Results from the 2014 Lesotho Demographic and Health Survey

HIV Prevalence by Residence

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lesotho</td>
<td>25</td>
<td>30</td>
<td>22</td>
</tr>
<tr>
<td>Urban</td>
<td>30</td>
<td>36</td>
<td>26</td>
</tr>
<tr>
<td>Rural</td>
<td>19</td>
<td>23</td>
<td>16</td>
</tr>
</tbody>
</table>

Overall, 25% of Basotho women and men age 15-49 are HIV-positive. HIV prevalence is higher among women (30%) than among men (19%). Basotho women and men living in urban areas are more likely to be HIV-positive than those in rural areas (30% versus 22%).

Trends in HIV Prevalence

HIV prevalence has increased from 23% in 2004 to 25% in 2014. Among women, HIV prevalence has increased from 26% in 2004 to 30% in 2014. HIV prevalence among men has remained fairly stable (19% in 2004, 18% in 2009, and 19% in 2014). Only the HIV prevalence increase among women is statistically significant.

HIV Prevalence by Marital Status

<table>
<thead>
<tr>
<th></th>
<th>Never married</th>
<th>Married/living together</th>
<th>Divorced or separated</th>
<th>Widowed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>16</td>
<td>31</td>
<td>49</td>
<td>68 (49)</td>
</tr>
<tr>
<td>Men</td>
<td>9</td>
<td>30</td>
<td>43</td>
<td>21</td>
</tr>
</tbody>
</table>

HIV prevalence is lowest among never married women (16%) and men (9%). HIV prevalence is highest among widowed women (68%), and women and men who are divorced or separated (49% and 43%, respectively).

HIV Prevalence by District

HIV prevalence varies dramatically by district, ranging from a low of 17% in Mokhotlong to a high of 28% in Maseru.

HIV prevalence has increased from 23% in 2004 to 25% in 2014. Among women, HIV prevalence has increased from 26% in 2004 to 30% in 2014. HIV prevalence among men has remained fairly stable (19% in 2004, 18% in 2009, and 19% in 2014). Only the HIV prevalence increase among women is statistically significant.

HIV prevalence in parentheses are based on 25-49 unweighted cases.

HIV prevalence is lowest among never married women (16%) and men (9%). HIV prevalence is highest among widowed women (68%), and women and men who are divorced or separated (49% and 43%, respectively).

HIV Prevalence by Age

HIV prevalence generally increases with age. Among women, peak HIV prevalence occurs in the 35-39 age group at 46%. Among men, prevalence is the highest among those age 40-44 (44%).

HIV Prevalence by Male Circumcision

HIV prevalence is lowest among men who are both traditionally and medically circumcised (11%) and those who report that they were only medically circumcised (14%). HIV prevalence is highest among men who are not circumcised or report that they were only traditionally circumcised (21% each).
HIV prevalence is markedly higher among young women age 15-24 (13%) than among young men (6%). HIV prevalence increases with age among young people.

**HIV Prevalence among Couples**
Percent distribution of couples living in the same household, both of whom were tested for HIV, by HIV status

- Both HIV-positive: 20%
- Both HIV-negative: 65%
- Man HIV-positive, woman HIV-negative: 8%
- Woman HIV-positive, man HIV-negative: 7%

In 65% of cohabiting couples, both partners tested negative for HIV. Both partners tested positive in 20% of cohabiting couples, while 15% of couples are discordant, which means one partner is HIV-positive while the other is not.

**Response rates and methodology:** HIV prevalence data were obtained from blood samples voluntarily provided by women and men who were interviewed in the 2014 LDHS. Of the 3,519 women age 15-49 and 3,132 men age 15-59 eligible for testing, 94% of women and 89% of men were tested.

For more information on the results of the 2014 Lesotho Demographic and Health Survey, please contact:

**In Lesotho:**
Ministry of Health
P.O. Box 514
Maseru, Lesotho
Telephone: +266-22-314404
Internet: http://www.gov.ls/health/

**In USA:**
The DHS Program
530 Gaither Road, Suite 500,
Rockville, MD 20850, USA
Telephone: 301-407-6500; Fax: 301-407-6501;
Email: info@DHSprogram.com;
Internet: www.DHSprogram.com

The 2014 Lesotho Demographic and Health Survey (2014 LDHS) was implemented by the Lesotho Ministry of Health from 22 September to 7 December 2014. The funding for the LDHS was provided by the government of Lesotho, the United States Agency for International Development (USAID), the U.S. President’s Emergency Plan for AIDS Relief (PEPFAR), the United Nations Population Fund (UNFPA), the United Nations Children’s Fund (UNICEF), the Global Fund to Fight AIDS, Tuberculosis and Malaria (Global Fund), the World Bank, and the World Health Organization (WHO). ICF International provided technical assistance through The DHS Program, a USAID-funded project providing support and technical assistance in the implementation of population and health surveys in countries worldwide.