The 2018 Cameroon Demographic and Health Survey (CDHS) was implemented by the National Institute of Statistics (NIS), in collaboration with the Ministry of Public Health. The survey was funded by the Government of Cameroon, the United States Agency for International Development (USAID), the U.S. President’s Malaria Initiative (PMI), the United Nations Population Fund (UNFPA) and the Global Fund through the National Malaria Control Program (PNLP). The Statistical, Economic and Social Research and Training Centre for Islamic Countries (SESRIC) provided funding for a module on smoking. The Centre Pasteur du Cameroun (CPC) provided technical assistance for HIV lab testing and the International Reference Centre Chantal Biya (IRCCB) provided quality control for lab testing. ICF provided technical assistance through The DHS Program, which is funded by USAID.

For more information about the 2018 CDHS, contact:

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The 5th Demographic and Health Survey in Cameroon (CDHS 2018) provides information on fertility and family planning. More than 13,000 women age 15-49 and more than 6,900 men age 15-64 were interviewed in the 2018 CDHS.

**Women in Cameroon have an average of 4.8 children.**

### Fertility by Region
- **Cameroon**: 4.8
- Far-North: 5.9
- North: 6.2
- Centre: 5.2
- East: 5.1
- South-West*: 2.6
- Douala: 2.8
- Littoral: 4.3
- Yaunde: 3.5
- North-West: 4.9
- Adamawa: 4.6
- West: 5.5

*Due to security concerns, teams were not permitted to visit some zones in South-West. The data presented for that region are not representative of the region as a whole but reflect the situation in urban areas.

### Trends in Fertility
**Births per woman for the three-year period before the survey**

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<tbody>
<tr>
<td></td>
<td>5.8</td>
<td>4.8</td>
<td>5.0</td>
<td>5.1</td>
<td>4.8</td>
</tr>
</tbody>
</table>

### Trends in Use of Modern Methods of Family Planning
**Percent of married women age 15-49 who are currently using a modern method of family planning**

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<tbody>
<tr>
<td>Cameroon</td>
<td>15%</td>
<td>19%</td>
<td>15%</td>
<td>19%</td>
<td>19%</td>
</tr>
<tr>
<td>Far-North</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
<td>7%</td>
</tr>
<tr>
<td>South-West*</td>
<td>19%</td>
<td>19%</td>
<td>19%</td>
<td>19%</td>
<td>19%</td>
</tr>
<tr>
<td>Douala</td>
<td>18%</td>
<td>18%</td>
<td>18%</td>
<td>18%</td>
<td>18%</td>
</tr>
<tr>
<td>Littoral</td>
<td>16%</td>
<td>16%</td>
<td>16%</td>
<td>16%</td>
<td>16%</td>
</tr>
<tr>
<td>Yaunde</td>
<td>27%</td>
<td>27%</td>
<td>27%</td>
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</tr>
</tbody>
</table>

### Use of Modern Methods by Region
**Percent of married women age 15-49 currently using a modern method**

- Any method: 19%
- Any modern method: 15%
- Male condom: 5%
- Injectables: 4%
- Implants: 3%
- Any traditional method: 4%
- Rhythm: 3%

### Family Planning Use
**Percent of married women age 15-49 currently using a contraceptive method**

- Any method: 19%
- Any modern method: 15%
- Male condom: 5%
- Injectables: 4%
- Implants: 3%
- Any traditional method: 4%
- Rhythm: 3%

*Due to security concerns, teams were not permitted to visit some zones in South-West. The data presented for that region are not representative of the region as a whole but reflect the situation in urban areas.*