The 2018 Cameroon Demographic and Health Survey (CDHS) was implemented by the National Institute of Statistics (NIS), in collaboration with the Ministry of Public Health. The survey was funded by the Government of Cameroon, the United States Agency for International Development (USAID), the U.S. President’s Malaria Initiative (PMI), the United Nations Population Fund (UNFPA) and the Global Fund through the National Malaria Control Program (PNLP). The Statistical, Economic and Social Research and Training Centre for Islamic Countries (SESRIC) provided funding for a module on smoking. The Centre Pasteur du Cameroun (CPC) provided technical assistance for HIV lab testing and the International Reference Centre Chantal Biya (IRCCB) provided quality control for lab testing. ICF provided technical assistance through The DHS Program, which is funded by USAID.

For more information about the 2018 CDHS, contact:

In Cameroon:
National Institute of Statistics,
PO Box 134, Yaounde, Cameroon;
Telephone : +(237) 2 22 22 04 45;
Fax : +(237) 2 22 23 24 37;
Email : contact@stat.cm; www.statistics-cameroon.org.

In USA:
The DHS Program
530 Gaither Road, Suite 500; Rockville, MD 20850 USA
Telephone : +1-301-407-6500; Fax : +1-301-407-6501
Email : info@DHSprogram.com; www.DHSprogram.com

The Trends in Women’s Nutritional Status and Trends in Anemia in Women are presented in the following charts.
The 5th Demographic and Health Survey in Cameroon (CDHS 2018) provides information on maternal health and nutrition of women. More than 13,000 women age 15-49 were interviewed in the 2018 CDHS.

**Trends in Antenatal Care**

Percent of women 15-49 with a live birth in the 5 years before the survey

- ANC from a skilled provider
- 78%
- 4+ ANC visits
- 87%
- ANC in the first trimester
- 67%

**Components of Antenatal Care**

Among women age 15-49 who received ANC for most recent birth in the past 5 years, percent who received the following services:

- Height measured: 86%
- Weighed: 98%
- Blood pressure measured: 98%
- Urine sample taken: 92%
- Blood sample taken: 97%

**Health Facility Births by Region**

Percent of live births in the 5 years before the survey

- Cameroon: 67%
- North: 37%
- North-West: 90%
- South-West*: 99%
- West: 96%
- South: 80%
- Centre: 76%
- East: 56%
- Littoral: 95%
- Douala: 93%
- Yaounde: 93%

*Due to security concerns, teams were not permitted to visit some zones in South-West. The data presented for that region are not representative of the region as a whole but reflect the situation in urban areas.

**Assistance at Delivery**

Percent distribution of live births in the 5 years before the survey by birth assistant

- No one: 3%
- Trad. birth assistant: 10%
- Relatives/ Other: 18%
- Nurse/ midwife/ health aid: 53%
- Doctor: 16%

**2 in 3 births were delivered with the assistance of a skilled provider.**

**Trends in Place of Delivery**

Percent of live births in the 5 years before the survey

- Delivered at home
- CDHS 1991: 37%
- CDHS 1998: 40%
- CDHS 2004: 37%
- CDHS-MICS 2011: 33%
- CDHS 2018: 33%

- Delivered in a health facility
- CDHS 1991: 62%
- CDHS 1998: 59%
- CDHS 2004: 61%
- CDHS-MICS 2011: 67%
- CDHS 2018: 67%

**Postnatal Care by Mother’s Education**

Percent of women with a postnatal care check within 2 days of delivery

- None
- Primary
- Secondary 1st cycle
- Secondary 2nd cycle
- More than secondary

**The pregnancy-related mortality rate declined from 782 deaths for every 100,000 births in the 2011 CDHS-MICS to 467 in the 2018 CDHS.**