO 114) } \end{array}$ | $\begin{array}{llll} \text { YES } & \ldots \ldots \ldots \ldots \ldots & 1 \\ \text { NO } & \ldots \ldots \ldots \ldots \ldots & { }^{2} \ldots \ldots \end{array}$ | $\begin{array}{llll} \text { YES } & \ldots \ldots \ldots \ldots \ldots & 1 \\ \text { NO } & \ldots \ldots \ldots \ldots \ldots & { }^{2} \ldots \ldots \end{array}$ |
| 105 | WEIGHT IN KILOGRAMS. |  |  |  |
| 106 | HEIGHT IN CENTIMETERS. |  |  |  |
| 107 | MEASURED LYING DOWN OR STANDING UP? | $\begin{array}{llll} \text { LYING DOWN } & \ldots \ldots . & 1 \\ \text { STANDING UP } & \ldots . . & 2 \end{array}$ | $\begin{array}{llll}\text { LYING DOWN } & \ldots . . . & 1 \\ \text { STANDING UP } & \ldots . . . & 2\end{array}$ | $\begin{array}{llll}\text { LYING DOWN } & \ldots . . . & 1 \\ \text { STANDING UP } & \ldots . . . & 2\end{array}$ |
| 108 | MEASURER: ENTER YOUR FIELDWORKER NUMBER. |  |  |  |

WEIGHT, HEIGHT AND HEMOGLOBIN MEASUREMENT FOR CHILDREN AGE 0-5

| 101 | CHECK COLUMN 11 IN HOUSEHOLD QUESTIONNAIRE. RECORD THE LINE NUMBER AND NAME FOR ALL ELIGIBLE CHILDREN 0-5 YEARS IN QUESTION 102; IF MORE THAN SIX CHILDREN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | CHILD 1 |  | CHILD 2 |  | CHILD 3 |
| 102 | CHECK HOUSEHOLD QUESTIONNAIRE: <br> LINE NUMBER FROM COLUMN 11 | LINE NUMBER <br> NAME |  | LINE NUMBER <br> NAME |  | LINE NUMBER <br> NAME |  |


| 109 | CHECK 103: CHILD AGE 0-5 MONTHS, I.E., WAS CHILD BORN IN MONTH OF INTERVIEW OR 5 PREVIOUS MONTHS? |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 110 | LINE NUMBER OF PARENT/OTHER ADULT RESPONSIBLE FOR THE CHILD FROM COLUMN 1 OF HOUSEHOLD SCHEDULE. | LINE NUMBER $\qquad$ $\square$ (RECORD '00' IF NOT LISTED) | LINE <br> NUMBER $\square$ (RECORD '00' IF NOT LISTED) | LINE NUMBER $\square$ (RECORD '00' IF NOT LISTED) |
| 111 | ASK CONSENT FOR ANEMIA TEST FROM PARENT/OTHER ADULT. | As part of this survey, we are asking people all over the country to take an anemia test. Anemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anemia. We ask that all children born in 2068 or later take part in anemia testing in this survey and give a few drops of blood from a finger or heel. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test. The blood will be tested for anemia immediately, and the result will be told to you right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team.Do you have any questions?You can say yes or no. It is up to you to decide. Will you allow (NAME OF CHILD) to participate in the anemia test? |  |  |
| 112 | CIRCLE THE CODE AND SIGN YOUR NAME. |  |  |  |
| 113 | RECORD HEMOGLOBIN LEVEL HERE AND IN THE ANEMIA |  |  |  |
| 114 | GO BACK TO 103 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF THE NEXT PAGE; IF NO MORE CHILDREN, GO TO 201. |  |  |  |



| 103 | IF MOTHER INTERVIEWED: COPY CHILD'S DATE OF BIRTH (DAY, MONTH, AND YEAR) FROM PREGNANCY HISTORY. IF MOTHER NOT INTERVIEWED ASK: What is (NAME)'s date of birth? | DAY <br> MONTH YEAR |  | DAY <br> MONTH <br> YEAR |   <br>   <br>   <br>   | DAY <br> MONTH <br> YEAR . |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 104 | CHECK 103: CHILD BORN IN 20682073? | $\begin{array}{ll} \text { YES } & \ldots . . . \\ \text { NO } & \ldots . . . \\ & \text { (SKIP } \end{array}$ | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots . & 2 \\ 114) & \end{array}$ | $\begin{array}{ll} \text { YES } & \ldots \ldots . . \\ \text { NO } & \ldots \ldots \\ & \text { (SKIP } \end{array}$ | $\begin{array}{lll} \ldots \ldots . & 1 \\ \ldots \ldots . & 2 \\ 0 & 114) \end{array}$ | $\begin{array}{ll} \text { YES } & \ldots \ldots . . \\ \text { NO } & \ldots \ldots . . \\ & \text { (SKIP } \end{array}$ | $\begin{array}{ll} \ldots & 1 \\ \ldots . & 2 \\ 14) & \end{array}$ |
| 105 | WEIGHT IN KILOGRAMS. | KG. . . . $\square$ <br> NOT PRESENT REFUSED OTHER |  <br>  | KG. . . . $\square$ <br> NOT PRESENT REFUSED OTHER |  <br>  | KG. . . . $\square$ <br> NOT PRESENT REFUSED OTHER |   <br>   <br>  9994 <br> . 9995 |
| 106 | HEIGHT IN CENTIMETERS. | CM. $\square$ NOT PRESENT REFUSED OTHER | $\begin{aligned} & \square . \square \\ & \ldots 9994 \\ & \ldots 9995 \\ & \ldots .9996 \\ & 108) \end{aligned}$ | CM. . . $\square$ <br> NOT PRESENT REFUSED OTHER (SKIP |  | CM. . $\square$ <br> NOT PRESENT REFUSED OTHER <br> (SKIP | $\begin{aligned} & \square . \square \\ & \cdots 9994 \\ & \cdots .9995- \\ & \cdots 9996- \\ & \hline 108) \end{aligned}$ |
| 107 | MEASURED LYING DOWN OR STANDING UP? | LYING DOWN STANDING UP | $\begin{array}{ll} \ldots & 1 \\ \ldots . & 2 \end{array}$ | LYING DOWN STANDING UP | $\begin{array}{ll} \ldots & 1 \\ \ldots . . & 2 \end{array}$ | LYING DOWN STANDING UP | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \end{array}$ |
| 108 | MEASURER: ENTER YOUR FIELDWORKER NUMBER. |  | $\square$ <br> NUMBER |  | R NUMBER |  | $\square$ <br> NUMBER |



| 109 | CHECK 103: CHILD AGE 0-5 MONTHS, I.E., WAS CHILD BORN IN MONTH OF INTERVIEW OR 5 PREVIOUS MONTHS? |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 110 | LINE NUMBER OF PARENT/OTHER ADULT RESPONSIBLE FOR THE CHILD FROM COLUMN 1 OF HOUSEHOLD SCHEDULE. | LINE NUMBER $\qquad$ $\square$ (RECORD '00' IF NOT LISTED) | LINE NUMBER $\square$ (RECORD '00' IF NOT LISTED) | LINE NUMBER $\qquad$ $\square$ (RECORD '00' IF NOT LISTED) |
| 111 | ASK CONSENT FOR ANEMIA TEST FROM PARENT/OTHER ADULT. | As part of this survey, we are asking people all over the country to take an anemia test. Anemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anemia. We ask that all children born in 2068 or later take part in anemia testing in this survey and give a few drops of blood from a finger or heel. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test.The blood will be tested for anemia immediately, and the result will be told to you right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. Do you have any questions?You can say yes or no. It is up to you to decide. Will you allow (NAME OF CHILD) to participate in the anemia test? |  |  |
| 112 | CIRCLE THE CODE AND SIGN YOUR NAME. | GRANTED $\ldots \ldots \ldots$. 1  <br> (SIGN) $\longleftrightarrow$  <br> REFUSED $\ldots \ldots .$. 2  <br> NOT PRESENT/OTHER. 3  <br> (SKIP TO 114) $\longleftarrow$  | GRANTED $\ldots \ldots \ldots$. 1 <br> (SIGN) $\longleftrightarrow$ <br> REFUSED $\ldots \ldots .$. 2 <br> NOT PRESENT/OTHER. 3 <br> (SKIP TO 114) $\longleftarrow$ | GRANTED $\ldots \ldots \ldots$ 1 <br> $(S I G N)$ <br> REFUSED $\ldots . . . . .$. 2 <br> NOT PRESENT/OTHER . 3 <br> (SKIP TO 114) $\longleftarrow$ |
| 113 | RECORD HEMOGLOBIN LEVEL HERE AND IN THE ANEMIA |  |  |  |
| 114 | GO BACK TO 103 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF AN ADDITIONAL QUESTIONNAIRE; IF NO MORE CHILDREN, GO TO 201. |  |  |  |


| 201 | CHECK COLUMN 9 IN HOUSEHOLD QUESTIONNAIRE. RECORD THE LINE NUMBER, NAME, AGE, AND MARITAL STATUS FOR ALL ELIGIBLE WOMEN IN 202, 203, AND 204. <br> IF THERE ARE MORE THAN THREE WOMEN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | WOMAN 1 | WOMAN 2 | WOMAN 3 |
| 202 | CHECK HOUSEHOLD QUESTIONNAIRE: <br> LINE NUMBER FROM COLUMN 9. <br> NAME FROM | LINE NUMBER $\qquad$ $\square$ <br> NAME $\qquad$ | LINE <br> NUMBER $\qquad$ <br> NAME $\qquad$ | LINE NUMBER $\qquad$ $\square$ <br> NAME $\qquad$ |
| 203 | $\begin{array}{\|l\|} \hline \text { CHECK } \\ \text { HOUSEHOLD } \\ \text { QUESTIONNAIRE } \end{array}$ | $\begin{array}{lll}15-17 \text { YEARS } \ldots \ldots . . . . . & 1 \\ 18-49 \text { YEARS ............. } & 2 \\ 50 \text { YEARS AND ABOVE ..... } & 3\end{array}$ | 15-17 YEARS ............. 1 <br> 18 YEARS AND ABOVE .... 2 <br> 50 YEARS AND ABOVE .... 3 | $\begin{array}{lll}15-17 \text { YEARS ............. } & 1 \\ 18 \text { YEARS AND ABOVE .... } & 2 \\ 50 \text { YEARS AND ABOVE . . . } & 3\end{array}$ |
| 204 | CHECK HOUSEHOLD QUESTIONNAIRE COLUMN 8 | CODE 4 (NEVER IN UNION) . 1 OTHER $\ldots \ldots \ldots . . . . . . . . . . ~$ | CODE 4 (NEVER IN UNION) . 1 OTHER . . . . . . . . . . . . . . . 2 | CODE 4 (NEVER IN UNION) . 1 OTHER . . . . . . . . . . . . . . 2 |
| 205 | WEIGHT IN KILOGRAMS. | KG. $\square$ $\square$ NOT PRESENT $\square$ 99994 (GO TO 203 FOR NEXT WOMAN OR, IF NO MORE WOMEN, GO TO 303) <br> REFUSED $\qquad$ 99995 OTHER $\qquad$ 99996 | KG. $\square$ $\square$ <br> NOT PRESENT $\qquad$ 99994 (GO TO 203 FOR NEXT MORE WOMEN, GO TO 303) <br> REFUSED $\qquad$ <br> OTHER $\qquad$ 99996 | KG. $\square$ $\square$ <br> NOT PRESENT $\square$ 99994 (GO TO 203 FOR NEXT MORE WOMEN, GO TO 303) <br> REFUSED . . . . . . . . . . . . 99995 <br> OTHER $\qquad$ 99996 |
| 206 | HEIGHT IN CENTIMETERS. |  |  |  |
| 207 | MEASURER: ENTER YOUR FIELDWORKER |  |  |  |
| 208 | CHECK 203: AGE | $\begin{gathered} \text { 15-17 YEARS } \ldots \ldots \ldots \ldots \\ 18 \text {-49 YEARS } \ldots \ldots \ldots \ldots \\ 50 \text { AND ABOVE } \ldots \ldots \ldots \\ \hline \text { (SKIP TO 213) } \end{gathered}$ |  | 15-17 YEARS $\ldots \ldots \ldots \ldots$. $18-49$ YEARS $\ldots \ldots \ldots \ldots$ 50 AND ABOVE $\ldots \ldots \ldots$. $($ SKIP TO 213) |
| 209 | CHECK 204: MARITAL STATUS | CODE 4 (NEVER IN UNIOR . . . 1 <br> OTHER .................... 2 <br> (SKIP TO 213) | CODE 4 (NEVER IN UNIOI . . . 1 <br> OTHER $\left.\ldots \ldots \ldots \ldots \ldots{ }^{2}\right]$ (SKIP TO 213) | CODE 4 (NEVER IN UNIOI . . . 1 <br> OTHER $\ldots$.............. ${ }^{2}$ (SKIP TO 213) <br> (SKIP TO 213) |

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE

|  |  | WOMAN 1 | WOMAN 2 | WOMAN 3 |
| :--- | :--- | :--- | :--- | :--- |
|  | NAME FROM <br> COLUMN 2. | NAME | NAME | NAME |

PARENTAL/RESPONSIBLE ADULT CONSENT FOR BLOODPRESSUREMEASUREMENT

| 210 | RECORD LINE NUMBER OF PARENT/OTHER ADULT RESPONSIBLE FOR ADOLESCENT. | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE ADULT (RECORD '00' IF NOT LISTED) | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE |
| :---: | :---: | :---: | :---: | :---: |
| 211 | ASK CONSENT FOR <br> BLOOD PRESSURE <br> FROM PARENT/ <br> OTHER ADULT <br> IDENTIFIED IN 210 <br> AS RESPONSIBLE <br> FOR <br> NEVER MARRIED <br> WOMEN <br> AGE 15-17. | I would like to measure (NAME OF AD of about five minutes between measur to find out if a person has high blood $p$ damage to the heart. The results of thi ADOLESCENT) after the measuremen explained to you. If (NAME OF ADOLE ADOLESCENT) consult a health facility the survey. You can also decide at any kept strictly confidential and will not be <br> Do you have any questions? You can say yes to the test for (NAME Will you allow me to measure (NAME | ESCENT)'s blood pressure. This will ents. This is a harmless procedure. sure. If not treated, high blood pressur lood pressure measurement will be process is completed. The results of CENT)'s blood pressure is high, we doctor since we cannot provide any me not to participate in the blood pre ared with anyone other than members <br> ADOLESCENT) or you can say no ADOLESCENT)'s blood pressure? | done three times, with an interval d pressure measurement is used may eventually cause serious $n$ to you and (NAME OF pressure measurement will be uggest that (NAME OF ther testing or treatment during e measurement. The result will be our survey team. <br> up to you to decide. |
| 212 | CIRCLE THE CODE AND SIGN YOUR NAME. |  |  |  |

ADULT RESPONDENT CONSENT FOR BLOODPRESSUREMEASUREMENT

| 213 | ASK CONSENT <br> FOR BLOOD PRESSURE FROM RESPONDENT. | I would like to measure your blood pressure. This will be done three times, with an interval of about five minutes between measurements. This is a harmless procedure. Blood pressure measurement is used to find out if a person has high blood pressure. If not treated, high blood pressure may eventually cause serious damage to the heart. The results of this blood pressure measurement will be given to you after the measurement process is completed. The results of blood pressure measurement will be explained to you. If your blood pressure is high, we will suggest that you consult a health facility or doctor since we cannot provide any further testing or treatment during the survey. You can also decide at any time not to participate in the blood pressure measurement. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test or you can say no. It is up to you to decide. Will you allow me to measure your blood pressure? |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 214 | CIRCLE THE CODE AND SIGN YOUR NAME. |  | GRANTED . . . . . . . . . . . . . <br> RESPONDENT REFUSED. <br>  <br> (SIGN) <br> (IF REFUSED, SKIP TO 243) | GRANTED . . . . . . . . . . . . . RESPONDENT REFUSED . . 2 $\left.\begin{array}{c}\text { (SIGN) } \\ \hline \text { (IF REFUSED, SKIP TO 243) }\end{array}\right]$ |

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE

|  |  | WOMAN 1 |  | WOMAN 2 |  | WOMAN 3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | NAME FROM COLUMN 2. | NAME |  | NAME |  | NAME |
| 242 | RECORD THE NUMBER YOU CIRCLED IN 241 IN THE CHART BELOW. THEN USE THE INSTRUCTIONS TO THE RIGHT OF THAT NUMBER TO COMPLETE A BLOOD PRESSURE REPORT AND REFERRAL FORM FOR THE RESPONDENT. GIVE THE FORM TO THE RESPONDENT AND ANSWER ANY QUESTIONS. |  |  |  |  |  |
|  |  | NUMBER CIRCLED IN 241 | RESPONDENT'S BLOOD PRESSURE CATEGORY |  | CONSULT HEALTH PROVIDER TO CHECK BLOOD PRESSURE |  |
|  |  | 1 | NORMAL (OPTIMAL) |  | 1 YEAR |  |
|  |  | 2 | NORMAL (MILDLY HIGH) |  | 1 YEAR |  |
|  |  | 3 | NORMAL (MODERATELY HIGH) |  | 2 MONTHS |  |
|  |  | 4 | ABNORMAL (MILDLY ELEVATED) |  | 1 MONTH |  |
|  |  | 5 | ABNORMAL (MODERATELY ELEVATED) |  | 1 WEEK |  |
|  |  | 6 | ABNORMAL (SEVERELY ELEVATED) |  | IMMEDIATELY |  |
| 243 | CHECK 203: AGE | 15-17 YEARS 1 <br> 18-49 YEARS $\qquad$ $\qquad$ <br> 50 YEARS AND ABOVE (GO TO 203 FOR NEXT $\qquad$ WOMAN OR, IF NO MORE WOMEN, GO TO 303) |  | 15-17 YEARS .............. 1 <br> 18-49 YEARS <br> 50 YEARS AND ABOVE. (GO TO 203 FOR NEXT $\qquad$ WOMAN OR, IF NO MORE WOMEN, GO TO 303) |  | 15-17 YEARS ............. 1 <br> 18-49 YEARS .............. $2-$ <br> (SKIP TO 245) <br> 50 YEARS AND ABOVE . . . . 3 (GO TO 203 FOR NEXT $\qquad$ WOMAN OR, IF NO MORE WOMEN, GO TO 303) |
| 244 | CHECK 204: MARITAL STATUS | CODE 4 (NEVER IN UNIOT . (SKIP TO 248) OTHER |  |  |  |  |
| ADULT RESPONDENT CONSENT FOR ANEMIA TEST |  |  |  |  |  |  |
| 245 | ASK CONSENT FOR ANEMIA TEST. | As part of this survey, we are asking people all over the country to take an anemia test. Anemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anemia. <br> For the anemia testing, we will need a few drops of blood from a finger. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after we take your blood. The blood will be tested for anemia immediately, and the result will be told to you right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes or no. It is up to you to decide. <br> Will you take the anemia test? |  |  |  |  |
| 246 | CIRCLE THE CODE AND SIGN YOUR NAME. | $\left.\begin{array}{l}\text { GRANTED ................. } 1 \\ \text { RESPONDENT REFUSED ... } 2 \\ \hline\end{array}\right]$ |  |  |  | GRANTED . . . . . . . . . . . . . <br> RESPONDENT REFUSED . . |
| 247 | CHECK 226 IN WOMAN'S QUESTIONNAIRE OR ASK: Are you pregnant? | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots \ldots \ldots$ 2 <br> DON'T KNOW $\ldots \ldots \ldots \ldots \ldots$ 8 <br> (SKIP TO 254)  |  | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$NO $\ldots \ldots \ldots \ldots \ldots \ldots$DON'T KNOW $\ldots \ldots \ldots \ldots \ldots$(SKIP TO 254) |  |  |
| 248 | RECORD LINE NUMBER OF PARENT/OTHER ADULT RESPONSIBLE FOR ADOLESCENT. | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE ADULT |  | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE |  | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE |

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


| 201 | CHECK COLUMN 9 IN HOUSEHOLD QUESTIONNAIRE. RECORD THE LINE NUMBER, NAME, AGE, AND MARITAL STATUS FOR ALL ELIGIBLE WOMEN IN 202, 203, AND 204. <br> IF THERE ARE MORE THAN THREE WOMEN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | WOMAN 4 | WOMAN 5 | WOMAN 6 |
| 202 | CHECK HOUSEHOLD QUESTIONNAIRE: <br> LINE NUMBER FROM COLUMN 9. <br> NAME FROM COLUMN 2. | LINE NUMBER $\qquad$ $\square$ <br> NAME $\qquad$ | LINE NUMBER $\qquad$ $\square$ <br> NAME | LINE <br> NUMBER $\qquad$ $\square$ <br> NAME |
| 203 | CHECK <br> HOUSEHOLD QUESTIONNAIRE COLUMN 7 (AGE): | 15-17 YEARS ............. 1 $18-49$ YEARS ............ 2 50 YEARS AND ABOVE ..... 3 | $15-17$ YEARS ............ 1 18-49 YEARS ........... 2 50 YEARS AND ABOVE . . . 3 | $15-17$ YEARS ............ 1 18-49 YEARS ........... 2 50 YEARS AND ABOVE .... 3 |
| 204 | CHECK <br> HOUSEHOLD <br> QUESTIONNAIRE <br> COLUMN 8 <br> (MARITAL STATUS): | CODE 4 (NEVER IN UNION) . 1 OTHER ................... 2 | CODE 4 (NEVER IN UNION) . 1 OTHER . . . . . . . . . . . . . . 2 | CODE 4 (NEVER IN UNION) . 1 OTHER . . . . . . . . . . . . . . . 2 |


| 205 | WEIGHT IN KILOGRAMS. |  |  | KG. $\square$ $\square$ NOT PRESENT (GO TO 203 FOR NEXT WOMAN OR, IF NO $\leftarrow$ MORE WOMEN, GO TO 303) <br> REFUSED $\qquad$ OTHER $\qquad$ 99996 |
| :---: | :---: | :---: | :---: | :---: |
| 206 | HEIGHT IN CENTIMETERS. |  |  |  |
| 207 | MEASURER: <br> ENTER YOUR FIELDWORKER NUMBER. |  |  |  |
| 208 | CHECK 203: AGE |  |  | 15-17 YEARS $\ldots \ldots \ldots \ldots$. $18-49$ YEARS ............... 2 50 YEARS AND ABOVE .... (SKIP TO 213) |
| 209 | CHECK 204: MARITAL STATUS | CODE 4 (NEVER IN UNIOR . . . 1 <br>  | CODE 4 (NEVER IN UNIOI . . . 1 <br> OTHER $\ldots \ldots \ldots \ldots \ldots{ }^{2} \ldots$ $($ SKIP TO 213) | CODE 4 (NEVER IN UNIO . . . 1 OTHER $\ldots \ldots . . . . . . . .{ }^{2} \square$ $($ SKIP TO 213) |

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE

|  |  | WOMAN 4 | WOMAN 5 | WOMAN 6 |
| :--- | :--- | :---: | :---: | :---: |
|  | NAME FROM <br> COLUMN 2. | NAME | NAME | NAME |

PARENTAL/RESPONSIBLE ADULT CONSENT FOR BLOODPRESSUREMEASUREMENT

| 210 | RECORD LINE NUMBER OF PARENT/OTHER ADULT RESPONSIBLE FOR ADOLESCENT. | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE ADULT (RECORD '00' IF NOT LISTED) | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE ADULT <br> (RECORD '00' IF NOT LISTED) | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE |
| :---: | :---: | :---: | :---: | :---: |
| 211 | ASK CONSENT FOR <br> BLOOD PRESSURE <br> FROM PARENT/ <br> OTHER ADULT <br> IDENTIFIED IN 210 <br> AS RESPONSIBLE FOR <br> NEVER MARRIED <br> WOMEN <br> AGE 15-17. | I would like to measure (NAME OF ADOLESCENT)'s blood pressure. This will be done three times, with an interval of about five minutes between measurements. This is a harmless procedure. Blood pressure measurement is used to find out if a person has high blood pressure. If not treated, high blood pressure may eventually cause serious damage to the heart. The results of this blood pressure measurement will be given to you and (NAME OF ADOLESCENT) after the measurement process is completed. The results of blood pressure measurement will be explained to you. If (NAME OF ADOLESCENT)'s blood pressure is high, we will suggest that (NAME OF ADOLESCENT) consult a health facility or doctor since we cannot provide any further testing or treatment during the survey. You can also decide at any time not to participate in the blood pressure measurement. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test for (NAME OF ADOLESCENT) or you can say no. It is up to you to decide. Will you allow me to measure (NAME OF ADOLESCENT)'s blood pressure? |  |  |
| 212 | CIRCLE THE CODE AND SIGN YOUR NAME. |  |  | GRANTED.................. 1 PARENT/OTHER RESPONSIBLE ADULT REFUSED $\ldots \ldots$. |
| ADULT RESPONDENT CONSENT FOR BLOODPRESSUREMEASUREMENT |  |  |  |  |
| 213 | ASK CONSENT FOR BLOOD PRESSURE FROM RESPONDENT. | I would like to measure your blood pressure. This will be done three times, with an interval of about five minutes between measurements. This is a harmless procedure. Blood pressure measurement is used to find out if a person has high blood pressure. If not treated, high blood pressure may eventually cause serious damage to the heart. The results of this blood pressure measurement will be given to you after the measurement process is completed. The results of blood pressure measurement will be explained to you. If your blood pressure is high, we will suggest that you consult a health facility or doctor since we cannot provide any further testing or treatment during the survey. You can also decide at any time not to participate in the blood pressure measurement. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test or you can say no. It is up to you to decide. <br> Will you allow me to measure your blood pressure? |  |  |
| 214 | CIRCLE THE CODE AND SIGN YOUR NAME. | GRANTED . . . . . . . . . . . . . <br> RESPONDENT REFUSED . . <br> $2-$ <br> $\begin{array}{c}\text { (SIGN) } \\ \text { (IF REFUSED, SKIP TO 243) }\end{array}$ |  | GRANTED . . RESPONDENT REFUSED . . . $2-$ |

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE

|  |  | WOMAN 4 | WOMAN 5 | WOMAN 6 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME FROM COLUMN 2. | NAME | NAME | NAME |
| 231 | RECORD THE SUM OF THE SYSTOLIC MEASURES FROM 226 AND 230. |  |  |  |
| 232 | CALCULATE THE <br> AVERAGE <br> SYSTOLIC <br> PRESSURES BY <br> DIVIDING THE SUM | AVERAGE SYSTOLIC | AVERAGE SYSTOLIC | AVERAGE SYSTOLIC |
| 233 | RECORD THE SUM OF THE DIASTOLIC MEASURES FROM 226 AND 230. | SUM DIASTOLIC | SUM DIASTOLIC |  |
| 234 | CALCULATE THE <br> AVERAGE <br> DIASTOLIC <br> PRESSURES BY <br> DIVIDING THE SUM <br> IN 233 BY 2. | AVERAGE DIASTOLIC SKIP TO 241 | AVERAGE DIASTOLIC SKIP TO 241 | AVERAGE DIASTOLIC SKIP TO 241 |
| 235 | IF ONLY ONE MEASUREMENT WAS TAKEN, RECORD THE FIRST SYSTOLIC AND DIASTOLIC NUMBERS HERE. |  |  |  |
| 236 | RECORD THE SYSTOLIC MEASURE FROM 219. | SYSTOLIC |  | SYSTOLIC |
| 237 | RECORD THE DIASTOLIC MEASURE FROM 219. | DIASTOLIC <br> CIRCLE IN 241 <br> AND SKIP TO <br> 241 | DIASTOLIC $\square$ <br> CIRCLE IN 241 AND SKIP TO 241 | DIASTOLIC <br> CIRCLE IN 241 <br> AND SKIP TO <br> 241 |
| 238 | IF ONLY TWO MEASUREMENTS WERE TAKEN, RECORD THE SECOND SYSTOLIC AND DIASTOLIC NUMBERS HERE. |  |  |  |
| 239 | RECORD THE SYSTOLIC MEASURE FROM 226. |  |  |  |
| 240 | RECORD THE DIASTOLIC MEASURE FROM 226. | DIASTOLIC |  |  |

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE


MINOR RESPONDENT CONSENT FOR ANEMIA TEST


As part of this survey, we are asking people all over the country to take an anemia test. Anemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anemia.

For the anemia testing, we will need a few drops of blood from a finger. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after we take your blood. The blood will be tested for anemia immediately, and the result will be told to you and (NAME OF PARENT/RESPONSIBLE ADULT) right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team.

Do you have any questions?
You can say yes or no. It is up to you to decide.
Will you take the anemia test?

WEIGHT, HEIGHT, AND HEMOGLOBIN MEASUREMENT FOR WOMEN AGE 15 AND ABOVE



256 GO BACK TO 202 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF AN ADDITIONAL QUESTIONNAIRE; IF NO MORE WOMEN, GO TO 301.


| 305 | WEIGHT IN KILOGRAMS. |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 306 | HEIGHT IN CENTIMETERS. |  | CM. . . . . .  NOT PRESENT . . . . . . . 9994REFUSED . . . . . . . . . . . . . 9999OTHER . . . . . . . . . 9996 | CM. . . . . .  NOT PRESENT . . . . . . . 9994REFUSED . . . . . . . . . . . . . 9999OTHER . . . . . . . . . 9996 |
| 307 | MEASURER: <br> ENTER YOUR <br> FIELDWORKER NUMBER. |  |  |  |
| 308 | CHECK 303: AGE | $\begin{array}{r} \text { 15-17 YEARS . . . . . . . . . . . } 1 \\ 18 \text { YEARS AND ABOVE . . . } 2 \\ (\text { SKIP TO } 313) ~ \end{array}$ | $\begin{aligned} & 15-17 \text { YEARS ............. }{ }^{1} \\ & 18 \text { YEARS AND ABOVE .... } 2- \\ & (\text { SKIP TO } 313) \end{aligned}$ |  |
| 309 | CHECK 304: MARITAL STATUS | CODE 4 (NEVER IN UNIOR . . . 1 <br> OTHER ................... 2 <br> (SKIP TO 313) | CODE 4 (NEVER IN UNIOI . . . 1 <br> OTHER ................... . 2 <br> (SKIP TO 313) | $\begin{aligned} & \text { CODE } 4 \text { (NEVER IN UNIOI . . . } 1 \\ & \text { OTHER } \ldots \ldots \ldots \ldots \ldots \ldots 2 \\ & (\text { SKIP TO } 313) ~ \end{aligned}$ |

WEIGHT, HEIGHT, AND BLOOD PRESSURE MEASUREMENT FOR MEN AGE 15 AND ABOVE

|  |  | MAN 1 | MAN 2 | MAN 3 |
| :--- | :--- | :---: | :---: | :---: |
|  | NAME FROM <br> COLUMN 2. | NAME | NAME | NAME |

PARENTAL/RESPONSIBLE ADULT CONSENT FOR BLOODPRESSUREMEASUREMENT

| 310 | RECORD LINE NUMBER OF PARENT/OTHER ADULT RESPONSIBLE FOR ADOLESCENT. | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE ADULT (RECORD '00' IF NOT LISTED) | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE | LINE NUMBER OF PARENT OR OTHER RESPONSIBLE |
| :---: | :---: | :---: | :---: | :---: |
| 311 | ASK CONSENT FOR <br> BLOOD PRESSURE <br> FROM PARENT/ <br> OTHER ADULT <br> IDENTIFIED IN 410 <br> AS RESPONSIBLE FOR <br> NEVER MARRIED <br> WOMEN <br> AGE 15-17. | I would like to measure (NAME OF ADOLESCENT)'s blood pressure. This will be done three times, with an interval of about five minutes between measurements. This is a harmless procedure. Blood pressure measurement is used to find out if a person has high blood pressure. If not treated, high blood pressure may eventually cause serious damage to the heart. The results of this blood pressure measurement will be given to you and (NAME OF ADOLESCENT) after the measurement process is completed. The results of blood pressure measurement will be explained to you. If (NAME OF ADOLESCENT)'s blood pressure is high, we will suggest that (NAME OF ADOLESCENT) consult a health facility or doctor since we cannot provide any further testing or treatment during the survey. You can also decide at any time not to participate in the blood pressure measurement. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test for (NAME OF ADOLESCENT) or you can say no. It is up to you to decide. Will you allow me to measure (NAME OF ADOLESCENT)'s blood pressure? |  |  |
| 312 | CIRCLE THE CODE AND SIGN YOUR NAME. |  | GRANTED................ 1PARENT/OTHERRESPONSIBLEADULT REFUSED $\ldots \ldots$(SIGN) <br>  <br> (IF REFUSED, SKIP TO 343 ) |  |

## ADULT RESPONDENT CONSENT FOR BLOODPRESSUREMEASUREMENT

| 313 | ASK CONSENT <br> FOR BLOOD <br> PRESSURE FROM <br> RESPONDENT. | I would like to measure your blood pressure. This will be done three times, with an interval of about five minutes between measurements. This is a harmless procedure. Blood pressure measurement is used to find out if a person has high blood pressure. If not treated, high blood pressure may eventually cause serious damage to the heart. The results of this blood pressure measurement will be given to you after the measurement process is completed. The results of blood pressure measurement will be explained to you. If your blood pressure is high, we will suggest that you consult a health facility or doctor since we cannot provide any further testing or treatment during the survey. You can also decide at any time not to participate in the blood pressure measurement. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test or you can say no. It is up to you to decide. <br> Will you allow me to measure your blood pressure? |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 314 | CIRCLE THE CODE AND SIGN YOUR NAME. |  |  |  |

WEIGHT, HEIGHT, AND BLOOD PRESSURE MEASUREMENT FOR MEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND BLOOD PRESSURE MEASUREMENT FOR MEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND BLOOD PRESSURE MEASUREMENT FOR MEN AGE 15 AND ABOVE


WEIGHT, HEIGHT, AND BLOOD PRESSURE MEASUREMENT FOR MEN AGE 15 AND ABOVE


[^25]NEPAL
MINISTRY OF HEALTH


NAME OF HOUSEHOLD HEAD
CLUSTER NUMBER
HOUSEHOLD NUMBER
NAME AND LINE NUMBER OF RESPONDENT

PREGNANCY HISTORY NUMBER OF DECEASED/STILLBIRTH


INTERVIEWER VISITS


| *RESULT CODES: | 1 COMPLETED |
| :---: | :--- |
|  | 2 NOBODY AT HOME |
|  | 3 MOTHER/KNOWLEDGABLE RESPONDENT NOT PRESENT |
|  | 4 MOTHER OR KNOWLEDGABLE RESPONDENT POSTPONED |
|  | 5 MOTHER OR KNOWLEDGABLE RESPONDENT REFUSED |
|  | 6 PARTIALLY COMPLETED |
|  | 7 OTHER |
|  |  |


| LANGUAGE OF QUESTIONNAIRE** $\mathbf{0}$ $\mathbf{Q}$ | NATIVE LANGUAGE OF RESPONDENT** |  | TRANSLATOR USED (YES = 1, NO = 2) |
| :---: | :---: | :---: | :---: |
| LANGUAGE OF ENGLISH | **LANGUAGE CODES: 01 ENGLISH 02 NEPALI | 03 MAITHILI 04 BHOJPURI | 05 OTHER |


| SUPERVISOR |  |  | OFFICE EDITOR | KEYED BY |
| :---: | :---: | :---: | :---: | :---: |
| NAME | NUMBER |  | NUMBER | NUMBER |

Hello. My name is $\qquad$ I am working with Ministry of Health. We are conducting a survey about health and other topics all over Nepal. Your household was selected for the survey. The questions usually take about 30 to 45 minutes.

> We are
collecting information on the causes of death in the community. This information will help the government to plan health services. We would very much appreciate your participation in this survey. We learned during our earlier visit that (NAME) had died recently. As part of the survey we want to ask you about the circumstances leading to the death of the deceased. Whatever information you provide will be kept strictly confidential. No information identifying you or the deceased will ever be released to anyone outside of this survey. Participantion in this survey is voluntary and if we should come to any question you do not want to answer, just let me know and I will go on to the next question; or you can stop the interview at any time. However, we hope that you will participate in this survey since your answers will help the government improve health services for the Nepalese people.

Do you have any questions?
May I begin the interview now?

SIGNATURE OF INTERVIEWER $\qquad$ DATE $\qquad$

RESPONDENT AGREES
RESPONDENT DOES NOT AGREE TO BE INTERVIEWED . . $2 \longrightarrow$ END

SECTION 2. RESPONDENT'S BACKGROUND

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 201 \\ 2 \mathrm{~A} 130 \end{gathered}$ | RECORD THE TIME. | HOURS <br> MINUTES |  |  |
| $\begin{gathered} 202 \\ 2 \text { A110 } \end{gathered}$ | What is your relationship to the deceased? | FATHER <br> MOTHER <br> SIBLING <br> OTHER RELATIVE $\qquad$ (SPECIFY) <br> NO RELATION | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 6 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 203 \\ 2 \text { A115 } \end{gathered}$ | Did you live with the deceased in the period leading to her/his death? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | 1 2 |  |

SECTION 3. INFORMATION ON THE DECEASED/STILLBIRTHS


SECTION 2. RESPONDENT'S BACKGROUND


SECTION 2. RESPONDENT'S BACKGROUND

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 307 \\ \text { 3A280 } \end{gathered}$ | During which season did (NAME) die? |  |  |
| $\begin{gathered} 308 \\ \text { 3A310 } \end{gathered}$ | Did (NAME) die suddenly? |  | $\rightarrow 607$ |

## SECTION 4A. RESPONDENT'S ACCOUNT OF ILLNESS/EVENTS LEADING TO DEATH

401 5A100

Could you tell me about the illness/events that led to her his/death?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SECTION 4B. VITAL REGISTRATION AND CERTIFICATION

| 402 | Was (NAME)'s death registered? | YES <br> NO <br> DON'T KNOW |
| :---: | :---: | :---: |
| $\begin{gathered} 403 \\ \text { 1A700 } \end{gathered}$ | Death registration number/certificate |  |
| $\begin{gathered} 404 \\ \text { 1A710 } \end{gathered}$ | Date of registration | DAY <br> MONTH ... <br> YEAR |
| $\begin{gathered} 405 \\ \text { 1A720 } \end{gathered}$ | Place of registration |  |

SECTION 5. GENERAL SIGNS AND SYMPTOMS ASSOCIATED WITH FINAL ILLNESS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 500 | Now I would like to ask you about the signs and symptoms that the deceased child had during the illness that led to his/her death. |  |  |  |
| $\begin{gathered} 501 \\ \text { 3B100 } \end{gathered}$ | Did the baby have a fever? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\xrightarrow{\square} 503$ |
| $\begin{gathered} 502 \\ 3 \mathrm{~B} 110 \end{gathered}$ | How many days did the fever last? | DAYS <br> DON'T KNOW |  |  |
| $\begin{gathered} 503 \\ \text { 3B130 } \end{gathered}$ | Did the baby have a cough? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| $\begin{gathered} 504 \\ \text { 3B180 } \end{gathered}$ | Did the baby have any breathing problem? | YES <br> NO <br> DON'T KNOW | 1 2 8 |  |
| $\begin{gathered} 505 \\ \text { 3B190 } \end{gathered}$ | During the illness that led to death, did the baby have fast breathing? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\square 507$ |
| $\begin{gathered} 506 \\ 3 B 200 \end{gathered}$ | For how many days did the fast breathing last? | DAYS DON'T KNOW | 98 |  |
| $\begin{gathered} 507 \\ \text { 3B210 } \end{gathered}$ | Did the baby have breathlessness? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\mapsto 509$ |
| $\begin{gathered} 508 \\ 3 \mathrm{~B} 220 \end{gathered}$ | For how many days did the baby have breathlessness? | DAYS DON'T KNOW | $\begin{aligned} & \text {. } \\ & 98 \end{aligned}$ |  |
| $\begin{gathered} 509 \\ 3 B 242 \end{gathered}$ | During the illness that led to death, did the baby have difficulty breathing? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 511$ |
| $\begin{gathered} 510 \\ \text { 3B244 } \end{gathered}$ | For how many days did the difficulty breathing last? | DAYS <br> DON'T KNOW |  |  |
| $\begin{gathered} 511 \\ \text { 3B250 } \end{gathered}$ | Did you see the lower chest walls/ribs being pulled in as the child breathed? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 512 \\ \text { 3B260 } \end{gathered}$ | During the illness that led to death did his/her breathing sound like any of the following: <br> PLEASE DEMONSTRATE. | STRIDOR <br> GRUNTING <br> WHEEZING <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \\ & 8 \end{aligned}$ |  |

SECTION 5. GENERAL SIGNS AND SYMPTOMS ASSOCIATED WITH FINAL ILLNESS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 513 \\ 3 B 280 \end{gathered}$ | Did the baby have diarrhea? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 515$ |
| $\begin{gathered} 514 \\ 3 B 300 \end{gathered}$ | At any time during the final illness was there blood in the stools? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 515 \\ \text { 3B310 } \end{gathered}$ | Did the baby vomit? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 518$ |
| $\begin{gathered} 516 \\ \text { 3B315 } \end{gathered}$ | For how many days before death did the baby vomit? | DAYS <br> DON'T KNOW |  |  |
| $\begin{gathered} 517 \\ \text { 3B320 } \end{gathered}$ | Did the baby vomit blood? | YES <br> NO <br> DON'T KNOW |  <br> . |  |
| $\begin{gathered} 518 \\ \text { 3B330 } \end{gathered}$ | Did the baby have any abdominal problem? | YES <br> NO <br> DON'T KNOW |  <br> . |  |
| $\begin{gathered} 519 \\ \text { 3B360 } \end{gathered}$ | Did the baby have a more than usually protruding abdomen? | YES <br> NO <br> DON'T KNOW |  <br> . |  |
| $\begin{gathered} 520 \\ 3 \mathrm{~B} 440 \end{gathered}$ | Was the baby unconscious for more than 24 hours before death? | YES <br> NO <br> DON'T KNOW |  <br> . |  |
| $\begin{gathered} 521 \\ \text { 3B460 } \end{gathered}$ | Did the baby have convulsions? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 522 \\ \text { 3B530 } \end{gathered}$ | Did the baby have any skin problems? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 523 \\ 3 B 560 \end{gathered}$ | During the illness that led to death, did the baby have any skin rash? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 524 \\ \text { 3B594 } \end{gathered}$ | During the illness that led to death, did the baby have areas of the skin that turned black? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 525 \\ \text { 3B596 } \end{gathered}$ | During the illness that led to death, did the baby bleed from anywhere? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 526 \\ 3 B 750 \end{gathered}$ | Did the baby have yellow discoloration of the eyes? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |




SECTION 5. GENERAL SIGNS AND SYMPTOMS ASSOCIATED WITH FINAL ILLNESS

| NO. | QUESTIONS AND FILTERS | CODIN | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 620 \\ \text { 3D253 } \end{gathered}$ | Was the baby born 24 hours or more after the water broke? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 621 \\ \text { 3D254 } \end{gathered}$ | Was the water foul smelling? | YES <br> NO DON'T KNOW |  |
| $\begin{gathered} 622 \\ 3 \mathrm{D} 258 \end{gathered}$ | Was the delivery normal vaginal, without forceps or vacuum? | YES <br> NO DON'T KNOW | $\rightarrow 625$ |
| $\begin{gathered} 623 \\ \text { 3D259 } \end{gathered}$ | Was the delivery vaginal, with forceps or vacuum? | YES <br> NO <br> DON'T KNOW | $\rightarrow 625$ |
| $\begin{gathered} 624 \\ \text { 3D260 } \end{gathered}$ | Was the delivery a Caesarean section? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 625 \\ \text { 3D261 } \end{gathered}$ | Did you/the mother receive any vaccinations since reaching adulthood including during this pregnancy? | YES <br> NO <br> DON'T KNOW | $\longrightarrow 628$ |
| $\begin{gathered} 626 \\ 3 D 626 \end{gathered}$ | How many doses? | DOSES |  |
| $\begin{gathered} 627 \\ \text { 3D265 } \end{gathered}$ | Did the mother receive tetanus toxoid (TT) vaccine? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 628 \\ \text { 3D267 } \end{gathered}$ | How many births, including stillbirths, did the baby's mother have before this baby? | NUMBER OF BIRTHS/ STILLBIRTHS <br> DON'T KNOW |  |
| $\begin{gathered} 629 \\ \text { 3D269 } \end{gathered}$ | During the last 3 months of pregnancy, labour or delivery, did the baby's mother suffer from high blood pressure? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 630 \\ \text { 3D271 } \end{gathered}$ | Did the baby's mother have foul smelling vaginal discharge during pregnancy or after delivery? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 631 \\ \text { 3D273 } \end{gathered}$ | During the last 3 months of pregnancy, labour or delivery, did the baby's mother suffer from convulsions? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 632 \\ \text { 3D275 } \end{gathered}$ | During the last 3 months of pregnancy did the baby's mother suffer from blurred vision? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 633 \\ \text { 3D276 } \end{gathered}$ | Did the baby's mother have vaginal bleeding during the last 3 months of pregnancy but before labour started? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 634 \\ \text { 3D277 } \end{gathered}$ | Did the baby's bottom, feet, arm or hand come out of the vagina before its head? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 635 \\ 3 D 278 \end{gathered}$ | Was the umbilical cord wrapped more than once around the neck of the child at birth? | YES <br> NO <br> DON'T KNOW |  |

SECTION 5. GENERAL SIGNS AND SYMPTOMS ASSOCIATED WITH FINAL ILLNESS

| NO. | QUESTIONS AND FILTERS |  | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{gathered} 636 \\ \text { 3D280 } \end{gathered}$ | Was the baby blue in colour at birth? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 637 \\ \text { 3D285 } \end{gathered}$ | Did the baby ever cry? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 642$ |
| $\begin{gathered} 638 \\ \text { 3D290 } \end{gathered}$ | Did the baby cry immediately after birth, even if only a little bit? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 640$ |
| $\begin{gathered} 639 \\ \text { 3D292 } \end{gathered}$ | How many minutes after birth did the baby first cry? | MINUTES . . . . <br> DON'T KNOW |  |  |
| $\begin{gathered} 640 \\ \text { 3D294 } \end{gathered}$ | Did the baby stop being able to cry? | YES <br> NO <br> DON'T KNOW |  | $\longrightarrow 642$ |
| $\begin{gathered} 641 \\ \text { 3D296 } \end{gathered}$ | How many hours before death did the baby stop crying? | HOURS .... DON'T KNOW |   <br> 98 |  |
| $\begin{gathered} 642 \\ 3 \mathrm{D} 298 \end{gathered}$ | Did the baby ever move? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 643 \\ \text { 3D299 } \end{gathered}$ | Did the baby ever breathe? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\longrightarrow 645$ |
| $\begin{gathered} 644 \\ 3 D 300 \end{gathered}$ | Did the baby breathe immediately after birth, even a little? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 645 \\ \text { 3D310 } \end{gathered}$ | Was the baby given assistance to breathe at birth? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| 645A | CHECK 637, 642, AND 643 FOR CODES 'NO': <br> ALL THREE CODES `NO': THE BABY DID NOT BREATH, THE BABY DID NOT CRY, THE BABY DID NOT MOVE | OTHER |  | $\rightarrow 649$ |
| $\begin{gathered} 646 \\ 3 D 320 \end{gathered}$ | If the baby didn't show any sign of life, was it born dead? | YES NO DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ | $\rightarrow 649$ |
| $\begin{gathered} 647 \\ \text { 3D325 } \end{gathered}$ | Were there any bruises or signs of injury on child's body after the birth? | YES <br> NO <br> DON'T KNOW | $\begin{aligned} & 1 \\ & 2 \\ & 8 \end{aligned}$ |  |
| $\begin{gathered} 648 \\ 3 D 330 \end{gathered}$ | Was the dead baby macerated, that is, showed signs of decay? | YES <br> NO <br> DON'T KNOW |  | $\square 827$ |
| $\begin{gathered} 649 \\ \text { 3D340 } \end{gathered}$ | Was the baby able to suckle or bottle-feed within the first 24 hours after birth? | YES <br> NO <br> DON'T KNOW |  | $\rightarrow 652$ |
| $\begin{gathered} 650 \\ \text { 3D345 } \end{gathered}$ | Did the baby stop suckling? | YES <br> NO <br> DON'T KNOW | . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> 2  <br> . . . . . . . . . . . . . . . . . . . . . . 8 | $\rightarrow 652$ |

SECTION 5. GENERAL SIGNS AND SYMPTOMS ASSOCIATED WITH FINAL ILLNESS


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 663 \\ 3 D 450 \end{gathered}$ | During the illness that led to death, did the baby have yellow skin, palms (hand) or soles (foot)? |  |  |
| $\begin{gathered} 664 \\ \text { 3D455 } \end{gathered}$ | Did the baby or infant appear to be healthy and then just die suddenly? |  |  |

SECTION 7. HISTORY OF INJURIES/ACCIDENTS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 701 \\ 3 \mathrm{E} 100 \end{gathered}$ | Did (s)he suffer from any injury or accident that led to her/his death? |  | $\xrightarrow{\longrightarrow} 801$ |
| $\begin{gathered} 702 \\ \text { 3E102 } \end{gathered}$ | Was the injury intentionally inflicted by someone else? |  | $\mapsto \rightarrow 708$ |
| $\begin{gathered} 703 \\ 3 \mathrm{E} 104 \end{gathered}$ | Was (s)he injured by a fire arm? |  |  |
| $\begin{gathered} 704 \\ \text { 3E106 } \end{gathered}$ | Was (s)he stabbed, cut or pierced? |  |  |
| $\begin{gathered} 705 \\ \text { 3E108 } \end{gathered}$ | Was (s)he strangled? |  |  |
| $\begin{gathered} 706 \\ \text { 3E111 } \end{gathered}$ | Was (s)he injured by a blunt force? |  |  |
| $\begin{gathered} 707 \\ 3 \mathrm{E} 112 \end{gathered}$ | Was (s)he injured by burns? |  |  |
| $\begin{gathered} 708 \\ 3 \mathrm{E} 115 \end{gathered}$ | Was it a road traffic accident? |  |  |
| $\begin{gathered} 711 \\ 3 \mathrm{E} 310 \end{gathered}$ | Was (s)he injured in a fall? |  |  |
| $\begin{gathered} 712 \\ 3 \mathrm{E} 320 \end{gathered}$ | Did (s)he die of drowning? |  |  |
| $\begin{gathered} 713 \\ 3 \mathrm{E} 330 \end{gathered}$ | Did (s)he suffer from accidental burns? |  |  |

SECTION 7. HISTORY OF INJURIES/ACCIDENTS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 714 \\ \text { 3E335 } \end{gathered}$ | Was (s)he accidentally injured by a blunt force? |  |  |
| $\begin{gathered} 715 \\ 3 \mathrm{E} 340 \end{gathered}$ | Was (s)he accidentally injured by a plant/animal/insect that led to her/his death? |  | $\rightarrow 717$ |
| $\begin{gathered} 716 \\ \text { 3E400 } \end{gathered}$ | What was the plant/animal/insect? |  |  |
| $\begin{gathered} 717 \\ 3 \mathrm{E} 500 \end{gathered}$ | Was (s)he injured by a force of nature? |  |  |
| $\begin{gathered} 718 \\ \text { 3E510 } \end{gathered}$ | Was there any poisoning? |  |  |
| $\begin{gathered} 719 \\ \text { 3E520 } \end{gathered}$ | Was (s)he subject to violence/assault? |  |  |
| $\begin{gathered} 720 \\ 3 \mathrm{E} 530 \end{gathered}$ | Was it electrocution? |  |  |

SECTION 8. HEALTH SERVICE UTILIZATION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 801 \\ 3 \mathrm{G} 110 \end{gathered}$ | Did (s)he receive any treatment for the illness that led to death? | YES <br> NO <br> DON'T KNOW | $\longrightarrow 810$ |
| $\begin{gathered} 802 \\ 3 \mathrm{G} 120 \end{gathered}$ | Did (s)he receive oral rehydration salts? |  |  |
| $\begin{gathered} 803 \\ 3 \mathrm{G} 130 \end{gathered}$ | Did (s)he receive (or need) intravenous fluids (drip) treatment? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 804 \\ 3 \mathrm{G} 140 \end{gathered}$ | Did (s)he receive (or need) a blood transfusion? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 805 \\ 3 \mathrm{G} 150 \end{gathered}$ | Did (s)he receive (or need) treatment/food through a tube passed through the nose? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 806 \\ 3 \mathrm{G} 160 \end{gathered}$ | Did (s)he receive (or need) injectable antibiotics? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 807 \\ 3 \mathrm{G} 165 \end{gathered}$ | Did (s)he receive (or need) antiretroviral therapy (ART)? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 808 \\ 3 \mathrm{G} 170 \end{gathered}$ | Did (s)he have (or need) an operation for the illness? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 809 \\ 3 \mathrm{G} 190 \end{gathered}$ | Was (s)he discharged from hospital very ill? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 810 \\ 3 \mathrm{H} 810 \end{gathered}$ | Has (s)he received immunization? | YES <br> NO <br> DON'T KNOW | $\rightarrow 814$ |
| $\begin{gathered} 811 \\ 3 \mathrm{H} 110 \end{gathered}$ | Do you have the child's vaccination card? | YES <br> NO <br> DON'T KNOW | $\longrightarrow 814$ |
| $\begin{gathered} 812 \\ 3 \mathrm{H} 120 \end{gathered}$ | Can I see the vaccination card (note the vaccines the child received)? | YES <br> NO <br> DON'T KNOW |  |
| $\begin{gathered} 813 \\ 3 \mathrm{H} 125 \end{gathered}$ | Note vaccines here |  |  |
| $\begin{gathered} 814 \\ 3 \mathrm{H} 130 \end{gathered}$ | Was care sought outside the home while (s)he had this illness? | YES <br> NO <br> DON'T KNOW | $\rightarrow 817$ |

## SECTION 8. HEALTH SERVICE UTILIZATION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 815 \\ 3 \mathrm{H} 140 \end{gathered}$ | Where or from whom did you seek care? <br> PROBE: Any where else? <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE) | PUBLIC SECTOR <br> GOVT. HOSPITAL/CLINIC <br> PHC CENTER <br> HEALTH POST/SUB- <br> HEALTH POST <br> PHC OUTREACH CLINIC <br> OTHER PUBLIC FACILITIES <br> (SPECIFY) <br> NON-GOVT. (NGO) <br> FPAN ......... MARIE STOPES $\qquad$ <br> OTHER NGO FACILITIES $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/ <br> NURSING HOME <br> PRIVATE CLINIC <br> OTHER PRIVATE <br> MEDICAL FACILITIES <br> (SPECIFY) <br> OTHER SOURCE $\qquad$ <br> TRADITIONAL HEALER $\qquad$ <br> OTHER $\qquad$ |  |
| $\begin{gathered} 816 \\ 3 \mathrm{H} 150 \end{gathered}$ | Record the name and address of any hospital, health center or clinic where care was sought $\qquad$ $\qquad$ $\qquad$ |  |  |
| $\begin{gathered} 817 \\ \text { 3H160 } \end{gathered}$ | Did a health care worker tell you the cause of death? |  | $\longrightarrow 819$ |
| $\begin{gathered} 818 \\ 3 \mathrm{H} 170 \end{gathered}$ | What did the health care worker say? |  |  |
| $\begin{gathered} 819 \\ 3 \mathrm{H} 180 \end{gathered}$ | Do you have any health records that belonged to the deceased? |  | $\rightarrow 827$ |
| $\begin{gathered} 820 \\ 3 \mathrm{H} 190 \end{gathered}$ | Can I see the health records? |  | $\square \rightarrow 827$ |

SECTION 8. HEALTH SERVICE UTILIZATION


SECTION 9. BACKGROUND AND CONTEXT

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 901 \\ \text { 4A100 } \end{gathered}$ | In the final days before death, did s/he travel to a hospital or health facility? |  | $\xrightarrow{\longrightarrow} 906$ |
| $\begin{gathered} 902 \\ \text { 4A110 } \end{gathered}$ | Did (s)he use motorised transport to get to the hospital or health facility? |  |  |
| $\begin{gathered} 903 \\ \text { 4A120 } \end{gathered}$ | Were there any problems during admission to the hospital or health facility? |  |  |
| $\begin{gathered} 904 \\ 4 \mathrm{~A} 130 \end{gathered}$ | Were there any problems with the way (s)he was treated (medical treatment, procedures, interpersonal |  |  |
| $\begin{gathered} 905 \\ \text { 4A140 } \end{gathered}$ | Were there any problems getting medications, or diagnostic tests in the hospital or health facility? |  |  |
| $\begin{gathered} 906 \\ 4 \mathrm{~A} 150 \end{gathered}$ | Does it take more than 2 hours to get to the nearest hospital or health facility from the deceased's |  |  |
| $\begin{gathered} 907 \\ \text { 4A160 } \end{gathered}$ | In the final days before death, were there any doubts about whether medical care was needed? |  |  |
| $\begin{gathered} 908 \\ \text { 4A170 } \end{gathered}$ | In the final days before death, was traditional medicine used? |  |  |
| $\begin{gathered} 909 \\ \text { 4A180 } \end{gathered}$ | In the final days before death, did anyone use a telephone or cell phone to call for help? |  |  |
| $\begin{gathered} 910 \\ \text { 4A190 } \end{gathered}$ | Over the course of illness, did the total costs of care and treatment prohibit other household payments? |  |  |
|  |  |  |  |

SECTION 10. DEATH CERTIFICATE


INTERVIEWER'S OBSERVATIONS
TO BE FILLED IN AFTER COMPLETING INTERVIEW
COMMENTS ABOUT INTERVIEW

COMMENTS ON SPECIFIC QUESTIONS:

ANY OTHER COMMENTS:

SUPERVISOR'S OBSERVATIONS

NEPAL
MINISTRY OF HEALTH

LANGUAGE OF QUESTIONNAIRE

ENGLISH

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |  |
| :---: | :--- | :--- | :--- | :--- | :--- |
| 100 | What is your name? | NAME |  |  |
| 101 | RECORD INTERVIEWER/EDITOR/SUPERVISOR <br> NUMBER | NUMBER............. |  |  |

INSTRUCTIONS
We are collecting information on the DHS field staff. Please fill in the information below. The information will be part of the survey data files. Your name will not be in the data files; your information will remain anonymous. If there is any question you do not want to answer you may skip it and go to the next question.

| 102 | In what district do you live? | DISTRICT NAME |  |
| :---: | :---: | :---: | :---: |
| 103 | Do you live in an urban area or rural area? |  |  |
| 104 | How old are you? <br> RECORD AGE IN COMPLETED YEARS. | AGE |  |
| 105 | Are you male or female? |  |  |
| 106 | What is your current marital status? |  |  |
| 107 | How many living children do you have? INCLUDE ONLY CHILDREN WHO ARE YOUR BIOLOGICAL CHILDREN. | LIVING <br> CHILDREN |  |
| 108 | Have you ever had a child who died? |  |  |
| 110 | What is the highest grade you completed at that level? | GRADE <br> ............... |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 111 | What is your religion? | HINDU <br> BUDDHIST <br> MUSLIM <br> KIRAT <br> CHRISTIAN <br> OTHER $\qquad$ (SPECIFY) | $\begin{aligned} & 01 \\ & 02 \\ & 03 \\ & 04 \\ & 05 \\ & 06 \\ & 96 \end{aligned}$ |  |
| 112 | What is your ethnicity? | (CASTE/ETHNICITY) | $\pm$ |  |
| 113 | What is your mother tongue/native language (language spoken at home growing up)? | NEPALI <br> MAITHILI <br> BHOJPURI <br> THARU <br> NEWARI <br> TAMANG <br> OTHER | $\begin{aligned} & 01 \\ & 02 \\ & 03 \\ & 04 \\ & 05 \\ & 06 \\ & \\ & 96 \end{aligned}$ |  |
| 114 | What other languages can you speak? <br> RECORD ALL OTHER LANGUAGES YOU CAN SPEAK. | NEPALI <br> MAITHILI <br> BHOJPURI <br> THARU <br> NEWARI <br> TAMANG <br> OTHER <br> NO OTHER LANGUAGE | A <br> B <br> C <br> D <br> E <br> F <br> X <br> Y |  |
| 115 | Have you ever worked on a DHS survey prior to this one? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  |  |
| 116 | Have you ever worked on any other survey prior to this one (not a DHS)? | YES <br> NO |  |  |
| 117 | Were you already working for New ERA at the time you were employed to work on this DHS? | YES NO |  | 119 |
| 118 | Are you a permanent or temporary employee of New ERA? | PERMANENT TEMPORARY |  |  |
| 119 | If you have comments, please write them here. |  |  |  |

## ADDITIONAL DHS PROGRAM RESOURCES

The DHS Program Website - Download free DHS DHSprogram.com reports, standard documentation, key indicator data, and training tools, and view announcements.


STATcompiler - Build custom tables, graphs, and maps with data from 90 countries and thousands of indicators.

Statcompiler.com

Search DHS Program in your iTunes or Google Play store
indicators for 90 countries on your mobile device (Apple, Android, or Windows).


DHS Program User Forum - Post questions about
userforum.DHSprogram.com DHS data, and search our archive of FAQs.

Tutorial Videos - Watch interviews with experts and www.youtube.com/DHSProgram learn DHS basics, such as sampling and weighting, downloading datasets, and how to read DHS tables.


Datasets - Download DHS datasets for analysis.
DHSprogram.com/Data


Spatial Data Repository - Download geographically- spatialdata.DHSprogram.com linked health and demographic data for mapping in a geographic information system (GIS).

Social Media - Follow The DHS Program and join the conversation. Stay up to date through:

| f | Facebook <br> www.facebook.com/DHSprogram |  | Linkedln <br> www.linkedin.com/ company/dhs-program |  |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { You } \\ & \text { Tuthe } \end{aligned}$ | YouTube <br> www.youtube.com/DHSprogram |  | Blog <br> Blog.DHSprogram.com |  |
| 3 | Twitter <br> www.twitter.com/ DHSprogram |  |  |  |


[^0]:    Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
    ${ }^{1}$ Includes those who migrated since less than a year prior to the survey

[^1]:    ${ }^{1}$ Completed grade 5 at the primary level
    ${ }^{2}$ Completed grade 10 at the secondary level

[^2]:    ${ }^{1}$ Completed grade 5 at the primary level
    ${ }^{2}$ Completed grade 10 at the secondary level

[^3]:    ${ }^{1}$ Completed grade 5 at the primary level
    ${ }^{2}$ Completed grade 10 at the secondary level

[^4]:    Note: Total fertility rates are for the period 1-36 months prior to the interview.

[^5]:    Note: If more than one method is used, only the most effective method is considered in this tabulation.
    ${ }^{1}$ Other modern methods include the locational amenorrhea method (LAM) and emergency contraception

[^6]:    Note: Figures are based on life table calculations using information on episodes of use that began 3-62 months preceding the survey. Figures in parentheses are based on 125-249 women exposed to method use.
    ${ }^{1}$ Includes female sterilization, male sterilization, LAM, and emergency contraception
    ${ }^{2}$ Includes infrequent sex, difficulty getting pregnant/menopausal, and marital dissolution/separation
    ${ }^{3}$ Includes lack of access/too far, costs too much, and inconvenient to use
    ${ }^{4}$ Reasons for discontinuation are mutually exclusive and add to the total given in this column.
    5 The episodes of use included in this column are a subset of the discontinued episodes included in the discontinuation rate. A woman is considered to have switched to another method if she used a different method in the month following discontinuation or if she gave "wanted a more effective method" as the reason for discontinuation and started another method within 2 months of discontinuation.
    ${ }^{6}$ Number of episodes of use includes both episodes of use that were discontinued during the period of observation and episodes of use that were not discontinued during the period of observation.

[^7]:    Note: Numbers in this table correspond to the revised definition of unmet need described in Bradley et al. 2012.
    ${ }^{1}$ Total demand is the sum of unmet need and met need.
    ${ }^{2}$ Percentage of demand satisfied is met need divided by total demand.
    ${ }^{3}$ Modern methods include female sterilization, male sterilization, pill, IUD, injectables, implants, male condom, emergency contraception, lactational amenorrhea method (LAM), and other modern methods.

[^8]:    ${ }^{1}$ Radio, television, newspaper/magazine, poster/hoarding board, or street drama
    ${ }^{2}$ Includes those with no exposure to any source (radio, television, newspaper/magazine, poster/hoarding board, street drama, brochure/flipchart, Internet,

[^9]:    ${ }^{1}$ Radio, television, newspaper/magazine, poster/hoarding board, or street drama

[^10]:    Note: Percentages may sum to more than $100.0 \%$ because multiple responses were possible. Figures in parentheses are based on $25-49$ unweighted cases.

[^11]:    Note: The question on C-section was asked only of women who delivered in a health facility. In this table, it is assumed that women who did not give birth in a health facility did not receive a C -section. Figures in parentheses are based on 25-49 unweighted cases.
    ${ }^{1}$ Includes only the most recent birth in the 5 years preceding the survey
    ${ }^{2}$ Includes only institutional deliveries

[^12]:    Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has
    been suppressed
    ${ }^{1}$ Includes only the most recent birth in the 2 years preceding the survey

[^13]:    Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed

[^14]:    Note: Percentages may sum to more than 100.0 because multiple responses were possible. Figures in parentheses are based on 25-49 unweighted cases

[^15]:    ${ }^{1}$ Based on either a written record or the mother's recall

[^16]:    Note: Children are considered to have received the vaccine if it was either written on the child's vaccination card or reported by the mother. Figures in parentheses are based on $25-49$ unweighted cases.

[^17]:    ${ }^{1}$ Children's stools are considered to be disposed of safely if the child used a toilet or latrine, if the fecal matter was put/rinsed into a toilet or latrine, or if it was buried.
    ${ }^{2}$ See Table 2.3 for definition of categories.
    ${ }^{3}$ Facilities that would be considered improved if they were not shared by two or more households

[^18]:    ${ }_{1}$ Includes pumpkin, carrots, red squash, red sweet potatoes, dark green leafy vegetables, ripe mangoes, ripe papayas, jackfruit and apricot.
    

[^19]:    ${ }^{1}$ Expressed per 1,000 population
    ${ }^{\text {a }}$ Age-adjusted rate

[^20]:    ${ }^{1}$ The probability of dying between exact ages 15 and 50 , expressed per 1,000 persons age 15

[^21]:    ${ }^{1}$ Though pneumonia (not congenital) has an ICD code outside the ICD-PM category, it has been included under the infections category.

[^22]:    ${ }^{2}$ The eligible women's response rate (EWRR) is equivalent to the percentage of interviews completed (EWC)
    ${ }^{3}$ The overall women's response rate (OWRR) is calculated as:
    OWRR $=$ HRR * EWRR/100

[^23]:    * Mortality rates are calculated for last 0-4 years before the survey for the national sample, and last 0-9 years before the survey for regional samples.

[^24]:    ${ }^{1}$ Includes the respondent
    ${ }^{2}$ Excludes the respondent

[^25]:    SUPERVISOR'S OBSERVATIONS

