

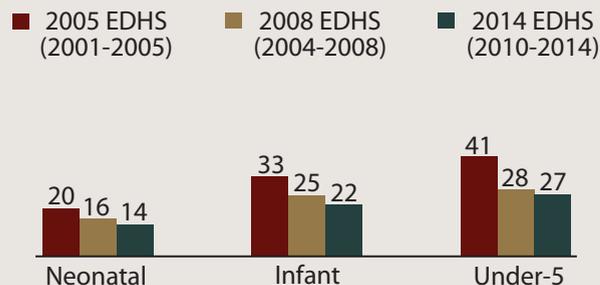
# 2014 Egypt Demographic and Health Survey (EDHS)

The 2014 Egypt Demographic and Health Survey (EDHS) provides up-to-date information about the population and health situation in Egypt. The 2014 EDHS is the tenth DHS conducted in the country.

The survey collected information from 28,175 households and 21,762 ever-married women age 15-49 on child mortality, vaccination, infectious diseases, and circumcision.

## Trends in Childhood Mortality

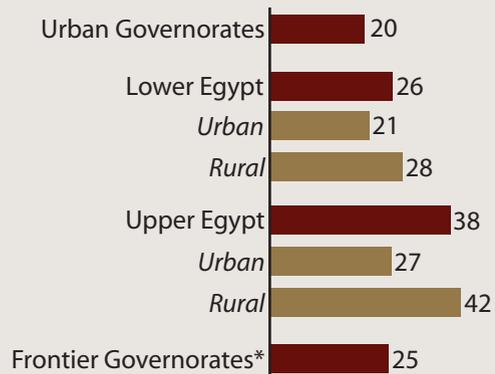
Deaths per 1,000 live births



Despite earlier declines, childhood mortality has changed little since 2008.

## Under-5 Mortality by Residence

Deaths per 1,000 live births in the 10-year period before the survey



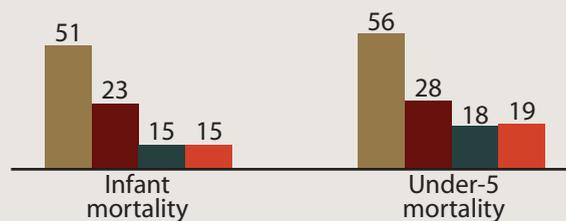
\*Does not include North and South Sinai governorates

Under five mortality ranges from a low of 20 deaths per 1,000 live births in Urban Governorates to a high of 38 deaths per 1,000 live births in Upper Egypt.

## Infant Mortality by Birth Interval

Deaths per 1,000 live births for the 10-year period before the survey

■ < 2 years ■ 2 years ■ 3 years ■ 4+ years



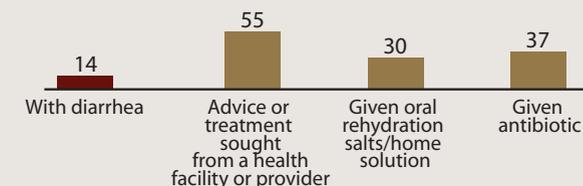
The infant mortality rate for babies born less than 2 years after a previous birth is more than 3 times as high as the rate for babies born 3 years after a previous birth.

**91%** of children age 18-29 months have received all basic vaccinations—BCG, measles, 3 DPT and 3 polio doses.

## Prevalence and Treatment of Diarrhea

Percent of children under 5 with diarrhea in the 2 weeks before the survey

Among children with diarrhea, percentage receiving treatment



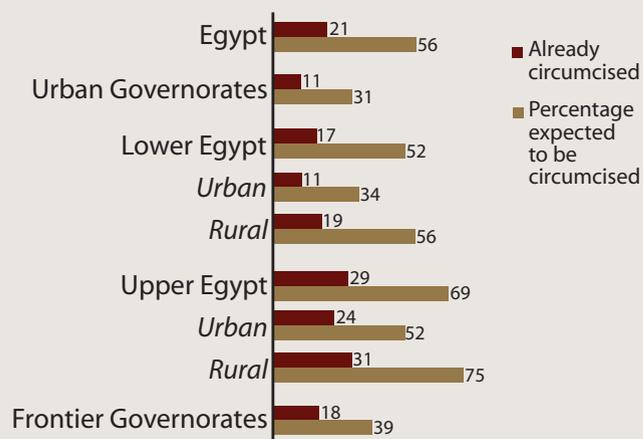
Advice or treatment was sought for more than half of young children with diarrhea; 37% of these children were treated with an antibiotic even though this is not the recommended practice.

In the 2 weeks before the survey, **14%** of children under 5 were ill with cough and rapid breathing, symptoms of acute respiratory infection (ARI). Among these children, **68%** were taken to a health facility or provider for advice or treatment; **63%** were given antibiotics; and **20%** received no advice or treatment.

# Child Health

## Circumcision Status by Residence

Percent of girls age 0-19 already circumcised and expected to be circumcised in the future



Circumcision poses health risks, sometimes fatal, for young girls. According to mothers' reports, more than half of all girls age 0-19 are expected to be circumcised by the time they are adults. Expected rates of circumcision are highest in Upper Egypt and are higher in rural areas than in urban areas.

For additional information on the results of the 2014 Egypt Demographic and Health Survey, please contact:

In Egypt:  
Ministry of Health and Population  
Magles El Shaab Street  
Cairo, Egypt  
Telephone: 20-2-27948555  
Fax: 20-2-27924156

In USA:  
The DHS Program, ICF International  
30 Gaither Road, Suite 500  
Rockville, MD USA  
Telephone: 1-301-407-6500  
Fax: 1-301-407-6501  
E-mail: [reports@dhsprogram.com](mailto:reports@dhsprogram.com)  
Internet: <http://www.dhsprogram.com>

The 2014 Egypt Demographic and Health Survey (EDHS) was conducted on behalf of the Ministry of Health by El-Zanaty and Associates. The 2014 EDHS is part of The DHS Program, which is funded by the United States Agency for International Development (USAID). USAID/Cairo was the main contributor of funding for the survey. Support for the survey also was provided by UNICEF and UNFPA.

Cover photo © 2013 UNICEF/Yousri Akl

## 2014 Egypt Demographic and Health Survey



Ministry of Health and Population



El-Zanaty and Associates



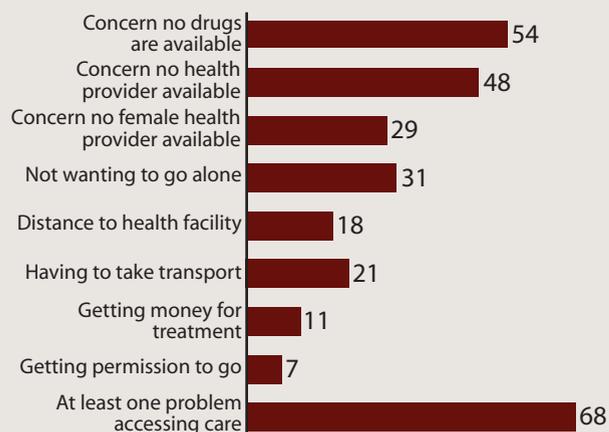
# 2014 Egypt Demographic and Health Survey (EDHS)

The 2014 Egypt Demographic and Health Survey (EDHS) provides up-to-date information about the population and health situation in Egypt. The 2014 EDHS is the tenth DHS conducted in the country since 1988.

In the 2014 EDHS all households were asked about education and access to health care. Almost 6,700 women were asked about their experience with domestic violence. About 22,000 adults were asked about methods of child discipline used in their households.

## Access to Health Care

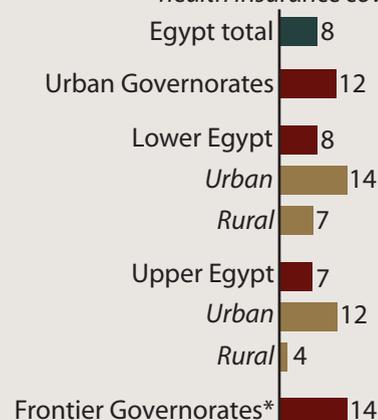
Percent of ever-married women age 15-49 who report problems accessing health care



More than two-thirds of women report problems accessing health care. Most often women are concerned that facilities will not have drugs or providers.

## Health Insurance by Place of Residence

Percent of ever-married women age 15-49 with health insurance coverage



\*Does not include North and South Sinai governorates

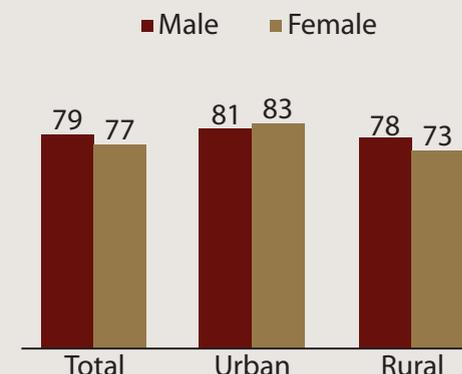
Most women, particularly in rural areas, lack health insurance.

Secondhand smoke is a health risk for all family members. Infants and children exposed to secondhand smoke are at increased risk for ear infections, respiratory illnesses, and poor lung development.

**In 45% of Egyptian homes someone smokes on a daily basis.**

## Most Young People are Attending Secondary School

Percentage of of secondary-school age (12-17) population attending secondary school



## Spousal Violence

Percent of ever-married women age 15-49 who have experienced the following types of violence by their husbands

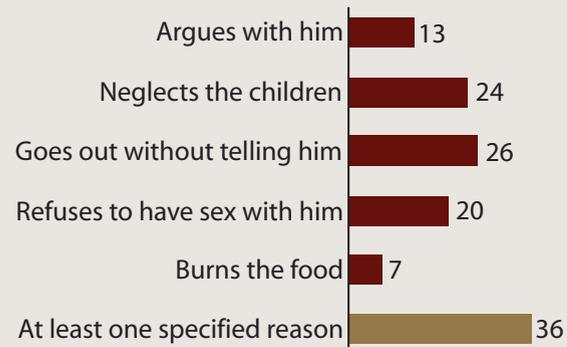


One in four women report physical violence by their husbands.

# Family Welfare

## Attitudes toward Wife Beating

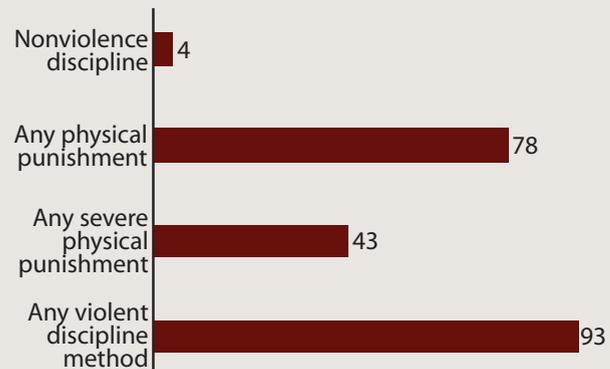
Percent of married women age 15-49 who agree that a husband is justified in beating his wife if she:



More than one-third of women think wife beating is sometimes justified.

## Child Discipline by Method

Percent of children age 1-14 disciplined in the month before the survey



In the month before the survey, **93% of children** were disciplined by a violent method. Violent methods ranged from yelling or screaming to severe physical punishments including hitting the child on the face, head or ears, or hitting the child over and over as hard as one can.

For additional information on the results of the 2014 Egypt Demographic and Health Survey, please contact:

In Egypt:  
Ministry of Health and Population  
Magles El Shaab Street  
Cairo, Egypt  
Telephone: 20-2-27948555  
Fax: 20-2-27924156

In USA:  
The DHS Program, ICF International  
30 Gaither Road, Suite 500  
Rockville, MD USA  
Telephone: 1-301-407-6500  
Fax: 1-301-407-6501  
E-mail: [reports@dhsprogram.com](mailto:reports@dhsprogram.com)  
Internet: <http://www.dhsprogram.com>

The 2014 Egypt Demographic and Health Survey (EDHS) was conducted on behalf of the Ministry of Health by El-Zanaty and Associates. The 2014 EDHS is part of The DHS Program which is funded by the United States Agency for International Development (USAID). USAID/Egypt was the main contributor of funding for the survey. Support for the survey also was provided by UNICEF and UNFPA.

Cover photo © 2005 Omar Mohsen, Courtesy of Photoshare

## 2014 Egypt Demographic and Health Survey



Ministry of Health and Population



El-Zanaty and Associates



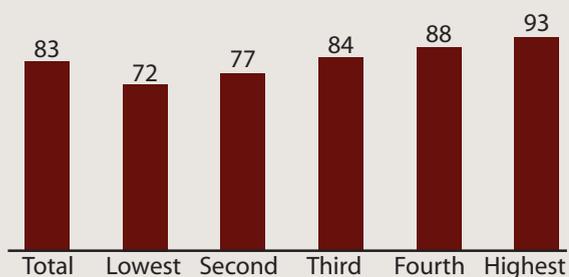
# 2014 Egypt Demographic and Health Survey (EDHS)

The 2014 Egypt Demographic and Health Survey (EDHS) provides up-to-date information about the population and health situation in Egypt. The 2014 EDHS is the tenth DHS conducted in the country.

The survey collected information from 28,175 households and 21,762 ever-married women age 15-49 on antenatal care, delivery, postnatal care, and fertility.

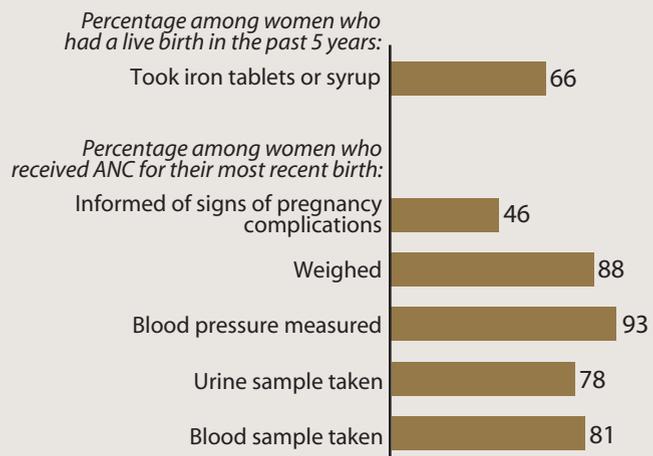
## Regular Antenatal Care by Wealth Quintile

Percent of mothers who received 4+ ANC visits for the last birth in the 5 years before the survey



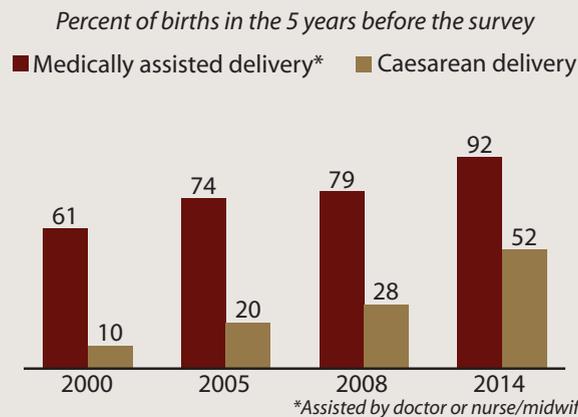
Poorer women get antenatal care less often than wealthier women.

## Components of Antenatal Care



Most pregnant women receive routine screening procedures during antenatal care, but less than half say they are informed about signs of pregnancy complications.

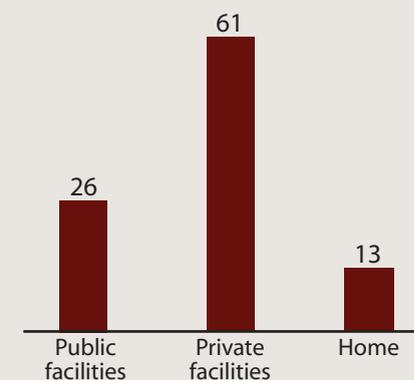
## Trends in Delivery Care



Medical assistance at childbirth has risen steadily since 2000. Caesarean deliveries, which increase risks for mothers and babies, have increased steeply since 2008.

## Place of Delivery

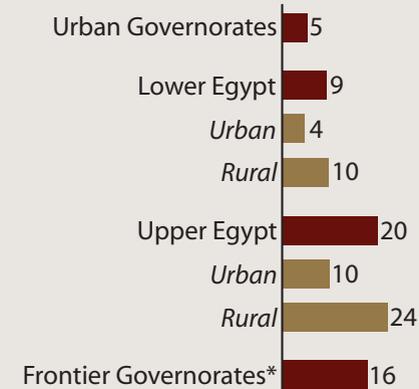
Percent of live births in the 5 years before the survey



Most births take place in private health care facilities.

## Deliveries at Home by Residence

Percent of births at home in the 5 years before the survey



\*Does not include North and South Sinai governorates

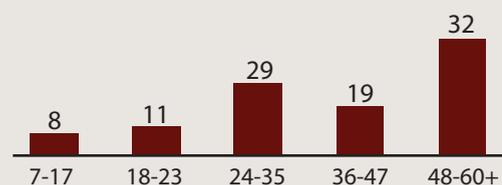
One in five births in Upper Egypt takes place at home.

# Maternal Health

Women have an average of 3.5 births, an increase since 2008. Births to women younger than 20 and older than 35 increase risks for mothers and babies. One in eight recent births in Egypt are among older women. Eleven percent of married girls age 15-19 are pregnant or have already given birth.

## Length of Birth Intervals in Months

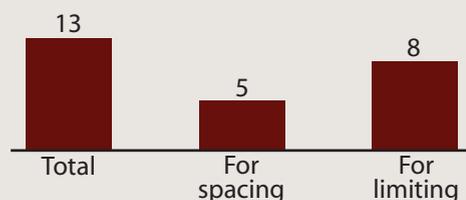
Percent of non-first births in the five years before the survey by number of months since preceding births



Birth intervals less than 36 months can harm the health of mothers and children.

## Unmet Need for Family Planning

Percent of currently married women age 15-49



Over half of women use a method of modern contraception, virtually the same rate as in 2008. However, 1 in 8 women has an unmet need for family planning.

For additional information on the results of the 2014 Egypt Demographic and Health Survey, please contact:

In Egypt:  
Ministry of Health and Population  
Magles El Shaab Street  
Cairo, Egypt  
Telephone: 20-2-27948555  
Fax: 20-2-27924156

In USA:  
The DHS Program, ICF International  
30 Gaither Road, Suite 500  
Rockville, MD USA  
Telephone: 1-301-407-6500  
Fax: 1-301-407-6501  
E-mail: [reports@dhsprogram.com](mailto:reports@dhsprogram.com)  
Internet: <http://www.dhsprogram.com>

The 2014 Egypt Demographic and Health Survey (EDHS) was conducted on behalf of the Ministry of Health by El-Zanaty and Associates. The 2014 EDHS is part of The DHS Program, which is funded by the United States Agency for International Development (USAID). USAID/Egypt was the main contributor of funding for the survey. Support for the survey also was provided by UNICEF and UNFPA.

Cover photo © 2013 UNICEF/Yoursi AkI

## 2014 Egypt Demographic and Health Survey



Ministry of Health and Population



El-Zanaty and Associates



# 2014 Egypt Demographic and Health Survey (EDHS)

The 2014 Egypt Demographic and Health Survey (EDHS) provides up-to-date information about the population and health situation in Egypt. The 2014 EDHS is the tenth DHS conducted in the country.

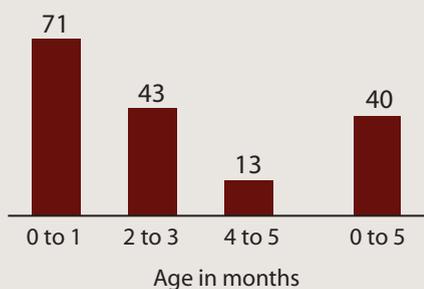
The survey collected information from 28,175 households and 21,762 ever-married women age 15-49 on nutritional status among women and children.

## Breastfeeding in Egypt

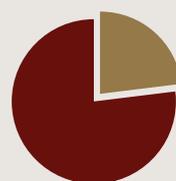
**96%** of infants are *ever breastfed*. Only **40%** of infants are *exclusively breastfed* until 6 months of age, as recommended.

## Exclusive Breastfeeding by Age

Percent exclusively breastfed



Exclusive breastfeeding is highest in the first month after birth; by age 4-5 months, only 13% of infants are exclusively breastfed.



**Complementary foods**  
**77%** of children age 6-8 months are receiving **complementary foods**, as recommended.

## Children's Nutritional Status

Percent of children

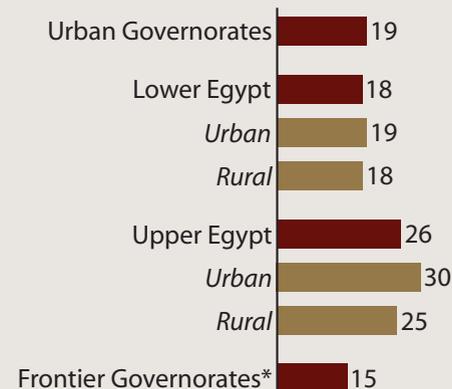
Moderate Severe



One in five children is stunted—a sign of chronic malnutrition. Less than 10% of children are wasted or underweight. Wasting is a sign of acute malnutrition. Underweight can indicate either chronic or acute undernourishment or both.

## Stunting by Residence

Percent of children under 5 years moderately and severely stunted



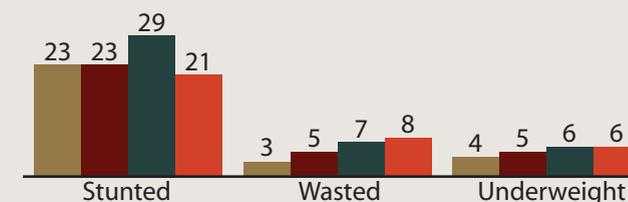
\*Does not include North and South Sinai governorates

Stunting is most common in Upper Egypt and least common in the Frontier Governorates.

## Trends in Nutritional Status of Children

Percent of children under 5

2000 EDHS 2005 EDHS 2008 EDHS 2014 EDHS

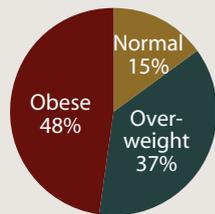


Stunting and underweight are very similar to rates reported in 2000 and 2005. Wasting is increasing slightly over time.

# Nutrition

## 85% of Ever-married Women are Overweight or Obese

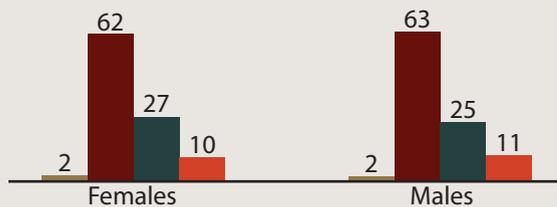
Percent distribution of ever-married women age 15-49



## Nutritional Status among Never-Married Youth

Percent of females and males age 15-49

■ Thin/severely thin ■ Normal ■ Overweight ■ Obese

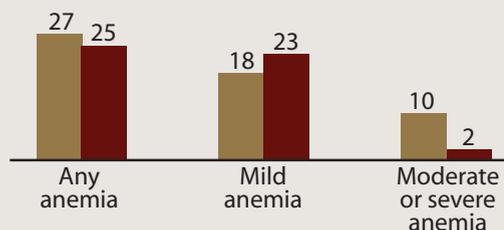


One-third of never-married young girls and boys are overweight or obese.

## About One in Four Women and Children Have Anemia

Percent of children age 6-59 months and women age 15-49 years with anemia

■ Children ■ Women



For additional information on the results of the 2014 Egypt Demographic and Health Survey, please contact:

In Egypt:  
Ministry of Health and Population  
Magles El Shaab Street  
Cairo, Egypt  
Telephone: 20-2-27948555  
Fax: 20-2-27924156

In USA:  
The DHS Program, ICF International  
30 Gaither Road, Suite 500  
Rockville, MD USA  
Telephone: 1-301-407-6500  
Fax: 1-301-407-6501  
E-mail: [reports@dhsprogram.com](mailto:reports@dhsprogram.com)  
Internet: <http://www.dhsprogram.com>

The 2014 Egypt Demographic and Health Survey (EDHS) was conducted on behalf of the Ministry of Health by El-Zanaty and Associates. The 2014 EDHS is part of The DHS Program which is funded by the United States Agency for International Development (USAID). USAID/Egypt was the main contributor of funding for the survey. Support for the survey also was provided by UNICEF and UNFPA.

Photo credit © 2003 Deborah Doyle, Courtesy of Photoshare

## 2014 Egypt Demographic and Health Survey



Ministry of Health and Population



El-Zanaty and Associates

