Response rates and methodology: HIV prevalence data were obtained from blood samples voluntarily provided by women and men age 15-64 who were interviewed in the 2018 CDHS. Approximately 94% of eligible women and 93% of eligible men were tested.

The 2018 Cameroon Demographic and Health Survey (CDHS) was implemented by the National Institute of Statistics (NIS), in collaboration with the Ministry of Public Health. The survey was funded by the Government of Cameroon, the United States Agency for International Development (USAID), the U.S. President’s Malaria Initiative (PMI), the United Nations Population Fund (UNFPA) and the Global Fund through the National Malaria Control Program (PNLP). The Statistical, Economic and Social Research and Training Centre for Islamic Countries (SESRIC) provided funding for a module on smoking. The Centre Pasteur du Cameroun (CPC) provided technical assistance for HIV lab testing and the International Reference Centre Chantal Biya (IRCCB) provided quality control for lab testing. ICF provided technical assistance through The DHS Program, which is funded by USAID.

For more information about the 2018 CDHS, contact:

In Cameroon:
National Institute of Statistics,
PO Box 134, Yaounde, Cameroon;
Telephone: +(237) 2 22 22 04 45;
Fax: +(237) 2 22 23 24 37;
Email: contact@stat.cm; www.statistics-cameroon.org.

In USA:
The DHS Program
530 Gaither Road, Suite 500; Rockville, MD 20850 USA
Telephone: +1-301-407-6500; Fax: +1-301-407-6501
Email: info@DHSprogram.com; www.DHSprogram.com
The 5th Demographic and Health Survey in Cameroon (CDHS 2018) provides information on HIV knowledge and behaviour. In addition, approximately 7,400 women and 6,600 men age 15-64 were tested for HIV, including 6,300 women et 5,800 men age 15-49.

Knowledge of HIV Prevention Methods
Percent of women and men 15-49 who know that the risk of HIV transmission can be reduced by:

- Using condoms: 77% (women) and 77% (men)
- Limiting sex to one uninfected partner: 84% (women) and 82% (men)
- Both: 71% (women) and 71% (men)

Awareness of Prevention of Mother-to-Child Transmission (PMTCT)
Percent of women and men 15-49 who know that:

- HIV can be transmitted during pregnancy: 71% (women) and 68% (men)
- Transmission risk can be reduced by the mother taking special drugs: 75% (women) and 67% (men)

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3.4% of women and 1.9% of men age 15-49 are HIV positive.

Recent HIV Testing by Residence
Percent who have been tested for HIV in the past 12 months and received the results

- Women 15-49
- Men 15-49

HIV Prevalence by Household Wealth
Percent of women and men age 15-49 who are HIV positive

- Lowest
- Second
- Middle
- Fourth
- Highest

HIV Prevalence by Region
Percent of women and men age 15-49 who are HIV positive

- Far-North 1.1%
- Cameroon 2.7%
- North 1.7%
- North-West 4.0%
- South 5.8%
- South-West 3.2%
- West 1.6%
- Centre 3.5%
- East 5.6%
- Douala 2.4%
- Littoral 2.4%
- Yaounde 2.4%

*Due to security concerns, teams were not permitted to visit some zones in South-West. The data presented for that region are not representative of the region as a whole but reflect the situation in urban areas.