



Nutrition: Results from the 2012 KgDHS

The 2012 Kyrgyz Republic Demographic and Health Survey (KgDHS) provides up-to-date information on the population and health situation in the Kyrgyz Republic. The 2012 KgDHS is the second national DHS conducted in the country.

The 2012 KgDHS included questions on maternal and child nutrition, including breastfeeding and complementary feeding, micronutrient intake, testing of household salt for iodization, and weighing and measuring of children and women to assess nutritional status. The 2012 KgDHS also tested women and children for anemia.

Breastfeeding in the Kyrgyz Republic

99% of children are *ever breastfed*.

Only **56%** of children are *exclusively breastfed* until 6 months of age, as recommended.

Exclusive Breastfeeding by Age

Percentage of children 0-6 months who are exclusively breastfed



Complementary foods

63% of breastfed children age 6-9 months are receiving *complementary foods*, as recommended.



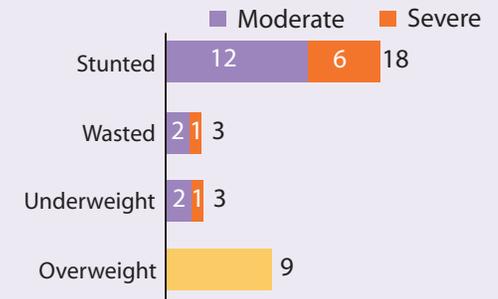
Duration of Breastfeeding

Median duration of breastfeeding in months among children born in the 3 years before the survey



Children's Nutritional Status

Percent of children under age 5, based on WHO Child Growth Standards

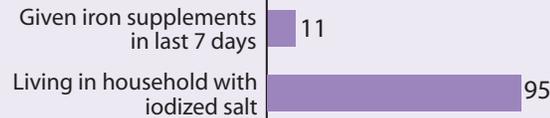


Children's Micronutrient Intake

Percent of children 6-23 months



Percent of children 6-59 months



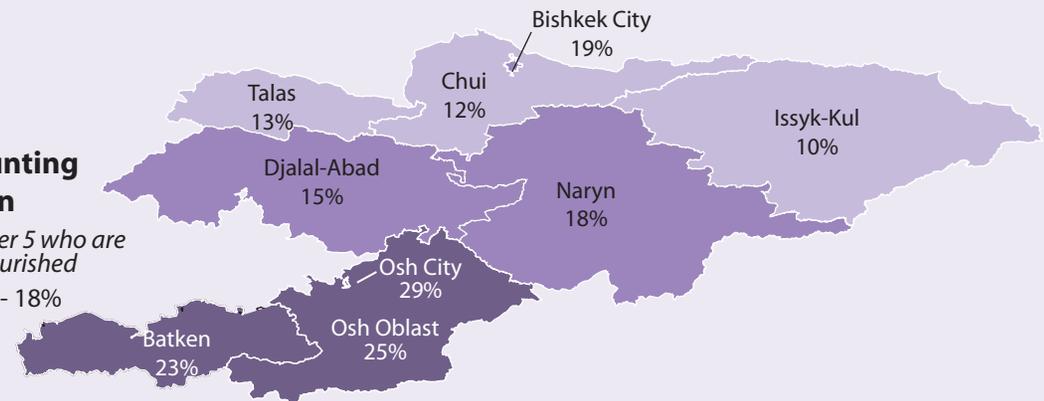
Trends in Children's Nutritional Status

Percentage of children under age 5, according to 2006 WHO Child Growth Standards



Children's Stunting by Region

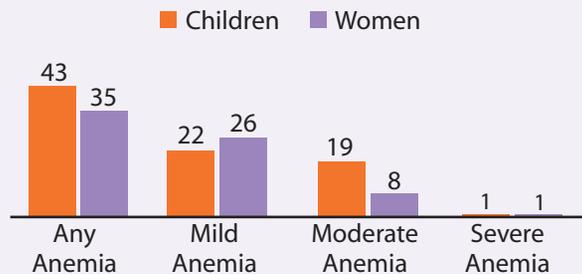
Percent of children under 5 who are chronically malnourished
Kyrgyz Republic - 18%





Anemia in Women and Children

Percent of children age 6-59 months and women age 15-49 years with anemia



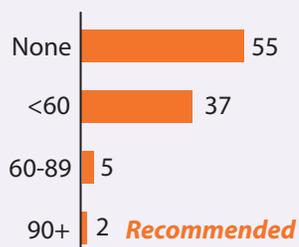
Women's Nutritional Status

Percent distribution of women age 15-49, by BMI level



Iron Supplementation During Pregnancy

Percent of women 15-49 with a child born in the last 5 years by number of days women took iron tablets or syrup during pregnancy of last birth



For additional information on the results of the 2012 Kyrgyz Republic Demographic and Health Survey, please contact:

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The 2012 Kyrgyz Republic Demographic and Health Survey (KgDHS) was conducted by National Statistical Committee of the Kyrgyz Republic and the Ministry of Health from August 2012 through December 2012. ICF International provided technical assistance for the survey through the USAID-funded MEASURE DHS program. Funding for the KgDHS was received from USAID/Kyrgyz Republic. The United Nations Population Fund (UNFPA) provided funding for printing. Cover photo © 2006 David Snyder, Courtesy of Photoshare.



Nutrition



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