

Lesotho

2023-24 Demographic and Health Survey

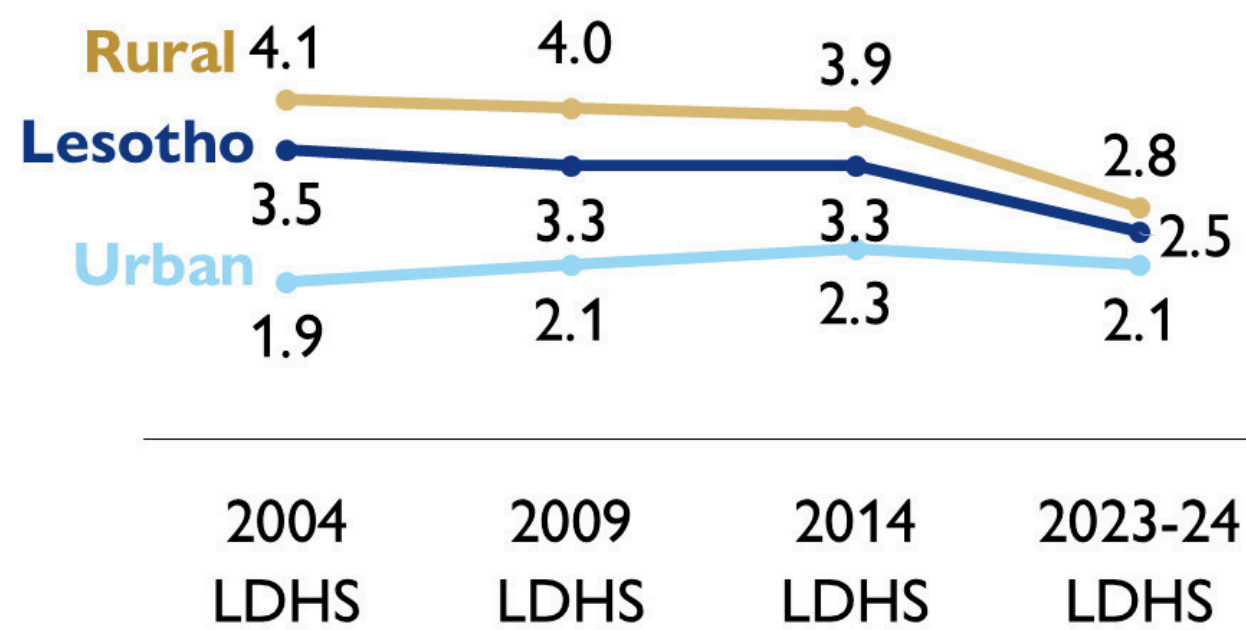
Fertility

Women in Lesotho have an average of **2.5** children.

Fertility has declined since 2004.

Trends in Fertility by Residence

Births per woman for the 3-year period before the survey

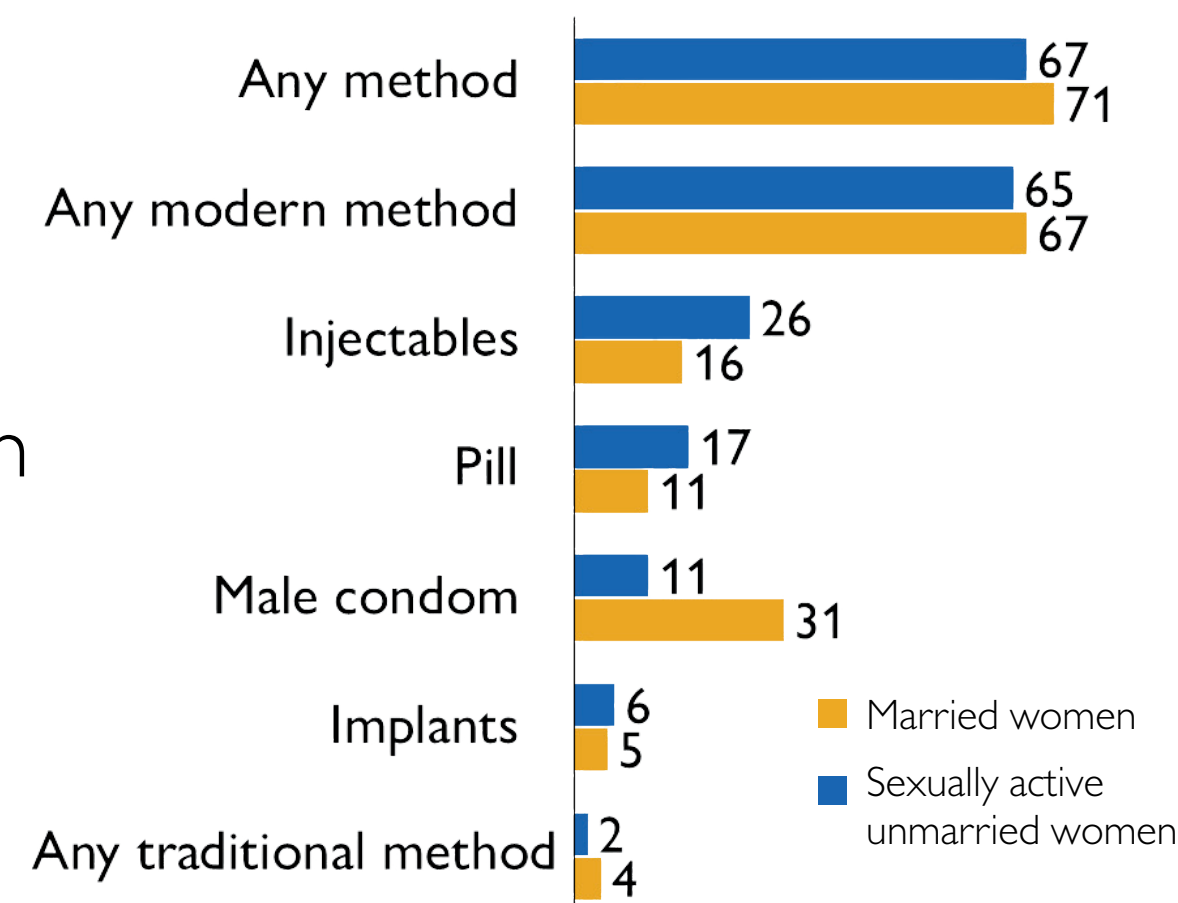


Family Planning

65% of married women and **67%** of sexually active unmarried women in Lesotho use a modern method of family planning.

Use of Family Planning

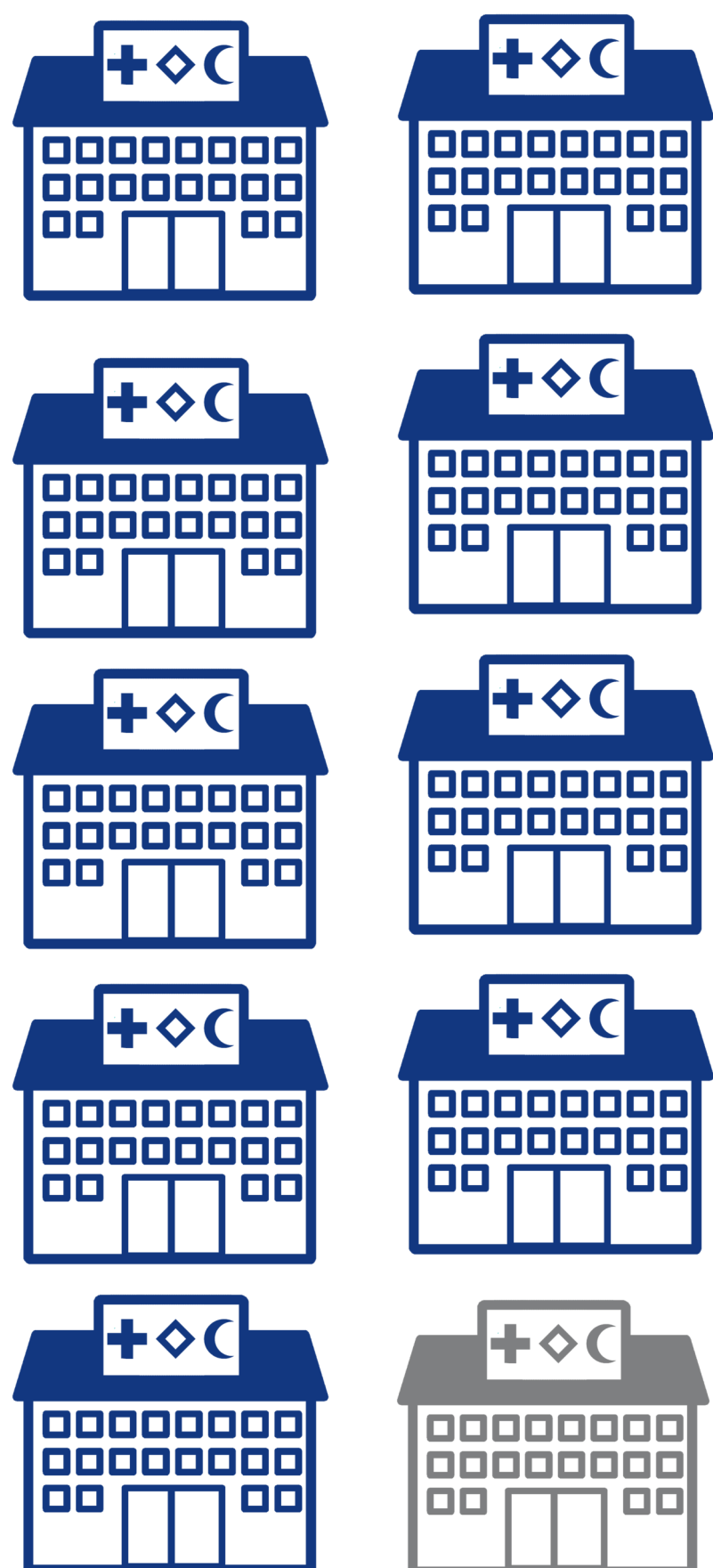
Percent of women age 15-49 using:



Maternal Health

4 in **5** women made four or more antenatal care visits.

9 in **10** births were delivered in a health facility.



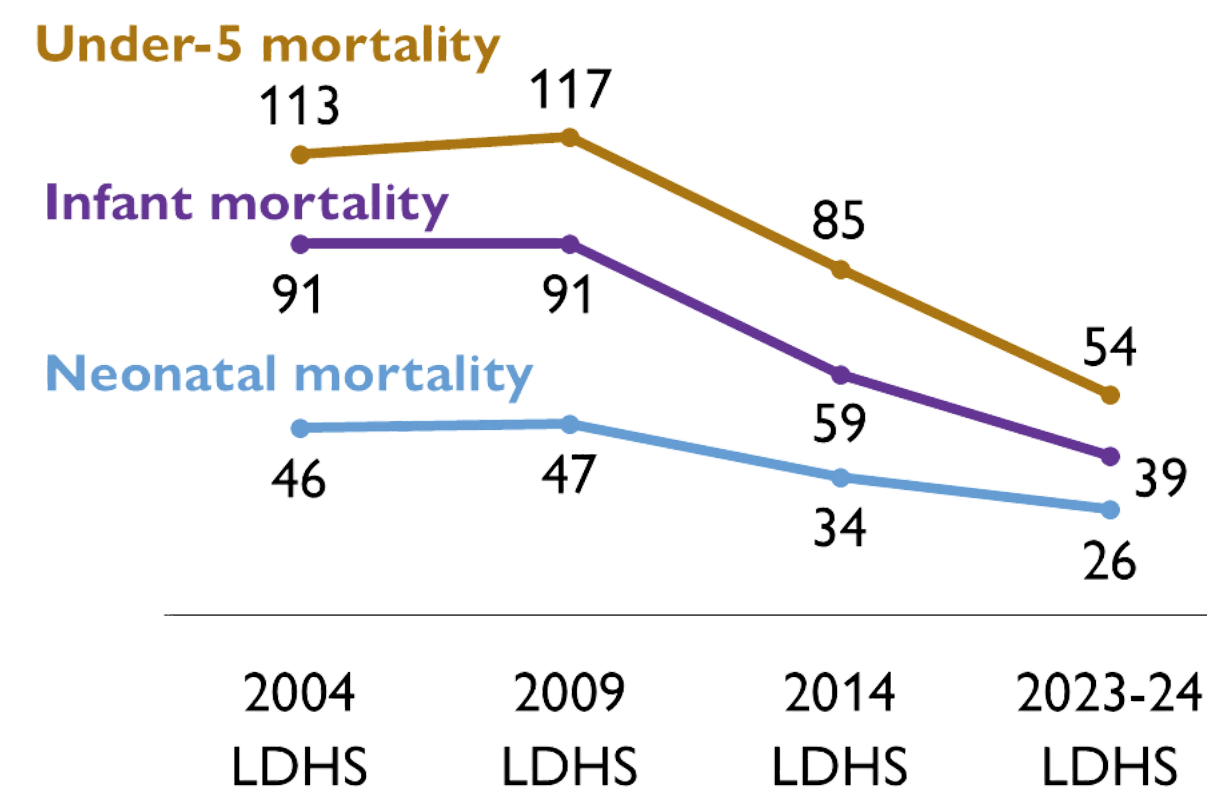
Childhood Mortality

Children's mortality rates have dramatically declined over the last 20 years.

Currently, **1** in **19** children in Lesotho do not survive to their 5th birthday.

Trends in childhood mortality

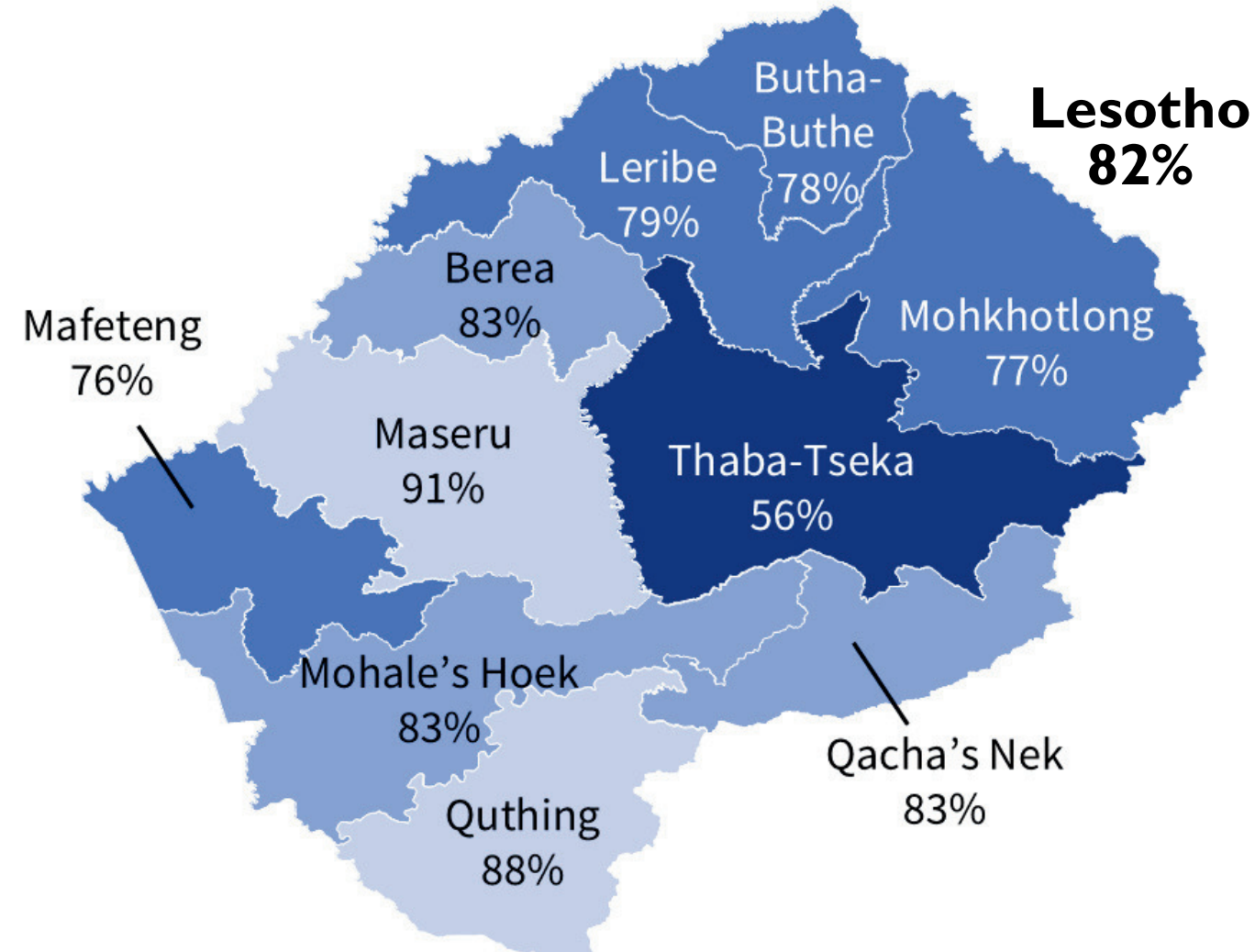
Deaths per 1,000 live births for the 5-year period before the survey



Drinking Water

Basic Drinking Water Service by District

Percent of the household population with at least basic drinking water service

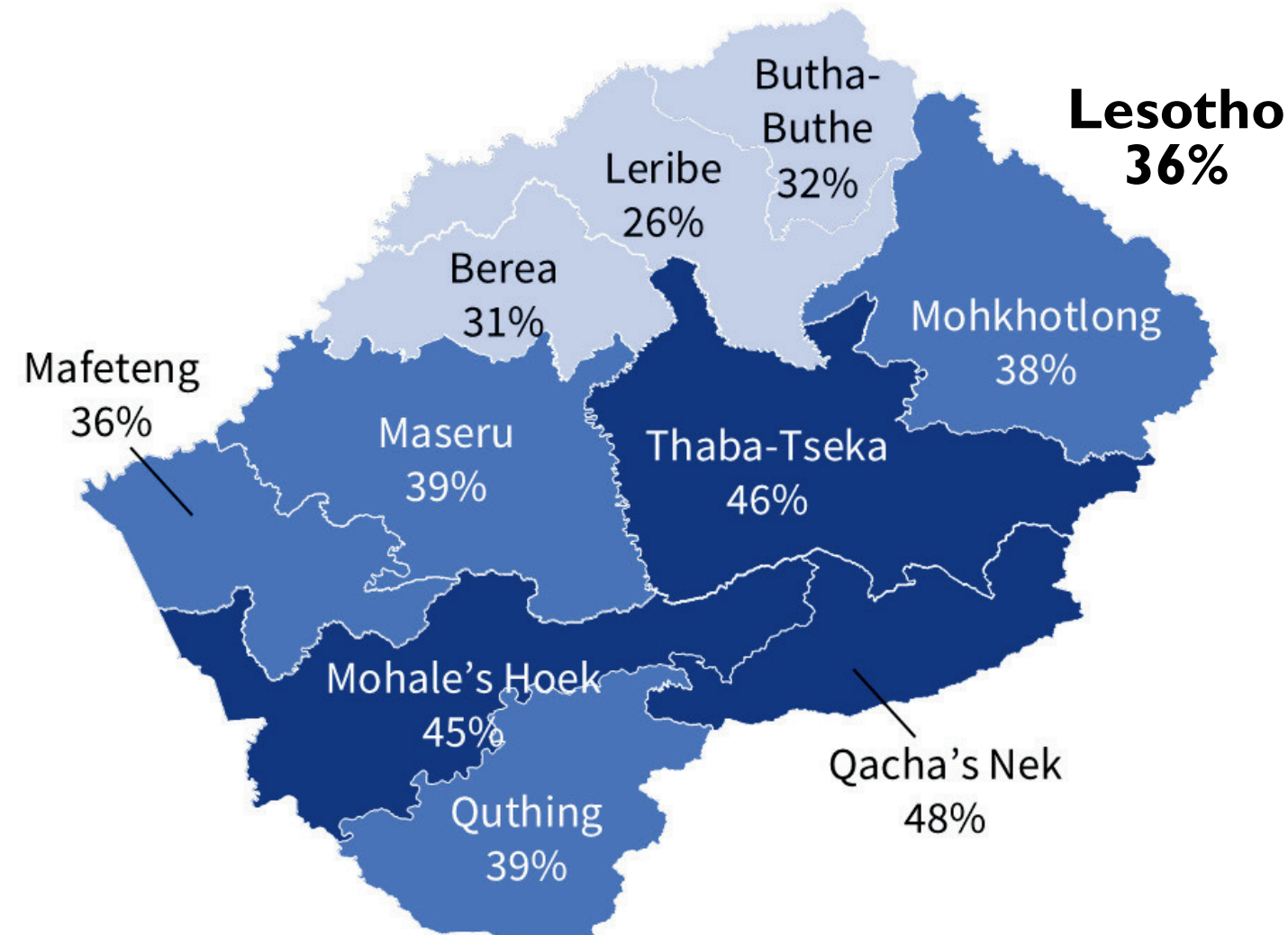


Access to basic drinking water service ranges from **56%** in **Thaba-Tseka** to **91%** in **Maseru**.

Children's Nutritional Status

Stunting by District

Percent of children under age 5 who are stunted (chronic undernutrition)



More than **1** in **3** children are stunted. Stunting is lowest in **Leribe** and highest in **Qacha's Nek**.